

COVID-19 health and safety guidance

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What is the latest COVID-19-related guidance for university residence halls?

August 13, 2021 | [Health and safety](#), [Student information](#)

Shelter In Place: Student is symptomatic and is awaiting test results from Cutler Health Center or other health care provider.

Quarantine: If you have been in [close contact](#) (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, unless you have been [fully vaccinated](#). People who are fully vaccinated do NOT need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#). However, fully vaccinated people should get tested 3-5 days after their exposure, even if they don't have symptoms and wear a mask indoors in public for 14 days following exposure or until their test result is negative.

Isolation: Student is positive for COVID-19 and must isolate off campus. Students must receive approval from a medical professional working with the university to return to campus after a period of at least 10 days. Students who are symptomatic will not be able to return until medically cleared.

Symptomatic Residential Students Awaiting Test Results: Students awaiting COVID -19 test results must shelter in place in their residence hall room until they receive their results. The goal of shelter in place is to limit exposure while continuing to participate in necessary activities, including eating in the dining halls. All students required to shelter in place must wear face coverings when not in their room (except when showering, washing face, brushing teeth or eating).

Close Contact or COVID-19 Positive Residential Students: Both residential and non- residential students who are deemed a close contact of a COVID-19 positive individual or who are themselves COVID-19 positive must quarantine or isolate off campus as directed.

The university has very limited space available for students who are unable to quarantine or isolate off campus. A request to stay in campus-managed quarantine or isolation can be asked for at the time of diagnosis. Students must [complete this form](#); for questions, write um.reslife@maine.edu.

