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## De-Escalating Challenging Behavior Module

Maine Autism Institute for Education and Research

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# DE-ESCALATING CHALLENGING BEHAVIOR **MODULE**

**ONLINE MODULE**



This module is designed to provide professional learning in the cycle of escalating behavior. Participants will learn the 7 phases of escalation and the adult strategies that promote de-escalation for the student, as well as strategies adults can use to help increase the odds of staying calm. Participants will be guided through how to develop an individualized de-escalation or safety plan to promote the implementation of evidence-based strategies and positive behavior supports. Over five parts or modules, Courtney will guide you through these topics and more!

MORE INFO [maier@maine.edu](mailto:maier@maine.edu)  
<https://umaine.edu/maier/trainings/>



SPEAKER :

**Courtney Angelosante**

*UMaine's PBIS Initiative  
Coordinator*

After completion of the training, you will receive 3 contact hours.

Register here:

