

The University of Maine

DigitalCommons@UMaine

Maine Campus Archives

University of Maine Publications

Fall 10-21-2019

Maine Campus October 21 2019

Maine Campus Staff

Follow this and additional works at: <https://digitalcommons.library.umaine.edu/mainecampus>

Repository Citation

Staff, Maine Campus, "Maine Campus October 21 2019" (2019). *Maine Campus Archives*. 5324.
<https://digitalcommons.library.umaine.edu/mainecampus/5324>

This Other is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in Maine Campus Archives by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.



News

UMaine becomes home to the world's largest 3-D printer

A2 Sports

Men's Hockey sweeps Alaska, splits series with No. 8 Quinnipiac

B1

Culture

Why gender violence is everyone's issue

A11

Opinion

Editorial: Mid-semester burnout? We are not a fan.

A6

UMaine College Democrats and Republicans hold first debate of the semester



On Tuesday, October 8th the College Republicans and College Democrats held a debate over key political issues such as healthcare, gun control, and immigration.

Photo by Antyna Gould.

Leela Stockley
News Editor

On Tuesday, Oct. 8 at 7 p.m., the University of Maine College Republicans (UMCR) and UMaine College Democrats (UMCD) groups held their first debate of the semester in Minsky Hall.

The debate, which gathered more than one hundred spectators, covered three major topics: gun control, health care and immigration.

The debate was moderated by Cameron Bowie, a graduate student, and Abigail Despres, a fourth-year political science student.

Representing the UMaine College Democrats were Kevin Fitzpatrick, a third-year political science student, Ashley Brown, a first-year political science student, Liam Kent, a third-year electrical engineering student, Townshend Larmore, a second-year history and political science student and Orion Schwab, a first-year civil engineering student. Representing the UMaine College Republicans were Jeremiah Childs, a fourth-year financial economics student, Jacob Palmieri, a fourth-year political science and journalism student and Patrick Coyne, a fourth-year computer engineering student.

The debate took place over the course of an hour, with each side stating a stance as each topic was introduced, followed by a question and one minute of re-

sponse from each side. After each minute of response, five minutes of open debate and discussion was allowed. Finally, after the open debate and discussion section, audience questions were vetted by the moderators.

After a round of rock-paper-scissors, it was determined that the UMaine College Democrats would be responding to the prompts first.

The first topic during Tuesday night's debate was immigration.

"Immigration is the foundation of our country, this is an undeniable truth," Brown stated in the UMCD opening statement. The statement touched on issues such as poverty and food insecurity as driving forces for immigration, and expressed disgust at the treatment of immigrants who are currently being detained at the United States southern border in internment camps. To wrap up their opening statement, the UMCD expressed that they feel as though the immigration system in the United States must be reformed to be efficient by implementing proper funding and eliminating quotas.

The UMCR representatives rebuked the UMCD stance in their opening statement, asking the audience who immigration benefits. They detailed statistics which call into question how immigration could benefit the U.S., when the U.S. Immigration

and Customs Enforcement (ICE) raids that detained hundreds of illegal immigrants created job openings for legal US citizens.

"These are people that live in struggling communities, and they need help," Palmieri argued. "Forcing them to compete in an even tougher labor market surely doesn't do that."

The question opening the immigration portion of the debate asked each side what executive action they would hope to see the next presidential administration take when addressing immigration.

The UMCD replied that they expected the next administration to make immigration legal, that they would grant asylum to those seeking it without separating families, and would provide adequate funding to allow for a streamlined immigration process. The UMCR stated that they hoped to see the next administration continue the construction of the southern border wall.

Moving into the second topic, gun control, the UMCD representatives stated various statistics on gun violence in their opening statement.

"It is 7:20 [pm] right now," Fitzpatrick noted. "By average estimate, 80 people have died today from gun violence."

The UMCD noted that there are many factors, such as mental illnesses, which factor into violent gun-relat-

ed crimes, and that by implementing thorough background checks and wait times to purchase guns, those who are mentally and physically capable of handling a gun safely will be granted the right to purchase a gun, without infringing on American's second amendment rights.

The UMCR representatives stated that the second amendment, which grants the right to bear arms, is a valuable tenet of American values. They also argued that gun restriction laws were ineffective, citing the number of unregulated and unregistered guns in the US that were used to perpetrate violent gun crimes.

Following the opening statements, the moderators then asked if either the UMCD or the UMCR felt as though there should be a law banning the sale and possession of semi-automatic and automatic guns in the US.

The UMCD felt as though the regulation of guns in the US should focus on nuanced definitions of assault weapons, and noted that the support for gun regulation in the US has garnered bipartisan support. The UMCR stated that automatic weapons have already been banned in the US, and then went on to argue that many Americans own guns for self-defense and that taking guns away would be disempowering the American public. They

then noted that many instances of gun violence can be traced to a background of mental illness, and that the focus should be on providing resources to manage mental illnesses rather than taking away Americans' guns.

The final topic of the night covered health care.

In their opening statement, the UMCD stated that they felt as though the U.S., one of the wealthiest countries in the world, is capable of providing universal health care, as many developed nations around the world are able to provide universal healthcare for their constituents. They also stated that while a large amount of the U.S. population qualify for Medicare and Medicaid, often those services do not cover basic health care services, such as co-pays for yearly physicals.

The UMCR opening statement agreed that the current healthcare system is broken, but stated that they felt as though the solution to the health care crisis is not providing insurance for all. Rather, they feel as though hospital infrastructure should be improved, as well as providing better preemptive care to prevent the need for high-cost procedures.

The moderators delivered the question for the topic of health care, asking both sides if they felt as though the federal

government had an obligation to provide healthcare to all of its constituents or whether they felt as though healthcare is a commodity.

The UMCD took a very strong stance, stating that they feel as though healthcare is a right of the average American citizen and that it is the obligation of the U.S. government to provide universal healthcare. The UMCR representatives replied that, through observing other countries who have implemented universal healthcare, they did not feel as though universal healthcare would be effective in the U.S., as many other nations have long wait times to see specialists. They also noted that the U.S. budget for healthcare would have to expand exponentially to serve all of the U.S. citizens it would encompass.

The debate wrapped up with closing statements from both sides, with members from both the UMCD and UMCR groups thanking the UMaine community for attending the debate.

Both the UMCD and the UMCR groups plan to hold another debate in four to six weeks, with longer open debate times to allow for a more thorough discussion of the topics.

News

UMaine becomes home to the world's largest 3D printer



On Thursday, October 10th, the University of Maine officially announced the ownership of the world's largest 3D printer in a ceremony at the Advance Structure and Composite Center.

Photo by Jake Buttarazzi.

Bhavana Scalia-Bruce Contributor

On Oct. 10, 2019, the University of Maine held a formal ceremony in the Advanced Structures and Composites Center to honor and welcome the world's largest 3D printer to the Orono campus. The ceremony saw more than 300 people turn out to the unveiling.

The project to get the printer to UMaine began as a collaboration with the United States Department of Energy's Oak Ridge National Laboratory, located in Oak Ridge, Tennessee. In May, it was announced that the 3D printer would be coming

to Orono. Collectively, UMaine and Oak Ridge worked together in bringing the 3D printer to the Orono campus. The collaboration is based upon the accessibility and knowledge of UMaine, due to their work with sustainable materials and composites, as well as Oak Ridge's knowledge of 3D printing processes. UMaine's research in composite materials was used to inform the printing process and the printer will take permanent residence in the Advanced Structures and Composites Center.

Dr. Habib Dagher is the executive director and founder of the UMa-

ine Advanced Structures and Composites Center. Dagher was very excited about this addition to the University of Maine.

"This has never been done in the world," Dagher said "The purpose of this is to see what's possible."

The first product of the world's largest 3D printer was a boat named "3Dirigo." The boat is the largest object in the world to ever be printed by a 3D printer, making history and earning a spot in the Guinness Book of World Records. The boat weighs 5,000 pounds, is 25 feet long and is made from wood cellulose and a combination of plastics

that were transformed into a printable composite.

Approximately 160 UMaine students work in the Advanced Structures and Composites Center per year, with around 30 working on the creation of '3Dirigo'.

Without the printer, a boat similar to this would normally be a rigorous construction project. However, it was created in approximately 70 hours with the printer. Maine Sens. Susan Collins and Angus King, as well as Rep. Jared Golden, were all in attendance at the ceremony. Sens. Collins and King, Rep. Golden and Dagher all boarded

the boat after the printing process was completed.

"I was delighted to join UMaine's celebration unveiling the world's largest 3D printer and largest 3D-printed object," Collins said. "The future of the [UMaine] Composites Center is bright, thanks to the excellent working relationship between UMaine, Oak Ridge National Laboratory and many other federal agencies, which will support next-generation, large-scale additive manufacturing with biobased thermoplastics."

Steve Von Vogt, executive director of the Maine Composites Alliance, noted that Maine

housing the world's largest 3D printer is "a huge win."

The state of Maine currently has the highest median age of all of the United States, and the UMaine faculty hopes that the 3D printer will attract university students from all over the country.

"It's beyond what you would ever get in the classroom," Dagher said, noting that the 3D printer will be a compliment to the teaching potential at the Advanced Structures and Composites Center.

UMaine hosts its 21st annual Engineering Job Fair in the New Balance Rec Center

Charles Cramer Contributor

On Wednesday, Oct. 16, the University of Maine hosted its 21st annual Engineering Job Fair, a daylong event co-sponsored by the Career Center and department of engineering that provides engineering students with the opportunity to meet representatives from local and regional companies and to network for professional opportunities that may help them get job offers upon graduation.

Held on the first floor of UMaine's New Balance Recreation Center, the Engineering Job Fair attracted a mixture of 168 different engineering companies, firms and federal agencies, which was the largest number in its 21 years. Of these organizations, most were based either within the state of Maine or elsewhere in the New England region,

and nearly all expressed their interest and intention to hire qualified UMaine students for internships during the summer of 2020.

"Over the last 20 years, the annual Engineering Job Fair has grown from just a handful of companies to a record 168 companies this year," dean of the college of engineering, Dana Humphrey, told the Maine Campus. "This reflects the growing demand for engineers and the outstanding reputation of our graduates. In Maine and across the country there are more engineering jobs that there are graduates. As a result, the most recent survey showed 99.9% placement in either a full-time job or graduate school for UMaine engineering students."

Though the fair is intended for students nearing graduation, all who were interested were en-

couraged to attend and the fair ultimately attracted more than 1,000 students. One of the many first-year students to attend, Toby Garvis, a mechanical engineering student, said he was surprised by the fair's turnout.

"The chance to meet representatives from companies I have known and followed for my entire life," Garvis said was "pretty awesome."

Alden Burns, a second-year civil engineering student and the vice president of UMaine's chapter of the American Society of Civil Engineers, told the Maine Campus that the event seemed to be busier than it was last year, and that attending provides a great opportunity for students of every year-level.

"The Job Fair is important because it exposes students to a professional environment and allows them to improve

their professional communication," Burns said. "It is one of the few chances they will have to interact with engineering and business professionals in a formal setting."

More than 80 of the recruiters tasked with advertising for their companies at the fair were UMaine alumni. One such recruiter, Sergeant First Class Kyle Patterson of the Maine Army National Guard, said that he enjoyed the opportunity to share his knowledge and information with students, which will help educate them on the types of career paths and options that exist after graduation.

Another of the fair's returning alumni, former UMaine civil engineering and 2014 graduate Alex Young, is now a Manufacturing Extension Partnership (MEP) Coordinator with the Boston-based Turner Construction Company. Though cur-

rently working on the expansion project of Portland's Maine Medical Center, Young personally requested an opportunity to recruit at UMaine's Engineering Job Fair and said that the chance to do so was, for him, especially meaningful.

While organizing the fair, UMaine's Career Center distributed information on the many represented companies, including their focus, base location and employment availability, as well as the proper ways in which someone should present themselves when interacting with potential employers. Students were encouraged to bring their resumes, conduct prior research on the companies they find interesting, dress professionally and practice a concise sales pitch for use in interview-type situations.

"This year's Engineering Job Fair is the largest to date and the largest in

the State of Maine," Christie Blackie, the director of UMaine's Career Center, explained. "It is wonderful to see the number of employers who want to meet with our students and the number of alumni who return to recruit. It is truly a testament to the quality of our students and to the College of Engineering."

The Career Center will, on Feb. 5, 2020, be hosting its annual Career Fair, the second of its yearly job fairs, and one that caters to students from every academic discipline. For further information on the Engineering Job Fair, including a list of every attending company, the Career Center can be found in Room 300 of the Memorial Union and contacted either over the phone at 207.581.1359, or by email at umainecareercenter@maine.edu.

Abby Rowe speaks out during UMaine's Coming Out Week



Abby Rowe speaks about how to make outdoor programs more inclusive for the LGBTQ+ community.

Photo by Haylee Scovil.

Lia Suleiman Contributor

On Oct. 8, Abby Rowe gave a talk in Minsky Hall about her experience as an openly LGBTQ educator. This talk was sponsored by the Maine Bound Adventure Center and the Rainbow Resource Center. It was also part of the Association for Outdoor Recreation and Education Campus Challenge, as well as Coming Out Week.

Rowe is certified as a wilderness emergency medical technician (WEMT), with over twenty-five years of experience as an outdoor educator. She began her career when she was a student at Cornell, where she found refuge working in the outdoor education room.

At the time, Rowe was beginning to explore

her sexuality and didn't feel comfortable in many of the athletic spaces on campus. She described her soccer team as "divisive," because her teammates and coach had expected everyone to date fraternity members. This environment alienated Rowe from her teammates and the athletic community. When she found the outdoor education room, Rowe found a safe space to work and be authentic.

"[The outdoor education room] became my home. It became my life," Rowe told the audience.

Rowe also noted that the outdoor education room felt comfortable for her because of how diverse the staff was.

"The people who worked in the outdoor education room were a lot of really functional queer people, a lot of

really awesome straight allies," Rowe said.

Even though Rowe's first job in the outdoor education and recreation industry was so positive and queer-friendly, she noticed a lack of diversity in her following jobs. For example, she told the audience that she was one of the only gay staff members when she was the director of outdoor education at Colgate University. Rowe noted that being a minority in this academic setting was uncomfortable. She also said that her co-workers treated her differently for her sexual orientation, which made it hard to feel welcomed or comfortable as a queer person in an academic setting.

However, Rowe's queer identity is not the only thing that has impacted her career. She

also discussed how being a woman in such a male-dominated industry affected her. During her talk, she described a rather awkward experience she'd had as the only woman involved in a work-related outdoor activity. Rowe shared a situation where her male co-worker had used the term "guys" to address the group but always made it clear that he meant it in a gender-neutral way. He only explained the intent behind his wording when she was there because she was the only woman in the group, which singled out Rowe and created tension between her and her coworkers.

Rowe followed up by saying that she found the sexist bias in her work life to be more frequent than homophobic bias.

"I feel like I've en-

countered some bias in my work life. It's been more focused on me being female than being queer," she said in a comment to the Maine Campus.

Throughout her talk, Rowe made it clear that she thought diversifying the outdoor industry was important to her. She discussed her service in the outdoor recreation industry and noted how providing educational opportunities about the outdoors benefited families, women and the LGBTQ community. Rowe valued these communities and enjoyed providing a space for them.

"The outdoors were so instrumental for me in terms of self-confidence and personal growth. [The LGBTQ community, communities of women and families] are the communities I identify

with the most, and I feel I can serve the most," Rowe noted.

Rowe's talk came at an important time for the UMaine community. Not only was it delivered during Coming Out Week, a week of celebration for LGBTQ students at UMaine, it was also held on the same day as two supreme court cases about whether companies could discriminate against LGBTQ workers. This talk highlighted the importance of creating a space for LGBTQ people in the workplace and served to enforce the idea that the Supreme Court cases should be thoroughly reviewed. Rowe offered hope and education for the LGBTQ community and others at a time when it was more necessary than ever.

Maine's public university system announces statewide initiative

Charles Cramer Contributor

The University of Maine System has announced this month its new student outreach campaign, "Maine Values You," which aims to both improve the educational quality at each of the state university system's seven campuses and the affordability of each institution's tuition for local Maine students.

A combination of investment in financial aid, state funding allocation and donor generosity have made Maine's public universities nearly four times less expensive than the private institutions located in the state, and will next year, if no changes are made to the state budget, allow the University of Maine System to entirely fund the college tuition and fees of more than 1,200 incoming students.

Last semester, the University of Maine System was able to finance the tuition and fee ob-

ligations of 4,077 students — nearly a quarter of the 16,718 that were enrolled during the spring of 2019. Increases in both gift aid and state funding to Maine's university system over the last five years have allowed for the creation and support of many new and existing scholarship opportunities, thereby reducing dependence on student loans which once amounted to more than half of UMaine students' financial aid.

"The University of Maine System is backed by more than \$400 million in public investment, research funding and donors who give generously to support our institutions and students," Dannel Malloy, chancellor of the University of Maine System, said in a press statement. "We can proudly offer Maine students unmatched affordability and access to the state's most highly-credentialed faculty and the most accredited academic programs and

pathways to careers and advanced degrees."

Many of the currently enrolled students across Maine's public university system are already receiving some form of financial aid, whether from state and federal grants, such as the Maine State Grant and Pell Grant, or private scholarships. Glenn Cummings, the president of the University of Southern Maine, noted during an announcement of the "Maine Values You" initiative that students in the University of Maine System receive upwards of \$11 million in private scholarships each year, and that the number of first-year students who are assisted by such scholarships has risen by nearly 20%.

"Maine's public university students enjoy the support of the state's largest network of alumni and stakeholders," Cummings explained. "Private scholarships help keep the cost of college within the reach

of thousands of our students and their families. We are very grateful."

Although more than four out of the average ten incoming first-year students who complete a Free Application for Federal Student Aid, or FAFSA, are likely to have their tuition entirely accounted for by State and federal grants, only 63% of last year's Maine high school seniors actually completed the application. Over \$10 million in Federal Pell Grant funds were consequently left unused by UM students.

One of the new outreach campaign's other objectives, which is being called "Maine Values Experience," is to provide every student in the University of Maine System with the opportunity to engage in experiential learning, or learning based on experience and observation. The University of Southern Maine at Portland has already integrated such learning into its curriculum and has provided over 1,500 of its

students with more than 200 academic-accredited internships during the 2018-19 school year. To achieve a similar integration of experiential learning, the University of Maine Orono and its sister campus in Machias have announced a complementary pilot initiative to expand their use of the learning form, which the two campuses hope will strengthen the academic programs they offer and better prepare their students for the job market.

"Experience matters," Joan Ferrini-Mundy, the president of the University of Maine, Orono, commented. "Great efforts already being led by our faculty show that experiential learning improves the richness of study for our students and demonstrates to employers that our graduates are career-ready at the time of hire. With more than \$100 million in research activity and a statewide service mission, the University of Maine System

is already the state leader in providing students with high-impact experiential learning opportunities. Our commitment to preparing the knowledge and innovation workforce for Maine will include having the tools across the system to make an internship or service, research or creation of knowledge experience available to every student."

To apply for financial aid through FAFSA, students and their families can visit FAFSA.gov, which is now allowing applications for the 2020-2021 academic year. Further information on college tuition and financial assistance can be learned by either contacting or visiting the website of the Finance Authority of Maine (FAME), at 800.228.3734 and www.famemaine.com.

Weekly Updates

This Week in Student Government

Weekly recap of decisions made by the UMaine Student Government General Student Senate

Emily Molino
Contributor

The Oct. 8 meeting began with the approval of the Oct. 1 meeting minutes.

General Good and Welfare:

Vice President Chase Flaherty went over Call for Orders of the Day.

New Senators, Officer Appointments, Resignations:

Manikomal Kehler was under senator observation and Sen. Austin Westfield was sworn in.

Club Maintenance:

Members of the UMaine Cricket Club were seeking preliminary recognition for aid in advertising and funding. The Ping Pong club's preliminary recognition was tabled until the next meeting.

Guest Speakers:

Kim Crowley came in to talk about the new UMaine Navigate App. This app is meant to support students, first-year students specifically. The purpose of the app is to get students in contact with the departments they

need, navigate the campus, receive their schedules and provide other helpful tools.

Executive Reports:

President Bentley Simpson reported that he met with Dean Dana to discuss the board of trustees position. He also reported that the General Student Senate (GSS) Leadership Scholarship has been posted and the deadline has been extended. Lastly, he reported that he has been finalizing the details for the ice rink equipment.

Vice President Flaherty reminded the senate that the fall senate retreat is coming up soon.

Vice President for Student Organizations (VPSO) Taylor Cray reported that she is currently working on updating the UMSG website.

Periodic Reports:

Chair of Fair Elections Practices Commission Matthew Akers reported that senate applications for the next term will be open next senate meeting.

Student Legal Ser-



vices Liaison Elisabeth Redwood reported that she met with the attorney and is working with him on more outreach to students.

Director of Communications Owen Vadala reiterated that the scholarship applications are now open.

University of Maine Security Rep. Peter Alexander reported that he met with the police chief and the department is currently working on putting up more cameras around campus.

Reports of Standing Committees:

Membership Rep. Zachary Wyles reported that there will be more themed senate meetings in the future and explained the details of the senate retreat.

Policy and Procedure Rep. Mikaela Shea reported that the senate would be looking over a resolution that meeting.

Political Activism Rep. Cody Embelton reminded members of the senate to attend his meetings.

Services Rep. Emma-

line Willey reported that phase 1 of the swings is being put into motion and housing is working on implementing emergency housing for storms.

Representative Board Reports:

Commuter and Non-Traditional Rep. Ian Johnson reminded the senate that the pancake breakfast is coming up and that commuter week is coming up.

Honors College Student Advisory Board Rep. Lauren Ryan reported that the active honors challenge has launched.

Senior Class Council Rep. Joshua Minor reported that the shirts have come into the bookstore.

Community Association Reports:

Student Heritage Alliance Council Rep. Anna Schaab reported that they are preparing for the Culture Fest.

Feminist Collective Rep. Miranda Snyder reported that the Take Back The Night event is coming up.

Wilde Stein Rep. MJ Smith reported that Com-

ing Out Week is coming up and the club has lots of events lined up.

International Student Association Rep. Hannah Holbrook reported that they would be hosting a coffee hour and encouraged members of the senate to reach out for information on Culture Fest.

Consent Agenda:

The senate accepted the consent agenda of the American Society of Mechanical Engineers 350 dollars, Asian Student Association 200 dollars, and Navigators 840 dollars

New Business:

An act to modify the Standing Rules of the General Student Senate, Rule V, Section I, subsection V to change the code for Policy and Procedure from PP to POL to follow current standards. This was passed by the senate.

The appointment of the board of trustees representative to the President's Cabinet was passed by the senate.

The meeting was adjourned.

Maine should see legal recreational marijuana dispensaries by spring 2020

Bhavana Scalia-Bruce
Contributor

In 1999, the state of Maine legalized medical marijuana. In 2016, Maine passed the recreational legalization referendum. Now in 2020, Maine intends to bring legalization to recreational marijuana through dispensaries state-wide.

Marijuana is on track to becoming available to consumers as soon as spring 2020 in recreational dispensaries.

Throughout her campaign and during her time in office, Gov. Janet Mills has shown support for the legalization of recreational marijuana. Mills feels as

though a regulated market for the recreational marijuana industry will orchestrate the implementation of thousands of jobs, provide a boost in Maine's economy and act to "end an outdated war on drugs" Mills stated.

On June 27, 2019, Gov. Mills officially signed off on the law LD 719. LD 719 is an act regarding adult-use marijuana, allowing recreational usage in Maine for adults 21 and above.

"Over the course of the last several months, my Administration has worked quickly to implement the law regarding Maine's adult-use recreational marijuana market

as Maine voters asked the state to do two and a half years ago," Mills stated. "With this law, we are one step closer to honoring the will of Maine voters."

In addition to an increase in the recreational use of cannabis, it is anticipated that there will be a higher interest from Mainers in operating dispensaries. Mills' law states that "Mainers who have lived in the state for at least four years prior have the ability to qualify for a license, under the circumstance that they claim at least 51% ownership of a cannabis company." However, municipalities in Maine have the option to deny marijuana sales in their

area. Because of social contention surrounding the recreational marijuana discourse, only a few Maine towns and cities have seriously exhibited interest and preparation for marijuana retail dispensaries.

David Boyer, political director of the Maine Marijuana Policy Project voiced his opinion on marijuana accessibility, stating that it is "disappointing that adults still don't have a place to purchase legal cannabis in Maine."

Once the implementation of marijuana becomes legal, the consumption and use in public will remain prohibited. Howev-

er, dispensaries will have the ability to sell up to 2.5 ounces of the flower part of the plant per customer. Additionally, due to the Maine marijuana law, citizens have the ability to grow their own marijuana plants. The limit consists of 6 flowering plants, 12 nonflowering (immature) plants and an unlimited amount of seedlings.

In addition to new recreational marijuana dispensaries popping up all over the state, there will be fluidity for current medical marijuana caregivers to become "registered caregivers." Eight larger dispensaries currently make up Maine's medical marijuana system, as well as

hundreds of small scale caregivers.

"The people of Maine have spoken and they have waited long enough," Mills stated, voicing her opinion on the implementation of recreational dispensaries. "I believe it is time to get this done."

Maine state officials predict that once marijuana retail stores open in Maine, in the first year alone they will bring in approximately \$107 million in profit.

As a new decade approaches, a new leaf will be turned over for the future of recreational marijuana in Maine.

Gov. Mills pledges Maine will have zero carbon emissions by 2045

Leela Stockley
Contributor

At the recent United Nations Climate Summit, held at the end of September, Maine Gov. Janet Mills addressed the U.N. and declared that the state of Maine will strive to combat climate change by being completely carbon-neutral by 2045.

Mills' presence at the U.N. Climate Summit marks the first time that a Maine governor addressed the U.N. Mills joined other prominent world leaders, such as German Chancellor Angela Merkel and Turkish President Recep Erdogan to speak at the summit.

Mills, whose campaign leading up to her 2018

election focused on tackling climate issues, has worked hard to maintain and improve Maine's dedication to fighting climate change.

"If our small state can do it, you can. Because, we've got to unite to preserve our precious common ground, for our common planet, in uncommon ways for this imperative common purpose," Mills said, addressing the council. "Maine won't wait, will you?"

Mills has been at the forefront of climate change initiatives in Maine since her election, and was the first governor to implement a state of Maine Climate Council, which includes members of the University of

Maine faculty. The climate council strives to address climate concerns, as well as provide an accessible forum for Mainers to participate in the discourse on climate change action.

This declaration is an important step for Maine, as many of the industries in Maine would be affected by drastic climate changes. A study conducted in 2016 determined that the Gulf of Maine has been warming faster than 99.9% of the world's oceans, which has had an enormous impact on fisheries along the coast of Maine. Maine's economy relies heavily on fisheries, as well as the forestry industry, and drastic warming will have a detrimental effect on

those industries.

Mills, who has addressed influential climate initiatives since she was voted into office, has also taken steps to monitor the emissions of Mainers. Her administration has taken part in a monitoring effort to address transportation emissions and has set aside \$5.1 million to fund an electric vehicle program. She also signed a bill b made changes to a grant program in order to address the goal of installing 100,000 new heat pumps across Maine. This bill, which was signed in June of 2019, seeks to reduce Maine's dependence on fossil fuels, stabilize energy costs across Maine and support jobs that focus on energy

efficiency.

While Mills' initiatives are cutting down on Maine's reliance on fossil fuels, they are also lowering heating costs for Mainers. Through the installation of new heat pumps, Mainers' heating bills are projected to drop \$300 to \$600 per home. This project will stimulate economic growth while providing accessible and affordable heating options for low-income Mainers.

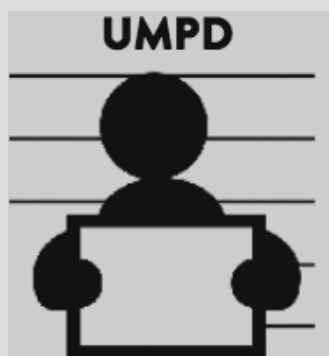
Work to mitigate climate change has a huge impact on Maine's treasured "wilderness" as well. In a report released by the National Audubon Society (NAS) on Oct. 10, the NAS determined that with the current rate of climate change, over a

third of the bird species in Maine may be lost or threatened in the next 80 years. The study determines that the current rate of climate change would show a 3 degree Celsius warming by 2100, which would cause a massive loss of habitat for some of Maine's most iconic species such as the black-capped chickadee, the ruffed grouse and the common loon.

While stopping climate change in its tracks is a challenge that must be tackled on a global scale, Mills' efforts for a greener Maine will help to improve and preserve Maine's natural landscape.

Police Beat

The best from UMaine's finest



Leela Stockley
News Editor

Oct. 9 - 10:34 p.m.
While on rounds in Somerset Hall, an officer from the University of Maine Police Department (UMPD) smelled the strong

scent of marijuana on the first floor. The officer was able to determine that Alexander Froggatt and Hunter Smith, both first-year students, had been smoking marijuana. The students were sum-

moned for the possession of marijuana and paraphernalia and were referred to conduct.

Oct. 11 - 12:00 a.m.
While on duty, a UMPD officer could hear students on the fourth floor of

Gannett Hall talking about drinking. After investigating, the officer determined that three underage male students were in possession of beer. The students were referred to the Student Conduct Code Committee.

Oct. 13 - 12:33 a.m.
While on duty, a UMPD officer smelled the strong scent of marijuana coming from a vehicle parked in front of Androscoggin Hall. The officer approached the vehicle and determined that none of the pas-

sengers were in possession of a medical marijuana card, and found that the passengers had beer, a stolen traffic cone, marijuana, dabs and paraphernalia in the vehicle. Austin Dunn, a first-year student, was charged with the underage possession of marijuana and referred to conduct. Jacob Henry, a first-year student, was charged with underage possession of alcohol and referred to conduct. Richard Ahlsterand, a first-year student, was

not charged but was referred to conduct. The fourth member of the party, Issac Parker was found to be a non-student and was charged with criminal trespassing and escorted off campus by UMPD.

Oct. 16 - 11:42 a.m.
UMPD received a call from a staff member at Raymond H. Fogler Library with a report that they had found graffiti containing a racial slur in a stall of the first-floor men's bathroom.

Briefs

Quick news from around the country



Leela Stockley
News Editor

Oct. 16
On Tuesday night, the fourth democratic debate was held, and afterward people had a lot to say on the noticeable lack of discussion

about climate change initiatives. Throughout the entire debate, there was not a single question about climate change initiatives. One of the media host organizations, CNN, had previously held a climate-change themed

town hall, during which moderators quizzed candidates on the action that they would take to combat climate change.

Oct. 17
A nor'easter "bomb cyclone," which hit New England through-

out the middle of the week, knocked out power across Maine, leaving more than 200,000 people without power or internet into Friday morning. The storm, which brought heavy winds and rain, created the perfect conditions for flash flooding and set the record for the strongest wind gusts recorded so far in October throughout much of New England. It brought snow to northern Vermont, where a

few of the ski resorts got enough snow to prompt an early start to the winter sports season.

Oct. 18
Two American astronauts made history on Friday by becoming the first two women to complete an all-women spacewalk. Representing NASA were Christina Koch and Dr. Jessica Meir, who were both part of NASA's 2013 class of astronaut trainees. Koch hails from

Michigan and holds a master's degree in electrical engineering. Meir is a Maine native who grew up in Caribou and achieved a master's degree and a doctorate in marine biology. The spacewalk, which lasted seven hours and 17 minutes, included a brief call with President Donald Trump, during which Trump congratulated the women saying that they were doing an incredible job.



The World This Week



Oct. 18

One of the largest private student loan lenders, Sallie Mae, has come under investigation after they celebrated more than \$5 billion in sales by sending more than 100 employees to Hawaii for a five-day retreat. While Sallie Mae has made a huge profit in the past year, the national student debt amount looks to top \$1.6 trillion, and many are left to scrutinize Sallie Mae's lending techniques.

Oct. 19

Rep. Alexandria Ocasio-Cortez, who rose to fame after she unseated long-time incumbent Joe Crowley as the representative of New York's 14th district, recently announced that she will endorse presidential candidate Sen. Bernie Sanders. The endorsement came at Sanders' rally in New York City, which was the first rally held by the senator after he had a heart attack on Oct. 1.

Oct. 20

Chilean protests approach their seventh full day after demonstrations broke out almost a week ago. Chilean President Sebastian Pinera declared a state of emergency on Friday after thousands of people stayed on the streets in protest of the rising cost of living, including a recent rise in the cost of public transportation.

This week at UMaine...

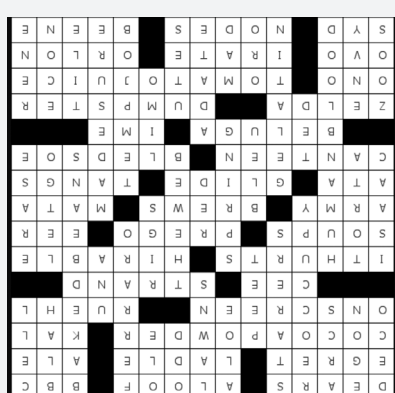
What's happening this week at UMaine

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SpiritualTEA 5:30 p.m. - 6:30 p.m. The Wilson Center	Multicultural Student Center Lunch and Learn 12 p.m. - 1 p.m. Multicultural Student Center	Rumors 10:00 am - 12:00 pm Al Cyrus Pavilion Theatre	2019 Maine Heritage Lecture 3 p.m. - 5 p.m. Collins Center for the Arts	Trick or Trot 6 p.m. - 8 p.m. Witter Farm Maine Marketplace 10:00 am - 5:00 pm New Balance Field House	Alumni Village Tailgate 10:00 am - 1:30 pm Alford Stadium

Want to see your club or organization's event represented here? Send the info to eic@mainecampus.com

Diversions Answer Key

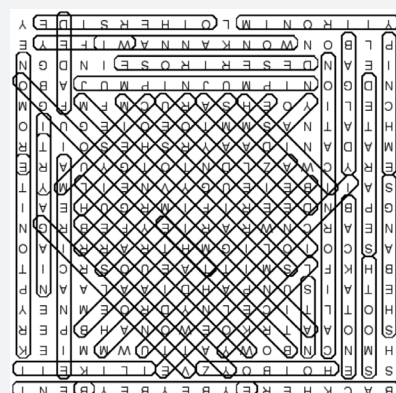
Puzzles, comics and more on A8



Crossword



Sudoku



Word Search

Opinion

Monday, October 21, 2019

Editorial: Mid-semester burnout? We are not a fan.

Liz Theriault
Opinion Editor

By now, students know where their classes are, they've turned in a few essays, crammed for a couple of exams, and have most likely experienced at least one all-nighter homework session. At week eight in the semester, the college routine is in full swing. But for many, their schedules might become burdened with a new assignment: overcoming the mid-semester burnout.

Every October, the University of Maine schedules a fall break for students around Indigenous People's Day. The extra four days off from school serve as a time meant for students to relax, reset and potentially avoid detrimental burnout of mental health effects. However, that often isn't the case for students who see those four days as their only chance to attempt to get their head out from under the water of assignments and responsibilities they are drowning in.

Many professors will

schedule extra work, readings or essays over break since students have the extra time off from classes. Others pile on exams the week before or after, in order to make up for the lost class time. In any case, fall break morphs into a time where students are so overwhelmed that they cannot take full advantage of the time meant for destressing.

In college, it can seem as if stress is a right of passage. Students compare assignment loads, hours of sleep or busy schedules to gauge their stress levels amongst their friends. But at a certain point, a prolonged and excessive amount of stress will lead to mental, physical or emotional exhaustion that can leave students feeling overwhelmed in their list of responsibilities.

Burnout can be recognized in a variety of mental, physical and emotional symptoms. In these next few weeks, keep an eye on yourself and your friends for signs that often can be easily overlooked. This

includes lashing out at others, irritability, stress eating, headaches, dizzy spells, frequently getting sick, a constant feeling of exhaustion, a loss of confidence or motivation, an inability to concentrate, making careless mistakes, losing interest in activities that used to be enjoyable and many more.

Further, burnout becomes most evident when you see a decline in academic, work-related or social performance. Excessive stress is seriously debilitating and can impact everyday tasks and responsibilities. In addition to college stress, the changing seasons can add further burdens to student mental health. Shorter days and colder weather can drain students of energy and increase feelings of sadness or depression.

When these conditions unite, as they frequently do in the months of October and November, college students can be heavily impacted. If you see any signs of burnout or increased sadness in yourself or

your friends, there are actions you can take. The UMaine campus is equipped with resources to help students perform and feel their best.

The Counseling Center is open Monday through Fridays every week to provide students with access to professional and confidential counselors, self-help and relaxation techniques, and links to online resources. Students have the option to participate in individual, group or couples counseling for any reason, big or small. The Mind Spa, located in the Memorial Union, provides daily relaxation workshops, space for meditation and mindfulness, access to light therapy, and materials for creative activities. The office of student life creates monthly schedules of daily and weekly fun events for students to participate in, such as Gamers Nights, trivia, Kickin' Flicks, karaoke and much more.

All of these resources are available for students to take advantage of. Outside of external

resources, there are also steps that students can take to arm themselves with habits and practices to ward off mid-semester burnout.

The first, and often overlooked or under prioritized by college students, is sleep. Instead of scheduling another 12-hour homework session, recognize that it is okay to put sleep before homework and assignments. The National Sleep Foundation Scientific Advisory Council suggests that people between the ages of 18 and 25 need between seven and nine hours of sleep every night. Getting a full night's rest can actually better prepare you to take on assignments and exams than relying on coffee or energy drinks to keep your brain functioning.

Second, learn how to say no. In college, there are so many opportunities presented to students that we often say yes to everything that comes our way in order to avoid missing out. However, juggling an overwhelming sched-

ule of responsibilities, classes, assignments and social engagements is a fast track to burning yourself out. Instead, sit down and make a list of what the top priorities in your life are, and say no to others that might be weighing you down.

Finally, always know that it is okay to ask for help. This could be reaching out to friends, calling home, confiding in a trusted professor or faculty member, or heading over to the counseling center. Starting a dialogue in any form with another person can help clear the mind and allowed students to see a clear path out of burnout.

There are seven more weeks in the fall semester. Make sure to keep your eyes and mind open to the signs of burnout, so you can continue to perform your best and make your college experience the best it can be.

In the wake of injustice in Hong Kong, Lebron James serves as a worthy scapegoat

Nate Poole
Contributor

Over the past weeks, the political protests in Hong Kong have generated sympathy in the American public. But the American media seems content to lob its attacks at Lebron James rather than criticising China itself. It all began on Oct. 4, when the general

manager for the Houston Rockets, Daryl Morey, posted a tweet, since deleted, which conveyed support for anti-communist Hong Kong protesters. In reaction, before the preseason match between the Golden State Warriors and the Los Angeles Lakers, James asserted of Morey that "I just think that when you're misinformed or

you're not educated about something, and I'm just talking about the tweet itself, you never know the ramifications." The backlash to James's dissent was swift but the fact of the matter is that rage has been woefully misdirected.

These tensions between Hong Kong and China are nothing new; the former British colony

fell under the communist regime's umbrella in 1997, and since then, the country has been operating under a "one country, two systems" government where the people of Hong Kong are granted specific rights found nowhere else in China, such as free speech, uncensored internet access, and free assembly. China prom-

ised to maintain this system until 2047, but there has always been a contingent of Hong Kongers that have bristled under what they perceive to be a steady encroachment upon their rights by Beijing, especially under Carrie Lam, the chief executive of Hong Kong who is widely believed to have pro-Beijing sympathies.

This tension hit a breaking point in February when a bill was introduced that would allow Hong Kongers to be extradited and tried for crimes in mainland China. Peaceful protests began on June 9, but since then, demands and altercations with police forces have escalated dra-

See **Lebron** on **A7**



The Maine Campus is an independent student publication. It is completely produced by undergraduate students of the University of Maine. Student subscriptions are provided for free through the communications fee.

The Maine Campus is printed at the Alliance Press in Brunswick, Maine. Our offices are located at 131 Memorial Union. Contact us by e-mail at info@mainecampus.com or by phone at 207.581.1273. All content herein © 1875 - 2018 The Maine Campus, unless otherwise noted.

All rights reserved.

Editorial and Production

Editor in Chief *Olivia Shipsey*
eic@mainecampus.com
News Editor *Leela Stockley*
news@mainecampus.com
Sports Editor *Zach LaBonne*
sports@mainecampus.com
Opinion Editor *Liz Theriault*
opinion@mainecampus.com

Culture Editor *Sierra Semmel*
culture@mainecampus.com
Photo Editor *Antyna Gould*
photo@mainecampus.com
Production Manager *Michaela Arsenault*
production@mainecampus.com
Head Copy Editor *Maddy Jackson*
copyeditor@mainecampus.com

Business and Advertising

Business Manager *Chloe Hepburn*
business@mainecampus.com - 581.1223
Marketing Director *Mia Kaufman*
marketing@mainecampus.com - 581.1270

For rate sheets and other advertising information, visit mainecampus.com.

Love us? Hate us?

Write us.

Letters to the editor should be 300 words, concise and clearly written. If applicable, include your academic year. Send all submissions to Liz Theriault at opinion@mainecampus.com.

Submissions may be edited for length, clarity and style. Anonymous letters will not be published.

Opinion pieces should be roughly 650 words and clearly written. Include your name, year and major.

Submissions should be in .doc format.

Send all opinion pieces to Liz Theriault.

The attitudes and views expressed in the Opinion section are those of their authors only and do not necessarily represent the views of The Maine Campus or its staff.

Trump's terrible Twitter reign needs to come to an end

Kylie Welch
Contributor

Social media makes it all too easy for politicians, such as President Donald Trump, to speak their minds to people all over the world with often unedited tweets. President Trump has historically caused controversy with his tweets, and in recent months it appears that now more than ever Twitter users are calling for an end to Trump's account due to the incredible levels of impact these, what often appear as thoughtless, tweets have.

Earlier this week, Sen.

Kamala Harris used her platform to call to Twitter's attention to the seriousness and severity of the situation that is brought on by various tweets by Trump, specifically those concerning the call to impeach the president. Sen. Harris referred to the tweets as intimidating his impeachment whistleblowers, in hopes that they would be too afraid to continue working against him after he had called them out in an incredibly public fashion. CNN reported that Twitter denied having an ability to suspend Trump's account, which Sen. Harris suggested

they do, due to the fact that it was in no violations of their company's policies. Twitter upheld that they suspend accounts for strictly what their users write in tweets, not the political or societal implications and consequences that a particular tweet may encourage, meaning Trump had technically broken no rules.

In CNN's report, they raised the question, what happens if a world leader were to incite violence via Tweet? Could the end of a trade agreement or start of a war, something that has drastic and life-altering repercus-

sions not be worthy of an involuntary account deactivation? Having spent time in Washington D.C. this summer, and having spoken to writers for Politico and NPR about the way that Americans consume media and how politicians interact with the public through social media, their greatest concern was of the complete independence such powerful people have through these platforms. Any speech to the nation by the president goes through tens if not hundreds of White House employees who look over it and make sure there are no holes

in an argument, to fact check all data and keep controversy to a minimum. By using Twitter to share his thoughts, however, Trump has complete control over what he says. This is something that can absolutely be seen in a positive light and allows politicians to connect more effectively with the average American and Twitter user, but also allows those with immense amounts of power to send mindless thoughts and ideas out into the world, and not be able to take them back.

When I was in high school and social media

first began to get popular my mother always told me that I should never put anything on the internet that I wouldn't want to be published in the paper. I thought about this every time I would post a tweet or share a picture, now I believe it's time for Trump to take the same advice.

The US used, backstabbed and abandoned its greatest ally in the Middle East

Owen Baertlein
Contributor

On Oct. 9, Turkish forces moved over the Turkey-Syria border in a planned operation to remove a freedom-fighter group known as the People's Protection United (YPG). The YPG is a Kurdish paramilitary group that fought for Syrian independence during the Syrian Civil War. During this conflict, the group became a keystone member of the Syrian Democratic Forces (SDF), the main rebel fighting group in the war. As the focus of the conflict shifted, so did the purpose of the SDF and the YPG, and soon American soldiers and military advisors in northeastern Syria found themselves fight-

ing alongside the YPG to clear the Islamic State (IS) out of Syria.

After years of fighting, the YPG, SDF and US-led coalition effectively ousted the IS in March of 2019. Turkey soon announced the plans to send forces over the Syrian border to clear the YPG and SDF within 30 miles of Turkey's border with Syria. On Oct. 6, Trump announced he would allow Turkish President Erdogan to undertake this operation against the advice of his cabinet. The invasion Trump endorsed has cost lives, stability in the region and the respect of the international community.

After having fought alongside the SDF and YPG as allies for years, the fact that President

Trump has issued an order to effectively abandon the fighting force made up of an ethnic minority fighting for cultural and political autonomy is despicable. The United States was built on men and women who fought for independence, liberty and a better way of life. Trump, the leader of a country that proclaims itself a beacon of freedom and liberty in the global community, left our greatest ally against terror in the Middle East to fend for themselves.

The Kurdish fighting men and women filled in for fleeing Iraqi forces in 2014, defeated the final Islamic State stronghold in Syria and repelled an all-out IS attack on the town of Kobane in Syria after Turkey refused to assist and even kept

Turkish Kurds from crossing the border to help in the fight. The YPG are by no means an incompetent group, and US military advisors even considered the YPG the safest choice of all local militias in Syria to aid the US Army in the fight against IS. Even so, they don't stand a chance against the Turkish military, a force bent on destroying Kurds since the early 20th century over inter-ethnic feuds nobody can even remember anymore.

Trump opened the door for an invasion so chaotic that U.S. forces who weren't removed from the buffer area were almost struck by Turkish artillery. In fact, many of the military personnel present believed that the Turkish military knew

what they were doing and fired 155mm shells at American personnel as a warning to leave the buffer zone.

The facts are simple, and they speak for themselves. At Trump's behest, our country left a group fighting for their own freedom to fend for itself against a force it cannot possibly defend itself against. The president of the United States has shown himself yet again to be a pushover for foreign leaders and their interests, and the international community will not overlook this. When Turkish military units fire on American troops in the interest of destroying an ethnic minority in a foreign nation, people should take notice.

But the fact of the

matter is that most of the country has come to expect acts like this from our president. We have become so used to the utter lack of empathy and disregard for human life coming from the Oval Office that using the Kurds and discarding them like a broken tool when we're done barely registers. Eliot Engel, house foreign affairs chairman, best summarized what every American should be thinking: "What kind of message does this send to the world? How can America be trusted to keep its word when we betray one of our close partners?" But at least Trump promised sanctions on Turkey once the uproar started, so that fixes everything. Right?

Lebron from A6

matically. According to a New York Times profile on the events surrounding the protests, "China has started to turn public opinion against the protesters," and the Daryl Morey's tweet served as a fine opportunity for the Chinese government to further propagate their characterization of the protesters as violent rebels.

With this knowledge

of China's messaging campaign, it's easy to frame Lebron James and his statements on the Morey tweet as "selling out," as ESPN sports debate show host Max Kellerman dubbed it on the show "First Take." The Lakers star has also received relentless criticism on Twitter, and was even parodied on the Comedy Central show "South Park." The fact of the matter is that James, for all his fame and athleticism, is really just the face for the NBA

business. He is a player, and as he later clarified on Twitter, he did not appreciate being thrust into the role of political commentator in a country which generates 15% of the NBA's total revenue, possibly compromising his future business opportunities in the process.

While James suffers the brunt of the criticism for the NBA, the commissioner for the association, Adam Silver, gets away with putting out seemingly pro-Hong

Kong statements like, "the values of the NBA — the American values, we are an American business — travel with us wherever we go. And one of those values is free expression." While James may admit to not feeling secure enough in his business interests to support Hong Kong's protesters, Adam Silver has the gall to pretend as though American values somehow weigh upon the decisions of a multibillion-dollar business. The situation seems like

a dull echo of bipartisan efforts to pass bills condemning supporting Hong Kong protesters and condemning China's interference, which, according to Bloomberg, will "have limited impact."

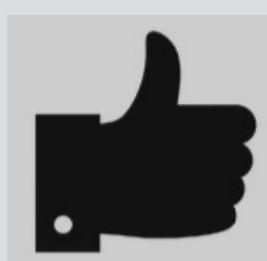
It's hard to believe the NBA's posturing when they rely on income from China, and the situation is just the same with our own government's reliance on trade with the nation. It is easy to criticize the idols that stand front and center, but far

harder to recognize the hypocrisy of the machine behind that idol. The sad reality that Lebron James may be more resigned to before most of the public is that while actions speak louder than words, money speaks louder than actions.

THUMBS UP DOWN

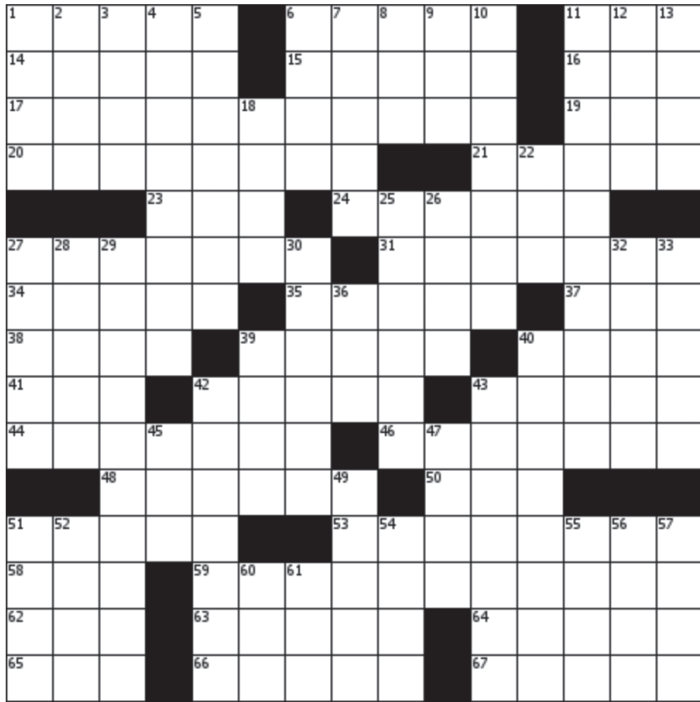
No power = no school
Halfway through the semester
A week until halloween
Homecoming week

No power = No internet
Midterms
Sun sets before 6pm
Rainy homecoming weekend



Diversions

Crossword



onlinecrosswords.net. Answer key located on A5

Across

- 1. Lovable sorts
- 6. Cold
- 11. Network that shows

"EastEnders"

- 14. Bird with beautiful plumes
- 15. Gazpacho grabber

16. Ginger ____

- 17. Ingredient 1/8 cup of which is used in a bath at Pennsylvania's Hotel Her-

- shey Spa
- 19. Penn of "Harold & Kumar Go to White Castle"
- 20. Like some personae
- 21. Oscar winner Mercedes of "The Fisher King"
- 23. Bee follower
- 24. DNA segment
- 27. Owie response
- 31. Able to get on the payroll
- 34. Meal starters, often
- 35. Ragu competitor
- 37. Suffix for musket
- 38. Word on green T-shirts
- 39. Makes the coffee
- 40. WWI spy ____ Hari
- 41. ____ glance
- 42. Ride the updrafts
- 43. Sharp flavors
- 44. Scout's container
- 46. Tempestt who played Vanessa Huxtable
- 48. High-priced caviar source
- 50. "____ Mine" (George Harrison autobiography)
- 51. Princess who helps out Link
- 53. Where some go diving
- 58. Sean Lennon's middle name
- 59. Stuff you're supposed to bathe in if you're sprayed by a skunk
- 62. Combining form mean-

- ing "egg"
- 63. Ready to spit nails
- 64. Acrylic fiber brand
- 65. Barrett of Pink Floyd
- 66. They may get swollen when you're sick
- 67. Late fashion designer Geoffrey

Down

- 1. Follower of art?
- 2. Ghostbuster played by Harold Ramis
- 3. Ball trajectories
- 4. Take turf twice
- 5. They rarely blink
- 6. Sunburn remedy
- 7. Places for some flamingos
- 8. Like -3
- 9. Bullfight cheer
- 10. She ran for vice president in 1984
- 11. Tubful Roger Daltrey lounged in on the cover of "The Who Sell Out"
- 12. Hardly captivating
- 13. Con quarters
- 18. Amanda of "Igby Goes Down"
- 22. An, as in "an enchilada"
- 25. Unreliable source, often
- 26. Fixes
- 27. "The Love Boat" bar-

- tender
- 28. Cake, in Italian restaurants
- 29. What 16th-17th century countess Elizabeth Bathory reputedly bathed in to stay younger
- 30. Cleaning time?
- 32. "Get your hands off me!"
- 33. Clear
- 36. Unlike states where Kerry won
- 39. Color in Cherbourg
- 40. Double-checked
- 42. Dessert in a mold
- 43. It may lead to a full-time position
- 45. Kaczynski serving a life sentence
- 47. Big shot's big wheels
- 49. Set ____ for (plan on)
- 51. Bronx and San Diego, for two
- 52. One of a deadly seven
- 54. Western tribe
- 55. Mah-jongg piece
- 56. Greenspan's subj.
- 57. Russo who played Natasha in a Rocky & Bullwinkle movie
- 60. Gold, to some treasure hunters
- 61. Magazine that features a "Fold-In"

Word Search: Songs From the Year 2000

- AMAZED
- AMERICAN PIE
- BACK AT ONE
- BACK HERE
- BAG LADY
- BE WITH YOU
- BEAUTIFUL DAY
- BENT
- BREATHE
- BROADWAY
- BYE BYE BYE
- CALIFORNICATION
- DESERT ROSE
- FADED
- GIRL ON TV

- HIGHER
- HOT BOYZ
- I LIKE IT
- I NEED YOU
- I TRY
- I WANNA KNOW
- I WISH
- INCOMPLETE
- JUMPIN JUMPIN'
- KRYPTONITE
- LUCKY
- MARIA MARIA
- MEET VIRGINIA
- MINORITY
- MOST GIRLS

- MUSIC
- NO MORE
- OTHERSIDE
- PINCH ME
- SAY MY NAME
- SEPARATED
- SHE BANGS
- SMOOTH
- STAN
- STRONGER
- THERE YOU GO
- TRY AGAIN
- WIFEY
- WONDERFUL

B A C K H E R E Y B E Y B E Y B E N T
 S S E H O T B O Y Z V E I L I K E I T
 H M N C N B O W Y A T T U W M M I E K
 S O O A A T R K O E W O N A H B P E R
 H O T L T I C E L N Y D R O E M N E Y
 E T A I S U N P A H D I A A L A A N P
 B H K F L S M I T T A E U O S R C I T
 A S C O I O L I G M H T R A R R I A O
 N E A R C N W R A R I E Y F E B R G N
 G P B N D E E R I F I M R G U H E A I
 S A I I B E I E U G Y V N E I L M Y T
 E R Y C W A Z L D N T O T G Y U A R E
 M A D A N I D A A Y R S H E S O I T R
 H T A T N A S M M T O E O I E G U I O
 C E L I Y O E H S A R U C M F M F G M
 N D G O N I P M U J N I P M U J A B O
 I E A N D E S E R T R O S E I N D G N
 P L B O N W O N K A N N A W I F E Y E
 Y T I R O N I M L O T H E R S I D E Y

puzzles.ca. Answer key located on A5

Sudoku

Each row, column and 3x3 square must have numbers 1 - 9 in any order, but each digit can only appear once. There is only one correct answer.

Difficulty level: Hard

3								9
			4		3			
7		4	6					5
9				2				6
		5	8	3				4
		8		1		3		
	8	3				6		
6		9			5	2		4
				9				

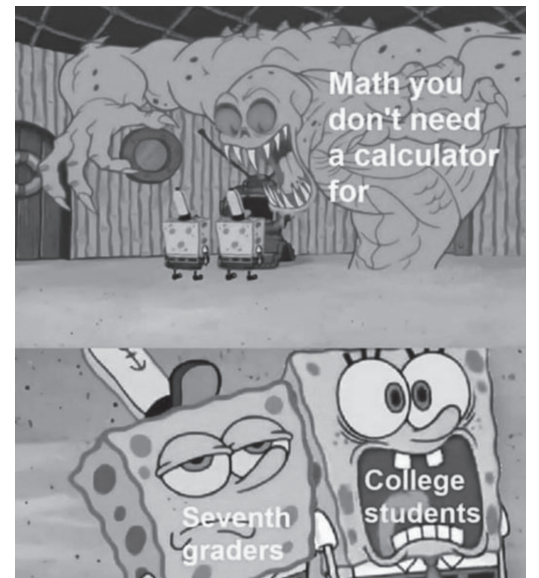
puzzles.ca. Answer key located on A5

Word Scramble: Leaf

- 1. eathw
- 2. orlsco
- 3. llfa
- 4. eesge
- 5. sfort
- 6. cnor
- 7. aconr
- 8. nutamu
- 9. Rangeo

moos
 teotf
 nmutus
 ezeed
 etolor
 colro
 egnuro
 mcoo
 tsehw
 llaf

bigactivities.com



UMaine memes for drunken teens



UMaine memes for drunken teens

Flip this page for puzzle answers

Reviews

🎵 MUSIC

Hovvdy continues musical growth with an album worth attention



Photo via genius.com

RATING



Noah Loveless
Staff Writer

“Heavy Lifter” is the third LP from Austin-based indie rock/folk duo Hovvdy. The style of the band tends to delve rather comfortably into the more chill side of indie rock or folk, or “slow-core.” While their music may not be traditionally slow-core in the vein of the original slow-core artists, Hovvdy tends to play lo-fi rock, often without percussion, and the music tends to sound rather melancholic. On “Heavy Lifter,” the duo is producing music pretty well within that description.

Given their output up until this point, the biggest danger for the group has been letting the lo-fi calm of the music drift past the serene or resigned into the more unexciting range, but on “Heavy Lifter” there is cause for praise with several tracks hitting a nice mark and there being a relative cohesion to the project.

The first song, “1999,” is one of the touchstone tracks of the album, functioning as a kind of thesis statement for the album. It is subdued and catchy, and later songs can be seen as reflecting back to this one in ways of atmosphere and lyrics.

With lyrics like, “cause it’s a small town / and we’ll go for a drive / prom queen 1999 / curtains swing on either side / small town and we’re going around,” the track is capsule-like in lyrical content.

The handling of memory is done pretty successfully in this song, as there aren’t any moments of intense nostalgia or melodrama. Hovvdy commonly has a characteristic slacker sound which, when it works, can make the lyrics welcoming and soft.

The third song, “So Brite” is another convincing track, with some of the strongest instrumentation on the album. This song is one of those on the album with percussion, and the drums keep a lulling, steady pace throughout the song. The song seems to do a really good job of capturing a lazy, dragging feel and

the production gives the drums as well as the piano a cloudy quality, almost sounding dampened or water-logged.

One of the most emotional tracks on the album is “feel tall” which comes just before the halfway mark of the album. The instrumentation includes an acoustic guitar strumming at an unvarying pace, as well as a ringing sound of which the instrument source is hard to identify. Like other sound tropes on the album, this ringing noise has an airy quality that seems to hover and permeate the song and the environment in which the album is being listened to. Beyond the plodding or listless instrumentation, the lyrics of the song pack the final punch, so to speak, of giving the song considerable emotional gravity, for instance in the first verse and chorus: “trying all the time / code for everything / i gotta get what i need / slip sliding to the front / fall down a lot / any little thing you want / any little thing at all / wanna make you feel tall.”

Other highlights include the songs “Tools,” “Watergun” and “Keep it Up.” While some tracks on the album are less interesting, at several points, the album has something to offer. It seems like Hovvdy is still working out some kinks, but I think there is reason to believe they are on the way to good things.

🎬 MOVIE

“The Accused,” breaking the silence around sexual assault



Photo via amazon.com/flix.info

RATING



Brielle Hardy
Contributor

EDS NOTE: This review touches on topics of rape and sexual assault which may be upsetting or disturbing for some readers.

Looking for an older film to watch on a night in? “The Accused,” released in 1988, provides a gut-churning story full of raw emotion and continuously relevant societal issues. Actress Jodie Foster plays a convincing portrayal of Sarah Tobias, whom the movie follows, earning her both an Oscar and Golden Globe Award for Best Actress. Tobias’ character is loosely based on 21-year-old Cheryl Araujo who was attacked in a bar in New Bedford, Massachusetts in 1983.

In America, one out of every six women has been the victim of an attempted or completed rape. The chances of experiencing sexual violence are three times as likely for women aged 18 to 24 who are in college, and four times as likely for women of this age group not enrolled in college.

After surviving being sexually assaulted by three men in a bar with other men playing active witness, Tobias seeks legal ramifications. Her lawyer, Kathryn Murphy, is played by Kelly McGillis, who is a survivor of rape herself.

Initially, McGillis is wary of bringing Tobias’ case to court because she fears that Tobias’ loud-mouthed, partying tendencies would be used against her, hindering her ability to come across as a reliable witness in a court system with victim-blaming history.

Instead of taking the risk, McGillis meets with the rapists’ lawyers and reduces the charges to “aggravated assault.” Outraged at the injustice of settling for a lesser charge, Tobias convinces McGillis to take the case back to court, this time with intentions of putting away the cheering bystanders for criminal solicitation.

The aspect of rape culture that the film really highlights is that it’s not only the individual

who physically rapes another that is to blame, it’s the social systems that produce violent men and the lack of legal action and justice in court. Tobias refused to carry the weight of the silence that some women choose in fear of being victimized themselves. The film broke barriers around the reality of sexual violence against women.

“The Accused” was one of the first films to explore some of the complex issues around rape — including victim blaming and the responsibility of bystanders — that remain ever-present, even 28 years later, in today’s culture,” stated Rebecca Ford in her 2016 Hollywood Reporter article.

When the rape scene is finally shown near the end of the movie as a flashback during the testimony, the three minutes of the attack feel like forever. It’s disturbing and hard to watch, and that is how the audience should feel in order to understand the trauma that victims of sexual assault go through.

“The truth is, I’m playing a victim. I didn’t need to learn how to be that. I think I needed just to be free and feel like somebody who is that age [in her early 20s],” Foster told the Hollywood Reporter.

“The Accused” is a title that, in itself, reinforces the culture of sexual violence by making the perpetrators sound like the victims. In her heartbreaking testimony on the witness stand, Tobias will convince you otherwise. The movie is an important message on what victims have to go through after their assault just to obtain some justice.

📺 TV SHOW

“Rhythm + Flow” is Netflix’s first reality singing competition



Photo via npr.com

RATING



Ali Tobey
Contributor

The television market has become saturated with singing and talent competitions. Fan favorites like “The Voice” and “America’s Got Talent” have been joined by “The Masked Singer,” “Songland” and the reactivation of “American Idol.” While singing competitions have taken over cable TV, Netflix was late to include these types of shows on their streaming platform. But recently they’ve included the Netflix original show, “Rhythm + Flow” featuring recording artists T.I., Cardi B and Chance the Rapper.

The structure of the show is similar to any of the same reality shows on cable: Contestants compete to become the next superstar. However, this time it’s rappers competing to be the next hip-hop superstar. Within the first few minutes of the first episode, it is easy to see similarities to “The Voice” and other competitive singing shows. Contestants compete in front of judges and go through different challenges in order to claim a prize.

But unlike other singing competitions, “Rhythm and Flow” specifically prepares hip-hop artists for a career in the field. The challenges work to provide contestants with real experience in the hip-hop world for their portfolios. It also fills a hole where hip-hop competition shows have not had a lot of success. But since this show is on a streaming platform, it can get away with not taking on the family-friendly tone that typical singing shows exhibit; it’s hard to have a show featuring Cardi B and not rate it TV-MA.

The show doesn’t have to be censored, therefore, it is better able to show the raw and real roots of hip-hop music. The show doesn’t dampen rap’s inherent aesthetics nor does it censor the realities of minority communities. It reflects on the rough realities and ingrained racism

in America and shows how music can help raise communities up and provide opportunity for artists. For these artists, the \$250,000 prize is a way for them to escape violence and poverty as well as pursue the American dream.

The show pulls artists from each of the judges’ home cities. Cardi B recruited artists from New York City, T.I. pulled from the talent in Atlanta and Chance the Rapper found talent in Chicago.

The three pulled 30 artists together to begin the show. From there, the artists went through different challenges. They created a group of individual hip-hop artists who come together and perform battle raps, make their own music videos and work with some of the best producers and rappers in the industry.

If you like rap music, watch “Rhythm + Flow.” The show is incredibly constructed and the superstar cast provides personality and humor that will leave you laughing. The heartfelt stories and relatability of the artists will create an instant connection not only to their work, but to the individuals themselves. This show allows artists to tell their stories as well as define the future of hip-hop.

Episodes for the show are released on Wednesdays as a part of a new structure that Netflix is trying that includes weekly television series’ similar to cable-style TV.

Poets Sarah Green and Sarah Nicholson read their work at NWS

Noah Loveless
News Editor

On Thursday, Oct. 10, the New Writing Series (NWS) held the first bi-weekly reading of the semester featuring poets Sarah Green and Sara Nicholson. The poets' performances demonstrated the NWS' mission to find "new" writing and celebrate the innovative work materializing in the contemporary poetry world.

The NWS' motto is "Making it New since 1999," and their mission is to highlight the creative writers of our time by hosting readings at the University of Maine. The series further describes their message as "Conceived as an instrument for investigating the whole spectrum of possibilities for contemporary work in poetry, prose, translation, and the new media, the NWS puts an emphasis on innovative, adven-

turous, and/or unduly neglected writing."

Thursday's reading opened with English Department Chair and Professor Steve Evans, who is also the series coordinator, putting a spotlight on the storied history of the NWS and the fact that the Series celebrates its 20th year of readings this fall. Poetry professor Jennifer Moxley then introduced the two poets and aimed to describe the similarities as well as the individual characteristics of each poet reading. Moxley described her personal experience of reading Green and Nicholson's work.

"The filmmaker Quentin Tarantino taught me the term 'hangout movies.' These are movies that, while they might not get as much attention as the big effects or obvious in-your-face blockbusters or popular favorites like Pulp Fiction, [they] are mov-

ies whose characters and in whose worlds you want to hang out," Moxley explained. "In poetry too I think there are hangout books, books we return to over and over again because we like to hang out with the spirit that vibrates through their words ... I recognized in the books last summer by our two readers ... this quality of a hangout book for me. Returning to these books this fall that sense was confirmed. I liked the spirits I found vibrating through the words. I wanted to hang out with these poems."

Both poets' work highlighted an interesting sense of spatiality or inhabiting one's world that each poet understood in unique ways. Sarah Green, reading first, offered an interesting description of one's temporal existence in the poem "Skeleton Evenings" which she provides

backstory for, detailing the occasionally meager and "roughing it" nature of going through graduate school.

"Just a few layers between my skeleton and this lottery ticket, / these shopping bags, these pears, this snow, these strangers / shoveling," read Green. "My skeleton is unknown now to archaeologists / but has a weight and age they could test for."

Green had an ability to capture one's experience through context in her writing, placing one's life among the objects and scenes around it, allowing us to understand the voice of the poem in relief to the physical poem-world.

Sara Nicholson read next. She read first from the title poem of her book "What the Lyric is." This poem offered an interesting example of the contrast between the two poet's work. It showed the

unique poetic world that Nicholson's work inhabits, filled with more references to nature (a common trope of lyric-style poetry), flowers, fruit, past writers as well as the contemporary world of social media, in addition to depictions of the female body and how people deal with weather occurrences. An excerpt from this poem that sees Nicholson at her most ponderous is as follows:

"I've been told / We should pretend / That everything we see is real, / That images should try / As best they can / To come to life. I feel that iron / Should take the place of snow / In the literature / And that silk flowers / Should be manufactured like / Real ones each spring."

Nicholson's poetry functions in a somewhat surreal manner and her work often depicts one's attempt to grapple with a fierce

or imposing natural world or environment. But the message of her work feels more positive than simple destruction — a way out of the strange forces of the world is often through acceptance or settling into one's individual sphere. Her work, in part, explores the complex ways we inhabit nature, with powerful forces on both sides, as well as other ways that language and ideas hold strange power, like how she ends her poem "Don't" with "Words / Are angels. Everything I say is true."

Sarah Green's book "Earth Science" can be found at: <https://www.spdbooks.org/Products/9780990602033/earth-science.aspx> and Sara Nicholson's book "What the Lyric is" can be found at:

<https://www.spdbooks.org/Products/9780996778619/what-the-lyric-is.aspx>

Black Bear Abroad: Sea|mester fall 2019, BVI to Grenada

Jillian Dow
News Editor

Greetings from the Caribbean!

I'm Jill, a third-year marine biology student at the University of Maine at Machias and this semester's Black Bear Abroad. I'm spending this semester a little differently than most; in August, I was lucky enough to land a spot with Sea|mester aboard the S/Y Ocean Star. Sea|mester is anything but your typical semester at college; Ocean Star is an 88-foot, 75-ton schooner, capable of housing up to 20 crew members and making offshore passages; she is also my current floating home and university. During our 80-day voyage, we're sailing through the Caribbean's Lesser Antilles, from the British Virgin Islands to Grenada and back again.

Life aboard Ocean Star is anything but ordinary. There are 14 students and four professional staff on this fall's voyage, but there are no passengers on the vessel, only crew. Each crew member has a different job

each day, ranging from the day's skipper, who keeps the day moving from one activity to the next, to the chefs who work together down in the galley (the ship's kitchen) to keep the entire crew fed. Adopting these new roles has been quite an adjustment for all of us, as most students had no prior boat experience when they moved onto Ocean Star on day one, but we're quickly finding a groove and learning the ropes, quite literally.

A typical day (relatively speaking) starts with a prompt 7 a.m. wake-up by the day's skipper, followed by breakfast at 7:30, a quick briefing of the day to come, and a cleanup of the ship before we dive into the day's adventures. Most days, we have a class or two before venturing off the boat and exploring whichever island we happen to be anchored at. "Normal" classes aboard include oceanography, marine biology and leadership, in addition to learning the workings of the ship through seamanship and the opportunity to

obtain diving certifications from PADI Open Water all the way up to Divemaster, depending on your prior diving experience. For oceanography and marine biology, "labs" consist of snorkels or dives on the many tropical reefs and mangroves around us. This week in leadership class we completed the "Leadership Challenge" — an "Amazing Race" style scavenger hunt for clues hidden all around the island of Mayreau.

Though the trip is academically focused, much of our time is spent immersing ourselves in the local island culture and history everywhere we go. Our voyage began in the British Virgin Islands, where we spent a few extra days on land exploring hidden beaches and small villages due to the conditions at sea as Tropical Storm Karen passed through. We were soon able to continue on, stopping for a few days each in St. Kitts and Nevis where we hiked to a historical fortress on Brimstone Hill, dove on a wrecked cargo ship and toured local forest and beach-



The Ocean Star, Dow's home for the semester.

Photo by Jillian Dow.

es by horseback. Then came our three-day, two-night passage to Grenada, consisting of non-stop motor-sailing and three-hour watch team shifts. The pattern of eat, sleep, watch, repeat quickly becomes the norm on those long passages. Once in Grenada, we were able to spend time at the seaside villages trying local foods (mainly chocolate...), hiking through the rainforest to the summit of Mount Qua Qua and taking the plunge

from the 40-foot Seven Sisters Waterfall.

Since Grenada, we've begun to make our way north with a stop at Carriacou to learn about the craft of building the world-famous Carriacou sloops that dominate the annual Regatta in Antigua. Most recently, we've anchored in the Tobago Cays of St. Vincent and the Grenadines for a few days of impeccable snorkeling with sea turtles and the best Caribbean lobster bake I've ever tasted.

Over the remaining 50 days of this voyage, we'll continue to make our way north toward Antigua with many stops, certifications and learning experiences along the way. We'll be growing as a crew, too, in hopes of gaining enough sailing experience to successfully complete student-led passages by the end of the trip. All in all, it's safe to say that this adventure has just begun!

Wildstein from A12

the spirit of pride and collaborated on events that discussed some of the more sensitive topics which affect the LGBTQ community. On Wednesday, Oct. 9, the RRC presented a Lunch & Learn at the MSC Lounge which discussed how initiatives that fight for marriage, adoption and reproductive rights affect marginalized

communities within the LGBTQ community differently and opened a dialogue about racial discrimination within the LGBTQ community.

The Coming Out Monologues offered members and allies to the LGBTQ community a more private space to discuss their personal struggles with their LGBTQ identities and finding a place within the community. The event, which was closed to the public,

offered a safe space for people to talk about their own journey with coming out. Many of the members expressed their gratitude for having a space in which to verbalize their own experiences with being part of the LGBTQ community without judgment.

Jane Pappas, the graduate advisor for the club spoke briefly at the event.

"There's power in solidarity, and power in folks just leaning on

each other within the community," Pappas noted.

MJ Smith, the president of Wildstein, expressed how important the event was to the club members.

"This [was] an opportunity to speak your power about your coming out story and to be proud of who you are," Smith said.

While members of Wildstein who participated in the event wished to remain anonymous, many of

the dialogues focused on a common element within the LGBTQ community; understanding that each person's experience is individual, and that many aspects of coming out can create difficult divides in relationships between family members and friends. Each speaker touched on different realizations that they had during their coming out journey, such as the struggle to feel as though their identity was accepted and

expressed relief at forming "found family" relationships within the UMaine community.

The UMaine community wrapped up Coming Out Week with National Coming Out Day on Friday, Oct. 12. UMaine will hold Pride Week in April. For those interested in joining Wildstein, contact Jane Pappas at jane.pappas@maine.edu.

Hudson Museum announces weekly artist showcase

Bria Lamonica
Contributor

On Oct. 16 in the Hudson Museum's Maine Indian Gallery, Frances Soctomah shared with peers and faculty his work in the art of basket making. His showcase is one of many taking place this month at the Hudson Museum. The talk and demonstration were free and open to the public.

Located on the second floor of the Collins Center for the Arts, the Hudson Museum is an artistic staple of the University of Maine that brings residents and guests from all over to the Orono area. The Maine Indian Gallery, located on the right side of the museum floor, showcases baskets and craftwork that have been created by Penobscot and Maliseet tribes. Basketmakers have passed down these traditions through family members over generations.

"It is so cool to have a place to go to on campus that is filled with so much history about the land we are on and the indigenous

people who have made their home here," third-year physics student Dana Tumul said. "I have always been so interested in the culture and traditions of the Penobscot nation, and I will always appreciate the Hudson Museum for its interesting artifacts and pieces of history."

Basketmaking involves making typically wicker or other products by weaving certain materials together, often in a pattern. Indigenous people often use natural resources to make things that make their lives more efficient, such as baskets. Brown ash trees are the primary components used in weaving the baskets showcased around the museum.

Tribe members also used these trees to create bowls, decorations, paintings and other necessities. Some of the baskets that were gathered by the University were once used for potato collecting, packing, fishing, sewing, trash collecting, as keepsakes and stationary. Also included at the Hudson Museum are



Frances Soctomah, a Passamaquoddy Basketmaker and a student at UMaine demonstrates the art of Black Ash and Sweet-grass basketry.

Photo by Antyna Gould.

many displays showcasing American Indian clothing and dress, transportation, housing, kitchenware and other authentic creations.

"Going to events like these are a great way to explore the Hudson museum and to learn more about the land that UMaine was built on," fourth-year English student Hannah Dyer said. "The Penobscot tribes have

been here long before us, and we should always remember and celebrate that."

The Wabanaki Artist Showcases began on Oct. 2 and will run weekly until Nov. 20. The guest speakers are all artists and basketmakers. They will share the history behind the art that they have come to love.

"This space helps to create a feeling of welcoming and ac-

ceptance on campus, and it is a really special place," Tumul said. "I love going here to look at the clothing on display and to see all of the baskets and pottery that are handmade."

The next Wabanaki Artist Showcase event will be held on Nov. 6 and will feature a conversation and demonstration by birchbark artist Butch Phillips.

"Because I am from

Maine, I think that it is really important to honor the tribes that have been on this land for generations," Dyer said. "They have passed down and shared traditions with us that have contributed to the university and to the local Orono community in so many ways."

Castaneda shares experiences as a Peruvian writer in the United States

Ali Tobey
Contributor

On Friday, Oct. 18, writer Luiz Hernan Castaneda gave a lecture titled "Peruvian Writer in the Green Mountains" which explored his own literary work and provided the perspective of a Peruvian writer living and writing in Vermont.

The Middlebury College Spanish professor was originally born in Lima, Peru. He began his career as a writer in 2004 when his first book, "Casa de Islandia," was published, and went on to write two more books while in Peru.

Castaneda's work, like many other Peruvian writers in the early 2000s, was inspired by the political turmoil and harsh dictatorship under President Alberto Fujimori from 1990 until 2000. But instead of writing in a realist form, in which fiction writers attempt to represent familiar events as they are, like most writers of this time were doing, Castaneda wanted to write fantastic fiction with parody,

humor and dystopian elements.

In 2006, Castaneda moved to Boulder, Colorado to pursue a graduate degree and Ph.D. in Spanish at the University of Colorado. While in Boulder, he said that he found a "conflicted space." He came to the U.S. as President George Bush's war on terror was in full effect. He also arrived as the financial crisis of 2008 had begun to unfold.

He started to see parallels between his new life in Boulder and his old life in Peru. The Rocky Mountains began to resemble the Andes, Peru began to show up in his stories' plots and settings and Castaneda started to feel that being in Boulder was not a positive experience for him. He wanted to go back to Peru, feeling a sense of nostalgia and homesickness.

But after getting married, he decided to stay in the U.S. and began applying for jobs. He eventually took a position at Middlebury College teaching Spanish in 2012,

where he has remained ever since.

While looking for jobs, Castaneda knew that he didn't want to live in a completely urbanized area.

"I didn't want to live in a cultural center ... or even a literary center," he said. Vermont seemed to be a blend of everything that he was looking for. Similar to Maine, Vermont is not a large cultural or literary influence in America. But similar to Stephen King's prominence in Maine and the U.S. as a whole, Vermont is influenced by the work of Robert Frost and his poetry.

While working at Middlebury, Castaneda produced two books and is expected to have one more released in Peru in the next few weeks. He writes his stories on political violence, migration, climate change and the degradation of truth. But he writes on his own terms, breaking from the realist mold that is often associated with the topics that he chooses to write about.

He is also working



Middlebury professor Luis Hernán Castañeda.

Photo via www.middlebury.edu.

to bring awareness to Peruvian writers living in the U.S. In an anthology produced this year, he features the work of 17 writers that was written in the U.S. but was released and consumed in Peru. Castaneda cited

a quote from George Carlin to describe this work: "it's called the American Dream because you have to be asleep to believe it." He explains how the 17 narratives in this anthology are more of a critique of the times

that we live in and a snapshot of the world around us.

Castaneda's lecture was the third talk in the UMaine Unidos series, the new Rising Tide Professorship initiative on Latinos in academia.

Gender from A12

can be as simple as switching up the language used regarding gender violence. Victim blaming is pervasive in the linguistic aspect of these incidents, and oftentimes people don't even re-

alize they're doing it. Something as simple as the use of passive language shifts accountability onto girls and women and off of men and boys, Katz says. Katz points out that the reported victim is regularly referred to as the accuser in discourse about assault.

To describe the significance in passive language, Katz used the example originally illustrated by feminist linguist Julia Penelope. He starts with "John beats Mary," where John is the subject and Mary is the object. Next, he switches to "Mary is beaten by John," mak-

ing Mary the subject and ends with "Mary is a battered woman." The use of passive language shifts the conversation off of John and on to Mary, and that is what people will talk about.

But the conversation shouldn't be about girls, Katz said. Teaching girls do's and

don'ts, such as "don't leave an open drink unattended, don't wear a short skirt, always have a buddy," etc., is all risk reduction and not prevention.

Katz was clear that in order for real change to be made, men have to start talking about their pivotal place in gender

violence. Women and men are both victims of male violence. Girls and boys are both victims of male violence. The fight against gender violence is everyone's fight.

"We don't all have a microphone and a big platform, but we all have a sphere of influence," Katz said.

FEATURED STORY

Hudson Museum

In the Hudson Museum's Maine Indian Gallery, Frances Soctomah shared with peers and faculty his work in the art of basket making.

A11

NEW AND UPCOMING RELEASES

🕒 <i>Cheap Queen - King Princess</i>	Oct. 25
🕒 <i>Pony - Rex Orange County</i>	Oct. 25
🕒 <i>Old Dominion - Old Dominion</i>	Oct. 25
🎬 <i>Girl on the Third Floor</i>	Oct. 25
🎬 <i>The Kill Team</i>	Oct. 25
🎬 <i>Countdown</i>	Oct. 25

Reviews
"Heavy Lifter"
"The Accused"
"Rhythm + Flow"

A9

Why gender violence is everyone's issue



Katz delivering his 2012 TED Talk.

Photo via ted.com

Brielle Hardy Contributor

Educator, author and social theorist, Jackson Katz, visited the University of Maine last Thursday, Oct. 10 to speak about violence against women, an issue he's been passionate about for a long time. For over 25 years, Katz has been traveling around the United States and the world promoting gender equality and fighting gender violence. His TED Talk, "Violence Against Women- It's a Men's Issue," has been viewed over 2 million times since it was posted in 2012.

Katz grew up in Massachusetts and attended the University of Massachusetts

Amherst, where he majored in philosophy and was the first male to graduate from the university with a minor in women's studies. He went on to get his Masters degree at the Harvard Graduate School of Education, and his Ph.D. in cultural studies and education at the University of California Los Angeles.

Co-founder of Mentors in Violence Prevention, Katz has used his platform to implement training programs in schools, workplaces and other subcultures.

In his talk at UMaine, titled "Violence against women is a men's issue," he began by accrediting much of the work already done in the

realm of gender violence to women. Violence against women has existed for thousands of years, but up until less than 50 years ago, hardly any resources existed for the victims. It wasn't until the 1970s that services began to become available. In 1976, Women Against Abuse was founded as "a part-time domestic violence hotline in a neighborhood women's center."

"The driving forces behind the change in this subject are women," Katz stated. That being said, he refuses to believe that violence against women is a woman's problem.

"Men and boys are the primary

victims as well as the primary perpetrators of non-sexual violence," Katz said. This is why he sees violence against women as a man's issue. The violence is embedded in a culture of toxic masculinity, and it's a cycle that produces generation after generation of violent men.

According to The National Coalition Against Domestic Violence, one in 15 children are exposed to intimate partner violence every year, and 90% of these children are eyewitnesses to this violence.

Katz believes that children in homes where domestic violence is present are not witnesses, they are victims.

"There is no such thing as an individual who is not a product of social systems," Katz said. In the U.S., domestic violence is so prevalent that 20 people per minute are physically abused by an intimate partner.

Katz stressed that the problem requires less focus on awareness and more on institutional change. In this political climate, Katz noted, it may be hard to envision the fall of toxic masculinity and violence, but changes can be made in everyday life that moves closer to gender equality and rejection of gender violence. The changes

See **Gender** on A11

go!

What's happening in and around Orono this week

Monday, October 21
Highmoor Farm Fall Harvest Sale
10 a.m. - 3 p.m.
Lawn beside Cyrus Pavilion Theatre

Tuesday, October 22
SpiritualiTEA
5:30 p.m. - 6:30 p.m.
The Wilson Center

Wednesday, October 23
Multicultural Student Center Lunch and Learn
12 p.m. - 1 p.m.
Multicultural Student Center

Friday, October 25
2019 Maine Heritage Lecture
3 p.m. - 5 p.m.
Collins Center for the Arts

Wildestein Queer-Straight Alliance holds Coming Out Monologues



The pride flag flying high on the University Mall for Coming Out Week 2019.

Photo by Sierra Semmel.

Leela Stockley News Editor

On Thursday, Oct. 11, the University of Maine's Wildestein Queer-Straight Alliance held Coming Out Monologues to observe UMaine's Coming Out Week. Coming Out Week is an opportunity for the UMaine community to recog-

nize and celebrate the LGBTQ members of the community, as well as observe the work of influential LGBTQ figures from around the area.

During Coming Out Week, the university held many events around campus celebrating the LGBTQ community members, starting with a flag-rais-

ing on Monday, Oct. 7. The flag-raising ceremony featured speeches from Staff Associate for Diversity and Inclusion Robert Jackson, Director of the Office for Diversity and Inclusion Anila Karunakar and Vice President for Student Life and Dean of Students Robert Dana.

At Monday's cere-

mony, Dana expressed his gratitude for the support that the UMaine community has shown for their LGBTQ members.

"I don't think there's anything more delightful than being able to go into a public space and say 'Here I am,'" Dana said. "The Memorial Union is the central gathering

space [for students, staff, and faculty], and what better place to be able to come and to say 'This is my home.'"

"The University of Maine, whether you are figuring out who you are today, whether you are wrestling with that...whether your sexuality is different than what other people say it should be, is

your home," Dana declared in a message to the LGBTQ students at UMaine.

Throughout the week the Rainbow Resource Center (RRC), the Multicultural Student Center (MSC) and other student life offices offered programs to celebrate

See **Wildestein** on A10

Sports

Monday, October 21, 2019

UMAINE RESULTS

10/17	Women's Soccer @ New Hampshire	Loss	0-2
10/18	Field Hockey vs Vermont	Win	2-1
10/18	Women's Ice Hockey vs Northeastern	Loss	1-6
10/18	Men's Ice Hockey @ Quinnipiac	Win	4-2
10/18	Football @ Liberty University	Loss	44-59

Conference scores, standings and upcoming schedule on B4

WORLD SERIES

**Houston Astros
and Washington**

During the off season...

WOMEN'S SOCCER

**Women's Soccer
loses to Hartford**

The Blackbears took to the field on Sunday...

B2

B3

Men's hockey sweeps Alaska, splits series with No. 8 Quinnipiac



UMaine Men's Ice Hockey goes against the University of Alaska Anchorage on October 11th and 12th.

Photo by Matt Lavoie

Nick Boutin Contributor

The University of Maine Black Bears' men's hockey team ran over the University of Alaska Anchorage Seawolves on Friday, Oct. 11 to the tune of a 7-1 win at Alford Arena.

The home opener started out with third-year defenseman JD Greenway scoring just one minute into the first period and collecting his first career goal as a Black Bear. Just three minutes later, fourth-year forward Tim Doherty found the back of the net from the faceoff dot, which brought Maine to a 2-0 lead early in the first. The Seawolves cut the lead in half midway through the first when first-year forward Alex Frye's shot ricocheted off a Maine defender, changing direction before sneaking past third-year goaltender Jeremy Swayman.

Early in the second period, Maine regained their two-goal lead when third-year forward Eduards Tralmaks redirected a deflected shot from third-year defenseman Cameron Spicer, marking Tralmaks' 20th tally in his college career. Halfway through the second period, second-year forward Ryan Smith took off down the ice with the puck for Maine in a three on two breakaway. With the defense committing to

him, Smith spun the puck behind his back, for a beautiful no-look pass to second-year forward Simon Butala right in front of the goal. Butala buried the puck to extend Maine's lead to 4-1.

With under two minutes to play in the second period, the Black Bears won the draw in the Seawolves zone before fourth-year forward Mitchell Fossier snuck a shot from below the faceoff dot. Tralmaks, set up on the short side post, was able to tip the puck around the goaltender for Maine's third goal of the period. Maine coasted through the third period, maintaining their lead and adding in a few garbage time goals. They picked up a pair of powerplay goals, with one from second-year forward Adam Dawe and one from fourth-year forward Tim Doherty. Maine outshot the Seawolves 38-21 in the game, with Swayman stopping an impressive 37 shots.

In game two of their weekend series on Saturday, Oct. 12, Maine completed the sweep against the University of Alaska Anchorage in a significantly closer contest, with a final score of 2-1. Following a hot start on Friday night, Maine's offense seemed oddly lost on the ice through the first period Saturday night, but their defense held tough and prevented

the Seawolves from gaining an early advantage. Just over the halfway mark in the second period, Doherty corralled the puck and took off into the neutral zone. He then dished it off to fourth-year forward Samuel Renaker, who dangled the puck through the defense and past the goaltender to make it 1-0 in favor of Maine.

Not wanting to go into the intermission with a goose egg on the board, the Seawolves rallied on a powerplay. Using the man advantage and good spacing, the Seawolves worked the puck around the Black Bears' defense before first-year forward Nick Wicks fired a slap shot past Swayman. With both teams back at full strength on the ice, neither could seem to rally past the other, with both squads playing impressive defense.

Heading out of the locker room, both teams immediately regained their defensive footing from the first period, with neither allowing a goal through the final 20 minutes of regulation.

Three minutes into the overtime period, Maine recovered the puck and began their charge on offense, led by Fossier. Fossier fired a pass down the rink, running on the glass, which bounced right into the stick of Tralmaks. The forward

poked the puck past the Seawolves' goaltender, giving Maine the 2-1 victory.

Following their impressive series against Alaska, the men's hockey team moved on to take on nationally-ranked Quinnipiac University in a weekend series from Oct. 18-19. In their first contest, Maine stunned the Bobcats in an upset victory, 4-2.

Tralmaks and Fossier hit the ice seemingly determined to upset the Bobcats in their own barn, with the duo being involved in every score for Maine on the night. Tralmaks began Maine's run, scoring halfway through the first, off an assist from Fossier.

Opening up the second period, Greenway broke away from the Bobcats, taking the first shot that third-year goaltender Keith Petruzzelli saved. Tralmaks dove from behind the net to poke in the loose puck, extending his squad's lead to 2-0 early in the second period.

The Bobcats quickly responded to Maine, cutting the lead to 2-1 just over a minute later on a shot from third-year forward Joe O'Connor assisted by second-year forward Michael Lombardi.

Second-year Bobcats' forward Wyatt Bongiovanni, added his second of the season with a power-play tally as the Bobcats

attempted a comeback. The Black Bears took advantage of a three-on-two break. After the goaltender saved Fossier's shot, Doherty corralled the loose puck and put it away for Maine, giving them a 3-2 lead in the third period. Dawe provided late insurance for Maine when he scored on a power play with less than 10 minutes remaining in the game. He corralled on the loose puck in front of the net and put the Black Bears up 4-2. Maine picked up their third straight win after dropping their first game to improve to 3-1-0 on the season.

In their second game of the series, Maine fell to Quinnipiac 4-3 in a tight contest that came down to the wire. Black Bears' second-year forward Jacob Schmidt-Svejstrup tallied his first of two goals Saturday night early in the game for the Black Bears as Greenway dumped off a pass for Schmidt-Svejstrup in the neutral zone and he fired a shot from the left circle past Petruzzelli. The Bobcats' Lombardi scored his first goal of the game under a minute later, leveling the score at one.

Quinnipiac took the lead just two minutes later as first-year forward Ethan Leyn snuck one past Swayman. The Bobcats, intending to ice away the victory,

continued their offensive push. Second-year forward Ethan de Jong tallied his first goal of the season following the ensuing faceoff, as third-year forward Odeen Tufto backhanded the puck to de Jong in the Black Bears' zone, and de Jong buried the puck in Maine's net, extending their lead to 3-1 in the first period. The Black Bears got a goal back as Schmidt-Svejstrup scored his second of the game with a one-timer from just above the left faceoff circle to cut the Bobcats' lead to 3-2 halfway through the second period. Bongiovanni netted his third goal of the season with a one-timer off a faceoff win from Tufto to extend the Bobcat's lead to 4-2. Maine struck back when Tralmaks pulled the Black Bears back within a goal as he redirected a centering feed from Doherty to beat Petruzzelli with just over eight minutes remaining in the period. Maine was unable to get the game-tying goal, falling 4-3 and moving to 3-2-0, 0-1-0 in the young season.

The Black Bears will travel to take on Hockey East rival, the University of Vermont Catamounts, on Friday, Oct. 25. The puck is scheduled to drop at 7:05 p.m.

Women's soccer loses to Hartford and New Hampshire, defeats Binghamton at home

Morgan Ford
Contributor

The Black Bears took to the field on Sunday, Oct. 6 against the University of Hartford Hawks. The contest against Hartford opened up quickly for Maine as second-year forward Saylor Clark found the back of the net less than 10 minutes into the first half thanks to a masterful assist from fourth-year forward Nicole Bailey. After that, both teams exchanged unsuccessful bids on offense until the 35-minute mark in the first half, with second-year Hawk midfielder Izzy Lachcik managing to get the ball past second-year goaltender Kira Kutziński. After this goal, neither team was able to score in the last ten minutes of the first half, leaving the game

tied heading into the intermission.

This second half saw far less action as neither team was able to get anything on the net. Both teams locked down on defense, leaving us an uneventful start to the first few minutes. After thirteen minutes, Hartford got a look on the net and capitalized, moving the score to 2-1. With Hartford up, they locked-down their defense and focused on keeping Maine out of their zone. Only one shot was fired toward the Hawks' net during the last 35-minutes of the game by Maine, and the contest ended with a final score of 2-1.

The Black Bears had a week to practice after this game, giving them time to recover. The team went back on their own pitch to

play the Binghamton University Bearcats on Sunday, Oct. 13, at noon. This game resulted in a 3-1 win for Maine, which was the first win against a team within their division so far. This game promised to be quite interesting, with the two teams being close in the divisional rankings for the American East.

Storming out of the gate early, the Bearcats were aggressive in the Black Bears' defensive zone, and quite shortly the pressure caused Maine's defense to break. Third-year midfielder Sarah Dibble broke through the Black Bears' defense, sizing up Kutziński and sending the ball flying right past her for the early Binghamton 1-0 lead. Though Binghamton led on the scoreboard less than 10 minutes in, the

Black Bears refused to lose heart, competing hard throughout the remainder of the first half. That effort paid off, with first-year midfielder Olivia Chalifoux scoring on an assist from second-year midfielder Birte Speck, leveling the score heading into the locker room at the half.

Maine stormed out of the gate in the second half, including locking down Binghamton's offense, allowing only six shots on their goal in the final 45 minutes of play. The game fell to defensive play and several penalties on both sides for the remainder of the period, but with 15 minutes left Maine's offense kicked it into gear once more. Fourth-year forward Beate Naglestad scored on an assist from fourth-year mid-

fielder Emilie Andersen, giving Maine the advantage. Icing away the game further, with under 10 minutes left to play, second-year midfielder Julia Mahoney and fourth-year midfielder Priscilla Domingo teamed up to score on Binghamton once more, with Domingo scoring and Mahoney in on the assist.

The last game was played against the Black Bears' rival, the University of New Hampshire Wildcats in Durham, New Hampshire. In similar fashion to their previous contest, Maine's defense gave up yet another early score, this one to fourth-year forward Ally Reynolds just eight minutes into the contest. After this shot, the game devolved into a stalemate, with neither team able to find the back of the net, leaving

the score at 1-0 going into the second half. It wasn't until the final 10 minutes of play that New Hampshire scored again, as Reynolds had a day against the Black Bears to carry her Wildcats to victory. Impressive play on the back end, second-year goaltender Cat Shepard stopped three shots on goal and 11 shots total. This was a tough 2-0 loss for the Black Bears, as they now move to 1-4-1 against teams in the America East conference.

The next game for UMaine will be on Sunday, Oct. 27, against the University of Albany in New York, with a kickoff time of 1:00 p.m.

Women's goes 0-1-1 against Quinnipiac, loses to Northeastern



The University of Maine women's hockey team fell to Quinnipiac University 3-2.

File Photo.

Nick Boutin
Contributor

The University of Maine women's hockey team fell to Quinnipiac University 3-2 in overtime in their season home opener on Friday, Oct. 11.

Third-year forward Maddie Giordano scored the first goal of the game for the Black Bears, coming off a huge rebound shot from second-year forward Liga Miljone. With under five minutes left in the first period, first-year forward Sadie Peart scored for the Bobcats on the powerplay. Just ten seconds later, first-year forward Alexa Hoskin took a faceoff and sent the puck to second-year forward Lexie Adzi-

ja, who fired top-shelf past Maine's fourth-year goaltender Carly Jackson. The Black Bears tied the game at two with 30 seconds left in the second period on a powerplay goal. Giordano scored off a rebound, while first-year defender Ella MacLena and Miljone tallied assists. Quinnipiac finished off the Black Bears in overtime when fourth-year defenseman Kenzie Prater hit a shot from the top of the left side, and Peart tipped in the game-winning goal and her second of the game. Jackson made 25 saves on the night and fourth-year goalie for Quinnipiac, Abbie Ives, tallied 16 saves on the night.

On Saturday, Oct.

12, the University of Maine women's hockey team skated to a 0-0 tie with the Quinnipiac Bobcats. In the first period, it was a back and forth battle with neither team being able to score. The Bobcats outshot Maine 8-7 in the first period. The second period was mostly Maine's, as the Black Bears outshot the Bobcats but Ives stopped all 24 shots Maine took. The Bobcats had 12 shots in the period, but third-year goaltender Loryn Porter stopped them all. Porter stopped all eight shots in the final period and got five shot blocks from her defenses which led to overtime. The game went into overtime and ultimately ended in a

0-0 tie. Maine led in total shots 46-41 and Porter collected her second shutout in two games this season.

On Friday, Oct. 18, the University of Maine women's hockey team fell to nationally-ranked Northeastern University 6-1 at the Alford Arena in Orono, Maine. First-year forward Jess Schryver opened up the scoring for the Huskies with her first career collegiate goal coming with nine minutes left in the first period. No less than 13 seconds after Schryver's goal, fourth-year forward Matti Hartman extended the lead on her third goal of the year to put the Huskies up 2-0. With six minutes to go in the first period,

second-year forward Chloe Aurard scored for the Huskies to push the lead to 3-0.

Northeastern continued to pile on the score heading into the second period, with second-year forward Mia Brown increasing the lead to 4-0 five minutes in. Second-year forward Alina Muller scored two goals on the night for the Huskies, one towards the end of the second period and one six minutes into the third period to break the game open to 6-0. Maine finally scored their first goal of the night when fourth-year forward Tereza Vanisova went coast-to-coast and beat Northeastern's third-year goaltender Aerin Frankel

with a nice deke.

The Black Bears fall to 2-2-1 and 0-1-0 in Hockey East. The Black Bears will face off against the University of New Hampshire in the Border Battle Friday, Oct. 25, at 6:00 p.m. in Durham, New Hampshire. On Saturday, Oct. 26, at 2:00 p.m. the Black Bears will travel to Boston College to take on the Eagles in a Hockey East matchup.

Houston Astros and Washington Nationals set to face off in 2019 World Series

Alex Aidonidis
Contributor

During the off season, one of baseball's most prolific personalities Bryce Harper said, "we want to bring a title back to DC." Harper famously said that, of course, after he left the Washington Nationals and signed with division rival Philadelphia. Harper simply misspoke, something we've all done, but Harper may have actually predicted the future for his former team that just clinched the National League pennant just hours before Harper's birthday. The Nationals absolutely smacked the St. Louis Cardinals in the National League Championship Series (NLCS), sweeping them in four

games.

There isn't enough that can be said about the Nationals' starting pitching rotation that has just absolutely set the world on fire this postseason. It seems like everything is clicking for the Nationals at the right time and the pieces are all falling into place in what is essentially a revenge season for them after Harper ditched and went to their rival team. In the clinching game that sent the Nationals to the World Series, they came out firing, putting up seven runs in the first inning and taking Dakota Hudson out of the game after only recording one out and giving up all seven runs on only 15 pitches. The Nationals now have time to rest and

prepare for the World Series, watching the Yankees and Astros wrap up their series in the American League Championship Series (ALCS). There is always a concern as to whether the rest could cause the players to get rusty, but you have to imagine professional athletes, the coaching staff and trainers know how to maintain the status they are in, with just about a week off.

In the American League, the Houston Astros punched their ticket to the World Series for the second time in three years when second baseman Jose Altuve launched a two-run home run in the bottom of the ninth to lift the Astros over the New York Yankees, as they will now match

up against the Washington Nationals in the 2019 Fall Classic. With Houston jumping out to a quick 3-1 series lead, the Yankees found life in game five when they defeated Houston in New York, making the series 3-2. On Saturday, Oct. 19, the Astros jumped out to a 3-0 lead over the Yankees in the first inning. The Yankees entered the ninth inning trailing 4-2 until second baseman DJ LeMahieu launched a two-run home run to knot the game up at 4-4 heading into the bottom of the ninth. At that point, Altuve was able to connect on a pitch from Yankees' pitcher Aroldis Chapman to give the Astros the game six win, ending the series 4-2.

With the Yankees eliminated, this will be the first time the Yankees went a decade without a World Series appearance since the 1910s.

We now turn our focus to the beginning of the World Series that will start Tuesday, Oct. 22, in Houston as the Astros and Nationals will face off for the 2019 World Series. The pitching rotations have not yet been announced by either team but it is almost certain that the first two starters on the mound for the Nationals will be Stephen Strasburg and Max Scherzer while the Astros will pitch Justin Verlander and Gerrit Cole. No matter which matchup ends up being on display, we can anticipate games one and two to be pitching

duels that will go deep into the bullpen. The Astros came into the postseason as heavy favorites to come out of the American League, while the Nationals have been the gritty underdog that has shocked the baseball world in the first two series. The 2019 World Series will likely be a memorable clash.

NFL post week six power rankings

Alex Aidonidis
Contributor

1. New England Patriots

For the first time this season, the Patriots gave up a score through the air: a long touchdown pass, with an impressive effort by Giants' receiver Golden Tate, who shook off Patriots defenders before taking off for the score. Rookie quarterback Daniel Jones and the Giants' offense could not get things going without running back Saquon Barkley, tight end Evan Engram and wide receiver Sterling Shepard. New England continues to roll over their opponents, and they now have their first 6-0 start since 2015.

2. New Orleans Saints

The Saints' defense was as tough as nails against rookie quarterback Gardner Minshew and the Jaguars on the road. Minshew was never able to settle in against a brutal pass rush from the Saints, and could only hang six points against them as a result. It was a quiet day for the Saints' offense against a surprisingly stout Jacksonville front, but quarterback Teddy Bridgewater and his crew were able to do just as much as they needed to in the victory as they now improve to 4-0 without future hall of fame quarterback Drew Brees.

3. San Francisco

49ers

Speaking of defensive domination, the 49ers have validated the legitimacy of their defensive unit. Defensive coordinator Robert Saleh was hyped up Sunday afternoon as his team shredded the Rams, especially as his defense stopped the NFL's second-best offense from a year ago in a goal-line stand, including a stop on fourth down to turn the ball over. Saleh has every reason to be excited about his defensive unit, as rookie defensive end Nick Bosa came in and has become a leader for this talented group, elevating them to this level. The real and scary question is, can this 49ers' front seven get even better?

4. Seattle Seahawks

Early on in Sunday's matchup against the Browns, it looked like the game was going to be all Cleveland. The Browns were coming off of a tough Monday night loss and it appeared they were ready to rally behind it. They carried momentum as they jumped out to a 20-6 lead over Seattle in the first quarter. From then on, it was all Seattle. Quarterback Russell Wilson finished with 295 passing yards, two passing touchdowns, and a rushing touchdown to boost his case for league MVP. Seattle's defense was able to force a big turnover late in the game to

close out quarterback Baker Mayfield and the Browns.

5. Green Bay Packers

One of the biggest takeaways from Monday night's game against the Lions was that the Packers have something special with their two-headed monster at running back, via the duo of Aaron Jones and Jamaal Williams. The two combined to pace Green Bay on the ground to the tune of 170 yards, bringing the Packers back in their contest against Detroit. Look for these two to be quarterback Aaron Rodgers' best friends come December.

6. Houston Texans

The Texans delivered a big statement win over the Kansas City Chiefs. Houston is the latest team to use the blueprint of controlling the clock to beat the Chiefs. The Texans amassed 194 rushing yards, beating the Chiefs in the time of possession battle and making sure quarterback Patrick Mahomes had as little time as possible with the football. The Texans held the ball for twice the amount of time as the Chiefs, 40 minutes to 20, which may be the key for other NFL teams moving forward against Mahomes. The Texans are as legit as any other team and now when it comes to seeding later in the season, Houston will have the edge in

a potential tie-breaker over Kansas City.

7. Kansas City Chiefs

The defense continues to be a disaster for the Chiefs. Adequate run defense is essentially what prevented this team from making the Super Bowl last year, and after not addressing the need for depth on the defensive side in the offseason, the defense is an even more glaring issue than it was last year. Add in the fact that the offensive line has not been able to protect Mahomes, resulting in an ankle injury. Head coach Andy Reid can't expect his gunslinger to throw 50 touchdowns every year and overshadow the enormous flaws of the rest of the team.

8. Buffalo Bills

Buffalo is sitting in the driver's seat to improve to 5-1 this week as they take on the Miami Dolphins, who have announced that they will bench quarterback Josh Rosen in favor of quarterback Ryan Fitzpatrick this Sunday. It would be safe to say the only way Buffalo loses this game is if Fitzpatrick flashes the "Fitzmagic" he has shown he is capable of in years past, particularly last season when he threw for over 400 yards in the first three weeks of the season. Looking at the talent, or lack thereof, around Fitzpatrick, it doesn't seem like there will be much magic

happening.

9. Minnesota Vikings

Maybe it was just another one of those games where Kirk Cousins fools us all into thinking he is one of the better quarterbacks in the league, which he has done time and time again and how he earned a fully guaranteed contract, but the Vikings offense looked deadly against Philadelphia. The Vikings' wide receiver Stephon Diggs looked happy in Minnesota's offense, hauling in seven catches for 167 yards and three touchdowns. The Eagles' secondary has been atrocious this season, so take this performance for what it's worth, but the Vikings may have finally clicked offensively. Sunday's game against Detroit could be telling.

10. Baltimore Ravens

Baltimore grabs another win to open up a two-game lead in the weak AFC North. Quarterback Lamar Jackson dominated on the ground, picking up 152 yards and a touchdown on 19 carries. The Ravens still have a lot to prove against stronger competition before they should be considered legitimate contenders, but a 4-2 record to this point puts that in a three-way tie for the second seed in the AFC and a top 10 spot on the power rankings.

11. Carolina Pan-

thers

12. Los Angeles Rams

13. Indianapolis Colts

14. Chicago Bears

15. Dallas Cowboys

16. Philadelphia Eagles

17. Detroit Lions

18. Oakland Raiders

19. Pittsburgh Steelers

20. Cleveland Browns

21. Los Angeles Chargers

22. Jacksonville Jaguars

23. Tennessee Titans

24. Tampa Bay Buccaneers

25. Denver Broncos

26. New York Giants

27. Arizona Cardinals

28. New York Jets

29. Atlanta Falcons

30. Cincinnati Bengals

31. Washington Redskins

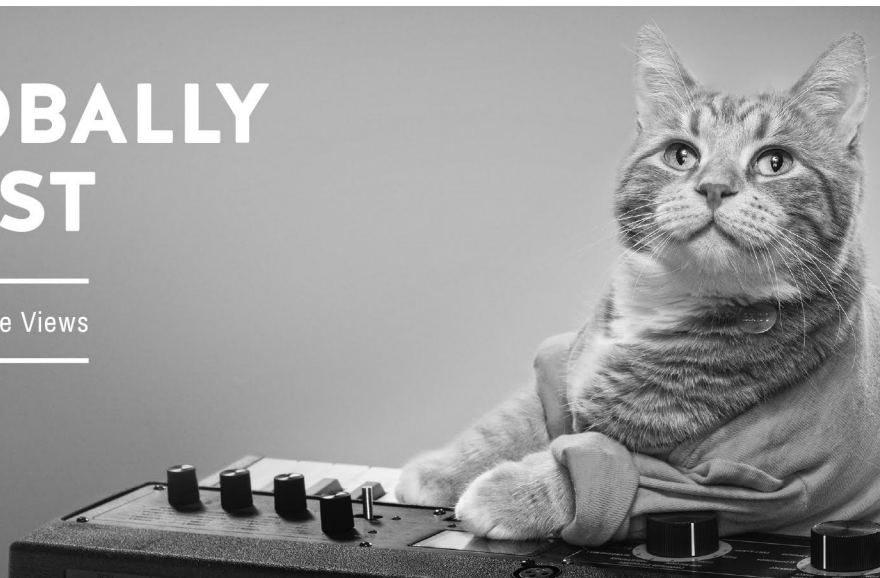
32. Miami Dolphins

SHELTER PET & GLOBALLY RECOGNIZED PIANIST

Amazing stories start in shelters and rescues. Adopt today to start yours.

KEYBOARD CAT 8M+ YouTube Views

Start A Story. Adopt
theshelterpetproject.org



Around the College Circuit



FOOTBALL

10/19	New Hampshire	10	Yale	28
	Delaware	16	Richmond	27
	James Madison	38	Illinois	24
	William & Mary	10	Wisconsin	23
	Rhode Island	28	Clemson	45
	Albany	35	Louisville	10
	Bucknell	7	Michigan	21
	Towson	56	Penn State	28
	Maine	44		
	Liberty University	59		

CAA FOOTBALL

1	1. James Madison	7-1
2	2. Villanova	6-1
3	3. Albany	5-3
4	4. New Hampshire	4-3
5	5. Delaware	4-3
6	6. Richmond	3-4
7	7. Elon	3-4
8	8. Stony Brook	4-3

OVERALL

UPCOMING SPORTS



Friday, Oct. 25
Field Hockey
 vs. Albany
 3:00 p.m.

Women's Hockey
 @ New Hampshire
 6:00 p.m.

Men's Hockey
 @ Burlington
 7:05 p.m.

Saturday, Oct. 26
Women's Swim
 vs. Dartmouth
 11:00 a.m.

Men's Swim
 vs. Dartmouth
 11:00 a.m.

Football
 @ Boston College
 1:00 p.m.

Women's Hockey
 @ New Hampshire
 6:00 p.m.

Sunday, Oct. 27
Women's Soccer
 @ Albany
 1:00 p.m.

Men's Basketball
 vs. Husson
 1:00 p.m.

Women's Basketball
 vs. Stonehill
 4:00 p.m.



FIELD HOCKEY

10/19	California	3	UMass Lowell	0
	Cornell	1	Harvard	4
	Quinnipiac	0	10/18 Albany	0
	Maine	4	Monmouth	4
	North Carolina	4	Vermont	2
	Albany	1	Maine	1
	New Hampshire	1	UMass Lowell	0
	Providence	4	New Hampshire	1
	Stanford	3	UC Davis	5
	Ohio State	1	California	1
10/15	Stanford	0		
	Louisville	3		

AMERICA EAST FIELD HOCKEY

1	1. Monmouth	9-4
2	2. Maine	5-8
3	3. Albany	9-6
4	4. New Hampshire	7-7
5	5. UMass Lowell	6-7

OVERALL

WOMEN'S SOCCER

10/13	Binghamton	1	Albany	1
	Maine	3	Stony Brook	3
	Vermont	1	Vermont	0
	UMBC	0	Umass Lowell	0
	UMass Lowell	2	Maine	0
	Stony Brook	1	New Hampshire	2
	Albany	2		
	New Hampshire	0		
10/17	Hartford	2		
	Binhamton	1		

AMERICA EAST WOMEN'S SOCCER

1	1. Stony Brook	10-5
2	2. Hartford	7-5-1.
3	3. Albany	6-5-3.
4	4. UMass Lowell	4-7-2.
5	5. New Hampshire	7-6
6	6. Binghamton	8-5-2.

OVERALL

**PLS
DNT
TXT
+
DRIVE**

A Public Service Announcement
 brought to you by your school + other drivers

1865 THE UNIVERSITY OF MAINE

William S. Cohen Institute
for Leadership and Public Service

The 2019 Cohen Lecture
The 12th event in the William S. Cohen Lecture Series

Defense and Diplomacy in an Uncertain World: A Conversation with Secretary John Kerry and Secretary Bill Cohen

Moderated by Felicia Knight
President, The Knight Canney Group

Tuesday, November 5, 2019
1 p.m. ~ Collins Center for the Arts

An RSVP is requested:
 207.581.1755 or 800.622.8499
 collinscenterforthearts.com

Free and open to the public
 No backpacks allowed

To request a disability accommodation,
 call 207.581.1755.

The University of Maine is an equal opportunity/affirmative action institution.

Boston Bruins go 1-0-1

Nick Boutin Contributor

On Monday, Oct. 14, the Boston Bruins defeated the Anaheim Ducks 4-2, as right-wing forward David Pastrnak picked up all four of the goals. Bruins goaltender Jaroslav Halak made 30 saves on 32 shots. Left-wing forward Brad Marchand and defenseman Torey Krug each had two assists on the night.

On Thursday, Oct. 17, the Bruins fell short to the Tampa Bay Lightning 4-3 in a shootout. Pastrnak had two goals and an assist, center forward Patrice Bergeron had

a goal and an assist and goaltender Tuukka Rask made 33 saves for the Bruins, who went 3-for-5 on the power play.

On Saturday, Oct. 19, the Boston Bruins fell to a tough Toronto team 4-3 in overtime, with left-wing forwards Jake DeBrusk and Danton Heinen both collecting goals. Pastrnak then tied the game 3-3 for Boston with four minutes remaining to put the game into an overtime period. Defenseman Morgan Rielly for the Maple Leafs scored the game-winner in overtime with only one minute left to give the Maple Leafs the win and two points.

Top-Ranked Teams
Just like last season, the Buffalo Sabres are off and running out of the gates. They have played eight games this season, going 6-1-1 and are currently in the top spot of the Eastern Conference. They have tallied wins against the Pittsburgh Penguins, Montreal Canadiens, Columbus Blue Jackets and the New Jersey Devils. Forward Jack Eichel leads the team with ten points in eight games and rookie forward Victor Olofsson leads the team with six goals.

The Edmonton Oilers are the top-ranked team in the National Hockey League with

a record of 7-1-0 and 14 points. They have played and beat the Philadelphia Flyers, New York Rangers and the Devils. Center forward Connor McDavid is currently tied with Washington Capitals forward John Carlson for the league leader in points at 17.

The Colorado Avalanche have started the season off hot. They are currently in second place in the Western Conference with a record of 6-0-1. They are just one point behind the first-place Oilers. They have beat the Bruins and Washington Capitals, who are two top teams in the Eastern Conference and

their only loss came in overtime against the Penguins. Center forward Nathan MacKinnon and right-wing forward Mikko Rantanen lead the Avalanche in points, goals and assist with ten points, six goals and four assists each.

Low Ranked Teams

The Minnesota Wild are currently the last place team in the National Hockey League with a record of 1-6-0. In the seven games they have played they have been outscored 29-14 by opponents. Their only win of the season was against the Ottawa Senators who are currently second to last place in the

league. Defenseman Brad Hunt currently leads the team with four points, two goals and two assists.

The Ottawa Senators are right where they left off last season, at the bottom of the league. Their record is currently 1-4-1 as they are the last-place team in the Eastern Conference. They have been outscored by their opponents 22-14. They have lost to the Tampa Bay Lightning, the Vegas Golden Knights and the Wild.

Patriots week 6 recap

Alex Aidonidis Contributor

The New England Patriots took care of business at home again against the New York Giants to improve to 6-0. With every passing week, the questions that surround this Patriots' defense are honing in on one lone question: is this the best group head coach Bill Belichick has ever had?

The defense made nothing easy for rookie quarterback Daniel Jones as he finished with three interceptions, only 161 passing

yards and a completion percentage under 50%. The Giants only rushed for 52 yards against the Patriots as well.

The offense was a bit shaky in this game, and an injury scare to wide receiver Josh Gordon further limited the group in the second half. Gordon attempted to bring Giants' linebacker Markus Golden down in his fumble return, with his knee twisting at an awkward angle, but reports are saying it's minor and Gordon should heal sooner rather than later. Quar-

terback Tom Brady was criticized for his play Thursday night, but at the end of the day, he finished 31/41 with 334 yards and two rushing touchdowns, which you definitely don't see a lot from him. Wide receiver Julian Edelman had a big night, hauling in nine catches for 114 yards, as he continues to be Brady's top option.

New England is still struggling to get a consistent run game going. Running back Sony Michel was able to pick up 86 yards but still finished with under four yards per carry.

The fault of Michel's play should be more on the offensive line than Michel; it seems like as soon as he gets the ball there are already three defenders around him to make a play. The offensive line has been essentially the lone weakness on this team, and there are not many reinforcements coming to save them. The only starter the Patriots expect to return is left tackle Isaiah Wynn, which of course is huge, but his ability to stay healthy is not promising. The former first-round pick has only played two

games in his first two seasons to this point. Wynn looked great in the games he played, but there are uncertainties of whether or not he can stay healthy.

The Patriots will make the short road trip to take on the New York Jets who are coming off an upset win over the Dallas Cowboys, in quarterback Sam Darnold's return. The Patriots should be able to take care of business against New York despite the numerous injuries on offense. The defense will likely be just too much for the second-year

quarterback to handle. The Jets will try to get former All-Pro running back Le'Veon Bell going, but considering the Patriots' defense has given up the third-fewest rushing yards in the NFL, that will be an uphill battle for the Jets. After the Chiefs loss to the Texans on Sunday, and quarterback Patrick Mahomes' knee injury, the Patriots have a two-game lead for the top seed in the AFC and look to improve to 7-0 before the schedule hits its stride and the games get tougher.

Back to the hardwood; the beginning of the NBA season

Morgan Ford Contributor

The NBA season is on the horizon, with the regular season tip-off scheduled for Tuesday, Oct. 22 between the Toronto Raptors and the New Orleans Pelicans. Both aforementioned franchises have faced major changes in the offseason, with the defending league champions losing their star in small forward Kawhi Leonard, who left for the Los Angeles Clippers in free agency. New Orleans no longer boasts All-Star center Anthony Davis, who left for the Los Angeles Lakers in free agency, but they now hold the future of the NBA in small forward Zion Williamson. With such balance in the league, since the defeat and disbanding of the Golden State Warriors at the hands of Leonard and the Raptors, speculation on who will represent both conferences in the Finals will be had daily.

Following the pre-season, there were four undefeated teams. Granted, the pre-season doesn't give direct insight as to the caliber at which players will compete during the regular season, but it is a crucial time to see the chemistry between free agents,

rookies, and veterans on each team throughout the league. There were four undefeated teams following the pre-season, with two in the West and two in the East; the Denver Nuggets (5-0) and the New Orleans Pelicans (4-0), and the Milwaukee Bucks (5-0) and the Boston Celtics (4-0).

On the Eastern Conference side, the Bucks and Celtics, the former losing in the Eastern Conference Finals to the Raptors last season, look to be the juggernauts in their conference once more. Reigning league MVP, Buck's point guard Giannis Antetokounmpo, continues to dominate on the floor with his athleticism and smarts, elevating the roster around him for another heavily anticipated season. The expectation in Milwaukee, now that Leonard is in the Western Conference, is finals or bust. With Boston, their season hinges on the development of chemistry between point guard Kemba Walker and shooting guard Jayson Tatum, in addition to their collaboration with versatile guard Marcus Smart. This should pace this team to a strong playoff seed, but may not be enough to get past Antetokounmpo's Bucks.

For the teams with

losses in the pre-season, the Philadelphia 76ers look to be the strongest contender against Milwaukee. With the additions of shooting guard Jason Richardson and center Al Horford in free agency, in addition to the jettisoning of small forward Jimmy Butler, this group looks prime for playoff contests. Most importantly to note is the development of a three-point shot by 76ers' point guard Ben Simmons. Should this large point guard, standing at 6 foot, 10 inches, learn to shoot three and deep consistently with the best guards in the league, the NBA will need to watch out. Fortunately, a single, open look three-pointer doesn't indicate Simmons will be lighting up the buzzer from beyond the arc every game. Simmons' profound passing prowess should similarly aid him, in a 76ers attack likely featuring many big men on the floor at once, leading to some easy alley-oops.

On the Western Conference side, the Denver Nuggets well-rounded roster, which helped them boast the best record in the West last season, returns with more experience under their belts and a chip on their shoulder follow-

ing their playoff exit to the Damian Lillard led Portland Trail Blazers. Power forward Nikola Jokic may be one of the best handling big men in the history of the game alongside Simmons, as he time and again sets up his teammates with abnormal, head-scratching passes. The Nuggets don't have "the man" like the Bucks do in Antetokounmpo or the Clippers do in Leonard, but their well-rounded roster, strong chemistry and deep bench should allow them to compete with any team in the West, similar to the San Antonio Spurs' teams of the 2000s. New Orleans, now with a new face of the franchise in first overall pick Williamson, stand to be happy with any performance they get out of their roster. Considering the king's ransom they received in exchange for Davis with the Lakers, this year will be about developing chemistry between Williamson and his new teammates, including point guard Lonzo Ball. With the Western Conference being tougher than ever, this team may find itself in the ninth or tenth seed, watching the playoffs from home come next summer.

Other than those two teams, many are

excited to see how teams like the Lakers, Clippers, Rockets and Warriors will do in the West. The Warriors have been a dominant team in the West for the past five years. But as previously mentioned, following their loss to the Raptors in the past NBA Finals, the once touted super team began to disband; All-Star small forward Kevin Durant left in free agency, small forward Andre Iguodala was traded away to increase cap space, and a torn Achilles tendon will be sidelining All-Star shooting guard Klay Thompson until the end of the regular season. The one constant will be one of the greatest shooters in NBA history, point guard Steph Curry. Curry won't be alone either, as the Warriors picked up free agent guard D'Angelo Russell from the Brooklyn Nets in the offseason. If Russell and Curry can click like Thompson and Curry, then the league will be on its heels once again in awe of the Warriors' backcourt.

The Houston Rockets sport quite the roster, with two former MVPs in guards Russell Westbrook and James Harden, who have previous experience playing together, which they hope will

carry them through the rough West. Harden and Westbrook have both been handed losses by the Warriors in the playoffs for the past half-decade, and with their talent combined, they might be able to get over the hump against the Durant-less Warriors. Like many of the notable teams, the Lakers and Clippers both have power duos like the Rockets. These duos being forward LeBron James and Davis for the Lakers, and Leonard and forward Paul George for the Clippers. It's been quite some time since the NBA saw a collection of stars in Los Angeles quite like this, so these four have quite the shoes to fill, and if neither brings home the championship, the city will be buzzing about basketball for years to come.

With so many teams boasting a powerful duo, including several not listed above, look for no teams to be resting and taking it easy, this whole season will be a fight right down to the final buzzer.

Professional Sports This Week

Upcoming Games:		
<p>NFL:</p> <p>Thursday, October 24 Washington @ Minnesota</p> <p>Sunday, October 27 Seattle @ Atlanta Los Angeles @ Chicago New York @ Detroit New York @ Jacksonville Cincinnati @ Los Angeles Tampa @ Tennessee Philadelphia @ Buffalo Denver @ Indianapolis Arizona @ New Orleans Carolina @ San Francisco Oakland @ Houston Cleveland @ New England Green Bay @ Kansas City</p> <p>Monday, October 28 Miami @ Pittsburgh</p>	<p>MLB:</p> <p>Tuesday, October 22 Washington @ Houston</p> <p>Wednesday, October 23 Nationals @ Astros</p> <p>Friday, October 25 Astros @ Nationals</p> <p>Saturday, October 26 Astros @ Nationals</p> <p>Sunday, October 27 (if needed) Astros @ Nationals</p> <p>Monday, October 28 (if needed) Astros @ Nationals</p>	<p>NBA:</p> <p>Tuesday, October 22 New Orleans @ Toronto LA Lakers @ LA Clippers</p> <p>Wednesday, October 23 Cleveland @ Orlando Boston @ Philadelphia Washington @ Dallas Denver @ Portland</p> <p>Thursday, October 24 Milwaukee @ Houston LA @ Golden State Warriors</p> <p>Friday, October 25 Toronto @ Boston Chicago @ Memphis Dallas @ New Orleans</p>

86 MILLION AMERICANS MAYBE EVEN YOU, HAVE PREDIABETES. PERSON-ABOUT-TO-FACT-CHECK-THIS-FACT.

DoIHavePrediabetes.org



UCU Where Black Bears Bank

#WhereBlackBearsBank



Try our Video Teller in Memorial Union!

Video Teller hours
M-F 8am-5pm

ATM hours
Anytime Memorial Union is open

UCU members can video chat with a teller during video teller hours to complete a number of transactions! Outside of video teller hours, members can deposit cash and checks into their accounts, and withdraw funds!

Not a member? Join **UCU** today! UCU.MAINE.EDU

