Office for Diversity and Inclusion Newsletters, Spring 2022

Anila Karunakar
Office of Diversity and Inclusion

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Today, we honor one of the greatest Civil Rights Leaders in our Country, Dr. Rev, Martin Luther King. A day also known as a Day of Service.

I'll be honest. At first, I felt a little uncomfortable and confused. Instead of using this day (and everyday) to center the history and contributions of Black resilience and brilliance in making America what it is today. Why should I rush to busy myself to ‘rescue/save’ (serve) on this one day so I could feel better about ‘doing’ something. How does this honor Dr. King?

I spent some time reading through a few of Dr. King's speeches to prepare for this statement, He knew what he was talking about and to whom he was talking. Whether he was talking about access to education, equity, addressing people at church, or speaking to thousands about a dream, Dr. King knew his people, because he served them, and he served with them. He walked with, listened to, and suffered alongside the very community he was serving. It was not just one day. Dr. King practiced service every day that it became his lifestyle. Folx listened and followed him because he was a man of integrity in action. He spoke about non violence because he experienced violence right alongside others. He spoke about wanting to create a “beloved community” of justice, equity
and peace. I think he truly believed this could be done because he saw humanity in the oppressor and dignity in the oppressed. Dr. King dared to envision a world that was so audacious because, I believe, he saw glimpses of it in his everyday life of service.

So how do we serve, even one day, let alone have it become our lifestyle? During a pandemic and trying to juggle life?! Maybe I am overthinking it. Maybe, perhaps, I just need to look up for a moment. It could be as simple as an email, a text, sharing a fresh batch of cookies/food (within the CDC protocols, of course), donating a pair of gloves or socks or a can of soup, being kind to those who serve us at the dining hall, thank those who salt our walkways and shovel the snow, sharing a TikTok video that made you laugh out loud, and even being kind to yourself.

I like that we are able to associate Dr. King’s legacy by leaning into our community. I am able to honor Dr. King by serving my community. In what ways are you willing to check in with your community?

If your are looking for opportunities to serve our community, please check out UMaine’s Bodwell Center for Service and Volunteerism by clicking the link here. You can check out what our community is honoring Dr. King by clicking directly on the links below.

AmeriCorps MLK Day of Service Information

The State of Civil Rights in Maine Webinar

MLK and His Legacy: What His Message Means to UMA

A Special Screening of the Selma Movie at the Colonial Theatre

Children’s Museum & Theatre of Maine MLK Events

Bates College Community-Wide MLK Events

Belfast, Maine Community-Wide MLK Events

May we all aspire to lift each in service to each other. Stay tuned to our next newsletter as we detail all of our Black History Month’s events!

Stay warm and be safe.

Sincerely,

Anila Karunakar (Sher, her, hers)

Director for Diversity and Inclusion
Hello Black Bears!

A hearty welcome to the Spring Semester of 2022. If you are like me then you welcome this is year with a strong sense of cautious...umm...optimism. I mean, I was pretty optimistic until Omicron. What tipped the scale was the new Progressive Ad!

The tongue-in-cheek tagline throws shade to folx who are 'turning into their parents'. First, what is wrong with that?! I'll admit, I first laughed out loud. But then, I did not want to see it again. This advertisement, and others like it, reinforces ageism! It reinforces the brushing aside the mannerisms, the impacts, and even the visibility of our elders. We see these attributes reinforced in every day culture where where we are overwhelmed by youth, and youthfulness. We no longer see examples or hear narratives that support and honor the elderly. I hail from culture that equates age with wisdom, respect, and honor. Growing old is natural, and therefore so important to show how society can allow the flourishing and thriving of mature aged individuals. So instead of making fun or or discouraging or brushing them and their mannerism off, why don't we honor our elders by gleaning from their life experiences and learning of their resilience. I must confess that there are some lessons that we can leave in the past - it can stay there - we honesty know better to do better!! We can leave that ideology in the past and make room for their brings in our lives. So, if we want a more equitable society, then that place must include individuals from all age ranges to be represented and supported together.

As you spring ahead into another year, we already have a few lessons we need to keep in mind. Wear your mask. Wash your hands. Be encouraged to get vaccinated. Be kind, be compassion to your elders. Give them dignity. (I mean, getting old, it's in your future as well!) :)

Please take a moment and scroll all through our amazing programs that are coming up THIS and NEXT week! Also, take note of the incredible ways we are highlighting and celebrating Black History Month starting February 1st.

Welcome to the Spring Semester 2022!
Anila

The Wilson Center was pleased to award UMaine's Graduate Student, Lakshya Bharadwak the Dorothy Wilson Peace Writing Prize. Here is Lakshya's essay:

Do Not Tell the Oppressed How to Seek Justice

At no point in history has justice been achieved without sacrifice and a collection of our unrelenting ancestors who detested subservience. As a descendant of brave Indian men and women who endured and often perished in the dark pits of British prisons on the Indian island of Port Blair, I refuse to rest until justice and peace are universally secured.

When Dr. King wrote in 1963 to his oppressors, he was not surrounded by luxury. He was writing from a position of extreme discomfort and lack of leverage in societal power dynamics. Above all, he was writing to justify his struggle to the oppressors who deemed the Civil Rights movement “unwise and untimely”.
When people content with the status quo of pre-Civil Rights United States were “lamenting” the demonstrations to end segregation, something that Dr. King addresses in his letter, Black and Brown bodies were writhing in pain from batons cracking against their skin, bones, skulls, and above all, their human identities. We live in a world that has been left to us by those men and women and ensuring just treatment for all is the only proper honor to their legacies.

“Justice delayed too long is justice denied.” Dr. King quoted this statement in 1963, but the relevance of his words shall never fade. As a financial economist in training, I study the time value of money and discount for the value lost due to lags in cash flows. If we are methodical enough to assign a cost to delays in cash flows, we must be humane enough to assign a cost to justice delayed.

Ronnie Long, a Black man, was imprisoned in 1976 after a trial decided by an all-White jury. The rape charges against him were found to be false after he had spent 44 long years in prison. The value of US$1000 at the current discount rate of 7% becomes, according to a Net Present Value calculation, US$ 50.95 in 44 years. Almost none of us would be interested in investing $1000 for 44 years to get a return of $50.95. Understanding this example, we can imagine how deeply traumatizing and irreversible 44 years in prison for a human being can be. This kind of profane delay, I state without any reservations, is justice denied.

Criminal justice reform has been an evergreen issue in not just the American, but the global political context. Living as an Indian in the United States, I often note flaws in the two justice systems by comparing them to each other. Of course, this method is not the most preferred one, but it gives me an angle that assists my comprehension of this social issue.

In the United States, the death penalty remains in the picture with over 2500 inmates on death row in 2020, according to Pew Research. I grant that certain crimes warrant the harshest punishments, but as long as the death penalty remains an option, there will always be a chance, statistically measured, of innocents being sentenced to death. As long as a corruptible and often failing governmental system can decide who lives and who dies, we cannot call the struggle of our ancestors a success.

Dr. King mentions how freedom is never voluntarily given and must be demanded without regard for whether a struggle is “timely” and acceptable to the oppressors. In my understanding, the oppressors do not get to dictate to the oppressed the terms of the struggle. Determining the proper course of a social movement is the prerogative of those who suffer from injustice.

Dr. King’s words apply globally. In some countries, governments have protocols for protesting, violating which can warrant jailtime. The curbing of free speech and individual liberties are systemic injustices that can only be fought with free speech and individual liberties. A struggle to ensure these elements of social justice cannot be bounded within a supposed protocol that oppressive entities stipulate.

As a Hindu, I often turn to the Bhagvad-Gita for wisdom and guidance. The Gita professes peace but encourages confronting evil so as to overcome it. Dr. King describes in his 1963 letter the first step of a social movement – identifying injustices. I connect with this letter spiritually owing to the faith that has nurtured me and my refusal to accept injustice because fighting it would be “inappropriate”. I will forever be grateful for my ancestors who were passionate in their love for peace yet firm in their resistance to hate. We shall attain peace in a civil manner, but on our terms.
## OFFICE OF DIVERSITY AND INCLUSION

### BLACK HISTORY MONTH

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Jan 27</td>
<td>&quot;Holocaust Remembrance Day&quot;</td>
<td>North Pod</td>
<td>6pm - 7pm</td>
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<tr>
<td>Jan 27, 10, 24</td>
<td>Solidarity Meeting (BIPOC Support)</td>
<td>Union Rm 314</td>
<td>5pm - 6pm</td>
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<tr>
<td>Jan 27</td>
<td>Resilience and Empowerment</td>
<td>Multicultural Student Center</td>
<td>4pm - 5pm</td>
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<tr>
<td>Feb 2</td>
<td>Black Lives Matter Flag Raising</td>
<td>1st floor Union - near the Bookstore</td>
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<td>Feb 2</td>
<td>Snack and Chat: Jen Costa</td>
<td>Multicultural Student Center</td>
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<tr>
<td>Feb 2-9,16,23</td>
<td>LGBTQ Support Grp</td>
<td>Rainbow Resource Center</td>
<td>3pm - 4pm</td>
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<tr>
<td>Feb 3</td>
<td>Decentering Whiteness: Sabrina Murray</td>
<td>Multicultural Student Center</td>
<td>3pm - 4pm</td>
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<tr>
<td>Feb 4,11,18,25</td>
<td>&quot;Starrazers of Africa&quot;</td>
<td>Versant Power Astronomy Center</td>
<td>7pm</td>
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<td>Feb 9</td>
<td>Lunch and Learn</td>
<td>Multicultural Student Center</td>
<td>12pm - 1pm</td>
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<td>Feb 10</td>
<td>Know your Rights: Sean O'Mara</td>
<td>Multicultural Student Center</td>
<td>2pm - 3pm</td>
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<td>Feb 14</td>
<td>Interracial Dating</td>
<td>Multicultural Student Center</td>
<td>12pm - 1pm</td>
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<td>Feb 15</td>
<td>Decentring Whiteness</td>
<td>Multicultural Student Center</td>
<td>3pm - 4pm</td>
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<tr>
<td>Feb 16-9,16,23</td>
<td>&quot;Slarazers of Africa&quot;</td>
<td>Versant Power Astronomy Center</td>
<td>7pm</td>
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<tr>
<td>Feb 16</td>
<td>Lunch and Learn: Frank Wang</td>
<td>Multicultural Student Center</td>
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<td>Feb 17</td>
<td>Dinner &amp; Dialogue</td>
<td>Wilson Center</td>
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<tr>
<td>Feb 17</td>
<td>Climb Night and Film Series</td>
<td>Maine Bound</td>
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<td>Feb 20</td>
<td>The Hair Care Fair</td>
<td>Woolley Room DTAV</td>
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<tr>
<td>Feb 23-4</td>
<td>Coffee Hour: OIP</td>
<td>North Pod</td>
<td>4pm - 5pm</td>
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</tbody>
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What is Zionism?

A CONVERSATION ABOUT THE RELATIONSHIP BETWEEN JEWS AND THE STATE OF ISRAEL

LUNCH AND LEARNS ARE BACK!

January 26
11am-12pm

Location:
Multicultural Student Center,
Memorial Union room 314

With guest presenters
Isabelle Mehrhoff, Ma'ayan Weiss and Tom Pinette

Free Food
All are Welcome

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JOIN US WEEKLY ON WEDNESDAYS AT 3PM IN THE RAINBOW RESOURCE CENTER (UNION 224) FOR LGBTQIA+ SUPPORT GROUP

Spring start: Jan. 26th
*On Zoom until Feb. 9th
For link email Julia Taner at julia.taner@maine.edu

This group is in partnership with the Office for Diversity and Inclusion and the University of Maine Counseling Center. This group is a private, non-confidential support group.

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Resilience & Empowerment

Let's talk about resilience as students of color and staff in an informal community space.
Food provided with activities.

DATE: 1/27 / MULTICULTURAL STUDENT CENTER / TIME: 4-5 PM
Contact sabrina.murray@maine.edu for more info!

"The University of Maine is an equal opportunity/affirmative action institution."
ODI PRESENTS

Decentering Whiteness

A three-part conversation about whiteness, allyship, & identity.

Starting Thursday, February 3 at 3-4 pm
Multicultural Student Center

If interested email
Sabrina.Murray@maine.edu
SOLIDARITY MEETING

A SAFE PLACE TO FIND SOLIDARITY! A PLACE TO SHARE AND SUPPORT EACH OTHER AS STUDENTS OF COLOR AT UMAINE

MEETING WILL BE HELD BI-WEEKLY IN PERSON STARTING 1/27/22 AT 5PM
SIGN UP VIA QR CODE OR THE LINK BELOW

https://docs.google.com/forms/d/e/1FAIpQLSdvD1OSTg3muzMPOd3W8U65PQy8Q02IHww29gj5V7_uUZ7tw/viewform?usp=sf_link

For more questions, please contact frank.wang@maine.edu
WHY DO SOME PEOPLE KNEEL DURING THE NATIONAL ANTHEM?

JOIN US FOR AN INTENTIONAL DISCUSSION!

FEB. 2 AT 2-3PM
MULTICULTURAL STUDENT CENTER RM 314
SNACK & CHAT: KNOW YOUR RIGHTS

Conversation around protesting and interactions with the police with Attorney Sean O'Mara from Student Legal Services

Thursday, February 10, 2022
Multicultural Student Center (MSC) in the Memorial Union 312

This event is free and open to everyone
Food provided

"The University of Maine is an equal opportunity/affirmative action institution"
Good Morning Friends of ODI,

Today marks International Holocaust Remembrance day, a time to globally recognize the liberation of Auschwitz-Birkenau. We take the time today to remember and honor the lives lost and the survivors of concentration camp imprisonment and genocide. These injustices were an expansion of systemic anti-semitism through a large governmental sanctioned genocide under Nazi regime. This international day of remembrance, specifically marks the date that the Auschwitz concentration camp was liberated from Nazi rule by the Soviet Army on January 27th, 1945, only 83 years ago. Today we remember the six million Jewish victims of the Holocaust who were forcibly incarcerated and subjected to forced labor and execution. Auschwitz imprisoned and murdered over 1 million people, mostly Jews, in its active period; and is the site where the Soviet Army found and liberated only 7,000 remaining prisoners on January 27th. The liberation of concentration camps continued until German surrender and the end of World War II in Europe, in May of 1945. This date, selected by the United Nations (UN) is commemorative and active in preventing future genocides, through education and action. In April we celebrate Yom Hashoah, Israels day of Holocaust Remembrance, to commemorate the six million Jews murdered in the Holocaust, and the heroism of survivors and rescuers. The date of Yom Hashoah, this year, is April 27th and 28th.

Jews were the most prominent prisoners of Nazi imprisonment, as well as non-Jewish Poles, Roma, Soviet Prisoners of War, people affiliated with the
Communist Party of Germany, LGBTQ+ individuals, Jehovahs Witnesses, habitual criminals, Czechs, people with disabilities and veterans of the Spanish-Civil War. Those imprisoned in concentration camps and ghettos, enclosed districts segregating Jews and Romas from non-Jewish areas, were subject to harsh living conditions, forced labor, and extermination. Those affected by the Holocaust are with us in our hearts today and every day.

Anti-semitism is still a threat today in the United States and here on this campus. As we witnessed in Texas this past month, the lessons of history have never been more relevant. The hostage incident at Congregation Beth Israel in Colleyville, Texas was an anti-semetic hate crime against practicing Jews at a Sabbath service on January 15th. It is important, when injustices like this occur, to validate Jews experiences with anti-semitism. A way to do this work would be to center your listening to the Jewish folks around you; if they say it’s anti-semetic, its anti-semetic.

Please take the time today to give space to those grieving personal losses and to survivors of the Holocaust. Today is their day to remember and grieve. Take time today, if you have no personal connection to the Holocaust, to educate yourself on harmful dictatorships, the Nuremberg Race laws and exclusion of Jews through anti-semitism, as well as being present for those around you who have close personal connection to the Holocaust and Nazi genocide.

ODI is here as a resource for your guided learning, on this day of remembrance and on all days. Please come into our spaces with questions and an openness to learn. We can assist you in your foundational allyship and continued growth and learning.

Below I have included programs and activities that the UMaine Hillel, our Jewish Student Organization here on campus, are putting on for Holocaust Remembrance Day. Our local synagogues in Bangor, also have services that might be of interest to our Jewish students on campus.

In solidarity,

Tessa Shanteler (she/her)
Weekly Meetings

Wednesday @ 5pm at the Multicultural Student Center
3rd Floor, Memorial Union

- Holiday Events and Services
- Shabbat Dinners
- Jewish Cooking
- Fun and Games
- Resources and Support
- Volunteer Opportunities
- Movie nights

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To learn more contact our president at sarah.meyerwaldo@maine.edu
or message us on facebook or on instagram @umainehillel
In honor of Holocaust Remembrance Day
Join Hillel for a presentation by the Holocaust and Human Rights Center of Maine about Jewish rebellion during the Holocaust.

When: January 27
Where: Union, North Pod
Time: 5pm - 6:30pm
This event is FREE to all.
Synagogues in Bangor: All synagogues are doing regular services, in person or on Zoom.

Reform:
Congregation Beth El, Bangor
Email: info@bethelbangor.org
Website https://bethelbangor.org/

Conservative:
Congregation Beth Israel, Bangor
Email: office@cbisrael.org
Website: https://www.cbisrael.org/

Orthodox:
Congregation Beth Abraham
Email: rabbichaimwilansky@gmail.com
Website: https://www.jewishbangor.org/
Happy Black History Month!
What does Black History Month mean to you?

Starting February 1st, we celebrate Black innovations, creativities, and lives in the making of these United States of America today by raising the Black Lives Matter Flag. Meet us in the atrium, in front of the bookstore, in the Memorial Union at 12pm.

The dedication of this month started in 1926 by Carter G. Woodson, who is called the, "father of Black history." His purpose was to educate people by starting academic programs that explore African American experiences. A way to acknowledge that Blackness, its representation and influence is present in all facets of American society.

These last couple of years, during the pandemic, we started to face the inequities based on race, gender, sexuality, and other underrepresented identities. All while also losing BIPOC lives.

This year’s theme for Black History Month focuses on Black Health and Wellness. Click on this link to learn more here. I hope you will take time that to expand your understanding of Blackness, Black History, representation and influence in your life.

Proudly celebrating Black History Everyday!

Anila Karunakar (She, her, hers)
Director of the Office for Diversity and Inclusion
Happy New Year to all of our friends who start celebrating the Lunar New Year on February 1st! We welcome the year of the Tiger. If you are born in the years of 1950, 1962, 1974, 1986, 1998, 2010 and 2022 - this is your year. We hope for good health, safety and prosperity for all year!
13 Black Women In Wellness Share What Wellness & Self-Care Means To Them

Black History Month is a great time to dive deeper into intersectional feminism and examine how you can support and uplift black women. These black women have created platforms to promote wellness and self-care within the black community and remind the world that wellness isn’t whiteness. It’s for everyone. Hear from them in their own words what wellness means to them and what inspired them to share their journey with the world to create change.

Leah Thomas
In celebration of Black History Month, the Maine Business School will present a special virtual screening of the documentary film, "Trace the Line" on Wednesday, Feb. 16, at 6:30 p.m. This film was produced by Bravebird, an indigenous and female-owned production company. A Q&A with the producers, Alejandro Miranda Cruz and Noel Miranda, will follow the screening.

"Trace the Line" offers an intimate look at life in the United States while living through a pandemic, a spotlight on racial inequality, and increased political division," says C. Matt Graham, Ph.D., Associate Professor of Business Information Systems. "The goal of sharing this film is to provide faculty, students and staff an opportunity to see life in these trying times through the lens of someone different than them. This film shows how art can be a medium to bring us together and remind us of what we have in common — our humanity."

Alejandro Miranda Cruz, the director, producer, and screenwriter for "Trace the Line," is fueled by a passion for creating authentic narratives that portray all people with dignity. He worked as an actor for 15 years, witnessing the lack of equity and diversity on set. With Huichol and Taíno roots, Miranda Cruz was routinely typecast as a delinquent, a gang member, and uneducated. As a
script reader, he saw how stories of BIPOC communities were ignored and dismissed. These experiences set him on the path to transforming the narrative pushed by film and advertising.

Zoom link: https://us02web.zoom.us/j/82403967296?pwd=UIAiwUTH2L21OMkxkM2ZKN2duNlgydz09#success
ODI PRESENTS

Decentering Whiteness

A three-part conversation about whiteness, allyship, & identity.

Starting Thursday, February 3 at 3-4 pm
Multicultural Student Center

IF INTERESTED EMAIL
SABRINA.MURRAY@MAINE.EDU

"The University of Maine is an equal opportunity/affirmative action institution."
SNACK & CHAT:
KNOW YOUR RIGHTS
Conversation around protesting and interactions with the police with Attorney Sean O’Mara from Student Legal Services

Thursday, February 10, 2022
Multicultural Student Center (MSC) in the Memorial Union 312

This event is free and open to everyone
Food provided

"The University of Maine is an equal opportunity/affirmative action institution"
Black Health Disparities Go Back To Slavery |
Discovered Truth: Full Documentary
Okalani Dawkins is a passionate Sophomore excited to create a better world through her passion for Civil Rights. In this talk, she highlights the importance of African American societies in America's history past the Civil Rights Movement, and why we need to pay more attention to matters like those as well. Okalani Dawkins is an ambitious sophomore who is on the path to dedicating her life to human rights.
advocacy. As the vice president of Amnesty International, she strives to convey a message of tolerance and solidarity among students, as well as to eradicate indifference toward recent social issues. Along with being a member of the California Scholarship Federation Club, a long-time volunteer at the Vista Library, and an avid speaker within her community, she hopes to use her passion for activism as a human rights lawyer. This talk was given at a TEDx event using the TED conference format but independently organized by a local community. Learn more at https://www.ted.com/tedx
SNACK & CHAT: KNOW YOUR RIGHTS

Conversation around protesting and interactions with the police with Attorney Sean O’Mara from Student Legal Services

Thursday, February 10, 2022 at 2pm
Multicultural Student Center (MSC) in the Memorial Union 312

This event is free and open to everyone
Pre-packaged snacks provided

"The University of Maine is an equal opportunity/affirmative action institution"
FEBRUARY 14
12 - 1 PM
MULTICULTURAL STUDENT CENTER

"THE UNIVERSITY OF MAINE IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION."
In celebration of Black History Month, the Maine Business School will present a special virtual screening of the documentary film, Trace the Line on Wednesday, Feb. 16, at 6:30 p.m. This film was produced by Bravebird, an indigenous and female-owned production company. A Q&A with the producers, Alejandro Miranda Cruz and Noel Miranda, will follow the screening.

Trace the Line is a powerful narrative that follows the lives of two artists, one black and one white. These characters forge a relationship through the tumultuous year of 2020, showing what needs to happen for these two communities to work together and not against each other. Director Alejandro Miranda Cruz hopes that viewers will experience a truly authentic film that doesn’t have any answers but shows a lot of hope.

"Trace the Line offers an intimate look at life in the United States while living through a pandemic, a spotlight on racial inequality, and increased political division," says C. Matt Graham, Ph.D., Associate Professor of Business Information Systems. "The goal of sharing this film is to provide faculty, students and staff an opportunity to see life in these trying times through the lens of someone different than them. This film shows how art can be a medium to bring us together and remind us of what we have in common — our humanity."

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Zoom link:
https://us02web.zoom.us/j/82403967296?pwd=UlAwUTh2L21OMkxkM2ZKN2duNlgvdz09#success

Black History Month
Climbing Night and Film Series

Thursday, February 17
Films: 6:00 - 7:30 PM * Climbing: 7:30 - 9:00 PM

February is Black History Month. Come into Maine Bound Adventure Center for a film series featuring Black outdoor athletes in a variety of sports including running, biking, skiing, and climbing!

We will have Maine Bounds staff available to belay and teach climbing skills after the film.
Pop Up Testing

Get tested for HIV!
Memorial Union, 223

Thursday, Feb. 17th: 10am-2pm
Thursday, March 3rd: 12-4pm
Tuesday, March 22nd: 10am-2pm
Thursday, April 7th: 12-4pm

Free and open to everyone!
ODI DiversiTea Party:

LBGTQ+ Student Experiences in Rural Maine

Featuring grad researcher Zach Davis

Rainbow Resource Center,
Memorial Union Rm 224
February 22 @ 2pm

Beverages and light snacks provided

The University of Maine is an equal opportunity/affirmative action institution.
YARN PARTY!

CALLING ALL CROCHET, KNITTING, AND OTHER YARN ARTISTS!

ANY EXPERIENCE LEVEL WELCOME!

BYO MATERIALS OR USE OURS!

Friday, Feb. 25, 2022 / 2-4 PM
Rainbow Resource Center
Room 224 Memorial Union

"The University of Maine is an equal opportunity/affirmative action institution."
Applications for All Maine Women Class of 2023 are now open!

All Maine Women is the inclusive traditions society for rising seniors identifying as women, transwomen, or nonbinary that demonstrate exemplary leadership, scholarship, peer mentorship, and campus involvement at the University of Maine.

Nomination materials are available at bit.ly/AMW2023 and are due to hahudson1@gmail.com by Sunday, March 6th at 11:59PM.
LGBTQIA+ SUPPORT GROUP

JOIN US WEEKLY ON THURSDAYS 3-4PM
RAINBOW RESOURCE CENTER (UNION 224)

For questions, contact Julia Taner at Julia.taner@maine.edu

This group is in partnership with the Office for Diversity and Inclusion and the University of Maine Counseling Center. This group is a private, non-confidential support group.

"The University of Maine is an equal opportunity/affirmative action institution."
From the dawn of time, African people have looked to the skies above for inspiration and guidance. Stargazers of Africa is a journey connecting the stars, moon and planets to the people across this great continent — from long ago to the stargazers of today. Experience African tales from the Yoruba people and a Nigerian story about the far away stars. Discover the African Stonehenge and moon calendars made from bones over 40,000 years ago.

Tickets for planetarium programs are $7 for Adults, $6 for UMaine Students/Veterans /Senior Citizens, and $5 for children under 12. Click here to view the Versant Power Astronomy Center calendar.

Tickets may be purchased online, by phone at 207.581.1341, or at the Versant Power Astronomy Center ticket box office prior to the show.
CELEBRATE
self love
THIS Valentine's Day

Friday, Feb. 18th
2-4 pm

Come talk self love while painting your nails or getting your nails painted!
In the IFRC room 227 of the Memorial Union

nail painting supplies provided

The University of Maine is an equal opportunity/affirmative action institution.
Hello.
We hope your semester is going well.

You have been recommended to participate in the STEM Bridge program this spring! This faculty and peer-led mentoring program will meet weekly throughout the semester, providing opportunities to connect with other students, get one on one help from faculty, and engage in fun activities, all for free!
The meetings will begin this month and continue once a week until May. You will receive a $250 University Bookstore gift card for completing the program, and a free 3-day retreat on the Maine’s coast at Blueberry Cove from May 7-9.

Please join us for this exciting mentoring venture for first-generation students this semester. First-generation college students are the first in their families to earn a college degree even if a sibling is currently enrolled in college or has earned a degree.

Space is limited! Please sign up by completing this short (one minute) Google Form.

Qualifications:

- Must identify as a first-generation student
- Current Student in the Liberal Arts and Sciences or the College of Natural Sciences, Forestry, and Agriculture
- Preference will be given to first-year and sophomore students, but any student who meets the criteria above will be considered on an individual basis

You should do it because you will:

Build valuable connections with other first-generation students in STEM majors, faculty in your major and a first-gen peer mentor.

- Participate in a free adventure on the Maine coast, gain leadership skills, and reflect on your goals for the next school year.
- Receive a $250 gift card to the University Bookstore
- Work with a peer student and faculty who want to support your growth at UMaine and develop skills to help you succeed at the university.

Please contact the Division of Lifelong Learning with questions: um.summerprograms@maine.edu or 207-581-4750.

Sincerely,

Raphael Okutoro

Coordinator of Summer Programs
Division of Lifelong Learning
SOLIDARITY MEETING

A SAFE PLACE TO FIND SOLIDARITY! A PLACE TO SHARE AND SUPPORT EACH OTHER AS STUDENTS OF COLOR AT UMAINE

MEETING WILL BE HELD BI-WEEKLY IN PERSON STARTING 1/27/22 AT 5PM
SIGN UP VIA QR CODE OR THE LINK BELOW

https://docs.google.com/forms/d/e/1FAIpQLSd4D1O5T-g3muzYPDavJoU5PTQ8D0HjW9gujsV7_oUZTtw/viewform?usp=sf_link

For more questions, please contact frank.wang@maine.edu

The University of Maine is an equal opportunity/affirmative action institute. Students should request accommodations a week in advance.
Dear ODI Community,

In solidarity with the Wabanaki peoples of Maine, I am writing today to highlight an important event happening at the State House in Augusta (and over Zoom): on Tuesday February 15th the Maine Legislature will hear public testimony about LD 1626, an important bill upholding the sovereignty of Wabanaki peoples. You can learn more about the issue and how to participate at: https://wabanakialliance.com/take-action/. I share below my own written testimony in hope that others will feel Happy Valentines and Self-Care!

Mon, Feb 14, 2022 at 7:59 AM
inspired to join me in lending voice to this issue.

---

To: Sen. Carney, Rep. Harnett, and members of the Joint Standing Committee on Judiciary

From: Sonja Birthisel, 80 Stillwater Ave. Orono, ME04473, Director of the Wilson Center at the University of Maine

Re: Support for LD 1626, An Act Implementing the Recommendations of the Task Force on Changes to the Maine Indian Claims Settlement Implementing Act

Dear Senator Carney, Representative Hartnett and members of the Judiciary Committee,

I grew up in Maine and have lived and worked in Orono since 2011. In recent years, I have been blessed with deep friendships with Indigenous people, including members of the Penobscot Nation. My interest in tribal sovereignty is informed by these friendships, which have allowed me to learn, grow, and appreciate that support of LD 1626 is a pressing issue of equity and justice.

In my professional life, I serve as Director of the Wilson Center for Spiritual Exploration and Multifaith Dialogue at the University of Maine. The Wilson Center is an independent non-profit organization located in Orono. The mission of the Wilson Center is “to create progressive, ecumenical, and multifaith dialogue for the University of Maine community and through worship, study, and service, to work for social justice, honor diversity, and offer opportunities for spiritual growth.” As a community, our most central value is the equality of all people - and we take this seriously. The Wilson Center’s 16-member multifaith Board has voted unanimously to support LD 1626, and I submit this testimony to you with their blessing.

Upholding the inherent sovereignty of our Wabanaki neighbors through support of LD 1626 is a moral imperative. The Staff and Board of the Wilson Center stand united with conviction in favor of adopting the 22 consensus recommendations to revise the Maine Indian Claims Settlement Implementing Act of 1980, as summarized by the bipartisan Task Force on Changes to the Maine Indian Claims Settlement Act. These measures will materially improve the relationship between Wabanaki peoples and the State of Maine, undoing wrongs of the past and bringing our Wabanaki siblings into parity with treatment of Indigenous peoples throughout the rest of the United States.
As a faith leader deeply committed to equity and justice, I mourn the decades Wabanaki peoples have spent struggling to regain their sovereign rights. I am reminded of a legal maxim popularized by Dr. Martin Luther King, Jr. that “justice too long delayed is justice denied.” I thank you for attending to this important legislation without further delay.

In solidarity with the Indigenous people I hold dear, and eternal optimism for a just and equitable future, I urge you to vote in support of LD 1626.

Peace and blessings to you this day and always,
Dr. Sonja K. Birthisel
Director of the Wilson Center
ROSES ARE RED, VIOLETS ARE BLUE
I WANT TO SMASH PATRIARCHY WITH YOU
The history of self-care intertwines with the Black Panthers activism from the Civil Rights Movement. Learn how by watching this video.
## Black History Month

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The University of Maine is an equal opportunity/affirmative action institution.
XOXO

INTERRACIAL RELATIONSHIPS

PANEL ABOUT THE COMPLEXITIES OF BEING IN AN INTERRACIAL RELATIONSHIP

FEBRUARY 14
12 - 1 PM
MULTICULTURAL STUDENT CENTER

"THE UNIVERSITY OF MAIN IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION."

THE UNIVERSITY OF MAINE
Student Life
Office for Diversity and Inclusion
In celebration of Black History Month, the Maine Business School will present a special virtual screening of the documentary film, Trace the Line on Wednesday, Feb. 16, at 6:30 p.m. This film was produced by Bravebird, an indigenous and female-owned production company. A Q&A with the producers, Alejandro Miranda Cruz and Noel Miranda, will follow the screening.

Trace the Line is a powerful narrative that follows the lives of two artists, one black and one white. These characters forge a relationship through the tumultuous year of 2020, showing what needs to happen for these two communities to work together and not against each other. Director Alejandro Miranda Cruz hopes that viewers will experience a truly authentic film that doesn’t have any answers but shows a lot of hope.

“Trace the Line offers an intimate look at life in the United States while living through a pandemic, a spotlight on racial inequality, and increased political division,” says C. Matt Graham, Ph.D., Associate Professor of Business Information Systems. “The goal of sharing this film is to provide faculty, students and staff an opportunity to see life in these trying times through the lens of someone different than them. This film shows how art can be a medium to bring us together and remind us of what we have in common — our humanity.”

Alejandro Miranda Cruz, the director, producer, and screenwriter for Trace the Line, is fueled by a passion for creating authentic narratives that portray all people with dignity. He worked as an actor for 15 years, witnessing the lack of equity and diversity on set. With Huichol and Taíno roots, Miranda Cruz was routinely typecast as a delinquent, a gang member, and uneducated. As a script reader, he saw how stories of BIPOC communities were ignored and...
dismissed. These experiences set him on the path to transforming the narrative pushed by film and advertising.

Zoom link:

https://us02web.zoom.us/j/82403967296?pwd=UlAwUTh2L21OMkxkM2ZKN2duNlgvdz09#success

ODI DiversiTea Party: Expectations of Transness

Come talk about topics related to trans experiences while enjoying tea and hot cocoa! All are welcome!

Friday, February 18th, from 2 pm to 3 pm in the Rainbow Resource Center, Room 224 in the Memorial Union

"The University of Maine is an equal opportunity/affirmative action employer"
Black History Month
Climbing Night and Film Series

Thursday, February 17
Films: 6:00 - 7:30 PM * Climbing: 7:30 - 9:00 PM

February is Black History Month. Come into Maine Bound Adventure Center for a film series featuring Black outdoor athletes in a variety of sports including running, biking, skiing, and climbing!

We will have Maine Bounds staff available to belay and teach climbing skills after the film.
Pop Up Testing

Get tested for HIV!
Memorial Union, 223

Thursday, Feb. 17th: 10am-2pm
Thursday, March 3rd: 12-4pm
Tuesday, March 22nd: 10am-2pm
Thursday, April 7th: 12-4pm

Free and open to everyone!
ODI DiversiTea Party: 
LBGTQ+ Student Experiences in Rural Maine 
Featuring grad researcher Zach Davis 
Rainbow Resource Center, Memorial Union Rm 224 February 22 @ 2pm 
Beverages and light snacks provided 

THE UNIVERSITY OF MAINE 
Office for Diversity and Inclusion 

The University of Maine is an equal opportunity/affirmative action institution.
WHAT DOES IT MEAN TO BE PROFESSIONAL?

Thursday
February 24th
4pm-5pm
Memorial Union Room 312
Multicultural Resource Center

“The University of Maine is an equal opportunity/affirmative action institution”
YARN PARTY!

CALLING ALL CROCHET, KNITTING, AND OTHER YARN ARTISTS!

ANY EXPERIENCE LEVEL WELCOME!

BYO MATERIALS OR USE OURS!

Friday, Feb. 25, 2022 / 2-4 PM
Rainbow Resource Center
Room 224 Memorial Union

"THE UNIVERSITY OF MAINE IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION."
Applications for All Maine Women Class of 2023 are now open!

All Maine Women is the inclusive traditions society for rising seniors identifying as women, transwomen, or nonbinary that demonstrate exemplary leadership, scholarship, peer mentorship, and campus involvement at the University of Maine.

Nomination materials are available at bit.ly/AMW2023 and are due to hahudson1@gmail.com by Sunday, March 6th at 11:59PM.
LGBTQIA+ SUPPORT GROUP

JOIN US WEEKLY ON THURSDAYS
3-4PM
RAINBOW RESOURCE CENTER (UNION 224)

For questions, contact Julia Taner at Julia.taner@maine.edu

This group is in partnership with the Office for Diversity and Inclusion and the University of Maine Counseling Center. This group is a private, non-confidential support group.

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From the dawn of time, African people have looked to the skies above for inspiration and guidance. Stargazers of Africa is a journey connecting the stars, moon and planets to the people across this great continent — from long ago to the stargazers of today. Experience African tales from the Yoruba people and a Nigerian story about the far away stars. Discover the African Stonehenge and moon calendars made from bones over 40,000 years ago.

Tickets for planetarium programs are $7 for Adults, $6 for UMaine Students/Veterans/Senior Citizens, and $5 for children under 12. Click here to view the Versant Power Astronomy Center calendar.

Tickets may be purchased online, by phone at 207.581.1341, or at the Versant Power Astronomy Center ticket box office prior to the show.
CELEBRATE

self love

THIS

Valentine's Day

Friday, Feb. 18th
2-4 pm

Come talk self love while painting your nails or getting your nails painted!

In the IFRC room 227 of the Memorial Union

nail painting supplies provided

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Hello.

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**Raphael Okutoro**

Coordinator of Summer Programs

Division of Lifelong Learning
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For more questions, please contact frank.wang@maine.edu

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Understanding environmental justice requires us to understand what environmental injustice is about. Listen from the "Father of Environmental Justice" himself, Dr. Robert Bullard.
**Office of Diversity and Inclusion**

**Black History Month**

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The University of Maine is an equal opportunity/affirmative action institution.
Celebrating Black History Month

HAIR CARE FAIR

February 23
10am-4:30pm
Woolley Room

FREE

Mask and MaineCard Required

Sign Up with QR Code

Email questions to
jennifer.costa1@maine.edu

"The University of Maine is an equal opportunity/affirmative action institution"
Bicultural
Multiracial
Mixed

What do these words mean?
How does this affect me?

February 24, 4-5 pm

Learn more with engaging activities & food!

Conversation with & for students of color

RM 312 Multicultural Student Center

"The University of Maine is an equal opportunity/affirmative action institution."
Chai Chat

WHAT DOES IT MEAN TO BE PROFESSIONAL?

Thursday
February 24th
4pm-5pm
Memorial Union Room 312
Multicultural Resource Center

“The University of Maine is an equal opportunity/affirmative action institution”
CHECK OUT OUR FREE, RAD PROGRESSIVE, INCLUSIVE

Sex Ed Class

at the Wilson Center

Recommended for Ages 18-25
Tuesdays 5-7 PM | Starting January 25
67 College Ave | wilsoncenterorono@gmail.com

FACILITATORS:
SONJA BIRTHISEL &
KATE DAWSON
YARN PARTY!

CALLING ALL CROCHET, KNITTING, AND OTHER YARN ARTISTS!

ANY EXPERIENCE LEVEL WELCOME!

BYO MATERIALS OR USE OURS!

Friday, Feb. 25, 2022 / 2-4 PM
Rainbow Resource Center
Room 224 Memorial Union

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From the dawn of time, African people have looked to the skies above for inspiration and guidance. Stargazers of Africa is a journey connecting the stars, moon and planets to the people across this great continent — from long ago to the stargazers of today. Experience African tales from the Yoruba people and a Nigerian story about the far away stars. Discover the African Stonehenge and moon calendars made from bones over 40,000 years ago.

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INTERSECTIONAL FEMINIST BRUNCH BUNCH

SEX WORKERS' RIGHTS
AN INTENTIONAL DIALOGUE

Thursday, March 3rd
11am-12pm
IFRC rm 227
Memorial Union

prepackaged cereal to-go!

The University of Maine is an equal opportunity/affirmative action institution.
ODI PRESENTS

Decenter Whiteness

A three-part conversation about Identity, Institutions, & Allyship.

Thursday, March 3 at 3-4 pm
Room 312
Multicultural Student Center

IF INTERESTED EMAIL SABRINA.MURRAY@MAINE.EDU

"The University of Maine is an equal opportunity/affirmative action institution."
Adoptee Club

ARE YOU ADOPTED?
DO YOU WANT TO MEET OTHER ADOPTEES?

If yes, March 4 at 12:30 PM
Multicultural Student Center
Room 312

"The University of Maine is an equal opportunity/affirmative action institution"
Chai Chat

HOW TO BE A
AN ALLEY

BY
DR. SONJA BIRTHISIEL

Tuesday, March 8, 2022
1:30pm - 2:30pm
Multicultural Resource Center
Memorial Union Room 312

"The University of Maine is an equal opportunity/affirmative action institution"
Are you passionate about spiritual exploration and multifaith dialogue?

Join the UMaine Interfaith Group!

MONDAYS @ 6PM
WILSON CENTER, ORONO

Email dominique.dispirito@maine.edu with questions! We hope to see you there!

The University of Maine is an equal opportunity/affirmative action institution.
LGBTQIA+ SUPPORT GROUP

JOIN US WEEKLY ON THURSDAYS
3-4PM
RAINBOW RESOURCE CENTER (UNION 224)

For questions, contact Julia Taner at Julia.taner@maine.edu

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For more questions, please contact frank.wang@maine.edu

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Students should request accommodations a week in advance.
Even as Black History Month ends today, may we continue to celebrate Black folk in all of their brilliant capacities - all day, every day, and every month.

I cannot begin talking about our programs for this month without talking about the invasion of Ukraine. Hundred of thousands of families are fleeing their homes. Hundreds upon hundreds are taking up arms to protect their country. We hope for safety for all in Ukraine. To the students who are here on campus, please know that we are here for you. Please reach out and let us know how we can support and care for you. If you have friends from Ukraine and/or Russia. Please be kind and check in with their well-being. Remember, be kind. We don't need to know the history, or the politics of anything to be a caring and support community member. Please reach out to us with any questions.

This month, we also begin the celebration of Women's History Month. Please take a look at all the amazing programs planned for this month!

Sincerely,
Anila Karunakar (She, her, hers)
Office for Diversity and Inclusion

Women's History Month

March 3rd-
IFBB: Sex Workers Rights
11am-12p, Memorial Union 227

March 3rd-
Afro-Latinx Presentation
2:30p-3:30p, Memorial Union 312

March 3-
HEAL Pop-up Testing
12pm-4pm, Memorial Union 223

March 3, 10,17,24,31-
LGBTQIA+ Support Group
3pm-4pm, Memorial Union 224

March 10&24-
Solidarity Meeting
5pm, Memorial Union 314

March 21-
IFBB Roe v. Wade
11am-12pm Memorial Union 227

March 22-
Fat Fashion & Wellness Dialogue
12pm-1pm, Memorial Union 312

March 22-
HEAL Pop-up Testing
10am-2pm, Memorial Union 223

March 23-
Female Naval Career Panel
1pm-3pm, Career Center

March 22-
HEAL Pop-up Testing
10am-2pm, Memorial Union 223

March 23-
Fat Fashion & Wellness Dialogue
12pm-1pm, Memorial Union 312

March 24-
Fat Fashion & Wellness Dialogue
12pm-1pm, Memorial Union 312

March 25-
No Man’s Land Film
6pm-9pm, Maine Bound

March 25-
Being Black at a PWI Support Group
12pm-1pm, Memorial Union 312

March 26-
Women’s Climb
9am-1pm, Maine Bound

"The University of Maine is an equal opportunity/affirmative action institution."
"The Russian Invasion of Ukraine: Implications for the US and the World"

12 noon - 1:30 p.m. ET, Thursday, March 3

Panelists:

The Hon. Kenneth Hillas, Adjunct Professor of International Affairs
Dr. Seth Singleton, Adjunct Professor of Political Science & Libra Professor of International Relations
Dr. James Warhola, Professor Emeritus of Political Science

Moderator: Dr. Richard Powell, Professor of Political Science and Director of UMaine's William S. Cohen Institute for Leadership and Public Service

Free and open to the public. Click here to register.

Presented by the UMaine Alumni Association, the William S. Cohen Institute for Leadership and Public Service, the School of Policy and International Affairs, and the Department of Political Science.
INTERSECTIONAL FEMINIST BRUNCH BUNCH

SEX WORKERS' RIGHTS
AN INTENTIONAL DIALOGUE

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Adoptee Club

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DO YOU WANT TO MEET OTHER ADOPTEES?

If yes, March 4 at 12:30 PM
Multicultural Student Center
Room 312

"The University of Maine is an equal opportunity/affirmative action institution"
ODI Presents: THE AFRO-LATINX CONNECTION

Come sit and learn about the meaning, origin, representation, and cultural significance of the identity "Afro-Latinx"

Multicultural Center, Memorial Union Rm 312
March 3, 2:15 PM-3:00 PM

*Light snacks will be provided*

The University of Maine is an Equal Opportunity/affirmative action institution
ODI PRESENTS

Decenter Whiteness

A three-part conversation about Identity, Institutions, & Allyship.

Thursday, March 3 at 3-4 pm

Room 312

Multicultural Student Center

IF INTERESTED EMAIL

SABRINA.MURRAY@MAINE.EDU

"The University of Maine is an equal opportunity/affirmative action institution."
CHECK OUT OUR FREE, RAD PROGRESSIVE, INCLUSIVE

Sex Ed Class

at the Wilson Center

Recommended for Ages 18-25
Tuesdays 5-7 PM | Starting January 25
67 College Ave | wilsoncenterorono@gmail.com

FACILITATORS:
SONJA BIRTHISSEL &
KATE DAWSON
Chai Chat

HOW TO BE A
AN ALLY

BY

DR. SONJA BIRTHISIEL

Tuesday, March 8, 2022
1:30pm - 2:30pm
Multicultural Resource Center
Memorial Union Room 312

"The University of Maine is an equal opportunity/affirmative action institution"
Are you passionate about spiritual exploration and multifaith dialogue?

Join the UMaine Interfaith Group!

MONDAYS @ 6PM
WILSON CENTER, ORONO

Email dominique.dispirito@maine.edu with questions! We hope to see you there!

The University of Maine is an equal opportunity/affirmative action institution.
LGBTQIA+ SUPPORT GROUP

JOIN US WEEKLY ON THURSDAYS
3-4PM
RAINBOW RESOURCE CENTER (UNION 224)

For questions, contact Julia Taner at Julia.taner@maine.edu

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SOLIDARITY MEETING

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MEETING WILL BE HELD BI-WEEKLY IN PERSON STARTING 1/27/22 AT 5PM
SIGN UP VIA QR CODE OR THE LINK BELOW

https://docs.google.com/forms/d/e/1FAIpQLSd4D10ST-g3muzMPDalvJoU5PTQ8U2OHNW9gUjsV7_0uZTw/viewform?usp=sf_link

For more questions, please contact frank.wang@maine.edu
Happy Monday,

In recognition of women's history month, I want to share my reflections on women's resilience and empowerment. Throughout my life I have been surrounded by powerful and influential women. The first woman of color mentor I had taught me how to advocate for my mental health and pursue meaningful connections with people like me. My sister who helped raise me when my mother was working late. My sociology professor who invested in my personal development outside of the classroom. My best friends who come from various diverse backgrounds have shown me what it means to be an ally. I am grateful for all the women in my life who have shaped who I am today.

One woman in particular that I owe everything to is my mother. My mother is a single parent and worked late nights in a hospital to support my sister, my grandmother, and I. On top of that, my mother faced challenges and questions about our family. Both my sister and I are adopted from China and do not share the same race, ethnicity, or culture as our mother. For that reason, my family experienced intrusive and insensitive questions about our racial differences. In stores, people have asked my mother in front of my sister and I, “How much did you pay for her?” and “Is she really your daughter?” These questions are offensive and appalling but it is a reality that my family lives every day. Most of the time people do not assume we are a family.

My mother is the strongest woman I know because of her resilience. She educated me about the obstacles I would face because of my race. She supported me when I heard my first racial slur. She taught me to stand up for myself when people would ask intrusive questions. She raised my sister and I with a strong foundation about both Chinese and American culture. She gave my sister and I privileges that we could never obtain by ourselves. Despite our racial, cultural, and ethnic differences, my mother loves my sister and I the same.

Today and everyday it is important to remember the women in our lives and celebrate their strengths, weaknesses, and vulnerabilities.

In community,

Sabrina Murray (she/her)
Graduate Intern
Office for Diversity and Inclusion
# Women's History Month

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time, Location</th>
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<tr>
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<td>IFBB: Sex Workers Rights</td>
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BY

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The Traverse | The Approach

WOMEN’S CLIMBING DAY
@ Maine Bound
Open to female identifying individuals and allies
Saturday March 26th
9:00AM - 1:00PM

The University of Maine System Mail - Honoring the Women who made You.
The Career Center Presents:

Women in the Workforce:
An Empowerment Panel

Wed. March 23, 12-1 pm, Career Center

Meet Naval Officers, as they discuss their careers.

The Officers have backgrounds in nuclear power, aviation, Navy nursing and cyber.

Open to All Majors & All Gender Identities
Being Black at a PWI

*Predominatly White Institution

Come and join a safe space where Black students and Black professionals can come together, eat lunch and chat.

*Lunch will be provided

25th March
12pm - 1pm
Memorial Union
Multicultural Student Center Rm 312

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WELLNESS

Dialogue around the intersections of fatness, race, class, ability, and gender and how to celebrate fatness

TUESDAY, MARCH 22ND
12-1PM
MULTICULTURAL STUDENT CENTER
312 IN THE UNION

The University of Maine is an affirmative action/equal opportunity institution
JOIN BLACK STUDENT UNION
CELEBRATING BLACK HERITAGE AND CULTURE AT THE UNIVERSITY OF MAINE

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TUESDAYS
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MEMORIAL UNION
ROOM 312

OFFICE OF DIVERSITY AND INCLUSION
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This email was sent to
why did I get this? unsubscribe from this list update subscription preferences
UMaine Multicultural Student Life · 5748 Memorial Union, 3rd Floor, Room 312 · Orono, Me 04469 · USA
Spring is here!

1 message

UMaine Office for Diversity and Inclusion <Anila.karunakar@maine.edu>  
Reply-To: UMaine Office for Diversity and Inclusion <Anila.karunakar@maine.edu>  
To:

March 17th
March 17th

March 19th - March 20th
Women's History Month

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March 3, 10, 17, 24, 31-
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March 26-
Women’s Climb
9am-1pm, Maine Bound

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<th>Monday 28th</th>
<th>Tuesday 29th</th>
<th>Wednesday 30th</th>
<th>Thursday 31st</th>
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<th>Saturday 2nd</th>
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<tr>
<td>Bisexual Flag Raising Memorial Union 12pm</td>
<td>Lesbian Flag Raising Memorial Union 12pm</td>
<td>Asexual Flag Raising Memorial Union 12pm</td>
<td>Trans Flag Raising Memorial Union 12pm</td>
<td>Gender Fluid Flag Raising Memorial Union 12pm</td>
<td>Drag Show Collins Center for the Arts Wildstein 7-9pm</td>
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<tr>
<td>Pride Climb Maine Bound 6-9pm</td>
<td>Dress for Success Career Center 1:30-2:30pm</td>
<td>Pride Magnets Lown Room 11am-1pm</td>
<td>TDOV Cupcake Tabling Outside Bear's Den 12pm</td>
<td>TDOV Book Raffle MSC (Union Rm 312) 4pm</td>
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<td>Fired Up for Pride Week Bonfire The Mall 4:00-7:00pm</td>
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<td>Pride Zumba Campus Rec (Foster Room) 6:30pm</td>
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Dialogue around the intersections of fatness, race, class, ability, and gender and how to celebrate fatness

TUESDAY, MARCH 22ND
12-1PM
MULTICULTURAL STUDENT CENTER
312 IN THE UNION

The University of Maine is an affirmative action/equal opportunity institution
Lunch and Learn:

International Communication

Speaker: Orlina Boteva
from Office of International Programs

Wednesday March 23rd
12-1pm
Multicultural Student Center (MSC)
Memorial Union Room 314

The University of Maine is an Equal Opportunity and Affirmative Action Institution
STRONGER TOGETHER

A Look Into the Careers and Communities of Female Naval Officers

A speaker panel event for the University Of Maine at 12 p.m. on March 23rd, 2022 at the Career Center

Lt. Shayna Codrey, Navy Nurse, Class of 2015
Lt. Kim Do, Information Professional
Lt. Tina Kieu, Cryptologic Warfare
Lt. Isabella Schaffino, Nuclear Surface Warfare
“The University of Maine is an equal opportunity/affirmative action institution”

Intersectional Feminist Brunch Bunch

ROE V. WADE & REPRODUCTIVE RIGHTS

Join us for a conversation & to share perspectives!
All are welcome.

MARCH 25TH (FRIDAY)
12:15PM-1:15PM
ROOM 227
MEMORIAL UNION
Being Black at a PWI

*Predominately White Institution

Come and join a safe space where Black students and Black professionals can come together, eat lunch and chat.

*Lunch will be provided

25th March
12pm - 1pm
Memorial Union
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Open to female identifying individuals and allies
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Fired Up for

Pride Week

Join us for s'mores, popcorn, hot dogs, lawn games and fun activities!

March 29th
7-9 PM
On the Mall

The University of Maine is an equal opportunity/affirmative action institution.
Trans Day of Visibility Book Raffle

Scan the QR code to enter
Deadline March 31st at Noon

Any questions please email
Sabrina.murray@maine.edu

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The LGBTQ+ Learning & Affirming Library Challenge is around the corner, and we hope you'll join us! Each day, for five days, participants in the Challenge will receive an email with brief tasks designed to learn, listen, share, and take action around topics related to sexual orientation, gender identity, intersectionality, and LGBTQ+ affirming class curricula.

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DIVERSITY WEEK: APRIL 4TH-8TH

Monday 4th
- DEI STATEMENT WALK-IN HOURS
  9-11AM, CAREER CENTER
- UKRAINIAN FLAG RAISING
  12PM, 1ST FLOOR IN FRONT OF BOOKSTORE
- BLACK LIVES MATTER FLAG RAISING
  10AM, 1ST FLOOR IN FRONT OF BOOKSTORE
- RACIALIZED EXPERIENCES OF ATHLETES OF COLOR PANEL AT 12PM, UNION RM 312

Tuesday 5th
- DEI STATEMENT WALK-IN HOURS
  9-11AM, CAREER CENTER
- PENOBSCOT FLAG RAISING
  10AM, 1ST FLOOR IN FRONT OF BOOKSTORE
- LUNCH & LEARN: DIVERSITY IN INNOVATION
  12PM UNION RM 312
- DEI STATEMENT WALK-IN HOURS
  2-4PM, CAREER CENTER

Wednesday 6th
- PENOBSCOT FLAG RAISING
  12PM, 1ST FLOOR UNION
- HIDDEN DISABILITIES
  1PM, UNION RM 312
- DEI STATEMENT WALK-IN HOURS
  2-4PM, CAREER CENTER
- WHAT IS RELIGION ANYWAY?
  8PM, COE ROOM
- SUMAK KAWSAY: ANDEAN BEARS DEN PUBLICATION AT 12PM, UNION RM 312
- DEI STATEMENT WALK-IN HOURS
  2-4PM, CAREER CENTER

Thursday 7th
- PENOBSCOT FLAG RAISING
  12PM, 1ST FLOOR UNION
- HIDDEN DISABILITIES
  1PM, UNION RM 312
- DEI STATEMENT WALK-IN HOURS
  2-4PM, CAREER CENTER
- WHAT IS RELIGION ANYWAY?
  8PM, COE ROOM
- INTERCULTURAL OPEN MIC NIGHT
  8-10PM, BEARS DEN PUB

Friday 8th
- PENOBSCOT FLAG RAISING
  12PM, 1ST FLOOR IN FRONT OF BOOKSTORE
- DEI STATEMENT WALK-IN HOURS
  2-4PM, CAREER CENTER
- INTERCULTURAL OPEN MIC NIGHT
  8-10PM, BEARS DEN PUB

The University of Maine is an equal opportunity/affirmative action institution.
What is Religion, Anyway?

A conversation with ODI & Wilson Center Director
Sonja Birthsel

6PM THURS APRIL 7TH | COE ROOM
SNACKS | TEA | CONVERSATION

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Students should request accommodations a week in advance
Women hold up half the sky. Mao Zedong

UMaine Office for Diversity and Inclusion <Anila.karunakar@maine.edu>
Reply-To: UMaine Office for Diversity and Inclusion <Anila.karunakar@maine.edu>
To:

Still I Rise
BY MAYA ANGELOU

You may write me down in history
With your bitter, twisted lies,
But still, like dust, I’ll rise.

Does my summons upset you?
Why are you so eager to /own me?
’Cause I walk like I’ve got oil wells
Pumping in my living room.

Just like moons and like moons,
With the certainty of rides,
Just like hope sprouting high,
Still I’ll rise.

Did you want to see me broken?
Bowed head and lowered eyes
Shoulders falling down like sandbags,
Weakened by your soulful cries?

Does my haughtiness offend you?
Don’t you take it awful hard
’Cause I laugh like I’ve got gold mines
Diggin’ in my own backyard.

You may cut me with your words,
You may cut me with your eyes,
You may kill me with your hatefulness,
But still, like dust, I’ll rise.

Does my sinlessness upset you?
Does it come as a surprise
That I dance like I’ve got diamonds
At the meeting of my thighs?

Out of the huts of history’s shame
I rise
Up from a past that’s rooted in pain
I rise
I’m a black ocean, leaping and wide,
Welling and swelling I bear in the tide.

Leaving behind nights of terror and fear
I rise
Into a daybreak that’s wondrously clear
I rise
Bringing the gifts that my ancestors gave,
I am the dream and the hope of the future.
I rise
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THE WILSON CENTER
MONDAY MEDITATIONS PRESENTS:

Yoga Meditation
Connecting Mind & Body

Monday March 21st 7-8pm
Led by Abby Novak

67 College Ave, Orono
Indoors, Masked, with Air Purifiers
wilsoncenterorono19gmail.com
ALL are welcome!

THE WILSON CENTER INTERFAITH LUNCHEON SERIES PRESENTS

WADE IN THE WATER
INTERFAITH PERSPECTIVES ON WATER RIGHTS ISSUES

Tuesday March 29th 12-1pm
In Person or Over Zoom
Take-Home Lunch to Follow

RSVP @ bit.ly/wilsonluncheon
Sponsored by the JCEA
The University of Maine Drag Show is proudly sponsored by the University of Maine Student Government, Wilde Stein, Office for Diversity and Inclusion, Department of Student Life and University Credit Union.
UMaine German and Pokémon Clubs Present:

Mario Kart 8 Deluxe Tournament

Friday, March 25th
3:30 - 6:00 PM
Williams Hall, Room 207
Tickets: $5

Sign up in advance, pay at the door.
Snacks and drinks available for purchase.
Prize for 1st Place Winner!

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**SNACKS | TEA | CONVERSATION**

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*The University of Maine is an equal opportunity/affirmative action institution.*
SOLIDARITY MEETING

A SAFE PLACE TO FIND SOLIDARITY! A PLACE TO SHARE AND SUPPORT EACH OTHER AS STUDENTS OF COLOR AT UMAINE

MEETING WILL BE HELD BI-WEEKLY IN PERSON STARTING 1/27/22 AT 5PM
SIGN UP VIA QR CODE OR THE LINK BELOW

https://docs.google.com/forms/d/e/1FAIpQLSdAQz8DIDEQF8q3m8A6P1xh37kSFRQRQ8Dv2pWbK5iqGljQP_xLD7tw/viewform?usp=sf_link

For more questions, please contact frank.xu@gmail.edu

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UMaine Multicultural Student Life · 5748 Memorial Union, 3rd Floor, Room 312 · Orono, Me 04469 · USA
Dear UMaine Community,

Welcome to the start of Pride Week!

We kicked off the Pride Week by the Bisexual Flag. Show up everyday at noon in front of the bookstore where we will raise a flag that represents an identity from the LGBTQ+ community. Also check out the schedule of events for both this and next week.

These past couple weeks have given me reasons to rejoice, be overjoyed, enraged and grateful. First, it was wonderful to celebrate Lia Thomas's win! We join the millions of others who are impressed by her hard work, ability and hard earned success. Click here to read about Lia Thomas's story from Sports Illustrated.

And Trans Women are Women.

During the 18+hours of the confirmation hearing of the Honorable Judge Ketanjo Brown Jackson’s, we hailed her resilience, patience and grace under pressure. She earned her place in history with her brains and experience. AND Yet, let me tell y'all - there were definitely moments during that Senate meeting I felt like going all Will Smith... at the Oscars. (Too soon?!)

As we take these next two weeks to center the identities of our students on campus, being their authentic and brilliant selves is a hard and uphill battle everyday! So over the next couple weeks, we are going to celebrate all of ourselves. So go on...get your Glow On!

Anila Karunakar (She, her, hers)
Get your GLOW on UMAINE!
Sign up to perform at the DRAG SHOW

COLLINS CENTER OF THE ARTS
APRIL 2, 2022
7PM - 9PM
Join us for pizza, popcorn, lawn games, music, and more!

March 29th
7-9 PM
North Pod
University of Maine System Mail - Glow on. Its Pride Week!!!

https://mail.google.com/mail/u/0/?ik=6098647e0e&view=pt&search=a...
Learn about the field of Native American Law!

Speaker: Kaighn Smith, Jr.
Attorney @ DrummondWoodsum
6 April 2022
4 PM - 4:30 PM

https://maine.zoom.us/j/8188368044
The University of Maine is an equal opportunity/affirmative action institution.

THE WILSON CENTER INTERFAITH LUNCHEON SERIES PRESENTS

WADE IN THE WATER
INTERFAITH PERSPECTIVES ON WATER RIGHTS ISSUES

Tuesday March 29th 12-1pm
In Person or Over Zoom
Take-Home Lunch to Follow

RSVP @ bit.ly/wilsonluncheon
Sponsored by the JCEA
Glow on. Its Pride Week!!!

**TRANS DAY OF VISIBILITY BOOK RAFFLE**

Scan the QR code to enter
Deadline March 31st at Noon

Any questions please email Sabrina.murray@maine.edu

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**How to help a Friend**

Tuesday, April 12th From 12-1 pm
Memorial Union Room 312

**RESOURCES FOR SEXUAL ASSAULT**

The University of Maine is an equal opportunity/affirmative action institution.

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The University of Maine is an equal opportunity/affirmative action institution.
The University of Maine Drag Show is proudly sponsored by the University of Maine Student Government, Wilde Stein, Office for Diversity and Inclusion, Department of Student Life and University Credit Union.

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CAREER READY GAMES

Open to All UMaine Students
March 28th - April 1st
Compete in Brightspace!

Step 1 REGISTER
Step 2 COMPETE
Step 3 WIN

Challenges:
Mon The Pitch
Tues The Motivation
Wed The Interview
Thur The Scenario
Fri The Final

5 - 10 Minutes

Sponsored By:
Enterprise

Hosted By:
The University of Maine
Maine Business School

Individuals
Career Essential Kit
Gift Card Drawing
(10 - $50 Cards)
Winning Teams
Charity Contributions
$500, $300, $200
DIVERSITY WEEK: APRIL 4TH-8TH

- **Monday 4th**: DEI Statement Walk-in Hours Career Center
- **Tuesday**: Penobscot Flag Raising 12PM, 1ST Floor Union
- **Wednesday**: Hidden Disabilities Walk-in Hours 1-4PM, Career Center, Front of 1PM, Union
- **Thursday**: Ukrainian Black Lives Matter Flag Raising 12PM, Lunch & Learn: Diversity in Education 1-4PM, Career Center, Front of 1PM, Union
- **Friday**: DEI Statement Walk-in Hours 12-4PM Career Center, Intercultural Open Mic Night

**What is Religion, Anyway?**

A conversation with ODI & Wilson Center Director Sonja Birthistle

6PM THURS APRIL 7TH | COE ROOM

SNACKS | TEA | CONVERSATION

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All are welcome!
JOIN BLACK STUDENT UNION
CELEBRATING BLACK HERITAGE AND CULTURE AT THE UNIVERSITY OF MAINE

MEETING TIMES
TUESDAYS 6-7 PM
MEMORIAL UNION ROOM 312
OFFICE OF DIVERSITY AND INCLUSION
MEMORIAL UNION ROOM 312

INTERESTED, BUT CAN'T MAKE THE FIRST ONE?
SCAN THE QR CODE TO JOIN OUR WHATSAPP GROUP FOR MEETING TIMES

CHECK OUT OUR FREE, RAD PROGRESSIVE, INCLUSIVE

Sex Ed Class
at the Wilson Center
Recommended for Ages 18-25
Tuesdays 5-7 PM | Starting January 25
67 College Ave | wilsoncenterrono@gmail.com

FACILITATORS:
SONJA BIRTHISEL & KATE DAWSON
JOIN the UMaine Interfaith Group!

MONDAYS @ 6PM
WILSON CENTER, ORONO

Email dominique.dispirito@maine.edu with questions! We hope to see you there!

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LGBTQIA+ SUPPORT GROUP

JOIN US WEEKLY ON THURSDAYS
3-4PM
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G3mazU9PdI5jYeLM77U19DFg5juj7p_6kZ2isu/viewform?usp=sf_link

For more questions, please contact Frank.Xuong@maine.edu

11/21/2023, 1:43 PM
Spring has sprung! I am excited about warmer weather and less windy/cloudy days. I want to first acknowledge that we are closing out our Pride Week celebration and that every day we commit to supporting, advocating, and donating (if you have the monetary means to). It is important to continue the work every day, not just for the week.

This week we are celebrating Diversity Week which will highlight different heritages, cultures, and events. Please come to our variety of amazing events we have throughout this week! In addition, each day at Noon in front of the bookstore we will be doing a flag-raising in solidarity with various identities and groups. Today our flag raising is for Ukraine. Show up and support.

When I think about diversity, I often think of the word intersectionality and how that coincides with my identity. Intersectionality is a term that was coined by Kimberlé Crenshaw. The video linked below is a clip of how Crenshaw defines the term. I describe intersectionality (https://www.youtube.com/watch?v=ViDtnfQ9FHc) as the ways in which an individual can be oppressed or marginalized by multiple identities. For example, as a woman, there are various obstacles that I face on a daily basis but on top of that, I am also a woman of color. Both of these experiences have different meanings but can intersect to oppress me in
certain ways. I also want to highlight that in my experience, I benefit from intersectionality in some aspects of my life. As an adoptee, I do have socio-economic privilege from my white mother. For this reason, I do have financial stability in addition to certain protections from my association with my white mother. Even though I have my struggles as a woman of color, I can also recognize the ways that intersecting parts of my identity have been privileged over others.

Diversity week is a celebration, recognition, and validation of folks that have different identities that can also overlap. We hope to highlight diversity in all its various forms.

In community,

Sabrina Murray (she/her)
Are Arabs White?
A Ramadan Etiquette Guide for non-Muslims
Saeed Ahmed, CNN, Published 2nd April 2022

Inclusive language during the month of Ramadan

**INSTEAD OF:**

"You poor thing, it must be so difficult for you"

"Oh, how come you're not fasting like the others?"

"It's going to be difficult to accommodate time off for you"

"If you're not eating, do you want to just work through your lunch break to get this finished"

**TRY THIS:**

"I have so much admiration for your commitment to your faith"

Say nothing at all. No one should have to justify their reasons for not fasting.

"I know how important it is for you to have this time off, I will try my best to accommodate"

"I appreciate you are not eating but please ensure you take regular breaks throughout the day"
DIVERSITY WEEK: APRIL 4TH-8TH

Monday 4th
- DEI STATEMENT WALK-IN HOURS 9-11AM, CAREER CENTER
- UKRAINIAN FLAG RAISING 12PM, 1ST FLOOR IN FRONT OF BOOKSTORE
- BLACK LIVES MATTER FLAG RAISING 10AM, 1ST FLOOR IN FRONT OF BOOKSTORE
- RACIALIZED EXPERIENCES OF ATHLETES OF COLOR PANEL AT 12PM, MEMORIAL BUILDING ACADEMIC CENTER ROOM 279

Tuesday 5th
- DEI STATEMENT WALK-IN HOURS 9-11AM, CAREER CENTER
- PENOBSCOT FLAG RAISING 10AM, 1ST FLOOR IN FRONT OF BOOKSTORE
- DEMYSTIFYING WISHLISTS 11AM-1PM, UNION RM 224
- LUNCH & LEARN: DIVERSITY IN INNOVATION 12PM, UNION RM 312
- DEI STATEMENT WALK-IN HOURS 2-4PM, CAREER CENTER

Wednesday 6th
- FLAG RAISING 12PM, 1ST FLOOR UNION
- HIDDEN DISABILITIES 1PM, UNION RM 312
- DEI STATEMENT WALK-IN HOURS 2-4PM, CAREER CENTER
- WHAT IS RELIGION ANYWAY? 6PM, COE ROOM
- DEMYSTIFYING WISHLISTS 2-3:30PM, UNION RM 312
- INTERCULTURAL OPEN MIC NIGHT 6-8PM, BEARS DEN PUB

Thursday 7th
- PENOBSCOT FLAG RAISING 10AM, 1ST FLOOR IN FRONT OF BOOKSTORE
- DEI STATEMENT WALK-IN HOURS 2-4PM, CAREER CENTER
- SUMAK KAWSAY: ANDEAN WISDOM FOR LIVING IN HARMONY WITH THE EARTH 6:30-8PM, ZOOM

Friday 8th
- PENOBSCOT FLAG RAISING 12PM, 1ST FLOOR IN FRONT OF BOOKSTORE
- DEI STATEMENT WALK-IN HOURS 2-4PM, CAREER CENTER
- DEMYSTIFYING WISHLISTS 2-3:30PM, UNION RM 312
- INTERCULTURAL OPEN MIC NIGHT 6-8PM, BEARS DEN PUB

The University of Maine is an equal opportunity/affirmative action institution.
RACIALIZED EXPERIENCES OF UMAINE ATHLETES OF COLOR

Panel Discussion

April 5th • 12PM
M Building Academic Center
Room 275

The University of Maine is an equal opportunity/affirmative action institution.
DIVERSITY WEEK FLAG RAISING
1st floor of the Union in front of Campus Bookstore

**Monday 12PM**
- Ukrainian Flag

**Tuesday 10AM**
- BLM Flag

**Wednesday 10AM**
- Penobscot Flag

**Thursday 12PM**
- POW Flag

**Friday 12PM**
- Progress Pride Flag
The Foster Center for Innovation and the Office for Diversity and Inclusion proudly present:

LUNCH AND LEARN: DIVERSITY IN INNOVATION

What does it mean to be "meaningfully unique?" Learn how diversity plays a huge role in innovation and about the brainstorming tools that will aid in the creation of meaningfully unique ideas!

Yummy lunch provided!

APRIL 6TH
12:00PM - 1:00PM
MEMORIAL UNION: ROO 312

Questions? Contact Veena Dinesh at veena.dinesh@maine.

The University of Maine is an equal opportunity/affirmative action institution.
DEMYSTIFYING WISHLISTS

Come by for help navigating the course catalog and developing a wishlist for Fall 2022

Rainbow Resource Center: Union 224
Wednesday April 6th 11am - 1pm

Multicultural Resource Center: Union 310
Friday, April 8th 2pm - 3:50pm

Alyce Lew
Advising and Academic Services Center
Book a time (alycelew.youcanbook.me)
Stevens 100
Hidden Disabilities
Presented by
Student Accessibility Services

April 7th at 1pm
Memorial Union Rm 312

The University of Maine is an equal opportunity/affirmative action institution.
Award Ceremony & Networking Event

Thursday, April 7th  
12:30-1:30pm  
North Pod, Memorial Union

FREE LUNCH  
RSVP REQUIRED

Sponsored By:  
Hosted By:

Contact Kate.AxelsenFoster@maine.edu for any questions about the event.
What is Religion, Anyway?

A conversation with ODI & Wilson Center Director
Sonja Birschel

6PM THURS APRIL 7TH | COE ROOM
SNACKS | TEA | CONVERSATION

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All are welcome!
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SUMAK KAWSAY
ANDEAN WISDOM FOR LIVING IN HARMONY WITH THE EARTH

THURSDAY, APRIL 7 • 6:30-8:00 PM • ON ZOOM

Join us for a conversation with:

Cecilia Naula
Licenciada en Administración de Empresas
Bachelor of Business Administration

Pascual Yepez
Maestro en Antropología
Master in Anthropology

Please join us for a conversation with Kichwa scholars and community leaders, Pascual Yepez and Cecilia Naula, from the Andes region of Ecuador. Our guests will share key themes from the Ancestral Knowledges and Sciences program at the ILADES Institute (Instituto Tecnológico Superior de Estudios Sociales "Los Andes") in Quito. We aim to build a bridge across the Americas to bring their traditional knowledge to the UMaine community.

Les invitamos a una conversación con Pascual Yepez y Cecilia Naula, académicos y líderes comunitarios kichwa de la región de los Andes en Ecuador. Nuestros invitados compartirán temas clave sobre el programa de Ciencias y Saberes Ancestrales del Instituto ILADES (Instituto Tecnológico Superior de Estudios Sociales "Los Andes") en Quito. El objetivo de esta conversación es el de construir un puente a través de las Américas para traer su conocimiento ancestral a la comunidad de UMaine.

ACCESS THE EVENT USING THE FOLLOWING URL:
https://bit.ly/36chf8S

OR SCAN THE QR CODE FOR THE ZOOM LINK:

For more information contact Sara Lowden, sara.lowden@maine.edu

This event is supported in part by the Department of Anthropology and a grant from the Cultural Affairs/Distinguished Lecture Series Fund.
Come play holi with South Asian Association of Maine
APRIL 16TH, 2022
12 pm onwards

MUSIC
DANCING
COLORS

HAPPY
Holi

THE FESTIVAL OF COLORS!

Location: University of Maine, belgrade Lot, Orono ME
Learn about the field of Native American Law!

Speaker: Kaighn Smith, Jr.
Attorney @ DrummondWoodsum
6 April 2022
4 PM - 4:30 PM
https://maine.zoom.us/j/81885638044
CHAI CHAT

How to help a Friend

Tuesday, April 12th From 12-1 pm
Memorial Union Room 312

RESOURCES FOR SEXUAL ASSAULT

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CHECK OUT OUR FREE, RAD PROGRESSIVE, INCLUSIVE

Sex Ed Class

at the Wilson Center

Recommended for Ages 18-25
Tuesdays 5-7 PM | Starting January 25
67 College Ave | wilsoncenterorono@gmail.com

FACILITATORS:
SONJA BIRTHISEL &
KATE DAWSON
Are you passionate about spiritual exploration and multifaith dialogue?

Join the UMaine Interfaith Group!

MONDAYS @ 6PM
WILSON CENTER, ORONO

Email dominique.dispirito@maine.edu with questions! We hope to see you there!

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3-4PM
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Last week I had the opportunity to host a community builder on diversity, equity, and inclusion. At the DEI community builder, people talked about their identities, defined terms, and listened to others’ experiences. The time we all spent together sparked new ideas and conversations. One of the events we hosted was a panel discussion about DEI initiatives and what to do to help with the change. Some questions that were asked of the panelists that I encourage you all to think about are “Have you been in predominantly white spaces that were successful at centering white culture? What made these spaces feel safer or more comfortable for you?”

Something to note about this question is that whiteness does not specifically mean white people but rather focuses on the idea of whiteness. To some extent we all have centered whiteness in our lives whether that be the tv shows we watch, the books we read, the friends we...
have, or the food we eat. Whiteness is embedded within systems we take part in every day.

How can you decenter whiteness in your life? If you have never thought about this before, what can you do to change that? To make change and progress we have to first understand how our actions and identities affect and impact the systems around us.

[Image Description a picture of the Honorable Judge Ketanji Brown Jackson, who is a Black Woman, taken at the senate confirmation hearing. She is wearing a blue blazer over a black shirt]

In community,

Sabrina Murray (she/her)
NOW ACCEPTING APPLICATIONS!

CIVIC & COMMUNITY ENGAGEMENT FELLOWSHIP

The CCEF builds leadership and professional skills to prepare Maine's emerging leaders for a life engaged in their community and their chosen careers.

STARTS MAY 2022
APPLY NOW: HTTPS://FORMS.GLE/FMAPTF1E8BBODPGU6

We welcome emerging leaders (21-29 years old) who are immigrant and ethnic or racial minorities to apply.

The Civic and Community Engagement Fellowship is a program of Portland Empowered.

https://www.portlandempowered.org/civic-community-engagement-fellowship

Mona Haydar - Hijab (Wrap my Hijab)

Celebrating Arab American Heritage Month
CHAI CHAT

How to help a Friend

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APRIL 16TH, 2022
12 pm onwards

MUSIC
DANCING
COLORS

HAPPY
Holi

THE FESTIVAL OF COLORS!

Location: University of Maine, belgrade Lot,
Orono ME
CHA I C H A T

Empowered Consent

TUESDAY, APRIL 19TH FROM 12-1 PM
MEMORIAL UNION
ROOM 312

The University of Maine is an equal opportunity/affirmative action institution.
STANLEY SUE
2022 DISTINGUISHED DIVERSITY
LECTURE SERIES

LGBTQ-AFFIRMATIVE MENTAL HEALTH CARE
From theory to trials to community implementation and global dissemination

April 20, 2022 | 4:30pm

John Pachankis, Ph.D.
Susan Dwight Bliss Professor of Public Health & Psychiatry
Director, LGBTQ Mental Health Initiative, Yale University

Webinar Objectives (free CE credit available with attendance)
- Review epidemiology of sexual and gender minority (SGM) mental health in the US
- Identify major determinants of SGM mental health
- Describe principles and techniques underlying LGBTQ-affirmative evidence-based practice

Register at: https://maine.zoom.us/webinar/register/WN_OpA1Z_ig8emO1CDddWPoFQ
Passcode: 101542

All are welcome.

Presented by the Psychology Department Diversity Committee
Diversifying Whitewater Paddling with Alejandro Strong

How do we diversify the whitewater community through intentional programming and education?

Join Alejandro as he talks about the cultural implications of being a Latinx individual in the outdoors, and his work in creating diverse whitewater opportunities.

April 21 at 6pm in DPC 100

Diversifying Whitewater Paddling Through Education is supported in part by a grant from the Cultural Affairs/Distinguished Lecture Series Fund.

The University of Maine is an equal opportunity/affirmative action institution
Being Black at a PWI

*Predominately White Institution

Come and join a safe space where Black students and Black professionals can come together, eat lunch and chat.

*Lunch will be provided

22nd April
12pm - 1pm
Memorial Union
Multicultural Student Center Rm 312

The University of Maine is an equal opportunity/affirmative action institution.
UNWINDBefore Finals

GAMES & RELAXATION

4:30PM - 6:00 PM

WEDNESDAY 27TH APRIL

RAINBOW RESOURCE CENTER (ROOM 224 UNION)

THE UNIVERSITY OF MAINE IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION.
Holy Week 2022 at the Newman Center

Monday 4/11
@ the Newman Center
7pm The Passion of the Christ
movie + discussion

Wednesday 4/13
@ the Newman Center
83 College Ave, Orono
5pm Stations of the Cross
6pm Wednesday Night Supper serving quesadillas + rice
a free dinner for college students

Holy Thursday 4/14
@ Holy Family Church
429 Main St, Old Town
7pm Mass of the Lord’s Supper
Adoration at the Altar of Repose until 10pm

Good Friday 4/15
@ Holy Family Church
429 Main St, Old Town
8am Morning Prayer
1:30pm Confessions
3pm Stations of the Cross
7pm Liturgy of the Lord’s Passion

Holy Saturday 4/16
@ Holy Family Church
429 Main St, Old Town
8am Morning Prayer
8pm Easter Vigil

Easter 4/17
@ Holy Family Church
8:30am Mass in Old Town
9:00am Mass in Bailey
10:30am Mass at the Penobscot Parish
11am Easter Brunch for college students
6:15pm Mass in Orono - 83 College Ave.
at the Newman Center

The University of Maine Orono is an equal opportunity/affirmative action institution.
Graduating?
SIGN UP FOR
LAVENDER GRADUATION
A graduation ceremony for LGBTQ+ students
Saturday, April, 30th
Ceremony & Reception 3-5pm
Lown Room, Memorial Union 228
Family and Friends Welcome

Register here by April 27th
Contact katherine.mccarthy@maine.edu for questions
JOIN
BLACK
STUDENT
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CELEBRATING BLACK HERITAGE AND CULTURE AT THE UNIVERSITY OF MAIN
MEETING TIMES:
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In community,

Sabrina Murray (she/her)

[Image Description a picture of a video thumbnail with the text: "Why do we use DISABILITY to describe something NEGATIVE?"

Casual Abelist Language]
NOW ACCEPTING APPLICATIONS!

CIVIC & COMMUNITY ENGAGEMENT FELLOWSHIP

The CCEF builds leadership and professional skills to prepare Maine's emerging leaders for a life engaged in their community and their chosen careers.

STARTS MAY 2022
APPLY NOW: HTTPS://FORMS.GLE/FMAPTF1E8BBODPGU6

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Tuesday, April 12th From 12-1 pm
Memorial Union Room 312

RESOURCES FOR SEXUAL ASSAULT

The University of Maine is an equal opportunity/affirmative action institution.
Come play holi with South Asian Association of Maine
APRIL 16TH, 2022
12 pm onwards

MUSIC
DANCING
COLORS

HAPPY Holi
THE FESTIVAL OF COLORS!

Location: University of Maine, belgrade Lot,
Orono ME
CHAI CHAT

Empowered Consent

TUESDAY, APRIL 19TH FROM 12-1 PM
MEMORIAL UNION ROOM 312

The University of Maine is an equal opportunity/affirmative action institution.
STANLEY SUE
2022 DISTINGUISHED DIVERSITY
LECTURE SERIES

LGBTQ-AFFIRMATIVE MENTAL HEALTH CARE
From theory to trials to community implementation and global dissemination

April 20, 2022 | 4:30pm

John Pachankis, Ph.D.
Susan Dwight Bliss Professor of Public Health & Psychiatry
Director, LGBTQ Mental Health Initiative, Yale University

Webinar Objectives (free CE credit available with attendance)
- Review epidemiology of sexual and gender minority (SGM) mental health in the US
- Identify major determinants of SGM mental health
- Describe principles and techniques underlying LGBTQ-affirmative evidence-based practice

Register at: https://maine.zoom.us/webinar/register/WN_OgA1Z_jg8RemOICDdWPaFQ
Passcode: 101542

All are welcome.

Presented by the Psychology Department Diversity Committee
Diversifying Whitewater Paddling with Alejandro Strong

How do we diversify the whitewater community through intentional programming and education?

Join Alejandro as he talks about the cultural implications of being a Latinx individual in the outdoors, and his work in creating diverse whitewater opportunities.

April 21 at 6pm in DPC 100

Diversifying Whitewater Paddling Through Education is supported in part by a grant from the Cultural Affairs/Distinguished Lecture Series Fund.

The University of Maine is an equal opportunity/affirmative action institution
Being Black at a PWI

*Predominantly White Institution

Come and join a safe space where Black students and Black professionals can come together, eat lunch and chat.
*Lunch will be provided

22th April
12pm - 1pm
Memorial Union
Multicultural Student Center Rm 312

The University of Maine is an equal opportunity/affirmative action institution.
UNWIND
Before Finals

GAMES & RELAXATION

4:30PM - 6:00 PM
WEDNESDAY 27TH APRIL
RAINBOW RESOURCE CENTER (ROOM 224 UNION)

THE UNIVERSITY OF MAINE IS AN EQUAL OPPORTUNITY/AFFIRMATIVE
ACTION INSTITUTION.
Holy Week 2022 at the Newman Center

Monday 4/11
@ the Newman Center
83 College Ave, Orono
7pm The Passion of the Christ
movie + discussion

Wednesday 4/13
@ the Newman Center
83 College Ave, Orono
5pm Stations of the Cross
5:30pm Evening Prayer
6pm Wednesday Night Supper
serving quesadillas + rice
* a free dinner for college students

Holy Thursday 4/14
@ Holy Family Church
429 Main St, Old Town
7pm Mass of the Lord’s Supper
Adoration at the Altar of Repose until 10pm

Good Friday 4/15
@ Holy Family Church
429 Main St, Old Town
8am Morning Prayer
1:30pm Confessions
3pm Stations of the Cross
7pm Liturgy of the Lord’s Passion

Holy Saturday 4/16
@ Holy Family Church
429 Main St, Old Town
8am Morning Prayer
8pm Easter Vigil

Easter 4/17
@ Holy Family Church
429 Main St, Old Town
6:15pm Mass in Orono - 83 College Ave.
at the Newman Center

He is risen, alleluia

The University of Maine Orono is an equal opportunity/affirmative action institution.
Graduating?
SIGN UP FOR
LAVENDER GRADUATION
A graduation ceremony for LGBTQ+ students

Saturday, April, 30th
Ceremony & Reception 3-5pm
Lown Room, Memorial Union 228
Family and Friends Welcome

Register here by April 27th

Contact katherine.mccarthy@maine.edu for questions
Are you passionate about spiritual exploration and multifaith dialogue?

Join the UMaine Interfaith Group!

MONDAYS @ 6PM
WILSON CENTER, ORONO

Email dominique.dispirito@maine.edu with questions! We hope to see you there!

The University of Maine is an equal opportunity/affirmative action institution.
LGBTQIA+ SUPPORT GROUP

JOIN US WEEKLY ON THURSDAYS 3-4PM
RAINBOW RESOURCE CENTER (UNION 224)

For questions, contact Julia Taner at Julia.taner@maine.edu

This group is in partnership with the Office for Diversity and Inclusion and the University of Maine Counseling Center. This group is a private, non-confidential support group.

"The University of Maine is an equal opportunity/affirmative action institution."
SOLIDARITY MEETING

A SAFE PLACE TO FIND SOLIDARITY! A PLACE TO SHARE AND SUPPORT EACH OTHER AS STUDENTS OF COLOR AT UMAINE

MEETING WILL BE HELD BI-WEEKLY IN PERSON STARTING 1/27/22 AT 5PM
SIGN UP VIA QR CODE OR THE LINK BELOW

https://docs.google.com/forms/d/e/1FAIpQESd4D1O8T-g3muzMPdahJoU5PTQ8D10HW9qixsV7_ouZTtw/viewform?usp=sf_link

For more questions, please contact frank.wang@maine.edu

The University of Maine is an equal opportunity/affirmative action institution. Students should request accommodations a week in advance.
I first want to acknowledge that Maine day is on Wednesday, April 27th! This is a great day to recognize the history of Maine Day at this university and to give back to the community. There are still spots open to volunteer on that day around campus.

May is Asian American Pacific Islander Heritage Month. As a Chinese American, I want to spotlight the importance of this month for myself. I have always felt a disconnect with the Asian American Pacific Islander community (AAPI). The issue was not about my physical features because I am visibly perceived as an Asian woman. The racism I have faced is a stark reminder that I am not accepted as an “American.” But even among my fellow AAPI community, I cannot relate to or fit in because I do not speak Chinese, I do not have Chinese parents, nor do I have strong ties to Chinese culture.

Fast forward to the rise in Asian American hate crimes. COVID-19 affects everyone differently and similarly, but for the AAPI community, the racism and violence amplified. Even if I do not know if I fit into the AAPI community, I face racism and violence as a Chinese woman. I felt that I could not reach out to my fellow AAPI peers for fear of them saying I do not understand because I have a white mother. How could I voice my opinion and commiserate with my peers when I benefit from my mother’s privilege?

Despite my doubts about acceptance, I share the same racial oppression as my
AAPI community. I have grappled and continue to struggle with relating to my fellow AAPI people but I know I can find solidarity with the people that I have found here at the University.

In solidarity,

Sabrina Murray (she/her)
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Saturday, April 30th
Ceremony & Reception 3-5pm
Lown Room, Memorial Union 228
Family and Friends Welcome

Register here by April 27th
Contact katherine.mccarthy@maine.edu for questions
UNWIND Before Finals

GAMES & RELAXATION

4:30PM - 6:00 PM
WEDNESDAY 27TH APRIL
RAINBOW RESOURCE CENTER (ROOM 224 UNION)

THE UNIVERSITY OF MAINE IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION INSTITUTION.
Dear Friends,

We made it!!! Just a small hump of finals or papers and then either commencement or summer! You are almost at the finish line and you have enough in you to help you get there. Scroll down to see a few helpful tips on how to prepare for finals well.

Happy Asian American Pacific Islander Heritage Month! With Asia making up about two thirds of the planet, it is easy to lump so many countries, languages, cultures, histories, narratives, food, and uniqueness together. So scroll down to see which countries make up Asia. And then, take time to appreciate all the ways the many ways Asian culture shows up in your daily lives!

Thank you for staying strong for the entire year. May you find a time to celebrate your accomplishments. May the summer months bring you exciting adventure, lazy mornings or afternoons or evenings, laughter, health, sunshine, challenges you want to conquer and crush and every good thing you desire (that is safe and healthy). I have created a summer bucket list that you can fill in with whatever you want. I also have some suggestions. :)

Anila Karunakar

From Katherine McCarthy:

Y'all, it's finals week. It has been a challenging semester, but there is so much
to celebrate and to look forward to. As our office wraps up programming for the academic year this week, we want to thank all of you for your engagement, whether it be reading our newsletter, showing up between classes to a flag raising, or spending your lunch hour with us at a Lunch & Learn. Thank you for your investment in us; thank you for your questions; thank you for challenging us.

Our office is excited to announce that we are hiring students to provide support and facilitate programming in our centers. Find the application link below in our newsletter or contact katherine.mccarthy@maine.edu for more information.

Our centers are open throughout finals week. Come see us before you go! We will miss you, Black Bears. Good luck with exams, and have a great summer.
Asian American & Pacific Islander Heritage Month
How Many Countries Are There In Asia?
Some Suggestions are:

- Read an article about managing finances
- Go for a walk
- (Re-) Watch a TV or movie series like Bridgeton, Lord of the Rings or My little Pony
- Go to the farmer's market
- Cook something you are craving for - popcorn is perfectly acceptable!
- Pay a bill
- Go a night without
• Volunteer
• Plant a seed and nurture it
• Hike/camp/be in nature and take picture of the beauty you experience
• Sing out loud - in your car
• Dance to a song you heard as a kid
• Make a bucket list that makes you happy
PEER EDUCATION LEADERS
OFFICE FOR DIVERSITY AND INCLUSION (ODI)
FALL 2022-SPRING 2023

• Plan, implement, and attend ODI programming
• Lead dialogues on topics you are passionate about
• Provide a space for students who value social justice to unite

BLACK LIVES MATTER

APPLY HERE!

CONTACT KATHERINE.MCCARTHY@MAINE.EDU FOR MORE INFORMATION
Celebrating Freedom and Pride!!!!

Hello!

I am so excited to join you in celebrating our friends, family, colleagues, neighbors, and everyone who is a part of the LGBTQIA2S+ community! I am thankful for your resilience, tenacity, patience, kindness, direction, handholding, and forgiveness. I am grateful for your talents, gifts, authenticity and your presence in our everyday lives.

I join the millions of our Black friends, family, and community across the nation in celebrating Juneteenth on the 19th! Celebrating Freedom! Freedom from the bondage of slavery.

I recognize that we are able to celebrate today because of the collective struggle, resistance and advocacy. Even as we reconcile our celebrations with its cost, I hope we can also orient our energies and resources to champion equitable access for all in all ways.

Look through this month's newsletter for ways to know better so we can do and be better. One way is to support our very own LGBTQ Black Bears by donating to our.umaine.edu/wildstein. Get involved in Ornon Pride this weekend (June 19th) and in Bangor Pride taking place next weekend (June 25th). UMaine will be participating in the parade so sign up if you are interested in walking with us,
Have a happy Juneteenth, Pride and Summer!

Anila
Dear Friend,

In recognition of Pride Month, the College of our Hearts Always is offering an opportunity to show solidarity with LGBTQ+ students.

The Wilde Stein Fund was launched recently on Maine Day of Giving as a means of supporting the LGBTQ+ community at the University of Maine. Created by the generosity of Michael Bombara ’84 and his husband, Bruno Alejandro Arce Cerda, the Wilde Stein Fund helps LGBTQ+ students and their allies with medical and legal services, mental health counseling, and other needs for which those students have no other source of funds. UMaine students, alumni, and friends have already raised more than $10,000 for this worthwhile cause, but the need remains great.

If you would like to honor Pride Month with action that can materially improve the lives of LGBTQ+ Black Bears, go to our.umaine.edu/wildestein (or scan the QR code below) to make a contribution; any amount makes a difference.

Thank you for your generosity!

Joyce S. Kennedy ’80
Senior Director of Southern Maine Operations
University of Maine Foundation

(Scan QR Code to Donate)
Geo Soctomah Neptune is a Passamaquoddy Two-Spirit, master basket maker, activist, storyteller, model, and educator from Indian Township, Maine. Neptune uses they/them pronouns.

Earrings Helped Shape This Indigenous Artist’s Two-Spirit Identity
The True Meaning of the Juneteenth Flag, Explained
PRESENTING
QUEEN CITY IMPROV
@ 1PM
DELICIOUS DRAG DIVAS
@ 2:30PM

ORONO
PRIDE
FEST

June 19th 12PM - 4PM
Orono Public Green

SLIDERS AND SALADS

- Tofu Banh Mi (Vegan)
- Pulled Jerk Pork w/ pineapple slaw
- Smoked Brisket w/ caramelized onion BBQ sauce & sweet pickles
- BBQ Chicken w/ bleu cheese crème
- Grandma's Potato Salad
- Grandma's Pineapple Coleslaw
- Spring Pea and Radish Salad

burgers and dogs available by request

PLANT WITH US

JOIN US FOR OUR FIRST ANNUAL ORONO PRIDE FESTIVAL! A CELEBRATION OF LOSTOIA: ART, HISTORY, AND CULTURE. PERFORMANCES, EDUCATIONAL PRESENTATIONS, CHILDREN'S ACTIVITIES, AND LOCAL BUSINESSES WILL BE PRESENT.

Succulent planting by donation!
Jen D’aBenda PRESENTS

Storytime in Drag

June 19th 12:30pm at Orono Pride Fest on Orono Public Library Green
A GUIDE TO PRIDE FLAGS

UMBRELLA FLAGS
- LGBT Pride: umbrella pride flag
- Philadelphia Pride: POC-inclusive variation
- Progress Pride: trans-inclusive variation
- Intersex-inclusive Pride: intersex-inclusive variation

SEXUAL ORIENTATION FLAGS
- Bisexual Pride: sexual attraction to two or multiple genders
- Polysexual Pride: sexual attraction to multiple (but not nec. all) genders
- Pansexual Pride: sexual attraction regardless of gender
- Polyamory Pride: consensual relationships with multiple partners

GENDER AND BIOLOGICAL IDENTITY FLAGS
- Lesbian Pride: women attracted to women
- Gay Men Pride: men attracted to men
- Asexual Pride: no sexual attraction
- Demisexual Pride: sexual attraction only with a strong emotional bond
- Transgender Pride: having different gender from the one assigned at birth
- Nonbinary Pride: having gender that’s not exclusively male or female
- Genderqueer Pride: having non-normative gender
- Genderfluid Pride: having no fixed gender
- Agender Pride: having no gender
- Demigender Pride: having a partial connection to a gender
- Bigender Pride: having two genders
- Intersex Pride: sex characteristics that aren’t exclusively male or female

SUBCULTURE AND FETISH FLAGS
- Bear Brotherhood: beefy hirsute gay subculture
- BDSM Rights: BDSM subculture
- Leather Pride: leather subculture
- Rubber Pride: rubber/latex fetish
Juneteenth: What You Need to Know | History

Schedule of Events
During Pride Month, we celebrate our stories of coming out, of finding healing within our community, and often, look back on the University of Maine System Mail - Celebrating Juneteenth and Pride!
our first Pride—that very first time we felt safe to show up as our full, authentic selves. But this year, I hear stories that break my heart—stories of trans and non-binary children, their families, and millions of LGBTQ+ people whose rights and lives are under attack. So, this Pride Month—I want us to show up for each other. We need everybody to pitch in, roll up their sleeves and do the work. I want you to own and embrace all of who you are, and refuse to hide your Pride.”

Joni Madison, Interim President of The Human Rights Campaign

Things you can do
Learn, Support, Listen and Donate.

UMaine's LGBTQ+ Black Bears: our.umaine.edu/wildestein

Maine Trans Net www.mainetransnet.org

Health Equity Alliance www.mainehealthequity.org

Equality Maine www.equalitymaine.org

SAGE Maine www.sagemaine.org

Out Maine www.outmaine.org

Support Groups

Out Maine Youth Programs www.outmaine.org/programs/youth/

Out Maine Parents Group www.outmaine.org/programs/parents/

Maine Trans Net Online Support Groups https://www.mainetrans.net/online

Health Equity Alliance LGBTQ+ Youth Group
www.mainehealthequity.org/youth-group

Transgender and Gender Expansive Resources

Human Rights Campaign Transgender Resources www.hrc.org/resources/topic/transgender

GLAAD Transgender Resource Guide www.glaad.org/transgender/resources

GLAAD Transgender Glossary of Terms www.glaad.org/reference/
transgender

Transgender Visibility Guide www.hrc.org/resources/transgender-visibility-guide

National Center for Transgender Equality www.transequality.org

Gender Spectrum www.GenderSpectrum.org

For Youth

Trevor Project www.thetrevorproject.com

It Gets Better Project www.itgetsbetter.org

GLAAD www.glaad.org

For Parents, Caregivers, and Allies

PFLAG www.pflag.org

It Gets Better Project www.itgetsbetter.org

GLAAD www.glaad.org

GLSEN www.glsen.org

TransYouth Family Allies www.imatyfa.org