



Together for Maine Plan

- [Home](#)
- [Chancellor's Message](#)
- [Safe Return Planning](#)
- [Unifying Principles](#)
- [Informational Videos](#)
- [Safe Return Committees](#)

Community Guidance

- [Everyone](#)
- [Students](#)
- [Employees](#)
- [Travelers](#)

Recent Updates

[Together for Maine Daily Briefing and COVID-19 Data Update: 3/29/21](#)
March 29, 2021

[Together for Maine Daily Briefing and COVID-19 Data Update: 3/26/21](#)
March 26, 2021

[Together for Maine Daily Briefing and COVID-19 Data Update: 3/25/21](#)
March 25, 2021

Earlier Updates

- [March 2021 \(20\)](#)
- [February 2021 \(20\)](#)
- [January 2021 \(6\)](#)
- [December 2020 \(9\)](#)
- [November 2020 \(30\)](#)
- [October 2020 \(31\)](#)
- [September 2020 \(28\)](#)
- [August 2020 \(11\)](#)
- [June 2020 \(1\)](#)
- [April 2020 \(9\)](#)
- [March 2020 \(25\)](#)
- [February 2020 \(1\)](#)

Travel Updates - February 2021

Domestic Travel (Updated 03/10/2021) -

Domestic Travel Beyond Maine

The University of Maine System continues to prohibit university-sponsored domestic travel beyond the State of Maine. Any exceptions to this must be approved by the provost or relevant vice chancellor in consultation with the emergency operations team for the respective University (or Law School) with which the traveler is affiliated. Risk Management also is available for consultation if needed or desired.

If an exception is approved, any student, staff or faculty member who travels beyond Maine for University business or activities will be required to meet the requirements of civil authorities and destination authorities wherever they travel and upon their return to Maine. Travelers must also continue to follow the requirements of the University. When there is variation in the requirements, the most rigorous protocol should be followed. The University ask all travelers to aim for not mere technical compliance but rather to meet the full spirit and intention of the requirements and guidance.

Upon return to Maine, these requirements currently include quarantining for 10 days or obtaining a negative COVID-19 test before leaving quarantine and before returning to campus or in-person University activities in Maine.

Certain locations are exempted by Maine civil authorities from the quarantine and testing requirement. The currently exempted states are Massachusetts, Connecticut, Rhode Island, Vermont and New Hampshire. Should that list change, the University's guidance is understood also to change in accordance with civil directives.

Additionally, people who have either had COVID-19 in the previous 90 days, or are fully vaccinated against COVID-19, regardless of state of origin, are now exempted from Maine's test or quarantine requirement.

Further, effective May 1, the University expects to follow the directives of civil authorities who at that time will shift Maine's COVID-19 travel policy to automatically exempt all states, unless otherwise determined by the Maine CDC. If one or more states see a spike in cases of highly contagious COVID-19 variants, Maine civil authorities will apply its test or quarantine requirement to travelers to and from that state.

University travel beyond Maine should always be approved in advance, bookings made to the extent bookings (transportation, accommodations, etc.) are needed, and expenses claimed using the Concur travel system.

Any student or employee who undertakes personal travel beyond Maine, including leaving the state during the semester, is also subject to CDC and Maine civil authority quarantine requirements upon their arrival in or return to Maine, which UMS expects to enforce.

Domestic Travel within Maine

The University also prohibits discretionary or unnecessary university-sponsored travel within Maine. Reducing travel and avoiding unnecessary travel should be every student and employee's guide when considering whether to request, authorize or direct domestic travel within Maine.

The University understands that for certain work and activities, a physical presence is necessary or greatly advantageous. For that reason, travel that is necessary within the State of Maine may be permitted by the respective provost or relevant vice chancellor in accordance with customary protocols. Risk Management does not need to be consulted for in-state travel provided no additional related exceptions such as ride sharing are necessary.

Necessary travel for the purposes of this guidance includes but is not necessarily limited to, for example, travel for providing or participating in-person instruction, research or other such academic endeavors and many types of facilities management-related work. Travel for meetings should be avoided. Nothing in this guidance is intended nor should be construed to preclude normal commuting activities to an employee's normal work location(s) or a student's normal instruction location(s) provided social distancing and other criteria are met.

For any University travel that may occur, carpooling and sharing transportation with others except immediate family members remains prohibited. Narrow exceptions to the carpooling/sharing restriction may be approved by Risk Management if physical distancing measures can be met. No one shall use public transportation for official university business unless necessary for an essential purpose in keeping with the directives of civil authorities.

When travel within the state is approved all travelers should take steps to minimize contact and promote physical distancing. Planning is crucial; consider the following suggestions:

- Fuel the vehicle before you leave
- If delivering a package—develop a drop-off plan that doesn't involve face-to-face contact
- Wear a face covering unless alone
- Travel with gloves and/or disinfectant
- Avoid travel to or interactions in locations with community transmission or outbreaks whenever possible
- Avoid unnecessary stops

Traveling with others

For situations where travel with others is authorized and required, the following guidelines must be adhered to when considering transportation options, including public transportation or campus motor pools.

- Social distancing requirements as outlined by the CDC and civil authorities must be met
- Face coverings must be worn—if traveling with more than one person
- Riders should not utilize transportation services if they are sick (e.g. have a fever or cough)
- Riders are encouraged to practice good hand hygiene during travel, sanitizing hands before boarding, after touching high-touch surfaces, and after disembarking

Please contact your campus motor pool administrator for information pertaining to campus vehicle rentals, etc.

Reference:

[Maine CDC Transportation Guidelines \(External Site\)](#)

[CDC Cleaning & Disinfection for Non-emergency Transport Vehicles \(External Site\)](#)

[Keep Maine Healthy \(External Site\)](#)

(Last reviewed/updated: 03/10/2021)

International Travel (Updated 11/11/2020) +

Campus-Specific Return Information

