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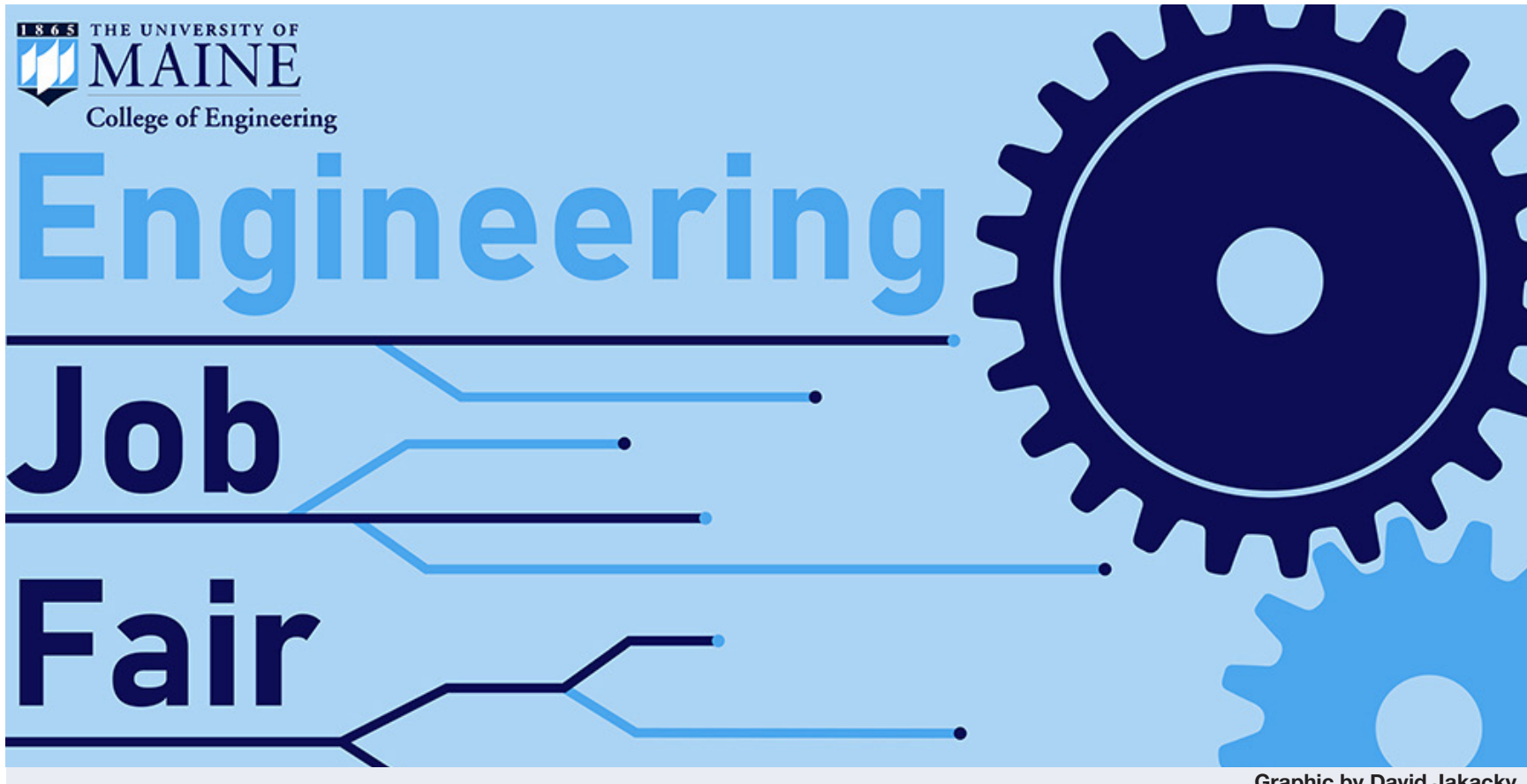
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UMaine hosts engineering job fair via Zoom



Graphic by David Jakacky.

Megan Ashe Contributor

On Wednesday, Oct. 20, the University of Maine hosted its annual Engineering Job Fair from 10 a.m. to 2 p.m. Students could register using their CareerLink profiles. A wide variety of well-known engineering companies were in attendance including Texas Instruments, Pratt & Whitney and Bath Iron Works. All engineering students were invited to attend and going to the event was highly recommended. At this event, students had the opportunity to network with top ranked engineering compa-

nies in order to submit their resume, meet people from the companies and possibly secure interviews for internships and jobs in the future. This year, the fair was held virtually due to safety concerns surrounding the COVID-19 pandemic. The Career Center at UMaine was in charge of putting together the engineering job fair. On their website, they made a list of things students were supposed to do before attending the fair in order to get the most out of the experience. They recommended that students make sure their CareerLink profile was up to date

so employers would see the most relevant information. Next, they asked students to ensure they were properly registered for the event and suggested that students reach out to employers that matched with their major and skillset. Students were then encouraged to strategize which employers to videochat with during the fair, and if they were offered interviews or had additional questions they should make a follow-up appointment with the Career Center. Students were also told to dress professionally and to consider these online

meetings as miniature interviews with the companies. Companies were also given a guide to abide by. At least one representative from each company was required to be online in order to interview students during the fair. If a student sent an RSVP to a company, it indicated that they were excited to chat with a representative. Companies can send invitations to these students who have shown interest and if their course of study aligns with the companies' vision. Even though the job fair was held unconventionally online, the students in attendance

still felt like it was a beneficial experience. Dillon Rose, a fourth-year electrical engineering student, attended the job fair this past Wednesday. He felt like the job fair was worthwhile and lived up to his expectations. "It was very beneficial for me. I ended up speaking to Texas Instruments, OnSemi, STMicroelectronics, Cascodium and Allegro MicroSystems. I actually preferred meeting with them on Zoom," Rose said. "I was able to speak to them one-on-one without worrying about the people in line behind me. I was talking with them personally

instead of just saying 'Hi!' and dropping off my resume. I was able to make better impressions because of this and hopefully will get interviews from these companies." Even though the engineering job fair is not yet able to be back in-person, students are still able to reap its benefits. If students who attended the job fair need any assistance with career related questions, UMaine's Career Center is happy to help. Students can make an appointment by emailing umainecareercenter@maine.edu or by calling 207-581-1359.

Stanford researcher discusses future of sustainability through the Clean Energy Triangle

Kathryn Luck Contributor

The global carbon footprint is one of the main causes of global climate change and the biggest carbon contributors, China, the United States, India and Japan, need to begin working toward a more sustainable future. Dan Reicher, a senior research scholar at Stanford University, gave a lecture on Oct. 18 as a part of the fall 2021 Sustainability Talks about the future of sustainable energy, and how the United States in particular can make an impact. Reicher believes our solution lies with an interchangeable triangle of technology, finance and policy, a philosophy which has guided

his career thus far. This triangle has come to be known as the Reicher triangle, after his research. Technology sits at the top of the triangle, because it's the most interdisciplinary of the three, where policy and finance are the foundation that scientists need to create such technology. Reicher gave one example of how this triangle can be applied to real life environmental sustainability, instead of just theory, in the form of offshore wind farms. Research into offshore wind power began 80 years ago with the construction of the first great wind turbine on a mountain in Vermont. Reicher discussed how technological advancements have allowed

wind turbines to exist out in deeper waters, leading to a steadier flow of winds and a reduced effect of the wildlife habitats and recreational views. In 2017, the first floating wind farm was created and advancements in the field will only continue in the future. Next, Reicher, who is a self described "river guy," went on to explain that he thinks the area with the most room for growth in the future is hydropower and pumped storage. Currently there are 21,000 megawatts being produced by pump storage in the United States, despite a capacity to be producing 80,000, as well as the same capacity existing in Canada. Hydropower has many advan-

tages, like reliability, flexibility, low carbon electricity and wind and solar integration, among others. It can also have many cons, like habitat alteration, water quality, large amounts of fish deaths and impacting indigenous rights, which is a big reason why it isn't being utilized more. Reicher believes we can expand U.S. hydropower while still keeping these challenges in mind. He laid out three plans for the future: upgrading existing dams, powering existing dams that are no longer or have never been powered and expanding pump storage in these dams. "The best way to predict the future is to invent it," Reicher said, quoting com-

puter scientist Alan Kay. Through smarter approaches to U.S. hydropower, Reicher believes we can make huge strides toward a more sustainable future. The objective that Reicher and his team are striving toward is an agreement between the people in charge of hydroelectric power in the United States and conservationists, to work toward improving the value of hydropower while also making sure to protect rivers from any negative impacts. Their work, while staying based around the Reicher triangle, utilizes the three R's: rehabilitation of dams, retrofitting dams to increase electricity generation and removing dams that

are more detrimental than beneficial. The future of sustainability lies within these advancements and relies heavily on our own involvement in sustainable policy moving forward. Reicher believes in a smart, successful future, and he believes that future is hydroelectric power. For more information about the fall 2021 Sustainability Talks, and the Senator George J. Mitchell Center for Sustainability Solutions, visit <https://umaine.edu/mitchellcenter/>.

News

Everything you need to know about the CMP Corridor



Photos by Brinley Martell.

Maddy Gernhard
News Editor

Nov. 2 is voting day in Maine. The first question on the ballot regarding the Central Maine Power Corridor has been at the forefront of a long and heated debate in the months leading up to voting season. Many Maine residents have recently noticed an increase in campaign ads surrounding the issue.

The CMP Corridor refers to a 145 mile stretch of land, which reaches across central and northern Maine. CMP is planning on using the territory for the placement of new electric transmission lines. This construction aims to transmit Canadian hydropower through the state, as CMP won a bid to construct the corridor as a means of providing the New England

region with renewable energy. The construction, which is currently already underway on a 53 mile stretch of undeveloped Maine forest, may be stopped with a majority “yes” vote on question one or continue with a majority “no” vote.

Question one reads as follows: “Do you want to ban the construction of high-impact electric transmission lines in the Upper Kennebec Region and to require the Legislature to approve all other such projects anywhere in Maine, both retroactively to 2020, and to require the Legislature, retroactively to 2014, to approve by a two-thirds vote such projects using public land?”

The wording of the question may be misleading. If voters are in support of the construction of the CMP Corridor, they would

vote “no.” Those opposed to the construction of the corridor would vote “yes.”

The construction of the corridor has been a cause of division within the State of Maine. The CMP Corridor would draw upon Canadian hydropower, a stable source of renewable energy produced by dams, and channel it into U.S. power grids. The origin of this agreement between Canadian hydropower companies and the U.S. stems from a 2016 bill passed in Massachusetts aimed at shifting the region over to more renewable sources of energy. In the years following this bill, CMP won a \$950 billion bid with Massachusetts utility companies to provide access to hydropower as a part of the New England Clean Energy Connect Program in partnership with Hy-

dro-Quebec.

The project was intended to create around 1,600 jobs in the central Maine region, and reduce overall greenhouse gas emissions in the state. Clean Energy Matters boasts these facts on their web page about the corridor, stating that, in addition to creating these jobs, the project will help to preserve existing jobs in Maine’s North Woods. Statistically, only .05% of the forest will be affected by the construction, as two-thirds of the corridor is running through or alongside pre-existing transmission lines, and the other third of the corridor will be constructed through areas in which heavy logging has already taken place.

While the push to rely upon more sustainable and renewable energy is rooted in a

concern for the long term effects of climate change and energy usage, the effects on Maine wildlife and ecosystems have become a subject of concern. Some environmental groups even assert that the corridor is not a matter of bettering the climate.

“The proposed project is not about climate,” the Natural Resources Council of Maine wrote in a brief. “It’s a shell game to sell existing hydropower to Massachusetts because they’ve agreed to pay more for it.”

Other issues surrounding the corridor’s construction involve the direct impact on the environment of the North Maine Woods. A major section of the corridor will be constructed through a crucial brook trout habitat, as well as wintering deer herds and other species. In the current

plans for construction, CMP is allowed to clear cut up to 300 feet around the area of the line, and continually spray the area with herbicide and other harmful chemicals which will impact the regrowth of the area. The construction will also contribute to issues like forest fragmentation.

The economic effects are also under fire, as critics of the corridor’s construction assert that it will have negative impacts on the fisheries and tourism industry, and create a reliance upon foreign power which will have no benefits for the state.

Before casting a vote on question one this upcoming election season be sure to look into the benefits and detractions of the CMP corridor’s construction so your vote will be well informed.

UMaine hosts second Socialist and Marxist Studies lecture

Samantha Sudol
Contributor

On Oct. 21, Doug Allen, professor emeritus of philosophy at the University of Maine held the second installment of the Socialist and Marxist Studies Series this fall. In this lecture, Dr. Allen discussed the development of modern capitalist perspectives, Gandhi-informed and Marx-informed socialist perspectives.

“Socialism is a beautiful world where all members are equal, this can not be achieved by non-pure means... and can result in greater meaning and happiness,” Allen said.

Allen points out that socialism is a very vague term as it has so many meanings. Many who call themselves socialist often have been anti-marxist.

In this lecture, Allen presents the socialist perspectives of Ma-

hatma Gandhi and Karl Marx. Marx was a German philosopher, critic of political economy, historian, sociologist, political theorist, journalist and socialist revolutionary, whose theories on economics, politics and society led to the development of Marxism.

“Marx is a lot clearer on socialism in his analysis of the primacy of the capitalist load of production and how socialism on the abstract level arises out of the fundamental contradiction in capitalism between the capitalist reusing class and social producers, as well as the domination of those who own the capital over the social producers,” Allen said. “Socialism is to overcome that contradiction.”

Mahatma Gandhi was an Indian lawyer, anti-colonial nationalist and political ethicist who used nonviolent resistance to success-

fully campaign for India’s independence from England. Gandhi believed that the socialist perspective can create a deeper meaning to life and living.

“Gandhi-informed perspectives are remarkably insightful and in some areas are stronger than Marxism,” Allen said. “Gandhi is more aware of the dynamic integral between means and ends and the dangers of capitalist and Marxist perspective that the ends justify the means.”

Allen discussed how Gandhi valued this idea of interconnectedness. Specifically, it is fundamental to understand what divides us, but it is even more important to have this deeper realization of our connection with other people and nature. Socialism allows a movement toward this higher level thinking that capitalism destroys.

“Gandhi does emphasize the interconnectedness of all of life positively and negatively. And he has many formulations that can be contextualized in different ways. I find that sometimes his analysis is not adequate because sometimes what he says is that you have to start with the individual,” Allen said. “Unless you achieved inner peace and harmony you cannot relate to the outer world. The problem with that dynamic though is that Gandhi does not have a capitalist individualistic view of the self as an individual. So in this social relationship, we are interconnected.”

Allen emphasized of Gandhi’s focus on the individual. “Gandhi does emphasize the local because he thinks we have more control if we are focusing on ourself individually and our intimate connections.”

Gandhi had tremendous admiration for the nonviolent, moral and truthful values that you find in the oldest Hindu, Indian and Buddhist texts, and had a notion for the welfare of all. While Gandhi and Marx agree that the state is a violent coercive institution, Marx saw more of a need for the state. Marx, an enlightenment thinker who believed in science and technological progress, saw the traditional mode of production as more capitalist and developed a serious lack of development.

Allen then concluded the lecture. “I don’t romanticize young people, their world and future is pretty threatening. But there is so much happening now, so many groups of people with a vision, who practice at a much higher developmental level. Racism, sexism, homophobia, these examples that are pa-

triarchal. There are so many inspiring things happening among young people that give us hope.”

Two more talks will appear in the Socialist and Marxist Studies Series this fall, including a talk on Nov. 4 by Cindy Isenhour, “Climate Change Exacerbates Inequality, but Does Inequality Exacerbate Climate Change?” and on Nov. 18, a talk by Nathan Godfried, “Activist Scholars and Social Unionism: The Meaning of the Walsh-Sweezy Case at Harvard University, 1935-1938.”

For more information on upcoming fall programs for the Socialist and Marxist Studies Series, please visit <https://umaine.edu/socialistandmarxiststudiesseries/>.

UMaine hosts talk about compassion in the justice system

Grace Blanchard
Contributor

On Thursday, Oct. 21, the University of Maine Alumni Association and the Greater Bangor Area Branch NAACP hosted the Robert Talbot Civil Rights Speaker Series at the Wells Conference Center.

The series is named in honor of Robert “Bob” Talbot, the first executive director of the Maine Human Rights Commission. The goal of the series is to promote dialogue and engagement to advance equality and justice. Thursday’s event featured co-authors of the new book “Fighting Time,” Amy Banks and Isaac Knapper.

“Tonight we are talking about reconciliation, compassion [and] human justice, and I don’t think there’s anything more important for a college or university to be considering,” Vice President for Student Life and Inclusive Excellence and Dean of Students Robert Dana said.

Guest speakers Banks and Knapper

talked about their story of murder and injustice that brought the two together, bringing about themes of reconciliation, compassion and painful healing.

Amy Banks is the daughter of former UMaine history professor, Ronald Banks. Professor Banks was murdered in 1979 on a visit to New Orleans, and the then 16 year-old Isaac Knapper was wrongfully charged for the murder. Amy Banks was also 16 at the time.

Knapper received a life sentence and spent 13 years in the Angola Penitentiary in Louisiana, before evidence revealed that he was innocent. They arrested both Knapper and Leroy Brown, another young black man, and the prosecution presented a deal to both of them, offering a lighter sentence if they testified against one another. Knapper refused to lie.

“It didn’t matter to them if it was a lie or not, they just wanted to get a conviction,” Knapper said. “It has a lot to do I believe with

racism, because Leroy was Black, I’m Black from the projects and we were accused of killing a white guy, so everything in the courtroom, the prosecutors, the judge, everything was white.”

Leroy Brown took the deal and testified against Knapper, and after a one-day trial, Knapper was sentenced to life in prison without parole.

During Knapper’s time in prison, every day was a struggle to survive. He talked about the brutality he faced.

“Your life was always at risk, you were never actually safe,” Knapper said.

According to Knapper, Angola Penitentiary was the bloodiest in the country, and that every day somebody was killed.

“Everybody had a weapon, you had to have one to survive in there. If you didn’t have a weapon you didn’t have a chance,” Knapper said.

Knapper spent 12 and a half years in prison until Judge Laurie White, a young attorney at the time, read

about his case and volunteered to represent him. It was discovered that the prosecution withheld crucial information that proved Knapper’s innocence.

36 years after the murder, about 14 years after Knapper’s release from prison, Banks and her sister Nancy decided to reach out to Knapper after learning about his release.

“They set this young boy up, to take this fall knowing full well that he did not do it,” Amy Banks said. “I didn’t know what I needed, but I knew I needed information.”

Since their meeting, they have been on this fight to raise awareness for wrongful convictions and the level of systemic racism in the legal system.

“What we do to people in America in the prison system is sick,” Banks said. “This has got to change, this is not how you treat people, I don’t care what color you are.”

Banks also talked about walking around the UMaine campus and what it felt like seeing her father’s office after so many

years.

“Bringing Isaac to that space, it felt like I was introducing him to my father,” Banks said. “It was the end of the full circle event that has been this and it was really incredible.”

A goal of the Robert Talbot Civil Rights Speaker Series is to raise awareness about issues such as wrongful convictions.

“We came up with the concept of an annual civil rights speaker series, and through the Alumni Association and the University of Maine Foundation, we established a special fund that would enable us to bring to Orono nationally relevant speakers,” John Diamond, the president and CEO of the University of Maine Alumni Association, said.

Dr. Robert Talbot was present for the event, as well as his older brother Gerald Talbot, a long-time civil rights activist, and his niece Rachel Talbot Ross.

“Bob’s adult life has been dedicated to freedom,” Michael Alber, the president of the Greater Bangor

Area Branch NAACP, said.

Talbot has spent his entire life striving for social justice as a civil rights activist and that is exactly what this series aims to do.

Knapper went on to have a successful career as a boxer, and even went to the 1992 Olympics. He recently was hired to be the head instructor of a new gym in Louisiana built by well-known boxing champion Floyd Mayweather. Banks went on to be a psychiatrist and says she owes a lot of her trauma with her father’s murder to her career.

Amy Banks and Isaac Knapper’s book “Fighting Time” is set to be published on Nov. 5, and they are currently in the process of filming a documentary about their story.

Donations to the Robert Talbot Fund can be made to our. umaine.edu/talbot-fund.

This Week in Student Government

Weekly recap of decisions made by the UMaine Student Government General Student Senate



Grace Blanchard
Contributor

On Tuesday, Oct. 19, the General Student Senate held their weekly meeting in the Bangor Room of the Memorial Union to discuss modified financial policies and the recognition of three new University of Maine clubs.

The meeting opened up with the new Aquaculture Club seeking recognition. The goal of the club is to get students involved with aquaculture and explore the field to see if it’s something they enjoy and want to pursue as a career.

“I’m always excited to see new organizations on our campus, it lets students explore the fields they want to explore and helps guide them later in life,” Frank Kelly said, the vice president of financial affairs for the General Student Senate. “I think if we can help fulfill that goal it is a fantastic opportunity so I’m fully in favor of this recognition.”

The club currently has 13 members and plans to

pursue projects including a small aquaponic system.

After a unanimous vote the club received official preliminary recognition from the senate.

A representative from the Women in Economics Club was also present and seeking recognition from the senate.

According to the Women in Economics representative, the purposes of Women in Economics are to create spaces for inclusion, learning and professional development. Their goal is to foster mentoring relationships in order to sustain a growing network of school of economics alumni and to encourage different perspectives by reducing under-representation in the field of economics.

“Once again, always excited to see stuff like this come across our table, it’s a really good way for us to help students, and I’m a little biased because I’m an econ major,” Kelly said.

After a unanimous vote, the Women In Eco-

nomics Club received their preliminary recognition from the senate.

The third new club present was the Women’s Basketball Club who was seeking final recognition.

The Women’s Basketball Club practices twice a week and has weekly team bonding events.

“Our mission is to create a fun and safe place to play basketball and to make new friends,” a representative said of the club.

According to their club speaker, they are the first women’s basketball club at UMaine and their goal is to eventually play against other club basketball teams.

The senate was impressed to hear that the club currently has 45 members, and after a unanimous vote the club received its final recognition from the senate.

The senate moved forward with a new resolution to the issue of funding apparel. At the previous meeting it was a significant topic of debate, and the resolution was sent

back to the Executive Budget Committee for re-evaluation.

“It seemed like the majority of people didn’t like the requirement for the logo to be on the back of the t-shirt, so I modified it to just say that apparel has to show the logo somewhere and approval is up to VPFA and EBC,” Senator Bray said.

As the Head of the Executive Budget Committee, Kelly also spoke on this issue.

“[We had] A lot of debate last week about the resolution... This one definitely leaves it a lot more open ended for EBC and VPFA while still giving both the power to reject anything they want to. As far as our financial policies go, this is right in that perfect middle ground of enough room to work but still giving enough guidance to prevent anything that we don’t want from happening,” Kelly said.

The senate agreed with Kelly, and it was a majority vote to pass the resolution.

There was also an

election held during Tuesday’s meeting. Senator Tessa Shanteler resigned from the position of Old Town City Council Liaison. There were four nominees: Senators Fishbang, McConville, Plater and Ricker. The only one to give a speech was Senator Fishbang.

“I am a member of two student executive boards at UMaine [and] have experience with the formation of new clubs as I was one of the founding members of the new version of the College Republicans. So, I have a lot of experience with management of clubs and also founding of new clubs,” Senator Fishbang said.

Kelly spoke on behalf of Senator McConville.

“It’s kinda the downside of being in college and trying to be in an organization like this is sometimes you just can’t make it, so I would like to speak for [SenatorMcConville],” Kelly said.

According to Kelly, Senator McConville has class conflicts that are keeping her from being

able to be an active participant in the weekly student senate meetings.

“Keely is an excellent member of student government, she has been an active participant in all of the committees she’s been on, also one of the most knowledgeable people I know when it comes to digesting and processing rules so I think she’d be an excellent fit to this committee,” Kelly said.

Kelly’s words were enough to gain votes for McConville, who won the election for Old Town City Council Liaison.

Advisor to the General Student Senate Lauri Sidelko also contributed to the meeting with a positive message.

“This is the time of the year where it’s important for us to take care of one another. Keep an eye on our friends, if somebody is not doing well offer them some resources, tell them about the counseling center and tell them to talk to me,” Sidelko said. “This is the time of year it starts to get tough and mental

Opinion

Fit check: Fast fashion and overconsumption in college

Emma Vannorsdall
Opinion Editor

The weekend is coming up. You sift through your closet and find you have nothing to wear out. You pull up your phone and Instagram shows you a beautiful model wearing a gorgeous black top, only \$10 on Shein. That's pretty cheap, and it arrives in a week. For something similar on Amazon, it takes only two days. You wear it, get some cute pics and toss it aside. Never to be worn again, it ultimately ends up in a landfill. Next week, the cycle continues.

It's exciting. A lot of students in college do it, and the environmental and ethical concerns raise few eyebrows. This is the new reality of retail. This is fast fashion.

Dana Thomas, a writer for the Wall Street Journal, describes "fast fashion" as "trendy, inexpensive garments mass produced at lightning speed in subcontracted factories and hawked in thousands of chain stores worldwide." With the pressure to keep up with trends and the marketing tactics used to encourage overconsumption, society has fallen victim to an un-

sustainable business model that raises serious environmental and ethical concerns.

The Boston Consulting Group has researched and reported that by 2030 the world will be buying 102 million tons of clothing. That's not surprising, considering the amount of clothes Americans purchase today has already increased five times since 1980, and the need to keep up is unrealistically high. There used to be two fashion seasons, and now there's 52.

These "micro seasons" serve as fast paced markers to trap shoppers in a never ending cycle of overconsumption, and this trend has disastrous consequences both environmentally and ethically. Every year, the \$2.4 trillion textile industry accounts for almost 20% of all industry related water pollution. Additionally, 25% of chemicals used globally are dedicated to the fashion industry, and the overall carbon emissions it requires account for 10% of the world's total. As if that's not bad enough, one-fifth of all clothing produced is never even sold. These items are discarded, often burned, further contributing to the en-

vironmental destruction.

The environmental implications are not the only negative effects of fast fashion. In order to lower costs of production, companies move overseas to countries where they can exploit cheap labor and minimal oversight. "Between 2006 and 2012, more than 500 apparel workers died in Bangladesh in factory fires," Thomas wrote. This highlights the unsafe conditions many underpaid workers suffer in. Some argue the fashion industry has raised developing countries out of poverty, but looking closer reveals an unsettling truth. As discussed in the documentary "The True Cost," only 2% of workers in the fashion industry earn a living wage. This is even more alarming considering the textile and apparel industry employs one-sixth of the world's labor force.

It's easy to blame the consumer when faced with these alarming statistics, but it's not all the shoppers' fault. Companies play a large role in advertising to consumers. In college, social media platforms such as Snapchat and Instagram are frequently used to exchange photos with peers. Brands

utilize these sites through heavy advertising marketed to impressionable students, encouraging them to purchase their apparel in order to keep up with and impress one another at a lower immediate cost than what might be investing in long-term pieces.

Though this situation is quite pessimistic, there is hope. More and more people are becoming aware of the disastrous consequences of fast fashion and overconsumption. Consumers are beginning to demand transparency surrounding manufacturing practices.

Sites such as "good on you" allow consumers to research the sustainability and ethical practices of their favorite brands. The advocacy group Fashion Revolution defines the term 'fashion transparency index' as "a tool to push and incentivise the world's largest fashion brands to be more transparent about social and environmental efforts."

People are challenging the current system, and companies are beginning to take note. Many are adjusting to more ethical and sustainable practices, and companies like Patagonia and Reformation already prioritize

sustainability efforts in their business models. Some companies are even challenging the idea of consumption as a whole, such as the online retail service "Rent the Runway" where customers pay a subscription fee to rent out luxury items each month. This new model has been adopted by other high fashion brands such as the clothing retailer Vince.

Consumers can also make an impact on a local level. While Instagram is a platform often used by companies to advertise their fast fashion products, it is also seeing a growing presence of online thrifting and upcycling content creators. 20-year-old Sydney Olberding from Lewiston, Maine runs a thrifting and upcycling Instagram page. She thrifts regularly and shares her impressive finds with her 2,500 followers.

"Thrifting can be time consuming. Thrifting accounts, like my own, simplify the process for those who don't have the same passion for the search, but still want to shop sustainably and at affordable prices," said Olberding when asked about the inspiration to begin her page. She's sold over 650 items, and her efforts

highlight the difference individuals can make in challenging the fast fashion narrative.

The University of Maine even offers resources to provide students with access to clothing. The Black Bear Exchange, as stated on UMaine's website, "envision[s] a community where all those who work and attend the University of Maine have equitable access to resources; and where creative, situation-specific collaborations are actively nurtured to meet needs." Students can also go thrifting in many stores located in the Bangor area, as well as find affordable, second-hand clothing at stores such as Goodwill.

Renting, upcycling and thrifting extend an opportunity for college students to challenge the current consumption practices, but they are not enough to change the college fashion culture and we must work to change it. The practices of wearing outfits only for social media, over-consuming to keep up with trends and buying single use or occasion-specific clothing need to be retired for good.

OCD is not an adjective

Sydney Jackson
Contributor

This past week, from Oct.10-16, was International OCD Awareness Week—a week I never thought would have any significance for me. However, after beginning college, my struggle with mental health and anxiety heightened and I sought out resources to help me cope with all the things I was feeling. Through therapy and a lot of support I realized what I had been struggling with my whole life, but that I was never able to understand, was obsessive-compulsive disorder or OCD.

OCD is described

by the International OCD Foundation as a mental health disorder that occurs when a person gets caught in a cycle of obsessions and compulsions. Obsessions are unwanted, intrusive thoughts, images or urges that trigger intensely distressing feelings. Compulsions are behaviors an individual engages in as an attempt to get rid of the obsessions and/or decrease their distress. Sufferers of OCD experience stress and anxiety with these thoughts which can be extremely mentally and emotionally debilitating.

OCD affects 2.2 million adults in the U.S. and is equally common

among men and women. The average age of onset is 19, with 25% of cases occurring by age 14. One-third of affected adults first experienced symptoms in childhood, according to the Anxiety and Depression Association of America.

OCD has become a term that is easily thrown around in everyday conversation. Common phrases include "I'm so OCD because I like my room clean" or "I'm so OCD because I'm so organized." Many people don't understand the severity of OCD or the many forms it can take because it has been misused so much. OCD is not an ad-

jective. The inappropriate use of terms surrounding mental health disorders invalidates and trivializes the people who suffer from them every day.

The stigma surrounding OCD, as well as mental health in general, is one I am constantly trying to break. Although our society has made massive strides towards normalizing mental health, I still find that many people think that seeking help reflects that something is wrong with you. This could not be further from the truth. Recognizing that you need help is a sign of strength, and if you have the privilege of not suffering from

mental health, educating yourself on mental health issues and resources is essential. When OCD and other mental health disorders are trivialized, those that suffer from them are more hesitant to seek out help or talk about their mental health struggles, putting that person in a potentially dangerous situation.

Talking about mental health is a great first step, and education is a great second one. There is a lot of misinformation regarding the people who suffer from mental health disorders, as well as the disorders themselves, but with social media and the increase

in mental health advocacy for this negative stigma can slowly disappear and be replaced with empathy, understanding and support.

The University of Maine makes accessibility to mental health support systems very easy. Counselors are available at the UMaine counseling center. As well, SilverCloud is a free online therapy tool offered to all students, and the Mind Spa in the Student Wellness Resource Center offers daily mindfulness activities to promote positive mental health. These are just some of the tools students can use to manage their mental health.

Tune Into This!

What's happening this week at UMaine & Beyond

Monday	Tuesday	Wednesday	Thursday	Friday
Today is the birthday of Portland-born inventor, Helen Augusta Blanchard. She is best known for her invention of the zig-zag sewing machine, which can be found today in the Smithsonian American History Museum in Washington D.C.	"Hey Guy!" Today is Vine star and YouTube commentator Drew Gooden's birthday, best known for his "Road Work Ahead" Vine. Other famous birthdays today include Hillary Rodham Clinton and Seth MacFarlane.	A new Netflix original film entitled "Hypnotic" is being released today, just in time for a Halloween-end binge watch. This psychological thriller stars Kate Siegal as she is tormented by a hypnoterapist.	The Center for Student Involvement is kicking off Halloween-end with Escape Rooms. The event begins at 8 p.m. in the North Pod of the Memorial Union.	The Center for Student Involvement is hosting a game of Humans vs. Zombies on the University Mall. More details will be made available when the date approaches.

Beyond the Billionaires: the next space race is one for our planet

Lauren Andrews
Contributor

In the time of a global pandemic, energy crisis and supply shortages, the idea of allocating money toward leaving Earth to continue space exploration and research seems appalling to many. At first glance, it would make far more sense to redirect those funds toward solving these crises, which could theoretically provide more money for vaccine production or alternative energy sources to keep the lights on as oil and natural gas supplies are throttled. Although it seems counterintuitive, current circumstances are providing more fertile ground for harvesting knowledge from space research

and technology. The objective isn't necessarily finding ways to leave Earth, and instead the benefits of these research projects can directly uplift our everyday lives in ways most take for granted.

These benefits don't necessarily unfold overnight. In fact, it often takes decades for these scientific feats to tangibly affect most people. Sputnik, the first artificial satellite, was launched into space 64 years ago. Within the six decades since, technologies emerged from this launch like GPS navigation and cell phones, marking just a handful of the most groundbreaking technological advancements in human history. Nearly every college student

carries a small powerhouse of technology in their pocket. With cell phones, we are able to call our friends and family anywhere else on the planet, which has become our lifeblood for communication during an unprecedented pandemic. Navigation apps for smartphones, which are often free or cost only pennies, allow us to instantaneously cue up directions to get anywhere in the country.

Many technological advancements from aerospace research have significant potential to provide solutions for current environmental challenges as well. In 2005, NASA developed a new type of solar cell that would go on to become widely used as a source of

solar power—outperforming conventional solar cells in durability and power. These new solar cells weren't developed specifically with the intent of being an alternative energy source for everyday use. Rather, they were created to be a lightweight power source for an unmanned craft that would fly at high altitudes for several days. The new technology proved so successful that these types of solar cells are now widely available and at a low cost, a technology to help transition to non-petroleum based fuels.

Another breakthrough tech developed by NASA, microencapsulation, has found use in a beeswax-based product used to clean up oil

spills and other sources of pollution in water. The beeswax forms thousands of tiny 'capsules' with hollow centers, which are then deposited into the polluted area. Water can't get through the beeswax exterior, but since beeswax is actually made of the same basic chemicals as crude oil and petroleum products these pollutants are absorbed into the beeswax spheres. Once the beeswax fully absorbs the polluting oils, it acts as a natural food source for local bacteria and other organisms in the water that then help biodegrade the oils and keep the water clarified. This technology is widely used for cleaning oil spills, groundwater tables and small bodies of water.

Although these are only a handful of examples of current technologies developed from aerospace research, future knowledge garnered from upcoming projects may yield even more revolutionary ideas. It's entirely possible that experimenting with humans living long-term elsewhere, such as the ISS, the moon or even Mars could foster technological advancements that help us improve our quality of life here on Earth. In an era of unprecedented humanitarian crises, our planet needs all the innovation it can get—even if said innovations are born elsewhere in the solar system.

Horoscopes 10.25 to 10.31



Graphic by Logan Swift.

Rebekah Sands
Editor in Chief

Aries (March 21 – April 20)

On Tuesday, there may be tension surrounding your personal definition of worth. Look to align what serves you with your goals to find happiness in success. Mars enters your area of shared resources on Saturday. This asks for you to call into question what is currently motivating the deepest parts of yourself and how that is affecting your relationship with others.

Taurus (April 21 – May 20)

The beginning of this week asks you to romanticize your energy as you walk into a room. How do you want to be perceived? At the end of the week, Mars enters your area of partnership and relationships. Have you

thought about your needs and whether they're being fulfilled in your current relationships?

Gemini (May 21 – June 22)

This Tuesday, you may find it hard to juggle maintaining your relationships while being absorbed by career or work goals. When Mars enters Scorpio, you may become disillusioned with your seemingly impractical goals, but now you understand how to prioritize them.

Cancer (June 23 – July 21)

Conflict between your daily routine and commitment to long-term goals comes into focus for you this week, Cancer. Reassess what drives you creatively as Mars enters Scorpio and apply your motivations to what serves you best.

Leo (July 22 – Aug. 23)

How much do you need from others to sustain your creative drive? Take a look at what inspires you this week. As Mars moves into Scorpio, changes in your home life may begin to shift in order for you to examine issues lying below the surface. Take a little time for yourself outside of your bubble this week to clear your head.

Virgo (Aug. 24 – Sept. 23)

This week you may struggle with relationships at home, immediate family or with the people who ground you. With Mars in Scorpio on Saturday, what's being left unsaid that's driving your heart?

Libra (Sept. 24 – Oct. 23)

On Tuesday, there

may be some difficulty communicating your needs in your work and creative environments when there's a Venus-Neptune square. Do you know how you want to come across? By the end of the week, there will be an activation of energy behind your material goals. Whatever blockage you encounter at the beginning of the week, trust yourself to see it through.

Scorpio (Oct. 24 – Nov. 22)

There will be tension between your personal creativity and resources on Tuesday, Scorpio. Are you caught up in the dream of what you think you can handle? Mars enters your sign at the end of this week to transform your ego and reignite a deeper meaning.

Sagittarius (Nov. 23 – Dec. 21)

Your sense of per-

sonal security might get hit hard as conflict arises between your sense of self and home. What are some things you can take pride in and ground yourself with? Tuesday might be the day for logging off to rest and recoup. It's not all bad when a Scorpio Mars takes over your area of rebirth on Saturday—conflict will come to a close.

Capricorn (Dec. 22 – Jan. 20)

Look for easy ways to tackle group work as you begin the week, Capricorn. Try not to bite off more than you can chew as you get wrapped up in what you think you can take on. As Mars falls into Scorpio, take a look at how you want to propel forward as you weave a web, building upon valued relationships by the end of the week.

Aquarius (Jan. 21 – Feb. 19)

Are you putting too much time and effort into relationships that might not benefit you in the long-term? Break that illusion after you start the week off perhaps a little too strongly. By the end of the week, you may find yourself completely immersed with focusing on your academics or putting plans in place to build up your potential career.

Pisces (Feb. 20 – March 20)

Your activation of power might not start until the end of this week as you may have trouble with your personal sense of self and perceptions from the outside. Take a moment to simply be this week. You'll begin to find your energy in your sector of higher dreams and goals by the end of the week.

Culture

Susan Choi explores living unled lives through literature in Stephen E. King Lecture Series



Photo by David Jakacky.

Aidan Leavitt Contributor

On Oct. 21 at 5:30 p.m., renowned author and lecturer for Yale's creative writing program, Susan Choi, held a talk at the University of Maine's Minsky Recital Hall about her latest novel entitled "Trust Exercise." This novel won The National Book Award for Fiction in 2019.

The event was hosted by the Stephen E. King Chair in Literature, a program headed by UMaine's own Professor of English and published author, Caroline Bicks. The event was the first in-person lecture the Stephen E. King Chair Lecture Series has had since the onset of the pandemic, and a congenial return to in-person events for Choi, who is quite active in the creative writing community.

Choi opened the talk by ruminating about her relationship with the creative writing process.

"I think a lot of writ-

ers agree that our own work is often a mystery to us," Choi said. "It's exciting to encounter something that gives our work a flash of light."

Choi related her own work to a concept explored by literary critic, Andrew Miller, who said creative writing explores the author's unled lives through their characters.

"My own books start in some aspect of my personal experience," Choi said.

From that point on, things are molded to the characters and the story takes on a life of its own, but the roots of the story are in lived experiences. It's a process Choi used to craft the characters in "Trust Exercise."

The story takes place in the suburbs of a hot, southern, American city in the 1980s, a reference to Houston, Choi's childhood home. Its characters are a group of hormonal and aptly dramatic high school theater kids return-

ing to school for their sophomore year. Being a theater kid herself for a time, Choi drew from her experiences to craft a compelling narrative. Choi adds that the work builds off of some of the "intense emotional moments" associated with her time in the program, but that it is definitively different from her own life. It's a "worst case scenario version of the past," Choi added.

Choi read aloud an excerpt from "Trust Exercise," wherein the characters' fiery relationships to one another are explored upon returning to the theater. It's dramatic with little moments of subtly involved awkwardness, instead of employing a tough to bear, "second hand embarrassment" style, level of nuance that hits the reader in the best of ways.

Choi then went on to read from her newest project, a short story called "Flashlight," which is about a 10 year-old girl named Louisa who visits a

child psychologist office and the ensuing tension between her and the psychologist.

"It makes use of certain landscapes of my own childhood really well, but brings this mindscape into the service of a much darker scenario," Choi said.

Choi spoke about the impact Japan has had on her work. Her father, a professor, moved their family there for a brief period of time while he taught at a university.

"It was a weird rupture in my regular American life that really stuck with me," Choi said.

The experience had a profound effect and ultimately helped her shape the many characters she writes about, even Louisa in "Flashlight."

After the conclusion of the readings, the lecture was opened up to discussion and the audience members fired off question after question to Choi, trying to gain some

insight into her own writing process, personal background and unique take on literature.

The King Chair program was established through a gift from the Harold Alfond Foundation.

"It supports the creation of innovative learning opportunities for students, and activities that advance creative writing, literature and the humanities on campus and in the community," Bicks said.

Bicks has tapped literary authorities such as the Boston Globe Spotlight team, a Hollywood script writer and more recently, Stephen King himself to speak, as well as creating writing workshops where students can integrate these speakers' advice into their own works.

"It's about bringing artists to campus who have taken their skills and passions as humanities practitioners into the wider world to change it for the bet-

ter," Bicks said.

In the case of Bicks and Choi, the two met first at the Bread Loaf School of English in Ripton, Vermont at a summer master's program. From there, Bicks acquainted herself with Choi's work.

"From the moment I took this position, I knew I wanted to bring Choi here," Bicks said. "She's made a career of challenging conventional perspectives through her extraordinary body of fiction."

The Stephen E. King Chair Lecture Series will continue throughout the year, bringing in outside authors and other important figures in the literary field. You can find more information at www.umaine.edu/stephenekingchair.

Choi's work, "Trust Exercise," can be found on bookshelves now, and her short story, "Flashlight," can be accessed online. For more information about Choi and her works visit www.susanchoi.com.

National Holidays: Oct. 25 through Oct. 29

Meaghan Bellavance Culture Editor

Monday: World Pasta Day

Today is World Pasta Day! According to nationaltoday.com, people have been enjoying eating pasta since around 5,000 B.C. Enjoy your favorite pasta dish today, whether it be alfredo, marinara or scampi. The ways to eat pasta are endless. Grab some at the dining hall for dinner, or treat yourself with friends or family at Olive Garden. If you're not feeling Italian pasta, order pad thai or lo mein at a local Chinese restaurant. Oct. 25 is also International Artist Day, National Greasy Foods Day and National I

Care About You Day.

Tuesday: National Pumpkin Day

Oct. 26 is National Pumpkin Day, and what better time to celebrate with Halloween right around the corner! As we near the end of October, the clock is ticking to make sure you get all the essential fall activities in. Gather your friends and family and head over to a pumpkin patch to pick out the perfect pumpkin. Carve them with silly or scary faces, or any design of your choice. Bake some pumpkin pie from scratch, and light a pumpkin spice scented candle to make your home smell like the sweet scents of fall. After all, who doesn't love pump-

kins? Oct. 26 is also National Chicken Fried Steak Day, National Mincemeat Day and National Day of the Deployed.

Wednesday: National American Beer Day

Today is National American Beer Day. The city of Orono couldn't be a more perfect location to celebrate this national holiday today! With breweries all around town, as well as many in the Bangor area, there are countless locations to test out new IPA's with friends and family. Head on over to Marsh Island Brewing, Orono Brewing Company and Woodman's Brew Pub all in Orono to try their craft beers. Venture out into

Bangor to try Bangor Beer Co. and Sea Dog Brewing Company. You can cross the river to try Mason's Brewing Company in Brewer! Oct. 27 is also National Mentoring Day, National Black Cat Day and Cranky Co-Workers Day.

Thursday: National Chocolate Day

Oct. 28 is National Chocolate Day! According to nationaltoday.com, the invention of chocolate can be dated back around 2,500 years ago to the Aztecs. The Aztecs believed their god of wisdom bestowed chocolate upon them. Take time today to indulge in delicious chocolate, whether it be milk, dark or white. Snack on your favorite can-

dy bar or bake some brownies. You can even throw a chocolate party with friends! Everyone can bring their favorite chocolate dish and celebrate their sweet teeth together. Oct. 28 is also National Immigrants Day, National First Responders Day and International Animation Day.

Friday: National Cat Day

Calling all feline lovers, because today is National Cat Day! Show your furry friends some extra love and attention today. Post about them on social media, give them a new toy or some treats, enjoy their company and spread the word about how great cats are. If you don't have a cat, visit a friend who

does. This holiday can even be beneficial to your health. According to purrfectpost.com, a cat's purr can release endorphins, lower your stress levels, help you heal from illnesses and even lower your blood pressure. It is also important to remember to support the hundreds of cats that call shelters their homes. Donate to a local shelter or even adopt a new friend. Take today to enjoy some animal therapy and appreciate all the good that cats bring into our lives. Oct. 29 is also National Internet Day, National Oatmeal Day and National Breadstick Day.

The Maine Campus' favorite albums this fall



Photo via wnyc.org.

Meaghan Bellavance
Culture Editor

With fall vibes in full swing at the University of Maine, colder weather is approaching and crunchy leaves are littering the ground. As classes continue in-person, students can be seen walking around campus with their headphones in as they make their way to their classrooms or back to their dorms. There is no doubt this chilly season makes you want to listen to comforting music that feels at-home. Here at The Maine Campus, we have collected our favorite albums we're listening to this fall, both old and new.

"O My Heart" by Mother Mother (2008)

"This album is one of Mother Mother's most iconic albums, even going viral on TikTok last year," Re-

bekah Sands said, The Maine Campus' editor in chief. "From 2008, this album represents the band's indie rock blend creating a dusty early 2000s style, perfect for fall. It's got some twang, perfect for flannel season, and some punky elements, fitting for the onset of a darker season."

"Faces" by Mac Miller (2014)

"My favorite album this fall has to be 'Faces' by Mac Miller because it tackles topics on depression and drug abuse that I think resonate a lot with our generation, while also just being truly beautiful music," David Jackack said, The Maine Campus' head photo editor.

"Smoke + Mirrors" by Imagine Dragons (2015)

"It reminds me of

the fall when I first started driving and going hiking!" Delaney Burns said, The Maine Campus' production manager.

"Dangerous: The Double Album" by Morgan Wallen (2021)

"This album offers chill vibes, relatable lyrics and provides a feeling of summer even with the leaves changing," Bhavana Scalia-Bruce said, The Maine Campus' business manager. "A nice walk listening to Wallen is the best way I keep myself grounded during the semester! Wallen has been producing live sessions of the 'Dangerous' album sporadically throughout the fall which makes it easy to relive each song."

"evermore (deluxe version)" by Taylor Swift (2020)

"I like her recent shift to more of a folk style of storytelling in the album," Olivia Johnson said, The Maine Campus' head copy editor. "It's a genre I hadn't listened to much before but it's made me want to listen to other folk artists."

"I Need to Start a Garden" by Haley Heynderickx (2018)

"I'm a huge fan of the indie-folk scene, and Heynderickx's album exemplifies that sort of meditative energy I associate with this season," Maddy Gerhard said, The Maine Campus' news editor. "Fall, to me, is about long hikes through foliage and enjoying the last of warm weather before the winter hits, and there is no better soundtrack for that than 'I Need to Start a Garden.'"

"Carrie & Lowell" by

Sufjan Stevens (2015)

"He's a beautiful songwriter and lyricist, and I find his melancholy yet spiritual music very comforting," Emma Vannorsdall said, The Maine Campus' opinion editor.

"The Battle at Garden's Gate" by Greta Van Fleet (2021)

"To me, fall is about comfort and feeling cozy and warm at home while also enjoying the peaceful feeling that nature has to offer with colors and crisp air," Meaghan Bellavance said, The Maine Campus' culture editor. "This album embodies the comfortness fall brings and provides melodies that are meditative and healing for the soul, which we could all use after this draining pandemic."

"2014 Forest Hills

Drive" by J. Cole (2014)

"This is probably my favorite rap album of all time," Patrick Silvia said, The Maine Campus' sports editor. "I find myself going back at least once a year and listening to it a few times. I like the combination of storytelling and lyrical work by J. Cole. It feels deeper than most rap albums you hear these days, but it's still modern."

"The Sweet Escape" by Gwen Stefani (2006)

"I've been listening to 'The Sweet Escape' by Gwen Stefani," Logan Swift said, The Maine Campus' marketing director. "It's just such a good throwback album that makes me excited for the new season!"

Judy's House Special



Photo via bangordailynews.com.

Leela Stockley
Editor in Chief

3.5/5 Stars

Situated about five minutes outside of downtown Bangor is a cozy hole-in-the-wall diner that has served up many hot meals for the better part of four decades. Located at 125 State St., Judy's serves up breakfast fare and operates a full bar from the hours of 6 a.m. to 1 p.m.

It's a great place to shake off the dust from the previous day, get thoroughly caffeinated and fill your belly with the kind of breakfast food that won't break the bank. It doesn't

possess all that much square footage, but in return, it never suffers from feeling empty or cavernous.

The interior is wood-paneled, cozy and decorated with various bar signs and hunting pictures. It's a welcome break from some of the more typical breakfast spot decorations that permeate some of the higher-priced dives located closer to the University of Maine's Orono campus. The establishment has a friendly and colorful cast of local characters which frequent it, a mix of hardworking Bangor residents and university students alike.

Sporting a generous menu, Judy's has many different combinations of the typical eggs, bacon, sausage, home fries, steak, flapjacks, hash and toast items available to order. Should you have an appetite, I highly recommend the Judy's House Special. The Special includes two eggs, cooked any which way you'd like, home fries with chopped onions, a choice of sausage links or bacon and a choice of toast: wheat, white or an English muffin. Of course, should that prove to not be enough, corned beef hash can be purchased at a fair price and add-

ed on top of the home fries to complete the meal.

In terms of culinary ability, the kitchen staff have done a wonderful job and undoubtedly know their way around a griddle. The eggs, which are best over easy, are runny and don't have any disagreeable tinge or goo, as can be the case with poorly cooked eggs. They pair well with the accompanying golden brown, butter-slathered toast, or preferably with the crunchy English muffins.

The home fries are pretty standard, and while they don't get as creative on the spices

as they could, they are delicious all the same. They don't suffer from char or chewy starch due to undercooking. Throw on top of the onion-spattered home fries some of the delicious, and surprisingly not too salty, crispy corned beef hash and the meal really starts to come together.

Lastly are the sausage links, or bacon should one choose, and with just a little syrup on top they will hammer the meal home. Pair the whole deal with a cup of coffee, or a mimosa if you're feeling brave, and you're well on your way to a cheery morning.

While it's not the most luxurious of breakfast joints, nor the most exquisite of meals, Judy's is a good option for those who are looking for a cozy place to grab a bite and enjoy the morning in Bangor without shelling out a lot of money. Most of the meals on the menu are priced under \$10, which nowadays is becoming harder and harder to find. You won't get better company and a hotter meal anywhere in Bangor for the price and great hospitality.

Sports

UMaine hockey drops one and draws one in home opener against Sacred Heart



Photos by Percy Ulsamer.

Patrick Silvia
Sports Editor

On Friday night, the University of Maine's men's ice hockey team took the ice with a packed Alfond Arena for the first time since March 6, 2020. 19 months later and a lot has changed. Many familiar faces in the lineup have since graduated or moved on to pro hockey, such as Mitchell Fossier, Eduards Tralmaks, J.D. Greenway and most notably Jeremy Swayman.

Another big change is at the head coaching position. Red Gendron had been UMaine's men's ice hockey coach since 2013, but sadly the hockey world lost a great leader when Gendron unexpectedly passed away last spring. He was honored before the puck drop with the UMaine band playing the Stein Song. It was said that one of Gendron's favorite things was the team singing the Stein Song in the locker room after a win, making it a fitting tribute to the Maine hockey legend.

Ben Barr filled the vacancy. Barr has had a very successful career as an assistant head coach at UMass Amherst, coached in multiple Frozen Fours and most notably won the National Championship last season with UMass Amherst. Now, Barr is looking to bring a winning culture

like the one in Amherst to Orono.

The game on Friday started off fast and physical. The Black Bears were feeding off the crowd and trying to execute big hits early to give them something to cheer for. The Black Bears were back! The atmosphere was electric, and getting the first goal of the game was crucial for them to ride the wave of emotion at the Alfond.

Sadly, it was not meant to be. A routine dump into the zone by Sacred Heart sent UMaine third-year goalie Matthew Thiessen behind the net in an attempt to play the puck, but the puck wrapped around the boards and then suddenly took an unexpected bounce. The puck went off the boards and shot out in front of the net. Sacred Heart fourth-year forward Adam Tisdale was the first to the puck, putting it in the empty net and giving Sacred Heart the early 1-0 lead. A real stroke of bad luck for UMaine, and a gift of a goal for Sacred Heart.

After this critical moment just eight minutes into the game, it felt as though the energy had been sucked out of the building. UMaine's offense seemed to slow down and Sacred Heart settled into the game and started to control play.

The second period was uninspiring from

the Black Bears, and in the third Sacred Heart dropped back and sat on their lead. UMaine was unable to muster a goal and were outshot by Sacred Heart 34-24. Sacred Heart won the game 1-0, the difference being the abnormal goal in the first period.

Not many of the Black Bears had a good night, but third-year goalie Matthew Thiessen was great. He stopped 33 of 34 shots, and the one he let in was hardly his fault. It will be interesting to follow the UMaine goaltending situation, which is anything but clear, but Thiessen's performance on Friday night was promising.

On Saturday night, the Black Bears were far more successful offensively, but still fell short of picking up their first win. The lines were changed a lot from the night before, as every line combination on the offense side was switched in hopes of finding more goals, and it worked.

Returns on these changes were not immediate though, and Sacred Heart for the second night in a row struck first. Maine gave up a 2-on-1 opportunity to Sacred Heart and fourth-year forward Austin Magera fired the puck past Thiessen to give Sacred Heart a 1-0 lead around the midpoint of the first period.

UMaine responded better than the previous night when going down a goal and they were the team that controlled play through the first period. In the second period, we finally saw a Black Bear goal at the Alfond. The scorer is a new face to the lineup, third-year forward and Quinnipiac transfer Matthew Fawcett, who had not yet suited up for UMaine this season.

Fourth-year defenseman Jakob Sirota made a great effort to keep the puck in the Sacred Heart zone. He followed it up by dropping a well placed pass onto the stick of Fawcett in the slot, where Fawcett sniped the puck into the Sacred Heart net for the first goal. A great start for Fawcett in his first game for UMaine.

"I just wanted to come in, give the team some energy, some life, get in on the forecheck and just do what I can to help win," Fawcett said after the game.

The tie was short lived and Sacred Heart regained the lead just seven minutes later. Thiessen made an initial save on a shot from point blank, but fifth-year forward Dakota Raabe was by himself at the back post and Raabe scored off the rebound to give the Pioneers a 2-1 lead.

It seemed like the night was going to end badly for the Black

Bears when Sacred Heart extended their lead to 3-1. A turnover inside their own zone by UMaine led to Sacred Heart fourth-year forward Nick Boyagian skating into the slot and firing one past Thiessen. With just over 11 minutes left in the game, it seemed as though Maine was heading toward another loss.

Third-year defenseman Adrien Bisson, less than two minutes later, cut the lead back down to one and gave UMaine a fighting chance with the play of the night. Bisson started a rush from behind his own net, gained entry into the Sacred Heart zone down the left wing and ripped a wrist shot past Sacred Heart third-year goalie Justin Robbins. This goal restored hope that was quickly fading from the Alfond crowd.

Momentum was on UMaine's side. With time dwindling down and the score 3-2 in favor of Sacred Heart, another new transfer introduced themselves to the Black Bear faithful. Fourth-year forward Adam Dawe made a nice move to get past a defender, which set himself up for a shot on net. Robbins saved the shot, but fifth-year transfer Kennan Suthers was backdoor to put in the rebound and ignite the Alfond Arena.

"Yeah, it felt great, it's been awhile since

I was able to score, and kind of forgot what the feeling felt like, so it was nice to get it back," Suthers said after the game. "It was a big goal, I just wish we could've closed it out."

After Suthers' goal, the game was tied 3-3 with less than four minutes to go in the third period. UMaine pressed and pushed plays, looking for another goal, but the final four minutes of the third and the five minute overtime period were not enough to determine a winner. The game ended in a 3-3 draw.

Coach Barr was happier with his team's effort on Saturday, but he knows they have more to give. "I told the guys you gave yourselves a tie tonight playing probably as hard as we've played all year, the only way that we're going to get better is to play even harder," Barr said. "This is a special place, special fans, the students are unbelievable. I think they respect hard work too, so I think they probably respected the effort the guys gave tonight. That's what we're really keying in on this year."

UMaine will open up Hockey East play next weekend on the road at Northeastern, then they will come back home to face UConn in Orono at the Alfond Arena on Nov. 5 and 6.

This week in sports history: The 2004 Boston Red Sox break the curse



Graphic by David Jakacky.

Dalton Bartlett Contributor

The 2004 Boston Red Sox are synonymous with a part of history that they forever will be known for breaking: "The Curse of the Bambino."

The curse started on Dec. 26, 1919, when the Boston Red Sox sold Babe Ruth to the New York Yankees for \$100,000. Not only did this begin a 86-year championship drought for the Red Sox, it was also the starting point for the Yankees juggernaut.

The first true curse moment came in 1948, when the Red Sox tied for the most regular season wins in the American League, but lost to the Cleveland Indians in baseball's first ever one-game playoff series.

The Red Sox in

1949 were only one game away from winning the pennant, but they had to beat the Yankees at least once. They lost both games they played and the Yankees went on to win five consecutive World Series in a row from 1949 to 1953.

The Red Sox faced the Cardinals in the World Series during the 1967 season. The two also faced off in the 1946 World Series. Just like in 1946 the series went to seven games with the Cardinals beating the Red Sox, this time 7-2, after Red Sox ace Jim Lonborg did not play well on short rest.

In the 1972 strike shortened season, the Red Sox fell just short of the playoffs again, this time one and a half games behind the Detroit Tigers. In the second to last game of the

season, they fell to the Tigers after Luis Aparicio slipped rounding third for a potential run.

After advancing to the World Series again in 1975 and winning game six of the World Series on a Carlton Fisk home run, the Red Sox collapsed in game seven yet again after blowing a 3-0 lead.

The very next year, the Red Sox held a 14 game advantage over the Yankees. But the Yankees went on a roll and eventually tied the Red Sox after winning four straight games at Fenway Park, which is known to Red Sox fans as the "Boston Massacre."

Even though the Yankees were leading the division afterward, the Red Sox won 12 out of 14 games and forced a one game playoff against the

Yankees. The Yankees ended up beating Boston thanks to Bucky Dent's three run homerun that led to a 5-4 New York victory. The Yankees went on to beat the Los Angeles Dodgers in the World Series.

Then we come to the most famous cursed moment in Red Sox history: game five of the 1986 World Series where Bill Buckner let the ball go through his legs. That mistake led to the New York Mets winning game 5, and started their comeback to win the last three games of the series to capture the World Series from the Red Sox.

The Red Sox reached the ALCS in the years 1988, 1990, 1995 and 1998 but they were swept by the Cleveland Indians, New York Yankees and

the Oakland Athletics twice. In 1999, they faced the Yankees in the playoffs once again and this time lost in five games.

In 2003, they faced the Yankees in ALCS yet again. The Red Sox held a 5-2 lead in game seven and manager Grady Little chose to keep ace starter Pedro Martinez in for the eighth inning. The Yankees proceeded to score three runs on Martinez which sent the game to extra innings. In extras, Aaron Boone hit a solo homerun in the eleventh off of closer Tim Wakefield to win the pennant for the Yankees.

In 2004, the Red Sox were losing to the Yankees in the ALCS once again down 3-0. But, unlike previous years, the Red Sox were able stay alive in

game 4 thanks to Dave Martinez stealing third in game six, which was followed by Bill Mueller hitting a two run homerun. David Ortiz hit a two run homerun in the twelfth to win the game. The Red Sox won the last three games of the series to complete the biggest comeback in baseball playoff history.

On Oct. 27, 2004 the 86 year-old curse was finally broken when the Red Sox completed a sweep of the Cardinals in four games in the 2004 World Series. This was the start of a great run for the Red Sox. Only three years later, they won the World Series again, beating the Colorado Rockies in four games to reassure Red Sox fans that the curse was truly over.

Red Sox fall valiantly to Astros after postseason run

Michael Corrado Contributor

Following an off-season of adjusting, the Boston Red Sox managed to bully their way into the ALCS and gave the Houston Astros a real run for their money. Limping through the months of August and most of September, the Sox secured their spot in the American League Wildcard against the New York Yankees on the final day with a win against the Washington Nationals.

The Red Sox and Yankees were tied at 90-72 records, but with the Red Sox having hold of the tiebreaker, the Wildcard game was set to take place at Fenway Park. Thanks in part to homers from Kyle Schwar-

ber and a two-run shot from Xander Bogaerts, Alex Cora's men took down Gerritt Cole and the Yankees 6-2. The game reignited the Red Sox fanbase, and the city of Boston had gone Sox crazy again, reminiscent of 2004. The victory set up an ALDS series with the defending American League Champions, the Tampa Bay Rays.

The Rays had won the American League East with the influence of manager Kevin Cash and a play of talents, such as Wander Franco and Randy Arozarena, but faced an uphill battle against their division rival.

Opening the series served as a wake-up call for Cora's group, as they fell 5-0 at Tropicana Field in game one thanks to a home

run by Nelson Cruz. The Sox responded the only way they had known how all year, with their bats. While they were down 5-2 at the end of the first inning, the team rallied and scored 12 runs over the next eight innings before evening up the series at 1-1 with momentum on their side. The next two games would see the Sox putting up six runs each time, defeating the Rays 6-4 and 6-5 in consecutive home games, putting the Green Monster to work and wreaking havoc on Tampa's outfielders as the perfect response.

The victories reinvigorated an already raucous fanbase, as they were slated to play the Houston Astros. Travelling to Houston, the Red Sox's hot bats

were ready to cause trouble, with the bat of Kiké Hernandez swinging the hottest by far. Hernandez batted to a .450 clip in the series against the Rays to go along with 9 hits, 2 home runs and 6 RBIs when all was said and done.

Game one was a test from start to finish for the Red Sox, with the Astros inching out a one-run victory in an intense matchup of two foes. Carlos Correa made sure his presence was felt, tapping his wrist following his game-tying home run in the seventh inning in a manner so as to suggest, "It's time," sparking retaliation further down the line. The very next game, the Red Sox responded with their bats before they did their words. A 9-5

victory behind the bats of Devers, Hernandez and J.D. Martinez helped tie the series back up at one heading into game three.

The Red Sox bats woke up early and often this time around as well, with four different batters sending shots to the moon, including an overly emphatic grand slam off of the bat of first baseman Kyle Schwarber in the second inning, setting up the Sox to take a 2-1 series lead. In response to Correa's tap, Red Sox hurler Eduardo Rodriguez mimicked the action heading off the mound before manager Alex Cora reprimanded the starter. Whether it's superstition or not, the action led to a downward spiral within the series. The Red Sox

would go on to fall to the Astros in each of the team's next three games, culminating in a 5-0 loss in Game 6 on Friday night to seal the deal.

While the loss marks the end of the year for the Red Sox, the success achieved this season after practically gutting the franchise a little over a year ago is nothing short of impressive. This team's camaraderie and overall willingness to win helps put this group in a contending position at any point over the next decade. The Astros will now go on to play the Atlanta Braves in the World Series.

NFL MVP front runners

Dalton Bartlett Contributor

Most NFL MVP races have pretty clear favorites, but this season the MVP race is wide open with plenty of players who have a good chance of winning it.

Kyler Murray has led the Arizona Cardinals to an undefeated record so far. He has thrown 144 completions on 195 attempts for 1,741 passing yards, 14 touchdowns and only two interceptions. He has also added 544 rushing yards on 94 attempts for three touchdowns.

Matthew Stafford has seemingly had a career revival after be-

ing traded from Detroit this offseason. In his first season with the Los Angeles Rams, he has led the Rams to a 5-1 record while throwing 139 completions on 200 passes for 1,838 passing yards, 16 touchdowns and four interceptions.

Coming off of a compound fracture and dislocation to his right ankle, nobody knew what to expect from Dak Prescott coming into this season but he has not been slowed down by his injury at all. So far this season, he has thrown for 1,813 passing yards, 16 touchdowns and four interceptions while leading Dallas to a 6-1 record, with their

only loss coming to the defending Superbowl Champion Tampa Bay Buccaneers.

It seems the legend of Derrick Henry grows every year. This season, he has carried the ball 162 times for 783 passing yards and 10 touchdowns, while also contributing 16 catches and 138 receiving yards. As it stands right now, he's on pace to break Eric Dickerson's rushing yard record of 2,105 yards in a single season. He has led the Titans to a 4-2 record.

No matter how old Tom Brady is, he always seems to get better with age, and at age 44 he has still shown no sign of slow-

ing down. So far this season, he has completed 183 passes on 267 attempts for 2,067 passing yards, 17 touchdowns and three interceptions. He has led the Buccaneers to a current 5-1 record.

Every MVP race has a dark horse, and this year the dark horse that could possibly win is Justin Herbert, the quarterback of the Los Angeles Chargers. This year he has completed 161 completions on 246 attempts for 1,771 passing yards for 14 touchdowns and 4 interceptions. He has led the Chargers to a 4-2 record and has continued his very successful young career.

Looking back at

other MVPs, the players who usually win the MVP are ones in the top teams, with the exception of Adrian Peterson back in 2012. Outside of that, almost everyone else is in the top three of their conference.

If Derrick Henry is able to keep up this pace, he might be a lock for the MVP. However, if he falters at all, since the Titans don't project as a top NFL team, the chances of him winning MVP are slimmer than the rest.

If Kyler Murray keeps up this pace there is a good chance he could win MVP, but considering that he fell off last year after a fantastic start, we'll

have to see if he can continue with this production.

The same can be said for Matthew Stafford and Dak Prescott as well, with the injury concerns that they've both had in the last couple years and Prescott's head coach possibly holding the team back from reaching their full potential.

Brady could win his fourth MVP title and cement his legacy even more as one of the best ever. Hopefully he can stay healthy, which is not easy at an older age, as we saw with Brett Favre in 2010.

Why the Revolution are the hottest team in New England

Michael Corrado Contributor

In Foxboro, the New England Revolution soccer team has jumped at the opportunity to take over the throne as kings of Gillette, earning their best record in club history. Their 69 points place them atop the league standings, 11 points ahead of the next closest team, the Seattle Sounders. After securing the first place spot in the Eastern Conference over a week ago, they have now clinched the supporters shield with Seattle's on Saturday.

For fans of the club, the failures of the organization since its creation in 1996 is common knowledge, but for outsiders, not much is known about the team's playoff struggles. The Revolution have managed to reach the Major League Soccer Cup Final five times in their storied history, but they are 0-5 in the final.

Outside of solely being a Revolution-based accomplishment, if the team manages to win this Sunday's match against Orlando City SC, they will tie the 2019 LAFC re-

cord for most points in a season and give themselves an opportunity to surpass the point total in the game against the Colorado Rapids this Wednesday. Considering how the preceding seasons had gone for the club, after firing manager Brad Friedel and general manager Mike Burns, the turnaround from dead last in the Eastern Conference to the top of the league in a span of three years is mind-blowing.

The team has played to a record of 21-4-6 this year, with MVP frontrunner and captain Carles Gil

leading the way with 13 assists and 4 goals, while Golden Boot contender Gustavo Bou and Polish striker Adam Buksa have led the team in scoring. On the wing, Tajon Buchanan has been a game-changer, proving his \$7 million price tag as he approaches an offseason move to Belgium team Club Brugge. Back between the sticks, U.S. Men's National Team starting goalkeeper Matt Turner continues to evolve and improve after earning the starting job in New England three years ago and has refused to look back,

leading the league across various statistical categories as he nears what could be an MLS Goalkeeper of the Year award.

The Revolution also boasts some tenured players like Teal Bunbury, Scott Caldwell and Andrew Farrell, who all currently sit atop the list when it comes to longevity, with Caldwell and Farrell breaking into the roster in 2013 and Bunbury joining the group in 2014 following a stint with Sporting Kansas City. All three players were instrumental in the team's run to the cup

final in 2014 and are hungrier than ever to finally capitalize this time around.

Head coach Bruce Arena could be considered the Bill Belichick of MLS for his demeanor and on-field product. The team will look to outperform their Gillette Stadium roommates and finally separate themselves from being one of the outsiders in the Boston sports spectrum.



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