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Important update on phase six

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Health and safety update for university community members

Friday Futurecast — January 29

Friday Futurecasts and Updates from Campus Leaders January 29, 2021

Welcome to this week's Friday Futurecast

Machias also has a Spring '21 website. Message from President Joan Ferrini-Mundy:

These updates are archived on the UMaine Spring '21 website. The University of Maine at

Dear members of the UMaine and UMM communities,

With the start of the spring semester, I hope you all will continue your commitment to the

Black Bears Care and the Clippers Care pacts for health, safety and well-being: Wash your hands.

- Wear a face covering, required on campus, indoors and out.
- Practice social distancing and limit your exposure.
- Get tested; on campus it is occurring weekly.
- Educate yourself on the COVID-19 vaccine.
- COVID-19 phase six weekly asymptomatic testing for all members of the UMaine and UMM communities who are on campus or in our facilities statewide begins Monday and continues

throughout the semester. All students and employees who plan to regularly be on campus this semester are required to participate in the noninvasive saliva-based testing. That includes all undergraduate and graduate students living in residence halls; all who are taking, teaching or supporting face-to-face classes; and all who are working in labs or offices on campus or at UMaine facilities statewide. For any UMaine and UMM community members who plan to be on campus infrequently no more than once or twice in the semester, and only for very short periods of time — an

exemption may be requested by emailing um.covidtesting@maine.edu. UMaine community members also should use that address if they have not received an email to schedule a testing appointment. Note: Deadline for scheduling your appointment next week is 5 p.m. tomorrow, Jan. 30, in order to receive your testing ticket. UMM weekly testing is available on a walk-in basis from 11 a.m.-4 p.m. Mondays and 9 a.m.noon Thursdays in the C wing of Sennett Hall.

More information about phase six testing is online for <u>UMaine</u> and <u>UMM</u>. Throughout this semester, please check the <u>UMaine</u> and <u>UMM</u> websites for additional guidance and all

As we were in the fall, this spring we are all in this, together. Thank you for all that you are doing to keep yourselves, those you love and our communities safe.

Joan Ferrini-Mundy

Sincerely,

• Reminder: If you or people you know in the UMaine and UMM communities have concerns about COVID-19 symptoms, close contact or a positive COVID-19 test, call the

Partnering to address health

updates as they become available.

umaine.alerts@maine.edu. • The UMaine and UMM Counseling Centers continue to offer telehealth services via Zoom and phone. In addition, counselors have recorded short "bite size" videos on wellness and mental health topics as a resource for students and employees. Check out

COVID-19 info line: 207.581.2681 or fill out the self-reporting form or email

resources. For a telehealth appointment, call 207.581.1392 or 207.255.1343. Transparent and continuing communication Anyone participating in phase six COVID-19 testing on campus that involves the salivabased Shield T3 is required to download and set up the Safer Community app by

the Counseling Centers' websites — <u>UMaine</u> and <u>UMM</u> — for updates, programs and

Rokmetro, available through the Apple App Store and Google Play Store. Please have the app available on your smartphone for your first appointment during the week beginning

- Feb. 1. The University of Maine System has a step-by-step user's guide available. Note: the Safer Community app will not be used for scheduling UMaine testing appointments; those participating in testing in Orono have received scheduling emails. Anyone who does not have smartphone technology available will be assisted at the test site. More information is online. In addition to downloading the app for phase six testing, please review the information about other preparations you need to consider prior to your testing appointment. That information is online, and includes a flyer about how to do the Shield T3 noninvasive saliva-based test.
- and advocacy to help prevent and address sexual violence, harassment and discrimination. Services and support are available for all members of the UMaine and UMM communities. For more information or to receive support, call 207.581.1406 or email um.titleix@maine.edu. In-person, on-campus experiences and other learning modes

UMaine's Spring Student Organization Fair will be held from 3–5 p.m., Feb. 9–11 via

Zoom. This is an opportunity to connect with organizations, learn more about who they

Reminder: The <u>Title IX Student Services Office</u> provides educational resources, support

are and potentially get involved. More information is on the Center for Student Involvement website.

 At UMM, the Student Clubs and Organizations Fair will be held from 11 a.m.-1 p.m. Feb. 3 in the Reynolds Center gymnasium. • Reminder: To help prepare for the Virtual Career Fair on Feb. 3, students have the

via Zoom walk-in hours on Monday and Tuesday, Feb. 1-2. Visit the Career Center

opportunity to attend a variety of group chat sessions and meet with a career counselor

- Maine Bound <u>outdoor adventure trips</u> start Feb. 4 and the <u>indoor climbing wall</u> is open. Information about winter equipment rentals is online.
- The Black Bear Exchange distributed 2,700 orders totalling 49,000 pounds of food in the first half of this academic year. Its drive-thru pickup continues this semester. For more

Memorial Union hours are online; Fogler Library hours also are online.

information, visit umaine.edu/volunteer/bbe. At UMM, a food pantry opened this week in the Student Union, located in the Reynolds

Flexibility, responsiveness, empathy, and science

website for more information and for the Zoom links.

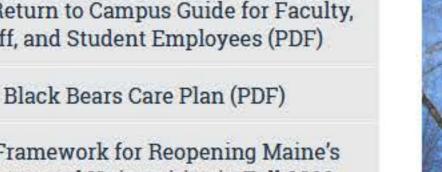
- Center, with swipe card access from 9 a.m.-9 p.m. Monday-Saturday and 3-9 p.m. Sunday. Food pantry items are available to all UMM students. If you have ideas for items you'd like to see in the food pantry or questions about donations, email david.invergo@maine.edu.
 - The Black Lives Matter flag-raising on the Mall at noon Feb. 1 kicks off our Black History Month observance. (Bangor Room in case of inclement weather.) A full list of events for

Continuing our missions for Maine

- the month is online. UMaine will host a live panel discussion at 2 p.m. Feb. 8 at the virtual 2021 AAAS annual meeting. The session, "Fostering Career Development Through Research Learning
- Experiences," focuses on effective approaches to integrating diverse student populations into scholarly research communities through authentic experiential learning at the high school and college levels. President Ferrini-Mundy will offer opening remarks, followed by presentations by UMaine faculty. More information is online. (O)



Research





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