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News

Zach Wyles announces bid for UMSG vice president position

A2 Sports

Maine holds Providence scoreless, wins final regular-season game at home

B1

Culture

Collins Center lecture sheds light on ritual sacrifice on Peru's coast

A11

Opinion

Editorial: Student homelessness needs to be a top state and national priority.

A6

Super Tuesday results hint toward Biden as Democratic presidential nominee

Bhavana Scalia-Bruce
Contributor

On Tuesday March 3, Americans in 14 states voted for their choice of the Democratic candidates for the 2020 Presidential Election.

The Maine results wound up in favor of former Vice President Joe Biden, who received 68,396 votes in total, making him the front runner as of now for the delegate count. After Super Tuesday, Biden had 566 of the available national delegates, while Vermont Senator Bernie Sanders trails with 501.

Biden won the Maine vote with approximately 2,000 votes over Sen. Sanders, who received 65,894 votes. In the 2016 Presidential election, Sanders won the state of Maine primary with a 64% vote. Sanders had been projected to win Maine's delegates in a poll conducted by Colby College in early 2020.

"I am excited about where we are. We have come a long, long way," Sanders said after the final results came in. Although Sanders' campaign took a hit on Super Tuesday, his team continues to campaign around the nation, with a focus on seeking delegates in Michigan, the next state to hold a primary election.

Biden won 10 states out of the 14 voting on Super Tuesday. In addition to Maine, Biden won Arkansas, Texas, Alabama, North Carolina, Minnesota, Oklahoma, Massachusetts, Tennessee, North Carolina and Virginia. Biden also performed strongly in Texas, where he won 111 of the state's 228 delegates.

One of the major focuses for Sen. Sanders going forward in the race is the fact that Sanders' campaign does not take money from Super Political Action Committees, which many of the leading candidates do. Sanders' campaign is fully funded through donations and grassroots contributions.

"Does anyone seriously believe that a president backed by the corporate world is going to bring about the changes in this country that working families and the middle class and lower-income people desperately need," Sanders asked in the wake of Biden's wins on Tuesday.

Sanders won the vote of his home state Vermont, along with California, Colorado and Utah. The large turnout of Latino and young voters, between the ages of 18 and 30, has been credited in Sanders' success over



Inhabitants of Orono, as well as the whole state, flocked to their local polling area to cast their votes in the primary on Super Tuesday.

Photo by Antyna Gould.

Biden in California.

On Wednesday morning, following the results of Super Tuesday, former mayor of New York and Democratic nominee Mike Bloomberg announced the suspension of his campaign. Bloomberg then announced that he would be endorsing Joe Biden. During his campaign, which was launched in early November of 2019, Bloomberg spent more than \$500 million, which has drawn criticism from those who felt as though he was buying his way into the presidential race.

"To those who've [been] knocked down, counted out, left be-

hind, this is your campaign," Biden announced after reviewing the Super Tuesday results. "It may be over for the other guy."

Massachusetts Sen. Elizabeth Warren announced her withdrawal from the election on Thursday, March 5. Warren failed to finish as one of the top two candidates in any of the 14 states that voted on Tuesday.

"All those little girls who are going to have to wait four more years ... That's going to be hard," Warren said after announcing the suspension of her campaign. Warren has yet to endorse either Biden or Sanders.

"I want to take a little time to think a little more," Warren said on choosing which candidate she will endorse.

Warren has been urged by many to endorse Biden.

The University of Maine community, however, was very clear about which candidate they hoped would win the Democratic nomination, with 52.5% of voters in the Orono area casting their vote for Sen. Sanders. Sanders has maintained momentum with the young voter demographic, with many enticed by Sanders' proposed policies to reduce student debt and implement univer-

sal healthcare in America.

"Biden winning Maine was [an] upset to be honest. I think it says that Democrats in Maine want to win, and that they like Biden, at least more than Sanders. To me, it says that Biden will be the nominee. Also that Sanders was simply an anti-Hillary vote in 2016," Matthew Fishbein, a third-year political science student told the Maine Campus.

Mainers vote to uphold new law rejecting religious and philosophical vaccine exemptions

Leela Stockley
News Editor

On Tuesday, March 3, Maine voters overwhelmingly rejected Question 1 on the ballot, deciding to keep the new law that bans nonmedical exemptions for vaccines required for children to attend school in the state.

Question 1, a people's veto referendum, asked if Mainers wanted to reject the new law that was introduced last year by Gov. Janet Mills. The law removed philosophical and religious exemptions as valid reasons for abstaining from certain communicable disease immunizations. Mills signed LD 798 into law last May but was met with resentment from religious groups in the

state of Maine. Since the people's veto failed to pass, the law will go into effect on Sept. 1, 2021.

Of the approximately 383,000 votes cast on Question 1, results from 100% of Maine's voting precincts indicated that over 72% of voters voted not to overturn LD 798. This result was hailed as a success by Maine politicians, public figures and physicians.

Dr. Laura Blaisdell, a Maine pediatric specialist, worked with the "No on 1" campaign, which sought to counteract what was said to be a "false information" campaign by proponents of the people's veto.

"Mainers knew that the safest thing we can do was to vote no on one," Blaisdell said.

However, Mainers that oppose the law include Cara Sacks, the co-chair of Mainers for Health and Parental Rights and Rep. Justin Fecteau, a Republican from Maine's 86th district.

"[LD 798] is an incredibly punitive and overreaching law that allows our government to mandate medical intervention," Sacks said.

Critics of LD 798 have said Tuesday's election was not a fair representation of the way that Mainers feel about vaccination requirements because the referendum was held during the democratic presidential candidate primaries.

"Because there was little Republican incentive to vote on Tuesday, the vote may not

be the full picture of how Mainers feel about this issue," Sacks said after hearing the results on Tuesday night.

Gov. Mills reacted to the vote on Tuesday night, after hearing that Mainers were leaning towards upholding the law.

"Tonight, the health and wellbeing of Maine children prevailed. This law leaves medical exemptions up to medical professionals and ensures that Maine children are better protected from the spread of dangerous communicable diseases," Mills stated. "It is the right thing to do for the health and safety of our kids."

Because the law will be upheld, Mainers are hoping to see the number of children who are vaccinated against

Measles, Mumps and Rubella (MMR) increase. In recent years, Maine officials noted that the number of students vaccinated with the MMR immunization had dropped below 94%, which did not meet the "herd" immunization level of 95%. Herd immunization, or immunization of a majority of the population, is effective because if a large group is immune to the virus, it is less likely that it will be spread to someone else that could be susceptible to infection.

"A misconception is that the law forces individuals and parents to accept vaccinations that they do not want for themselves or their children," wrote Robert Pinsky, chairman of the infection prevention and control

committee at Northern Light Eastern Maine Medical Center. "This is clearly not the case. Any individual continues to have the right to decline vaccination for themselves or their children regardless of the universal recommendations of the medical and scientific community. But exercising that right comes with a fundamental social responsibility, to not endanger others by one's personal decisions."

News

Zach Wyles announces bid for UMSG vice president position

Leela Stockley
News Editor

Second-year political science student Zach Wyles has announced his bid for the position of University of Maine Student Government (UMSG) vice president. Wyles has served on the UMaine Student Senate for two years, amounting to four semesters, and has aided in the operation of various committees within the Student Senate. The role, which is currently filled by third-year mechanical engineering student Chase Flaherty, assists the president with the running of the UMSG and aids in the approval and implementation of committees that function within the UMSG.

Wyles, who grew up in Old Town and attended Old Town High School, has had experience with student leadership since youth. When he was in middle school, he joined the student council because his friends were getting involved, and he wanted to gain an understanding of his community.

"I used to be a very introverted person," Wyles said. "It kind of

started as a side [interest]."

However, Wyles was encouraged to continue to engage with his student council by a teacher that he had in his freshman year of high school, who he says was always encouraging him and his peers to stay informed on and make a difference in their community.

"I was really shy, going into high school," Wyles said. "Having an encouraging teacher really helped me to come out of my shell. It was way easier for me to approach people, and it's really aided me as a person."

After this experience, Wyles became even more involved with the Old Town High School Student Council and was elected as the Student Council president in his last year of high school. He was chosen to represent the Old Town High School as a student liaison to the Old Town School Board as well during his time in high school.

"I got a direct view of the leadership in my community, on the student level as well as being able to see the town leaders making

decisions. It was an honor and a privilege," Wyles said. "In my time on the high school council, when I saw a lack of leadership [in the previous president's term], I wanted to propose much more action. Seeking what the community wants as a part of your interaction [with them] is important to me."

Should he be elected to the position of vice president of UMSG, Wyles is looking forward to working on two initiatives that he feels are important: student body outreach and addressing student mental health on campus. He said that while he had the immediate pull to join UMSG in his first year at UMaine, many undergraduate students do not know the full role of the UMSG on the UMaine campus. Many of the students that Wyles has talked to throughout his campaign have expressed gratitude over the facilitation of student organizations that the UMSG conducts but are unaware of the other issues that the UMSG works to address. He hopes to expand the interaction between the UMSG



Zach Wyles, a second-year Political Science student, gives a compelling speech to members of the Senate campaigning for his position as Vice President.

Photo by Antyna Gould.

and the student body on campus.

Wyles also hopes to work with UMSG presidential candidate third-year political science and economics student Harrison Ransley, should he get elected to the position of UMSG president, on the student mental health initiative. Ransley has worked throughout his time as a senator and committee chair in the UMSG to initiate a campus-wide response to the mental health needs of UMaine students, as it has become a pressing community discussion.

"While I am not personally able to understand the issues that these students [dealing with mental health issues] face, I want to recognize my privilege," Wyles shared. "Hearing about how hard those students work through these challenges inspires me to do something."

"I'm really looking forward to the opportunity to make a positive change for students on campus," Wyles said of his campaign for UMSG vice president. "I hope the initiatives that Harrison and I will be working on closely together

will have an impact. Being in a partnership with someone as passionate [about making change] as [Harrison is] will create the momentum needed."

Wyles looks to go into politics after he completes his undergraduate degree. Through all of his interactions with various communities in and around Orono, Wyles expressed he has found a passion for making positive change.

"It's really important to me to invest in democracy," Wyles noted.

Scwartz-Mette lecture explores mental health in adolescent friend groups

Maria Maxsimic
Contributor

Disclaimer: This article contains a discussion of depression, self-harm behavior and suicide.

On March 2, Dr. Rebecca Schwartz-Mette talked to University of Maine students and faculty about her research, "Contagion of Depression, Self Injury and Suicide in Adolescent Friendships: Investigating Intra- and Interpersonal Communication Processes," as a part of the Department of Communication and Journalism's Spring 2020 Colloquium Series.

The lecture focused mainly on how adolescents suffering from depression, or engaging in self-harm behavior and suicidal ideation, can influence others in their peer group and their individual emotional adjustments.

"We have all heard the saying 'birds of a feather flock together,' [and] that is the case [here]. We tend to be attracted to people who are similar [to us]. Interestingly, kids tend to form friendships with people that are similarly emotionally adjusted," Dr.



Dr. Rebecca Schwartz-Mette speaks to UMaine students and staff on her research regarding the contagious effects of depression among adolescents on Monday, March 2.

Photo by Antyna Gould.

Schwartz explained.

She shared that once adolescents are in friendships, they influence one another tremendously, leading many people to assume that behaviors and attitudes are contagious. This has been dubbed the "contagion effect," and has been studied in adult relationships, but is rarely

examined in relationships between adolescents.

Schwartz-Mette shared that, through her research, she has found that psychology literature and decades of research indicate that adolescents that have a peer or friend that suffers from depression may have an increased risk for de-

pression, self-injury and suicidal thoughts.

She explained that there are many studies regarding the contagion effects of romantic partners and college roommates, but very few for adolescents, which is what led her to conduct three studies with the hopes of finding a way to explain this phe-

nomenon.

The first adolescent study that Schwartz-Mette conducted investigated the effects of co-rumination. She explained that co-rumination is a "repetitive discussion, rehashing and speculation of problems," and stated that it is a very common action for adolescent girls. She stated

that co-rumination is linked with social and emotional trade-offs, because it makes two people feel very close and supported, indicating a high-quality friendship. However, the action is also linked with the development of depressive symptoms and anxiety

See [lecture on A3](#)

A look into the life of Jeremiah Childs of the former UMaine College Republicans

Leela Stockley
News Editor

Jeremiah Childs, a fourth-year financial economics student has made waves in the University of Maine community throughout his college career. Childs gained notoriety after his involvement with the former UMaine College Republicans, of which he was an executive member before its disbanding in the fall semester of 2019. However, before coming to UMaine, Childs had not had any previous experience or involvement with politics and campaigning.

Childs grew up in a small, rural town in western Maine, where members of his community had relied on industries such as wood pulp and paper mills, and companies like Dexter Shoe had once dominated. Childs noted that his community, like many others in Maine, experienced a lot of economic turmoil as he grew up because of the national shift towards outsourced labor. He was one out of about 10 students in his town to pursue a four-year degree, due, in part, to the financial strain that pursuing a college education can have.

“Two things hap-

pened in the late 1980’s and 90’s in Maine [that affected my community],” Childs said. “The Koch Brothers bought out factories and either shut them down or moved them to Quebec.”

Childs said that because of this economic shift, many of the members of his community felt the effects of income loss and families started to fall apart. In the town that Childs lives in, many community members have suffered from Maine’s opioid epidemic, with family structures falling apart as young parents succumbed to opioid addiction. Maine’s opioid crisis personally affected Childs, as his mother struggled with an opioid addiction throughout his childhood and eventually went to prison for reasons related to opioid use. Childs now cares for his younger sister and works at an insurance company in order to help provide for his family while he works as a full-time student to complete his undergraduate degree.

“The first thing that people need is family,” Childs said. “Families in rural areas are falling apart. I’ve personally experienced this [with my mother’s struggle with opioids]. It is one

of the [most prevailing] causes of death in rural Maine communities, and it often affects young mothers and fathers, which can [and has] led to community collapse.”

Childs believes that upholding the community values that he grew up with throughout his undergraduate career will help him to better provide for his community once he graduates.

“People often think I’m some privileged capitalist,” Childs said. “Seeing what people are advocating for [with liberal policies], seeing people advocating for the Green New Deal motivated me. If they implement these policies, people in my community will suffer.”

This is an idea that is held around the country, with many noticing the way that Democratic policies can overlook rural areas and leave towns that had relied on industries without resources to continue to fuel their economies. Childs feels as though, in order to prevent further disenfranchisement of rural areas, the state of Maine and policymakers will have to create programs that will help attract young Mainers to stay in the

state.

“First of all, we need young people to stay [in Maine],” Childs said. “We may have to be creative. I think we need a change in environmental policies and a reinvigorated interest in social conservatism.”

Childs is an advocate for trade schools, which are popular in Maine but have declined in popularity around the country, with many young adults opting for two or four-year degree paths. In Maine, trade schools and community colleges with trade programs have received state-funded grants in recent months that seek to make trade schools more accessible in order to fill high-demand fields, such as nursing. Childs hopes that through initiatives like these, more young people will stay in the state, and rural communities like his will see a return of economic growth.

One of the things that Childs had not anticipated when getting involved with the former UMaine College Republicans is the way that people interact with him now. He says that he has avoided public areas on and around the UMaine campus, such as the

Old Town Hannaford, because people will approach him.

“I don’t want to deal with being a public persona,” Childs said. “I’m different than what people expect me to be. People always think that I’m angry, but I don’t yell. I don’t have a military haircut or anything like that. People don’t understand that my Facebook presence [on the UMaine College Republicans page] isn’t my constant state of being. I don’t sit on the internet waiting to respond to angry comments or whatever.”

Childs presence in the UMaine community and surrounding areas is grounded in his strong advocacy for socially conservative ideas and controversial stances on political issues. Though this is only a part of his experience at UMaine. Childs spends what free time he has playing Dungeons and Dragons (D&D), a popular tabletop role-playing game. He says that the D&D community has offered him an opportunity to be himself among his alienation from the UMaine community.

“I’ve interacted with a lot of diverse communities and ideas [playing D&D],” Childs

said. “It’s an outlet because I can play, and people will like [the moves I take] and like me as a person. I can have an outlet because I can’t do mundane things [on the UMaine campus] without people coming up to me.”

It is not uncommon for people who have become a figure in public discourse to struggle with their newfound public identity and maintaining their own sense of autonomy when interacting with their community. For Childs, a strained relationship with his community has created a running commentary on his beliefs and actions.

“The funniest thing is that people think that I owe them attention,” Childs noted. “I have a large audience now. If I made a mistake, I know I’ll find out about it 15 minutes later.”

Childs continues to be an active member of the UMaine community and has stated that he feels his presence at UMaine has sparked important community dialogue about the way that people conduct themselves in conversation with others who share differing beliefs.

Sponarski gives UMaine a ‘Tick Talk’

Bhavana Scalia-Bruce
Contributor

On Tuesday, March 3, Carly Sponarski from the University of Maine’s Department of Wildlife, Fisheries and Conservation Biology, presented a lecture at the George J. Mitchell Center for Sustainability. Her lecture was titled “Tick Talk,” and she spoke about integrating the biological and social sciences with the research she does on addressing ticks and Lyme disease in the state of Maine.

In 2018, Sponarski joined a UMaine-based research team consisting of faculty, undergraduate and graduate students researching land management and practices surround-

ing the protection of Maine’s forest workers in relation to tick-borne diseases. The team was awarded \$1.7 million from the United States Department of Agriculture (USDA) for the project that is scheduled to wrap up in 2021.

Sponarski focused the lecture on her work with the research team. The overall research project consists of three major components of integration: research, educational components and extensions.

“ [Although we are] only one year into the larger project, we have made advances,” Sponarski said.

The team works interpersonally with landowners in educat-

ing them on how people should properly manage their forests, which Sponarski described as imperative to understanding forest harvest practices.

Sponarski gave special recognition to her students working on the team. In particular, Stephanie Hurt, a Ph.D. candidate, has been focusing on this project’s research on the natural sciences. Hurt’s project goal focuses on ways to identify timber harvesting practices that facilitate or inhibit the transmission of tick-borne pathogens.

Sponarski also recognized Katie Perry, a master’s candidate who is also working on the research team, during her lecture. Per-

ry brings with her the opportunity to integrate ideas from forest management into the social sciences discipline. Her research seeks to understand the social and cognitive factors that influence individuals’ decisions to engage in Lyme disease prevention and management strategies. Perry also assists the researchers with extensive fieldwork and has worked to collect data from Bradbury Mountain State Park, in southwestern Maine.

Sponarski commenced the lecture by explaining the physical traits of ticks, the way that ticks carry and transmit disease and the ways in which Lyme disease has a

detrimental effect on the environment. She told the audience that, due to the types of environments in Maine, Mainers are at a higher risk for Lyme disease, and urged everyone to be on high alert when outside in long brush grass this upcoming summer.

Lyme disease cases in Maine are rapidly increasing, with the number of private landowners who have reported ticks that test positive for Lyme disease has increased throughout the state. Because of the density of Maine’s forests and the effects of climate change in Maine, the tick population has flourished throughout the state.

A large portion

of Sponarski’s work is based around the education of private landowners in the tick regulation of their property.

“This is a growing issue,” Sponarski said.

Going forward with its research, the team plans to further investigate the number of Lyme-positive ticks in Maine, perform more fieldwork in different Maine regions and create experimental units.

To find out more about how you can contribute to Lyme disease research in Maine, visit extension. umaine.edu/ticks/.

lecture from A2

in the long run. In this study, data was collected about co-rumination in friendships and the hypothesis that Schwartz-Mette had formed about the contagion effect was determined to be true. It was found that if one adolescent was experiencing depression, it is likely that they would co-ruminate with friends, predicting an increased risk for those friends to experience depression as well.

The second study focused on particular characteristics that make adolescents

more susceptible to being affected by the contagion effect. The study found that adolescents that naturally have a great degree of empathy for others, which is linked with poor emotional self-regulation, are more likely to experience contagion via co-rumination. Additionally, it was found that contagion occurs more frequently in high-quality friendships, because of the great influence that adolescents in close relationships have on one another.

In the third study, Schwartz-Mette wanted to address the common belief that self-injury is a very

contagious activity. She looked at three different vulnerabilities markers; deficits in the intrapersonal ability to regulate one’s own emotion, positive friendship quality and friendship conflict. Under these three markers, it was found that the correlation effect only influenced self-harming behavior for adolescents that had trouble regulating their own emotions.

Schwartz-Mette finished the lecture with a discussion about her current work on the Birch Project, which is supported by the National Institute of Mental Health.

“The aim of this is to get [a lot more data,

and to] really confirm and solidify how big the effects are for the socialization and contagion of [depressive symptoms, self-injury and suicidal ideation] not just within friendship [groups], but across social networks,” Schwartz-Mette explained.

Schwartz-Mette stated that the contagion effect is a critical issue. She shared that although the number of adolescents who die by suicide is fewer than adolescents who display depressive symptoms, suicide is the second leading cause of adolescent death in Maine. Additionally, the state’s suicide rate is twice the

national average.

She shared that studies show that deaths by suicide in vulnerable populations of adolescents and young adults can be largely affected by world events. Schwartz-Mette mentioned that deaths by suicide in these populations went up after the 2016 election and after the first season of the Netflix show “13 Reasons Why” was released, indicating that the contagion effect can spread through media as well as through direct interpersonal relationships.

Rebecca Schwartz-Mette is a professor in the psychology department at UMaine.

She became a licensed psychologist in 2013. Her research is focused on understanding the intersections between interpersonal behavior and psychopathology in adolescents. She is currently the chair of the American Psychological Association ethics committee.

If you are concerned about yourself or someone else, Maine’s Crisis Hotline can be reached by calling 1-888-568-1112.

Weekly Updates

This Week in Student Government

Weekly recap of decisions made by the UMaine Student Government General Student Senate

Maria Maxsimic Contributor

The General Student Senate meeting on March 3 began with the approval of the Feb. 25 meeting minutes and agenda.

General Good and Welfare:

Vice President Chase Flaherty discussed the Robert's Rules item of the week. The item of the week highlighted point of order. Vice President Flaherty reported that if a senator noticed that the chair is out of order, the senator can call upon the chair for how the chair conducted business. After the point of order, the chair can decide whether or not they approve the point of order. If the chair does not approve the point of order, the senate can conduct a vote and override the chair's decision.

New Senators, Officer Appointments, Resignations:

Angel Loreda, Blaize Vail and Will Erlanson were appointed as senators.

Guest Speakers:

Vice President for Student Life and Dean of Students Robert Dana attended and spoke at the Senate meeting. Dana focused on the topic of democracy, as March 3 was the Maine Primary Election and Super Tuesday. He commended the senators for their work, attention and involvement put towards the needs of the University of Maine. He shared that it is critical for student leaders to be passionate about causes in today's political climate, as he feels that

many Americans across the political spectrum have created politics of dissent. Dana feels that with so many controversial social and political issues, it is great that there are organizations, such as the Student Senate, that are created to provide people with the power to use their voice.

Sen. Harrison Ransley gave his platform speech for the position of president of UMSG, Inc.

Sen. Zack Wyles gave his platform speech for the position of vice president of UMSG, Inc.

Executive Reports:

Vice President Flaherty reported on behalf of President Bentley Simpson. He stated President Simpson met with Assistant Dean of Student Life Andrea Gifford about a potential collaboration with a company called Rent College Pads and they will begin to move forward with that discussion. Additionally, President Simpson will be meeting with other representatives to discuss the potential of live streaming and broadcasting senate meetings.

Vice President Flaherty reported that the annual student government conference is approaching and will occur on April 18 in Portland. He thanked Dana for coming to the meeting. Additionally, he reported that UMaine President Joan Ferrini-Mundy is conducting an enrollment initiative addressing the decreasing enrollment numbers on campus. The initiative consists of current UMa-



ine students visiting their high schools and discussing their experience at UMaine.

Vice President for Financial Affairs Jack O'Donoghue reported that there is \$282,862.18 in unallocated funds. He shared that there is \$490.00 in returns to unallocated funds. Additionally, he shared that \$2,500 in funds was tabled for Wild Stein's Lavender Prom. Lastly, the Student Construction Association's request for \$4,528 was denied.

Vice President for Student Organizations Taylor Cray reported that the Orono poll office is open until 8 p.m. and encouraged everyone to cast their vote in the Maine Primary Election. Cray reported that she is continuing her work to revise the organization relationship agreement. She shared that she met with Coordinator of Student Organizations Heather Hogan and Advisor to Student Government Lauri Sidelko to conduct the revisions. Lastly, she shared that she is working to get together documents to as-

sist and direct the duties of the next vice president for student organizations during their time in office.

Vice President for Student Entertainment Logan Aromando reported that he is in communication with UMaine's Graduate Student Government regarding potential ticket sales for the Maine Day concert. He shared that he is finalizing the work order to give to UMaine's facilities for the day of the concert and the event management form. He is also finalizing the timeline for the day of the concert. Additionally, Vice President Aromando has signed and reviewed the contracts for the riders for the artists, and has signed and reviewed the contract for the main artist. He has sent out a new offer to another artist that may potentially open the concert. He reported that he is in contact with the food trucks that will be attending the concert. He is speaking to production agencies regarding next year's concert in attempts to get a better deal on ticket prices. Lastly, Aro-

mando shared that he has spoken to a few different senators that are interested in running for his position for the next term. He reported that he is in the process of creating a binder for the next vice president for student entertainment that will share specific details about the tasks of the position.

The Advisor to Student Government Lauri Sidelko reported that there are vans shuttling students to the polling offices for Super Tuesday. Additionally, Sidelko shared that she has received messages regarding COVID-19 (Coronavirus) and she would like students to know that the university is taking precautions very seriously. She shared that UMaine will be launching a hotline providing the UMaine community with information regarding how the university plans to respond to the coronavirus and its effects. She also reported that on April 23, the Student Life and Greek Awards will be held as a part of Spring Fling and Earth Week and that she hopes that many senators will attend this event.

Sen. Zach Wyles moved to skip over reports and the five-minute recess and begin at the consent agenda. The motion was passed.

Consent Agenda:

A motion to allocate \$943 to the American Institute of Chemical Engineers to provide lodging for 19 students to attend the Northeast Regional Conference at Northeastern University from April 4 through April

5 was introduced. The motion was passed.

New Business:

An act to allocate \$1,122 to the Caribbean & Latinx Student Association for Food & Drink to celebrate Carnival in the North Pod of the Memorial Union on March 6 was passed.

An act to allocate \$2,400 to the Society of Women Engineers for lodging and transportation for 13 students to attend the Buffalo Society of Women Engineers Regional Conference on March 26 through March 29 was passed.

Main Motion:

Sen. Olivia Lovejoy addressed the senate regarding the main motion of the night, allocating a total of \$10,275 to UMaine's Student Symposium event that is held on April 17 at the Alford Sports Arena. Sen. Lovejoy shared that she had been in communication with the Center for Undergraduate Research regarding the event and that she had a breakdown of the budget for the funds from the potential sponsorship from UMSG, Inc. for this year's event.

Vice President Aromando suggested tabling the motion for next week's meeting in hopes of viewing a budget for the entire event before making a final decision on the matter.

The Senate voted and the majority agreed to table the motion.

The final roll was called and the meeting was then adjourned.

Maine's CubeSat research satellite mission scheduled for launch in 2021

Liron Estrach Contributor

NASA has selected 18 small research satellites from 11 states, including Maine, to fly as auxiliary payloads aboard rockets launching in 2021, 2022 and 2023. The mission undertaken by the University of Maine, MESAT-1, includes the payloads ALBEDO, IMAGER and HAB, proposed by Saco Middle School, Fryeburg Academy and Falmouth High School respectively. UMaine graduate students and University of Southern Maine (USM) undergraduate students will work collaboratively to provide payload design, development, integration and testing.

The MESAT-1 project was awarded \$300,000 from NASA. The project also received \$150,000 in NASA Maine Space Grant Consortium funding for graduate

student research. Additional funding from UMaine and USM to support undergraduate student research will provide a total of \$522,000 in funding over three years.

"NASA's CubeSat Launch Initiative has a goal to have all 50 states participate by developing and launching nanosatellites," said Terry Shehata, director of the Maine Space Grant Consortium.

The first payload, ALBEDO, will investigate the impact of albedo, which is the fraction of solar irradiation reflected back into space, on local temperatures. Albedo is affected by ground cover, such as dense forest or tundra, and has effects on both local and global climatic aspects. The goal is to compare temperature and albedo across urban and rural areas. The low Earth orbit space test environ-

ment offers the ability to collect and analyze vast quantities of relevant data. The purpose of the analysis is to determine whether or not urban heat islands can be mitigated through architectural designs that maximize albedo.

IMAGER, the second payload, will be used to study an application of a low-cost remote sensing tool for coastal estuaries as a science, technology, engineering and math (STEM) activity. The goal is to develop a remote sensing tool by modifying a digital camera to image shallow coastal waters and distinguish water quality properties such as foreign particle density and phytoplankton concentration.

The final payload, HAB, will study harmful algal blooms to see if they increase atmospheric temperature and water vapor levels in the atmosphere above them. Devel-

oping the capacity to monitor and identify algal blooms from orbit will provide a simple way to track the development, distribution and dispersion of blooms. If the payload can establish a correlation between humidity and the temperature of the atmosphere and the sea surface in its vicinity, it will be easier to detect when an algal bloom is growing.

"When MESAT-1 is launched, Maine middle school and high school students will access satellite data for scientific discovery," Ali Abedi said.

Abedi is a professor of electrical and computer engineering at UMaine. He is also the assistant vice president for research and director of the Center for Undergraduate Research and is leading the project with Jeremy Qualls, a USM professor of physics and dean of the College of Science, Technology,

and Health. They will also be working with Jason Goldstein, the director of the Wells National Estuarine Research Reserve.

NASA's plans for the CubeSat Launch Initiative have attracted political support for technological innovation. On Feb. 4, bill LD 2092 was put forth for approval from the Maine Legislature, which seeks to establish the Maine Spaceport Complex Leadership Council to develop a strategic investment plan for the SpacePort Complex. Passage of the bill will enable Maine to assume a leadership role in the emerging and fast-growing market for nanosatellites which, due to their use in a broad range of commercial applications, is projected to reach a market value of \$9.5 billion in 2030.

"The program will significantly change our state's economic landscape by cre-

ating high-paying jobs, keeping our high school graduates in the state and serving the entire nation and indeed our allies around the world with high technology aerospace intellectual property, technology export and launch services," Abedi testified, in defense of passing the bill.

While the future and success of Maine's involvement in the growing aerospace and satellite market is still unknown, nationally- and state-funded initiatives such as these, which include the growing population of young STEM specialists, will ensure that Maine has an opportunity to be a leader in the field.

Police Beat

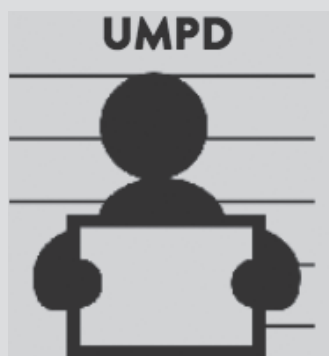
The best from UMaine's finest

Leela Stockley
News Editor

Feb. 29 - 5:50 p.m.
While on duty, Of-

ficer Irish of the Orono Police Depart (OPD) received a call from Bells IGA in Orono that two young women, Morgan

Foley, 20, of Orono and Talia Abeshaus, 19, of Orono, had attempted to purchase alcohol and had present-



ed false identification. When Officer Irish reported to the IGA, both Foley and Abeshaus were compliant and cooperative when Officer Irish asked them if they were aware that the IDs were false, and were compliant when Officer Irish confiscated the IDs. Both Foley and Abeshaus were issued a civil violation for minors presenting a false ID and both have a court date on April 9.

March 5 - 1 a.m.
While on duty, Officer Oko of OPD noticed a vehicle driving into The Avenue at Orono apartment complex whose owner, Emma Huffman, 21, of Orono, had been issued a criminal trespass warning two weeks prior. Officer Oko performed a traffic stop and determined that Huffman was a passenger in the vehicle. Huffman, who was

compliant with Officer Oko, was summoned for criminal trespass and has a court date of April 9.

Briefs

Quick news from around the country

Leela Stockley
News Editor

March 3

After months of public discourse, Mainers rejected the citizens initiative to revoke the law implemented last fall which

bans nonmedical exemptions for vaccines required for children to attend school in the state. The citizens initiative had sought to implement exemptions for children whose parents identified a philosophical or theological

reason for abstaining from vaccines and drew criticism from state officials, public figures and physicians around the state.

March 5

The state of Maine has announced an initiative to encourage

hunters to switch from traditional lead ammunition to less-harmful alternatives after eight eagles in Maine died this past year in cases thought to be linked to lead poisoning. Because many hunters use ammunition with lead or trace amounts of lead in it, scavenging eagles are likely to ingest meat from animals who walked away from an encounter with hunters but died later on and was not recov-

ered from the hunting site. Maine Inland Fisheries and Wildlife officials are urging hunters to use copper bullets instead.

March 6

An investigation has been opened into a group that has been collecting signatures in an attempt to enter a citizens initiative "to reject the New England Clean Energy Connect Transmission Project" onto the Maine state ballot. The group which

was collecting signatures is believed to have paid out of state notaries in an effort to gain more support for the referendum. After officials at the Secretary of State's Office checked 82,449 signatures, 12,735 were deemed not valid.



The World This Week



Feb 29

Scotland has become the first country to approve a plan to provide free feminine hygiene products, which includes tampons and sanitary pads, to its citizens. The resources will be made available in public spaces such as community centers, youth clubs and pharmacies. The move has been hailed around the world as a step towards recognizing the social structures which prevent gender equality and will aid citizens in achieving a more equitable society.

March 5

Democratic Presidential hopeful Sen. Elizabeth Warren announced this past week that she would no longer be seeking the Democratic candidate nomination. The announcement comes after a less-than-impressive performance during Super Tuesday, after former Vice President Joe Biden and Sen. Bernie Sanders won the majority of the delegates. Sen. Warren has yet to announce whether she will endorse either Biden or Sanders.

March 6

President Donald Trump has signed an emergency \$8.3 billion aid bill to address the spread of coronavirus, known as COVID-19, in the United States. There have been 223 confirmed cases within the U.S., with 14 deaths. More than 100,000 cases have been identified around the globe, with the virus spreading to vulnerable communities. The rise in cases has triggered an unprecedented fluctuation in global stock markets, with many communities buying out supplies of face masks, sanitizers and hand soap.

This week at UMaine...

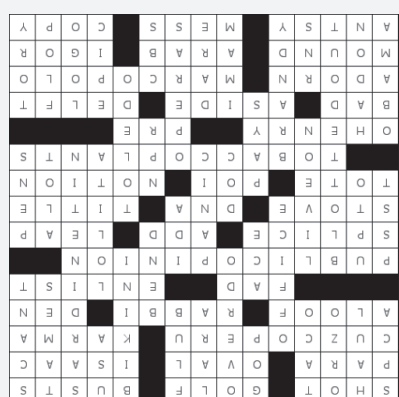
What's happening this week at UMaine

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Women of the World Luncheon 12:00 pm - 1:30 pm Church of Universal Fellowship</p> <p>Film Screening and Discussion: 'Coffy' 6:00 pm - 9:00 pm Hill Auditorium</p>	<p>Green Careers Fair 11:00 am - 1:00 pm Lown Room, Memorial Union</p> <p>Concert for a Cause 7:30 pm - 9:30 pm Collins Center for the Arts</p>	<p>Featured Faculty / 2020 9:00 am - 4:00 pm Lord Hall Gallery</p>	<p>Feeling Grounded 3:00 pm - 4:00 pm Mind Spa NT Live Broadcast - Fleabag 7:00 pm - 10:00 pm Collins Center for the Arts</p>	<p>Women's Basketball Playoff 7:00 pm - 10:00 pm Memorial Gym</p>	<p>Martina McBride March 14 @ 7:00 pm - 10:00 pm Collins Center for the Arts</p>

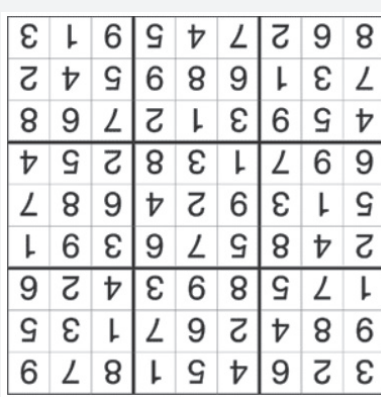
Want to see your club or organization's event represented here? Send the info to eic@mainecampus.com

Diversions Answer Key

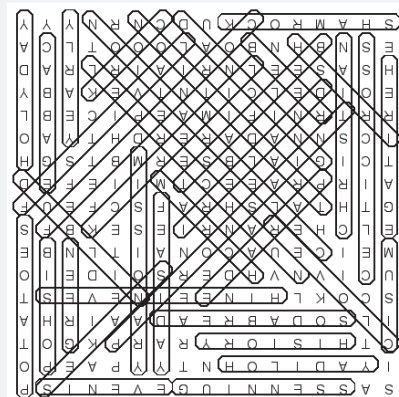
Puzzles, comics and more on A8



Crossword



Sudoku



Word Search

Opinion

Monday, March 9, 2020

Editorial: Student homelessness needs to be a top state and national priority

Liz Theriault
Opinion Editor

In Maine, the long winter months deliver an endless barrage of cold, bitter weather. Sometimes, the snow, wind and ice can be hard to endure for even the five-minute walk to class. But for some students, the struggle in winter weather continues into the night, as thousands of college students across the country suffer from homelessness.

In 2019, the Hope Center for College, Community, and Justice in Philadelphia conducted a study of close to 1.7 million college students across the country. From that survey, half of the participants reported that due to financial strain, they were experiencing housing insecurity, paying only part of their rent or sleeping in their cars or

at their friend's houses. The same study found that 17% of students experienced homelessness in the previous year, and unfortunately, the trend of homeless college students has been increasing.

A 2020 study by the National Center for Homeless Education found that since the 2015-16 school year, the number of recorded homeless students has increased by 15%. USA Today reports that increasing tuition rates, insufficient financial aid support, lack of affordable housing and costs of food, gas and child care are the combination of factors that college students face. Not to mention that on top of these challenges, the stigma around homelessness often prevents students from reaching out for help when they need it.

Maine college stu-

dents are not exempt from this problem either. The United States Interagency Council on Homelessness keeps tabs on homelessness statistics for all 50 states. They estimate that in 2019, Maine had 125 homeless college-age students. Expanding the age bracket to include high school and elementary school children reveals that just under 2,500 Maine public school students experienced homelessness at least one point in 2019. This included those living in shelters, hotels or motels or unsheltered.

Unfortunately for these Maine students, access to homeless shelters or other resources are often scarce in Maine's rural landscape. In an article with the Portland Press Herald, the Homeless Liaison for Maine's SAD 61, states: "There's

shelters here and there, but nothing in our district area. And shelters fill up quick. We have an instance a couple years ago where we had to bus the kids to Portland because they were living in a teen shelter. We're in the middle of nowhere."

Many Maine schools are located in "the middle of nowhere," causing homeless students who are stationed in shelters to travel long distances to go to their schools, just so they have a place to stay. Maine law ensures any student, including homeless students, a right to an education in a school of their choice, usually meaning a school in the same location they lived before becoming homeless, or any public school that students living in the same area are eligible to attend.

Homelessness resources are so few and far between in Maine

that students and children are being held in juvenile detention, such as the South Portland Facility; not because they are a danger to others, but because there is no other place for them to go.

For University of Maine students, the Bangor area provides numerous shelters and resources for a variety of issues. The Bangor Area Homeless Shelter and PCHC Hope House provide a space to sleep and refresh, while Partners for Peace offers resources and a safe space for survivors of domestic violence. Children under the age of 18 can find shelter at Shaw House, also in the Bangor Area. Further, UMaine's Black Bear Exchange initiative offers a food pantry open to all UMaine students, and their immediate families, to relieve some pressures on stu-

dents. These resources are great, but not every college or school has resources such as these close by.

Tackling Maine's and the country's student homelessness issue is a large and costly effort. The system in place needs to be strengthened and expanded to include rural areas to protect students everywhere, and ensure access to resources for all families and individuals. Students of all ages are under enough stress as it is, including completing school, homework, working jobs to provide for themselves and sometimes their families. Every student in Maine, and the country, deserves a safe, warm place to stay with a roof over their head.

Maine's bicentennial an opportunity to celebrate our history, strengths and challenges

Gabriel Karam
Contributor

Now three months into 2020 Maine is celebrating 200 years of statehood. Our state will recognize its bicentennial on March 15. A January Maine Campus article states that on March 14, Orono will host celebratory activities to recognize both Orono's 214th birthday and Maine's bicentennial. Other events include Statehood Day in Augusta on March 15, the Bicentennial Parade in Lewiston on May 16 and

others across the state. In order to appreciate, understand and better our state, it is important to understand some of the history, strengths and challenges of our great state.

Maine has a richly unique history. The state touts important events such as the formation of Popham Colony in 1607 and the settlements of the Wabanaki people and Machias residents capturing the British warship the *Margaretta* in 1775. Nearly 50 years later, Maine seceded from

Massachusetts through the Missouri Compromise in 1820, becoming another free state in the Union. Maine passed the nation's first strong prohibition law in 1851, and Brewer's Joshua Chamberlain defended Little Round Top during the Battle of Gettysburg in 1863.

In ensuing decades, Bangor became known as the lumber capital of the world as Maine's paper and power industries reached greater success. The Republican Party lost much of its previ-

ous dominance over the state in the 1950s, and the state has continued to be more politically balanced still today. Bangor experienced a massive fire in 1911 and immense flooding in 1976. Bar Harbor burned in 1947. Half the state lost power in the Great Ice Storm of 1998. Recently in 2018, Gov. Janet Mills was elected Maine's first female governor. There is obviously an immensely rich history to the state, which can be more thoroughly researched via the state's library network, state

government publications, online postings and other resources.

As our great state continues its traditions of solving problems and maintaining its New England independence, Mainers should consider the state's strengths. Despite lower yields in recent years due to cold winters followed by wet springs, News Center Maine reports that Maine saw annual blueberry yields of 100 million pounds in peak years, which is among the highest in the nation. Accord-

ing to the USDA, Maine also grew over 15 million potatoes in 2017. This makes Maine among the top 10 potato growers in the nation. Maine is also known for its growth of corn, apples, strawberries and hay, in addition to sales of dairy products, cattle, turkeys and other agricultural goods. Maine has the largest annual lobster catch of any state and exports \$326 million annually in lobsters alone. According to Maine's Department of Marine Re-

See **Maine** on **A7**



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Submissions may be edited for length, clarity and style. Anonymous letters will not be published.

Opinion pieces should be roughly 650 words and clearly written. Include your name, year and major.

Submissions should be in .doc format.

Send all opinion pieces to Liz Theriault.

The attitudes and views expressed in the Opinion section are those of their authors only and do not necessarily represent the views of The Maine Campus or its staff.

With print on the edge, papers must generate subscribers or perish

Nate Poole
Contributor

Newspapers in the U.S. have been on the decline for decades. A clear reminder of this trend arrived on March 2, as Maine's largest newspaper publisher, Masthead Maine, ended production of the Monday print editions for four of its newspapers, including the Portland Press Herald, due to significant drops in newsstand sales. While many in the U.S. may be dedicated to printed news, news providers' best chance of survival lies in investing in digital media formats before their audiences move on from them entirely.

Research on the steady decline of printed

news dates back to the 1970s, and it has propagated a long-standing belief that the problem has been related to the writing style of journalists and the topics they cover. Arizona State researcher Leslie-Jean Thornton believes that these studies, by and for newspapers, reflect a misplacement of priorities: "readership itself may not have been the problem; newspaper readership was." With the rise in digital readership over the course of the 2000s via social media and online subscriptions to news providers, it has become clear that the audience for quality news coverage still exists.

Although news organizations are surviving

on revenue print and digital subscriptions, along with significantly reduced advertising revenues, many journalists are facing the possibility of losing their jobs. According to the Pew Research Center, employment in the newspaper industry fell 14% from 2015 to 2018, and a study by the University of North Carolina says that one in five newspapers have gone out of business since 2004. More and more news organizations are leaning on direct audience revenue via subscriptions, but this means that the newspapers face an entirely new challenge of incentivizing that kind of investment.

One way that some news organizations are

standing out and drawing in new members is by investing in new media formats, a significant example being podcasts. According to Forbes, there are 62 million Americans listening to 800,000 podcast series. These numbers may raise concerns about oversaturation, but much like newspapers, each podcast is marketed to a specific audience, and there are endless niches to fill. Many news podcasts have taken the form of bite-sized, daily briefing-style reports, offering a more robust replacement for skimming headlines on one's phone or in the paper. The New York Times' "The Daily" and NPR's "Up First" are two ex-

tremely successful examples of news providers recognizing the changing preferences of consumption of their audiences.

Podcasts don't just have to exist on the national scale either; Maine Public has its own daily briefing podcast, "This Day in Maine," and even the Maine Campus now has its own official podcast, "Anecdote," focusing on the experiences of students at the University of Maine. Podcasts do not only serve as another means to attract subscribers or donations. They can also generate significant revenue through advertising. According to Forbes, some popular podcasts charge advertisers as much as two to

three times the ad rate for radio.

News organizations need to come to a clear understanding that their trade is news, not papers. There are more effective mediums by which publishers can get their product to their audience and draw their investment. It does not just have to be podcasts. It can be YouTube videos, social media updates, email newsletters, memes or literally anything else besides the outdated and wasteful print format. It may be difficult for publishers to change their identities in such a significant way, but if they don't move on from their outdated format then there won't be anything left to change.

The inside view: mental health maintenance especially difficult for student RAs

Owen Baertlein
Contributor

For both summer and winter training, Resident Assistants (RAs) spend about eight hours in scenarios called Behind Closed Doors (BCDs). These BCDs allow RAs to get practice responding to real-life, worst-case scenarios. Although about half of all BCDs address issues like underage drinking or noise complaints, one day of training is devoted to scenarios concerning mental health, suicide ideation or sexual assault. These BCDs prepare each RA to respond to situations that most people might not know how to handle, but they do nothing to prepare an RA for how to take care of their own mental health.

With all that Uni-

versity of Maine RAs have to handle, work days can get long fast, and unlike other jobs, there are no weekends, as supervisors require RAs be accessible to their residents 24 hours a day. Each RA gets only four days off per month, which they have to apply for at least two weeks in advance. So, it isn't much of a surprise that most RAs interviewed by the Maine Campus claimed that their mental health, or that of others on their staff, was negatively affected by the job they work.

RAs cited a lack of sleep, inconsistent discipline and being overworked as some of the main factors detrimental to their own mental health. In fact, the Department of Residence Life has been adding even more work to the

already heavy burden in the form of monthly programs for each floor in addition to Friday night programs led by the on-duty RAs. These monthly programs usually take place around the same time as programs led by UMaine Campus Activities and Student Engagement, which naturally has a larger budget and draws in more students. This is unfortunate for RAs, whose efficiency is quantified by the number of residents who attend their programs. Personal experiences and interviews with other RAs reveal that ResLife often blames the RAs when fewer residents participate in events.

This applies to things like one-on-ones as well, in which RAs are blamed by supervisors when residents don't

attend their meetings. Situations like these, where RAs face discipline like verbal warnings or probation for things well out of their control, can weigh heavy on an RA whose floor isn't particularly social, or doesn't spend much time in their hall.

ResLife's handling of mental health isn't all bad, though. RAs found that their direct supervisors were more sympathetic with their employees facing issues regarding mental health, but were limited in their capacity to help. Outside of a slight priority with Cutler Health Center's counseling service, RAs aren't offered any special resources to deal with the high stress of their jobs, and some feel that confiding in their supervisors might come with an added threat of removal from

the position.

One RA stated that they felt trapped in their room. Another said that the job just isn't worth it. Even during ResLife training, only about an hour every semester is devoted to helping RAs maintain their own mental health.

Overall, there is a lot of room for improvement when it comes to mental health in ResLife. Although direct supervisors attempt to assist the RAs they serve the attitude toward the RAs has been described as more passive, referring them to Cutler as if their wellbeing isn't the responsibility of their employers. And, it is no surprise that RAs feel this way; when asked about the job, one RA, who wished to remain anonymous, said there wasn't enough freedom to remain an RA next

semester, and others have said that pro-staff would fire them for telling the truth about the job or protesting nonsensical demands.

The stress of the job is much higher than most jobs on campus, and it is invisible to most. The stereotypes of RAs that some residents perpetuate, such as heartless and unforgiving, can also add a little more to the mental burden of the position. The reality of it is that a lot of RAs just want their residents to be safe; they don't get into the job just to bust people for drinking. But, the pressure from above is too much. There is a lot that the RAs at UMaine handle, and the Department of Residence Life just isn't doing enough to help them manage the stress of it all.

Maine from A6

sources, Maine regularly has over \$600 million in marine resources and total seafood sales.

Maine also has historically championed the nation in pulp and paper products, attributable to our 17.6 million acres of forested land. While Maine used to be a national and even international leader in paper and lumber products, the closure of numerous mills in recent years has challenged this status. These mill closures have been a result of cheaper international competition, environmental concern and digital media. However, while Maine mills may no longer employ the 18,000 workers they did between the 1950s and 1980s, a 2016 University of Maine study shows that Maine's forestry industry still has an \$8.5 billion annual impact. Even today, the paper and lumber industries account for 17% of Maine's GDP, which is certainly sizable.

Other important industries include our mining, shipbuilding and

manufacturing industries. Additionally, the Bangor Daily News reports that Maine added 29,000 jobs in healthcare and education in the first decade of the new millennium. Other services include tourism and outdoor recreation, which are driven by our natural resources. Acadia National Park contributed over \$339 million to our economy in 2017 and employed over 4,000 workers. In addition to our coast, tourists are drawn to our northern woods and our proximity to Canada. Agriculture, blueberries, potatoes, seafood, lumber, paper, services and outdoor recreation are among Maine's greatest economic strengths.

Maine inevitably also faces challenges. Maine has the highest percentage of Caucasian residents of all states. This is not inherently good or bad, but some groups see it as resistant to diverse perspectives. Maine also has the highest percentage of elderly citizens. The median age is nearly 45 (higher than any other state), U.S. News states that 21% of our population is over 65, and Maine

has a higher death rate than birth rate. This impedes the economy; we need young workers.

Maine is hurt disproportionately by climate change. Maine's Bay of Fundy has the highest tidal fluctuations in the world, and Climate Central estimates that 13,000 Mainers will be at risk of flooding by 2050. Warmer winters also lead to increased deer populations, which deforests our lands, and marine life critical to the state's economy — lobsters and some fish — are migrating north for colder waters.

This March 15, celebrate what is great about Maine. Our rich history attests to the state's fortitude. So for this bicentennial, participate in the festivities. To maintain Maine's prosperity, we should educate ourselves, stay in Maine to work, support our healthcare industries and be environmentally conscientious. If Mainers use our strengths to overcome our challenges, we can enter our next century of statehood with 20/20 clarity.

Thumbs

Up

Down

Snow (57%)

Rain (43%)

Uber (89%)

Lyft (11%)

Converse (56%)

Vans (44%)

Chocolate (67%)

Vanilla (33%)

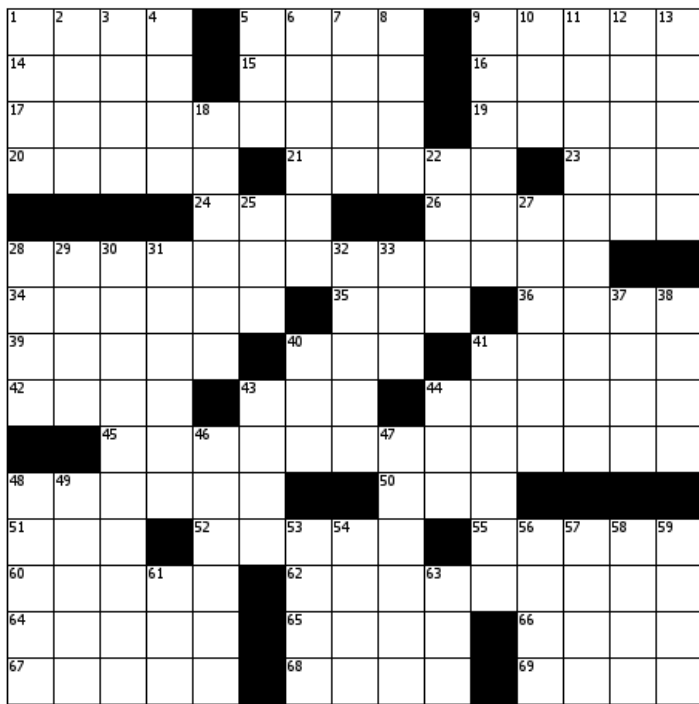
Trader Joe's (68%)

Whole Foods (32%)



Diversions

Crossword



onlinecrosswords.net. Answer key located on A5

- Across**
- 1. Attempt
 - 5. Hobby for swingers
 - 9. Tough times on Wall Street
 - 14. Opening for troops?
 - 15. Decorative window shape
 - 16. Biblical patriarch

- 17. Inca capital
- 19. Fate
- 20. Rather remote
- 21. Temple leader
- 23. Scout group
- 24. Mode of the moment
- 26. Please Uncle Sam
- 28. Gallup finding
- 34. Make ends meet?
- 35. Stick on
- 36. Bound
- 39. Something to stew over?
- 40. Cell substance
- 41. Lord, e.g.
- 42. Schlep
- 43. Taro dish
- 44. Inking
- 45. Cigarettes-to-be
- 48. Writer with a twist
- 50. Before, at the fore
- 51. Word with blood or boy
- 52. Writer's digression
- 55. Earthenware from Holland
- 60. Garnish
- 62. Noted traveler of Asia
- 64. Tumulus
- 65. Bedouin, e.g.

- 66. Feldman role
 - 67. On edge
 - 68. Private meal?
 - 69. Type of cat
- Down**
- 1. Zoophilist's org.
 - 2. Fisherman's net?
 - 3. Rice-shaped pasta
 - 4. Word with Bell or shell
 - 5. Dems' nemesis
 - 6. Fail at moderation
 - 7. Pasternak's heroine
 - 8. Blow, as one's lines
 - 9. It has a top and bottom
 - 10. Patriotic shout
 - 11. Certain packed container
 - 12. Breaks, at the ranch
 - 13. Paltry
 - 18. Word with pool or building
 - 22. Relax, as rules
 - 25. One with a heart?
 - 27. Sue Lyon role of 1962
 - 28. Whispered call
 - 29. Until
 - 30. Made undecipherable

- 31. Continue to survive
- 32. Kind of button
- 33. Civil rights leader Wells
- 37. What little things mean?
- 38. Kennel features
- 40. Holliday, for one
- 41. Lake Erie port
- 43. Shells out
- 44. "Morning Edition" producer
- 46. Cognac or applejack, e.g.
- 47. Some reasons for glasses
- 48. Illinois senator
- 49. Wore
- 53. Mosque leader
- 54. Show courage
- 56. Monumental
- 57. Madison Avenue design
- 58. Dud
- 59. Certain conservative
- 61. Patient visitors?
- 63. Letterman letters

Word Search: St. Patrick's Day

BEER
BELFAST
BISHOP
CABBAGE
CELEBRATION
CELTIC CROSS
CHRISTIAN
CLOVER
CORK
CORNED BEEF
DANCING
DUBLIN
EVENTS
FEAST DAY

FESTIVAL
GREEN
GUINNESS
HERITAGE
HISTORY
HOLIDAY
HOLY DAY
IRELAND
IRISH
LEPRECHAUN
LIMERICK
MARCH
MISSIONARY
MUSIC

PARADE
PATRON SAINT
POTATOES
SEVENTEENTH
SHAMROCK
SNAKES
SODA BREAD
TRADITION
YEARLY

S A S S E N N I U G E V E N T S P
I Y A D I L O H N T Y Y P A E P O
C T H I S T O R Y R A R P K G O T
I L S O D A B R E A D A A I R H A
S C O K L H T N E E T N E V E S T
U C I V N V H D E R S O I D E I O
M E I C E U A C O N A I T L N B E
E L C H E R A N R I E S E K B F S
G T H T A L S H R A F S C F E U F
A I R P R A E E C T M I I E F E D
T C I G I A L B S E R M B T S G H
I C S N N A D A R E R D H T Y A O
R R T R N I F I M A E P I C E B L
E O I D E L C I T N T V E K A B Y
H S A S E E L N R I A I R L R A D
E S N B H N B O A L O O O T L C A
S H A M R O C K U D C N R N Y Y Y

puzzles.ca. Answer key located on A5

Horoscopes

By Antyna Gould

Aries (March 21 - April 20)

Breathe deep as Mercury retrograde draws to a close on the evening of Tuesday, March 10. Communications will proceed smoothly from here on out. Take charge of projects in your professional life and expect results to come soon. With the closing retrograde, leave baggage in the past that have been holding you back from your full potential. Turn the corner feeling light and fresh to face the world one day at a time.

Taurus (April 21 - May 20)

Don't underestimate your self-worth, dear Taurus. You are a force to be reckoned with, so get to reckoning. On Monday, March 9, when the full moon rises in goal-oriented Virgo, speak up and ask for what you want, calmly. Do something that keeps you motivated to help you reach your professional goals. Mercury goes direct on Tuesday, March 10. Time to snap back into reality and get to work. Big things are waiting for you on the horizon. Charge after them.

Gemini (May 21 - June 22)

Feeling competitive and envious of others is normal, however letting those emotions consume you will only have negative effects. On the full moon on Monday, March 9, in Virgo, turn your attention to work and transform negative energy into hard work and the results you want. The best way to get your revenge is to live life well. Your suc-

cess streak will continue as Mercury goes direct on Tuesday, March 10. Don't waste time and make things happen.

Cancer (June 23 - July 21)

Direct criticism can be hard to handle sometimes. Remember not to take everything so personally. Sometimes the harsh comments are a reflection of the person speaking, not you. To help combat the criticism, take time for a luxurious self-care session during the full moon on Monday, March 9. Wake up feeling refreshed and hop back on the grind when Mercury goes direct on Tuesday, March 10. Make an effort to be direct in your communication to avoid hurt feelings.

Leo (July 22 - August 23)

Ground yourself in earth-sign Virgo on Monday, March 9 when the full moon rises. Look inward during a deep meditative session to see what details you have been neglecting about yourself. Don't be afraid to face romantic situations. The anxiety you feel could be from the anticipation of confrontation, rather than the issues itself. Professional matters start moving forward as Mercury goes direct on Tuesday, March 10. Things will finally begin to fall into place.

Virgo (August 24 - September 23)

Embrace the confidence you feel from the full moon rising in your sign on Monday, March 9. Use this feel-

ing to manifest some fantasies into a reality. Visualize your intent, whether it be romantic or professional, and start working towards the goal. The only thing stopping you is you. Making advances in your professional life will become easier on Tuesday, March 10 when Mercury finally goes direct. Don't get caught up in your self-criticism. Have the confidence and trust in yourself to achieve your goals.

Libra (September 24 - October 23)

Turn your attention away from your social life. It will always be there waiting for you. Instead, focus your energy and attention on making big gains in your professional life when a full moon rises in detail-oriented Virgo on Monday, March 9. Charge full steam ahead when Mercury goes direct on Tuesday, March 10. The past can no longer hold you back.

Scorpio (October 24 - November 22)

The full moon in Virgo on Monday, March 9, will fill you with power and let your intuition take over. However, the detail-focused mindset of Virgo can have you overanalyzing everything. Beware of the problems this can cause, especially if you find yourself being particularly possessive or controlling of someone. Release the tension you hold in your shoulders and march confidently forward in your work on Tuesday, March 10 when Mercury goes direct.

Sudoku

Each row, column and 3x3 square must have numbers 1 - 9 in any order, but each digit can only appear once. There is only one correct answer.

Difficulty level: Medium

				1				
9			2			1		
	7					4	2	6
		8		7				
		3	9					7
				3	8		5	
						7		
	3		6	8		5	4	
		2		4		9		3

puzzles.ca. Answer key located on A5

Sagittarius (November 23 - December 21)

Don't feed into the feelings of anxiety caused by the full moon in Virgo on Monday, March 9. Instead, use the day's slow pace to examine your current projects and see if there is an important detail you are missing that may be preventing you from your goal. Look towards your professional support group for reassurance and reliability in your projects. Mercury goes direct on Tuesday, March 10, meaning your intrusive thoughts go directly out the window. Breathe easy knowing things are returning to a sense of normal.

Capricorn (December 22 - January 20)

Prepare to dou-

ble-check your emails and run over your speech one more time on Monday, March 9, under the light of the full moon. A big advancement in your career is fast approaching thanks to the time and effort you put into everything you do. However, don't forget the little things. Breathe easy and email with confidence on Tuesday, March 10 when Mercury leaves retrograde and goes direct.

Aquarius (January 21 - February 19)

The "what if" questions speaker louder than normal under the full moon on Monday, March 9. Silence those voices while sitting in the lap of luxury and self-care. Light some candles, grab some

snacks and relax in a glorious bubble bath. After some serious self-love, resume a life of ease and progress on Tuesday, March 10 when Mercury goes direct.

Pisces (February 20 - March 20)

Take a break from dreaming and turn your attention toward work during the full moon on Monday, March 9. Go through your projects with a magnifying glass to see what details you may be missing. Afterward, let nothing stop you from accomplishing your goals. Good things come racing your way when Mercury leaves retrograde on Tuesday, March 10.

Reviews

▶ MUSIC

Mandy Moore returns to the music scene after 11 years

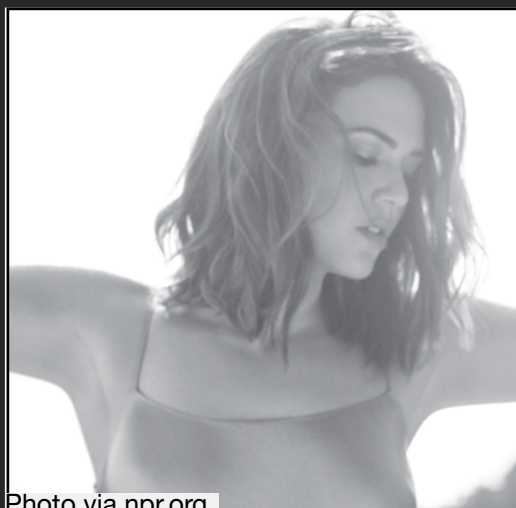


Photo via npr.org

RATING



Bria Lamonica
Staff Writer

On March 6, singer and actress Mandy Moore released her new album “Silver Landings.” With a retro vibe and the ‘90s sound we have grown to love, Moore shares with fans lyrics from her new life experiences as an adult.

This is Moore’s seventh studio album, following her last album, “Amanda Leigh,” which was released in 2009. 11 years later, Moore’s new album includes 10 songs and has a run time of 41 minutes. Her first album, “So Real,” was released in 1999, and though she took an 11-year hiatus, the release of her new album makes her a music career total over 20 years to date. In addition to her career as a musician, Moore has appeared in dozens of movies, including “A Walk to Remember,” “The Princess Diaries,” “47 Meters Down” and “Tangled” as the voice of Princess Rapunzel.

The cover of “Silver Landings” is impressive and eye-catching, featuring Moore standing outside with arms outstretched in a vibrant orange silk shirt. It very well reflects her personality and the theme of the album that deals with new beginnings and celebrating what life has to offer.

In the first song of the album, “I’d Rather Lose,” Moore talks about the current world of phones and technology that makes everyone able to be watched and seen. In her lines, “If the only way to win is by breaking all the rules / I’d rather lose,” she brings out a country tone in her voice as she expresses herself and her thoughts on things going on in the world today. This introduction to her new sound and more mature personality sets high expectations for the rest of the songs in the albums.

The third song in the album, “Fifteen,” is one of my favorites by far. Moore sings about her young and carefree self at the age of 15 and reminisces in those memories with her soulful lyrics. She was traveling, spending time with

her mom, learning how to drive and beginning to discover her passion for making music. Moore sings about old memories, and about how her 15-year-old self will always be a part of her.

Moore reveals to fans a little about her traumatic past and the struggles she has faced in her song “Forgiveness.” She makes subtle references to her relationship with her abusive ex-husband, musician Ryan Adams, throughout many of the songs on this album, and she isn’t afraid to show the dark and emotional parts of herself that she felt needed to be shared at this point in her life. She has accepted the things that she can’t change from her past and sings about forgiving the people who have hurt her and only trying to spread love and happiness from here on out.

As the album progresses, it almost seems like Moore’s autobiography, but written out in lyrics. She takes us through the journey of her life as a teen and how her music career blossomed out of a want for her voice to be heard. She moves to new places, struggles to find herself and her signature musical sound and navigates through new relationships and career opportunities. All of these details are revealed to us in each song with an elegant, soulful rock sound.

▶ MUSIC

Princess Nokia faces growing up on ‘Everything Is Beautiful’



Photo via stereoqum.com

RATING



Jeremy Slaven
Contributor

Princess Nokia, made famous for her 2017 album “1992 Deluxe,” released two albums on Wednesday, February 26, one titled “Everything Sucks” and the other “Everything Is Beautiful.”

The intended purpose of releasing two projects at once was to cater to her fans, Nokia explained.

“I wanted to make something for every Nokia fan,” she said on her Instagram story the day she released the albums.

It’s a good sentiment to have and it is nice to see her doing the most that she can, expanding her own horizons past the sound of her debut album. However, the result is that “Everything Sucks” is a project with considerable flaws in writing and production that feels like the artist is treading water. In contrast, and seemingly on purpose, “Everything Is Beautiful” is full of life, and is the one to listen to all the way through if one is comparing the two albums.

Where “Everything Sucks” has dull production, “Everything is Beautiful” makes up for it with a clean, extravagant sound. It is Nokia’s most soulful, gospel-influenced work to date, which lends itself to the tone of the album well. The opening track, “Green Eggs and Ham,” sets this tone, and Nokia sees it through to the end. The whole song feels like a sermon praying for your inner child and the divine feeling of reliving those memories. Her rhymes are simple but coupled with the smooth production, her singing voice and some very nice bass riffs, they create a great opening track with a positive message.

She continues to steamroll through the album on the second track “Happy Place” with a catchy piano loop and an excellent flow from Nokia. The third song, “Wash & Sets,” is where I begin to have problems with the album. The message of the song is that she misses being a kid and that now that she’s an adult she has to pay for bills, rent, college, etc. While her singing voice still comes through very well on this track, it’s hard to tell who its intended audience is.

Older listeners would view the messaging of

“Tell me who’s gonna pay these debts / I miss being a kid” as being whiny, and I would struggle to disagree with them. On one hand, the song is relatable, but on the other hand, there is a very childish nature to it. It feels too immature a message for her to be putting out at this point in time, and many of the other songs on “Everything Is Beautiful” say the same thing more subtly. It is difficult to critique the album on some of its immaturities because it is themed around them so heavily, so there is the hope that this was her opportunity to get some of it out and to grow as an artist moving forward.

The climax of the album is “Sugar Honey Iced Tea” which Nokia released as a single back in September. From the songwriting to the singing and heavenly production, the song is a powerhouse. Nokia’s verses are unbelievably good. She does a great job maintaining the voice she uses in the hook for her rap flows. You can find something new to appreciate about it on multiple relistsens, and if you’re going to be bumping any track on this album by itself, this is probably it.

The falling action of “Everything Is Beautiful” maintains the tone with a softer voice than the songs before it. “Soul Food y Adobo,” “Blessings” and “I am Free” are all smoother, jazzier rap-inspired bops. They lend a good diversity to the album while staying consistent in its overall quality. The last track “The Conclusion,” has Nokia rapping directly to her listeners, accented by a very light, string-focused beat. It’s reminiscent of “That Power,” from Childish Gambino’s “Camp” in the best way.

“Everything Is Beautiful” is a well-constructed, well-paced album that sticks to its themes, has a consistent sound and doesn’t compromise. In “The Conclusion,” Nokia notes how all her albums are different from each other and that she loves to experiment. Experimenting can yield treacherous results at times but if her experimental trial and error process leads her to make more albums like this one, whatever she has in the pipeline could easily surpass it.

▶ MOVIE

Great performances lead to a killer remake in ‘The Invisible Man’



Photo via imdb.com

RATING



Aidan Leavitt
Contributor

In the modern age of horror cinema, there is a certain disdain for the characters that lifted the genre into the mainstream. Characters like Count Dracula, Dr. Frankenstein’s Monster, the Invisible Man and the werewolf appear worn, and that’s because, to a large degree, they are. Studios have produced dozens of movies starring these characters, and as a result, their stories appear less shocking and more predictable. Sure, they’re classics, but they lack creativity and vision. Leigh Whannell, director of “The Invisible Man,” aims to change this, and does so with striking taste. It’s no small feat to modernize such a dated character and to do so with such success.

The movie centers around Cecelia Kass, played by Elisabeth Moss, an architect and girlfriend to an impossibly rich and megalomaniacal tech tycoon. When the relationship turns abusive, Cecilia, or “C,” executes a daring departure from her boyfriend Adrien’s estate. The movie continues through escape, fear and guilt, following C as she faces the trauma of being an abuse survivor while fearing for her own safety. The movie follows her through her gradual descent into a frenzied hysteria, and numerous twists and turns escalate the narrative.

As far as the performances go, Moss gives Cecilia her all and plays the character quite convincingly. Her fear is palpable throughout the film and is aided by the camera work. Moss’ co-stars also deliver commendable performances, in the form of characters James and Sydney, played by Aidis Hodge and Storm Reid respectively. Harriet Dyer plays Cecilia’s sister, but the character seems a bit off in relation to the rest of the cast and movie. However, this may be due to the script more than the performance itself. The cinematography has

more potential than is realized, but Whannell does use several long shots to his advantage, as well as camera angles that give the impression that C is being watched, which only adds to the unnerving atmosphere. And just when the plot seems to be slowing down, an event takes place that reinvigorates the film, giving it a jittery quality. The ending also leaves the viewer with several questions, a ploy I personally enjoy.

“The Invisible Man” is a well-executed film that deserves every penny of its box office earnings. The modernization of the film material is clearly evident and works to make the film feel relevant without reliance on pop-culture, which so many movies falsely depend on. Like any good movie, it’s a combination of the many little details that work to make the viewing experience enjoyable.

Nikko: day 2

Shania Soler
Contributor

On the second day of vacation, my host family and I woke up in the ryokan. I hadn't gotten the best night's sleep as we slept on traditional futons rather than actual beds. They were comfortable, but not something I was used to. Thankfully, the huge breakfast offered was all I needed to completely wake up, and then we went on our way.

Anticipating having some time to kill before checking into our second ryokan, my host mom, had done some research and found a farm about an hour away where we could eat fresh, soft-serve ice cream and see farm animals. However, because it's the winter season there weren't many to see, outside of some sheep and miniature horses. However, my host sister Remi loved it since it was her first time seeing them.

Animals weren't the only thing that was scarce, though. There were little to no people around which made for great photo opportunities of not just the farm, but of the snow-covered mountains as well.

The air was crisp from the cold, the sky was blue and the scenery was gorgeous. We wrapped up our visit after seeing the animals and enjoying our soft serve. The next destination on the list was Kinugawa, which only took about a half-hour to get to.

The town was very small and there was hardly anyone around, but the abnormally blue water in the river was what caught my attention. Below the bridge we were standing on, we could see another

old bridge in the rock wall above the water. It's clear that it's been around for a long time, and I was surprised to see it in such good condition. Just looking at the bridge, being in the small town, I could easily picture the people walking across it in feudal Japan.

Of course, because the town was so empty there was a fair share of creepy, abandoned buildings that looked like they were straight from a horror film based around Japanese mythology like "Hanako-San" or the "slit mouthed woman." The setting and surrounding areas in Japan are so different from what I'm used to in the States that seeing these buildings reminded me of how far from home I am.

We continued our exploration of the town after getting away from the horror houses. Before leaving home in Chiba, my host mom had told me about saru (monkey in Japanese) that will get into the onsen (hot springs) while people are in it. Because of this, I had been super excited to see a monkey. Low and behold, not just one but multiple appeared before us in the town. There was even an adorable baby monkey with its mother.

At first, I was a little upset that I couldn't have had that full experience of having a monkey just casually stroll into an outdoor onsen, but after seeing how mean they can be, I'm glad that nothing like that ever happened. Of course, the baby and its mother were adorable and I did want to get pictures, but Ran was adamant about us not looking at them for too long as they get mean fast. There was



The bright blue water of a river in Kinugawa, Japan.

Photo by Shania Soler.

one other monkey sitting on a picnic bench and he swatted at everyone who walked past. Since none of us wanted to be attacked by any monkeys, we continued on our way to what I like to call the Oni (demon) stairs.

These were really awesome to view from below. The stairs sat at the far end of the bridge so the entire time you walk toward them you have this amazing view of the artwork on it. The further away you are, the better it looks. I know that this painting on the stairs is a far cry from some of the other jaw-dropping pieces around the country, but this was still a definite sight for sore eyes.

We wrapped up our sightseeing in the town after that and finally made for the second ryokan. This one took about an hour and a half to get to as it was situated further in the

mountains. Now, the first ryokan was amazing. It had already felt like a luxury staying there for the night. This one, though, made me feel like I was part of some ancient Japanese royalty. The place was huge and the front walkway extended far to the main building. There were these lights on either side that had motion sensors and lit up every time you walked past.

In the main lobby, there was a beautiful view of the snowy mountain and a small river below. Even in our room we had tatami flooring and a nice little outdoor seating area that looked out onto a small river and another mountain.

The food at the ryokan was delicious and I was able to try a different style of traditional Japanese cuisine that included skewered fish in which the fish was still whole —

scales, bones and all. It was really good and Tatsuya, my host dad, told me about how he and his friends would have this same meal in junior high. They would go down to the river bed, catch the fish and start a small fire and cook them right there.

After dinner, I checked out the outdoor onsen at this ryokan. Once again I'd found myself lucky enough to have the area to myself. The sun was setting and there were small snowflakes drifting down from the sky overhead. Steam rose from the heated water and, directly in front of me was a snow-covered mountain. The entire onsen had rocks around it and there was a tree directly overhead that had gleaming icicles hanging on them. It was a picture-perfect sight.

Eventually, I had to drag myself from the

onsen and make for the room so we could head to a light festival. The light festival was something that Ran, my host mom, had told me about before the vacation. She'd shown me pictures as well. I like calling it the light festival, but the actual name is the "Yunishikawa Igloo Festival" and it's a yearly tradition in the Tochigi prefecture where people build these small igloos and place little lights inside. The pictures were absolutely stunning, but because the winter this year was warmer than usual only about 150 of the usual 800 igloos could be built. That part was a little sad, but it was still an amazing experience that my host family and I both got to enjoy for the first time.

Peru from A12

sisting of a forensic anthropologist, zooarchaeologist and archaeologist, was able to secure funding via National Geographic grants that allowed them to explore the archaeological phenomenon. In total, they discovered the remains of 137 children and 205 llamas. Most of the children ranged from ages six to 11, with DNA analysis showing them to have been both male and female. Almost all the children

were buried with at least one young llama.

The team discovered that the sacrifices were likely carried out together in one large event. All the children's chest cavities were opened with extremely clean cuts to the sternum, which is not typical.

"Usually there is some hesitation in the executor or the victim moves, causing imperfect cuts," Prieto explained. He went on to suggest that it's possible, as it was not an uncommon practice, that the heart was then removed from the

chest cavity as a sort of "transfer of power."

Adding to this theory was the discovery of a 40-year-old man on the sacrificial grounds that had an extremely strong right arm, which suggests he might have been the executor. Prieto explained that in some human sacrificial cultures, the executor is killed after he performs the executions as he is seen to have acquired the power of his victims, and if the organizer wanted that power he would have to kill him.

Prieto's team also found data that showed

the children were in excellent health upon their death.

"[Their health] shows they were not just kids taken from the streets to be used in the sacrifice, and that they likely didn't come from poor families," Prieto added. He talked about the children's ethnic affiliation and geographic location, suggesting that occipital flattening of the skull in about 10 percent of cases alludes to variation.

Prieto is currently digging at a second site where the number of sacrificial victims

is already surpassing the Huanchaco site, with the remains of around 230 children and over 400 llamas. He made note of the many conditions that inhibit his work, such as variable weather conditions, difficulty in working in the sand and damage to sites. The second site is especially interesting to Prieto as it represents an era in Chimu history where the Inca were also present. Prieto said that with this site, he was confident that sacrifices were used "as a form of political discourse" and not just

as a result of El Nino weather occurrences.

Prieto closed out the lecture by talking about how he was looking forward to future excavations and discoveries, as there is much potential in the region. The event was sponsored by the Rising Tide Center in partnership with the UMaine Unido project, helmed by professors Dr. Dan Sandweiss and Carlos Villacorta, which aims to bring speakers from Latin and South America to UMaine.

AAUW from A12

"mistress" and "diva," now have negative connotations and are no longer terms of power and strength as they once were. Mitchell described her different experiences working with women who come from different backgrounds and socioeconomic status, and how this impacts them in various settings among peers, whether it be in jail or

in the classroom.

Catalina Piedrahita was the next panelist to join the discussion. She spoke at length about her job at Preble Street, working in anti-trafficking services as an intensive case manager. Originally from Columbia, Piedrahita worked as a physician before she came to America and decided to help victims and survivors of trafficking.

Preble Street works closely with labor, domestic servitude and

sex trafficking victims, and is a non-profit organization that helps to provide housing, clothes, food and safety for victims who want to escape. Preble Street has a main location in Portland, and also has locations in Lewiston and Bangor, where Piedrahita currently works.

The last panelist in the discussion was Cheryl Golek, a mother of three who discussed her struggles growing up in poverty in rural Maine and the

cycle of generational poverty that plagues many families in America. She was able to overcome obstacles and was introduced to a job opportunity that allowed her to co-found The Vicarage by the Sea in 1998, which is an alternative care home for adults with dementia. Golek raised two of her children as a single mother in low-income housing for many years of her life and is now working to end the stigma around struggling

families who use social services resources such as Section 8 housing vouchers, food stamps, medicare and more to survive.

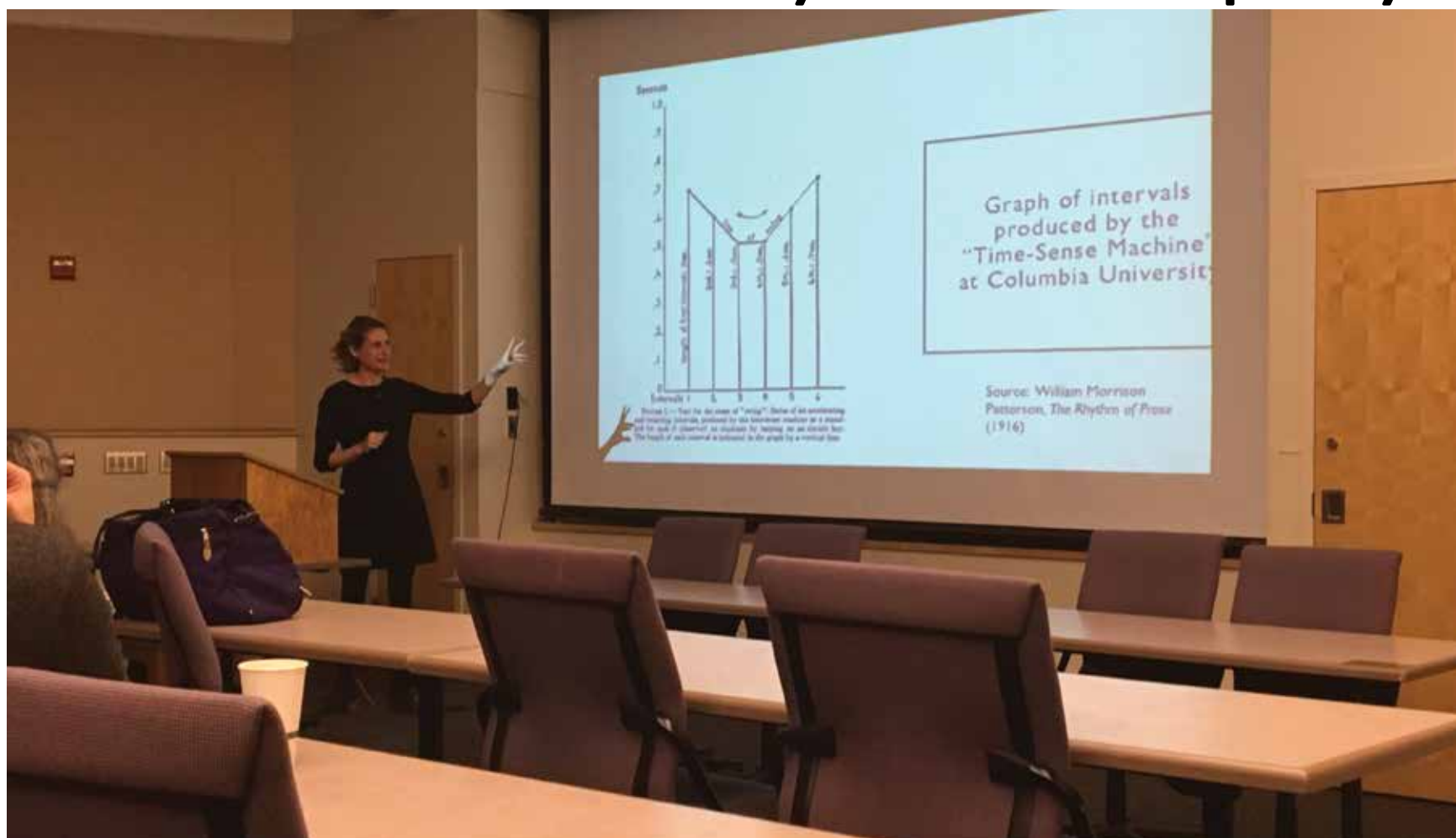
She described her hopes for the future, and how raising her young daughter now is so different from when she was raising her two sons in poverty. Golek also shared her goals for the future, and a list of changes she thinks should be made to the social services system.

"The people in poverty in this country

aren't broken. It's the system," Golek said. "As a society, we assume people are poor because of the choices they make; that's not it. People who are in poverty should be more educated and informed of social services resources, and shouldn't have to find things out for themselves."

To get in contact with the AAUW or join their organization, visit penobscotvalley-me.aauw.net.

McGillicuddy's Humanities Center hosts guest lecture on the racial history of free-verse poetry



Visiting Professor Erin J. Kappeler of Tulane University explores the texts of modernist poet and activist Mary Austin, to show the concept of free verse poetry and cultural domination in Hill Auditorium on Wednesday, March 4.

Photo by Antyna Gould.

Rebekah Sands Contributor

On March 4, Erin J. Kepler, a visiting professor from Tulane University, gave a talk on Native American poetry and innovation of language titled “Mary Austin’s Time Machine: Modernist Poetics and Settler Time.” Introduced by Margo Lukens, the director of the McGillicuddy’s Humanities Center, the talk furthered this year’s theme, “Society, Colonization, and Decolonization” by introducing the importance of Native American language regarding our modern perceptions of time and rhythm.

Beginning with a lecture and followed by a relaxed Q&A, Kepler introduced free verse as an ideal of white America’s identity rather than a strictly aesthetic movement, highlighting her current book project, as abbreviated, “The Secret History of Free Verse,” unpacking how translations of Native American oral expressions are commonly understood without sufficient context. Kepler adds that she doesn’t want to reconcile the past, but recognize the significance of native literature among settler ideals.

“I don’t think reconciliation is a good paradigm for this kind of work but rather I’m

interested in getting all of us to acknowledge the way that settler, colonial racist thinking shapes the study of native literature,” Kepler said.

She went on to explain her research within the context of Mary Austin, an author and activist who claims that free verse poetry was a poetic expression designed to be perfected by white poets. Through her activism, Austin may have buried the true expressions of Native American poetry and song. Exemplified by Austin’s analysis of poetic rhythm in Native American poetry, Kepler extrapolated problematic “settler

time,” or the white interpretation of a native form of rhythm.

“Free verse was a poetic expression of an emerging modern white race,” Kepler said. “The idea that race and poetic form are connected had a profound effect on the development of Native American poetry as an object of study ... my work on Austin seeks to understand Austin’s major contributions to modernist poetics and to the formation of Native American poetry in all of their contradictory fullness.”

Kepler discussed transcription later in the lecture, emphasizing Austin’s idea that Native American po-

etry was written song, or written spoken culture, leaving Austin to attempt the translation of available narratives. Kepler described how Austin mistakenly equates forms of textual literacy to stages of civilization development, believing Native American songs to be a “pure” form of poetry later to develop as based on a white narrative. Although there certainly were Native American poets by the time of Austin’s transcriptions, the white narrative analyses of earlier poems prove to be either convoluted or, at the very least, requiring a second eye.

More talks concerning the theme “Society,

Colonization, and Decolonization” will continue throughout the rest of the semester, run by the McGillicuddy Humanities Center, some of which have included: “Innocence Unprotected: The Cinema of Colonization and Decolonization” and “Cancion/Cancao, a recital of art songs from Cuba, Brazil and Argentina featuring mezzo-soprano Caitlin Felsman.” The next event will be a free movie viewing on Monday, March 9 from 6-8 p.m. featuring “Coffy: The Cinema of Colonization and Decolonization” in the Barrows Hall Hill Auditorium.

#YouMaine: Rochelle Lawrence offers a unique lens on being an IMFA graduate student

Rebekah Sands Contributor

Along with the busy schedule that being a wife and mother of three entails, Rochelle Lawrence carves out time to heavily involve herself in the University of Maine’s art department by being a graduate student of the Intermedia Master of Fine Arts program, a graduate assistant in the IMRC Center’s equipment room and an intern of the Lord Hall Gallery mentored by Laurie E. Hicks, helping with curatorial processes, set-up and the running of the shows themselves.

One of the more significant events that takes place in the department of art is the Student Art Show at Lord Hall Gallery, and Lawrence is busy with preparations.

“Next week we meet with one of the artists showing next fall, so we’ll actually be picking up the artwork that will go up on the walls,” Lawrence said. “The student show for the art department is

happening in [early] April, and it’s a really big deal because on the 23rd and 24th, we go through all the artwork that students submit. We have to look at it all, get the paperwork in line, and then on the 25th, it’s juried. We look at all the artwork that’s been submitted and [determine] what’s going to be put up in the show, [and] what gets monetary awards.”

Following is the set-up process which includes framing, hanging and lighting the work. Then, of course, the show itself, including an opening reception and juried awards — something the art department does to congratulate those who have done great work during the semester.

“My second semester, I had two pieces that were in the show; one of them got picked to be in the dean of students’ office, which was a cool thing,” Lawrence explained, noting that there’s also a monetary award that comes along with

it. “Then I got two art [education] financial awards ... so it’s a really neat thing that the art department recognizes the students that are working hard.”

Besides the Student Gallery Show, Lawrence is working on a project for the art department’s Earth Day exhibit, “In Remembrance,” showing on April 22.

“It’ll be right here in the IMRC on Earth Day,” Lawrence said. “I’m working on a series of prints for that [event] that are related to endangered and threatened species in Maine. It’s a collaborative show, so we’re [currently] trying to figure out what our big theme is that we work on together — but environmental issues [is the premise].”

In the future, Lawrence hopes to shift her practice to more socially engaged work, such as collaborating with students and teachers to create works of art in their community. As the semester comes to an end and summer al-



Rochelle Lawrence appears in the MFA Library after an early morning in her studio space, playing with a mixture of resin and beeswax to best construct an amalgamate beehive structure.

Photo by Rebekah Sands.

lows for more opportunities for personal endeavors, Lawrence has many things to look forward to.

“One thing I’ve always wanted to do was find a building

in Hampden where kids can paint a mural,” Lawrence said. “I’m really hoping to find ways that I can be in the community and help with projects where other people

make work, or to create awareness around issues.”

FEATURED STORY

McGillicuddy's Humanities Center

Visiting Professor Erin J. Kappler of Tulane University explores the texts of modernist poet and activist Mary Austin.

A11

NEW AND UPCOMING RELEASES

🕒 <i>Healer - Grouplove</i>	March 13
🕒 <i>Possession - Joywave</i>	March 13
🕒 <i>Heartbreak Weather - Niall Horan</i>	March 13
🎬 <i>The Hunt</i>	March 13
🎬 <i>Bloodshot</i>	March 13
🎬 <i>A Quiet Place Part II</i>	March 20

Reviews

Mandy Moore

Princess Nokia

The Invisible Man

A9

Collins Center lecture sheds light on ritual sacrifice on Peru's coast



Gabriel Prieto speaks on his research and discovery of a mass sacrifice of children in Huanchacoto, Peru in the 1400s AD in the Bodwell Lounge of the Collins Center on Tuesday, March 3.

Photo by Antyna Gould.

Aidan Leavitt
Contributor

On March 3, Archaeologist Gabriel Prieto gave a lecture about ritual sacrifice on Peru's coast to a packed room in the Bodwell Area in the Collins Center for the Arts. University of Maine Professor of Archaeology Dr. Dan Sansweiss introduced Dr. Prieto, an assistant professor at the University of Florida at Gainesville, professor at Peru's National University of Trujillo, and National Geographic grantee.

"It's very rare to not find [examples of] hu-

man sacrifices in different societies around the world, and that it's something that is embedded in human cultural practices," Prieto said in the opening, framing the several human sacrificial sites he's investigated. The sites Prieto analyzed were mainly child and camelid, meaning of the camel family, sacrificial sites. Prieto went on to explain the environment in Peru and how its variability and volatility led to the societies he examines being developed under strenuous circumstances, and that ritual sacrifice was indeed tied into this relation-

ship. Using other sites in the region for reference, Prieto made the case that "violence was closely related to [these people's] ideological beliefs," and that sacrifice was an extension of this. Archaeologists have known for decades that the people in question, the Moche, and later Chimu, practiced human sacrifice in the region, but previous archaeological finds were not nearly as encompassing as Prieto's current undertaking.

The first site, Huanchaco, is not far from the infamous archae-

ological site of Chan Chan, once a large Chimu city. Prieto noted that he cannot currently dig in the Chan Chan, as the Peruvian government is currently doing its own excavations, but is doing his best to dig around. He also spoke of the El Niño occurrences and the effect these likely had on the Chimu economy and society, adding that he thinks the answer to the reaction the Chimu had is found at sites like Huanchaco.

Prieto's work started in 2011 when he got a call from a local business owner who said he had noticed his

children playing with human bones. Prieto remarked that in a place like Peru, it's not uncommon for people to come across ancient artifacts.

"It seems like everyone has some sort of ancient ceramic vessel lying about," Prieto said of the number of ancient artifacts in Peru. In this case, the owner's property yielded 43 children and 43 llama sacrifices, numbers much higher than Prieto expected. He then decided to put together a team to tackle the growing project.

The team, con-

See **Peru** on A10

go!

What's happening in and around Orono this week

Monday, March 9

Intersectional Brunch Bunch: Women's Day Discussion

12 p.m. - 1 p.m.

Intersectional Feminist Resource Center

Monday, March 9

Film Screening and Discussion: 'Coffy'

6 p.m. - 9 p.m.

Hill Auditorium

Tuesday, March 10

End Stage

9 a.m. - 12 p.m.

Buchanan Alumni House

Tuesday, March 10

Green Careers Fair

11 a.m. - 1 p.m.

Memorial Union

Thursday, March 12

NT Live Broadcast:

Fleabag

7 p.m. - 10 p.m.

Collins Center for the Arts

Panel discussion sheds light on need for women's support

Bria Lamonica
Staff Writer

On March 7 in the Margaret Smith Policy Center of the York Complex, Andrea Mercado and the American Association of University Women (AAUW) hosted a panel discussion titled, "Supporting Diverse Women's Life Experiences." Featuring three panelists' presentations and a question and answer style discussion, the event lasted for over two hours and allowed community members to interact with women who each had unique experiences.

Mary Cathcart, a member of the AAUW Penobscot Valley Branch, began the event with an introduction and explained the goals and purpose of

the AAUW organization, which was founded in 1865. The organization helps to put on events and raise money for scholarships for college-aged women. It also provides funding for different women's organizations. Many of the women involved in the organization were present at the event to answer questions.

"It's so important to celebrate people of diversity on campus and in our community," Cathcart said. "One of our goals is to advocate for women and girls, particularly in education."

The first panelist of the discussion was University of Maine Professor Paige Mitchell. Mitchell presented on "Dolls and Divas: Women and Self-Actualization." She report-



Paige Mitchell, PhD candidate and director of the Writing Center at the University of Maine, presents her experiences about helping women feel empowered and confident.

Photo by Antyna Gould.

ed her findings that she has discovered through research, as well as from working with both university women on campus

and with incarcerated women from the Penobscot County Jail. She is currently pursuing a Ph.D. through the university while

also working in the English department's Writing Center, training students to become peer-tutors, and teaching English 101,

among other courses.

Her work focuses on how terms used to describe women, like

See **AAUW** on A10