

Spring 2-29-2016

Maine Campus February 29 2016

Maine Campus Staff

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The Maine Campus

The University of Maine student newspaper since 1875 Vol. 134, No. 19

Sports

Women's basketball shares regular season title. **B1**

Culture

Dance Marathon raises \$75,000 "For the Kwwids." **A12**

Opinion

Progressive sexual education vital for students. **A6**

Actress Susan Sarandon leads rally for Presidential hopeful Bernie Sanders



Susan Sarandon appeared on behalf of Bernie Sanders on Feb. 23 at Neville Hall.

Courtesy of **Derrick Rossignol**

Samuel Shepherd
News Editor

Political activist and Academy Award-winning actress Susan Sarandon spoke to an intimate crowd at the University of Maine on Feb. 23 to show her support

for Bernie Sanders in the upcoming 2016 Presidential Election.

About 250 people filled a Neville Hall classroom for the event which, was thrown together at the last minute, according to Rep. Troy Jackson, Sanders' Maine political

director. Jackson said he was impressed with the turnout, despite the lack of notice.

People of all ages were in attendance, adorned with stickers and signs supporting the Vermont senator. Danielle Chrissman, one of Sanders' regional field di-

rectors, said that people need to take action to get Sanders elected.

"We need to act, we need to be knocking on doors," Chrissman said. "We cannot win Maine without that work. We can't win for Bernie without that work."

Sarandon shared a fond memory of Sanders that swayed her opinion on the Democrat. The speech she referenced was given in October 2002, and was in opposition of the Iraq War.

"I remember falling in a heap of tears on my living

room floor," Sarandon said. "He came through for those of us who were suffering."

Sarandon urged listeners to participate in the Sanders campaign, saying that this is a great chance for people to

See **Sarandon** on A2

Clinton and Trump pick up consecutive primary wins



Hillary Clinton picked up a second consecutive win in South Carolina on Feb. 27. Courtesy of **US Embassy - New Zealand**.

Samuel Shepherd
News Editor

Donald Trump picked up a third victory at the Nevada Republican Caucus on Feb. 24, winning by a large margin over his opponents.

The billionaire accrued

45.9 percent of the votes in Nevada, earning himself 14 delegates. Much like in South Carolina, Marco Rubio edged out Ted Cruz for second place with 23.9 percent of the vote to Cruz's 21.4 percent. Ben Carson and John Kasich were in the back of the pack, col-

lecting under 5 percent of the vote at just one delegate.

Trump's lead over his opposition is very wide at this point, with 82 out of a possible 125 amongst the five remaining candidates. Cruz and Rubio are in a distant second with 17 and 16 delegates, re-

spectively.

On the democratic side, Hillary Clinton picked up a commanding win over Bernie Sanders in South Carolina on Feb. 27. Clinton picked up 39 of the delegates with 73.5

See **Clinton** on A2

Information scarce following Husson sexual assault

Marcella Cheviot
Staff Writer

The Bangor Police Department, in conjunction with Husson University officials, is continuing to investigate an alleged sexual assault that was reported on the morning of Feb. 21. The assault took place in a dormitory on the Husson campus in Bangor, Maine.

According to a recent news release from Bangor Police Lt. Timothy Reid, the assault was not considered random as the victim and alleged perpetrators knew each other. Lt. Reid also stated that there is no "continuing threat" to the community.

Husson's Executive Director for Marketing and Communications, Eric Gordon, released a print statement on the evening of Feb. 21, confirming the ongoing investigation. "Husson University is fully cooperating with law enforcement," Gor-

don stated.

The names of those involved in the investigation have not yet been released by the Bangor Police Department.

"Husson University considers sexual assault and gender misconduct unacceptable," Gordon added in his statement.

Gordon also mentioned the University's "It's On Us" bystander intervention campaign. The campaign is meant to change the way students and faculty address sexual assault, not only as a crime, but also as a serious societal issue.

"In addition, our Title IX process is designed to help evaluate, address, and prevent incidents of sexual misconduct on campus," Gordon stated.

Husson University encourages students who need help regarding emotional dis-

See **Husson** on A2

President Obama announces plan to close Guantanamo Bay

Jacob Posik
Sports Editor

President Barack Obama unveiled his plan to close the Guantanamo Bay prison facility in Cuba last Tuesday, as part of an original campaign promise that he hopes to accomplish before leaving office. The Defense Department released the full 21-page document that outlines the process in which the Obama Administration plans to close the prison.

During the press conference, Obama said the facility "is viewed as a stain on our broader record of upholding the higher standards of the rule of law. The plan we're putting forth today isn't just about closing the facility at Guantanamo Bay, it isn't just about dealing with the current group of detainees. This is about clos-

ing a chapter in our history. It reflects the lessons we've learned since 9/11. Lessons that need to guide our nation going forward."

The plan focuses on transferring approximately 35 of the 91 current detainees to the United States, and implementing a periodic review board process to determine where the remaining 46 detainees will go. There are currently 10 detainees still in judicial proceedings, including the supposed mastermind of 9/11, Khalid Sheikh Mohammed.

While the plan doesn't explicitly outline what facilities Gitmo detainees would be sent to, many expect the military prison in Fort Leavenworth, Kan. to acquire a bulk of the transfers, as well as facilities in South Carolina and Colorado. Some detainees may qualify through

the periodic review board to be transferred to overseas facilities.

The president cited the strains Gitmo creates with our foreign partnerships, and its counterproductive nature in combating international terrorism as a reason for closing the facility.

"For many years, it's been clear that the detention facility at Guantanamo Bay does not advance our national security — it undermines it. This is not just my opinion. This is the opinion of experts; this is the opinion of many in our military. It's counterproductive to our fight against terrorists, because they use it as propaganda in their efforts to recruit," Obama said during the press conference.

"It drains military resources, with nearly \$450 million spent last year alone

to keep it running, and more than \$200 million in additional costs needed to keep it open going forward for less than 100 detainees. Guantanamo harms our partnerships with allies and other countries whose cooperation we need against terrorism. When I talk to other world leaders, they bring up the fact that Guantanamo is not resolved," Obama continued.

Obama also acknowledged the savings closing the facility would create. Currently, the White House claims it costs the U.S. \$445 million annually to maintain the facility at Gitmo, and that closing the prison and transferring its detainees could save the American taxpayer up to \$85 million a year.

Republican members of Congress have stood firmly

in opposition to Obama's plan. Maine's Second District Congressman Bruce Poliquin said in a press release, "President Obama has demonstrated, yet again, that he puts his party's politics before protecting the American People. The transfer of dangerous, radicalized terrorists to American soil threatens the safety of citizens across our country."

"Not only is the President's plan dangerous and senseless, but it is indisputably illegal. President Obama himself signed into law the National Defense Authorization Act of 2016 (NDAA), which specifically restricts any transfer of detainees from Guantanamo Bay prison," Poliquin's release added.

Obama acknowledged in his presentation that the plan must acquire congress-

sional approval to be passed. With Republican control over both the House and Senate, approval seems unlikely. Republicans in Congress fear that mass transfers jeopardize the safety of Americans, and places the burden of these dangerous detainees on our local officials.

The prison in Guantanamo Bay has been under much scrutiny over the years due to the "enhanced interrogation techniques" practiced within its doors.

Obama banned the use of many of these techniques, including waterboarding, on detainees placed at Guantanamo. The Central Intelligence Agency (CIA) admitted in 2004 to waterboarding three suspects linked to al-Qaida and the attacks on the World Trade Center on 9/11.

Sarandon from A1

receive something from the government.

"He's just a guy, he believes in us," Sarandon said. "This is our chance to participate and we get something back."

Sarandon did a quick question and answer session after her speech. She was asked if she saw Hillary

Clinton being able to take down the Republican candidate if she was given the Democratic candidacy.

"Seriously, I think I could take down the GOP," Sarandon said. "I think Trump has been doing well, I feel like I'm at a wedding and the drunk uncle is up there. But, he's running out of material."

One Sanders skeptic, third-year student Michael Shea, was met with hostility after he asked how Sanders

planned on paying for all the programs he is pushing, such as free college. His questioning was quickly shut down by Sarandon and other members of the audience. He was escorted out of the hall.

"I was not surprised by the fact that the audience was upset with me asking a challenging but necessary question," Shea said in an email. "I knew this would happen, but I had to ask the question anyway as these matters are

very important to me and to many others."

Shea said he had not received any attention outside of the rally.

Sarandon spoke earlier the same day at Bowdoin College in Brunswick and on Feb. 24 at Colby College in Waterville. Jackson said that Sanders has no plan to come to the UMaine. Maine's Democratic caucus will take place on March 6.

Clinton from A1

percent of the vote. Sanders collected 26 percent of the vote and got 14 delegates.

Sanders' gap in delegates is only growing after a sub-par South Carolina. While his pledged delegates are hovering with Clinton, the superdelegate discrepancy still creates a difference of 544 total delegates for Clinton to

Sanders' 85.

Super Tuesday is right around the corner, coming on March 1. Eleven states, including Texas, will hold both Republican and Democratic primaries. Alaska, Wyoming and North Dakota will have Republican primaries. American Samoa will hold a Democratic primary. In terms of delegates, 595, or 24 percent, of Republican delegates and 1,001, or 21 percent, of Democratic delegates are at stake.

Husson from A1

stress, harmful or potentially harmful relationships, and any form of sexual assault to seek professional help. The Counseling Services Center on Husson's campus provides free, time-limited services to all Husson University students.

There are similarly a variety of resources available to University of Maine students who wish to report a sexual assault or seek help regarding a harmful or potentially harmful relationship. A criminal process can be initiated by contacting the UMaine Police Department. Confidential resources include the Cutler Center and the UMaine Counseling Center. Other resources include Spruce Run, Student Affairs and Rape Response.



A sexual assault at Husson University was reported on Feb. 21.

Maggie Gautrau, Staff

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Maine Museums showcase state's rich artistic history

Mary Floreani
Contributor

Maine is known by many as "Vacationland," a title earned by its rugged coastline and pristine wilderness. While many tourists head to the Pine Tree State to enjoy Acadia National Park, lobster rolls and beaches, the Maine Office of Tourism has supported the Maine Art Museum Trail since 1997.

The trail stretches over 200 miles from around coastal and central Maine. The trail consists of eight museums showcasing artwork from both Maine natives and others. University museums, including the University of Maine Museum of Art where the trail ends, make up half of the locations on the trail.

The artwork featured in many of the museums carries an emphasis on American and Maine art.

Kat Johnson, the educational coordinator for the UMaine Museum of Art, or-

ganizes tours, camps, workshops and other educational programs sponsored by the museum and has collaborated with other museums on the trail.

Johnson, working in conjunction with staff from the Farnsworth Art Museum and the Portland Museum of Art, praised the trail and its goals of partnership among Maine art institutions.

"The trail has been a great collaborative experience between all the museums," Johnson said. "They really got to know and support each other."

Artists such as Berenice Abbott, George Bellows, Winslow Homer, Edward Hopper, Marguerite Zorach and three generations of the Wyeth family have lived and worked in Maine, where they have profoundly influenced American art, according to the trail's official website.

Three generations of artists from Wyeth family, whose work is featured most

prominently in the Farnsworth Art Museum, hold a special place in Maine art history. Their name, synonymous with Maine art, graces the Wyeth Family Studio Art Center here on campus.

The Maine Art Museum Trail collectively exhibits over 73,000 pieces of artwork ranging from "early American silver" to works by the influential French impressionists Degas and Renoir.

The museums on the trail include the UMaine Museum of Art, Farnsworth Art Museum, the Ogunquit Museum of American Art, the Portland Museum of Art, the Bowdoin College Museum of Art, the Bates College Museum of Art, the Monhegan Museum of Art and History and the Colby College Museum of Art.

While students may not be able to visit all locations on the trail, the UMaine Museum of Art makes a great starting point for those interested in American and Maine art.



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MISSING



On Saturday, 02-27-2016, the Hancock County Sheriff's Office launched an investigation into the missing persons report of a 21 year old student from Maine Maritime Academy in Castine. The missing student has been identified as David Breunig of Westbrook, ME. Mr. Breunig was last seen at approximately 2330hrs leaving a residence in the Crosby Street neighborhood in Orono. Mr. Breunig has not been seen or heard from since. Mr. Breunig has been described as being 6'4", a slim athletic build weighing 225lbs with blue eyes and brown hair. Mr. Breunig was last seen wearing a black shirt, dark blue jeans and brown Timberland boots.

The Hancock County Sheriff's Office is working closely with Maine Maritime Academy and in conjunction with the Orono Police Department and the Maine Warden Service in an attempt to locate Mr. Breunig.

If you have any information regarding the whereabouts of Mr. Breunig, please contact Lt. Christopher Thornton at the Hancock County Sheriff's Office at (207) 667.7575 or the Orono Police Department via the Penobscot County Regional Communicatio Center at (207) 945.4636.



Odds of a child becoming a professional athlete: 1 in 16,000

Odds of a child being diagnosed with autism: 1 in 150

IT *only* TAKES A SPARK.



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Some signs to look for:

- No big smiles or other joyful expressions by 6 months.
- No babbling by 12 months.
- No words by 16 months.

To learn more of the signs of autism, visit autismspeaks.org



Weekly Updates

Police Beat

The best from UMaine's finest

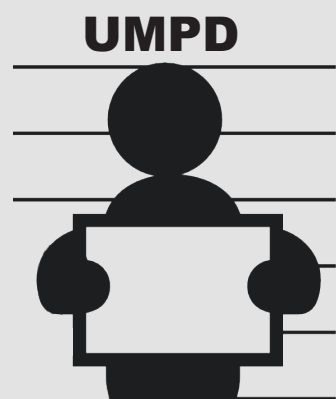
Sam Shepherd
News Editor

Feb. 19
10:13 a.m. - Bonk

A woman was struck by a bicycle on Long Road near Bennett Hall. The woman said she was on the phone with her mother, and observed the bicycle a safe distance away. The bike eventually ran into her, only leaving a tire

track up the woman's leg. The operator of the bike, a female, asked if the woman was okay, but quickly left. University of Maine Police Department (UMPD) reported that there were no serious injuries, and this is still under investigation.

12:15 p.m. - Due negligence



UMPD responded to a reported theft of an envelope containing \$200 at Boardman Hall. The envelope contained dues collected from members of the American Society of Civil Engineers. This matter is still under investigation.

11:59 p.m. - Last

Dance with Mary Jane

UMPD responded to a resident assistant (RA) report of an odor of marijuana. Officers responded and located the room. There were three occupants, one of which was in possession of paraphernalia. Justin Alcorn, a first-year student, was summonsed for sale and use of drug paraphernalia and referred to Judicial Affairs (JA).

Feb. 20
10:23 p.m. - Is it foggy in here?

UMPD and Orono Fire Department responded to a fire alarm activation at Kappa

Sigma at 140 Munson Road. When clearing the house, they found 30 people still in the building. Reports say that a fog machine could have set off the fire alarm. The entirety of Kappa Sigma was summonsed for failure to leave after a fire alarm.

Feb. 21 -
3:13 p.m. - Adderaid

UMPD responded to a theft at Hancock Hall. A female student reported that someone, who she didn't recognize, went into her room. When she came back, 20 of her Adderall pills were missing. Police reports described the perpetrator as looking "a lot

like her roommate." This matter is under investigation.

Feb. 24
7:36 a.m. - Bad mailman

UMPD responded to a report of a theft at the Keyo Building. This report dealt with Printing and Mailing Services, who has received a number of complaints of open or damaged mail. In this instance, two Valentine's Day cards were missing around \$45. Postal inspectors were notified and UMPD is working on a change in policy to stop these violations.



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The World This Week



Feb. 25 - The Australian Parliament passed a measure making marijuana legal for medical purposes. The amendment to the Narcotic Drugs Act will allow cannabis to be legally grown for scientific and medical purposes.

Feb. 26 - Militants, claimed by al-Shabab, stormed a hotel in the Somali capital of Mogadishu, killing nine people. There were two explosions within 40 minutes according to BBC.

Feb. 28 - Three people were stabbed during a Ku Klux Klan rally in Anaheim. 13 others were arrested amidst the violence between Klan member and protestors.

START TALKING BEFORE THEY START DRINKING

Kids who drink before age 15 are 5 times more likely to have alcohol problems when they're adults.

To learn more, go to www.stopalcoholabuse.gov
or call 1.800.729.6686



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
www.samhsa.gov



Briefs

Quick news from around the University of Maine System

Sam Shepherd
News Editor

Augusta woman charged with sex crimes

On Feb. 22, an Augusta woman was charged with three counts of sexual abuse of a minor following an investigation by Augusta Police. Loni Ingalls, 36, was

arrested on Feb. 19 and appeared in court via video on Feb. 22. The affidavit indicated that the victim was a 14-year-old boy. The abuse occurred in November and December 2015 and January 2016. Ingalls did not issue

a plea, and her bail was set at \$3,000. She is also accused of aggravated unlawful furnishing of Vicodin to two people under age 18.

Police discover body in Portland Harbor

On Feb. 20, Portland police pulled a body out of DiMillo's east marina in Portland Harbor. The body was that of James Dyer, 23, who had been missing since New Year's Day.

"In some ways, it's closure, so we're glad of that," Amy Dyer, Dyer's mother, told the Portland Press Herald. "But there are certainly questions we still have about what happened."

Divers and search teams scoured the area after Dyer, of Saco, went missing after leaving a

bar on Fore Street before 2 a.m. to find his car. There are no signs of foul play, as reported by the Portland Press Herald.

Maine's first case of Zika confirmed

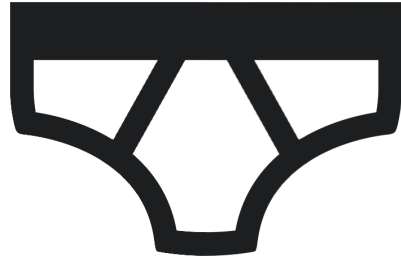
The Maine Center for Disease Control (CDC) said on Feb. 25 that a person in Hancock County has tested positive for the Zika virus.

The person is over 65, according to a Bangor Daily News report, and has recently been in

a Zika affected country. They have not been hospitalized, according to the CDC.

"The common link to this virus is travel, and this finding is not unexpected," Dr. Siiri Bennett, Maine's state epidemiologist, said. "Several countries in the Caribbean, Central and South America are experiencing outbreaks and Mainers like to travel to warm places in the winter."

Bennett said the report is not cause for alarm.



This Week in Student Government

Weekly recap of decisions made by the UMaine Student Government General Student Senate

Haley Sylvester
Contributor

GSS discusses climate change

Representatives from Maine Students for Climate Justice brought the General Student Senate to task Feb. 23. The group discussed the effects of climate change on Maine, including air and ocean temperatures rising as well as invasive species thriving.

"If you live in Maine and want to see the state continue to thrive and grow, this affects you," a representative said.

Club Maintenance

Love Your Melon received preliminary club recognition.

Miniature War-Gaming Club received preliminary club recognition.

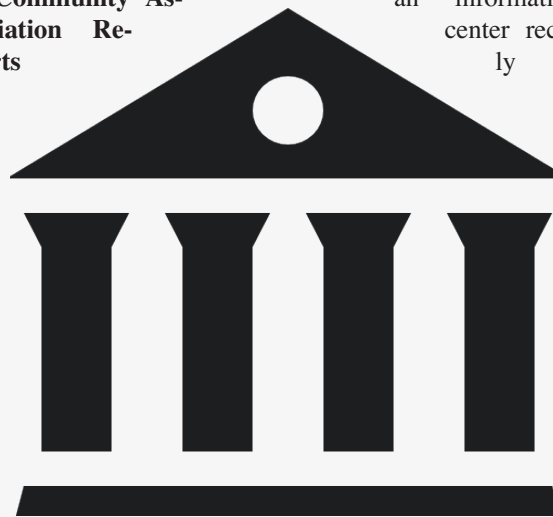
The Neuroscience Club received preliminary club recognition.

The Biological Science Undergraduate Research Club officially changed its name to URSA Minor.

Periodic Reports

Director of Communications spoke of the continuing efforts to gain more senators, including tabling and flyers.

Community Association Reports



The Student Women's Association discussed the recent "Swaffle" event's success. They are currently trying to get the Women's Resource Center back

an informational center recently shut

down from lack of funding. "We no longer have a safe space for women on this campus; the school needs to recognize that there must be representation for the mi-

nority [women]."

The Wilde-Stein Club is continuing their bake sales to cushion their drag show and pride week events.

Allocations

\$480 was given to American Institute of Chemical Engineers (AIChE) for registration fees for the AIChE conference.

\$670 was given to the African Student Association for registration for the Harvard African Development Conference.

\$200 was given to the Swim Club for a hotel for an upcoming meet.

\$800 was given to the Muslim Student Association

for Honorarium for Islamic Awareness Week.

\$500 was given to Sigma Alpha Epsilon (SAE) for the SAE World Congress.

\$400 was given to Engineers without Borders for Flight for Ecuador Assessment trip.

New Business

There was deliberation over the University of Maine Woodsmen Team's request for funding for their upcoming competition. The request included money for transportation, hotel and registration fees for the six members traveling. Ultimately, the request for funding was denied.



Please drink responsibly

Take the **EMERGENCY** out of emergency contraception!

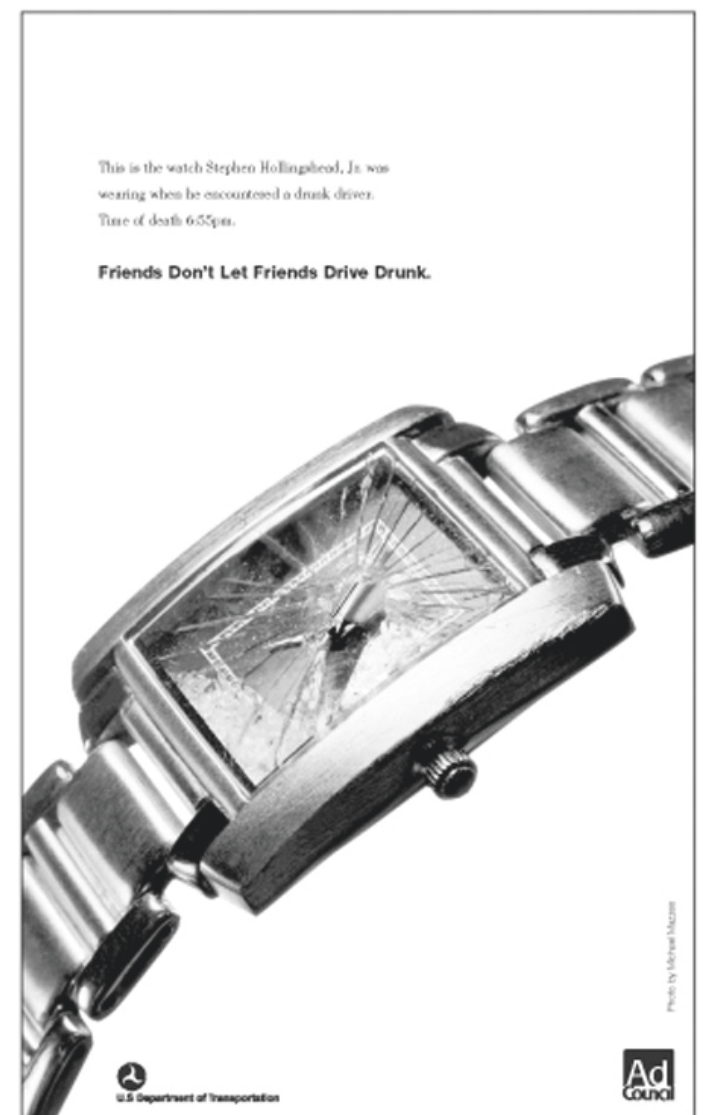
Did you know? You can get emergency contraception pills (EC) over-the-counter. **Why wait?** Carry emergency contraception in your purse, have it on hand in your medicine cabinet, and plan ahead for one less emergency.

Emergency contraception (EC) is a safe and effective back-up method that can prevent pregnancy if taken within 120 hours (5 days) from unprotected sex. Marketed under the brand name Plan B, it does not prevent HIV (the virus causing AIDS) or other sexually transmitted infections (STI's).

Mabel
WADSWORTH
Women's Health Center

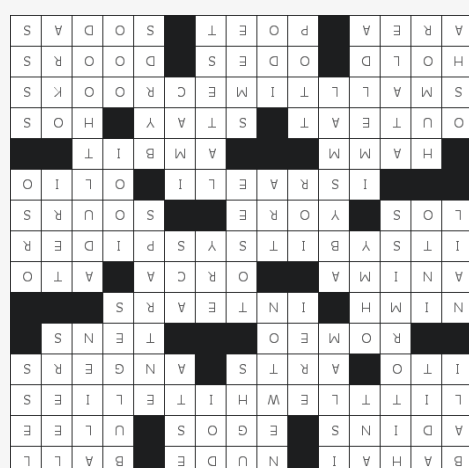
Call **947-5337** today to make your appointment at Mabel Wadsworth Women's Health Center. Or visit Mabel Wadsworth Center online to get your **Back-Up Pack** and more information about emergency contraception.

www.mabelwadsworth.org

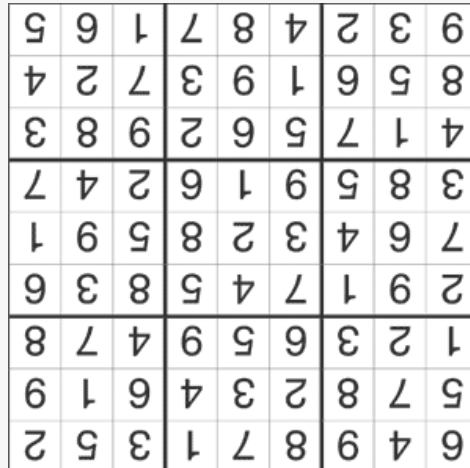


Diversions Answer Key

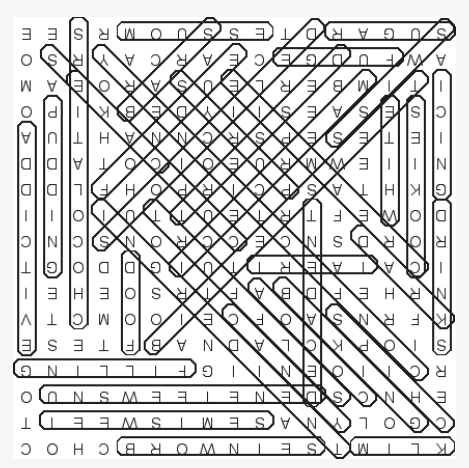
Puzzles, comics and more on **A8**



Crossword



Sudoku



Word Search

Opinion

February 29, 2016

EDITOR'S NOTE

Progressive sexual education vital to college students

This Monday at 6 p.m., the University of Maine will teach students all about “contraceptives, consent, and all things sexy” through its Sex Carnival, hosted by Student Alliance for Sexual Health. Its provocative name may amuse, but this event is a powerful tool for reaching out to students from all types of backgrounds. Sexual education in our country is widely diverse. Some learn only the most conservative, abstinence-only lessons; others have a more inclusive view.

These gaps in education are dangerous to the well-being of the student body.

While debate and legislation rages on over programs such as Planned Parenthood and sexual education, opportunities for young adults to learn about proper and safe sex are narrowing. Schools cannot be relied upon for encompassing information. Independent organizations are constantly faced with defunding and shutdowns. The Sex Carnival gives UMaine students the chance to supplement

whatever knowledge they already have with more progressive lessons.

The event also takes another step in the battle of destigmatizing sex. Taboo over our sexual practices hinders efforts to educate and abolish widespread problems such as sexual assault, shame and unplanned pregnancy. Talking about these issues in a casual setting is the first step toward fixing bigger issues. If we cannot first discuss the topic without cringing, we stand no chance in eradicating

larger problems.

The Sex Carnival also introduces discussion over the emotional side to sex, concerning mostly consent and making sure all parties involved are ready and willing. This breaks down that wall of strict biological facts that much of sexual education constructs. Learning about sex in middle school is often about which organ goes where, and it never considers the emotional impact of sex. The same issue is present in high schools, which teach the body parts

but not the implicit permission to interact with them. In many states, consent is never talked about. California was the first state to require sexual consent lessons, and that only began last October. Consent is a topic of many grey areas and one that has just recently been brought into the limelight. Not everybody knows the boundaries of what is okay and what isn't.

Some of the content in the Sex Carnival — like how to put on a condom correctly — may seem elemen-

tary and pointless. However, these technical skills aren't always as straightforward as they seem. The tiniest errors can greatly increase contraceptive failure. This Monday, students can learn the proper technique while in a fun environment to boot. There's no harm in a refresher course at least. What might be commonplace to one student could be revolutionary to another. The Sex Carnival will bridge gaps in education and fill in for larger organizations in the face of countrywide turmoil.

Real maple syrup trumps cheaper alternatives

Eliza Jones
Staff Writer

Imagine a breakfast table on a classic Sunday morning in Maine: red gingham tablecloth, mugs of hot cocoa and coffee and a stack of fluffy buttermilk pancakes. Imagine the dollops of softened butter and the white bone china pitcher sitting at the center of the table, lovingly filled with warmed high fructose corn syrup for drizzling over the buttered pancakes.

Wait, what?

I watched an episode of Cook's Country on PBS the other morning where the host, Christopher Kimball, explained to a genuinely shocked man that store-bought maple syrups do not in fact contain a single drop of real maple syrup. “Not a drop,” Kimball tells the man. “In fact, these syrups are packaged now as ‘Pancake Syrup.’” The man really couldn't believe it. And I couldn't believe that he couldn't believe it.

Here are the ingredients listed in a bottle of pancake syrup: corn syrup, high fructose corn syrup, water, cellulose gum, caramel color, salt, natural and artificial flavor, sodium benzoate and sorbic acid (preservatives) and sodium hexametaphosphate.

Sounds delicious, doesn't it? What bothers me is that there are children and adults who think they love maple syrup on their pancakes and waffles — and they don't even know what real maple syrup is or where it comes from. What they call “maple syrup” comes straight out of a squeeze bottle and isn't remotely related to the real thing.

The real thing isn't concocted in a massive manufacturing facility somewhere in the Midwest from artificial chemicals and colors. Real maple syrup comes in late February and early March from maple trees and from the labor and dedication of those farmers and hobbyists who are willing to stand over a

steaming steel evaporator and wait for 40 gallons of sap to boil down into one gallon of syrup. The ingredients are as natural as nature can get.

According to the website Health.com, pure maple syrup is loaded with polyphenols, which are plant-based compounds that act as antioxidants. Pure maple syrup may boost your immune system and fight inflammatory diseases like cancer, Alzheimer's and osteoporosis. The antioxidants found in pure maple syrup may repair environmental and free radical damage to your skin. It also boasts the minerals zinc and manganese which are essential to warding off illness. Compared to processed sweeteners, pure maple syrup is less likely to cause indigestion, bloating and gas. Maple syrup can easily replace sugar in many recipes. It can be added to oatmeal, ice cream, smoothies, muffins and granola.

I once let a co-worker try some pure maple syrup my father had made

on his small hobby farm down in East Boothbay. His nose wrinkled. “Too sweet,” he said. “I like Aunt Jemima's better.” I didn't know there was such a thing as too sweet. If I'm going to splurge and have pancakes for breakfast, and if I'm going to be drizzling a sweet syrup over my stack, doesn't it make sense for me to use a product that is made by local artisans and farmers and that boasts nutritional value to boot?

I know many people who won't order maple syrup when they're out to eat because it costs an extra two dollars. A squeeze bottle of pancake syrup — which comes with plenty of salt and high fructose corn syrup, don't forget — costs only \$3, while a similarly sized jar of pure Maine maple syrup can cost four or five times that. But I urge you to spend the extra money. Support your local farmer, honor old traditions and do your health and body a sweet favor.

Don't drink and drive



The Maine Campus

The University of Maine student newspaper since 1875.

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Submissions may be edited for length, clarity and style.

Anonymous letters will not be published.

Opinion pieces should be roughly 650 words and clearly written. Include your name, year and major.

Submissions should be in .doc format.

Send all opinion pieces to Sarah Allisot.

The attitudes and views expressed in the Opinion section are those of their authors only and do not necessarily represent the views of The Maine Campus or its staff.

Poetry classes should encourage writing in addition to traditional reading

Kim Crowley
Staff Writer

My freshman year of high school marked my formal introduction to poetry. It wasn't a great first impression, as one might imagine happens when pushing Shakespeare on a bunch of 14-year-olds. It lulled the majority of my English class to sleep, and consequently, I deemed poetry a "boring art." It was all cryptic language, cheesy love and flowery sentiment — all things that I wasn't too fond of at the time. I was an as-

piring writer who dreamt of producing award-winning news articles, not lame and pointless stanzas. But as I searched for ways to express my creative energy and teenage problems, I eventually turned to poetry. It provided a channel for my emotions that wasn't present in news writing. I wrote stilted, overwrought and occasionally angsty free verse. It wasn't impressive by any means, but it was a start.

Poetry and I formed a casual, amiable relationship for a few years. This continued until my senior

year of high school when I had the opportunity to take a poetry class. I wasn't sure what to expect at first and if it would be another dull poetic experience or something genuinely interesting. It became evident in the first few weeks: it seemed to be leaning toward the latter. My teacher cultivated a warm and nonjudgmental atmosphere for students to study poetry. We learned different movements and individual poets, but the emphasis was writing original poetry based on prompts. This prompt focus was challenging, forcing

me to introspect and grow as a writer.

Through this class, I experienced first-hand the bonding power of poetry. The environment encouraged emotional openness and provided a necessary outlet for myself and my classmates. Over the year together, our class ended up forming a sort of "poetry family." By sharing our lives through our poetic work, we were able to relate to one another in a way that regular conversation would not allow. There were hugs given, tears shed and a sincere

camaraderie shared between us. I felt as if we knew each other deeply even if many of us had just met that year.

This experience exemplifies the importance of poetry. It made me learn that poetry is not just the art of famous dead men, even though so many people view it in that way. Poetry is a way of shedding light on universal feelings and dilemmas. It is a means of connecting humanity.

I wish this notion were more widely recognized and that more schools introduced poetry in a way that stimu-

lates student experience, just as my senior poetry class did. I think that children and teenagers must learn to enjoy writing poetry before they can appreciate the poetic works of others. If done well, the first introduction to poetry can be the catalyst to an aspiring poet. But if done poorly, it can turn a student off to poetry for life. Instead of pushing students to analyze incomprehensible poems, educators should allow students to explore poetry and just write. This is the only way they will get to the heart of what poetry truly is.

Mandatory general education courses should be available at reduced cost

Brooke Bailey
Staff Writer

It's hard to you understand how difficult college is until you experience it for yourself. In reality, I don't think most college students understand how demanding their lives are until they sit down and examine their weekly schedules — but they don't even have time for that. All seven days of the week are consumed by expanding to-do lists, obligatory afternoon naps, evening trips to the library and some mixture of coffee turbo shots and concealer to mask the dark circles resulting from the amount of sleep we receive. Even if you spend an entire

weekend tackling the mountains of homework you've been avoiding, it's impossible to catch up or stay ahead.

While studying on its own is difficult, there's something that makes the endless homework even more complicated — studying for a class that has nothing to do with your major. We've all thought about it at one time or another: remind me again why I'm spending my time, effort and money to take this geology course when I'm majoring in finance? It seems like a ridiculous money-making scam that colleges force students to take part in. But maybe colleges have a strong interest in making sure that we are overall knowledgeable

when we graduate.

Colleges want students to graduate with an overall education, not just knowledge in one specific field of study, so they have the right idea. According to a 2013 Washington Post Article, "Only 27 percent of college grads have a job related to their major." The other 73 percent who didn't work in the field of their degree had to fall back on something.

While colleges may have a legitimate interest in sustaining the overall proficiency of students, the cost of these secondary classes does not always balance out. Perhaps students shouldn't have to pay as much for these additional classes that may or

may not be useful. In-state students pay roughly \$800 for each course taken at the University of Maine. Think about how long it takes you to earn \$800 — all spent on one class that may or may not serve a purpose in your life.

Although many students are undecided on a major when they enter college, many students do know what they want to do. Many have known for a long time. Should a student be forced to spend thousands of dollars on classes just because there is a possibility that they might change their mind after they graduate? Colleges should not take on that responsibility. It is not

fair to the students who have known what they wanted to do since they were younger and still have to pay for these frivolous classes.

I've had to take a minimum of two mathematics courses and two science courses at UMaine. These classes have collectively cost me over \$3,000. Like many students with majors outside the science, technology, engineering and math (STEM) disciplines, I've always struggled with math and science related courses. So not only did I have to spend thousands of dollars to take these courses, I was required to spend extra time and effort on the homework assignments each week. I would

much rather spend my free time on classes that made me want to attend college in the first place: courses that I know will help me get a job.

I understand the argument that certain classes should be mandatory, like civics, economics or subjects that will be useful to anyone in life, no matter their major. But even those classes should be set at a lower rate. We are already obligated to choose a minor that could be used as a sort of backup plan. I'm paying over \$10,000 a year to attend college because I want to learn about and make a career out of political theories, the law and Spanish. Not astronomy or the language of math.



Puppies are awesome! Pet one!



Courtesy of Caitlyn Burman

THERE'S NOT ENOUGH ART IN OUR SCHOOLS.

NO WONDER PEOPLE THINK

CARAVAGGIO

IS A GUY ON THE SOPRANOS.

ART. ASK FOR MORE.

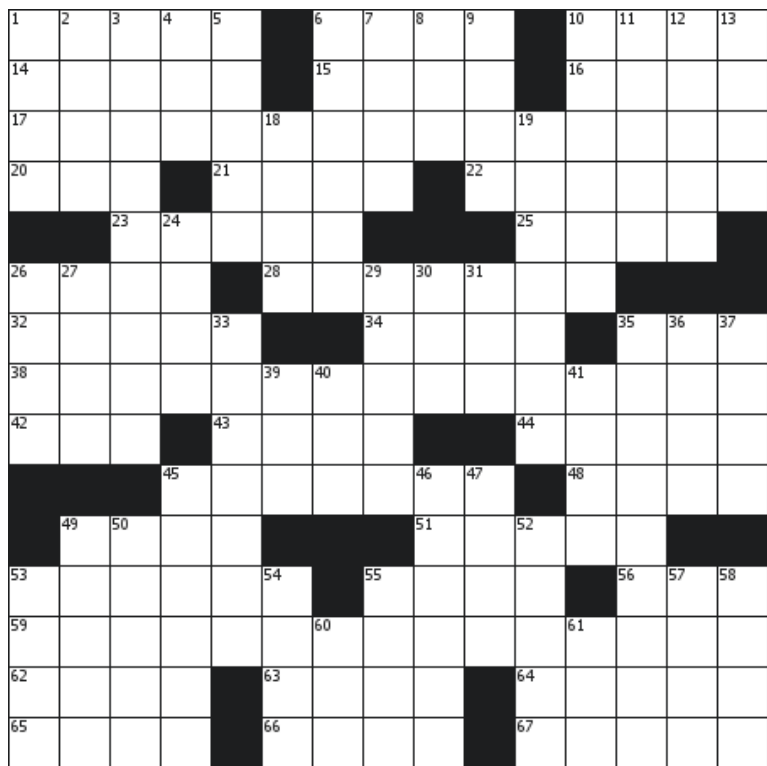
For more information about the importance of arts education, please contact www.AmericanForTheArts.org

THUMBS UP DOWN

Pancake Thomas	Aunt Jemima
House beats	House beats
Sleep	Being on the spot
Mail boxes	Male boxers
Sarsaparilla	Reading e-mails

Diversions

Crossword



Across

1. Follower of a faith founded in Persia
6. One way to pose
10. Formal dance
14. Scores after deuce, sometimes
15. They may be boosted
16. Fonda role of '97
17. Whopper juniors?
20. Butler in "Auntie Mame"
21. Word with fine or liberal
22. Incenses
23. Shakespearean character
25. Hamilton commemoratives
26. "The Secret of ___" (1982 film)
28. All broken up
32. Life
34. Black and white predator
35. Words before Z

Down

2. Angeles or Lobos starter
3. Random
4. Picnic buttinsky
5. Religion of Allah
6. Sir Isaac of science
7. Cries of aversion
8. "___ have to?"
9. Spanish 101 word
10. Sudden increases
11. Completely unfamiliar
12. Stares at amorously
13. More, in a phrase
18. "... saw Elba"
19. Gets in a sting
24. "For goodness' sake!"
26. Carpenter's item
27. Involved with, as a hobby
29. "... off ___ the Wizard"
30. Ending for mock or cook
31. Summer coolers, for short

Down

1. ___ Ha'i
2. Mine entry
3. Random
4. Picnic buttinsky
5. Religion of Allah
6. Sir Isaac of science
7. Cries of aversion
8. "___ have to?"
9. Spanish 101 word
10. Sudden increases
11. Completely unfamiliar
12. Stares at amorously
13. More, in a phrase
18. "... saw Elba"
19. Gets in a sting
24. "For goodness' sake!"
26. Carpenter's item
27. Involved with, as a hobby
29. "... off ___ the Wizard"
30. Ending for mock or cook
31. Summer coolers, for short

Down

33. Unfathomable
35. When to stop growing
36. Garr with a "Tootsie" role
37. "... I'm told"
39. Comparative ending
40. Start of a musical refrain
41. "... Arabian Nights"
45. Mrs. Marcos
46. Hottest, as news
47. Apple offering
49. Sitcom material
50. "... of Two Cities"
52. Richard E. and Robert C.
53. Workplace safety grp.
54. Roof with removable panels
55. Hook's lieutenant
57. Soup pods
58. Kettle sound
60. Words of commitment
61. Reset setting, perhaps

onlinecrosswords.net. Answer key located on A5

Word Search: Chocolate

- ADDICTIVE
- BAKING
- BARS
- BITTERSWEET
- BROWNIES
- CAKES
- CANDY
- CHIPS
- CHOCOLATIERS
- COCOA
- CONFECTIONERY
- COOKIES
- CREAM PIE
- CUPCAKE
- DARK
- DECADENT
- DELICIOUS
- DESSERT
- DRINKS
- FILLING
- FONDUE
- FOOD

- FUDGE
- ICE CREAM
- ICING
- INGREDIENT
- MILK
- MOUSSE
- PUDDING
- SEMISWEET
- SUGAR
- SWISS
- SYRUP
- TREAT
- TRUFFLES
- UNSWEETENED
- WHITE

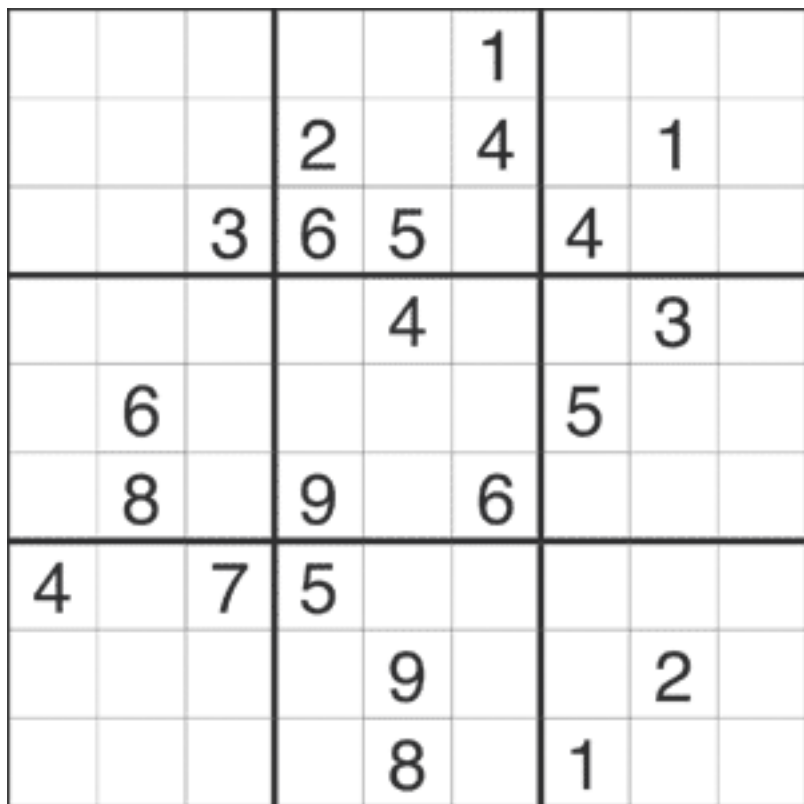
K L I M T S E I N W O R B C H O C
 C G O L Y N A S E M I S W E E T T
 E H N C S D E N E T E E W S N U O
 R C I I O E N I I G F I L L I N G
 S I O P K C L A D N A B F T E S E
 K F R N S A O F C E I O O M C T V
 N R H E F D B A F T R S O E H E I
 I C A T A E R T T U I G D D O G T
 R O R D S N C E C C R O N S C N C
 D O W E F T R T E U T T U I O I I
 G K H T A S P C I R P O H F L D D
 N I I E W M R U E O I C O T A D D
 I E T E S E P S R C N N A H T U A
 C S E S A E S I I Y D E B K I P O
 I T I M B E R L E U S A R O E A M
 A W F U D G E C E A R C A Y R S O
 S U G A R D T E S S U O M R S E E

puzzles.ca. Answer key located on A5

Sudoku

Each row, column and 3x3 square must have numbers 1 - 9 in any order, but each digit can only appear once. There is only one correct answer.

Difficulty level: Hard



puzzles.ca. Answer key located on A5

Word Scramble: Food

1. TORACR
2. IEP
3. TIRUF
4. OACBN
5. ECEHSE
6. LPAPE

7. EDRAW
8. GBELTEVEA
9. NCDAY
10. CRIE

1. CARROT 2. PIE 3. FRUIT 4. BACON
 5. CHEESE 6. APPLE 7. BREAD
 8. VEGETABLE 9. CANDY 10. RICE
 sciencekids.co.nz

XKCD

By Randall Munroe



I USUALLY LEAVE OUT DIACRITICS WHEN I TYPE, SO I MAKE UP FOR IT BY OCCASIONALLY ADDING A WHOLE BUNCH AT ONCE.

xkcd.com

Cyanide & Happiness

By Dave McElfatrick

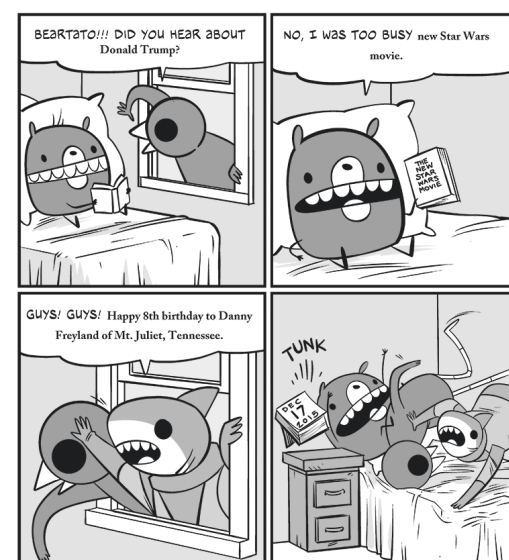


explosm.net

Nedroid

By Anthony Clark

FAR-TOO-SPECIFIC-TO-BE-RELEVANT-FOR-MORE-THAN-2-SHORT-TIME CURRENT EVENT REFERENCE COMICS



nedroid.com

Flip this page for puzzle answers



‘Through the Grapevine:’ Lonely and unsatisfied, a review of Twisted 2013 old vine zinfandel

Alan Bennett
Culture Editor

WINE

Twisted 2013 Old Vine Zinfandel
\$4.99 at Bell’s Orono IGA

Sex sells, at least when it comes to wine.

Seriously, if “sexy” had a scent, Twisted’s 2013 old vine zinfandel would be it. With a deep violet color and enticing aromas of freshly pressed berries, sultry tobacco, clove and smoldering oak, I think I need a cigarette.

Opening a bottle of this wine is like locking eyes with a stranger: you don’t want to fall for them, but you just can’t help it. How could you

not, when the bottle itself challenges you to, “Branch out of the zone and be a little indulgent, a little racy and a little rock n’ roll?” Certainly, one whiff of this stuff will transport you to an underground nightclub, where a man in black throws aside a tiny window and asks you for a password. You somehow make it inside, although you weren’t invited, and there it is: Twisted, sitting alone at the bar, making eyes at you. You make your way to the dancefloor, where things start getting steamy. But the heat of the moment doesn’t last very long — while things may be hot and heavy at first, you realize that your initial attraction starts to wane.

Twisted’s 2013 old vine zinfandel may have lured

you in with its musky cologne, but one sip will reveal to you why it is priced so low. Immediately, the tongue becomes cloaked in jammy decadence, a fruit-forward seduction of flavor. Unfortunately, Twisted only knows one dance move and that’s where the act becomes redundant. Yes, this wine is a bit of a tease, its aromas promising a full-bodied experience, but only offering a window into the unknown.

All the sensual layers of tobacco and oak fade into memory, and you’ll find yourself left longing for more. Sweet as it is — which is very — it is unfortunately uncoordinated, and it stumbles in its mission to provide a balanced glass. According to the winemaker, this wine

should provide flavors of dark berry and black pepper. While the berries dominate, black pepper is nowhere to be found. Perhaps it is in the bathroom, doing its hair or fixing its mascara. Things start to get sloppy as people start spilling drinks and begin tripping over their heels. Where was clove in this mess? Probably at the bar, buying yet another drink.

It is natural for zinfandel to be sweet. The grape fairs well in hotter climates and so can produce more sugar than cooler-climate varieties. But it is also natural for zinfandel to show its naughty side, to be a little bitter when necessary. Twisted’s zin was all show and no substance. There is no tannin to give the drinker a sense of mystery, although a

rich buttery quality does add depth to the wine’s otherwise light mouthfeel.

For \$4.99, I suppose I got what I paid for. I suppose Twisted makes no attempt to be classy, or to provide any complex form of communication. No, described as, “about discovering your own individual wine style, without any of the complicated rules traditionally associated with wine,” at least Twisted is outright as to its intentions. Twisted is for the night, not the long-term.

Perhaps I am not privy to this modern hookup culture. Call me old-fashioned, but I tend to prefer a wine I can talk to, a wine that will be there for me when I’m sad, a wine that will lend me its shoulder when I’m in need

of a good cry. But now, I just feel used. Drinking Twisted’s 2013 old vine zinfandel unfortunately left me feeling dirty and in need of a trip to church.

Twisted 2013 old vine zinfandel can be purchased at most grocery stores, including Bell’s Orono IGA for \$4.99 for a 750-milliliter bottle. It is recommended you spend a few more dollars for something else.

RATING



Marathon from A12

House of Pizza, donated complementary items to the marathon like shirts and phone chargers.

“My favorite thing is how it gives back to the community,” third-year international relations student and Alpha Tau Omega member, Connor Scott, said.

According to the event’s website, the dance marathons held at many universities and colleges started in

1991 at Indiana University as “a promise to a friend.” In 1984, Ryan White, at 13 years old was diagnosed with HIV/AIDS after a bad blood transfusion. After that, he and his mother Jeanne White Ginder fought against AIDS-related discrimination and for his right to attend school. The U.S. Department of Health and Human Services reports that White died in April, 1990 at the age of 18, only a few months before Congress passed the Ryan White Comprehensive

AIDS Resources Emergency (CARE) Act. White’s friends started the first dance marathon a year later and raised \$10,900 for children’s health research.

Since 1991, dance marathons have helped raise more than \$15.6 million for Miracle Network hospitals across the country. The top fundraiser of UMaine’s event this year was Cassandra Krummel, who raised a total of \$1,290 as of early Sunday morning. The top team total was Phi Mu, a greek organization, who

raised a collective total of \$5,742.

“My favorite part is all the kids,” third-year CSD student Karlee Price said. Price is also the morale and school spirit chairman on the executive committee that organizes the event. One child Price said she met was dressed as a superhero whose superpower was to make people happy.

“I really can’t wait for laser tag and giant twister,” Price said.

In total, the event will be providing direct aid to

23 local children and their siblings. Children were partnered with teams from the university and spent the night doing various activities with them. The top fundraisers from each team went to dinner with the children before the marathon.

“It’s really neat to see this generation of students fighting for the next,” Program Director Kelly Pearson said. “It’s inspirational.” Last year, participants raised a then-university record of \$70,599.99 in donations. All donations this

year were recorded on the university’s CMNH community website.

Pearson stated that about 38 teams were registered for this year’s event and that there were nearly 600 total participants who helped fundraise.

The UMaine Dance Marathon has been held annually at the university since 2012 and has helped raise more than \$200,000 for children’s health centers in central, eastern and northern Maine, according to the event’s website.

Carnival from A10

ates from the “norm.”

“There’s this big stigma about anything that differs from the norm, and how many sexual partners you’ve had, and nobody’s talking to them about things that are important,” Daley said. “I can’t tell you how many young men at these carnivals put condoms on backwards.”

Here’s where Janet Jackson’s sentiment doesn’t always ring true. Sex isn’t always, “just sex.” Among the general consensus: consent is key. Unfortunately, according to Daley, consent is one of the basic components of sex education that isn’t taught to students.

“These events really educate students and it really educates them on things that are important, like consent. It’s important you don’t want to hurt other people, and I think that is a massively important part of our carnival. Sex education is massively important, and it’s not comprehensive enough right now,” Daley said.

“We work hard to make sure we emphasize consent and safer sex in our events. People will become very uncomfortable when you ask them if they want a condom, and that’s sort of pretelling of different stigmas that are probably prevalent among kids here.” Saucier, who aspires to be a sex educator, added.

Daley discussed that, in conversations she engaged with women in her first year, many women felt ashamed for enjoying sex or, worse, when they didn’t enjoy sex. For her, seeing these women open up to her upon learning more about sex and how natural it is showed her the importance of events like the Sex Carnival.

“A lot of the girls I had talked to ... had never even seen a sex toy. I talked to a lot of girls who had never been taught that masturbation is healthy and normal and something that should be completely normalized in society ... It was frustrating to me,” Daley said.

“I think that I play a role that makes people uncomfortable,” Daley said of her role in SASH, which puts

her in charge of contacting sex toy distributors for the Sex Carnival. “I think I play a role that other people don’t feel that I should be playing, but I do feel that I play a role that’s massively important on this campus.”

The overall message, according to Saucier, is that it is always better to join the conversation later than to not join at all. It’s all in the pursuit of reducing the stigma.

“Even if you’re just learning this stuff now coming to college, it’s better late than never,” Saucier said. “I think people want to talk about [sex] ... All of our members of SASH are just so open and excited to spread this information. It allows students to see sex and sexuality as positive things instead of things that have to be hushed up or kept secret.”

The Sex Carnival will take place in the IMRC in Stewart Commons on Monday, Feb. 29, from 6 p.m. to 8 p.m. For more information on SASH, visit <https://umaine.edu/womensgenderandsexualitystudies/student-organizations/>.

Trivia from A12

ty that offers counseling and various forms of vision rehabilitation therapy to patients with vision loss.

“We learned a lot [at the Iris Network],” Claar said. “We talked with patients, we played games with them, we read them the newspaper ... There was a really great educational aspect to that one.”

Friday’s trivia night featured four rounds of trivia questions of varying difficulty, with bonus questions offered in between each round. For \$5, groups of up to four players could imbibe in their favorite beers, munch on plates of nachos and casually sip lattes while answering questions for points. Questions ranged from the standards of geography, history and literature to more complex categories, such as biology — did you know sour milk tastes so because bacteria “devour” the lactose in the milk? You might be rethinking that latte.

The team who answered the most questions and earned the most points took home

half of the money raised from the event.

Claar, whose job puts him in charge of fundraising, estimates the group raised about \$1,500 in the fall semester. Events that contributed to their earnings included a “Breakfast with Santa,” hosted in the North Pod of the Memorial Union, and a “Noche Mexicana” fundraiser co-sponsored by Margaritas Restaurant in Orono. Both fundraisers took place in December.

Claar said he was hopeful the Trivia Night would bring in funds — meanwhile, the group ran out of pens for the many still-arriving players, 33 in total who showed up to support the organization. The group raised \$165 before splitting the earnings and sending the winning group home with half the lot, thereby earning a total of \$82 for the night. Claar said he was pleased with the end results.

“We’re hoping to do this event again the near future,” Claar said. “This was our first time hosting the event so I think we had a pretty good turnout. I think this event has a lot of potential to grow.”

Emily St. Pierre, a medical

lab sciences student and executive trip planner for Operation H.E.A.R.T.S., estimates the group will need to raise about \$3,500 in total to fund the trip. The trip will include service projects at the Women & Children’s Hospital of Buffalo; Unyts, an organ, eye, blood and tissue procurement center; and the Ronald McDonald House of Buffalo, which houses family members of hospitalized children during their hospital stays. The group will also work in soup kitchens amid several other volunteer efforts.

“We’re really helping it at the local, state and national level, and that’s something I really love about Operation H.E.A.R.T.S.,” Emily Whitaker, a fourth-year biochemistry student and president of the organization, said at the event.

“[Operation H.E.A.R.T.S.] gives us an ‘in’ into the medical field, and we get to volunteer. It’s something we’re all passionate about,” St. Pierre said.

“We’re all in the medical majors so it’s really cool to see the different aspects and volunteer. You feel good doing it.”

Summit from A10

only female among the five speakers at the summit.

“It didn’t really surprise me,” Kim said, on being the only woman speaker.

During her presentation, Kim used the data which shows that only 14 percent of graduate deans, and 10 percent of vice presidents are

women. Moreover, the American Student Government Association (ASGA) concluded that in the 2011-2012 school year, 42.5 percent of student body presidents in colleges and universities were women. Since 1976 there have been seven women student government presidents at UMaine. In 2014, Susan Hunter became UMaine’s first woman president.

“But we just celebrated

UMaine’s 150 year anniversary, and she is our 20th president,” Kim added.

During her presentation, Kim also showed a statistic which states that men tend to apply for jobs if they meet 60 percent of job requirements, whereas women only apply if they meet 100 percent.

“When she [Kim] said that, I wondered when was the last time I applied for a job that I didn’t meet all re-

quirements for,” Sierra Santomango, a second-year student, said.

During the summit, Santomango learned that body language can increase one’s confidence.

Amy Cuddy, a researcher at Harvard University studied body language and the impact it has on human hormones. She found that doing a high power pose for two minutes like “the Won-

der Woman” pose, with your chest out and your hands on your hips, can increase your testosterone levels by 20 percent and decrease cortisol levels by 25 percent. In both men and women, higher levels of testosterone result in increased feeling of confidence, whereas lower levels of cortisol lead to a decreased feeling of anxiety, as well as an improved ability to control stress, Cuddy said

in a 2012 TEDGlobal Conference talk.

During her presentation, Kim asked the participants to stand up and test “the Wonder Woman” pose.

Kim encouraged the participants not to hesitate and go after what they want in life.

“You cannot get what you don’t ask for,” Kim said to the crowd. “Be bold, be brave, and just do it.”

Singers from A12

ilies and much more.

“We sit down and walk about where do we want to go, but they [the students] take out all the information and make a plan. It is a really wonderful opportunity for students to lead,” Vogt said.

Singers will be staying with host families during the tour, except the one night in

New York City, where they will be in a youth hostel on the Upper West Side. During their free day in the city, the Singers are free to do what they want, and some students are planning to visit art galleries and go to Broadway shows.

“I am super excited about the free day in New York,” Park shared.

The Singers’ last stop, Thornton Academy in Saco, is where Park and six other singers graduated high

school.

“I am more excited about my family and friends to hear Singers perform live, because most of them never heard us before. I think Singers has an absolute brilliant sound, and you get taken aback when you first hear it. Even when I am taking a sick day, sitting in the corner and listening to them, I feel so honored to be a part of this group that makes such beautiful music,” Park shared.

After they get back, the Singers will highlight their tour by giving a performance at Minsky Recital Hall on Sunday, April 3 at 2 p.m.

“I am very excited for the April concert because that is when the group has done most of the work, and shows off what we have done the whole year. We have an excellent program this year. Fran has chosen some really great pieces,” Park shared.

Abroad from A10

into the architecture inside the library was truly amazing. It cost money to get in, but we got a student discount and it was worth the price to see the inside. In addition, we visited the center of Vienna, as well as the famous ferris wheel Wiener Riesenrad, which is in Prater amusement park. On Sunday, we visited the Natural

History Museum, which was free to enter, and also had amazing interior decor.

I was completely exhausted after this whirlwind weekend of sightseeing and walking almost 20 miles around Vienna, but I am so glad that I saw as much as I did. On Sunday, I had a different flight back from my friends, so I also had to navigate the Vienna subway system alone and find my way back to the airport, which was an adventure.

Inaugural Black Bear Leadership Summit inspires students to lead with passion

Aliya Uteuova
Contributor

Last Friday, Feb. 26, the Golden Key International Honor Society and Sophomore Owls co-hosted the inaugural Black Bear Leadership Summit at Wells Conference Center, featuring lectures and workshops focused on the theme of leading with passion.

Participants of the summit learned about leadership directly from some of Maine's distinguished leaders. Speakers at the event included Todd Saucier, vice president and account executive for United Insurance; Brig. Gen. Douglas Farnham, Maine's recently appointed adjutant general; Command Chief Master Sgt. Daniel G. Moore of the Maine Air National Guard's 101st Refueling Wing; Dr. Carol Kim, UMaine's vice president for research and dean of the Graduate School; and Robert Dana, University of Maine's vice president for student life and dean of students.

The summit also featured workshops that explored the topics of group dynamics, professionalism and the value of networking in a digital world.

This joint initiative was led by Kathy Hill, president of UMaine's Golden Key chapter and Sam Borer, pres-

ident of Sophomore Owls, a men's honor society founded at UMaine in 1909.

Borer met with Hill, who is also the building manager for UMaine's Buchanan Alumni House, to discuss ways of expanding the relationship between Sophomore Owls and the Alumni House. As they were wrapping up, Borer shared the Owls' idea of hosting colloquium leadership series this year.

"One of the missions of the Owls is to assist first-years in transitioning to university life. When I took the presidency, I did not really see us fulfilling this mission," Borer said. "Leadership is something I am very passionate about, so it has been kind of like my pet project. Owls' initiative happened to collocate with the movement of Golden Key."

Indeed, last year, Golden Key held a small leadership event, and planned to do a half-day leadership event this year. The heads of the groups decided to team up and work together to make the Black Bear Leadership Summit happen.

"Last November, we started having meetings about what we wanted it to be, and started securing speakers.

Most of the planning took place in January and it has really been fast and furious since," Hill shared. "The



Todd Saucier, vice president and account executive for United Insurance, gives a speech on passionate leadership at the Black Bear Leadership Summit, Friday, Feb. 26.

Sze Wing Wong, Contributor

hardest part the summit prep was the short timeline we had. When I ask people for help and say you have five days, that is asking a lot from people. Next year we will start planning in October."

The University Bookstore, Army ROTC and University Credit Union are among the sponsors of the summit.

"It was really good to

reach out to a lot of people across and outside the campus, and see them get behind the idea of teaching undergraduate students the essential job skills," Borer added.

"Sometimes, a lot of conferences can get up in the clouds with things that are really great in [sic] paper, but do not help in practicality. We have a lot of people at UMaine who could be great

leaders, but do not get taught the know hows. You go right to your classes, where you learn your math and your physics; but we do not have classes on how to work well with other or how to lead people. You come across these things in every single field but you do not have a class in that. The leadership skills taught in the summit will be applicable to every-

one, regardless of their major," Borer shared.

"There is a leader inside everyone," Hill added.

The summit started with an opening statement from Provost Jeffrey E. Hecker, who addressed the importance of gaining soft skills through leadership experience. Dr. Carol Kim was the

See **Summit** on A9

Sex Carnival seeks to encourage healthy dialogue about sex across campus

Alan Bennett
Culture Editor

"Relax, it's just sex," Janet Jackson famously murmured at the end of her 2004 hit, "Sexhibition." Of course, Jackson's statement garnered media attention. But what the media didn't capture was Jackson's obvious attempt to reduce the stigma surrounding sex in our often-conservative social culture.

A group of University of Maine students is trying to do the same. The Student

Alliance for Sexual Health (SASH) will be hosting its annual Sex Carnival on Monday, Feb. 29 at 6 p.m. in the Innovative Media, Research and Commercialization (IMRC) Center. The event, held in conjunction with the UMaine Student Wellness Resource Center (SWRC), will feature a number of activities ranging from consent education, safe sex demonstrations and a sex toy table hosted by a representative from Athena's Home Novelties.

Samantha Saucier, a

second-year sociology and women's, gender and sexuality studies student and President of SASH, said the event aims to encourage a healthy discussion around sex in the UMaine campus community.

"Our goal with the Sex Carnival is mostly just to be creating an environment for students to feel comfortable discussing sex because it's sort of a 'taboo' thing, but we want to normalize it and equalize it, and have a space where they can learn things they probably don't have the

opportunity to learn or discuss, and also have access to different resources," Saucier said.

According to Saucier, the SWRC works to promote wellness to UMaine students on all levels: physical, mental, emotional and sexual. Hosting an event of this with allows for a larger conversation around sex to develop on campus, thereby promoting sexual health.

"If there's a greater dialogue around sex then there's going to be less stigma for victims, survivors of

sexual assault and people who might be experiencing sexual problems or are maybe having sex for the first time coming to college," Saucier said.

"In our society, [sex] is not something that's talked about," added. "It's often shamed, especially for women. There's a huge fear around sex and sexual activity ... and that leads to abstinence-only education, which deprives people the information that they need about their bodies in order to live sexually healthy, ful-

filling lives."

Kirsten Daley, a second-year anthropology student and public relations chair for SASH, agrees.

"There are all these problems that sex education is not getting to in our schools," Daley said. Among the problems Daley noted are incorrect condom use, inadequate information pertaining to masturbation — including the shame surrounding it — and any kind of sexual activity that devi-

See **Carnival** on A9

Students share their spring break stories, voice opinions on proposed spring break changes

Taryn Carrie Lane
Staff Writer

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See **Spring** on A9

A Mainer Abroad: A different side of Europe

Chloe Dyer
Contributor

Last weekend, I traveled to Vienna, Austria with four other exchange students from the United States. This was a different side of Europe, which I had not seen before. Austria was very different from eastern Europe. Many things were more modern, while at the same time the architecture was classic and beautiful. However, the infrastructure,

such as the subway system, was advanced and modern. Even the hostel that I stayed in was nice. While it was significantly different from Bulgaria and Greece, I am still glad that I chose Bulgaria as my study abroad destination. Also, if I had been in Austria all semester, I would certainly go bankrupt, as everything is far more expensive.

I did enjoy the luxuries of experiencing some gluten-free food while I was in

Vienna. In eastern Europe, such a thing does not exist, because hardly anyone is gluten-free. Celiac disease is deemed a "Northern European" disease. I was unable to eat the breakfast offered at the hostel, so I went along with a friend to McDonald's, not feeling optimistic that I could eat anything there either, but hoping to just get a coffee. However, much to my surprise, McDonald's in Austria has gluten-free bread! They

also give you Nutella with the bread, so I ate here for breakfast all weekend, and I am not ashamed to admit it.

Although Austrian cuisine is not traditionally gluten-free, there is much more diversity of cuisines offered in Vienna than there is in Bulgaria. There were a lot of Asian restaurants, one of which I ate at on Friday. Almost every restaurant I visited in Vienna has the same allergen code on their menus: "A" always meant

that the food item contained gluten. This was such a blessing, because in Bulgaria they don't usually provide any of this information on the menu, and usually get confused if you ask about it. However, this made my life so much easier, if only for the weekend.

In Vienna, we packed in as much sightseeing as possible. We saw two palaces, the Belvedere Palace and the famous Schonbrunn Palace and Gardens.

At the Schonbrunn Palace, which is enormous, there are many gardens behind and a very large hill with a spectacular view of Vienna at the top. We hiked up, and saw breathtaking views and some other architecture at the top.

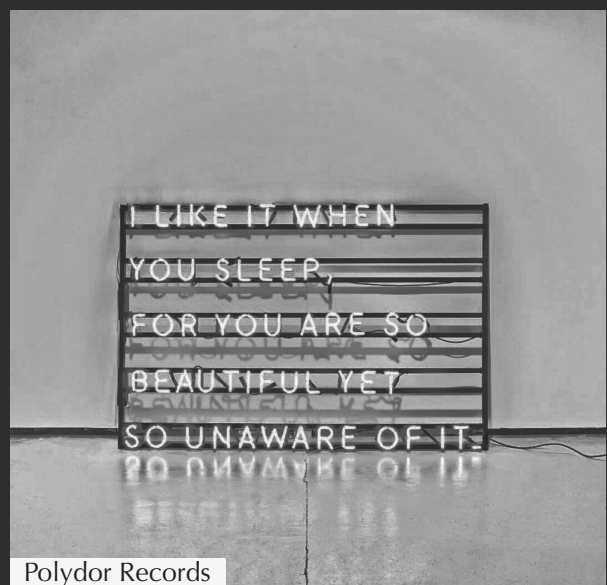
On Saturday, we also saw the National Library of Austria, which is ornately decorated inside. The amount of detail that went

See **Abroad** on A9

Reviews

MUSIC

The 1975 offers intimate look into a complex mind



Polydor Records

Alan Bennett
Culture Editor

The 1975 found themselves in a whirlwind of success in 2013 after their self-titled debut album spawned the hits “Sex,” “Chocolate” and “Girls.” A 39-track deluxe version of that album put The 1975 on the map, not only as catchy hitmakers, but as serious artists. Now, the group is back with their latest, the intimately named, “I like it when you sleep, for you are so beautiful yet so unaware of it.”

Intimacy is the running theme on this album, which discusses the topics of love, lust and loss, all of which open a window into frontman Matty Healy’s troubled mind. Hidden behind shimmering electro-pop overtones and ’80s-funk guitar beats are lyrics that reveal Healy’s struggles with identity and low self-esteem. Repeatedly, Healy laments over his love of women who don’t love him in return, pleads for help over his “junkie wannabe” ways and searches for his identity on a seemingly never-ending, winding road.

Undoubtedly the most personal track on the album is “The Ballad of Me and My Brain,” an orchestral-driven critique of fame, in which Healy describes his struggles with mental health in the public eye. He sings, “I jumped on a bus, declared my name, and asked if anybody’s seen my brain,” to which a character responds, “Your brain was last seen going for a run, and would you sign an autograph for my daughter Laura?”

This theme that fame isn’t all it’s cracked up to be is persistent, seen again in the popular, “Love Me,” a ’70s-influenced guitar-driven track. It’s a reminder that fame can distort one’s personal beliefs and degrade what we hold to be true. Healy voices, “You look famous, let’s be friends ... We’ve just come to represent a decline in the standards are what we accept.” Though a brilliant reminder of the harsh realities of fame, with

RATING



alien-esque sound effects overlaid on top of screaming vocals, it’s the worst track on the album.

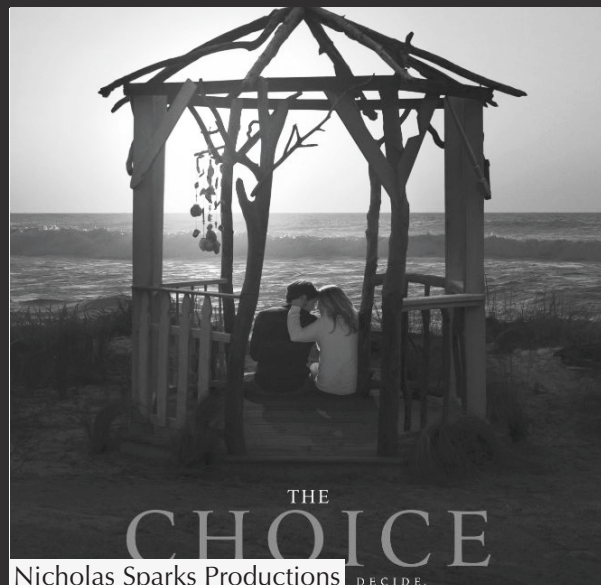
The best songs on the album, however, are the ones which show the variety of styles The 1975 is capable of mastering. “She’s American” is a quintessential display of indie pop, with swooping guitar strums, a typical 2-4 drum beat, and catchy vocals sung in a call-and-response fashion. “The Sound,” the band’s most recent single, displays a masterful blend of disco and bubblegum pop. “Nana,” a downtempo acoustic track, is void of frills, as Healy voices a letter to his deceased grandmother. Not only a heart-wrenching hymn to the departed, it’s a pleasant change in style as it begins to close the album.

Most puzzling about this album is its order — broken into seemingly indiscernible sections that attempt to group songs of similar content together, but ultimately fail to do so. The title track — I won’t say the name again — starts low with airy vocals overlaid on top of electronic pings, then quickly transitions into house beats you’d expect in ’90s New York. It’s disjunct and it’s out of place, but most importantly, it’s intentional.

The album’s songs — a unique blend of Owl City, St. Lucia and Parade of Lights — are mismatched and disproportionately placed, but what they achieve is capturing Healy’s train of thought: a randomization of thoughts and feelings, embroiled in self-doubt, sorrow, sexuality and heartache. Don’t play this album on shuffle; it’s meant to be listened straight-through without pause. Just give it a chance, and you’ll find it’s a soulful album that will speak to you, even though it speaks for itself.

MOVIE

Formula for Success: ‘The Choice’



Nicholas Sparks Productions

Nathaniel Trask
Contributor

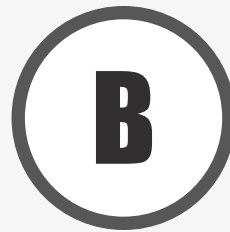
It’s nearly an irrefutable truth that every current and former teenage girl of recent years has seen one of Nicholas Sparks’ romantic film adaptations. Some of his most popular ones include “Message in a Bottle” and “The Notebook,” the latter being the subject of many memes and quotes that make their rounds on social media. Sparks’ newest film “The Choice,” based on one of his best-selling novels, is another refreshing addition to his long list of romantic movies and, while many of his predictable writing techniques carry over from previous films, it’s still a successful formula.

“The Choice” should not be one of those Sparks movies that gets lost in its “chick flick” definition. This one has a little bit to offer for everyone. When Gabby Holland (Teresa Palmer), a medical student, moves in next door to Travis Shaw (Benjamin Walker), a veterinarian at his father’s local practice, they immediately get testy with one another. It’s only when Holland’s boyfriend, Dr. Ryan McCarthy (Tom Welling), goes away on a month-long business trip that things between the two neighbors start to heat up.

What keeps this one going is its setting. Set in the town of Beaufort, N.C., the story offers a too-good-to-be-true example of coastal lifestyle: relaxed, close-knit and carefree. Minus the hurricanes, it seems to be a delightful place to live, and a delightful place to get hitched.

What’s most interesting to watch, however, is the development of the characters’ relationship. Without outlining every detail, it starts off with them getting on each other’s nerves and playing hard-to-get. His loud partying and beer-drinking habits eventually are the tipping

RATING



point to their initial confrontation and their first meeting as neighbors altogether. That’s where the tension between them comes from, and every person that can appreciate Sparks’ work knows what happens when this type of tension reaches a tipping point.

Dog lovers who see this flick will also rejoice with how the lovable animals are incorporated into the story. You’ll find that one of the major reasons for the character’s first meeting had to do with Shaw’s dog getting hers “knocked up.”

This movie has strength in its story, but nevertheless it deserves a B due to another use of Spark’s story formula, where two people meet and fall in love, have a big fight, make up and then something bad happens. Audiences continue to eat it up, however. So despite what any film critic says, it’s still a formula for success.

To all the viewers out there: as with every romance movie, take it with a grain of salt. Everyone’s real love life does not unfold exactly like it does in “The Choice.” If you’re single and expecting your future significant other to come riding in on a chariot being pulled by unicorns or something similar, think again. This doesn’t mean to stop dreaming, though, because dreams, even romantic ones, are what holds us all together. But until that day comes along, you can certainly entertain yourself by watching “The Choice,” because like many of Sparks’ films, it shows that there is someone special out there for everyone.

RESTAURANT

The Family Dog barks up the right tree



mainenightout.com

Alan Bennett
Culture Editor

It’s been voted Best French Fries, Best Burger and Best Vegetarian/Gluten-Free by Bangor Metro magazine. I’m offering another nomination: Best Brunch.

When the Family Dog took over for Lissus Pizza in 2012 — arguably the worst pizza restaurant to ever disgrace the town of Orono — people were unsure of the concept. Specialty hot dogs and burgers weren’t necessarily in hot demand. But people gave it a chance, and today the restaurant is in the process of expanding. Owner Bob Cutler built a large deck overlooking the Stillwater River last spring, and now he is constructing a fenced-in terrace further blow the deck, which will serve as a grassy performance space come the warmer months. Already, the Family Dog is a favorite among students and locals for its \$10 Corona buckets, best consumed on the porch during finals week.

In terms of food, the “Dog” has also expanded from its original menu, now offering specialty coffees, drinks and ice cream, in addition to an already extensive lunch and dinner menu. But what drew me to the Family Dog — and what got me out of sweatpants — was the allure of brunch, the meal that satisfies the breakfast craving while offering something hearty enough to sustain me throughout the day. It’s also breakfast with booze, and with the sun shining high early on Saturday afternoon, how could I resist?

The brunch menu is extensive, featuring classic omelets from “Denver” to the “Southwest” to “Philly” (all \$7.99), and classics such as stuffed French toast (\$6.95), two thick slices of French toast embracing a sweet cream filling and topped with blueberry coulis.

RATING



Fresh beef hash (\$8.99), a menage of braised brisket, onions, peppers and potatoes came to the table fresh off the griddle topped with two over-easy eggs, their yolks dribbling onto the mix below. Could there be a more perfect sight?

And really, could there be a more perfect bite? Tender brisket with just a bit of char, crunchy potatoes with soft insides and perfectly-cooked over-easy eggs made this dish nothing short of a winner. Complicated, it was not — but oh, so good.

The breakfast burger (\$8.50) looked right out of an advertisement: a beef patty topped with American cheese, bacon and — of course — a fried egg sat sandwiched between two large, grilled buns. It stood tall and proud before its untimely demise. The bacon was smoky, thick-cut and crunchy, a delightful contrast to the smooth egg yolk running down its sides. The bun was buttered. Say no more.

While it may seem the Dog struggles to identify a target breed, first wanting to be known for its family atmosphere, then its specialty coffee and now as a bar and local beer hotspot, it is undeniable that the restaurant has been successful in creating an atmosphere of excitement. What will come next? And although the menu may seem straightforward, it is no doubt some of the best food you’ll find in the greater Bangor area. But you don’t need me, or Bangor Metro, to tell you that. Go find out for yourself. At the Dog, there is something for every member of the family.

THE MAINE CAMPUS IS HIRING A
CULTURE EDITOR
TO START IN FALL 2016

FOR MORE INFO AND HOW TO APPLY, EMAIL:
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culture@mainecampus.com

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NEW AND UPCOMING RELEASES

🕒 For All Kings , Anthrax	Feb. 26
🕒 SVIIB , School of Seven Bells	Feb. 26
🕒 Full Circle , Loretta Lynn	March 4
🎬 Eddie the Eagle (in theaters)	Feb. 26
🎬 London Has Fallen (in theaters)	March 4
🎬 Zootopia (in theaters)	March 4

Reviews

The 1975, "I like it when ..." "The Choice" The Family Dog in Orono

A11

FEATURED STORY

Black Bear Leadership Summit
Golden Key Honor Society, Sophomore Owls coordinate inaugural event

A10

Annual Miracle Network Dance Marathon raises \$75,000 'For the Kids'



UMaine students raised more than \$75,000 for the Children's Miracle Network on Feb. 27.

Maggie Gautrau, Staff

Nathaniel Trask
Contributor

Children, parents and University of Maine students gathered at the New Balance Student Recreation Center for the annual Miracle Network Dance Marathon on Saturday, Feb. 27.

The Dance Marathon, formerly known as BearFest, was a 12-hour event held from 5 p.m. Saturday to 5 a.m. Sunday in support of Children's Miracle Network Hospitals (CMNH), a nonprofit organization that raises money for children's hospitals, medical research

and awareness for the cause. The money raised Saturday will benefit the Neonatal Intensive Care Unit at Eastern Maine Medical Center, a local center that supports children's health in Bangor and the surrounding towns. The fundraising goal for this year was \$100,000.

The actual fundraising total of \$75,253.55 was announced early Sunday morning.

Some of the activities at the event included performances by local artists such as Mainly Voices — UMaine's only mixed a cappella choir — and the UMaine Dance Team, a bounce house, outdoor games such as KanJam and more.

"One night, 12 hours, 722 minutes, 43,200 seconds of Dancing for Miracles," read one of the promotional posters at the marathon. Promotion for the event on social media was led by the hashtags #TransformTomorrowToday and #FTK, which stands for "For the Kids."

A quote board was put up to ask participants "Why I Dance." One person wrote, "I dance to help those in need." Another read, "I dance because it makes others smile."

"This is my first year doing it," third-year communication sciences and disorders (CSD) student and Gamma Sigma Sigma sorority President Alison Gannon said. Gannon wore an event shirt that said "HERO" on the front. She also stated that her sorority raised almost \$1,500 for the network, which was the group's monetary goal.

Clubs and other UMaine organizations, including the Marine Science Club, also made an appearance. A fundraising team, known as Team FTK, was also present. Local businesses, such as Orono

See **Marathon** on A9

go!

What's happening in and around Orono this week

Monday, Feb. 29

Maine Lakes... Living on the Edge?

3 p.m. — 4 p.m.
Norman Smith Hall, Room 107
Free

Smoothie Workshop

6 p.m. — 7 p.m.
New Balance Student Recreation Center
Free for students; \$5 for non-students

Thursday, March 3

New Writing Series Spring 2016: Prageeta Sharma

4:30 p.m. — 5:30 p.m.
A.P.P.E. Space, IMRC, Stewart Commons
Free

University Singers to take show on the road for annual spring tour



The University Singers will kick off their annual spring tour in Augusta on March 7, before heading across New England and to New York City.

Alan Bennett, Culture Editor

Aliya Uteuova
Contributor

The University Singers are gearing up for their annual spring tour, which will take them across New England and New York for a week over spring break.

The University Singers are the University of Maine's premiere audition-based choir, whose members come from various disciplines across campus. Nearly half of the choir consists of students majoring in areas outside of music. The "Singers," as they are colloquially known, perform numerous concerts on campus throughout the academic year under the direction of Fran "Fran" Vogt.

Starting out in Augusta on March 7, the group will

travel to New Hampshire and then head to New York. After a free day in New York City, the Singers will travel to Cape Cod, Mass., and wrap up their tour with a performance at Thornton Academy in Saco, Maine on March 12. The spring tour is considered a recruitment tour, where most of the audience are high school students who might be deciding on what universities they want to attend after graduation.

"The good thing is that we are the main choir of the music department, but only half of Singers is made up of music majors. It is a good way of showing [high] schoolers that even if they do not want to be in music, they can still keep music in their lives," Vogt said.

"Anecdotally, I know there are a lot of current singers who found out about UMaine through the spring tour," Vogt added.

Second-year student Liz Park is one of them.

"Singers is one of the reasons why I came to the university," Park, who joined the Singers last fall, said. "It is definitely a big time commitment."

Gwen Hill, a second-year who joined the group her first year shared that as the tour gets closer, the rehearsals become more intensive.

"As a group, we can feel what songs we are doing well and know what songs we need to work on," Dylan Robinson, a second-year Singer added.

Both Hill and Robinson, who have both been on the

tour before, shared that they have to adjust their performance attitude according to their audience.

"Singing in front of Fran is different than singing in front of school kids," Hill added.

Singers rehearse three days for five hours each week, but during their tour, they will be together every day for five straight days.

"It is a really good amount of rehearsal time, but when you are on tour singing with each other two to three times a day, the bond gets stronger and you can really feel that when the music comes out," Vogt said. "The quality of the sound really becomes so much better."

"After the tour ends, we all miss each other a lot," Hill shared.

The Singers will be performing a wide variety of music by composers, including William Billings, Samuel Barber, Stephen Sondheim, William Byrd and Tarik O'Regan. The Maine Steiners and Renaissance, two of UMaine's premiere a cappella groups, will also be performing during the tour. Every year, two assistant conductors for the Singers arrange a women's piece and men's piece for the tour.

"Derek Willette and Merissa Jordan choreographed, arranged the pieces and did the whole thing. It is really awesome," Vogt shared.

"This tour is a very well established thing because the Singers have done it for so long. What's really amazing is that the entire tour is put together by the students," Vogt said.

Each year, the elected vice president of the Singers performs the role of tour manager. They are responsible for the budget, fundraising, contacting the host fam-

See **Singers** on A9

Operation H.E.A.R.T.S. stumps crowd at Trivia Night fundraiser

Alan Bennett
Culture Editor

What is the sequel to Gary Paulsen's novel, "Hatchet?" "The River."

How many Californias could fit inside Alaska?

Four. In the ancient Mediterranean world, there was no soap. An item normally found in the kitchen was used for washing the body. What was it? Olive oil.

These were just a handful of the questions asked to a packed Bear's Den Pub on Friday night, Feb. 26, as the University of Maine's Operation H.E.A.R.T.S. hosted a Trivia Night fundraiser to raise money for their annual volunteer service trip.

The organization — whose acronym stands for "Hands on Educational Association Reaching out Through Service" — is a medically-based service student organization comprised entirely of students who have a passion for service and volunteerism. The group completes service projects in various locations throughout Maine each semester, and travels every May to complete volunteer projects in different U.S. cities. This year, the group will travel to Buffalo, N.Y. to volunteer at hospitals and local nonprofit organizations.

"This money that we

raise tonight will go to our different volunteer projects, for gas and supplies that we need, but also for our trip in May. We're going to Buffalo, N.Y., this year, and we're going to be volunteering at various places throughout the Buffalo area," Joe Claar, a fourth-year nursing student and vice president of Operation H.E.A.R.T.S., said.

The organization, which was founded five years ago, works to connect students who have interests in the medical fields to the community, and allows students hands-on work in their fields of interest. The group has a formal application process, and had 17 members as of fall 2015.

This past year, Operation H.E.A.R.T.S. completed a number of projects, from hosting a Halloween party for children at Acadia Hospital in Bangor, to working with nursing home residents in Ellsworth. The group went north to Houlton to organize products at a local community-based organization that supplies goods to those in need, and also donated toiletries to the center. The organization raffled off Valentine's Day gift baskets in the week leading up to the holiday. Just a few weeks ago, they headed south to Portland, where they worked with patients of the Iris Network, a live-in

See **Trivia** on A9

Sports

Monday, February 29 2016

UMAINE RESULTS



BASEBALL

Black Bears split series

Maine won the first and fourth games in a four game weekend series

B2

2/26	Men's Hockey at Northeastern	Loss	5-3
	Women's Hockey at Boston College	Loss	5-1
	Baseball at New Mexico State	Loss	3-2
	Baseball at New Mexico State	Loss	7-3
	Men's Hockey at Northeastern	Loss	7-1
	Men's Basketball at Binghamton	Loss	78-66

Conference scores, standings and upcoming schedule on B4

MEN'S HOCKEY

Black Bears swept by NU

Maine struggled to find offense against their Hockey East rival

B3



Men's basketball falls on Senior Night 82-74

Spencer Bergholtz
Staff Writer

Senior Night didn't go exactly as planned for the Maine Black Bears as they lost a close game to the Hartford Hawks 82-74 on Wednesday night. After failing to complete the season sweep on Hartford, Maine plunges to an 8-20 overall record on the season to go with a 4-11 America East record and also see their current losing streak grow to seven. Hartford's victory knotted up the season series with the Black Bears and improves their record to 9-21 overall and 4-11 in America East action.

In the beginning of the game it seemed as if it was going to be Maine's night, outplaying the Hawks throughout the entire first half and taking a 41-34 lead into the halftime break. The Black Bears shot 14-for-35 (40 percent) from the field collectively opposed to the Hawks 12-for-33 (36 percent), while also outrebounding them 25-20 on the glass.

Unfortunately the second half was a completely different story. Though the Black Bears improved their shooting in the second half, they were unable to stop the Hawks in any fashion on the

defensive end, surrendering 48 second-half points. Hartford shot 13-of-26 (50 percent) from the field and connected on 6-of-13 (46 percent) from beyond the arc. Maine shot 11-of-25 (44 percent) and 2-of-5 (40 percent) from downtown respectively, but it was not nearly enough to match the offensive firepower of the Hawks. Hartford's aggression in getting to the basket also helped key them to victory, shooting 18 second-half foul shots and converting on 16 of them. The Black Bears were just 9-of-14 (64 percent) at the free-throw line. Hartford's dominate 48-33 second half propelled them to their comeback victory over Maine.

Following the tight loss to Hartford, Head Coach Bob Walsh was hard on himself, blaming himself for the team's loss.

"I'm really disappointed in myself and I don't really have a lot of answers. We should be better than we are. I have to do a better job of connecting with this team and getting this team to come out and perform/play well for a full 40-minute game. We have the right guys in the locker room, yet we haven't been able to perform at the level we need for 40 minutes. I'm disgusted in



Till Gloger (left) brings the ball down the court as J.R. Lynch of Hartford (right), defends him.

Ian Liggett, Staff

myself," Walsh said following the defeat.

First-year forward Issac Vann led the way for the Black Bears with 23 points, eight rebounds and three assists. Vann was dialing in from all over the floor, shooting 7-for-14 from the field, connecting on 3-of-6 from three-point land and 6-for-7 at the charity stripe.

Fourth-year forward Shaun Lawton was extremely effective in his last home game as a Black Bear, converting on 4-of-6 of his attempts from the field for 13 points to go with five rebounds and two assists. First-year forward Devine Eke pushed chaos coming off the bench, scoring eight points and grabbing a game-high 11 re-

bounds.

For the Hawks, redshirt third-year guard Pancake Thomas led the way with scoring, netting 23 points, meeting his 500-point milestone. Other notable scorers were redshirt third-year guard Jalen Ross netting 14 points and first-year forward George Blagojevic with 10 points.

"Our intensity on the defensive side wasn't there in the second half. First half it was there, we played defense the way we are capable of. The second half, as soon as we came out of the locker room our intensity wasn't where it needed to be and that's when they jumped on

See **M. Basketball** on B2

Women's basketball clinches share of regular season title

Timothy Rocha
Staff Writer

In their last away game of the regular season, Maine's women's basketball team held on to win a tight contest over Hartford 50-44 on Wednesday. The win didn't come easy, as the Hawks found a way to bring the game to within four points in the last minute, but Hartford was ultimately unable to seal the comeback.

With their 11th victory in a row, the Black Bears now jump up to 23-7 on the season, matching their win total from last year. Their record within America East games also increases to 14-1. For the Hawks, the team now stumbles to 11-7 overall, while still holding a 7-8 mark in conference games.

Third-year guard Sigi Koizar led the Black Bears in scoring, as she went 5-14 shooting. She gave the team 15 points, along with three rebounds and two assists. Fourth-year forward Mikaela Gustafsson also put up a solid performance with 11 points and five rebounds.

Maine was noticeably more accurate on most of their shots. The Black Bears went 21-47, while hitting the net 44.7 percent of the time. On the other hand, the Hawks went 17-50, reaching the basket on 34 percent of their attempts. Hartford performed better from the three-point line as they hit 6-21, while Maine only managed to make 4-16.

In the first quarter, fourth-year forward Bella Swan got the Black Bears

on the scoreboard first with a quick layup. With the help of a three-pointer and a layup from fourth-year guard Sophie Weckstrom, Maine found themselves holding on to an early seven point lead. However, Hartford battled back as the quarter ended at 11-8 in favor of Maine.

The Black Bears brought a balanced offensive attack in the second quarter, but were unable to pull ahead significantly. Gustafsson gave Maine a jump shot and a layup right before halftime to help the team outscore Hartford 13-7 in the period. Halfway through the game, Maine held the 24-15 advantage.

Second-year forward Janelle Harrison wouldn't let Hartford slip in the third quarter, as she gave the team three free throws, a jump shot and a layup, all of which helped the Hawks climb back. Despite Hartford's resurgence, Koizar closed out the third period with a trio of free throws, allowing Maine to keep a 39-31 lead heading into the last 10 minutes of the match.

Early in the final quarter, Gustafsson hit a layup, putting the Black Bears up by 11 and giving them their largest lead of the game. But the Hawks were not out as third-year guard La'Trice Hall rallied the team back with two layups and a jump shot. With less than three minutes remaining, Hartford scored seven consecutive points to climb back to within four. With

only 30 seconds left and the game on the line, Koizar hit a crucial jump shot for Maine, ending any hope of a comeback for Hartford. As the clock expired, Maine held on to win the game by a narrow 50-44 margin.

Hartford's biggest problem was that they didn't have any consistent scorers. Harrison led the team in scoring with 10 points and six rebounds, despite starting the game as a reserve. Though Hall only had six points throughout the entire game, she also put up six rebounds and two assists.

Black Bears grab share of America East regular season title with win over Binghamton

For the first time since 2004, Maine's women's basketball team has fought their way to 24 wins in a single season. Their latest victory came during senior day when Binghamton scored the fewest points that any team has against Maine all year, as the Black Bears dominated the Bearcats 69-37 on Saturday under the bright lights of the Cross Insurance Center.

With the victory, the Black Bears have now won 12 games in a row while also closing out the regular season with a perfect 12-0 record in home games. Standing at 24-7 overall and holding a 15-1 mark within America East games, Maine will either be awarded the America East regular season title or they will share that honor with Albany, depending on the outcome of the Great Danes'

last game on Sunday. The loss puts Binghamton down at 13-16, with a split 8-8 mark in conference games. As always, senior day was a memorable day for many of Maine's fourth-year players.

"We've put our hearts and souls into this team and we've come together as a family, we always have each others back so that makes it even more special for me," fourth-year forward Liz Wood said.

When it came to scoring, Koizar led the match with 19 points. She went 7-15 on throws, while also maintaining a 3-6 mark from beyond the three-point line. She also added six rebounds, four steals and three assists. Behind her, Swan grabbed 11 rebounds and 10 points, while Gustafsson also notched 10 points and three rebounds.

After a rough start, Maine's accuracy vastly improved and they finished the day by going 25-60 on shots, while hitting the net 41.7 percent of the time. Meanwhile, Binghamton went 14-55, only making about 25.5 percent of their attempts. When it came to three-point shots, the Black Bears finished 7-20, whereas the Bearcats went 1-13.

In the first quarter, Maine opened up with a three-point shot from fourth-year guard Sophie Weckstrom, followed closely by a pair of free throws from Swan. Despite the Black Bears' early five-point advan-

Jake Leithiser
Contributor

Sprints and jumps Coach Chris Flynn is relatively new to the track and field team at the University of Maine, but has already made his impact with personal bests this season from a large portion of his athletes.

Flynn's personal track career was jump-started at Westfield State College in Westfield, Mass. where he specialized in long jump and triple jump, earning himself all-conference honors along the way.

Flynn originally graduated with a degree in criminal justice from Westfield State, but after realizing he had a passion for track and field he went back to school and got a Master's degree in physical education with a concentration in coaching from Springfield College.

Flynn began honing his coaching techniques not just through being a member of the track team at Westfield, but also through his thesis research studies at Springfield, which focused on triple jump techniques.

While Flynn's background as a college athlete certainly helps in relating to his athletes and how to manage their time and practices, Flynn doesn't see it as something necessary for anyone wanting to pursue a coaching path.

"[Being an athlete] doesn't necessarily make you a good coach," Flynn said. "You have to have the passion to do it."

Coach Flynn leads track team

For Flynn, he didn't realize that passion right off the bat. He always enjoyed competing in track and learning about the sport, but the thought of making a career out of it was something that came later.

"[My first coaching position] was something I took just because it was a job," Flynn said. "I didn't think it was something that would take me anywhere."

Little did Flynn know it would take him several places.

After coaching the sprints and jumps at Springfield College for two years, Flynn was hired by Bowdoin College and given more responsibility in the form of recruiting and meet management. Flynn coached at Bowdoin for the 2013-2015 seasons before taking the assistant coaching job at Maine. While Flynn still has fond memories of his time at Bowdoin, getting the opportunity to work with a Division I program like Maine "was something I couldn't turn down," Flynn said.

The young coach took the position at Maine just under a year ago and hasn't looked back since. Flynn's impact can most clearly be seen in the work he's done with the high jumpers on the track and field team.

Third-year jumper Asaad Hicks has seen an improvement of an astounding 11 centimeters since working with Flynn and ended the year as the second highest jumper in the America East Conference.

See **Flynn** on B3

See **W. Basketball** on B2

M. Basketball

from B1

us and things started going downhill,” Lawton said after his final game.

Maine looks to end their regular season on a good note and head into the post-season with some confidence when they travel to Binghamton on Saturday, Feb. 27 for a 2 p.m. tipoff against the Bearcats for their regular season finale.

Black Bears fall to Binghamton in season finale

The University of Maine men's basketball team lost their regular season finale at Binghamton 76-68 on Saturday afternoon. This loss concludes Maine's regular season record at 8-21 and 4-12 in America East play.

Vann could not be stopped for the Black Bears on Saturday afternoon, pouring in a game-high 26 points to go with eight rebounds and four assists. Second-year guard Aaron Calixte also played well, contributing 14 points and three assists.

For Binghamton it was second-year forward Willie Rodriguez who led them to victory scoring 24 and grabbing a game-high nine



Maine's Issac Vann shoots a penalty shot at the Cross Insurance Center.

Ian Liggett, Staff

rebounds. Second-year forward Bobby Ahearn came off the bench and netted 10 points and five rebounds in just 17 minutes of action.

The first half was made up of long runs by both teams. Binghamton opened up the game strong with a 13-5 run throughout the first seven minutes of the contest.

Back-to-back jump shots by Lawton and Calixte, topped off by a deep three-pointer from Vann propelled a 7-2 Black Bears run, cutting the lead down to just three with 9:00 remaining in the first half. Maine and Binghamton were then trading baskets at an even rate throughout the remainder of the first half

until Binghamton put together a last minute 5-0 run that sent them into the break up by five-points at 34-29.

The second half started off closely contested, as Maine was able to manage the Binghamton lead early and keep it within six through the first five minutes of the second half. Bingham-

ton then went on 7-0 run to stretch their advantage to 13 with 13:00 to play in the second half. Lawton hit a key jumper to stop the bleeding of that run, but then Binghamton sparked an 11-2 run putting them up by 19 with 8:53 remaining and ultimately out of reach for a Black Bears comeback chance.

Maine did all they could trailing by so many points with just under nine minutes to play, showing no signs of quitting. The Black Bears put on a 15-7 run of their own, shrinking the lead back to single-digits at 69-60. That was as close as Maine would get and it was a case of too little, too late for the Black Bears as Binghamton hit a few free throws down the stretch putting the game away.

Maine was 26-for-56 (40 percent) from the field and 5-for-18 (28 percent) from three-point territory. Binghamton shot more accurately from all over the floor, 31-for-66 (47 percent) from the field and 6-for-15 (40 percent) from downtown. Binghamton also was tough on the defensive end, forcing seven steals and four rejections. Maine was only able to force a season-low two steals and two blocks. It was dead even on the glass with both teams, grabbing 40 rebounds a piece.

With the regular season in the books, Maine will begin their postseason action when they travel to Vermont to take on the Catamounts on Wednesday, March 2 for a 7 p.m. tipoff.

Baseball team splits four game series with New Mexico State

Jacob Posik
Sports Editor

After dropping two straight decisions to Clemson last weekend, the University of Maine baseball team rebounded on Friday night, topping the New Mexico State Aggies by the score of 3-1 in Las Cruces, N.M.

Second-year right-handed pitcher (RHP) and Bangor native Justin Courtney (1-0) got his first start of the season for Maine and pitched seven innings, ending his outing with seven hits, one earned run, two strikeouts, no walks and the win.

Third-year outfielder Tyler Schwanz carried Maine offensively throughout the contest, going three-for-three with one double and two RBIs.

First-year infielder Danny Casals got on base at the top of the first inning before Schwanz brought him home with his double down the left field line, giving Maine an early 1-0 advantage.

After a scoreless second inning, Schwanz brought in first-year infielder Jeremy Pena on a base hit to centerfield to double the Black Bears lead to 2-0.

Fourth-year infielder Brett Chappell returned the favor in the top of the fifth, hitting a single to the gap in center and bringing in Schwanz to give Maine a 3-0 lead.

Courtney gave up just one run during his outing that came in the bottom of the seventh inning. Third-year infielder Trey Stine earned a base hit, and fourth-year outfielder Cameron Hastings hit a double to left field, bringing in Stine and cutting the Black Bear lead to just two runs.

Fourth-year RHP Charlie Butler came in to relieve Courtney in the eighth inning, forcing a double play and striking out the third batter before handing the reigns to fourth-year closer Logan Fullmer for his second save opportunity of the season.

Fullmer walked one batter, struck out two and forced a ground out to give the Black Bears the 3-1 victory.

Maine played sharp throughout the contest, as the Aggies gave up two er-

rors in the opening game of a three-game weekend series. Maine's stout pitching left many Aggies stranded on base, as New Mexico State outit Maine in the contest 9-8, but could only produce one run.

First-year RHP Kyle Bradish (0-1) got the start for the Aggies and pitched well in his first collegiate start. Bradish finished with three walks, seven strikeouts and three earned runs in six innings pitched.

Black Bears give up seven runs in two innings, fall 7-3

In the matinee game of Saturday's doubleheader, third-year RHP Jeff Gelinias (0-2) struggled mightily, giving up five hits and seven earned runs in 1 and 1/3 innings of work as the Black Bears fell 7-3 to New Mexico State.

The Aggies were led by third-year designated hitter Austin Botello, who had a great night at the plate. Botello had three hits, two RBIs and two runs scored in the contest.

Despite the rough start for Maine, Gelinias was relieved by second-year RHP John Arel, who had a stellar 6 and 2/3 innings of work. Arel pitched the rest of the contest for the Black Bears and gave up just five hits with nine strikeouts and only one walk.

His counterpart, third-year RHP Matthew McHugh (2-0), devastated the Black Bears batting lineup, pitching 5 and 1/3 innings and giving up just five hits and two earned runs.

While Maine had trouble scoring, Schwanz and third-year outfielder Jake Osborne both belted solo homeruns in game one. For Schwanz, it was his team-leading second home run of the season.

Casals scored for Maine in the top of the first inning, stealing home on a strikeout play where Maine advanced its runners on the corners. Pena was caught stealing second base, but Casals took off from third after the Aggies catcher made his throw, giving Maine the early one-run advantage.

Gelinias struggled in the bottom of the first inning, giving up three quick runs in the Aggies first sequence at

bat. Stine, Botello and third-year infielder LJ Hatch all had base hits to lead off the inning.

Third-year outfielder Dan Hetzel hit a sacrifice fly to bring in Hatch to knot the score at 1-1. Fourth-year outfielder Joseph Koerper followed with a single to centerfield, bringing in Stine and Botello to take a 3-1 lead.

Hatch and third-year outfielder Daniel Johnson had leadoff hits in the bottom of the second, paving the way for what would be a four-run inning for New Mexico State. Botello would hit a single to right field for two RBIs, bringing in Hatch and Daniel Johnson to take a 5-1 lead. Hetzel added a double down the left field line to bring in Stine, and third-year outfielder Tommy Bell would fly out to center field, allowing Botello to tag up and beat the throw to home plate. The Aggies would take a commanding 7-1 lead into the third inning.

Maine's only remaining scores came on the solo shots by Schwanz and Osborne. Arel kept the Black Bears in the contest after the rough start through the first two innings. After a powerful start to game one of the weekend series, Maine struggled to find runs in their batting order and fell by the score of 7-3.

Fishback lifts New Mexico in 3-2 win

Maine lost on the back-end of the doubleheader as well, falling to the Aggies by the score of 3-2 on Saturday night. Second-year RHP Jonah Normandeau got the start for Maine, giving up just five hits and two earned runs in four innings of work with three strikeouts.

Aggies third-year RHP Marcel Renteria bested Normandeau with six strikeouts and only one earned run in five innings on the mound, but didn't earn the decision.

Second-year catcher Mason Fishback won the game for the Aggies in the bottom of the seventh inning in walk-off fashion. After Hetzel, Hatch and third-year outfielder Greg Popylisen lead off the inning with base hits, Fishback hit into a fielder's choice RBI. Hatch was out at second, Hetzel advanced

W. Basketball

from B1

tage, the Bearcats battled back with six unanswered points to snatch away the lead. Though fourth-year guard Lauren Bodine managed to snag two key steals in the final minute, Maine failed to capitalize on either takeaway. With both teams struggling offensively, the first period ended in a 9-9 tie. Accuracy plagued Maine in the first period as they went 2-16 on shots, while also only going 1-6 from the three-point line.

With two free throws and a jump shot from Koizar, the Black Bears came out of the gate strong in the second period. Continuing off the momentum Koizar gave them, the team scored 10 unanswered points, capped off by a layup from Gustafsson. In the final three minutes, Maine again went wild as Swan scored a trio of layups, and along with an additional layup from Weckstrom, managed to end the quarter by scoring eight consecutive points. After outscoring Binghamton 18-5, Maine marched into halftime up 27-14. Despite creating a noticeable gap on the scoreboard, the Black Bears acknowledged that they missed some easy opportunities.

to third and Popylisen came in to score the game-winning run for New Mexico State to win 3-2.

Neither team could tally a run until the top of the fifth inning, when Maine took a 2-0 lead. Fourth-year first baseman Brenden Geary earned an RBI on a groundout to short, bringing in Chappell for a 1-0 Maine lead.

Fourth-year catcher Jonathan Salcedo singled to left field later in the inning to bring home fourth-year designated hitter Kevin Stypulkowski and double the Maine advantage. Stine made an error on the play, resulting in an unearned run.

New Mexico State responded in the bottom half of the inning, knotting the score with two runs of their own. Hetzel was walked with the bases loaded to begin the inning, trimming the Black Bears lead. Hatch grounded out to second base but brought in Stine to knot the score at 2-2.

Third-year closer Brett Worthen (2-0) earned the decision for New Mexico State, pitching the final inning of the contest. In one inning of work, Worthen gave up no

“We had good looks it seemed like every possession,” Head Coach Richard Barron said. “Some of the shots seemed maybe a little rushed, we seemed a little flat. We weren't getting the ball over the front of the rim.”

The third quarter began with more pressure from Koizar as she hit two layups and a three-pointer. However, second-year forward Alyssa James wouldn't give up for Binghamton as she made two jump shots and a layup. In the last seven seconds, fourth-year guard Chantel Charles sunk a layup, helping the Black Bears outscore the Bearcats 13-10, while giving Maine the 40-24 lead heading into the game's final 10 minutes.

Maine refused to slow down in the fourth quarter as Koizar scored eight points, followed closely by another seven from Wood. Trying to keep up, James carried Binghamton with a trio of free throws, a jump shot and a layup, but it was too late for the Bearcats to climb back. In the last five minutes, fourth-year center Anna Heise put the game out of reach with six points. Coming off the bench, first-year guard Isabel Hernandez Pepe hit a three-pointer, giving Maine the game-high 32 point lead and ending the contest with a final

score of 69-37.

For the Bearcats, James' performance stood out as a highlight. She led Binghamton in scoring by tallying 18 points along with five rebounds. Fourth-year guard Kim Albrecht also had a solid game as she put up 11 points and three assists. Despite James' production, Binghamton's Head Coach Linda Cimino believed that the team could have utilized her talents more.

“We've got to do a better job of getting her the ball,” Cimino said. “The fact that our guards weren't making shots allowed Maine's defense to keep collapsing on Alyssa (James) and that limited her opportunities.”

Though the regular season ended, the Black Bears will get a chance to keep their win streak rolling as they enter the America East Quarterfinal rounds on March 5. While they may not know who their opponent is yet, the team knows that their biggest games are still ahead of them.

“We still know that we have basketball to play, so we are not thinking about this as an end,” Barron said. “I think we're all excited about moving forward and we have a lot of pretty high aspirations about what we're going to do beyond today.”

hits or earned runs and struck out two Black Bears batters.

Butler (0-1) relieved Normandeau and pitched the final 2 and 2/3 innings, giving up one earned run on Fishback's fielder's choice hit to win the game. He gave up just two hits and added one strikeout in his second relief outing on the weekend.

Maine struggled to connect at the plate again in game two, failing to find offensive consistency against the Aggies pitching rotation. No Maine batters were able to reach base for the remainder of the contest as the Black Bears fell in game two of Saturday's doubleheader by a 3-2 score.

Maine returns the favor with 13-3 win

The Black Bears found their swing in the fourth and final game of the weekend series, dominating the Aggies by the score of 13-3 on Sunday afternoon. The Black Bears batted .390 collectively as a team and first-year RHP Nick Silva (1-0) controlled the Aggies lineup through 4 and 2/3 innings to earn the win.

Maine was swinging out of the gates, scoring two runs in the top of the first

inning. Schwanz singled to right field, bringing in Pena for a 1-0 lead. Chappell hit a sacrifice fly to center field, allowing Casals to tag up and run home for a 2-0 Maine advantage.

New Mexico State responded with a three-run third inning to take the lead before the Black Bears truly came alive. Black Bears second-year starting RHP Chris Murphy found himself in trouble in the bottom of the third inning with the bases loaded, walking Hetzel to bring in first-year catcher Jason Bush to put the Aggies on the board.

Stine followed up with a double deep to right field, bringing in two runners and giving New Mexico State a 3-2 lead.

From then onward it was all Maine, who scored 11 unanswered runs in the final six innings of the contest to split the weekend series. First-year outfielder Colin Ridley hit a fly out to bring in Stypulkowski and knot the game at 3-3 in the bottom of the fourth. Osborne gave Maine the lead when he singled to left field to bring in

See **Baseball** on B3

Swimming competes at ECAC Championship meet

Connor Schneider
Staff Writer

The men's swimming and diving team traveled to the United States Naval Academy this past weekend to compete in the Eastern Collegiate Athletic Conference (ECAC) Swimming Championships. The event spanned the entire weekend, and by the end of Saturday Maine was in 10th place with 107 points, leading the 11th place Loyola University by over 30 points. The Black Bears also broke two school records in their ongoing competition.

The first event in which Maine competed was the first event that saw a school record broken. The 200-yard freestyle relay team consisted of second-year Nick Sundquist, third-year Shane Kinnon, fourth-year Matt England and first-year Justin Hafner. Their blistering time of 1:23.89 shattered the previous school record of 1:24.83.

Sundquist went on to

place 10th in the 200-yard individual medley, putting up a time of 1:50.24 that was sufficient to earn seven points for Maine. This was another school record by Sundquist, whose time edged out the previous record of 1:50.57 that had been set by him.

Maine continued their excellent consistency in relays by placing 10th in the 400-yard medley relay. Second-year Connor Mayhew, second-year Peter Tirabassi, England and Kinnon composed the team, and they gathered 14 points for Maine with their time of 3:28.20.

The next relay, the 200-yard medley relay, saw Maine's highest ranking effort of the competition. England, Tirabassi, Sundquist and Kinnon finished in 1:32.07, earning a whopping 30 points for the Black Bears and being defeated only by Army West Point, the U.S. Naval Academy and Binghamton.

Sundquist returned to earn Maine 17 points in his next competition, the

100-yard butterfly. He completed the race second overall, finishing only behind Rider University's Matthan-Matthew Martir. He finished the event in 48.59 seconds.

In the 100-yard backstroke, England finished in 50.70 seconds and 11th place overall, enough to earn six points for Maine.

The 800-yard freestyle relay was Saturday's last event, and saw Maine finish the day strong. The team was led by Sundquist, and followed by first-year Morrill Coulter, third-year Tim Edison and first-year Andrew Majeski. They finished the event fifth overall, clocking in at 6:48.28 and bringing 28 points to the team.

A strong second day more than tripled Maine's overall points, and put them in an enviable position going into the last day of the meet. Going up against the stiffest competition they've faced this season, Maine excelled, and look to continue to do so.

one of which was giving up his pursuit of turning professional in mountain biking. Yet Flynn realizes that these sacrifices are aspects that come with the job.

"It's a job that takes a lot of work and time but it's worth it," Flynn said. "Last week there were a couple nights I was in the office until 10 p.m."

But that time and dedication Flynn puts in is something that is paying off for his athletes.

Fourth-year captain and high jumper Tyler Martin has also recorded his per-

sonal best this year under Flynn, soaring over the coveted 2-meter mark. He also praised Flynn.

"Chris has been outstanding to work with," Martin said. "His enthusiasm and excitement in practice and in competition is contagious, it feels like he's right there with you and is fully invested in the process."

While Flynn has aspirations of a head coaching job in his future, for now he remains focused on the performances of his athletes bringing in a strong recruiting class for the 2016-2017 season.

was able to advance to home plate on a wild pitch before the end of the inning, giving Maine a 9-3 lead heading into the seventh stanza.

Pena, Stypulkowski and second-year infielder Alex Cabrera would all tally RBIs before the end of the contest, as Maine would go on to win 13-3.

New Mexico State committed a staggering four errors in the contest, while the Black Bears made just one mistake defensively.

Maine outhit the Aggies in the contest 16-5. Maine's rotation of Murphy, Silva, second-year RHP Eddie Emerson and

second-year left-handed closer Connor Johnson combined for just three earned runs and seven strikeouts.

Third-year RHP Dalton Shalberg (0-1) earned the loss for the Aggies, pitching just 3 and 1/3 innings and giving up three earned runs and six hits.

After the weekend series, Maine moves to 3-4 on the season while New Mexico moves to 4-2. Maine returns to action on March 4 when they play St. Bonaventure in Port Charlotte, Fla. The opening pitch is scheduled for 11 a.m.

Men's hockey ends regular season with losses to Northeastern



The Black Bears fell in game one by a score of 5-3 and 7-1 in game two.

File Photo

Jacob Posik
Sports Editor

A two-goal middle period for the Northeastern Huskies men's hockey team was enough to put away the University of Maine Black Bears Friday night, topping their Hockey East conference foes in the first game of the final regular season series by the score of 5-3.

Both teams traded a pair of goals in the opening period before the Huskies came to life, notching two unanswered goals in the second period before Maine could respond in the final period on the stick of second-year forward Cedric Lacroix. The Huskies would tally an empty net goal late in the contest to put the game out of reach and clinch the 5-3 win.

Third-year forward Zach Aston-Reese and first-year defender Eric Williams netted early goals for the Huskies in the first period. Second-year forward Nolan Stevens assisted on both plays, and finished the night with three points.

The Black Bears hottest goal scorers returned the favor before the end of the period. Fourth-year forwards Andrew Tegeler and Will Merchant both found twine on Huskies first-year goaltender Ruck Ryan (13-10-4), who stopped 34 of 37 shots in the contest. Third-year forwards Blaine Byron and Cam Brown assisted on Tegeler's goal.

Merchant's goal came on a chip in at goalmouth, cleaning up the rebound opportunity on a shot from first-year forward Brendan Robbins.

Williams netted his second goal for the Huskies to open up the middle period and give Northeastern a 3-1 lead. Nolan Stevens assisted again on the play.

First-year forward Patrick Schule notched the second Huskies goal of the period just 58 seconds later. Maine outshot Northeastern 11-7 in the period, but the Huskies cashed in their scoring opportunities on Black Bears first-year netminder Rob McGovern (2-12-3), who stopped 21 of 25 in the contest.

Maine's offensive tenacity continued in the final period, as Lacroix scored his fourth goal of the season. The Black Bears out-

shot Northeastern 15-6, but couldn't find a way past Ryan, who stayed stout in net despite the constant pressure applied by Maine.

Black Bears Head Coach Red Gendron made the decision to pull McGovern with 1:44 remaining in regulation. The Black Bears managed to get three shots on Ryan with the extra attacker before Huskies first-year forward Adam Gaudette tallied an empty-net goal with 39 seconds remaining to put the game out of reach for Maine.

Both teams struggled on special teams in the contest. Maine failed to cash in any of their three power play opportunities, and Northeastern went 0-for-2 with the man advantage.

Maine outshot Northeastern 37-26 in the contest, and won 39 of 64 faceoffs.

Game two of the weekend series begins on Saturday at 7 p.m.

Huskies dominate Maine in 7-1 win

Northeastern completed the weekend sweep of the Black Bears in a dominating fashion, topping the Black Bears 7-1 in game two. Maine's penalty kill struggled throughout the contest, giving up four power play goals to Northeastern, who converted on four of seven opportunities with the man advantage in the contest.

The second half of the weekend series featured 22 penalties among both teams, including penalties for roughing, facemasking and two game misconduct penalties on Maine by second-year forward Nolan Vesey and second-year defender Mark Hamilton.

Maine's lone goal came in the opening period on the power play from Vesey. Third-year defender Eric Schurhamer assisted on the play.

The Huskies jumped out to a quick 3-0 lead in the first period before the Black Bears had a response. Gaudette notched the first Huskies' goal on the power play just over the seven-minute mark of the period. Third-year forward John Stevens and Aston-Reese assisted on the score.

Nolan Stevens and fourth-year forward Kevin Roy would both notch even

strength goals on Black Bears third-year netminder Matt Morris less than three minutes apart in the middle of the period before Vesey would score the Black Bears only goal. Morris got his first start after a two-game absence stemming back to his struggles against Merrimack last weekend.

In the middle period, the Huskies notched two more goals, one of them coming on the power play by fourth-year defender Colton Saucerman.

With 1:42 remaining in the period, six different penalties were assessed on the same play, with two Black Bears picking up roughing and elbowing minors and two Huskies players picking up roughing penalties. Vesey also earned a 10-minute game misconduct penalty during the altercation. Fourth-year forward Mike McMurtry added the Huskies other goal in the period, giving Northeastern a 5-1 advantage heading into the second intermission.

Northeastern added two goals in the third period, both of them coming on the man advantage. Aston-Reese notched his second goal of the weekend near the 14-minute mark of the period. Third-year forward Tanner Pond rounded out Northeastern's scoring with a power play tally late in the period.

Another squabble ensued late in the final period, when Hamilton picked up a facemasking penalty and game misconduct penalty and was ejected from the contest.

Northeastern outshot Maine 33-27 in the contest. Maine converted only one of its three power play opportunities. The Black Bears finished with 50 penalty minutes on 14 infractions.

Ryan picked up the win in net for Northeastern, stopping 22 of the 23 shots he faced in the contest. Morris stopped just 26 of the Huskies' 33 shots and continues to struggle in net for Maine.

Maine is scheduled to return to action for the Hockey East postseason tournament on March 4. The Black Bears are slated to play Northeastern again in the first round of tournament action.

Flynn from B1

He credits much of this progress to the attention Flynn has devoted to him and the practice techniques he's implemented.

"Chris takes the time to work with each athlete individually and make sure that they reach their potential," Hicks said.

Due to how much time he's dedicated to his craft, Flynn has had to make some sacrifices along the way to pursue his love of coaching,

Baseball from B2

Geary, giving Maine a 4-3 advantage.

Chappell earned another RBI when he hit a single in the bottom of the fifth and extended the Black Bears lead to two runs.

Maine notched four runs in the bottom of the sixth, removing any hope the Aggies had of fighting their way back into the contest. Schwanz singled to center field to bring in Pena, and Stypulkowski singled to left field for two RBIs to bring Maine's lead to 8-3. Casals



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Around the Conference



MEN'S HOCKEY SCORES

2/26	UMass Lowell	1	2/27	Maine	1
	Boston College	3		Northeastern	7
	Maine	3		Massachusetts	0
	Northeastern	5		Providence	6
	Providence	4		Boston College	1
	Massachusetts	1		UMass Lowell	3
	New Hampshire	1		Connecticut	5
	Connecticut	4		New Hampshire	4
	Boston University	3		Vermont	0
	Notre Dame	2		Merrimack	2
	Vermont	1		Boston University	0
	Merrimack	4		Notre Dame	1

STANDINGS

1	Boston College	24-5-5
2	Providence	25-5-4
3	Notre Dame	19-8-7
4	UMass Lowell	21-8-5
5	Boston University	19-10-5
6	Northeastern	16-13-5
7	Merrimack	11-16-7
8	Connecticut	11-19-4
9	Vermont	12-20-3
10	New Hampshire	10-18-6
11	Maine	8-22-6
12	Massachusetts	8-22-4

OVERALL

UPCOMING GAMES

Wednesday, March 2nd

Men's Basketball
at Vermont
7:30 p.m.

Friday, March 4

Baseball
vs. St. Bonaventure
11 a.m.

vs. North Dakota
3 p.m.

Saturday, March 5

Men's and Women's
Indoor Track'
at ECAC/IC4A
Championships
12 p.m.

Woman's Basketball
vs. TBA
at Vestal, N.Y.

WOMEN'S HOCKEY SCORES

2/26	Providence	2	Vermont	4
	Northeastern	5	Boston University	2
	Maine	2	Maine	1
	Boston College	5	Boston College	5
	New Hampshire	2		
	Connecticut	3		
	Vermont	0		
	Boston University	3		
2/27	Providence	2		
	Northeastern	6		
	New Hampshire	3		
	Connecticut	4		

STANDINGS

1	Boston College	34-0-0
2	Northeastern	26-7-1
3	Boston University	21-13-2
4	Connecticut	17-14-5
5	New Hampshire	11-24-1
6	Vermont	9-24-3
7	Providence	10-24-2
8	Maine	10-23-2
9	Merrimack	5-26-3

OVERALL

WOMEN'S BASKETBALL SCORES

2/20	New Hampshire	53	2/25	New Hampshire	59
	Hartford	42		Vermont	63
	Vermont	60		Albany	88
	UMBC	74		UMass Lowell	57
	Stony Brook	43	2/27	Maine	69
	Maine	60		Binghamton	37
	Binghamton	55			
	UMass Lowell	52			
2/24	Binghamton	70			
	UMBC	56			
	Hartford	44			
	Maine	50			

CONFERENCE STANDINGS

	AE RECORD	OVERALL	
1	Albany	15-1	24-4
2	Maine	15-1	24-7
3	UMBC	8-8	17-12
4	Stony Brook	8-8	16-13
5	Binghamton	8-8	13-16
6	Hartford	7-9	11-18
7	New Hampshire	6-10	12-17
8	Vermont	4-12	9-20
9	UMass Lowell	1-15	4-24

Indoor track and field teams excel at NEICAAA meet

Derek Douglass
Contributor

School and personal records were broken by the University of Maine men's and women's track and field teams at the NE-ICAAA indoor track and field championships at Boston University over the weekend.

On day one of the competition the men's track and field team placed 13th with a total of six points on the day. The most notable finish for Maine was third-year Jesse Orach, as he finished in third place in the 5,000-meter, recording a time of 14:47.07. Another notable finisher was fourth-year runner Jake Leithiser. Leithiser placed eighth in the 400-meter with a time of 48.90, which was enough to qualify him for the finals in that event which took place the next day of the competition.

The women's track and field team had a very strong first day at the NE-

ICAAA. The team finished in an impressive third place at the end of day one, with a total of 18 points. Fourth-year Jaclyn Masters set yet another school record and won the event at the same time. She recorded 4.05 meters in the pole vault, and is officially first in the Maine indoor track and field record book in that event. Other notable finishers on the day included third-year Grace MacLean, as she placed fourth in the pentathlon, recording 3,451 points, which is now her personal record. On top of that, MacLean qualified herself for the Eastern Collegiate Athletic Conference (ECAC) meet. Second-year Ariel Clachar finished sixth in the long jump, jumping a total of 5.52 meters.

Two other notables for the women's team was second-year Kaitlin Sauter, third-year Teal Jackson and second-year Grace Macura. Sauter finished eighth in the 500-meter

with a time of 1:17.18, which qualifies her for the final event on Saturday. Jackson placed 13th in the 400-meter with a time of 56.77, while Macura finished 19th in the same event with a time of 57.66. Jackson and Macura both set personal records in that event, while Jackson qualified herself for the ECAC's.

On day two of the championship, Leithiser continued his strong weekend on the men's side. He finished in first place in the 400-meter, recording a time of 47.68. With that time, Leithiser broke the previously set record in 2008, and is now first all time at UMaine in that event.

Other notable individual finishers on day two for the men's team was second-year Tyler Martin, third-year Asaad Hicks, third-year Jacob Johns and third-year Levi Frye. Martin came in third place in the high jump (1.99 m), while Hicks came in

eighth in the same event (1.94 m). Johns placed eighth in the one-mile run with a time of 4:12.31, while Frye placed 11th in the same event with a time of 4:13.72. Those times for Johns and Frye were both runners personal records, and they also both qualified for the IC4A's.

The men's 4x400-meter relay team came in seventh place in their event on Saturday. The team was made up of Leithiser, Martin, Tucker Corbett and fourth-year Michael Lucas. The relay team recorded a time of 3:18.60.

The men finished eighth overall as a team, totaling 30 points.

On the women's side on day two, they finished overall in tenth place, recording a total of 23.75 points over the course of the two-day competition.

MacLean continued her solid weekend, finishing in a eight-way tie for sixth place in the high

See **Track & Field** on B5

Heise: Senior Night allows for reminiscing

Anna Heise
Contributor

Saturday was a very emotional day. The last four years really flew by. We all remember our first days as freshmen and suddenly we are seniors getting ready to graduate.

The game against Binghamton was important on so many different levels. Not only was it senior day, it was also our last regular season game and a win would mean to clinch at least a share of the America East Regular Season Title.

Before the bus took us to the gym at 11 a.m., Kirsten Johnson told us to be in the locker room at 10:30 a.m., because the underclassmen prepared a surprise for all the seniors. Our whole locker room was filled with balloons, quotes were everywhere you looked and every senior's locker had

posters and little gifts. It was such a nice gesture and it was really hard for us to hold it together. Not only did they decorate the locker room for us, they also put together a video that pretty much summarized our best memories over the last four years.

With all the pleasant distractions going on it was time to get focused. The game was only a few hours away and we had to get our minds right. Ten minutes before the game started, the senior recognition took place. Parents from Utah, Sweden, Germany, Kentucky and Finland walked out their daughters, while the whole gym was celebrating our time as Black Bears. It was an unforgettable moment.

We started the game off extremely slow. It seemed like we just

See **Heise** on B5

No. 1 Boston College sweeps women's hockey in HE tourney, ends season

Lance Lajoie & Jacob Posik
For the Maine Campus

The University of Maine women's ice hockey team headed south on I-95 to Chestnut Hill, Mass. to take on Boston College in a best-of-three quarterfinal matchup. The Black Bears enter the post-season as the No. 8 seed while the Eagles hold the No. 1 seed in both Hockey East and in the nation, according to the USCHO.com poll.

The Black Bears skated toe-for-toe with the undefeated top-ranked Eagles for most of the game until Boston College was able to pull away early in the third period to win the first game of the series, 5-2.

The high-octane Eagles offense struck first just 5:02 into the opening period when third-year forward Kristyn Capizzano found the back of the net for her seventh goal of the season. Fourth-year forward Haley Skarupa picked up her 38th assist and 67th point of the season on the goal.

Boston College would control the tempo for a majority of the first, eventually ending the period with a 21-9 shot advantage. The Black Bears would answer the Capizzano goal with one of their own at the 17:41 mark. First-year center Nicole Arnold was able to convert a scoring opportunity for her second-goal of the year. Third-year forwards Eve Boissonneault and Anna Wright were credited with the assists.

The Eagles would answer to reclaim the lead less than 60 seconds later on a goal by second-year forward Tori Sullivan assisted by fourth-year forward Meghan Grieves and fourth-year defender Kaliya Johnson.

The Black Bears would tie the game up again just under five minutes into the second period. Second-year forward Catherine Tufts made a beautiful pass to fellow second-year forward Victoria Hummel on a two-on-one. Hummel was able to finish the play and put the puck past Boston College's second-year goaltender Katie Burt.

First-year forward Makenna Newkirk would give the Eagles the lead for good at the 10:38 mark of the second when she beat Maine's fourth-year goaltender Meghan Treacy. Boston College would add another goal in the third before Newkirk put one into an empty net to make the score 5-2.

Treacy picked up 47 saves on 51 shots for the Black Bears while her counterpart Burt stopped 20 of 22 shots for the Eagles.

A bright spot for Maine was how disciplined they played against the explosive Eagle offense. The Black Bears did not commit a penalty all game and as a result, the Eagles were denied any power play chances. The Black Bears went 0-2 on the man-advantage. Boston College overwhelmed Maine in the faceoff circle, 38-15.

Boston College advances in tournament with 5-1 win

The Black Bear women's hockey season came to an end Saturday night, falling to the No. 1 Boston College Eagles by a score of 5-1. Maine jumped out to an early 1-0 lead, scoring an unassisted shorthanded goal before the Eagles mounted their comeback with special teams play.

Despite the loss, Treacy played well for the Black Bears, recording a career-high 61 saves in net and earning first star honors for the second game in a row. The Eagles peppered Treacy with 66 shots in the contest.

The Eagles converted on two power play chances in the contest to overcome the early deficit, and netted three goals in the middle period to put the Black Bears away.

Maine opened up the scoring five minutes into the contest when fourth-year defender Brooklyn Langlois stole the puck in the Black Bears defensive end and cleared the puck the length of the ice. The puck deflected awkwardly off Eagles Burt and into the back of the net to give Maine an early 1-0 advantage.

Boston College responded late in the opening period with their first power-play goal of the contest. Newkirk found Skarupa, who sent a shot by the out-reaching arm of Treacy to knot the score at 1-1.

Fourth-year forward Dana Trivigno connected

with twine to start the middle period. Boston College enhanced its lead to 3-1 when second-year forward Kenzie Kent beat Treacy on the power play. Fourth-year forward Alex Carpenter assisted on the play.

Grieves scored to further the Eagles lead with less than five minutes remaining in the period. Fourth-year defender Lexi Bender assisted on the play. Bender finished with three points in the contest, all on assists.

Maine had no answer after the second intermission, and the Eagles tallied one last goal before the end of regulation. Bender assisted Newkirk on a shot that beat Treacy just four minutes into the final period.

Boston College played stout defensively throughout, only allowing 17 shots on Burt in the contest. The Eagles outshot Maine 66-17. Maine finished 0-for-2 on the power play while Boston College finished at 50 percent, converting two of their four opportunities on the man advantage. The Eagles controlled the pace of play as well, winning 34 of 53 faceoffs in the contest.

With the second loss to Boston College in the first round of the Hockey East postseason tournament, the Black Bears season is effectively over. They finish with a record of 10-23-2 and 6-19-1 in conference play while the Eagles remain undefeated and advance in the tournament at 36-0.

NFL must address catch rule in offseason

Timothy Rocha
Staff Writer

For years, the NFL has been known for its amazing catches and spectacular one handed grabs by many of its top athletes. However, in recent seasons, rule changes have made one of football's most fundamental aspects, the catch, as confusing as ever.

The NFL has found a way to make what was once a simplistic completion into nothing more than a guessing game, overshadowed by doubt and uncertainty. Whether sparking debates about poor calls or confusing fans and spectators to the point where nobody knows what a catch is anymore, it is clear that the NFL needs to redefine their current catch rule.

As it stands currently, the NFL's rulebook lacks a concrete definition of what a catch is, forcing officials to rely on their own interpretations too often. According to the rule book, a receiver must clearly establish himself as a runner in order to be awarded a completion. If a player is forced to the ground while making a catch, the player must maintain possession throughout the entire process. If the player appears to have possession, but the ground causes the ball to shift or bobble, then the officials can rule it incomplete. The rule is defined in a way that is not only overly complex, but also open

for too much subjectivity. What one official may consider a catch could be a clear incompleteness in the eyes of another official.

The modern catch rule came to life during the 2010 season in a matchup between the Detroit Lions and the Chicago Bears. In the game, Lions wide receiver Calvin Johnson appeared to have caught a game winning touchdown late in the fourth quarter. On the play, Johnson snatched the ball out of the air with both hands, and then brought it close to his body, tucking it into his chest. Only once he collided with the turf did he finally lose possession of the football. By all means, Johnson had clear possession of the football as he was able to maneuver it around within his grip, but the officials thought otherwise. After a review, the call was reversed to an incompleteness, costing the Lions the game. After the fact, the controversial call was dubbed the "Calvin Johnson rule" which emphasized that a player must keep control of the ball throughout the entire catching process. Ever since then, the play has been sparking a debate about how to define a catch.

The stakes only got higher in the Divisional Round of the 2014 playoffs when the rule once again cost a team a victory.

See **Catch Rule** on B6

Heise from B4

couldn't make a shot. We got a few good looks, but we just didn't knock anything down. We started off with a 5-0 run, before Binghamton answered with six straight points. We started the second quarter tied at 9-9. We knew we had to pick it up, which meant we had to start the second quarter with a higher energy level.

We outscored Binghamton 18-5 in the second

quarter. Bella Swan was outstanding, scoring six of her 10 points during this time. We were able to extend our lead after the half and won the game by a score of 69-37. Once again it was our defense that was the main reason we could secure the win. We held Binghamton to 37 points, which is a season-low defensive effort for us.

Undefeated at home during the 2015-2016 season. How amazing is that? Proof that our fans and the atmosphere we have at the Cross Insur-

ance Center is simply unbeatable. With the win against Binghamton, we now have 24 regular season wins, which ties a Maine school record.

What better way to end your senior day than cutting down nets and celebrating a regular season championship? After we celebrated on the court, the Friend's Group put together a little banquet. The seniors were able to introduce their families and friends and chat with the Friend's Group. It was the perfect way to end a perfect day.

Track and Field from B4

jump, recording 1.61 meters. Saluter also continued her strong weekend, finishing in sixth in the 500-meter, recording a time of 1:15.83.

The women's 4x800-meter relay team consisted of Saulter, third-year Kelsey Maxim, fourth-year Shannon O'Neil and fourth-year Naomi Holzhauser. The team placed seventh in the event with a time of 9:22.59. This was a season

best time for the team, and also qualified them for the ECAC's.

The 4x400-meter women's relay team placed ninth in their event, which also qualified them for the ECAC's. The team was made up of Jackson, Macura, first-year Lauren Magnuson and second-year Alexis Dietrich. The team recorded a tie of 3:52.47 in the event.

The men and women's teams continue competing on Sunday at the NCAA Championship Qualifiers, which also take place at BU.

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Define tomorrow

Catch Rule from B5

ry. In a clash between the Dallas Cowboys and the Green Bay Packers, Cowboys wide receiver Dez Bryant made a blatantly clear catch with both of his hands, landed on both of his feet and then dived for the end zone. During this dive, the ball bobbed slightly within his hands, causing an almost certain game winning play to be overturned. Bryant controlled

the ball enough to catch it and extend it forward with his hands, but due to the rule, it cost the Cowboys their season. Week in and week out, the NFL is proving that determining what a catch is and isn't is nothing but a guessing game under their current rules.

Due to the complexity of the rule and the interpretive nature that it brings, fans are left struggling to understand what a catch is anymore. Far too often, the audience is forced to watch as an official is sent to the

review box only to have no clue on what call to make. With controversial non-catches hitting big-name players during the 2015 season like New York Giants wide receiver Odell Beckham Jr. and Cincinnati Bengals' tight end Tyler Eifert, the problem is clearly not going away anytime soon unless the league finally decides to act.

The simple fact is that the NFL needs to redefine their concept of a catch. Right now under the current rules, a receiver must

establish himself as a runner in order to be given a catch. The problem with this is that it is too subjective. Does a player need to take a certain number of steps, be capable of avoiding tackles, or hold the ball for a certain amount of time to be considered a runner? Determining when a player becomes a runner has been one of the NFL's biggest challenges in recent years, but the solution is to simplify the rule. One possible answer is to make a player a runner if he grabs the

ball with both feet on the ground, and then takes an additional step or stretches out, all without the ball shifting in his grip. If he were to lose control of the ball after this, it would be considered a fumble. This would be a simpler solution, easier to review, and would lead to less controversy.

Despite all the hatred towards the catch rule, the league has yet to bring forth any major changes that would solve the problem. Under the current sit-

uation, the NFL has turned into a circus when it comes to figuring out what a catch really is. If the league doesn't act during this off-season, more games could be spoiled by the NFL's most subjective rule. It's time the NFL finally brings forward a more concrete definition of what a catch is, so that fans can stop focusing on the controversial calls, and instead turn their attention to the phenomenal grabs that make football great.

Cubs preseason favorite to win pennant

Spencer Bergholtz
Staff Writer

The Chicago Cubs are the preseason favorites to win the 2016 MLB World Series, according to odds-makers in Las Vegas. The Chicago Cubs have not won the World Series Championship in over 100 years, dating all the way back to 1908.

With a young and talented lineup, one of the best pitching staffs in baseball, a great manager and a couple of huge offseason acquisitions, this really could be the year for the Cubs to finally bring a World Series championship back to legendary Wrigley Field and their fans.

A lot of people thought that the Cubs were ahead of schedule last season, exceeding expectations by making it all the way to the National League Championship Series (NLCS) under new

manager Joe Maddon, after finishing last place in their division in 2014.

Maddon took home 2015 National League Coach of the Year honors in his first season in the Windy City and guided Chicago to a 97-65 record in 2015, the third best record in the MLB. Even though the Cubs had such an impressive record, they only received the second Wild Card bid and had to travel to play the Pittsburgh Pirates in a National League Wild Card game, which they won 4-0.

Chicago then advanced to the National League Divisional series where they easily handled the St. Louis Cardinals 3-1 in a best of five series. And in the NLCS, the Cubs were just one win away from making it to the World Series before falling to the New York Mets four games to three in an epic seven-game series. Getting

a taste of the World Series will only make the Cubs that much hungrier in 2016.

This offseason the Cubs team President and General Manager Theo Epstein spent \$275 million in free agency to upgrade the team all over the diamond. Chicago upgraded their weak outfield by adding Jason Heyward from St. Louis, bolstered their batting lineup with the signing of Ben Zobrist from the Kansas City Royals and added a legitimate third starter to their playoff rotation with the addition of savvy veteran starting pitcher John Lackey from St. Louis.

Lackey was the Cardinals best pitcher last year once Adam Wainwright was lost to injury. Lackey had a 2.77 ERA, which was good for 10th best in the National League. Chicago added Lackey on a bargain, signing him to a two year, \$32

million deal. Zobrist was brought in on a four-year deal worth \$56 million. Heyward headlined the offseason for Epstein and the Cubs, as he signed to play in Chicago on an eight year, \$184 million contract.

The pitching staff in Chicago is led by National League reigning Cy Young winner in Jake Arrieta. Arrieta was near untouchable last year in a historic campaign, posting a 22-6 record to go with a 1.77 ERA and 236 strikeouts. Following Arrieta is a couple of 2013 World Series Champions in Jon Lester and Lackey, taking care of the two and three spot in the rotation. The addition of Lackey pushed back two reliable starters, Jason Hammel and Kyle Hendricks to the back of the rotation as the number four and five guys for the Cubs starting pitching staff. On

top of their stacked starting pitching rotation, the Cubs have an excellent bullpen led by closer Hector Rondon, who had 30 saves last season and an ERA of 1.00 in 70 innings of work.

No pitcher is going to want anything to do with the Cubs batting lineup this season, especially the top of their order. Chicago will be led off by their two new additions in second basemen Ben Zobrist and outfielder Jason Heyward.

Zobrist hit .284 last season, an on-base-percentage (OBP) of .364 and 37 runs scored in just 59 games of action. Heyward batted .293 last season in St. Louis with 13 homers and 60 RBIs. He also won a Gold Glove award for his spectacular defense. It will be tough to keep those two off of the bags.

Following the top two batters is first basemen An-

thony Rizzo and third basemen Kris Bryant, both 2015 National League all-stars. Bryant comes into his second season as the reigning MLB Rookie of the Year. He hit .275 last season with 26 home runs and 99 RBIs. Rizzo was also a monster at the plate last season smacking a team-leading 31 home runs and 101 RBIs with a .278 batting average.

The Cubs certainly have what it takes to win it all this season and finally put an end to the longest streak in MLB history without winning a World Series. All of the pieces are in place, as team management has done all they can to set up a championship caliber team. They have a phenomenal coach, a loaded roster and an entire city behind them who really believe that this is the year.

Now it's just up to them to get the job done.

