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The Trail of Senses coming soon to the Hirundo Wildlife Center



Hirundo Wildlife Refuge in Old Town.

Evan Loignon, Staff

Jack Barber
Staff Writer

The Hirundo Wildlife Refuge is developing a new interactive trail specifically for those with difficulty accessing typical trails. University of Maine Construction Engineering students began the "Trail of the Senses" project on Sept. 8.

The trail is designed so that wheelchairs and strollers can access the trail without having to worry about uneven terrain. The trail also features a rope for the visually impaired to guide them along the trail. The rope will have blocks at intervals so

people using it will be able to tell when to stop.

"Our goal was to provide opportunities here with the universal access trail for folks who might be wheelchair-bound, or with a walker, or even couples who have to push a stroller," Dr. Larry Beauregard, Hirundo Wildlife Refuge Trustee, told WABI.

The construction engineering students are currently working on the second of three building phases, a trail around a pond. It is unlikely that the trail will be completed before winter.

The Trail of the Senses

still needs additional funding to cover the costs of construction. According to Jake Parlapiano, a marketing intern for Hirundo Wildlife Refuge, the University of Maine Green Team has helped raise funds for the trail by hosting a bake sale. Parlapiano also said there would be a crowdfunding site up soon.

Parlapiano also mentioned that the refuge often holds other fundraising events such as cookouts and raffles.

The new trail will add to the seven miles of walking trails in Hirundo Wildlife Refuge. The park spans

over 2,400 acres of land and runs parallel to Pushaw Stream. Visitors can borrow kayaks for free and paddle them down the stream.

Parlapiano has hopes that the Trail of the Senses will allow access to the woods for people who have not previously had access.

"They're going to end up putting in braille signs so people can read and participate in the activities and it encourages you to smell certain things and touch and use more than just sight... I just hope more students can just go down there and hang out... it's a really nice place it's 2,500 acres of just open

protected land so there's no hunting or fishing and you're free to hike as much of it as you want, and I hope more and more people can go," Parlapiano said.

Olivier Larouche founded the Hirundo Wildlife Refuge in 1965 by expanding his family's three-acre camp. The word Hirundo is Latin for swallow. It was likely named this after the scores of sparrows who took up residence in the nest boxes Larouche built throughout the refuge.

Over the years, the Larouche family funded research and allowed the University of Maine to use the

refuge as a living laboratory. In the 1970s, Robert Mackay and David Sangertook created University of Maine Archeology field schools to excavate a site adjacent to the Pushaw Stream. The excavation helped show the landscape of the area over thousands of years. Archeologists found projectile points, tools and fishing weights from inhabitants from between 250 and 450 years ago.

In 1983, Larouche and his wife June Larouche deeded the Hirundo Wildlife refuge to the University of Maine.

OJ Simpson released from prison after nearly a decade

Haley Sylvester
News Editor

On the afternoon of July 20, OJ Simpson sat at a hearing at the Lovelock Correctional Center in Lovelock, Nev., in which the fate of his parole was determined. Simpson was originally sentenced to nine to 33 years in prison for a 2007 robbery and kidnapping incident in Las Vegas. He was granted parole in July by four members of the Nevada Board of Prisons with an effective date of "on or after Oct. 1." He reacted emotionally, mouthing "thank you" to the board members.

Simpson was offered the chance to make a statement and he chose to apologize. "I've come here and spent nine years making no excuses about anything. I am sorry things turned out the way they did. ... I tell inmates all the time 'Don't complain about your grind. Do your time.' ... I believe in the jury system. I will honor the decision. ... I have done my time and I'd like to get back to my friends. And believe it or not I do have some friends. I don't think anyone could have honored this

institution better. ... I'm sorry it happened."

It was reported that Simpson left the facility on Sunday morning in denim and white sneakers. He was released at 12:08 a.m. and left with an unidentified driver. It is unclear whether he will be returning to California, where he was acquitted of a double murder in 1995, Florida, where he was living before his most recent arrest or elsewhere.

Simpson has four adult children, two of whom reside in Florida, one in Georgia and the other in Los Angeles. According to the Bangor Daily News, Tom Scotto, a friend of Simpson, has reportedly offered up his home in Naples, Fla. However, the Florida state attorney general, Pam Bondi, told the Florida Department of Corrections that he is not welcome there.

In a letter about the incident, Bondi wrote, "Floridians are well aware of Mr. Simpson's background, his wanton disregard for the lives of others, and of his scofflaw attitude with respect to the heinous acts for which he has been found civilly liable. Our state should not become a country club for this

convicted criminal."

Simpson played football in his youth for the University of Southern California, then went on to play in the NFL from 1969 to 1979. He played nine seasons with the Buffalo Bills and two with the San Francisco 49ers before retiring. According to an article on ESPN, he reportedly racked up over \$600,000 in pension from the NFL while serving his recent sentence for robbery.

During that robbery in 2007, he participated in a group that raided a hotel and casino in search of sports memorabilia at gunpoint. Simpson claimed the items belonged to him.

Long-time friend Tom Scotto attended Simpson's parole hearing in July and when he was released, he told CNN that Simpson is "going to focus on his kids, friends, family and golf. He's not going to hide. Maybe not the first day or second, but he will go out."

As part of Simpson's parole, he is under strict conditions to not consume large quantities of alcohol, be in the company of ex convicts, possess guns or drugs and must submit to random drug and alcohol tests.

Orono Police Department Makes Major Drug Bust

Jack Barber
Staff Writer

On Sept. 21, Orono Police officers made a major drug bust at a local apartment. The officers seized LSD, psychedelic mushrooms, over 300 Xanax pills, \$4,600 and other illegally obtained prescription drugs.

Two individuals aged 19 and 20 were charged with seven counts of aggravated trafficking of drugs, the most serious class A felony involving schedule W narcotics. Aggravated trafficking of a schedule W drug is a class A crime, for which the prison term can last up to 30 years.

"They're facing a significant amount of prison time... a good part of their adult life," Orono Police Chief Josh Ewing said.

The Orono Police department made the arrests public by posting a photo on Facebook of the evidence confiscated.

"We show you this to remind you we are taking an active stance against drug dealing within our community," the post reads.

Sargent Cameron Barneau

obtained a search warrant after arrests made over the past few weeks led to information about the apartment in question. Officers made the first arrest for OUI after an individual rear-ended another car. Officers made another OUI arrest after two people reported a reckless driver. The final piece of evidence came when an overdose victim was found to have been under the influence of the same drug as the OUI arrestees.

"It was over like a three-week period those three incidents led us to believe that there was drug sales or dealing being done from that apartment," Ewing said.

All three of the individuals were under the influence of drugs that were believed to be from that apartment, and at least one of the individuals was associated with the apartment in some way.

The officers typed up a report on the evidence they had, and Barneau obtained the warrant the same evening of the arrests.

The charges against the residents of the apartment were elevated to aggravated trafficking of drugs due to the

possession of firearms and the proximity of the apartment to a daycare. The individuals charged owned the guns legally, but legal firearms still constitute an elevated charge.

"When there is a belief that there's a charge of drug trafficking firearms enhance that, enhances the level of crime so it bumps it up another level to a felony or a higher felony... you're almost using the gun to further the sale of drugs," Ewing said.

Ewing stressed that this was larger than an average drug bust for the area and that Orono is generally very safe. He also expressed his hopes that people will come forward with information in the future in the name of public safety.

"People may think that it's harmless, people may think that its personal use, but there was clear risk and it's not harmless.... people tend to view it as rating someone out, when what could you be stopping? You don't have any idea of the far-reaching effects of if you actually step up and do the right thing," Ewing said.

Blue Sky Strategic Plan Underway



President Hunter addresses the crowd at the kick off for a series of forums regarding The Blue Sky Strategic Plan, Wednesday.

Evan Loignon, Staff.

Ryan Cox Contributor

The "Kick-Off" presentation for the Blue Sky Strategic Plan Assessment Forum was held in Hauck Auditorium from 3:30 to 4:30 p.m. on Sept. 27, led by President Susan J. Hunter and Jeffrey E. Hecker, Executive Vice President for Academic Affairs and Provost.

The presentation was meant to serve as an opening act for a series of forums meant to discuss the 2012-2017 Blue Sky Strategic Plan, a framework designed with constant community involvement both on and off-campus, to address challenges that the Univer-

sity of Maine needs to address in the coming years.

"I think the opportunity from input across the landscape both on and off the campus was central to the plan of how this was done," President Hunter commented.

The plan evolved to encompass five pathways, each allowing new initiatives to be implemented with their overarching goals in mind: "1. Serving our State" was meant to improve the University's partnerships to assist the state economically, "2. Securing our Future" was meant to ensure the University's fiscal sustainability, "3. Embracing a Culture of Excellence" was

meant to improve the campus community, "4. Transforming Lives" was meant to improve the undergraduate and graduate experience and "5. Restoring the Dream" was meant to improve university infrastructure.

Now five years later, Hecker has been charged with evaluating the results of the initiatives that stemmed from these five original pathways.

"The development of the Blue Sky Plan was done quite inclusively," Hecker said. "She went through 30 open sessions, people were invited to submit their ideas about where's the University going, we had these pre-

view grants. There was a lot of interchange around the campus, a lot of discussion and energy, so we thought if it started that way, maybe we ought to include that community involvement in the assessment of the plan."

Hunter, now serving her final academic year in office, noted that this assessment will be invaluable for her successor to build upon.

"I'm not going to wax poetic at any length, but to say that I have loved my time as president, and I intend to... work as hard as I can this year...and really push the institution forward. But at the same time, part of my thought will be how to best

prepare the institution for a very smooth and successful transition in leadership...I'm envisioning myself in a relay race."

The forums for each pathway will be held in the Bangor Room at the Memorial Union, from 9 to 10 a.m. on the dates listed below. After the forum, full recordings and web-based inputs will be available for those who wish to contribute afterward.

Wednesday, Oct. 4: Pathway 1 – Jake Ward, Chair

Wednesday, Oct. 11: Pathway 3 – Monique La-Rocque, Chair

Thursday, Oct. 19: Pathway 2 – Jeff Mills, Chair

Wednesday, Oct. 25: Pathway 4 – Kenda Scheele, Chair

Wednesday, Nov. 8: Pathway 5 – Stewart Harvey, Chair

For those who wish to learn about the initiatives and accomplishments of each pathway prior to their respective forums, the list can be found at www.umaine.edu/president. For those who could not attend this initial event, the links to a full recording of the presentation, as well as the PDF of the Powerpoint slides, can be viewed here: <https://umaine.edu/president/blue-sky-strategic-plan-assessment/umaine-community-kick-off/>.



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Ewe-Maine Icelandic Sheep Club receives final recognition

Taylor Abbott
Staff Writer

The UMaine Student Government has recently recognized the Ewe-Maine Icelandic Sheep Club as an official club. During past years, the group was not officially recognized as a club by the university and has not received funding through Student Government.

The group has been meeting for approximately four years, and began as a research project in the animal science department.

Members of the club are taught how to care for and manage the sheep. While the club originally consisted of students in the animal science major, it has since expanded to a diverse group of students from different educational tracks.

The initial goal was to house the sheep at Witter Farm, where students in the animal science school could take care of the animals, and to do more research on parasites that live on sheep and ways to prevent these parasites from spreading. The club

has since shifted to focus on animal health and also attract more zoology students, who focus on animal behavior.

The club was funded through renewable grants that were able to cover the basic needs of the animals. Since the group was not officially recognized by the university, they could not receive any funding from Student Government. The class that began this club graduated, so the club wanted to put themselves out there to get some new faces at the farm.

While the group has relied on grants to pay for the expenses, the members began to seek recognition for other alternative methods of funding. They wanted additional resources that were not necessarily required for the wellbeing of the animals, such as enrichments and increasing the size of their pen.

The club is currently lead by Jaime Boulos, who is the president.

"As a pre-vet student, working with large animals has been a very special opportunity to garner vet-

erinary experience," she began. "Many universities don't offer students the chance to have these experiences. Working with the sheep has also served as a significant destresser. It has been very rewarding to be able to know all of the animals as individuals and learning how to personally care for them."

The goal for the club looking forward is to hopefully gain more traction and recruit a few marketing students in order to begin putting fleece on the market. The current ratio of pre-vet

students and non-pre-vet students is pretty equal, according to members of the club.

"Our major goals of this club include maintaining a sound flock, holding events to educate the public about sheep care, and giving students the opportunity to learn from this club," Boulos said.

The club meets every Friday at 2 p.m. at the J. Franklin Witter Farm, and new members are always welcome.

Conditions in Puerto Rico grim following Hurricane Maria

Taylor Abbott
Staff Writer

On Sept. 20, Puerto Rico was struck by Hurricane Maria, a Category 4 hurricane. The storm, which produced winds at 150 mph, brought several feet of rain to the area and devastated the land. The island still has no power, except for that which is provided via generators.

"Make no mistake — this is a humanitarian disaster involving 3.4 million US citizens," Ricardo Rosel-

lo, the governor of Puerto Rico, said in an interview on Monday, according to an article by Vox. The area affected sits on United States property.

Food is scarce, cell phone service is spotty and many residents of the island have been cut off from everything for nearly two weeks. Hospitals are being powered as they are higher priority, but other than that, many buildings are left in the dark. It is predicted on Vox that the power will not return to many areas for a

few months.

With the power outages and cell phone tower outages, weather services are also down, meaning that the weather is almost impossible to forecast.

President Donald Trump has offered his support for the relief efforts in Puerto Rico, adding in a press conference that, "It's been total devastation, but I think it's going really well, considering." "The loss of life, it's always tragic, but it's been incredible. The results that we've had with

respect to the loss of life. People can't believe how successful that has been, relatively speaking."

Trump spoke at the National Association of Manufacturers in Washington regarding relief and rescue efforts. "We will not rest, however, until the people of Puerto Rico are safe. These are great people. We want them to be safe and sound and secure, and we will be there every day until that happens." He also offered his thoughts and prayers to the residents on the island.

Trump has told reporters that he will travel to Puerto Rico on Oct. 3, as that is the earliest that he can make it. He also admits that he does not want to get in the way of relief efforts, and therefore would like to wait it out. He has received criticism for not being as proactive as a president should be during times of natural disaster, and has fought back.

"This is an island surrounded by water, big water, ocean water. We're closely coordinated with

the territorial and local governments, which are totally and unfortunately unable to handle this catastrophic crisis on their own, just totally unable to. The police and truck drivers are very substantially gone, they're taking care of their families and largely unable to get involved, largely unable to help," he said at the Manufacturers conference.

Those who would like to help are urged to reach out to the American Red Cross.

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Weekly Updates

This Week in Student Government

Weekly recap of decisions made by the UMaine Student Government General Student Senate

Hailey Bryant
Contributor

New Senators and Officer Appointments

Lauren Genenbacher and Marissa Sewell were sworn in as new senators. Betlehem Abay was not present, but will be sworn in next week.

Resignations

Christopher Gilbert resigned as President of the Honors College Student Advisory Board, and Brody Haverly-Johndro resigned as a Senator.

Club Maintenance

The Student Women's Association changed its name to the Feminist Collective in order to make people of all genders feel included.

Similarly, Wilde Stein: Queer Straight Alliance changed the grammar in their bylaws to include pronouns beyond he and she.

Executive Reports

President Mary-Celeste Floreani thanked Vice President Aromando for planning the retreat, and announced that they were interviewing for Director of Communications.

Vice President Logan Aromando thanked the

group for a successful retreat, and reminded senators that they are required to be on two committees, and also to dress professionally even on hot days.

Vice President for Financial Affairs Song Ping "Ryan" Wong reported \$330,929.85 in unallocated funds.

Vice President for Student Organizations Jacob Wood was out with a concussion, but Floreani reported that organizations will be set as inactive if they do not meet with Student Organizations.

Vice President for Student Entertainment Jared Dumas said that he was meeting with executive director of the Collins Center for the Arts, Daniel Williams, to discuss scheduling and work on bringing comedians back to the CCA.

Periodic Reports

Faculty Senate representative Bentley Simpson was not present.

Board of Trustees representative Samuel Borer reported that the Board has been engaging with state legislature to try to increase school funding, and encouraged students with a "passionate, emotional story" about their experience at UMaine to



speaking with legislators.

The Fair Election Practices position is vacant.

Legal Services representative Maria Maffucci reminded new senators that they must meet with Attorney Sean O'Mara, and reported that O'Mara is working to make ZipCar more accessible on campus.

Graduate Student Senate representative Trevor Lessard had no report.

Orono Town Council and Old Town City Council representative Jacob Bradshaw had no report.

ROTC representative James O'Neil said that they ran 85 cadets through weapon familiarization

training, and are preparing for upcoming events, including a physical event and weapon assembly competition in Fort Dix, N.J. and an awards ceremony to celebrate the previous accolades of seniors going into their final year.

The Director of Communications position is vacant.

Provost Samuel Borer had no report.

Reports of Standing Committees

The Marketing Committee chair position is vacant.

Membership chair Melody Cropley told senators to let her know if they are interested in joining the

committee.

Policy and Procedure chair Trevor Lessard said that the committee is brainstorming possible policy changes.

Political Activism chair Linh Phan had no report.

Services chair Bentley Simpson was not present, but Floreani reported that they are having their first meeting on Oct. 2.

Representative Board Reports

Commuter and Non-Traditional Students representative Amy Dias said that the annual pancake breakfast is coming up in the Commuter Lounge, and that they are working on Commuter Week at the end of October.

James "Jack" Brown was appointed Interim President of the Honors College Student Advisory Board.

The Interfraternity and Panhellenic Councils had an all-Greek meeting at the CCA Wednesday night.

The Student Athlete Advisory Committee had no report.

Community Association Reports

The Student Heritage Alliance Council had no report.

Feminist Collective representative Meghan Frisard announced a clothing swap on Oct. 11, a Take Back the Night event in the North Pond on Oct. 17, and the 1 in 3 Week of Action at the end of October.

Wilde Stein: Queer Straight Alliance is working on Coming Out Week, beginning Oct. 16.

New Business

Women's Soccer was granted \$1,075 for league fees, referee fees and van rentals for fall and spring.

The Curling Club was granted \$3,150 for plane tickets, hotels, registration fees and van rentals.

Women's Rugby was granted \$8,000 for lodging, van rentals and fees for the team, league and games.

The Senate passed an act to amend the Financial Policies, Section 1, Subsection C, Item six to make policies match new officer term lengths.

Special Orders and Announcements

Floreani reminded new senators that they need to meet with Legal Services in the coming weeks.



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Briefs

Quick news from around the world

Haley Sylvester
News Editor

Canada police investigate attack on officer

On Saturday night, there was an attack at a football game in Edmonton that injured four people. The attack and ensuing high-speed chase are being investigated as an act of terrorism. The

football game was disturbed when a Chevrolet Malibu rammed a traffic-control barricade and sent a police officer flying into the air.

The driver then got out of the car and attacked the officer with a knife before fleeing on foot. There was an Islamic State of Iraq and the Levant (ISIL) flag found in the front seat of the driv-

er's car. The officer was treated at a hospital for non-life threatening injuries while a manhunt was launched for the driver.

Several hours later, a moving van was stopped at a police checkpoint, then sped off in a police chase. The van intentionally swerved into pedestrians in crosswalks during the chase. The victims' injuries were not

immediately known.

Referendum in Catalonia set for Oct. 1

The northeastern area of Catalonia voted on Sunday in the region's second referendum on independence in three years. The previous ballot was in November 2014; however, less than half of the 5.4 million eligible voters participated.

According to Al Jazeera, the Spanish government rejected the proposal of the Generalitat's, Catalonia's regional government, to hold a binding ballot on the grounds that it was un-

constitutional. According to a poll held in June, only 41 percent of voters said they intend to vote yes to independence.

40 killed in air attacks in Syria

The Idlib province in northwestern Syria was hit with air attacks on Saturday night. Entire blocks had been flattened by bombardment and four children were among those that were killed. It was unclear whether the attacks were brought out by Syrian government warplanes or Russia.

Dozens of people are still reportedly missing.

Air raids were carried out as part of a search and rescue operation. Thus far, 40 civilians were killed and 70 were injured. There has recently been an increase in jet attacks in Idlib. It began after rebels launched an offensive "against government-held" areas on Sept. 19.

Last month, Turkey, Iran and Russia agreed to a "de-escalation zone" as part of their efforts to establish a broad ceasefire in the province.



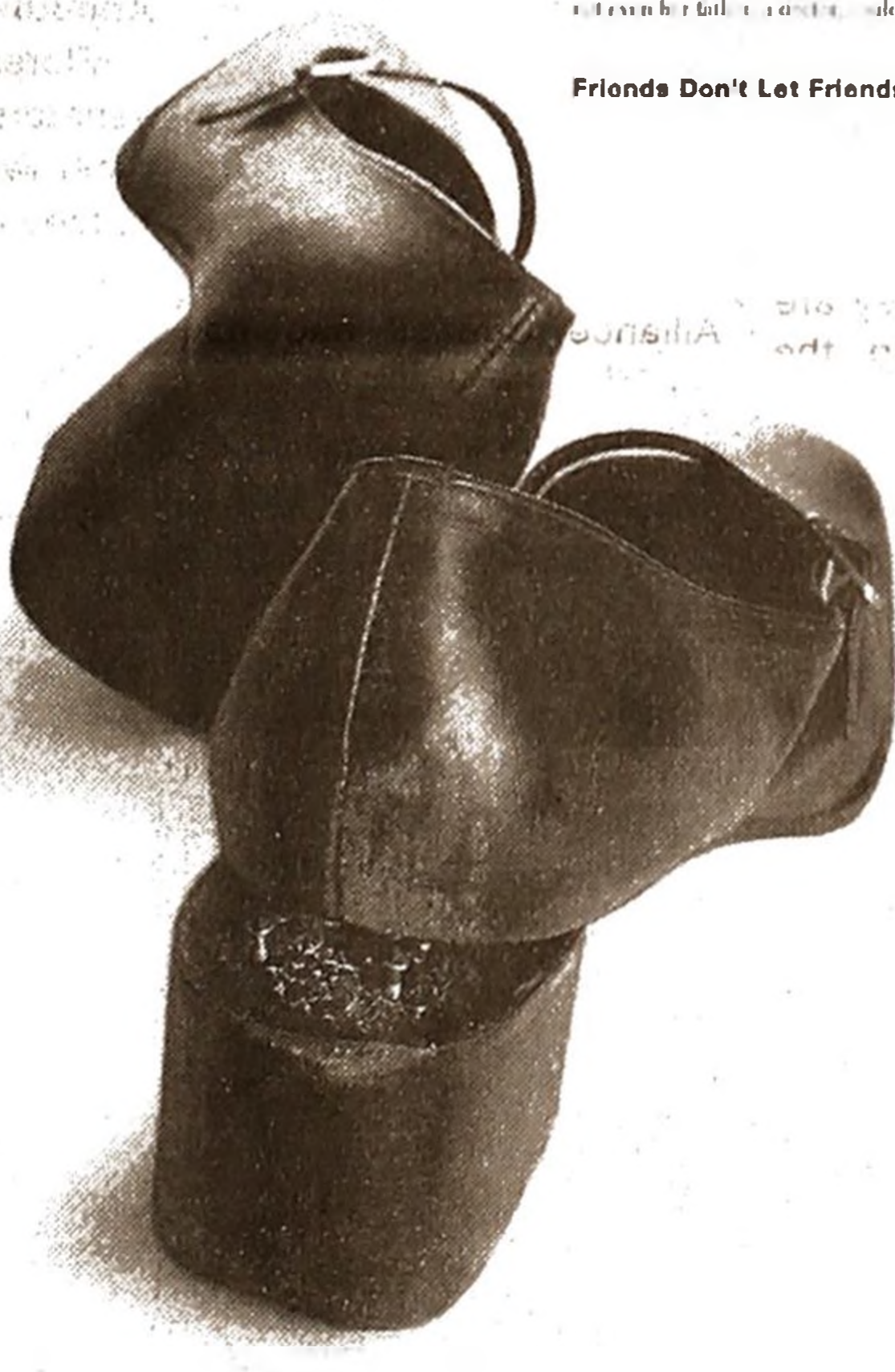
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The World This Week



- Sept. 29** - Five killed after suicide bomb blast near Kabul mosque in Afghanistan.
- Sept. 30** - 12 dead in a DR Congo cargo plane crash in Kinshasa.
- Oct. 1** - Two dead after a knife attack at Saint-Charles train station in France.

This week at UMaine...		What's happening this week at UMaine				
Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p>March Against Domestic Violence In front of Fogler Library 12 p.m.</p> <p>Intermedia MFA Emera Astronomy Center 7 p.m.</p>	<p>Equipment Orientation New Balance Rec Center 4 p.m.</p>	<p>Storied Writing Center, 402 Neville 3 p.m.</p> <p>Intermedia MFA IMRC Center 7 p.m.</p>	<p>First Friday Bagels Commuter Lounge 8 a.m.</p> <p>Equipment Orientation New Balance Rec Center 4 p.m.</p>	<h2 style="font-size: 1.5em; margin: 0;">Happy Fall Break!</h2>		

Want to see your club or organization's event represented here? Send the info to eic@mainecampus.com

Diversions Answer Key

Puzzles, comics and more on A8

Crossword

Sudoku

8	7	6	4	3	2	1	5	9
4	2	9	5	8	1	7	6	3
3	1	5	7	9	6	8	4	2
2	9	3	1	5	4	6	8	7
7	6	1	8	2	3	5	9	4
5	4	8	9	6	7	3	2	1
1	8	7	6	4	9	2	3	5
9	5	2	3	1	8	4	7	6
6	3	4	2	7	5	9	1	8

Word Search

Opinion

Monday, October 2, 2017

Editorial: Has “the swamp” been drained, or defended?

Sarah Allisot
Opinion Editor

A clean, ethical government that does its job thoroughly and by stretching every tax dollar and federal budget to its maximum efficiency — this sounds like a dream to many Americans, and helped to push President Donald Trump into office during the 2016 election. “Drain the swamp” was a big mantra in his speeches and rally cries. Trump put pressure on Washington, D.C. by using the “drain the swamp” slogan to highlight issues that many Americans dislike — lobbyists, a “pay-to-play” campaign process and corruption.

Some of these “swamp” practices were selling points against a Hillary Clinton presidency. We’re quickly approaching a full year of Trump’s presidency, but genuine concern is rising in the American public — is

Washington cleaned up, or has it survived untouched? Recent issues with cabinet members threaten the promise of polishing up our political scene.

This much is clear — Trump’s usage of “drain the swamp” is varied. The phrase has been a catch-all for many issues. Politico conducted a review of Trump’s usage of the phrase over various media and found “drain the swamp” associated with everything from “...voter fraud, media companies, shortcomings in the fight against ISIS, Clinton’s foreign policy, Obamacare, liberal Supreme Court justices and the Clinton e-mail investigation.” It’s unclear which aspects of the “swamp” Trump will address first, but several of his wide claims have been ignored or disproven since taking office.

Trump promised to further measures against lob-

bying of senators, representatives and top staffers, by signing into effect a five-year lobbying ban. Trump signed this executive order on Jan. 28 this year. However, by the end of May, Trump had given at least 16 officials exemption waivers on the lobbying ban — effectively reversing some of his cleaning progress. Waivers are not unusual. The amount given, though, is high for the time that’s passed since Trump took office.

In the United States government, lobbyists represent the interests of a particular group and try to push legislation that will help their representatives. There are good sides of lobbying — this process allows elected officials to learn more about issues, helps create legislation and gain support for certain movements. Lobbying is part of the first amendment’s back-

bone — allowing the people to petition their government.

As Dave Roos pointed out in his HowStuffWorks article about the history of lobbying, though: “This all sounds great until you bring up the issue of money. There is no getting around the fact that lobbyists are paid advocates.” Money is nearly always an issue of contention in the government. The “pay-to-play” vibe attached to the government is not only disheartening, but arguably misrepresents the issues of the American people. If only the issues that can pay top dollar make it to the Senate steps, who is being left behind in legislation?

Trump took a hard angle on general corruption in Washington during his election campaign. He took great issue with frivolous expenses. Incidences of unnecessary spending

have already leaked from the White House. Now former-Health and Human Services secretary, Tom Price, spent more than \$1 million taxpayer funds for private jet travel. This position has used commercial flights in prior administrations. Trump stated that Price is “a good guy” but cited disappointment about his actions.

Treasury Secretary Steven Mnuchin requested a government jet for a recreational trip to Europe, but was deemed unnecessary — rightfully, considering that the jet is estimated to cost \$25,000 an hour in operations. Trump himself has taken multiple golf trips which can cost a couple million dollars in taxpayer money, each. Since costs about these presidential leisure trips aren’t commonly released, there is no way to clearly tally these expenses. Golf trips were directly

cited by Trump in tweets from 2011 and 2014 about Obama’s alleged misuse of money.

After such strong remarks about cleaning up politics, Trump has failed to deliver meaningful changes to the scene since taking office. Despite the increased lobbying ban, Trump has surrounded himself with over 100 former lobbyists in various top positions. Untold millions have been spent on private jets and vacations.

This can’t be what voters hoped for when they cast their ballots in November. Americans want their issues represented, their money spent responsibly and their government to place their interests in the country first — not vacations or big paychecks.

Puerto Rico: Forgotten by fellow Americans

Sam Tracy
Contributor

Puerto Rico is hurting. Puerto Rico has been devastated by Hurricane Maria and the United States has done little on a congressional level to help them. With more than three million Puerto Ricans in need of food, water, shelter, basic medical care and sanitation, it’s hard to imagine why we haven’t reached out to help them more. More than half of Americans don’t know that Puerto Ricans are American citizens, according to a New York Times poll, and those who do are far more likely to back an aid bill for the territory.

San Juan’s Mayor Car-

men Yulin Cruz criticized the federal aid distribution already in place. On Friday night, she told CNN’s Anderson Cooper, “People are drinking out of creeks here in San Juan. You have people in buildings, and they’re becoming caged in their own buildings — old people, retired people that don’t have any electricity...” These conditions drive people away from their homes and their communities, and if not solved, many Puerto Ricans will come to the mainland seeking refuge.

Cruz also had an especially potent message to the United States and President Donald Trump: “We’re dying here. We truly are dying here. I keep say-

ing it: SOS. If anyone can hear us; Mr. Trump can hear us, let’s just get it over with and get the ball rolling.”

Trump tweeted against Cruz, quickly claiming that she “...has now been told by the Democrats that you must be nasty to Trump.” Trump went on to admonish Puerto Rico’s requests for federal aid, tweeting: “Such poor leadership ability by the Mayor of San Juan, and others in Puerto Rico, who are not able to get their workers to help. They want everything to be done for them when it should be a community effort. 10,000 Federal workers now on Island doing a fantastic job.”

See **Puerto Rico** on A7

I don’t want to keep up with the Kardashians

Liz Theriault
Contributor

I attempted to start this article numerous times. Each time, I found myself vigorously hitting the delete button and returning to a blank page. It seemed that no matter how I approached it, any words I typed to begin my criticism of the Kardashians could be molded into an “anti-feminism” argument. I implore that this is not the case — I just cannot bring myself to care about the Kardashians.

I cannot remember a time without the Kardashians. “Keeping up with the Kardashians” premiered on E! Network in 2007 when I was in fourth grade. Their ever-evolving-from-plastic-surgery faces and bodies have

been plastered on television, computer, and phone screens for years.

They have been revolutionized into the American ideology of success. They drive fancy cars, own an unrealistic number of lavish mansions around the country, wear expensive, beautiful clothes and spend extravagant amounts of time focusing on the perfection of their physical appearance. Because of these materialistic things, this family is admired, praised and followed obsessively on all platforms of social media.

Yet they are walking contradictions of the American ideal of becoming successful for something meaningful, which requires hard work and dedication. They are a slap in the face to any mid-

dle or lower class individual who wants to someday label themselves as successful. This family was labeled successful just for having something handed to them.

When you are famous for being famous, as the Kardashians are, you mean nothing. You haven’t performed in award winning movies, or topped the charts with a catchy pop song or led a political or social movement for reform. Since you mean nothing, you can essentially mean everything. You become a malleable role model for any public stance that can transform your empty actions or words into something with a cleverly hidden meaning. The Kardashians are more malleable

See **Kardashians** on A7

Maine Campus

The University of Maine’s Student Newspaper Est. 1875

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Opinion pieces should be roughly 650 words and clearly written. Include your name, year and major. Submissions should be in .doc format.

Send all opinion pieces to Sarah Allisot.

The attitudes and views expressed in the Opinion section are those of their authors only and do not necessarily represent the views of The Maine Campus or its staff.

Open access to the entertainment industry

Jonathan Petrie
Contributor

It's no secret that technology has revolutionized our lives. With the rise of computers, smartphones and the internet, our world is more advanced and interconnected than ever before. One industry that is going through a seismic shift is the entertainment industry. Music and video entertainment technology is becoming more affordable over time. This is going to destroy the barriers of entry in this industry. The evidence for this can be found today.

To achieve mainstream success in the 20th century, you needed to get recognized and given a deal to record and distribute your music. That was the only way for mass audiences to be exposed to you. Today, with relatively cheap recording software and recording equipment, you can release tracks on platforms like YouTube or Soundcloud and people will find it. Justin Bieber was found because he posted videos of himself singing and playing instruments on YouTube. Without this technology, his notoriety would likely be nowhere near what it is

today. Hip-hop artist Post Malone recorded his hit song "White Iverson" and released it impulsively on Soundcloud. The next day, big-time artists were sharing his music and he went viral. This led to him getting a record deal with Republic Records and the hit record "Stoney."

In the film and television industry, many companies are changing up the game. Filmmaking technologies are constantly releasing affordable and professional equipment for indie filmmakers. Most Hollywood productions use cameras from RED or ARRI, which

cost around \$40,000 to \$50,000. However, companies like Blackmagic are releasing cameras with resolutions, sensors and codecs that are comparable to Hollywood's best cameras.

With these and other filmmaking equipment becoming cheaper, indie filmmakers have the equipment to make films with high production value for a bargain. Online platforms like YouTube or Vimeo allow artists' work to be viewed by anyone. Actors and directors are being discovered through work they put online. The internet is making it easier to get people to

view your portfolio, which leads to more opportunities for artists.

Barriers of entry being lifted doesn't necessarily lead to immediate quality from the platforms. Since anyone can post online, the internet will be saturated with low-quality content, but the competition for originality will lead to better content overall. In addition, some people just like to make videos for fun. If you used to do this, imagine being able to make professional videos for you and your friends. In the end, it's not just those who want to make it in the business —

even hobbyists benefit from the innovation.

Innovation in these fields is going to revolutionize how we produce content. With the barriers to entry eliminated, success in that business can shift from a who-you-know business into a what-you-know business. I think there will be some bumps along the road, but in the end, we will all be better off. Justin Bieber, Post Malone, Lil Pump, Lil Dicky, Skrillex, Lil Yachty and many more are just the beginning of people finding an audience on the internet, and being able to produce content for very little cost.

The American failure in foreign language education

Brawley Benson
Contributor

The United States has grown too comfortable with its language education. It is a shame that a country founded by nationals from different regions — speaking languages from Dutch to English to Chinese — is not pushing its citizens to learn languages. But more than that, this is an issue for Americans who wish to make their way in the world. Business and political climates often expect that English will be the language of the deal, but what does that say about our willingness to understand others? Are we lazy? Overconfident? Either is unsatisfactory. The U.S. needs a language education overhaul to make Americans competitive, global citizens.

In 2012, Forbes quoted U.S. Secretary of Education Arne Duncan saying that 18 percent of Americans and 53 percent of Europeans report speaking a second language. The difference highlights two things: contrast between the contexts of Europe and America, and the regions' different approaches to collaboration.

Europe has a cultural mandate for its citizens to learn foreign languages. If you go 500 miles in any direction you will find yourself in another culture, language and lifestyle. For most of history, this was Europe's Achilles' heel — the cultures warred over their insurmountable differences until 1945. At the end of WWII, the bullies

overcame their differences and laid the foundation for a political and economic union that would keep the peace. The European Union has 24 official languages today.

Similarly, U.S. history explains why language is a peripheral focus for our country. Settlers first arriving to the New World were predominantly English. Our country's history is the history of the English. We developed an identity based on entrepreneurship, individual success and the American dream. We had a businessman's mentality: let other people speak your language, not the other way around. By relying on English, we could develop a domestic identity and also assert ourselves to the world.

The time for U.S. language education is over. Our reliance on English has grown stale in the age of globalization. English is the world's lingua franca with more than 500 million speakers, but Mandarin and Spanish lead by native speakers at 1 billion and 400 million. Coupled with the increasing fashionability of cultural retention movements (in Scotland a 160,000-pound budget was just passed to increase childhood Gaelic education) it is no longer safe to rely solely on English. We need to diversify our abilities to stand out.

To cultivate a meaningful American relationship with foreign language, we need to teach it at the developmental stages. Right now language programs in elementary and middle

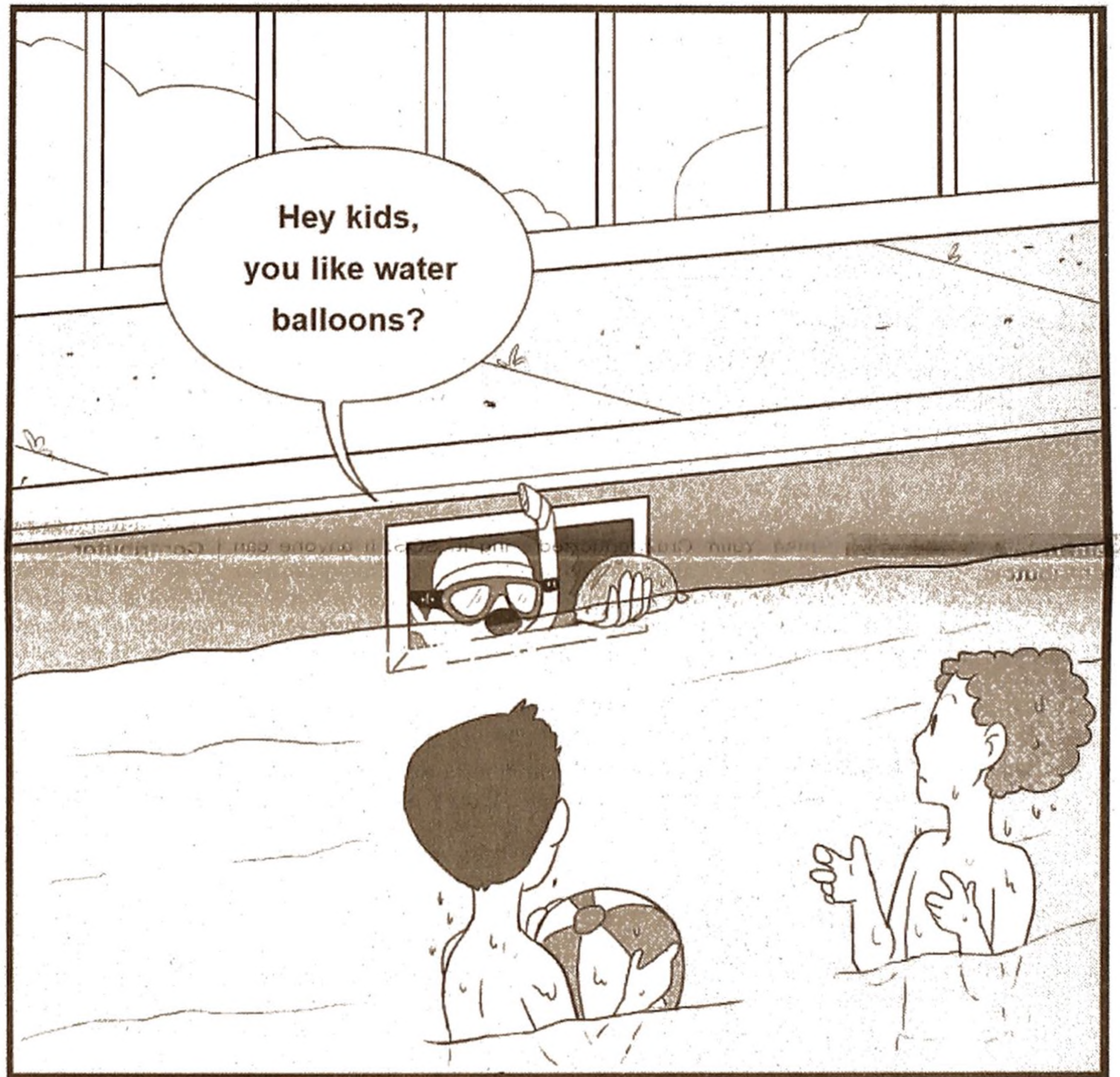
schools are in their infancy, and in high school they stand behind STEM subjects, English and history. Language education does not take away precious class time from these sub-

jects — it augments them. It adds context to history, deeper insight to the structure of English and more marketability to STEM students. Language should be as prioritized as any of

these in a standard education. Knowledge is worthless without the ability to communicate it.

America, the time when we could get by without significant language ability

is over. Let's prepare the next generation for the 21st century and teach them how to communicate.



Summer vacation for it

Caitlyn Burman | Cartoonist

Puerto Rico from A6

fantastic job."

On Sept. 30, Trump also urged Puerto Ricans, "Do not believe the #FakeNews! #PRStrong," ignoring the fact that Puerto Ricans are living through the nightmare the news

is reporting on. Former President Barack Obama's former Director of Speechwriting, Jon Favreau, fired back in a tweet that read: "They're not watching the news because they no longer have televisions, power, or homes, you f--- dolt."

Ricardo Rosselló, Governor of Puerto Rico, told

CNN the island faces a humanitarian crisis and reminded us that Puerto Ricans are American citizens. This matters because, while many Americans favour foreign aid cuts, Puerto Rico is a commonwealth of the United States and its widespread destruction is a domestic issue.

Amidst the circulating news and tweets about the NFL and the national anthem, Puerto Rico has been forgotten. We must refocus and help our fellow Americans, lest the strife of an entire island be lost beneath the waves.

Kardashians from A6

tions or words into something with a cleverly hidden meaning. The Kardashians are more malleable than anyone.

What have they done for our society? What have they contributed? The easy way to discover this answer was to type it into Google, and I did just that. I was immediately faced with the classic Buzzfeed formula for click bait: "Ten ways the

Kardashians are helping our society" and "8 positive things the Kardashians have done for the world."

These articles are filled with generalized propositions that try to squeeze meaning out of the vague actions the Kardashians engage in their everyday lives. The obsession with plastering selfies online is "body image love" and Kris Kardashian exploiting her daughters' bodies and faces is "being a lady boss." The problematic marriage of a heavily in debt, con-

trolling narcissist (Kanye West) and Kim Kardashian is a "positive model of interracial marriage."

However, these explanations of why I should care just don't work for me.

I am aware that by making this argument, the common counter is to frame me as an "anti-feminist" who believes she is above the "shallowness" of girls who wear a lot of makeup, care about clothes and show their skin. That is not the case. I am all for female empowerment to allow la-

dies to express themselves in whichever way makes them feel the happiest and most complete as an individual.

But this obsessive focus on the Kardashians is unnecessary when there is so much else going on in the world. In hindsight of hurricanes, threats of nuclear war, racial injustice and other serious political social issues our society is facing today, does it really matter that a Kardashian or two might be pregnant?

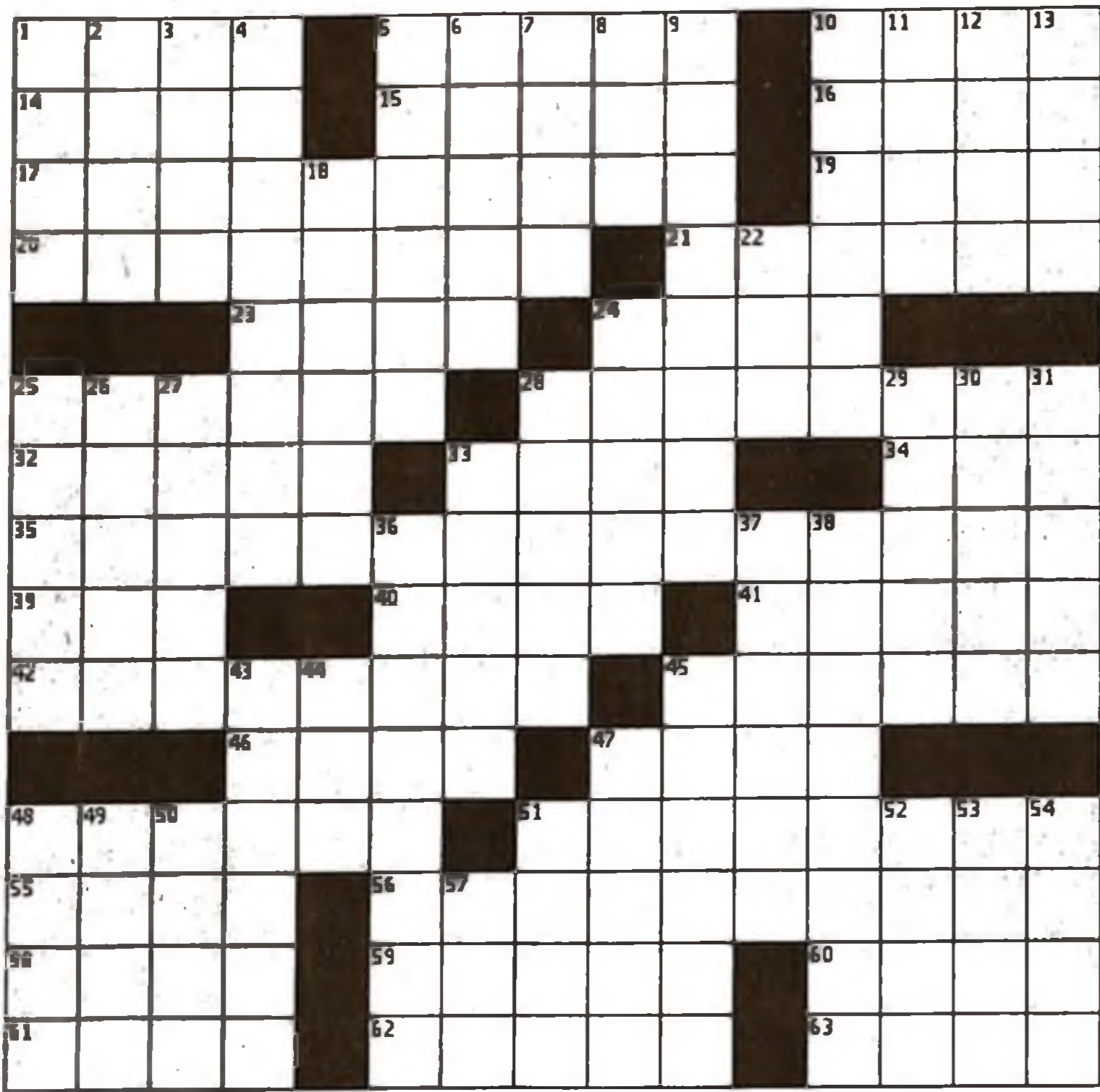
THUMBS UP DOWN

- | | |
|---------------|------------------|
| Hugh Hefner | Cold weather |
| Men's hockey | ASAP Rocky |
| Apple Picking | Nose picking |
| Fall break | Overcooked steak |
| October | Getting older |



Diversions

Crossword



Across

1. Hairstylist's need
5. Excessively flattering behavior
10. Kind of radio
14. Oil of ___ (cosmetics brand)
15. Topped tortilla chip
16. Goose egg
17. Fish also called the chinook
19. Quickly
20. National park in California
21. New Orleans university
23. Alternative to watercolors
24. Accessory for Superman or Batman
25. Saloon workers, of sorts
28. Arranges to pay the bartender later
32. Alternative to a party
33. Prefix meaning "trillion"
34. Genetics course topic

Down

1. Similar to coal residue
2. Potpourri
3. Furnishes with workers
4. "Egad!"
5. Escargot
6. Ice cream shop orders
7. Wile E. Coyote's mail order company
8. P, in the Greek alphabet
9. Helena native
10. Rhododendron shrub
11. ___ Verde (site of prehistoric cliff dwellings)
12. First name of TV's "The Nanny"
13. Brood
18. The Cheshire Cat, frequently
22. FedEx competitor
24. Preserved, as bacon
25. "That tastes awful!"
26. Stew made with okra
27. One way to solve crosswords
28. Button in an e-mail

Down

29. Short amount of time
30. Neutralize
31. City in NW Switzerland
33. Fad doll with spiky hair
36. Frozen treat made by the Jel-Sert Company
37. Baby talk
38. Great ___ (the general public)
43. Physical exertion
44. "Peggy ___ Got Married"
45. Constantly annoy
47. Was the father of
48. Item on an airplane's control panel, for short
49. Rebecca Lobo's org.
50. Scott Turow book
51. Reason to take acetaminophen
52. Possess
53. Was aware of
54. "The ___-Bitsy Spider"
57. Channel that shows "Oz"

onlinexcrosswords.net Answer key located on A5

Word Search: Autumn

- ACORN
- APPLE
- BIRD MIGRATION
- BLOWING LEAVES
- BLUSTERY DAY
- CANNING
- CHESTNUTS
- CHILLY
- COLD
- CROPS
- EQUINOX
- FALL
- FARMING
- FEAST
- FROST
- HALLOWEEN
- HARVEST
- HAYSTACK
- HICKORY NUTS
- LONGER NIGHTS
- NOVEMBER
- OCTOBER
- ORANGE LEAVES
- PIE

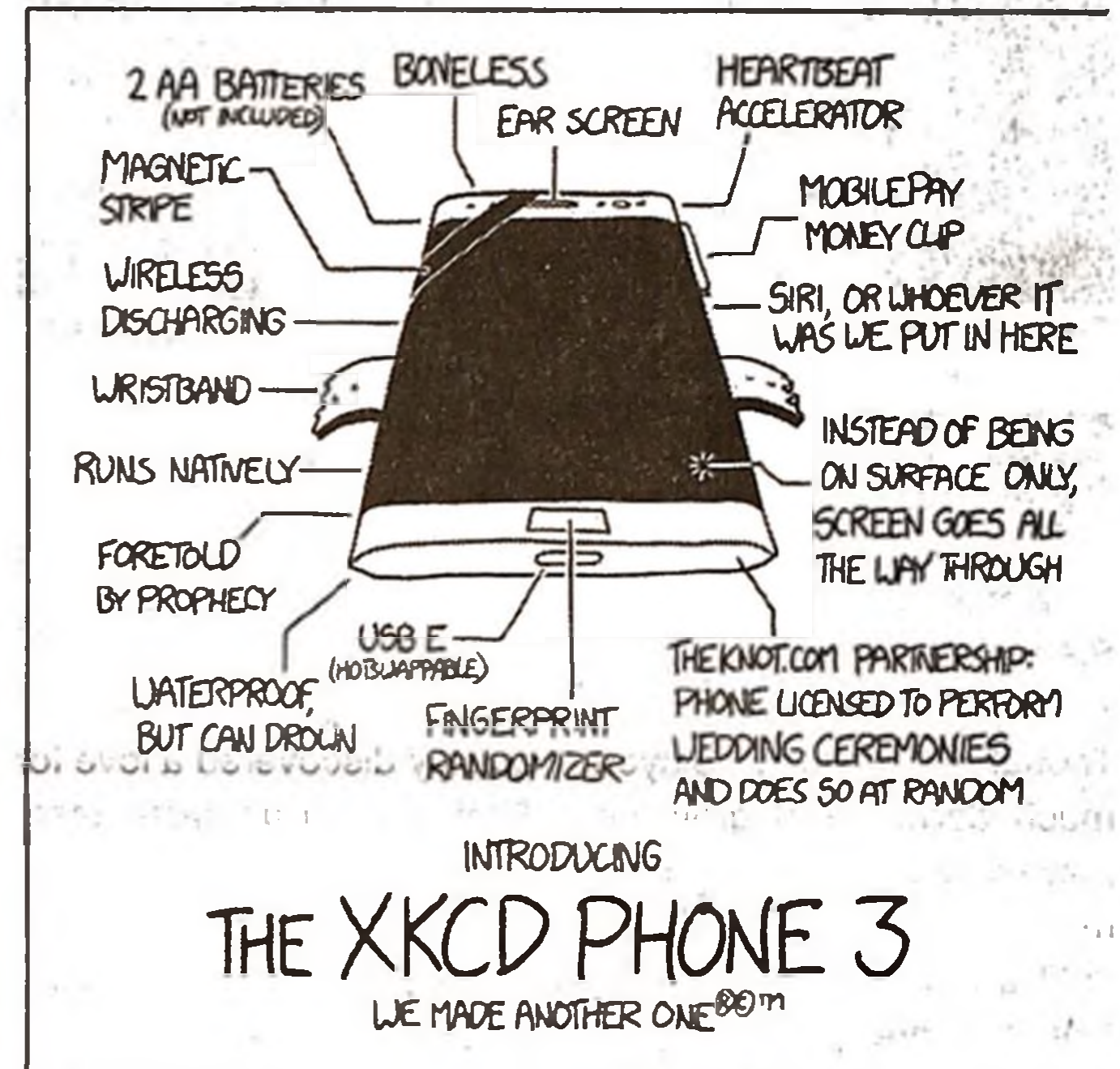
- PUMPKIN
- RAKE
- RED LEAVES
- SCARECROW
- SCHOOL
- SEASON
- SEPTEMBER
- SHORTER DAYS
- SQUASH
- SWEET POTATOES
- THANKSGIVING
- TURKEY
- WINDY
- YELLOW LEAVES

L O N G E R N I G H T S N A A U C N
 T O R U E S T U N Y R O K C I H R I
 M S O A Y Q E N I S I A O T R W O K
 R C Y H N E U V S T E R F H E O P P
 C E A A C G K I A S N O A A B R S M
 K N D N D S E R N E D S R N M C O U
 S C Y L N R G L U O L P M K E E C P
 Q R A K E I E R E T X G I S V R T S
 U Y D T M A N T S A E F N G O A O E
 A D Y D S I V G R T V S G I N C B P
 S N R N G Y W E H O E E N V W S E T
 H I E L P P A E S P H A S I V O R E
 B W T Y L L I H C T E S P N R F L M
 F T S E V R A H Y E L O I G C R E B
 A A U H A L L O W E E N E F I O S E
 A F L S E V A E L W O L L E Y S L R
 L O B L W E C H E S T N U T S T R D

puzzles.ca Answer key located on A5

XKCD

By Randall Munroe



xkcd.com

Sudoku

Each row, column and 3x3 square must have numbers 1 - 9 in any order, but each digit can only appear once. There is only one correct answer.

Difficulty level: Easy

		4						
9							4	7
					9		3	5
		8						
7		1	8				5	
2	9							
		5	7				8	4
			5	8			7	
		6		3	2			9

puzzles.ca Answer key located on A5

MEME

By Petty Memes

I hate job interviews. It's like:



facebook.com

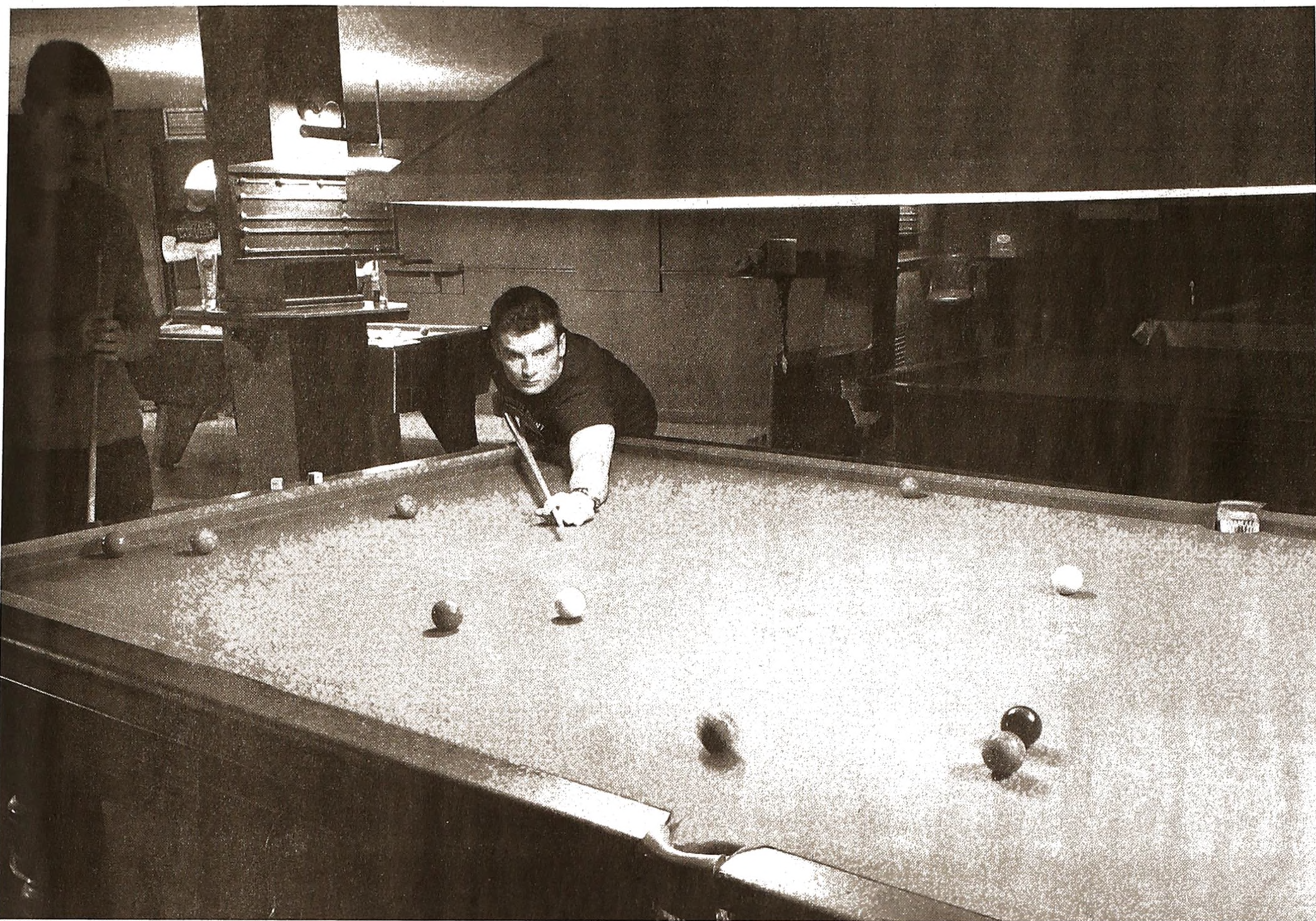
Word Scramble: Autumn

- | | |
|--------------|--------------|
| 1. locsro | 6. fnoierb |
| 2. ucediosud | 7. nowuselfr |
| 3. eicdr | 8. ebmrestep |
| 4. sirkb | 9. saper |
| 5. dhrrroca | 10. raestwe |

Flip this page for puzzle answers



Black Bear Abroad: Pool, Pints and Pedigree



Griffin Stockford plays unlimited pool in a pool hall as part of a pool club in Aberdeen, Scotland

Griffin Stockford, Contributor.

Griffin Stockford Contributor

In most pubs in Aberdeen, Scotland, there is a dartboard, a pool table or both. Though I haven't played much darts, I did grow up playing pool at the daycare my friends and I went to until the end of fifth grade. Our daycare provider had a slightly smaller-than-regulation table in her basement, so we would go down there and make bets on pool games involving the loser eating a pre-established number of pieces of the daycare provider's dog food (intended, of course, for her two Rhodesian Ridgebacks).

Gross, I know, but it was the only accessible and acceptable form of punishment we could scrounge up and, in retrospect, it surely put hair on our chests. Thus we quickly discovered a love for Pedigree (an acquired taste we told ourselves, though I don't think any of us ever acquired it), gambling and, most importantly, pool (between episodes of *Saved By the Bell*, of course). After rekindling the fire with a decent amount of time chalking up the cue in bars and saloons in Wyoming this past summer, I was pleased to discover that the University of Aberdeen had a pool society.

It seems almost too good to be true: \$10 at the start of the semester and from then on, unlimited pool on Wednesdays and Sundays. The meetings take place at one of two pool halls. The larger one, called Riley's, is in the center of the city and probably has upwards of 30 pool tables, as well as multiple snooker tables. A game invented by British Army officers stationed in India in the 19th century, snooker is similar to pool but it is played on a much larger table, involves many more balls, and involves a significant amount of strategy. I haven't been able to play snooker all that often,

as it also takes a bit longer than pool, but I look forward to discovering its nuances during meetings to come.

Pool might be the perfect game for a male in his early 20s whose dreams of playing in the NBA fell through but who enjoys competition, a few pints and some good conversation. And by conversation I mean about 75 percent trash talk. It seems every week there's a president's game to determine who truly is the president between the two lads who founded the group, and it's always entertaining and funny. It really is a great time as there are a lot of people from a lot of different countries

in the society and it's really more about hanging out and having a good time than it is about the pool itself. The leaders of the society have done a great job and it's definitely something I look forward to every week. The game of pool certainly lends itself to the Scottish tendency toward conversation. A game can go as fast or as slow as the two people at the table want it to go. And yes, Mom, there are women there too. Yes, they usually beat me. No, they haven't shoved dog food down my throat; that was daycare only.

On a different note, I feel as though I've encountered

noticeably fewer shy people here, which I don't think is coincidental but rather the product of a culture of people who have both a knack for conversation and a love for it. Even the reserved folks in Scotland have something to say. Small talk is abundant and not seen as a chore. It seems people are more open to sharing their opinions with people they might not know very well, whether it be politics, pop culture or, God forbid, football.

On a rare sunny day, a walk through Seaton Park beckons, and so does a wee dram of Famous Grouse. Until next time, Black Bears.

Women of color strive to decolonize academic spaces

Bria Lamonica Contributor

Desperate for change and for their voices to be heard, six powerful women opened up their laptops and prepared for a panel discussion.

Last Thursday, Sept. 28, educated women from all over the world hosted a panel discussion shedding light on important issues that women of color face in academia today. The goal of the discussion was to speak out against racism and discrimination in the academic workplace, and other pressing issues that

women face in today's society. The speakers wanted to bring awareness to the lack of safe spaces that women of color have access to. They also aimed to shed light on the fact that millions of women all over the world, especially women of color, are facing intellectual and emotional discrimination.

Moderated by Melinda Gonzalez, the event was broadcasted live from Baton Rouge, La. In the Coe Room of the Memorial Union, the chat was organized by the UMaine Women in Academia. This group, along with the Women's, Gender,

and Sexuality Studies group hosted the live stream to allow faculty and participants to ask questions, replay the discussions, take polls and watch the panel.

Hundreds of people tuned in to the panel discussion from all over the country, and each of the six participants in the panel brought up different topics, and shared experiences from their personal lives.

The first speaker in the panel discussion, Indu Viswanathan, told viewers about the racism she faced throughout her life. She connected the discrimination she faced as a child to

her life today as an educator in a predominately white school system.

"I was so humbled to be able to be here and speak today," Viswanathan said. "I chose a few events that I think really illuminate and reveal my journey as a woman and as an educator. As women in academia, we face many instances and acts of racism, as well as microaggression because of our ethnicities. Schools and universities usually consist of predominately white male teachers and professors, and this goes for most, if not all, grade levels and class settings.

Find your own way to take care of yourself and transform, be an ally to those in need, build your stamina and keep fighting and standing up for yourself."

As the panel discussion continued, moderator Melinda Gonzalez gave the audience statistics that would help fuel the basis for the follow-up discussion.

"Less than 10 percent of full time faculty in this country are women of color, and 83 percent of professors are white," Gonzalez said. "It is important for people to know these facts and take notice, for people to step up and be allies for wom-

en of color, and to speak up when someone is being treated wrongly."

Other topics that were discussed by the panelists included undocumented students and how they can succeed. The subjects of disability, cultural bias, race, privilege, anti-race practices and self-care also came up. Each woman took a few minutes to tell a story or recall something that has happened to them that shaped who they are today. Viewers asked questions throughout the discussion, to which the speakers provided their own answers and insight.

Morris from A12

people.

"They will always try to do the right thing for the people who work there," Morris said. "Because kind people will not tolerate unkind people. Being a kind person, is the cost of entry at my firm."

Morris believes that success in her field of work can be attained by lack of pol-

itics, by integrity and ultimately, by joy

"It is possible, indeed probable, to find happiness, no matter the job. Because the choices you make will influence the satisfaction. You certainly choose your work ethic, your attitude, you choose to be curious or not."

The day following the lecture, the Honors College hosted a breakfast with Sara Morris on the fourth floor of Colvin Hall. The breakfast

was well attended, with 15 people around the table, eager to get straight into questions. The topics that came up from the engaged discussion were the state of the current politics, feminism and gender roles in her field of work.

"When women get in the positions of power, they usually get put there by men," Morris said, as she gave an example taken from her life. "I've been

advanced by the men I've worked for. The vast majority of people I meet are men. Maybe that's because women are not drawn to that, or maybe it's not just that."

Morris shared an example from one of her client meetings. She is managing director of her company, and in the organization chart presented to clients, she stands parallel to Marc Keffer, the founder of Stone Coast.

"Despite the fact that it was clear how much I worked, how much I knew, the male clients generally maintained eye contact with Mark [Keffer]," Morris said.

Morris also asked the students questions she was curious about. She shared her hesitations toward having required college classes on microaggressions, which one of the students suggested as a means to challenge the the casual

degradation of minorities.

"Permitting it to be said, and having a dialogue about it, first of all, is a lot more of a real world," Morris said. "Choosing to confront it, is about picking your battles."

The Distinguished Honors Graduate Lecture series is a collaboration between Teachers Insurance and Annuity Association (TIAA) and the Honors College. This year's lecture was co-sponsored by the Maine Business School.

“Cholo in Peru, Latino in the United States,” a lecture by Marco Aviles



Marco Aviles presents a talk as part of the Hispanic Heritage Month lecture series

Ian Liggett, Staff.

Finn Bradenday Contributor

Peruvian author and journalist Marco Aviles visited the University of Maine on Thursday, Sept. 28 for a discussion of his new book, “No Soy tu Cholo” (I Am Not Your Cholo). The book is a collection of stories comparing racism in Peru to the discrimination that Latinos experience in the United States, especially central Maine, where Aviles now lives.

The lecture, titled “Cholo in Peru, Latino in the United States,” was organized by CHISPA, UMaine’s Hispan-

ic culture organization.

Aviles’ talk consisted of personal anecdotes and stories heard from acquaintances. He works as an interpreter in the Blue Hill area, offering his services to workers on the blueberry farms. He worked with one Haitian man in Blue Hill who noticed a phenomenon he called “the look.” He was shopping for chicken at a health food store and felt so uncomfortable with the way white people were looking at him that he had to leave.

Aviles said that he has recognized the same problem living in central Maine.

He described an experience of shopping in an upscale wine and cheese store and feeling the people stare at him as he browsed through.

After discussing prejudice in the United States, Aviles brought the audience to Peru. He taught them the hierarchical structure of Peruvian society by drawing a pyramid that showed three races. On the very top he wrote a series of surnames originating in northern Europe, on the middle level he wrote names of Spanish origin, such as “Hernandez,” “Castro” and his own. On the bottom of the pyramid he listed traditional Quec-

hua names like “Quispe.” Under the pyramid Aviles drew flames to represent Hell.

He explained that in Peru, people of solely Quechua descent are seen as lesser humans than those with European or Amerindian background. Europeans are seen as the wealthiest and most successful class. Amerindians are called “Cholos,” which according to Aviles comes from either a Quechua or Spanish word meaning “dog” or “servant.”

Once the background of racism in Peru had been explained, Aviles shared

that even as a successful writer and a journalist, he is discriminated against by people in his home country. He recently visited Peru to promote his book. While he was there, he went to a disco with some old friends where he was turned away by the doorman, because of what he assumed was his mixed racial background.

In the same trip he gave a talk at a local TV station. The guard at the station didn’t believe that he was really a writer and had to be coerced into letting Aviles into the building.

Aviles has two other published books. “De

Donde Venimos los Cholos” (“Where We Cholos Come From”) is about discrimination against non-whites in Peru during a resurfacing of racism. “Dia de Visita” (“Visiting Day”) is about the society created in a women’s prison in Lima, Peru.

CHISPA will be holding lectures and other events for the duration of Hispanic Heritage Month that lasts from Sept. 15 to Oct. 15. Upcoming talks include “Puntos Suspensivos: A Personal Geography” by Zachary Ludington and “Sistering with Carasque: a Journey in Solidarity” by Katie Greenman.

Understanding the past while discussing the future of Wabanaki people

Olivia Shipsey Contributor

On Thursday, Sept. 28, Barbara Kates, a community organizer of Maine-Wabanaki REACH, delivered a presentation titled “Truth, Healing and Change in the Land of Dawn” in Lord Hall at the University of Maine.

More than 30 students, professors and community members gathered together to learn about the history of the Wabanaki people and the current organizations working to rectify their mistreatment. Barbara Kates, a child welfare worker with 20 years of experience, gave a detailed and interactive presentation. She discussed the historical and modern events that have contributed to Maine’s current governmental and cultural relationship to the Wabanaki people.

Kates began the presentation by asking the audience to turn to those sitting next to them and share their name, where they were from and the name of the indigenous people of

that region. The goal was not exclusively to evoke the realization that many people don’t know the answer to her last question, but to also remind people of one simple fact.

“Where we were loved and loved others, other people have been loved and loving others long before us,” Kates said.

The Wabanaki people are a confederacy of five native tribes: The Mi’kmaq, Maliseet, Passamaquoddy, Abenaki and Penobscot. Wabanaki roughly translates to “The People of the Dawnland” or “The People of First Light,” to represent the tribes which inhabit Maine and some provinces of Canada.

According to the United States Census Bureau, Native American and Alaskan Natives make up around 2 percent of the country’s population, with nearly 6.6 million people. This ratio between natives and non-natives stays roughly the same when looking at the state of Maine exclusively.

However, when evalu-

ated from county to county, the populations aren’t evenly distributed throughout the state. According to a study by the Carsey Institute, “Washington County has the largest population of Native Americans in Maine at 4.9 percent of the total population. In Penobscot and Aroostook Counties Native Americans make up over one percent of the population (1.2 and 1.7 percent, respectively). For all other counties in Maine, Native Americans make up less than one half of one percent of the population.”

The low population numbers of Native American people can be attributed to the fact that throughout U.S. history, Native people have been repeatedly subjected to every qualification of what the United Nations defines as genocide.

The colonization of Native Americans is frequently covered in school. However, it is less common to learn of the multiple instances of forced removal experienced by Native chil-

dren. Throughout history Native children have been separated from their families and homes into those of non-natives. This may seem like an archaic form of colonization, but it has appeared in acts of government as recently as The Indian Child Welfare Act (ICWA) of 1978.

According to the National Indian Child Welfare Association, after the enactment of the ICWA nearly 35 percent of all Native children were removed from their families, and 85 percent of these children were placed outside of their homes and communities.

While the ICWA wasn’t the first time that Native families were targeted and separated, it inspired the formation of the Maine-Wabanaki Child Care Truth and Reconciliation Commission (TRC) in 2013. The TRC’s goal is to bring justice and healing to those who were affected by the Indian Child Welfare Act of 1978. By bringing people together to document and discover the stories of Natives affected, we might learn from his-

tory and help improve the Maine welfare system.

During her talk, Kates explained the importance of decolonization in our society.

“Colonization creates systems to maintain its power structures,” Kates said. “If we think of these systems broadly, we are actors in these systems... one thing non-natives do to protect themselves is say, ‘that’s horrible. I can’t believe that happened.’ It was horrible. It is horrible. It’s continuing now.”

In closing, Kates left the audience with an inspiring look toward the future and shared ways that each person could bring a positive effect to the movement. Organizations like the Maine-Wabanaki REACH program and the Truth and Reconciliation Commission are currently working together to bring more representation of the Wabanaki people and their history into schools, communities and local government.

The Maine-Wabanaki REACH program believes every person can play a

role in decolonization by acting with regard for others’ pasts, presents and futures; by re-discovering cultural roots, and acting in ways that recognize the inherent value of others and our interconnected nature.

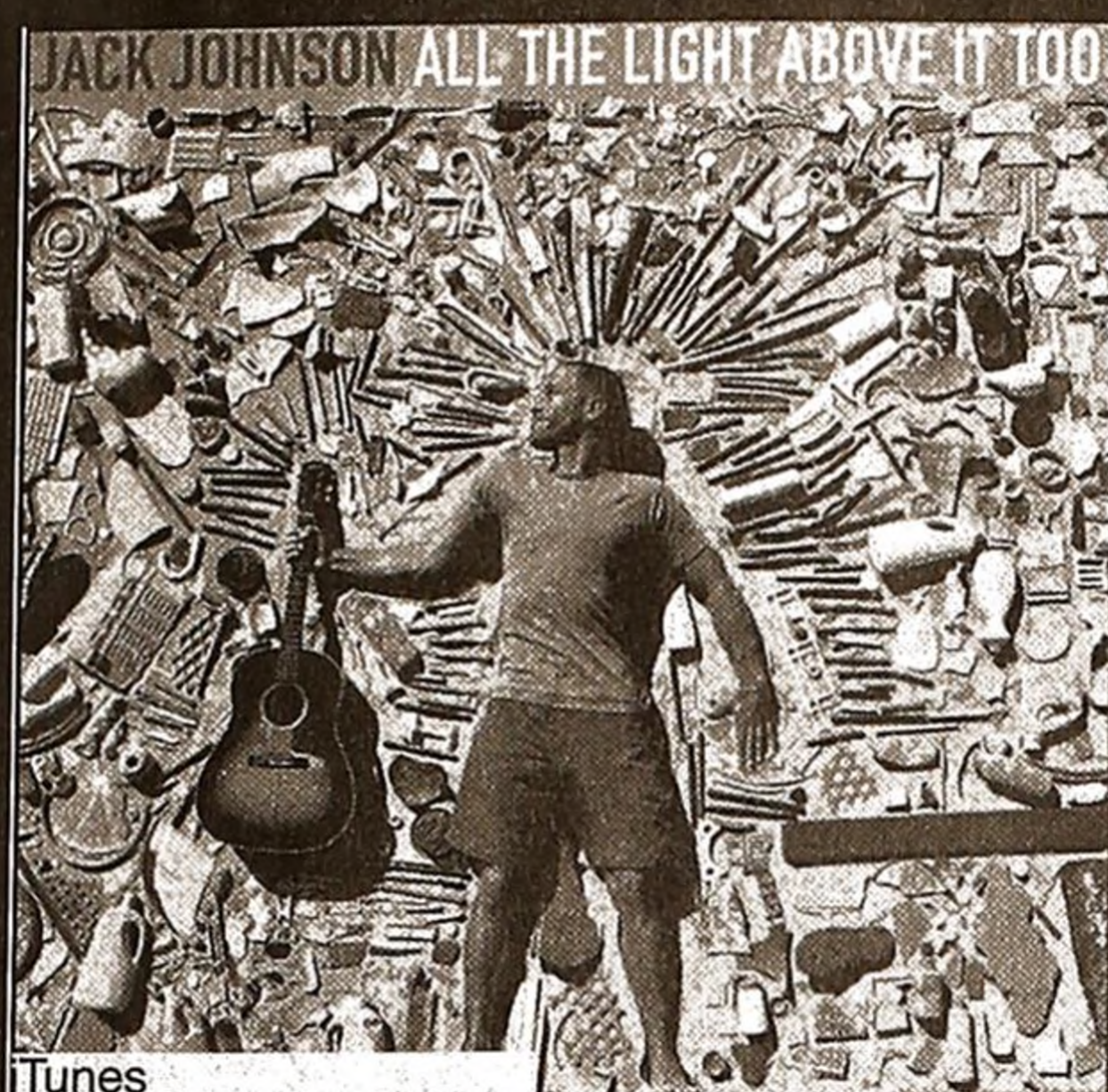
“If we are willing to face the truth, to be honest about our history, we can begin to work towards change,” Kates said.

On Saturday, Oct. 28, the Maine-Wabanaki REACH program will be returning to host a day-long workshop in the Woolley Room of the DTAV Community Center. Pre-registration for the event is required, and can be done at mainewabanakireach.org/events. This workshop has already reached over 700 Mainers across the state. In addition to reflecting on history and exploring the potential of the future, this workshop will directly discuss ways that UMaine can take new aim toward a more collaborative future with the Wabanaki people.

Reviews

🎵 MUSIC

Jack Johnson returns frustrated but optimistic



iTunes

Finn Bradenday
Contributor

RATING



"All The Light Above It Too," Jack Johnson's seventh album, is pretty standard fare from the surf-rock crooner. Except for three songs, "You Can't Control It," "My Mind Is For Sale" and "Gather," I would have been unable to differentiate this album from any of his past six.

That's not to say it isn't a worthwhile listen. Jack Johnson maintains his ability to share his relaxed mood with his audience. The issue is that every song has that mellow attitude that he's known for, resulting in a lack of excitement.

"You Can't Control It" is a heavily rhythmic, multi-instrumental tune. The lyrics reassure the listener of the insignificance of human life. The chorus goes, "Understand one thing/if and when you drink from this vast ocean/you can't control it." While it's a somewhat desolate message, in context with the rest of the song, it's comforting. The bad things in life don't have a great bearing on life.

"My Mind Is For Sale" is a bubbly but frustrated rant against Donald Trump and American Republicans. For the chorus, Johnson sings, "I don't care for your paranoid/us against them walls/I don't care for your careless/Me first gimme gimme appetite at all."

The juxtaposition of the upbeat melody with Johnson's angry message to the president has a similar effect

"Jack Johnson maintains his ability to share his relaxed mood with his audience. The issue is that every song has that mellow attitude."

Finn Bradenday
Contributor

as "You Can't Control It." I could hear and appreciate Johnson's concerns but felt reassured that things are alright, overall. It's not a song of outrage, but of knowing that we, as a country, are better than our president.

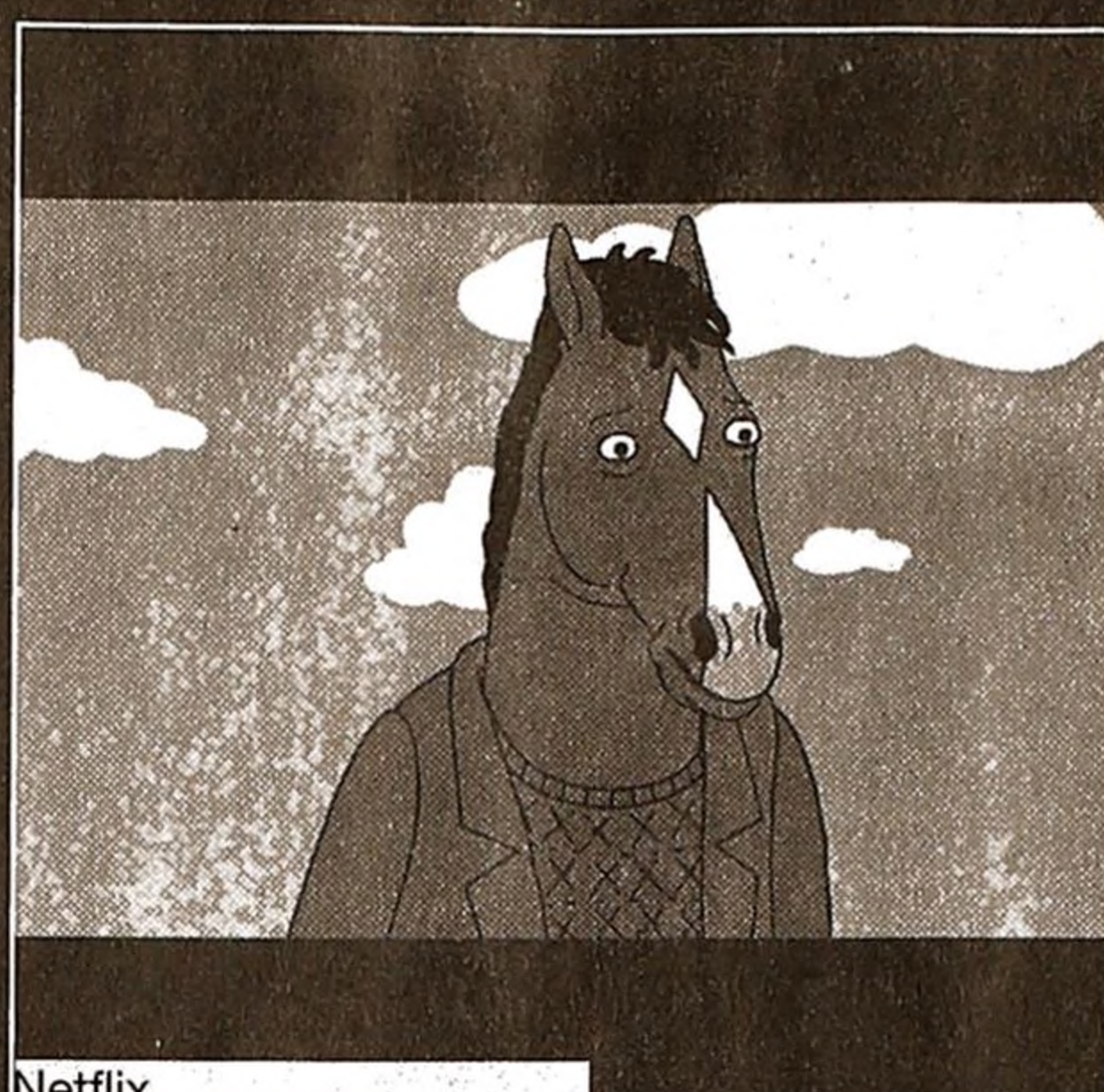
Johnson warns us about becoming too invested in our own culture of commercialism in "Gather." In one of the verses, he sings, "And who's gonna tend the garden/If the rain forgets to fall/And who's gonna spend as much as they can on baby Jesus at the mall?" This is his call to stop wasting our time being consumers and appreciate a simpler way of living.

The rest of the album doesn't stick out as anything new. There is another love song to his wife, "Love Song #16." It's a sweet one but there is nothing original about the lyrics or melody. "Big Sur" is just an appreciation of nature. I admit it's necessary for a lot of people, but coming from Johnson it felt like a repeat of his past songs.

There aren't any songs I didn't like, and several that I was very impressed with, but at its core, "All The Light Above It Too" isn't different enough to be noteworthy.

📺 SERIES

Season 4 of BoJack Horseman does not disappoint



Netflix

Olivia Shipsey
Contributor

RATING



Despite being an avid fan since the show's release in 2014, the new season of BoJack Horseman did what I thought to be impossible — stayed interesting.

After three seasons of gut-churning content, I didn't know what to expect from the fourth season. It seemed as though they had used up all of my sympathy. I thought, sooner or later, I would stop caring about the cast of characters. After watching them go through so much, I guessed another season would feel as though they were, for lack of better words, beating a dead horse. I was wrong.

For those of you who have yet to meet BoJack, here is a brief synopsis. The animated adult comedy-drama follows a Hollywood has-been through the trials of life. Unlike other adult animated series, BoJack is unexpectedly raw and hard hitting. While staying comedic, BoJack Horseman tackles fundamental human dilemmas such as depression, trauma and self-destructive behavior.

Raphael Bob-Waksberg, the show's creator, uses animals as many of his main characters. While it is hard to forget, there are moments where the characters and what they are going through are so relatable you barely notice it is happening to a pink cat rather than a human being. In an interview with Kurt Andersen, host of Studio 360, Raphael Bob-Waksberg discusses how this choice affects his mes-

sage.

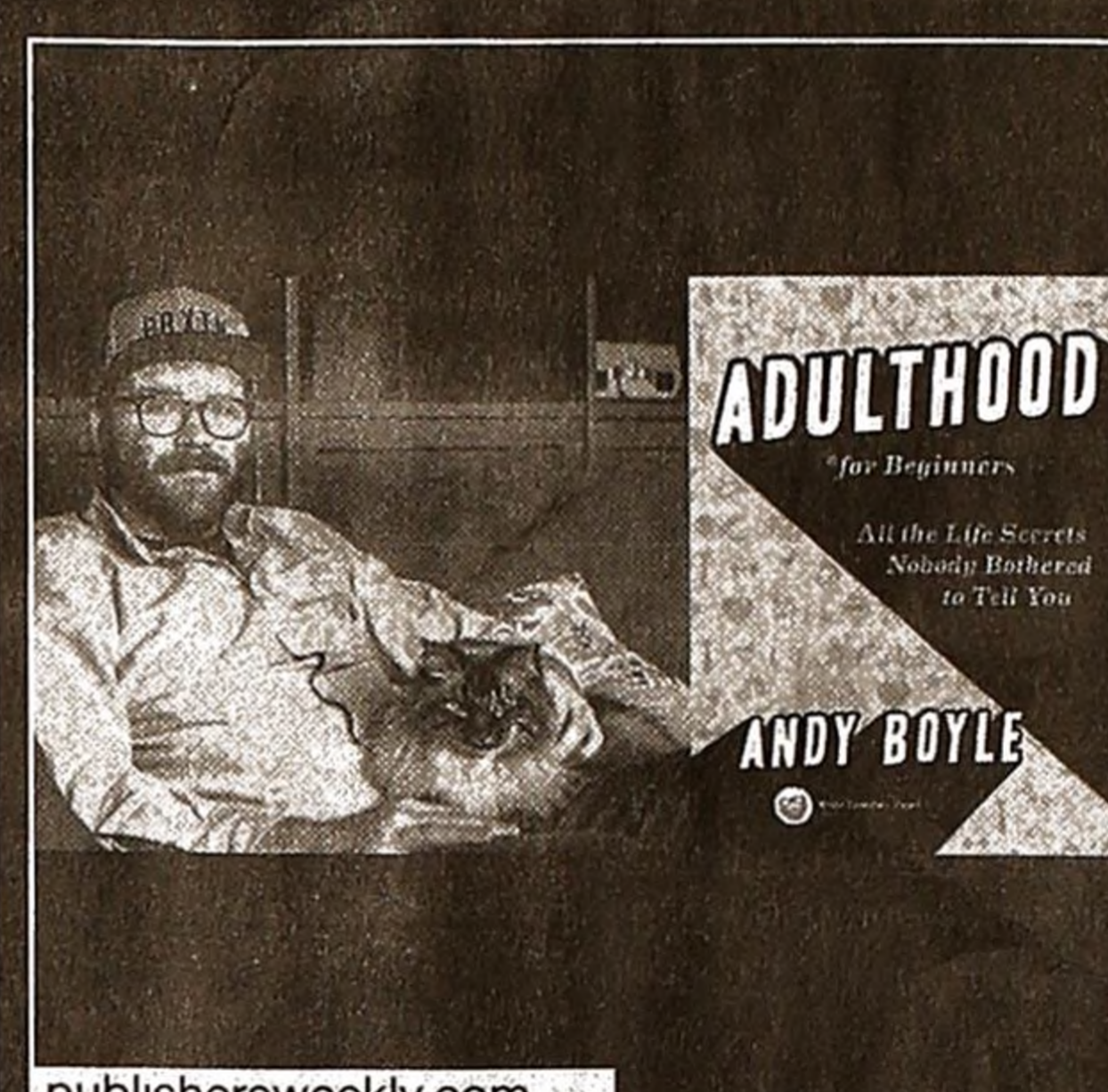
"In some ways it's easier to talk about very serious issues through the lens of these wacky cartoon animals. And I think the show business setting kind of gives us that too because this industry is so over-the-top and outlandish," Bob-Waksberg said. "It allows us to comment on this real stuff in a way that perhaps if you were more straight ahead it would feel almost, like, afterschool special-ish or maudlin or indulgent."

Despite staying impactful, the new season has its ups and downs. After the first few episodes, I wasn't sold that the season was going to be as powerful as the rest. The characters' storylines didn't correspond the way they had before, and many of the things I had loved about the show changed. However, the new structure allowed the audience to shift their perspectives to this season's messages and themes, which may have been obstructed if not tampered with in the past.

If you are looking for something to binge watch this weekend, I would highly suggest BoJack Horseman. Do keep in mind that it may be healthier to take in the beautiful fall weather or hang out with your friends. BoJack was made to devastate.

📖 BOOK

Valuable advice from the 'Adulthood for Beginners'



publishersweekly.com

Aliya Uteuova
Culture Editor

RATING



"Adulthood for Beginners: All the Life Secrets Nobody Bothered to Tell You" is quite a promising and lengthy title for a book.

This book by Andy Boyle, a writer, comedian and web developer, went on sale on May 2, 2017. Published by TarcherPerigee, an imprint of Penguin Random House, the book has since received 3.7 out of 5 stars on Goodreads.

The Chicago Tribune called this book: "A hilarious guide to help young workers not be idiots....a guide to being an adult in the modern age."

The topics he covers in his book are broken into six chapters, or six types of awesomeness: inner awesomeness, social awesomeness, dating awesomeness, work awesomeness, body awesomeness and next level awesomeness. How many times can one say awesome in one sentence? Seven times.

In this book, Boyle aims to tell his readers that they should treat people better. To Boyle, empathy, or not being a jerk to someone, is the most important trait one could practice and perfect.

Throughout this book, Boyle shares his personal commentary to support his answers to basic life questions. In the section on dating, he provided examples of great and not-so-great dates he's been on as well as the ways he dealt with breakups, which probably involved listening to Nickelback, going to the arcade and eating tacos, three things he made clear he is passionate about.

The section of most insight to me was on work awesomeness. From his own

experience, he lets the reader know what one should and should not do at work. College graduates have this notion of proving themselves to the employer, always trying to do more they are asked to do and finish it before the deadline. Well, if you keep that up, your employers and co-workers will catch on to your "speed of light" working capabilities and give you more stuff to work on, and you'll eventually burn yourself out. Be a smart worker, acknowledge others' input and let others notice your hard work — these are some of the things Boyle recommends doing in order to develop a good reputation at work.

Overall, I greatly enjoyed flipping through this book. And by flipping, I actually mean flipping, randomly, without any given order to it. This book is not meant to be read from the beginning till the end, one chapter after the other. It very well could be read like that, but the beauty of this book is that you can pick it up at any given time, at any given page, and find something of use in it.

As with all advice books, there is only so much one could actually incorporate into one's life at the right times. There were several

Read the rest at maincampus.com

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FEATURED STORY

Black Bear Abroad

Pool, Pints and Pedigree from Scotland

A9

NEW AND UPCOMING RELEASES

🕒 <i>Fatherland</i> , Kele Okereke	Oct. 6
🕒 <i>As You Were</i> , Liam Gallagher	Oct. 6
🕒 <i>Willowbank</i> , Yumi Zouma	Oct. 6
🎬 <i>Blade Runner 2049</i> (in theaters)	Oct. 6
🎬 <i>The Mountain Between Us</i> (in theaters)	Oct. 6
🎬 <i>Daisy Winters</i> (in theaters)	Oct. 6

Reviews

"Brett Young" 🕒

"The Space Between Us" 🎬

Miguel's 🎬

A11

Honors graduate Sara Morris speaks of her journey after UMaine



Sara Morris speaks at the Distinguished Honors Graduate Lecture on Tuesday, Sept. 28.

Evan Loignon, Staff.

Alliya Uteuova
Culture Editor

On Tuesday, Sept. 26, Sara Morris gave a Distinguished Honors Graduate Lecture titled

"Accounting for Happiness."

Born in England, Morris moved to Maine when she was 13. Her father, a marine biologist, was one of the founders of Bigelow Laboratory for Ocean Sciences in East Boothbay, Maine. In 1986, Morris earned her bachelor's degree in accounting from the University of Maine.

"It was a good school then, and it's an outstanding school now," Morris said.

Morris held several jobs to put herself through school, one of them being a typist for the Maine Campus newspaper. Upon graduating with highest honors and distinctions, Morris began her career as a Certified Public Accountant (CPA) in Boston with Deloitte & Touche. She has

held senior leadership positions with high-growth financial services companies ever since.

Provost Jeffrey Hecker and Dean of the Honors College Francois Amar introduced the speaker to an audience of nearly 150 people.

"One of the really great things about my job is meeting people who graduated from UMaine," Provost Hecker, also a UMaine alum, said. Past speakers include Pulitzer Prize-winning Los Angeles Times reporter Bettina Boxall '77, and Nobel Peace Prize recipient Dr. Bernard Lown '42.

"I love to ask them about their journeys, where they are, and how UMaine played into that. These journeys are interesting, you meet different people and you find something in common with them," Hecker said.

Morris is a managing director of Portland-based Stone Coast Fund Services. Stone Coast is an

award-winning hedge fund administration company servicing more than \$53 billion in assets and 80 hedge fund managers across the country as well as investors around the world.

Pharrell Williams' hit song "Happy" played as Morris prepared to start her talk. This uplifting song got the audience clapping immediately.

"That song is necessary for all kinds of reasons, because you are here on probably one of the hottest days of the year," Morris addressed the audience. "Being a speaker today is an honor that I don't even think I have the words for. When I walked around the campus at night, I still couldn't believe that 31 years have passed, but perhaps it's a reminder of how quickly time goes by."

Morris remained cheerful, humorous and confident as she gave the overview of the industry which she worked in for over 23 years.

"Here I am, fervently

hoping to empower something, anything of value, and I figured it's best to talk about areas I have expertise in. There are two things where people have good area of expertise in, that is talking about themselves and talking about their work."

After graduating from high school, Morris worked at Cole Haan. She started in processing, after a while she moved on to customer service, then she volunteered to cover for someone at the reception desk, and after a few months, Morris built up the courage to ask the chief financial manager, her boss's boss, to meet with her. Morris was in the midst of deciding her career path, contemplating being a doctor or an actress.

"He recommended accounting as a major," Morris said. "I didn't have the money to be a doctor, nor the talent to be an actress. The world has a way to tell what you want, but only you can determine who you are, so I made the practical

choice of being an accountant because I needed to pay the bills."

Her freshman year, Morris found the Honors building while walking around campus. When she entered the building, it felt like a sanctuary for her.

Small classrooms, cozy chairs, the classes, books and other students gave me the outlet on the world around me," Morris said. "Do not underestimate the importance of power of being able to read, speak and write about a subject that's new to you. Thirty-one years into my career, I use that skill every single week."

Prior to giving her talk, Morris sat in on the Honors class that was discussing the importance of science, philosophy and technology.

"I was humbled by the intellectual curiosity of this room," Morris said. "You are the books you read, the films you watch, the music you listen, the people you surround yourself with."

Throughout her talk that

go!

What's happening in and around Orono this week

Monday, Oct. 2 - Friday, Oct. 6

Animating a Planetarium Dome with Maya
10 a.m. - 11:30 p.m.
IMRC
Free

Monday, Oct. 2 - Friday, Oct. 6

Commuter week
11:30 a.m. - 1 p.m.
Commuter Lounge
Free

Tuesday, Oct. 3

Fourth Annual March Against Domestic Violence
12 p.m. - 1 p.m.
University Mall
Free

Tuesday, Oct. 3

Tuesday at the IMRC - Visiting Artist Series
7 p.m. - 9 p.m.
IMRC
Free

Thursday, Oct. 5

Talk by Zachary Ludington for Hispanic Heritage Month
6:30 p.m.
126 Barrows Hall
Free

was accompanied by musical pauses, Morris emphasized the value of kindness, and the importance of working with and for kind

See Morris on A9

10 Things to Do to Prepare for Exams

Sarah O'Malley
Staff Writer

As September draws to a close, many University of Maine students have faced the unpleasant realization that exams are creeping up on us, fast. While nobody likes taking tests, they are essential to most college courses and therefore must be endured. But alas, here are 10 thoughtful tips on how to ace your first exams and start off this year right.

Go to class. While this may seem simple and obvious, it's the most basic foundation to succeeding in a course. Most students contemplate dropping out when their alarm blares at 8 a.m., but push through it and make it to every class

you can. Just attending and listening to the lecture will prepare you for homework, exams and eventually finals. Plus, it directly pertains to the next tip...

Take notes during lectures. While it's much more tempting to doze off or browse Instagram or Facebook, taking the time to jot down the major points of each lecture will make all the difference when it comes to doing well on exams. Those notes will be life-saving materials to review for quizzes and tests.

Read the assigned material. Again, this seems obvious, but you'd be surprised how many students skip buying the book, let alone reading assigned chapters. Even if you wait

until the night before, comprehending the reading will contribute to your overall comprehension of the material, positively influencing your grade.

Make flashcards. For exams that require memorization of definitions, equations or dates, flashcards are fundamental. You can buy them cheap and in bulk on Amazon or in the UMaine bookstore, and reuse them for cumulative finals.

Personalize study guides. If you are lucky and your professor provides study guides, definitely go through them and tailor them to your understanding of the material. If you are one of the unlucky souls that's left to fend for

yourself for exams, go the extra mile and construct your own study guides. Bree Belair, a third-year student, recommends: "Take the slides, notes or whatever you material you've covered, and make a study sheet. Take each point and turn it into a question, then study until you can answer every question."

Utilize practice exams. If there are any practice exams offered, or past exams that you can review, that will be helpful in envisioning what the next exam will look like.

Inquire about the format of the exam. It makes a difference to know if you are preparing for multiple choice, short answer or essay questions. Make

sure you hear from your professor how the exam will be styled, so you can tailor your studying to each exam.

Study with friends. Studying in groups can be very helpful in order to enjoy studying more while combining your shared knowledge with your peers. Be careful to not get too off topic, it can be really easy for a study session with friends to be purely social, so stay focused if you want to have a fulfilling session.

Ask for help if you need it. If you are really dreading an exam or can't seem to come to terms with the material, reach out and utilize the resources at your disposal. Your professor is there to help, and there

are tutors available with the UMaine Tutor Program at Fogler Library. Drop-in appointments for 100 and 200-level courses are offered free of charge.

Get a good night's sleep beforehand. Any senior can tell you, pulling all-nighters to study before exams is counterproductive. Feeling well-rested and focused for the exam will help you achieve your full potential and get the grade you want.

Taking exams is stressful and can be overwhelming, but as long as you put effort and forethought into preparing right, you'll get accustomed to being tested and achieving the best possible outcomes for your courses.

Sports

Monday, October 2, 2017

UMAINE RESULTS

9/28	Soccer @ Hartford	Loss	1-2
9/30	Women's Hockey vs. Quinnipiac	Win	4-2
10/1	Soccer vs. UMBC	Win	1-0
	Field Hockey @ UMass Lowell	Win	3-2
	Men's Hockey v. Acadia	Win	3-1

Conference scores, standings and upcoming schedule on B4

WOMEN'S HOCKEY

The Black Bears split weekend series against QU

The Black Bears split their first regular season series

B5

WOMEN'S SOCCER

Hartford downs Maine in overtime

Soccer splits the weekend, falling to Hartford and beating UMBC

B2

Men's hockey beats Acadia University



Ian Liggett, Staff

Maine's Alexis Binner and Acadia's Ryan Foss go after the puck during the first period of the hockey game against Acadia University on October 1st at UMaine's Alford Arena

Emma Lindblad Contributor

The University of Maine men's hockey team returned to the Alford Arena to start off their season against the Axemen from Acadia University on Sunday, Oct. 1. The Axemen have already played four preseason games, including a game against fellow Hockey East opponent, University of Massachusetts-Lowell, losing 4-2. Maine and Acadia had played each other six times prior to Sunday's matchup, with the Black Bears getting the best of the Axemen with a 5-0-1 record.

Starting between the pipes for the Black Bears was third-year Weymouth, Mass. native, Rob McGovern. McGovern played in 29 games last season, starting in 28 of them, and had

a .912 save percentage. He also earned the first shut-out of his college campaign against the University of Connecticut. On top of that, McGovern recently attended the 2017 Boston Bruins NHL Development camp. In net for the Axemen was fourth-year Robert Steeves, a Moncton, New Brunswick native. Steeves did not see any action last season.

For the Black Bears, starting on defense was fourth-year Winthrop, Mass. native, Mark Hamilton and first-year Cross Lake, Manitoba native, Brady Keeper. Starting at forward was fourth-year Cedric Lacroix of Shefford, Quebec, third-year, from Bloomfield, N.J., Danny Perez and second-year Peter Housakos of Montreal, Quebec.

It was an offensively busy first period for the Black

Bears and a not-so-busy period for McGovern. Maine led Acadia in shots and face-off wins, 13-1 and 14-6. Second-year forward Chase Pearson led the team in shots after 20 minutes, with six. The Black Bears had two power plays in the period but they couldn't capitalize. Acadia also had two power plays throughout the period, but neither of them resulted in a goal.

Two minutes into the second period, Maine went on the power play again. This time, they capitalized. Not even a minute into the power play, first-year defenseman Alexis Binner made no mistake when he put a wrist shot right past the Acadia netminder, making it 1-0. The goal was assisted by first-years Brady Keeper and Adrian Holesinsky.

After 40 minutes of play,

Maine still led 1-0. The Black Bears also led shots on goal, 26-7. With 10:42 left to go in the period, Maine made a goalie change, putting first-year Jeremy Swayman, an Anchorage, Ala. native in for his college debut.

"It was fun, it was electric out there, I was really excited. I came in and then had to stop a breakaway so that was a fun way to start the game, it got my head right into it. I was really proud of the guys, we didn't let them get too many shots," Swayman said.

In the third period, Swayman came up big when he robbed an Axemen player with only a few minutes into the period. Maine came close when second-year forward Tim Doherty hit the crossbar.

The Black Bears fed off of that momentum when

minutes later, third-year defenseman, Rob Michel, put the puck past a sprawling Steeves, putting them up 2-0. The goal was assisted by third-year defenseman Sam Becker.

The Axemen finally got on the board when they converted on a power play. With just over six minutes to play, second-year forward Stephen Harper blasted the puck past Swayman, making the score 2-1. The goal was assisted by third-year forward Kyle Farrell.

After being under review, Doherty got his second goal of the game by tucking the puck just past the Axemen goaltender. That would be the last goal of the game, as Maine went on to win it. The Black Bears outshot Acadia 40-18.

"I think we played really well. I think the most import-

ant part was that we created tempo, I didn't really feel like they could keep up with our speed," Doherty said.

"We came out of the gate real well. Even though we didn't score, we put them on their heels a little bit. There were times in the game where we stopped being disciplined and some of our decisions with the puck weren't the best. We have lots of work to do to be ready for next weekend," Head Coach Red Gendron explained.

Maine returns to the ice Friday, Oct. 6 and Saturday, Oct. 7 when they host the University of Connecticut Huskies. Puck drop is scheduled for 7:30 p.m. on Friday and 4:00 p.m. on Saturday. Acadia returns to the ice Friday, Oct. 6 when they host St. Francis Xavier University. Puck drop is scheduled for 7:00 p.m.

Black Bears set sights on Wildcats

Taylor Mannix Contributor

The University of Maine Black Bears football team (1-2) will travel down to Philadelphia this weekend to play the Villanova Wildcats (2-2) in a Colonial Athletic Association conference bout. The Black Bears suffered a tough 28-10 loss to No. 1 James Madison back on Sept. 16 and are coming off an unorthodox bye week due to the cancellation of their game at the University of Central Florida in the aftermath of Hurricane Irma.

Last year, third-year quarterback Zach Bednarczyk threw for three touchdowns and a ca-

reer-high 326 yards, while fourth-year defensive back Rob Rolle was good for two of Villanova's four interceptions to help the Wildcats get the win over Maine 26-7. This year Maine looks to turn the tables.

The Black Bears will lean on their offensive line against a Wildcat defense that is ranked No. 1 against the rush in the CAA, meaning second-year running back Josh Mack, who is leading all rushers in the CAA with 502 yards on 64 attempts averaging 7.8 yards per carry and four touchdowns, will have his hands full. His friends on the line, especially fourth-year Jamil Dem-

by, who was a Preseason CAA All-Conference team selection, has been a standout in the trenches for the Black Bears and understands the challenge Maine faces on Saturday.

"Bye week, people think rest, but we have just been going hard in the weight room, just getting our bodies right and taking advantage of the bye week," Demby said.

Demby was quick to add that the extra week off gave the Black Bears plenty of time to watch the Villanova game film, which should help them counter the vaunted Wildcat run

See Football on B5

What happens if the Patriots lose?

Avery Norman Contributor

Let me preface this by saying I'm not from New England, nor am I a huge Patriots fan. So I understand my opinion is, well, rather unpopular.

I moved to Maine to attend the University of Maine only six short weeks ago; however, I already know a thing or two. For instance, New Englanders pronounce words strangely (i.e. Worcester, Mass.), have a fetish for "whoopie pies" and everyone, I mean EVERYONE, loves the Patriots. For New Englanders, this love comes naturally. So, we must ask ourselves, what happens if the Patriots

lose?

Week one, season opener, whatever you prefer to call it, I was given a glimpse into the future: a future where our "beloved" Pats were already down 0-1. As the final whistle blew, something rather peculiar happened. All around me, the hopeful glimmer of sportsmanship faded from their eyes, and was replaced with a dull anger. Noticing the change, I quickly removed myself from the room, all the while hearing screams of anger and frustration. Looking out the window, fire burned across campus as fans shifted from complacent anger to active rioting. Police swarmed the area, but despite their best

efforts, not even the police could remain impartial and joined in the rioting.

Ok, so maybe I stretched the truth a bit, but in all honesty I wouldn't put rioting past New England fans. They can't help it, sometimes the excitement gets the best of them. I once heard a famous saying by Benjamin Franklin that goes something along the lines of "in this world nothing can be said to be certain, except death and taxes," but for New Englanders it's actually "in this world nothing can be said to be certain, except death and Patriots football." Something else that

See Patriots on B6

Hartford downs Maine in overtime



Maine goalie Annalena Kriebisch with the ball during the first half of the women's soccer game against the University of Maryland Baltimore County on October 1st at UMaine's Mahaney Diamond.

Ian Liggett, Staff

Sam Wheeler Contributor

The University of Maine women's soccer team (4-6-1; 2-1 AE) fought hard in West Hartford, Conn. Thursday night, but fell to the University of Hartford (6-6-1; 2-1 AE) 2-1 due to a quick overtime goal.

A minute into the first 10-minute overtime period, first-year Gabriela Gamory wove her way through traffic and netted the game-winner for the Hawks, quashing any hopes of a Maine comeback. The goal was the first of Gamory's young career, and it propelled the team to their fourth straight win. The streak is the longest since the squad won four straight this same time a year ago.

Hartford, who entered the season as favorite to win the America East, played like it in the early going. Less than five minutes in, second-year forward Kaila Lozada scored off a ricochet shot. The goal gave Lozada five on the year, which tied her for the team lead. The second-year has been heating up as of late, now having scored in three of her past four games.

Despite the early deficit and Hartford's strong suffocating defense, Maine played unphased and countered the aggressive play with some of their own. Second-year midfielder Nicole Bailey displayed excellent hustle while track-

ing down a pass from fellow second-year midfielder Emilie Andersen. Despite the pass going beyond Bailey's reach, her quickness allowed her to sprint through the Hawks' defense and drive home the game-tying goal. The goal was her second of the year, and it gave her a team a high of six points on the season. The assist gave Andersen her second point of the season and she has now had one in two consecutive games.

From there, the game would remain scoreless throughout regulation thanks to strong play from both teams' defenses and goalies. Second-year goalie Annalena Kriebisch made four saves on the night, including a difficult one before the end of the first half, which preserved the tie.

First-year goalie Maia Perez matched Kriebisch's effort, tallying four saves of her own. With only one goal allowed, the game marked ninth in which Perez has allowed one goal or less.

Overall the Hawks led in the major offensive categories. They outshot UMaine 18 to six overall and six to five on shots on goal. The Hawks also led in corners three to one.

Maine had seven players play the full 90 minutes of the game, including fourth-year defender Amy Falkin, who has done so in every game this year.

The overtime game marked the fourth one of the year for the Black Bears.

Hartford will host Stony Brook at 2 p.m. on Sunday, Oct. 1.

Maine returns home for a noon matchup against University of Maryland Baltimore County (UMBC). Afterward, they will hit the road for a trip which includes games against New Hampshire, Vermont and Albany in the span of 10 days.

Women's soccer blanks UMBC 1-0

The UMaine Women's soccer fought off aggressive play from the University of Baltimore Maryland County (UMBC) (2-6-3) Sunday afternoon, to preserve the shutout. The team improved to 2-1 in America East play, while the Retrievers dropped to 0-2.

"Full credit for bending and not breaking," Head Coach Scott Atherley said of his defense's performance. Although not allowing a goal, the team faced a lot of pressure in the second half, including four consecutive corner kicks from UMBC. UMBC held the total edge in corners 12 to six.

"They were very aggressive, definitely two distinctly different halves," Atherley added.

Despite all the opportunities for the Retrievers, Maine managed to deny them any decent shots toward the net,

truly exemplifying the idea of the bend, but don't break defense.

The best chance for UMBC came in the 83rd minute, when second-year Nikki Saad hit the post on a shot to the left corner. Saad was looking to score her first of the season.

The Black Bears played strong in the early going, forcing UMBC to stay in their end for much of the first 20 minutes. The team had a number of excellent set ups in the time frame and eventually converted on a corner. The goal happened when fourth-year Kendra Ridley headed in a pass from Andersen off a corner kick in the 15th minute.

"They decided to zone the box, they played six zonal players, and weren't marking me, or anyone else, which was nice because it gave us more room. Then Emilie put in a beautiful ball and I just happened to get it in the back of the net," Ridley said.

The goal was Ridley's second of the season, but the Ontario native has proved to be a force for the Black Bears in every game so far. She again played the full 90 minutes and was involved in several defensive stops, along with many great passes on the offensive side. Despite the goal being just the third of her career, all of them have proved to be game winners

against America East opponents.

The Black Bears held the edge 13-12 in total shots as well as 5-4 on shots on goal. The opportunities were there throughout the afternoon, but the team could never quite finish their well-executed set ups.

"We definitely had a lot of chances, especially in the first half of this game," Ridley said.

Much of the first-half chances were given to the Black Bears by undisciplined play on the Retrievers side, and moving forward, Ridley realizes that the team will need to do a better job finishing.

"We got to focus on getting the ball into the back of the net and following our runs in and tracking them," she emphasized.

The Black Bears had a chance to go up 2-0 minutes before the half when first-year defender Olivia Bamford drove a shot in from nearly over 20 yards out. A leaping save off the fingertips of first-year goalie Jade Wilkins denied Bamford her second goal of the season.

Both goalies played exceptionally well. Wilkins finished with four saves on the afternoon, in what was her first start of her college career.

Kriebisch had five of her own for Maine. The shut-out was the German native's

seventh of her career, and her fourth of the season. Kriebisch played on her toes for much of the second half, staying alert and trying to fend off the barrage of corner kicks from UMBC.


The Retrievers were unable to take advantage of their aggressive offensive play though; the team consistently held onto the ball too long, often resulting in turnovers.

Second-year midfielder Jessica Hopkins had the best looks for UMBC, finishing with three shots total, with two being on goal.

Third-year Jenna Denis also generated multiple shots for the Retrievers, with her best attempt sailing over the post in the 62nd minute. The shot would be one of the last chances UMBC had to tie the game on the afternoon.




The win was Atherley's 147th of his UMaine tenure, and overall the team now leads the series 12-3-1 against UMBC.


The Black Bears won't return home until Oct. 19, when they take on Binghamton. Their next three games will feature America East opponents in University of New Hampshire on Oct. 5, Vermont on Oct. 8 and Albany on Oct. 15. UMBC will play again on Thursday, Oct. 5 as well as Binghamton.



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Ricker, Davis seal deal in America East opener

Adam Darling
Sports Editor

The best way to describe the University of Maine (7-3, 1-0 AE) field hockey match against the University of Massachusetts-Lowell (6-6, 1-1 AE) is a sort of Jekyll and Hyde kind of game. But in the end, the Black Bears came out on top, downing the Riverhawks 3-2 in overtime to open up America East play.

First-year back Hana Davis lifted the Black Bears to victory on her third goal

of the season, stealing the ball from a UMass-Lowell defender and launching a breakaway shot to the far post to seal the deal.

UMass-Lowell came out on fire in the first half. Second-year forward Anouk Lalande redirected a corner pass from first-year back Clara Defourt past Maine redshirt fourth-year goalkeeper Emma Cochrane to give the Riverhawks a 1-0 lead at the 15:46 mark.

Lalande would strike again just 15 minutes later. During a 2-on-1 break-

away, fourth-year forward Christa Doiron found Lalande to the right side, and she sent a screaming one-timer past Cochrane to give the Riverhawks a 2-0 lead 31:00 into the game.

Lalande's goals in the half were her ninth and 10th of the season.

The Black Bears would rise to the occasion in the second half, thanks in large part to second-year forward Brianna Ricker. At the 37:48 mark in the match, third-year back Samantha Wagg launched

a shot that was deflected. Ricker was in the right place at the right time, tipping one at the corner past UMass-Lowell's second-year goaltender Eva Berkhout to cut the deficit down to 2-1.

Ricker would strike again at the 56:40 mark, finding the back of the cage on a backhand sweep through a host of Riverhawk defenders to knot the score at 2-2. Ricker's goals were her sixth and seventh on the season.

Maine outshot UMass-Lowell 14-10 on the

afternoon, with a shots-on-goal-edge of 6-4. Berkhout finished with three saves on the afternoon to Cochrane's two, but both finished with a save percentage of .500 on the day. UMass Lowell held the advantage in terms of corners, at 7-5, but could not capitalize on the two extra advantages.

This game showed excellent discipline through 81 minutes, as neither team went offside, nor were any fouls called. The Black Bears did receive one yellow card, but over-

all it was a very detail-oriented performance.

Maine will be back in action, trying to continue their winning ways, on Friday, Oct. 6 against the University of Albany. Faceoff is at 3 p.m. UMass-Lowell will look to get back on track on Friday as they take on the University of New Hampshire at Cushing Field in Lowell, Mass. Faceoff is at 7 p.m.

Teams show off new looks on NBA Media Day

Taylor Mannix
Contributor

The 2017 NBA offseason was one of the craziest in recent memory. With big name free agents and blockbuster trades, the outcome of this summer was a new look for the NBA. It all started with the dominance of the Golden State Warriors, who ended the playoffs as champions with a record of 16-1. NBA owners everywhere decided they had seen enough. On Sept. 25, we saw the final product of what these owners had been working for all summer and it was magnificent.

Media Day featured 28 of the 30 NBA teams, but for fans it was more than enough. New "Big Threes"

and "dynamic duos" were introduced all around the league. The Boston Celtics were able to sign Gordon Hayward and make a blockbuster trade to get Kyrie Irving while sending Jae Crowder, Isaiah Thomas and two future draft picks to the Cleveland Cavaliers. The combo joined Al Horford for a photo op and they shined.

The Oklahoma City Thunder were showing off brand new additions: Carmelo Anthony, Paul George and the infamous "Hoodie" Melo gave us a memorable first press conference.

"Who me?" Carmelo Anthony asked after being questioned on how he'd feel about maybe coming off the bench for the Thunder this season.

Those who know Melo understand he's the caliber player who can bring Oklahoma City to being contenders in such a stacked Western Conference that features more than just the new look Thunder. The Houston Rockets, who lost in the Carmelo sweepstakes, still have the dynamic duo that is Chris Paul and James Harden.

It wasn't just about the old stars that appeared to take over media day, as Rookie Lonzo Ball arrived wearing his new ZO2 Prime Remix shoes. While in Philadelphia, the No. 1 overall pick Markelle Fultz expressed one concern about moving to his new city: "Do they have Chick-Fil-A there?" The 76ers made sure he had plenty

at his podium.

Staying in the Eastern Conference, it wasn't just the Celtics who have a new look, with Cleveland adding players from the Kyrie deal and through free agency. Derrick Rose came over from the New York Knicks, and Dwyane Wade was reunited with LeBron James after agreeing to a buyout with Chicago. However, much attention was on LeBron and the comments he made about President Donald Trump, calling the president a "bum" in response to the president referring to the NFL players as "SOBs" in a speech regarding NFL players protesting the flag. He went further, sticking by his "bum" comment by laughing at it and even ap-

plauding the NFL and its fans.

"I salute the NFL, players, owners & the fans... there was solidarity, there was no divide. Even from that guy who tries to divide us," LeBron said.

"My voice and what I do in my community is more powerful than getting on a knee...it's not about the disrespect of the flag and our military, it's about equality and the freedom to speak are things they feel are unjust." James said in his media day press conference

With all the excitement and buzz around the NBA after the summer that saw so many moves made, media day only fueled the fire of anticipation for the NBA season to start. Many

questions wait to be answered this season: Did the Thunder add enough to take the crown from Golden State? Will the Celtics break LeBron's Finals appearance streak? And, of course, what teams will be the league's dark horses and rise from the bottom to captivate us all?

These questions will be answered with the start of the season on Tuesday, Oct. 17. Opening night will feature the Boston Celtics at the Cleveland Cavaliers while the Golden State Warriors open up against conference foe Houston Rockets.

Sit back and enjoy the show.

Aaron Willingham covering ground for Men's Cross Country

Emma Lindblad
Contributor

The University of Maine men's cross country team has fought hard this season, losing its first competition to Army West Point at home, finishing fifth at the Minutemen Invitational at the University of Massachusetts Amherst, winning against the University of New Hampshire (UNH) in their America East contest and then finishing 15th at the Coast-to-Coast Battle in Beantown. The team is led by third-year runner Aaron Willingham, who has had a successful campaign thus far.

In his first season, the Farmington, Maine native and Mt. Blue High School graduate finished second against UNH with a time of 26:56.1, placed 18th at the America East Cross Country Championship at Stony Brook University with a time of 25:53.45, finished 120th at the Coast-to-Coast Battle

in Beantown with a time of 25:55.0 and placed 92nd at the Northeast Regional Cross Country Championships. However, time and experience can really help an athlete

Last season, Willingham placed 11th overall at the America East Conference Championships, helping Maine finish as the conference runner-up. He also finished third overall at the New Hampshire Dual Meet with a time of 23:35.6. In last year's meet against Army, Willingham finished 7th with a time of 26:01.06. He then finished 57th out of 221 runners at the NEICAAA Cross Country Championship. The third-year runner also helped Maine win the UMass Minutemen Cross Country Invitational by finishing in eighth place.

"Last season, we had a really good team. We had three seniors and a couple younger guys. We really focused on the conference meet and we

only lost by one point which is crazy. Personally, I had a good season last year, definitely liked where I finished," Willingham said.

Willingham started running when he was 14 and hasn't looked back since. He also says that there are certain people in his life who he runs for.

"I started running to get in shape for football in high school, I guess it worked out. My little sisters are my biggest fans, they want to run but they're not very athletic," Willingham said.

Willingham is also one of six runners from the state of Maine, making UMaine an easy choice.

"I have a lot of friends

here at UMaine so it wasn't a hard decision to decide to come here. They also have a good KPE [Kinesiology and Physical Education] program,

which is what I'm majoring in."

Off of the UMaine cross country course, Willingham prefers to run in Maine's only national park.

"If I could run anywhere in the world, it would definitely be the Carriage Roads at Acadia National Park."

The most recent race was the competition against Maine's rival, UNH. Willingham finished first in the five-mile course with a time of 25:54 for his first dual-meet victory of his collegiate ca-

reer. UMaine ended up downing UNH 23-34.

"It felt really good to win, not just personally, but as a team. The time wasn't as important, we were just going for place. It was really nice that it was my first win of my career here at UMaine," Willingham said.

Now, only a few weeks away from the New England Championships to be held in Boston on Saturday, Oct. 7 and then the America East Championships to be held on Saturday, Oct. 28. The team and Willingham are getting ready to compete and ultimately win.

"Now, in training, we are starting to focus more on our overall speed so that we can be faster when it really counts. We're not focusing as much on strength, but more on toning our bodies to be fast throughout the races."

With the more intense and important races coming up, nervousness and anxiousness are to be expected, es-

pecially at this level of competition.

"I always get nervous before races, it's pretty normal for me. I just try not to think about the race until the gun goes off because if I think about it too much, I'll make myself sick," Willingham explained.

In sports, there is always room for improvement and an athlete needs to understand that no one is perfect. As a cross country runner, you can always improve your time and overall, how well you run a race.

"One thing we need to improve on as a team is running together in a pack. By doing that, we can encourage each other as we run, which can help us stay strong mentally. So, in the next couple weeks, we will be working on that."

The upcoming New England Championships will take place at Franklin Park in Boston. The women are scheduled to run at 11:45 a.m. The men are scheduled

"I always get nervous before races, it's pretty normal for me. I just try not to think about the race until the gun goes off because if I think about it too much I'll make myself sick."

Aaron Willingham

MLB Recap and Award Predictions

Sam Wheeler
Contributor

Biggest Surprise Team: Minnesota Twins

Who else? Coming off a 103-loss season, most people wrote off the Twins before they even played a game this year. After clinching a postseason berth on Sept. 28, their first since 2010, the Twins will now vie for a chance to reach the Divisional Series. The Twins will most likely face the Yankees in the one-game playoff.

Biggest Bust: San Francisco Giants

Many had them competing for the National League West crown with the Los Angeles Dodgers. Now the

team sits in last place in the division and also posts the worst record in all of baseball. Things really seemed to derail after the team lost ace pitcher Madison Bumgarner to an injury he suffered in a dirt bike crash in April. Although he's returned and pitched well, the team will need to add more offense if they want to compete again next year. They have the third lowest team batting average in the National League at .248, and have hit the fewest home runs out of any team in the majors at 127.

Rookie of the Year: Aaron Judge

Despite dropping off statistically after the All Star break, Judge gets the nod.

His current line of 50 home runs, 111 runs batted in and a .284 batting average is beyond ridiculous for a rookie. He broke nearly every rookie record for the Yankees in what will be a season few will forget. His 204 strikeouts is an area that will need improvement, but something tells me he'll be around for a while.

AL MVP: Jose Altuve

What has turned into a two man race for MVP between Altuve and Judge is ultimately decided by consistency. From beginning to end Altuve hardly showed any signs of slowing down. For the fourth consecutive year he's eclipsed 200 hits. His home run total has also

risen (24) and he's posted his highest batting average yet, .347.

AL CY Young: Chris Sale

Despite an up-and-down second half, the award goes to Sale. He became the first pitcher to strike out 300 batters since Pedro Martinez in 1999 (also for the Red Sox). For the first two months, the man seemed practically unhittable at times, striking out 10 or more batters eight straight times during that stretch. Hopefully he's saved some of his brilliance for the postseason, but his regular season performance should get him the honor.

NL MVP: Nolan Arenado

If we were solely going off numbers, Giancarlo Stanton

would be the runaway winner. Although Stanton's 57 home runs stand out, Arenado has been one of the driving forces behind the Colorado Rockies' success this year. He's hitting a career best .305, to go along with 36 HRs and 129 RBIs. His nine errors committed are also the fewest of his career, putting him in an excellent position to win his fifth consecutive Gold Glove award. His performance has helped carry a Rockies team with average-at-best pitching. His play will be one of the deciding factors on how far the Rockies make it into the playoffs. Either way, Arenado deserves the award

NL CY Young: Max

Scherzer

Like Chris Sale, Max Scherzer also got off to an incredible start to the season. Some could argue he's had a more consistent season as well. If you put Scherzer's stat line against that of anyone else in the league, he tops everyone in all major categories outside of earned run average. Even still, he's posted a 2.55 ERA while compiling 16 wins and 263 strikeouts. He's also allowed the fewest baserunners per inning out of anyone in the National League. He's the Nationals ace and will be looked upon to help guide them to their first ever World Series championship as a franchise.

Around the College Circuit

UPCOMING SPORTS



CONFERENCE STANDINGS CAA RECORD OVERALL

1	Stony Brook	3-0	4-1
2	James Madison	2-0	5-0
3	Elon	2-0	4-1
4	UNH	2-0	4-1
5	Albany	1-1	3-2
6	Villanova	1-1	3-2
7	Delaware	0-1	2-2
8	Richmond	0-1	2-2
9	William & Mary	0-1	2-2
10	Towson	0-2	2-3
11	Maine	0-2	1-2
12	Rhode Island	0-2	1-4

FOOTBALL SCORES

09/30	Albany	0	Villanova	24
	Elon	6	Towson	9
	James Madison	20	Bryant	17
	Delaware	10	UNH	45
	Stony Brook	21	Rhode Island	21
	William & Mary	18	Brown	24

Thursday, Oct. 5
Women's Soccer
@ UNH
7:00 p.m.

Friday, Oct. 6
Field Hockey
v Albany
3:00 p.m.

Women's Hockey
@ RPI
6:00 p.m.

Men's Hockey
v UConn
7:30 p.m.

Saturday, Oct. 7
Football
@ Villanova
1:30 p.m.

Men's Cross Country
NE Championships

Women's Cross Country
NE Championships

Women's Hockey
@ RPI
2:30 p.m.

Men's Hockey
v UConn
4:00 pm

Sunday, Oct. 8
Field Hockey
vs. Vermont
1 p.m.

Women's Soccer
@ Vermont
1 p.m.

Friday, Oct. 13
Field Hockey
@ UNH
3 p.m.

Women's Hockey
vs. Robert Morris University
7 p.m.

Sunday, Oct. 14
Women's Hockey
vs. Robert Morris University
1 p.m.

Football
vs. Rhode Island
3:30p.m.



CONFERENCE STANDINGS AE RECORD OVERALL

1	UNH	3-0-0	9-3-0
2	Hartford	2-1-0	6-6-1
3	Stony Brook	2-1-0	6-7-0
4	Maine	2-1-0	4-6-1
5	Vermont	1-1-0	5-5-1
6	Albany	1-2-0	3-9-0
7	Binghamton	1-2-0	7-3-3
8	UMass-Lowell	0-2-0	3-4-3
9	UMBC	0-2-0	2-6-3

WOMEN'S SOCCER SCORES

09/28	Maine	1	10/01	UMBC	0
	Hartford	2		Maine	1
	UNH	2		Vermont	2
	Vermont	0		Binghamton	0
	UMass-Lowell	0		Stony Brook	1
	Stony Brook	3		Hartford	0
	Binghamton	1		Albany	0
	Albany	0		UNH	3

WOMEN'S FIELD HOCKEY SCORES

09/25	Pacific	0	10/01	Maine	3
	Virginia	6		UMass Lowell	2
09/29	UMass Lowell	2		Boston College	4
	Albany	1		UNH	0
	Vermont	1		Albany	4
	UNH	3		Vermont	1
	California	3		Ohio State	1
	UC Davis	2		UC Davis	0
09/30	Stanford	2			
	Ohio State	3			

CONFERENCE STANDINGS AE RECORD OVERALL

1	Maine	1-0	7-3
2	Albany	2-1	5-5
3	UMass Lowell	1-1	6-6
4	UNH	1-1	4-6
5	Vermont	0-2	4-7

First generation student Haley Lawrence excels in the classroom and on the course

Avery Norman Contributor

The cafe was bustling with life on a cool fall day when she walked in. While her stature may seem small and repressed, her presence is one that demands to be felt. She is Haley Lawrence, a third-year marketing student who is making great strides on the cross country team this year.

When thinking about running, most people have a lackadaisical attitude, but not Lawrence.

"At first I just kinda did it to do something, I knew I wasn't that good at other sports. I tried basketball in fifth grade and that wasn't very good," she says.

Making the switch to running, Lawrence finally found her pack. In high school she was the only one in her grade to do all

three running sports offered all four years — outdoor track, indoor track and cross country. Eventually she would go on to win Eastern Maine and place fourth overall at state her senior year. Lawrence attributes those wins in part to her best friend growing up — her mom.

"She always taught me to stick with what I love. She doesn't know much about running, I try and tell her... but yeah she really gets how much I love it," Lawrence said as tears well in her eyes.

Her and her mother have always had a tight bond. One of three children, Lawrence's mother gave birth to her when she was only 19 years old.

"My mom was always my best friend. Because she's younger, it makes it easier to relate to her. She's

just like me, she's kinda shy but outgoing at the same time," Lawrence said.

But don't let her fool you. Lawrence is incredibly outgoing, going as far as to earn herself the nickname "Sunshine" from her teammates, who say she brightens up the room.

Now an upperclassman, Lawrence is beginning her transition into taking on more of a leadership role.

"As an upperclassman it's important for me to teach the younger girls like everything they need to know," Lawrence said.

Along with team leader, Lawrence fills the role of team cheerleader as well.

"I'm really into getting people pumped up for meets because it's important for us to go out there and try our best even if we know we're not the best team in our conference, we

still have a lot of talent and it's important to show that."

On meet days, the girls have a bit of a tradition.

"We play music in the locker room and sometimes get little bows in our hair just to feel more unified."

Cross country has had a profound impact on Lawrence.

"One of the main reasons I wanted to go to college was to be a college athlete."

Realizing that dream, Lawrence does two collegiate sports. She is also the first of her immediate family to go to college — something she doesn't take lightly. Carrying the torch for her family, she uses that fact as inspiration to do well in school.

"It really gives me more motivation to complete college," Lawrence says.

As a junior, Lawrence is

majoring in marketing with a dream job of working for Nike's marketing department.

On handling the pressures of being a student athlete, Lawrence recognizes the help running has had.

"For me it's like brushing my teeth every morning. Without it I don't know what else I'd do because it's just such a day to day thing for me."

It doesn't hurt that she has been running since the sixth grade, making the pressure just a bit less.

"If I wasn't on a team I don't know what I would do. More specially racing every weekend is very important to me because I do it every weekend."

Lawrence runs typically 50 miles per week, but shortens her mileage during the track season.

With such a noteworthy running career Lawrence had many memories to talk about, but her favorite was something that happened in sixth grade.

"I used to lose my shoe a lot. I remember one race in middle school where I lost my shoe and I ended up second to last. I grabbed the shoe and put it back on and ended up beating 50 people," she said, laughing.

On Sept. 15, Lawrence placed first overall in a meet against the University of New Hampshire with a time of 19:09.

Just five days later on Sept. 20, she was announced to be the America East Performer of the Week. Lawrence and the rest of the Black Bear cross country team will race Saturday, Oct. 7 at the New England Championships.

Black Bears split the weekend series at home against the Bobcats



Maine's Teresa Vanisova rushes down the ice with the puck during second period at the women's hockey game against Quinnipiac University on September 29th at the Alford Arena

Ian Liggett, Staff

Jordan Houdeshell
Editor in Chief

Friday night, the No. 9 Quinnipiac Bobcats (1-1-0, 0-0-0 ECAC) squared off against the University of Maine Black Bears (1-1-0, 0-0-0 HEA) at the Alford for their first regular season game. Although both teams came onto the ice shooting, Quinnipiac was able to find the back of the net one more time than Maine, ending the game 2-1.

The second period was the period of Quinnipiac, where both of their goals were scored by two different players. Just 3 minutes and 38 seconds into the period Quinnipiac knotted up the score at 1-1 with a goal scored by second-year wing Abby Cleary. Getting the assist on the goal was second-year defender Kate Mackenzie and second-year wing Sarah-Eve Coutu-Godbout.

"Well I got right off the bench and I saw Kate [Mackenzie] at the point, so I wanted to make sure they got the screen and she had a really good shot on net and I was just luck enough to tip it in there," Cleary said of her goal.

Quinnipiac was not done scoring for the period. Fifteen minutes later the Bobcats found the back of the net once again off a loose puck, bringing the score up to 2-1. Assistant Captain third-year

center Randi Marcon was the one to score this one off an assist from Cleary and fourth-year wing Raquel Pennoyer.

Both teams started the game off strong, with neither team scoring until the last two minutes of the first period, when Maine was able to net their first goal of the season. First-year defender Anna Zikova scored off an assist from first-year forward Michelle Weis on a loose puck. This was Zikova's first collegiate goal.

"I just got on the top of the circle and I just shot on the net, I don't know," Zikova said.

This goal came moments after Quinnipiac was thought to net a goal into the lower right corner of the net. After reviewing the play the refs reaffirmed that the call on the ice of no goal was correct.

The third period saw a lot of good playing from both teams, but neither team was able to find the back of the net.

"I thought offensively we did a lot of good things: moved the puck, kept our feet moving, drove the net, created a lot of good chances. Defensively we just needed to be a little bit more aggressive and a little bit more physical in front of our net," Maine Head Coach Richard Reichenbach said.

Both teams' defenses were tested as the offenses were determined

to net goals. Quinnipiac logged 22 shots on goal, while Maine was right behind with 17 shots. Second-year Allison Ives was in goal for the Bobcats. Last season, Ives recorded three starts in net, playing in a total of six games with only one goal allowed. She took the win on the night, while second-year goaltender Carly Jackson took the loss. Last year Jackson was 7-18-1 in the net, recording one shut-out.

"I was a little bit nervous before the first game, but it was good," Zikova said.

Both teams are young teams, so Zikova definitely wasn't the only one experiencing these first-game jitters. Maine had four first-year players on their roster for the night while Quinnipiac had six.

"We are really happy. We would like to have had the puck a little more in the third period, but Maine came at us. They're a good hockey team. They have a lot of grit," Quinnipiac Head Coach Cassandra Turner said.

Both teams will return to the Alford Saturday, Oct. 7 at 3 p.m. for the second game of the series as the Black Bears look for a win.

Black Bears best Bobcats winning 4-2

The Bobcats and Black Bears returned to the ice for the second game of the series on Saturday after-

noon. The game started off right where it had left off the day before with both teams skating to win. This time Maine came out on top, winning the game 4-2, leaving the series split.

Similar to the night before, the second period was when all the magic happened. Both teams netted two goals, with Maine finishing the period ahead by one. Three minutes into the period, Maine brought their one-point lead up to two when second-year forward Tereza Vanisova and second-year defender Brittany Kucera set up the shot for second-year forward Vendula Pribylova to find the back of the net.

"I don't think too much changed. Our game plan was pretty much exactly the same, we changed a few things, didn't change much. I just think with the puck we were better," Reichenbach said.

After Maine scored their second goal, Quinnipiac opted for a goalie switch. Starting goaltender first-year Allison Small was replaced with Ives for the rest of the game.

Two minutes after Maine's goal, Quinnipiac countered with one of their own. Coutu-Godbout scored with the assist from fourth-year Assistant Captain center T.T. Cianfarano and third-year Captain wing Melissa Samoskevich. Samoskevich and Cianfarano skated down

the ice two-on-one with a Maine defender and were able to get it to Coutu-Godbout to score.

Six minutes later, Quinnipiac knotted the game at 2-2 with another goal. There were 10 seconds left on the power play opportunity after Maine's Kucera was sent to the box for holding. Quinnipiac took full advantage of this as Mackenzie found the back of the net with an assist from Cianfarano and Samoskevich.

Maine did not let the score stay knotted for long. Two minutes after Quinnipiac's goal, Maine scored again on the four-on-four, after Vanisova and fourth-year wing Raquel Pennoyer were sent to the penalty box for hitting after the whistle. Second-year forward Lydia Murray scored for the Black Bears off an assist from third-year defender Alyson Matteau and second-year defender Ebba Strandberg, putting Maine in the lead 3-2.

The game started in a similar fashion to the night before, but with much more force and determination than the previous game. In the first period alone, Quinnipiac had 16 shots on goal, while Maine only had five. Unlike Quinnipiac, for Maine, one of these shots resulted in a goal. Seconds after Maine killed the penalty, Vanisova got possession of the puck and passed to Weis, who passed it to Kucera

to score. This point put Maine in the lead going into the second period.

"Me and Tereza [Vanisova] were playing in the corner. We got the puck up to Brittany [Kucera] and she took a shot and then Quinnipiac's player actually did the job and put it in their own goal. So that was kinda nice," Weis said.

Winning by one was not enough for the Black Bears as they continued to make shots on goal for the rest of the game, giving Ives a run for her money. In the last period both teams were trying to score and best the other team, but it was Maine who was finally able to do it. With less than two minutes remaining in the game, Ives was pulled for an extra offensive player. Vanisova got the puck and scored an unassisted goal on the empty net for her first goal of the season and Maine's fourth of the game.

Although Quinnipiac continued to try, they were not able to find the back of the net again, falling 4-2 to the Black Bears.

Quinnipiac will continue on the road traveling to Providence on Friday, Oct. 6. Puck drop is scheduled for 7 p.m. Maine will also hit the road to Troy, N.Y. to face Rensselaer Polytechnic Institute on Friday. Their game is scheduled to start at 6 p.m.

Football from B1

defense.

"Playing them last year they ran a 3-3-5, so we have to just mentally be locked in. We all got to be on the same page, climbing up to the second level and taking care of the three down lineman."

On the defensive side of things, Maine looks to slow the arm of Bednarczyk, who has thrown for over 1,000 yards on the

season for six touchdowns and no interceptions.

"They're offense first, a lot of motion, option stuff, typical spread college stuff you see. They do some formational and some motion stuff that's challenging, so we'll have to line up and make sure we do a good job with that," Head Coach Joe Harasymiak said.

"They're talented they always have been. They're usually towards the top of the league; I think they made the playoffs last 3-4

years a row. They always execute well, they don't really make a lot of discipline mistakes, they're well coached and will have to be ready to play."

The Black Hole Defense that is second in the CAA in interceptions (7) will look to make plays against a strong pass offense. When Maine steamrolled Bryant University 60-12 they were able to pick off redshirt third-year quarterback Price Wilson five times for two touchdowns, which helped get Maine going

early in the first half. Redshirt third-year defensive back Darius Hart was one of those players who tallied a pick and also earned one against the University of New Hampshire in the season opener. The third-year from Tom Rivers, N.J. says that the team relishes the opportunity to play a team that wants to throw a lot.

"We're happy that a team is going to throw a lot, that's what we want we have a lot to prove from last year we were kind of

low in the standings as far as pass defense so we take a lot of pride in teams who want to pass against us," Hart said.

Hart believes that sticking to the basics of pass defense, as well as focusing on the little details, is going to be key for the Black Bears defense in staying this game.

"Just eyes and discipline is really what it comes down to, as soon as you get bad eyes or bad discipline, big plays happen. We feel well with our

match ups; we feel pretty confident if we have good eyes and good discipline we should shut the pass down," Hart said.

Hart will have his eyes on the prize along with the rest of the Black Bears when they pile onto the plane to travel south for this conference battle on Saturday, Oct. 7 at 1 p.m.

Professional Sports This Week

AMERICAN LEAGUE WILD CARD GB

1	New York Yankees	+7.0
2	Minnesota Twins	-
3	Kansas City Royals	4
4	Los Angeles Angels	5
5	Tampa Bay Rays	5
6	Seattle Mariners	6
7	Texas Rangers	6
8	Baltimore Orioles	9

NATIONAL LEAGUE WILD CARD GB

1	Arizona Diamondbacks	+5
2	Colorado Rockies	-
3	Milwaukee Brewers	2
4	St. Louis Cardinals	4
5	Miami Marlins	10
6	Pittsburgh Pirates	13
7	Atlanta Braves	16
8	San Diego Padres	16

NFL AMERICAN CONFERENCE Record

East	1 Bills	3-1
	2 Patriots	2-2
West	1 Chiefs	3-0
	2 Raiders	2-0
North	1 Steelers	3-1
	2 Ravens	2-2
South	1 Jaguars	2-2
	2 Texans	2-2

NFL NATIONAL CONFERENCE Record

East	1 Eagles	2-1
	2 Redskins	2-1
West	1 Rams	2-1
	2 Cardinals	1-1
North	1 Lions	3-1
	2 Packers	3-1
South	1 Falcons	3-1
	2 Panthers	3-1

Upcoming Games:

NFL:

Thurs. Oct. 5
Patriots v Buccaneers

Sun, Oct. 8
49ers v Colts
Jets v Browns
Jaguars v Steelers
Chargers v Giants
Bills v Bengals
Panthers v Lions
Titans v Dolphins
Cardinals v Eagles
Ravens v Raiders
Seahawks v Rams
Packers v Cowboys
Chiefs v Texans

Mon. Oct. 2
Vikings v Bears

Bye
Falcons, Broncos, Saints and Redskins

Patriots from B1

is curious: fans get rowdy when the Patriots win a game too. Last week's upset over the Houston Texans saw many a fan go a

bit crazy as Brandin Cooks caught the game winning touchdown with 23 seconds left on the clock. Even I, a non-partial onlooker, got caught up in the excitement. What New Englanders have is truly unique. Not just

the awe-inspiring nature scenes, or the beautiful fall foliage, but a bond between six states cemented in an illustrious history and sports. New England is, in essence, its own country with its own people, its own language,

its own rituals, but most importantly, its own sports. The excitement for a decent Pat's game transcends football, with baseball and hockey being just as important. Long story short, and

against my own will, I've succumbed to the infectious rowdiness that is Patriots football. It became official when I went and bought a Patriots shirt. Don't get me wrong, I miss my family and my home like crazy, but

nothing will beat standing alongside good friends and complete strangers alike, united by one thing — Patriots football. Stay rowdy, New England.



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Bangla	Indonesian	Persian*	Swahili	

* Some previous language experience required



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Monday	Tuesday	Wednesday	Thursday	Friday	
<p><i>Every Monday in October</i></p> <p>The Gov's ANGUS BEEF CHEESE BURGER AND FRIES</p> <p>\$4</p> <p><small>Add Cole Slaw for \$1</small></p>	<p>Tuesday, October 3</p> <p>Fried Clam Dinner</p> <p><small>Served with two side choices</small></p> <p>\$10</p> <hr/> <p>Tuesday, October 10</p> <p>Haddock Sandwich</p> <p><small>Served with French Fries Add Cole Slaw \$1</small></p> <p>\$6</p> <hr/> <p>Tuesday, October 17</p> <p>Chicken Finger Dinner</p> <p>\$7 Large</p> <hr/> <p>Tuesday, October 24</p> <p>2 Slices of Meatloaf</p> <p><small>Served with two side choices</small></p> <p>\$7</p>	<p>Wednesday, October 4</p> <p>CHICKEN POT PIE</p> <p><small>Served with one side choice</small></p> <p>\$8</p> <hr/> <p>Wednesday, October 11</p> <p>Shepherd's Pie</p> <p><small>Served with one side choice</small></p> <p>\$7</p> <hr/> <p>Wednesday, October 18</p> <p>Large Haddock Dinner</p> <p><small>Broiled or Fried</small></p> <p>\$8</p> <hr/> <p>Wednesday, October 25</p> <p>Scallop Dinner</p> <p><small>Broiled or Fried</small></p> <p>\$10</p>	<p>Thursday, October 5</p> <p>Harvest Pie Slice</p> <p><small>Apple, Pumpkin Strawberry & Blueberry</small></p> <p>\$2</p> <hr/> <p>Thursday, October 12</p> <p>Roast Turkey & Trimmings</p> <p><small>Served with two side choices</small></p> <p>\$9</p> <hr/> <p>Thursday, October 19</p> <p>Hot Roasted Turkey Sandwich</p> <p><small>Served with French Fries Add Cole Slaw \$1 Add Stuffing \$1</small></p> <p>\$7</p> <hr/> <p>Thursday, October 26</p> <p>Haddock Chowder</p> <p><small>'3 Cup '5 Bowl</small></p> <p>TREAT20</p>	<p><i>Every Friday in October</i></p> <p>The CAPITAL BREAKFAST</p>  <p>\$4</p> <p><small>Friday morning until 11 AM</small></p> <p><small>Two Eggs any style with your choice of bacon, sausage or ham, home-fried potatoes and a slice of homemade toast</small></p>	<p>Farmhouse Salad</p> <p><small>A blend of Romaine and Spinach tossed with Apple Cider Vinaigrette and topped with Beets, Roasted Butternut Squash, Crumbled Feta Cheese and Pumpkin Seeds. \$6.99</small></p>  <p>Place your Gov's To Go Order ONLINE!</p> <p>VISIT GOVERNORSRESTAURANT.COM FOR OUR FULL MENU AND TO PLACE YOUR ORDER.</p> <p>Every Saturday & Sunday in October use the Promo Code WEEKEND10 to Save 10% OFF</p> <p>Gov's To Go Online</p> 

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