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## News Flush, March 2021

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# The News Flush

March 2021



You can find more details about all these events (Zoom links, social media, etc) by scanning this QR Code

Welcome to the News Flush, where everyone knows, because everyone goes!

Visit our social media!



S	M	T	W	Th	F	S
	<div>1</div> <div>Mindful Mondays 📍 Zoom 🕒 3 p.m.</div> <div>Monday Meditation 📍 Zoom 🕒 11:30 a.m.</div> <div>Black Bears for Recovery 📍 Zoom 🕒 12 p.m.</div>	<div>2</div> <div>Overnight Oats 📍 York &amp; Hilltop 🕒 7 a.m. - 10 p.m.</div> 	<div>3</div> <div>ON CAMPUS HOUSING SIGN UP ENDS MARCH 5TH</div> 	<div>4</div> <div>Emotional Intelligence 101 📍 Zoom 🕒 1 p.m.</div> <div>Bob Ross Paint Party 📍 North Pod 🕒 8 p.m.</div> 	<div>5</div> <div>Poutine 📍 York Dining 🕒 11 a.m. - 2 p.m.</div> <div>Friday Chat w/ Friends 📍 Zoom 🕒 10 a.m.</div> <div>Astrology Night 📍 North Pod 🕒 9 p.m.</div>	<div>6</div> <div>Find a Buddy 📍 North Pod 🕒 9 p.m.</div> <div>A twist on Stuff-A-Buddy!</div>
<div>7</div> <div>Class of 22 TShirt design contest ends tomorrow</div> 	<div>8</div> <div>Mindful Mondays 📍 Zoom 🕒 3 p.m.</div> <div>Monday Meditation 📍 Zoom 🕒 11:30 a.m.</div> <div>Black Bears for Recovery 📍 Zoom 🕒 12 p.m.</div>	<div>9</div> <div></div>	<div>10</div> <div>HAPPY DAY OF AWESOMENESS! MARCH 10</div> 	<div>11</div> <div>Playback Mingo 📍 North Pod 🕒 8 p.m.</div> 	<div>12</div> <div>GO BLUE FRIDAYS</div> <div>A Night w/ Terry Crews 📍 Zoom 🕒 7 p.m.</div> 	<div>13</div> <div>Trivia Night 📍 North Pod 🕒 9 p.m.</div>
<div>14</div> <div>Think 30 Credits per year</div> <div>Sign up for summer classes today!</div> 	<div>15</div> <div>Mindful Mondays 📍 Zoom 🕒 3 p.m.</div> <div>Monday Meditation 📍 Zoom 🕒 11:30 a.m.</div> <div>Black Bears for Recovery 📍 Zoom 🕒 12 p.m.</div>	<div>16</div> <div>National Giant Panda Bear Day</div> 	<div>17</div> <div>Sober St Patties Day 📍 Union 🕒 TBD</div> 	<div>18</div> <div>March Madness Begins</div> 	<div>19</div> <div>GO BLUE FRIDAYS</div> <div>Friday Chat w/ Friends 📍 Zoom 🕒 10 a.m.</div> <div>National Let's Laugh Day Comedian! 📍 North Pod 🕒 9 p.m.</div>	<div>20</div> <div>Student Choice! 📍 North Pod 🕒 9 p.m.</div> 
<div>21</div> <div>What comes once in a minute, twice in a moment, but never in a thousand years? The letter m</div> <div>What can travel all around the world while remaining stuck in a corner? dures v</div>	<div>22</div> <div>Monday Meditation 📍 Zoom 🕒 11:30 a.m.</div> <div>Black Bears for Recovery 📍 Zoom 🕒 12 p.m.</div> <div>Mindful Mondays 📍 Zoom 🕒 3 p.m.</div>	<div>23</div> <div>READING DAY NO CLASS</div> 	<div>24</div> <div>Spring Break Mingo 📍 Union 🕒 2 p.m.</div> 	<div>25</div> <div>Self-Care Routine 📍 Zoom 🕒 3 p.m.</div> <div>Frisbee Painting 📍 North Pod 🕒 8 p.m.</div>	<div>26</div> <div>WAYBACK WEEKEND</div> <div>Throwback Crafts 📍 North Pod 🕒 9 p.m.</div> <div>SPLAT</div>	<div>27</div> <div>90s Night 📍 North Pod 🕒 9 p.m.</div> <div>LEGENDS OF THE HIDDEN TEMPLE</div> 
<div>28</div> <div>FALL 2021 ENROLLMENT BEGINS TOMORROW!</div> 	<div>29</div> <div>Monday Meditation 📍 Zoom 🕒 11:30 a.m.</div> <div>Black Bears for Recovery 📍 Zoom 🕒 12 p.m.</div> <div>Mindful Mondays 📍 Zoom 🕒 3 p.m.</div>	<div>30</div> <div>Calming and Grounding/DIY Mindful Glitter Jars 📍 Zoom 🕒 2 p.m.</div>	<div>31</div> <div>National Crayon Day!!!</div> 	<div>Greek Awards Open until 3/19</div> 	<div>Student Life Leadership Awards Open until 3/19</div> 	

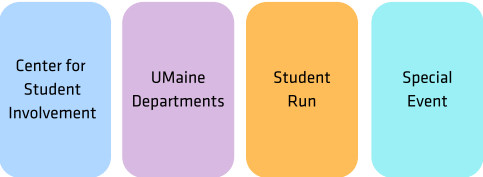
A reminder about Student Organization Events:  
All events must be registered through the Event Management process  
Submit your event 30 days in advance at [umaine.edu/plan-an-event](http://umaine.edu/plan-an-event)

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Events Key:



GO BLUE FRIDAYS

Wear your UMaine Blue each Friday and tag @um.getinvolved on instagram for a chance to win prizes! Each week new twists will be added!