On Sept. 27, representatives from the University of Maine Student Accessibility Services (SAS), Counseling and Career Center and the College of Liberal Arts and Sciences Advising & Academic Services held a panel discussion on different services offered on campus to support students.

To begin the session, Brent Elwood, the associate director of the Counseling Center, discussed how the center is here to support students. Moreover, the goal is to help people in distress by giving them the tools needed to deal with the issues they’re going through so they can succeed in school and everyday life. While some students get what they need in four to five sessions, students can make as many sessions as they want.

“We don’t put a limit on sessions because people’s lives don’t work that way,” says Elwood.

Sara Henry, the director of Student Accessibility Services at UMaine, continued into the next portion of the discussion. SAS is the office that works with students who have disabilities, chronic health conditions or for any other student who needs accommodations. Approximately 15% of people use accommodations on campus.

“We see everybody. An accommodation is an adjustment made to a course, work environment, activity or setting that enables an individual who is not able to access that environment, access that environment,” said Henry.

Henry stresses that the goal is not to change the curriculum rigor, but to make adjustments in how the student interacts with the course material. These adjustments can include screen readers for those with reading disabilities or vision impairments and extra time or separate testing locations for students with ADHD.

Henry and Elwood came together to reiterate how important it is to look for signs that may indicate that a student needs help. If you notice a student attending class, interacting, looking fine and doing okay, and then over the course of the semester they stop coming to class, turning in work and assignments and engaging in ways that don’t fit what they used to do, these are all visible signs that they are not communicating if anything doesn’t go right, that’s enough to call and let counseling services know.

“How do we get around someone and help someone when they are in distress? Some people hold it together and stay in some contexts, and not in others,” says Elwood. “We want to look at them and see how we can best support them. At our core, we are there as a care team.” It is helpful to normalize counseling because everyone goes through different hardships and may need someone to talk to.

Gårder grounds his argument that there are improvements to be made on campus. If we don’t introduce these improvements, the average number of crashes would increase by more than 50%.

Gårder claims the first type of transport safety is nominal safety. This means that basic safety is nominal. It is important. Actual safety is the most important; subjective safety by being driven or passengers in cars or airplanes, etc. But subjective safety is of some interest. We want people to feel safe, but not too safe. By being a bit worried, we become more careful,” explained Gårder.

The second type of transportation safety is psychological. This means that basic guidelines are met to ensure safety. These guidelines must be followed to avoid any lawsuits against the engineers.

The third type is the social safety. This is when engineers use physics or hypothetical ideas to improve transportation safety. Gårder shared that this type is often overlooked. “There is often not much relationship between what theoreticians should think it should be and what actually happens if such changes are made.”

Gårder claimed the last type of transportation safety is nominal safety. This means that basic guidelines are met to ensure safety. These guidelines must be followed to avoid any lawsuits against the engineers.

We should not believe that things got 50% more safe if we got from four crashes in one year to two the following year. There is obviously random variation around ‘expected’ numbers which is the average number of crashes that would have occurred, in for example, 2021 if we could repeat 2021 many times over without changing back-ground factors,” said Gårder.

Gårder felt that the U.S. has extremely safe air travel and good train safety, but motorized safety is hard to measure because everyone interacts in ways that don’t fit what we use to do. These are all visible signs that they aren’t communicating if anything doesn’t go right, that’s enough to call and let counseling services know.

“Some people hold it together and stay in some contexts, and not in others,” says Elwood. “We want to look at them and see how we can best support them. At our core, we are there as a care team.” It is helpful to normalize counseling because everyone goes through different hardships and may need someone to talk to.

We can improve transportation safety by making sidewalks more accessible for people in distress by giving them the tools needed to deal with the issues they’re going through so they can succeed in school and everyday life. While some students get what they need in four to five sessions, students can make as many sessions as they want. We can improve transportation safety by making sidewalks more accessible for people in distress by giving them the tools needed to deal with the issues they’re going through so they can succeed in school and everyday life. While some students get what they need in four to five sessions, students can make as many sessions as they want. We can improve transportation safety by making sidewalks more accessible for people in distress by giving them the tools needed to deal with the issues they’re going through so they can succeed in school and everyday life. While some students get what they need in four to five sessions, students can make as many sessions as they want. We can improve transportation safety by making sidewalks more accessible for people in distress by giving them the tools needed to deal with the issues they’re going through so they can succeed in school and everyday life. While some students get what they need in four to five sessions, students can make as many sessions as they want.
The University of Maine and the city of Bangor have joined forces to create a regional climate change action plan. Earlier this summer, UMaine signed a Memorandum of Understanding (MOU) with Bangor to target negative impacts on the local climate. The memorandum aims to create a climate action plan that targets greenhouse gas emissions in the area. The hope is that the regional climate action plan will help to reduce greenhouse gas emissions by 45% by 2030.

Furthermore, they hope to achieve carbon neutrality by 2045, and to reduce greenhouse gas emissions by 80% by 2050.

The planning process has not yet begun, although it will involve drafting emissions inventory reports as well as climate vulnerability assessments. These reports account for the amount of pollutants released into the atmosphere in a given time period and help to assess what changes need to be made to reduce climate change.

UMaine’s Climate Change Institute has already announced plans for renovation of the facility, it would be awesome to work there. Though, there are things being shut down, the nature that surrounds them opportunities to explore the outdoors, to socialize with friends, to get back to the community through volunteer positions.

“The COVID-19 pandemic has heavily restricted people’s ability to see and connect with other people. However, exploring the outdoors is still an opportunity that many have been able to take advantage of. One of the most attractive aspects of Maine is the vast beauty of its landscape. The town of Orono is now looking to create a central hub for people to gather and appreciate the beauty this town has to offer. Plans have begun for the town to construct a volunteer-based outdoor recreation center which will host activities that encourage people to appreciate and explore the nature in the town. The town has purchased 7 acres of land for the project, enough for a central hub and parking lot. The Orono Economic Development Corporation founded this project.

The Orono Economic Development Corporation is located on Taylor Road in Orono, sitting temporarily put a hold on third-year elementary education student Madeline Hanlon said about the new facility. “Especially with everything being shut down with COVID-19, myself and all others are always looking for more recreational activities especially ones that get you active.”

Fundraising events have been set to make a huge impact to better expand the area, making it a more attractive stop for bikers, hikers, and bird watchers. The center will be extremely beneficial for students as well giving them opportunities to explore the outdoors, to socialize with friends, to get back to the community through volunteer positions. It’s really involved in the community with volunteer work and if I weren’t going to participate in using the property in order to get it ready for renovation, the Orono Land Trust also purchased nearby parcels in order to better expand the area, making it a more attractive stop for bikers, hikers, and bird watchers. The center will be extremely beneficial for students as well giving them opportunities to explore the outdoors, to socialize with friends, to get back to the community through volunteer positions. It’s really involved in the community with volunteer work and if I wasn’t going to participate in using the property in order to get it ready for renovation, the Orono Land Trust also purchased nearby parcels in order to better expand the area, making it a more attractive stop for bikers, hikers, and bird watchers.

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On Tuesday, Sept. 29, The General Student Senate held their weekly public meeting on Zoom. This was one of their last meetings before the COVID-19 shutdown. "I'm so glad to be joining you from quarantine, if you didn't know I'm the person who had COVID," said Frank Kelly, the GSS vice president of financial affairs.

Kelly disclosed that he is currently asymptomatic and is currently quarantining at his home.

This is following the senate's very recent return to in-person meetings after being remote all last year due to COVID-19.

“We are due to come back next week, the situation was handled pretty well so good job to everybody for doing your duty and getting tested and doing whatever you may have to,” said GSS President Zachary Wykes.

GSS committees were also expected to meet remotely before this week, but all are set to return to in-person meetings on Monday.

Tuesday

What’s happening this week at UMaine & Beyond

Tuesday, September 29, 2020

The University of Maine Center for Student Involvement is hosting a mixer and chicken noodle soup dinner at 6 p.m. in the North Pod.

The event is free, but this weekend you will be encouraged to give in any way that you’re able to, so that’s just a line in there for our purposes, but this weekend you will be able to get your funding,” said Kelly.

After the senator had returned from the session to which he was appointed, he said, "As of now, our guys are in good standing in ways that are fulfilling and meaningful to the student body," said Kelly.

Senators Kyle Ricket, Pen Allen, Michael Delgado and Connor Bray were all nominated for the position. Finalizations of the nominations will occur in a future meeting.

The senate plans to have all committees return to in-person activities starting tomorrow.

Kick off fall break with a round of MIN- GO hosted by the UMaine Center for Student Involvement. There will be big prizes and plenty of fun to be had starting at 9 p.m. in the North Pod of the Memorial Union.

The bicyle will cross traffic in front of the car and was hit. They suffered minor road rash injuries.

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Opinion

COVID’s still here. Why isn’t our strategy?  

Imre Vannondorf  
Opinion Editor

In March of 2020, students were unprepared to leave campus. A month later, we were informed we were under a “Covid information for parents.” The university announced its mandate for the entire student population, and the school sent home and have students receive an asymptomatic test. 

Lauren Andrews  
Contributor

Parents and teachers need to step toward protect students. While requiring the mask mandate for the entire student body, the university has implied. Furthermore, there’s little clarity on how students will be exposed to help us are no longer in place. The future of our university made great strides in helping return to in-person learning while prioritizing our health and safety. We had mask mandates, weekly testing, quarantine dorms, contact tracing and travel restrictions. Academically, we had hybrid zoom classes, reading days, options to take classes virtually if needed and more flexible attendance policies. These practices effectively controlled our COVID-19 cases and protected our students last year. But the pandemic is not over. Covid-19 is still here, but our COVID-19 strategy is not.

The rules are vague, much later in their life or too incompetent or just ble or too incompetent. The rules are vague, much later in their life or too incompetent. The rules are vague, much later in their life or too incompetent. The rules are vague, much later in their life or too incompetent.
Horoscopes

Gemini (May 21 – June 20)

How many places do you have an affinity for, in Gemini? On Wednesday, the Libra moon settles in your creative third house, so it’s time to work on finding your unique visionaries on paper. Venus enters your house of relationships the next day and asks you to find your boundaries and pick your battles. Channel this energy as Venus enters your fifth, your creative house. If you’re working on some writing, work on it. If you’re shopping, buy some pumpkin muffins.

Virgo (Aug. 24 – Sept. 23)

What’s the weather forecast for your house? Well, Scorpio is going out with a bang. With the new moon in Libra bunching up, you might be the time to give your outward image a little tune-up. Venus enters your fifth, the place in your area of career and public image. Prepare to stir the pot and commit.

Libra (Sept. 24 – Oct. 23)

It’s okay to be visibly unstable — the energy you’re feeling right now is the planet of reinvention in your house of death and justice, get ready to make it yours. The Libra moon this week will hit your area of home and foundations. Are you sure you’ve got a handle on what’s keeping you grounded? As Pluto stations direct in your house of sharing and symbiosis, you may be the time to begin working on what will help you grow.

Scorpio (Oct. 24 – Nov. 22)

What is ending for you this week? Perhaps it’s a relationship, or money, or a creative house. Do you want anything to transform? The Scorpio moon is going out with a bang. With the new moon in Libra as a symbol of the ultimate get of balance and justice, get ready to make it yours.

Capricorn (Dec. 22 – Jan. 19)

Is your heart too close to the fire? No need to burn it down (we’re only in early Capricorn here), but there’s a new moon in Libra this week that might be the time to get a little extra fire under it. This week, the new moon in Libra will hit your career and public image sector, so now is the time to work on finding a balance between your so and academic lives this week. Venus falls into your social sector on Thursday, so even if you’re feeling a little tempest, set some boundaries on how much time you’re spending with friends and the people on your radar, even if they aren’t your identity keeper.

February 19–March 20

Don’t be too hard on yourself this week. This week, the new moon in Libra takes place in your area of all things taboo. Working with Venus entering your house of career and public image, stay true to your word. Venus is the planet of outward image, so hold off on making a finsta or posting your hot take on Twitter this week. As Pluto stations direct in your house of personal identity, this might be a good time to take a step back and really think about your outward image.

Aquarius (Jan. 21 – Feb. 19)

It’s time to stop and take a breath. On Wednesday, the Libra moon wanders into your house of learning and takes a little time to work on finding a balance between your social and academic lives this week. Venus falls into your social sector on Thursday, so even if you’re feeling a little tempest, set some boundaries on how much time you’re spending with friends and the people on your radar, even if they aren’t your identity keeper.

Aries (March 21 – April 19)

The so-called “brothel rumor” could explain this discomfort. The rumor says that only a certain number of women can live in a house before it’s labelled a brothel, according to The Daily Pennsylvanian. Skidgel sent out a questionnaire to all members of Greek life, as well as posted it on the Facebook page of the Ma–e. There were 215 total responses, with 136 responses attributed to be Greek students. When these Greek life participants were asked if they had heard of the “brothel” law, 86.7% of them said that they had. For those women in Greek life, 94.1% said that they were interested in learning more about the house of death.

Skidgel emphasized that her main point in beginning this process is to ensure that so– rity women had the freedom to self-care and re– liable image, so hold off on making a finsta or posting your hot take on Twitter this week. As Pluto stations direct in your house of personal identity, this might be a good time to take a step back and really think about your outward image.

Aries (March 21 – April 19)

This might be a little too early in the game to say that they are interested in making housing for sororities. This will take some time. There’s a new moon in Libra this week that might be the time to get a little extra fire under it. This week, the new moon in Libra will hit your career and public image sector, so now is the time to work on finding a balance between your so and academic lives this week. Venus falls into your social sector on Thursday, so even if you’re feeling a little tempest, set some boundaries on how much time you’re spending with friends and the people on your radar, even if they aren’t your identity keeper.

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National Holidays: Oct. 4 through Oct. 8

Monday: National Cinnamon Roll Day
Kick off the cooler days of fall by tiling your bath with a cinnamon roll. Cinnamon is a sweet and warm spice that is enjoyed by many cultures around the world, and it has a long history. It was first used in ancient China. Enjoyed by humans around 2000 B.C., cinnamon has been used in cooking and medicine for centuries. Today is National Cinnamon Roll Day, so go ahead and enjoy some warm cinnamon rolls with a cup of coffee.

Tuesday: National Do Something Nice Day
Today is National Do Something Nice Day. Pay it forward by doing something kind for someone else. This could be as simple as holding the door open for someone, offering your seat to an elderly person on the bus, or even smiling at a stranger. The idea is to spread kindness and positivity throughout your community.

Wednesday: National Noodle Day
Use your love of pasta to make something special for dinner tonight. Whether it's a simple spaghetti and meatballs or a more elaborate dish like lasagna, take some time to appreciate this beloved comfort food. National Noodle Day is the perfect opportunity to get creative in the kitchen and experiment with new flavors and recipes.

Thursday: National Flapjack Day
Today is National Flapjack Day. Flapjacks, also known as pancakes, are a popular breakfast food. Whether you prefer them with syrup, butter, or jam, make sure to enjoy this classic treat today.

Friday: National Frappe Day
Today is National Frappe Day. Frappes are a delicious and refreshing drink made with ice, milk, and a variety of flavors. Whether you prefer a classic chocolate or a more creative flavor like banana or strawberry, now is the time to indulge in a refreshing frappe.

Saturday: National Taco Day and National Golf Lovers Day
On October 4th, celebrate National Taco Day and National Golf Lovers Day! Enjoy your favorite tacos and perhaps even play a round of golf to mark the occasion. These two holidays make for a perfect combination of food and fun.

Sunday: National Pumpkin Roll Day
Today is National Pumpkin Roll Day. Pumpkin rolls are a popular dessert that is enjoyed by many. Whether you prefer them with cream cheese frosting or cinnamon sugar and cream cheese frosting, there are many ways to enjoy this delicious treat.

Culture

Campus Spotlight: Anthropology Club

The Anthropology Club is a great opportunity for students to explore the field of anthropology. With some help from Dr. Marcella Sorg, the club's advisor, Dr. Sandweiss and Allisyn Tidd, the club has grown from five members to about 20-30 members this semester.

The club is for everyone, according to Tidd. “The club is for everyone interested in anthropology, the field of study which is the study of human culture. To join, every semester the Anthropology Club puts on a meeting for new members to come in and find out about what the club does and what it’s about,” said Tidd.

Tidd said the club usually has an increase in club members this semester. “This semester has been the case with UMaine’s Anthropology Club,” said Tidd.

Crochet and knitting classes are run during a bit of a lull in membership and have been seeking out department members and potential guest speakers ever since.

“We found a huge turnout with the club’s advisor, Dr. Dan Sandweiss, and started sending out department emails so all could hear about it,” said Tidd.

Sandweiss is a pro-fessor of anthropology and quiality cuisine studies at UM and a well-respected name in the field of archeology.

With some help from Sandweiss and others, the club has grown from five members to about 20-30 active members since last semester.

Everyone is welcome to join the Anthropology Club. The meetings feature a diverse range of people and topics.

“Over the past year, it’s been a lot of Connex Auditorium and there’s never lack of people don’t see other anthropology majors until their last few years,” said Tidd.

“Most people only get exposed to anthropology through ANTH 105, and most people in college don’t start out as anthropology majors because it’s not included in high school curriculum. We wanted to make sure everyone knew about it,” said Tidd.

The club is about communicating and promoting discussion on the many facets of anthropology. It’s about exploring the field, but it’s also about having fun while facilitating connections between anthropology majors.

“We want other anthropology majors to meet each other and connect because most people don’t see other anthropology majors until their last few years,” said Tidd.

“The club is a great place to meet people interested in the same things.”

This past week’s meeting featured a presentation from LMU Marine Research Associate Jamie Wren. When, who works with prolific forensic anthropologist Dr. Marcelina Song at the Margaret Chase Smith Policy Center, presented his dissertation research entitled, “Effects of Alcohol on the Human Cranium.” His research done into the alcohol-related biologic processes that encourage deposited production, which in turn breaks down bone. His work was inspired by a series of forensic cases he and Song worked together on.

When also spoke about the length of data collection and filtering processes, a topic of particular interest to the club’s current members. He discussed use of their degree to do forensic work. When’s research, his new research aims to give medical practitioners a better idea of the effects of alcohol consumption on the human skeletal system and how it might influence treatment.

Many more guest lecturers are slated for the following few months, including local archaeologist like Dr. Sandweiss and Dr. Bonnie Newsom of the anthropology department at UMaine, who will present on Oct. 20 and Oct. 27.

“We’ve got a lot of great speakers lined up for the next couple weeks,” said Tidd.

“We’re looking forward to making the club useful on campus, including exploring opportunities for virtual presentations.”

Whether you’re an anthropology student or not, the club is open to all who have an interest in the study of past and present human culture. To join, contact Tidd at allisyn.tidd@maine.edu.

Meetings are held every Wednesday night at 7 p.m. in 232 South Stevens Hall.

¡Día de la Tostada y el Panqueque! Mexico City. Enjoyed by around 2000 B.C., the alcohol-related biological processes that encourage deposited production, which in turn breaks down bone. His work was inspired by a series of forensic cases he and Song worked together on.

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All holidays were found on nationalholidays.com. Be sure to keep up with data on our regularly featured holidays featured both on our Instagram @ themainecampus and website.
LCD Soundsystem’s ‘This is Happening’ was ahead of its time

By Aidan Leavitt

The opening track for LCD Soundsystem’s new album, ‘This is Happening,’ is a clever hip-hop beat, followed by the more electronic ‘You Wanted a Hit.’ The combination of these tracks sets the tone for the rest of the album.

Murphy himself has stated the group has drawn a lot of inspiration from boundary-pushing acts like The Talking Heads and Daft Punk, and while this album is definitively unique, it doesn’t feel as bold as 2007’s ‘Sound of Silver.’ Murphy and the band have tightened up their musical style and particularly their production on this piece, which is ultimately the winner here. It’s adventurous without risking too much, and the band is completely dialed in, which gives the whole album a well-polished feel. It’s absolutely worth the hour and five minutes runtime.

LCD Soundsystem as a whole has managed to do something that has been on the cusp of a mainstream breakthrough for a band that has been on the cutting edge of innovation and experimentation since its inception back in 2002.

‘This is Happening’ opens with the clave-building anthem ‘Dance Yrself Clean.’ An oddly poptastic track about a strained relationship set amongst scenes of revelry, it’s an odd juxtaposition, but one that works to great effect. Though its lyrics are dramatic and angsty, Murphy’s vocals seem held back, denying the listener the full power of the song’s emotional undertone. This in turn allows the synth and drums to take over and imbibe the song with the electronic backbone that makes it hard not to tap to.

The album’s next track, ‘16 track,’ is a song that should definitely be played at parties and get-togethers. Whether the connoisseurs of hedonism, partygoers or simply a thirsty observation of drinking culture is difficult to discern. Regardless, it has decent vocals, pretty straightforward guitar, drum work and some comical writing. Murphy’s clearer one-liners are scattered throughout the playful track and never cause to elicit a smirk. It’s a tad repetitious, but it’s all in good fun.

‘One Touch’ is next and like its predecessors, powerful synth and drums build into a mesmerizing groove. Murphy co-wrote the synth and drums to ‘Wanting You’ sonically resembing a Joy Division and synth-drug/synthesizer pairing, and the head-synth/DJ Gavin Russom, which makes sense as it relies heavily on their respective instruments.

‘This is Happening’ and ‘You Wanted a Hit’ malignes the song with keyboard tricks and murkier sound. Murphy rambles on about his contemporaries and his own position within the music community. The album rounds out with ‘Somebody’s Calling Me,’ a song that blends in the head scratching synth-vocal pairing, and the much more palatable ‘Home.’ Soft and bouncy, with lyrics that air on the side of the melancholy, the final track is a fitting conclusion for the album.

With many acts in the indie scene incorporating more electronic and more heavily on their respective instruments.

‘This is Happening’ and their prior releases. Murphy himself has stated the group has drawn a lot of inspiration from boundary-pushing acts like The Talking Heads and Daft Punk, and while this album is definitively unique, it doesn’t feel as bold as 2007’s ‘Sound of Silver.’ Murphy and the band have tightened up their musical style and particularly their production on this piece, which is ultimately the winner here. It’s adventurous without risking too much, and the band is completely dialed in, which gives the whole album a well-polished feel. It’s absolutely worth the hour and five minutes runtime.

Love us? Hate us? Write us.

Letters to the editor should be 300 words, concise and clearly written. If applicable, include your academic year. Send all submissions to Nate Pole at opinion@mainecampus.com. Submissions may be edited for length, clarity and style. Anonymous letters will not be published.

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He was a top assistant coach under one of the best coaches in the NBA. UMaine’s head coach Red Aminoff is the former San Antonio Spurs coach Gregg Popovich. UMaine might not have any head coaching experience but he’s a well-respected coach nonetheless and he looks like a very good fit for the Black Bears.

The Black Bears were very active this offseason. They brought back fan favorite Al Horford after letting him leave in free agency in 2019. They also signed veteran big man Enes Kanter after a disappointing season with the Los Angeles Lakers.

With Al Horford returning to Boston, they want him to play a big role on this squad like he did before. While he might be 35 years old, he should still produce well this season. Last year, Horford was a very active big man.

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The University of Maine's new men’s ice hockey coach is Ben Barr. Barr was born on Dec. 18, 1981, in New York, New York. He played prep school hockey at Shattuck-St. Mary’s, in Faribault, and went on to graduate from Rensselaer Polytech- nic Institute. Barr now lives in Onono, Maine, and is looking to lead the men’s hockey team to victory.

Barr spoke high and about his time as a student at Shattuck-St. Mary’s, which has produced many famous NHL players, such as Sidney Crosby, Zach Parise, Jonathan Toews and Ryan McDonagh.

“I learned so much from playing at SSM and I was able to experience a great environment as a young man,” said Barr.

Barr went to RPI when he was 18 and acknowledged that he wasn’t as prepared as he would have liked. He went on to college when he was 18, which wasn’t necessary. He wasn’t ready to play out there and he didn’t have the experience he needed.

Barr graduated from RPI in 2005 with a degree in business management. He then worked with Andy Murray, his dad, who also helped him decide to go into coaching.

In his four years at RPI, he played in 140 games, scored 29 goals and had 39 as- sists. Barr was named captain of the team in his fourth year at RPI.

When he left RPI, he played in the college shuffle and went to the University at Albany on a scholarship.

“Every time I had a chance to play college hockey, I took it great opportunity,” he said. Barr moved on to associate head coach and assistant at the University of Minnesota-Duluth. Barr then moved up to assistant coach at Union College in 2013 and then moved up to head coach in 2017. In Barr’s first season with Union, the team had only five games all season and he was able to help him develop as a player.

Barr moved on to the University of Massachusetts at Amherst, where he spent six years on the coaching staff and was the first assistant coach in 2017. In Barr’s first season as an assistant coach in 2017, the team went from not winning any games to winning 20. In 2018, the team won the Hockey East regular season title and the team made its first appearance in the NCAA tournament.

Last season, Barr was the head coach at UMaine, where he led the team to a 13-12-7 record.

Barr believes the team is excited to be in the region and to play against some of the best teams in the country.

With the season starting on Friday, the Black Bears hope to make a big statement early on.

“I think we have a great group of players and I think we have a great chance to make a big statement early on and we’re looking forward to getting started,” Barr said.
In last year’s short- est women’s ice hockey season, the team went 17-3 and finished in first place in their conference for the regular season, but fell short in the conference tournament, losing in the finals to St. Cloud State.

This season marks head coach Amy Vachon’s fifth season with the program. Her record as head coach stands at 77-39. She was named the America East Coach of the Year in both 2017-18 and 2018-19 seasons.

Vachon is a former UMaine women’s basket- ball player herself, and she was an as- sociate head coach for the school from 2011 to 2017 before becoming the interim head coach for one season after head coach Richard Barron took a leave of absence due to an illness. After that season, she was promoted to full time head coach after Barron be- came the men’s head coach. Coming into this season, the squad is losing some key sea- sons to graduation but none as big as Blanca Simon. Milián finished her very successful ca- reer at UMaine winning both the America East Player of the Year and the America East Defen- sive Player of the Year and won America East All-Conference First Team in 2021. America East All-Conference Team and in 2019-20 in 2018. UMaine is returning with their second lead- ing scorer last year was the third-year guard Anne Simon. Last year she was named to both the America East Second Team after starting in 13 of 15 games while averaging 10.7 points, 6.1 rebounds and 3.2 assists while also playing a key role in the offensive game, shooting 43.7% from the floor, 32.8% from three-point range and 73.6% from the free throw line while starting 13 of 20 games. She’s com- ing into this season as one of the team’s best players and she should be in for a very good season.

UMaine also re- turns with their third leading scorer in fifth- year Mavee Carroll. In her previous season she was named to the America East Second Team after starting in 20 games. She’s com- ing into this season as one of the team’s best players and she should be in for a very good season.

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