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Counseling Services Template for use with Human Subjects

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ATTENTION RESEARCHERS:

This is a template for a handout to be used for studies on sensitive topics where referrals are required. Edit as necessary and delete this row containing these instructions. Be sure to provide names of organizations (with contact information and hours of operation) that are relevant to your specific study. All contact information must be accurate and up-to-date. National directories may be appropriate for online studies where the locations of subjects are unknown.

Counseling Services

ON-CAMPUS RESOURCES Available for UMaine Faculty, Staff, and Students

Counseling Center Cutler Health Building (Gannet Hall side) (FREE to UMaine students)	207-581-1392 http://www.umaine.edu/counseling/	Weekdays 8:00 am-4:30 pm After business hours, call UMaine Police, 581-4040 or 911
Psychological Services Center 330 Corbett Hall (Sliding fee scale; costs are your responsibility)	207-581-2034 https://umaine.edu/psychology/psychological-services-center/	Weekdays 8:00 am – 4:30 pm

COMMUNITY RESOURCES Available to Anyone

Community Health & Counseling Services 42 Cedar Street Bangor, ME 04401 (Any costs are your responsibility)	207-947-0366 http://www.chcs-me.org/	Weekdays 8:00 am-5:00 pm
Maine Crisis Hotline (Any costs are your responsibility)	1-888-568-1112 https://heretohelpmaine.com/	7 days/week 24 hours
Psychological Services Center 330 Corbett Hall (Sliding fee scale; costs are your responsibility)	207-581-2034 https://umaine.edu/psychology/psychological-services-center/	Weekdays 8:00 am – 4:30 pm
Contact Your Primary Care Provider (Any costs are your responsibility)		

NATIONAL RESOURCES

Behavioral Health Services Locator <https://findtreatment.samhsa.gov/>

National Suicide Prevention Lifeline, Toll-Free, 24-hour Hotline, 1-800-273-TALK (1-800-273-8255)