



## Policies/Information - Facing the Birth or Adoption of a Child or Other Life Circumstances

The University of Maine appreciates the commitment of its faculty in balancing productive careers and demanding work obligations while maintaining a fulfilling personal life. To that end, the University offers flexibility to faculty who are facing the birth or adoption of a child or some other exceptional life circumstance.

1. [Alternatives-to-Teaching Duties Associated With the Birth or Adoption of a Child](#)
2. [Stopping the Tenure Clock](#)
  - a. [checklist for stopping tenure \(PDF\)](#)
  - b. [promotion & tenure resources](#)
3. [Family Leave Options](#)
4. [Short Term Disability](#)
5. [Benefits Checklist Following the Birth or Adoption of a Child \(PDF\)](#)

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