

COVID-19 health and safety guidance

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Health- and safety-related topics

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Friday Futurecasts and Updates from Campus Leaders

Friday Futurecast – December 3

Published: December 3, 2021

Friday Futurecast – November 18

Published: November 19, 2021

Friday Futurecast – November 12

Published: November 12, 2021

Friday Futurecast – November 5

Published: November 5, 2021

Friday Futurecast – October 29

Published: October 29, 2021

I am in-person on campus and have just tested positive for COVID-19. What should I do?

September 9, 2021

[Faculty and staff information](#), [Health and safety](#), [Student information](#), [Testing](#)

- Stay home to isolate. Please do not come to campus (except for a medical appointment at Cutler Health Center based on your symptoms). Following CDC guidelines, employees and students can return to on-site work and classes on campus if they completed 10 days of self-isolation from the onset of symptoms and 24 hours with no fever without the use of fever-reducing medications, and other symptoms of COVID-19 (with the exception of loss of taste or smell) are improving.
- Submit a [self-report form](#). That will initiate university-based contact tracing. Stay close to your phone; a contact tracer will be calling you within 24 hours.
- Open the lines of communication with those you know are your close contacts — your roommate or classmate, your coworker, etc. Also notify the faculty member of your in-person class or your workplace supervisor. A CDC [fact sheet on proactive steps for stopping the spread of COVID-19](#) includes how to communicate with your close contacts if you test positive. The CDC recommends testing for COVID three to five days after potential exposure. It also recommends daily monitoring for symptoms.

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