

# COVID-19 health and safety guidance

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## Health- and safety-related topics

[UMaine and UMM community public health alert system](#)

[UMaine science and medicine updates](#)

### Plans and resources

## Friday Futurecasts and Updates from Campus Leaders

[Friday Futurecast – December 10](#)

Published: December 10, 2021

[Friday Futurecast – December 3](#)

Published: December 3, 2021

[Friday Futurecast – November 18](#)

Published: November 19, 2021

[Friday Futurecast – November 12](#)

Published: November 12, 2021

[Friday Futurecast – November 5](#)

Published: November 5, 2021

## How do students request a medical or religious vaccination exemption?

August 2, 2021 | [Health and safety](#), [Student information](#), [Vaccine](#)

Exemption forms are now live on [PointNClick](#), our secure online portal. In the portal, students have an opportunity to request an exemption to the vaccine requirement for a documented medical contraindication or a sincerely held religious belief. Students who verify their vaccination status or exemption in the portal or get their first shot toward full immunity by Aug. 20 will remain eligible to participate in on-campus activities in the fall semester.

Additionally, those in a higher risk category or with severe illness or underlying health conditions or other applicable circumstances that may impact their ability to be vaccinated or comply with any pandemic protocols may contact the University of Maine System American with Disabilities Act coordinator at: 101 North Stevens Hall, University of Maine, Orono, ME 04469-5754; 207.581.1226, TTY 711 (Maine Relay System); [adacoordinator@maine.edu](mailto:adacoordinator@maine.edu).

