

The University of Maine

DigitalCommons@UMaine

General University of Maine Publications

University of Maine Publications

1968

Cooperative Extension Work in Aroostook County, Maine, Annual Report, December 1, 1967-June 30, 1968

Aroostook County Extension Association

Marilyn B. Plissey

Emily B. Evans

Follow this and additional works at: https://digitalcommons.library.umaine.edu/univ_publications



Part of the [Oral History Commons](#), and the [University Extension Commons](#)

This Report is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in General University of Maine Publications by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.

COOPERATIVE EXTENSION WORK IN AROOSTOOK COUNTY, MAINE
ANNUAL REPORT

December 1, 1967 - June 30, 1968

Marilyn B. Plissey, Extension Agent
(Compiled by Emily B. Evans, Extension Agent)

Division of Public Services
University of Maine
U. S. Department of Agriculture
and the
Aroostook County Extension Association
Cooperating

Objectives	Results or Progress	Effectiveness of Methods and Staff Involved
To create an awareness of informational resources that Cooperative Extension Service offices and agents can provide.	Five radio tapes were prepared each week and broadcast over WSJR, Madawaska.	The station estimates its program offerings are heard by 30,000 persons. 13 (d)
	<u>Tips for Home makers</u> , a monthly newsletter is distributed to 823 homemakers. Two hundred additional copies are provided the Northern Aroostook office of the Department of Health and Welfare for distribution to low-income homemakers.	Work done by Marilyn Plissey Provides timely information and is a contact both with those who are already involved in CES programs and also a clientele not reached by other methods. Prepared by M. Plissey, J. Oak and R. Ross. 13 (d)
To develop construction skills which will result in more attractive garments to satisfy family needs.	One Beginners Sewing class was held at St. Francis with an enrollment of 30.	Work done by M. Plissey 12 (c)
	Two Beginners Sewing classes were taught to low-income homemakers by paid CES aides. Enrollment: Fort Kent - 15 St. Agatha - 21	The aides reported that all the robes were completed and were very attractive. Notes of appreciation were received saying that they were making use of the sewing techniques they learned. Work done by L. Pelletier, B. Cyr and M. Plissey 12 (c)
	Five homemakers from a housing development in Van Buren were taken on a field trip designed to help them learn to select fabrics.	Work done by M. Plissey 12 (d)

Objectives	Results or Progress	Effectiveness of Methods and Staff Involved
To improve understanding of the development patterns of young children.	<p>Madawaska - A meeting was devoted to the topic of Mental, Social, and Physical Development of the 1-6 year Old Child. Attendance 51</p> <p>Fort Kent - A series of three meetings was held to consider the topics:</p> <ol style="list-style-type: none"> 1. Childhood Diseases Attendance - 50 2. Preparing Your Child for School Attendance - 40 3. Mental, Social, Physical Development of the Pre-school Child Attendance - 40 	<p>The lively discussion which followed indicated that the topic was pertinent and of concern to the parents of young children.</p> <p>The Family Life Committee assisted with the planning and promotion of this meeting together with M. Plissey and Dr. F. P. Rice. 12 (g)</p> <p>The Fort Kent Family Life Committee assisted M. Plissey with the planning and promotion of this meeting.</p>
To coordinate CES efforts with those of other agencies and organizations.	<p>A list of new books for National Library Week was prepared in cooperation with the Fort Kent librarian for distribution.</p> <p>Served on Citizens Advisory Board Upward Bound</p> <p>Participated in Van Buren School Board meeting regarding Year Round Head Start program.</p> <p>A lecture on Nutrition was given to a class of 70 boys (about 19 years of age) at Fort Kent College</p>	<p>The continued request over a period of years for this kind of list is evidence that it fills a need.</p> <p>Work done by M. Plissey 12 (i)</p> <p>M. Plissey - 15</p> <p>M. Plissey - 15</p> <p>Work done by M. Plissey 13 (a)</p>

Objectives	Results or Progress	Effectiveness of Methods and Staff Involved
To add interest and variety to family meals.	Served as commentator at Hospital Guild Style Show.	Work done by M. Flissey
To improve the nutrition of St. John Valley residents.	A publication, <u>Favorite Recipes of Valley Homemakers</u> was prepared and distributed in time for the Christmas holiday season.	Work done by M. Plissey 12 (k)
	Nutrition classes were taught in seven towns in Northern Aroostook to 186 Head Start mothers.	The Head Start mothers seemed to realize that they are responsible to a great extent for the health of family members and that health can affect the children's progress in school. Work done by E. Daigle 12 (c)