

Spring 2021

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What do I need to know about COVID-19 testing phases four and five?

December 29, 2020 | [Health and safety](#), [Testing](#)

In the interest of community safety and well-being, University of Maine COVID-19 testing phases four and five will be held in January. UMaine residential students and off-campus students returning for the spring semester with at least one face-to-face class on campus will participate.

Phase four testing is Jan. 19–22, with a snow date of Jan. 23, if needed. Phase five testing will be Jan. 25–29.

An email from um.covidtesting@maine.edu will be sent to participants' maine.edu accounts with the test dates and times. The email will include instructions to follow if participants have questions about scheduled appointments.

The PCR diagnostic test, the same used in the fall semester, will be administered at Alfond Arena under the UMS ConvenientMD/Jackson Laboratory partnership and is at no cost to employees and students. The test entails an anterior nasal 1 cm to 1.5 cm inside the nostril.

All members of the UMaine community who are being tested must bring a Maine Card. Please follow the signs to the [east entrance of Alfond Arena, closest to the Alfond Stadium](#).

A post-test self-quarantine in your on- or off-campus residence is required by all students until you receive your testing results. The test results will be posted within 24 to 72 hours of the test date.

Test results will be available through the same [ConvenientMD Patient Results Portal](#) used in UMaine testing phases one and two: patientresults.convenientmd.com/UMS. (Username is your @maine.edu email address; use Reset Password to create a password.)

[Map to the phase three testing site entrance at Alfond Arena.](#)

[Required form 1: ConvenientMD HIPPA form authorization to disclose health information \(PDF\)](#)

[Required form 2: UMS authorization to disclose health information \(Word\)](#)

For questions about appointments, write um.covidtesting@maine.edu.

