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Our world needs higher education now more than ever. We can't wait to have students back on our campuses starting August 31. Today, we announced our science-based plan to do it safely. Learn more at [maine.edu/together](http://maine.edu/together).  
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# UMaine Clinic Offers New COVID-19 Stress Telepsychology Services

26 JUN 2020

New telepsychology services, including one focused on stress responses to COVID-19, are now available through the Psychological Services Center at the University of Maine.

The center is the in-house outpatient clinic for an American Psychological Association accredited doctoral training program in clinical psychology and serves clients throughout Maine. It is now accepting new clients for programs including general teletherapy and the COVID-19 Stress Clinic (CSC). The CSC is a four- to five-session therapy program designed to help people gain skills to manage stress reactions or emotional difficulties that have arisen because of or been exacerbated by the pandemic. Each session is \$15.

[For more information about the Center's services or to become a client, click here.](#)

