



Travelers

Together for Maine Plan

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Community Guidance

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Recent Updates

New Travel and Work Guidance Posted
June 19, 2020

University To Update Guidance Based on Governor Mills' Plan To Restart the Maine Economy
April 29, 2020

CARES Act Distribution to Students Expected Week of May 4
April 24, 2020

Earlier Updates

- June 2020 (1)
- April 2020 (9)
- March 2020 (25)
- February 2020 (1)

For Travelers

Domestic Travel (06/19/2020)

Reducing travel and avoiding unnecessary travel should continue to be every employee's guide when considering whether to request, authorize, or direct domestic travel within Maine. The University understands that, for certain work and activities, a physical presence may be necessary or greatly advantageous.

For the remainder of June, such travel remains very limited and should only occur on an exception basis with supervisory approval and in consultation with Risk Management. Effective July 1, such travel may resume within the State of Maine in accordance with customary protocols for approval. This is not intended to be a full return to pre-pandemic travel, but it is intended to provide greater travel flexibility when the need for in-state travel is compelling. Risk Management will no longer need to be consulted for travel within the State of Maine.

For any University travel that may occur, carpooling and sharing transportation with others except immediate family members remains prohibited. Narrow exceptions to the carpooling/sharing restriction may be approved by Risk Management – if social distancing measures can be met. The use of public transportation is prohibited unless necessary. University meetings should continue to utilize remote technologies as feasible. Social distancing and face coverings should be utilized for any in-person gatherings which are conducted.

When travel within the state is necessary or otherwise advantageous, all travelers should take steps to minimize contact and promote social distancing. Planning is crucial; consider the following suggestions:

- Fuel the vehicle before you leave
- If delivering a package – develop a drop-off plan that doesn't involve face to face contact
- Wear a face covering in public areas, as recommended by Civil authorities
- Travel with gloves and/or disinfectant
- Avoid travel to locations with community transmission our outbreaks whenever possible
- Avoid unnecessary stops

Domestic Travel Beyond Maine:

The University of Maine System continues to prohibit all university-sponsored domestic travel beyond the State of Maine.

Anyone who travels outside the state and returns to Maine is required to self-isolate for 14 days upon return. There are certain exceptions this requirement, including for travelers arriving from New Hampshire or Vermont and for travelers with a current negative Covid-19 test. Travelers arriving from outside Maine should refer to the "who needs to self-isolate" information on this web site for more specific information.

Reference:

[Keep Maine Healthy](#)
[COVID-19 Travel Recommendations by Country](#)

(Last reviewed/updated: 06/19/2020)

International Travel (06/19/2020)

Campus-Specific Return Information

