Fall '20–Spring '21

Health- and safety-related topics

UMaine and UMM community public health alert system

UMaine science and medicine updates

Plans and resources

UMS Return to Campus Guide for Faculty, Staff, and Student Employees (PDF)

Black Bears Care Plan (PDF)

The Framework for Reopening Maine's Colleges and Universities in Fall 2020 (PDF)

Friday Futurecasts and Updates from Campus Leaders

COVID-19 Community Update from President Ferrini-Mundy – November 7

Published: November 7, 2020

Friday Futurecast – November 6

Published: November 6, 2020

COVID-19 Community Update from President Ferrini-Mundy – November 5

Published: November 6, 2020

Friday Futurecast – October 30

Published: October 30, 2020

Friday Futurecast – October 23

Published: October 23, 2020

What protocols should be followed by employees returning from out-of-state travel to UMaine and UMM campuses, and UMaine facilities and offices statewide? (Currently not including the states of Massachusetts, Vermont and New Hampshire)

August 31, 2020 | Health and safety

Those asymptomatic faculty and staff who have recently traveled outside of Maine and are returning to campus are subject to Maine CDC-recommended measures based on their prior travel (CDC travel advisories) and out-of-state home locations (regions/states with sustained community transmission). There is sustained transmission of COVID-19 in the U.S. UMaine or UMM community members returning from out-of-state travel who are not exhibiting flu or COVID-19 symptoms are asked to self-quarantine for 14 days prior to returning to their workplace. During self-quarantine, monitor for COVID-19 symptoms and take a daily temperature. If you develop COVID-19 symptoms, call your health care provider and follow the recommendations. Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan. Older adults and travelers with underlying health issues should avoid situations that put them at increased risk for more severe disease. This entails avoiding crowded places and nonessential travel. The latest information is online.

Employees under the guidance of a health care provider

If under any directives from their health care providers or if self-isolation is recommended awaiting COVID-19 laboratory test results, remain at your current home and self-isolate for the recommended CDC time period. Refer to the University of Maine System workplace policies and guidance on any alternate work-related option available to the faculty or staff. Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan.

Employees returning or displaying symptoms after travel abroad

Should you display COVID-19 symptoms after out-of-country travel, call your health care provider and follow the recommended self-quarantine period of 14 days while awaiting confirmation of the cause of your symptoms. Follow the voluntary UMaine/UMM self-reporting guidance below to assist in planning and guiding your return to work plan. Consult with your supervisor upon return about avoiding presence at work and possible work-from-home options. (University of Maine System workplace policies and guidance)

Employees awaiting COVID-19 test (laboratory) results

If you have been asked to self-quarantine by a medical provider in relation to coronavirus and/or are awaiting COVID-19 test results, please voluntarily contact the UMaine and UMM Community Information line at 207.581.2681 and follow your medical provider's recommendations. Thank you for your understanding of the extraordinary circumstances this situation presents for all of us. Refer to the University of Maine System guidelines for university travel for business and personal travel for guidance.