MESSAGE FROM THE SELECTMEN

To the residents and friends of Vienna:

The selectmen sent out a special edition of the newsletter before the election recommending a No vote on Question #1. We also felt it was important to let people know that our SAD #9 School Board had passed a resolution against it. We honestly thought this was no different than recommending a dollar amount or yes or no vote in our budget warrant for town meeting. We felt that a Yes vote on #1 would adversely affect our town budget.

We did hear from two people in town who thought that the newsletter was an inappropriate use of tax payer's money. Therefore, the three selectmen have paid for the special edition with our own money.

Selectmen’s Meeting Minutes

September 5, 2006

1) Minutes of last meeting read and accepted.

2) Road Commissioner Linwood Meader, Jr. brought a price quote from Morton Salt for the road salt - $55.80 per ton delivered. Last year we used 225 tons.

3) Someone called from New Sharon expressing his concerns about the “guard rail” system on the big culvert on Tower Road. Junior will call DOT and get someone to look at it and give us alternative ideas.

4) Bids were opened for the retired town boat trailer. This trailer is being sold for parts only. The winning bid was $100.50 from Steve Lilley.

5) The selectmen signed a new three year contract with Scott Laliberte and Jamie Betit of Riverside Disposal in Augusta for the town's waste removal. The terms of the contract are:

   2006-2007 - $31,500
   2007-2008 - $31,500
   2008-2009 - $32,445

   a. Scott would like to set up a meeting, probably in January, with the selectmen and the Merry Dumpsters to discuss e-waste, i.e. computer monitors, TVs, florescent light bulbs, etc. and the latest rules and regulations.

6) Warrant #17 was completed and signed.

At the meeting: Dodi Thompson, Chris Smith, Brian Church, Steve Lilley, Linwood Meader, Scott Laliberte, Jamie Betit.

September 12, 2006

1) Selectmen signed a contract with Gwen Hilton for her consulting services and work with the Comprehensive Plan Committee.

2) Finalized the Tax Commitment, setting the

(See Selectmen Meeting, on page 2)
Selectmen Meeting from page 1

2006 mil rate at .02072 which is the same as 2005. This means that the second tax bills will be the same amount as the first one as we used the 2005 figure as the estimated mil rate.

At the meeting: Dodi Thompson, Chris Smith, Brian Church, Linwood Meader, Marti Gross, Gwen Hilton, Sue Burns, Misty McKechnie.

September 19, 2006

1) Linwood reports that the ditching is all done on Ithiel Gordon Rd. The new culvert is all done on the Kimball Pond Rd. We still have some ditching to do on the Bean & Cumner Rd. Linwood is having a hard time finding an operator for a grader.
2) Warrant #18 was completed and signed.
   At the meeting: Chris, Brian, Linwood.

October 3, 2006

1) It was reported that Barry Emery has completed the job of painting the roof of the town house. Barry will be paid as an independent contractor. There was a discussion about workers being paid as contractors or as town employees. Contractors must have their own insurance and provide the town with a certificate of insurance. All rates for those paid as town employees (elected or appointed town officials, firefighters, etc.) are set at town meeting.
2) Received a letter from Jonathan R. Luce Attorney At Law. Raymond Cliche is selling his property Map/Lot 002-007 to Darren C. & Tanya L. Ridley. All taxes have been paid on the property; the selectmen will sign a quit claim deed to remove any liens.
3) Ervin Bean has completed the mowing the sides of the road and the old dump.
4) Linwood reports there is a beaver dam down on the far end of the Stream Rd. The dam is on McGurdy Stream. The water is going to be a problem. Linwood will contact the Game Warden...
   We are also having a problem with the culvert at Parker Pond on the Tower Rd.
6) The Town of Vienna is required to put a special phone line in the community room for the new system for vision impaired voters. The state will be paying for this. More info to follow.
7) Read Minutes from past (2) meetings.
8) Warrant # 19 was completed and signed.

At the meeting: Dodi, Chris, Brian, Linwood, Marti

October 17, 2006

1) Read minutes from October 3. Approved as amended. There were no minutes from the October 10th meeting.
2) Down East Energy will clean the furnace at the town house and Community Building on November 9th.
3) Dodi reported on the town house committee meeting of October16. The town house committee has voted to pay off the loan for the property around the town house. Dodi will get the payoff figure from TDBanknorth. Libby Harville has resigned and Becky Hooper has joined the committee.
4) Linwood is getting things ready for putting up our sand and salt for the winter. We have a couple of culverts that need to be cleaned out.
5) John Archard, Code Enforcement Officer, recommends that we file a complaint against Bradley Googins and Ridgely Fuller. The Board of Appeals had given them until September 30 to take down the tree house on their island on Flying Pond.
6) Laura Reville has informed the selectmen of her intent to resign as Town Report Editor, effective now.
7) Warrant #20 was completed and signed.

At the meeting: Dodi, Chris, Brian, Linwood, John Archard.

October 24, 2006

1) Linwood reports that we need to order a new road sign - Swenson Lane.
2) The selectmen signed a letter to the Waterville District Court appointing John Archard to handle the Googins/Fuller complaint for the town.

3) The selectmen went over several sections of the “Comprehensive Plan” with Gwen Hilton.


November 7, 2006

1) Fire Chief Steve Lilley informed us that the Fire Department will be taking the bell and siren off the front bumper of “82”, as it is causing damage to the truck.

2) Warrant #21 was completed and signed.

3) The selectmen have signed a new three year contract with Waste Management Disposal Services of Maine Inc. in Norridgewock for disposal of our trash.

4) The three selectmen have paid for the recent special edition of the Vienna Town Record that went out before Election Day.

Present: Chris, Brian, Steve

November 14, 2006

1) Brian brought in the money from chimney cleaning - $725. These donations were accepted by the selectmen and will be put into the Fire Department Operating Expenses Account sub account Chimney Cleaning.

2) It was reported that the town had around 70% turnout in the recent election.

3) The mail was opened, discussed and/or dispersed.

At the meeting: Chris, Dodi, Brian

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Note From Riverside Disposal

In order to avoid disruptions in your trash service, please be sure that your trash is out no later than 7 A.M. on your collection day. Our routes can vary slightly due to extra work, weather, or mechanical problems, so this will prevent missed service. If you choose to put your trash out later that this please note we will not be responsible for going back to pick up missed stops.

Also, please keep cans covered to prevent heavy and dangerous ice build up inside of the can.

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Nomination Papers Available

Nomination papers for elected town officials will be available on December 16, 2006. The papers must be returned by January 29, 2007.
Strength in Numbers:  
Support Vienna’s Local Economy

Vienna has a vibrant and diverse business community. The Mt Vernon/Vienna Business Guild (MVBG) is a coalition of these locally owned, independent businesses and community members working together to further develop the economic vitality of Vienna and Mt. Vernon while enhancing and preserving their unique character.

The MVBG is in the process of updating its highly popular Mt. Vernon/Vienna Business Directory which was last published in the summer of 2004 and is free to residents and friends of Vienna. This directory is not only a great way to promote local businesses but will help Vienna resident’s become aware of opportunities to buy products and services locally.

To be included in the upcoming directory and to become a member of the guild, area businesses should send their business contact information and a short description of your product or service to Becky Hooper at 54 Egypt Pond Road, Vienna. (A business card is a great way to get your information to Becky with little effort). If you have any questions, please do not hesitate to contact Becky at 293-3163 or bhoop54@fairpoint.net.

Becky will be organizing a meeting of area businesses to discuss the directory and to give everyone an opportunity to make a donation to defray the printing costs.

Help our community to prosper and contribute to a diverse, healthy and stable local economy.

Vienna Planning Board is Looking for a New Member

Creston Gaither, Secretary of the Vienna Planning Board reports that the planning board has a vacancy.

The planning board administers the Town’s land use ordinances—subdivision, shoreland zoning, etc. The board normally meets once a month (in the evening) and makes perhaps one or two site visits during the average month (this varies with the seasons). Attendance would be important; knowledge of one or more aspects of land use (ecology, the law, building and development trades, etc) would be helpful.

Current members are Bob Bassett, Nanou Laliberte, Creston Gaither, Waine Whittier, and Alan Williams. Muffy Floyd has resigned, leaving the alternate position open. The alternate member can only vote when designated to replace a full member in that member’s absence but can join in all the discussions, etc.

Anyone wishing to volunteer should contact the selectmen.

Save Money on Dog Licence

According to Vienna Town Clerk, Connie Simth, if you licence your dog before February 1st you can avoid late fees. The cost to license your dog is $6.00 for a neutered or spayed dog and $10.00 for those that are not neutered or spayed. January 31, 2007 is the LAST DAY to license your dog without a penalty. Late fees will be attached beginning Feb. 1, 2007.
Aquaculture: Around the World and in Maine

“Aquaculture: Around the World and in Maine” is a look at aquaculture in Maine and how it fits into a world and historical context. The presentation designed by Mr. Pietrak of the Maine Aquaculture Association looks at the long history of aquaculture and the more recent global impact of aquaculture on the world and US seafood supply. Using this as a background the presentation then looks at the impact of aquaculture on Maine and examines the diversity of aquaculture operations in the state. Finally, it looks at current regulations and policy on aquaculture and answers some common questions and misconceptions about salmon aquaculture. In describing his presentation Mike was quoted as saying, “I hope to inform the public about aquaculture in Maine, while putting it in a global and historical context.”

Mike Pietrak has been the Project Manager for the Maine Aquaculture Association for the past three years. While working for the association, he has overseen the development of the Containment Management System or CMS, a program designed to minimize the risk of farmed salmon escaping into the wild. The CMS was developed jointly by the salmon aquaculture industry, environmental organizations, and state and federal regulators and is now a required part of the state discharge permit. Some of Mike’s other projects include conducting field trials on various marking techniques, developing oyster inventory techniques, public education presentations and assisting Maine’s aquiculturalists with the many challenges they face. Prior to working for the Maine Aquaculture Association, Mike completed his Masters degree in Marine Biology at the University of Maine, which focused on control of sea lice on farmed salmon populations.

If you have any questions or would like to discuss scheduling a talk please feel free to contact Mike Pietrak at 207-622-0136 or mpietrak@att.net

Aquaculture: Around the World and in Maine

presented by
Mike Pietrak

Friday
Dec. 1st
7:30 p.m.

Mill Stream Grange

Mike will look at the history of aquaculture and the more recent global impact of aquaculture on the world and US seafood supply. He will also focus on the impact of aquaculture on Maine and the diversity of aquaculture operations in Maine. A pot luck supper will be at 6:30pm followed by Mike’s program at 7:30 pm. All are welcome.
Have you heard?

The Vienna Record

December 2006/January 2007

You better watch out, you better not pout, you better not cry, I’m telling you why...

Santa Claus is Coming to Town

He will be at the Mill Stream Grange, Rte. 41 in Vienna Village on Saturday December 9th from 2:00 - 4:00 pm

For Kids Young and Old! Refreshments will be served & there will be simple crafts for the kids. Please join us for an afternoon of old-fashioned fun and Holiday spirit. Pictures with Santa available for a small donation. Snow date December 16.

2006 Christmas Revels

Drama, Music, Clown, Santa, Elves, Horns, Fiddles!

Saturday, December 16th
2:00 P.M. and 7:00 P.M.
Mt. Vernon Community Center

(Please call 293-2383 to reserve seats for either show)

Festivities sponsored by the Eleanor Philbrick Memorial Fund for the Arts

January 18 & 19, 2007

AARP Safe Driving Course
9:00am-2:00pm each day

Cost: $10.00

By Maine State Law, if you take this course, are 55 or older, maintain a clear driving record, retake every three years, you MUST receive a reduction off your auto insurance (currently running 5%) Call the Cohen Center at 626-7777 for information and to pre-register. Don’t let this opportunity pass you by. Snow dates January, 25 & 26.

Indoor Walking Paths at Longfellow’s Greenhouses on Puddledock Road, Manchester – Lovely place to walk in bad weather!

Free Blood Pressure Checks

Winthrop:
St. Francis Parish Hall, on the 2nd Thursday of the month, 8:00-9:00 am.

Mr. Market, on the 2nd Tuesday of the month, 9:30-11:00 am.

Congregational Church, on the 2nd Friday of the month, 11:00 am-12:30 pm.

Healthy Futures Office, every Wednesday 9:00-11:00 am or any other time an RN is available. Also a digital cuff is available for you to check your own BP, whenever the office is open, generally 9:00 am-2:00 pm, Monday through Friday.

Wayne:
Senior Luncheon, on the 1st Friday of the month, September through May, at 11:00 am, prior to the luncheon.

Manchester:
Longfellow’s Greenhouses on the 3rd Tuesday of the month at 1:30 pm.

Before traveling to one of the sites, check with the Healthy Futures offices at 377-5377 to confirm the dates and times, in case any changes.

Free Files for Life

These are red plastic holders adhere to the outside of your refrigerator via a magnetic backing. In them is a sheet of paper that you fill out with emergency contact information, medical information, doctor, etc. Also included is a red sticker for your entrance way alerting people that you have this information and there is a smaller piece for your purse or pocket. Police and Fire personnel look for this information as it is very helpful to them if you need their assistance. Great for all ages. These are available to you from the Southern Kennebec TRIAD via the Cohen Center at 626-7777.
Hot off the press from Move More. Here are a few good ideas for healthy eating during the fall and winter months. They work well in the spring and summer, too.

Eat more fruits and vegetables! A recent study showed that every extra fruit or vegetable eaten daily could cut the risk of heart disease by four percent. People in the US currently eat only an average of 3 fruits and vegetables per day. We all know that fruits and vegetables are good for us, but how do we squeeze more of them into our daily diet?

1. **Stock smart.** Stock your pantry with frozen vegetables. They can be as nutritious as fresh veggies because they’re picked at their peak, when they are the most nutrient-rich. Frozen vegetables are flash-frozen, which seals in the nutrients until the veggies are thawed.

2. **Make a better bowl.** Add vegetables, such as carrots, peas, chopped spinach, or beans, to every soup you make.

3. **Dress it up.** Garnish a cheese pizza with mushrooms, peppers, spinach, and broccoli.

4. **Simplify salad.** For an instant, perfectly dressed salad, fill a plastic storage bag with pre-washed, precut romaine lettuce or mixed greens, add a tablespoon of olive oil and a splash of lemon juice or balsamic vinegar, and shake.

5. **Be prepared.** Keep your kitchen stocked with vegetables that keep well, such as carrots, celery, onions, cucumbers, squash, and garlic. That way, you’ll always have produce on hand even when it’s tough to get to the store for more perishable items.

6. **Make it quick.** To save time, buy precut vegetables.

7. **Snack safely.** Put raw vegetables out on a plate while you’re making dinner so you can snack on them instead of higher-calorie temptations such as chips or other starchy foods.

8. **Let off steam.** Lightly steam vegetables in a stovetop or microwave steamer for 3 to 5 minutes, until the color turns brighter (this is the point at which they’re most nutritious). Then eat the crisp-tender vegetables either hot with the meal or cold as a snack.

9. **Make soup an entrée.** Add frozen stir-fry vegetables to canned chicken broth and heat for about 5 minutes for a quick, nutritious soup. Add soy sauce or miso paste for an Asian flavor.

Avoid snacking while bored, tired, or angry. Do you tend to eat when you’re in these situations? If so, make a list of other things you can do in those instances, and post it on your refrigerator. Your list may include calling a friend, taking your dog for a walk, knitting, organizing your photos, or spending time on an old or new hobby. If you’re reaching for food because you’re physically hungry: eat fresh, tasty foods and enjoy!

### Fruits & Vegetables

| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
| Apple | Banana | Broccoli | Carrot | Cucumber | Garlic | Peaches | Pear | Peppers | Spinach | Squash |

By Betsy Bransky
North Vienna Methodist Church

Sunday Worship
9:00 am
Pastor: Ned Crockett

Vienna Baptist Church

Sunday Worship
10:30 am
Pastor: Everett Maxim

“Blessed is the season which engages the whole world in a conspiracy of love.”

HAMILTON WRIGHT MABIE

The Vienna Record prints
Free Notices
for
Local Civic Groups

Norma Wing

293-3725
normawing@prexar.com
Vienna Planning Board

MEETINGS

The Vienna Planning Board meets on the 4th Wednesday of each month at 7:00 pm at the Vienna Town House Route 41, Vienna, Maine

For more information, call Waine Whittier, Chair at 293-2072 or Creston Gaither, Secretary at 293-2909

www.viennamaine.org

What is a Comprehensive Plan?

A document of how and where we want Vienna to grow and change. It is built on the previous plan with up-dated information.

Maine towns and cities began writing comprehensive plans in 1918 to help direct growth. As populations grew, formally rural towns sometimes began to see growth they had no way to handle. They began to see taxes rise, ponds deteriorate, roads become congested, and the rural character of their towns slip away. Comprehensive plans created a way to, not only plan for that growth, but ensure that decisions were not made arbitrarily, unfairly, or without attention to documented needs.

FIRE DEPARTMENT & AUXILIARY

Training
3rd Thursday of every month
6:30 pm
at the Fire Station

Business Meeting
2nd Thursday of every month
7:00 pm
at the Fire Station
(Auxiliary meets in the small office)

Vienna Comprehensive Planning Committee

Meetings
are on the
2nd & 4th Thursday of each month
at 7:00 pm
at the Vienna Town House
### Board of Selectmen:
- Dodi Thompson 293-2670
- Chris Smith 293-3383
- Brian Church 293-3892

### Town Clerk/Tax Collectors:
- Connie Smith *(by appointment only)* 293-3383

### Treasurer:
- Marti Gross 293-2552

### Road Commissioner:
- Linwood Meader, Jr. 293-2270

### Harbormaster *(Lake Warden)*:
- Matt Moore 293-3686

### Animal Control Officer:
- Donald Tibbetts 293-2915

### Game Warden:
- 624-7000

### Vienna Fire Department:
- Steve Lilley, Chief 293-9308
- Brian Church, Deputy 293-3892
- Mark Holmes, Asst. 293-3572
- Peter Byrnes, Asst. 293-2706

### Code Enforcement Officer & Plumbing Inspector:
- John Archard 293-2674
- David Giroux, Alt. 685-9877

### Health Officer:
- Trish Leighton 293-4324

### Winter Road Contractor:
- Lenny Meader 778-3022

### Addressing Officer:
- Laura Reville 293-3156

### Life Star Ambulance Board:
- Debbie Byrnes, Rep. 293-2706

### Planning Board:
- Waine Whittier, Chair 293-2072
- Creston Gaither, Sec. 293-2909
- Alan Williams 293-2620
- Lional Laliberte 293-2097
- Bob Bassett 249-2814
- Muffy Floyd, Alt. 293-2148

### Comprehensive Planning Committee:
- Susan Burns, Co-Chair 293-2790
- Kevin Umlauf, Co-Chair 293-4590
- Ed Hinkley, Sec. 293-2051
- Peg Lang 293-4899
- Libby Harville 293-2362
- Bob Weingarten 293-2630
- Norma Wing 293-3725

### Board of Appeals:
- Marie Kohtala, Chair 293-2534

### Merry Dumpsters *(Recycling Board)*:
- Hillary Hutton, Chair 293-3686
- Steve Richardson 293-2610
- Ann Gibbs 293-2610
- Diane Friese 293-2713
- Muffy & Jim Floyd 293-2148

### Recreational Land Committee:
- Dodi Thompson, Chair 293-2670

### Municipal Cemetery Sexton:
- Ernestine Emery 293-2323

### Board of Appeals:
- Merry Dumpsters *(Recycling Board)*:
- Jay Recycling Center 897-5552
- Norridgewock Landfill 634-2714
- Riverside Disposal 623-2577

### School Board Representative:
- Kevin Umlauf 293-4590

### SAD #9:
- Cape Cod Hill School 778-6571
- Mt. Blue High School 778-3031
- 778-3561

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*THE VIENNA RECORD* 10  December 2006/January 2007
Placing an ad in the Vienna Record will help support your community newsletter and promote your business. For more information, call Norma Wing at 293-3725 or email normawing@prexar.com.

**Health Related Issues, Personal & Entrepreneurial Coaching**

**Betsy Bransky, BS, CHES**

**Wellness Coach**

Certified Health Education Specialist  
Certified Teacher of the Enneagram  
Call 207-293-2316 or E-mail bransky@maine.edu

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**Mick Bransky, MA, Ed.D.**  
Counselor, Coach & Consultant

PO Box 95  
Vienna, ME 04360  
or  
223 Main St., Suite 10  
Farmington, ME 04938

Phone: 207-293-2316  
Email: bransky@maine.edu

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**KIMBALL POND BOAT BARN**

“WOODEN BOATS KEPT AFLOAT”

WOOD-CANVAS CANOE RESTORATION

BOB BASSETT  
21 DAY ROAD  
VIENNA, MAINE

kpboatbarn@yahoo.com  
207-249-2814

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67 Klir Beck Road  
Vienna, Maine 04360  
(207)293-2951

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**FALL & WINTER HOURS**

Wednesday thru Friday  
6 am - 2 pm  
Saturday & Sunday  
8 am - 2 pm

**Monthly Dinner & Music Nights**

Saturdays  
5:30 pm - 9:00 pm

**December 9th**

John Pino & Dale Perkins  
January  
Call for info.

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**THE VIENNA RECORD**

December 2006/January 2007

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