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The Daily Maine Campus

THE UNIVERSITY OF MAINE NEWSPAPER SINCE 1875

Friday, December 9, 1988

vol. 103 no. 56

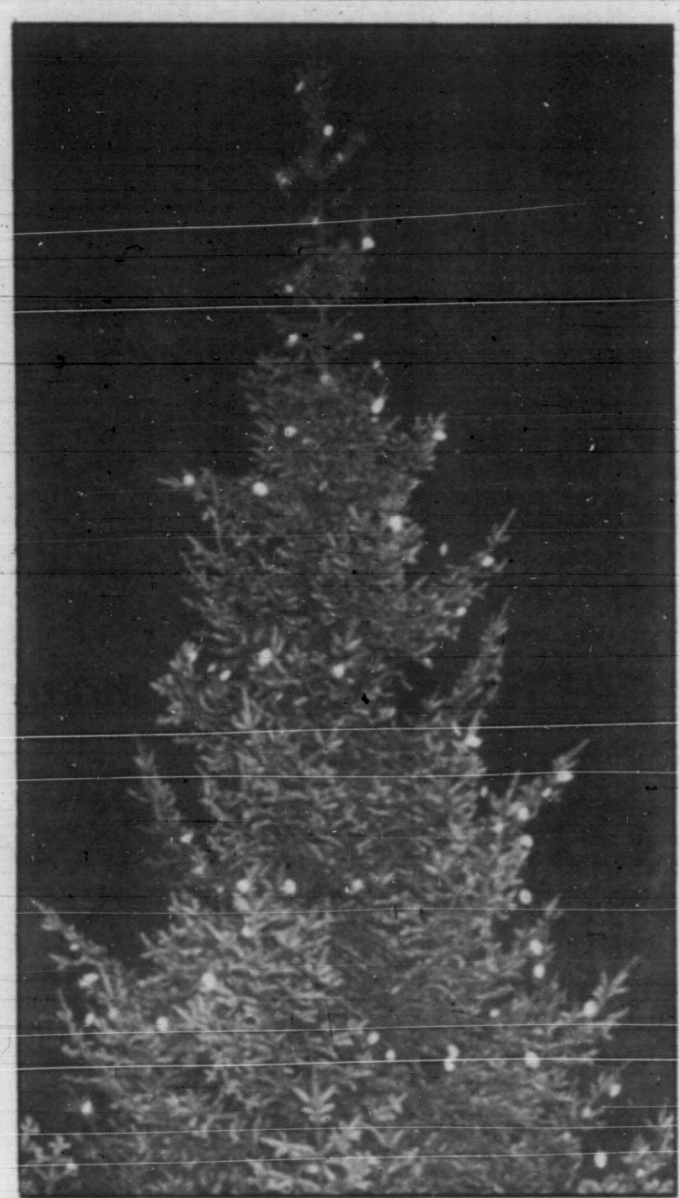


photo by Scott LeClair

Lights adorn a Christmas season trademark outside
Fogler Library. Sixteen days remain until Christmas.

O'Dea looks to Augusta

GSS president to make education top priority

by Christina Koliander
Staff Writer

Next Tuesday will be the last time John O'Dea presides over the General Student Senate at the University of Maine.

After that night, he will switch hats and move on to the House of Representatives in Augusta.

O'Dea was elected Nov. 8 as the Democratic state representative for District 130, which covers the UMaine campus and part of Orono.

O'Dea sees his experience in the student senate as something that will help him in Augusta.

"On the basic level, familiarity in parliamentary procedures will be the most helpful," O'Dea said in an interview this week. "That alone is worth its weight in gold. Familiarity with the rules can work in your favor."

Education is one of the issues that O'Dea will be pursuing when he enters the House on Jan. 3.

"I'm very concerned with the state of education in Maine," he said. "That is something I expect to spend a lot of time and energy on."

O'Dea said he is hoping to get on the State of Maine Education Commission. He will be notified in a few weeks

of the committees on which he will serve.

"We (UMaine) could have one of the top universities in the country, but if the citizens can't afford it, that defeats the purpose."

The environment and development in Maine are other issues on which O'Dea said he will focus while in Augusta.

"There are real pressures put on the state right now through development and growth that need to be brought back in line," he said.

O'Dea explained there is a tie-in between environment and development in Maine.

"There is a real need to start looking at parts of the state that have not been developed so we can start to protect them," he said.

As for his campaign, O'Dea commended those who worked toward his election.

"I had a great bunch of committed people who were beyond description," he said. "That was one of the most rewarding parts of the campaign."

O'Dea, though, said he wished there had been more debates between his opponents and himself.

He said he plans on having hours on and off campus so he can meet with his constituents



John O'Dea
...Takes House seat Jan. 3

to discuss any problems they may be having.

"My energy will be focused on the next two years and doing the best job I can," he said. "That's what I'm looking at."

O'Dea said time will be an important test of his abilities.

"I feel it's an awesome responsibility to the people of District 130 and a responsibility to the people of this state," he said. "If the people of both the district and the state decide at one point that I've done a good job, then that will be the ultimate reward."

Mitchell solicits input on ways to cut federal deficit

by Rhonda Morin
Staff Writer

BANGOR — New Senate Majority Leader George J. Mitchell asked participants at a public meeting Thursday night what they would propose to President-elect George Bush to cut the federal and trade deficits.

Mitchell was at Bangor City Hall as part of a series of public meetings throughout Maine that he will continue until Saturday.

In a recent breakfast with Bush, Mitchell suggested ways to curtail the \$2.6 trillion federal deficit, he said.

"Now," Mitchell said, "give me your advice on what you would say if Bush

asked you (how to reduce the deficit)."

One member of the standing room only crowd suggested instead of cutting funding to public services, Congress should actively collect debts owed by U.S. allies from past wars.

One man proposed reducing the trade deficit by creating trade barriers similar to Japan's.

Another participant in the meeting suggested that Congress halt the subsidizing of wheat program payments.

He added that these subsidized payments, coupled with the high transportation costs, harm the small farmer while making

(see MITCHELL page 6)



Sen. George Mitchell listens to a question during a public meeting at Bangor City Hall.

Soviet earthquake prompts Gorbachev to shorten U.S. visit

NEW YORK (AP) — Mikhail S. Gorbachev urgently headed for home Thursday to cope with the crisis of a devastating earthquake, expressing confidence that superpower relations were on track after a summit with President Reagan and President-elect Bush. The American leaders expressed condolences and offered U.S. assistance.

Gorbachev, standing on a windswept runway at John F. Kennedy International Airport, said his talks with Reagan and Bush in New York on Wednesday and by telephone today made him confident "that our relations will expand and improve on

the basis of cooperation, on the basis of mutual respect for each other's interests."

The Soviet leader said, "The road ahead will be tough but we will go ahead."

Soviet officials said Gorbachev cut short his New York visit, and scrapped stops in Cuba and Britain, because of an earthquake in Soviet Armenia that killed thousands of people. Gorbachev said there were "extremely grave consequences, devastation and great loss of life. I urgently have to return to the Soviet Union."

During a visit of less than 48 hours in Manhattan, Gorbachev (see VISIT page 6)

WallofVoodooREMKateBushTheSmithsTheHousemartinsPretenders
 It's finally here!
Beggar's Banquet '88
Monday's schedule

6 a.m. Wall of Voodoo
 7 a.m. R.E.M.
 8 a.m. R.E.M.
 9 a.m. Kate Bush
 10 a.m. The Smiths
 11 a.m. The Smiths
 12 p.m. The Housemartins
 1 p.m. Pretenders
 2 p.m. Pretenders
 3 p.m. Stewart Copeland
 4 p.m. XTC
 5 p.m. XTC
 6 p.m. Love Tractor
 7 p.m. Sonic Youth
 8 p.m. Robyn Hitchcock
 9 p.m. Lloyd Cole & Commotions
 10 p.m. The Jazz Butcher
 11 p.m. Cocteau Twins
 12 a.m. The Cure
 1 a.m. The Cure
 2 a.m. Jesus & Mary Chain

wmeb-9/19m

StewartCopelandXTCLoveTractorSonicYouthRobynHitchcockLloydColeTheCommotionsTheJazzButcher
 OfTheBolshoiU2OingoBoingoTheStyleCouncilTheWaterboysReplacementsElvisCostelloTheClashBrya

A LIE OF THE MIND

by Sam Shepard



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News Briefs

Gorbachev to reduce size of army

NEW YORK (AP) — Mikhail S. Gorbachev's offer to cut the Red Army by 10 percent and withdraw 500,000 Soviet troops from Eastern Europe has not fully eased Western worries about a decisive Kremlin edge in men, tanks and artillery.

Gorbachev's unilateral cuts and message of peace were likely to further enhance his soaring popularity in Western Europe, and to rekindle calls in Congress and NATO member states for withdrawal of some of the 335,000 U.S. troops in Europe.

But Secretary of State George P. Shultz and other foreign ministers of the Atlantic alliance quickly said Gorbachev's statements confirmed their view that the Soviets have enough nonnuclear armaments to mount a blitzkrieg offensive and tip the balance in opening days of an East-West conflict.

NATO Secretary-General Manfred Woerner said Gorbachev's move "seems to be a step in the right direction," but warned big imbalances would remain.

Reagan calls summit 'very useful'

WASHINGTON (AP) — President Reagan prepared Thursday for his first news conference in six months, likely his last formal meeting with reporters as the clock runs out on his eight-year presidency.

One day after his fifth meeting with Kremlin leader Mikhail Gorbachev, Reagan was ready to deal with questions about the evolution of his views about the Soviet Union, from calling it an "evil empire" to signing the first superpower treaty ever to abolish an entire class of nuclear weapons.

Reagan said his summit with Gorbachev in New York had been a "very useful meeting for both sides." The Soviet leader capped his trip by announcing a unilateral cutback of 500,000 Soviet forces, a reduction of about 10 percent.

White House spokesperson Marlin Fitzwater did not rule out the possibility of another news conference before Reagan leaves office on Jan. 20.

However, first lady Nancy Reagan told reporters earlier this week, "Be nice. It's his last one."

Group seeks Christ-centered holiday

ELLENWOOD, Ga. (AP) — The 1988 "Alternatives" poster shows a sleighing Santa and reindeer flying over the Holy Family and Child in the manger. A caption asks, "Whose Birthday Is It, Anyway?"

"Alternatives," a campaign seeking to recover a Christ-centered Christmas and to protest its commercialization, this year has the backing of more than 100,000 Protestant and Roman Catholic congregations

across the country.

Milo Thornberry, director of the campaign founded by various Christian groups in 1973, says it doesn't want people to reject the whole notion of gift-giving and celebration nor send them on a "guilt trip" about it.

Rather, it seeks to help them "restore perspective to a season that often degenerates into a religion-sanctioned orgy of self-indulgence."

Soviets begin post-quake cleanup

MOSCOW (AP) — Soviet authorities rushed military surgeons and tons of medical supplies Thursday into Armenia, where officials said an earthquake virtually destroyed several cities and killed tens of thousands of people.

Armenian journalists said a Politburo commission led by Premier Nikolai I. Ryzhkov received preliminary estimates that up to 50,000 people died in the Wednesday earthquake, which measured 6.9 on the Richter scale. Soviet officials

reported thousands of people killed but provided no death toll.

"Urgent measures are being taken to help all those affected by this terrible tragedy, and I have to be there in this effort," said President Mikhail S. Gorbachev, who planned to fly to Yerevan after arriving in Moscow.

President Reagan offered emergency humanitarian aid, Cuban President Fidel Castro pledged to send construction workers, and Britain dispatched London firefighters to join the rescue effort.

AID plane downed in missile attack

RABAT, Morocco (AP) — A missile attack downed one of two DC-7 planes from the U.S. Agency for International Development over Mauritania on Thursday, and all five people aboard were presumed dead, officials said.

The other plane was damaged by the anti-aircraft missiles but was able to fly on and land in Morocco, and no injuries were reported among those aboard.

Official sources in this North African country suggested that rebels of the Marxist Polisario Front were to blame for the attack. The sources spoke on condition of anonymity.

The attack occurred as both planes flew over a border area where nationalist rebels have waged a guerrilla war against the Moroccan government to establish an independent Western Sahara.

The area where the plane was shot down is 650 miles southwest of Rabat, the Moroccan capital.

In Washington, AID spokesman Bart Kull said both planes were used for spraying locust swarms in Senegal, which borders Mauritania to the south.

Locust infestations have ravaged much of northern Africa this year.

Review

'A Lie of the Mind' captivates audience

by Steve Miliano
Staff Writer

Wednesday was opening night for Maine Masque's performance of Sam Shepard's *A Lie of the Mind*, and the relatively small crowd in Hauck Auditorium was captivated by each individual cast member's performance.

The story is one of abuse — both physical and mental — inflicted upon Beth, portrayed by Dianne Capiello.

After sustaining brain damage at the hands of her husband, Jake, she is "rescued" by her brother who returns her to their parents' home where she suffers from neglect and the ignorance of her family.

Jake, played by Josh Liveright, also

returns to his mother's house where he is also misunderstood.

The role of family members and their ability for compassion is an underlying theme that becomes very apparent as the play progresses. The lack of sympathy and by both families made the audience cringe with disbelief.

The individual performances of the cast members were fantastic. Liveright became one with his character, showing every nuance of Jake's often twisted personality. The look in his eyes as he described how and why he beat his wife added that final touch of believability to his role.

Capiello also turned in a fine performance as the battered wife. Every step she took and every word she spoke

related to the audience what a horrifying experience Beth must have suffered. But her fragile nature was countered by her struggle for independence.

"You think you know. ... You don't know this thought," Beth said to her brother, Mike, who cannot understand her pain.

While we may not know the thought, her performance makes us feel the pain.

Perhaps the best performance, however, came from Matt Ames in his role as Baylor, Beth's father.

His scenes with Capiello and Flint Hutchinson (Mike) were some of the most dramatic and insightful of the entire program.

The play was not without humor, however. Many times during the perfor-

mance did the audience stir with laughter. The laughter was not brought on by blatant jokes or puns. Rather, typical everyday responses to questions and statements by the other cast members furnished the cause.

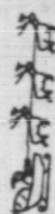
But after the laughter stopped, there was a sense of sadness — a sadness for the families who didn't know enough to be concerned for their own people.

The scenes between Beth and her family were slow moving at times. They tended to be more lighthearted than those between Jake and the members of his family which were often very intense.

Director Sandra Hardy did an excellent job preparing the cast for this intense drama. Maine Masque has succeeded again.

The University of Maine Fire Department wishes you a happy and safe holiday season

Christmas decorations are beautiful and remind us of this joyous time of year. When you decorate your room, office, or workplace for the holidays, please be safety conscious. Natural greenery is highly flammable even when it is still living, and is therefore prohibited from being used in any building on campus. All Christmas lights should have an attached UL or FM approved tag, and should be in good shape. Wrapping paper, crepe paper streamers, large paper murals, pyroxylin plastic decorations, and other loose flammable decorations must be free from dorm rooms, offices, around doors and hallways. Artificial trees and greenery are permissible provided they are not obstructing a hallway or exit. Please help us help you. Let's make our holiday season memorable for its joy and happiness, not for a tragedy that could have been avoided.



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UNIVERSITY COLLEGE CENTER (Bangor Campus)

TUESDAY, DECEMBER 13 1:00 P.M. 1912 ROOM
MEMORIAL UNION

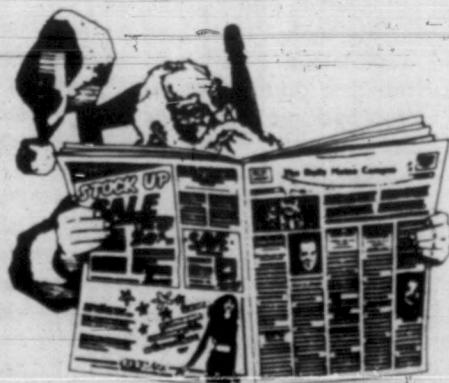
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Editorial

Greek system scrutinized

The recent police raid on Beta Theta Pi is the third instance this semester which involves a greek organization and the University of Maine administration.

This raises questions about the "system" on the UMaine campus.

What exactly is happening to the greek system at this institution?

Steroids, cocaine and gambling numbers were found in the fraternity of Beta Theta Pi when it was raided Friday morning. There is a chance that its doors will be closed in the near future.

Phi Eta Kappa shut its doors at the beginning of this semester for up to 10 years because of unpaid debts and low membership.

In October, the sorority of Alpha Chi Omega lost its recognition from the university after a hazing incident with its pledges.

Are fraternities and sororities slowly being filtered out of this university?

Perhaps the problem does not lie with the administration but within the walls of the organizations themselves.

Perhaps the greek system should be questioned.

What is the point of pledges learning the facts and history about a fraternity or sorority and the "greek life" if they are not going to live by it?

It seems these "adults" are not living by what the greek life should be.

The behavior and attitude that has been going on is not what "greek" life should be.

Maybe the individuals in the organization should reevaluate their values and what they mean.

For once, maybe the administration should not be blamed for the problems on this campus.

Chris Kotlander

BU cleaning up its act

Guest Column
by John Hughes

Boston University, voted in college guidebooks "the most promiscuous university in the country," is cleaning up its act.

Already cracking down on alcohol use, it is introducing new rules governing dormitory behavior, and specifically overnight visits by students of the opposite sex.

This is fairly significant in itself, and has raised a fair hullabaloo on the university's campus.

But it has much wider ramifications. For it is an invitation, a goad, a challenge, to other universities to reconsider their own rules of student conduct which may have sagged, or become eroded, and sometimes virtually disappeared, since the campus permissiveness of the 1960s and '70s.

When authorities at Boston University become swamped with letters from angry parents protesting overnight mingling in the dormitories, they set up a task force to look at the problem. One mother complained directly to BU president John Silber that her daughter's roommate had kept house with a boyfriend for two months in the room the two girls shared.

The task force—which included university officials, students, and parents—held open meetings with students, and sought the views of parents, staff, and alumni.

Many students protested any rules that would encroach upon their freedom. But as the task force unanimously agreed: "to have visitors is a privilege, not a right." So the task force recommended rules that would regulate late-night visitors and overnight guests. Dr. Silber toughened them up a little and expects to see them in operation by next fall.

All this does not mean that sex will vanish from the university campus. Indeed, Silber

himself concedes that the university isn't going to "police the dormitories rigorously enough to exclude every guest of the opposite sex." But he does think the university has "an obligation to discourage behavior that is not in the best interests of the educational and social development of students." Therefore, the university has stepped up to the challenge and set the rules.

In doing, Silber says he has balanced the desire of students to have study mates or guests in their rooms against the right of their roommates to have "reasonable conditions" for individual study and sleep. Henceforth, visitors can enter dormitories between 8 a.m. and 11 p.m., provided they leave by 1 a.m.

Students can have overnight visitors of the same sex up to five times a semester, except for the first two weeks of school and during the examination periods. Overnight visitors of the opposite sex will be restricted to members of the students' immediate family—parents, siblings, grandparents, aunts, and uncles.

Silber says he doesn't want to restrict the freedom of dormitory residents but to maximize it. Basically, he says, the university wants to rely as heavily as possible on the "good faith and sense of responsibility" of individual students. But the idea that there is absolute freedom—freedom unlimited by the rights and interests of others—is, he says, a misunderstanding of the concept of freedom. Such "freedom" would be "merely license, and the consequence mere anarchy." No civilized society, says Silber, can permit having its members—whether adults or not—function without rules.

It is an invitation, a challenge, to other universities to reconsider their rules of student conduct.

John Hughes is a columnist for The Christian Science Monitor.

Why Gorby really left

Mike Bourque

In his best "Psst. Hey, buddy" routine, my New York source (who asked to remain anonymous because he may or may not exist) came to me with a scoop.

This was his story. No embellishments—just what he told me.

Apparently Kevin White, our athletic director here at the University of Maine, along with baseball coach, John Winkin were in the Big Apple for some reason or another. They were staying at the world famous Waldorf-Astoria.

Now, they've had hundreds of famous guests at the Waldorf over the years but this week there was an extra-special one named Mikhail S. Gorbachev.

According to my man in New York, there was a chance meeting between Gorbachev, White and Winkin when they got stuck in an elevator together.

Here's what he heard. "Excuse me, sir, but I think you might have spilled some gravy on your head," Coach Winkin said politely.

"No, that is a birthmark," said the Soviet premier with his heavy accent.

"Coach, that's Gorbachev," White whispered in Wink's ear. The UMaine AD then turned to Gorby and said, "Have you ever heard of the University of Maine?"

"No," came the answer. "Well, you must like sports, right? I mean, you you've got a good hockey team and all."

"We have the best," gloated Gorbachev. "Ours is pretty good, too," White said. "Hey, how about a donation? We could name our new dome after you. The 'Gorbydome'. Sounds nice, doesn't it?"

"No, I've got enough other things to worry about—like Glasnost and those people in Azerbaijan and the talks with the Afghans."

"Ah, I see. But we could help you with that. Tell him, Coach," White said.

"Build a clubhouse," "A what?"

"A clubhouse—it'll solve all your problems," Wink said.

"I'm not sure I understand."

"Not many people do. The thing to do is to sell off something old and ugly—like say Lenin's tomb or St. Basil's Cathedral. Then you tell everyone that Lenin would have wanted it that way. Tell them it was in his will," the coach told him.

"Wow, I never thought about a clubhouse before. It sounds good, but what do I do with the clubhouse after I build it."

"Well, I'm not sure, but it'll help you recruit," Winkin responded as the elevator finally reached the lobby. The three stepped out and went on their way.

My New York man heard one more thing from the Soviet leader: "Get me Shevardnadze. Tell him we need to go home early. We've got to build a clubhouse."

Mike Bourque is a senior journalism major who doesn't know if this is the real story or not.

The Daily Maine Campus

Friday, December 9, 1988

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Response

Harassment not taken seriously

To the editor:

I am writing in regard to a lecture on sexual harassment I attended on Dec. 7. As I left the lecture I was furious. It is very evident, no matter Dale Lick says, that sexual harassment is not taken seriously at the University of Maine. I myself was shocked that if a formal complaint is filed by a student, because of improper conduct of a faculty members, the only thing that would happen to them is the director of equal opportunity would talk to them, and hopefully after that, the behavior will stop. If people in power positions such as our professors know that nothing will happen to them when they tell offensive jokes in class, ask a student for sexual favors in exchange for grades, etc., why

should this behavior stop. Especially if it's not going to appear anywhere on their record, even if they are convicted. If a person gets caught stealing, don't they go to jail, isn't it on their record for the rest of their lives? Isn't sexual harassment as serious as this? I think it's about time the punishment and the policies at the University of Maine toward sexual harassment become more strict, and students be more openly encouraged to speak up about this unacceptable behavior. I also think that if faculty and staff knew their jobs and reputation were in jeopardy, this behavior would stop being a joke, and taken seriously.

Victoria Dietz
Orono



Faded blue jeans fad faded with time

Guest Column
by
Melvin Maddocks

Blue jeans are fading — and we don't mean that some fiend of a manufacturer has stoned or distressed denim beyond its already abused limits.

We're talking figures, as in dollars and cents. The sales of jeans — one of the most reliable upward curves in retailing of the '60s and '70s — have shrunk (excuse the expression) from an annual 502 million pairs to a mere 387 million or so.

Figures, in the other sense of the word, are alleged to have something to do with it. As the baby-boomers — who 20 years ago in their youth made jeans practically a uniform — have grown older, and bigger, they are inclined to encase their bodies in less skintight clothing, like jogging suits, capable of parking five or 10 extra pounds without a trace. Well, almost.

A couple of footnotes ought to be written to the history of jeans before sales simply drop out of sight to, say, a mere 200 million pairs a year. First, jeans were not the invention of the estranged middle class of the '60s. Jeans — then known as dungarees — were in fashion back in the early '40s on the very best Ivy League campuses, worn in conjunction with seersucker jackets and penny loafers. Jeans went out of fashion in the '50s because, during the war, they had become identified as the swabbing

work uniform of the Navy, and who wanted to remember that?

It was only in the '60s — combined with boots, a backpack, and long hair — that jeans came to "make a statement," as the saying goes, serving as the first humble clothing since Puritan homespun to send a reverse signal of spiritual elitism. Boy, were the Philistines known as parents annoyed! — until a decade later they began to wear jeans, as in designer jeans, in imitation of their children, adopting the dress as the weekend uniform of the suburbs.

In the end, alas, all clothes "statements" are reduced to chic. So much for spiritual elitism — or, even plain and simple cheap utility.

When blue jeans began to go with fur coats, what "statement" was left?

At the moment, there seems to be no clothing fashion making a "statement" because, at the moment, there seems to be no "statement" to make. In the honorable succession of rebels with a cause

(or even without a cause), one finds only skinheads, dangling Nazi paraphernalia.

At the opposite or dress-for-success end of the spectrum, the three-piece suit has become a bad yuppie joke for men, while the fur coat — the ultimate self-reward for the woman who has "made it" — is being attacked by animal rights activists as a cruel indulgence.

Who wants to be a yuppie anyway, now that the breed exists only in the time-lag zone of TV sit-coms?

The fading of blue jeans appears to coincide with a period in which life has become a costume party. Clothes, rather than "making a statement," express only bored whims.

In a revealing remark, designer Eleanor Brenner said the goal of her fashions is to help the customers say, "I like who I am."

Have clothes as a "statement" ever hung looser, vaguer than that?

In the matter of clothes as "statements," we appear to have fallen into still another case of "double-speak."

Melvin Maddocks is a columnist for The Christian Science Monitor.

Campus Comics

Fred

by Matt Lewis



Calvin and Hobbes

by Bill Watterson



BLOOM COUNTY

by Berke Breathed



CLONING AROUND

by Dave MacLachlan



Doonesbury

BY GARRY TRUDEAU



Visit

(continued from page 1)

bachew drew praise from Reagan and Bush for his announcement of a unilateral, 500,000-man reduction in Soviet troops and cutbacks in artillery, tanks and planes.

Expressing gratitude to Reagan and Bush for U.S. offers of earthquake help, Gorbachev said, "I would like to thank them and thank the American people for those feelings and for their readiness to give assistance in this difficult hour."

Reagan, in his farewell telephone call, expressed "deep personal sorrow" over the earthquake tragedy. The president, speaking from his second-floor living quarters in the White House, also told Gorbachev their meeting on Wednesday was "very useful ... for both sides."

Mitchell

(continued from page 1)

the large agricultural corporations rich.

Several citizens expressed concern over why the United States provides a large amount of federal money for the defense of other nations.

One member asked why the Japanese government hasn't taken more effort to expand its defense budget.

After World War II, the United States rewrote the Japanese constitution, allotting 1 percent of its federal budget to defense, said Mitchell.

Today, because Japan has a democratic type of government and competing political parties, attempts to adopt new policies are increasingly difficult.

"Because they have their own democratic process, democracy doesn't function as each individual thinks it should," he said, adding that policies have to be adopted by a majority as in the United States.

Mitchell was asked if Congress will take a harder look at human rights issues, particularly in Nicaragua, a Central American country.

He said there is a possibility that Bush will not follow similar policies of the Reagan administration in Central America.

Mitchell said it's difficult to assess policies when countries are in the middle of civil war. The internal conflicts, he said, began more than 160 years ago, when the republics gained freedom from Spain, their colonial ruler.

An elder member of the audience, who said he had just celebrated his 65th birthday, was concerned about the inflated cost of Medicare.

Mitchell explained that for the first time in history, Medicare premiums will be related to income.

"People with higher incomes will pay a higher premium, and lower incomes will pay a flat premium," he said.

Mitchell said the Medicare program is broken down into two expense brackets: hospital expenses and other medical expenses like doctor bills.

Of those other medical expenses, 75 percent are paid for by general revenues — excise and income taxes — while 25 percent are paid to the program by the elderly.

"You're getting \$4 worth of coverage for \$1," said Mitchell.

Sports

Troy: UMaine student on steroids

by Joe Grant
Staff Writer

Editor's Note: This story is the second in a two part series on steroids and the University of Maine.

The usual conotation of a steroid user in the eyes of many Americans has been the athlete, trying to find an easier way to attain his or her goals.

A University of Maine student, Troy, who asked to have his real name withheld, was not an athlete but had his own first hand experience with steroids. "I took them for about eight out of 11 months during my freshman year. My

only worry (when I started) was that I heard they give you a ton of zits."

Troy was a weightlifter but found their was a definite distinction of the people in the weight room.

At 190 pounds, he found himself closer to the lower end of spectrum. "I use to see the size of the guys in the weight room. You would never see the big guys talking to the little guys."

So Troy decided he wanted to get big. Over the 11-month period he reached a top weight of 248.

His size increased along with his temper and aggressive behavior but he still thought he wasn't big enough.

"As I got bigger I got in more fights.

It gave me a complex that I had to get big. I thought I was skinny but everyone around me was mortified by my size."

When he was working out, Troy said "I had a good portion of the gym watching me."

Finally after he and his girlfriend of two years broke up and he broke his hand in a fight, Troy decided he had had enough and quit.

He said "being on is the best but it's so addicting." Other side effects, however, began to take their toll when he quit.

"I got extremely moody and exhausted when I stopped. I would sleep

Troy said when he began he was using only one type of steroid during a cycle, which lasted between 8-12 weeks.

Later he was doing two and three during the same cycle.

He also said that the steroids came in both pills and shots. Winstrol-V was one of the approximately 10 brands which he used and was available in both pills and shots.

"On a bottle (of Winstrol-V) it says 'For cats, dogs and horses. For veterinary use only,'" Troy said.

Availability of a variety of steroids, according to Troy, was no problem at

Nursing Handbook tells of steroids and side effects

by Joe Grant
Staff Writer

Over the 11 month period Troy used steroids, he could name 11 different types he used. The following are a few of them and information about them from Nursing Handbook put out annually by the Springhouse Corporation.

Human Chorionic Gonadotropin: A substitute for luteinizing hormone, this stimulates ovulation in women while in men, promotes the secretion of gonadal steroid hormones.

Side effects include headache, fatigue, irritability, depression and restlessness. Troy said he used it when he finished a cycle so his body's hormones would serve the functions in his body where the steroids did before.

Winstrol-V: This is one steroid that

is not in the drug handbook. It is used in cats, dogs and horses as an appetite stimulant.

Oxandrolone: Also known as Anavar, it promotes tissue building processes reverses catabolism. Medically it is used to combat catabolic effects of corticosteroid therapy, osteoporosis and prolonged immobilization.

Potential side effects in women include acne, edema, weight gain, oily skin and hoarseness. In prepubertal males, acne, priapism and growth of body and facial hair are common. In postpubertal males, testicular atrophy, oligospermia and impotence.

Other steroids that have similar effects and adverse reactions as Anavar include Anadrol-50, testosterone cypionate, testosterone enanthate.

"I got extremely moody and exhausted when I stopped. I would sleep between 12 and 14 hours in a night..."

"Troy" (steroid user)

between 12 and 14 hours in a night and it seemed like I didn't get any."

Troy also told the story of when he was near the his peak weight. He was driving home after a workout and there was a guy riding a bicycle on the side of the road in front of him.

When he yelled at the guy to get out of the way, the rider came back with a few comments of his own.

"I got out of my car and knocked the guy off his bike. I threw the bike in the woods and started chasing him as he was yelling 'don't hit me, don't hit me!'. At that time I weighed 247."

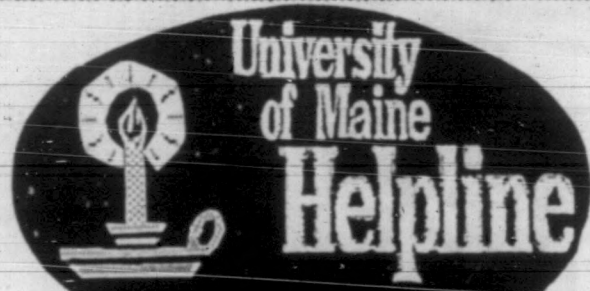
He said the variety was high because different drugs worked in different ways.

the time he was using. "I could walk across campus, pay for them and have them in three weeks."

"There are so many different steroids it's not even funny. Some of them, like Dianabol and Androl, increase mass by retaining more water where some like Anavar help you tone up."

Troy was forced to quit for two weeks after he was in a fairly serious accident when he broke bones in his cheek and jaw. He weighed 235 when he went into the hospital.

"I dropped to 217 in two weeks and it took me two weeks to get back to 235. I weighed 248 within a month."



ATTENTION HELPLINE VOLUNTEERS! GROUP INTERVIEWS

- | | |
|--------------|--|
| December 10: | Saturday 2-4 PM Hilltop Conference Room |
| December 15: | Thursday 5:30-7:30 PM Room 11A Fernald Hall |
| December 16: | Friday 3-5 PM York Private Dining Room |

Interview Sign-up Sheets at Cutler Health Center
Room 129, Helpline Office Door

Please sign up to attend one of the group interviews.

A completed application and attendance at one of these interviews is necessary to be considered.

FOR FURTHER INFORMATION:

Call the Counseling Center at 581-4020
Wednesday, Thursday, and Friday 9-12 AM
Ask for Julie McDonald or Lois Latour

I.V.C.F.

InterVarsity Christian Fellowship

meets TONIGHT at 6:30pm in the
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This week's talk will be by
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Women's team confident

by Dan Bustard
Staff Writer

In its last road trip of December, the University of Maine women's basketball team will be riding a wave of optimism into the Virginia Commonwealth Tournament tomorrow and Saturday.

Buoyed by the play of senior tri-captain Kelly Nobert, the Black Bears go into their 6 p.m. game against VCU with the highest level of confidence Head Coach Trish Roberts has seen so far.

Nobert, who did not see little action in the Downeast Auto Classic Nov. 25-26, logged 64 minutes in the two games during the Michigan State Holiday Classic last weekend, in which UMaine finished second to the host school.

Roberts also cited the improved play of freshman Tracey Frenette and junior Diane Nagle.

"You wouldn't recognize this as the same team you saw in the Downeast Auto Classic," Roberts said.

Duke University and the University of Connecticut will face off in the nightcap at 8 p.m., with the consolation game tomorrow at 2 p.m. and the championship at 4 p.m.

VCU currently stands at 4-1 and looks

to the play of 5-9 guard Kelly Hoover and 5-9 forward Lisa Stielter. Hoover is averaging 15.4 points a game with Stielter adding 11.8 points and 7.4 rebounds a contest.

UConn is undefeated at 4-0, including wins over Seaboard Conference teams Boston University, Hartford and Central Connecticut.

Since winning the Downeast Auto Classic, Duke hasn't slowed down a bit and looks to be the favorite to win. Led by 6-4 center Sue Harnett, the Lady Blue Devils are 6-0.

The Black Bears are 2-2 behind the play of 6-0 sophomore center Rachel Bouchard, who is averaging 16 points and 9.8 rebounds a game.

Even though Bouchard is a key both offensively and on the boards, point guard Cathy Iaconeta leads the team in minutes, playing in all but three minutes of the four UMaine games.

Iaconeta is second in scoring with 8.8 points a game and first in assists with 15. Victoria Watras is next at 8.5 points and six rebounds a game.

UMaine returns to this state next weekend to host Georgia Tech, Howard and Harvard in the Augusta Tournament and Dec. 28-29 Providence, Georgia State and Massachusetts in the Bath Iron Works Classic in Portland.

Swim teams to face St. John's Saturday

by Kim Thibreau
Staff Writer

Saturday will be a day of firsts for the University of Maine men's and women's swim team when they face St. John's University.

The men's team will be swimming against St. John's for the first time at the Stanley M. Wallace Pool. The women's meet will mark the first meeting between the Black Bears and the Redmen.

The women's meet will begin at 10 a.m. and the men's meet will follow at 1 p.m.

The men's team enters into their meet with a record of 2-1. Head coach Al Switzer is optimistic about the meet, but knows there could be some trouble for the Black Bears.

"St. John's has good individuals. But, their question mark is their depth and their distance freestyle," Switzer said. "It could be a real dog fight in the stroke events."

Junior Russ Verby, freshman Todd Dyer and sophomore Brad Burnham will produce Maine's strength in the distance freestyle, the

events where the Redmen have trouble.

Diving for the Black Bears will be senior Brad Russell and freshman Rick Keene. This event could prove to be an interesting point of the meet.

"They (St. John's) have a couple of descent divers. It'll be a good contest," Switzer said.

The women, undefeated in the New England Women's Inter-collegiate Swim and Diving Association with a 3-0 record, will also be facing a tough meet.

"This will be a substantial challenge and we need it to bring out the best in ourselves," head coach Jeff Wren said.

Earlier this season, St. John's beat Providence College by a close margin. The Black Bears also had a close meet with Providence, coming out victorious.

"St. John's has very good people. They don't have big numbers but they have the capability to put one solid swimmer in every event," Wren said.

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DRUMMOND Chapel
(3RD FLOOR UNION)

Chris Stevens, Dana Williams,
Tom Clutick - Worship Leaders

Sponsored by Maine Christian Assoc.

NOTICE NOTICE NOTICE NOTICE

TUB'S Blindfold Tree Decoration Competition
scheduled for **SATURDAY Dec 10th**, has been
CANCELLED. Sincere apologies for those who
had planned to attend.



BUT: Please remember Christmas Caroling will still begin at 6:30 p.m. ON
Sunday Dec. 11th. Meet in front of the union, then we will work our way around
campus and return to the union where there will be holiday cookies and hot
cocoa in front of a roaring fire in the Coe Lounge.

EVERYONE IS WELCOME!