

The University of Maine

DigitalCommons@UMaine

---

General University of Maine Publications

University of Maine Publications

---

10-30-2023

## MAIER Newsletter, October 30, 2023

Maine Autism Institute for Education and Research

Follow this and additional works at: [https://digitalcommons.library.umaine.edu/univ\\_publications](https://digitalcommons.library.umaine.edu/univ_publications)



Part of the [Developmental Neuroscience Commons](#), [Early Childhood Education Commons](#), and the [Special Education and Teaching Commons](#)

---

### Repository Citation

Maine Autism Institute for Education and Research, "MAIER Newsletter, October 30, 2023" (2023). *General University of Maine Publications*. 3491.

[https://digitalcommons.library.umaine.edu/univ\\_publications/3491](https://digitalcommons.library.umaine.edu/univ_publications/3491)

This Correspondence is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in General University of Maine Publications by an authorized administrator of DigitalCommons@UMaine. For more information, please contact [um.library.technical.services@maine.edu](mailto:um.library.technical.services@maine.edu).



---

## Happy halloween from MAIER, check out resources so good they're scary

1 message

---

**MAIER** <anica.miller.rushing@maine.edu>  
Reply-To: MAIER <anica.miller.rushing@maine.edu>  
To:

Mon, Oct 30, 2023 at 9:38 PM

---

[View this email in your browser](#)



Maine Access to Inclusive  
Education Resources

## Happy Halloween

We hope you have a great time celebrating fall with some Halloween fun.

Check out these treats from MAIER.



Never miss an announcement again, click here to join the MAIER list serve

## Trauma Resources Following the Shooting in Lewiston, Maine.



**Child Mind Institute**

The Child Mind Institute has developed resources to support those who are helping children and adolescents process violence. This includes parents struggling to explain what happened to their kids, adults caring for children directly affected, and teachers who may wish to address the shootings in class.

Anyone can freely access these expert-informed materials on [childmind.org](https://www.childmind.org), including our [multilingual trauma resources \(available here in 16 languages\)](#) and the [trauma and grief section of our Family Resource Center](#). Here is some specific information you may find useful:

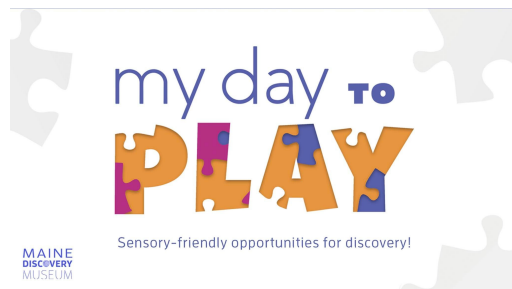
- [Helping Children Cope With Frightening News](#)
- [How to Talk to Kids About School Shootings](#) (includes guidance helpful for any shooting)
- [The Teacher's Role When Tragedy Strikes](#)

Please pass these resources along to anyone who might benefit from them. With the right help, delivered swiftly, the damage caused by this type of trauma can be reduced. We hope these materials will help any parents or teachers feel empowered to make a difference in the lives of children who are struggling.

Best,

Harold S. Koplewicz, MD  
President and Medical Director  
Child Mind Institute

[Learn More](#)



**Join us for sensory-friendly museum fun at the Maine Discovery Museum.**

Come join us on the 3rd of December from 11 am - 3 pm at the Maine Discovery Museum, Bangor for Holiday Special.

It will be an amazing time to have learning discoveries at My Day to Play. Hope to see you there!

[Learn More](#)

---

## Join us for a movie morning with MAIER.

Registration slots are limited but free! Please join [MAIER](#) at the [Blackbear Cinemas](#) in Orono on December 16th, 10am. If you or someone in your family is differently abled or neurodiverse (no official diagnosis are necessary) join us and meet other families and to watch the movie "ELF." The movie will be shown with extra considerations to those with sensory needs including a lower volume than regular movies, modest lighting left on, and staff and attendees are understanding if people need to come and go from the theatre.

After you register, the entrance to the movie is free, but attendees are responsible to buy their own concessions if desired. Come join in the Elf silliness, escape the holiday hoopla, and make connections with other families.

[Register Here](#)

The flyer is decorated with holiday-themed graphics including candy canes, pine branches, and red berries. It features the logos for 'Maine Access to Inclusive Education Resources' and the 'Maine Department of Education'. The text on the flyer reads: 'Join us for "Movie Morning with MAIER"', 'Titled: elf', '16th December, 2023', 'Time: 10am', and 'Blackbear Cinema, 6 Stillwater Avenue, Orono.' A QR code is located in the bottom right corner. At the bottom, it states 'The University of Maine is an equal opportunity/affirmative action institution.'

## Holiday Tips for Neurodiverse.

As we are moving closer to the winter holidays, we want to share a few tips for caregivers, individuals, and parents who are living with Neurodiversity.



~ Have a schedule: Communicate a daily, weekly, and monthly schedule that highlights the regular and special events planned. Make a schedule with pictures for the very young.

~ Create social stories: Before the holiday season arrives, show photos along with telling a simple story that explains what to expect for whatever events are planned.

~ Ensure safe and nutrient-dense foods are available: Neurodiverse people are often sensitive to food, have food allergies, and are sometimes also picky eaters. Ensure there are appropriate and known provisions of the kind of food they like and can eat.

~ Advocate preferences and needs: Let people know appropriate information about yourself or your children's needs and preferences so you all can have a joyful and peaceful holiday season.

[Learn More](#)

# Only a Few Days Left to Register.

We have a few slots remaining for the professional development training on "Culturally Responsive Practices in SPED" presented by Dr. Taylor from Penn State.

Scan the QR code, or click below, for more info and to register.

This webinar will not be recorded, register and then attend to join in the learning.

[Learn More](#)

MAIER webinar:  
Culturally Responsive Practices in Sped.

Tuesday, November 7th 2023. **Few days to go Register now!!**  
04:00 - 05:00pm.  
Venue: Zoom

Use the link or the QR code to Register:  
<https://u.maine.edu/maier/live-question-and-answer-sessions/>

Maine Department of Education  
The University of Maine is an equal opportunity/affirmative action institution.



*Copyright (C) 2023 Maine Access to Inclusive Education and Research (MAIER). All rights reserved.*  
You are receiving this email because you opted in via our website.

Our mailing address is:

Maine Access to Inclusive Education and Research (MAIER)  
5766 Shibles Hall, Room 306  
University Of Maine  
Orono, ME 04469-5766

[Add us to your address book](#)

Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe](#)