

The University of Maine

DigitalCommons@UMaine

---

Maine Campus Archives

University of Maine Publications

---

Spring 2-17-2020

## Maine Campus February 17 2020

Maine Campus Staff

Follow this and additional works at: <https://digitalcommons.library.umaine.edu/mainecampus>

---

### Repository Citation

Staff, Maine Campus, "Maine Campus February 17 2020" (2020). *Maine Campus Archives*. 5334.  
<https://digitalcommons.library.umaine.edu/mainecampus/5334>

This Other is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in Maine Campus Archives by an authorized administrator of DigitalCommons@UMaine. For more information, please contact [um.library.technical.services@maine.edu](mailto:um.library.technical.services@maine.edu).





News

Winter Carnival concludes with Project Linus blanket-making event

A2 Sports

Nationally-ranked Maine splits weekend series with Huskies

B1

Culture

Winter Carnival brings engagement to mid-February slump on campus

A11

Opinion

Editorial: Increasing green practices could change UMaine's colors to blue, white and green

A6

## UMaine recognizes second annual 'Fresh Check Day'



Cozy crafts and gratitude spread through the Memorial Union on Monday, Feb. 10 during the Fresh Check Day program. This program is meant to educate and raise awareness on mental health and suicide.

Photo by Antyna Gould.

**Bhavana Scalia-Bruce**  
Contributor

On Feb. 4, the University of Maine brought awareness to mental health and suicide prevention by hosting its second annual Fresh Check Day. The Mind Spa worked in collaboration with the UMaine Center for Student Involvement in sponsoring the event.

The Jordan Porco Foundation, a Connecticut based organization working to combat suicide and spread mental health awareness, nationally sponsors Fresh Check Day in various locations across the United

States.

The Memorial Union was filled with interactive booths where many student groups and associations came together in collaboration to recognize this day. These booths, hosted by students and faculty, educated community members about student wellness, mental health and suicide prevention. The main attraction was a raffle and a stamp card which rewarded students with a stuff-a-buddy upon completion.

At one, students wrote letters to people in the process of coming out. Students

also made handmade scarves to give out to other students. Another table encouraged two people who did not know each other to write compliments on mirrors and exchange them.

Kayla Goodwin is the Orono campus organizer for Fresh Check Day. Goodwin currently works as a graduate student and assistant for the Mind Spa, which is overseen by the campus Counseling Center. She plans to graduate this coming spring with her Master of Education in Higher Education.

"The objective [of Fresh Check Day] is

simple; connect with students and raise awareness about suicide prevention, while also just connecting students to our on-campus resources and creating meaningful relationships with them," Goodwin explained.

During the planning stage of the event, Goodwin chose to hold the event during the time of typical winter slump in order to assist students in recognizing ways to look after their own mental health as spring semester stress starts to affect more of the community.

The UMaine community, Goodwin be-

lieves, is the driving factor behind the success of this event.

"A variety of offices, departments and organizations were a part of Fresh Check Day this year. The Mind Spa, Counseling Center, Center for Student Involvement, Student Wellness, UMaine Student Government, Multicultural Student Center, Graduate School, UMaine Online, First Year & Transfer Center, Rainbow Resource Center and the Bodwell Center all had booths," Goodwin said.

"Perhaps I'm biased but any effort towards suicide prevention and

mental health promotion is a success, but this event went very well. We had over 200 student participants and nine booths sponsored by on-campus departments or offices," Goodwin said.

To find out more about ways in which students can take care of their own mental health needs, visit the Center for Student Involvement, located on the first floor of the Memorial Union, or visit <https://umaine.edu/studentinvolvement/contact-us/>.

## Forest Climate Change Forum discusses future of climate management

**Leela Stockley**  
News Editor

On Wednesday, Feb. 12, members of the University of Maine faculty gathered for the Forest Climate Change Science and Practice Forum at the Wells Conference Center. The forum was an opportunity for members of the faculty to share their insights into the climate science research going on at UMaine, as well as an opportunity for faculty to connect with those

conducting similar research.

Speaking at Wednesday's event were Jay Wason, Amber Roth, Erin Simons-Legard, Keith Kanoti, Adam Daigneault, Alyssa Soucy and Sandra De Urioste-Stone. Ivan Fernandez, who was named the 2007 Distinguished Maine Professor and was appointed last year to the Maine Climate Council, spoke at the event with updates on the council's decisions for the

coming year.

The forum served as an opportunity to share a multidisciplinary approach to climate issues, with speakers representing the fields of forest ecology, forest operations and management, socioeconomics and communications. Each speaker discussed ways in which their fields contribute to management or adaptation in the face of climate change and noted that there are many ways in which

climate change is affecting non-traditional fields, which requires interdisciplinary cooperation.

During the presentation by Wason, an assistant professor of forest ecosystem ecology, the major talking points highlighted that because of climate change forest management practices were being updated and constantly evaluated.

"Because of the changing climate ... there are changing weather patterns in

central Maine," Wason said. "Central Maine is acting like a different environment [than it used to], and we have to learn to adapt to that."

Wason also discussed how, because of the changing global climate, more areas are experiencing localized extreme weather events, such as ice and wind storms, which can disrupt forest management practices. These challenges require more specialized approaches to

forest management in order to preserve forest health and ensure a healthy forest in the future.

Wason noted that through forums and poster sharing opportunities, researchers are able to find what type of assistance other researchers need and are able to create an environment that would give rise to that assistance.

"We are still responding to weather,

See **Forest** on A4



# News

## Winter Carnival concludes with Project Linus blanket-making event



Freezing temperatures on Saturday, Feb. 15 made for a perfect day to stay warm inside Hancock Hall crafting blankets for children in need through the Blankets for Linus project.

Photo by Antyna Gould.

### Maria Maxsimic Contributor

On Feb. 15, University of Maine students celebrated the last day of the annual Winter Carnival by participating in Project Linus' National Make-A-Blanket Day. Students were provided with materials and made a combined total of 22 fleece-tie blankets to support the non-profit organization.

Project Linus' mission is to provide "love, a sense of security, warmth and comfort to children who are seriously ill, traumatized or otherwise in need" through the gift of handmade blankets, accord-

ing to their website.

Lisa Morin, the coordinator for the Bodwell Center for Service and Volunteerism, directed the event. She explained that while the week of Winter Carnival was being planned the center was looking for a service project to participate in. She soon realized that the final day of Winter Carnival was National Make-A-Blanket Day.

"We decided that this was just [meant] to be," Morin said.

Participating students were given two large pieces of fleece, cutting materials and patterns to make the blankets. Each chapter of Project Linus shares

what blankets they are in need of and provides directions on how to make them.

After putting together the fleece blankets, Morin brought them to the local area's drop-off location for Project Linus, which is at Jo-Ann Fabric in Bangor. The blankets are sent directly to Project Linus who will distribute them to children in need.

Project Linus is a national organization that was started by Karen Loucks in 1995. Loucks decided to make security blankets for patients at Denver's Rocky Mountain Children's Cancer Center after reading a magazine article about a

child named Laura that battled Leukemia. Laura carried her special "blankie" with her and believed that it helped her get through years of intensive chemotherapy. Loucks wanted to provide blankets for other children, and eventually the organization grew. Now there are chapters in all 50 states, according to their website.

"It's a group that many people have heard of, so it's really easy for [students] to understand what we are doing. When we say it's Project Linus, [everyone knows] it is blankets and knows where they are going, so it is easier for people to come and help," Morin

shared.

Jessica Sargent, a first-year secondary education student at UMaine, participated in the blanket making. Sargent explained that participating in events like Project Linus are great ways to get involved and make a difference in the community.

"It was so much fun, and the best part is, [we all] knew it was for someone who needed [them]," she said.

Morin hopes to host this event again in the future.

"Discovering that this day, which is a national day, happens in February when we are usually scheduling Win-

ter Carnival, sounds like something that we can connect in the future," Morin said.

The Project Linus event took place in Hancock Hall, a space Morin said felt perfect as many students were just outside participating in a sledding event, also as a part of Winter Carnival, and came into the hall to participate and warm up from being out in the cold.

For more information about Project Linus, visit the organization's website: [projectlinus.org](http://projectlinus.org).

There you can make a donation or find a local chapter to donate blankets, materials or your time.

## Maryann Hartman Award winners announced

### Maria Maxsimic Contributor

The 2020 Maryann Hartman Awards will be presented to the retired director of the University of Maine's Women's Resource Center Sharon Barker of Bangor, Penobscot Nation Ambassador Maulian Dana of Old Town and Executive Director of Maine Hospice Council Kandyce Powell of Wiscasset.

The Maryann Hartman Awards are awarded annually to women in recognition of "their accomplishments in the arts, politics, business, education and community service," according to the UMaine Women's, Gender, and Sexuality Studies Program website. The award honors the late Maryann Hartman who was a UMaine professor of speech communication and a feminist, scholar and humanitarian. It is given

out to honor Hartman's "spirit, achievement and zest for life" and to "[provide] inspiration to others and [demonstrate] the levels of attainment now possible for women."

Sharon Barker, a UMaine alumna, was the first director of UMaine's Women Resource Center in 1991. Under Barker's direction, the center was able to help the university's faculty and staff by putting on professional development workshops in gender dynamics. In this position, Barker mentored numerous students and facilitated gender equity workshops for girls. Additionally, Barker prepared and trained UMaine students who would act as role models for the 500 middle school girls who visited the Orono campus for the Expanding Your Horizons conference. Barker retired from this position in 2014.

Barker was involved

in a number of women's organizations in the community like the Maine Girls Collaborative Project, Maine's Women's Employment Issues Committee and the Mabel Wadsworth Women's Health Center where she served as the president and was the co-founder.

Prior to her work at UMaine, Barker worked as a family planning counselor in Bangor for 10 years and then returned to UMaine for graduate school.

"Through [working at Family Planning], [I learned] the profound impact sexual and reproductive health experiences have on women's lives and the importance of women's equal participation in society. It was my privilege to be able to earn my living doing work I loved, in a place I loved, and to know I was making a difference," Barker shared.

Barker noted that this

experience, in addition to the political awareness she gained while receiving her education at UMaine, is what motivates her to be an advocate for women's rights.

In September of 2017, Maulian Dana, a UMaine alumna, was appointed as a Penobscot Nation ambassador by Chief Kirk Francis. As an ambassador, Dana has testified in front of the Maine State House on behalf of the Penobscot Nation, advocating for equity for Native Americans and proposing policies that remove derogatory mascots from schools in Maine. Additionally, she has advocated for the bill to change Columbus Day to Indigenous Peoples' Day. Dana has also lobbied "for legislation that allows prosecution of non-Native offenders in tribal courts, and enhancing awareness of the murdered and missing indigenous women

in Canada and the U.S.," according to the university's website.

In 2016, Dana was elected onto the Penobscot Nation Tribal Council where she will serve a four-year term. In this role, she provides support and strengthens programs that educate people on the traditions and customs of the Penobscot Nation.

Kandyce Powell has been serving as the executive director of the Maine Hospice Council and Center for End of Life Care since 1992. Powell has also lobbied in front of the State Legislature for Maine's hospice licensure law that she co-authored and An Act To Improve the Quality of Life for Persons with Serious Illness. Her work as a lobbyist was largely motivated by her hospice career, focusing on end-of-life care for under-served and rural populations in the state.

In 2000, Powell developed and facilitated a hospice program at the state prison. While in this position, Powell obtained grant funding which enabled the Maine State Prison Hospice Band to produce a CD album. She held this role until 2018.

Powell currently co-chairs the Maine Hospice/Veterans Partnership. In 2018, she served as a visiting professor in Aberdeen, Scotland at Robert Gordon University.

Barker, Dana and Powell will be honored in a ceremony on March 25 at 5:30 p.m. in the Buchanan Alumni House on UMaine's Orono campus. This event is free and open to the public. For more information about the event or to RSVP, visit UMaine's Women's, Gender, and Sexuality Studies Program website or email [umaine.wgs@maine.edu](mailto:umaine.wgs@maine.edu).



# Bangor Greendrinks visits UMaine

**Bhavana Scalia-Bruce**  
Contributor

On Feb. 11, the University of Maine hosted Greendrinks of Bangor to educate students and community members on sustainability surrounding their initiative. Greendrinks hosts regular events in hopes of raising awareness around their organization's goals, as well as to raise money for their organization.

According to Bangor Greendrinks, their primary objective is to offer family-friendly events where community members can celebrate local businesses dedicated to sustainability. All of its

events focus on growing sustainable local businesses and provide a great opportunity to network with professionals from throughout the greater Bangor region.

Greendrinks is an international organization working to increase sustainability worldwide. There are cities all over the world that work with Greendrinks, and Bangor just recently started partnering with the organization.

The event was open to students and community members interested in learning about ways in which they can take part in sustainability move-

ments. Speakers discussed ways in which UMaine could visibly go greener, as well as discussed ways to create a more sustainable campus.

Greendrinks provided compostable cups to encourage sustainability. However, the organization also encourages that guests bring their own reusable vessel for refreshments at events hosted by Greendrinks in the future.

The event was hosted in collaboration with UMaine's Stein Society's Brewer Nights, as well as Orono Brewing Company. The money they raise at every event goes right back

toward Green Grants, which is managed and allocated by Greendrinks. These grants provide the resources for local businesses to expand and integrate more environmentally sustainable practices into their businesses.

Every second Tuesday of each month, Greendrinks hosts an event around the area to promote sustainability. Each event invites community members to drink refreshments and enjoy snacks, based on sustainable products, all provided by Greendrinks.

In the greater Bangor region alone, Greendrinks has granted over \$44,000 to in-

vest in sustainability solutions. The grants which Greendrinks provides are products that become visible within the community. This happened in 2019, when Greendrinks worked in collaboration with Bangor Savings Bank and created the second edition of the Trails and Map guide. The guide was a result of a \$3,250 grant that was allocated to the Bangor Savings Bank in order to provide this resource to the community.

Greendrinks has worked with the city of Brewer as well to provide sustainable community options, and granted money to

the municipal office in order to provide bike racks for the community. On the Brewer Riverwalk, there is now a fish-shaped bike rack for community members to share. Through initiatives that make sustainable activities and products more accessible to local communities, Greendrinks is able to assist as communities adapt to sustainable lifeways.

For those interested in learning more or getting involved in Bangor Greendrinks, visit their website at <https://bangorgreendrinks.org/>.

# UMaine releases Maine's Climate Future 2020 report

**Leela Stockley**  
News Editor

The University of Maine has released its most recent report on Maine's climate, which states that every climate-related parameter measured in Maine has accelerated. The "Maine's Climate Future - 2020 Update" report highlights the potential effects of climate change on Maine's farms, fields, forests and marine resources, as well as the effects that climate change will have on Maine culture and the economy.

This year's report states that the rate of air and sea warming is increasing, as well as the rate of precipitation. The report also notes that the sea level is rising at rates faster than in the 20th century.

The report builds on previous years of data collection, as well as collaborative efforts with the Schoodic Institute at Acadia National Park. Key findings within the report show that there are accelerated rates of warming along Maine's coast when compared to interior and northern Maine. The report also notes the changes in winter snowfall patterns, as well as more unpredictable weather events. Based on data collected over many years, UMaine climate scientists have determined that the minimum temperatures, that is the lowest average temperatures, are warming by 60%. This will mean in the future, there will be fewer deep-freezes, which may affect the environmental stability of Maine.

The report also shows the implications of climate change for the agriculture industry in Maine, noting that the growing season has lengthened by two weeks. Data also shows that the spring and fall seasons are much warmer than in years past, with weather patterns becoming more erratic during these seasons.

The report underscored the importance of taking this climate information and utilizing it in ways that will affect state and local policies in order to secure a climate future that will be manageable for Mainers.

"The steps taken now to reduce greenhouse gas emissions determine which alternative future pathways Maine experiences," the report states.

"From the historical

record we know that Maine's climate has warmed and become wetter over the past century," said Sean Birkel, Maine state climatologist and UMaine research assistant, professor and co-author of the report. "The factors propelling these changes are estimated by climate models that show that the warming signal from greenhouse gas emissions emerged from the noise of natural variability by at least the 1960s."

Catherine Schmitt, of the Schoodic Institute, and co-author of the report highlighted how Mainers continue to thrive in adverse conditions.

"Our work at Schoodic Institute focuses on understanding environmental change in Acadia and beyond, as well as help-

ing those charged with managing protected areas to respond and adapt to change. This 2020 update, while alarming, affirms that Maine people have the will and capacity to thrive in uncertain times," Schmitt said.

Ivan Fernandez, professor of soil science and forest research, was the lead author of the report. Fernandez had been working in climate science for years before being chosen to be on the Maine Climate Council by Gov. Janet Mills in 2019. Fernandez noted that the climate report is helpful in making international and national decisions on climate management. The fact that researchers were able to gather localized information has helped Mainers learn what to expect in the future.

"What is most important for Maine people is information that is local, from our backyard," Fernandez noted. "This report hopes to connect Maine people with the information they need for decision making. We are in awe at the stories from elsewhere about fires in Australia and California, hurricanes in Puerto Rico, melting ice and permafrost in the Arctic, droughts in Africa, and Pacific island nations being lost to rising seas. This can make us less aware of the changes all around us here in Maine."

To view the Maine's Climate Future - 2020 Update report, visit <https://climatechange.umaine.edu/climate-matters/maines-climate-future/>.

**WITHOUT AN EMERGENCY PLAN YOUR BUSINESS CAN END UP HERE.**

[Ready.gov/business](https://ready.gov/business)

Ad Council Ready Business FEMA American Red Cross



# Weekly Updates

## This Week in Student Government

### Weekly recap of decisions made by the UMaine Student Government General Student Senate

#### Maria Maximic Contributor

The General Student Senate meeting on Feb. 11 began with the approval of the Feb. 4 meeting minutes and agenda.

General Good and Welfare:

A representative from the Maine Human Rights Coalition Inc. reported that the 5th annual Black History Month Black Lives Matter Breakfast will be held at the Wells Conference Center on Saturday, Feb. 15.

Vice President Chase Flaherty discussed the Robert's Rules item of the week. The item of the week highlighted the motion to suspend the rules if someone wanted to speak outside the traditional order of business.

New Senators, Officer Appointments, Resignations:

Vice President Flaherty reported the resignation of Sen. Isaiah Bedsole. Tiffany Curro was appointed as a senator.

Club Maintenance:

A representative from Black Bear Beekeepers argued for preliminary recognition. The club has a current membership of about 18 students. They are a club for beekeeping enthusiasts and the goal is to promote the importance of honey bees. They received preliminary recognition following a vote from the Senate.

The floor was open to candidates seeking nomination from the Senate for the position of student trustee on UMaine's board of trustees

Vincent Scott and Sens. Tessa Shanteler and Frank Kelly individually spoke in front of the Senate, seeking nominations for the position of student trustee on UMaine's board of trustees.

Executive Reports:

Vice President Flaherty spoke on behalf of President Bentley Simpson who was absent. Flaherty reported that last week Vice President Flaherty and President Simpson met with Vice President of Student Life and Dean of Students Robert Dana and discussed the new senate positions,

Maine Day and student mental health. Additionally, he thanked the Senate for volunteering at Fresh Check Day and reminded them of Winter Carnival events in the future. Lastly, he shared that nominations for vice president and president would begin this week.

Vice President Flaherty reported that Dean Dana would be coming to speak to the Senate in the near future. Additionally, he shared that he is looking for people to help out with the planning of the Senate retreat. Lastly, he stated that one senator would be appointed as the representative of the University of Maine Reserve Officer Training Corps this evening.

Vice President for Financial Affairs Jack O'Donoghue stated that there was a mistake in the dollars of allocation at the previous meeting on Feb. 4. He reminded the Senate about upcoming budget meetings.

Vice President for Student Organizations Taylor Cray reported that Trivia Night would occur on Feb. 11 and reported that she was pleased with how Fresh Check Day went. She reminded the Senate about Winter Carnival events happening.

Vice President for Student Entertainment Logan Aromando discussed the creation of a new budget for this year and the upcoming year, in addition to the possibility of hosting a comedian or an entertainer in the future. He reported that he is working with President Simpson and Student Life to reinstate student discounts at Spotlight Cinemas. Lastly, he shared that he is working with Student Government and Student Life on Maine Day activities and the Maine Day concert, attempting to increase the maximum capacity. He reported that he met with UVAC and the fire department to discuss safety surrounding the concert plans.

The Advisor to Student Government Lauri Sidelko reminded the senate about Winter Carnival events. She reported that the presidential primary is approaching and that



early voting is open. She also reported that a message will go out to the student body to inform them of early voting. She shared that the actual primary election will occur on March 3 and that Student Life is working on transportation from the Memorial Union to the Orono Town Office to get students to the polls. Lastly, she informed the senate that the Town of Orono is looking for poll workers.

Periodic Reports:

Faculty Senate Student Rep. Camryn Hammill reported that the faculty senate is meeting on Feb. 12 and that they are working on reforming the general education course requirements.

UMaine Board of Trustees Student Rep. Abby Despres was absent.

Chair of the Fair Election Practices Commission Matthew Akers reported that nomination forms for vice president and president of UMSG, Inc. will be available at 8 a.m. on Feb. 12 in the Student Government Office.

Student Legal Services Liaison Elisabeth Redwood had no report.

Orono Town Council Liaison Camryn Hammill reported that the City of Orono is working on reforming broken rental and landlord dwelling lots and that the council approved a vote to discuss the city's water later this year.

Old Town City Council Liaison Peter Alexander had no report.

Director of Communications Owen Vadala reported that election day for UMSG, Inc. is on March 23 and that nomination forms for vice president and president of UMSG, Inc. would be

available on Feb. 12.

Center for Undergraduate Research Liaison Olivia Lovejoy reported that, at her first meeting with the director of the Center for Undergraduate Research, they discussed how the center should spread news about the resources they offer to students.

Reports of Standing Committees:

Membership Rep. Gabriela Reyes was absent but had Vice President Flaherty share a message. She reported that food for the meeting was provided by Bear's Den and that binders were created for new senators.

Policy & Procedure Rep. Harrison Ransley reported that there would be a meeting to discuss the potential for mental health services on Feb. 14.

Political Activism Rep. Cody Embelton reported that on the second Wednesday of every month there would be a meeting for all political organizations on campus.

Services Rep. Emeline Willey reported that she met with a rep from ResNet to discuss the issues with the internet on campus. Additionally, she shared that she would host a meeting on Wednesdays to discuss potential murals for Maine Day.

Representative Board Reports:

Commuter and Non-Traditional Students Rep. Ian Johnson reported that a pancake breakfast will occur on Feb. 14.

Honors College Student Advisory Board Rep. Dominique Dispirito reported that the group was conducting recruitment initiatives to get more students from

the Honors College on the board. Additionally, the board plans to host a breakfast on Feb. 28 and all students are welcome.

Interfraternity Council Rep. Morgan Ford reported that the council is working with Orono Brewing Company and Upward Bound to create events for the year. Additionally, the council plans to host an art auction to fundraise and promote local artists.

Panhellenic Council Rep. Allison Swede reported that the National Greek Leadership Association conference is occurring in late February and members plan to attend. Additionally, Swede reported that Greek organizations are still conducting recruitment for the spring

Senior Class Council Rep. Joshua Minor reported that senior shirts and cups are on sale at the Bookstore in the Union. Additionally, Minor shared that on April 1 the council will host a Students vs. Staff basketball game for their large fundraiser.

Sustainability and Environment Action Division Rep. Dalton Bouchles was absent but left a message for Vice President Flaherty to report. Vice President Flaherty reported that the group is still looking for a social media chair and that plans are being made for Earth Week and Heritage Week.

Community Association Reports:

Student Heritage Alliance Council Rep. Anna Schaab reported that the council has a new secretary. Additionally, Schaab shared that Japanese exchange students will be coming to UMaine during the spring semester and all students have the opportunity to eat lunch with them in the Union. Lastly, Schaab reported that on Feb. 13 the Interfaith Luncheon would take place in the Wilson Center and that they are planning a Mardi Gras potluck.

Feminist Collective Rep. Hannah Thompson reported that the Vagina Monologues will occur on Feb. 21 and Feb. 22. Thompson shared that the "Milk with Dignity" showing is on Feb. 13. Lastly, Thompson announced

that the group is preparing for Women's History Month in March.

Wilde Stein: Queer Straight Alliance Rep. MJ Smith reported that the group is working with the Rainbow Resource Center on the Drag Show and that they are planning for Lavender Prom. Lastly, the group plans to participate in Women's History Month and Diversity Week events on campus.

International Student Association Rep. Hannah Holbrook reported that the South Asian Association of Maine will be hosting an event on Feb. 14. Additionally, Holbrook shared that on Feb. 15, the International Dance Festival would put on two shows at the Collins Center for the Arts. Food and drinks will be sold outside to benefit the association.

Consent Agenda:

A motion to allocate \$200 to the Woodsmen Team for an office budget was introduced. This motion was passed.

A motion to allocate \$275 to Dungeons & Dragons for food on game nights was introduced. This motion was passed.

A motion to allocate \$725 to Wilde Stein for event insurance for the UMaine Drag Show was introduced. This motion was passed.

New Business:

An Act to allocate \$3,724.40 to the Woodsmen's Team for registration, wood, and an ambulance for home meets and hotel rooms for away meets was passed.

An Act to allocate \$3,300 to the Black Student Union for seven hairstylists for their Hair Care Fair on Feb. 23 at DTAV Community Building was passed.

An Act to allocate \$1,160 to the Navigators group for the use of conference admission for eight students to attend the annual Northeast Navigators Regional Winter Conference in Southbridge, Massachusetts on Feb. 21 was passed.

The senate went into executive session, the final roll was called and the meeting was adjourned.

## Forest from A1

not responding to climate. These are still day to day operations," Wason said. "We want more dependable weather forecasts so that we can more efficiently [approach] forest management."

Fernandez updated the faculty on the endeavors of the Maine Climate Council once

he was invited to present. He discussed the projects that had been occurring around the state in the last 30 years which were helping to study long-term effects of climate factors on Maine environments. Fernandez discussed the Bear Brook Watershed project, which is located in Down East Maine and is used as an environmental study on acid deposition.

"This kind of research allows for science-informed policy-making," Fernandez said.

He also noted that these types of research projects help scientists and officials develop plans for mitigation that benefit the ecosystem, as well as the organizations and people involved in those ecosystems.

"Currently, the Maine Climate Coun-

cil is working towards preliminary recommendations for the final report in order to continue to work going forward," Fernandez said. "The report includes instruction on natural lands management, as well as setting parameters for other sectors."

Wednesday's forum was an important opportunity for members of the UMaine community, as it allowed

researchers the opportunity to better assess ways in which to integrate knowledge from other fields into their own approach to climate change, as well as offering the opportunity for graduate researchers to gain a deeper understanding of climate research at UMaine.

For those interested in attending a Climate Change Forum, there will be a forum

open to the public held on May 14-15 in Rangeley, Maine. To find out more information on the Center for Research on Sustainable Forests, visit their page at <https://crsf.umaine.edu/>.



# Police Beat

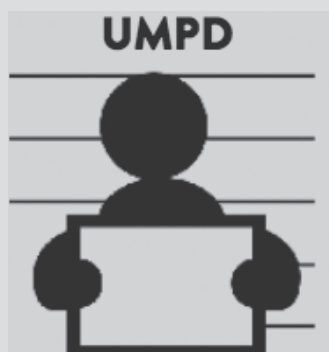
The best from UMaine's finest

**Leela Stockley**  
News Editor

Feb. 1 - 8:00 a.m.

While on duty, Officer Grey of the Orono Po-

lice Department (OPD) noticed a vehicle driving the wrong way up Mill Street in Orono. Officer Grey stopped the driver, Gordon Beckwith, 19,



of Lewiston, who confessed to falling asleep drunk and waking up to drive his friend to work. Officer Grey conducted a roadside sobriety test,

which Beckwith failed to pass. Beckwith was then arrested and escorted to OPD, where a blood alcohol test was conducted. Beckwith was found to be over the legal limit. He was charged with operating under the influence and operating without a license and has a court date set in March.

Feb. 9 - 3:34 p.m.

The University of Maine Police Department received a call on Feb. 9 from Sigma Phi Epsilon on 375 College

Ave that three subjects unlawfully entered the fraternity houses of Sigma Phi Epsilon and Phi Kappa Phi. The call noted that the trespassers had stolen photos and flags worth \$1,700, as well as causing an estimated \$300 worth of damage to a moped scooter belonging to the Sigma Phi Epsilon fraternity. The reporters also noted that the trespassers had entered the boiler room at Sigma Phi Epsilon and had turned off the switch-

es to the boiler panel and lights. UMPD identified David Allen, a first-year, Dylan Adamsky of Theta Ki and Samuel Borquin of Theta Ki. Allen and Borquin were charged with burglary, while Adamsky was charged with burglary and criminal mischief. During interviews with UMPD, they admitted to having been drinking prior to the incident, and acted cooperatively and with remorse. All of the stolen items were returned.

# Briefs

Quick news from around the country

**Leela Stockley**  
News Editor

Feb. 14

The city of Scarborough has announced plans to unveil a new Immigration and Customs Enforcement (ICE) office, which will share a

building with a Veteran's Administration group. The office will be a home base for local enforcement and removal agents and will act as a processing center for detainees before they are moved to long-term detention centers. The



implementation of this office has been met with community backlash and has led to officials noting that the office will not be advertised as an ICE location.

Feb. 15

The state of Maine has moved forward with

an initiative to offer the barber licensing tests in over 10 different languages by the end of the year. The change is in the process of being implemented after the Kennebec Journal reported that Arabic-speaking students at the Aveda Institute in Augusta were experiencing difficulties obtaining licenses due to not being able to take the exam in their native languages. This motion is a positive change in Maine's attitude towards

immigrant and non-native workers and will allow Maine to form more welcoming communities as Maine's demographics are quickly changing.

Feb. 16

Eastern Maine Community College has received over \$3 million in grant money to train students, free of charge, in high-demand fields. The grant money, allocated by the Harold Alfond Foundation, has allowed the Maine Community College System to es-

establish 11 new workforce training programs for Mainers in order to meet the needs of the surrounding communities. Some of the programs offered include welding, medical assisting and computer support. For many Mainers, this opportunity has allowed community members to return to school without the fear of large student loan payments.

# The World This Week



Feb. 16

The death toll for the coronavirus jumped past 1,500 on mainland China on Sunday, according to reports from various health groups. According to the latest figures calculated by the World Health Organization, there have been 67,000 cases of the coronavirus worldwide, with more countries reporting deaths within their borders. Action to quarantine communities has been recommended, and mainland China has taken strict measures which include quarantining used currency in order to help prevent the spread of the virus. Around the world, health officials are working to set up screening stations, with doctors in Hubei, China setting up CT scanning which can alert virus carriers almost immediately, as opposed to traditional testing which takes two days to report results.

Feb. 11

A new report from the United Nations has noted the detrimental effect that "runaway inequality" has on democracy and recommends that world leaders invest in "robust social safety nets, an active redistribution of wealth and increased protections on workers rights." The report also states that all of these measures are well within the capacity of the world's wealthy nations. It also states that, while growing inequality hurts the lower class workers, it also hurts the "economic elites," because large wealth gaps lead to economic stagnation and slower growth. In order to mitigate the potential economic stagnation driven by current wealth inequality, the UN suggests that policymaking focuses on equity and equality, rather than policies which serve to further divide people around the world.

Feb. 10

Last Monday, a farmer discovered the fragments of a fossilized skull which were identified by experts as belonging to a previously unknown species of Tyrannosaurus. The fragments were found in southern Alberta, Canada. This finding marks the first new Tyrannosaurus found in Canada in the past 50 years and is thought to be one of the oldest Tyrannosaurus species in North America. The fossil fragments were named Thanatotheristes degrootorum, combining the name of the Greek god of death with the word "theristes" which means "one who harvests." The second part of the name is in honor of De Groot, the last name of the farmer who discovered the fossils.



## This week at UMaine...

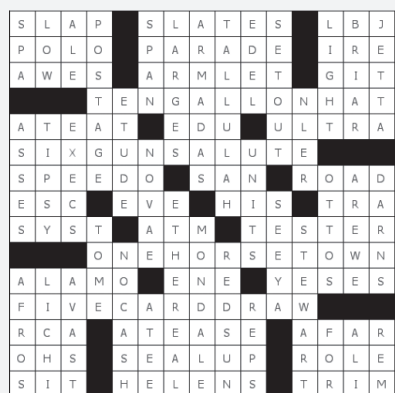
What's happening this week at UMaine

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No classes - Presidents' Day	Featured Faculty / 2020 9:00 am - 4:00 pm Lord Hall Gallery	Lunch and Learn with Kimberly Whitehead 12:00 pm - 1:00 pm Multicultural Student Lounge  Wednesday Night Supper 6:00 pm - 8:00 pm The Wilson Center	Socialist and Marxist Studies Series 12:45 pm - 1:30 pm Bangor Room, Memorial Union  Mental Health Monologues 3:30 pm - 5:30 pm Lown Room, Memorial Union	Alex's Lemonade Stand 11:00 am - 2:00 pm Memorial Union	A Cappella Showcase 9:00 pm - 11:00 pm North Pod of Memorial Union

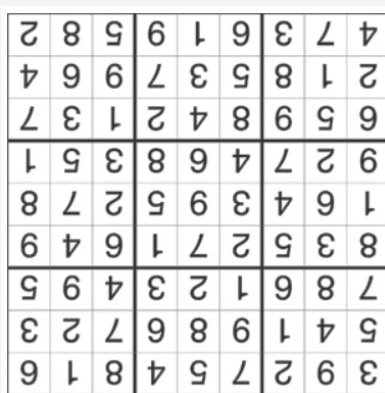
Want to see your club or organization's event represented here? Send the info to [eic@mainecampus.com](mailto:eic@mainecampus.com)

## Diversions Answer Key

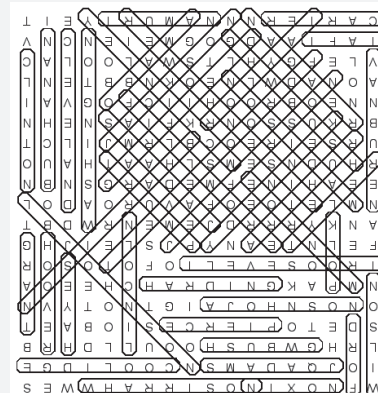
Puzzles, comics and more on A8



Crossword



Sudoku



Word Search

# Opinion

Monday, February 17, 2020

## Editorial: Increasing green practices could change UMaine's colors to blue, white and green

**Liz Theriault**  
Opinion Editor

Climate change is impacting natural resources everywhere; Antarctica reached 65 degrees last week, this past January was the warmest January since record taking began; and the Australian bushfires burned for 210 days before being fully contained. The state of Maine is no stranger to these harmful effects, as the Gulf of Maine is labeled as the second most rapidly warming body of water on Earth. As a state that is economically, recreationally and socially dependent on natural resources, efforts must be made to protect it, starting at Maine's own flagship university.

The University of Maine touts itself as a green and sustainable campus. Numerous UMaine programs such as the Green Campus Initiative, UMaine Office of Sustainability, UMaine Green Team and the Black Bear Food Guild provide beneficial and

important services to the UMaine community which encourage sustainable practices. However, UMaine could continue to do more to increase the accessibility of green living for students, faculty and staff.

In 2018, UMaine was listed as 49th in Princeton Review's annual list of Top Green Schools in the country. While this is a wonderful accomplishment, other Maine schools such as Colby, Bowdoin and Bates all made the 2019 list under the top 15 of 50 colleges. The College of the Atlantic, located in Bar Harbor, was ranked as the number one green college in America.

In 2007, the College of the Atlantic made history by becoming the first college to go carbon-neutral. Their website dictates clear sustainable policies for plastic usage, discarded resources and materials management, sustainable buildings, meat purchasing, energy frameworks, water and more.

One particular area of focus for the College of the Atlantic is its sustainable buildings. All campus buildings are equipped with wood pellet boilers, solar panels and composting efforts such as composting toilets and bins available for student and staff use. UMaine has composting efforts available, but only in dining halls, where staff compost food discarded by students. If UMaine was to implement composting services to residence halls and other campus facilities such as the Memorial Union or hallways between classrooms, it would increase accessibility to greener practices for all UMaine community members.

Green and sustainable practices work most effectively when they are accessible. For UMaine students, recycling is available in all facilities, but current pre and post-consumption food waste composting efforts require a strong personal initiative from students to collect their

waste and deliver it to local facilities such as the UMaine Cooperative Extension or Orono Community Garden themselves. According to the Office of Sustainability, UMaine currently diverts over 400,000 tons of food waste to their compost systems. This is an amazing effort that contributes to helping our planet, but the waste rates could decrease exponentially with an increase in accessible sustainability practices.

UMaine could also make efforts to limit the amount of waste produced before student and staff consumption. The U.S. Environmental Protection Agency (EPA) reports that America creates 33 million tons of food waste each year, and contributes 3.6 million of those tons to American universities and colleges. This is because college and university all-you-can-eat dining policies often involve dining halls to prepare more food than what will be consumed and encourage stu-

dents to take more food than they will actually eat. It's no wonder that the EPA reports that almost 40% of America's food waste consists of food that never made it to anyone's plate.

Currently, UMaine offers three on-campus all-you-can-eat dining facilities, one restaurant, and one pay per item cafeteria. At UMaine's all-you-can-eat facilities, including York, Wells and Hilltop, some sections are managed by dining hall staff who serve out measured portions of food. This practice helps to mitigate food waste, but many other food sections, such as the salad bar, "From the Grill," cereal and sweets, sandwich bars and more are open for students to place as much as they desire on their plates. An increase in portion control monitoring or even a possible switch to pay per item cafeterias could help decrease UMaine's food waste.

A shift to accessible composting services and effective pre-con-

sumption monitoring efforts would allow UMaine to encourage an individualized sustainability approach for each and every student, while also strengthening their institutionalized green efforts.

In order for climate change and waste reduction efforts to be effective, they need to be sustainable. Sustainable practices are learned through institutionalized efforts and individual practices that combine forces to create the greenest outcomes possible. UMaine works hard to exist as a green campus, but more could be done to decrease the footprint we leave behind and encourage students to participate in the process.

## 'Parasite' Oscar win opens the doors for more foreign language films in popular cinema

**Nate Poole**  
News Editor

This past Sunday, the Academy Awards proved that there may actually be a legitimate reason for it to exist. The ceremony was complete with all the usual fanfare: celebrities made fumbling speeches with vaguely political messages, everyone explained who

they were wearing, and nominees forced smiles as they watched the winners of their categories get called up to the stage. Outside of the usual pomp and circumstance, there were two very clear anomalies which lent the generally indulgent proceedings something akin to legitimacy: Eminem showed up and performed the only song of his every-

one knows: "Lose Yourself" and a foreign language film, "Parasite," won Best Picture.

"Parasite," a South Korean film directed by Bong Joon-Ho, not only walked away with a win in the Best Picture category, but also in Best International Feature, Best Original Screenplay, and Best Director. This is a significant win for the South Korean

film industry, especially considering that it has only been in existence as it stands today since the early nineties, after the country's move to a democratic government. Joon-Ho himself was stunned after receiving more than one Oscar, as he only prepared for one speech, let alone four.

Some might suggest that this is a big

step forward in terms of acknowledging foreign films in America, but caution is necessary when equating the members of the Academy that vote on the award categories with the views of everyday citizens. According to Good Morning America, of the approximately 8,000 members of the Academy in 2018, just 31% were women, and

16% were people of color. These demographic numbers and typically white and male nominations for the awards resulted in an uproar on Twitter with the hashtag "#OscarsSoWhite" trending again. It often seems as though the Academy is making a conscious effort to appease the public rather

See **Parasite** on **A7**



The Maine Campus is an independent student publication. It is completely produced by undergraduate students of the University of Maine. Student subscriptions are provided for free through the communications fee.

The Maine Campus is printed at the Alliance Press in Brunswick, Maine. Our offices are located at 131 Memorial Union. Contact us by e-mail at [info@mainecampus.com](mailto:info@mainecampus.com) or by phone at 207.581.1273. All content herein © 1875 - 2018 The Maine Campus, unless otherwise noted. All rights reserved.

### Editorial and Production

**Editor in Chief** *Olivia Shipsey*  
[eic@mainecampus.com](mailto:eic@mainecampus.com)  
**News Editor** *Leela Stockley*  
[news@mainecampus.com](mailto:news@mainecampus.com)  
**Sports Editor** *Zach LaBonne*  
[sports@mainecampus.com](mailto:sports@mainecampus.com)  
**Opinion Editor** *Liz Theriault*  
[opinion@mainecampus.com](mailto:opinion@mainecampus.com)

**Culture Editor** *Sierra Semmel*  
[culture@mainecampus.com](mailto:culture@mainecampus.com)  
**Photo Editor** *Antyna Gould*  
[photo@mainecampus.com](mailto:photo@mainecampus.com)  
**Production Manager** *Michaela Arsenault*  
[production@mainecampus.com](mailto:production@mainecampus.com)  
**Head Copy Editor** *Maddy Jackson*  
[copyeditor@mainecampus.com](mailto:copyeditor@mainecampus.com)

### Business and Advertising

**Business Manager** *Chloe Hepburn*  
[business@mainecampus.com](mailto:business@mainecampus.com) - 581.1223  
**Marketing Director** *Mia Kaufman*  
[marketing@mainecampus.com](mailto:marketing@mainecampus.com) - 581.1270

For rate sheets and other advertising information, visit [mainecampus.com](http://mainecampus.com).

## Love us? Hate us? Write us.

Letters to the editor should be 300 words, concise and clearly written. If applicable, include your academic year. Send all submissions to Liz Theriault at [opinion@mainecampus.com](mailto:opinion@mainecampus.com).

Submissions may be edited for length, clarity and style. Anonymous letters will not be published.

Opinion pieces should be roughly 650 words and clearly written. Include your name, year and major.

Submissions should be in .doc format.

Send all opinion pieces to Liz Theriault.

*The attitudes and views expressed in the Opinion section are those of their authors only and do not necessarily represent the views of The Maine Campus or its staff.*



# Healthy body means a healthy mind

**Ellen Moon**  
Contributor

Issues of mental health are not exclusive to any group; it affects people of all ages, genders, religions and ethnicities. According to the National Alliance on Mental Illness, one in five U.S. adults experiences mental illness each year. This means that about 66,200,530 adults in the U.S. experience some form of mental illness. However, there is one thing we can do to improve our mental health which simultaneously improves our physical health: exercise.

Changing our lifestyle by becoming more physically active can help with

prevention and treatment of mental health issues. Studies done by researchers from Aker University Hospital show that in “samples of non-depressed subjects over time, the general finding is that physically active people have a reduced tendency to develop depression.” As for those of us who already have a diagnosed mental illness, studies still show that exercise can do a number of positive things during treatment.

Depression is often related to inactivity or a lack of drive to exercise and perform daily tasks. Exercising stimulates the brain by releasing natural endorphins, also known

as “the happy hormone.” This leaves a positive feeling in your body which is similar to that of morphine. Physical activity also releases dopamine and serotonin. Dopamine is the natural chemical that relates to feelings of pleasure, while serotonin is the chemical added to antidepressants to ease symptoms of depression. Exercising can also give you a feeling of accomplishment, as well as physically improving your health.

According to Mayo Clinic, there are specific exercises that combat symptoms of depression and anxiety, the two most common mental health disorders across Ameri-

ca. Doing small amounts of activity in 10-15 minute intervals has proven to be more effective in alleviating symptoms than doing 30 minutes of activity three to five days a week. Exercises that tend to release the chemicals serotonin, dopamine and endorphins at a faster rate are those that involve cardio, like biking, running, or swimming. However, it is also important you stick to a physical activity you enjoy so you get the most out of your individual experience. Scientists have also stated that participating in as little as five minutes of aerobic exercise can stimulate anti-anxiety effects.

Exercise is not the only

thing that can help you with reducing depression and anxiety symptoms. Doing yoga once a day or even after exercise can leave time for reflection as well as physical and emotional restoration. Poses good for anxiety are big toe pose, bound angle pose, bow pose, bridge pose, camel pose, cat pose, channel cleaning breath, and cow pose. Poses that are shown to be good for depression are child pose, cobra pose, downward-facing dog pose, warrior pose, reverse warrior pose, transition, bridge pose and supported corpse pose. While doing these poses, it is important to focus on positive thoughts and

try to clear your mind of any anxious or self-critical thoughts. 40% of people on antidepressants who make yoga part of their daily routine show signs of improved treatment.

Making exercise and yoga part of your daily routine is a positive change to make in your life. They will not only improve your mental health but will also improve your physical health. As someone who struggles with mental illness, making both of these actions part of my routine has increased my performance in many areas of my life, and most importantly positively affected my mental health.

## The Maine CMP Corridor poses more problems than gains

**Gabriel Karam**  
Contributor

Mainers are polarized over whether or not to allow Central Maine Power (CMP) to build its 145-mile long corridor through western Maine. CMP wishes to deliver hydroelectric energy from Canada to Massachusetts through this corridor. Advocates of the corridor allege that allowing the corridor to be built will create Maine jobs, will cost Maine nothing since Massachusetts is paying for it, will promote clean hydroelectric energy instead of fossil fuels and will largely be built alongside existing power lines so as to not be more destructive of Maine's wilderness than necessary. However, this argument is flawed as this corridor offers more problems than gains for Maine.

Creating the corridor

would not economically benefit Maine. Advocates claim that creating this corridor would create 1,600 Maine jobs. However, these jobs would only be temporary. Maine needs long term economic development based on sustainable careers, not temporary jobs that expire in a few years. Central-Maine.com even states that CMP has not confirmed if all 1,600 of these temporary jobs will be fulfilled by Mainers. The \$10 million penalty that CMP recently paid to the Maine Public Utilities Commission for wrongful billing, customer complaints and price hikes only attests to the power giant's financial greed.

The National Resources Council of Maine (NRCM) states that the corridor will not create any new net power. Instead, it will only direct hydro-

electric power originally created for New York or Ontario to Massachusetts instead. The corridor also serves the Canadian company Hydro-Electric, instead of allowing a Maine company to possibly fill this need. CMP, Hydro-Quebec and Massachusetts will see benefits, but Maine will only see temporary jobs and a disruption of our western woods, all for Massachusetts to derive energy which would have been used elsewhere.

The CMP corridor will immensely disrupt our natural resources. Advocates argue that it will mostly be built alongside existing power lines and that part of it will go beneath the Kennebec River. However, CMP will still need to cut an additional 53 miles through the Maine woods, and there will be some widening of

paths. The Portland Press Herald describes how some areas may be wider than 250 feet. Additionally, the Land Use Planning Commission (LUPC) argues that drilling to place power lines beneath the Kennebec River, while preserving the scenery, would still be tremendously expensive and ecologically disruptive. Bill Gilmore of the LUPC argues that allowing this corridor to be built could establish a dangerous precedent since it will intersect the largest section of wilderness east of the Mississippi. These environmental decisions should not be made based on short term economic gains and temporary jobs. Considering how over 20 towns have rescinded support for the corridor, and CMP still needs permission from the Maine Department of Environmental

Protection, many Mainers see how disruptive the power corridor will be to our quintessential forests.

Despite what CMP and its advocates proclaim, the corridor will not actually promote clean energy. Even Massachusetts' own attorney general argues that this corridor will likely not reduce toxic carbon emissions. Despite the proposed corridor linking hydroelectric power from Canada to Massachusetts, Hydro-Quebec will still need to provide power to the customers it is bypassing in order to serve Massachusetts. This power to Hydro-Quebec's original customers will likely be produced by burning fossil fuels. The NRCM argues that this corridor is only using existing hydroelectric power instead of generating new sources of clean energy, so it will not reduce CO2

emissions at all. Instead, deforesting over 50 miles of the Maine woods will harm the environment.

While hydroelectric power has environmental potential, the construction of dams and turbines also poses environmental risks. Opponents of the corridor also claim that the corridor would impact deer, trout, and other animals, due to blocking or removing parts of their habitats.

The CMP corridor is an atrocious deal for Maine. Maine would not economically benefit, the corridor would be detrimental to our western forests, and the corridor does not promote clean energy. If this issue comes on the ballot this November, consider voting against the reckless CMP corridor.

## The COVID-19 panic

**Owen Baertlein**  
Contributor

The coronavirus, now known by its new name COVID-19, has been dominating headlines worldwide. From the first infections in the Chinese city of Wuhan to the most recent death in Japan, COVID-19 has begun a global panic in the face of a novel virus that few have been able to understand. But a glance at the facts of the pandemic reveals that there really isn't much to worry about.

In fact, a coronavirus pandemic isn't exactly all that new. The Severe Acute Re-

spiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS) were both caused by coronaviruses as well, albeit different ones than the COVID-19 that just recently appeared. Though COVID-19 is more transmissible than those, it still remains to be seen if it's even as transmissible as the flu, which crops up so commonly that it has its own season. In fact, 99% of the COVID-19 infections, and every single death except for two have been contained within Chinese borders.

The entire city of Wuhan, as well as

some surrounding heavily-infected cities, have been placed on lockdown. In drone footage from the New York Times, roads and sidewalks are empty, save a lone bicyclist or two. Citizens are limited to their apartments and monitored closely whenever they're allowed to leave.

According to the World Health Organization (WHO), only 3% of cases are classified as severe, even in the most heavily affected areas. The 85% of cases that are classified as mild have symptoms similar to the common cold, which, while uncomfortable, are rare-

ly fatal. Less than 2% of people who have died from COVID-19 were mostly men with an age range of 49-65 who had underlying health problems that severely complicated the disease. Younger patients have been shown to be at much less of a risk.

Estimates have placed the infectivity and lethality of COVID-19 somewhere between the H1N1 swine flu and the Spanish flu, with an incubation period of two to 14 days. The main cause of the infection boom in China is that Wuhan is a massive domestic travel

hub. Though the city does connect a dozen or so other countries with mainland China, the number of international travelers to and from Wuhan remains relatively low. This explains why China has an astronomical number of patients compared to other nations, even those sharing borders. For example, even with 58,000 or more infected in China, Russia has only reported two cases. The WHO even released a statement saying that simple surgical masks can be extremely effective in containing the infection from person-to-person, as

COVID-19 is mainly spread between people by infected droplets produced when coughing or sneezing.

In the end, COVID-19 seems to be just another passing novel virus. Its effects will be long-lasting; there's no question about the tragedy of the number of lives lost to this intimidating virus. But as far as the big picture goes, the world has seen something like this before, and just like before, we will overcome it again.

### Parasite from A6

than actually reflect it.

What is significant is the effect of the publicity that Joon-Ho's film has received resulting from his film's numerous awards. Although the film is already available on DVD and for streaming, The Guardian reports its one-day ticket sales rose as much as 213% compared to the same day a week be-

fore, and it is expected to soon become the fourth most successful foreign language film released in U.S. theaters. New York Times contributor Sandra Garcia asserts that part of the reason that the public is willing to pay a foreign language film so much attention is that many streaming platforms like Netflix provide access to an immense library of subtitled content, thus providing many American's with an avenue

for getting their feet wet before they sit through an entire subtitled feature-length film.

In essence, the Oscars are an indulgent ceremony, by the Academy, for the Academy, but it's sheer power of to popularize a film that has been largely considered as having a niche audience is remarkable and worth taking note of. According to the U.S. Census Bureau, while about half of the entire world's popula-

tion can converse in two or more languages, the same can only be said for 20% of Americans. So while I will never accept the idea that the Oscars represent some higher sense of what a good film is, hopefully the award can encourage moviegoers to seek out foreign-language films. Perhaps one day audiences won't be deterred from consuming great movies because of the subtitle barrier.

### Thumbs

#### Up

- The Bachelor (59%)
- Bean Boots (87%)
- Hydro Flask (68%)
- Cheez It (68%)
- Patagonia (75%)

#### Down

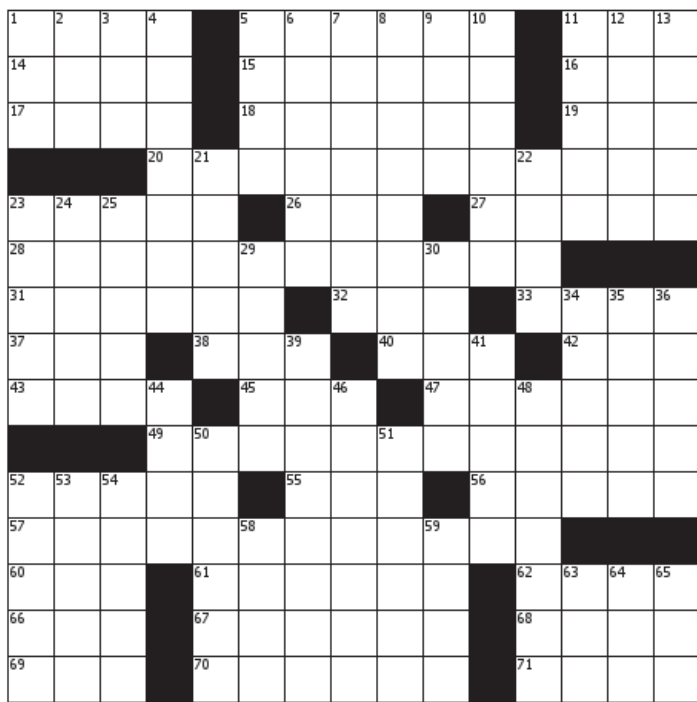
- The Bachelorette (41%)
- Timberlands (13%)
- Yeti (32%)
- Goldfish (32%)
- xThe North Face (25%)





# Diversions

## Crossword



onlinecrosswords.net. Answer key located on A5

- Across**
- 1. Word with dash or happy
  - 5. Voting-machine lists
  - 11. R.M.N.'s predecessor
  - 14. Sport with a wooden ball
  - 15. March event
  - 16. Choler

- 17. Takes one's breath away
- 18. Military band?
- 19. "Out!" from an Okie
- 20. Portable shade?
- 23. Patronized, as a diner
- 26. School address abbr.
- 27. Extreme prefix
- 28. Loud welcome?
- 31. Beach brief
- 32. \_\_\_ Luis Obispo
- 33. It has shoulders but no head
- 37. PC key
- 38. Second of all?
- 40. Part of a matching set, sometimes
- 42. Song syllable
- 43. Part of CBS or DOS
- 45. Bank alternative, briefly
- 47. Scented sample
- 49. Podunk, proverbially?
- 52. Battle of 1836
- 55. Compass dir.
- 56. "Oui" and "si"
- 57. Gambler's choice
- 60. Electronics brand
- 61. Military command
- 62. Worshipper's locale, sometimes
- 66. Pained reactions
- 67. Make hermetic
- 68. Thespian's gig
- 69. Command to Benji
- 70. Hunt and Hayes
- 71. Barbershop job
- 25. Boardroom VIPs
- 29. Stars that brighten then fade
- 30. College class hours
- 34. Preminger and Klemperer
- 35. "\_\_\_ there yet?"
- 36. Mends
- 39. Heavenly
- 41. "Later"
- 44. Big volume
- 46. Carter's running mate
- 48. "Maggie May" singer Rod
- 50. What the driver carries?
- 51. What the planet Krypton orbited
- 52. Spherical hairdos
- 53. Chinese fruit
- 54. Nautical "Halt!"
- 58. Suits to \_\_\_
- 59. Agts.
- 63. The "F" in FYI
- 64. Boxing winner in Zaire, 1974
- 65. "The One I Love" group

**Down**

- 1. Restorative retreat
- 2. Word with down or key
- 3. Schooner's cargo, perhaps
- 4. It's stuck in a corner
- 5. Bridge
- 6. Big T-shirts
- 7. Battle groups
- 8. Actress Bankhead
- 9. Pulitzer-winning biographer Leon
- 10. Embark, as on a journey
- 11. Feathery
- 12. Prickly plant
- 13. Beetle alternative
- 21. Chopin piece
- 22. NY Met, for example
- 23. Beasts of burden
- 24. Intoxicated

## Word Search: U.S. Presidents

- 1. WASHINGTON
- 2. J ADAMS
- 3. JEFFERSON
- 4. MADISON
- 5. MONROE
- 6. J Q ADAMS
- 7. JACKSON
- 8. VAN BUREN
- 9. W HARRISON
- 10. TYLER
- 11. POLK
- 12. TAYLOR
- 13. FILLMORE
- 14. PIERCE
- 16. BUCHANAN
- 16. LINCOLN
- 17. A JOHNSON
- 18. GRANT
- 19. HAYES
- 20. GARFIELD
- 21. ARTHUR
- 22. CLEVELAND
- 23. B HARRISON
- 24. Cleveland
- 25. MCKINLEY
- 26. T ROOSEVELT
- 27. TAFT
- 28. WILSON
- 29. HARDING
- 30. COOLIDGE
- 31. HOOVER
- 32. F D ROOSEVELT
- 33. TRUMAN
- 34. EISENHOWER
- 35. KENNEDY
- 36. L B JOHNSON
- 37. NIXON
- 38. FORD
- 39. CARTER
- 40. REAGAN
- 41. G H W BUSH
- 42. CLINTON
- 43. G W BUSH
- 44. OBAMA
- 45. TRUMP

puzzles.ca. Answer key located on A5

W F N O X I N O S I R R A H W W E S  
 I O J Q A D A M S N C O O L I D G E  
 L R H G W B U S H O O U L L D H R B  
 S D E T O P I E R C E S I O B A E T  
 O N O S N H O J A I G T N O T Y V N  
 N M P A K G N I D R A H C H E E O A  
 T R O O S E V E L T O F O T O S O R  
 F E L N T E A N Y P J S L E I J H G  
 A N K Y R R R D J E M E N R W D B T  
 N M L E T O E O F A V U R O A D O L  
 E E A H I N E F M E D A R G S N B N  
 R H U D N S E M S L H A A T H A U O  
 U R S E I R E O C B L R M J I L C T  
 B R K U S S O N R K F I A S N E H N  
 N N E O B R O O H I I C F O G V A I  
 A O N A D W L N E O K N B B T E N L  
 V L E F G Y H L T S W A L O O L A C

## Horoscopes

By Antyna Gould

**Aries (March 21 - April 20)**

Pisces season starts on Tuesday, Feb. 18. Indulge in your dreams while looking at the big picture. Think about what brings you the most joy in life and then steer your dreams towards that. To help you keep your goal in sight, sit down and make a vision board. Don't lose sight of who you want to be. Keep those plans of yours in mind until Sunday, Feb. 23 when a new moon rises. Prepare to hit the ground running in the dark of the night.

**Taurus (April 21 - May 21)**

Stop underestimating yourself on Tuesday, Feb. 18 when Pisces season starts. Your hard-working nature and stamina make for a deadly combination. Combine it with the creativity of a Pisces to make something magical happen. Success is within your grasp, reach out and take what you deserve. The new moon arrives on Sunday, Feb. 23 in Pisces territory. Step away from the sidelines of your life and act like the royalty you are. Don't settle for anything less than what is best for you.

**Gemini (May 22 - June 21)**

Embrace the new horizons fast approaching in your life. However, until the opportunity arrives, practice being patient. Going at full-speed all the time tends to leave others behind you. Slow down on Tuesday, Feb. 18 with the start of Pisces season. Sit down and have a solid brainstorm session. Channel the creative and whimsical ideas into a new project to start at the end of Mercury's retrograde. Move toward accomplishing bigger and better things. Challenge

yourself to grow and see what life has in store for you.

**Cancer (May 22 - June 21)**

Dreams are how the subconscious speaks to you. Listen closely to your dreams with the start of Pisces season on Tuesday, Feb. 18. If you don't already keep a dream journal, consider starting one. You will get valuable insight into your life with the new moon on Sunday, Feb. 23. The time has come to face your fears with a partner. You deserve respect in all shapes and forms, and if your partner cannot provide, something needs to change.

**Leo (July 23 - August 21)**

Pisces tend to go with the flow, and the energy of their season that starts on Tuesday, Feb. 18 can have you feeling lethargic. Rather than fighting against it, sit down and take a catnap. While napping, take a moment to address the issues at the back of your mind. Seek out a solution of your own to put into place after your rest and recovery session. A new moon in Pisces on Sunday, Feb. 23 means it's time to get cozy with a friend. Try something new and creative to make a memory that will last the year.

**Virgo (August 22 - September 23)**

The time to think big begins on Tuesday, Feb. 18 with Pisces season. Make plans for the future. Don't feel guilty about going after what you want. The harder you work now the more you will grow and the bigger the benefits will be. However, remember to act responsibly when accepting opportunities. Mercury remains in retrograde, so

hold off on signing contracts until the end of the retrograde. Prepare to lay low on Sunday, Feb. 23 when a new moon rises in the sky. Plot and plan for the coming battles.

**Libra (September 24 - October 23)**

It is easy to get caught up in the hustle and bustle of life while letting your mental health slowly deteriorate. Take a step back from the chaos and rest on Tuesday, Feb. 18 when Pisces season begins. Scrub yourself from top to bottom, inside and out, and then spend some time awash in your dreams. Know your worth before letting someone else determine it for you. Love will last forever if you love yourself first. Continue to have fun on Sunday, Feb. 23 with the new moon. Indulge in a fantasy with someone special.

**Scorpio (October 24 - November 22)**

Keep steady ground beneath your feet. When things start to shake too much, move away from the danger. Let the flames of your fiery character burn to embers on Tuesday, Feb. 18 when Pisces season begins. This does not mean to douse the flames out entirely, but just lay low and recharge. Taking time for yourself now will have long-lasting benefits. Make a plan to dominate this year on Sunday, Feb. 23 when the new moon rises in Pisces. Have you considered world domination? It seems like it could be up your alley.

**Sagittarius (November 23 - December 22)**

Valentine's Day may have come and gone, but that does not mean the chance to fall in love is over. With the start of Pisces season on Tuesday, Feb. 18 put down your

phone and step into your own world. Reconnect with yourself and fall in love with your flaws. Do something to relax and bring balance back into your life. Remain cautious if old souls try to come back into your life. Mercury is still in retrograde. Act intelligently, but with compassion.

**Capricorn (December 23 - January 20)**

To meet the needs of those around you, it can be easy to get caught up in the repetitive grind of work that stifles the best parts of you. On Tuesday, Feb. 18, when Pisces season begins, take a step back from your daily checklist and think creatively on some new projects. Give yourself permission to break the rules. Push back a deadline to make room for your creativity. A new moon rises

on Sunday, Feb. 23. Contemplate your happiness that night. Are you happy with the person you see? Make the changes to build your worth a little more every day.

**Aquarius (January 21 - February 19)**

When times are hard, remember that there will never be another you. Cherish all the qualities that make you unique. Focus on being the best original you. That means fly your freak flag high. If people can't handle that part of you, then they don't deserve you. On Tuesday, Feb. 18 let the creativity of Pisces season overtake you and your work. Brainstorm new ideas and don't be afraid to get weird. Take a trip to the dark side when the new moon arrives on Sunday, Feb. 23. Continue to be an original you

and think outside the box in the bedroom.

**Pisces (February 20 - March 20)**

Your time has arrived. The spotlight lands on you, Pisces, on Tuesday, Feb. 18 with the start of your season. Now more than ever it is important to take time and go with the flow. Swimming against the current will only wear you out. There is no rush to define a relationship you are not ready to define yet. Others criticize you for living in the gray area, but remain patient with those who only see the world in black and white. Mercury is still in retrograde and past souls are trying to force their way into your life. Stand tall and leave that baggage in the past where it belongs. Swim free of what haunts you.

## Sudoku

Each row, column and 3x3 square must have numbers 1 - 9 in any order, but each digit can only appear once. There is only one correct answer.

Difficulty level: Medium

			5	8	1			
	4							
	8							
			7					
1			3				7	
9	2		4	8	3			
						1		
2		8				9		4
	7		6	9				

puzzles.ca. Answer key located on A5



# Reviews

## 🎵 MUSIC

Denzel Curry and Kenny Beats' 'Unlocked' is a byte-sized victory lap



Photo via genius.com

## RATING



Jeremy Slaven  
Contributor

It's hard to find two bigger crowd-pleasers than Florida rapper Denzel Curry and Atlanta producer Kenny Beats. Both have had a busy and profitable last couple years with Curry's "Ta1300" in 2018 and "zoo" in 2019 both garnering deserved critical and commercial success. Kenny Beats has been working hard in his "cave" with a plethora of artists, from Vince Staples to Rico Nasty, Danny Brown and Thundercat. He's been the featured producer on several big-name albums over the last couple years and his YouTube Series "The Cave" has allowed for meetups and jam sessions with some of the biggest names in hip-hop. That's essentially how this album came to be, with Curry going on Kenny's show and the two spending some quality studio time together. The result? The finest 17-minute package of rap music this year, called "Unlocked."

The synergy at play between Curry's bars and Kenny's production is great. The samples and drum kit Kenny plays with on the album are very reminiscent of Doom's "MMM Food," each sample placement is perfectly timed and the flow between his production and Curry's lyrics is seamless. For an album with a run time of 17 minutes, it's filled with an obscene amount of exciting and jaw-dropping moments. The last track "Cosmic'm4a" has a moment where Curry spits, "You're shooting in VR / we've got guns..." and then the sample steps in and finishes the line, "In reality." While that is a technique that occurs often in rap, the sheer mastery at play is difficult to find a contemporary parallel to. The album is riddled with dynamite like that. Curry is telling you the entire time that everyone else is hysterical while he is historical, and it keeps getting harder to argue with that.

Curry's hooks are sharp. The album does a good job revisiting

them throughout, marrying them with autotune while slowing down and speeding up Curry's voice. It gives you time to digest everything. When Curry goes into his first hook on the second track "Take\_it\_Back\_v2," he comes in fast and furious with, "Still trying to raise the charts so I'm not pushing shopping carts." His raps are rife with references to his time in Carol City, historical figures, movies and videogames. There's something sprinkled in for everybody, whether it's a line about Thanos or Rosa Parks.

Kenny's overall instrumentation on the project is like an angry computer, something The Decepticons would listen to. The 808s are pounding while the melodies on some of the tracks are beautiful. The bassline on the almost-completely instrumental, "Track07" lulls you into the nostalgic, cyberspace tone before Curry comes in and brings you back to reality.

In its presentation, from its cover art to its song titles, it is a throwback to the old internet. If it has one drawback it is the song titles which, when looked at as part of the album, are great and give it the "Dirty Computer" downloaded music vibe, but make it hard to remember individual song titles. With a title like "Track07," it might be hard to remember just what track that was. Still, it's a very deliberate design choice and, for the most part, it works. "Unlocked" is a fun, victory lap of a record from two of the greatest names in contemporary hip-hop. There is no dead air; there is no wasted time. It is immensely enjoyable.

## 🎬 MOVIE

'Miss Americana' shows the world just how lonely it is at the top

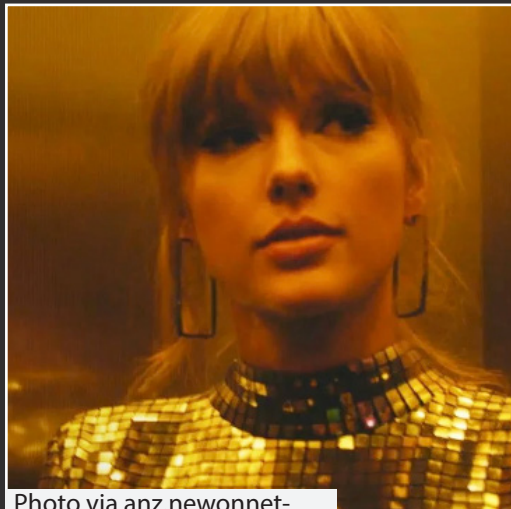


Photo via anz.newonnet-

## RATING



Sierra Semmel  
Staff Writer

Since the start of the new year, Netflix has added a handful of movies, new and old. One of these additions combines the feel of both. "Miss Americana," a documentary about international superstar Taylor Swift's rise to fame and time in the spotlight, gives a fresh look at a star that many of us have grown up with. Directed by Lana Wilson, the movie sheds a new, largely unexplored light on what it's like to be a celebrity, giving insight on the loneliness of being at the top and reminding viewers that celebrities aren't merely icons to be publicly picked apart; they're human beings, and they see and feel everything send at them.

As is the case with any documentary that gives an approved look at the inside life of a celebrity, there's a certain angle that the director is taking, a certain image of the celebrity that they want the audience to take from it. It's hard not to be skeptical of this as the movie begins, but Swift has taken the opportunity presented in "Miss Americana" to show the world the most honest version of herself.

The documentary leaves viewers with more questions answered than they could have expected to ask. To be candid about my views on Swift prior to watching the documentary, I will disclose that I have been a fan of Swift's music since day one, but have taken just about every opportunity in the past six years to explain that her music is the only thing I'm a fan of. Her stance as a self-declared feminist irked me because, when I felt that it mattered most, particularly in election seasons and with other big public issues or movements, she seemed to disappear. I watched celebrities like Katy Perry, Kelly Clarkson and even Kendall Jenner get involved during the 2016 election, with Perry even performing at Clinton rallies, and waited for Swift to speak out. She never did, and I undeniably held it against her as a person, thinking I knew best. But "Miss Americana" gives insights into why she made the decision to stay

away from politics and other heated topics for as long as she did. Her reasoning for doing such is sound and genuine, opening viewers' eyes to the scrutiny celebrities receive for their every move.

From the beginning of the movie to the end, Swift is explaining herself, and she does so as someone who knows she's lost much of the adoration she once had. Without coming off as defensive, she essentially uses "Miss Americana" as a platform through which to defend herself from the harsh criticisms she has received over the years. She describes her need for acceptance and praise, and hearing her talk so openly about her own personality, needs and flaws explain a great deal about her demeanor, decisions and reputation. "Miss Americana" takes footage from years of Swift's fame and organizes it to tell the story of a girl becoming a woman under the constant scrutiny of the media and the effect that has on a human being. Skillfully, Wilson's documentary shows what the public eye misses. It details Swift's every decision and does so with just enough footage of her performing her craft to remind viewers why she's in the spotlight to begin with.

With a handful of songwriting scenes sprinkled thematically into the movie, giving an inside look to the stories behind some of her songs, the documentary has moments that remind viewers that it's still about a musician. From the perspective of someone who doesn't write music, these inside glimpses, when done well, are intriguing and inspiring, showing the craft of songwriting and how some people, like Swift, seem to simply be blessed with this gift. "Miss Americana" gives viewers a three-dimensional look at Swift, reminding us that we can't simply reap the benefits of her gift without treating her like a human being, too. Swift and Wilson team up to give us an incredibly raw and honest look at this superstar's highs, lows, strengths and weaknesses, and we are once again indebted to Swift for giving the world more art.

## 🎬 MOVIE

Sequel to popular Netflix original is a surprising hit



Photo via npr.com

## RATING



Bria Lamonica  
Staff Writer

Released on Aug. 17, 2018, "To All the Boys I've Loved Before," an adaptation of Jenny Han's novel, took Netflix by storm and wowed fans with its charm, cliché teenage love and heartfelt emotion. The sequel, titled "To All the Boys: P.S. I Still Love You," was just released on Feb. 12. It follows main character Lara Jean through her last year of high school and her journey through love, loss and growing up.

Jean, played by Korean-American actress Lana Condor, uses personal confession, humor and honesty to capture the essence of her character as well as make light of the serious events that happen to her. Jean's wry, witty and lovable personality is what drew me into the first movie and has continued to make me root for Jean in the second film. Although it originally sounded like just another cheesy highschool chick-flick, much to my surprise, I found myself glued to the screen for both the first and second films.

The sequel included plot twists, even more laughs and Jean's development into an emerging adult. Seen as a shy sister and nerd, Jean seems out of her element when she starts dating Peter, one of the most popular and outgoing boys in the school. But her awkwardness make Jean a realistic and relatable character.

The second film brings in a variety of new actors, who bring fresh and interesting elements to the story. Actor Jordan Fisher plays the character of John Ambrose, Jean's middle school crush who received one of her accidentally-released love letters in the first film, in the sequel. He returns to town years later to volunteer and runs into Jean at a retirement home. This, mixed with all of the drama surrounding Jean's new relationship with Peter, turns her world upside down and has the whole school talking.

The film is realistic, relatable, humorous and romantic in a way that isn't over-the-top or entirely expected. Jean is honest and never embarrassed to be herself. The film encourages teens to embrace what they have been given and to celebrate what makes them unique. The sequel also includes a scene where Jean and her sister Kitty, played by Anna Cathcart, celebrate their heritage and dress up in traditional Korean hanboks for the Lunar New Year. Jean gives up all her other obligations to be with her family and celebrate in their tradition. Jean, along with every other character in this story, is unapologetically herself, which sends a positive message to teens and adults of every age.

"To All the Boys: P.S. I Still Love You" was a sequel that took me by surprise. The plotline continued Jean's story while also creating many new events and introducing new characters that kept things fresh and unexpected.

Produced and directed by Michael Fignognari, the film, with a run time of one hour and 42 minutes, is available on Netflix.



# #YouMaine: UMaine first-year already makes mark on campus through music

Bria Lamonica  
Staff Writer

Stepping out onto the University of Maine football field in her band uniform, first-year music education student Emily Dunlap wears the school colors with pride as she tackles her first year at UMaine.

As a member of the Pride of Maine Black Bear Marching Band, Dunlap has already involved herself in the many musical opportunities that UMaine has to offer. She hopes to inspire students with music and continue learning about it during her four years at UMaine.

"Both my parents were teachers, so I really want to continue

their legacy and get kids to love music," Dunlap said. "Even if it's not something they pursue as a career, music can stick with you for a really long time and might be an undiscovered passion that I can help drive. I want to push them to keep going."

Dunlap plays the clarinet in the marching band, and is also involved in Symphonic Band, Screamin' Black Bears Pep Band, Concert Band, and is on the National Association for Music Educators Collegiate Board. During her second semester of college, Dunlap has already taken on a variety of responsibilities.

"I've made a lot of friends through march-

ing band. Over the summer when I went to band camp, I was able to meet a lot of UMaine students who share the same interests as me," Dunlap said. "This made me excited to go to school here, and I have had a great experience with it so far. I am glad I made the decision to stick with it after high school."

Dunlap performs with the pep band at UMaine men's ice hockey and men's and women's basketball games and enjoys the spirit and comradery of college sports.

"Everyone at the games is so driven and all about the 'college of our hearts always,' it's a really good atmosphere and so much

fun to be there," Dunlap said. "You're representing the university during your time at school here, so you might as well be a part of things and have pride and spirit for your college."

Dunlap is also a part of the Honors College and is currently taking her second honors civilizations sequence course out of four. She hopes to improve her writing skills during her time in the Honors College, and read more literature. She is also involved in Phi Mu Fraternity, after rushing during Sorority Formal Recruitment this past fall.

"I really liked the idea of having sisters. I am an only child so I never had any siblings

or that kind of close relationship," Dunlap said. "The idea of helping a certain organization was also something that interested me and something I knew would be rewarding. Even though there's a lot of stigma surrounding Greek life in general, we are just good people who have a drive to do better in the world."

Originally from Old Town, Maine, Dunlap chose to attend UMaine because both of her parents are alumni. Dunlap hopes to further pursue music in graduate school and is looking forward to completing another semester of college. Her current favorite spot on campus is Fogler Library, where

she can both hang out with friends and get all of her studying done.

"One thing I have learned so far is not to stress over failing something. Whether it is a test, or a quiz, or an entire class, you are going to fail at something in your life and it is good to learn how to deal with that," Dunlap said. "No one is going to care about the one exam freshman year that you failed when you are applying to graduate school or interviewing for a job. Be easy on yourself and accept the fact that you might not be good at everything."

## Be my Nihon Valentine



Ingredients for homemade chocolates in Japan.

Photo by Shania Soler.

Shania Soler  
Contributor

In America, Valentine's Day is something couples eagerly celebrate. There's usually some type of intimate dinner involved, and usually an exchanging of gifts or giving of flowers. When thinking about it, traditionally it's the guy giving the chocolates or flowers to their significant other. In Japan, Valentine's Day is a little bit different in the sense that roles are reversed and people often make gifts instead of buying them.

Celebrating the big

V-day is something I've been waiting for since I arrived in Japan. Not because I want to give chocolates to anyone, but because I really wanted to test my chocolate making skills. If any of you reading this love Japan even a little, you probably know where I'm coming from. In anime and manga, people make Valentine's Day chocolate and it looks stunning and delicious. Of course, I've tried my hand at making those chocolates in the States with little success. Now that I'm in the country where manga and anime

originate, not to mention the fact I've got a host mom on my side, I knew the chocolates would have to at least come out edible.

Let me tell you, I've never had a better experience while cooking. America isn't as centered around handmade chocolates for Valentines, but Japan is certainly different. Of course, there are adorable pre-made chocolates that people can buy, but honestly, the country just seems much more geared towards the handmade stuff. There are tons of chocolates to choose from and so

many molds that can be used.

The day for making the treats was perfect. My host mom and I walked to the store and bought our chocolates. She bought this really sweet strawberry flavor while I stuck with regular dark chocolate. I already knew I wanted to make something a little more on the bitter side to combat the sweetness of the toppings and fillings I wanted to put in them. With chocolates in-hand, we made for the 100-yen store. In the States, this is akin to the Dollar Store or Dollar General. The

only difference? Everything is actually 100 yen rather than mixed prices of anything but a dollar.

We also picked out a few toppings, which consisted of some walnuts and these little Ramune flavored balls. I couldn't resist buying some animal-themed molds for the chocolate. And of course, we also had to get some cute baggies to put the finished products in. In all, the total cost ended up coming out to less than \$10. You can't beat that, especially when you get a cute and delicious treat in the end.

Once at home, my host mom took over and showed me how to make the chocolate, which was actually really simple. It kind of makes me wonder how I'd messed up so bad in the States. I've got to say though, this Valentine's Day was absolutely one of the most fun I've ever had. I got to try my hand at making good chocolate, spend time with my amazing host mom and make some lasting memories.

## Story Slam from A12

Currently, West Market Square is going on two years of hosting story slams, originally starting as a part of the downtown Bangor New Year's Eve Celebration and Winterfest with the intent of bringing the local community in to gather, share and enjoy

a quality cup of coffee.

"Story slam is an extension of our community involvement. When we originally started, we tried having music on Sunday mornings, game night ... neither took off. The idea was for the kids that didn't want to drink or the young adults that didn't want to drink to have a place to go," Michaud says.

Along with hosting slam every first Friday of the month, West Market Square holds additional slams for groups who want a venue, such as Equality Maine during Bangor Pride Week, and the Mabel Wadsworth Center for a closer, more intimate storytelling event. Michaud also says groups at the University of Maine

would be more than welcome to reach out and plan similar events at the coffeehouse.

As for upcoming events, West Market Square is having a "Swipe Right: Cookies and Couples" event extending through the month of February, where if you're on a first date and you let one of the baristas know, you and your date get

two free cookies with your drinks. On Feb. 29 from 9-10 a.m., the shop will host a coffee tasting and pour-over demonstration free to the public, followed by a psychic reading by Amy Burgoyne, where it's \$10 for a 10-minute psychic reading along with a cup of coffee or tea.

If you're interested in following West Mar-

ket Square Artisan Coffeehouse for upcoming events, deals and coffee tips and tricks, you can find them at @WestMarketSquareArtisanCoffeehouse on both Facebook and Instagram.



# 2020 International Dance Festival celebrates culture and diversity



The Collins Center for the Arts filled with music and rhythm on Saturday, Feb. 15 as dancers from around the world performed in the International Dance Festival.

Photo by Will Bickford.

**Rebekah Sands**  
Contributor

On Friday, Feb. 15, the Collins Center for the Arts (CCA) hosted the 16th annual International Dance Festival (IDF). The afternoon show began at 2 p.m., followed by a 7 p.m. performance, both with free admission.

Prior to the first act, University of Maine President Joan Ferrini-Mundy introduced the IDF and supporters of the showcase, including UMaine's International Student Association and the Office of International Programs, as well as sponsors who helped bring the performance to fruition. President Ferrini-Mundy then passed the microphone to the two char-

ismatic hosts, Trina Trein and David Valls, who began the performance by recognizing the passion every student in the program.

The first act of the performance included the representation of eastern and central countries and their cultures, ranging from China to Ethiopia. Beginning with a "Da Yu" (Big Fish) dance from China by Enoch Lin and Byron Winslow, a ribbon was tied between two characters to tell the story of letting go. The dance was emotional and slow, priming the audience for the beauty of the succeeding performances. The act then moved to duets and group numbers such as "South Asian Steps," representative

of both the traditional and modern cultural dances of India and Bangladesh, and "Sibling Rivalry," a number from the United States which featured two siblings, Owen and Ruby Bean, who battled it out on the dance floor to "Starships" by Nicki Minaj and Star Wars' "Imperial March."

The second act focused more on group numbers, opening with a "Vietnamese Fan Dance," featuring petal-like pink fans, with which the dancers told the story of springtime. A Brazilian group then performed "Capoeira," showcasing musical instruments and a mixture of dance and martial arts. A solo number, "The Blossoming Moment After the Rain," by ZhiWei Liu followed,

in which the dancer perfectly aligned to the rhythm of the music, appearing to take flight on stage. The second act closed with two group numbers: "From the Daughters of Mama Africa," from the multinational African group, and "Desi Beats" from the Indian group, which had the audience clapping along to the beat.

IDF started as a student-led dance festival, Sarah Joughnin, the organizer of the event, explained.

"Students start rehearsing [in the] fall semester and get their groups together. Come spring semester, we have a rehearsal every week, [where performers] come in, and show me what their progress is. We do about three

of those," Joughnin said. "This week, we had Thursday and Friday tech and dress rehearsal. They've put a lot into it. Some of them have a lot of dance in their culture — dance is part of their tradition, and from a young age, they're dancing and taking lessons ... [though] some people are brand new. There's a really wide range, and we don't turn anyone aside — everyone is welcome."

Dancers come from many places to both attend and be in these performances, though they do not necessarily have to be of a specific culture to take part in dances from across the world. The IDF plays a special part in cultural education in the local area, allowing the au-

dience and members who take part in the performance to submerge themselves in cultures that they may never see otherwise.

"It's a really nice change to learn about another culture through dance," Joughnin said. "When you're an audience member, you're watching and learning, but when you're in an Indian dance and from rural Maine, you get to know them a little better."

Admission for the IDF is free, easily allowing both students and families to attend, benefitting the local community across a wide range of ages. The IDF is held annually on the third Saturday of February.

## "From New Deal to Green Deal:" socialist series draws attention to climate change

**Jeremy Slaven**  
Contributor

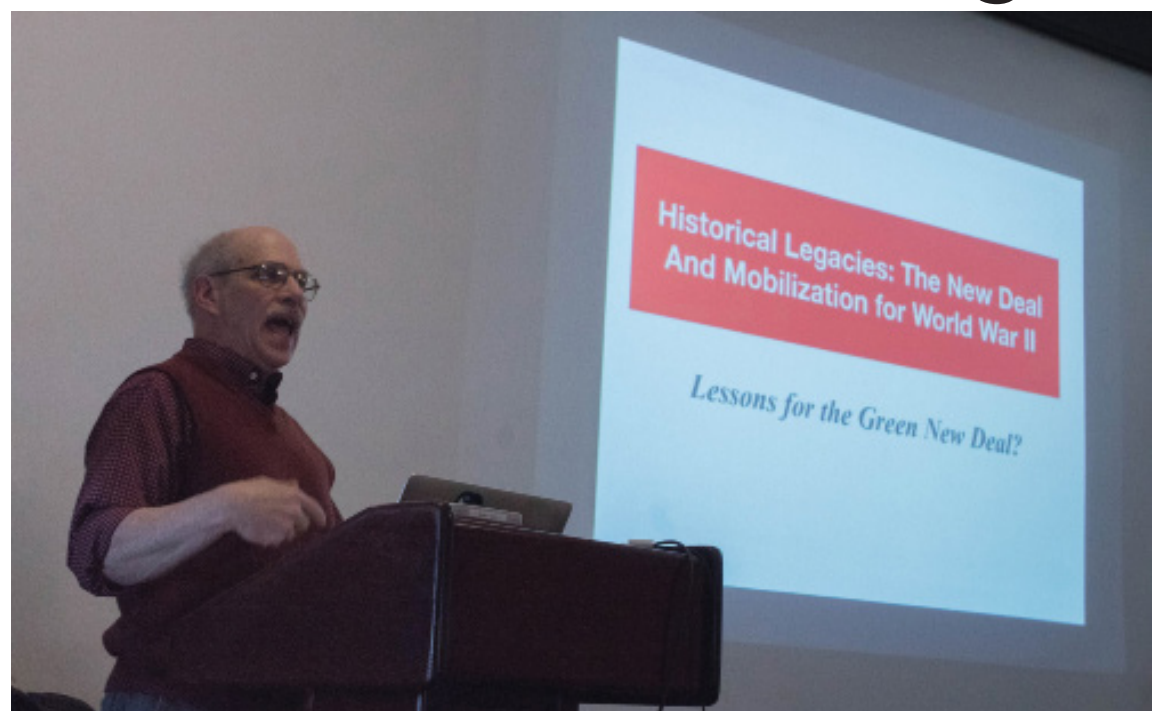
Every Thursday at 12:30 p.m., the University of Maine's Socialist and Marxist series meets in the Bangor Room of the Memorial Union with a presentation meant to inform and inspire. This series specifically tackles controversial topics. On their docket, they plan on discussing racism, decolonization and our relationship to the world itself. This week's topic was climate change, specifically the Green New Deal.

In their presentation, Professor of History Nathan Godfried and Associate Professor of Paleocology and Plant Ecology Jacquelyn Gill compared Alexandria Ocasio-Cortez's proposed Green New Deal to Franklin Roosevelt's original New Deal in 1933. In order for the original New Deal to work, it required years of the working class being pushed to abso-

lute loss. The deal was made to help resolve the Great Depression, but the initial deal was a "top-down approach," and, because of that, the needs of the working class were overlooked.

"It wasn't without a peoples' movement that the people ultimately received the proper accommodations," Godfried said.

It was after the failure of the first deal that people's protests began. Work strikes started taking place across the country, the unemployed organized themselves and, over the next two years, the government worked to repress the peoples' movement. In 1935, Roosevelt was forced into an ultimatum: either continue to support the people or accommodate them. So, the Second New Deal was made and the Social Security Act was passed. The Green New Deal requires, then, a push for a more comprehensive deal than those of the past.



Students and staff gather in the Memorial Union on Thursday, Feb. 13 to discuss the controversy surrounding the New Green Deal and Climate Change.

Photo by Antyna Gould.

The challenge that comes with wanting to reach climate reform is reaching out to known support. However, in response to an audience question, Gill posited that climate change has friends in high places.

Climate change is seen as a threat to public safety. Public safety is a key issue when it comes to cli-

mate reform, as there's the worry that the solution that gets made will impact those at higher power, which Gill states, "isn't being very well addressed."

"Who has a seat at the table when we come up with these plans? We're not trying to repeat prior damage," Gill said. "A lot of it comes down to representation. We

need to hear from people what they need. It's frustrating not having politicians' support. However, it's up to us to speak with our votes and be the change we want."

The Socialist and Marxist series explores contemporary problems, proposes a solution and starts a conversation. The floor opens for discussion

and inquiry at the end, and the presenters provide feedback and an informed perspective to the group. The Socialist and Marxist series encourages new faces at their meetings, which occur every Thursday from 12:30-1:45 p.m. in the Bangor Room of the Memorial Union.



FEATURED STORY

## International Dance Festival

On Friday, Feb. 15, the Collins Center for the Arts (CCA) hosted the 16th annual International Dance Festival (IDF).

A 11

## NEW AND UPCOMING RELEASES

🎧 Dreamland by COIN	Feb. 21
🎧 Cape God by Allie X	Feb. 21
🎧 Map of the Soul: 7 by BTS	Feb. 21
🎬 The Call of the Wild	Feb. 21
🎬 Premature	Feb. 21
🎬 10 Things We Should Do Before We Break Up	Feb. 21

## Reviews

“Unlocked”

“Miss Americana”

“To All the Boys: P.S. I Still Love You”

A9

# Winter Carnival brings engagement to mid-February slump on campus

Bria Lamonica  
Staff Writer

During the week of Feb. 10-14, various University of Maine groups and organizations got together to hold the annual Winter Carnival. With ice sculptures, reindeer, hot cocoa, a bonfire, sledding and much more, the carnival brought hundreds of UMaine students out to celebrate winter and helping to spread warmth during the snowy months.

Monday's events, occurring from 11 a.m. to 2 p.m., kicked off the Carnival. Monday hosted Fresh Check Day, which took place inside the Memorial Union, and a snow sculpture contest on the Mall.

“Winter Carnival is an amazing tradition on the University of Maine campus. The Center for Student Involvement put together a committee of students, staff and campus partners to represent different areas of expertise to ensure there was something for everyone to enjoy and participate in,” Jennifer Desmond, coordinator for leadership development at the Center for Student Involvement, said. “When looking at the calendar for the spring semester, we felt strongly that we wanted to collaborate with the Mind Spa and combine with Fresh Check Day, a national program that provides an uplifting mental health fair. February can be a long month for students on cam-

pus, and we wanted to keep student needs at the forefront of our planning.”

One highlight of the week was the reindeer petting zoo. Students had the opportunity to take pictures and pet reindeer that were grazing in the snow on the Mall. Lines of students gathered around waiting for their turn to pet and see the animals. Winter Carnival week also included a Trivia and Casino Night, Valentine's Happy Hour, Crockpot Challenge (with free samples), Free Money Game Show and improv performance.

“In addition to getting involved on campus, leadership opportunities are an essential component in a student's development. I'm so impressed with the student's involved in planning Winter Carnival, whether that be Trivia hosted by the Senior Class Council and [UMaine Student Government], Casino Night with [Campus Activity Board] (CAB) and [Interfraternity Council] (IFC) and Panhel[lenic Council], snow sledding with [the] Residence Hall Association or a show hosted by Improv Insanity,” Desmond said. “These groups have demonstrated the great community we have at UMaine, and I'm thankful for their commitment and leadership in helping other students connect with and find resources.”

On Tuesday, Feb. 11, the school organized a blood drive from 11 a.m. to 5 p.m.



Four-legged friends came to visit the university early on Tuesday, Feb. 11 as part of the week-long Winter Carnival celebration. Rudolph was going to attend, but had to cancel due to a runny nose.

Photo by Antyna Gould.

in the Collins Center for the Arts. Students could sign up to donate blood and learn about other volunteer opportunities to help families and people in need. On Thursday, students participated in the Winter Olympics and a bonfire, from 3-5 p.m. on the Mall, and in Casino Night, which was held in the North Pod of the Memorial Union from 8-10 p.m.

“I was looking forward to Casino Night, sponsored by the Campus Activities Board. These students have been planning for this event since they attended the National Association for Campus Activities Conference in November,” Graduate Assistant for Campus Activities Mackenzie Bumpus said. “This event is another example of collaboration on campus as the Interfraternity

Council and the Panhellenic Council have partnered to help put on Casino Night. Casino Night is entirely student-driven with students from CAB and IFC and Panhel[lenic Council] collaborating to host an awesome and engaging event for their peers.”

Next year the Center for Student Involvement hopes to have similar-style events and use the help and input of students on campus to continue creating unique activities. The Winter Carnival events were designed to help heal the winter blues and get students traveling to different spots on campus throughout the week to engage with peers and faculty.

“I believe becoming engaged on campus is directly related to student success. With some new pro-

gramming initiatives we have implemented on campus, such as Late Night at the U, it provides students with a safe and welcoming space to engage with their peers,” Bumpus said. “Our programs vary so that we can support as many areas of interest as possible. I loved working with the Winter Carnival committee because of the diverse ideas that can be shared in order to provide the best experience possible for our students.”

The Center for Student Involvement is located in Room 145 of the Memorial Union. If you are interested in planning events on campus and getting involved, you can reach out to [um.getinvolved@maine.edu](mailto:um.getinvolved@maine.edu).

# go!

What's happening in and around Orono this week

**Thursday, February 20**  
Experiencing Racism Today: Student Activists with Historical and Philosophical Insights  
12:30 p.m.  
Bangor Room, Memorial Union

**Thursday, February 20**  
Mental Health Monologues  
3:30 - 5:30 p.m.  
Lown Room, Memorial Union

**Friday, February 21**  
“Addiction is a treatable chronic disease” Seminar by Noah Nesin  
3:00 - 4:00 p.m.  
Stodder Hall

**Friday, February 21**  
“Featured Faculty” Opening Reception  
5:30 - 7:00 p.m.  
Lord Hall Gallery

**Saturday, February 22**  
A Capella Showcase  
9:00 - 11:00 p.m.  
North Pod, Memorial Union

# Bangor coffee house hosts monthly story slams for people of all ages

Rebekah Sands  
Contributor

Mark your calendars for March 6, because West Market Square Artisan Coffeehouse in Bangor will be hosting one of their regular story slam events, occurring on the first Friday of every month, beginning at 6:30 p.m. This month's theme is “Food Fiasco,” where anyone can share a crazy tale about food, ranging from how you actually found a fly in your soup to a terrible event at your waitressing job.

At West Market Square, story slam attendees arrive around 6:30, grab their drinks and take a seat on one

of the couches or tables around the shop.

“Generally, what tends to happen is people want to be warmed up, so we usually have a couple regulars that come and get up and give a couple slams ... if needed, our MC, Blaine Shaw, warms the audience as they go along — he's fantastic. Usually, though, as each person gets up and tells a story, it gives courage to the next person. We don't put names in a hat as a rule — we just let people raise their hands,” shop owner Cheryl Michaud says.

Attendees will share a total of eight to 10 stories a night when there are robust

crowds. The slams are open to people of all ages, though the audience tends to be comprised of people between 18 and 50 years of age, making this the perfect event for college-aged students looking for a fun night out or a venue in which to perform.

Once all the stories have been told, a panel of judges reviews the stories based on criteria traditionally followed by story slams, but, since it's a casual event, it isn't as difficult as one may think. The winning story receives a \$25 Buoy Local gift card underwritten by Bangor Savings Bank that can be used at most local business-



The West Market Square Artisan Coffeehouse, located in downtown Bangor, is an ideal place for coffees, dates, and the occasional story slam.

Photo by Sierra Semmel.

es in Bangor.

“[We judge on] just a few things: How you connect to the audience, that could be how you made them happy, made them sad; presentation, if it's hard

to hear you, [it] makes it hard to connect with the story; and the story itself, how it hits people. We usually have Blaine Shaw and one other person [as judges], though people

volunteer. You have to stay within five minutes, but Blaine takes some liberties as long as it's under seven,” Michaud says.

See Story Slam on A10