

COVID-19 health and safety guidance

[Home](#)[Health and safety](#)[UMS guidance](#)[Black Bears Care](#)

Health- and safety-related topics

[UMaine and UMM community public health alert system](#)[UMaine science and medicine updates](#)

Plans and resources

Friday Futurecasts and Updates from Campus Leaders

[Friday Futurecast – December 3](#)

Published: December 3, 2021

[Friday Futurecast – November 18](#)

Published: November 19, 2021

[Friday Futurecast – November 12](#)

Published: November 12, 2021

[Friday Futurecast – November 5](#)

Published: November 5, 2021

[Friday Futurecast – October 29](#)

Published: October 29, 2021

Why should I get vaccinated? What are the benefits?

August 2, 2021 | [Faculty and staff information](#), [Health and safety](#), [Student information](#), [Vaccine](#)

First, as you can learn at the CDC and other resources referenced above, vaccinations are great protection from serious illness and death from COVID-19.

Second, vaccinated UMaine or UMaine Machias students and employees who have verified their status by uploading their vaccination cards to the [secure campus portal](#) currently are exempt from on-campus COVID-19 testing upon arrival and throughout the fall semester. Vaccinated students also will be exempt from quarantining after arrival testing.

Third, vaccinated persons who are found to be close contacts of a confirmed case of COVID-19 are exempt from quarantining under current public health guidance and University requirements.

And vaccinated students who have uploaded their vaccination cards are automatically entered for a weekly drawing for \$1,000 scholarships through Aug. 20 as part of the University of Maine System [COVID-19 Vaccination Shot Clock campaign](#).

Again, getting vaccinated prevents severe illness, hospitalizations and death. With the delta variant, this is more urgent than ever. CDC has updated [guidance for fully vaccinated people](#) based on new evidence on the delta variant.

The CDC notes the [multiple benefits of getting a COVID-19 vaccination](#):

- The vaccine is safe and effective.
- [After you are fully vaccinated for COVID-19](#), you can resume many activities that you did before the pandemic.
- COVID-19 vaccination is a safer way to help build protection.
- COVID-19 has caused very serious illness and death for a lot of people. If you get COVID-19, you also risk giving it to loved ones who may get very sick. Getting a COVID-19 vaccine is a safer choice.

[Apply](#)[Student Resources](#)[Nondiscrimination notice](#)[Clery Safety and Security Report](#)[COVID-19 health and safety guidance](#)[Emergency](#)