Spring 2021

Health- and safety-related topics

UMaine and UMM community public health alert system

UMaine science and medicine updates

Plans and resources

UMS Return to Campus Guide for Faculty, Staff, and Student Employees (PDF)

Black Bears Care Plan (PDF)

The Framework for Reopening Maine's Colleges and Universities in Fall 2020 (PDF)

Friday Futurecasts and Updates from Campus Leaders

Friday Futurecast – December 18
Published: December 18, 2020

Friday Futurecast – December 11
Published: December 11, 2020

Friday Futurecast – December 4
Published: December 4, 2020

Friday Futurecast – November 20
Published: November 20, 2020

Friday Futurecast – November 13
Published: November 13, 2020

I have not been identified as a close contact with anyone who has tested positive for COVID-19, but I feel I should be tested. Where can I go for a test?

December 15, 2020 | Health and safety, Testing

Please note: Costs may be associated with tests at community sites; check with the facility administering your test for any related fee information.

Maine CDC lists the Swab & Send Sites and the Rapid Testing Sites statewide on this website.

You can contact Northern Light Health on Union Street in Bangor, 1.844.489.1822, or Penobscot Community Health Care on Brunswick Street in Old Town, 207.827.6128. The IDEXX test at the latter two community facilities is offered at no cost.

ConvenientMD on Broadway in Bangor also offers testing, 833.263.0131.

Here are more details:

Northern Light Health, 895 Union Street, offers a drive-thru testing facility
Phone: 844.489.1822
NLH COVID-19 testing information:
northernlighthealth.org/Resources/COVID-19/Testing
northernlighthealth.org/Resources/COVID-19/Testing/Asymptomatic

Penobscot Community Health Care, 242 Brunswick Street, Old Town
Be sure to call ahead: 207.404.8100 Option #5
PCHC COVID-19 testing information:
pchc.com/covid-19-testing-site-information/

ConvenientMD, 543 Broadway, Bangor
Phone: 833.263.0131
or sign up online: convenientmd.com/virtual-visit