6-2007

The Vienna Record

Vienna (Me.)
MESSAGE FROM THE SELECTMEN

To the residents and friends of Vienna:

The town was hit by another bad storm on April 16th, Patriot’s Day. There was damage to all the roads in town, but Junior and his crew did a good job of getting things regulated quickly. We did however have to spend the bulk of our road maintenance budget in about two weeks. We will eventually be reimbursed by FEMA and MEMA, but that will take several months. There will be no more major road repairs done until after the tax bills go out (and some money comes in). The work on the town revaluation is nearing completion. Sometime in the next few weeks a letter will be going out to all Vienna property owners with the new 2007 assessment. The letter will include John Sexton’s contact information if you wish to discuss your assessment with him. Just remember that higher assessments mean a lower mil rate when the tax commitment is done.

Best wishes for a great summer. Check out our website at viennamaine.org for a list of all the local events that are being planned.

Selectmen’s Meeting Minutes

Selectman’s Meeting - April 3, 2007

Present: Dodi Thompson, Chris Smith, Brian Church, Steve Lilley, Linwood Meader, Misty McKechnie, Richard Nystrom.

1. Linwood reports that the frost is working out of the roads. He has worked on the Stream Road, Besse Road and Kimball Pond Road.

2. Dodi, Marti Gross, Treasurer and Connie Smith, Clerk, signed the Tax Anticipation Note today for $100,000.00. The money will be available by April 9th or 10th.

3. IRS Auditors have informed us that the town needs to have written

(See Selectmen Meeting, on page 2)
contracts with all independent contractors who do ongoing work for the town, i.e. mowing, snow shoveling, cemetery maintenance, etc.

4. Reviewed and signed warrant #7.

5. Richard Nystrom came by to discuss his taxes and other issues.

Selectman’s Meeting – April 10, 2007

Present: Dodi Thompson, Chris Smith, Brian Church, Steve Lilley, Linwood Meader.

1. Selectmen signed letter from Stephen T. Hopkins accepting the 2006 audit.

2. Linwood reports the roads are still slowly drying out. He will leave the Stream Rd. closed except to local traffic for another week.

3. Brian will be attending the mutual aid meeting in Mt Vernon to discuss our future radio communication options.

4. Our TAN was approved and in place by April 9th.

5. Chris met with a representative from Inland Fisheries & Wildlife to clarify the ownership of the Rt. 41 boat landing. It is owned by D.O.T.

6. Linwood reported two more snowplow turnarounds – one on Mason Rd. and one on Cross Rd.

Selectman’s Meeting – April 17, 2007

Present: Dodi Thompson, Chris Smith, Brian Church, Marti Gross, Steve Lilley, Linwood Meader, Beth Evans from KJ

1. Linwood reported on the road damage from yesterday’s big storm. They started on Mountain Road Monday morning to clean ditches, and then moved on to top of Stream Rd. There was a wash out from run off from new field on Tower Rd. He had to bring in the excavator and trucks to repair the lower section of the Stream Rd. Kimball Pond Road washed out near the Jesse Ladd Rd. Jesse Ladd Rd. washed out on the steep part. Ithiel Gordon Rd down to Parker Pond boat landing washed out and undermined the Tower Rd. All roads are passable but there is much more work to be done. Chris and Jr. will be contacting FEMA.

2. Steve reports that the Fire Department has two (2) sump pumps missing in action – they were loaned to townspeople for an emergency. Also the Chiefs Steve, Brian, Pete Byrnes, and Mark Holmes are looking into how we can best repair our fire truck “81”. We currently have $5300.92 in the Fire Department capital improvement reserve account.

3. Reviewed and signed warrant #08.

4. The selectmen filled out a survey from Maine Power options on how many and what type and what size fuel tanks we have in town.

5. It was brought to the selectmen’s attention that we need to get information on our website and in a newsletter about how someone would get into the community room during a power outage or other emergency. Brian will talk with the fire chiefs and then write something up and get it to Norma Wing.

Selectman’s Meeting - April 24, 2007

Present: Chris Smith, Brian Church, Donald Tibbets

1. Donald Tibbetts, Animal Control Officer, came in to warn us about a rise in rabies in the area. He will be getting posters from the state to put up. He also wanted to know about hiring someone to go out with him at night if it involves a rabid animal. They would be paid out of the Animal Control Officer’s Salary. Chris and Brian agree with this.

2. Opened and went over mail.

Selectman’s Meeting – May 1, 2007

Present: Dodi Thompson, Chris Smith, Brian Church,
Selectmen Meeting from page 2

Marti Gross, Steve Lilley, Linwood Meader, Beth Evans from KJ

1. Linwood reports that we spent approximately $40,000.00 to repair our roads after the “Nor Easter” on April 16th, known as the “Patriots Day Storm” by FEMA.

2. Richard Nystrom and Misty McKechnie are having a mud-run at their place in June. Steve wanted to know the town’s policy on making a fire truck available for this event if such a request is made by Mr. Nystrom. The selectmen have advised Steve that we would have to set the fees for the truck and the firefighters to man it.


4. Linwood asked about having a mail slot put in the town house. We will discuss this with the town house committee.

5. The Comprehensive Planning Committee sent us a copy of the public opinion survey for us to look at and make comments.

6. Dan Onion has sent in a copy of the budget for the lake warden account for the selectmen’s approval. He also sent along minutes from their last meeting.

7. We have received a copy of the 2007-2008 SAD #9 Budget which will be voted on June 12th.

There are no minutes for the May 8th meeting.

Selectmen’s Meeting - May 15, 2007

At the meeting: Dodi Thompson, Chris Smith, Brian Church, Linwood Meader, Barry Emery, Marti Gross, Beth Evans, KJ.

1. Read minutes from May 1st. Accepted with changes.

2. Received a letter from York Hill Surveying with an estimate (not to exceed $2000) for doing a topographical map survey of the town house property. We will pass this along to the Town House Committee.

3. Dodi reported that she met with the assessor, John Sexton, today. He should be done with the field work in about ten days. We should get another update from him later this week.

4. Linwood and Chris reported on the meeting with FEMA and MEMA in Augusta on the “Patriot’s Day Storm”. A representative from FEMA will be coming to Vienna to go over the road damage and repairs.

5. Linwood reported that we need a few road sign replacements. They are for Besse Rd., Stream Rd. and a new stop sign.

6. Linwood also reported that some items put out for Bulky Pick-up on Davis Road were not picked up. Dodi will call Riverside Disposal about this.

7. Penny Morrell came by to introduce herself as the Republican candidate for the State Representative seat which was held by the late Abby Holman. Deane Jones is the Democrat candidate.


9. Chris and Dodi pulled the property cards for the 2007 changes.

Selectmen’s Meeting - May 22, 2007 – Meeting Cancelled

Selectmen’s Meeting - May 29, 2007

At the meeting: Dodi Thompson, Chris Smith, Brian Church, Linwood Meader.

1. Linwood reports that he is still waiting for FEMA to contact him to go over the road damage from the “Patriot’s Day Storm”.

2. We need to order a new sign for Trask Road. The town seems to have an ongoing problem with road sign theft.

3. Linwood will be clearing and chipping brush along the sides of the roads.

4. Dodi reported that Riverside Disposals did not pick up two snowmobiles put out for Bulky Pick-up because the gas tanks were intact and had gas in them. They will not pick up demolition debris either. Someone had put out some torn out cabinets, but they were picked up by another resident who wanted to use them.

5. Selectmen reviewed a letter and documents received from Attorney Langsdorf pertaining to the Hall vs. Town of Vienna lawsuit.
Your Personal Gym

By Betsy Bransky

Erin Gray from Move More at MaineGeneral sent out this great article about Gardening and Exercise. I thought I would pass it along to all of you gardeners in Vienna. Enjoy!

Now that spring is on its way, our thoughts are turning to gardening. Gardening opens up the gym right outside your back door. Raking is like using a rowing machine. Pushing the mower is similar to walking on a treadmill. Our exercise machines are post-hole diggers, shovels, rakes, push mowers, and wheelbarrows. Gardening uses all the major muscle groups. Your legs, buttocks, shoulders, stomach, arms, neck, and back all get a workout. Gardening also increases flexibility and strengthens joints. Turn garden work into garden exercise by exaggerating movements to achieve maximum range of motion and changing gardening stances in order to use different muscles. For example, when raking put your left foot forward, and use your left hand on the lower handle. Then switch the right foot forward, and switch your hand positions as well.

The following chart gives the calories burned during 30 minutes of the activity for a 180-pound person. Generally, a person who weighs more will burn more calories than the amount shown here.

Likewise, a person weighing less burns fewer calories.

Typical calories burned in 30 minutes of:

- Sleeping: 36
- Sitting quietly: 40
- Watering lawn or garden: 61
- Mowing lawn (riding): 101
- Trimming shrubs (power): 142
- Raking: 162
- Bagging leaves: 162
- Planting seedlings: 162
- Mowing (push with motor): 182
- Planting trees: 182
- Snow thrower (walking): 182
- Trimming shrubs (manual): 182
- Weeding: 182
- Clearing land: 202
- Digging, spading, tilling: 202
- Laying sod: 202
- General gardening: 202
- Chopping wood: 243
- Gardening with heavy powertools: 243
- Mowing lawn (push mower): 243
- Shoveling snow: 243
- Double digging: 344
- Shoveling heavy snow: 364

Gardening
What Does ‘Carbon Neutral’ Mean?

Submitted by Hillary Hutton

Becoming ‘carbon neutral’ means that you have neutralized the effect of your personal greenhouse gas emissions, so that your personal and household activities no longer contribute to the dangers of global warming.

On average, 25% of emissions come from our personal activities. The rest comes from industry, commerce, agriculture, and so on. In striving to reduce your personal emissions, becoming carbon neutral at the household level is one way to exercise this responsibility.

So, what can an individual household do to cut their emissions?

Free ways to save energy:

• Only use the heat and light appliances you really need - don’t leave TVs or videos on standby.

• Also switch off your computer screen when it’s not being used! and don’t forget the peripherals! your printer uses a lot of electricity if left on when you are not using it.

Transformers draw electricity even when the appliance they power is not being used. So plug transformers into a power strip and turn the strip off between uses.

• Try turning your heating thermostat down by 1°. You will probably hardly notice the difference and it will save dollars. Keep furniture away from radiators, the foam in an upholstered chair is a very effective heat insulator!

• When cooking choose the right pan size for the food, cut food into smaller pieces and put lids on pans the food will cook a lot faster. If you are defrosting food, or just warming things up, then microwave ovens are ideal as they use much less electricity than conventional ovens.

• Regularly defrost your freezer and try to keep it packed full to avoid wasting energy. Use plastic containers of ice to fill extra space in your freezer. This not only keeps your energy use low but should the electricity go off it keeps your food from thawing.

You should also check the seals on your fridge/freezer to ensure no warm air is getting in - the seals should be tight enough to hold a piece of paper securely when closed.

When shopping buy foods that are local to save on the trucking. This is a great time of year to shop at your local farmer’s market. Stock up your freezer while the produce is abundant and locally available.

When washing up use the dishwasher if you have one. Studies have shown that you will use less energy using a dishwasher than washing by hand.

• Try to have full loads when using the washing machine and use cold water. Studies have shown that you will use less energy using a dishwasher than washing by hand. With today’s detergents this temperature is more than adequate to clean clothes and will save you up to three quarters of the cost of the hot cycle. You don’t need to have your water heated to a scalding temperature either, for most people setting the thermostat to 140°F is quite adequate.

• The sun is the most readily available source of heat there is - and the cheapest! Avoid using tumble driers to dry your clothes; on nice sunny days clothes can be dried outside.

Use energy saving light bulbs (CFLs) in areas where lights are left on for long periods of time. They use about a quarter of the electricity and last eight times longer.

• If you have to replace an appliance look for the energy star rating. If you have been thinking about that new refrigerator...do it now and save some energy.

Try one of these calculators to see how your household emissions measure up.

Calculators:
http://www.mainegreenpower.org/calculator
http://www.carboncounter.org

Find an Energy-Saving Light Bulb:
http://www.environmentaldefense.org/page.cfm?tagID=632&campaign=mts
What’s Happening in the Vienna Area

Ongoing

La Grange Cafe every Saturday from 9:00 to 11:30 am at the Mill Stream Grange. Share a coffee and pastry with your friends and neighbors. Run with volunteers and donations. All proceeds go to the Union Hall Association. Casual + Friendly + Welcoming

June 2007

Friday, June 22nd, Saturday, June 23rd & Sunday, June 24th, **Misty Mountain Mud Run** on the Tower Road. Gates open at 12:00 noon on Friday. There will be 20 live bands. Children under 12 are FREE, Adults $20 a day or $40 for the weekend. No alcohol, glass, weapons, ATV’s or dogs.

July 2007

Saturday, July 7th, **Summer Art & Craft Fair Bake Sale** from 9:00 am - 2:00 pm at the Mount Vernon Town Beach/Community Center - Rain or shine

Saturday, July 14th, **Dance Performance Adriana Leon and Alexandro Vera of Mexico (from Camp Bearnstow)** at 8:00 pm at the Mount Vernon Community Center. For reservations call 293-2280, $5 per person

Tuesday, July 17th, **Music on Minnehonk** featuring the Fiddleheadz and Friends at the Mount Vernon Town Beach (next to Mount Vernon Community Center). Bring blankets or chairs and a picnic supper to enjoy while listening to the music. In case of rain it will be inside the Mount Vernon Community Center

Saturday, July 21st, **Dr. Shaw Memorial Library Book Sale** from 9:00 am - 2:00 pm at the Mount Vernon Community Center

Thursday, July 26th, Friday, 27th & Saturday, 28th at 7:00 pm each night, with a 2:00 pm matinee on Saturday, **Vienna Historical Society Presents** “Win Some, Lose Some and Then Some,” written by Cheryl Herr-Rains and “Back From Readfield Fair” and “Suitable Wives,” written by Beverly Wight Smith

Friday, July 27th, **Roving Antiques Appraiser** from Thomaston Place Auction Galleries, Thomaston, ME from 11:00 am - 4:00 pm. at the Mount Vernon Town Beach/Mount Vernon Community Center. Bring your treasures or curiosities to be appraised: $5 per item or $20 for 5 items. To benefit Mount Vernon Community Center - Rain or shine

Sunday, July 29th, the **Firefighter’s Chicken Barbecue** from 11:30 am to 2:00 pm at the Vienna Community Center and Fire Department, $8 adult, $5 under 12. Price may change with market value

Other Area Activities

The Arts Institute of Maine http://artsinstitute.org/
University of Maine Farmington http://www.umf.maine.edu/news/
Narrow Gauge Cinema http://www.maine cinemas.com/n_schedule.htm
Chamber of Commerce http://www.farmington chamber.org/html/events.php

August 2007

SAVE THE DATE!! Saturday, August 11, 2007 for another **Olde Tyme Fair** at the Grange games, contests, hay rides, food followed by that evening, a **Contra Dance** in the Post Office Parking Lot with Fiddleheadz Band
What is Community Visioning?

A. The purpose of community visioning is to describe through words and maps what people want their community to look and feel like in the next ten to twenty years. A community vision should be positive and forward thinking.

Community visioning requires broad public participation and this is where YOUR INPUT is needed! Please attend the upcoming Visioning Forum (June 18th) to help us develop a Vision for Vienna. This Vision will be the driving force behind the Comprehensive Plan recommendations. The vision describes what people want, the comprehensive plan suggests how to get there. Come help us be “visionary”!

“ALSO, as a REWARD for attending the Visioning Forum, you will be one of the first to get your very own hard copy of the Vienna Public Opinion Survey Results!!! Come find out what the people of Vienna told us!! This will also be available on the town’s WEB page..."
Health Advocate for Vienna

Thanks to Healthy Futures, Vienna has a Health Advocate, Karin Kroot, RN. Upon request, Karin can provide a baseline health assessment and then provide follow up visits to support participant’s in meeting their health goals. She can also serve as an advocate for participants with their primary care providers, help with medication schedules, smoking cessation, weight management, and more. If you need assistance or know of someone who does, contact Karin at 207-377-5377. Her services are FREE.

Healthy Futures is a non-profit organization based in Winthrop that provides services through Health Advocates to seven towns in central Maine - Winthrop, Wayne, Readfield, Manchester, Monmouth, Mt. Vernon, Fayette, and VIENNA.

Vienna Union Hall Association

Meets on the 1st Monday of every month

For more information, call Marti Gross
293-2552

“The old to plant trees for my own gratification, I shall do it for my posterity.”

- Thomas Jefferson
Placing an ad in the Vienna Record will help support your community newsletter and promote your business. For more information, call Norma Wing at 293-3725 or email normawing@fairpoint.net.

**COMMUNITY SUPPORT**

**The Olde Post Office Cafe**

Fine Foods & Coffees

**Call to Order**

Baked Goods
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Soups
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Party Platters

293-4978

**SUMMER HOURS**

Monday thru Friday
7 am - 2 pm
Saturday & Sunday
8 am - 2 pm

**MONTHLY DINNER & Music Nights**

Saturdays
5:30 pm - 9:00 pm

June 2 - High Ball Jazz Trio
June 16 - singer/song writer Tom Giordano
July 7 - singer Scott King & guitarist Dale Perkins
July 21 - Les Doidts Rigolantes Fiddlers

**Arts/Crafts/Edibles**

Main Street, Mt. Vernon • 293-2640

Beginning May 25th Open every Fri & Sat: 10:00 a.m. - 4:00 p.m.
July & August Open Thurs, Fri & Sat: 10:00 a.m. - 4:00 p.m.

"One generation plants the trees; another gets the shade."

- Chinese proverb

**KIMBALL POND BOAT BARN**

“WOODEN BOATS KEPT AFLOAT”

WOOD-CANVAS CANOE RESTORATION
BOB BASSETT
21 DAY ROAD VIENNA, MAINE
kpboatbarn@yahoo.com 207-249-2814

**KIMBALL POND BOAT BARN**

“WOODEN BOATS KEPT AFLOAT”

WOOD-CANVAS CANOE RESTORATION
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21 DAY ROAD VIENNA, MAINE
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**Barb’s Handpainted Slates, Saws & Collectibles**

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For more information:
Call 293-3725 or email normawing@fairpoint.net

**THE CORNER**

**Working With Individuals**

Couples & Families

Mick Bransky, MA, Ed.D.
Counselor, Coach & Consultant
PO Box 95
Vienna, ME 04360
Phone: 207-293-2316
Email: bransky@maine.edu

**Health Related Issues, Personal & Entrepreneurial Coaching**

Betsy Bransky, BS, CHES
Wellness Coach
Certified Health Education Specialist
Certified Teacher of the Enneagram
Call 207 293-2316 or E-mail bransky@maine.edu

**Placing an ad in the Vienna Record will help support your community newsletter and promote your business. For more information, call Norma Wing at 293-3725 or email normawing@fairpoint.net.**

**THE VIENNA RECORD**

June/July 2007
TOWN OF VIENNA, ME

Selectmen, Assessers and Overseer of the Poor
Dodi Thompson          Chris Smith          Brian Church

Treasurer               Marti Gross
Town Clerk               Connie Smith
Tax Collector            Connie Smith
Road Commissioner       Linwood Meader, Jr.
Fire Chief & Warden      Steve Lilley
Health Officer           Betsy Bransky
Animal Control Officer   Donald Tibbetts
Plumbing Inspector &    John Archard
Code Enforcement Officer
Addressing Officer & Town
Report Editor            Laura Reville
SAD #9 Representative    Kevin Umlauf
Cemetery Sexton          Ernestine Emery
Board of Assessment Review Marti Gross, Chair

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We Recycle

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Vienna Town House
Post Office

Office of the Selectmen