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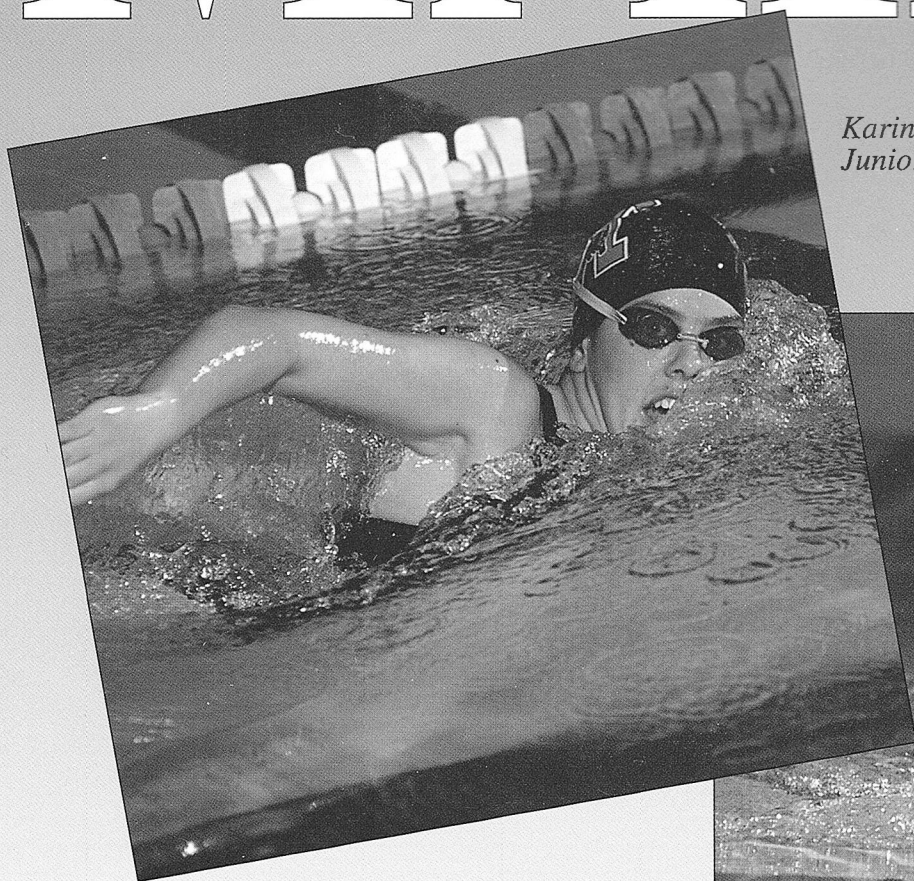
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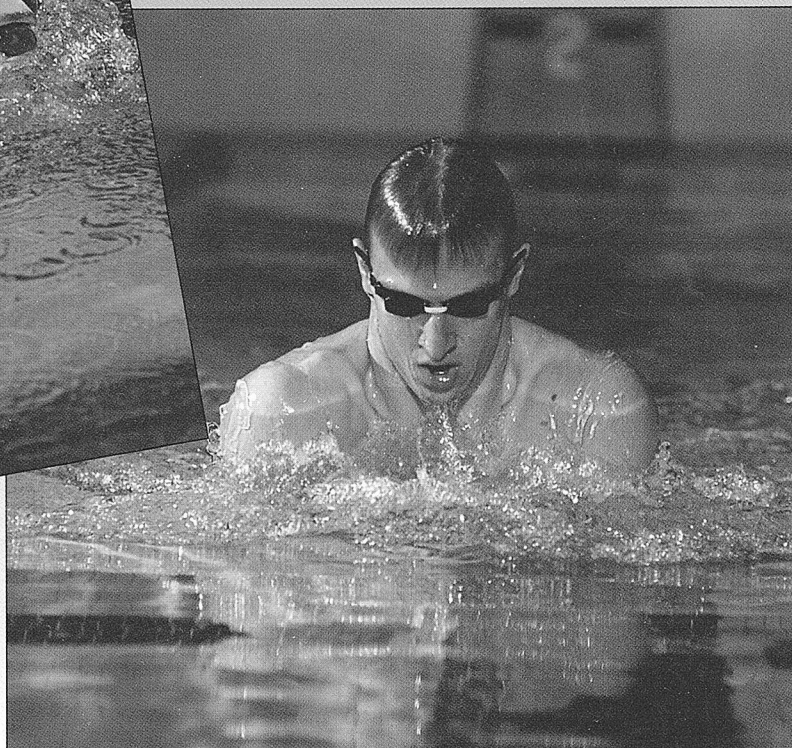
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MAINE



*Karin O'Donnell
Junior Freestyle*



*Maxim Maximov
Junior Breaststroke*



1994-95 Swimming and Diving Roster

Women's Alphabetical Roster

Name	Class	Event	Hometown
Lisa Barrows	Freshman	Fly, Free	Westbrook, Maine
Stacey Bloemen	Sophomore	Fly, Breast, Free	Milford, Maine
Heather Burke	Sophomore	Free	Berwick, Maine
Alicia Clark	Junior	Diving	Kennebunk, Maine
Heather Clement	Freshman	Fly, IM	Milford, Maine
Theresa Corbett	Junior	Back, Free	Bar Harbor, Maine
Kathleen Cradock	Freshman	Back, Free	Portland, Maine
Chrissy Doherty	Senior	Free, Breast, IM	Central Valley, N.Y.
Nicole Gagnon	Senior	Breaststroke	Westbrook, Maine
Buffy Glander	Freshman	Free, IM	Carmel, Ind.
Sarah Kron	Freshman	Diving	Tyrone, N.Y.
Cindy Laughton	Freshman	Free	Chelmsford, Mass.
Courtney Mitchell	Sophomore	Free	Natick, Mass.
Michelle Muccino	Freshman	Back, IM	Wiscasset, Maine
Karin O'Donnell	Junior	Free	Brunswick, Maine
Ginny Ouellette	Sophomore	Free, Fly	Milford, Maine
Rebecca Pollis	Sophomore	Free	Cumberland, Maine
Jennifer Riley	Senior	Breast, Free, IM	Lumberville, Pa.
Sarah Riley	Sophomore	Breast, Back	Lumberville, Pa.
Stephanie Wheaton	Sophomore	Free	Old Town, Maine
Jill Wheeler	Sophomore	Free, Back, Fly	Marblehead, Mass.

Men's Alphabetical Roster

Name	Class	Event	Hometown
Patrick Benoit	Freshman	Breaststroke	Woonsocket, R.I.
Robert Caulkins	Freshman	Free	Forestdale, Mass.
Eric Caron	Junior	Breaststroke	Saco, Maine
Josh Caron	Graduate	Diving	Quimby, Maine
Tracy Comeau	Freshman	Free	Milford, Maine
Steffan Ganske	Freshman	Fly, Back	Brunswick, Maine
Cortney Lansky	Sophomore	Free	Los Angeles, Calif.
Brice LeBlanc	Sophomore	Free, IM	Gorham, Maine
Tim LeCrone	Senior	Freestyle	Waterville, Maine
Jaret Lizzotte	Freshman	Diving, Sprints	Old Town, Maine
Sean MacLeod	Freshman	Free	Lewiston, Maine
Shawn MacLeod	Freshman	Free	Belfast, Maine
Erik Maier	Freshman	Fly, IM	Bath, Maine
Maxim Maximov	Junior	Breast, IM	Moscow, Russia
Dave McGavern	Sophomore	Free, IM	Waterbury, Conn.
Keith Nickels	Senior	Free, Back	Bar Harbor, Maine
Stephen Reiling	Sophomore	Free	Topsham, Maine
Douglas Richards	Senior	Free	Waterville, Maine
Gerhard Saas	Sophomore	Free, Fly	Cape Elizabeth, Maine
Ralph Sawyer	Senior	Free, IM	Kennebunk, Maine
John Selman	Freshman	Diving	Brunswick, Maine
Ben Springer	Senior	Fly, Free	West Newfield, Maine
Brett Stoyell	Junior	Back, IM	Old Town, Maine
Brian Strubel	Freshman	Free, Back	Perth Amboy, N.J.
David White	Senior	Free, Fly	Coatesville, Pa.

Head Coach: Jeff Wren

Diving Coach: Lance Graham

Captains: Chrissy Doherty, Jennifer Riley, Ralph Sawyer

Black Bear Facts

Location: Orono, Maine 04469
Founded: 1865
Enrollment: 11,000
President: Dr. Frederick E. Hutchinson
Acting Director of Athletics:
Walter Abbott
Nickname: Black Bears
Colors: Blue and White
Facility: Stanley M. Wallace Pool
NCAA Affiliation: Division I
League Affiliation: North Atlantic Conference

Head Coach: Jeff Wren (William and Mary '71)
Career Record: 118-58 (W), 10-23 (M)
Record at UMaine: same
Diving Coach: Lance Graham (Maine '81)
Swimming Office Phone: (207) 581-1076
Head Athletic Trainer: Wes Jordan

Assoc. AD for Intramurals and Recreation:

Dave Ames

Assoc. AD for Academic Support: TBA

Assoc. AD for Finance:

Anne McCoy

Asst. AD for External Affairs and

Development: Michael Palisi

Asst. AD for Internal Operations:

James Dyer

Sports Information Director: Matt Bourque

Asst. SID (Swimming): Joe Roberts

Office Phone: (207) 581-3596

Home Phone: (207) 942-5416

Fax: (207) 581-3297

1994-95 Captains:

Chrissy Doherty

Jennifer Riley

Ralph Sawyer

1993-94 Record:

(M) 2-6

(W) 1-7

MAINE



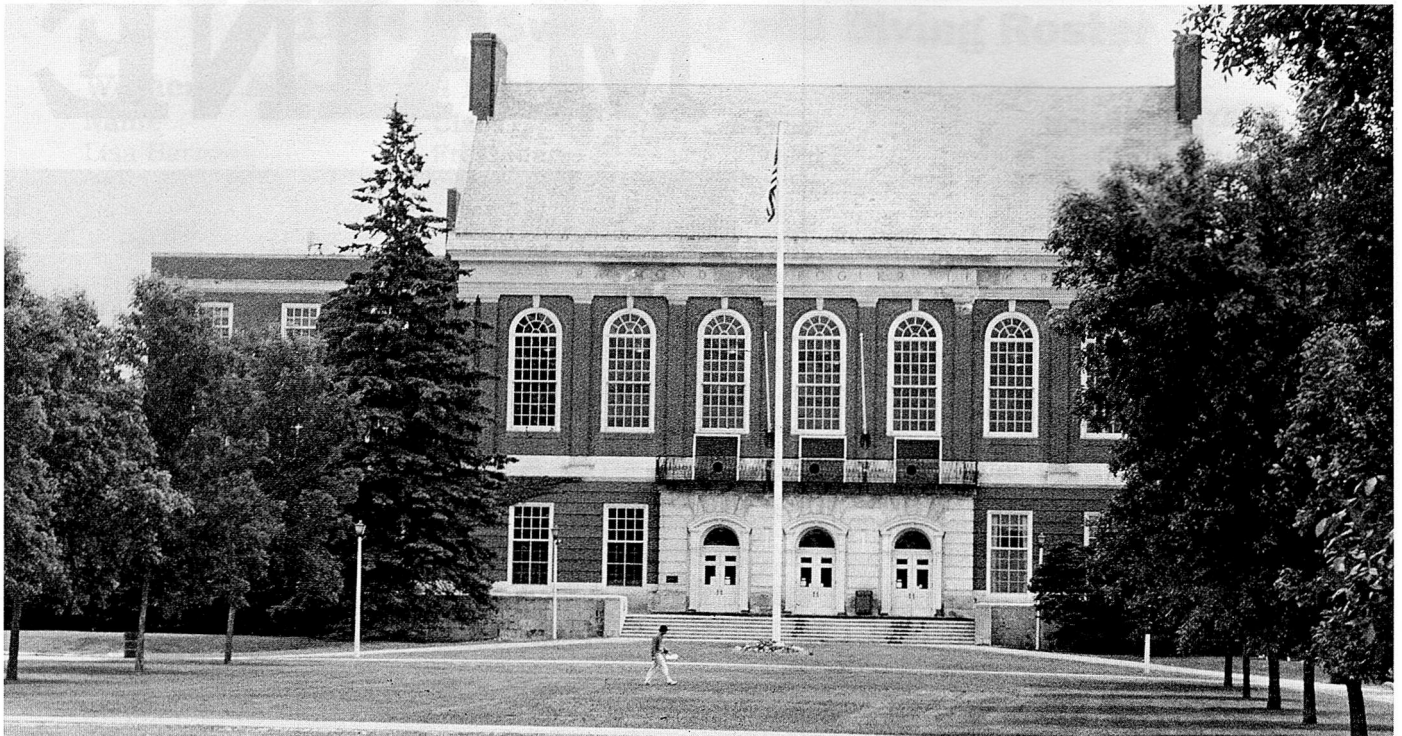
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Credits

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The University of Maine

The University of Maine is the state's center of learning, discovery and service to the public. As the flagship campus of the University of Maine System and the state's land-grant and sea-grant institution, the University of Maine has the unique responsibility for providing high-quality undergraduate and graduate education programs, public services, and basic and applied research.

Located in Orono, within close proximity to the ocean, lakes, and mountains, the University of Maine offers an inspiring learning environment. There is plenty of open space on its 1,200 acres, where students are offered the diversity and the challenge of a large university in an invigorating atmosphere of a small college. The campus is located 10 miles north of Bangor, Maine's third largest city.

The University's undergraduate and graduate educational offerings are built upon a liberal-arts and sciences foundation complemented with profession-oriented education in a wide range of disciplines, many of which are found nowhere else in the state. Because of their responsibility to teach, conduct research, and serve the public, faculty members are able to incorporate the

new knowledge they uncover with classroom activities, often giving students hands-on experience in the research process.

The campus houses the expansive Raymond H. Fogler Library and a number of respected modern research facilities to give the student an excellent learning environment.

Student activities at the University create an important balance between the classroom experience and the personal life of the individual scholar. The 1,600-seat Maine Center for the Arts attracts some of the world's top performers to the University of Maine campus.

The University offers its students, faculty, and staff as well as the people of the community and the state, an outstanding athletic tradition. Several Black Bear teams have excelled to regional and national prominence, including the Black Bear ice hockey team, the 1993 NCAA Division I national champions.

Included on UMaine's athletic staff is a full-time academic coordinator responsible for closely monitoring the progress of each of the 600 varsity student-athletes. Coaches also monitor and advise their student-athletes,

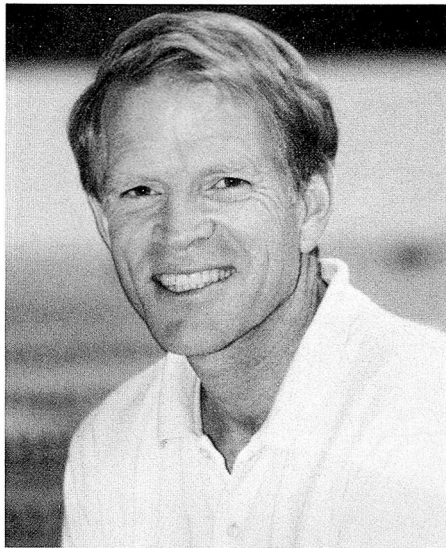
frequently holding meetings specifically to discuss academic situations. Study halls and special tutorial sessions are scheduled daily as a way to enhance the learning process. This support and close scrutiny has been a significant reason the overall grade point average of student-athletes has been higher than that of the general student body. The primary goal of the University and the athletic department is to see each individual reach his or her academic potential.

The Office of Recreation and Intramurals offers organized competition in a number of events throughout the year. Students can participate in a variety of intramural and club sports, while open facilities are available for informal play.

Maine's 19 Division I athletic teams entertain more than 100 intercollegiate events on campus each year attracting over 200,000 spectators.

The Department of Athletics contributes to the University goals of attracting motivated undergraduate and graduate students and producing graduates with the intellectual preparedness necessary for the personal and societal challenges of today and tomorrow.





JEFF WREN
Head Coach

Wren begins his fifth season as head coach of both the men's and women's swim teams but he has been a part of

UMaine swimming since the program's inception in 1971.

Projected as a graduate assistant coach with the men's team while he completed his master's degree, Wren established a women's program at UMaine upon his arrival, due to campus demand. He served as a graduate assistant coach under Alan Switzer, founder of the men's program, and as head coach of the women's program until 1979, when scheduling conflicts made direct involvement with both programs impractical.

During his career at UMaine, Wren has made significant contributions to both programs including helping the men's team advance to the New England Championships during the 1970s, and guiding the women's team to six New England titles.

Wren is a 1971 graduate of the College of William and Mary, where he earned his bachelor's degree in biology. He came to UMaine in the fall of that year, coinciding with the opening of the Stanley M. Wallace Pool. Wren com-

pleted his master's degree in physical education in the summer of 1974.

The 1990-91 season marked a new beginning in Black Bear swimming. With the combination of the programs, Wren became the head coach of the men's and women's squads.

Throughout the last four years, he has continued to try to preserve the success and the achievements previously made in the program. As part of his determination to improve UMaine swimming, he swam 65 miles of Maine's Penobscot River in four days, drawing both attention and financial support to the program.

In Wren's coaching tenure he has guided the women's team to a 118-58 record in dual meets and a three-year mark of 10-23 with the men's program.

In addition to his work with the varsity programs, Wren also directs and supervises the swimming clinics offered through the Sam Sezak Summer Camps at the University of Maine campus.



LANCE GRAHAM
Diving Coach
Assistant Swim Coach

Now in his sixth season as the Black Bears' diving coach, Lance Graham

brings experience and enthusiasm to the program.

Graham, a former standout diver for the University of Maine, is equipped with a long list of accomplishments and goals. Graham serves as the head diving coach for both the men's and women's programs, while also assisting Jeff Wren in the swimming programs.

In 1992, Graham earned his second New England Diving Coach of the Year honor. In his first season as diving coach at UMaine, Graham received the same award. During that year, Black Bear student-athlete Rick Keene became a New England Champion on both the one- and three-meter boards.

Before coaching at UMaine, Graham was head diving coach at University of Northern Iowa from 1986-89. Previously, he was head diving coach at Williams College from 1982-86, where he guided four All-Americans and two New England Diving champions.

He also worked extensively with the United States Junior Olympic diving

program, and has guided several divers to zone, regional, and national competitions.

A 1981 graduate of UMaine with a bachelor's degree in physical education, Graham enjoyed tremendous success as a diver on the Black Bear team.

In his two seasons, Graham was a New England champion on both the one- and three-meter boards. He finished in the top four at the Eastern Seaboard Championships, and competed at the NCAA Division I National Championships.

Prior to his undergraduate work at Maine, Graham attended Alfred (N.Y.) Agricultural and Technical College where he was a four-time junior college All-American selection, and national record holder on the one- and three-meter boards.

Graham, a native of North Towanda, N.Y., earned his master's degree in educational administration from North Adams State College in 1986.



Academic Support

The University of Maine believes its student-athletes are students first, and therefore should be supported in all academic endeavors. That is why one of the most progressive academic support service programs in the East has been established.

The staff of academic support services includes an assistant athletic director for academic services, the learning center coordinator, the office administrative assistant, and a graduate assistant.

The program includes academic counseling as well as monitoring progress toward a degree. In addition, the program offers a supervised learning center, a computer cluster, and a comprehensive plan designed to facilitate the development of learning skills.

Philosophy

The Office of Academic Support Services is committed to assisting student-athletes achieve the best possible academic and personal adjustment to UMaine, and is designed to enhance the overall experience of student-athletes in this setting.

The primary goals include supporting the efforts of every student-athlete to earn a degree; providing assistance for the student-athlete in the development of a system of values which in-



A typical learning center environment at the Sam Sezak Computer Cluster located in Memorial Gymnasium.

cludes the qualities of leadership and personal responsibility; enhancing the interpersonal relationship and communication skills of each student-athlete; facilitating the fulfillment of career and life goals of each student-athlete; and safeguarding the academic integrity of the University of Maine by insuring compliance with all rules of the University and the NCAA.

Among the special programs provided by academic support services are the following:

- Sam Sezak Computer Cluster
- Learning Centers
- Math/Science Tutor Consultants
- F.A.S.T. Mentor Program
- Student/Life Skills Development
- Individual meetings
- Scholar-Athlete Awards

1994-95 Captains



Chrissy Doherty (left) from Central Valley, N.Y., Ralph Sawyer (center) from Kennebunk, Maine, and Jennifer Riley from Lumberville, Pa. serve as captains of the Maine Black Bears.



Swimming and Diving at UMaine

In 1971, the University of Maine Swimming and Diving program began upon the completion of the Stanley M. Wallace Pool, one of the top swimming and diving facilities in the East. Through its 23 years of competition, UMaine has enjoyed much success, including several New England championships.

From the beginning, 19-year head coach Alan Switzer's program was committed to excellence both as individuals and as a team. Switzer, who started the men's program, was joined by Jeff Wren who served as head of the women's program.

Under Switzer, the men's program won two New England championships, before moving to the Eastern Seaboard and Eastern Intercollegiate in 1979. The 1989-90 season saw the men's team return to the New England with a fourth-place finish. The next two seasons, the men placed fifth. In 1992-93 only the UMaine divers competed as both the men's and women's squads have prioritized the North Atlantic Conference Championship.

The women's program has enjoyed comparable success. Winning six New England titles (1978, 79, 80, 84, 86, and 87), Wren's teams have finished shy of the top three places just three times in 15 years. One of the most highly-regarded women's programs in the country, UMaine has consistently enjoyed one of the largest squads in the region. Team unity, with all members contributing, has been a cornerstone of Wren's teams.

Upon the retirement of Switzer, who started and directed the men's team, both programs fell under Wren. Wren had been a part of the women's pro-

gram since it began in 1971, and he has since lifted it to a comfortable position among New England's best.

The combination of the two programs required much of the training and all of the meets to be conducted simultaneously. Fifth-year diving coach Lance Graham, 1989-90 and 1991-92 New England Diving Coach of the Year, continues to assist Wren with the swimming.

Both programs have outstanding dual meet records. The women have suffered just three losing seasons since becoming an intercollegiate activity in 1973 and post an impressive record of 118 wins and 58 losses. The men have been consistently successful and enjoy an overall record of 148-88. There is a lot of energy and optimism to continue the winning tradition as the two groups combine efforts for a fifth season together.

The UMaine swimming program endured its greatest challenge three years ago. With budget cuts threatening its existence, the program received overwhelming support, even revitalization. Stephen and Tabitha King stepped forward with their generous donation and others followed, meeting the fiscal demands of the program. UMaine swimming and diving now relies upon the athletic department and the Maine Swimming and Diving Endowment in order to continue its growth.

The Black Bear swimming and diving teams, the only programs offered in the state University system, are fortunate to have one of the most outstanding facilities in the Northeast, the Stanley M. Wallace Pool. Its eight lanes measure 25 yards by 25 meters,

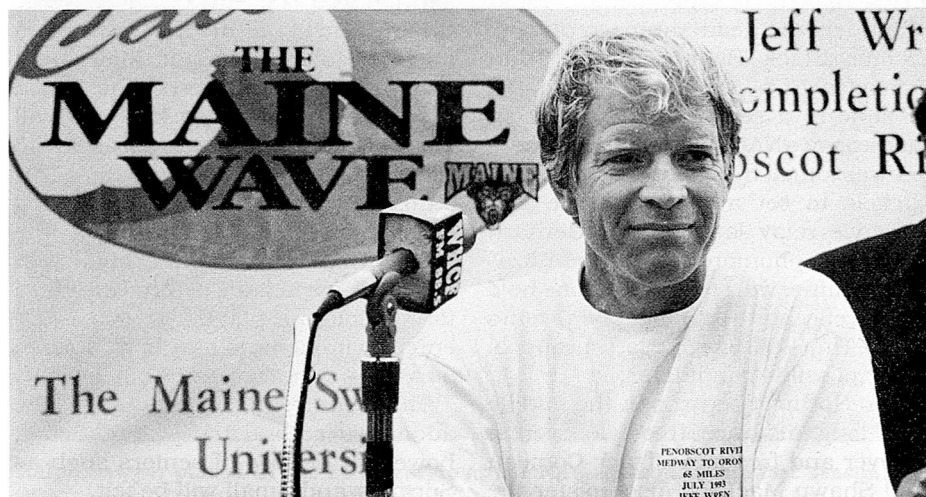


Jennifer Riley was one of UMaine's top swimmers at last year's NAC Championship.

with a separate diving area and a full eight-line Colorado scoring and judging system.

The Michael and Georgia Latti fitness center, one of the most well-equipped facilities of its kind, is located immediately adjacent to the pool. In addition, the diving program is supplemented by a trampoline, dryboard and a one-meter platform, all located on the deck.

These facilities, coupled with the dedication of past and present coaches and swimmers, have provided the University of Maine with one of the most successful swimming and diving programs in the Northeast.



Jeff Wren greets a throng of friends and media after completion of a 65-mile swim down the Penobscot River. His swim generated both funds and attention for the UMaine swim program in the summer of 1993.



1994-95 Season Outlook

Optimism continues to grow within the University of Maine swimming and diving programs. After several years of rebuilding due to the programs' previous uncertainty, the squad sizes are nearing expectation and the talent and potential is also increasing.

Jeff Wren begins his fifth season as head coach of both the women's and men's programs. He is assisted by two-time New England Diving Coach of the Year Lance Graham. Both coaches hope to lead UMaine to increased success at the North Atlantic Conference Championship held for the second time in three years at the Stanley M. Wallace Pool Complex in Orono, February 17-19.

The Women's Team

Chrissy Doherty and Jennifer Riley, co-captains who scored in last year's North Atlantic Conference Championship, lead an improved team. Joined by other returning swimmers such as Stacey Bloemen, Ginny Ouellette, Sarah Riley, and Karin O'Donnell and bolstered by newcomers Lisa Barrows, Michelle Muccino, and Buffy Glander, the squad is poised to double its scores from last year's NAC Championship.

The sprint freestyle events will be led by Ouellette and Bloemen both sophomores. Glander, a first-year swimmer from Indiana, should add much needed depth. Glander may also swim in the middle distance events where Doherty, O'Donnell, and Jennifer Riley are experienced swimmers. Barrows can swim the 500 freestyle and is also capable in the longer freestyle events where the Black Bears may struggle with depth.

The backstroke will be one of the Black Bears' stronger events. Ouellette and Sarah Riley give UMaine two solid returning swimmers. Theresa Corbett, a junior, is ahead of schedule after shoulder surgery and may contribute here. Muccino, the 1993-94 Maine Class A state champion in backstroke from Wiscasset High School, and Kathleen Cradock, both first year student-athletes, will bolster the backstroke events.

The Riley sisters, Doherty, and Glander make the breaststroke another improved event for UMaine. The depth in the backstroke and breaststroke will go a long way in making UMaine's individual medley and medley relays more competitive.



Dave McGavern joined the team at midseason last year and immediately fortified the freestyle and individual medley events.

Barrows, with her personal best times just shy of the UMaine record, is the Black Bears' top butterflyer. Bloemen, out of necessity, became a specialist in this event last season.

The diving events will also improve with junior Alicia Clark in her second season. Sarah Kron, a first-year diver from New York, will give UMaine additional points where they were weak a year ago.

The Men's Team

The men's squad will once again feel the sting of losing several experienced seniors, however some first-year swimmers have joined the team, several of which may make immediate impacts.

Senior captain Ralph Sawyer, and Keith Nickels another senior, must shoulder the leadership, replacing former Black Bear captains Todd Springer and Jeff Small, who led UMaine to a seventh-place finish in last season's NAC Championship. Sawyer was joined by Springer, Small, and Nickels to set a record in the 200 freestyle relay last season. Gerhard Saas, a sophomore from Cape Elizabeth, Maine, will step in to fill one hole in the relay and sprint freestyle events while Tim LeCrone leads a group of other possible candidates.

Ben Springer returns in the middle and long distance freestyle events. Sawyer and freshmen Tracy Comeau and Shawn MacLeod also bolster the middle events and relays. Brice LeBlanc and Comeau will join Springer in the

long freestyle events.

Max Maximov, who placed eighth in both breaststroke events at the NAC Championship, will be joined by Patrick Benoit in the breaststroke. The development of Eric Caron, a junior, creates some depth in this event.

The backstroke, for years a strength thanks to the likes of Todd Springer, Derek Marshall, and A.J. Rog, could slump in 1994-95. Brett Stoyell, Nickels and first-year swimmer Steffan Ganske have the potential to fill in this spot.

Freshmen Ganske and Erik Maier may also impact the butterfly events. Ben Springer and Saas, who placed in the butterfly at last year's NAC Championship, will provide experienced competition in this event.

The individual medley swimmers include Stoyell, Maximov, Maier, and Sawyer. Dave McGavern, who joined the team in midseason last year will also help in this event as well as add to the freestyle.

Josh Caron returns in the diving events. Freshman Jaret Lizzotte, the Maine High School state champion from Old Town, adds depth. Lizzotte, a former football player, is also a talented swimmer and may help UMaine as a relay swimmer in the backstroke.

The team is stronger due to the addition of several first-year students, however, the loss of seniors such as Springer and Small will be felt.



1993-94 In Review

The University of Maine men's and women's swim teams continued to rebuild in 1993-94, but while the team results were disappointing the individual goals continued to be met.

Both squads train to peak at the North Atlantic Conference Championship at the end of the season. The men's squad, highlighted by the effort of MVP award-winner Todd Springer, placed seventh. Springer helped earn points for UMaine in seven events, including four relays. He placed second in the 100 backstroke with his 52.79 and fourth in the 200 backstroke with a 1:54.68. He was also fifth in the 200 individual medley with a 1:57.68.

Sophomore Maxim Maximov scored in two individual events with eighth-place honors in the 100- and 200-yard breaststroke. Ralph Sawyer's 21.71 tied him for fifth in the 50 freestyle while teammate Keith Nickels was sixth in the 100 freestyle.

The combination of Springer, Sawyer, Nickels, and Jeff Small placed twice in the top three spots in relays. The foursome was second in the 200-yard freestyle and third in the 400 freestyle. Springer and Small joined Maximov, and freshman Gerhard Saas to place fourth in the 200 medley relay. Sawyer, Small, Springer, and Ben Springer were fifth in the 800 freestyle. Small would later receive the Switzer Dedication Award.



Chrissy Doherty was UMaine's top swimmer at the NAC Championships in 1993-94.

The eighth-place women's squad was highlighted by the efforts on junior MVP Chrissy Doherty. She was fifth in the 400 individual medley with her 4:46.81 and eighth in the 500 freestyle with a 5:17.43.

The season ended with a limited group of swimmers at the ECAC Championships. Small, Nickels, Sawyer, and Todd Springer combined at this meet to set a school record in the 200 freestyle relay with their 1:24.83.

The size of last season's teams were even more evident in the dual meet scores. The women captured two wins

during the season when they defeated the University of New Brunswick 144-93 and Colby 149-91. The men defeated New Brunswick, Colby, and the University of Vermont, 90-50 in a four-team meet scored like six dual meets.

Nickels was an overall winner in the quad meet with Connecticut, Northeastern, and Vermont in the 100 freestyle. Maximov won the 200 breaststroke and was second in the 100. Jennifer Riley, the women's Switzer Award winner, and Doherty each won a pair of events against UNB.

Other individual noteworthy performances in dual meets included Todd Springer's pair of wins against Boston College. Sarah Riley was a consistent performer with wins in meets versus Boston College, New Hampshire, and Northeastern.

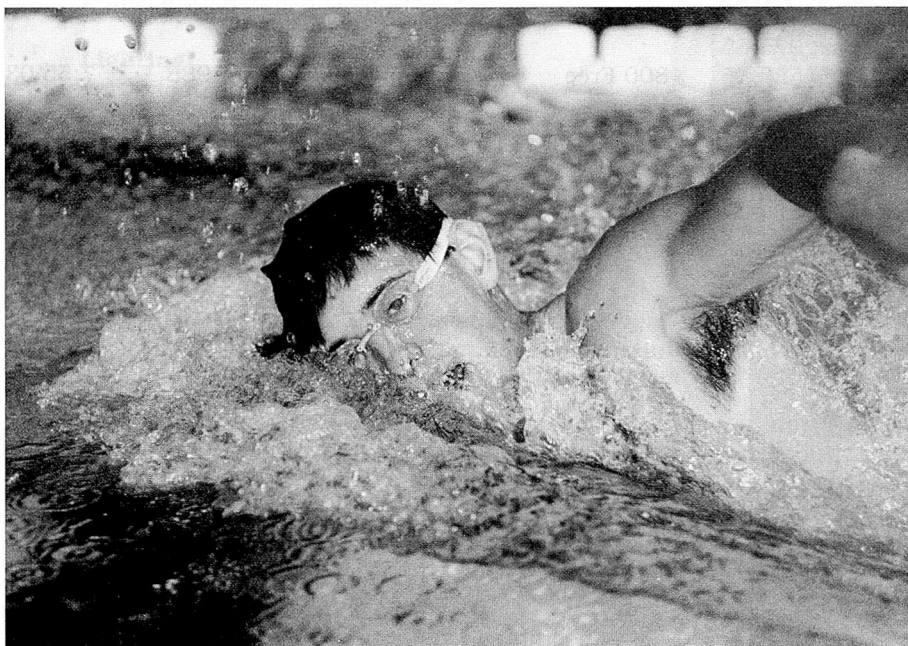
1993-94 AWARD WINNERS:

Switzer Dedication Award

Jeff Small
Jennifer Riley

Most Valuable Swimmer

Chrissy Doherty
Todd Springer



Ralph Sawyer placed in the 50 freestyle at the NAC Championship last season.



UMaine Swimming and Diving Records

Men's Records

Event	Name	Year	Time
50 Free	Jay Morrissette	1985	21.03
100 Free	Jay Morrissette	1985	46.14
200 Free	Chuck Martin	1982	1:41.94
500 Free	Chuck Martin	1982	4:36.10
1000 Free	Peter Farragher	1980	9:40.39
1650 Free	Chuck Martin	1980	16:09.80
100 Back	Derek Marshall	1992	52.23
200 Back	Derek Marshall	1992	1:52.24
100 Fly	James LaRochelle	1978	51.75
200 Fly	Don Winant	1978	1:53.41
100 Breast	Dewey Wyatt	1987	57.43
200 Breast	Dewey Wyatt	1987	2:06.69
200 I.M.	Jim Smoragiewicz	1979	1:56.12
400 I.M.	Don Winant	1978	4:08.66
200 Medley Relay	Springer, Astor Marshall, Stone	1992	1:35.89
400 Medley Relay	Farragher, Wells, Johansson, Ferenczy	1981	3:29.31
200 Free Relay	J. Small, Nickels, Sawyer, T. Springer	1994	1:24.83
400 Free Relay	Ferenczy, Zeiger, Grohosky, Martin	1982	3:07.21
800 Free Relay	Smorag., Farragher, Martin, Marshall	1979	6:51.03
1M (6 dives)	Kevin Wright	1983	354.35
3M (6 dives)	Kevin Wright	1983	374.85
1M (11 dives)	Kevin Wright	1983	523.15
3M (11 dives)	Kevin Wright	1983	525.55

Women's Records

Event	Name	Year	Time
50 Free	Cary Bryden	1982	24.40
100 Free	Cary Bryden	1982	53.02
200 Free	Cary Bryden	1982	1:55.13
500 Free	Julie Woodcock	1979	5:09.06
1000 Free	Clem Whaling	1992	10:37.94
1650 Free	Noreen Solakoff	1990	17:47.26
50 Back	Whitney Leeman	1984	27.44
100 Back	Whitney Leeman	1984	58.35
200 Back	Whitney Leeman	1984	2:06.83
50 Fly	Jenifer Denison	1990	26.04
100 Fly	Jill Abrams	1989	59.29
200 Fly	Jill Abrams	1990	2:10.66
50 Breast	Lynn McPhail	1987	31.86
100 Breast	Lynn McPhail	1984	1:08.33
200 Breast	Jill Puzas	1977	2:28.13
100 I.M.	Julie Woodcock	1979	1:00.31
200 I.M.	Whitney Leeman	1984	2:09.42
400 I.M.	Julie Woodcock	1979	4:38.32
200 Medley Relay	Leeman, McPhail, Bessette, Leahy	1984	1:51.11
400 Medley Relay	Leeman, McPhail, Starkie, Sheehan	1984	4:02.99
200 Free Relay	Wilson, Seabrease, Deputy, Denison	1990	1:38.52
400 Free Relay	Deputy, Seabrease, Billington, Denison	1990	3:36.10
800 Free Relay	Dunn, Abrams, Zdenek, Solakoff	1988	7:55.03



Todd Springer, a team captain last season, helped set the mark in the 200 freestyle relay last spring.



Julie Woodcock, a member of the University of Maine Sports Hall of Fame, still holds three Black Bear records set in 1979.



The Stanley M. Wallace Pool Complex



The Stanley M. Wallace Pool Complex will be the site of the North Atlantic Conference Swimming and Diving Championship for the second time in three years February 17-19, 1995. The facility has also been the location of the New England Championship.

The Facilities:

The Pool:

- 25 yards by 25 meters
- Eight seven-foot competitive lanes
- Three underwater windows
- A separate diving area, 25 feet by 60 feet
- Recently installed Gold Medal lane lines

Lighting:

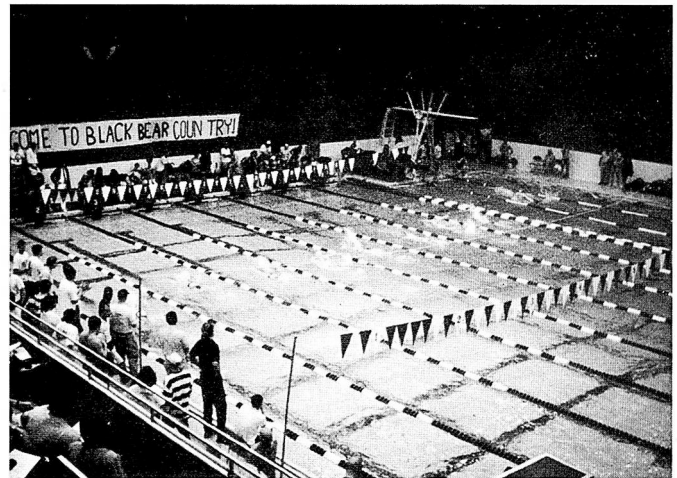
- 100 footcandles at water level (NCAA recommended)

Seating:

- 550 balcony seats
- 650 removable deck seats

Equipment:

- Two 1-meter Durafirm diving stands with Maxiflex modified B boards
- One 3-meter Durafirm diving stand with Maxiflex model B board
- Port-A-Pit with overhead spotting rig
- Trampoline with overhead spotting rig
- Large non-turbulent lane lines
- Two pace clocks
- Video tape equipment
- Automatic timing and judging system with 8-line Colorado read out
- Nautilus, Universal, free weights, minigyms





1994-95 Maine Swimming and Diving Schedule

DAY	DATE	TIME	OPPONENT	SITE
Saturday	Nov. 5	12:00 p.m.	at Central Connecticut	New Britain, Conn.
Saturday	Nov. 12	12 p.m.	at Vermont	Burlington, Vt.
Saturday	Nov. 19	2 p.m.	at Northeastern	Boston, Mass.
Saturday	Dec. 3-4	3 p.m.	at New England Championship	TBA
Saturday	Dec. 10	12 p.m.	Boston University	Orono
Fri.-Sat.	Jan. 13-14	TBA	at URI Invitational	Kingston, R.I.
Saturday	Jan. 28	1:30 p.m.	at Boston College	Chestnut Hill, Mass.
Saturday	Feb. 4	2 p.m.	at New Hampshire	Durham, N.H.
Friday	Feb. 9	6 p.m.	at Colby	Waterville, Maine
Fri.-Sun.	Feb. 17-19	TBA	NAC Championship	Orono
Thur.-Sat.	March 2-4	TBA	at ECAC Championship	Buffalo, N.Y.

All competition includes men's and women's teams.