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Web Capture: UMS Retiree Health Benefits

University of Maine System Human Resources

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Retiree Health Benefits

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University of Maine System Retiree Health Benefits

2022 Medicare Eligible Retiree Health Open Enrollment Update

Important Dates:

Medicare-eligible retirees wishing to enroll or dis-enroll in the Aetna Medicare Advantage PPO plan must take action during the University of Maine System (UMS) Open Enrollment Period, which begins November 1, 2021 and ends on Wednesday, November 24, 2021.

Our choice is very simple. If you do not wish to make a changes in your current coverages, you need not take any action at this time. However, should you wish to make alternative selections, below are some convenient instructions to guide you moving forward in the process.

What would you like to do for 2022?

I want to stay in the Aetna group Medicare Advantage Plan.

Once again, the group health plan offered through Aetna remains available and unchanged in its benefits and if you are currently in the Aetna plan and do not wish to change any of your coverages, you need do nothing at all at this time.

I was in the Aon Retiree Health Exchange last year, but want to move back to the Aetna group Medicare Advantage Plan.

If you wish to return to the Aetna group Medicare Advantage Plan, you will need to re-enroll through EBPA. For assistance in that process, please contact Employee Benefits Professional Association (EBPA) directly at 1-888-232-3203.

I was in the Aetna Group Health Plan last year, but would like to change to coverages available through the Aon Retiree Health Exchange.

If you elected to remain with the Aetna Group Health Plan a year ago but would now like to secure coverages available through the Aon Retiree Health Exchange, you will need to contact both Aon and EBPA directly:

Aon

Website: [Aon \(External Site\)](#)

Phone: 1-833-704-1028

Employee Benefits Professional Association (EBPA)

Website: [EBPA \(External Site\)](#)

Phone: 1-888-232-3203

I am in plan offered through the Aon Retiree Health Exchange and wish to change into another plan on the Aon Retiree Health Exchange.

If you wish to change carriers within the Aon Retiree Health Exchange, you have additional time to complete this change. Your enrollment period extends through December 7, 2021. Your Aon Benefits Advisor is available to provide support.

Coming soon:How to Change from Aetna to Aon

Coming soon: How to Change from Aon to Aetna

What's New for 2022 and 2022 Aetna and Northeast Delta Dental Rates:

Dental coverage for eligible UMS retirees will now be offered through a new partner in 2022.

Northeast Delta Dental

Your plan includes access to Northeast Delta Dental's extensive national networks with hundreds of thousands of participating dentist locations.

2022 Retiree Benefit Rates:

Learn more about your benefit options by visiting the webpages or downloading the available PDF below.

- [2022 Retiree Benefit Summaries](#)
- [Coming Soon: 2022 Benefit Summary Aetna PPO \(PDF\)](#)

Additional benefit summaries available for retirees in the Aetna Extended Service Area (ESA) and South Carolina residents plans are available upon request.

With Appreciation

The University of Maine System would like to take this opportunity to express most sincere appreciation for the outstanding service of its employees as they either contemplate retirement or perhaps already enjoy its many benefits and opportunities.

Useful Information

Consistent with the desire to remain supportive of employees throughout their association with the System, this site is designed to furnish useful information and resources maintained to assist employees no matter where they may be in the retirement process.

Choice between Aon and Aetna

Whether a retiree selects health or dental benefits available through the Aon Retiree Health Exchange or the Aetna Medicare Advantage plan, here you will find valuable guidance to help ensure the best possible retirement experience.

Listings to Support the Interests of Retirees

There are listings for Aon and Aetna, TIAA, EBPA and CMS where you can locate what you need to know for successful Open Enrollment, bill reconciliation, Health Savings Account administration and much more. You will also find helpful connections to U.S. Government and Maine agencies that can prove outstanding sources of information and understanding, as well.

Your Retirement Guide

An important resource available to those contemplating retirement from the University of Maine System is your Retirement Guide located within MaineStreet and should be a part of consideration in both timing and personal options.

Frequently Asked Questions

Besides useful links and email addresses, you'll also discover an exhaustive presentation of Frequently Asked Questions or FAQs compiled to keep you moving forward.

Your Employee Benefits Center

As always, should you need help with your retiree benefits, please get in touch with your Employee Benefits Center, (EBC) at benefits@maine.edu or 1-207-973-3373.

Frequently Asked Questions

Please visit the [Retiree Health Benefits Frequently Asked Questions page](#) if you have additional questions.

2021 University-sponsored Aetna and Cigna Group Plan Resources

Below you will find important documents and instructions to assist in your enrollment process.

2021 Benefit Summaries and Rate Information:

- [Benefit Summary Aetna PPO \(PDF\)](#)
- [Benefit Rate Summary \(PDF\)](#)

Additional benefit summaries available for retirees in the Aetna Extended Service Area (ESA) and South Carolina residents plans are available upon request.

Maine Agency on Medicare Supplement from the Maine Bureau of Insurance

Among other helpful resources for retirees is the [Medicare Supplement Brochure \(External Site\)](#) available through the Maine Bureau of Insurance.

Plan Sign Up Instructional Video

This [Health Plan Enrollment Instruction Video \(External Site\)](#) is available to you in a recorded format.

Contact Information

University of Maine System Resources:

University of Maine System Employee Benefit Center
Email: benefits@maine.edu
Phone: 207-973-3373

Aon Retiree Health Exchange Resources:

Aon Retiree Health Exchange
Phone: 1-833-704-1028 (TTY 711)
Web: [Aon Retiree Health Exchange Website \(External Site\)](#)

Vendor Contact Information:

- [Aetna \(External Site\)](#) – 1-888-267-2637
- [Aon Website \(External Site\)](#) – 1-833-704-1028
- [Cigna \(External Site\)](#) – 1-800-244-6224
- [Medicare \(External Site\)](#) – 1-800-633-4227
- [EBPA \(External Site\)](#) – 1-888-232-3203
- [COBRA](#) – 1-888-232-3203
- [Social Security Administration \(External Site\)](#)
- [TIAA \(External Site\)](#) – 1-800-842-2252



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