Health- and safety-related topics

UMaine and UMM community public health alert system

UMaine science and medicine updates

Plans and resources

UMS Return to Campus Guide for Faculty, Staff, and Student Employees (PDF)

Black Bears Care Plan (PDF)

The Framework for Reopening Maine's Colleges and Universities in Fall 2020 (PDF)

Friday Futurecasts and Updates from Campus Leaders

COVID-19 Community Update from President Ferrini-Mundy – November 7

Published: November 7, 2020

Friday Futurecast – November 6

Published: November 6, 2020

COVID-19 Community Update from President Ferrini-Mundy – November 5

Published: November 6, 2020

Friday Futurecast – October 30

Published: October 30, 2020

Friday Futurecast – October 23

Published: October 23, 2020

What does it mean for members of the UMaine community to quarantine and isolate?

November 9, 2020 | Health and safety

According to the Centers for Disease Control and Prevention, isolation and quarantine help protect the public by preventing exposure to people who have or may have a contagious disease.

- Isolation separates sick people with a contagious disease from people who are not sick.
- Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick.

Information for UMaine and UMM residential students about quarantining and isolating on campus

We have an information sheet with all the details — and a number to call if you need more information. This is the isolation and quarantine planning guide for students, as well as a fact sheet on room supplies.

CDC information

The CDC offers information about quarantining and isolating that is helpful for employees and students living in the off-campus community.