

COVID-19 Updates

Home Health and safety UMS guidance Black Bears Care

Health- and safety-related topics

UMaine and UMM community public health alert system

UMaine science and medicine updates

Plans and resources

UMS Return to Campus Guide for Faculty, Staff, and Student Employees (PDF)

Black Bears Care Plan (PDF)

The Framework for Reopening Maine's Colleges and Universities in Fall 2020 (PDF)

Friday Futurecasts and Updates from Campus Leaders

Friday Futurecast – May 7

Published: May 7, 2021

Friday Futurecast – April 30

Published: May 1, 2021

Updated health and safety guidance for UMaine/UMM communities – April 30

Published: April 30, 2021

Friday Futurecast – April 23

Published: April 23, 2021

Friday Futurecast – April 16

Published: April 17, 2021

If I am fully vaccinated, do I have to quarantine if I am a close contact of someone with COVID-19?

April 20, 2021 | [Health and safety, Vaccine](#)

The University of Maine System is exempting fully vaccinated, asymptomatic individuals from quarantine requirements if they come into close contact with someone known to have COVID-19. An individual is considered fully vaccinated 14 days after receiving a J&J shot or 14 days after their second Pfizer or Moderna shot. The change in policy follows consultation with state public health officials. [A news release with more information is online.](#)

