The Vienna Record

Vienna (Me.)
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TOWN MEETING - MARCH 8 - VOTE FOR TOWN OFFICIALS - MARCH 7

Who’s Running for What?

- First Select Person
  Doris (Dodi) Thompson
- Second Select Person
  Christopher Smith
  Roger Pelton
- Third Select Person
  Jeffrey Rackliff
- Treasurer
  Martha Gross
- Town Clerk
  Annie Tibbetts
  Connie Smith
- Tax Collector
  Annie Tibbetts
  Connie Smith
- Road Commissioner
  Daniel Goucher
  Troy Bean
- RSU 9 School Board Representative
  Helen Wilkey

SELECTMEN’S MINUTES DEC-JAN

Selectmen’s Meeting December 3, 2013
Present: Dodi Thompson, Chris Smith, Jeff Rackliff, Marti Gross
Reviewed and dispersed mail. Read and accepted minutes from previous meeting.
Reviewed and signed Warrant 23.

Reviewed Treasurer’s Bank Account statement and report.
Selectmen had general discussion of the 2014 Town Meeting which will be on March 8th.
SELECTMEN’S MINUTES CONTINUED

Discussed the Public Hearing the Planning Board held with Global Towers on the proposed cell Tower in Vienna. Reviewed and discussed the letter from B.M.V aud. This is done by the State of Maine whenever a transfer of town clerk has taken place. A follow up audit will also be done. Adjourned December 10, 2013

Present: Dodi Thompson, Chris Smith, Jeff Rackliff, Marti Gross
Reviewed and dispersed mail. Read and accepted minutes from previous meeting. Signed acceptance letters from Stephen Hopkins in regard to the 2012 Audit for the Town of Vienna. The audit is now available.
Discussed the town’s newsletter, noting that it was one of the largest to date, which if it is mailed would take extra postage. Most people are now getting the newsletter directly to their email address or on the town website. Less than 20 are being mailed through the post office at this time. Adjourned December 17, 2013

Present: Dodi Thompson, Chris Smith, Jeff Rackliff, Marti Gross, Dan Goucher
Reviewed and signed Warrant 24. Had report from Dan Goucher, Road Commissioner: He declared that overall the roads are in “good shape”. Culverts have been cleaned and prepped for spring run-off. The Egypt Pond culvert has been once again cleaned of beaver debris. Due to Christmas Eve and New Year’s Eve falling on Tuesdays this year, there will be no selectmen’s meeting until January 7th. Happy Holidays! Adjourned January 7, 2014

Present: Dodi Thompson, Chris Smith, Jeff Rackliff, Marti Gross
Reviewed and dispersed mail. Read and accepted minutes from previous meeting. Reviewed and signed Warrant 25 from 2013 and Warrant 1 from 2014. Reviewed the 2012 Audit. A portion will be included in the town report.
Dr. Thomas Ward, RSU 9 superintendent attended the meeting to discuss LD 667 and it’s impact on local towns. Currently Vienna is at 84% of the 100% of it’s share like other small towns in Maine. Towns and School districts will have three years to bring this up to 100% match. General Purpose aid from the state has been reduced. This covers Essential Programs and Services which are mandatory.
(Please see a letter from Dr. Ward page 11 in the newsletter for a fuller explanation of LD667.)
Road report: Due to the recent rain and ice storm, water is running into the road on Cumner and Mountain Roads. Chris has filled out the paperwork (with Kennebec County Emergency Management) for the Town of Vienna to apply for about $10000.00 in damages reimbursement. Adjourned January 14, 2014

Present: Dodi Thompson, Chris Smith, Jeff Rackliff, Marti Gross
Reviewed and dispersed mail. Read and accepted minutes from previous meeting. Road report after yet another ice storm: The town used it entire stock of salt and has had a new trailer load delivered. The salt was
purchased for the same price as when it was stock piled in the fall. The Cumner Road and Mountain Road received some extra work with ditching - snow banks were pushed back to get the water back into the ditches. Selectmen worked on the warrant for the 2014 town meeting on March 8th. Adjourned

Democratic Caucus
Vienna members of the Democratic Party will caucus at 1:30 PM on Sunday, March 2, 2014, at the Vienna Community Room at the Firehouse. Find out how you can help take back the Governorship, and keep the Second District Democratic. All registered Democrats, and new or independent voters, welcomed unconditionally. Repentant Republicans, and Greens, can come too, provided they become Democrats by February 15; contact the Town Clerk. For questions or comments, call or e-mail Ed McCarthy, Vienna Chair, at 293-2439 or ecmccar@gmail.com.

Notice
A constituent meeting with Senator Tom Saviello and Representative Dennis Keschl will be held on Wednesday, February 12 at 6:00 p.m. at the Mount Vernon Community Center to discuss the following important environmental legislation: Defeating the proposed DEP metal mining rules LD 1652, An Act to Support Solar Energy Development in Maine LD 1744, An Act to Protect Maine Lakes LD 1544 - An Act to Authorize the General Fund Bond Issue To Ensure Clean Water and Safe Communities

FROM THE TOWN CLERK

Town Clerk
Annie Tibbetts: 207-293-2915 email: ClerkTax@Viennamaine.org 346 Town House Rd. Vienna, Maine

Hours
Tuesdays and Thursdays - 5 pm - 7 pm Wednesdays - 9 am -12 and 12:30-5 pm. On the last Saturday of the month 9-12 and by appointment.

Town election is Friday, March 7 - 4 PM - 8 PM at the Community Building. The annual Town meeting is Saturday March 8, at 9 AM at the Community Building. Absentee ballots will be available February 1, 2014. If you wish to vote absentee, please contact Helen Wilkey at 293-2351.

Vienna Fire Department’s Baked Bean Supper
Kimball Pond Road in Vienna Saturday, March 29 4:30-6:30 Adults $6.00 Children 12 and under $4.00 Menu includes baked beans - mac ‘n cheese - chop suey hot dogs - cole slaw - homemade bread brownies ‘n ice cream Some of the best food around!
MINUTES OF THE REGULAR MEETING OF 
THE VIENNA 
PLANNING BOARD HELD NOVEMBER 20, 2013

The meeting convened at 7:00 PM at the 
Town House; regular members present were 
Waine Whittier, Alan Williams, Ed Lawless, 
Austin Harrell, and Creston Gaither. Also 
present were Blaine Hopkins and attorney 
Andrew Hamilton and their Court Reporter 
along with about 17 Vienna citizens. Blaine 
Hopkins is an employee of ATC Realty, a 
wholly owned subsidiary of Global Tower 
Partners (GTP). Andrew Hamilton is counsel 
for GTP. Minutes of the October 27 meeting 
were read and accepted.

Creston had advertised this meeting as a 
public hearing on GTP's cell tower proposal in 
the November 1 edition of the Franklin 
Journal and had posted notices about it at the 
Vienna U.S. Post Office and at Flying Pond 
Variety. These notifications had listed the 
Vienna Community Center as the location for 
the hearing. It was not learned until November 
18 that the Community Center would not be 
available for this purpose. So both the hearing 
and the regular Board meeting were relocated 
to the Town House. Notice of this was posted 
at the Community Center and the Post Office 
and at Flying Pond Variety and the Town 
House and on the Town website.

GTP has notified Waine verbally that they do 
not expect the Board to decide on the 
application until January.

It was noted that the Court Reporter is 
recording the proceedings.

Mr. Hamilton distributed informational 
packets labeled "Completeness" to the Board.

These address items 6.2.B.12 & 6.2.B. 13 and 
6.2. B. 15 in Vienna's "Wireless 
Telecommunications Facilities Siting 
Ordinance" (hereinafter "the Ordinance").

He also noted that GTP has been acquired by 
American Towers, a Fortune 500 company. 
He also said that GTP is not asking for a 
waiver of the setback requirements found in 
the Ordinance tonight.

He also distributed a packet labeled 
"Exhibits."

He also addressed the reasons they think 
alternative sites in the vicinity of the proposed 
site are not feasible. He asked that we table 
the setback issue for now.

He noted that the proposed tower would be 
252 feet from the Jonathan Lawless house, 
this being more than the 199 foot maximum 
tower height required by the Ordinance, the 
tower would be 363 feet from the Jesse 
Lawless property line and 384 feet from the 
Henry Bobo boundary.

The applicants may therefore eventually want 
to request a setback waiver if they can't get 
an easement from Jonathan Lawless.

Jesse Lawless clearly expressed his hope 
that the tower is not built and his belief that its 
visual impact would be excessive. He 
believes a setback waiver would be giving the 
applicants unacceptable "special treatment." 
Jesse also provided photographs of the 
balloons used in the Visual Impact Study as 
seen from his house.

Muffy Floyd voiced concerns about the view of 
the tower from the Trask Road -- Blaine
Hopkins conceded that at least 30 feet of the tower would be visible there.

Blaine also said that if this application is not approved they will most likely return with another application in 2015.

Peg Lang asked whether the tower would cover everyone in Vienna and asked that the balloon be flown again and the public notified of its deployment.

Blaine said that along with the existing Chesterville tower 90% of Vienna would be covered.

Peg also asked about the tax implications of the tower. Blaine said they'll be paying "lots of taxes."

Jesse Lawless asked about radiation emissions. Blaine responded that the tower would emit less radiation than a microwave oven or a TV screen.

Wayne Reynolds noted that he lives closer to the proposed tower site than do the Floyds and asked what its intended life would be. Blaine said this is unknown but said it would likely be 20 to 30 years.

The applicants said they are considering an alternative site at a higher elevation somewhat north of the current site.

The public hearing ended at 9:00 PM.

The Board continued discussions with Mr. Hamilton and Mr. Hopkins. They hope to know whether they can get an easement from Jonathan Lawless by Dec. 20.

The Board agreed to cancel its December meeting in view of the Christmas holiday. Creston will advertise this.

The meeting adjourned at 9:05 PM.
- Creston Gaither, secretary
How To Break A Smoking Addiction And Live Longer

Last month I promised to write about how individuals and families can make their habits healthier, starting with one of the hardest but most important of all, stopping smoking. Everybody knows that smoking is expensive and bad in all kinds of ways, but most smokers find it extremely hard to stop! That’s because one’s body becomes both habituated and usually addicted to smoking and the nicotine it delivers. I base the following suggestions on decades of trying to help 1000s of smokers kick the habit.

Let me review quickly the damage smoking does. Most importantly, by age 50+ it increases bronchitis and emphysema, which then kill people by suffocation over the next 10-15 years. That is unless they die sooner from smoking-related pneumonia, lung/throat/gullet/bladder cancers, or heart disease. Smoking also markedly increases asthma and those same diseases in adults and children living in the same house. On average, smokers die 10 or more years earlier than non-smokers. Does smoking help anything? Not much! It does lower smokers’ weights by 5-10 lbs; a few patients with rare conditions like Crohn’s disease of the bowel get some disease improvement. And it transiently relaxes those who are habituated/addicted.

Some general principles on quitting. Set a quit date and perhaps taper to it; suddenly quitting works for many, tapering for fewer. Stopping in the middle of a respiratory illness, like a cold, is often easier. If possible, undertake quitting with others; formal and informal social support helps.
After quitting, avoid situations you have habitually associated with smoking, like coffee in your old smoking haunts, or companions not interested in quitting. Work, play and eat, if you can, in places where newer state no-smoking laws prohibit smoking, including bars/restaurants and other public places. Don’t be discouraged by relapses; most people who stop successfully do so after going back to smoking several/many times. Use the Maine resources available by phone or on-line: Maine Tobacco Helpline 800-207-1230; http://www.tobaccofreemaine.org/quit_tobacco/index.php.

**Use some aids.** Hypnosis helps some people. Medications (with a clinician’s prescription) help many succeed. Three drug classes are available and are covered by most health insurances. MaineCare cut coverage for these prescriptions last year; but it looks like that penny-wise, pound-foolish decision will be reversed in 2014.

- **Low dose nicotine in various forms:** Nicotine patches (Nicoderm, Habitrol, Prosten) achieve 25% one year quit rates and cost about $100/month. They are changed every 24 hr, using 21 mg patches the first 2-3 weeks, then 14 mg patches for another 2-3 week, then 7 mg ones for a similar or longer period of time. The 2 or 4 mg gum (Nicorette, and other brands), up to 20 pieces a day, costs about the same and achieves similar cessation rates. Nicotrol inhalers and nasal sprays cost more but also do as well as the gum and patches. The newest are the electronic cigarette systems, which deliver nicotine via a plastic “cigarette” without the tobacco smoke, are expensive and no data yet on 1-yr quit rates. All nicotine treatments have side effects like sleeplessness, high blood pressure, and worsened angina, congestive heart failure, or leg ulcerations.

- **Bupropion** (as long-acting Zyban or generic forms) works when taken as 150 mg daily for the week before stopping smoking, then increased to twice a day and used for at least 2 months. Costs are in the same $100+/month range and success rates, when used alone, are also 25% at one year; success can be as high as 36% when used in combination with nicotine medications as described above.

- **Varenicline** (as Chantix, no generic) taken ½-1mg by mouth twice a day, started a week before quitting and for at least 3 months afterward, reportedly results in 43% quit rates at one year, but costs $250/month and can cause agitation and rarely suicide.

Flu shots are crucial for smokers! Smokers have a much higher likelihood of getting bacterial pneumonia if they get the flu. Don’t let anybody tell you that they “cause the flu”; that’s impossible with a killed vaccine. The immunization ameliorates or prevents influenza in 75% of those exposed.

This just out from the Maine Center for Disease Control: “Influenza activity in Maine is widespread with laboratory confirmed influenza reported in all counties. Influenza A/pH1N1, Influenza A/H3, and influenza B have been confirmed in Maine indicating all three strains are circulating. Maine CDC has followed up on six outbreaks of influenza as of Tuesday, January 7th. Influenza vaccination is still strongly encouraged and is widely available, especially to
protect those persons at risk of severe disease. The vaccine appears to be a good match to the circulating strains this year, and it is not too late to get vaccinated." Smokers and/or people with lung and heart disease and/or their families should not pass up this effective prevention.

Quitting is not easy; don’t give up; keep trying! It is the single most important thing you can do for your own and your family’s health.

Dan Onion, MD, Vienna Health Officer
dkonion@gmail.com
293-2076

Our Cabin Fever booksale is Saturday, February 15, from 10-2, right here at the library. Stop by and grab a bag of books to help you through the winter! We’ve got lots of fiction and nonfiction to browse.

Last spring we started a very informal seed exchange. Lots of people took packets from the original donation of various seed packets, and there was much interest in this resource. It is that time of year again for dreaming about and planning our gardens, and we hope that you keep our exchange in mind. We would love to see a wide range of vegetable seeds, and some flower seeds as well, making their way to the library. If you have any seeds saved from last year’s crops which you wouldn’t mind sharing, or if you felt like buying a few extra seeds for the library when you place your Fedco or Johnny’s order, we would appreciate being able to build up our supply again. A community that plants together, eats together!

The staff and volunteers are recommending some unlikely books to adults these days – there is so much great juvenile and young adult (YA) literature and we want everyone to have a chance to explore it. Writers of J and YA novels capture all aspects of life (what our English teachers always called “the human condition”) – lots of humor, stunning beauty, quirky amazing characters, pathos, action, and a large amount of truth as youth experience it. Some recent favorites are a sweet juvenile story entitled Remarkable, by Elizabeth Foley; John Green’s difficult but beautiful YA novel, the Fault in Our Stars (being released as a movie); and Rowell’s Eleanor & Park, a novel about challenges faced by high school students, both at home and school.

We have been busy weeding and organizing our collection (a never-ending process), collecting annual statistics, and just coming onto the radar are our initial thoughts about summer reading programs for our young patrons. It feels good to dream of summer in the midst of this harsh season.

I just finished reading P.S. Duffy’s the Cartographer of No Man’s Land. What are you reading as the cold strengthens and the days lengthen?

Mary Anne Libby
Mt. Vernon Community Center Café - Saturdays From 9:30-11:30 AM. Coffee, food and conversation.

Men's Breakfast - Tuesdays from 6:30-7:30 at the Mt. Vernon Community Center. Small donation appreciated.

Women's Breakfast - Third Tuesday of each month at the Mill Stream Grange 8-9 AM. Pot luck breakfast plus $2.00 per person.

McGaffey Mountain Woodcarvers - 1st and 3rd Wednesday of each month from 6:00-8:30 PM at the Vienna Community Center. New and experienced carvers welcome. For more information call Norma Wing at 293-3725 or Ed Beach at 685-4779.

Creation Station - Faith-based, arts-based after school program of the North Vienna UMC. Meets Thursday during the school year. Open to all children grades K-6. For more information call Laura Church at 293-3892.

The Youth Group at North Vienna United Methodist Church - Most Sunday afternoons during the school year. Open to youth grades 6 and up. For more information call Laura Church 293-3892.

Free Potluck Dinner - Open to the public! Last Sunday of every month - 11:30 am, right after Sunday Service. For more information contact Ken Wright Sr. 293-2189

Vienna Union Hall Association - Second Wednesday of each month. 7:00 at the Vienna Community Center (Nov.-March.) at the Union Hall (April - Oct.). Welcome new members.
COMMUNITY SWAP AND SHOP

Find items here that Vienna residents want to sell, swap or barter. Send a description of your item to the address above. Posting is free. Also post it on the Vienna website by emailing to the Vienna webmaster: webmaster@viennamaine.org

**For Sale:**

- Antique Wood Bishop Box Stove - $300.00 - Call John 293-2674

**SPECIAL EVENTS - MARK YOUR CALENDAR!**

**✓ February 7 - Mill Stream Grange - 7:00**
Utah – Libby Harville.

**✓ February 8 (Saturday) - Italian Dinner - 5:30 PM**
Mt. Vernon Community Center

**✓ February 9 - Twelve Angry Men, dramatic reading - Mt. Vernon Community Center - 2:00-4:00 PM. Admission free. Donations to Food Bank welcome.**

**✓ February 12 - Constituent Meeting with Senator Saviello and Representative Keschl - 6:00 PM - Mt. Vernon Community Center.**

**✓ February 21 - Mill Stream Grange - 7:00**
Fiber Arts – Jennifer Shaw

**✓ February 23 (Sunday) - Chili/Chowder Dinner - Vienna Community Center - 5:00-6:30 PM - $7.00 Donation - Proceeds to benefit the Vienna Union Hall.**

**✓ March 2 - Democratic Caucus - 1:30 PM**
Vienna Community Center.

**✓ March 7 - Mill Stream Grange - 7:00**
Herbalist/Artist – Kathy Leone.

**✓ March 7 - Voting at the Vienna Community Center 4:00-8:00 PM.**

**✓ March 8 - Town Meeting - Vienna Community Center - Beginning at 9:00 AM.**

**✓ March 8 - Melt the Snow Ball with the “Burnin Band” at the UMF North Dining Room. 7:00-11:00. $8.00 in advance, $10.00 at the door. Cash bar. Benefit Vienna Union Hall.**

**✓ March 21 - Mill Stream Grange - 7:00**
Netherlands – Pat and Linda Stanton.

**✓ March 29 - Fire Department’s Baked Bean Supper**
at the Community Center - 4:30-6:30. $6.00.
Dr. Tom Ward-Superintendent of Schools
MBRSD #9 - Topic: LD 667 and its impact on our towns

I have just completed meeting with all of our towns' selectman and managers throughout our school district. I am going to try to put in writing, our discussions on school funding and LD 667. First of all, school funding in Maine is determined by how much money our state raises for General Purpose Aid (GPA) for education. Once the GPA is established, the school funding formula called Essential Programs and Services (EPS) further determines funding to school districts by using two year old State Property Valuations and two year old pupil numbers. We are fortunate that 60% of our costs in the EPS funded lines of the budget are covered by the state. To receive the 60% of these state funds, our towns have to raise the other 40%.

Approximately, four years ago a bill was passed that allowed school districts for a short period of time to not require their towns to raise the whole 40%. Our district was one of those that only required our towns to raise 82% of the required 40%, and we were still able to receive the entire 60% share from the State.

LD 667 ended that practice for the coming 2014-15-budget year and requires all towns in the state to fund 100% of their share by the 2016-17-budget year. So, that gives us three years to accomplish this or lose state funding. I have proposed to the town managers and selectman that we spread this increase out over the next three budget years. The towns' share in EPS would go from presently being 82% in 2013-14, to 88% for 2014-15, to 94% in 2015-16, to 100% in 2016-17. Please be aware that for any amount we fall short of 100% in 2016-17, that amount will be deducted from the state share of 60%.

Two years ago we were $1.2 million below EPS. Fortunately, our local costs for the construction of Mallett Elementary, the Mt. Blue Campus, and absorbing the increased costs of Maine State Teacher Retirements, now has us at approximately $664,473 below EPS. If we spread that out over three years we are looking at roughly a $221,000 increase each year. Your town’s share of the $221,000 will based on your percentage share of the local and additional local portions of the budget. I hope this is helpful. Always feel free to call me with questions or concerns.

...Dr. Tom Ward

The Mt. Vernon/Vienna play-reading group presents
A dramatized reading of
TWELVE ANGRY MEN

Sunday, Feb. 9, 2-4 P.M.
Mt. Vernon Community Center
Admission free—voluntary donation to food bank

BARB’S
HANDPAINTED
SLATES, SAWS & COLLECTIBLES

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Town of Vienna,

Selectmen, Assessors and Overseers of the Poor
Doris Thompson, Chris Smith, Jeff Radcliff

Treasurer - Marti Gross

Town Clerk - Annie Tibbetts

Tax Collector - Annie Tibbetts

Road Commissioner - Danny Goucher

Fire Chief & Warden - Brian Church

Health Office - Dan Onion

Animal Control Officer - Donald Tibbetts

Plumbing Inspector & Code Enforcement Office - John Archard

Alternate Plumbing Inspector - Gary Fuller

Addressing Officer - Laura Reville/Roger Reville

RSU #10 Representative - Helen Wilkey

Office of the Selectmen
Vienna Town House
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212 Townhouse Road
Vienna, ME 04360

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