



*Nele* or Shaman

*Nele* use their supernatural powers to diagnose illness. Other practitioners specialize in gathering and preparing medicines and in performing chants. All three work in consort to cure the patient in ceremonies that may last hours or run over an 8-day period.



Two widar or peccary

The Kuna keep peccary, which provide the community with the bulk of the meat that is consumed.



Smoke pot

Pots with cocoa and hot peppers are left to smolder to keep evil spirits away.

HM 6999



Lion hunting a bird

In addition to creating designs based on their environment, Kuna mola makers often copy illustrations from books, magazines, and other printed media. This mola draws its inspiration from a book illustration.

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