

Spring 2021

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UMS community guidance

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Plans and resources

[UMS Return to Campus Guide for Faculty, Staff, and Student Employees \(PDF\)](#)
[Black Bears Care Plan \(PDF\)](#)
[The Framework for Reopening Maine's Colleges and Universities in Fall 2020 \(PDF\)](#)

Friday Futurecasts and Updates from Campus Leaders

Important update on phase six asymptomatic COVID-19 testing on campus

Published: February 3, 2021

Friday Futurecast – January 29

Published: January 29, 2021

Friday Futurecast – January 22

Published: January 22, 2021

Friday Futurecast – January 15

Published: January 16, 2021

Friday Futurecast – January 8

Published: January 8, 2021

What do I need to bring to my phase six COVID-19 testing appointments on campus?

February 1, 2021 | [Faculty, staff and students](#), [Health and safety](#), [Spring semester information and updates](#), [Testing](#)

When you come for your testing appointment:

- Wear your face covering.
- Bring your cell phone.
- Bring your appointment ticket, either on your phone or printed.
- Bring your MaineCard.
- [Bring this form, filled out](#), to your first appointment.

Remember:

- Do not eat, drink or smoke, chew gum, brush your teeth or use mouthwash within an hour of your test. Clear saliva samples are required; samples can't be discolored, cloudy or contaminated with food particles.
- Be sure to hydrate with water. Stop drinking water 60 minutes before test time.

