

Spring 3-24-2008

Maine Campus March 24 2008

Maine Campus Staff

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the maine campus

Monday, March 24, 2008 Vol. 126, No. 33

Drawing plans for a changing campus

UM will build parking garages, demo buildings, remove roads to become greener

By Heather Steeves

Imagine if The University of Maine had a parking garage. Now add an Orchard Trails-type apartment complex, hundreds of trees and a windless mall and you are close to UMaine's master plan.

Wednesday night, two representatives from Sasaki Associates – the firm hired to produce the plan – gave a presentation to the public. The company wanted to get local input on the possible changes.

The preliminary master plan focuses on making the campus more pedestrian friendly. This includes centralizing buildings to a 10-minute walking radius. Some roads, including Beddington, Sebec and Belgrade Spur will be removed, according to the preliminaries. The roads that will stay near the center of campus will have lower speed limits in an effort to make them more walkable.

One of the main goals of the plan is to reduce paved areas on campus. Part of the solution includes building three parking garages. This will create 7,387 spaces, which is 607 more than the campus currently has. Sasaki also wants to restructure the paths on campus.

Frederick Olmsted the designer of Central Park in New York City, originally designed UMaine's landscape. Principal at Sasaki, Greg Havens, said he wants to keep the integrity of those plans. "We respect the legacy you have here," he said.

Olmsted's blueprints included crossing pathways across the mall. Sasaki said they would use this idea.

"We should just go out and see how people move," Havens said he received comments asking about these pathways at three of the five presentations he gave on

See **MASTER** on page 7

Cushing's friends left with questions

"It's hard to feel like you lost a friend."

By Heather Steeves

Matt Cushing was a student at the University of Maine. Before the charges of a triple homicide, before his family died, he was a student. Now, while Cushing sits in jail waiting for his trial, his friends remain in Orono waiting for answers.

When middle-school friend George Maalouf heard the news, he said he did not wonder why Cushing was detained, but rather was shocked that the police would take him away in a time of grief.

"I can't believe the cops would take him because when your parents die you want to be around people who are supportive and help you out with things. We felt bad. We wanted to be there for him," Maalouf said.

Cushing's friends shared feelings of disbelief.

"I was worried for Matt in the beginning, but when I picked up the paper it turned to more disappointment. I'm sad for what his life is going to be like now. Mostly, disappointed that he let it go that far," said Jeremy Baker, a friend of Cushing.

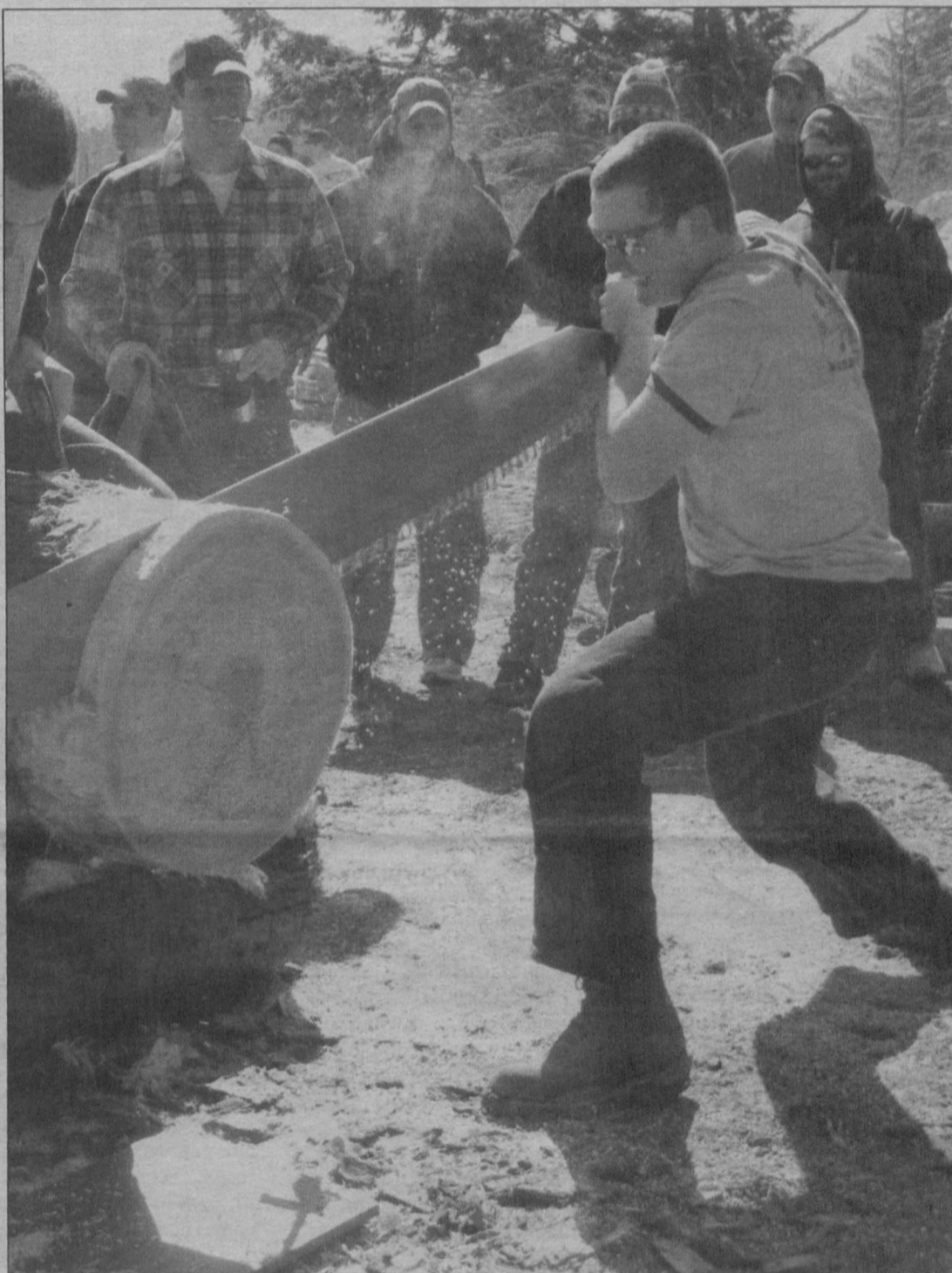
"I don't know what came over him to do something like that, but like all the people that knew him are saying it was completely out of character. I had heard he had some possible anger issues, but nothing to this degree," said James MacKay, a friend of Cushing.

Friends have mixed feelings about why this happened.

"Even him admitting it, talking to people back home and friends and family, even the adults in the area, as much as he said that he did it they still don't believe it. Nobody back home

See **CUSHING** on page 7

We Came, We Saw



Jeremy Walsh ♦ The Maine Campus

Ben Jones participates in a sawing event at the University of Maine's annual Woodsmen show on Saturday.

Campus-wide tobacco ban

Plan will be implemented, the question is when and how

By Jessica Fish

Plans which would prohibit having any kind of tobacco product on the UMaine campus, including chewing tobacco were presented to the General Student Senate Tuesday night.

Sue Bernier, a representative from the Tobacco Free Campus Committee spoke at the meeting. The University of Maine hired Bernier to help direct efforts to make UMaine a tobacco free campus in the next few years.

Bernier said she hoped to answer some questions and to hear students' opinions about the new program.

"The committee's goal is to be completely clear about our plans," Bernier said.

The new program would apply to students, faculty, staff and any visitors to the campus. Any building on school property, including the fraternities located on College Avenue, will be asked to comply.

Currently, smoking is prohibited indoors and within 20 feet of any buildings.

One senator asked how the tobacco ban would be enforced. Bernier had no clearly defined answer, but stressed that the committee was focusing on compliance, rather than resorting to punitive measures.

She said President Kennedy will announce the plan in September, but it could take up to 12 months to implement it fully. Depending on students' responses, she said that it could take as long as three

See **GSS** on page 6

Hazing study: largest of its kind

74 percent of varsity athletes say they have experienced hazing

By Joseph Hegarty

The National Study of Student Hazing was recently released by Associate Professors Mary Madden and Elizabeth Allen, with the College of Education and Human Development at the University of Maine.

The study is the largest and most comprehensive of its kind to date. According to Allen, "it encompassed 11,482 post-secondary students, spread across 53 college campuses nationwide."

According to the report, the research goals of the study are to "investigate the nature and extent of hazing behaviors among students in U.S. colleges and universities," and to "offer research-based strategies for responding to and preventing the problem of hazing among college students with transferability to middle and secondary schools." Schools in the future will be able to use the study's findings to build programs aimed at stopping hazing at its source.

While hazing is commonly associated with Greek organizations and athletics, it is also prevalent in organizations like recreation clubs and performing arts groups. The report states that 56 percent of the students polled who belong to a performing

arts group have been or have taken part in hazing. Recreation club members reported a 46 percent rate of hazing.

The study makes it clear why varsity sports are most commonly associated with hazing, with 74 percent of the members reporting they have experienced hazing.

"Many are just not aware they are being hazed a lot of the time."

Elizabeth Allen
Associate Professor

College of Education and Human Development

The study cites hazing as, "any activity expected of someone joining or participating in a group that humiliates, degrades, abuses or endangers them regardless of a person's willingness to participate." The survey includes over 30 examples of commonly used hazing tactics, with some of the more popular including "wearing clothing that is embarrassing and not part of a uniform, being yelled, screamed or cursed at by team/organization members, being deprived of sleep, acting as a personal servant to other members and drinking large

amounts of alcohol until the point of passing out or getting sick."

"Many are just not aware they are being hazed a lot of the time," Allen said. Nine out of 10 students who reported experiencing a hazing behavior in the study stated they did not consider themselves to have been hazed. The study states many students identify hazing with physical force, involving activities such as paddling, beating or tying up perspective members. Still, others acknowledge that hazing involves more than physical force but do not perceive harm in other forms of hazing.

"Many students think that they are not being hazed because they agreed to take part in it, so many of them do not understand the power of group coercion," Allen said.

"Hazing is not an issue on our team. Yeah, we poke fun at each other once in a while, but it's all in good fun," said sophomore and member of UMaine track team Miles Bartlett.

While the report describes the initial findings of the National Study of Hazing, there are many more aspects to the survey and interviews conducted that will be analyzed in the months to come. For more information about the subject or to read the initial report, you can visit hazingstudy.org.

UMS budget cut rejected

By Derek Mitchell

The Maine Legislature's Appropriations Committee released a budget proposal Friday which attempts to close an estimated \$190 million shortfall.

The proposal calls for a cut to the University of Maine System (UMS) of \$4.1 million.

Earlier this month Governor John Baldacci, as part of his proposed budget fix, called for a \$7.1 million cut to UMS. The Appropriations Committee rejected \$3 million of this cut.

The Governor's proposal could have meant a 14 percent tuition hike for University of Maine students. It is unclear what the reduced budget cut will mean for tuition rates.

The Maine Campus will have an update to this story in the Thursday edition.

Teaching about Iraq

U.S. veteran joins teach-in about war

By Ashley Pearson

When Brian Clement joined the Army after high school as a motor transport operator, he had high hopes for his future and quickly adopted the motto, "you call, we haul, that's all." His dreams were drastically altered after being deployed to Iraq in 2004.

"I had the intentions we could change things and get out," he said.

Clement and three other speakers shared their views and experiences concerning Iraq during Thursday's teach-in and discussion hosted by the Maine Peace Association Committee (MPAC) on the fifth anniversary of the U.S. invasion of Iraq.

Clement talked about his time in Iraq and how it changed his views on the war and the world.

"I joined [the Army] three days after high school," he said. "I didn't know what I wanted to do; I wasn't ready for college." Clement was trained as a truck driver and did not receive much combat training.

During his first three weeks in Iraq, Clement drove to and from Baghdad. According to Clement, it was highly dangerous and attacks could have happened at any time.

"The first week I bought a couple of Cuban cigars to save for the first time I survived being attacked, or when I would be sent home. They didn't last very long," he said.

Some were not lucky enough to survive to smoke their celebratory cigars. Clement lost one of his close friends in Iraq. By the time Clement's four-year contract expired, he was ready to go home.

"I wasn't going to return and fight for something I didn't believe in," he said.

After returning home, Clement joined National Veterans For Peace (NVP), a non-governmental organization that focuses on reminding the public about the costs of the war and to seek peaceful alternatives.

"I fully support what they are doing," Clement said.

A recall order from the Army interrupted Clement's time at home. He decided to hire a lawyer and fight the order. "There was no release date," Clement said. As a result, he gained an honorable discharge in August 2007.

As for possible solutions to the war, audience members and the panel of speakers generally agreed upon immediate withdrawal from

See IRAQ on page 6

Terrorism: from Africa to UM

World-renowned experts present thoughts on a global conflict

By Lynnsay Maynard

The University of Maine welcomed two internationally-renowned U.S. foreign policy experts on March 17 in a forum titled "The Roots of Terrorism: From the Horn of Africa to Pakistan," hosted by the School of Policy and International Affairs (SPIA).

The forum, held in the Buchanan Alumni House, featured Ambassador Mark Bellamy, a senior fellow in residence in the Center for Strategic and International Studies' African and International Security Programs and Bruce Riedel, a senior foreign policy fellow in the Brookings

Institution's Saban Center for Middle East Policy.

Bellamy and Riedel both serve on SPIA's Board of Advisors.

"This is an extremely relevant and important topic - terrorism and issues around Africa and Pakistan, two areas that have dominated the news for quite some time," said University of Maine System Chancellor Richard Pattenau.

Bellamy focused on his experience as a senior official in the African bureau during the days after Sept. 11 and the U.S.'s counter-terrorism efforts in Africa.

"We determined there was a global war on terrorism and then looked for ways to fit Africa into

that template. We didn't look at the Africa experience on its own merits but rather as a sub-set of a larger global problem, and so doing I think we failed in many ways to see that Africa did not fit within the global paradigm," Bellamy said.

Riedel focused on extremism and Pakistan's relationship with the global community.

Linsey Ruhl, a fourth-year international affairs and political science major, attended the forum.

"I think many Americans are concerned about terrorism, and this was an excellent opportunity to learn about the U.S. response to terrorism and the current state of

See TERROR on page 6

Community Calendar

MONDAY	TUESDAY	WEDNESDAY
Toxic Action: Maine Women Speaking Truth to Power MARCH 24 12:15 p.m. Coe Room, Memorial Union By activists Joanne Twomey, Hillary Lister, and Debbie Gibbs. Part of the Women's History Celebration: Women Speaking Truth to Power.	Peace Corps Info Session MARCH 25 6:30 p.m. Multipurpose Room, Memorial Union Featuring an overview of the Peace Corps experience, presented by Peace Corps recruiter Josh Strauss.	Study Abroad Spring Fair MARCH 26 11:00 a.m. Ground Floor, Memorial Union Come speak to study abroad representatives from on- and off-campus study abroad programs; an event for all students interested in studying abroad.

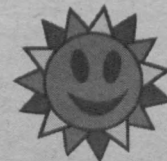
To submit your event to The Maine Campus Community Calendar, please send time, day, date, location and fee information to news@mainecampus.com or drop it off in our offices, located in the basement of Memorial Union. Deadlines for submissions are 9 a.m. Sunday for Monday publication and 9 a.m. Wednesday for Thursday publication.

WEATHER

Orono's five-day forecast

Monday | Mostly sunny

32 **14**
high low



Tuesday | Partly cloudy

35 **26**
high low



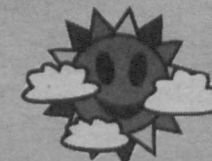
Wednesday | Showers

41 **25**
high low



Thursday | Partly cloudy

36 **25**
high low



Friday | Mostly cloudy

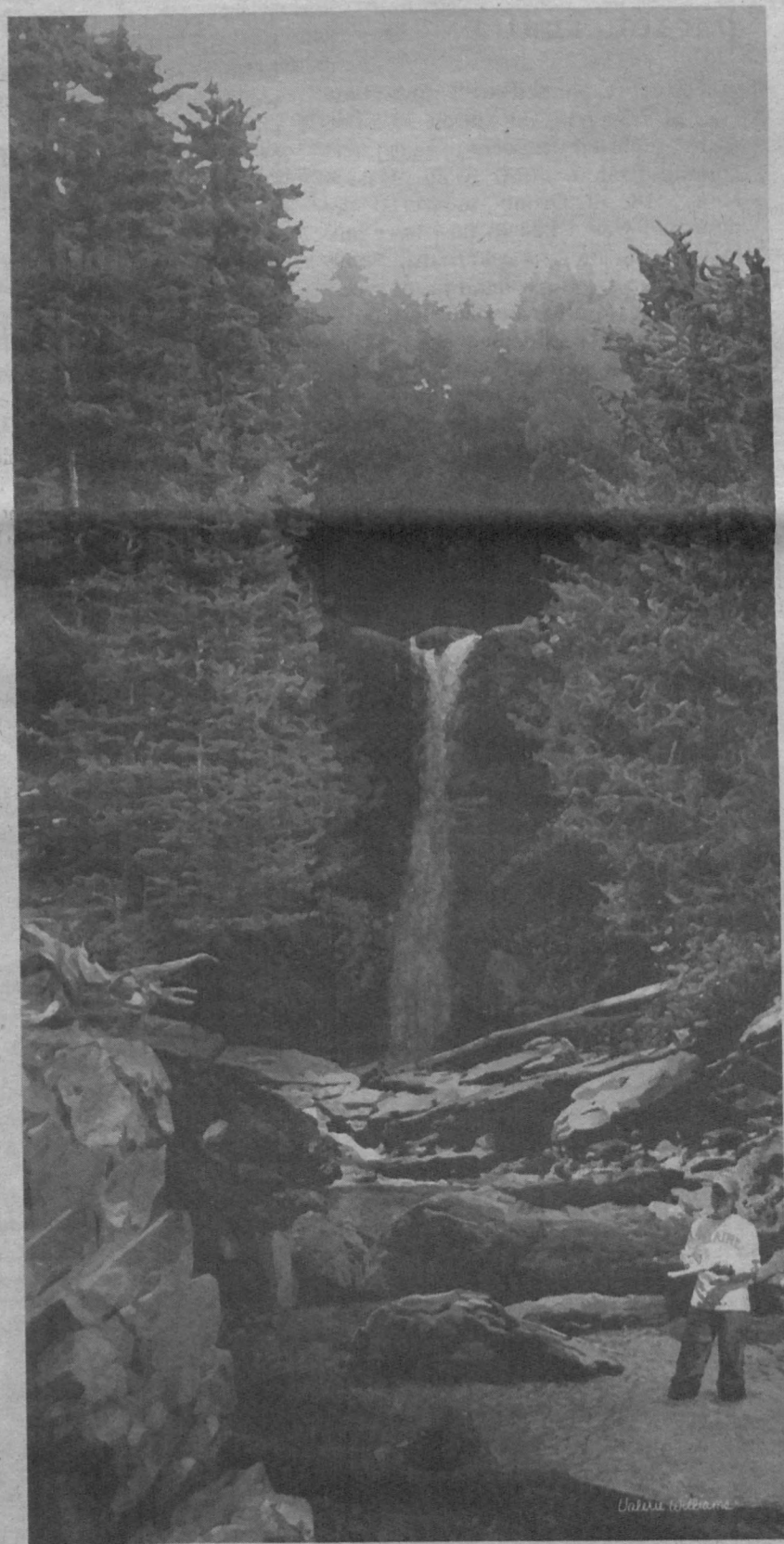
37 **28**
high low



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- Lighten Your Semester Course Load
- Take Advantage of Lower Tuition \$ Before Fall Increases
- Enjoy Smaller Class Sizes
- Be Inside During Black Fly Season
- Earn Three Credits in Three Weeks!
- Choose from 19 Flexible Calendars
- Select From Over 600 Courses
- Further Your Career With Professional Development Courses
- Take An Online Course at Home While on Summer Break
- Travel/Study in France or Colorado
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- Find Plentiful Parking!!
- Enjoy a UMAINE Summer



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Classes Fill Quickly**

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May 12 – August 22**

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Police Beat



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SPRING BREAK EDITION

Football player accused in carjacking case

University of Maine football player Bryan Grier was charged with felony theft, robbery and reckless conduct following an alleged carjacking in Portsmouth, NH and has been ordered to seek mental health counseling.

On March 17th at 5:17 p.m., New Hampshire Police were called for a reported robbery and theft of a motor vehicle.

According to the Portsmouth Police Department, "The caller reported to police that a large male had approached her while she was loading packages into her vehicle, in the parking lot at Orchard Park. The male repeatedly ordered her to give him the keys to her car, she complied and he raced away from the area in her vehicle, a 2001 Jeep Cherokee."

Portsmouth Police officers searched U.S. Route 1 bypass and Greenleaf Avenue area, where the abandoned Jeep was found, resulting in the location and arrest of Grier.

23-year-old Grier of Bloomfield, Connecticut is a senior and defensive lineman for the University of Maine football team.

"It's very uncharacteristic of Bryan," said Head Coach Jack Cosgrove.

Grier was held following his arrest until his arraignment at 8:30 a.m. on March 21. Judge Steven Morrison granted a request made by prosecutor Corey MacDonald and the family of Grier to set personal recognizance bail and ordered him to seek mental health treatment.

According to a Portsmouth District Court deputy clerk, "No pleas were entered, and the issue has been continued to a probable cause hearing."

The probable cause hearing will be on April 24 at 11 a.m. at the Portsmouth District Court.

\$8,000 stolen in an eight-room burglary

Upon returning to campus on March 16, residents of Somerset Hall reported they had been burglarized. Eight rooms were missing an estimated \$8,000 worth of students' electronics.

All rooms were locked Friday, Feb. 29, when students left for spring break. Approximately 200 DVDs, gaming systems and 67 videogames, four CD-ROMs, a four-gigabyte iPod and a Dell laptop Inspiron model 1150 were stolen.

Adam Theriault, a first-year civil engineering major, noticed his DVD collection was gone as he unpacked from break.

"I was putting stuff away, and I realized that my top shelf was completely empty, 61 DVDs," Theriault said. "They got a couple thousand [dollars] from this room, but they didn't take my computer monitor or my surround sound."

There are no signs of forced entry on any of the rooms, according to police.

"They did not necessarily have a key," said Det. Sgt. Chris Gardner. "We are not aware of any connections among the victims or any pattern."

Four rooms were robbed on the first floor of Somerset Hall, three on the second

floor and one on the third floor; all victims reside on the east wing.

Police are offering a \$500 reward for information leading to an arrest and conviction of the thief(s). Information can be reported to Det. Sgt. Gardner at (207) 581-4048 or anonymously at the UMaine Campus Eyes Web site.

In Jeep trouble

The intoxicated driver of a Jeep Cherokee nearly collided with a Public Safety patrol vehicle after running a red light at the intersection of College and Stillwater Ave. on March 9 at 6:50 a.m. The officer driving the patrol vehicle observed that the Jeep did not stop as he entered the intersection and drove defensively to avoid collision. The Jeep was stopped and the driver, Tiffany Crowe, 21, of Fort Kent, was arrested and charged with O.U.I. after performing a field sobriety test and breath test which displayed a blood-alcohol level of 0.16. She had two passengers in the vehicle.

Rage release

An intoxicated student from Estabrooke Hall was accused of kicking out the fourth-floor center stairwell window at 1:59 a.m. on March 7. Police identified the individual as Justin Lambert, 24, of Orono, and learned that he was agitated because of an off-campus event. Lambert was issued a summons for criminal mischief. The estimated damage was \$212.

Rage release 2

Police escorted a male student from a credit union after a report was made of him yelling obscenities at the employees at 3:18 p.m. on March 12. The student had become upset after being unable to close his account due to lack of identification. Police ordered that he not return that day.

Door demolition

The Maine Card swipe mechanism was ripped off the wall at the entrance of Hart Hall sometime between 11 p.m. on March 9 and 5 p.m. on March 10, rendering the door inoperative. The estimated damage is \$250.

Half-hearted heists

A wallet was stolen from the carry-all bag of an off-campus student attending a conference at Hauck Auditorium at 2:23 p.m. on March 14. She set her bag on a bench outside the auditorium and returned two hours later to find her wallet missing, which contained \$28 in cash, a driver's license and several credit cards. The wallet has the estimated value of \$22.

A resident of Hancock Hall reported that he returned from break to find cash missing from his dresser at 11:06 a.m. on March 17. The student left a significant amount of cash in the dresser and returned to find \$40 of it missing. The two cases are still under investigation.

Stolen shades

A male student left his Ford Escape parked in the Hilltop parking lot over break and returned to find his sunglasses missing. The theft was reported on March 16 at 11:14 a.m. The glasses have an estimated value of \$80. The case is under investigation.

Hand over your paraphernalia

Police responded to Cumberland Hall at 7:54 p.m. on March 20 when an RA reported the scent of marijuana coming from a dorm room. Jessica Hews, 18, of Orono, answered the door and was asked to turn over any marijuana or paraphernalia. She retrieved a baggie, a small jar of green marijuana from her bed and two glass pipes from her dresser drawer. Hews was issued a summons for possession of marijuana.

The scent of marijuana permeated the third floor of Cumberland Hall March 19 at 10:05 p.m. When police knocked on Kegan Barrett's door, 19, of Orono, he and his roommate admitted to smoking marijuana. They turned over a small metal Altoid container containing marijuana and two marijuana cigarettes. Roommate Mitchell Ryan, 18, of Orono, confirmed that they had been smoking and indicated that they both purchased the marijuana. Barrett and Ryan were summonsed for possession of marijuana.

An RA from Androscoggin Hall called the police when they smelled marijuana on the fourth floor on March 19 at 9:27 p.m. Police located the residents of the room emitting the odor. Both denied accusations and allowed police to search the room. Tucker Wilde, 19, of Orono, had a small round tin on his side of the room, which he claimed did not contain marijuana. After a presumptive test, which tested positive for THC, Wilde was summonsed for possession of marijuana.

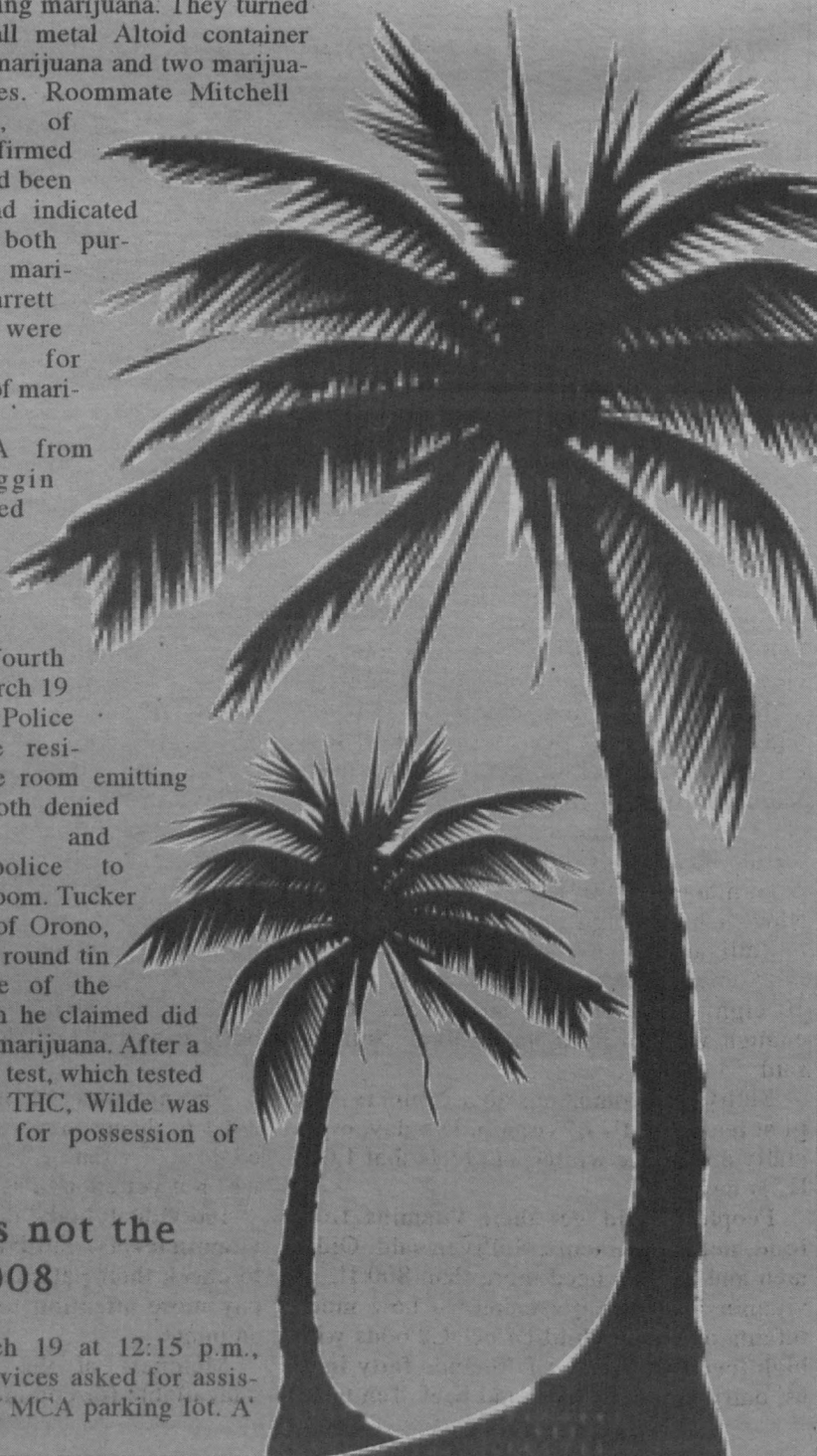
2007 is not the new 2008

On March 19 at 12:15 p.m., Parking Services asked for assistance in the MCA parking lot. A

black Acura was displaying a 2007 commuter parking permit, but the permit was altered to look like a 2008 permit. Jeromy Proulx, 20, of Bangor, was identified as the driver, and admitted to altering the permit to avoid paying for a new one. Proulx was summonsed for theft of services.

Parking Services asked for police assistance in the Steamplant parking lot on March 18 at 4:51 p.m. A 2007 silver GMC pickup had an altered 2007 resident parking permit. Logan Rackliff, 19, of Sprucefield, appeared in the parking lot to see why his truck was being towed. Rackliff admitted to cutting the permit and altering the expiration date because he could not afford to pay for a new decal. Rackliff was summonsed for theft of services.

Compiled by
Melinda Hart
Aislinn Sarnaki
Chelsea Thibeault



\$100,000 to hydraulics lab

Pittsfield company donation pays for upkeep of machine

By Rhiannon Sawtelle

The University of Maine civil engineering hydraulics lab received a \$100,000 donation. Kleinschmidt Associates, a local energy and water resource consulting firm based in Pittsfield, gave an endowment that will allow the lab in Boardman Hall to use the interest earned each year for upkeep. The lab will be renamed The Kleinschmidt Hydraulics Laboratory.

Civil engineering majors are required to take a course in hydraulics. The lab houses equipment that allows students to apply what they learn from books and lectures.

"It's a very practical application of theoretical coursework," Kleinschmidt President Jack Palmer said.

"The primary goal of the laboratory is hands-on experience," said Professor Eric Landis, chair of the civil and environmental engineering department.

Huge machines such as the "flume" and other smaller hydraulic workstations need periodic repairs and upgrades to keep up with the newest technology. The endowment will fund this upkeep.

Palmer noted that the future could see a lack of engineers because of retiring professionals and fewer engineers graduating from universities. There will be a demand for engineers in the next 10 to 15 years, he said.

In spite of a gloomy economy and a fear of job losses, Landis doubts engineering majors will

have a hard time.

"There is a very high need in this country for technical folks," he said. He hopes the upkeep of the lab will help draw aspiring engineers into the program.

Landis hopes the lab will appeal to visiting students, from kindergarten through high school. He is aware of the demand for engineers as well.

"All of our students are getting jobs," he noted.

Kleinschmidt, which started in 1966, now boasts eight offices throughout the United States. They have been involved in

"There is a very high need in this country for technical folks."

Eric Landis
Chair of Civil and Environmental
Engineering Department

projects such as hydroelectric facilities, environmental studies, design service, dams and fish passages. They hope to bring their charitable donations to other universities. "We hope to expand it to two or three regional offices," Kleinschmidt Manager of Hydro-Engineering Peter Bastien said.

Landis noted that university departments are beginning to rely on funds like this in a time where government funding for schools is dropping.

UMaine graduates, with a diversity of degrees, make up 25 percent of the 120 employees at the Pittsfield office.

"We are interested in working with the university as a whole, not just engineering," Bastien said.

Bastien is a UMaine graduate with degrees in civil engineering and plant and soil sciences.

The hydraulics lab will be dedicated on Thursday at 2 p.m. in 309 Boardman Hall. The Kleinschmidt Hydraulics Laboratory will be the fourth named lab on campus.

Lip hair and democracy

Global politics, seen through the lens of peach fuzz

By Eryk Salvaggio

Rebecca Herzig studies unwanted facial hair, particularly its removal, a process that for many women reads like the warfare from a science fiction novel: a never-ending battle waged by chemicals, bolts of electricity and laser beams.

Tragically, this banal ritual has real victims. Almost 70,000 Africans are falling victim to the mounting pressures of western women, Herzig explained, leading to her central question: When is suffering endured, and when is it an outrage?

The source of this cold-cream war is a drug, marketed in the U.S. as Vaniqa. Vaniqa has the same active ingredient, Eflornithine, used in the treatment of trypanosomiasis, or Sleeping Sickness, a disease spread in Africa by insects. The disease affects the brain, causing comas and, eventually, death.

Herzig said the drug proved useful: within hours patients who had been in comas woke up and could return to their normal lives. Nevertheless, economic forces eventually caused the manufacturer of the drug, Bristol Myers Squibb, to stop producing it.

That all changed when the FDA approved Vaniqa, which took advantage of a side effect of Eflornithine: the retardation of hair follicles. The chemical was branded with the name Omidyl, and women who had relied on chemicals or electrolysis had another option in the treatment of their condition.

The resulting strain led to a strange paradox of market forces and what Herzig called "biopolitics." Demand for the face cream was so strong that competition for the resource put Africans in the developing world at a severe disadvantage to the western women who make beauty products a billion-dollar industry.

Herzig spoke with empathy about the almost global concern over unwanted hair, explaining a democratic history with some surprising overtures to the feminine virtues of a hairless top lip.

Consider Thomas Jefferson, the third president of the United States, author of the US Constitution and an expert on

unwanted feminine facial hair. In his own writings, Herzig explained, Jefferson pointed to the hairlessness of Native Americans — who plucked their hair long before European influence — as evidence of their social restraint against the bestial body hair, proving they could be incorporated into the democratic process. The same evidence, to Jefferson, made Native American slavery an outrage.

By the 1830s, women were actively risking facial scarring in chemical-fueled quests for hairless faces; Herzig showed women's magazines of the time advocating against the risk.

Soon, the electrocution of hair paved the way for a future of potentially cancerous X-ray treatments and more chemicals. The process has spawned research into genetic alterations; a subject Herzig noted received substantially less attention than hot-button biopolitical controversies such as stem cell research and human cloning.

By the end of the women's suffrage movement, hair growth was pitched by advertisers as a threat to women's rights, a theme Herzig claimed has been repeated ever since. Words like "oppressive" were used to describe the hair, at the same time women fought for the right to vote. Doctors diagnosed cases of afflicted women who claimed their hair would lead them to a lifetime of shame and possible suicide.

Today, Vaniqa is offering itself as a step in resisting the encroaching army of follicles, all the while drawing resources away from people dying from disease. Herzig quoted a Bristol Myers Squibb spokesman in 2001 who said, "Before Vaniqa came on the scene, there was no reason to make Eflornithine at all. Now there's a reason."

Herzig spoke carefully about the urge to indict any party involved. Rather than mocking the beauty needs of women, Herzig said the case illustrates how vanity can drive market forces that reach far beyond predictable impacts.

Facial hair, Herzig said, is one example of the ways in which emotions can influence politics on an international scale. Market logic can trump moral obligations, and vanity can drive market logic.

Mainers left in dark, need D

Recent study from UMaine researchers says people in less sunny environments need vitamin D-rich foods

By Dylan Riley

Mainers may be at an increased risk for cancer because of low vitamin D levels during the wintertime, according to a recent national study done by researchers from the University of Maine.

The Federal Government standard recommends that the average American consumes 200 international units of vitamin D each day, or about two glasses of fortified milk. The data comes from studies done on people who have rather consistent yearly levels of vitamin D in the body.

Mainers do not have consistent yearly levels of vitamin D, according to Susan Sullivan, a researcher at UMaine's food science and nutrition department. Sunlight assists in the creation of vitamin D in the body, which means that Maine's short winter days that lack direct sunlight leave Mainers with less consistent vitamin D levels than most Americans. Companies that fortify their foods with vitamin D use the government's 200 IU as their standard, which isn't enough for Mainers, according to Sullivan.

"Somebody would have to drink at least 10 eight-ounce cups of milk a day to get enough vitamin D in the winter," Sullivan said.

Sullivan recommends that Mainers take in at least 800 IU of vitamin D a day, especially during the winter, but feels that 1,000 IU is best.

People should get their vitamins from food, not supplements, Sullivan said. Older men and women need more than 800 IU of vitamin D, while it's unknown how much infants or young children need. Foods with high levels of vitamin D include fatty fishes, dairy products, liver and beef. Ten to 15

minutes of direct sunlight twice a week is sufficient to create enough vitamin D in the skin, according to the National Institute of Health.

"One of the problems is the government's requirement is too low, and all of our food fortification is set up to match the government's requirement," Sullivan said.

Cancer is the leading cause of death for people under the age of 85, according to the researchers' study, and as much as one-third to two-thirds of cancers could be prevented by dietary factors, including healthy levels of vitamin D.

Sunlight also increases the risk of cancer, and the study suggests people not spend more time in the sun than recommended. The National Institution of Health encourages people to always use sunscreen with an SPF of at least 15.

The study stated that most researchers believe the National Academy of Sciences Food and Nutrition Board Institute of Medicine, which is responsible for updating nutrient guidelines needs to increase the recommended dose of daily vitamin D. The institute's guidelines were last published in 1997. The maximum recommended dose is 2,000 IU, although harmful effects have not been recorded in levels more than 10,000 IU.

The institute of medicine met in fall 2007 to discuss increasing the recommended dose of vitamin D, but decided that there was not yet enough scientific evidence.

Individual body differences also affect vitamin levels. Sullivan encourages doctors to check their patients so that people could pay more attention to maintaining healthy amounts.

Members of the research team were unavailable for comment.



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Iraq

from page 2

Iraq. Professor Alex Grab teaches courses at the university about the Middle East. According to Grab, one of the main problems is international force. "Unwanted intervention from the outside causes resistance," he said.

Iraq also has a strategic geographic location. "If you control Iraq, you can intervene in [neighboring] countries," Grab said.

Professor Douglas Allen points out that more peaceful action needs to occur.

"What we are doing to end the war is not enough," Allen said. "If you have not already contacted the senators, please get out and do so."

Audience members were also welcomed to sign a voter's peace pledge, which promises not to vote or sup-

port a candidate who does not immediately work to end the war.

After Clement gains his history degree, he said he plans to continue working with Veterans for Peace. Although Clement experienced negative impacts from his time in Iraq, he also acknowledges the positive aspects.

"I do not regret joining the military, because it did give me direction and some life experience. I got out of Maine, saw the world, met great people and until Iraq, I had entertained ideas of a military career, but with the current administration I became disenfranchised and lost the feeling of pride that I had gotten from being a member of the U.S. Army," he said.

Clement said he has been trying to figure out why his friend died in Iraq. "Still, five years later, I'm looking for the noble cause he died for and haven't found it."

GSS

from page 1

years before UMaine is tobacco free.

"The decision has been made to go tobacco free – the question is just how and when," Bernier said.

When asked if there was going to be a place for people to smoke off campus, Bernier did not answer the question directly, but said the idea was to "fundamentally change the environment."

Several senators questioned whether the university has a right to tell students and faculty that they cannot use tobacco on campus.

Sen. Carl Anderson said he could see the benefits of such a plan, but thought it would infringe on the rights of students. He also asked why the decision was made to go tobacco free before research was done to gather student opinion. Bernier answered that the plan has the approval of the administration and faculty senate but that "it's students' jobs to question, to challenge the decided – that's what we're looking to you for."

As a member of the TFC Resource Committee, Vice President of Student Entertainment Derek Mitchell said the idea lacks forethought and enforcement. He described it as "remarkably premature," saying that students will start smoking in their dorms. This, he said, may push the problem inside, where it could be more difficult to enforce.

"As much as I like Sue, I hate that tuition is going up 14 percent and they're paying her for this," said Mitchell.

Students who are interested in joining the committee or would like their opinions to be heard can e-mail Sue Bernier at sue@bhc-group.com.

In other business, the senate approved a new contract for legal services, which will last three years and provide a wider range of aid for students. The current contract with Attorney Brett D. Baber will terminate at the end of the semester, and Corena D. Howard will replace him.

Currently, Baber is available 15 hours each week and can only provide legal advice to students. Beginning next semester, Howard will be on campus 30 hours per week and will be able to represent students in minor legal matters. These include landlord/tenant issues, traffic violations, tax preparation and name changes.

The senate also tried out new "clickers" on Tuesday's meeting, which count their votes electronically and replace the current system of oral and hand-raised votes. Student Body President Steve Moran said this will also help track how each senator votes on the issues, and that information will eventually be available online. The clickers, which came in neon shades of orange, green and yellow, cost about \$750 and were paid for out of the senate Tech Budget.

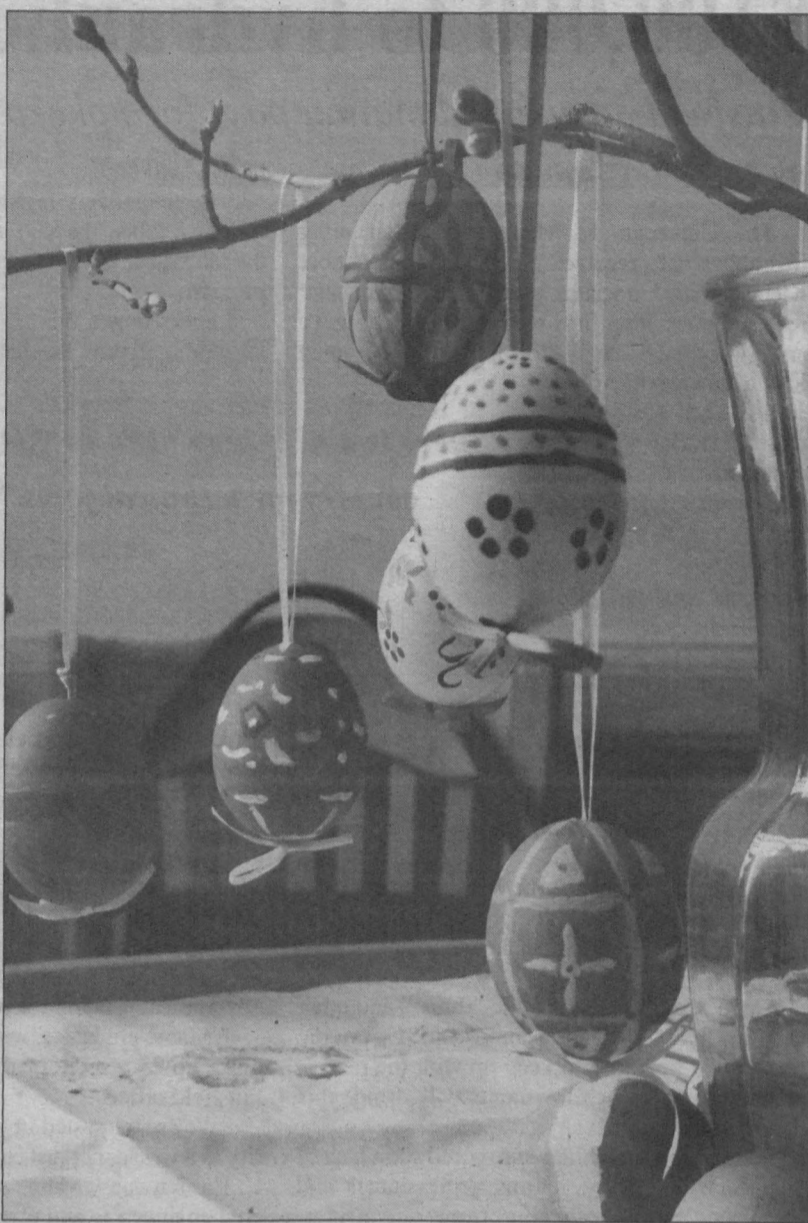
Sen. Morgan Bickford said the Board of Trustees has decided to rename the Maine Center for the Arts. The new name will be the Richard R. and Anne A. Collins Center for the Arts, after the couple who have made generous donations to the renovation project.

Ashleigh Briggs, the director of external affairs for student government, announced a contest to create a design for the cover of the student planners next year. The artwork can be hand drawn, digital or a photograph. The winner will receive \$100. Submissions can be dropped off at the Student Government office or e-mailed to Briggs on FirstClass.

Duolos and the Club Track Team received their final club approval at Tuesday's meeting. Over break, the senate received \$10,000 from the Student Activities Fee.

Allocations for the night included \$500 to the American Society of Chemical Engineers, \$100 to the South Asian Association of Maine and \$600.01 to the Progressive Student Alliance to pay for speakers during "Change Your World" Week.

At the beginning of the meeting the senate budget was \$1,908.89. After all allocations had been made, \$10,913.38 was left in the unallocated fund.



Steve Heathers ♦ The Maine Campus

The University of Maine German Club painted eggs and sold German cakes called "tortes" in the Union on Wed. Painting eggs is a common Austrian and German tradition.

Terror

from page 2

terrorism in While both Africa and the Pakistan, Kenya, Middle East receive consistent Iraq and more," international attention, the Middle she said. "Both East remains enigmatic for many men were work- Americans.

"With the exception of Israel, the Middle East has been a strange and foreign place for many Americans. They don't know a lot and are ignorant about the characteristics of Islam. It makes it hard to find sympathetic feelings, certainly after 9/11," Riedel said.

Student Government President Steven Moran attended the forum and found both talks informative.

"It really enhanced my understanding of the serious stability concerns in the Horn of Africa and in Pakistan," Moran said. "SPIA provided a special opportunity for students to hear from two experts in foreign policy and gain invaluable knowledge."

ing in government before and after 9/11, which allowed them to sketch a comprehensive picture of world terrorism."

Before the forum, Bellamy and Riedel spoke to more than 100 Maine high school students in Little Hall. Both discussed U.S. foreign policy and global issues and answered students' questions afterward.

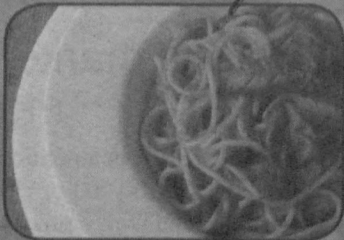
Riedel said the 2008 election will be a huge decision for first-time voters, such as high school students.

"Some graduates, a minority, will be going into the U.S. military services. They are making the ultimate sacrifice for their country and should do it with the deepest knowledge possible," Riedel said.

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Master

from page 1

Wednesday. One audience member said seeing a student trudge across the snowy mall in flip-flops reminded him of the importance of those paths.

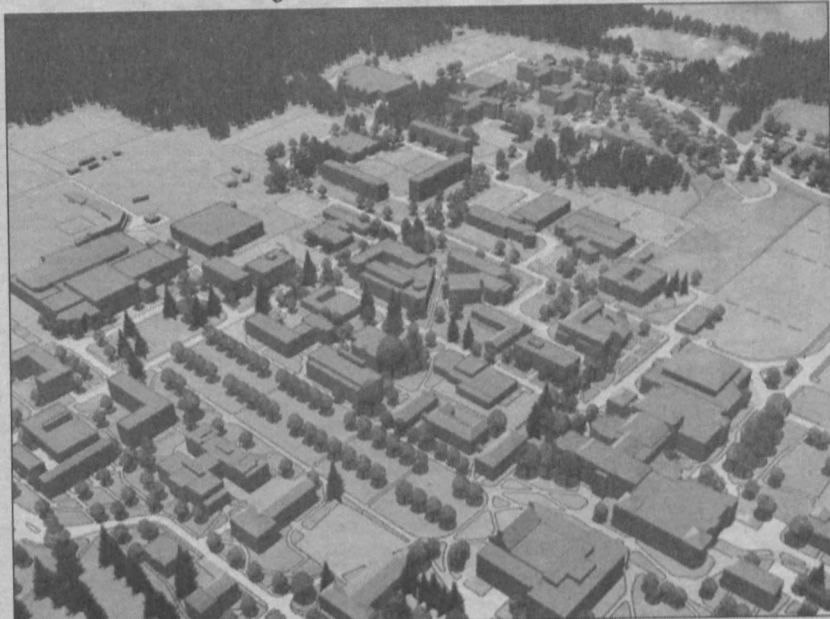
Other mall changes include adding trees and other natural wind blockers to the perimeter. "On a December day when the wind is blowing like hell and it's cold and you have to huddle and get yourself across that mall, that space just isn't working," Sasaki Principal Janne Corneil said.

Resident halls on campus will remain the same, with some new additions. The plan includes adding rooms for more than 1,000 additional students. Sasaki and UMaine Vice President for Administration and Finance Janet Waldron said they are considering bringing in a private contractor — similar to Orchard Trails — to add housing on campus. Orono would be able to tax this company for their services, which could help with local economy and lessen the need for parking by keeping more students on campus.

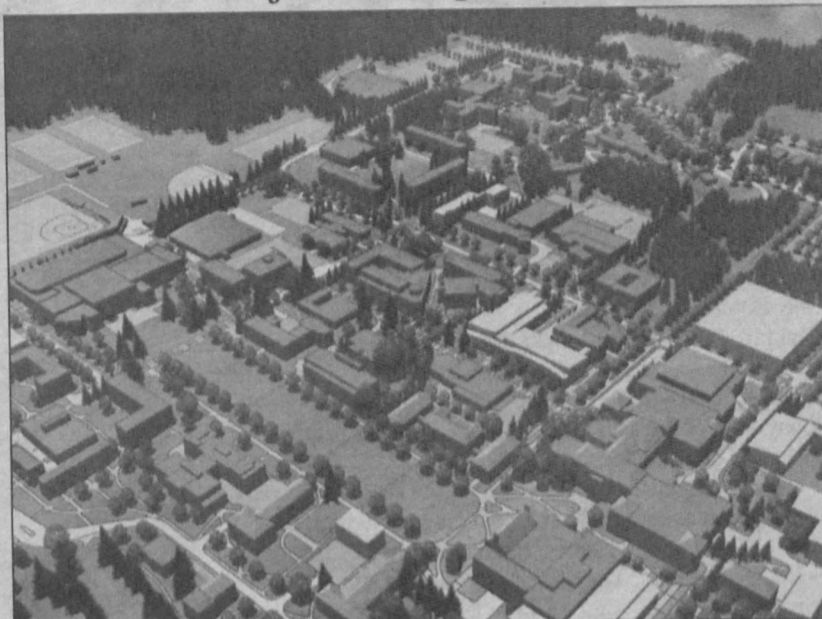
The plan includes redeveloping Little Hall, Shibbes Hall, East Annex, Smith Hall, York Village, the machine tool lab and two fraternity houses. The presentation stated that it would remove 280,000 square feet of existing indoor space. Instead of keeping one-story buildings, Sasaki said they will use campus space in a more efficient way. By adding multiple-story buildings they will add 1,643,000 square feet of indoor space.

According to Waldron, the changes will happen steadily, rather than all at once. When the university

Before development



After development



considers a change, such as adding storage place, it will refer to the plan and use that to guide any changes.

"When it's time to sight a building, the tough, heavy lifting will be done already, and it will shorten the time for site selection," said the Associate Vice President for Administration and Finance, Elaine Clark. Site selection can be a huge time delay factor when the university decides to start construction, according to Clark.

"It is very much theoretical," said student representative of the campus planning committee Derek Mitchell. "It's sort of speculation and idea. They [Sasaki] are trying to sell a concept."

The campus planning committee oversees the development of the master plan. The committee has not decided who will get the final say when it comes to approving or rejecting it, but according to Waldron, they hope to take input from many different groups.

These changes will help to make UMaine a more environment-friendly campus. Parking lots on the west side of campus, such as the Hilltop Lot, separate

wetlands. By replacing the lots with garages, the wetlands will be restored closer to their original condition.

UMaine's master plan hopes to make a national impact. "We're going to try to get the Green Building Council to actually change the LEED system," Clark said. "We're going to actually change the way green-building certification through this campus too." Currently, college campuses must prove they meet the Leadership in Energy and Environmental Design (LEED) basic standards for every building they construct.

If this is approved, the LEED certification process will be able to see campuses on a larger scale, as opposed to building-by-building certification. "We have to reprove the same points time after time — that we're looking at environmental issues," Clark said. If LEED makes the changes, universities would have to prove their basic commitments to the environment once. For example, if the university were to use a shuttle service, they would not have to prove green transportation for each building.

Cushing

from page 1

even remotely thinks that he did it because it is so out of line, so out of character of Matt," Maalouf said. "If the words didn't come out of his mouth, there would be nothing to prevent me from believing he didn't do it. The fact that he said it, you kind of have to believe him. At the same time, you don't want to."

Cushing had his step-brother's name tattooed across his stomach.

"That's what makes me believe that it wasn't him in the first place: how much he absolutely adored and loved his mother and stepbrother," Maalouf said. "They loved each other to no end. It doesn't make sense. How can somebody have so much love, so much respect for somebody — they said the whole reason was for the backpacking trip — it doesn't add up. One plus one is not equaling two in this case."

Some news sources claimed that Cushing may have been motivated by a canceled trip to Europe. According to Maalouf, Cushing planned to backpack throughout Europe this semester and therefore did not sign up for classes. When he found out that he could not go on the trip, he thought it was too late to sign up for classes so he decided to stay in Old Town and work to save money.

"He was able to see both sides of the story. Which —

from the way news people portray it to sound — that wasn't the case," Maalouf said about the trip.

According to his friends, Cushing's dreams included traveling.

"He wanted to teach, and he was saving money to make a trip back to Ghana," Maalouf said.

"I'm sad for what his life is going to be like now."

Mostly, disappointed that he let it go that far."

Jeremy Baker
Student

Baker took a world food supply class with Cushing. Baker said Cushing always had something to add. "He had been to Africa; he had had malaria on three occasions."

Cushing's friends said the alleged crime surprises them because of the type of person he is.

"He has been our best friend since day one, and he was always the shinning star around us. He has been a regular at my roommates' and my house almost daily this year," Shawn Coulombe said.

His friends said that Cushing gave no warning signs.

"I tried to look back and see if there was anything different, just the way he acted before — a year ago, two years ago — is still the same way he was acting, just like any of my other friends act. It was a complete 180," Maalouf spent time with Cushing the weekend before the murders.

"The last time I talked to him was a week before the events. I couldn't notice any warning sign or change in him at all. He seemed just like his old self," MacKay said.

Now, Cushing's friends are unable to speak with him and are having a hard time dealing with the situation.

"It has been so long since I've seen him. Now I have this picture of him, and I've got the old picture of him, and they are in pretty stark contrast," Baker said.

"It was like someone ripping your heart out. I guess the sensation is not that he could potentially go to jail for life, but it's more like he passed away because you're never going to see him again. He's never going to have the friend influence of the people you hang out with everyday. It's hard to feel like you lost a friend. That's where the emotions come from," Maalouf said. "Usually I'm the kid who falls asleep in a minute, but when I go to bed at night I just think for an hour. How could he have done this? What is the real story?"

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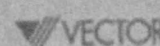
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THE MAINE CAMPUS

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Student input goes up in smoke

In September, the University of Maine will announce its plan to become a tobacco-free campus. According to Sue Bernier, a representative from the Tobacco-Free Campus Committee, it could take up to 12 months to fully implement the plan. The administration and faculty senate approved the new program, which will prohibit any kind of tobacco product on the UMaine campus, including chewing tobacco.

Current regulations state that smoking is not allowed inside any university vehicle or building, including resident halls. Smoking is also prohibited within 20 feet of building entrances. The lax enforcement of these rules leaves open the question of how the new tobacco-free ban will be implemented.

There are currently no plans of enforcement or penalties for future offenders of the ban.

While students' input and opinions were gathered, the fact that this plan is being implemented shows that they have not been given serious consideration.

Despite the potential benefits or detriments to the UMaine community as a whole, students have a right to partake in any decision making that regulates what they can or cannot do at their own university. In November, the student senate opposed the ban, yet they were not included in the decision-making process.

With apparent opposition and support for the new ban from all sides, an open forum and equal input of all should be a necessity before any decisions affecting the entire university community are made — perhaps ways to implement a possible ban could be discussed as well.

The above editorial is written by the editorial board, whose members are Eryk Salvaggio, Derek Dobachesky, Alicia Mullins, Brett Sowerby, Heather Steeves, Nick McCrea, Rebekah Rhodes, Adrienne Hess, Dana Bulba and Meghan Hayward.

Editor in Chief Eryk Salvaggio
eic@mainecampus.com

Business Mgr. Andrew Johnson · 581.1272
business@mainecampus.com

Asst. Business Mgr. Kelly Byrne

Advertising Mgr., Production Design Supervisor
David Dauphinee · 581.1276
ads@mainecampus.com

Asst. Advertising Mgr. Alana Brown

Production Mgr. Alicia Mullins · 581.1267
production@mainecampus.com

News Editor Heather Steeves · 581.1270
news@mainecampus.com

Asst. News Editor Nicholas McCrea

Features Editor Meghan Hayward

Style Editor Brett Sowerby · 581.3061
style@mainecampus.com

Sports Editor Dana Bulba · 581.1268
sports@mainecampus.com

Opinion Editor Derek Dobachesky · 581.3061
opinion@mainecampus.com

Photo Editor Rebekah Rhodes · 581.3059
photo@mainecampus.com

Asst. Photo Editor Adrienne Hess

Network Mgr. Timothy Wagner

Web Editor Pattie Barry

Copy Editors

Lisa Haberzettl, Chelsea Cameron, Kaley Roberts, Gabi Berube, Jaime Lares, Elizabeth Pelletier, Kaitlin Walling, Hannah Lauterback

Production Asst. Andrew Catalina

The Maine Campus, a non-profit student publication, is printed at Central Maine Publishers in Augusta. Our offices are located in Memorial Union at the University of Maine. Telephone numbers: Business (subscriptions-accounts): 581.1272; Advertising: 581.1276; Fax: 581.1274; E-mail: info@mainecampus.com. All content herein © 2008 The Maine Campus, unless otherwise noted. All rights reserved.

Perspectives

MONDAY, MARCH 24, 2008



Eryk Salvaggio

Cloak of censorship could be lifted with Chinese Olympics

Protests in Tibet, timed by protestors to coincide with the international attention attracted by China's Olympic games, which begin this summer, are earning minor coverage in the news. In reaction to these events, many activists are calling for a boycott of the games.

President Bush has stated his full intention of attending the Olympics. Meanwhile, Amnesty International is reporting the interrogation and detainment of Tibetans for simply having a picture of the Dalai Lama in their homes. Chinese citizens watching foreign news reports have met black screens during western coverage of the Tibetan protests.

China has occupied Tibet since 1959, when the Dalai Lama fled to India. In the decades that followed, expansionist communist countries were all the rage, with the Soviet Union as a partner in the invasion and occupation of Asian and Eastern European states.

As a result, the occupation of Tibet has never received the

attention of the western world, despite its cultural relevance as the spiritual homeland of Buddhism. The Dalai Lama has kept a moderate stance of cultural independence, giving up the hope of a truly independent Tibetan state. He has taught tolerance and peaceful dialogue, and has emerged as one of the most notable political authorities on peace since Gandhi.

Yet, the Communist Party of Tibet has continued to suppress the rights of Buddhists to dictate the terms of their own religious practice. The Communist Party, long known for selecting its own party leaders, is now insisting that it has the exclusive right to determine the Dalai Lama's spiritual heir after his death, which involves finding the reincarnated spirit of the Dalai Lama. Not surprisingly, Tibetan Buddhists are skeptical of the atheistic Communist Party's ability to carry this process out.

The tensions have escalated into violence in Lhasa, and the Chinese government has reacted with more violence, a cycle long condemned by the Dalai Lama's teachings even as China accuses him of encouraging it. Chinese military forces have surrounded monasteries and beaten monks who tried to leave.

While a boycott would send a powerful message of solidarity with the Tibetan people's right to cultural self-determination, it would do little for a region of the world already awash in symbolic gestures. Flags hang from dorm-room windows; stickers show up on lamp posts; people hum in meditation during a Beastie Boys concert.

None of these symbolic gestures can give Tibetans the kind of help they need. The Olympics can. By accommodating a flood of foreign media into China, the Olympics could put the Communist Party under more intense media scrutiny than it has ever had. The specter of violence in its western regions would lead to questions that the party would have to actually answer, rather than cover up. The world would be looking straight at China and directly at its policies of dealing with civil unrest.

The games are forcing China to act on its best behavior. A

See OLYMPICS on page 9

LETTERS TO THE EDITOR

Letters to the editor should be no longer than 300 words and should include the author's name, address, academic major or job title and phone number or e-mail address. The Maine Campus reserves the right to edit submissions for length and clarity.

The Maine Campus
5748 Memorial Union
Orono, ME 04469
opinion@mainecampus.com

Attempting to reflect on feelings of guilt and remorse

Brett Sowerby

As much as we do not like to admit it, we are defined by single acts in our lives. A string of choices constitutes the moments of our short existence.

Most often, they seem like obligations — things we must do. We must go to class. We must eat. Even these mundane things define who we are. Do I wake up early enough to be punctual, or do I stay up late the night before, only to be tardy to class? Do I bother to eat a full breakfast or just a cup of coffee?

These small choices create the framework for the people we are, or at least how we are perceived by others. Even what we choose to tell people matters. Do we have full disclosure with those around us, or do we only grant limited access to our opinions and emotions?

Every so often there are defining moments, be they acts of heroism and bravery or of deceit and wrongdoing. These choices are the ones people usually think of when discussing others. Right now is a good opportunity to explain that months — even years — of trustworthiness can be destroyed through a single treacherous exploit.

Take any recently embarrassed political figure for instance. Even barring actual illegality — for which they should no longer be in power, as was the case with Elliot Spitzer — politicians are often forced to resign because of single acts, most often infidelity. Regardless of whether it should or should not, in so many cases one bad choice seems to make a bad person, regardless of intentions or remorse.

Remorse is a funny thing. It shows that we care about the events that have transpired because of our actions. But are guilt and remorse the same thing? Are they even choices? Can one really choose to feel remorse or not? Perhaps this is the distinction between what we define as “good” and “bad” people.

There is a difference between guilt and remorse. Guilt is the regret accompanied by the consequences of poor choices made, while remorse is the knowledge that the wrong choice was made. This is an important distinction. Individual growth can only be attained from the latter. The former is only a reaction to others’ perception of the situation. Admitting fault and feeling the pangs of remorse is rarely seen as noble; instead these actions are overshadowed by the initial misdeed.

Admitting mistakes is a difficult task. For many, they are unable to cope with the repercussions of confessing guilt. Admissions of wrongdoing are essentially the only way to “do the right thing” after the poor choice has been made. This thought seems lost on many individuals, instead turning to judgment instead of understanding.

Here is the crux of the argument of single-action personal creation: People all too often take another’s single action as a definition of the person’s character, ignoring a previous lifetime of deeds, both good and bad.

Regardless of previous actions, one’s personality is often distilled into only several most recent choices — especially the poor choices. Perhaps in the interest of friendship, people discount individuals and instead judge.

In the future, when hearing of others’ misdeeds — as difficult as it may be — we ought to apply understanding. This does not mean forgetting or even necessarily forgiving, but an understanding that sometimes good people make bad decisions, an understanding that, besides feeling remorse, the only noble thing a person can do is to admit fault. One never knows when they may need the favor of understanding returned.

Brett Sowerby feels remorse and will try not to judge in the future.

Olympics

from page 8

would simply mean less access for

outside media outlets and less attention to China’s actions. Instead, participating countries should demand the same degree of media access given to reporters when the games were held in Salt Lake City or Japan. Human rights groups are banned from the area — why not let them in?

It is unlikely this will happen, of course. But that’s the real story of the Olympic Games in China: the question is beyond medals and international rivalries. It is the stories that the government refuses to tell. The foreign media should continue to ask these questions. For the first time in recent history, the entire world will be listening to China’s answer.

Eryk Salvaggio is the editor-in-chief of The Maine Campus.

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Heather Steeves

Parents obsessed with the beauty contests overstress their kids

Recent reality television shows have exposed the insanity of parents. Shows like VH1’s “I Know My Kid’s a Star” and MTV’s exposes on child pageants demonstrate how crazy parents can be.

On Wednesday’s episode of “I Know My Kid’s a Star,” one mother was teaching her daughter, who can’t be much more than 10 years old, to sing. As the mother was teaching, the daughter looked confused. “What, is my tampon hanging out?” the mother asked her daughter. I was flabbergasted.

The same mother, before her daughter went on stage to perform, said “Let’s buy that dream house.” The performance wasn’t being officially judged; there was no prize money. I doubt this is the first time that the mother said that to her daughter.

Girls in this show padded their shirts and sang of adult relationships. In the pageant expose, it wasn’t much different. “It will be a national holiday when she gets breasts,” one mother said as her seven-year-old daughter whined that she wanted “boobies.” These parents are making their children grow up faster than is natural.

When parents push their children too far, their kids will grow up to have less mentally healthy lives. One of the show’s hosts said that if some of the parents continued to push their children, they would be downing Vicodin and drunk-driving, like star Lindsay Lohan.

According to Lisa Rapport, Ph.D. who researched child stars, “The environment of the entertainment industry is not necessarily toxic to normal development. Instead, the results support the well-established theory that good parenting serves as a buffer for life stress.” The trouble with this, at least from demonstrations from these shows, is that the parents are not offering good parenting and buffering stress — they are adding stress.

I can understand where these parents are coming from. When I was a child I was heavily involved in horse shows. Every weekend I would be pushing my ponies over fences, having my mother braid my hair with ribbons for “cute points” and smiling my head off at the judges as I trotted about the ring. When I did poorly in school my parents would threaten to not allow me to compete in a horse show. From this experience, I understand that it can seem like the children want it more than the parents.

More importantly, from this experience, I know that parents should first be parents. I ended up being burnt out, heavily competitive and I let my grades slip — all of this before fifth grade. Yes, if my parents said that I could only ride for fun and not compete in state-wide competitions I would have screamed and yelled, but that’s parenthood.

Heather Steeves was second in her division until her horse died ... she then continued to beat the horse.



Michael Craft

Not casting a ballot is a vote against taking personal responsibility

Peter Janarelli’s column “The act of nonvoting is not necessarily equivalent to apathy” is an interesting perspective when looking through a conservative lens. Peter states that he disagrees with representative politics, saying that voting is “an act of consent for the subjugation of my will...”

While I am sure he cannot mean that every aspect of his life is puppeteered by those that he may or may not vote for, I can’t help but wonder if his attitude is self indulging. It seems to me that his argument for not participating in the privilege — not the right — to vote is his way of showing others that he is above the process. I picture some sort of Zen moment where he might levitate off the ground while appealing to others that “voting is just another way of the man keeping you down.”

This may seem like an oversimplification, but remember it is the message that counts, not the vessel. He contradicts his argument when he talks about social reform and the lack of government intervention before being forced to do so.

My question to Mr. Janarelli would be: How do laws become mandated social standards without representative government? I would also remind Mr. Janarelli that not everyone at the stated times in history for his article agreed with the premise of equality. When we talk about political strength, there is an assumption of a majority in social agreement. Until that happens, social change does not come about.

Mr. Janarelli, or anyone else, will be hard-pressed to find a successful utopian environment that speaks for 320 million people. Our government may not be perfect, but we as a people must accept responsibility for the government we have. We accept this responsibility through the privilege — not the right — to vote.

This privilege can be taken away at any time. Just like our right to free speech has been somewhat muted by the McCain/Feingold campaign finance reform law, our privilege to vote is somewhat vul-

nerable as well. I would suggest that if Mr. Janarelli would like his opinion to mean more than a college newspaper rant, he should take the responsibility that all of us have through the Declaration of Independence, to take back our country and run for office. There is one question that comes to mind when suggesting this course of action after reading Peter’s article: Would he be able to vote for himself?

The point that I take away from Mr. Janarelli’s column is that he is fed up with the system. That, for whatever personal reason that is undefined in his column, he seems to be disenfranchised. To him and others with similar thoughts, I say that every cloud has a silver lining. If you can’t find that silver lining in the greatest country on the planet, you may be looking in the wrong place.

There is also a caveat to his feeling of despair that I would like to donate. It is only a matter of time until the revolution that he is looking forward to actually happens. I am not suggesting a physical revolution, but a philosophical revolution. A time when politicians uphold some sort of standards, like no longer sleeping with other people when one is married, no longer shoving \$40,000 of cash into a freezer then employing the National Guard to get it for you during Katrina, no longer going into airport bathrooms seeking sex and no longer sleeping with male pages.

All of these changes that we seek start and end with us, the people. If we tolerate their actions and vote the same way, we are responsible. If we don’t vote, we are responsible. If we consume ourselves with cable news show phrases like “broken government,” we throw away our responsibility and blame the establishment. This refusal to accept responsibility does not produce change — it stifles change.

This election year may be just like the last, but it could also be a different time as well. A time when politicians actually become what our Founding Fathers wanted, the voice of “We, the People.”

Michael Craft is a conservative.

go.

Style & Culture

MUSIC

Java Jive: The Project
8 p.m.
Tuesday, March 25
North Pod, Union

Lidral Duo
Chamber Jazz Afternoon
Concert Series
4:15 p.m.
Thursday, March 27
The Bear's Den

Worker Center Punk Show
6 p.m.
Friday, April 4
20 Ivers St., Brewer
Cost: \$5

THEATER

"It's Not That Simple"
Raise Sexual Assault
Awareness
7:30 p.m.
Wednesday, March 26
Minsky Recital Hall

ARTS

"In Plain Sight"
Art by John Whalley
8 a.m. to 4 p.m.
Lord Hall

"Currier and Ives Exhibit"
Original lithographs on loan
9 a.m. to 4 p.m.
Page Farm and Home
Museum

A Legacy of Collecting: the
Vincent A. Hartgen Years
9 a.m. to 5 p.m.
University of Maine Museum
of Art
Norumbega Hall (Bangor)
Free with MaineCard, \$3 w/out

LECTURES

New Writing Series
Thomas Sayers Ellis
4:30 p.m.
Wednesday, March 26
Hill Auditorium, Barrows Hall

FILMS

MPAC presents:
"The Corporation"
7 p.m.
Monday, March 24
Multipurpose room, Union

Kickin' Flix:
"Sweeney Todd"
7:30 & 10 p.m.
Wednesday, March 26
Friday, March 28
North Pod, Union

CONTESTS

Second Annual Film Festival
Maine Channel
Deadline: Thursday, April 3
For information contact Sara
Ashley on FirstClass

AMA Video Game Tournament
12 p.m. to 6 p.m.
Sunday, March 30
Multi-purpose room, Union
\$10 entrance fee
Fabulous Prizes

By Kyle Kernan

"Art and the natural world" is the slogan for the art of Nina Katchadourian's works.

A part of the Intermediate Spring Lecture Series, sponsored by the department of new media and College of Liberal Arts & Sciences, non-conventional artist Nina Katchadourian presented slides of her latest projects in Barrows Hall on Wednesday, March 19. Her works ranged in the realm of public displays of art such as cars that mimic exotic bird noises and the organization of a parking lot into specific colors.

"I like to pick the right tool for the right job," Katchadourian said. This would be true in seeing her work with video, to display three video screens, where her parents mimic each other's varying accents. Most of her works however use photography and digital, conceptualized modeling.

Katchadourian's exploration of different mediums gives her the ability to stretch bounds to use different methods, which gives her more ideas.

Katchadourian's works are mainly inspired by nature, as she takes to mending mushrooms, spider-webs and constructing dead bug wings into plants which she puts back into nature.

Her origins and family are from Finland, which she called "a very

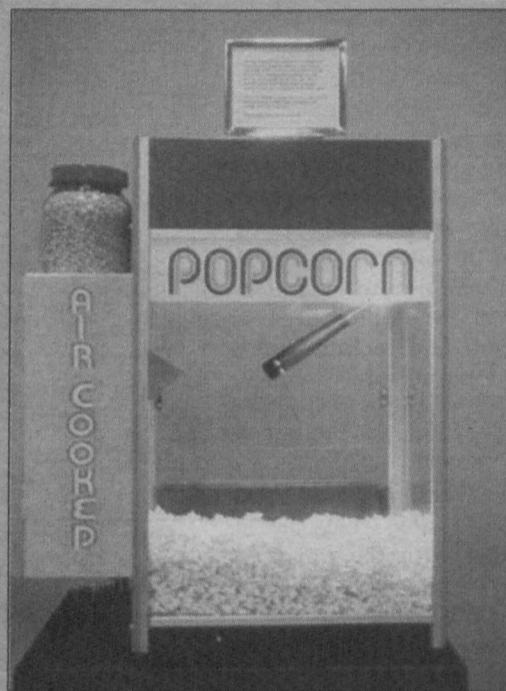
similar environment to Maine's landscape and weather."

Her first display were pictures of a spider web, in her piece "Do-It-Yourself Spider Web," which she first displayed to have gapping holes all over. Katchadourian then presented photographs of red threading, which mimicked the elaborate threading of the spider in the holes. She then observed how the spider would react.

In time, the spider threw out the web and mended the holes itself. Katchadourian said she is always inspired by nature.

She calls such pieces "uninvited collaborations with nature." "We're linked with nature, but there is a competitive link between us," Katchadourian said.

In her time in Trinidad, Katchadourian found a lush, green habitat in which to erect many art projects. In displaying slides of a zoo, in a snake exhibit from the Trinidad Zoo, the snake keeper lets visitors feed hungry snakes, rats and gerbils, where Katchadourian got the idea for "Animal Cross-dressing." She fit the body of a snake into the body of a rat in one piece, and a body of a rat in the



body of a snake in another.

While in a hike deep in the Trinidad rain forest, the calling of some birds mimicked the electronic tone of car alarms. Katchadourian thought they were actual car alarms. In displaying the cars in the towns of Trinidad, people were encouraged to touch a row of cars that voiced the alarms from birdcalls. Katchadourian loves public art, she said during her presentation, people's reactions are unpredictable.

She also organized cars to park by similar colors, called "Car Park," where the red tinted cars parked in one area for example, and white cars parked in another. Nearly 1,000 cars were involved at a college in San Diego. "The funny thing is, no one could find their car at the end of the day," Katchadourian said.

In another public art display, Katchadourian constructed a look-out post on the roof of a building to view into the window of a random office building. She wanted to link the disconnection that millions of strangers face daily in the busy city of Manhattan. She got the idea to display certain objects around the office to put in the window to denote how the person inside was feeling, using maritime terminology. The panel of objects was linked to a decoding board which spelled

The Media of Art

old and new

out the maritime sayings.

For example, a clock, calculator and lamp would mean, "Directions not understood." Other maritime sayings included, "Negotiations are underway," "proceeding without incident" and "I am drifting."

In hearing the language of Morse code, she felt that the different beep sounds could mean that anything in a rhythmic pattern in the world could in fact be telling you something. Katchadourian had used popcorn. In a popcorn stand machine, she utilized a microphone computer into it, along with a Morse code decoder to hear what the popping of popcorn could be saying — it only lent to gibberish.

Other presentations included "Airplane family tree," established in 2001, which groups together similar sized and colored airplanes, blimps and commercial airlines. She also constructed a genealogy of supermarket personalities into a family tree. The Brawny paper towel man is linked to having a domestic partnership with Mr. Clean, which gave way to the Gerber baby. Nina Katchadourian's

Adrianne Hess The Maine Campus

The works of Nina Katchadourian (from the top) Close up of popcorn machine translated to morse code — "Telescope" displays how the artists work primarily features play and manipulation of common structured systems — "Genealogy of the Supermarket" shows multiple product logo characters pieced together in a sort of fantasy family tree — Exhibit displaying the artist and her parents as they attempt to adopt one another's unique accents.

If you would like your event posted in The Maine Campus Style calendar, send time, day, date, place and fee information to Brett Sowerby on FirstClass

Galley Rats stowed away harmonies for Java Jive

Act brings mix of a cappella, not-so-surprising covers and classy acoustic stylings to the North Pod

By Kegan Zema

Tuesday at 8:00 p.m., Java Jive played host to the Galley Rats. This acoustic duo had great vocal talents and a wide repertoire of music. The North Dining Room of the Memorial Union was filled to the brim with fans and the band handedly delivered.

The duo consisted of Colin Graebert and Seth Grondin, both of whom shared vocal duties and displayed a great range of musical talents. From the start of the show, the most striking trait of the Galley Rats' music was their vocal harmonies. Both performers had amazingly strong vocal talent and used it to their advantage.

Grondin, who played guitar, most often took up the lower

register while Graebert, who began the show on keyboards, crooned above him. Obvious signs of showmanship could be felt throughout the show, as one song would often blend right into another. The first few songs were done with great energy and kept the rowdy post-St. Patrick's Day crowd pleased.

Covers dominated their set, especially at the beginning, but many were obscure in nature. The duo did a great cover of "Englishman in New York" by Sting. The first real sing-along came about when they busted out "Simple Man" by Lynyrd Skynyrd. This staple of acoustic performances was done well with the duo's vocal harmonies, thoroughly enhancing the song. Grondin began to show his pro-

ficiency with guitar as he soloed in "Simple Man" as well as in other songs. The crowd really got into his pentatonic riffs several times throughout the night.

Gradually the band took more risks in their musical selection. Keeping in theme with Monday's holiday, they played a Celtic tune, featuring Graebert on the fiddle and ample lyrics about whiskey. Emerging from their set list were some originals such as a bluesy song called "Too Late." The two showed obvious signs of being comfortable on stage and were able to create some great musical moments, such as when they would stop playing instruments and let a cappella harmonies capture the crowd.

Towards the end of their first

set, the Galley Rats played "Wish You Were Here" by Pink Floyd and flowed seamlessly into "Comfortably Numb," also by Pink Floyd. This double-dose of Floyd did wonders for the classic-rock fans in the audience. They ended the first set with another Irish-infused tune, this time an original. It featured Graebert once again on the fiddle and an intricate intro between the guitar and fiddle.

A short break allowed for socializing among the crowd, but before long, the Galley Rats were ready to finish up their business.

Opening up the second set completely a cappella allowed for the audience to truly grasp just how vocally talented the two young men were. Being

once again unable to avoid clichés, the group performed "Hotel California" by the Eagles. To be fair, it was a classy cover. Toward the end, the duo made an effort to play original songs. They played a funky original that got the whole audience dancing right along with them.

Overall the Galley Rats were able to provide a great night of entertainment, going strong all the way until 10:00 p.m., with the exception of their short break. A few forgotten lyrics intermittently detracted from the music, but overall Graebert and Grondin displayed amazing vocal talent, a deep passion for three-chord rock songs and occasionally some creative song writing.

"It's Not So Simple"

Assault is subject of student performances

By Dana Bulba

University of Maine students will perform a show about sexual assault this Wednesday at 7:30 p.m. in Minsky Recital Hall. The School of Performing Arts and the Safe Campus Project are sponsoring the performance, "It's Not So Simple."

"This show is to provide support to possible victims and let them know there is hope and that they can seek support," said second-year Emma Davis, who stage-managed the show.

Molly Schenck, a third-year theater major compiled, choreographed and directed the show. Aimed mainly at college students, the performance incorporates visual and performing arts, including theater, dance, music and new media.

"The whole show is a series of incidents that involve different types of sexual harassment," said performer Matthew O'Connor. "It kind of goes through what people

struggle with." The performance showcases 29 student performers.

"[The students] put in a lot of time, and for them this is very personal," said performer Petra Lehman. "Almost everyone in the show has either experienced sexual assault themselves or known someone who has."

According to Davis, there were six reported sexual assaults in the first month after students returned from winter break.

"There are probably more that don't get reported," she added.

Based on Department of Justice statistics, 226 sexual assaults would occur at a university similar to UMaine's size each year. The number of reported sexual assaults at UMaine in 2006 was 11.

"From personal experiences, [the performers] really want to get this message out there," Lehman said.

Donations will be accepted to benefit Rape Response Services and Spruce Run in Bangor.

Poetry for colors and shipwrecks

New Writers Series showcases poets Rivera and Moxley



Chris Pappas The Maine Campus

The New Writing Series hosted guests Elena Rivera (left) and Jennifer Moxley (right) in Jenness Hall on Thursday.

By Benjamin Costanzi

Soderberg Auditorium was seated to capacity on Thursday afternoon for the first post-spring break edition of the New Writing Series. The audience was treated to readings from Mexican-born poet Elena Rivera and the University's own poet/English professor Jennifer Moxley.

Moxley has several published books of poems — "Often Capital: Flood Editions," "The Sense Record: Edge Books," "Imagination Verses: Tender Buttons," a book of translation: "The Translation Begins: Burning Deck" — and a few chap books. She read poetry selections to start the event off.

She began with "The Quest" in dedication to her students studying literature of the Holy Grail. "The Price of Silence," also noteworthy as it created a sleepy metaphor in conviction of indifference in society, quipping that "we oppress in a way we cannot pay for" and ending on the aphoristic couplet "it is all fake, why should we wake."

The emphasis on materialism pervaded further as Moxley read a prose selection from "There Are Things We Live Upon," inspired by the George Oppen quote "There are things/ We live among and to see them / Is to know ourselves" that followed a Crusoe-esque character gorging himself on provisions from a shipwreck and alluding to the

salvation of goods. This segued into a piece called "Clothes" that painted a picture of a grandmother confined to her death bed, saying goodbye to her wardrobe, which called into question our relationships to garments.

Elena Rivera, who has a voice so perfectly modulated for reading poetry that it defies description, could be characterized as a rhythmic poet. Currently a translator at the Sante Fe Art Institute, she is the author of four books of poetry. She quickly began a series of poems based on color field painting and the associated vibration of colors. From Gold's hint of material desire — "I could have chosen sex instead of money" — Orange expansiveness — "theater of the bright peel" — Silver narcissism — "a mirror where fantasy takes over" and White anxiety — "the distant share scars with the scared," to Red exuberance — "the rivers of our heart at their core are very simple," "pant a little" — it was an imagist treat.

Rivera turned to more somber subject matter with "Movement in the Upper Regions," which was prefaced with a Franz Kafka quote illuminating that "the poet is a seeker after happiness, and that is anything rather than comfortable." With that in mind, the poem was a brutal analysis of the "poverty of desire" which seems so often to be together, and "the vast sorrow between what is reported and what one sees."

The New Writing Series meets next on March 26 in the Hill Auditorium at 4:30 p.m. for a reading from Thomas Sayers Ellis. Seating will be limited, and early attendance is recommended. For more information on Jennifer Moxley and a detailed list of her works, visit epc.buffalo.edu/authors/moxley. For more information on Elena Rivera and her works, visit elenarivera.net. For more information on the New Writing Series, visit nwsnews.wordpress.com.

THE MAINE CHANNEL

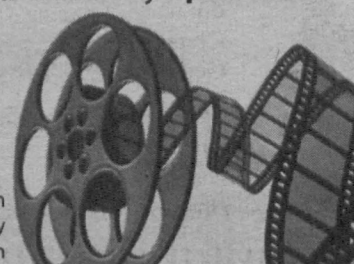
42

The Maine Channel's
2nd annual film festival

Thursday April 24th in Neville 101 at 7pm

The Maine Channel is looking for student films
 Showcase your work or come enjoy some original films!

Film submissions are due by **April 10th**



For more information
 contact Sarah Ashley
 or David Nickerson on
 first class.

Many voices, many pieces showcased by Singers

Two tours at Minsky put the final punctuation on Spring Tour by raising a stein to dear old Maine

By Lisa Haberzettl

Finishing off their annual spring tour, the University of Maine Singers presented two concerts on March 21 and March 22, both at 7:30 p.m. in Minsky Recital Hall.

Conductor Dennis Cox welcomed the audiences, which filled most of the house. Apologizing for the cold, he said, "We're going to try to warm up the space with a little music."

"Little" doesn't begin to cover the hour and a half performance that the Singers gave.

The Singers opened with an "Ave Maria" composed by T.L. Victoria. The a capella setting of the ancient Latin prayer featured full, open chords and immediately filled the hall with warm tones.

The following piece was "Thou Art the King of Glory," part of a larger selection that was composed by George Friedrich Handel after the victory at the Battle of Dettingen. Part of the War of the Austrian Succession, it marked the last time a British ruling monarch personally led his troops into battle.

Joining the choir for this song was Alan Cox, brother of Dennis Cox, on Piccolo Trumpet. "This is really the first time we've collaborated musically," Dennis Cox told the audience.

The choir performed four movements from Durufle's Requiem: "Introit," "Kyrie," "Pie Jesu" and "In Paradisum."

Derufle gave his 1948 composition a modern feel that had underlying influences from Gregorian chants. The main sentiment of the piece was summed up in "In Paradisum," with text roughly translating to "may angels lead you into paradise."

Alan Cox rejoined the choir with flautist Liz Downing for the next song. "On Time," composed by UMaine Professor Beth Wiemann, is a complex song with almost dissonant harmonies that hung heavily in the air.

"Water Night," composed by Eric Whitacre, had poetic lyrics, which Dennis Cox recited in part for the audience prior to the performance. The music mimicked their meaning to give the audience a line of goose bumps up their spine.

"The Water of the Minnetonka" had a Native American flavor. Composer Stephen DeCesare attended one of the concerts in Westerly, RI that the Singers gave while on tour.

The next song was just as chilling as the last two but much more soulful. Josephine Poelinitz's arrangement of "City Called Heaven" is a sorrowful song featuring a belting solo — tenor on Friday and Soprano on Saturday — throughout with choir back up. Lyrics read, "I'm a poor pilgrim of sorrow, left in this wide world alone ... I've heard of a city called Heaven. I'm trying to make it, make Heaven my home."

In place of an intermission, Renaissance and the Steiners performed a set of three songs each, using different sets for the two performances. While the groups were complete crowd-pleasers for both performances, the Saturday night show was noticeably more playful.

Following this, the men and women of Singers took turns singing on bended knee to an audience member. The two groups performed choreographed arrangements, the men with "Gimme Some Lovin'" and the women with "I Will Follow Him," a la Sister Act.

The Singers came back together with "United We Stand," an arrangement of three songs with an easy tempo and lyrics that the choir seemed to enjoy.

In accordance with tradition, the concerts closed out with a highly choreographed performance of "Jabberwocky," a musical setting to Lewis Carroll's poem. Dennis Cox invited all Singers alumni in the audience to join the performance.

Still holding their props from "Jabberwocky," the choir launched directly into "The Stein Song," with the audience on their feet, clapping in time.

The performances were both high-energy and enjoyable. "They're especially musical, and they get along great," Dennis Cox said of this year's choir.

The Singers have planned to tour through Italy this summer.



Jennifer Boyd The Maine Campus

The University Singers perform "Jabberwocky" during their spring tour.

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Some salsa for dessert

Latino culture celebrated in food and dance



Jennifer Boyd The Maine Campus

At the after party, everyone was welcome to participate in Latin dancing. Salsa lessons were also provided.

By Rachel Hirsch

On Friday evening, many people gathered for a Latino heritage celebration at Stodder Hall. The event included a keynote speaker Dr. Sue Estler, flamenco dances performed by Jessica Umel and several guitar performances.

A variety of foods were served, including Spanish rice, chicken fajitas and other ethnic dishes.

A myriad of beautiful examples of Latin-American music were played throughout the celebration. The music represented the diversity that each Latin-American country had, with distinct sounds, accents and styles.

Latin Americans performed a variety of dances such as Bachata, Merengue, Salsa, Cumbia, Rumba and more showcased from different countries.

The Flamenco dance involved clapping patterns, guitar music, intense facial expressions and stomping. As Jessica Umel performed, many looked with awe on her graceful arm movements and rhythmic skirt swishing.

Estler explained various aspects of Latin-American culture by presenting her experiences of her Mexico excursion with other University of Maine students.

Within the Pueblo region, there were several Spanish communities as well as indige-

nous communities. Sounds of the Mariachi and the native people were constantly played.

Feminism was also highly promoted. There were many women who displayed their arts; literature and museums displayed their historical figures, with full-armored garb.

Within every community's light, there's always darkness lurking along. Within Mexico's communities, as well as other Latin American countries, there were always groups that were considered "outsiders" and were usually treated poorly due to their color, clothing and accents. Umel spoke about her experiences in Ecuador, and she observed that the country had a type of caste system. She also mentioned her experiences during the Mexico trip with Estler, one being that she saw what was left of "las capillas de Rosaria," the Pyramids of Rosery, which were mostly inhabited by Catholic churches when the Spanish invaded Mexico.

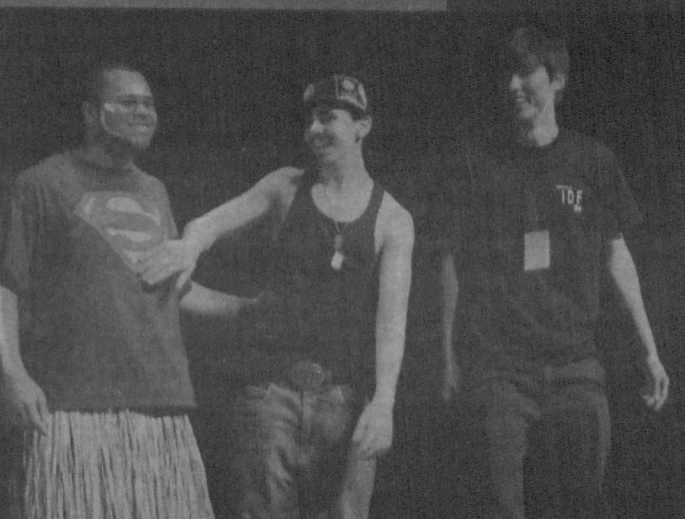
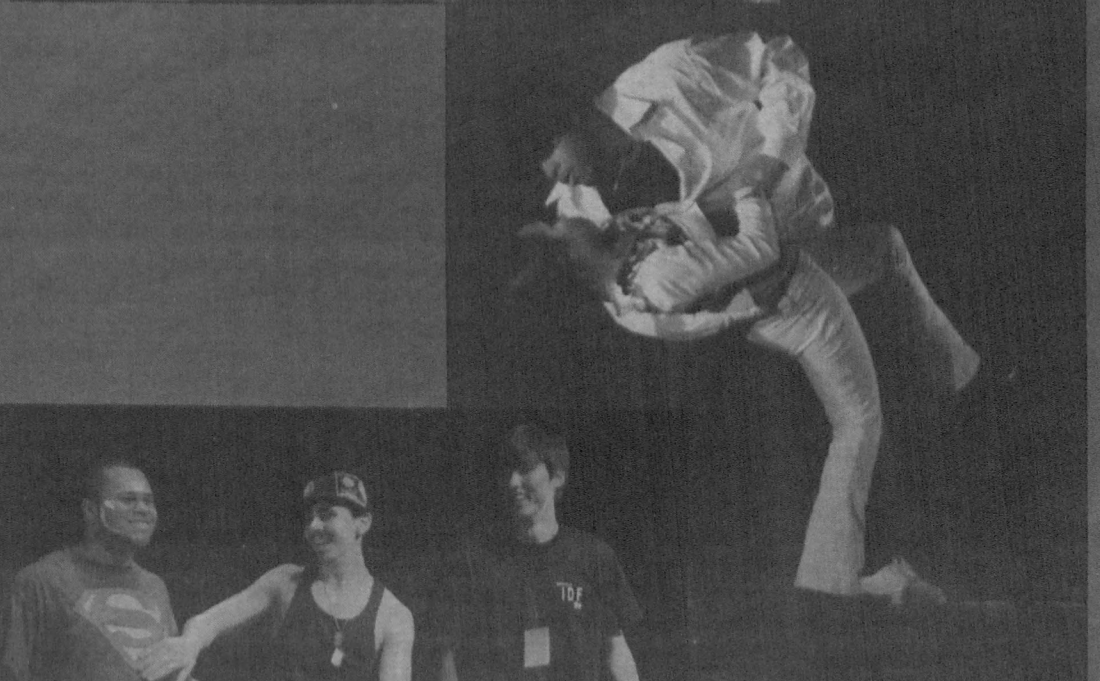
She mentioned that she learned from the cultural experience, and that she appreciates the cultures more.

Later, a free dance began with salsa lessons. The roots of salsa come from the Caribbean, exemplified from Bachata and Reggeton playing throughout the after party.

The celebration provided educational insights and perspective about different Spanish and Latin-American cultures.

THE INTERNATIONAL Dance Festival

Photos by Adrienne Hess



Students of many countries and backgrounds gathered together for the fourth annual International Dance Festival to celebrate many different flavors, moods and sensations of dance. The International Student Association, an active student club representing UMaine's diverse population, hosted the event on Feb. 23. The club is also responsible for many other community fostering events such as the Oronoka Dance Party and Friday coffee hours in the North Pod of the Memorial Union.



THERE'S NOT ENOUGH ART IN OUR SCHOOLS.

NO WONDER PEOPLE THINK

LOUIS ARMSTRONG

WAS THE FIRST MAN TO

WALK ON THE MOON.

Horoscopes

Aries

March 21 to April 20

In the morning, your superior may bring you a piece of news which will make you change your schedule completely. Your state of confusion will pass shortly, therefore you have no real reason to worry.

Taurus

April 21 to May 20

You may have a quarrel with your loved one because you tend to disagree with the changes (s)he wants to make at home. To avoid tensions, you'd better consider the needs of those close to you.

Gemini

May 21 to June 21

You may be facing difficulties in the sentimental and financial departments. You are advised to remain calm and arm yourself with patience.

Cancer

June 22 to July 22

This morning you may be nervous, because an important business meeting has been delayed. You are advised to keep your temper, in order to avoid putting yourself in delicate situations.

Leo

July 23 to August 22

In the morning you may be deeply disappointed, because a friend you were counting on has been badmouthing you. You are advised to focus on the most important tasks that you are expected to complete today.

Virgo

Aug. 23 to Sept. 22

You are advised to remain cautious in everything you do. This is not a good time for making investments. In the afternoon, a neighbor will ask you for help in a health matter.

Libra

Sept. 23 to Oct. 23

In the morning you may learn about the illness of a relative and be very upset about this. You might be unable to focus very well, therefore you are advised to avoid making major decisions.

Scorpio

Oct. 24 to Nov. 22

In the morning, a younger relative might ask you for a loan. This may be related to education, e.g. buying textbooks.

Sagittarius

Nov. 23 to Dec. 21

You feel discontent with everything and tend to criticize everybody. You are advised to control your criticism, or it may be interpreted as a bad attitude.

Capricorn

Dec. 22 to Jan. 20

This morning you may feel weak and unable to complete a task that has been keeping you busy for quite a while. Workmates could remonstrate you with this, and tension might arise.

Aquarius

Jan. 21 to Feb. 19

You seem to be upset because of some sentimental issues. Relationships with friends may also be affected if you avoid meeting with them.

Pisces

Feb. 20 to March 19

You are on a very short fuse and tend to blow up either because your loved one has spent too much or because you have misplaced something, etc.

the maine campus

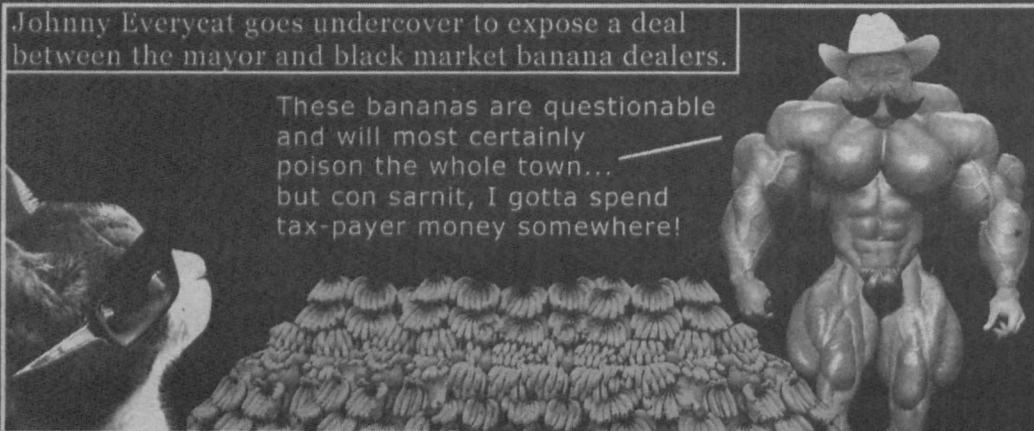
DISTRACTIONS

News Cat — A choose your own adventure comic

By Alicia Mullins

Johnny Everycat goes undercover to expose a deal between the mayor and black market banana dealers.

These bananas are questionable and will most certainly poison the whole town... but con sarnit, I gotta spend tax-payer money somewhere!



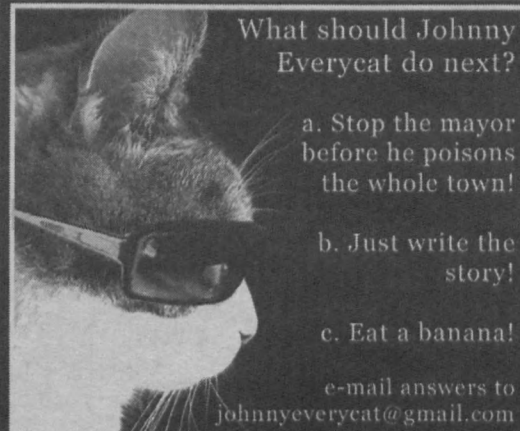
What should Johnny Everycat do next?

a. Stop the mayor before he poisons the whole town!

b. Just write the story!

c. Eat a banana!

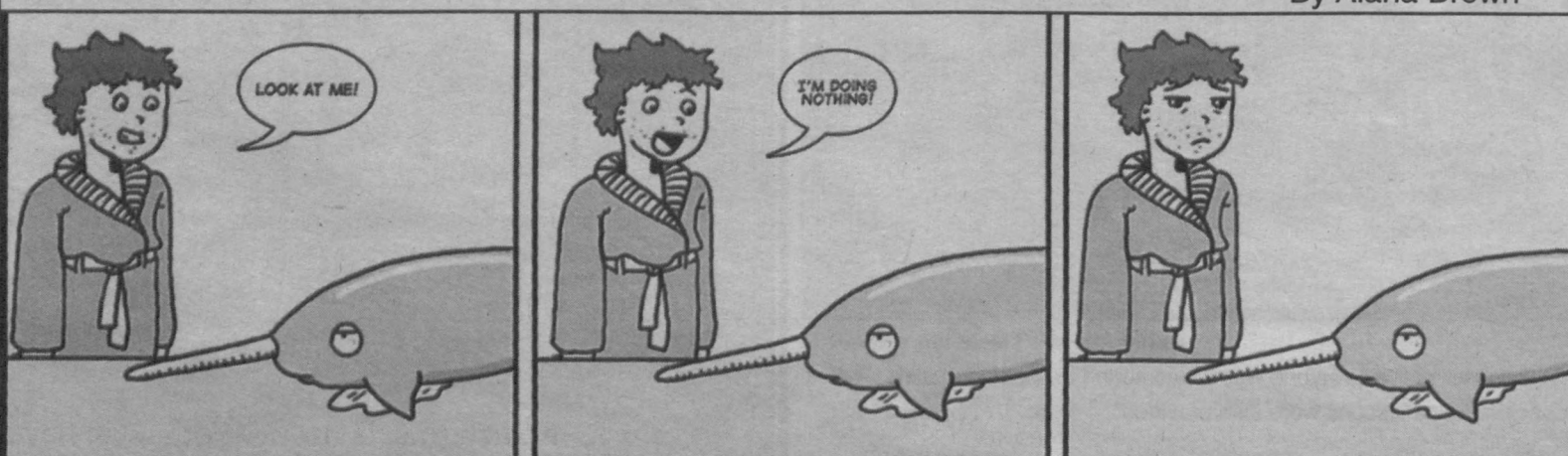
e-mail answers to johnnyeverycat@gmail.com



Missed an episode of News Cat? Visit johnnyeverycat.blogspot.com

3-Dollar Narwal

By Alana Brown



Missed a smattering of 3-Dollar Narwhal? Visit <http://www.3dollarnarwhal.blogspot.com>

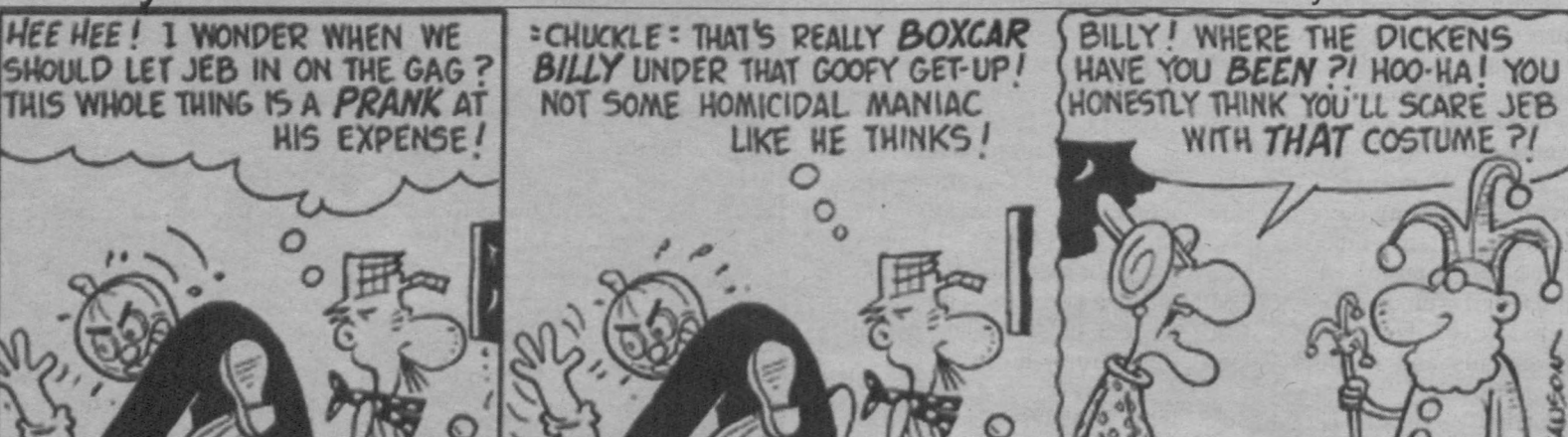
Last - Ditch Effort

By John Kroes



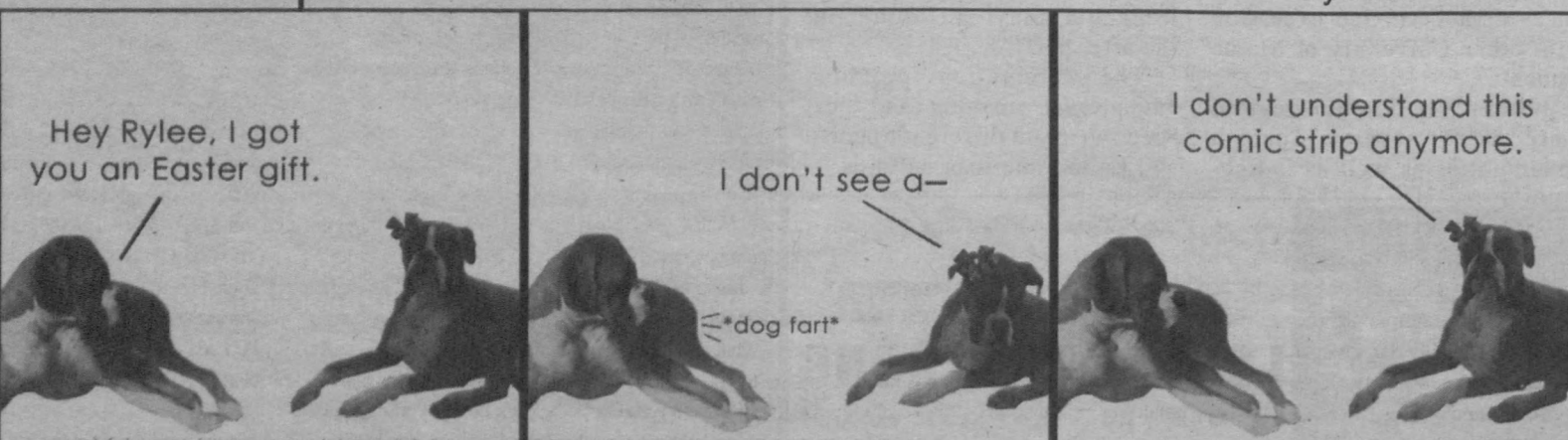
Fisheye Nation Nashville

By Sam Orchard



Boxer Romps

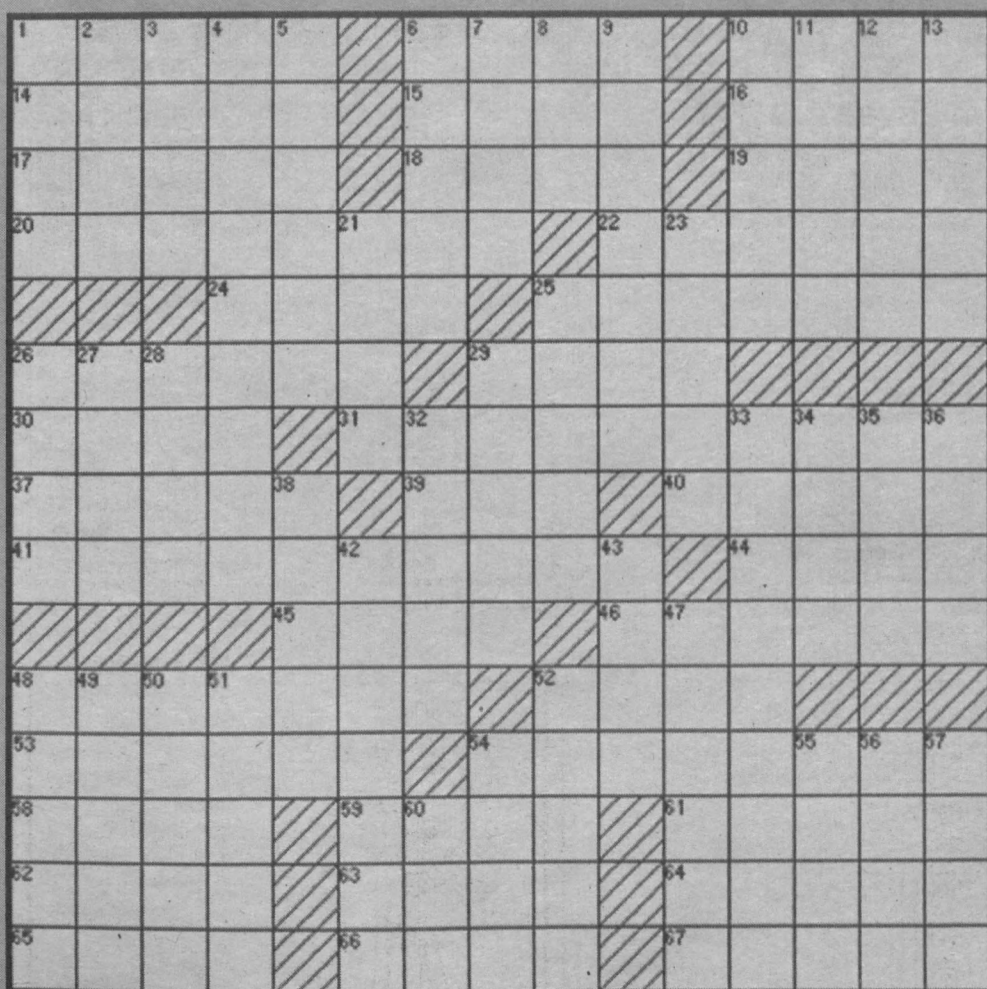
By Alicia Mullins



Missed an episode of Boxer Romps? Visit BoxerRomps.blogspot.com

The Maine

CROSSWORD



ANSWER KEY ON PAGE 17

ACROSS

1. Coquette
6. Stair
10. Fifth book of the New Testament
14. A passenger ship
15. Canoe
16. City in Italy
17. Positive electrode
18. Expert flyers
19. Shaped like an egg
20. A rundown apartment house
22. Severe or rigid
24. Promises
25. Weevils
26. Unit of electrical current
29. Sound an alarm
30. Bum around
31. Fair
37. An atmosphere of melancholy
39. Seven in Roman numerals
40. Sea
41. In an uncommon manner
44. One of 52 in a deck
45. Mats of grass and grass roots
46. Do to excess
48. A formal letter
52. Gains with effort
53. A finger or toe
54. An equestrian sport
58. Murres
59. Concept
61. Very large white gannet
62. 1/100th of a dollar
63. Puts on clothing
64. Muse of lyric poetry
65. The boundary of a surface
66. Gaelic
67. Stringed instruments

DOWN

1. A deflated tire
2. Connects 2 points
3. Knowing a secret
4. Form again
5. Earthquake
6. Graceful birds
7. Thoughtfulness
8. Supplement with difficulty
9. An 18th century naval battle
10. Terminate before completion
11. Raise trivial objections
12. A barely detectable amount
13. River deposits
21. Pitcher
23. An emperor of Japan
25. An aromatic herb
26. Seaweed
27. Shedding or sloughing
28. Stratagem
29. Sorrowful cries
32. Avoid
33. A supplementary component
34. Grizzly or polar
35. Animal fat
36. Prefix indicating "Within"
38. Foggy
42. Crash together
43. Worn by oxen
47. Boat
48. Elicit
49. Whittled
50. The topping on a cake
51. Condition of existence
52. Remove
54. Lairs
55. Winged
56. Fence door
57. A grandson of Adam
60. Beetle

Advice Girl

Lately, my roommate has been really nice to me. This may seem like a good thing, but when we first moved in, she was almost hostile towards me. She's been warming up little by little. I don't want to jump to conclusions about her, but I think she may be trying to use me. A couple of weeks ago I got a job at a popular clothes store at the mall. I get a pretty great discount and I know she gets most of her clothes there. If she is making an honest effort to build a friendship, I want to give it a try too. But if she is just trying to suck up to me to use my discount, I don't want to put myself out there to be used. How can I tell if she is being sincere?

Don't offer to let her use your discount. If she really wants to be friends, she'll hang out with you and be genuine and won't care about getting her clothes cheaper. Invite her to spend time with you and your other friends, take a trip to the movies and just keep working on your relationship gradually. If she persists and you become pals, that's great. If she kinda fades away after a few weeks, you know she just wanted that discount and nothing more. Don't underestimate her — but don't let her put one over on you either.

I'm a senior, and my boyfriend and I have been dating ever since we took ECO 120 together during our second year. My mom thinks he is a hoodlum or something because he has tattoos. She says someone like him can never get a good job because of his unprofessional appearance. I have tried to explain to her that his tattoos can easily be covered by a long sleeved shirt and pants. He has two tattoos on each arm and one on his calf. I could understand where my mom is coming from if he was a bum with a crappy job, but he is a wonderful person with better grades than mine. My mom just doesn't get it! She's almost rude to him when he comes over to visit with my family-how do I get through to her?

A lot of older people are set in their ways when it comes to things that used to be associated with unscrupulous people, like piercings, tattoos and rock music. But, those times are over and your mom needs to get with the program. While your boyfriend doesn't need to change who he is, try respecting your mom's issues by having him wear clothing that doesn't show his tattoos when you are around her. This will show her exactly what you have been trying to get at. Talk to her again, calmly, and explain what your boyfriend's tattoos mean to him, and how much he means to you. Since you have been together so long, and it looks like you might have a future together, it's best if you can get your mom to open up and accept your boyfriend, so you can keep a

relationship with her as well.

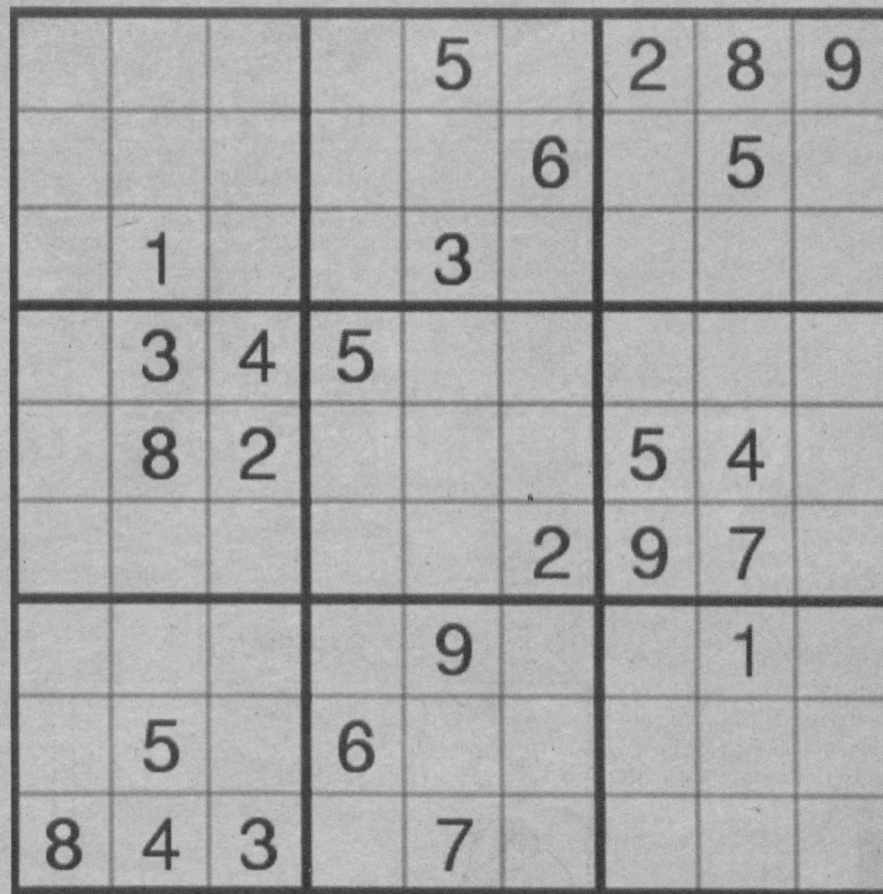
My hair is so dried out! I have tried like a million different shampoos and conditioners and none of them seem to help. I'm sick of wasting what little money I have on hair products, but I hate walking around looking like a scarecrow. What can I do about it?

I don't really know hot oil from cooking oil, so I think your best bet would be to talk to the person who cuts your hair. She or he probably knows your hair better than anyone else, and has the most up to date solutions. There are a million hydrating systems on the market, and I don't know which ones you have already tried, but here are a few suggestions. Cosmopolitan recommends Herbal Essences Hello Hydration shampoo and conditioner in a recent issue. Even if you don't have dandruff, Head and Shoulders and other dandruff shampoos are formulated to hydrate the scalp, so they could probably help you out too. If you blow dry or straighten your hair every day, or color it often, try laying off for a while and letting your hair rebuild itself-it will save you money too.

AG may hate math problems, but she'd be happy to solve your problems.

advice_gurl@post.com

SUDOKUPUZZLE



Daily SuDoku

medium

HOW TO PLAY

- Each row (horizontal line) must have numbers 1-9 in any order but each digit can only appear once.
- Each column (vertical line) must have numbers 1-9 in any order but each digit can only appear once.
- Each 3x3 box must have numbers 1-9 in any order but each digit can only appear once.

There is only one correct answer!



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LOUIS ARMSTRONG

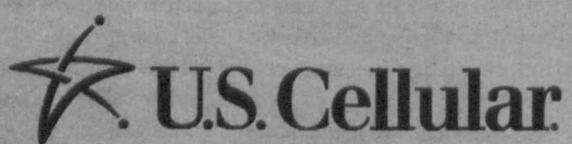
WAS THE FIRST MAN TO

WALK ON THE MOON.

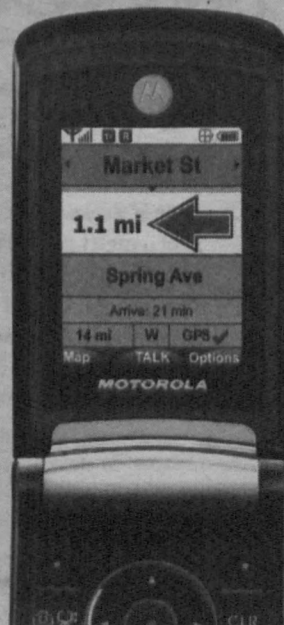
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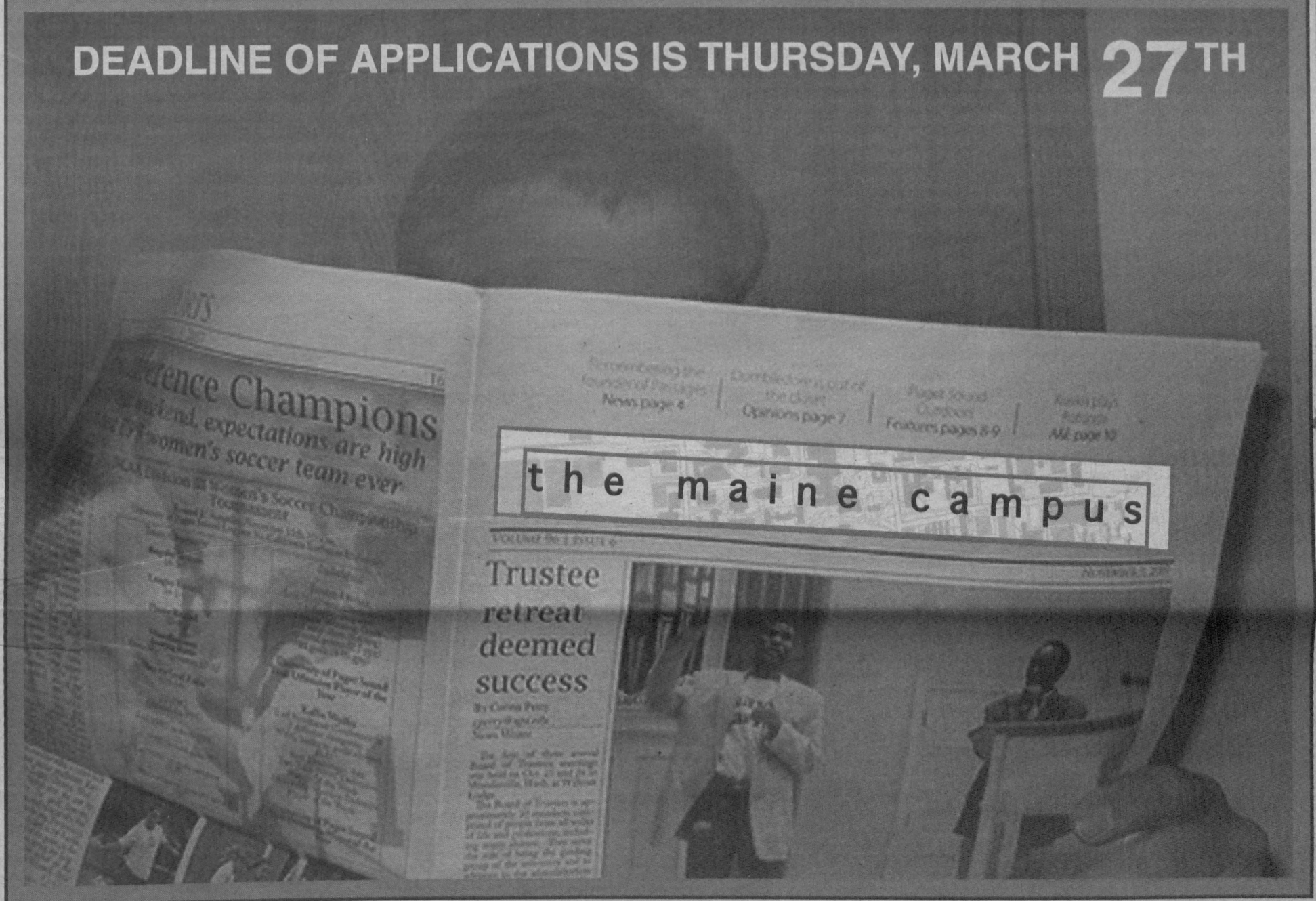


The Maine Campus is now accepting applications for

EDITOR

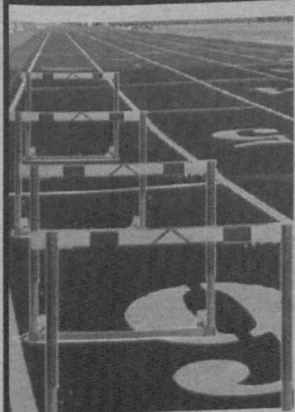
In Chief

DEADLINE OF APPLICATIONS IS THURSDAY, MARCH 27TH



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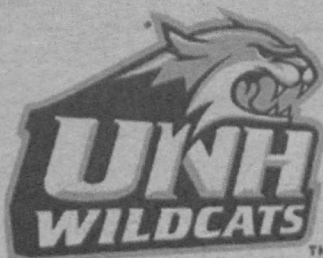
UNIVERSITY OF MAINE ATHLETICS



MAINE



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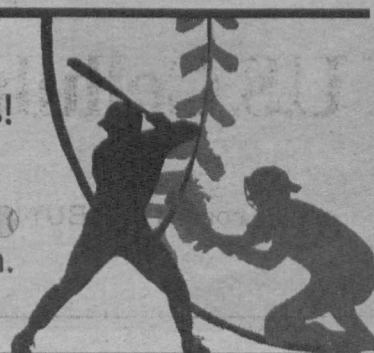
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Three and Out

from page 19

Third Down: Major problem for the Middies

I think it's time we tip our hat to a group of athletes who, year after year, defy the odds and have finally earned our recognition. We call them mid-majors, only because of their conference affiliation. But in reality, most of these schools can play with the big boys; they just never get the chance — until the NCAA Tournament that is.

That is what makes the greatest sporting playoff system in America so amazing. But this year, the selection committee tried to take that away from us. Drake was matched up against Western Kentucky, Gonzaga vs. Davidson, Kent State vs. UNLV and Butler vs. South Alabama. All four of these games pit "mid-majors" against each other.

Either the committee was assuring that a Middie would make the second round, or they were punishing the mid-majors for having so many good teams this year. I tend to lean toward the latter.

But the Middies did it again. Congrats to all of those teams which weren't given a chance, yet played their hearts out anyway. A standing ovation to San Diego for their marvelous upset over UConn, and on a smaller level, Western Kentucky for their last second victory over Drake and Siena for upsetting four-seeded Vanderbilt.

Of course, none of these teams are going to win a national title, but I'm sure that's what they said about North Carolina State in 1983 when they won the whole thing from a six seed.

— John

Out:

You can catch us each Tuesday from 7 a.m. to 9 a.m. and Sunday from 8 a.m. to 10 a.m. on 91.9 FM, WMEB or read us each week right here in The Maine Campus. From Sean, John and Steve, we are three and we are out.

Player Profile

Hometown:
Gardiner, Maine

Major: Mechanical
Engineering

Favorite class:
Dynamics

Toughest class:
Thermodynamics

Favorite pro athlete:
Josh Beckett

**Sporting event you most
look forward to:** Summer
Olympics — outdoor track

**Fondest childhood mem-
ory:** Sledding with my
brother and cousins at the
local golf course

**Your happiest moment
in sports:** Placing second in
the 400-meter hurdles at the
2007 America East
Championships



Matt Holman
Third year
Men's Track and
Field

Favorite movie:
Zoolander

**Music that gets you
pumped before a game:**
Linkin Park

Favorite activity:
Playing golf

Least favorite food:
Mayonnaise

Long-term goals: To
become a professional
engineer and be a great
father

**During Spring Break
you:** Competed at the
ICAAA Championships

**Something most people
don't know about you:**
I'm very jumpy so I don't
like to watch scary movies

Favorite quote: "Pain
is temporary. It may last a
minute, or an hour, or a
day or a year, but eventu-
ally it will subside and
something else will take
its place. If I quit, howev-
er, it lasts forever."
— Lance Armstrong

Pet peeves: Backseat
drivers



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*Sarah Gardner
UMaine Elementary
Education Major
Bond University*

This event is sponsored by the Office of International Programs and National Student Exchange.
For more information, email Silverio Barrera on FirstClass or call 581-1509.

UM softball off to rocky start

Sunny weather unable to motivate women over spring break

By Lalla Sholtz-Ames

During spring break, the University of Maine softball squad played more than a dozen games in Hawaii and Florida, against universities like Texas Tech, Western Michigan and North Carolina State. Unfortunately for the Black Bears, the sunshine failed to help provide a much-needed spark, as the team dropped every game and has yet to win a match.

The Black Bears began spring break in Florida, playing against SUNY Albany and Western Michigan in the Stetson Invitational. The squad lost in a shutout to defending American East Champions in a score of 8-0.

Later in the tournament, the Black Bears faced a heartbreaking 2-1 loss in an 11-inning game against Western Michigan. Junior Jenna Balent pitched a near perfect game, striking out five batters without giving up an

earned run, but proved this was not enough to lift the squad to a win.

After the Stetson Invitational, the Black Bears took part in the Under Armour Invitational in Clearwater, Florida. They faced North Carolina State, Jacksonville and the University

Softball

of Southern Florida (USF) and saw themselves down early in a score of 4-0. They mounted a comeback to tie the game 4-4 in the seventh. In the next inning, USF hit a game-winning homer to hand UMaine its 13th loss of the season.

After the loss, the Black Bears flew to Hawaii where they dropped a pair of contests to 16th ranked University of Hawaii.

UMaine concluded the Hawaiian trip with a 6-3 loss to Texas Tech. The Red Raiders

pulled ahead 6-0 in the early innings, when the Black Bears tried to get back into the game behind the play of first-years Kirsten Allen and Kali Burnham. UMaine's comeback fell short, and the Black Bears lost their 16th game of the season.

The Black Bears returned to Maine for a few days of rest before taking on Providence College in Rhode Island this past weekend.

Despite the losses over spring break, UMaine junior infielder Ashley Waters hit two home runs and was named to the Hawaii Spring Fling All-Tournament Team, due to her .400 effort.

Walters led the team in batting this season with a .333 average, a team-high of five home runs and eight RBI.

The softball team is now 0-26 on the season and will play their home opener against Binghamton on April 5.

Hockey looks back on season

Illness, inconsistent expectations plague UMaine in '07-'08 play

By Tyler Francke

The University of Maine women's ice hockey team wrapped up their season before spring break with a pair of tough home losses to Vermont. It was a disappointing end to a very rough season for the young team that finished with a record of 4-27-3.

Expectations were high coming into this season with the hiring of new Head Coach Dan Lichterman. Lichterman had been an assistant at Minnesota State for the past four seasons.

The implementation of Lichterman's innovative new system and staff, as well as the addition of a deep and talented first-year class, had optimistic fans hoping that the Black Bears would be able to improve on the 10-19-2 effort they put forth last season.

This season started off as planned, with a 6-1 win over the visiting Sacred Heart University. Not much else went to plan over the next few months as the Black Bears struggled through a 20-game stretch without a single win – 18 losses and two ties. The women were outscored 75-20 in the stretch,

but also dropped a few one-goal decisions that could have gone either way.

The team showed some improvement after a month-long winter break, collecting a few victories and staying competitive in most of their losses.

"Coming back from Christmas, we still had 18 league games to play," Lichterman said. "We couldn't let the early losses get us down."

Adding to their struggle, the women's team was plagued with

Women's Hockey

illnesses throughout the season; the second half of the season saw five different players contract mononucleosis. In addition, underclassmen made up 70 percent of the team's roster this season.

In the end, the biggest factor in the team's struggles may have been the inconsistency they have had to deal with in their college careers.

"Every year there's been a different coach, different system, different expectations and no consistency," Lichterman said. "That's one thing we won't have to deal

with next year."

Lichterman bases coaching on what he calls the "Three Cs": character, commitment and consistency. He said the latter one was something the players haven't had for years and something they also didn't have on the ice this season.

Despite the team's downfalls, stellar performances were seen; second-year goalie Genevieve Turgeon broke the school record for most saves in a season with 907, breaking the previous record of 895 set by Laura Smart in the 2003-04 season.

"It was a major mental growth year," Lichterman explained. "You can't always measure success by the record."

The future looks bright for the women's ice hockey team. Only losing three to graduation, they have a fresh recruiting class of "strong character players" coming in, according to Lichterman.

For the first time in five years, the players won't be beginning next season with a new system and coaching staff.

"There is no question that we will be better next year," Lichterman said.

Three and Out

By Sean Hladick, Jonathon Madore and Steven Moran

From the minds of WMEB's newest sports talk show, "Three and Out." We will be bringing you three hot topics from the world of sports. It's your weekly pill for instant sports relief.

First Down: Pockets full of Posey

The Boston Celtics' yearly Sixth Star is worth winning for the first time in decades. With the increased prestige comes competition as the Celtics have a wealth of contributing players who stepped up big for the C's this season. That being said, I think the award goes to one of the first veterans to jump on board with the Big Three and make Boston the place to be: James Posey.

While "Big Game James" isn't as cool of a nickname as Ben "And The Amazing Technicolor Dream" Coats, he certainly lives up to it. Combined with Ray Allen and Eddie House, Posey has hit a number of crucial three-pointers. Shooting close to 39 percent on the year, well above his 35 percent career average, Posey has proved his worth on the offensive end alone. With him that's only half the picture.

What makes Posey special is his defense. Every night, he's given the toughest matchup because at 6'8" and 217 pounds, he is the perfect combination of size, speed and tenacity to give shooting guards, small forwards and power forwards trouble all game.

"For me, it starts on the defensive end," Posey said to Scott Souza of the Gate House News Service. "That's what I take pride in. From there, I hope it will rub off on my teammates as well."

Defense like his is something the Celtics have been missing for a long time. Considering Posey is the team's unofficial sixth man, it only makes sense with his performance this year that he deserves to be the team's Sixth Star.

- Sean

Second Down: Fear the Tiger

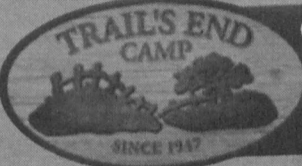
With all due respect to the "Golden Bear," it is time to anoint the new all-time king of golf. In a presidential primary season, where the race issue has reemerged as an issue of contention, the sporting world's most prominent black man continues to transcend all bounds of color. His poise and greatness is impressive as he has managed to still remain humble despite his success.

This may be the defining season of his twelve year career. Tiger Woods has dominated the first three events of 2008. Three wins in three tries include a record breaking victory in the WGC Accenture Match Play Championship where he defeated Stewart Cink 8 and 7 in 36 holes. This is part of a six consecutive victories dating back to 2007. This puts him more than half way to Byron Nelson's 63-year-old record of 11 consecutive victories. Woods, for his career, is tied for third on the all-time wins list with Ben Hogan (64). He trails Jack Nicklaus (73) and Sam Snead (82).

If the 32-year-old Woods can win another six major championships in his career and surpass Nicklaus for that record, there will be no questioning his place atop the pantheon of greats. Nicklaus won nine of his 18 major championships after the age of 32. Barring serious injury, Tiger, the most dominant golfer in the world, will achieve that success. It is simply a matter of when, not if. It is time to clear the throne for a new king.

- Steve

See **THREE AND OUT** on page 18




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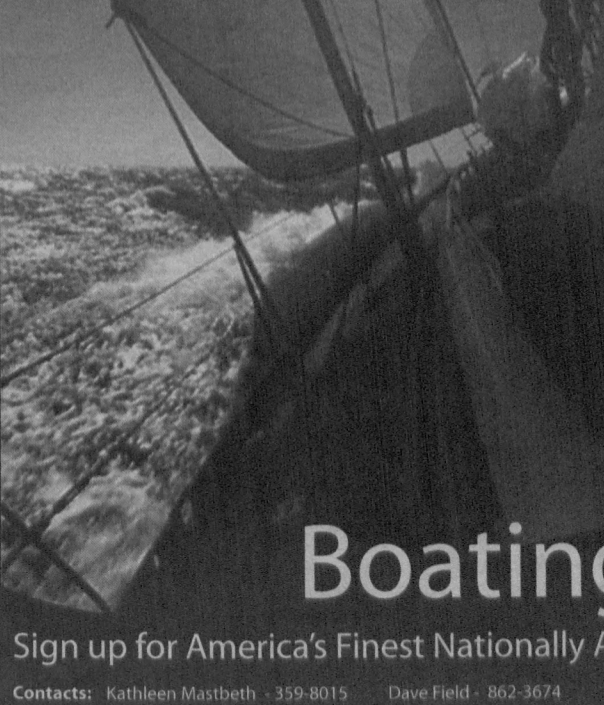
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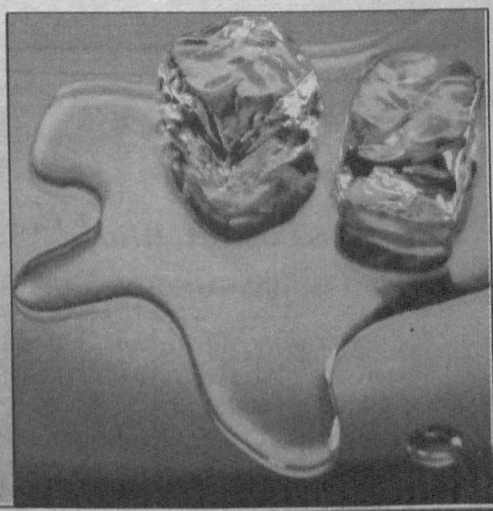
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THE MAINE CAMPUS sports

MONDAY, MARCH 24, 2008



Field hockey's academics recognized nationally

UMaine women's team finishes fourth in the nation with a combined grade point average of 3.50

By Kevin Bailey

The University of Maine field hockey team was nationally acclaimed for their academic excellence. The squad was the recipient of the ZAG/NFHCA Division I National Academic Team Award. UMaine was recognized as one of the top five performers in the country for team grade point average.

UMaine was honored in both categories for their combined team GPA of 3.50.

"This is definitely a huge honor, and it speaks volumes about the support we receive from our academic advisors, our coaching staff and the university as a whole," first-year midfielder Mallory Anderson said.

The Black Bears' team GPA finished a commendable 4th in the nation, falling behind Old Dominion, American University and Indiana University. They were one of 48 teams in the nation to earn a GPA higher than 3.0.

Members credit the success to the effectiveness of team policy on academic matters. According to the policy, all first-years and those with a GPA lower than 3.0



UMaine field hockey tries to gain control of the ball during last season.

Rebekah Rhodes ♦ The Maine Campus Practices are beginning for 2008.

must complete eight hours of monitored study per week.

"Our academic support staff does a great job setting us up with tutors if needed and keeps in con-

stant contact with our professors to get progress reports throughout the semester," Anderson said.

Above and beyond the team award, UMaine had 10 student

athletes individually recognized for their academic efforts. Kristen Healy, Christie Mosley and Erin Reusch were each named to the NFHCA Division I National

Academic Squad for the fourth time. The group is for student-athletes who have maintained a GPA above 3.30. Nicole Emery and Rebecca Giroux earned recognition for the third time, while Mallory Anderson and Mallory Shute were each honored for the second time. Britney Cummings, Maire Dineen and Cassandra Mendonca received the award for the first time in their careers.

"Most of the time, all that's heard about student athletes at universities is when they do something wrong," Anderson said. "It's important to recognize that we work just as hard in the classroom as on the field, and that student athletes are doing great things for the University of Maine."

The National Field Hockey Coaches Association is a non-profit organization serving field hockey coaches and supporters of the game from across the United States. One of their prime points of emphasis is to recognize those student athletes who excel in the classroom and they offer individual and team awards for achieving a minimum GPA of 3.0.

Invitational prepares runners

Eight standout track and field members compete in California

By Derek McKinley

A small group of the University of Maine's track team members ventured across the country to the sun-soaked west coast to compete in the Northridge Invitational on the California State Northridge campus on March 15. It was the first competition of the Black Bear's outdoor track season.

Eight members of the team, with particularly strong performances during the indoor season, made the 3,000 mile trip to California for a chance to put their skills to the test against the high level of competition offered by schools in the western United States.

"We trained at Northridge from Tuesday to Friday," said third-year sprinter Vicki Tolton. "It was great competition – even a team from Alaska was at the meet."

The California sun held out all week as the Black Bear men and women trained, but when the time came for competition, a storm dampened the meet and the mood. Despite the less-than-stellar weather, the competitors put forth admirable performances in their respective events.

Tolton took sixth in the 400-

meter dash in 56.37, besting the UMaine outdoor record. Tolton and fourth-year sprinter Lindsay Burlock, who finished in 56.98 for 14th place, will likely continue their friendly rivalry from the indoor season which saw them finish back-to-back on several occasions, often in record times.

Tolton admitted that this trip marked her first time running an outdoor 400-meter race.

"I think that California really

Track and Field

helped prepare me for our outdoor season – being able to compete in nice weather and against great competition will definitely start off the season on a good foot," Tolton said.

Four other Black Bear women competed as well. Second-year middle distance runner Vanessa Letourneau and third-year runner Stephanie Jette finished fourth and seventh in the 800-meter run with close times of 2:16.10 and 2:18.05 respectively. Jette, the only Black Bear to run more than one individual event, finished the 3,000-meter run in 10:30.10, taking seventh place.

Second-year standout sprinter Allyson Howatt finished fifth in

the 100-meter dash in 12.10. Despite her dominance in the 200-meter dash during the indoor season, she did not compete in the event. Instead, she anchored the women's 4x400-meter-relay team to a sixth place finish in 3:50.82.

On the men's side, three Black Bears represented. After a brilliant indoor season, second-year sprinter Skip Edwards' blistering 47.71-second performance in the 400-meter dash earned him the University's outdoor 400-meter record – to go along with the indoor record he claimed earlier in the year – but was not enough to get him into medal range in California; he finished fourth.

Fourth-year hurdler Max Ludwig and third-year hurdler Matt Holman competed at different distances with commendable results. Ludwig's 14.61-second effort in the 110-meter hurdles was good for seventh place, while Holman's 55.20 second 400-meter hurdle time nabbed him ninth place.

UMaine opens its season as a full squad at home this weekend in a dual meet with the University of New Hampshire at 12:00 p.m.

Bishop to leave UM

Blues, Canucks, Flyers sign Maine skaters

By Caleb Savage

The University of Maine men's hockey is losing a precious commodity next year as "Big" Ben Bishop will not be between the pipes for the Black Bears. Recently, Bishop signed with his hometown team, the St. Louis Blues, and will forego his senior season at the University of Maine.

Bishop, who had a spectacular career at UMaine, finished his collegiate career with a record of 55-35-7, and 2.29 goals against average – this put him fourth all time for goals against.

During his final season as a Black Bear, Bishop was named Pure Hockey Defensive Player of the Week four times and in October was honored as the Itch goaltender of the month.

Early in his career at UMaine, Bishop gained attention as he led UMaine to back to back berths in the Frozen Four during his first and second years.

"Big" Ben will play the remainder of the season with the Peoria Rivermen of the American Hockey League.

At the 2008 Hockey East Awards banquet in Boston,

Bishop was named to the Hockey East Second team, and senior defenseman Bret Tyler was named a Hockey East Honorable Mention selection.

Bishop was not the only UMaine hockey player to sign with a professional team – other Black Bears made the move to the big leagues. Travis Ramsey, the former captain, signed an amateur tryout contract with the AHL affiliate of the Vancouver Canucks, the Manitoba Moose.

was also seen off the ice as he was named the 2008 winner of the M Club Dean Smith Award, presented annually to the top male and female student athlete at UMaine.

Enforcer Rob Bellamy recently signed an amateur tryout contract with the Philadelphia Phantoms of the AHL. In the 2004 NHL entry draft, Bellamy was selected by the Philadelphia Flyers in the third round.

Last year, the Black Bears made it to the Frozen Four, and this year they failed to make it to the Hockey East tournament. The University of Maine men's hockey team finished 13-18-3 overall and 9-15-3 in Hockey East.

Men's Hockey