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Women's Business Development Corporation Staff

*Women's Business Development Corporation*

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# THE MAINE WOMEN'S BUSINESS DIRECTORY

**Your link to the fastest growing sector  
of Maine's economy:  
women-owned business.**

**Sponsored by:**

**Maine Department of  
Economic and Community Development**


**Maine Department of Transportation**

**Finance Authority of Maine**

**Maine Development Foundation**

**Primerica Financial Ser**  
Airport Road, Box 720  
Dexter, Maine 04930  
Phone: 426-9966  
Contact: Kay McKusick Gr

**WOMEN'S  
BUSINESS  
DEVELOPMENT  
CORPORATION**

  
Contact: Mic



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# **The Maine Women's Business Directory**

**October 1992**

**Sponsored by:**

**Maine Department of Economic and Community Development  
Maine Department of Transportation  
Finance Authority of Maine  
Maine Development Foundation**

**Presented by:**

**Women's Business Development Corporation  
PO Box 658  
Bangor, Maine 04402  
Telephone: 234-2019 or 623-0065**

**Compiled and Edited by: Great Gatherings, PO Box 9005, Augusta, Maine 04338**



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# WOMEN'S BUSINESS DEVELOPMENT CORPORATION

The Women's Business Development Corporation (WBDC) is a statewide, private, nonprofit organization that promotes and supports business ownership for Maine women.

WBDC encourages and supports your business growth through training, networking, advisory services, educational programs, and technical assistance. We care about you - the woman business owner. We understand the needs of women business owners and are interested in your growth as a person and the success of your business venture.

Our growing membership is a dynamic and spirited group of entrepreneurs. Whether you are just starting or already established, WBDC has something to offer you. Our programs are developed and designed to fit your needs - right where you are now. Let us make your business life more effective and assist you in meeting the goals that will help make your business successful.

## Membership In WBDC Provides You With:

- \* **Mentoring Program**

Targeted to help beginning women business owners, WBDC's Mentoring Program brings together the three components of the mentoring process: an experienced business woman to serve as the mentor; an entrepreneur ready for business (protegee); and technical assistance from the WBDC staff. The program provides training, skills development, support, and networking over a six-month period.

- \* **Regional Groups**

Monthly regional group meetings around the state provide training, support, and networking opportunities. The agenda is tailored to the needs of each group with a mini-workshop at each meeting. In addition, member business presentations allow members to promote their businesses, and the group to benefit from experience of other members.

- \* **Annual Women Business Owners Conference**

A day devoted to you, the Maine business woman - the conference provides an information, networking, and training forum as well as a business-to-business trade show. Focusing on the needs of the beginning as well as established business owners, over twenty different workshops are presented by specialists in their fields.

- \* **"Developments"**

The WBDC quarterly newsletter contains helpful information on topics of interest to women business owners plus member profiles.

- \* **Monthly Bulletin**

Each month, the *Bulletin's* comprehensive calendar of events will keep you apprised of upcoming regional group meetings as well as workshops and seminars offered by other agencies and institutions that are of interest to business owners. The WBDC *Bulletin* will also bring you news and information from other regional groups and alert you to other resources available throughout the state.

- \* **Workshops and Seminars**

WBDC offers workshops and seminars covering subjects of critical importance to women business owners. Topics such as sales, marketing, financial planning, access to credit, and self-assessment are presented.



**\* Member Directory**

WBDC's annual Membership Directory is a great resource for networking and marketing to other women business owners.

**\* Information and Referral Services**

WBDC's experienced staff provide assessment and informational support. Trained staff are familiar with business assistance resources available statewide and can help you decide which would be most beneficial to you and your business.

**Mission Statement**

The Women's Business Development Corporation is a membership organization committed to the equality of Maine women through economic development. We have a commitment to women who have not had access to traditional mainstream economic resources, particularly rural and low-income women.

We support business ownership for women, advocate for their needs, and work to increase opportunities and resources for women to achieve self-sufficiency.

**WBDC Goals:**

- \* Encourage and increase business ownership by women in Maine
- \* Provide a voice for women business owners in the development of economic policy, both at the state and federal level
- \* Build an awareness of the contributions of women in business
- \* Increase access to traditional and innovative financing
- \* Work with existing organizations to improve their capabilities to be responsive to women business owners
- \* Provide and/or coordinate programs to increase technical business skills

**Yes, I want to Join WBDC!**

Memberships Categories - please check one

\_\_\_ Active \$25    \_\_\_ Supporting \$50    \_\_\_ Sponsor \$75    \_\_\_ Benefactor \$100+    Other \$ \_\_\_\_\_

\_\_\_ Cash    \_\_\_ Check    \_\_\_ Charge # \_\_\_\_\_ exp \_\_\_\_\_

Name \_\_\_\_\_

Business Name \_\_\_\_\_

Business Location \_\_\_\_\_

Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Telephone (w) \_\_\_\_\_ (h) \_\_\_\_\_

Business or profession: \_\_\_\_\_

The above information will be used in our Membership Directory and in the next edition of the Women Business Directory unless you specify otherwise.    \_\_\_ Do not publish my name or my business name.

WBDC is a nonprofit membership organization. Any contribution you make would be appreciated and is tax deductible to the extent allowed by the law. If you are on a limited income, any donation entitles you to membership.

**Send this application to: WBDC, PO Box 658, Bangor ME 04402-0658.**



# **About The Maine Women's Business Directory**

## **Purpose**

The Maine Women's Business Directory was created for several reasons. First, the Women's Business Development Corporation (WBDC) wanted to raise awareness of, and begin to document, the number of women-owned businesses in Maine. The Directory illustrates the amazing variety of goods and services offered by women and will dispel the notion that women owned businesses are not "serious".

In addition, the Directory will increase networking among women business owners. Many women want to support other women in business. This publication will help us seek each other out.

The Directory will also serve as a marketing tool. It is an inexpensive method of helping many women market their companies to a wider audience than they may have been able to reach in the past.

## **Methodology**

More than 6,000 brochures announcing the Directory were mailed to women-owned businesses in Maine. On three different occasions, a press release was sent to each of Maine's daily newspapers and more than 30 of the state's largest weekly papers. In addition, sponsors of the Directory and several Maine banks helped distribute the brochure to their clients.

For the purposes of this Directory, a woman business owner is defined as any woman who has partial or complete ownership of her business. In most cases, the woman is the sole or majority owner of her business, but we also included women involved in partnerships and not necessarily majority owners. In addition, we included women who work on a straight commission basis and therefore "work for themselves".

## **Organization**

The primary listing is by Type of Business. The brochure which invited participation in the Directory identified 59 categories. Business owners were able to list their business in no more than 2 categories. As responses were received, existing categories were modified and 12 new categories were created. The categories are intended to be general. It should not be assumed that a business found under any one category provides all the goods or services included in the title.

Within each category, businesses are listed alphabetically by the first word in the company name (e.g. Mary Smith Bookkeeping is found under "M" and A.B. Electrical is found under "A".)



Additionally, indexes have been compiled which list all companies in the Directory alphabetically and by the county in which they are located. Counties are abbreviated as follows:

AN	Androscoggin	OX	Oxford
AR	Aroostook	PE	Penobscot
CU	Cumberland	PS	Piscataquis
FR	Franklin	SA	Sagadahoc
HA	Hancock	SO	Somerset
KE	Kennebec	WL	Waldo
KN	Knox	WS	Washington
LI	Lincoln	YO	York

Mailing labels of Directory participants are available. Anyone interested in purchasing a set of labels should contact WBDC.

## **Limitations**

Every effort was made to ensure the accuracy of the information compiled for this Directory. However, WBDC cannot be held responsible for errors or omissions.

In addition, advertising or listing in this Directory should not be interpreted as an endorsement of any participant's product, service, or opinion by WBDC or the sponsors of this Directory.

## **A Final Note**

This is the first edition of The Maine Women's Business Directory. We hope you enjoy it and find it useful. We encourage your comments and suggestions. If you contact a company found in these pages, let them know you heard about them through the Directory!

We would like to thank Linda Packard of Imprint in Sedgwick, Maine for her graphic design of the Directory brochure and the Directory cover.

Finally, WBDC encourages women to support other women business owners!

## **MAINE DEPARTMENT OF ECONOMIC AND COMMUNITY DEVELOPMENT**

The Maine Department of Economic and Community Development, (DECD) offers information and assistance to individuals and businesses considering starting, expanding or locating in Maine. In addition, DECD offers assistance to communities improving their infrastructure and planning for their future and also promotes the State of Maine as a four season travel destination.

The offices within the Department of Economic and Community Development include:

**Office of Business Development** offers technical assistance to businesses and business start-ups in Maine, including information on sources of finance, site location, product marketing, international trade and referrals.

**Office of Community Development** works with regional groups and local governments on affordable housing, downtown revitalization, infrastructure improvements and other specific projects to meet the goals of the community or region.

**Office of Tourism** helps develop new opportunities for tourism, assists regional organizations that want to attract visitors and provides public information. The office also works to promote the film industry in Maine.

The Office of Business Development's business assistance programs include:

**Business Answers** operates as a free and centralized source of business information and assistance to persons wishing to start and operate a business in Maine. Information is provided on business licensing and permits, labor, sales tax, data, sources of financing and additional sources of management and technical assistance. Business Answers can be reached by calling **1-800-872-3838 (in Maine)** or **1-800-541-5872 (out of state)**.

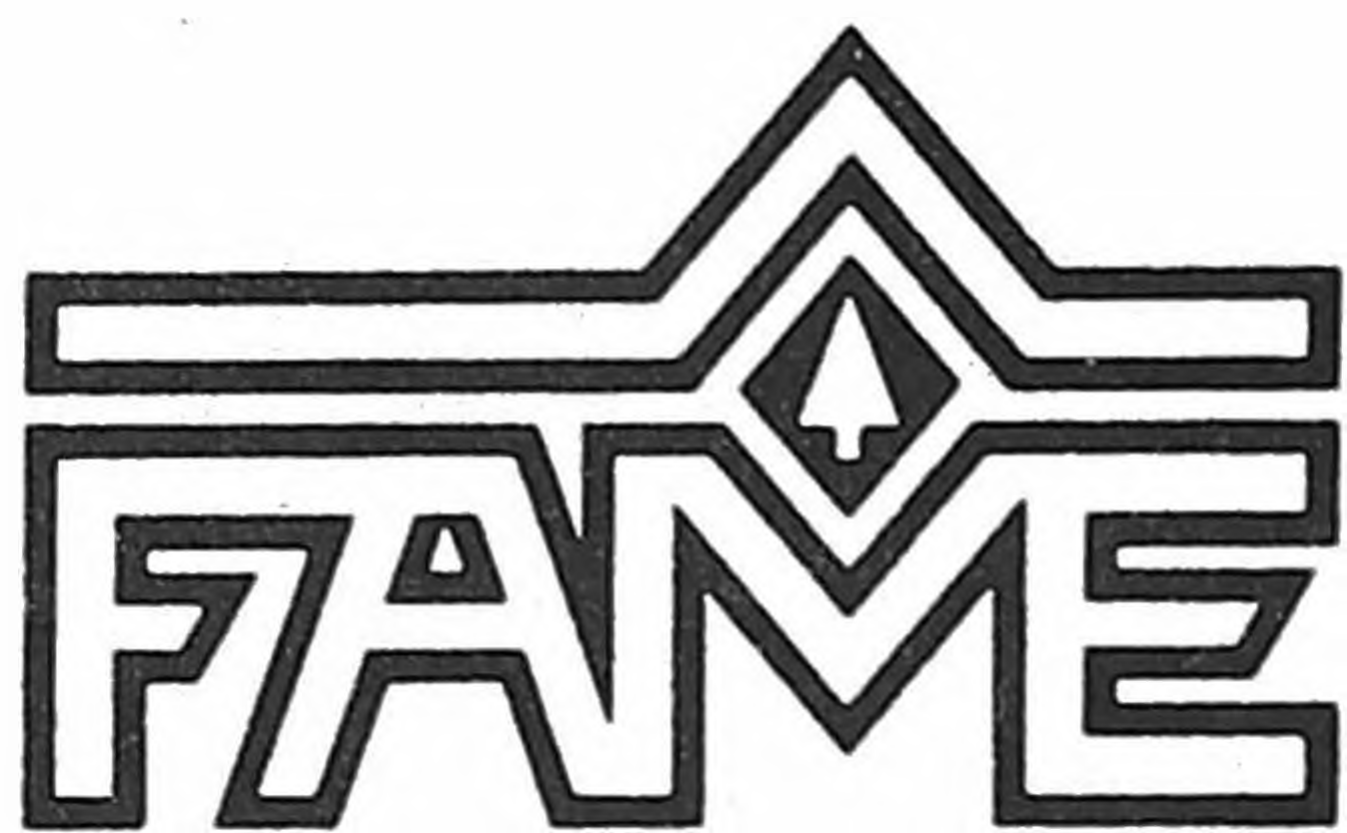
**Maine Products Marketing** offers assistance to producers of Maine made products in promoting and expanding their markets. Mainly targeted to wholesale producers, the program offers members the opportunity to participate in trade shows, use point of purchase hang tags and labels and be featured in the **Maine Products Buyers Guide to Quality Maine Made Products**, an attractive guide mailed to buyers throughout the world.

**Maine Access Supplier Network** or **MAX** is a database of information detailing the industrial products and service capabilities of Maine companies. Available to any company wishing to inquire about availability of products or services in the state, MAX can match the buyer with the supplier. Database searches and applications are available by calling **1-800-955-6549**.

For more information on the services provided by the Maine Department of Economic and Community Development, please contact:

**Maine Department of Economic and Community Development  
State House Station #59  
Augusta, Maine 04333  
(207) 287-2656**





FINANCE AUTHORITY OF MAINE  
83 WESTERN AVENUE  
P.O. BOX 949  
AUGUSTA, MAINE 04332-0949

(207) 623-3263  
(207) 623-FAME  
FAX: (207) 623-0095

## **Finance Authority of Maine**

The Finance Authority of Maine, an independent State agency, was created by an Act of the Maine State Legislature in 1983 to assist business development and create new employment opportunities throughout Maine. In part, the Authority accomplishes this by working cooperatively with the State's lending community to develop and implement new financial services for Maine's business community.

The Authority administers a wide array of business finance programs, ranging from traditional loan insurance for both small and larger Maine businesses, to tax credits for investment in smaller Maine firms. For larger companies, FAME has established tax-exempt and taxable bond programs to access capital at internationally competitive rates and terms. In addition, the Authority continues to develop new financial services which are aimed at helping Maine business start up, expand and compete more effectively in an increasingly competitive world and national marketplace.

In 1990, the Authority became the administrator of the State's higher education financial assistance programs. The Maine Legislature and the Governor have directed the Authority to develop new programs to encourage Maine residents to continue their education beyond high school and to assure that adequate financial assistance is available to them.

If you would like more information about the Finance Authority of Maine and its programs, please call or write the Authority.



THE MAINE  
DEVELOPMENT  
FOUNDATION

45 Memorial Circle, Augusta, ME 04330 (207) 622-6345

*We'd like to express a decade of thanks to those organizations  
who have been our corporators for more than ten years!*

Action Committee of 50  
Androscoggin Savings Bank  
Androscoggin Valley Council  
of Governments  
Associated General  
Contractors of Maine  
Auburn Business  
Development Corporation  
City of Auburn  
Bangor & Aroostook Railroad  
City of Bangor  
Bangor Savings Bank  
Bath Iron Works  
L.L. Bean  
Bernstein, Shur, Sawyer &  
Nelson  
Biddeford Textile Company  
Blue Cross/Blue Shield of  
Maine  
N.H. Bragg & Sons  
J.B. Brown & Sons  
Brunswick Area Chamber of  
Commerce  
Brunswick Coal & Lumber  
Town of Brunswick  
City of Calais  
Camden National Bank  
Canteen Service Company  
City of Caribou  
Caribou Development  
Corporation  
Casco Northern Bank  
Central Maine Power  
Company  
Chamber of Commerce of  
the Greater Portland Region  
Cianbro Corporation  
Coastal Bank  
Coastal Enterprises, Inc.  
Coles Express  
Community Concepts, Inc.  
Consumers Water Company  
Coopers & Lybrand  
Town of Cumberland  
Curtis, Thaxter, Stevens,  
Broder & Micoleau

Drummond, Woodsum,  
Plimpton & MacMahon  
Dunlap Corporation  
Eastern Maine Development  
Corp.  
Eastern Maine Technical  
College  
Eaton Peabody Bradford &  
Veague  
Town of Falmouth  
Town of Farmington  
Fleet Bank of Maine  
Town of Fort Fairfield  
Freeport Economic  
Development  
Town of Freeport  
GTE Products Corporation  
Geiger Brothers  
Town of Hampden  
Hannaford Bros. Company  
Harriman Associates  
Town of Houlton  
Hussey Seating Company  
International Paper Company  
Irving Oil Corporation  
Isaacson & Raymond, P.A.  
Jordan's Meats  
KPMG Peat Marwick  
Kennebunk Savings Bank  
Key Bank  
F.R. Lepage Bakery, Inc.  
Lewiston-Auburn Economic  
Growth Council  
City of Lewiston  
Limestone Dev. Foundation  
Town of Lisbon  
Maine Machine Products  
Maine Municipal Association  
Maine Potato Board  
METCO  
New England Telephone  
Northern Maine Regional  
Planning Commission  
Northern Maine Technical  
College  
Northern Utilities, Inc.

City of Old Town  
Peoples Heritage Financial  
Group  
Pierce, Atwood, Scribner,  
Allen, Smith & Lancaster  
Pizzagalli Construction  
Company  
Frank Pomerleau, Inc.  
City of Portland  
Presque Isle Industrial Council  
Preti Flaherty Beliveau &  
Pachios  
City of Rockland  
Saco River Telegraph &  
Telephone  
Sanford/Springvale Chamber  
of Commerce  
Town of Sanford  
Town of Scarborough  
Schatz, Fletcher & Associates  
Sedgwick James of Northern  
New England  
Seltzer & Rydholm, Inc.  
Shaw's Supermarkets  
Shelter Group, Inc.  
Skowhegan Savings Bank  
Times Record  
Tom's of Maine  
UNUM Charitable Foundation  
University of Maine  
University of Maine - Augusta  
University of Maine -  
Farmington  
University of Maine - Machias  
University of Maine - Presque  
Isle  
University of Maine System  
University of Southern Maine  
Verrill & Dana  
Volk Packaging Company  
Washington County Technical  
College  
Town of Wells  
Town of Windham  
Town of Winslow



**COMPANY LISTINGS**  
**BY TYPE OF BUSINESS**

*Accommodations*

WDBC member

**Bass Cove Farm Bed & Breakfast**

Contact: Mary Ann Solet

HC 32 Box 132

Sorrento ME 04677

County: HA

Phone: 422-3564

*Two rooms, shared bath, in comfortable coastal Maine farmhouse.  
Guests' parlor, exercise room. Continental breakfast featuring home  
baked breads/muffins. 15 miles east of Ellsworth.*

\*\*\*\*\*

*Accommodations*

**Bed & Breakfast Down East, Ltd.**

Contact: Sally B. Godfrey

Box 547, Macomber Mill Rd

Eastbrook ME 04634

County: HA

Phone: 565-3517 FAX: 565-2076

\*\*\*\*\*

*Accommodations*

**Bouldaire Conference Center**

Contact: Joy Hoffman

Blue Hill Falls ME 04615

County: HA

Phone: 359-4692



**BOULDAIRE**

On Blue Hill Bay

Conference and Retreat Center  
Weddings Workshops Weekend Retreats  
Individual and Group Accommodations

Blue Hill Falls, Maine 04615 (207) 359-8323 or 4692

\*\*\*\*\*

*Accommodations*

**Cushing Homestead**

Contact: Mrs. Susan Longanecker

Beach Ave Box 266

Long Island ME 04050

County: CU

Phone: 766-2846, 774-4754

\*\*\*\*\*

*Accommodations*

**Limerick Mills Bed & Breakfast**

Contact: Elaine Racicot

RR 1 Box 22 Street: 22 Washington St

Limerick ME 04048

County: YO

Phone: 793-2411 FAX: 793-2115



Accommodations

**The Inn on South Street**

Contact: Eva Downs  
PO Box 478A Street: South St  
Kennebunkport ME 04046

County: YO

Phone: 967-5151

*Comfortable elegance. Spacious rooms, fireplaces, jacuzzi.  
Breakfast always special. Quiet street in historic village.  
Walking distance to shops, restaurants, river, and ocean.*



*The Inn  
on South  
Street*



Eva Downs  
(207) 967-5151

PO Box 478A  
Kennebunkport, Maine 04046

\*\*\*\*\*

Accommodations

Open Year Round

**The Stacked Arms**

Contact: Dolores S. Maguire  
RR 2 Box 146  
Wiscasset ME 04578

County: LI

Phone: 882-5436



Proprietors:  
Dee Maguire  
Sean P. Maguire

RFD 2 Box 146  
Birch Point Road  
Wiscasset, ME 04578  
Tel. 207-882-5436

\*\*\*\*\*

Accommodations

**The Sweet Lillian**

Contact: Donna M. Cogswell  
88 Pine St  
Millinocket ME 04462

County: PE

Phone: 723-4894

\*\*\*\*\*

Accommodations

**Travel Planners**

Contact: Joana Oest  
PO Box 2707 Street: 211 Ocean St  
S. Portland ME 04106

County: CU

Phone: 799-2212

\*\*\*\*\*

Accommodations

**Vicarage by the Sea**

Contact: Joan Peterson-Moulton, PH.D  
RR 1 Box 368B  
S. Harpswell ME 04079

County: CU

Phone: 833-5480



Bed & Breakfast  
**Vicarage  
by the Sea**

Joan Peterson-Moulton, Ph. D.

Rt. 1, Box 368B  
South Harpswell, ME 04079  
(207) 833-5480



*Accounting/Tax Preparation*

WDBC member

**Amazin' Grace**

Contact: Grace Walker  
RR 1 Box 1635  
Cambridge ME 04923

County: SO

Phone: 277-3754

*For a reasonable fee, I offer a full service program that may be utilized on a daily, weekly, or monthly basis; whichever fits your particular need.*

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Atlantic Business Services**

Contact: Marlene D'Souza  
PO Box 11175  
Portland ME 04104

County: CU

Phone: 879-2222 FAX: 871-0688

*ABS offers: Statement generation, bank reconciliations, accounting systems upgrade support, software consultation, installation and training, and UPC-bar code implementation.*



**Marlene G. D'Souza**

Tel: (207) 879-2222  
Fax: (207) 871-0688

P.O. Box 11175  
Portland, Maine 04104

\*\*\*\*\*  
*Accounting/Tax Preparation*

WDBC member

**Austin Law Offices**

Contact: Joann Clark Austin, Esq.  
PO Box 150 Street: Jonesbrook Crossing Prof. Bld  
S. China ME 04358

County: KE

Phone: 445-3333 FAX: 445-4477

*General Practice of Law, Tax, Financial Advice, Divorce and Family Law, Business Organizations, Real Estate, Social Security, Will and Probate.*

**JOANN CLARK AUSTIN**  
**Counselor and Attorney At Law**

P.O. Box 150  
South China, ME 04358

207-445-3333 Jonesbrook Crossing  
FAX 207-445-4477 by Border Trust Bank, off Route 3

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Barbara Simard**

Contact: Barbara Simard  
Grange Ave-Box 85  
Minot ME 04258

County: AN

Phone: 345-4221 FAX: 345-9585

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Berkel Bookkeeping Service**

Contact: Bernice Perpnan

Waterville ME 04901

County: KE

Phone: 872-2258



*Accounting/Tax Preparation*

**Bridges Accounting Services**

Contact: Pamela Bridges

88A North St

Calais ME 04619

County: WS

Phone: 454-0065 FAX: 454-0065

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Business Management Systems**

Contact: Helen M. McKinnon

12 Waldo Ave

Belfast ME 04915

County: WL

Phone: 338-1381 FAX: 338-1381

*Independent Contractor. Monthly accounting for small businesses.  
Tax return preparation. Electronic filing direct to IRS ... no third  
transmission necessary.*

\*\*\*\*\*  
*Accounting/Tax Preparation*

**By The Numbers**

Contact: Elizabeth J. K. Massanek

243 Elm St

S. Portland ME 04106

County: CU

Phone: 767-5894

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Chris Micklatcher, CPA**

Contact: Nancy Micklatcher

PO Box 246

Limerick ME 04048

County: YO

Phone: 793-2713 FAX: 793-4810

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Coastal Documentation**

Contact: Susan Ellis

RR 1 Box 255

Hebron ME 04238

County: OX

Phone: 966-1153

*Helping small, start-up businesses handle the basics of federal  
& state requirements so the business-owner can focus  
on their product.*

*Accounting/Tax Preparation*

WDBC member

**Day & Associates**

Contact: Brenda R. Day  
420 Middle St  
Bath ME 04530

County: SA

Phone: 443-1129

\*\*\*\*\*

*Accounting/Tax Preparation*

**Foster Data Service**

Contact: Kathy Foster  
PO Box 44 Street: 24 Church St  
Ellsworth ME 04605

County: HA

Phone: 667-2338 FAX: 667-2338

\*\*\*\*\*

*Accounting/Tax Preparation*

WDBC member

**Francoise G. Roy, C.P.A.**

Contact: Francoise G. Roy  
8 Twin Island Dr  
Biddeford ME 04005

County: YO

Phone: 284-8602

\*\*\*\*\*

*Accounting/Tax Preparation*

WDBC member

**General Business Services**

Contact: Mary Thron, EA  
PO Box 96  
Kittery Point ME 03905

County: YO

Phone: 439-0889

\*\*\*\*\*

*Accounting/Tax Preparation*

**Hazel Joanne Eaton Public Accountant**

Contact: Hazel Joanne Eaton  
Annis Rd Box 4666  
Camden ME 04843

County: KN

Phone: 236-3728



*Accounting/Tax Preparation*

WDBC member

**Honeck-O'Toole**

Contact: Jane Honeck  
50 Portland Pier  
Portland ME 04101

County: CU

Phone: 774-0882 FAX: 773-2047

*Accounting/Tax Preparation*

WDBC member


**Kathryn A. Dunn, CPA**

Contact: Kathryn A. Dunn  
PO Box 1016 Street: 10 Court Street Pl  
Augusta ME 04330

County: KE

Phone: 626-3554

*Tax Preparation and advisory services; Computer consulting;  
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**Certified Public Accountant**

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Augusta, Maine 04330

**(207) 626-3554**

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*Accounting/Tax Preparation*

**Laurie A. Lawrence Accounting & Income Tax Services**

Contact: Laurie Lawrence  
RR 2 Box 19  
Gardiner ME 04345

County: KE

Phone: 582-1293

*Advice on proper recordkeeping, required payroll and tax forms, etc.;  
payroll and/or payroll tax reports; monthly bookkeeping; checkbook  
reconciliations; individual and small business tax returns.*

*Accounting/Tax Preparation*

**Lu Bauer, CPA**

Contact: Lu Bauer  
196 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-0466

*Holistic approach to tax services and accounting; business start-up  
assistance; individual counseling and groups exploring money beliefs  
and habits; teaching money skills and debt management.*



**Lu Bauer, CPA**

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196 Gray Road, Falmouth, Maine 04105

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**Madeline Tomlin Associates**

Contact: Madeline Tomlin  
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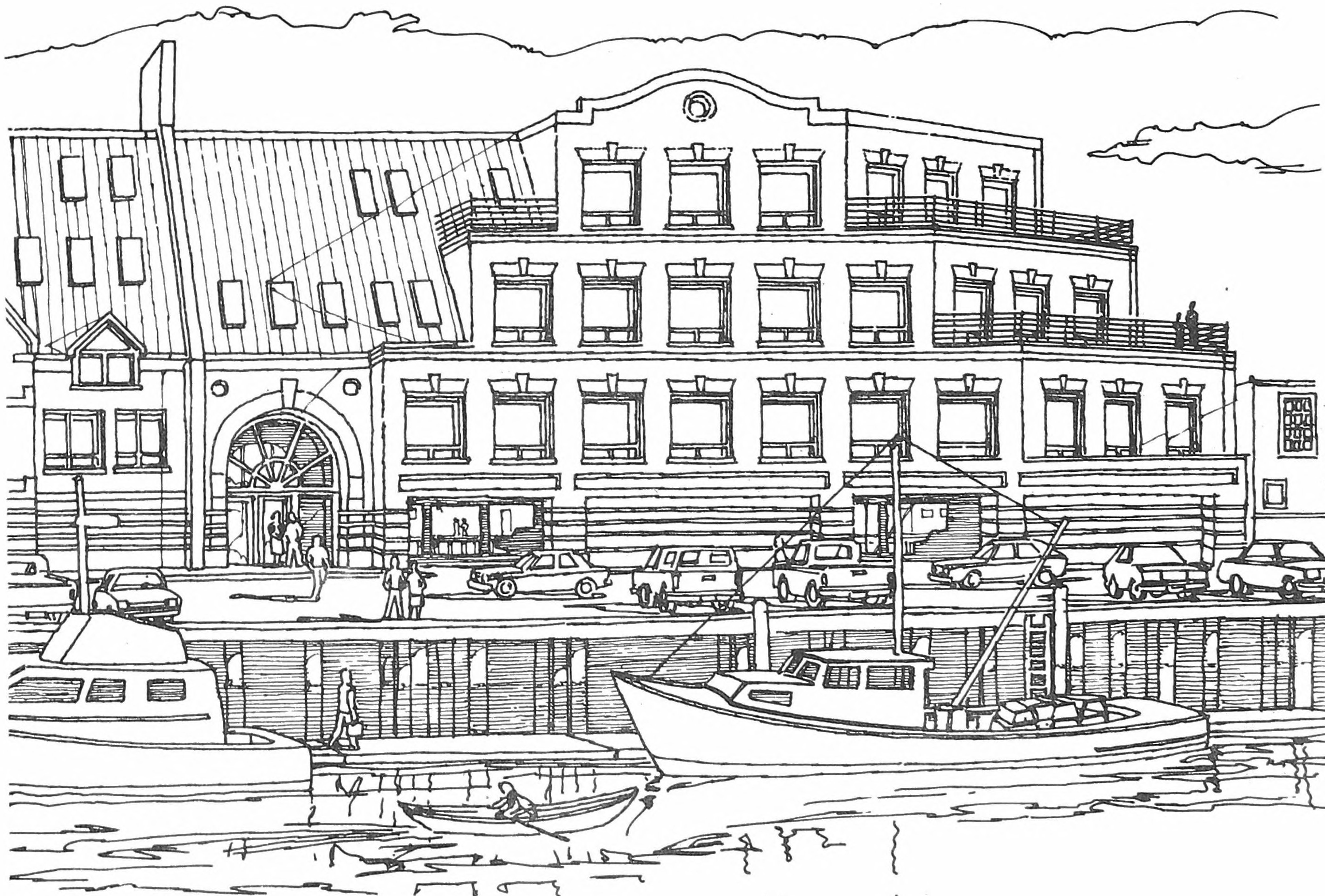
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Contact: Mary McVey  
565 Congress St, Room 304  
Portland ME 04101

County: CU

Phone: 761-2096

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*Accounting/Tax Preparation*

**Maryanne M. Mattson, CPA**

Contact: Maryanne M. Mattson  
PO Box 749  
Southwest Harbor ME 04679

County: HA

Phone: 244-5635 FAX: 244-4001

*Maryanne offers reliable professional support to small businesses and individuals. She specializes in providing accounting, tax, and consulting services.*

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WDBC member

**Milestones**

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Cumberland ME 04021

County: CU

Phone: 829-4132

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County: CU

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County: SA

Phone: 737-8196



*Accounting/Tax Preparation*

**Ruth G. Higgins, CPA**  
Contact: Ruth G. Higgins  
PO Box 296    Street: 38 Main St  
Oakland ME 04963

County: KE

Phone: 465-2804

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PO Box 354  
Manchester ME 04351

County: KE

Phone: 685-3114    FAX: 685-3250

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P. O. Box 354  
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WDDB member

**Counseling/Psychotherapy**  
Contact: Barbara Loewenberg-Irlandy M.A., R.T.C  
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Portland ME 04103

County: CU

Phone: 774-8149

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*Advocacy*

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County: KE

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*Advocacy*

WDBC member

**Women Unlimited**

Contact: Dale McCormick  
1250 Turner St  
Auburn ME 04210

County: AN

Phone: 786-5259 FAX: 777-7353

*Women Unlimited is a statewide organization that advocates for  
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**Abbot Village Crafts and Antiques**

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PO Box 130 Street: Rt 15  
Abbot Village ME 04406

County: PS

Phone: 876-2295

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County: YO

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**Patricia Stauble Antiques & Assoc.**

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County: PE

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*Commercial/Residential Interiors: Space planning; construction drawings; coordination & specification of flooring, wall treatments, ceilings, cabinetry, window treatments; lighting; furniture layouts & specifications; art consultation.*

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10 Danforth St  
Portland ME 04101  
County: CU

Phone: 773-8681 FAX: 773-5173

# REDHOUSE ARCHITECTS

10 Danforth Street Portland, Maine 04101 207-773-8681 FAX 207-773-5173

JENNY POTTER SCHEU  
Architect



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*Construction Management Services. Design, Construction, and Scheduling Services for complex, highly technical Projects in Industrial, Commercial, Power, Water Treatment, and Chemical Facilities.*

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Newcastle ME 04553

County: LI

Phone: 563-5583

*Astrological counseling provides overview. Motivation for the patterns and cycles of daily life are illuminated. Conscious choice can then become a possibility. We remember ease.*

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*Astrology*

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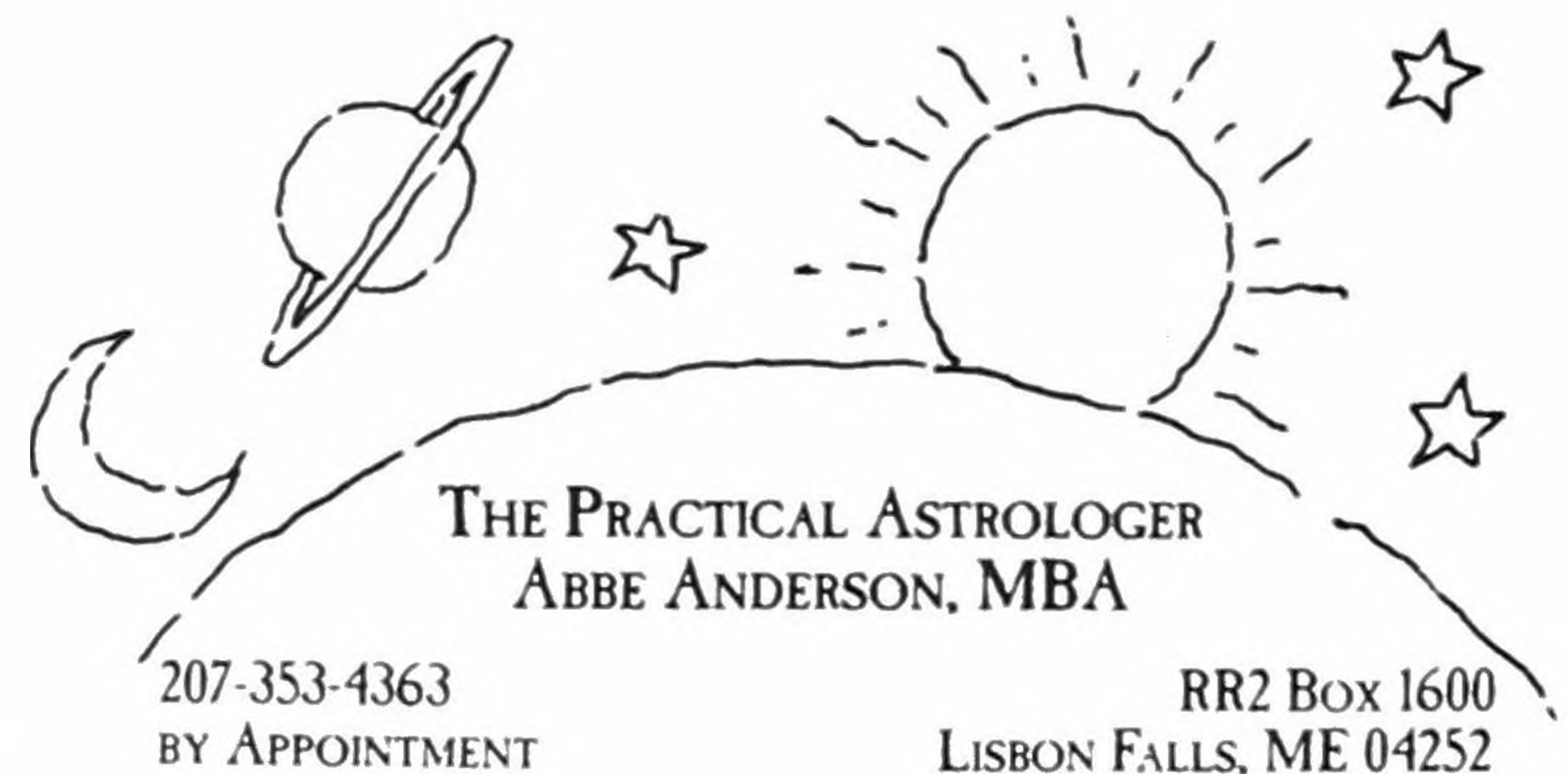
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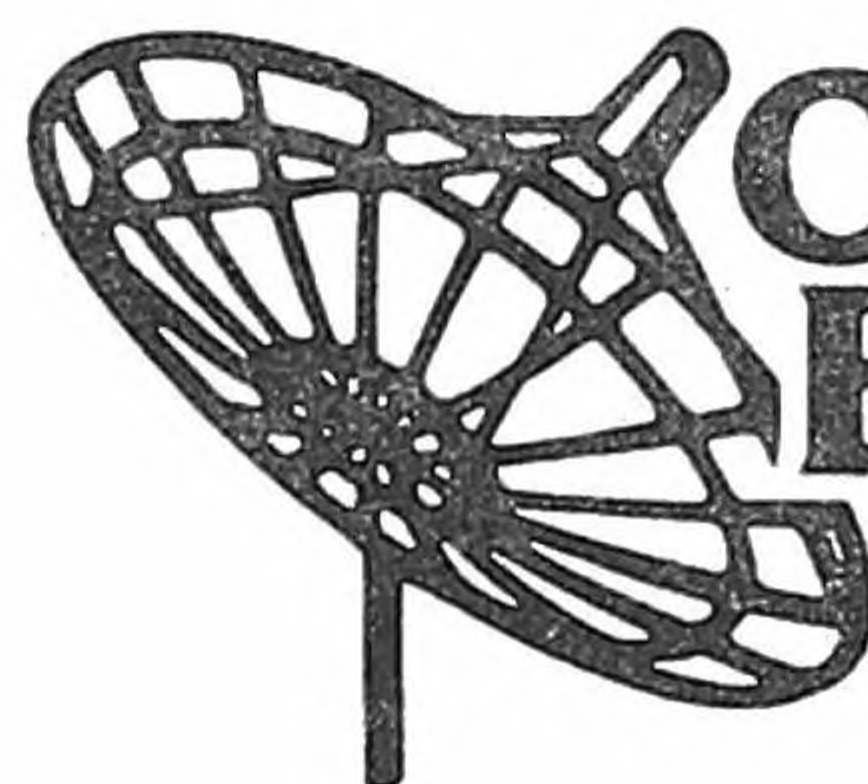
Contact: Adrienne Broome

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County: SO

Phone: 696-3200 FAX: 696-5802



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County: AR

Phone: 492-6721

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*Automotive/Motorcycle*

**The Toy Shop**

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PO Box 207 Street: Weston Rd

Turner ME 04282

County: AN

Phone: 225-3065

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*Boats/Marine*

**Freedom Fabrication**

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Belfast ME 04915

County: WL

Phone: 338-6828

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*Boats/Marine*

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County: CU

Phone: 775-7317 FAX: 775-7317

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*Boats/Marine*

**Tommy's**

Contact: Theda Shafran  
273 Congress St  
Portland ME 04101

County: CU

Phone: 772-5357

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*Bookkeeping Services*

**Berkel Bookkeeping Service**

Contact: Bernice Perpinan

Waterville ME 04901

County: KE

Phone: 872-2258

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*Bookkeeping Services*

WDBC member

**Budgeting & Bookkeeping Business**

Contact: Lori Hussey  
15 Holly St, Suite 207  
Scarborough ME 04074

County: CU

Phone: 883-8185, 646-8390

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*Bookkeeping Services*

**Business Management Systems**

Contact: Valerie Clapp  
RR 1 Box 1305  
Lincoln ME 04457

County: PE

Phone: 732-3963

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business management systems

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County: PE

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business management systems

ETHEL F. KENNEDY Associate  
Computerized Bookkeeping

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(207) 825-3818

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County: HA

Phone: 667-3186

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business management systems

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Computerized Bookkeeping

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County: CU

Phone: 767-5894

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*Bookkeeping Services*

**Chris Micklatcher, CPA**

Contact: Nancy Micklatcher  
PO Box 246  
Limerick ME 04048

County: YO

Phone: 793-2713 FAX: 793-4810

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*Bookkeeping Services*

**Kettle Cove Currency**

Contact: Bertelle Brooking  
596 Ocean House Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-1007

**KETTLE COVE CURRENCY**

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596 Ocean House Road  
Cape Elizabeth, ME 04107*

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*Books*

**Center for New Age Studies Bookstore/PWE**

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County: CU

Phone: 775-7135

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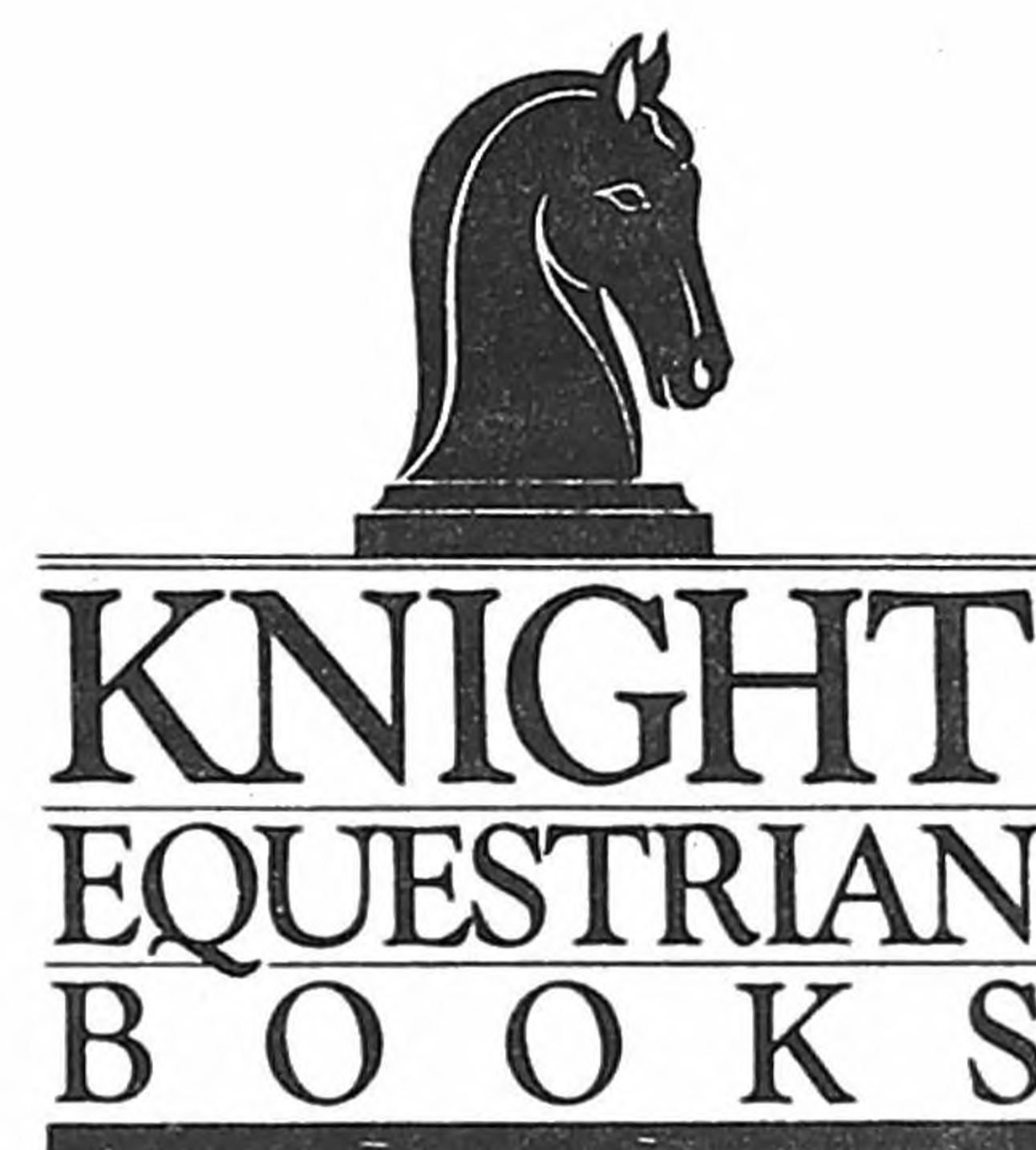
Books

**Iron Horse Bookstore**

Contact: Ms. Charlie Hartman  
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Waterville ME 04901

County: KE

Phone: 872-0939



Books

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County: LI

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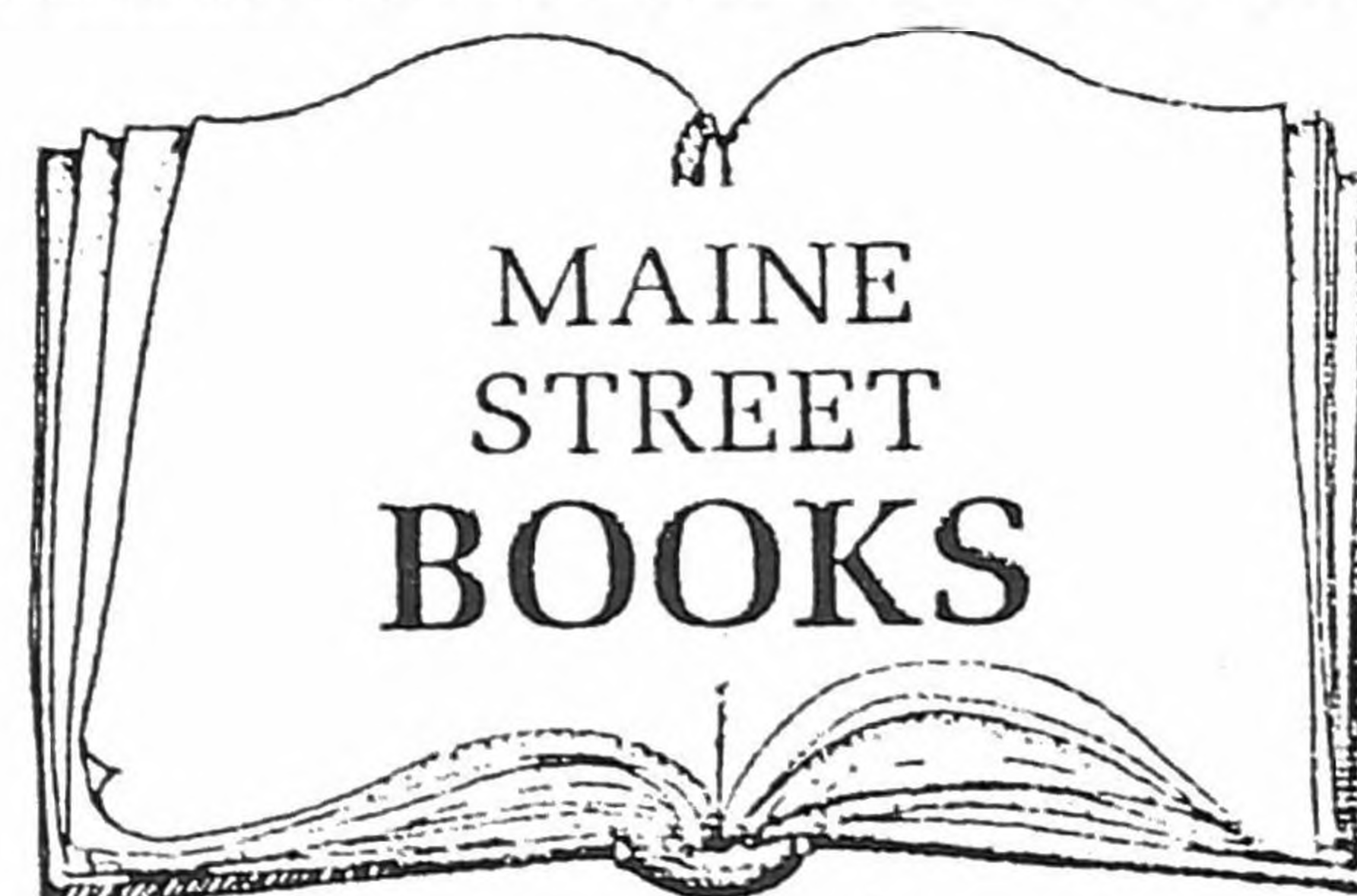
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County: PE

Phone: 848-5358 FAX: 848-5358

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A & G BUSINESS SERVICES

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Carmel, ME 04419  
848-5358

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PO Box 11175  
Portland ME 04104

County: CU

Phone: 879-2222 FAX: 871-0688

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County: AN

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*Business Services*

**Bridges Accounting Services**

Contact: Pamela Bridges  
88A North St  
Calais ME 04619

County: WS

Phone: 454-0065 FAX: 454-0065

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*Business Services*

WDBC member

**BusinessWorks**

Contact: Julie Whittington  
6 Patterson St  
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County: KE

Phone: 622-9233 FAX: 622-4700

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**C: Scribe**

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**Fax (207) 883-3358**  
**Car (207) 233-1545**

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*Business Services*

**Connections Secretarial Services**

Contact: Becky J. Davis, PLS, CPRW  
5 Walnut St  
Waterville ME 04901-5751 County: KE

Phone: 872-5999

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*Business Services*

WDBC member

**D. E. Ripley Business Services**

Contact: Deanna E. Ripley  
PO Box 83  
St. George ME 04857 County: KN

Phone: 594-1022

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*Business Services*

WDBC member

**Day & Associates**

Contact: Brenda R. Day  
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Bath ME 04530 County: SA

Phone: 443-1129

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Tax Reporting

**Finnegan & Associates** helps small businesses by acting as the business manager or controller.

The goal is to make an enterprise more profitable with solid fiscal planning and business management.

The tasks that **Finnegan & Associates** undertake vary with each company—from updating accounting systems to helping find a new location.

A small business itself, **Finnegan & Associates** was established in 1987. Mary Finnegan has more than 20 years' experience in management and accounting, and has provided services to more than 50 Maine businesses.

## Finnegan & Associates

### ■ Small Business Management

### ■ Fiscal Planning

### ■ New Business Development

*Mary E. Finnegan, Owner*

**(207) 781-4450**

170 U.S. Route 1, Falmouth, ME 04105  
Fax: 829-3912

#### Beginning a business?

*Finnegan & Associates will*

- Outline and prioritize the steps necessary to begin
- Project expenses and revenues
- Point out pitfalls
- Write a business plan

- Help find creative financing
- Help find a business location
- Help with any large capital purchases
- Help with marketing and public relations
- Establish solid accounting practices (manual or computerized)

#### Need assistance with your banking relationship?

*Finnegan & Associates will*

- Establish a working relationship with your loan officer
- Help you explore financing possibilities
- Assist in completion of paperwork necessary for financing

#### Cash flow problems?

*Finnegan & Associates will*

- Analyze cash flow
- Review accounting procedures
- Develop a business plan
- Set budgets
- Work out payment plans with vendors and banks
- Assist with collections
- Streamline operations to make the business profitable

#### Need a better accounting system?

*Finnegan & Associates will*

- Evaluate the present system
- Determine what is needed
- Convert the present or install a new accounting system
- Teach the staff how to use the new system, as well as the basics of sound bookkeeping
- Monitor for problems or success

#### Ongoing business management needs?

*Finnegan & Associates will*

- Act as a controller on a part time/regular basis, as needed
- Provide financial statements
- Analyze and review statements with owner
- Oversee activity of the company on a regular basis



*Business Services*

WDBC member

**Downeast Temporary Services**

Contact: Julia Comeau  
1096 Main St  
Veazie ME 04401-7056

County: PE

Phone: 947-7541 FAX: 942-0098

*Provides businesses with quality temporary employment in areas such as secretaries, office support, data entry, marketing, light industrial, and event planning.*

\*\*\*\*\*

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**Finnegan & Associates**

Contact: Mary Finnegan  
170 U.S. Route 1  
Falmouth ME 04105

County: CU

Phone: 781-4450 FAX: 829-3912

*Management and fiscal consulting for small business, start-up help, cashflow solutions and help with solid business practices. Your own part-time controller.*

\*\*\*\*\*

*Business Services*

**Foster Data Service**

Contact: Kathy Foster  
PO Box 44 Street: 24 Church St  
Ellsworth ME 04605

County: HA

Phone: 667-2338 FAX: 667-2338

\*\*\*\*\*

*Business Services*

**G. Bousum Enterprises, Inc.**

Contact: Virginia Dyer Bousum  
PO Box 166  
Kingfield ME 04947-0166

County: FR

Phone: 265-2200

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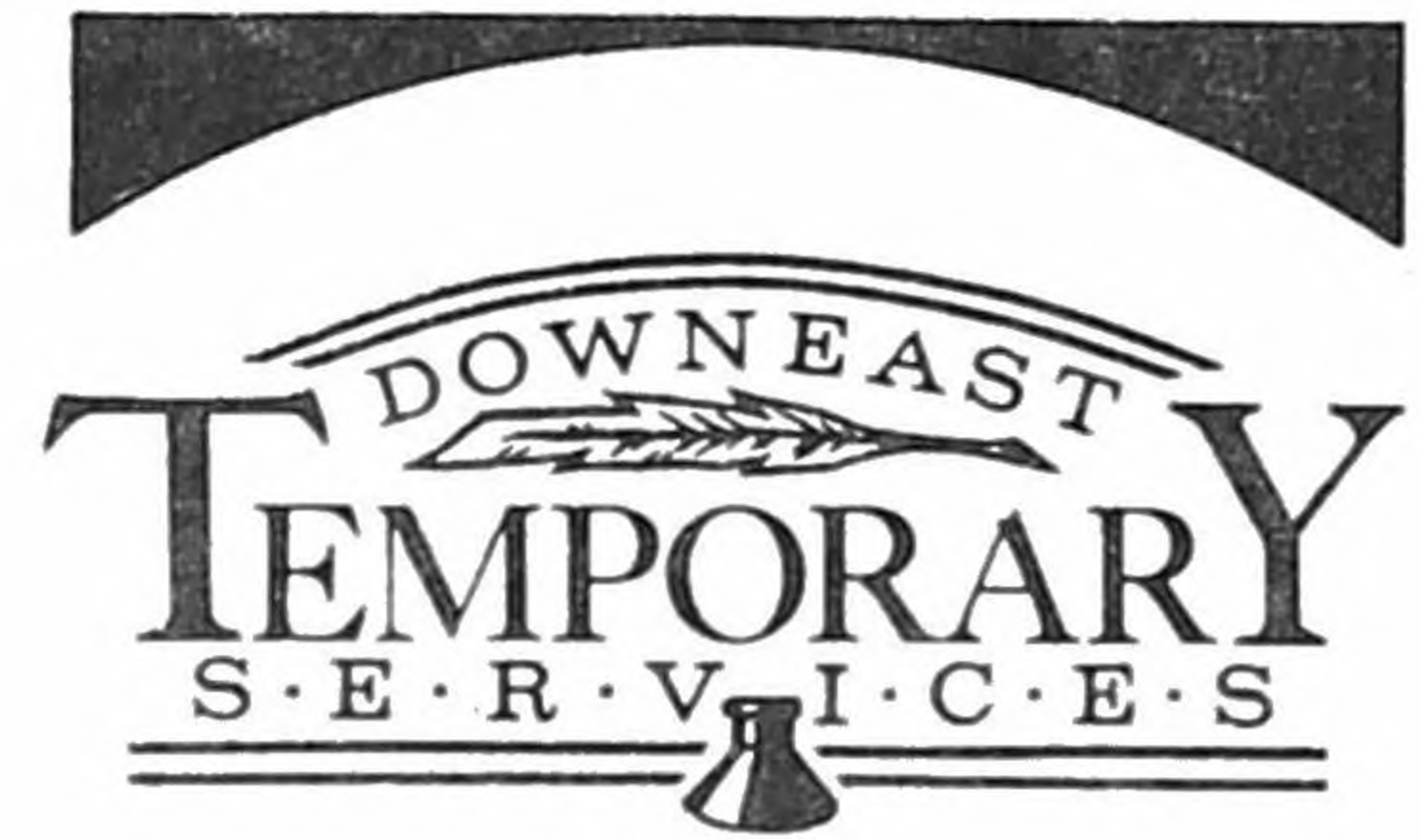
*Business Services*

**Hazel Joanne Eaton Public Accountant**

Contact: Hazel Joanne Eaton  
Annis Rd Box 4666  
Camden ME 04843

County: KN

Phone: 236-3728



**JULIA A. COMEAU**

President

(207)

947-7541

1096 Main Street

Veazie, Maine

04401-7056





*Business Services*

**Lebel Personnel**

Contact: Cindy Lebel, CPC  
99B Larrabee Rd  
Westbrook ME 04092

County: CU

Phone: 854-2422 FAX: 854-1405

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*Business Services*

**Limerick Professional Services**

Contact: Brenda W. Norris  
PO Box 10  
Limerick ME 04048

County: YO

Phone: 793-2713 FAX: 793-4810

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County: KE

Phone: 268-4257

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RR 1 Box 1121A  
Readfield ME 04355

County: KE

Phone: 685-4721

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*Business Services*

**Lisa Pearl Services**

Contact: Lisa Lightbown  
PO Box 941  
Biddeford ME 04005

County: YO

Phone: 283-2878



*Business Services*

WDBC member

**MaineTech Business Center**

Contact: Joan Craig  
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Orono ME 04473 County: PE

Phone: 866-3795 FAX: 866-3786

*Executive Suite Rentals with on-site secretarial services. Fax machine, photocopier, conference room. Park-like setting -- ample parking -- new professional office building.*

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Southwest Harbor ME 04679 County: HA

Phone: 244-5635 FAX: 244-4001

*Maryanne offers reliable professional support to small businesses and individuals. She specializes in providing accounting, tax, and consulting services.*

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*Business Services*

**Multi-Management Services, Inc.**

Contact: Nancy L. Verrill  
RR 1 Box 455  
Levant ME 04456 County: PE

Phone: 884-8779

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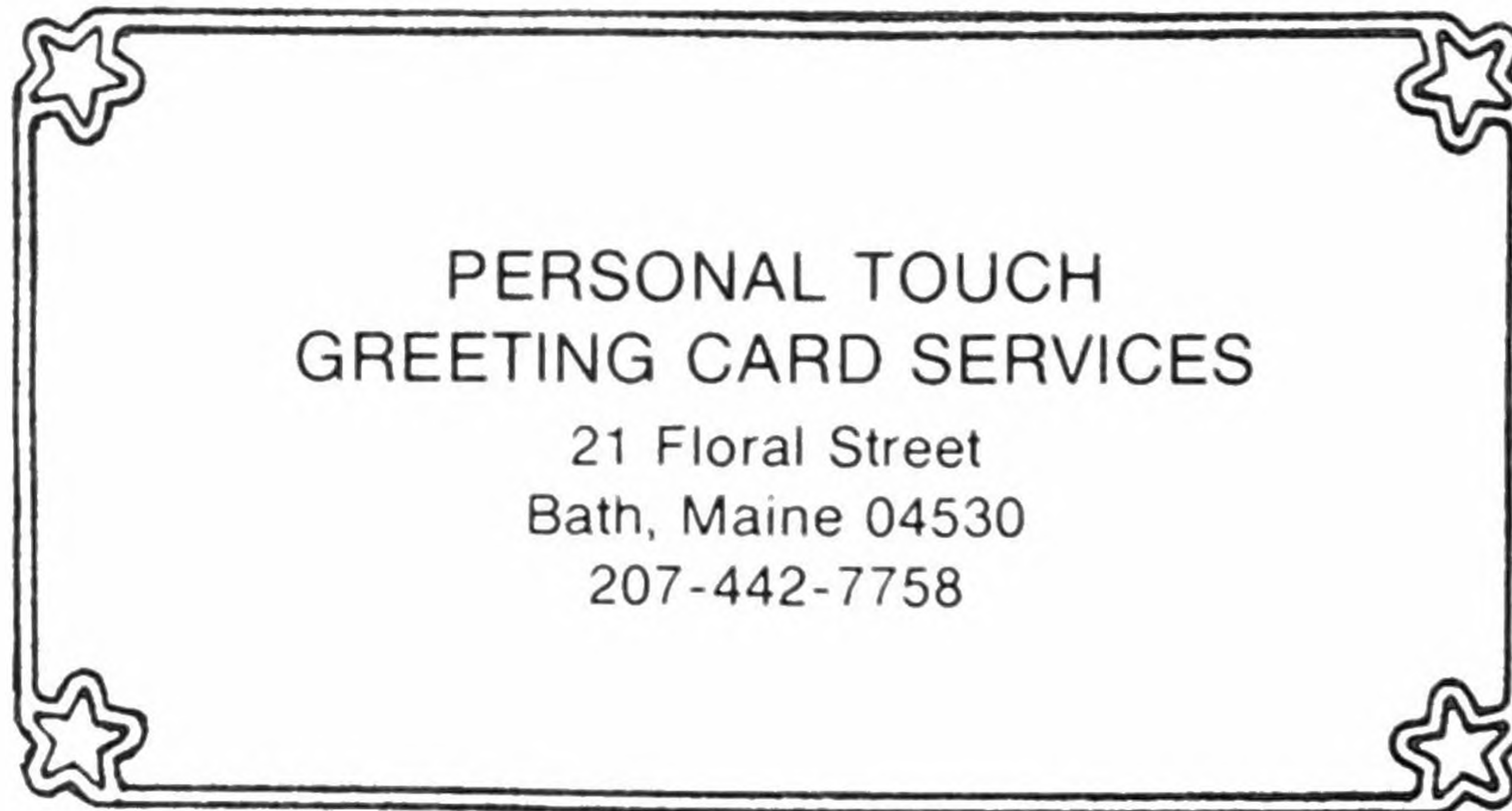
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County: SA

Phone: 737-8196

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County: LI

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Phone: 871-0362 FAX: 871-7934

*Professional & Individual Services. Bookkeeping, Payroll and Reports, Computer Services, and Income Tax Preparation. We welcome the opportunity to assist you!*

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WDBC member

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County: KE

Phone: 724-3717

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County: SA

Phone: 725-1484

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Brenda T. Cartwright

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PO Box 1537  
Auburn ME 04211 County: AN

Phone: 784-9724 FAX: 784-9724

Business Services

WDBC member

Your Personal Secretary

Contact: Jennifer Hill  
19 Wight St  
Belfast ME 04915 County: WL

Phone: 338-4501

Candy

Harbor Candy Shop Inc. & Crumpets'

Contact: Eugenie S. Foss  
PO Box 498  
Ogunquit ME 03907 County: YO

Phone: 646-8078

Candy

WDBC member

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Contact: Lea Sullivan  
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**Sweet Temptation Candies**

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Phone: 990-1328

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*Candy*

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Contact: Jennifer Laskey  
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N. Harpswell ME 04079 County: CU  
  
Phone: 729-0773

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*Catering/Party Services*

WDBC member

**Ballons and Things**

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Belgrade Lakes ME 04918 County: KE  
  
Phone: 495-3864

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Contact: Maria Von Magnus  
PO Box 279  
Woolwich ME 04579

County: SA

Phone: 443-2284

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*Catering/Party Services*

WDBC member

**Special Occasions**

Contact: Diane Williams  
PO Box 71 Street: Pond Rd  
Manchester ME 04351

County: KE

Phone: 621-0090

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WDBC member

**Storybook Hat Company**

Contact: Ann Silva  
PO Box 567  
Union ME 04862

County: KN

Phone: 785-4927

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*Catering/Party Services*

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Contact: Dolores S. Maguire  
RR 2 Box 146  
Wiscasset ME 04578

County: LI

Phone: 882-5436



*Catering/Party Services*

WDBC member

**Truffles Cafe**

Contact: Ellen Spiegelman  
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Bath ME 04530

County: SA

Phone: 442-8474

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*Catering/Party Services*

WDBC member

**Village Farm Caterers**

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RR 1 Box 1392  
Turner ME 04282

County: AN

Phone: 225-3663, 225-2171



Allyson White 225-2171  
Sharon Hathaway 225-3663

Route 117  
Turner Village, Maine 04280

\*\*\*\*\*

*Children's Goods & Services*

**A Mom Who Knows**

Contact: Pat Sager-Horton  
RR 1 Box 235A  
Penobscot ME 04476

County: HA

Phone: 326-4334

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*Children's Goods & Services*

WDBC member

**Kid's Stuff**

Contact: Deborah Sirois  
31 Herschel St  
Caribou ME 04736

County: AR

Phone: 492-0200

\*\*\*\*\*

*Children's Goods & Services*

**Kids on the Move**

Contact: Maureen Oosten  
6 Fieldcrest Drive  
Kennebunk ME 04043

County: YO

Phone: 985-9234



*Children's Goods & Services*

WDBC member

**Maine Baby Co.**  
Contact: Soone Hitt  
RR 1 Box 910  
Morrill ME 04952

County: WL

Phone: 342-5055

\*\*\*\*\*

*Children's Goods & Services*

**Softouch Diaper Service**  
Contact: Ellen Wells-Malloy  
PO Box 5183  
Augusta ME 04332

County: KE

Phone: 622-1145, 800-734-1147

\*\*\*\*\*

*Children's Goods & Services*

WDBC member

**The Baby Bag Company**  
Contact: Elizabeth Andrews  
PO Box 566  
Cumberland Center ME 04021

County: CU

Phone: 829-5037 FAX: 829-5946

\*\*\*\*\*

*Children's Goods & Services*

**The Bottom Line Diaper Service**  
Contact: Daria Burns  
PO Box 1248  
Biddeford ME 04005

County: YO

Phone: 499-7278

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*Cleaning/Laundry Services*

**Kline Cleaning Service**  
Contact: Marcia S. Kline  
RR 1 Box 4750  
Levant ME 04456-9722

County: PE

Phone: 884-7223



*Cleaning/Laundry Services*

**M & M Services**

Contact: Marilyn D. Smith  
PO Box 982 Street: Belfast Rd  
Camden ME 04843

County: KN

Phone: 236-2353

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*Cleaning/Laundry Services*

**Saliba's Rug & Upholstery Cleaners**

Contact: Laurie J. Karam  
59 May St  
Bangor ME 04401

County: PE

Phone: 947-8876

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**ServiceMASTER of the Augusta/Waterville Area**

Contact: Paula R. Welton  
133 Mt. Vernon Ave  
Augusta ME 04330

County: KE

Phone: 623-4113, 873-5275, 800-540-2506

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*Cleaning/Laundry Services*

**Softouch Diaper Service**

Contact: Ellen Wells-Malloy  
PO Box 5183  
Augusta ME 04332

County: KE

Phone: 622-1145, 800-734-1147

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*Cleaning/Laundry Services*

**The Bottom Line Diaper Service**

Contact: Daria Burns  
PO Box 1248  
Biddeford ME 04005

County: YO

Phone: 499-7278



*Cleaning/Laundry Services*

WDBC member

**Tom & Jerry's Distributors**

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Contact: Susan Bergier  
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Portland ME 04101

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*Clothing/Dressmaking*

**Bickford's Greenhouses**

Contact: Pauline Bickford  
160 Norridgewock Rd  
Fairfield ME 04937

County: SO

Phone: 453-2047

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*Clothing/Dressmaking*

WDBC member

**Boutique Marguerite**

Contact: Marguerite Comerford  
PO Box 647a Street: Ocean Ave  
Kennebunkport ME 04046

County: YO

Phone: 967-3130, 967-4254

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County: AN

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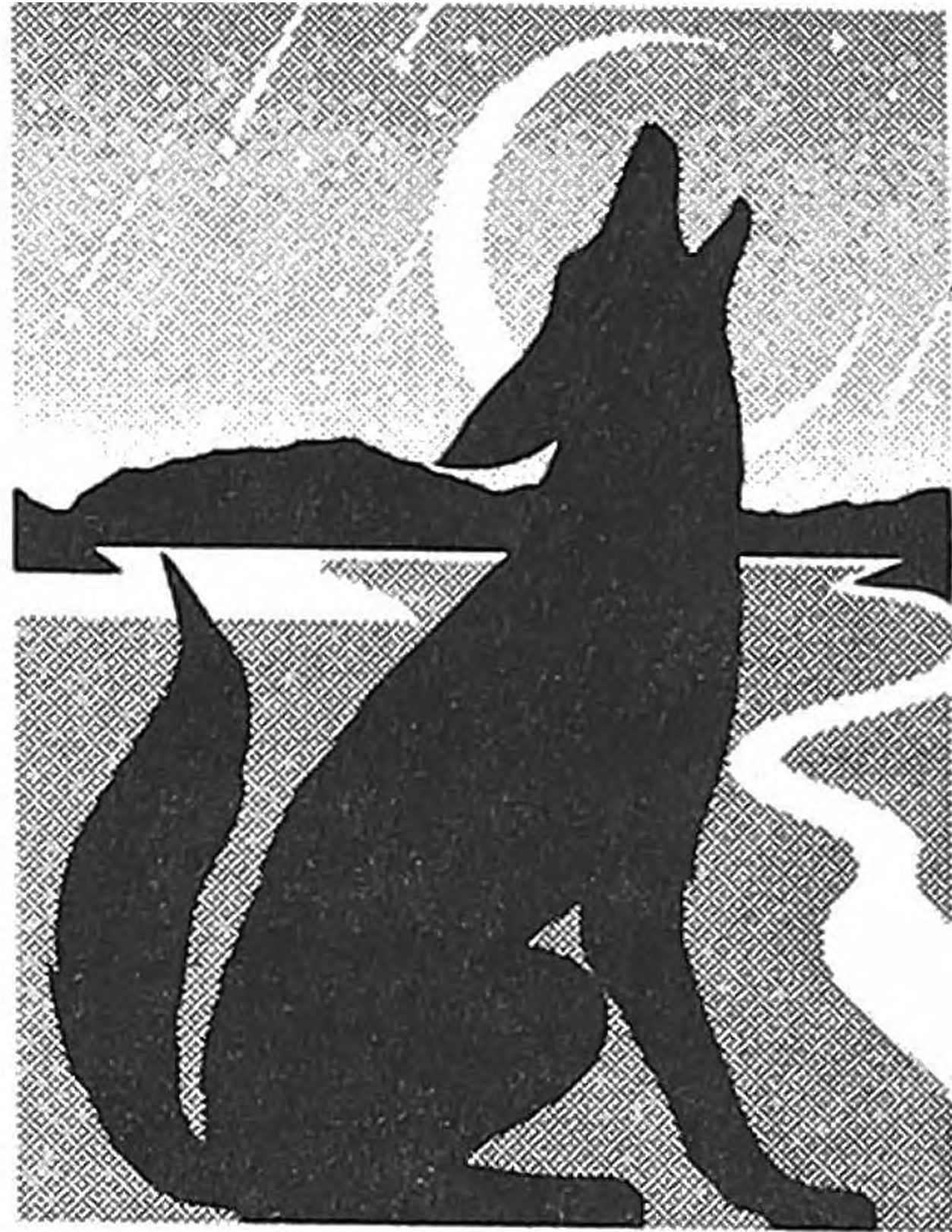


Clothing/Dressmaking

**Coyote Moon**  
Contact: Michelle Walker  
54 Main St  
Belfast ME 04915

County: WL

Phone: 338-5659



Clothing/Dressmaking

WDBC member

**Doncaster**  
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County: CU

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County: CU

Phone: 833-6391

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County: AR  
  
Phone: 492-0200

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Phone: 945-9813



*Clothing/Dressmaking*

WDBC member

**MASA Knits of Maine**

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County: KE

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**Pancsofar's Bridal Shop**

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Presque Isle ME 04769

County: AR

Phone: 769-8611

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*Clothing/Dressmaking*

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Contact: Sue Westlake  
RR 1 Box 88  
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County: KE

Phone: 685-4510



*Clothing/Dressmaking*

WDBC member

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6 North Belfast Ave  
Augusta ME 04330

County: KE

Phone: 622-4067

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*Clothing/Dressmaking*

**Rosamond**

Contact: Rosamond Field  
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Camden ME 04843

County: KN

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*Clothing/Dressmaking*

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**Cindy McLellan**

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the Couture Touch*

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by Appointment*



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Box 51  
W. Sumner Village ME 04292  
County: OX  
  
Phone: 388-2162



*Clothing/Dressmaking*

**The Village Seamstress**

Contact: Mary Alley

RR 2 Box 82

Lamoine ME 04605

County: HA

Phone: 667-4021

\*\*\*\*\*

*Clothing/Dressmaking*

WDBC member

**The Wild Rose**

Contact: Mary E. Parker

PO Box 657 Street: Main St

Bethel ME 04217

County: OX

Phone: 824-3782 FAX: 824-2061

\*\*\*\*\*

*Clothing/Dressmaking*

**Undercover Elegance**

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119 Bath Rd

Brunswick ME 04011

County: CU

Phone: 729-7959

\*\*\*\*\*

*Clothing/Dressmaking*

WDBC member

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*Hats crocheted of quality Maine wool, specialty yarn accents, original designs. Cloche with 4-position brim offers warmth with style. Custom orders welcome. Retail, wholesale consignment.*

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*Communications*

WDBC member

**Berard Communications**

Contact: Suzanne J. Berard

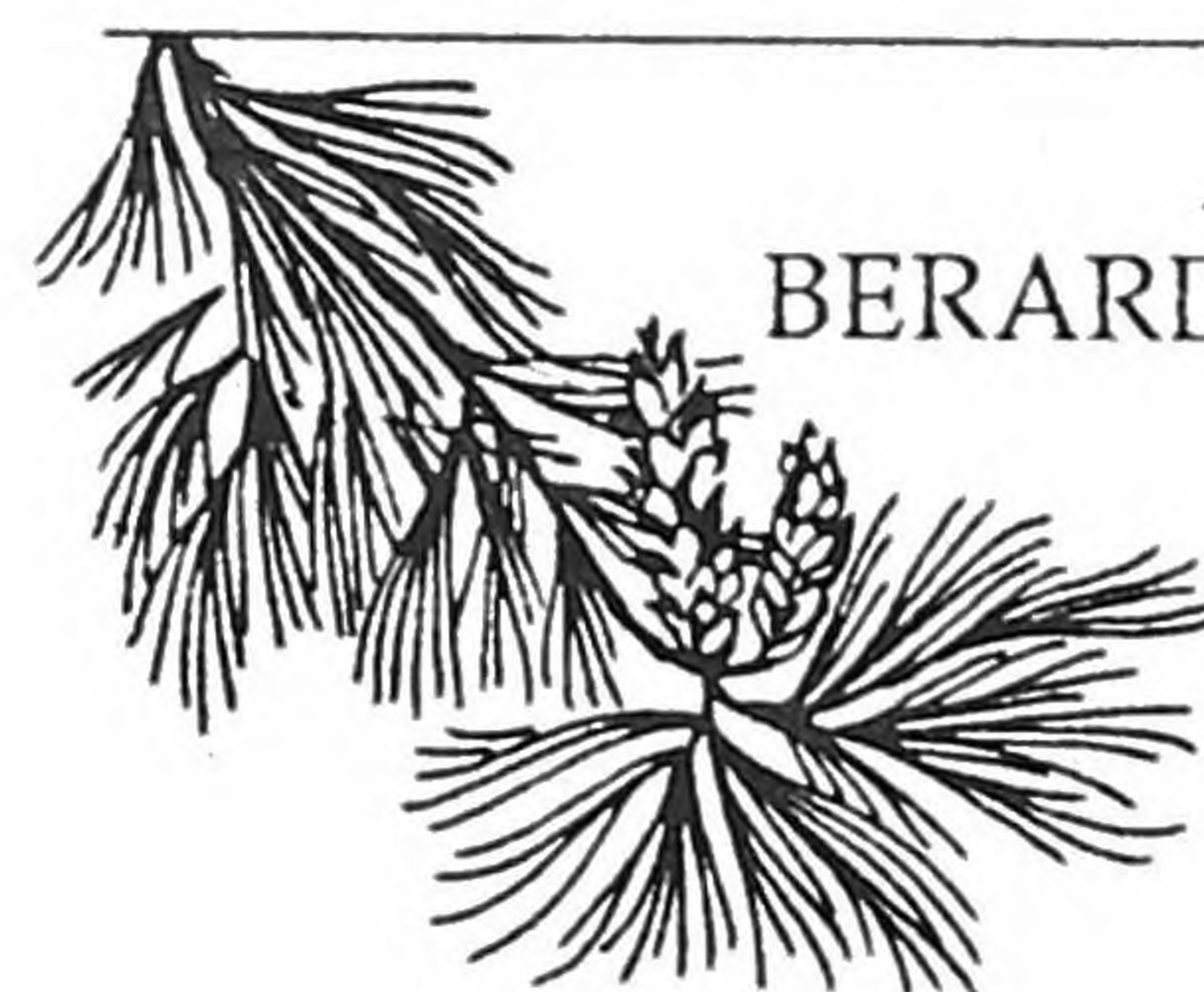
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Litchfield ME 04350

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BERARD COMMUNICATIONS

SUZANNE J. BERARD  
R.R. 1, BOX 132  
LITCHFIELD, MAINE 04350  
PHONE/FAX 207/268-4196



Communications

**Capital Connections**

Contact: Karen Feld  
PO Box 123  
Bridgton ME 04009 County: CU  
  
Phone: 647-8913 FAX: 647-8913

\*\*\*\*\*

Communications

WDBC member

**Coastal Publishing, Co dba Coastal Journal**  
Contact: Mary Denzer & Sarah Stacy  
PO Box 575 Street: 361 High St  
Bath ME 04530 County: SA  
  
Phone: 443-6151 FAX: 443-5605

**MARY A. DENZER**  
**Marketing Consultant**

361 High Street  
Bath, Maine 04530  
207-443-6241

\*\*\*\*\*

Communications

WDBC member

**Dow & Associates**  
Contact: Joan L. Dow  
PO Box 7242 Street: Commercial St  
Portland ME 04112 County: CU  
  
Phone: 773-7442 FAX: 773-4494

\*\*\*\*\*

Communications

**Dudman Communications Corporation**  
Contact: Martha T. Dudman  
Box 1129 Street: 68 State St  
Ellsworth ME 04605 County: HA  
  
Phone: 667-9555 FAX: 667-2436

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Communications

WDBC member

**Eberhardt/Impact**  
Contact: Barbara Eberhardt  
142 High St, #634  
Portland ME 04101 County: CU  
  
Phone: 775-6558

*Workshops and private coaching for women who need or want  
to speak up - interpersonal, presentations, communication style.*



Communications

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**Hampden Telephone Company**

Contact: Linda Gamble & Lynn Van Leer  
PO Box 250  
Hampden ME 04444

County: PE

Phone: 862-3000 FAX: available

Communications

WDBC member

**Human Communication Enterprises**

Contact: Terri Wlodarski  
PO Box 222  
Orono ME 04473

County: PE

Phone: 866-0226 FAX: 886-0226

**HUMAN COMMUNICATION ENTERPRISES**

CONSULTATION / TRAINING & EDUCATION  
Post Office Box 222  
Orono, Maine 04473

TERRI WLODARSKI

FAX (207) 866-0226  
(207) 866-0226

Communications

**Nancy Marshall Communications**

Contact: Nancy Marshall  
RR 1 Box 2050  
Kingfield ME 04947

County: FR

Phone: 235-2316 FAX: 235-2110

*Public Relations and Marketing Services specializing in resort and recreation-oriented businesses. Primary client is Sugarloaf/USA. Member: Maine Tourism Commission. Call for free consultation.*

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Media Relations  
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Collateral Production  
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Communications

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Contact: Gail Rossi  
RR 2 Box 466  
Casco ME 04015

County: CU

Phone: 655-3103

**Nancy Marshall**  
**207-235-2316**  
**FAX 207-235-2110**

Rural Route One, Box 2050  
Kingfield, Maine 04947

Communications

WDBC member

**Speak for Yourself**

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PO Box 66852  
Falmouth ME 04105

County: CU

Phone: 781-7101 FAX: 781-2719

*A speech improvement service geared to help you develop your personal and professional speaking skills. Specializing in diction accent reduction and speech delivery.*



*Computers*

**Business Management Systems**

Contact: Valerie Clapp

RR 1 Box 1305

Lincoln ME 04457

County: PE

Phone: 732-3963

*Independent Contractor*

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*Computers*

**Business Management Systems**

Contact: Donna King

48 Elm St

Bangor ME 04401

County: PE

Phone: 947-8102 FAX: 947-8102

*Independent Contractor*

\*\*\*\*\*  
*Computers*

**Business Management Systems**

Contact: Lorelei McKinnon, Owner

412 French St

Bangor ME 04401

County: PE

Phone: 942-5804 FAX: 942-5804

*Business Management Systems brings computerized bookkeeping and organizational services within the reach of all businesses, no matter how small. Serving Maine since 1980.*

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249 Fifteenth St

Bangor ME 04401

County: PE

Phone: 947-1120



Connie Howell

■ 249 15th Street, Bangor, Maine 04401

■ (207)-947-1120

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*Computers*

WDBC member

**Kathryn A. Dunn, CPA**

Contact: Kathryn A. Dunn

PO Box 1016 Street: 10 Court Street Pl

Augusta ME 04330

County: KE

Phone: 626-3554

*Tax Preparation and advisory services; Computer consulting; Compilations; Reviews; Audits and Projections. Sliding-scale fee for women, minorities, handicapped, and non-profit services groups.*



*Computers*

**Lynne Sanford**

Contact: Lynne Sanford  
RR 2 Box 3170  
Bowdoinham ME 04008

County: SA

Phone: 666-3209

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*Computers*

**Modular Media**

Contact: Judy McGeorge  
PO Box 1119  
Bucksport ME 04416

County: HA

Phone: 469-3700 FAX: 469-6249

*Modular Media helps small enterprises to manage business  
information effectively, and to communicate with grace and  
power using print, audio, video, and multi-media.*

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*Computers*

**The Computer Department, Inc.**

Contact: Claire Whitmore  
PO Box 27 Street: Church Rd  
Readfield ME 04355

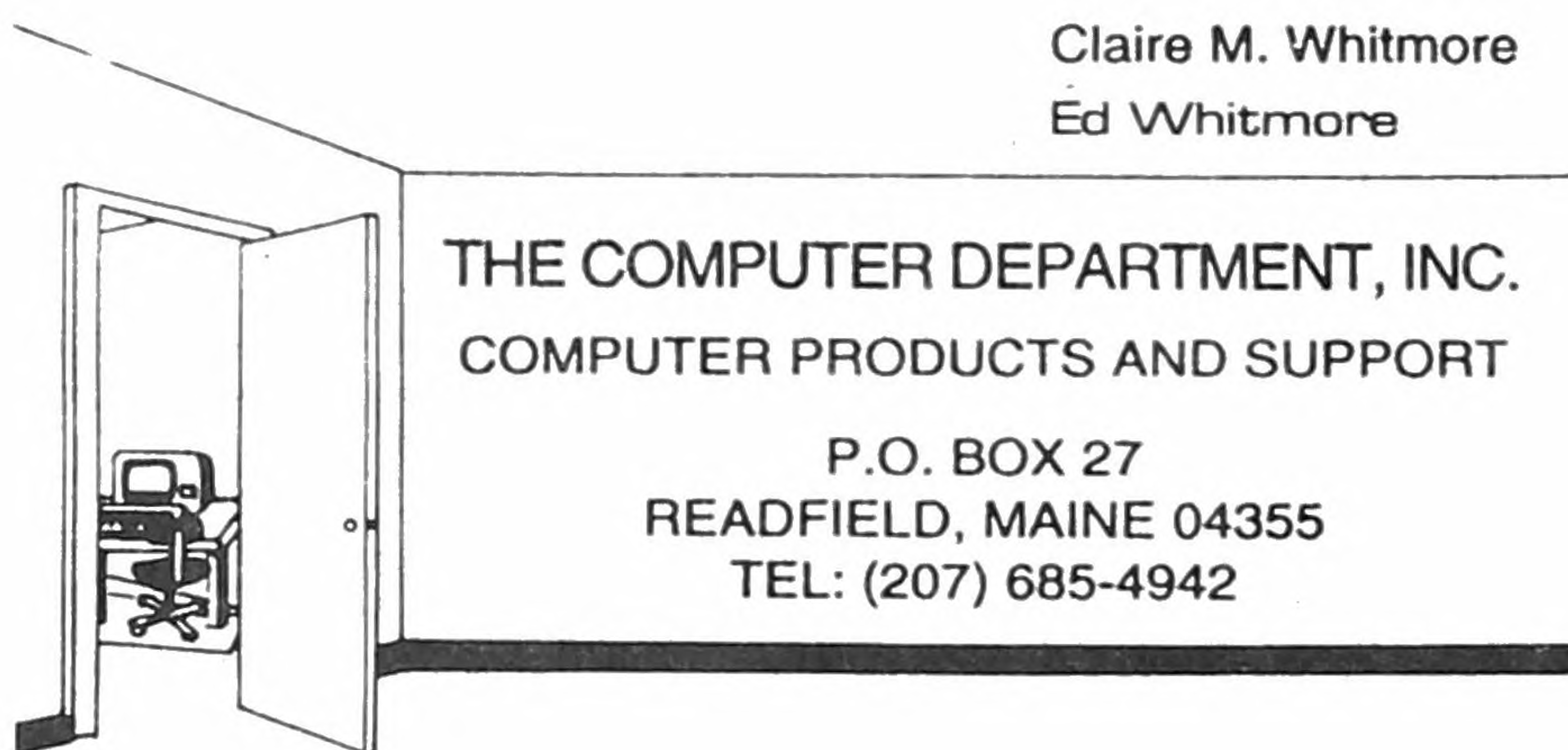
County: KE

Phone: 685-4942 FAX: available

*Products - Training - Service - Support.  
A step above the usual.  
We know computers, we know business.*

WDBC member

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Ed Whitmore



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RR 1 Box 1213  
Bowdoinham ME 04008

County: SA

Phone: 666-5747

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**Bouldaire Conference Center**

Contact: Joy Hoffman

Blue Hill Falls ME 04615

County: HA

Phone: 359-4692



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Telephone (207) 622-5330; Fax 622-6228

**Remember** your company's last big event . . .



the time consuming and frustrating task of planning  
the seemingly endless details

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WDBC member

**EVENT Bridal Magazine, Inc.**

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County: CU

Phone: 772-6320

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Augusta ME 04338-9005

County: KE

Phone: 622-5330 FAX: 622-6228

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**Susan MacPherson**

Principal

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**Northern Pines Conference Center**

Contact: Marlee Turner

559 Rt 85

Raymond ME 04071

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County: CU

Phone: 799-6386

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**Ceiling Tile Center**

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**COLCHESTER INTERIORS**  
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PO Box 220  
E. Eddington ME 04428

County: PE

Phone: 843-6170 FAX: 843-5117

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84 Jones Ave  
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County: AN

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*Residential and light commercial projects specializing in technical drawings for construction, and handicap accessibility regulations.*

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**Lewis Design/Build**

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*Architectural Design Consultants  
Custom Building & Renovation*  
  
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YARMOUTH, ME 04096  
846-9659  
  
KAREN LEWIS  
PRESIDENT

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RR 1 Box 1370 Street: Rt 142

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County: FR

Phone: 265-2430 FAX: 265-2431

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WDBC member

ALICE J. PECK  
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CODES  
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**P F W, Inc dba Peck's Fabrication & Welding**

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RR 2 Box 530

Newport ME 04953

County: PE

Phone: 368-4344 FAX: 386-5552

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**PECK'S FABRICATION & WELDING**  
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**Palmer Development Corp.**

Contact: Mary Anna S. Palmer

PO Box 519

Oxford ME 04270

County: OX

Phone: 783-1096 FAX: 783-3904

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Construction/Contracting

**Precast Structures, Inc.**

Contact: Claire A. Westcott

PO Box 1347

Auburn ME 04210

County: AN

Phone: 786-0661 FAX: 786-2673



**Precast Structures, Inc.**

P.O. BOX 1347 • AUBURN, MAINE 04210 • (207) 786-0661

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Contact: Nancy Tibbetts

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Monmouth ME 04259

County: KE

Phone: 933-4235

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**Robbins Construction**

Contact: Karen M. Robbins

Star Rt 2 Box 330

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County: SA

Phone: 442-7533

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*Construction/Contracting*

WDBC member

**The Conserve Company - Construction Management Services**

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PO Box 202 Street: Oak Hill Rd

Belfast ME 04915-0202

County: WL

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*Construction Management Services. Design, Construction, and  
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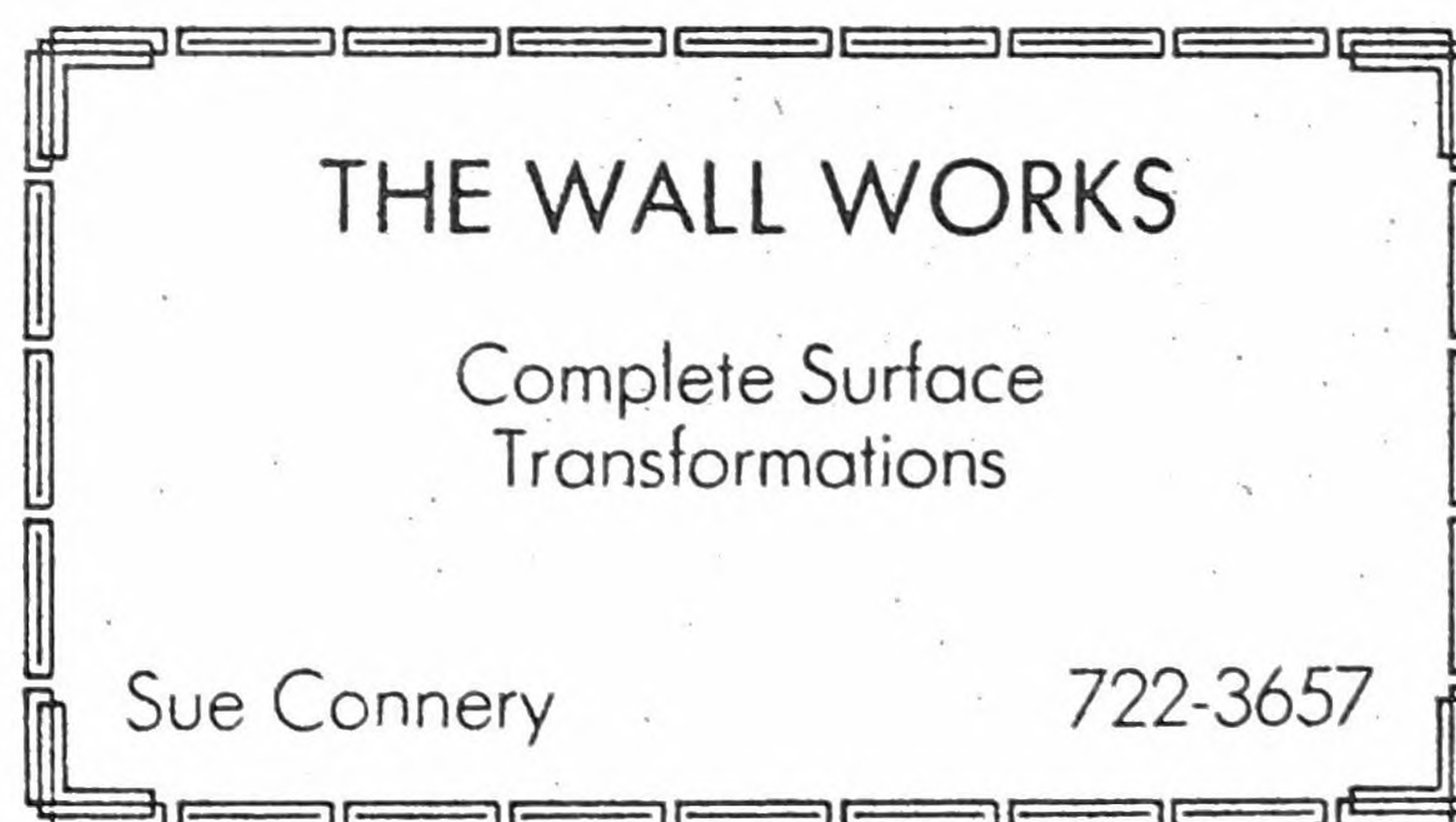
Contact: Susan Connery

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Brooks ME 04921

County: WL

Phone: 722-3657



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**Visual Effects Painting and Papering**

Contact: Kathy Knight

48 Old Salt Rd

Old Orchard Beach ME 04064

County: YO

Phone: 934-9788



*Consulting*

**Alternative Building Consultants, Unlimited**

Contact: Nancy Backman, Ed.D.

PO Box 168

Thorndike ME 04986

County: WL

Phone: 568-3689

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*Consulting*

**American International Associates**

Contact: Denise N. Paquette

211 Randall Rd

Lewiston ME 04240

County: AN

Phone: 786-5050

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*Consulting*

**Augusta Professional Services**

Contact: Barbara E. Mayer, L.C.P.C.

44 Chapel St

Augusta ME 04330

County: KE

Phone: 623-2327

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WDBC member

**Be Happy Pre-School**

Contact: Susan Grenier

RR 1 Box 1776

Wells ME 04090

County: YO

Phone: 646-5764

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**BeautiControl**

Contact: Terri Ward - Image Consultant

942 Bridgton Rd

Westbrook ME 04092

County: CU

Phone: 854-8457

*To create your "best" image consider color harmony, skin care and cosmetics, body shape profiling, and core wardrobing and accessorizing with Terri Ward, image consultant.*



*Consulting*

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Contact: Judith Cote

PO Box 6934

Scarborough ME 04070-6934

County: CU

Phone: 883-9579

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**Brooks Technologies**

Contact: Joan L. Brooks, Ph.D.

RR 1 Box 753

Eddington ME 04428

County: PE

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*Licensed site evaluation and septic system design. Design & construction supervision of peat onsite wastewater treatment systems. Specializing in the use of peat for pollution abatement.*

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County: CU

Phone: 883-8185, 646-8390

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4 Hillcrest Ct

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County: KE

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*C: Scribe has a two fold purpose. The company offers flexible computerized office support services coupled with office organization and management.*

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PO Box 1101

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County: CU

Phone: 767-7440



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WDBC member

**Christiansen Associates**

Contact: Sonja Christiansen  
201 Whitney St  
Auburn ME 04210

County: AN

Phone: 786-2632 FAX: 782-9717

*Christiansen Associates bases their life skills programs on  
real life experiences that encourage the exchange of ideas in  
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**Christrup Tree Service**

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26 Deering Hall  
Orono ME 04469

County: PE

Phone: 581-2935

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*Consulting*

**Cobbossee Computer Systems**

Contact: M. Elaine Briggs  
PO Box 187  
Leeds ME 04263

County: AN

Phone: 524-3125

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*Consulting*

**Computer Software Consultants**

Contact: Connie Howell  
249 Fifteenth St  
Bangor ME 04401

County: PE

Phone: 947-1120

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*Consulting*

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County: AN

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County: YO

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PO Box 3883  
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County: CU

Phone: 773-0464

*\* Helping build more collaborative relationships in organizations  
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\* Over 15 years experience as a consultant, trainer, facilitator, and mediator*

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County: WL

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*Management; turnaround; disposition for office, retail, hospitality, and multi-family residential portfolios. Loan restructures and workouts. Experience in financial institutions, hotels, pension funds, and govt. agencies.*

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WDBC member

**Elizabeth D. Frey**

Contact: Elizabeth D. Frey  
33 Pine St  
Freeport ME 04032

County: CU

Phone: 865-4857

*Systems analysis, database design, programming, customization, product evaluation, cost-benefit analysis. Preference to women and minorities. 27 years experience.*



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Phone: 781-4450 FAX: 829-3912

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*Work injury and disability case management. Consulting and services for employers, insurers, and the disabled.*



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Kingfield ME 04947-0166

County: FR

Phone: 265-2200



*Consulting*

WDBC member

**General Business Services**

Contact: Mary Thron, EA  
PO Box 96  
Kittery Point ME 03905

County: YO

Phone: 439-0889

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14 Murray Lane  
Winslow ME 04901

County: KE

Phone: 873-5248

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**Hinckley Group**

Contact: Patti Hinckley  
21 Oakwood Terr  
Brunswick ME 04011

County: CU

Phone: 729-7908 FAX: 729-7908

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Phone (207) 729-7908

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Auburn ME 04210

County: AN

Phone: 777-1700 FAX: 657-2977

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*Consulting*

WDBC member

**Human Communication Enterprises**

Contact: Terri Wlodarski  
PO Box 222  
Orono ME 04473

County: PE

Phone: 866-0226 FAX: 866-0226



*Consulting*

**Innovative Management Associates**

Contact: JoAnn Peeples

62 Ridge View Dr  
Standish ME 04084

County: CU

Phone: 892-9358

*IMA offers a wide range of organizational consulting services,  
and management training and development programs  
to both nonprofit and private sector clients.*



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Business & Organizational Consultants

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Tel (602) 323-3536 • Fax (602) 323-9216

62 Ridge View Drive • Standish, Maine 04084  
Tel (207) 892-9358

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Contact: Sally Baker, M. ED, LSAC

RR 3 Box 3625  
Waterville ME 04901

County: KE

Phone: 465-3670

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*Consulting*

**Jacquelyn R. Wagner Enterprises**

Contact: Jacquie Wagner

8 Mayo St  
Orono ME 04473

County: PE

Phone: 866-4163, 866-4634 FAX: 866-4300, 866-7600

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*Consulting*

**Janet Eastman Associates**

Contact: Janet Eastman

11 William St  
Portland ME 04103

County: CU

Phone: 828-1940

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*Consulting*

**Janet Stewart: Writing Consultant**

Contact: Janet J. Stewart

21 Ledge Rd  
Cumberland Foreside ME 04110

County: CU

Phone: 829-3067



Consulting

Japan Services

Contact: Ms. Lee Sligh  
PO Box 31 Street: Fire Rd 154  
S. Thomaston ME 04858 County: KN  
  
Phone: 594-7311 FAX: 596-0466

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Phone: 773-1995

*An organizational consultant providing group facilitating, team-building,  
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Leslie Cosgrove-McBride

Contact: Leslie Cosgrove-McBride  
Box 82 Street: 30 Greene St  
Sabattus ME 04280 County: AN  
  
Phone: 375-8485

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Consulting

Lynne Sanford

Contact: Lynne Sanford  
RR 2 Box 3170  
Bowdoinham ME 04008 County: SA  
  
Phone: 666-3209

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Consulting

Maria Von Magnus Catering

Contact: Maria Von Magnus  
PO Box 279  
Woolwich ME 04579 County: SA  
  
Phone: 443-2284



*Consulting*

WDBC member

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County: CU

Phone: 761-4092

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County: CU

Phone: 774-0816

*Help with hiring, outplacement, matching people with jobs, and career development. Also communication, conflict resolution, and team building. Programs tailored to your needs and budget.*

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Bangor ME 04402-2186

County: PE

Phone: 825-3735

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**Oak Hill Counseling**  
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Scarborough ME 04070-0684

County: CU

Phone: 883-3922

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*Consulting*

**Old Port Counseling & Consulting Services**  
Contact: Ms. Everil Perreault  
48 Western Prom  
Portland ME 04102

County: CU

Phone: 871-7944



*Consulting*

WDBC member

**Pamela Bell, M.S. Consulting Services**

Contact: Pamela Bell

62 Wiley St #1

Bangor ME 04401

County: PE

Phone: 947-1247

*Technical & journalistic writing/editing/researching, grant proposals, project design, photo journalism, community development.*

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WDBC member

**Patricia Williams, Organizational Consultant**

Contact: Patricia Williams

83 Road Less Traveled

Woodstock ME 04219

County: OX

Phone: 674-2112 FAX: 674-2112

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*Consulting*

**Peterson-Moulton Associates**

Contact: Joan Peterson-Moulton, PH.D

RR 1 Box 368B

S. Harpswell ME 04079

County: CU

Phone: 833-5480

**P-MA**

**Peterson-Moulton Associates**  
PSYCHOTHERAPY — ORGANIZATIONAL DEVELOPMENT

Joan Peterson-Moulton, Ph.D.

Route 1, Box 368B  
South Harpswell, Maine 04079  
(207) 833-5480

\*\*\*\*\*  
*Consulting*

WDBC member

**Primerica Financial Services**

Contact: Kay McKusick Gray

Airport Rd, Box 720

Dexter ME 04930

County: PE

Phone: 924-3027

*Let me teach you how your money can work for you!*

\*\*\*\*\*  
*Consulting*

**Recycling Education Services**

Contact: Hildie J. Lipson

PO Box 298

Wayne ME 04284

County: KE

Phone: 685-4068



*Consulting*

WDBC member

**Roberta S. Kuriloff, Attorney at Law**

Contact: Roberta S. Kuriloff

20 Oak St  
Ellsworth ME 04605

County: HA

Phone: 667-3107 FAX: 667-4814

*Family law, divorce, support, alternative lifestyle concerns,  
elder law, wills, bankruptcy. No charge for initial  
consultation.*

*Consulting*

**Southern Maine Forestry Services**

Contact: Lauri Noel

PO Box 910  
Windham ME 04062

County: CU

Phone: 892-6562

*Consulting*

WDBC member

**Stirling Associates**

Contact: S. Stirling Kendall

190 Water St  
Hallowell ME 04347

County: KE

Phone: 626-0393

*Facilitating group process in meetings and retreats; collaborative work  
group development through conflict management, strategic management,  
strategic planning, community building and stress management.*

*Consulting*

**The Organizer**

Contact: Brenda T. Cartwright

RR 1 Box 316A Street: Bayside Rd  
Ellsworth ME 04605

County: HA

Phone: 667-4420

*Let us help you organize all facets of your life - home, school,  
work, or business. Call today for a free brochure.*

*Consulting*

**The Practical Astrologer**

Contact: Abbe Anderson, MBA

RR 2 Box 1600  
Lisbon Falls ME 04252

County: AN

Phone: 353-4363

*Down to earth strategies to promote your success. Also offering  
applied kinesiology sessions to counteract self-destructive  
attitudes, easily restoring joy and vitality.*



Consulting

**Turbyne & Associates**

Contact: Cathy Turbyne & Kay Pinkham  
PO Box 738  
Auburn ME 04212-0738

County: AN

Phone: 786-4033

Consulting

**Vantage Point**

Contact: Diana Scully  
PO Box 406  
Hallowell ME 04347

County: KE

Phone: 626-0069 FAX: 622-2310

# VANTAGE POINT



DIANA SCULLY, PRESIDENT

MANAGEMENT SERVICES, GOVERNMENTAL RELATIONS,  
POLICY ANALYSIS AND DEVELOPMENT

P.O. BOX 406, HALLOWELL, MAINE 04347 / 207-626-0069

Consulting

**Vocational Resources**

Contact: Eileen Kalikow  
477 Congress St  
Portland ME 04101

County: CU

Phone: 772-2323

Cosmetics/Personal Appearance

**BeautiControl**

Contact: Terri Ward - Image Consultant  
942 Bridgton Rd  
Westbrook ME 04092

County: CU

Phone: 854-8457

*To create your "best" image consider color harmony, skin  
care and cosmetics, body shape profiling, and core wardrobing  
and accessorizing with Terri Ward, image consultant.*



## BeautiControl Cosmetics

THE WORLD'S PREMIER SKIN CARE AND IMAGE COMPANY™

Terri A. Ward  
942 Bridgton Rd.  
Westbrook, ME 04092  
(207) 854-8457

- Color Analysis
- Skin Care and Cosmetics
- Instant Image Makeover® Set
- Business Presentations
- Personal Image Profile®

*image*  
CONSULTANT

Cosmetics/Personal Appearance

**BeautiControl Cosmetics**

Contact: Judith Cote  
PO Box 6934  
Scarborough ME 04070-6934

County: CU

Phone: 883-9579



## BeautiControl Cosmetics

THE WORLD'S PREMIER SKIN CARE AND IMAGE COMPANY™

Judith Cote  
P.O. Box 6934  
Scarborough, ME 04070  
(207) 883-9579

- Color Analysis
- Skin Care and Cosmetics
- Instant Image Makeover® Set
- Business Presentations
- Personal Image Profile®

*image*  
CONSULTANT



**Cosmetics/Personal Appearance**

WDDB member

**Carmen's Boutique - The Image & Color Place**

Contact: Carmen M. Dyer  
PO Box 202 Street: 7 Ryan Dr  
Manchester ME 04351

County: KE

Phone: 622-6012

*The personal image & color place for men and women. First impressions are made in 3 seconds. Do you have that competitive edge?*

**Cosmetics/Personal Appearance**

WDDB member

**Classic Image**

Contact: Lise Theriault  
13 Jack St  
Winslow ME 04901

County: KE

Phone: 873-3295

*Classic Image - Because image is more than just a hairstyle. Esthetician - skin care; Image and color consultant; Make-up artist.*

**Cosmetics/Personal Appearance**

**Dr. Hauschka Skin Care Specialist**

Contact: Michelle Raleigh  
RR 3 Box 653  
Belfast ME 04915

County: WL

Phone: 338-5412, 722-3234

*90 minute sessions combine sage foot bath; aromatherapy; lavender, lemon, or pine compresses; hand and foot massage; herbal steam and mask; and soft brush stimulation of the lymphatic system.*

*Michelle Raleigh*  
**Dr. Hauschka Skin Care Specialist**

**TOURMALINE MEDICAL GROUP**  
ROUTE 3 BOX 653 BELFAST, MAINE 04915  
207 - 338-5412 207 - 722-3234

**Cosmetics/Personal Appearance**

**Electrolysis By Bev**

Contact: Beverly Evans Messer  
PO Box 7 Street: US Rte1, Northport  
Lincolnton ME 04849

County: WL

Phone: 338-6333

**Cosmetics/Personal Appearance**

**Electrolysis Center**

Contact: Shirley Schneider  
700 Mt. Hope Ave  
Bangor ME 04401

County: PE

Phone: 942-0781

**Electrolysis Center**

**Shirley Schneider • Betsy Schneider**  
**PERMANENT HAIR REMOVAL**  
**Free Consultations**

942-0781  
Evergreen Woods  
700 Mt. Hope Ave.  
Bangor, ME 04401

667-4446  
194 Main St.  
Ellsworth,  
ME 04605



*Cosmetics/Personal Appearance*

**Full Effect Skin Care**

Contact: Wendy Valenzuela  
700 Mt Hope Ave, Suite 331  
Bangor ME 04401

County: PE

Phone: 941-8937

\*\*\*\*\*  
*Cosmetics/Personal Appearance*

**Head Lines Beauty & Tanning Salon**

Contact: Marjorie Colby  
94 Western Ave  
Bath ME 04530

County: SA

Phone: 443-9415

\*\*\*\*\*  
*Cosmetics/Personal Appearance*

**Mary Kay Cosmetics**

Contact: Nancy Harrington  
RR 2 Box 457 Street: Ridge Acres  
Clinton ME 04927

County: KE

Phone: 426-8510

\*\*\*\*\*  
*Counseling*

**Astrological Counseling**

Contact: Arifa Boehler  
PO Box 615  
Newcastle ME 04553

County: LI

Phone: 563-5583

*Astrological counseling provides overview. Motivation for the patterns  
and cycles of daily life are illuminated. Conscious choice can then  
become a possibility. We remember ease.*

\*\*\*\*\*  
*Counseling*

**Augusta Professional Services**

Contact: Barbara E. Mayer, L.C.P.C.  
44 Chapel St  
Augusta ME 04330

County: KE

Phone: 623-2327



*Counseling*

**Bayside Counseling Services**

Contact: Suzanne A. Hatfield, M.Ed., CAS

RR 1 Box 1285 Street: Bluff Rd

Bayside ME 04915

County: WL

Phone: 338-5512

\*\*\*\*\*  
*Counseling*

**Beverly Prosser Gelwick, Ph.D., A.B.P.P.**

Contact: Beverly Prosser

173 Park Row

Brunswick ME 04011

County: CU

Phone: 725-8928

\*\*\*\*\*  
*Counseling*

WDBC member

**Bohac-Cardello Associates**

Contact: Penny L. Bohac, R.N., M.ED

30 Catell St

Bangor ME 04401

County: PE

Phone: 947-7208

also at PO Box 933, Bethel ME 04217, Phone: 824-7600



bohac-cardello associates

penny bohac, r.n., m. ed.

*counseling and stress management  
massage therapy*

bangor 947-7208

bethel 824-7600

\*\*\*\*\*  
*Counseling*

**Carol Fienhage, MST**

Contact: Carol Fienhage

395 S. Main St

Brewer ME 04412

County: PE

Phone: 989-1964

*Bodywork and other soft tissue modalities including Craniosacral,  
Somato-Emotional Release, and Visceral Manipulation; Breath Therapy  
(Rebirthing); Inner Dialogues with Body, Unconscious, or Higher Self.*

\*\*\*\*\*  
*Counseling*

**Clarity Facilitation Services**

Contact: Joan Best Murphy

PO Box 228

Yarmouth ME 04096

County: CU

Phone: 846-1373

***Clarity Facilitation Services***

6 Deacon Rd. P.O. Box 228 Yarmouth, ME 04096 (207) 846-1373

Joan Best Murphy

Support Groups  
Individual Facilitation

Facilitator Training

Workshops  
Classes



Counseling

**Counseling & Consultation Associates, P.A.**  
Contact: Julia Huttel, LCSW  
443 Main St  
Lewiston ME 04240 County: AN  
  
Phone: 783-2665

\*\*\*\*\*  
Counseling WDBC member

**Counseling/Psychotherapy**  
Contact: Barbara Loewenberg-Irlandy M.A., R.T.C  
24 Victor Rd  
Portland ME 04103 County: CU  
  
Phone: 774-8149

\*\*\*\*\*  
Counseling WDBC member

**Diane Leardi, MSW, LCSW, BCD**  
Contact: Diane Leardi  
PO Box 122 Street: 83 Main St  
Mars Hill ME 04758 County: AR  
  
Phone: 429-8508

**Diane Leardi, MSW, LCSW, BCD**  
Counseling • Psychotherapy

- Abuse Issues
- Marital/Family Problems
- Depression/Anxiety/Stress Disorders
- Personal Growth
- Hypnosis

By appointment (207) 429-8508 83 Main St. Mars Hill, ME 04758

\*\*\*\*\*  
Counseling

**Gayle Hannah, Ph.D., L.C.P.C.**  
Contact: Gayle Hannah  
16 Bradley St  
Portland ME 04102 County: CU  
  
Phone: 773-2622

*Women's relationship and development issues, co-dependency and addictions; recovery from abuse in a safe, respectful environment emphasizing healthy integration of body, mind, feelings, and spirit.*

\*\*\*\*\*  
Counseling

**Gupta Seminars: Personal & Professional Development**  
Contact: Sudesh Gupta, M.A.  
14 Murray Lane  
Winslow ME 04901 County: KE  
  
Phone: 873-5248



**Counseling**

WDBC member

**Heart at Work**

Contact: Barbara Sirois Babkirk  
78 Main St  
Yarmouth ME 04096

County: CU

Phone: 846-0644

*Work-related counseling to clarify direction and blocks to getting what you want. Individual sessions, group workshops, and presentations.*

**Counseling**

**InnerVision**

Contact: Maryann B. Hostetler  
PO Box 1053 Street: 323B Broadway  
Rockland ME 04841

County: KN

Phone: 594-4799

*A counseling service for women and their families. A place to access your own wisdom and knowing. To learn to trust your inner spirit.*



**InnerVision**

Maryann B. Hostetler, M.A.

Psychotherapy for Women  
Issues of Adult Children,  
Co-dependency,  
Addictions, Incest  
and Inner Child Work

(207) 594-4799

P.O. Box 1053 Rockland, Me. 04841

**Counseling**

**Jean Aho - Counseling**

Contact: Jean Aho  
27 Congress St  
Old Town ME 04468

County: PE

Phone: 827-8724

**Counseling**

**Kettle Cove Currency**

Contact: Bertelle Brooking  
596 Ocean House Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-1007

**Counseling**

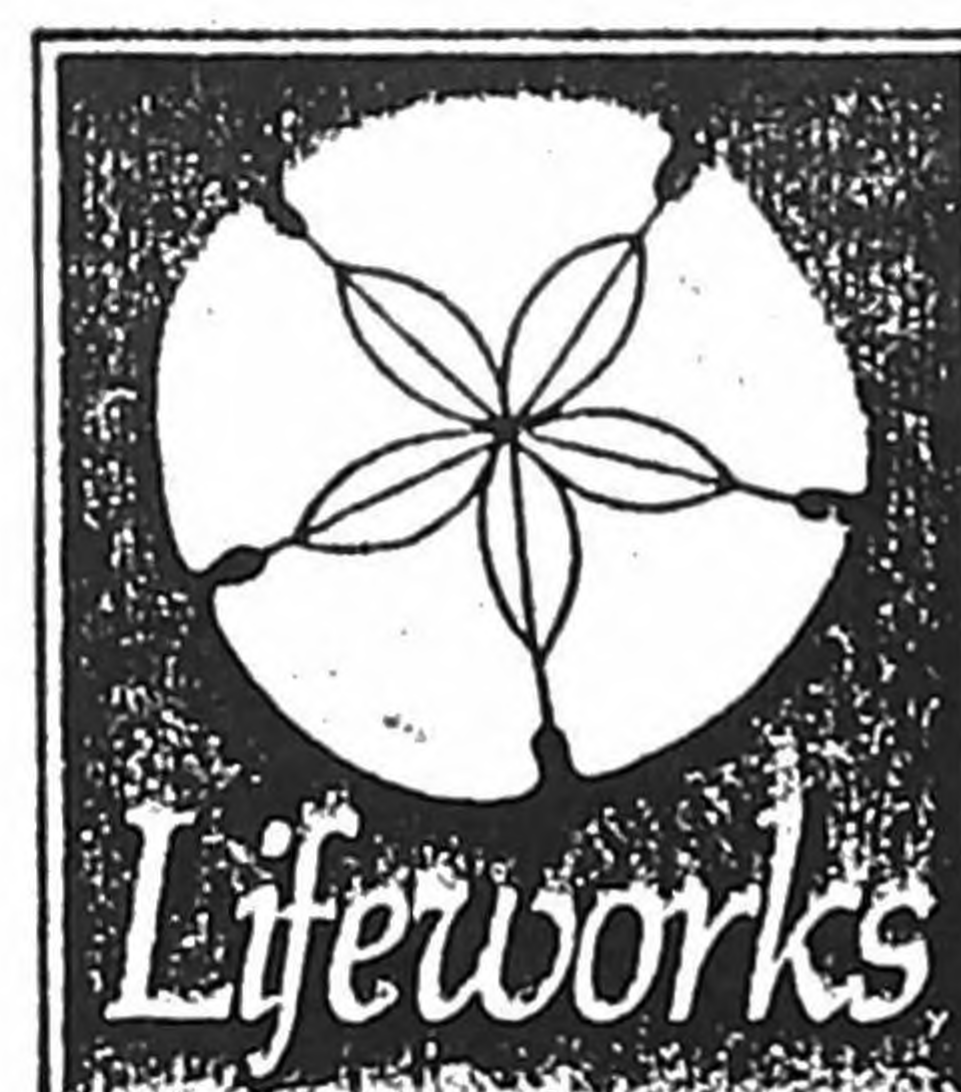
WDBC member

**Lifeworks**

Contact: Deborah Leighton  
HCR 32 Box 227  
Bath ME 04530

County: SA

Phone: 442-7260



**Lifeworks**

Career/Life Planning

■ Counseling

■ Workshops

■ Consultations

Deborah Leighton, MSW

HCR 32, Box 227

Bath, ME 04530 207/442-7260



Counseling

**Linda Heller, L.C.S.W.**  
Contact: Linda Heller  
9 Everett St  
Brunswick ME 04011 County: CU

Phone: 729-7710

*Licensed clinical social worker. Personal, family, and relationship counseling for adults and adolescents. Insurance reimbursable.*

\*\*\*\*\*  
Counseling WDBC member

**LOC Associates/Women's Center of Mount Desert Island**  
Contact: Lois J. Maltais  
PO Box 22  
Seal Cove ME 04674 County: HA  
Phone: 244-9266

\*\*\*\*\*  
Counseling

**Lu Bauer, CPA**  
Contact: Lu Bauer  
196 Gray Rd  
Falmouth ME 04105 County: CU  
Phone: 797-0466

*Holistic approach to tax services and accounting; business start-up assistance; individual counseling and groups exploring money beliefs and habits; teaching money skills and debt management.*

\*\*\*\*\*  
Counseling

**MaryRae Means, M.Ed., L.C.P.C.**  
Contact: MaryRae Means  
Damariscotta ME 04543 County: LI  
Phone: 563-1336

*Psychotherapy for individuals, couples, and groups. Specializing in women's issues, seminars, and retreats. Certified in Feldenkrais and Rubenfeld bodywork. Interest in menopausal issues.*

\*\*\*\*\*  
Counseling

**Matrix Enterprises**  
Contact: Marta Varee Pearson  
PO Box 476  
Topsham ME 04086 County: SA  
Phone: 729-5754

*Offering quality and specialized training. Education on issues of sexual abuse, esteem, communication, relations, and other uniquely designed therapy for adults sexually violated as a child.*

MARTAVAREEPEARSON

SEXUAL ABUSE ISSUES

THERAPY EDUCATION CONSULTATION SERVICES

GROUP FAMILY INDIVIDUAL adult & child

COURT TESTIMONY EVALUATIONS

TRAINING WORKSHOPS CLASSROOM SUPERVISION

MATRIX ENTERPRISES

P.O. BOX 476, TOPSHAM, ME 04086 (207) 729-5754



*Counseling*

**Meredith H. Jordan, R.N., M.A.**

Contact: Meredith H. Jordan  
4C Blue Wave Professional Center  
Kennebunk ME 04043

County: YO

Phone: 985-6286

\*\*\*\*\*  
*Counseling*

**Mid-Coast Midwifery Services**

Contact: Sally Barnes Morrison  
701 Bremen Rd  
Waldoboro ME 04572

County: LI

Phone: 832-6855

*Mid-Coast Midwifery Services specializes in homebirth which includes complete prenatal care and on-going post-partum care. Services also include childbirth education, counseling, and health care alternatives.*

\*\*\*\*\*  
*Counseling*

**Millie Donahue, LCSW**

Contact: Millie Donahue  
242 St John St, Suite 326  
Portland ME 04102

County: CU

Phone: 773-5376

\*\*\*\*\*  
*Counseling*

**New Horizons Substance Abuse and Codependence Treatment**

Contact: Lyn Donovan, LSAC  
PO Box 845 Street: 20 Cross St  
Camden ME 04843

County: KN

Phone: 236-0780

\*\*\*\*\*  
*Counseling*

**New Leaves**

Contact: Rhoda Mitchell  
222 St John St #213  
Portland ME 04102

County: CU

Phone: 774-0816

*Help with hiring, outplacement, matching people with jobs, and career development. Also communication, conflict resolution, and team building. Programs tailored to your needs and budget.*



*Counseling*

**Oak Hill Counseling**

Contact: Debra Boxer  
PO Box 684 Street: 253 Route 1  
Scarborough ME 04070-0684 County: CU  
  
Phone: 883-3922

\*\*\*\*\*  
*Counseling*

**Old Port Counseling & Consulting Services**

Contact: Ms. Everil Perreault  
48 Western Prom  
Portland ME 04102 County: CU  
  
Phone: 871-7944

**Roberta Bass**  
Licensed Clinical Social Worker



\*\*\*\*\*  
*Counseling*

**Roberta Bass, LCSW**

Contact: Roberta Bass  
19 South St, Suite B  
Portland ME 04101 County: CU  
  
Phone: 874-0050

TRANSITIONS  
RELATIONSHIPS  
ADDICTIONS

19 South Street, Suite B  
Portland, ME 04101  
207-874-0050

\*\*\*\*\*  
*Counseling*

**Susanne Stiefel, Ph.D.**

Contact: Susanne Stiefel  
74 Winthrop St  
Augusta ME 04330 County: KE  
  
Phone: 621-2625

\*\*\*\*\*  
*Counseling*

**Teresa K. Fortier, M.S.W., L.C.S.W.**

Contact: Teresa K. Fortier  
323 Maine Ave  
Farmingdale ME 04344 County: KE  
  
Phone: 582-5713



*Counseling*

**Vocational Resources**

Contact: Eileen Kalikow  
477 Congress St  
Portland ME 04101

County: CU

Phone: 772-2323

\*\*\*\*\*  
*Counseling*

**Women's Center for Neuromuscular Therapy**

Contact: Deborah D. Cook  
PO Box 62 Street: US Route 1  
Glen Cove ME 04846

County: KN

Phone: 594-0944 FAX: 785-2504

*Dedicated to helping women live active lives without chronic physical pain. Unique answers for women's pain problems including individual treatment, educational workshops, and video library.*

\*\*\*\*\*  
*Counseling*

**Women's Worth Career Counseling**

Contact: Jacqueline R. Murphy  
18 Woodland Ave  
Gorham ME 04038

County: CU

Phone: 892-0000

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Abbot Village Crafts and Antiques**

Contact: Nancy Gabardina  
PO Box 130 Street: Rt 15  
Abbot Village ME 04406

County: PS

Phone: 876-2295

\*\*\*\*\*  
*Crafts/Gifts*

**Alice Lacy Ltd.**

Contact: Alice Lacy  
411 Front St  
Bath ME 04530

County: SA

Phone: 443-2319 FAX: 442-9472



Crafts/Gifts

**Alida S. Landry**  
Contact: Alida S. Landry  
76 Monument St  
Portland ME 04101 County: CU

Phone: 773-0441

*Manufacturing: scarfs, yardage. Handweaving services: production  
dobby, design, and color development.*

\*\*\*\*\*

Crafts/Gifts

**Ash Cove Pottery**  
Contact: Susan Horowitz  
RR 1 Box 686 Street: Ash Cove Rd  
S. Harpswell ME 04079 County: CU

Phone: 833-6004

*Beautiful hand-thrown functional stoneware and Judaica. Lavender-  
white and blue-tan glazes. Lead free; dishwasher, oven, and microwave  
safe. Wholesale and retail. Color brochure available. Established 1980.*

\*\*\*\*\*

Crafts/Gifts

**Aunt Eliza's Metalworks**  
Contact: Eliza M. Allison  
RR 1 Box 1020 Street: Gardiner Road  
Wiscasset ME 04578 County: LI

Phone: 882-7131

*Aunt Eliza's Metalworks specializes in antique and folk art  
reproduction and restoration, working in iron, tin, copper,  
brass, and some wood. Quality work. Personal service.*

\*\*\*\*\*

Crafts/Gifts

**Basquette Gallery**  
Contact: Bonnie Giroux  
147 Main St  
Waterville ME 04901 County: KE

Phone: 877-9556

\*\*\*\*\*

Crafts/Gifts

**Blueberries & Granite**  
Contact: Nancy Foster-Wolf  
The Maine Mall, Box 812 Street: 364 Maine Mall Rd  
S. Portland ME 04106 County: CU

Phone: 775-4268

*Specializing in crafts and gifts made in Maine. Always eager  
to consider new products.*



Crafts/Gifts

Bonnema Pottery

Contact: Melody D. Bonnema  
PO Box 53 Street: Main St  
Bethel ME 04217

County: OX

Phone: 824-2821



C D BARNES

UNUSUAL WOODEN  
PICTURE PUZZLES

\*\*\*\*\*

Crafts/Gifts

WDBC member

C D BARNES Unusual Wooden Picture Puzzles

Contact: Constance D. Barnes  
PO Box 1268  
Ellsworth ME 04605

County: HA

Phone: 667-4432 FAX: 667-4624

*Combining fine art and simple geometric forms to create  
complex and intriguing hardwood for GROWN-UP kids and their  
friends and families.*

Limited edition multi-dimensional puzzles  
carefully handcrafted in collaboration with  
fine New England photographers and artisans.

Customs made with pleasure -  
Please inquire.

P.O. BOX 1268

ELLSWORTH, MAINE 04605

CONSTANCE D. BARNES, puzzlemaker

phone (207) 667-4432 fax (207) 667-4624

\*\*\*\*\*

Crafts/Gifts

Ceramic Choreography

Contact: Dianne Morgan  
RR 2 Box 3  
S. Harpswell ME 04079

County: CU

Phone: 725-2240

\*\*\*\*\*

Crafts/Gifts

Cindy Taylor Clark Designs

Contact: Cindy Clark  
RR 1 Box 6  
Alfred ME 04002

County: YO

Phone: 324-7903

*Original folk art applique patterns for quilts. Mail order  
business. Catalog (\$2.00) shows over 30 designs. Cindy also  
does workshops and lectures on applique quilts.*

\*\*\*\*\*

Crafts/Gifts

WDBC member

Color Dance Cards

Contact: Barbara Kann  
RR 2 Box 1900 Street: Belgrade Rd  
Mt. Vernon ME 04352

County: KE

Phone: 293-2239

*Give a special card that is a gift in itself. Vibrant watercolors  
on ricepaper, mounted on beautiful recycled paper. Designs  
inspired by Nature and Spirit.*



Crafts/Gifts

Count Your Blessings Needlework

Contact: Kathy Violette  
145 Norridgewock Rd  
Fairfield ME 04937 County: SO  
  
Phone: 453-2707

\*\*\*\*\*

Crafts/Gifts

Creative Silks & Gifts

Contact: Karen M. St. Peter  
RR 2 Box 279  
Presque Isle ME 04769 County: AR  
  
Phone: 764-7230

\*\*\*\*\*

Crafts/Gifts

WDBC member

Cricket Horse Farm

Contact: Susan McIntosh  
RR 2 Box 444  
Harrison ME 04040 County: CU  
  
Phone: 583-6760, outside ME 800-826-1415

\*\*\*\*\*

Crafts/Gifts

Dead River Gifts

Contact: Carolyn G. Cary  
PO Box 525 Street: Rt 27  
Stratton ME 04982 County: FR  
  
Phone: 246-7161

*A unique gift shop in the Western Maine mountains featuring wildlife  
in ceramics, fine jewelry. "Maine Tourmaline our Specialty". Other  
crafts all made locally.*

\*\*\*\*\*

Crafts/Gifts

Diane Jackson Cole Handweaving

Contact: Diane Jackson Cole  
9 Grove St  
Kennebunk ME 04043 County: YO  
  
Phone: 985-7387 FAX: 603-485-1115



Crafts/Gifts

Double Ewe

Contact: Laurel A. Davis  
PO Box 373  
Brunswick ME 04011

County: CU

Phone: 725-4534

\*\*\*\*\*

Crafts/Gifts

WDBC member

Eastern Bay Gallery

Contact: Kate Fairchild  
PO Box 126 Street: Main St  
Stonington ME 04676

County: HA

Phone: 367-5006

*Kate Fairchild offers an exciting collection of contemporary Maine  
crafts and art. Open May - December. Rotating shows.  
Off season phone: 359-4495*

\*\*\*\*\*

Crafts/Gifts

WDBC member

Fine Landscape Pottery

Contact: Gail J. L. Kass  
Ash Cove Rd, Rt 123  
S. Harpswell ME 04079

County: CU

Phone: 833-6004

\*\*\*\*\*

Crafts/Gifts

Gambies

Contact: Georgia Zwartjes  
PO Box 700  
Rockport ME 04856

County: KN

Phone: 594-5074

\*\*\*\*\*

Crafts/Gifts

Hidden Image

Contact: Ann Siteman  
119 Haven Rd  
Windham ME 04062

County: CU

Phone: 892-2501

*Hidden Image offers classes for adults and children in mask-making  
as well as selling unique hand-drafted papier-mache masks  
and mask kits.*



Crafts/Gifts

**Howard Jewelers**  
Contact: Gail Howard  
RR 2 Box 310  
Wiscasset ME 04578

County: LI

Phone: 882-5009

\*\*\*\*\*  
Crafts/Gifts

**Jane C. Smith, Quiltmaker**  
Contact: Jane C. Smith  
RR 1 Box 518A  
S. Berwick ME 03908

County: YO

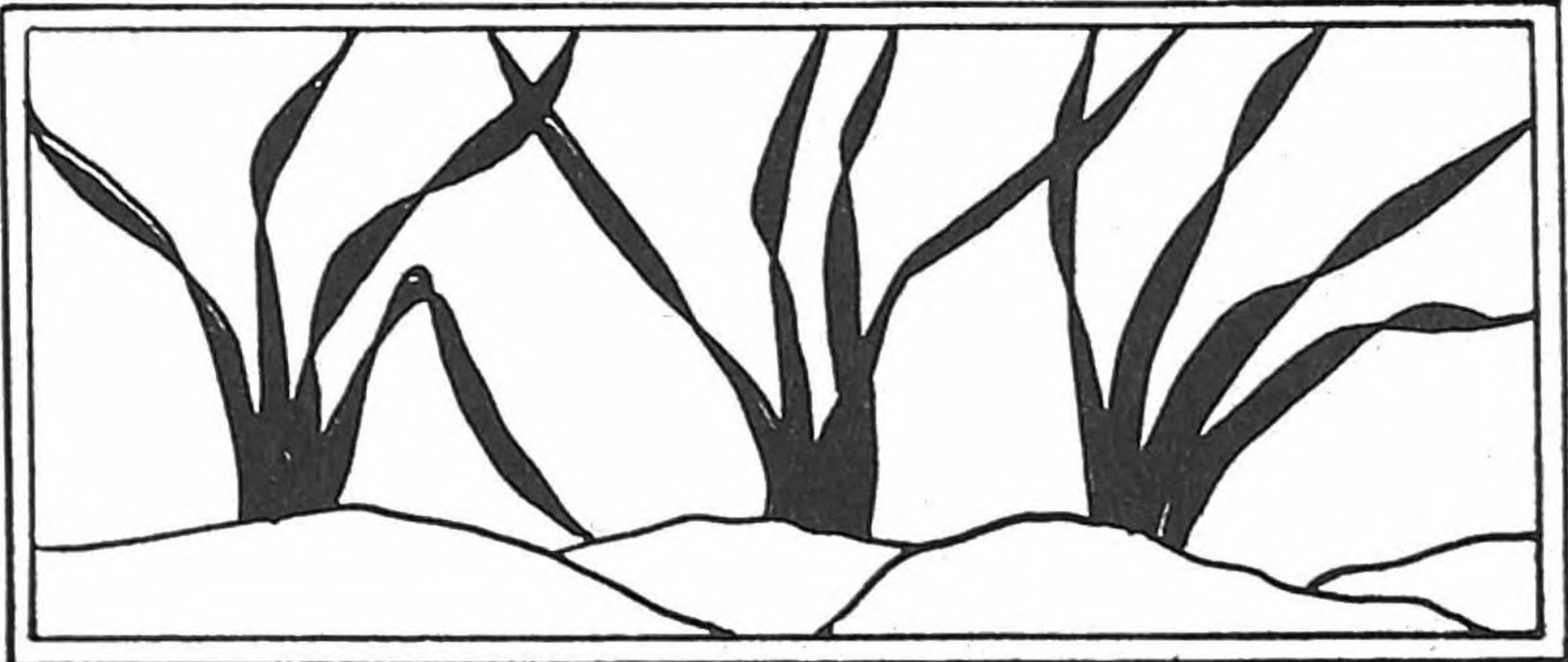
Phone: 676-2209

\*\*\*\*\*  
Crafts/Gifts

**Janet Redfield Stained Glass**  
Contact: Janet Redfield  
117 Cape Rosier Rd  
Harborside ME 04642

County: HA

Phone: 326-4778



*Stained glass windows, doors, entryways. Architectural and autonomous panels in unique designs for residential and commercial installation.*

Janet Redfield • stained glass  
RR box 117 • Harborside Maine 04642 326-4778

\*\*\*\*\*  
Crafts/Gifts

WDBC member

**Joanna Sampson-McCabe Silversmith**  
Contact: Joanna Sampson-McCabe  
252 Washington St  
Bath ME 04530

County: SA

Phone: 442-8865

*One-of-a kind fabricated jewelry and precious objects in sterling silver or karat-gold, adding gemstones and other metals for color. By appointment only.*

\*\*\*\*\*  
Crafts/Gifts

WDBC member

**Katie's Inc**  
Contact: Lea Sullivan  
US Rt 1 Box 237  
Robbinston ME 04671

County: WS

Phone: 454-8446

*Katie's is a tiny home-based confectionery business featuring traditional Maine recipe. Hand-dipped chocolates, truffles and fudges made the old-fashioned way - by hand in small batches.*



*Crafts/Gifts*

WDBC member

**Kezar Lake Handcrafts**

Contact: Jane Gleason  
PO Box 268 Street: Route 5  
Center Lovell ME 04016

County: OX

Phone: 925-1665

\*\*\*\*\*

*Crafts/Gifts*

**Kim's Stencilled Crafts, Inc.**

Contact: Kim Goodwin  
RR 5 Box 2633  
Brunswick ME 04011

County: CU

Phone: 725-2355

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Lake Region Awards**

Contact: Jeanne Rubly  
215 Main St  
Norway ME 04268

County: OX

Phone: 743-7799

\*\*\*\*\*

*Crafts/Gifts*

**Limerick Mills Crafters**

Contact: Elaine Racicot  
RR 1 Box 22 Street: 22 Washington St  
Limerick ME 04048

County: YO

Phone: 793-2411 FAX: 793-2115

\*\*\*\*\*

*Crafts/Gifts*

**Lucy's Linens**

Contact: Lucy Wagner  
113 Fowler Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-6142



*Crafts/Gifts*

**Ma Culley's Old Softies**

Contact: Colleen Moser  
RR 1 Box 765  
S. Harpswell ME 04079

County: CU

Phone: 833-6455

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Magic Moon Designs**

Contact: Ellen Minnehan  
PO Box 1437, Dept W  
York Beach ME 03910

County: YO

Phone: 363-8471

*Capture the memories with custom placemats from your photos.  
Group rates available. Write for free brochure.*

\*\*\*\*\*

*Crafts/Gifts*

**Maine Country**

Contact: Deborah Pendleton-Hall  
RR 2 Box 267  
Lincolntonville ME 04849

County: WL

Phone: 338-4139

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Maine Mountain Confections**

Contact: Pamela Libby  
RR 1 Box 2860  
Norway ME 04268

County: OX

Phone: 743-7363

\*\*\*\*\*

*Crafts/Gifts*

**Maine Potters Market**

Contact: Susan Horowitz  
376 Fore St  
Portland ME 04101

County: CU

Phone: 774-1633



Crafts/Gifts

Mainely Shades

Contact: Judy Tripp  
100 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-7568 FAX: 797-7569

Crafts/Gifts

Marilyn's Doll & Supply Shop

Contact: Marilyn Brown  
RR 1 Box 1170  
Skowhegan ME 04976

County: SO

Phone: 474-3694

*For the serious dollmaker. This shop has it all to make  
porcelain dolls from start to finish. Molds by famous artists.  
Dolls by Jeckle-Jansen.*

Crafts/Gifts

WDBC member

Meridian Arts: Third & Fourth World Crafts

Contact: Barbara Kann  
RR 2 Box 1900 Street: Belgrade Rd  
Mt. Vernon ME 04352

County: KE

Phone: 293-2239

*Non-profit, representing over 30 countries. Jewelry, baskets, pottery,  
carved animals, weavings, masks, musical instruments, rainsticks, mahugu  
wood, kisii stone, handblown recycled glassware, personal/home accessories.*



Crafts/Gifts

Michelle Henning Porcelain

Contact: Michelle M. Henning  
RR 1 Box 620  
S. Harpswell ME 04079

County: CU

Phone: 833-5556

Crafts/Gifts

Milliard Farms

Contact: Darcy Milliard  
PO Box 706  
Ashland ME 04732

County: AR

Phone: 435-8018

*Impressive executive gifts for every image and budget.  
Balsam fir wreaths, centerpieces, cone wreaths, and  
gift baskets.*



*Crafts/Gifts*

**Moose Pond Harbor Ceramics**

Contact: Shirley R. Guthrie  
PO Box 250 Street: Holiday Shores  
Denmark ME 04022-0250 County: OX

Phone: 452-2375

\*\*\*\*\*  
*Crafts/Gifts*

**My Sister's Place**

Contact: Gail Barrell  
RR 1 Box 365  
S. Harpswell ME 04079 County: CU

Phone: 833-5848

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Nature's Gifts Wreath Co.**

Contact: Afton Stenger  
PO Box 44 Street: Rt 131 Wileys Corner  
St. George ME 04857-0044 County: KN

Phone: 372-6478, 800-348-0825 FAX: 372-6478

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**New View Studio**

Contact: Carol Daigneault  
HCR 60 Box 3275A  
Camden ME 04843 County: WL

Phone: 236-3929

*Semi-precious gemstone beaded jewelry. Unique designs to complement  
the classic traditional look. Using only the best materials including  
sterling and goldfilled. Wholesale inquires welcome.*

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**New York Clay Company-Tile Works**

Contact: Nancy Matzell  
74A Main St  
Belfast ME 04915 County: WL

Phone: 338-4728

*Handmade, hand painted ceramic tile for walls, floors,  
fireplaces, and countertops. Custom design is our specialty.*



*Crafts/Gifts*

**North Country Textiles**

Contact: Sheila Denny-Brown  
Rt 175  
S. Penobscot ME 04476

County: HA

Phone: 326-4131 FAX: 326-4131

\*\*\*\*\*  
*Crafts/Gifts*

**North Haven Gallery**

Contact: June C. Hopkins  
PO Box 404 Street: 1 Main St  
North Haven ME 04853

County: KN

Phone: 867-4444

*Seasonal*

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Northport Landing**

Contact: Jean Rich  
RR 1 Box 1435  
Belfast ME 04915

County: WL

Phone: 338-5555

\*\*\*\*\*  
*Crafts/Gifts*

**Oak Hill Pottery**

Contact: Shari Greenfield  
RR 2 Box 194  
Belfast ME 04915

County: WL

Phone: 338-1861

\*\*\*\*\*  
*Crafts/Gifts*

**Patchwork Barn**

Contact: Avis L. Rainfrette  
RR 1 Box 5640 Street: Rt 173  
Lincolntonville ME 04849

County: WL

Phone: 763-3423

**atchwork barn**

Maine's Finest Selection  
of Handcrafts from more than  
**400 Craftspeople**

Rt. 173, Lincolntonville, Maine 04849  
3 miles from Lincolntonville Beach  
Open May 1st - Christmas Eve 9-5  
(207) 763-3423





*Crafts/Gifts*

**Patchwork Boutique Quilt Shop**

Contact: Theresa R. Gagne

304 Beach St

Saco ME 04072

County: YO

Phone: 284-7287

\*\*\*\*\*

*Crafts/Gifts*

**Phoenix Rising Ceramic Studio**

Contact: Dolores F. Upton

105 Walnut St

Lewiston ME 04240

County: AN

Phone: 777-5362

\*\*\*\*\*

*Crafts/Gifts*

**Porcelain Impressions**

Contact: Lorelte Giacomazzo

Box 2872 Kings Hwy

Wayne ME 04284

County: KE

Phone: 685-9589

\*\*\*\*\*

*Crafts/Gifts*

**Purple Plashes**

Contact: Anne Brooks

RR 2 Box 784

Mt. Vernon ME 04352

County: KE

Phone: 293-2300

\*\*\*\*\*

*Crafts/Gifts*

**Pussy Willow Patch Lampshades/Stenciling**

Contact: Grace A. McCarthy

RR 1 Box 1343

Bowdoinham ME 04008

County: SA

Phone: 666-3992



*Crafts/Gifts*

**Quixote Designs**

Contact: Peggy Dunn  
89 Neal St  
Portland ME 04102

County: CU

Phone: 773-3693

\*\*\*\*\*  
*Crafts/Gifts*

**Red Horse Studio**

Contact: Trudy Turner Lion  
PO Box 56  
Berwick ME 03901

County: YO

Phone: 698-5288

*Nature-inspired handcrafted jewelry in sterling silver, gold,  
and precious stones. Handmade flatware and holloware.  
Classes in jewelry making and silversmithing.*

\*\*\*\*\*  
*Crafts/Gifts*

**Sew Flurries/Millefiori Patchwork Clay**

Contact: Priscilla Wentworth  
RR 1 Box 1246  
Searsport ME 04974

County: WL

Phone: 548-6150

*Sew Flurries - original and traditional designs in patchwork and applique.  
Millefiori Patchwork Clay - colorful original jewelry designs in polymer  
clay (wholesale and retail).*

\*\*\*\*\*  
*Crafts/Gifts*

**She Shoppe**

Contact: Sheila M. Coyle  
PO Box 185  
E. Corinth ME 04427

County: PE

Phone: 285-7412

*Aprons for Mother/Daughter. Coordinating placemats, tablecovers,  
and napkins. Apron kits to sew. Aprons for restaurants and stores.  
Gifts. Wholesale and retail.*

\*\*\*\*\*  
*Crafts/Gifts*

**Shirley E. Prout Quilts**

Contact: Shirley E. Prout  
324 Mitchell Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 799-6071



Crafts/Gifts

**Sleepy Hollow Rag Rugs**  
Contact: Diane Roesing O'Brien  
RR 1 Box 4025  
Lincolnton ME 04849

County: WL

Phone: 789-5987

\*\*\*\*\*

Crafts/Gifts

WDBC member

**Specialty Greetings**  
Contact: Dorrie Roedner  
PO Box 296  
Saco ME 04072

County: YO

Phone: 284-6420

*Owner Dorrie Roedner creates framed original calligraphy and unique calligraphy-related gift items. Custom orders and personalized service are our specialty.*

\*\*\*\*\*

Crafts/Gifts

WDBC member

**Storybook Hat Company**  
Contact: Ann Silva  
PO Box 567  
Union ME 04862

County: KN

Phone: 785-4927

\*\*\*\*\*

Crafts/Gifts

**Susan Aldrich**  
Contact: Susan Aldrich  
50 Gray St  
Portland ME 04102

County: CU

Phone: 879-0170

*Handpainted silk scarfs.  
Handbuilt porcelain vases and wall sculpture.*

\*\*\*\*\*

Crafts/Gifts

**Tess' Designer Yarns**  
Contact: Melinda Bickford  
Box 148F Pigeon Hill Rd  
Milbridge ME 04658

County: WS

Phone: 546-2483

WOOL  
MOHAIR  
SILK

ANGORA  
ALPACA  
BLEND





Crafts/Gifts

**The Competition Foods Inc.**  
Contact: Chris Cole & Connie Pelkey  
PO Box 293  
Yarmouth ME 04096 County: CU  
  
Phone: 787-2165

\*\*\*\*\*

Crafts/Gifts

**The Craft Gallery**  
Contact: Dori Young  
424 Main St  
Sanford ME 04073 County: YO  
  
Phone: 324-1408

\*\*\*\*\*

Crafts/Gifts WDBC member

**The Etui Company**  
Contact: Sue Viano  
PO Box 6  
Sandy Point ME 04972 County: WL  
  
Phone: 567-3637 FAX: 567-3743

\*\*\*\*\*

Crafts/Gifts

**The Gathering**  
Contact: Betty Crush  
PO Box 180  
Turner ME 04282 County: AN  
  
Phone: 225-2964

\*\*\*\*\*

Crafts/Gifts

**The Hills of Maine, Inc.**  
Contact: Ellen Howes  
RR 1 Box 1103  
Arundel ME 04046 County: YO  
  
Phone: 985-6011



Crafts/Gifts

WDBC member

**The Lazy L Kennel**

Contact: Marie L. Gagnon  
846 Middle St  
Bath ME 04530

County: SA

Phone: 443-6413

*Offering individual obedience lessons; work with problem dogs; grooming and healthy, natural alternatives in food and petcare products. Pet portraits also available.*

Crafts/Gifts

WDBC member

**The Open Door Gift Shop**

Contact: Jody Bibber  
PO Box 2605 Street: Arundel Court  
Kennebunkport ME 04046

County: YO

Phone: 967-0678

*Ours Exclusively - The Kennebunkport Throw. Block-quilt design of 100% cotton captures memorable area scenes in Navy, Cranberry, or Country Blue with Cream. \$44 + Shipping. Call 10 - 5.*

**The Open Door  
Gift Shop**

Country / Victorian



JODY BIBBER

Arundel Court  
P.O. Box 2605  
Kennebunkport, Maine 04046  
(207) 967-0678

Crafts/Gifts

**The Wooden Expression**

Contact: Joan Farnsworth  
RR 3 Box 3060 Street: Back Rd  
Skowhegan ME 04976

County: SO

Phone: 474-9869

Crafts/Gifts

**TOAD**

Contact: Sydney Snyder  
Flower Box Barn  
Small Point ME 04567

County: SA

Phone: 389-2435

Crafts/Gifts

WDBC member

**Volumes**

Contact: Lura Hastings-Lane  
78 Main St  
Houlton ME 04730

County: AR

Phone: 532-7727

*Thousands of books, new and used; plus Maine-made gifts, music, art, and cards. Special orders accepted. Always seeking new products and artists. Telephone inquiries encouraged.*



Thousands of Books - New & Used  
Maine - Made Gifts, Music & Art

**Lura S. Hastings-Lane, Prop.**

78 Main St.  
Houlton, ME. 04730

(207) 532-7727



*Crafts/Gifts*

**Widgeon Cove Studios**  
Contact: Georgeann Kuhl  
RR 1 Box 62  
S. Harpswell ME 04079

County: CU

Phone: 833-6081

\*\*\*\*\*  
*Crafts/Gifts*

**Wild Pear Designs**  
Contact: Elena Kubler & J. Doster  
PO Box 624  
Deer Isle ME 04627

County: HA

Phone: 348-2620

*Walnut, cherry, and sterling silver salad serving sets and bowls.  
Hand-carved and turned. Price list and photographs available on  
request.*

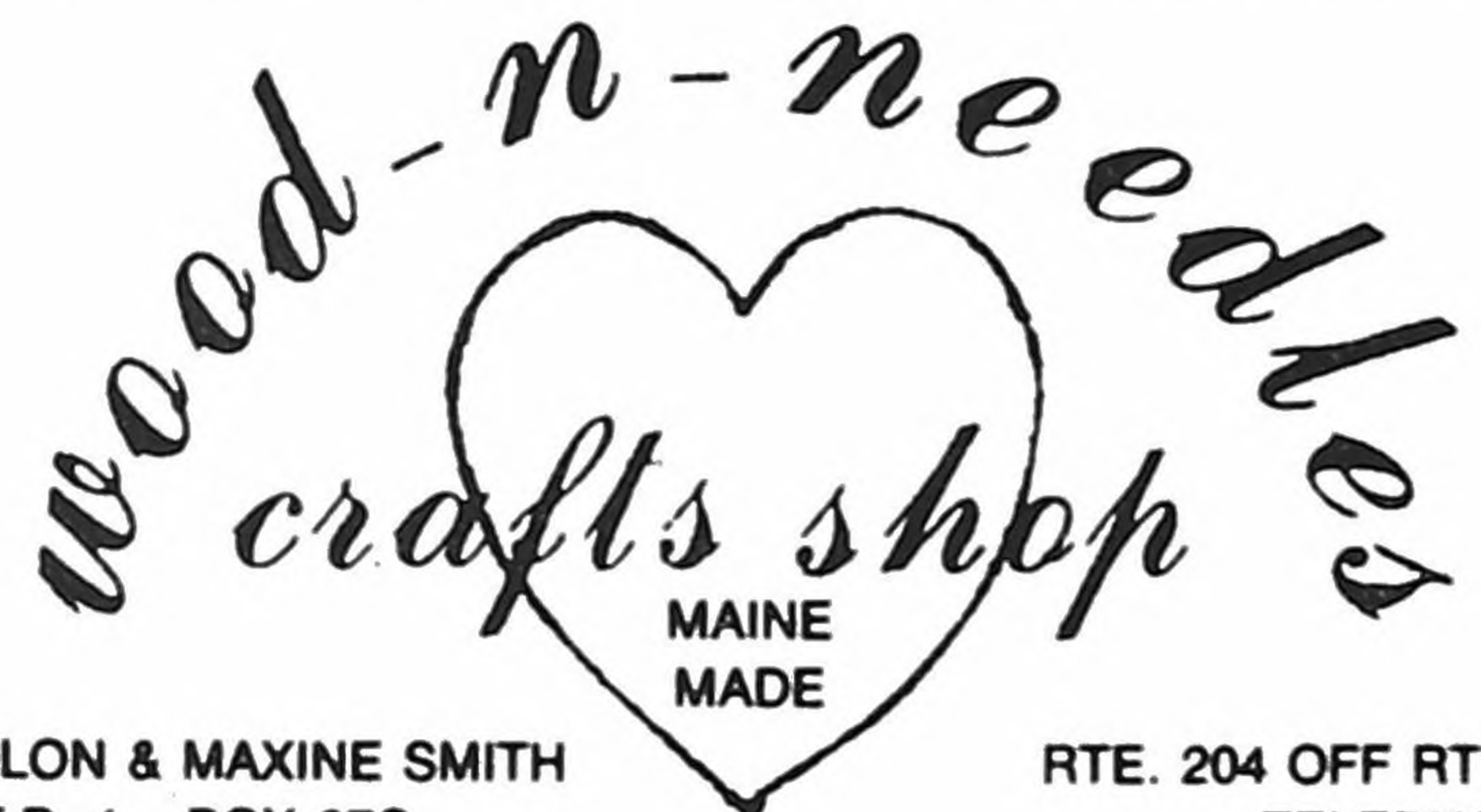
\*\*\*\*\*  
*Crafts/Gifts*

**Wood-n-Needles Craft Shop**  
Contact: Maxine Smith  
RR 1 Box 87C Street: Rt 204 off Rt 3  
Trenton ME 04605

County: HA

Phone: 667-8639

*Quality handcrafted Maine gifts.*



COLON & MAXINE SMITH  
R.F.D. 1, BOX 87C  
TRENTON, ME 04605

RTE. 204 OFF RTE. 3  
TELEPHONE  
(207) 667-8639

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Wool'N Goods**  
Contact: Mary Ann Solet  
HC 32 Box 132  
Sorrento ME 04677

County: HA

Phone: 422-3564

*Hats crocheted of quality Maine wool, specialty yarn accents, original  
designs. Cloche with 4-position brim offers warmth with style.  
Custom orders welcome. Retail, wholesale consignment.*

\*\*\*\*\*  
*Daycare/Preschool*

WDBC member

*Susan Tuttle Grenier*  
Owner/Director

(207) 646-5764

**Be Happy Pre-School**  
Contact: Susan Grenier  
RR 1 Box 1776  
Wells ME 04090

County: YO

Phone: 646-5764

***Be Happy Pre-School***

Grenier Lane • Wells, Maine

Licensed Pre-school • Extended Daycare

Kindergardeners • Elementary Children

*Drop-in Service*



Mon. - Sat. 7:30am - 6:00pm

RR1 Box 1776  
Wells, ME 04054



*Daycare/Preschool*

**Page One Preschool**

Contact: Mrs. V. Page Chaloult  
RR 3 Box 884  
Bangor ME 04401

County: PE

Phone: 848-3125

\*\*\*\*\*  
*Daycare/Preschool*

**Penquis Resource Development Center**

Contact: Nancy Isaacs  
120 Cleveland St  
Bangor ME 04401

County: PE

Phone: 941-2840

\*\*\*\*\*  
*Daycare/Preschool*

WDBC member

**South Portland Kumon Math Center**

Contact: Susan Ferris  
25 Tall Pine Dr  
W. Buxton ME 04093

County: CU

Phone: 929-5260

*The Kumon Method is a mathematical sequence of  
computational skills superbly structured so that children  
learn in incremental steps.*

\*\*\*\*\*  
*Desk Top Publishing*

**Basil Hill Graphics**

Contact: Nina Medina  
RR 1 Box 1842  
Coopers Mills ME 04341

County: LI

Phone: 549-3009 FAX: 549-3009

\*\*\*\*\*  
*Desk Top Publishing*

WDBC member

**Beth Kirkham Publications**

Contact: Beth Kirkham  
5 Moose Ramble  
Hallowell ME 04347

County: KE

Phone: 626-3556 FAX: 626-3556

**Beth Kirkham**  
desktop publishing

5  
Moose  
Ramble  
•  
Hallowell  
Maine  
04347  
•  
207  
626  
3556



*Desk Top Publishing*

WDBC member

**BusinessWorks**

Contact: Julie Whittington  
6 Patterson St  
Augusta ME 04330

County: KE

Phone: 622-9233 FAX: 622-4700

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**Camden Type 'n Graphics**

Contact: Connie Leavitt  
5 Free St  
Camden ME 04843

County: KN

Phone: 236-9500 FAX: 236-6093

\*\*\*\*\*

*Desk Top Publishing*

**Custom Communications**

Contact: Susan Gold  
PO Box 16036  
Portland ME 04101

County: CU

Phone: 761-7914

\*\*\*\*\*

*Desk Top Publishing*

**Graphic Arts Consulting Services**

Contact: Julie Motherwell  
12 Lowell Farm Rd  
Falmouth ME 04105

County: CU

Phone: 797-2098

\*\*\*\*\*

*Desk Top Publishing*

**Graphic Design & Illustration**

Contact: Kate McCormack  
PO Box 313  
Winthrop ME 04364

County: KE

Phone: 377-9371 FAX: 377-3136

*Struggling with advertising? Need a Logo design? How about  
a catchy character for your business? Designs are "camera  
ready" for printing.*





## *Eastern Bay* GALLERY

Kate FairChild

Main Street, P.O. Box 126  
Stonington, Maine 04681  
(207) 367 - 5006



*Jeanne Rubly*  
Owner

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NORWAY, MAINE 04268  
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- Typesetting • Wordprocessing
- Custom T-Shirt Designs



PHONE: (207) 377-9371

FAX (207) 377-3136

**Need a Logo design? Need a catchy character for your business?**



*Desk Top Publishing*

**Hinds' Hill Copy Center Plus**

Contact: Kathryn Clark

101 Main St

Winthrop ME 04364

County: KE

Phone: 377-8950 FAX: 377-8412

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**Linda Roberts Office Services**

Contact: Linda Roberts

RR 1 Box 1121A

Readfield ME 04355

County: KE

Phone: 685-4721

\*\*\*\*\*

*Desk Top Publishing*

**Olsen's Instant Printing**

Contact: Laurie Kimball

PO Box 708 Street: 33 East Main St

Searsport ME 04974

County: WL

Phone: 548-0160 FAX: 548-0161

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**PageWorks**

Contact: Carol E.S.C. Jones

14 Maine St

Brunswick ME 04011

County: CU

Phone: 729-0931 FAX: 729-0931

*Complete desktop imaging, design, and publishing services for individuals, businesses, and organizations. Self-serve copies and Mac rentals. Expertise for hire. Contracts and connections sought.*

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**Peggy Mason Graphics**

Contact: Peggy Mason

107 Greenwood Rd

Brunswick ME 04011-2948

County: CU

Phone: 721-8124 FAX: 721-8124

*Versatile freelance designer + your ideas = innovative advertisements, brochures, logos, newsletters, posters, video, etc. that get results. 20 years experience. Positive client relationships guaranteed!*



*Desk Top Publishing*

**Professional Office Services**

Contact: Laura Jepson  
10 Blue Goose Ln  
Sanford ME 04073

County: YO

Phone: 676-2260

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**Public Education Consultant**

Contact: Jennifer Wilder Logan  
PO Box 502  
Boothbay Harbor ME 04538

County: LI

Phone: 633-7450

\*\*\*\*\*

*Desk Top Publishing*

**Recycled Words**

Contact: Eileen M. Mielenhausen  
49 Second St  
Hallowell ME 04347

County: KE

Phone: 623-1347

\*\*\*\*\*

*Desk Top Publishing*

**Regional Activities Guide of Maine**

Contact: Barbara Bay Rintz  
PO Box 503 Street: Crawford Pond  
Union ME 04862

County: KN

Phone: 785-4812, 800-660-2389

\*\*\*\*\*

*Desk Top Publishing*

**Rheta Prints**

Contact: Rhea J. Cote Robbins  
641 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-7059



*Desk Top Publishing*

**Sullivan Design**

Contact: Chris Sullivan  
56 Mattson Heights  
Gardiner ME 04345

County: KE

Phone: 582-7099 FAX: 582-7099

\*\*\*\*\*  
*Desk Top Publishing*

**The Paper Pusher**

Contact: Janet Granger  
PO Box 355 Street: Sargent Hill Rd  
Milo ME 04463

County: PS

Phone: 943-2163

\*\*\*\*\*  
*Desk Top Publishing*

**Utile - Macintosh Training**

Contact: Elisabeth M. Webster  
RR 1 Box 1213  
Bowdoinham ME 04008

County: SA

Phone: 666-5747

\*\*\*\*\*  
*Education/Training*

**Allen Associates**

Contact: Carol Allen  
PO Box 354  
Manchester ME 04351

County: KE

Phone: 685-3114 FAX: 685-3250

\*\*\*\*\*  
*Education/Training*

**Alternative Building Consultants, Unlimited**

Contact: Nancy Backman, Ed.D.  
PO Box 168  
Thorndike ME 04986

County: WL

Phone: 568-3689



*The best part of  
the design process is  
the client relationship!*

An intuitive sense of  
my client's needs make  
the "creative juices" flow!  
The end result ... well,  
see for yourself. Call today!

20 years experience ...  
offering all phases of  
advertising,  
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public relations,  
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Jacqueline R. Murphy  
Career Counselor/Consultant  
207-892-0000

*Women's Worth Career Counseling™*

### Mission Statement

Women's Worth Career Counseling™ is a service that offers women in career transition the tools, direction and support necessary to make their own career decisions with new visions and inner strength. One of our country's most valuable wasted resources is the untapped potential of women. We will tap it together.

18 Woodland Road  
Gorham, Maine 04038

First Appointment Complimentary

# OPEN YOUR EYES



# AND READ THIS

If you are looking for someone to write ads call Joanie Dow. She can write **BIG** things like manuscripts and **LITTLE** things like match book covers. She can write Radio and TV ads and she can write music and lyrics for **jingles** ♪ She can write employee handbooks and she can write procedures. She really **LOVES** to write and is good at it. She can write in different tones that range from **BONWIT BREZZY** to down right serious **CORPORATE STUFF**. Now she has been writing commercials since the sixties and it is only recently that she figured out why. She writes to get people to do something, to respond to the words. Amazing, eh? She wrote the headline for this ad and I bet your eyes are **OPEN** as you are reading this! So if you need a writer to collaborate with your staff or agency call Joanie Dow at 773-7442 and she will start taking notes right over the phone. Or send a note to her

P.O. Box 7242 and she will write back to you.

## DOW & ASSOCIATES

Portland, Maine 04112



*Education/Training*

WDBC member

**Auburn Kumon Math**

Contact: Nancy Pelletier  
405 S. Witham Rd  
Auburn ME 04210

County: AN

Phone: 786-2811

*The Kumon method is an individualized system of improving math skills in after-school sessions. Success achieved through repetition boosts students' concentration and self-esteem.*

\*\*\*\*\*  
*Education/Training*

**Bordwell Consulting**

Contact: Sue Ellen Bordwell  
3 Pennyroyal Court  
Yarmouth ME 04096

County: CU

Phone: 846-3340

*Specializing in civil rights investigations.*

\*\*\*\*\*  
*Education/Training*

**Child Care Concepts**

Contact: Lisa Freitas  
PO Box 1101  
Portland ME 04104

County: CU

Phone: 767-7440

\*\*\*\*\*  
*Education/Training*

WDBC member

**Christiansen Associates**

Contact: Sonja Christiansen  
201 Whitney St  
Auburn ME 04210

County: AN

Phone: 786-2632 FAX: 782-9717

*Christiansen Associates bases their life skills programs on real life experiences that encourage the exchange of ideas in an entertaining, trusting environment.*



CHRISTIANSEN  
a s s o c i a t e s

*learning  
and  
motivational  
seminars & stress  
management  
programs*

201 Whitney St. Auburn, ME 04210 (207) 786-2632 FAX: (207) 782-9717

Sonja Christiansen

\*\*\*\*\*  
*Education/Training*

**Clarity Facilitation Services**

Contact: Joan Best Murphy  
PO Box 228  
Yarmouth ME 04096

County: CU

Phone: 846-1373



*Education/Training*

**Cobbossee Computer Systems**

Contact: M. Elaine Briggs

PO Box 187

Leeds ME 04263

County: AN

Phone: 524-3125

\*\*\*\*\*

*Education/Training*

**Dee Kelsey and Associates**

Contact: Dee Kelsey

PO Box 3883

Portland ME 04104

County: CU

Phone: 773-0464

*\* Helping build more collaborative relationships in organizations*

*\* Facilitation and conflict management skills training*

*\* Over 15 years experience as a consultant, trainer, facilitator, and mediator*

\*\*\*\*\*

*Education/Training*

WDBC member

**Eberhardt/Impact**

Contact: Barbara Eberhardt

142 High St, #634

Portland ME 04101

County: CU

Phone: 775-6558

*Workshops and private coaching for women who need or want  
to speak up - interpersonal, presentations, communication style.*

\*\*\*\*\*

*Education/Training*

WDBC member

**Elizabeth A. Busch**

Contact: Elizabeth A. Busch

RR 1 Box 365 Street: Hudson Rd

Bangor ME 04401

County: PE

Phone: 942-7820

*Ms. Busch is a nationally and internationally recognized artist specializing  
in Painted Wall Quilts and colorful, suspended, moving sculpture.  
Private and public commissions throughout USA. Workshops offered.*

\*\*\*\*\*

*Education/Training*

**Good For You! Wellness Center**

Contact: Virginia L. Hodgkins

RR 1 Box 565 Street: Woodpile Ln

Jefferson ME 04348

County: LI

Phone: 549-5275

*High-quality nutritional/environmental programs, individually  
designed to build health and wellness. Consultants  
associated with Shaklee Corp., world's largest health company.*



*Education/Training*

**Groom 'N' Board Kennels**

Contact: Jessi Macgregor  
1412 Essex St  
Bangor ME 04401

County: PE

Phone: 941-9825

*Groom 'N' Board offers the very best of pet grooming and boarding. Certified groomers and pet care technicians. Home of Maine's only licensed pet grooming school. Visits welcome.*

*Education/Training*

WDBC member

**Heart at Work**

Contact: Barbara Sirois Babkirk  
78 Main St  
Yarmouth ME 04096

County: CU

Phone: 846-0644

*Work-related counseling to clarify direction and blocks to getting what you want. Individual sessions, group workshops, and presentations.*

*Education/Training*

**Heartlight Records**

Contact: Susan M. Savell  
PO Box 203  
Biddeford Pool ME 04006

County: YO

Phone: 282-0752

*Offers lectures/concerts in schools, churches, and conferences on child abuse healing and prevention, and on the spirituality of recovery for abuse survivors.*

*Education/Training*

**Hidden Image**

Contact: Ann Siteman  
119 Haven Rd  
Windham ME 04062

County: CU

Phone: 892-2501

*Hidden Image offers classes for adults and children in mask-making as well as selling unique hand-drafted papier-mache masks and mask kits.*

*Education/Training*

**Hinckley Group**

Contact: Patti Hinckley  
21 Oakwood Terr  
Brunswick ME 04011

County: CU

Phone: 729-7908 FAX: 729-7908

**HINCKLEY GROUP**  
*Diversity & Facilities Consultants*

Patti Hinckley  
President

*Diversity Management Services: Workshops, training, speaking, writing & special projects. Facilities Management Services: Re-engineering, planning, facility audits, speaking & special projects.*

21 Oakwood Terrace  
Brunswick, Maine 04011

Phone (207) 729-7908



Education/Training

**Homeschool Associates**

Contact: Shirley M.R. Minster  
116 Third Ave  
Auburn ME 04210

County: AN

Phone: 777-1700 FAX: 657-2977

**Homeschool Associates of New England**

116 Third Avenue • Auburn, Maine 04210  
207-777-0077 • 207-777-1700  
800-882-2828 (New England & NY)



*"Serving the Homeschool Community"*

**Steve Moitozo**  
Director  
Administrative Services

**Shirley M.R. Minster**  
Director  
Educational Services

\*\*\*\*\*

Education/Training

**InnerVision**

Contact: Maryann B. Hostetler  
PO Box 1053 Street: 323B Broadway  
Rockland ME 04841 County: KN

Phone: 594-4799

*A counseling service for women and their families. A place  
to access your own wisdom and knowing. To learn to trust  
your inner spirit.*

\*\*\*\*\*

Education/Training

**Innovative Management Associates**

Contact: JoAnn Peeples  
62 Ridge View Dr  
Standish ME 04084 County: CU

Phone: 892-9358

*IMA offers a wide range of organizational consulting services,  
and management training and development programs  
to both nonprofit and private sector clients.*

\*\*\*\*\*

Education/Training

**Insurance Training & Placement Services**

Contact: Auta M. Main  
160 Larrabee Rd, Bldg C  
Westbrook ME 04092 County: CU

Phone: 856-6659 FAX: 856-0087

*Agents Continuing Education Training, Licensing schools,  
Career Schools (Underwriting and Claims), Permanent and  
Temporary Placement.*



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& PLACEMENT  
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\*\*\*\*\*

Education/Training

**Inter Reflections**

Contact: Sally Baker, M. ED, LSAC  
RR 3 Box 3625  
Waterville ME 04901 County: KE

Phone: 465-3670



*Education/Training*

**Jane C. Smith, Quiltmaker**

Contact: Jane C. Smith

RR 1 Box 518A

S. Berwick ME 03908

County: YO

Phone: 676-2209

\*\*\*\*\*  
*Education/Training*

**Janet Eastman Associates**

Contact: Janet Eastman

11 William St

Portland ME 04103

County: CU

Phone: 828-1940

\*\*\*\*\*  
*Education/Training*

**Joan Martay & Associates**

Contact: Joan Martay

49 Wellington Rd

Portland ME 04103

County: CU

Phone: 773-1995

*An organizational consultant providing group facilitating, team-building,  
and staff training on communication skills, customer service, leadership,  
self-esteem, stress management, performance appraisals, etc.*

\*\*\*\*\*  
*Education/Training*

**Kitchen Carnival**

Contact: Robin Mello

RR 1 Box 2300

Buckfield ME 04220

County: OX

Phone: 336-2545

\*\*\*\*\*  
*Education/Training*

**M. Joyce Medeiros, BS, C.H.E.**

Contact: M. Joyce Medeiros

RR 1 Box 241

Anson ME 04911

County: SO

Phone: 696-8246



*Education/Training*

**Mabel Wadsworth Women's Health Center**

Contact: Ruth Lockhart  
PO Box 20 Street: 334A Harlow St  
Bangor ME 04402 County: PE

Phone: 947-5337

\*\*\*\*\*  
*Education/Training*

**Maine Avatar Center**

Contact: Jeanne Wold & Melissa Codd  
Box 056 Ridge Rd  
Walpole ME 04573 County: LI

Phone: 563-8704

\*\*\*\*\*  
*Education/Training*

**MaryRae Means, M.Ed., L.C.P.C.**

Contact: MaryRae Means  
  
Damariscotta ME 04543 County: LI  
  
Phone: 563-1336

*Psychotherapy for individuals, couples, and groups. Specializing in women's issues, seminars, and retreats. Certified in Feldenkrais and Rubenfeld bodywork. Interest in menopausal issues.*

\*\*\*\*\*  
*Education/Training*

**Matrix Enterprises**

Contact: Marta Varee Pearson  
PO Box 476  
Topsham ME 04086 County: SA  
  
Phone: 729-5754

*Offering quality and specialized training. Education on issues of sexual abuse, esteem, communication, relations, and other uniquely designed therapy for adults sexually violated as a child.*

\*\*\*\*\*  
*Education/Training*

**Moose Ridge Associates**

Contact: Betsy Sweet  
RR 1 Box 697  
Monmouth ME 04259 County: KE  
  
Phone: 933-2673 FAX: 933-2673

*Specializing in governmental services (campaigns and lobbying), equity in the workplace, sexual harassment training, educational aspirations. Facilitation and organizational development.*



*Education/Training*

WDBC member

**National Coalition Building Institute**

Contact: Asherah Cinnamon  
60 Mabel St  
Portland ME 04103

County: CU

Phone: 773-1394

*Offers programs in conflict resolution, team building and  
welcoming diversity in the workplace - assisting organizations  
to deal effectively with sexism, racism, and physical disability.*

**NCBI**  
**NATIONAL COALITION BUILDING INSTITUTE**  
**Maine Chapter**

Leadership Development  
Inter-Group Relations  
Prejudice Reduction

60 Mabel Street  
Portland, ME 04103  
(207) 773-1394

Asherah Cinnamon, LCSW, Director of Training

*Education/Training*

WDBC member

**Patricia Williams, Organizational Consultant**

Contact: Patricia Williams  
83 Road Less Traveled  
Woodstock ME 04219

County: OX

Phone: 674-2112 FAX: 674-2112

*Education/Training*

**Rebecca D. Mealey**

Contact: Rebecca D. Mealey  
PO Box 177 Street: Millbrook Rd  
Northeast Harbor ME 04662

County: HA

Phone: 276-5632

*Education/Training*

**Recycling Education Services**

Contact: Hildie J. Lipson  
PO Box 298  
Wayne ME 04284


County: KE

Phone: 685-4068

**Recycling Education Services**

Hildie J. Lipson  
P.O. Box 298  
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**Reed's Parlimentary Services**

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28 Larrabee Hts  
Westbrook ME 04092-4775

County: CU

Phone: 856-2151



Education/Training WDBC member  
**South Portland Kumon Math Center**  
Contact: Susan Ferris  
25 Tall Pine Dr  
W. Buxton ME 04093 County: CU  
  
Phone: 929-5260

*The Kumon Method is a mathematical sequence of computational skills superbly structured so that children learn in incremental steps.*

\*\*\*\*\*

Education/Training WDBC member  
**Speak for Yourself**  
Contact: Dianne Holly  
PO Box 66852  
Falmouth ME 04105 County: CU  
  
Phone: 781-7101 FAX: 781-2719

*A speech improvement service geared to help you develop your personal and professional speaking skills. Specializing in diction accent reduction and speech delivery.*

\*\*\*\*\*

Education/Training WDBC member  
**Stirling Associates**  
Contact: S. Stirling Kendall  
190 Water St  
Hallowell ME 04347 County: KE  
  
Phone: 626-0393

*Facilitating group process in meetings and retreats; collaborative work group development through conflict management, strategic management, strategic planning, community building and stress management.*

\*\*\*\*\*

Education/Training  
**The Badvertising Institute**  
Contact: Bonnie Vierthaler  
195 Congress St  
Portland ME 04101 County: CU  
  
Phone: 773-3275

\*\*\*\*\*

Education/Training  
**Translator/Cultural Consultant**  
Contact: Dr. Veronika Albrecht-Rodrigue  
PO Box 176  
Lovell ME 04051 County: OX  
  
Phone: 925-3117



*Education/Training*

**Trudy McNulty Associates**

Contact: Trudy McNulty  
79 Blackstrap Rd  
Falmouth ME 04105

County: CU

Phone: 797-4173 FAX: 797-4173

*Marketing problems? Cost-controlled, creative solutions for business and non-profits. Entrepreneurism and profitable strategies. Raise your profile--target your markets--increase your impact. Free consultation.*

*Education/Training*

WDBC member

**Women Unlimited**

Contact: Dale McCormick  
1250 Turner St  
Auburn ME 04210

County: AN

Phone: 786-5259 FAX: 777-7353

*Women Unlimited is a statewide organization that advocates for and trains women in trade and technical occupations.*

*Education/Training*

**Women's Worth Career Counseling**

Contact: Jacqueline R. Murphy  
18 Woodland Ave  
Gorham ME 04038

County: CU

Phone: 892-0000

*Entertainment/Music*

**Heartlight Records**

Contact: Susan M. Savell  
PO Box 203  
Biddeford Pool ME 04006

County: YO

Phone: 282-0752

*Offers lectures/concerts in schools, churches, and conferences on child abuse healing and prevention, and on the spirituality of recovery for abuse survivors.*

*Entertainment/Music*

WDBC member

**Music Recreation**

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County: CU

Phone: 772-5636

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Cliff Island ME 04019-0006                      County: CU  
  
Phone: 766-2684

\*\*\*\*\*  
*Entertainment/Music*

**Zingo Zango Generic Jug Band**  
Contact: Ellen Lindsey  
RR 1 Box 500    Street: 66 Reservoir Rd  
S. Paris ME 04281                      County: OX  
  
Phone: 743-2001

\*\*\*\*\*  
*Environmental Services*

**Brooks Technologies**  
Contact: Joan L. Brooks, Ph.D.  
RR 1 Box 753  
Eddington ME 04428                      County: PE  
  
Phone: 843-6389

*Licensed site evaluation and septic system design. Design & construction supervision of peat onsite wastewater treatment systems. Specializing in the use of peat for pollution abatement.*

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*Environmental Services*

**Chrstrup Tree Service**  
Contact: Janet Chrstrup  
26 Deering Hall  
Orono ME 04469                      County: PE  
  
Phone: 581-2935

\*\*\*\*\*  
*Environmental Services*

**Coastal And Woodland Surveying**  
Contact: Pamela Mount  
HC 33 Box 226D  
Bath ME 04530                      County: SA  
  
Phone: 443-1480

**PAMELA MOUNT**  
Registered Land Surveyor  
RLS 1272

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Arrowsic, Maine 04530                      Office: 207-443-1480



*Environmental Services*

**Environmental Policy Consultant**

Contact: Esther Lacognata  
19 Elm St  
Topsham ME 04086

County: SA

Phone: 729-4088 FAX: 729-1014

\*\*\*\*\*  
*Environmental Services*

**Forestcare**

Contact: Izzy McKay  
31 Central St, Suite 203  
Bangor ME 04401

County: PE

Phone: 941-9698

\*\*\*\*\*  
*Environmental Services*

**Good Deeds, Inc.**

Contact: Gusta Ronson, Surveyor  
PO Box 587 Street: 7 Main St  
Belfast ME 04915

County: WL

Phone: 338-5743

\*\*\*\*\*  
*Environmental Services*

**Southern Maine Forestry Services**

Contact: Lauri Noel  
PO Box 910  
Windham ME 04062

County: CU

Phone: 892-6562

\*\*\*\*\*  
*Exercise/Fitness*

WDBC member

**Gretchen Gehrke Fitness Consultant**

Contact: Gretchen Gehrke  
PO Box J  
Newport ME 04953

County: PE

Phone: 368-5747

*Design your own personal fitness and nutritional program  
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*Exercise/Fitness*

**Kids on the Move**

Contact: Maureen Oosten  
6 Fieldcrest Drive  
Kennebunk ME 04043

County: YO

Phone: 985-9234

\*\*\*\*\*  
*Exercise/Fitness*

**Phoenix Rising Yoga Therapy/Yoga Classes**

Contact: Susan Coady  
RR 1 Box 3556  
Wayne ME 04284

County: KE

Phone: 685-9011

\*\*\*\*\*  
*Export/International Trade*

**American International Associates**

Contact: Denise N. Paquette  
211 Randall Rd  
Lewiston ME 04240

County: AN

Phone: 786-5050

\*\*\*\*\*  
*Export/International Trade*

**Medical Resources Export Company, Inc.**

Contact: Sandra Leinonen Perry  
89 Auburn St, Suite 1234  
Portland ME 04103

County: CU

Phone: 797-0028 FAX: 797-5654

\*\*\*\*\*  
*Fabric/Yarn*

**Cindy Taylor Clark Designs**

Contact: Cindy Clark  
RR 1 Box 6  
Alfred ME 04002

County: YO

Phone: 324-7903

*Original folk art applique patterns for quilts. Mail order business. Catalog (\$2.00) shows over 30 designs. Cindy also does workshops and lectures on applique quilts.*



*Fabric/Yarn*

WDBC member

**Econo-Craft**

Contact: Donna M. Paradis  
RR 1 Box 1440 Street: Freedom Rd  
Palermo ME 04354 County: WL

Phone: 993-2774

\*\*\*\*\*

*Fabric/Yarn*

WDBC member

**Halcyon Yarn**

Contact: Halcyon Blake  
12 School St  
Bath ME 04530 County: SA

Phone: 800-439-7909

*Open Mon-Sat 10-4. Yarns, books, and equipment for knitting, weaving,  
spinning, and basketry. Fun classes and workshops.  
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*Fabric/Yarn*

**Island Yarns & Yardage-Winters Work**

Contact: Sue Jones Hill  
Little Cranberry Island  
Islesford ME 04646 County: HA

Phone: 244-7150

\*\*\*\*\*

*Fabric/Yarn*

**Ma Culley's Old Softies**

Contact: Colleen Moser  
RR 1 Box 765  
S. Harpswell ME 04079 County: CU

Phone: 833-6455

\*\*\*\*\*

*Fabric/Yarn*

**Maine Tartan and Tweed Company, Inc.**

Contact: Jane E. Holmes  
PO Box 134  
Plymouth ME 04969 County: PE

Phone: 948-3742

*Clothing and accessories in a beautiful, four color tartan  
designed especially for Maine, using colors representative of  
Maine. Products are 100% wool, woven in Maine.*



*Fabric/Yarn*

**Martha Hall - Natural Fibre Yarns**

Contact: Jody Halliday  
46 Main St  
Yarmouth ME 04096 County: CU

Phone: 846-9334

*Full color catalogue(#2) and retail shop featuring yarns from  
basic knitting worsted to cashmere and hand painted silk blends.  
Extensive book selection and classes.*

\*\*\*\*\*

*Fabric/Yarn*

**Neverfinished Farm**

Contact: Michelle Henning  
RR 1 Box 620  
S. Harpswell ME 04079 County: CU

Phone: 833-5556

\*\*\*\*\*

*Fabric/Yarn*

WDBC member

**Pine Tree Knits**

Contact: Faye G. Krause  
RR 2 Box 840  
E. Lebanon ME 04027 County: YO

Phone: 457-3949

*The TOTAL yarn and knitting shop. Everything for the hand and  
machine knitter. Maine wool, cotton, acrylic, and fleece. Accessories,  
lessons, custom knitting, and gifts. Singer dealer.*

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*Fabric/Yarn*

WDBC member

**Pixel Knits**

Contact: Sue Westlake  
RR 1 Box 88  
Readfield ME 04355 County: KE

Phone: 685-4510

\*\*\*\*\*

*Fabric/Yarn*

**Rebecca D. Mealey**

Contact: Rebecca D. Mealey  
PO Box 177 Street: Millbrook Rd  
Northeast Harbor ME 04662 County: HA

Phone: 276-5632



*Fabric/Yarn*

**Rosamond**

Contact: Rosamond Field  
9 Elm St  
Camden ME 04843

County: KN

Phone: 236-2023 FAX: 236-2023

\*\*\*\*\*

*Fabric/Yarn*

**Tess' Designer Yarns**

Contact: Melinda Bickford  
Box 148F Pigeon Hill Rd  
Milbridge ME 04658

County: WS

Phone: 546-2483

\*\*\*\*\*

*Fabric/Yarn*

**The Custom Sewing Shoppe**

Contact: AnnMarie Guerrette  
PO Box 93 Street: Rt 1 Main St  
Frenchville ME 04745

County: AR

Phone: 543-7730

\*\*\*\*\*

*Fabric/Yarn*

**The Village Seamstress**

Contact: Mary Alley  
RR 2 Box 82  
Lamoine ME 04605

County: HA

Phone: 667-4021

\*\*\*\*\*

*Fabric/Yarn*

**Village Wearer**

Contact: Phyllis Leck  
PO Box 8 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5523



*Farming/Fishery*

**Arrow Farms Inc.**

Contact: Maria Cipriano

PO Box 9

Monticello ME 04760

County: AR

Phone: 538-4424 FAX: 538-9234

\*\*\*\*\*  
*Farming/Fishery*

**Blue Sky Produce**

Contact: Lynn Thurston

14 Glenwood Ave

Gorham ME 04038

County: CU

Phone: 839-3803 FAX: 839-4124

\*\*\*\*\*  
*Farming/Fishery*

WDBC member

**Carol B. Loehr**

Contact: Carol B. Loehr

Box R Walker Rd

Atlantic ME 04608

County: HA

Phone: 526-4435

*Sea Soil - composted fish & peat moss soil amendment*

*Swans Island Farm - Registered Shetland Sheep*

*Atlantic Blanket Co - Heirloom handwoven blankets from Maine wool.*

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*Farming/Fishery*

**Oyster Creek Farm**

Contact: Candice M. Heydon

RR 1 Box 320 Street: Standpipe Rd

Damariscotta ME 04543

County: LI

Phone: 563-1076

\*\*\*\*\*  
*Farming/Fishery*

WDBC member

**The Nature Connection**

Contact: Debbie Morrill

RR 1 Box 322 Street: Lambert Rd

Brewer ME 04412

County: PE

Phone: 989-2362

*A greenhouse/nursery and vegetable farm selling quality annuals, perennials, shrubs, supplies, and organic produce. Also homemade delicacies such as salsa, relishes, etc.*



*Financial/Investment Services*

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(207) 947-5456  
**1-800-947-5456**

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*Financial/Investment Services*

**F.L. Putnam/Winslow Investment Management Co.**  
Contact: Wendy Bush  
Two City Center  
Portland ME 04101

County: CU

Phone: 775-3197, 800-734-3197 FAX: 775-6527

\*\*\*\*\*  
*Financial/Investment Services*

WDBC member

**F.L. Putnam/Winslow Investment Management Co.**  
Contact: Jean M. Deighan  
23 Water Street  
Bangor ME 04401

County: PE

Phone: 990-0999, 800-339-0998 FAX: 990-0564

\*\*\*\*\*  
*Financial/Investment Services*

**Financial Security Services**  
Contact: Sara Jane Elliot  
7 Mill Pond Dr  
Windham ME 04062

County: CU

Phone: 892-5558

\*\*\*\*\*  
*Financial/Investment Services*

**H.M. Payson & Co.**  
Contact: Laura McDill  
PO Box 31 Street: One Portland Square  
Portland ME 04112

County: CU

Phone: 772-3761 FAX: 772-7456





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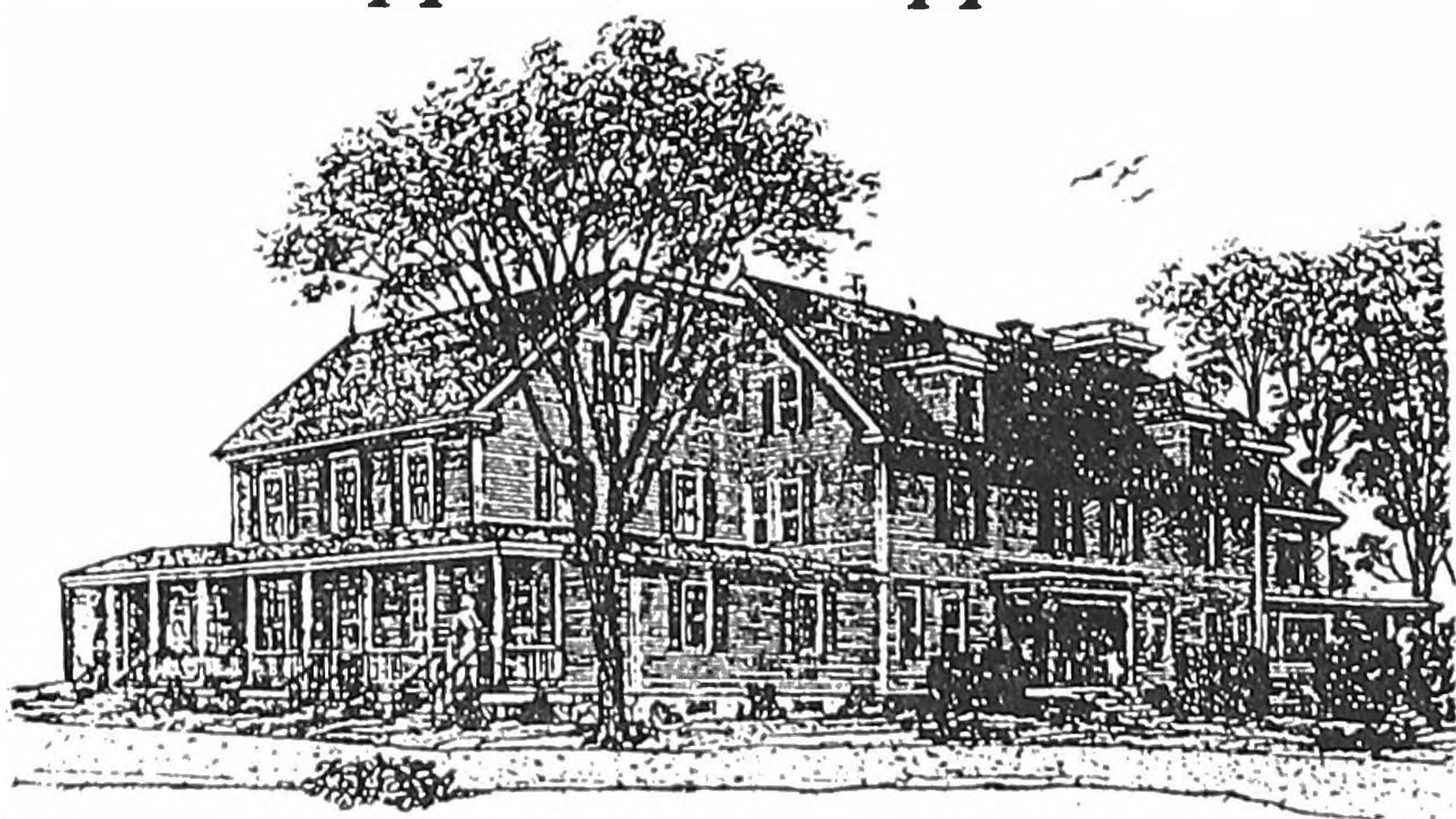
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*Financial/Investment Services*

**Hanna Associates**

Contact: Inga H. Hanna, CFP  
238 Ocean Ave  
Portland ME 04103

County: CU

Phone: 772-4378

\*\*\*\*\*

*Financial/Investment Services*

WDBC member

**Honeck-O'Toole**

Contact: Jane Honeck  
50 Portland Pier  
Portland ME 04101

County: CU

Phone: 774-0882 FAX: 773-2047

\*\*\*\*\*

*Financial/Investment Services*

WDBC member

**Linker & Mansfield, Associates**

Contact: Carol Linker  
PO Box 107  
Hallowell ME 04347

County: KE

Phone: 622-4922

*Specializes in financial planning and analysis for the small business owner: risk analysis, retirement planning, and estate planning.*

\*\*\*\*\*

*Financial/Investment Services*

**Linker & Mansfield, Associates**

Contact: Marcia Mansfield  
PO Box 881  
Damariscotta ME 04543

County: LI

Phone: 563-1095

*Specializes in financial planning and analysis for the small business owner: risk analysis, retirement planning, and estate planning.*

\*\*\*\*\*

*Financial/Investment Services*

**Monahan Associates**

Contact: Eileen Monahan  
44 Oak St  
Portland ME 04101

County: CU

Phone: 774-3936 FAX: 774-0846

*Socially responsible investments. IRAs. Money market accounts. Small accounts welcomed.*



*Financial/Investment Services*

WDBC member

**Moneywise**

Contact: Rozanna Patane  
PO Box 592 Street: 73 Sentry Hill Rd  
York Harbor ME 03911 County: YO

Phone: 363-7744 FAX: 363-7748

*A financial advisory service that specializes in business  
planning for small women-owned businesses, and in women's  
personal financial concerns.*

\*\*\*\*\*

*Financial/Investment Services*

**Murch & Dyer Associates**

Contact: Loretta G. Dyer  
PO Box 337 Street: Two Great Falls Plaza  
Auburn ME 04212-0337 County: AN

Phone: 786-0611 FAX: 786-0622

**Murch & Dyer Associates**

**Loretta G. Dyer**  
Two Great Falls Plaza  
P.O. Box 337  
Auburn, Maine 04212  
Tel: (207) 786-0611  
FAX: (207) 786-0622

*Employee Benefits  
Life / Health / Disability*

*Financial Planning  
Business Insurance*

\*\*\*\*\*

*Financial/Investment Services*

**Personalized Financial Services**

Contact: Jennifer Jenkins  
40 Elwell Ln  
Brunswick ME 04011 County: CU

Phone: 729-7779

*Money Management, Recordkeeping, Tax Planning & Preparation  
Services. Consultation, analysis, & individual assessment of financial  
concerns. Goal setting & problem solving. No financial products sold.*

**Personalized Financial Services**

- Money Management
- Recordkeeping Assistance
- Tax Planning & Preparation

**729-7779**

**Jennifer Jenkins** 40 Elwell Lane  
Financial/Tax Consultant Brunswick, ME 04011

\*\*\*\*\*

*Financial/Investment Services*

WDBC member

**Primerica Financial Services**

Contact: Kay McKusick Gray  
Airport Rd, Box 720  
Dexter ME 04930 County: PE

Phone: 924-3027

*Let me teach you how your money can work for you!*

\*\*\*\*\*

*Financial/Investment Services*

**Prudential Insurance**

Contact: Nancy D. Jutras, Sp.Agent/RR  
2 Great Falls Plaza  
Auburn ME 04210 County: AN

Phone: 784-9137 FAX: 777-0074



*Financial/Investment Services*

**Ram Asset Management**

Contact: Ann C. Goggin

121 Middle St

Portland ME 04101

County: CU

Phone: 774-9801 FAX: 774-0264

\*\*\*\*\*  
*Financial/Investment Services*

**Rittersdorf Financial Services**

Contact: Pat Rittersdorf

7 Birch St

Rockland ME 04841

County: KN

Phone: 596-0002 FAX: 594-9334

*Individual and business financial planning including investments,  
insurance, group benefit plans, budgeting, tax minimizing, retirement,  
education, estate planning, etc. Seminars and group presentations available.*

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*Financial/Investment Services*

WDBC member

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Contact: Dianne Morgan  
RR 2 Box 3  
S. Harpswell ME 04079

County: CU

Phone: 725-2240

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Contact: Michelle Walker  
54 Main St  
Belfast ME 04915

County: WL

Phone: 338-5659



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County: KN

Phone: 236-9568

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County: HA

Phone: 367-2632

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County: PE

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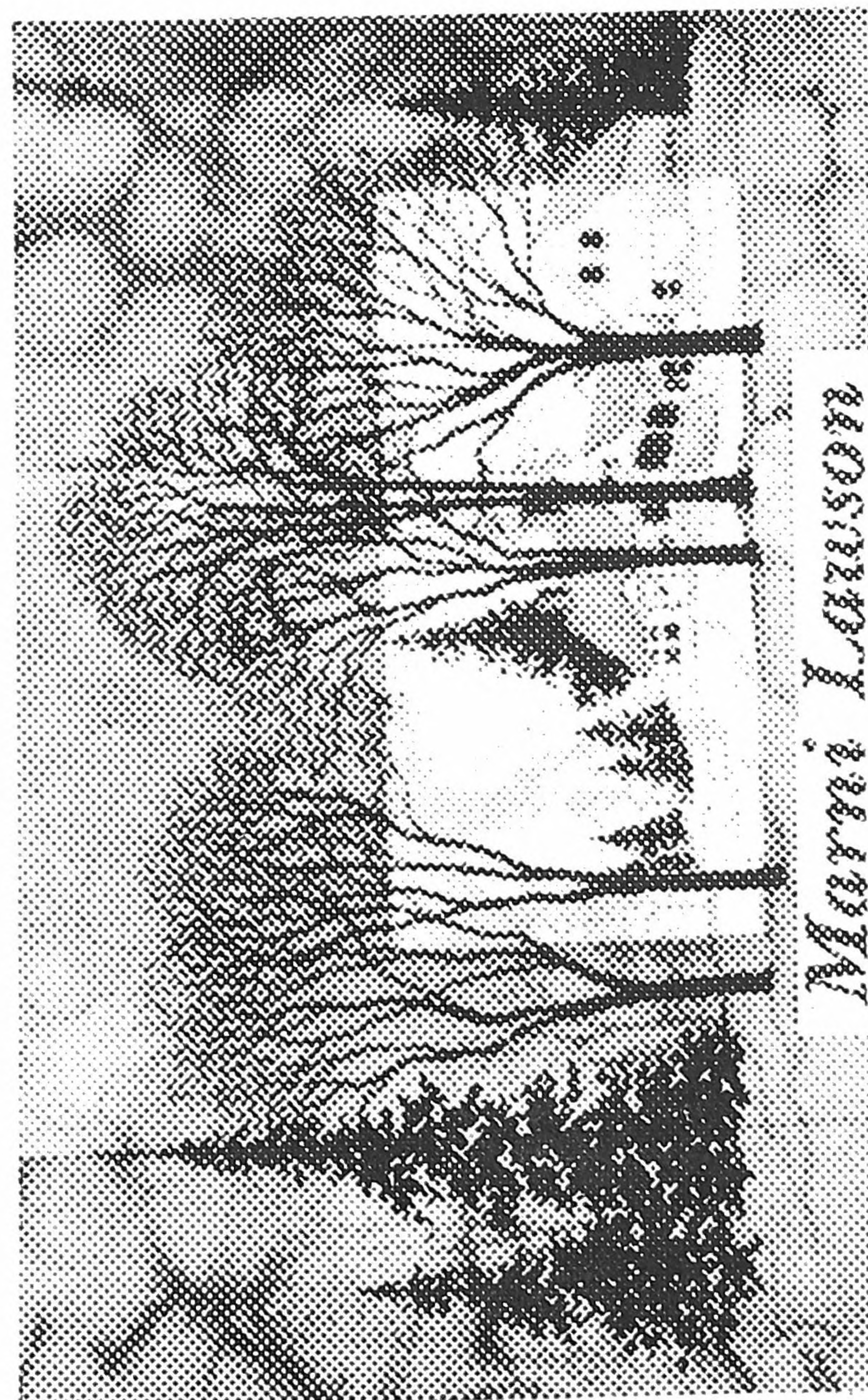
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County: OX

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County: LI

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County: PE

Phone: 942-7261



*Graphic Design/Illustrations/Signs*

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County: AN

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Phone: 368-5153

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**Peggy Mason Graphics**

Contact: Peggy Mason  
107 Greenwood Rd  
Brunswick ME 04011-2948

County: CU

Phone: 721-8124 FAX: 721-8124

*Versatile freelance designer + your ideas = innovative advertisements, brochures, logos, newsletters, posters, video, etc. that get results. 20 years experience. Positive client relationships guaranteed!*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Phophecy Designs, Inc.**

Contact: Kristina ML Nutting  
PO Box 84 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5318

*Nationally acclaimed line of braille embossed greeting cards and full color 1st edition fine art reproductions. Catalogue available. Illustration commissions invited. Mastercard/Visa accepted.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Redhouse Architects**

Contact: Jenny Potter Scheu  
10 Danforth St  
Portland ME 04101

County: CU

Phone: 773-8681 FAX: 773-5173

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Searles Design Inc.**

Contact: Karen Searls  
121A Ash Point Dr  
Owls Head ME 04854

County: KN

Phone: 596-6008 FAX: 596-6008



*Graphic Design/Illustrations/Signs*

**South Point Media**

Contact: Constance M. Tucker  
Madawaska Lake  
Stockholm ME 04783

County: AR

Phone: 896-3093

\*\*\*\*\*

*Graphic Design/Illustrations/Signs*

WDBC member

**Specialty Greetings**

Contact: Dorrie Roedner  
PO Box 296  
Saco ME 04072

County: YO

Phone: 284-6420

*Owner Dorrie Roedner creates framed original calligraphy and unique calligraphy-related gift items. Custom orders and personalized service are our specialty.*

\*\*\*\*\*

*Graphic Design/Illustrations/Signs*

**Sullivan Design**

Contact: Chris Sullivan  
56 Mattson Heights  
Gardiner ME 04345

County: KE

Phone: 582-7099 FAX: 582-7099

\*\*\*\*\*

*Graphic Design/Illustrations/Signs*

**Susan Garry Advertising Design/Graphic Design**

Contact: Susan Garry  
263 Brighton Ave  
Portland ME 04102

County: CU

Phone: 874-2203 FAX: 874-2203

\*\*\*\*\*

*Graphic Design/Illustrations/Signs*

**The Production Studio**

Contact: Nancy Sosman  
547A Congress St  
Portland ME 04101

County: CU

Phone: 773-3274

*Stats, mechanicals, design work. Fast turnaround, good prices. In business eight years. Member: Art Directors Club of Greater Portland.*



*Graphic Design/Illustrations/Signs*

**The Pussums Cat Co.**

Contact: Sheri Fowler

Box 51

W. Sumner Village ME 04292

County: OX

Phone: 388-2162

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Univoice Graphic Design**

Contact: Katie Murphy

36 Mountford Rd

N. Yarmouth ME 04096

County: CU

Phone: 846-4379

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Walnut Hill Graphics**

Contact: Sheila B. Johnson

47 Middle St

Portland ME 04101

County: CU

Phone: 773-4495 FAX: 774-5956

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Windswept Designs, Inc.**

Contact: Karen Wales

PO Box 5082

Augusta ME 04332

County: KE

Phone: 582-5557 FAX: 582-5557

\*\*\*\*\*  
*Hair Styling*

WDBC member

**Classic Image**

Contact: Lise Theriault

13 Jack St

Winslow ME 04901

County: KE

Phone: 873-3295

*Classic Image - Because image is more than just a hairstyle.  
Esthetician - skin care; Image and color consultant; Make-up  
artist.*



*Hair Styling*

**Head Lines Beauty & Tanning Salon**

Contact: Marjorie Colby  
94 Western Ave  
Bath ME 04530

County: SA

Phone: 443-9415

\*\*\*\*\*

*Hair Styling*

**Hillside Hair**

Contact: Michelle Raleigh  
RR 1 Box 2780  
Brooks ME 04921

County: WL

Phone: 722-3234

\*\*\*\*\*

*Hair Styling*

WDBC member

**Madeline's Hair Replacement Center**

Contact: Madeline Beaudoin  
15 Buxton Rd  
Saco ME 04072

County: YO

Phone: 282-1321

\*\*\*\*\*

*Hair Styling*

**Modern Beauty Salon, Inc.**

Contact: Helen M. Hatfield  
48 Main St  
Houlton ME 04730

County: AR

Phone: 532-2001

\*\*\*\*\*

*Hair Styling*

**Shear Delight Hairstyles**

Contact: Lisa Norton  
692 Main St  
Presque Isle ME 04769

County: AR

Phone: 764-4494



*Hair Styling*

**Shear Designs Salon**

Contact: Alice Bagley  
236 High St  
Ellsworth ME 04605

County: HA

Phone: 667-6038

\*\*\*\*\*

*Hair Styling*

WDBC member

**Ultra Coiffures**

Contact: Linda Keithley & Maxine Martell  
Rt 1 Shoppers Village  
Kennebunk ME 04043

County: YO

Phone: 985-3877

\*\*\*\*\*

*Hardware/Building Supplies*

WDBC member

**Ceiling Tile Center**

Contact: Lori Dumont  
RR 5 Box 7010 Street: 10 Middle Rd  
Augusta ME 04330

County: KE

Phone: 622-5200 FAX: 623-8771

*Interior renovations, suspended acoustical ceilings, specialty  
acoustical treatments, acoustical wall panels, vinyl flooring,  
folding panel partitions.*

\*\*\*\*\*

*Hardware/Building Supplies*

**Tommy's**

Contact: Theda Shafran  
273 Congress St  
Portland ME 04101

County: CU

Phone: 772-5357

\*\*\*\*\*

*Health/Medical Services*

**Acupuncture Health Care, Inc.**

Contact: Ms. Jeremy Cole Ganberg  
278 State St  
Portland ME 04101

County: CU

Phone: 775-5020 FAX: 775-0808





**FULL EFFECT SKIN CARE**  
 700 Mt. Hope Avenue, Ste. 331  
 Bangor, Maine 04401  
 Tel. 207-941-8937

**Wendy Valenzuela**  
 Lic. Diagnostic Skin Care Specialist  
 Paramedical Aesthetician

**Services: Complimentary Consultations**

**Pre and Post-surgical Camouflage and Counseling**

**Manual Post-surgical Lymphatic Drainage**  
 offering faster post-op recovery  
 and improved health for patients

**Adult and Adolescent Acne Treatment**

**Diagnostic skin care service**  
 providing referrals to qualified  
 plastic surgeons and dermatologists

**Therapeutic European facials - Make-overs**

**Theater, photography and television applications**

**Representing Holistic Skin Care Products**  
**"the Affordable and Natural Way to Treat Your Skin"**

Independent Distributor

RECLAIM YOUR LIFE  
 HEALTH AND HAPPINESS  
 WITH

**RELIV**

DIETARY SUPPLEMENT

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 ASSOCIATES**



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- Board Certified Infection Control Coordinator
- CEU Certified
- Recommended by the Maine Department of Labor

Auburn, Maine 04212

207-786-4033



*Health/Medical Services*

WDBC member

**Aural Rehabilitation Services/ARS Hearing Aids**

Contact: Jean L. Toth, MA, CCC-A

PO Box 1247 Street: 184 Academy Center

Presque Isle ME 04769

County: AR

Phone: 764-8401

**AURAL REHABILITATION SERVICES**

**ARS Hearing Aids**

Jean L. Toth, M.A., CCC-A

Audiologist

Hearing Evaluation • Hearing Aid Sales and Service

Industrial Audiometry

184 Academy Street  
Presque Isle

**764-8401**

Office hours by  
Appointment

Open Mon.-Fri. 9-12, 1-5

Located at 184 Academy Center, Presque Isle  
Services also offered in Houlton and Fort Kent

*Health/Medical Services*

**Back to Work Center**

Contact: Gaynor Miller

5 Waborn St

Augusta ME 04330

County: KE

Phone: 622-3677 FAX: 626-5764

**BACK  
TO  
WORK  
CENTER**

Physical Therapists and  
Occupational Therapists

Specializing In:

**ORTHOPEDIC - INDUSTRIAL - SPORTS  
REHABILITATION**

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- Key Functional Capacity Assessments
- Fitness/Reconditioning
- TMJ
- Back Schools
- Work Hardening
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**622-3677**

(Across From Pat's Pizza, Behind Big Apple)

PERSONALIZED  
CARE

*Health/Medical Services*

**Beverly Prosser Gelwick, Ph.D., A.B.P.P.**

Contact: Beverly Prosser

173 Park Row

Brunswick ME 04011

County: CU

Phone: 725-8928

*Health/Medical Services*

**Body Wise Centre**

Contact: Ida Gammon Wilson

398 Water St

Hallowell ME 04347

County: KE

Phone: 622-4062

*Health/Medical Services*

**Bodyworks Massage Therapy**

Contact: Susan Porter

73 Deering St

Portland ME 04101

County: CU

Phone: 761-5889



Health/Medical Services

**Caring Hands/Reflexology & Massage**  
Contact: Linda Best  
78 Hill St  
Orono ME 04473 County: PE  
  
Phone: 866-3728

Health/Medical Services

**Carol Fienhage, MST**  
Contact: Carol Fienhage  
395 S. Main St  
Brewer ME 04412 County: PE  
  
Phone: 989-1964

*Bodywork and other soft tissue modalities including Craniosacral, Somato-Emotional Release, and Visceral Manipulation; Breath Therapy (Rebirthing); Inner Dialogues with Body, Unconscious, or Higher Self.*

Health/Medical Services

**Catherine Schwenk Massage Therapist**  
Contact: Catherine Schwenk  
21 Pleasant Hill Rd  
Freeport ME 04032 County: CU  
  
Phone: 865-0605

*Offering professional, therapeutic massage for clients seeking stress reduction, relaxation, improved circulation, and relief from muscle tension. Call for more information.*

Health/Medical Services WDBC member

**Comprehensive Drug Testing Services of Maine**  
Contact: Sara Hunt  
74 Winthrop St  
Augusta ME 04330 County: KE  
  
Phone: 623-8439 FAX: 623-8439

Health/Medical Services

**Ellie Daniels, Midwife**  
Contact: Ellie Daniels  
51 Cedar St  
Belfast ME 04915 County: WL  
  
Phone: 338-6464

*Family-centered home birth care. Prenatal, delivery, and postpartum services. Well-woman screening. Natural family planning counseling. Cervical cap fitting and follow up.*

**Ellie Daniels  
Midwife**



**Family-Centered  
Homebirth Care**

51 Cedar St.  
Belfast, Maine 04915  
**(207) 338-6464**



Health/Medical Services

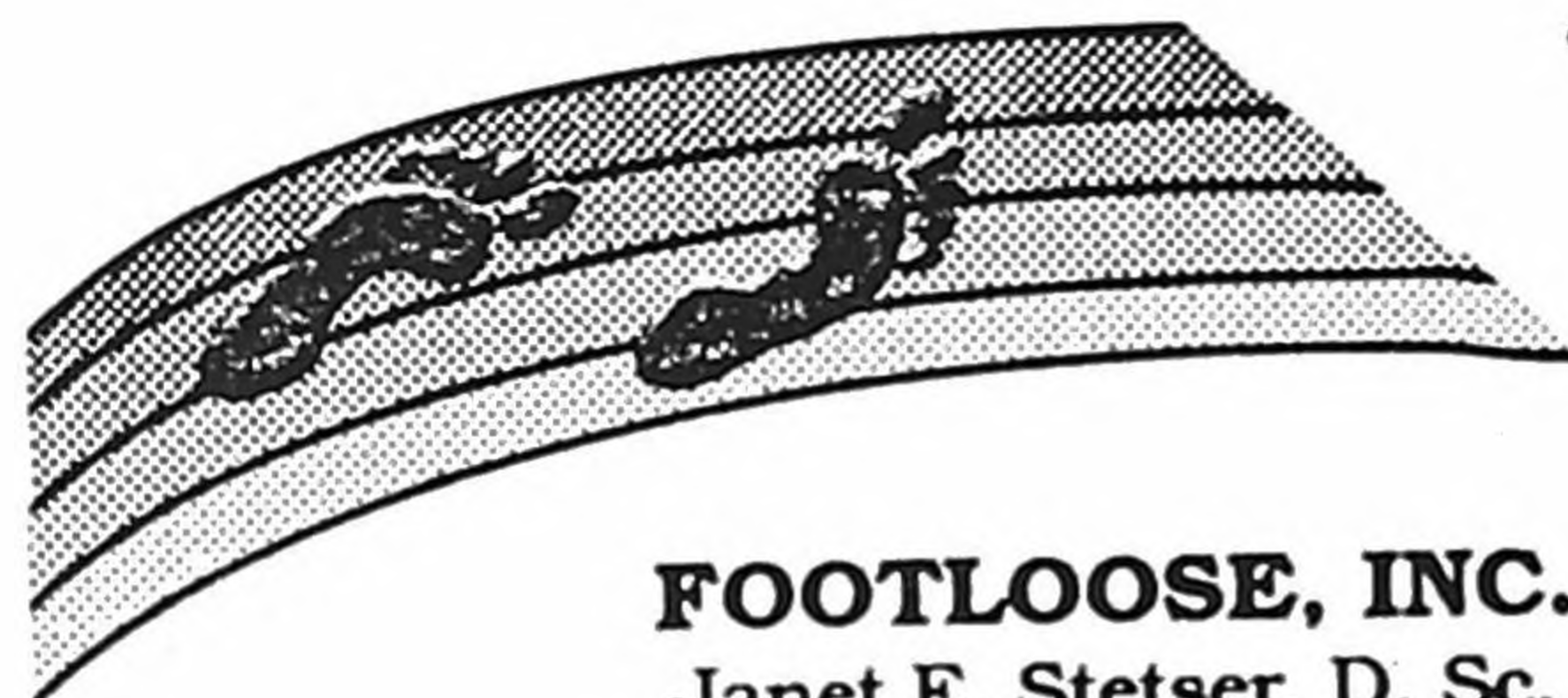
**Footloose, Inc.**

Contact: Janet E. Stetser, D.Sc.  
Box 112  
Alna ME 04535

County: LI

Phone: 586-6751

*Footloose is an alternative way of improving and taking control of your own health and happiness.*



*"Give Your Feet  
a Treet"*

**FOOTLOOSE, INC.**  
Janet E. Stetser, D. Sc.  
Box 112, Alna, Maine 04535  
(207) 586-6751

Certified:  
Reflexologist  
Colon Hydrotherapist  
Iridologist

Hypnotherapist  
Reiki II Healer  
Numerologist

Health/Medical Services

**Full Effect Skin Care**

Contact: Wendy Valenzuela  
700 Mt Hope Ave, Suite 331  
Bangor ME 04401

County: PE

Phone: 941-8937

Health/Medical Services

**Gentle Touch - Foot Reflexology**

Contact: Annette L. Wolfe, Certified Reflexologist  
PO Box 144  
Presque Isle ME 04769

County: AR

Phone: 764-5157

*Foot Reflexology is the application of pressure by the hands of the practitioner on specific points to stimulate lymphatic, circulatory, nervous systems of the body.*

*Be gentle  
to your soles*



**GENTLE TOUCH**  
*Foot Reflexology*

**Annette Wolfe**  
Certified Reflexologist  
P.O. Box 144, Presque Isle

For an appointment: **764-5157**

Health/Medical Services

**Gentlehands - Therapeutic Massage**

Contact: Rose Casement & Howa Furrow  
760 Union St  
Bangor ME 04401

County: PE

Phone: 843-5888

Health/Medical Services

**Good For You! Wellness Center**

Contact: Virginia L. Hodgkins  
RR 1 Box 565 Street: Woodpile Ln  
Jefferson ME 04348

County: LI

Phone: 549-5275

*High-quality nutritional/environmental programs, individually designed to build health and wellness. Consultants associated with Shaklee Corp., world's largest health company.*



Health/Medical Services

WDBC member



**Gretchen Gehrke Fitness Consultant**

Contact: Gretchen Gehrke  
PO Box J  
Newport ME 04953

County: PE

*Gretchen Gehrke*  
FITNESS CONSULTANT

Phone: 368-5747

*Design your own personal fitness and nutritional program  
with medical supervision. Energize and enrich your life.  
Individual-group consultation available.*

368-5747  
P. O. BOX J NEWPORT, MAINE 04953

\*\*\*\*\*

Health/Medical Services

**Healthy Adaptations-Occupational Therapy Services**

Contact: Kathleen Cartwright OTR/L  
1391 Washington Rd  
Waldoboro ME 04572

County: LI

Phone: 832-5584

\*\*\*\*\*

Health/Medical Services

**Integral Therapies**

Contact: Ariel Wilcox, RN, Nurse-Therapist  
395 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-1964

*Body work supporting the healing process including Craniosacral Therapy,  
Viscermd Manipulation, Myofascial and structural Release Techniques for  
pain, injury, physical dysfunction, stress reduction, and health maintenance.*

\*\*\*\*\*

Health/Medical Services

**Integral Therapies**

Contact: Ariel Wilcox, RN, Owner/Administrator  
395 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-1964

*A multidisciplinary health center offering medical care with Miriam Devlin, MD.  
Physical Therapy; Manual Therapy; Massage and Bodywork; Nutrition  
Counseling; Acupuncture; and Exercise Therapy.*

\*\*\*\*\*

Health/Medical Services

**Linda Heller, L.C.S.W.**

Contact: Linda Heller  
9 Everett St  
Brunswick ME 04011

County: CU

Phone: 729-7710

*Licensed clinical social worker. Personal, family, and relationship  
counseling for adults and adolescents. Insurance reimbursable.*



*Health/Medical Services*

**Linden Ridge Family Health**

Contact: Jill Breen, Midwife

PO Box 1

St. Albans ME 04971

County: SO

Phone: 938-2094

*Complete homebirth care serving Bangor area and Central ME for 14 years. New: Cervical cap fittings, childbirth preparation classes, therapeutic and infant massage, alternative healthcare.*

*Health/Medical Services*

**Mabel Wadsworth Women's Health Center**

Contact: Ruth Lockhart

PO Box 20 Street: 334A Harlow St

Bangor ME 04402

County: PE

Phone: 947-5337

*Health/Medical Services*

WDBC member

**Madeline's Hair Replacement Center**

Contact: Madeline Beaudoin

15 Buxton Rd

Saco ME 04072

County: YO

Phone: 282-1321

*Health/Medical Services*

WDBC member

**Massabesic Health Resources, P.A.**

Contact: Simone L. Palmer, P.T.

PO Box 456 Street: Rt 202

Waterboro ME 04087

County: YO

Phone: 247-3216 FAX: 247-3217

*also Laura H. Beauchesne M.S., P.T.*

**Physical Therapy**



**Massabesic  
Health  
Resources, P.A.**

- ◆ Orthopedics/Sport
- ◆ Industrial Health
- ◆ OB-Gyn
- ◆ Neurological
- ◆ Aquatic Rehabilitation

8 am - 7 pm, M - F, By Appt.

Simone L. Palmer, P.T.

Laura H. Beauchesne, M.S., P.T.

**247-3216**

Route 202, Waterboro

*Health/Medical Services*

**Massage Therapist**

Contact: Theresa Hart

208 Old County Rd

Hampden ME 04444

County: PE

Phone: 945-3856

*Hands on bodywork to help relieve muscular tension or trauma that may cause chronic pain. Relieves stress and tension. Nine years experience as bodyworker.*

**THERESA HART**

**LICENSED**

**MASSAGE THERAPIST**

**CRANIOSACRAL THERAPY**

**MUSCLE ENERGY**

**945-3856**

**142 208 OLD COUNTY RD. HAMPDEN, ME. 04444**



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gotta  
check  
it out!  
Planned  
Parenthood**

- ▶ women serving women
- ▶ Medicaid welcome
- ▶ open evenings
- ▶ confidential
- ▶ affordable

*Count on our experienced staff  
for quality reproductive health  
care -- annual exams, birth  
control, pregnancy testing &  
options counseling, and more.*

*We respect and protect your  
most personal decisions.*

Call for an appointment at the  
clinic nearest you

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*Body Wise  
Therapeutic Massage  
Centre*

*Stress Reduction • Skin Care  
Relief of Muscular Pain  
Vitamins • Herbs • Steam Cabinet*



*Connecting Body, Mind & Spirit  
through Nurturing Touch*



*Ida Gammon Wilson  
Massage Therapist*

*Maine Reg. MT00000006*

*By Appointment 622-4062*

*Hallowell*

*Mention this ad to save \$5.00 off 1st & 2nd Massage*

# Madeline's

HAIR REPLACEMENT CENTER

**Specializing in Fitting and Styling Hair  
Replacement for Chemotherapy  
Clients, Alopecia Clients and those  
suffering from Male and Female  
Pattern Baldness.**

Hair replacement because of health reasons  
requires skill, Madeline's will fit you as close to  
your preferred style as possible giving you

confidence in your appearance, an important step  
in recovery. All fittings in a private atmosphere.

- Providing new and totally improved services and techniques.
- Totally customize new hair prosthesis in 21 days.

RECOMMENDED BY DERMATOLOGISTS, PLASTIC  
SURGEONS, ONCOLOGISTS, AND RADIOLOGISTS.  
MEMBER OF THE AMERICAN HAIR LOSS COUNCIL

Restyling is always available at Madeline's

- Ask about Health Insurance Coverage for Hair Replacement  
15 Buxton Road, Saco, ME

Call... **282-1321**

VISA • MASTERCARD



Health/Medical Services

**Massage Therapy**  
Contact: Ellen Lindsey  
66 Reservoir Rd  
S. Paris ME 04281  
County: OX  
  
Phone: 743-2001

\*\*\*\*\*  
Health/Medical Services

**Massage Therapy - Somatic Integration**  
Contact: Arifa Boehler  
PO Box 615  
Newcastle ME 04553  
County: LI  
  
Phone: 563-5583

*Somatic integration-training in awareness of habitual holding patterns, sources of bodily discomforts and disease. Consciousness of constriction brings possibility of release. Ease can follow.*

\*\*\*\*\*  
Health/Medical Services

**Medical Claims Processing**  
Contact: Gayle Magill  
PO Box 636  
Brewer ME 04412  
County: PE  
  
Phone: 843-7020

\*\*\*\*\*  
Health/Medical Services

**Meredith H. Jordan, R.N., M.A.**  
Contact: Meredith H. Jordan  
4C Blue Wave Professional Center  
Kennebunk ME 04043  
County: YO  
  
Phone: 985-6286

\*\*\*\*\*  
Health/Medical Services

**Mid-Coast Midwifery Services**  
Contact: Sally Barnes Morrison  
701 Bremen Rd  
Waldoboro ME 04572  
County: LI  
  
Phone: 832-6855

*Mid-Coast Midwifery Services specializes in homebirth which includes complete prenatal care and on-going post-partum care. Services also include childbirth education, counseling, and health care alternatives.*

*certified  
childbirth  
educator*

*midwife*

*labor  
support*



**Sally Morrison**  
701 Bremen Road  
Waldoboro, ME 04572  
207-832-6855



Health/Medical Services

New England Home Health Care

Contact: Linda Kaine  
412 State St  
Bangor ME 04401

County: PE

Phone: 945-3374

Health/Medical Services

Northern Pines Conference Center

Contact: Marlee Turner  
559 Rt 85  
Raymond ME 04071

County: CU

Phone: 655-7624 FAX: 655-3321

Health/Medical Services

Nutrition Services

Contact: Alola G. Morrison, R.D., L.D.  
PO Box 2186  
Bangor ME 04402-2186

County: PE

Phone: 825-3735

Nutrition Services

Mrs. Alola G. Morrison, R.D., L.D.  
Consulting Dietitian

P.O. Box 2186 Bangor, Maine 04401 (207) 825-3735

Interests:

- Nursing Homes
- Institutions
- Professional Lectures
- Therapeutic Diets

Health/Medical Services

Oral & Maxillofacial Surgery

Contact: Dr. Cynthia A. Battel  
331 Maine St-Parkview Professional Bldg  
Brunswick ME 04011

County: CU

Phone: 729-0933

Health/Medical Services

Orthotic-Prosthetic Design, Inc.

Contact: Molly Pitcher, CPO  
PO Box 1870 Street: 1000 State St  
Bangor ME 04401

County: PE

Phone: 947-3607



*Health/Medical Services*

**Pam Dyer Stewart, Midwife**

Contact: Pam Dyer Stewart

RR 1 Box 93

Harrington ME 04643

County: WS

Phone: 483-6133

*Midwife offering prenatal care, homebirth services and postpartum care, pap smears and cervical cap fittings, childbirth educator.*

\*\*\*\*\*  
*Health/Medical Services*

**Shiatsu Massage**

Contact: Nityamo

RR 1 Box 348 Street: Mountain Rd

Brunswick ME 04011

County: CU

Phone: 721-0163

\*\*\*\*\*  
*Health/Medical Services*

**The Excellence Factor**

Contact: Gerry Condon

RR 1 Box 78

Brooksville ME 04617

County: HA

Phone: 326-8740

*100% nutritional balance enabling you to achieve your maximum effort, 100% money back guarantee. A wonderful weight loss program, too. A multi-level marketing opportunity.*

\*\*\*\*\*  
*Health/Medical Services*

**Treat Your Feet**

Contact: Myra S. Achorn, Foot Reflexology

93 Gage St

Augusta ME 04330

County: KE

Phone: 623-4552, 626-FEET

*Reflexology stimulates circulatory, lymphatic and all nervous systems. It clears congestion via circulatory system breaking down calcification between nerve pathways. Promotes relaxation via touch.*

\*\*\*\*\*  
*Health/Medical Services*

**Turbyne & Associates**

Contact: Cathy Turbyne & Kay Pinkham

PO Box 738

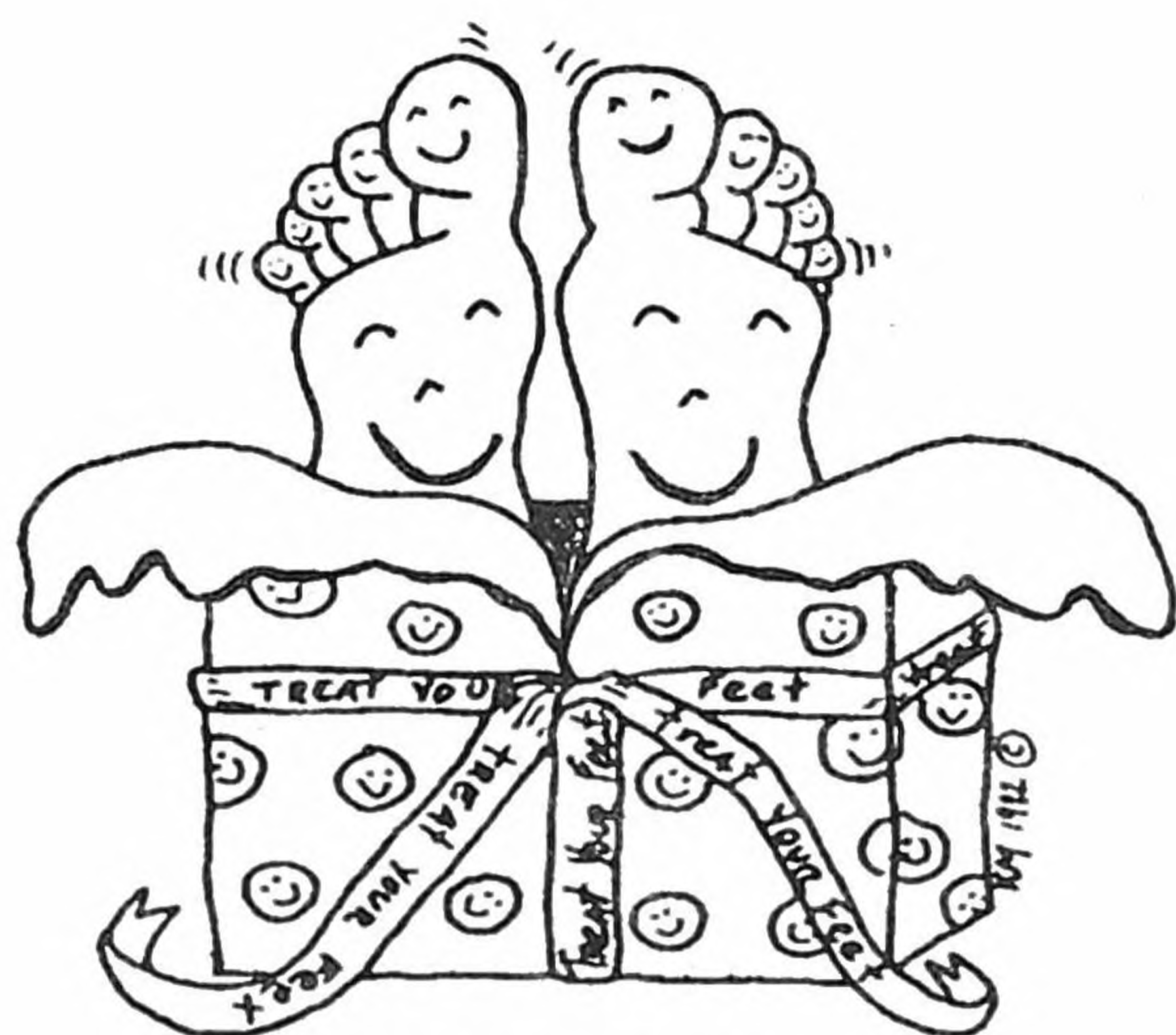
Auburn ME 04212-0738

County: AN

Phone: 786-4033



# Treat Your Feet



Gift Certificates Available

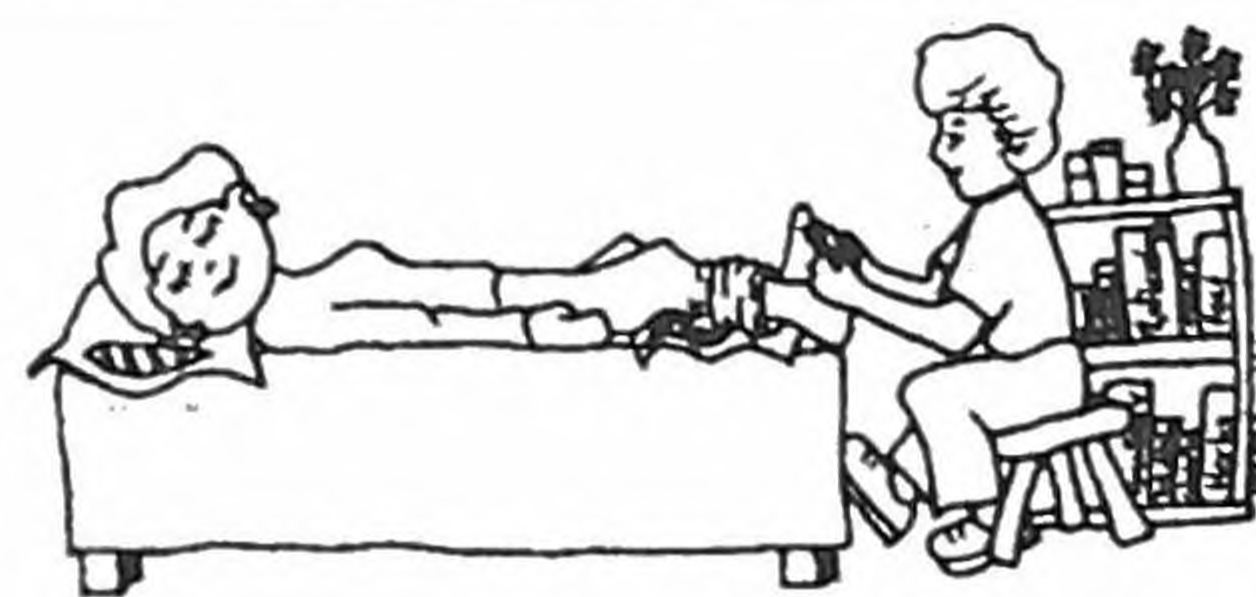
**For those who want a  
Good 'ole Fashion Footrub**

**Call Foot Reflexologist  
Myra S. Achorn  
Augusta - 623-4552**

Member of the Maine & International Council of Reflexologist

**Reflexology** - An ancient technique that history has recorded for over 5,000 years. Egyptian physicians believe that pressure pointing your feet stimulates and nurtures body parts and their functions. It increases circulation and calms the nervous system, which induces relaxation and reduces stress.

**"When your feet feel good - You feel good!"**



## Distributor for:

**Nature's Sunshine Herbal Supplements** - for maintaining good health

**Multi-Pure Drinking Water Systems** - modern replacement for bottled water

### **Health Books:**

**Reflexology, Art Science and History** by Christine Issel, California, USA

**Professional Reflexology for Everyone** by Sandi Rogers, Australia

**Anatomy Charts for Reflexology** by Sandi Rogers & Kate McCormack

**HEALTH Handbook - A guide to family health** by Louise Tenney

Additional books on: **Immune System, Allergies, Stress,**

**Weight Control, and many others**

Send for FREE Catalog: P.O. Box 5626, Augusta, ME 04330

### **Upcoming Workshops sponsored by Treat Your Feet in 1993:**

Food Juicing for Good Health - 3 day workshop

Women's Health Issues - 1 day workshop

Aromatherapy - 1 day workshop

Lecturer: Sandi Rogers, from Australia - Reflexologist, Naturopath, and Medical Herbalist

**Call Treat Your Feet for details**

Designed by K. McCormack  
Graphic Design & Illustration  
Winthrop, ME 377-9371

**call 626-FEET**



*Health/Medical Services*

**Women Birthing Services**

Contact: Barbara Prose, Midwife  
PO Box 120  
Denmark ME 04022

County: OX

Phone: 452-2929

*We offer complete prenatal care, homebirth, postnatal care,  
and well woman care including cervical cap fitting. Our  
emphasis is on birth as a natural process.*

*Health/Medical Services*

**Women Birthing Services**

Contact: Heidi Filmore-Patrick, Midwife  
49 Blueberry Ln  
Gray ME 04039

County: CU

Phone: 657-3180

*We offer complete prenatal care, homebirth, postnatal care,  
and well woman care including cervical cap fitting. Our  
emphasis is on birth as a natural process.*

*Health/Medical Services*

**Women's Center for Neuromuscular Therapy**

Contact: Deborah D. Cook  
PO Box 62 Street: US Route 1  
Glen Cove ME 04846

County: KN

Phone: 594-0944 FAX: 785-2504

*Dedicated to helping women live active lives without chronic  
physical pain. Unique answers for women's pain problems including  
individual treatment, educational workshops, and video library.*

**WOMEN'S CENTER**  
for Neuromuscular Therapy

answers for women with...

- Shoulder Pain
- Muscle Tension
- Poor Posture
- Headaches
- Neck Pain
- Low Back Pain
- Stress & Fatigue
- Jaw Pain
- Injuries
- Hip Pain

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Glen Cove, ME 04846  
207-594-0944

*Home Furnishings*

**C.W. Hunt**

Contact: Cheryl Hunt  
446 Main St  
Bangor ME 04401

County: PE

Phone: 947-5375

*Home Furnishings*

**Comfort Quilts of Freeport, Maine, Inc**

Contact: Maxine L. Morgan  
RR 4 Box 4161  
Freeport ME 04032

County: CU

Phone: 688-4014



Home Furnishings

**Dix Holliday**  
Contact: Dix Holliday  
3 Old Sloop Ln  
Bath ME 04530

County: SA

Phone: 442-8356

*Custom handpainted ceramic tile fired and glazed for  
installation in bathroom, kitchens, and fireplaces.*

\*\*\*\*\*


Home Furnishings

**Doreen's Drapery Designs**  
Contact: Doreen Pendleton  
2 Main St  
Richmond ME 04357

County: SA

Phone: 737-4783

*You are in for a unique experience when you visit my  
showroom at 2 Main St., Richmond. Hours by appointment.  
Workroom on premises.*



**Doreen's Drapery Designs**  
YOUR ASSURANCE OF QUALITY & SERVICE  
*Shop at Home*  
Draperies • Pleated Shades • Mini Blinds  
Bedspreads • Swag & Cascades • Window Quilts  
Vertical Blinds • Residential & Commercial  
2 Main St. Richmond, ME  
*Doreen E. Pendleton* *Loreen D. Albert*  
207-737-4783 207-375-4767

\*\*\*\*\*

Home Furnishings

**Doster Woodworking**  
Contact: J. Doster  
PO Box 624  
Deer Isle ME 04627

County: HA

Phone: 348-2620

*Custom Furniture, Cabinets, Display cases, Boxes and Bowls. 18th  
Century joinery applied to contemporary style, emphasizing use of  
hand tools. Portfolio on request.*

\*\*\*\*\*

Home Furnishings

**Finally Yours**  
Contact: Nancy Nicholson  
9A Middle St  
Lisbon Falls ME 04252

County: AN

Phone: 353-9853

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Home Furnishings

**Rooster Brother, Inc.**  
Contact: Pamela Elias  
18 W. Main St  
Ellsworth ME 04605

County: HA

Phone: 667-8675 FAX: 667-3825



*Home Furnishings*

**Shirley E. Prout Quilts**

Contact: Shirley E. Prout  
324 Mitchell Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 799-6071

\*\*\*\*\*  
*Home Furnishings*

**The Store**

Contact: Sara E. Foltz  
435 Main St  
Rockland ME 04841

County: KN

Phone: 594-9246

\*\*\*\*\*  
*Home Furnishings*

**The Wooden Expression**

Contact: Joan Farnsworth  
RR 3 Box 3060 Street: Back Rd  
Skowhegan ME 04976

County: SO

Phone: 474-9869

\*\*\*\*\*  
*Home Furnishings*

**Turtle Gallery**

Contact: Elena Kubler  
49 Morning St  
Portland ME 04101

County: CU

Phone: 774-0621

*Summer: PO Box 219, Deer Isle ME 04627, Phone: 348-9977*

\*\*\*\*\*  
*Home Furnishings*

**Wild Pear Designs**

Contact: Elena Kubler & J. Doster  
PO Box 624  
Deer Isle ME 04627

County: HA

Phone: 348-2620

*Walnut, cherry, and sterling silver salad serving sets and bowls.  
Hand-carved and turned. Price list and photographs available on  
request.*



*Housing/Property Management*

**Bonnie Jackson**

Contact: Bonnie Jackson  
88 Pillsbury St  
S. Portland ME 04106

County: CU

Phone: 799-6386

\*\*\*\*\*

*Housing/Property Management*

WDBC member

**Coastal Management Company**

Contact: Kathleen J. Roberts, CPM  
PO Box 1034  
Portland ME 04104

County: CU

Phone: 797-3688, 800-675-0808

*A professional real estate management firm for owners of investment property - apartments, condominiums, single family homes. Services include rentals, financial/collections, and maintenance.*



Kathleen J. Roberts, CPM<sup>®</sup>  
President/Owner

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*Housing/Property Management*

**Jacquelyn R. Wagner Enterprises**

Contact: Jacquie Wagner  
8 Mayo St  
Orono ME 04473

County: PE

Phone: 866-4163, 866-4634 FAX: 866-4300, 866-7600

P.O. Box 1034  
Portland, Maine 04104  
(207) 797-3688  
(800) 675-0808



\*\*\*\*\*

*Housing/Property Management*

**Mobile Home Brokers Unlimited**

Contact: Libbey McElhinney  
700 US Rt 1  
W. Scarborough ME 04074

County: CU

Phone: 883-8474 FAX: 883-8475

\*\*\*\*\*

*Housing/Property Management*

**Palmer Development Corp.**

Contact: Mary Anna S. Palmer  
PO Box 519  
Oxford ME 04270

County: OX

Phone: 783-1096 FAX: 783-3904



*Housing/Property Management*

**Ram Asset Management**

Contact: Ann C. Goggin  
121 Middle St  
Portland ME 04101

County: CU

Phone: 774-9801 FAX: 774-0264

\*\*\*\*\*  
*Imprinting/Monograms*

WDBC member

**Good Sports**

Contact: Deb Pluck  
RR 2 Box 5825  
Winslow ME 04901

County: KE

Phone: 873-4348



**GOOD SPORTS**

- T-Shirts
- Sweatshirts
- Shorts
- Caps
- Jackets
- Sweatpants
- Uniforms
- Bags

RFD 2, Box 5825  
Winslow, Maine 04901

DEBBY PLUCK  
207-873-4348

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*Imprinting/Monograms*

WDBC member

**Lake Region Awards**

Contact: Jeanne Rubly  
215 Main St  
Norway ME 04268

County: OX

Phone: 743-7799

\*\*\*\*\*  
*Imprinting/Monograms*

**LT's Inc.**

Contact: Linda Tobey  
383 Presumpscot St  
Portland ME 04103

County: CU

Phone: 774-1104 FAX: 772-3724

\*\*\*\*\*  
*Imprinting/Monograms*

**Winter People**

Contact: Carol A. Bouton  
PO Box 45A Street: 326 Main St  
Cumberland ME 04021

County: CU

Phone: 829-3745 FAX: 829-3572



*Insurance*

WDBC member

**Betsi Jane Taylor, Agent-State Farm Insurance**  
Contact: Betsi Jane Taylor  
37 Sewall St  
Augusta ME 04330

County: KE

Phone: 622-4414 FAX: 622-0703



**BETSI JANE TAYLOR**  
Agent



P.O. Box 5259  
37 Sewall Street  
Augusta, ME 04332  
Bus.: (207) 622-4414

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"Like a Good Neighbor, State Farm is There"

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*Insurance*

**Carolyn M. Russell, Agent-State Farm Insurance**  
Contact: Carolyn M. Russell  
203 Madison Ave  
Skowhegan ME 04976

County: SO

Phone: 474-7161

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*Insurance*

**Commercial Liability Adjusters**

Contact: Rose M. Larkin  
PO Box 6967 Street: 20 Ocean View Rd  
Scarborough ME 04070-6967

County: CU

Phone: 885-5408 FAX: 883-3358

*Licensed and bonded in all lines claims investigation serving  
Southern Coastal, Western, and Central Maine.  
Specializing in Commercial Property & Casualty.*

\*\*\*\*\*

*Insurance*

**Hagerman Insurance Agency**

Contact: Judith A. Hagerman  
162 U.S. Route 1  
Scarborough ME 04074

County: CU

Phone: 883-1411 FAX: 883-1411

\*\*\*\*\*

*Insurance*

**Hinckley Insurance Group**

Contact: Julie Elderkin  
PO Box 218 Street: Lower Falls Landing  
Yarmouth ME 04096

County: CU

Phone: 846-0400 FAX: 846-6725



*Insurance*

WDBC member

**Linker & Mansfield, Associates**

Contact: Carol Linker

PO Box 107

Hallowell ME 04347

County: KE

Phone: 622-4922

*Specializes in financial planning and analysis for the small business owner: risk analysis, retirement planning, and estate planning.*

\*\*\*\*\*  
*Insurance*

**Linker & Mansfield, Associates**

Contact: Marcia Mansfield

PO Box 881

Damariscotta ME 04543

County: LI

Phone: 563-1095

*Specializes in financial planning and analysis for the small business owner: risk analysis, retirement planning, and estate planning.*

\*\*\*\*\*  
*Insurance*

**Murch & Dyer Associates**

Contact: Loretta G. Dyer

PO Box 337 Street: Two Great Falls Plaza

Auburn ME 04212-0337

County: AN

Phone: 786-0611 FAX: 786-0622

\*\*\*\*\*  
*Insurance*

**Prudential Insurance**

Contact: Nancy D. Jutras, Sp.Agent/RR

2 Great Falls Plaza

Auburn ME 04210

County: AN

Phone: 784-9137 FAX: 777-0074

\*\*\*\*\*  
*Insurance*

**Rittersdorf Financial Services**

Contact: Pat Rittersdorf

7 Birch St

Rockland ME 04841

County: KN

Phone: 596-0002 FAX: 594-9334

*Individual and business financial planning including investments, insurance, group benefit plans, budgeting, tax minimizing, retirement, education, estate planning, etc. Seminars and group presentations available.*



*Interior Decorating Services/Supplies*

WDBC member

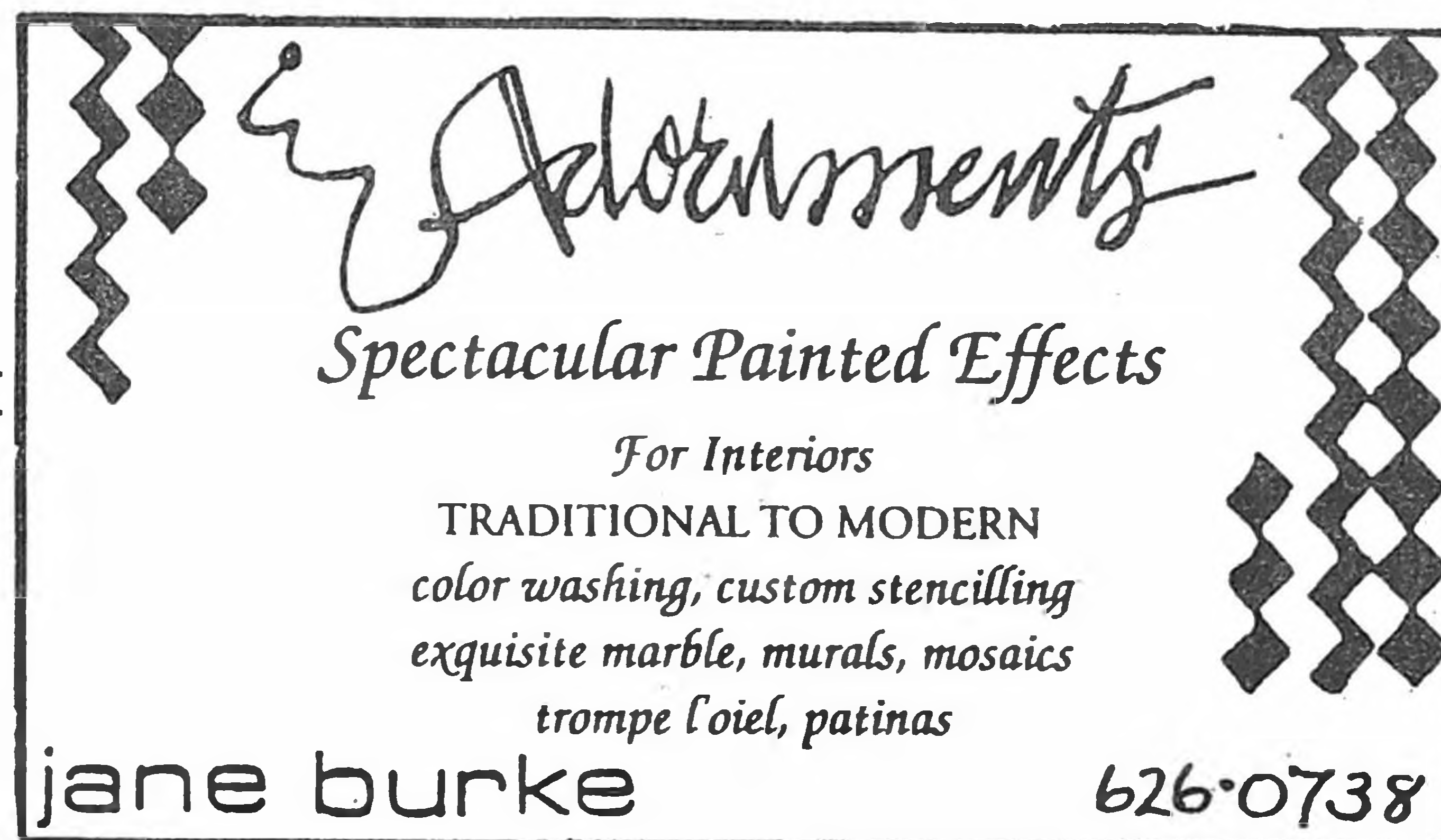
**Adornments**

Contact: Jane Burke  
50 Gage St  
Augusta ME 04330

County: KE

Phone: 626-0738

*Decorative Interior Painting - With extraordinary sensitivity, artist Jane Burke creates "faux" finishes to fine art for your walls, ceilings, furniture, or floors. Rave reviews!*



*Interior Decorating Services/Supplies*

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Bucks Harbor  
S. Brooksville ME 04617

County: HA

Phone: 326-4117

*Interior Decorating Services/Supplies*

**Biddeford Discount Wallpaper**

Contact: Debbie Litalien  
366 Main St  
Biddeford ME 04005

County: YO

Phone: 282-0271

*Interior Decorating Services/Supplies*

**Claudette's Window Products**

Contact: Claudette Boucher  
PO Box 91 Street: Rt 162  
Sinclair ME 04779

County: AR

Phone: 543-7888 FAX: 543-7888

*Commercial draperies for business and schools. Vertical and mini-blinds for residential and commercial. Sales and installation services. "Window covering is our profession".*

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**Colchester Interiors**

Contact: Lisa D. Draper  
PO Box 649  
Winterport ME 04496

County: WL

Phone: 223-4996

*The Residential Specialists - Interior painting, paperhanging, glazing, murals, handpainted rugs, draperies, slipcovers, upholstery. Free consultation, excellent references.*

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- Custom Stenciling, Glazing

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Winterport, Maine 04496

L. Draper  
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**Decorating Plus**

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336 Center St  
Auburn ME 04210

County: AN

Phone: 784-0173

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*Interior Decorating Services/Supplies*

**Doreen's Drapery Designs**

Contact: Doreen Pendleton  
2 Main St  
Richmond ME 04357

County: SA

Phone: 737-4783

*You are in for a unique experience when you visit my  
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Workroom on premises.*

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*Interior Decorating Services/Supplies*

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Contact: Lucy Smith  
175 High St  
Belfast ME 04915

County: WL

Phone: 338-6828

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*Interior Decorating Services/Supplies* WDBC member

**Glorious Greenery**

Contact: Gloria Blair  
12 Westland Ave  
Old Orchard Beach ME 04064

County: YO

Phone: 934-2306

*Clear the air and give your business or home a tropical touch.  
Interior plant designs, installations and maintenance by  
Glorious Greenery.*

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*Interior Decorating Services/Supplies*

**Jackman's Stained Glass Studio**

Contact: Candace Jackman  
RR 1 Box 1390  
Mt. Vernon ME 04352

County: KE

Phone: 897-4261



*Interior Decorating Services/Supplies*

**Janet Redfield Stained Glass**

Contact: Janet Redfield  
117 Cape Rosier Rd  
Harborside ME 04642 County: HA

Phone: 326-4778

*Stained glass windows, doors, entryways. Architectural and autonomous panels in unique designs for residential and commercial installation.*

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*Interior Decorating Services/Supplies*

**Kay's Decorating Center**

Contact: Shirley Commoss  
989 Roosevelt Trail  
Windham ME 04062 County: CU

Phone: 892-6110

\*\*\*\*\*

*Interior Decorating Services/Supplies* WDBC member

**Marni Lawson Watercolors**

Contact: Marni Lawson  
RR 1 Box 275  
Temple ME 04984 County: FR

Phone: 778-2475

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*Interior Decorating Services/Supplies*

**Palmer Design Associates**

Contact: Carla Palmer  
44 Central St  
Bangor ME 04401 County: PE

Phone: 947-4511 FAX: 947-4628

*Commercial/Residential Interiors: Space planning; construction drawings; coordination & specification of flooring, wall treatments, ceilings, cabinetry, window treatments; lighting; furniture layouts & specifications; art consultation.*

\*\*\*\*\*

*Interior Decorating Services/Supplies*

**Pussy Willow Patch Lampshades/Stenciling**

Contact: Grace A. McCarthy  
RR 1 Box 1343  
Bowdoinham ME 04008 County: SA

Phone: 666-3992



*Interior Decorating Services/Supplies*

**The Gathering**

Contact: Betty Crush  
PO Box 180  
Turner ME 04282

County: AN

Phone: 225-2964

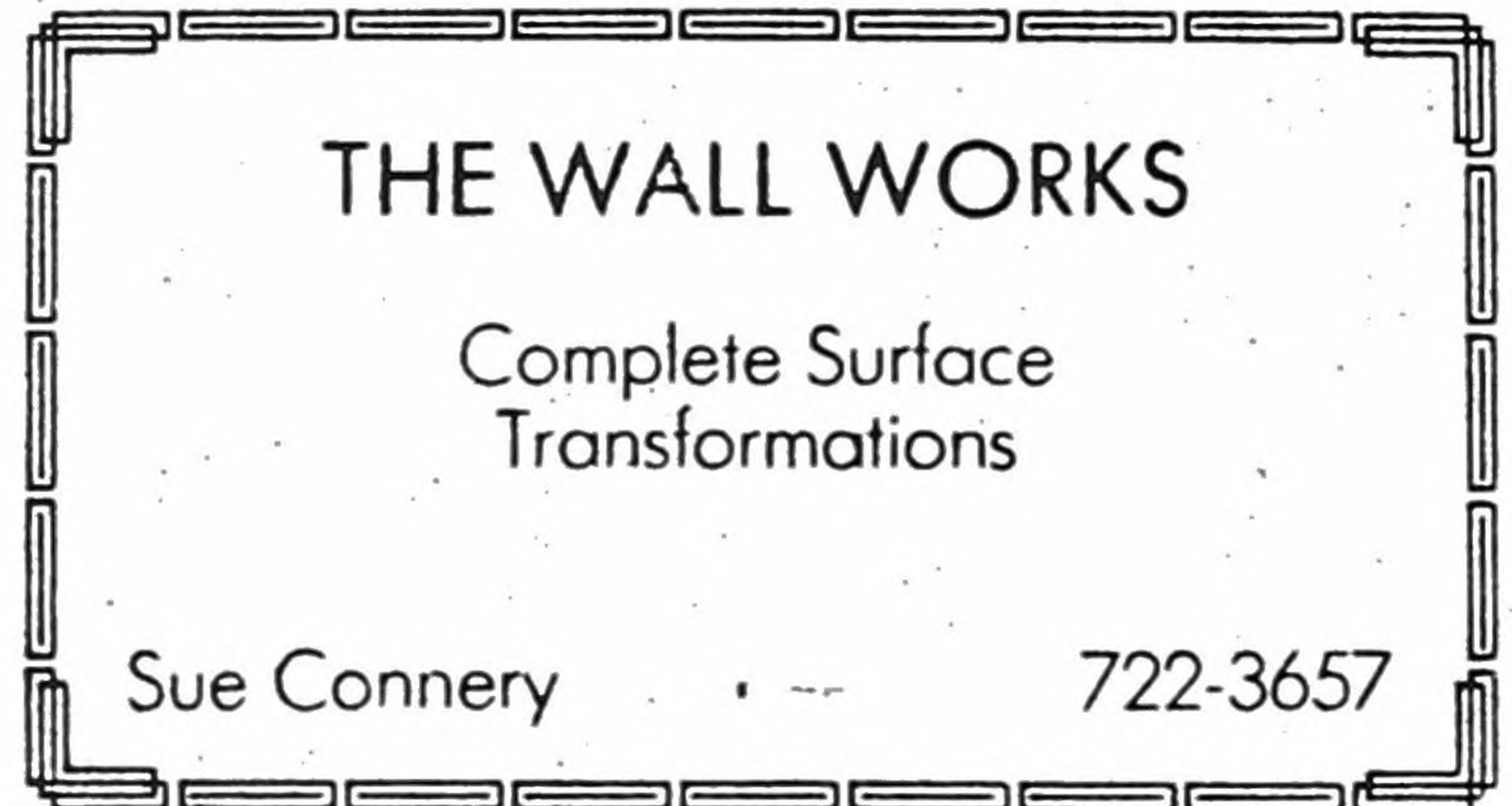
\*\*\*\*\*  
*Interior Decorating Services/Supplies*

**The Wall Works**

Contact: Susan Connery  
RR 1 Box 2604  
Brooks ME 04921

County: WL

Phone: 722-3657



\*\*\*\*\*  
*Interior Decorating Services/Supplies*

**The Well Dressed Window**

Contact: Suzanne Martin  
295 Forest Ave, Suite 373  
Portland ME 04101

County: CU

Phone: 773-3557

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*Interior Decorating Services/Supplies*

**Visual Effects Painting and Papering**

Contact: Kathy Knight  
48 Old Salt Rd  
Old Orchard Beach ME 04064

County: YO

Phone: 934-9788



\*\*\*\*\*  
*Investigations/Security*

**Bethany Angle, Private Investigator**

Contact: Bethany Angle  
14 Winter St  
Portland ME 04102

County: CU

Phone: 773-1268

**Bethany Angle**  
**PRIVATE INVESTIGATOR**  
  
**Portland, Maine**  
**207-773-1268**  
**Criminal - Civil**



Investigations/Security

**Bordwell Consulting**  
Contact: Sue Ellen Bordwell  
3 Pennyroyal Court  
Yarmouth ME 04096

County: CU

Phone: 846-3340

*Specializing in civil rights investigations.*

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Investigations/Security

WDBC member

**Star Security**  
Contact: Barbara Dow  
PO Box 44  
W. Sumner ME 04292

County: OX

Phone: 388-2565

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Legal Services

WDBC member

**Andrea C. Najarian, Esq.**  
Contact: Andrea C. Najarian  
RR 1 Box 1784  
Bowdoinham ME 04008

County: SA

**ANDREA C. NAJARIAN**  
ATTORNEY-AT-LAW

Phone: 737-2123

R.R. 1, BOX 1784, RIDGE ROAD  
BOWDOINHAM, MAINE 04008  
TELEPHONE  
(207) 737-2123

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Legal Services

WDBC member

**Austin Law Offices**  
Contact: Joann Clark Austin, Esq.  
PO Box 150 Street: Jonesbrook Crossing Prof. Bld  
S. China ME 04358

County: KE

Phone: 445-3333 FAX: 445-4477

*General Practice of Law, Tax, Financial Advice, Divorce and Family  
Law, Business Organizations, Real Estate, Social Security, Will  
and Probate.*

\*\*\*\*\*

Legal Services

**Cathy Bartok, Title Examiner**  
Contact: Cathy Bartok  
PO Box 95  
Moody ME 04054

County: YO

Phone: 646-7850







**MONCURE & BARNICLE**  
**Attorneys at Law**

14 Maine Street  
P.O. Box 636  
Brunswick, Maine 04011  
Telephone: 729-0856

930 Brighton Avenue  
P.O. Box 10190  
Portland, Maine 04104  
Telephone: 773-2302

John Moncure  
John F. Barnicle  
John T. Voorhees, Jr.  
Rebecca Pihl Mehringer  
Joseph L. Goodman

Serving clients in Central and Southern Maine, including **general business representation**, formation and representation of corporations (both profit and not for profit), partnerships and joint ventures, **real estate** (commercial and residential, development, planning and zoning) and **litigation** (including bankruptcy, workouts, family law and general civil litigation).

Client references available.



*Legal Services*

**Jean B. Chalmers, Esq.**

Contact: Jean B. Chalmers

PO Box 505 Street: 417 Main St  
Rockland ME 04841

County: KN

Phone: 596-0014 FAX: 596-0015

\*\*\*\*\*  
*Legal Services*

**Jensen, Baird, Gardner & Henry**

Contact: Joan C. Cook

419 Alfred St  
Biddeford ME 04005

County: YO

Phone: 282-5107 FAX: 282-6301

\*\*\*\*\*  
*Legal Services*

**Joy's Interpretations**

Contact: Joy Miller

RR 2 Box 3330  
Buckfield ME 04220

County: OX

Phone: 225-3607

\*\*\*\*\*  
*Legal Services*

**Logon Law**

Contact: Janee S. Owen

6 Ganneston Dr  
Augusta ME 04330

County: KE

Phone: 622-7676

\*\*\*\*\*  
*Legal Services*

**Margaret T. Johnson, Attorney at Law**

Contact: Margaret T. Johnson

87 Dupont Dr  
Presque Isle ME 04769

County: AR

Phone: 764-5618 FAX: 764-1074



Legal Services

Mittel, Asen, Eggert & Hunter

Contact: Susan Hunter, Esq.  
97 State St  
Portland ME 04101

County: CU

Phone: 775-3101 FAX: 871-0683

Legal Services

WDBC member

Roberta S. Kuriloff, Attorney at Law

Contact: Roberta S. Kuriloff  
20 Oak St  
Ellsworth ME 04605

County: HA

Phone: 667-3107 FAX: 667-4814

Family law, divorce, support, alternative lifestyle concerns,  
elder law, wills, bankruptcy. No charge for initial  
consultation.

Legal Services

207-948-5656

Saundra G. Swift Law Office

Contact: S. G. Swift  
1740 Albion Rd  
Unity ME 04988

County: WL

Saundra G. Swift  
ATTORNEY AT LAW

Phone: 948-5656

P.O. BOX 547  
MAIN STREET  
UNITY, MAINE  
04988

Legal Services

Sharon Anglin Treat, Attorney at Law

Contact: Sharon Treat  
222 Water St  
Hallowell ME 04347

County: KE

Phone: 623-4241 FAX: 621-0960

Legal Services

WDBC member

Trafton & Matzen

Contact: Barbara L. Raimondi, Esq.-Senior Partner  
PO Box 470 Street: 10 Minot Ave  
Auburn ME 04210

County: AN

BARBARA L. RAIMONDI  
ATTORNEY AT LAW

Phone: 784-4531 FAX: 784-8738

TRAFTON & MATZEN  
10 MINOT AVENUE  
(AT COURT STREET)  
AUBURN, MAINE 04212

TEL: (207) 784-4531  
FAX: (207) 784-8738



Legal Services

WDBC member

WARREN & CURRIER

Warren & Currier  
Contact: Carol G. Warren, Esq.  
34A Exchange St  
Portland ME 04101

County: CU

34A EXCHANGE STREET Telephone: (207)772-1262  
PORTLAND, MAINE 04101 Telecopier: (207)772-1279

Business, corporate, partnership, real estate and tax law.

Phone: 772-1262 FAX: 772-1279

CAROL GODFREY WARREN

DAVID E. CURRIER

Manufacturing

32 North Corporation  
Contact: Anne Chaplin Gould  
10 Oak Bluff Dr  
Kennebunk ME 04043

County: YO

Phone: 985-2248 FAX: 985-2253

Manufacturing

A Mom Who Knows  
Contact: Pat Sager-Horton  
RR 1 Box 235A  
Penobscot ME 04476

County: HA

Phone: 326-4334

Manufacturing

Bonnema Pottery  
Contact: Melody D. Bonnema  
PO Box 53 Street: Main St  
Bethel ME 04217

County: OX

Phone: 824-2821

Manufacturing

WDBC member

Bradbury Barrel Company  
Contact: Adelle F. Bradbury  
PO Box A Street: 100 Main St  
Bridgewater ME 04735

County: AR

Phone: 429-8141 FAX: 429-8188

Manufactures store equipment. White northern cedar, tongue  
and groove construction, barrels, tubs, barrelcraft displays,  
custom point of purchase merchandisers. Brand Name: The Idea Barrel.



Manufacturing

**Campbell & Co.**  
Contact: B.J. Campbell  
98 Mountain View Rd  
Gray ME 04039

County: CU

Phone: 428-3574

\*\*\*\*\*  
Manufacturing

**Casco Paper Box Co.**  
Contact: Laures T. Perkins  
343 Cumberland Ave  
Portland ME 04101

County: CU

Phone: 773-1804 FAX: 772-1356

\*\*\*\*\*  
Manufacturing

**Chapman Corp.**  
Contact: Joy Bishop  
PO Box 10700 Street:125 Presumpscot St  
Portland ME 04104

County: CU

Phone: 773-4726, 773-4231 FAX: 775-1369

\*\*\*\*\*  
Manufacturing

WDBC member

**Cove Knitters**  
Contact: Mary Brown  
RR 2 Box 146  
Lincolnvile ME 04849

County: WL

Phone: 338-3419 FAX: 338-4992

\*\*\*\*\*  
Manufacturing

WDBC member

**Coveside Conservation Products, Inc**  
Contact: Judy Ewing  
HC 33 Box 462  
Georgetown ME 04548

County: SA

Phone: 371-2807 FAX: 371-2132



*Manufacturing*

**Dix Holliday**

Contact: Dix Holliday  
3 Old Sloop Ln  
Bath ME 04530

County: SA

Phone: 442-8356

*Custom handpainted ceramic tile fired and glazed for  
installation in bathroom, kitchens, and fireplaces.*

\*\*\*\*\*  
*Manufacturing*

WDBC member

**Grandy Oats**

Contact: Penny Hoagland & Sarah Carpenter  
RR 2 Box 2166H  
Farmington ME 04938

County: FR

Phone: 778-4973, 778-6919

*Grandy Oats is a manufacturer of top quality breakfast  
cereals and cookies. We provide a positive, stimulating work  
environment with open communication, respect, and flexibility.*

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*Manufacturing*

**Harbor Candy Shop Inc. & Crumpets'**

Contact: Eugenie S. Foss  
PO Box 498  
Ogunquit ME 03907

County: YO

Phone: 646-8078

\*\*\*\*\*  
*Manufacturing*

**Hats & Totes**

Contact: Alice Hatch  
PO Box 6  
Milo ME 04463

County: PS

Phone: 943-5091

\*\*\*\*\*  
*Manufacturing*

WDBC member

**J.W. Raye & Co.**

Contact: Nancy Raye  
PO Box 2  
Eastport ME 04631

County: WS

Phone: 853-4451 FAX: 853-4451

*Mustard Grinders since 1903. Produce 100% stone ground mustards  
by grinding choice whole seeds and spices in a turn-of-the century  
stone mill.*



**Manufacturing**

WDBC member

**Maine Baby Co.**

Contact: Soone Hitt

RR 1 Box 910

Morrill ME 04952

County: WL

Phone: 342-5055

\*\*\*\*\*  
**Manufacturing**

WDBC member

**Maine Balsam Fir Products**

Contact: Wendy J. Newmeyer

PO Box 9 Street: 16 Morse Hill Rd

W. Paris ME 04289

County: OX

Phone: 674-2094, 800-675-2094 (ME), 800-522-5736

*We hand craft the finest balsam pillows and herbal sachets,  
featuring over 50 original wildlife designs. Our products are sold  
nationwide at over 2000 locations. Business established in 1983.*

\*\*\*\*\*  
**Manufacturing**

**Maine Mountain Mixes**

Contact: Wanda Carlisle

RR 3 Box 3634

Farmington ME 04938

County: FR

Phone: 684-4991

\*\*\*\*\*  
**Manufacturing**

WDBC member

**New York Clay Company-Tile Works**

Contact: Nancy Matzell

74A Main St

Belfast ME 04915

County: WL

Phone: 338-4728

*Handmade, hand painted ceramic tile for walls, floors,  
fireplaces, and countertops. Custom design is our specialty.*

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**Manufacturing**

WDBC member

**Oliver Sudden**

Contact: Susan Letts

PO Box 360

Seal Harbor ME 04675

County: HA

Phone: 276-3301 FAX: 276-3630



*Manufacturing*

**See Product Packaging Company**

Contact: Linda Haffley  
RR 1 Box 1123  
Sebago Lake ME 04075

County: CU

Phone: 642-5100, 800-564-2017 FAX: 642-2333

*Bags-clear poly, ziplock, cellophane, produce, trashliner, compactor,  
custom printed merchandise, auto litter, stock plant protection film,  
disposable gloves, tags, labels, packaging supplies and more.*



RR 1 Box 1123  
Sebago Lake, ME 04075

207-642-5100  
In Maine 1-800-564-2017

*Manufacturing*

WDBC member

**The Baby Bag Company**

Contact: Elizabeth Andrews  
PO Box 566  
Cumberland Center ME 04021

County: CU

Phone: 829-5037 FAX: 829-5946

*Marketing/Advertising*

WDBC member

**Bayon Marketing Design**

Contact: Cecile Bayon  
PO Box 214  
Kennebunk ME 04043

County: YO

Phone: 967-5505 FAX: available

*Single design projects or complete graphics programs, aimed  
at positioning your business, targeting your best markets,  
and developing the most effective marketing tools for you.*

*Marketing/Advertising*

WDBC member

**Berard Communications**

Contact: Suzanne J. Berard  
RR 1 Box 132  
Litchfield ME 04350

County: KE

Phone: 268-4196 FAX: 268-4196

*Brochures/Flyers, Newsletters, Writing/Editing, Displays,  
Public Relations/Advertising, Meeting/Event Planning,  
Audio-Visual Presentations, and Direct Marketing.*

*Marketing/Advertising*

WDBC member

**Coastal Publishing, Co dba Coastal Journal**

Contact: Mary Denzer & Sarah Stacy  
PO Box 575 Street: 361 High St  
Bath ME 04530

County: SA

Phone: 443-6151 FAX: 443-5605



Marketing/Advertising

**Davidson-Peterson Associates, Inc.**

Contact: Karen Ida Peterson  
PO Box 350 Street: 18 Brickyard Ct  
York ME 03909 County: YO

Phone: 363-7347 FAX: 363-7347

Marketing/Advertising

WDBC member

**EVENT Bridal Magazine, Inc.**

Contact: Helen McLoy  
PO Box 82 DTS  
Portland ME 04112 County: CU

Phone: 772-6320

Marketing/Advertising

**ATTENTION ART DIRECTORS & DESIGNERS  
YOUR SEARCH FOR JUST THE RIGHT IMAGE  
IS OVER!**

**Fox Hollow Enterprises**

Contact: Rosalind Morgan & Susan Young  
RR 2 Box 135  
Houlton ME 04730-9607 County: AR

Phone: 532-7286

We have thousands of photos on file. From  
agriculture to concept shots. . . coastal to product  
photos. . . If it's not on file, we'll shoot it for you.

*Stock and assignment photography for advertising; decor,  
display and editorial usage; layout, design and production of  
promotional materials. Custom greeting cards for business.*

*Fox*

*Hollow*

*Enterprises*



*(207) 532-7286*

Marketing/Advertising

**Garrand & Co., Inc**

Contact: Brenda Garrand  
PO Box 3705 Street: 2 Great Falls Plaza  
Auburn ME 04212 County: AN

Phone: 795-6278 FAX: 795-6414

Marketing/Advertising

**Generated Image**

Contact: Susan Martin  
164 Middle St  
Portland ME 04101 County: CU

Phone: 774-4455 FAX: 773-1469



**Marketing/Advertising**

**Gray Marketing**

Contact: Wende Gray  
PO Box 3  
Bethel ME 04217

County: OX

Phone: 824-3694 FAX: 824-3694

\*\*\*\*\*  
**Marketing/Advertising**

**Imagewright**

Contact: Annie Higbee  
PO Box 914  
Rockport ME 04856

County: KN

Phone: 236-2615 FAX: 236-2314

\*\*\*\*\*  
**Marketing/Advertising**

WDBC member

**Imprint**

Contact: Linda Packard  
RR 1 Box 2550  
Sedgwick ME 04676

County: HA

Phone: 359-2225 FAX: 359-2225

*Advertising and graphic design services. Providing graphic design for advertising, sales and identity materials, and packaging. Advertising strategies including concept development, copy writing, media planning/buying.*

\*\*\*\*\*  
**Marketing/Advertising**

**Independent Marketing Associates**

Contact: Reva B. Rolnick  
295 Forest Ave, Box 212  
Portland ME 04101

County: CU

Phone: 871-0022

*Full service promotional resource: Commercial/screen printing, design, marketing, public relations, promotional products, event planning. Quantity discount, rush service, over 3,000 suppliers.*



**REVA ROLNICK**  
PRESIDENT

- MARKETING
- INCENTIVE PROGRAMS
- PROMOTIONAL PRODUCTS
- PUBLIC RELATIONS

**(207) 871-0022**

\_\_\_\_\_  
P.O. BOX 9715-212  
PORTLAND, MAINE 04104

\*\*\*\*\*  
**Marketing/Advertising**

WDBC member

**J.B. Graphics**

Contact: Jennifer Blake  
209 Main St, Apt 2  
Ellsworth ME 04605

County: HA

Phone: 667-4381



Marketing/Advertising

**J.M.H. Publishing/The Bride's Planner**  
Contact: Joline Hachey  
1721 Riverside Dr  
Auburn ME 04210 County: AN  
  
Phone: 784-4828

Marketing/Advertising

**Lucinda J. Hebert**  
Contact: Lucinda J. Hebert  
10 Park St  
Caribou ME 04736 County: AR  
  
Phone: 498-2760

*Specializing in research, development, and implementation of total marketing plans, creative concepts and copy, technical writing, and editing.*

Marketing/Advertising WDBC member

**Magic Moon Designs**  
Contact: Ellen Minnehan  
PO Box 1437, Dept W  
York Beach ME 03910 County: YO  
  
Phone: 363-8471

*Capture the memories with custom placemats from your photos. Group rates available. Write for free brochure.*

Marketing/Advertising WDBC member

**Marketing Communications**  
Contact: Joyce McClure  
PO Box 113  
E. Vassalboro ME 04935 County: KE  
  
Phone: 877-0115 FAX: 877-0115

*A full-service marketing communication agency offering expertise in all of public relations, advertising, sales promotion and business development.*

Marketing/Advertising

**Personal Touch Greeting Card Services**  
Contact: Kimberly S. Donovan  
21 Floral St  
Bath ME 04530 County: SA  
  
Phone: 442-7758

*Create lasting goodwill with your clients and employees by sending a greeting card. We do all the work for you. It makes all the difference.*



*Marketing/Advertising*

WDBC member

**Prism Communications, Inc.**

Contact: Gail Lombardi  
PO Box 887 Street: 111 Water St  
Skowhegan ME 04976 County: SO

Phone: 474-0606 FAX: 474-0303

*Publisher of the Somerset Gazette, a weekly community newspaper  
read in almost 18,000 homes. The very best advertising vehicle  
serving Somerset county. Interested? Call today.*

\*\*\*\*\*

*Marketing/Advertising*

WDBC member

**Searles Design Inc.**

Contact: Karen Searls  
121A Ash Point Dr  
Owls Head ME 04854 County: KN

Phone: 596-6008 FAX: 596-6008

\*\*\*\*\*

*Marketing/Advertising*

**South Point Media**

Contact: Constance M. Tucker  
Madawaska Lake  
Stockholm ME 04783 County: AR

Phone: 896-3093

\*\*\*\*\*

*Marketing/Advertising*

**Susan Garry Advertising Design/Graphic Design**

Contact: Susan Garry  
263 Brighton Ave  
Portland ME 04102 County: CU

Phone: 874-2203 FAX: 874-2203

\*\*\*\*\*

*Marketing/Advertising*

**The Production Studio**

Contact: Nancy Sosman  
547A Congress St  
Portland ME 04101 County: CU

Phone: 773-3274

*Stats, mechanicals, design work. Fast turnaround, good prices. In  
business eight years. Member: Art Directors Club of Greater Portland.*



Marketing/Advertising

**TMT Marketing**  
Contact: Teresa McCann-Tumidajski  
3 Sweet Fern Rd  
Cape Elizabeth ME 04107                      County: CU  
  
Phone: 767-3691

Marketing/Advertising

**Trudy McNulty Associates**  
Contact: Trudy McNulty  
79 Blackstrap Rd  
Falmouth ME 04105                      County: CU  
  
Phone: 797-4173    FAX: 797-4173

*Marketing problems? Cost-controlled, creative solutions for business and non-profits. Entrepreneurism and profitable strategies. Raise your profile--target your markets--increase your impact. Free consultation.*

Marketing/Advertising

**Vickers Et Al.**  
Contact: Betsy Vickers  
10 Hillside St  
Yarmouth ME 04096                      County: CU  
  
Phone: 846-3599    FAX: 846-6310

Marketing/Advertising

**Winter People**  
Contact: Carol A. Bouton  
PO Box 45A    Street: 326 Main St  
Cumberland ME 04021                      County: CU  
  
Phone: 829-3745    FAX: 829-3572

Metalwork

**Aunt Eliza's Metalworks**  
Contact: Eliza M. Allison  
RR 1 Box 1020    Street: Gardiner Road  
Wiscasset ME 04578                      County: LI  
  
Phone: 882-7131

*Aunt Eliza's Metalworks specializes in antique and folk art reproduction and restoration, working in iron, tin, copper, brass, and some wood. Quality work. Personal service.*

AUNT ELIZA'S  METALWORKS

REPRODUCTION & RESTORATION METALWORK  
LIGHT WELDING REPAIRS  
CUSTOM FABRICATION

GARDINER ROAD  
RR #1, Box 1020  
WISCASSET, MAINE 04578

ELIZA ALLISON  
PROPRIETOR  
882-7131



*Metalwork* WDBC member  
**P F W, Inc dba Peck's Fabrication & Welding**  
Contact: Alice J. Peck  
RR 2 Box 530  
Newport ME 04953 County: PE  
Phone: 368-4344 FAX: 386-5552

*Metal fabrication and metal repairs, handrails, stairs. Repair over the road tankers, small crane service, and sell miscellaneous metals.*

\*\*\*\*\*  
*Office Supplies/Equipment* WDBC member  
**Belfast Office Supply & Service**  
Contact: Madeline Tomlin  
101 High St  
Belfast ME 04915 County: WL  
Phone: 338-2424

*We offer a full line of office supplies and furniture, personalized check writing systems and forms. We ship statewide.*

\*\*\*\*\*  
*Office Supplies/Equipment* WDBC member  
**Berry's Stationers**  
Contact: Martha M. Beals  
74 Main St  
Waterville ME 04901 County: KE  
Phone: 873-5111 FAX: 872-2713

\*\*\*\*\*  
*Office Supplies/Equipment*  
**Hinds' Hill Copy Center Plus**  
Contact: Kathryn Clark  
101 Main St  
Winthrop ME 04364 County: KE  
Phone: 377-8950 FAX: 377-8412

\*\*\*\*\*  
*Office Supplies/Equipment* WDBC member  
**JKS Copyprinters**  
Contact: Jean K. Stickney  
10 Beaver St  
Belfast ME 04915 County: WL  
Phone: 338-2913 FAX: 338-2913

Jean K. Stickney 338-2913

**JKS Copyprinters**

Post Office Square  
FULL SERVICE PRINTERS  
Photo Copies • Rubber Stamps • Business Cards  
Magnetic Signs • FAX SERVICE • Notary  
And Much More  
Speed & Quality

10 Beaver Street

Belfast, ME 04915



*Office Supplies/Equipment*

**Port O'Call Stationery**

Contact: S. Margaret Pierce  
7 Townsend Ave  
Boothbay Harbor ME 04538

County: LI

Phone: 633-2785

\*\*\*\*\*  
*Office Supplies/Equipment*

**The Copy Cat**

Contact: Pam Meserve  
RR 1 Box 077 Street: Bus. Rt. 1N  
Damariscotta ME 04543

County: LI

Phone: 563-5093

*Full service printing (business cards to brochures & more). Invitations, announcements, custom greeting cards & typesetting services. Color laser copying, custom placemats & T-shirts. Printers of this book!*

\*\*\*\*\*  
*Other: Art Exhibit, Posters & Slides*

**The Badvertising Institute**

Contact: Bonnie Vierthaler  
195 Congress St  
Portland ME 04101

County: CU

Phone: 773-3275

\*\*\*\*\*  
*Other: Auction Services*

**Harnden Auction Services Inc.**

Contact: Sylvia A. Adams  
1065 Broadway  
S. Portland ME 04106

County: CU

Phone: 799-1501 FAX: 799-9019

*Specializing in auctions of residential, multi-units, land and commercial properties.*

**HARNDEN AUCTION SERVICES, INC.**

SYLVIA A. ADAMS  
President



1065 Broadway  
South Portland, ME 04106  
(207) 799-1501 FAX 799-9019

\*\*\*\*\*  
*Other: Camp Consulting*

**M. Joyce Medeiros, BS, C.H.E.**

Contact: M. Joyce Medeiros  
RR 1 Box 241  
Anson ME 04911

County: SO

Phone: 696-8246



*Other: Consignment*

**Page Two Resale Shop**  
Contact: V. Page Chaloult  
2001A Hammond St  
Bangor ME 04401

County: PE

Phone: 848-2558

\*\*\*\*\*

*Other: Dancing Supplies*

WDBC member

**Footlights**  
Contact: Diane S. Berry  
149 Maine St/Tontine Mall  
Brunswick ME 04011

County: CU

Phone: 721-9311

\*\*\*\*\*

*Other: Elderly Services*

**Neighbor's Ink**  
Contact: Judith Warren  
PO Box 728  
Brunswick ME 04011

County: CU

Phone: 725-9444

\*\*\*\*\*

*Other: Electrical*

WDBC member

**North Atlantic Marine, Inc.**  
Contact: Diana D. Artiaga  
65 W. Commercial St  
Portland ME 04101

County: CU

Phone: 775-7317 FAX: 775-7317

\*\*\*\*\*

*Other: Greeting Cards/Stationery*

WDBC member

**Phophecy Designs, Inc.**  
Contact: Kristina ML Nutting  
PO Box 84 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5318

*Nationally acclaimed line of braille embossed greeting cards  
and full color 1st edition fine art reproductions. Illustration  
commissions invited. Catalogue available. Mastercard/visa accepted.*



Other: Homemaking services

**New England Home Health Care**

Contact: Linda Kaine  
412 State St  
Bangor ME 04401

County: PE

Phone: 945-3374

\*\*\*\*\*  
Other: Municipal Valuation Services

WDBC member

**Hamlin Associates, Inc.**

Contact: Elizabeth A. Morin  
5 Winter St  
Dover-Foxcroft ME 04426

County: PS

Phone: 564-3300

\*\*\*\*\*  
Other: No Smoking Products

**Puffoons**

Contact: Sharon Osborne  
PO Box 473  
Damariscotta ME 04543

County: LI

Phone: 563-5177, 529-5621

\*\*\*\*\*  
Other: Notecards

**Impressions to Celebrate**

Contact: Wendy Kockenthal  
PO Box 31  
Brooks ME 04921

County: WL

Phone: 722-3387

\*\*\*\*\*  
Other: Orthotic-Prosthetic Facility

**Orthotic-Prosthetic Design, Inc.**

Contact: Molly Pitcher, CPO  
PO Box 1870 Street: 1000 State St  
Bangor ME 04401

County: PE

Phone: 947-3607



*Other: Redemption Center*

**Bragdon's Redemption Center**

Contact: Juanita Bragdon  
Box 220  
Leeds ME 04263

County: AN

Phone: 524-3176

\*\*\*\*\*  
*Other: Speech/Language Pathologist*

**Sally B. Herr, Speech/Language Pathologist**

Contact: Sally B. Herr  
PO Box 1984  
Portland ME 04102

County: CU

Phone: 879-6007

\*\*\*\*\*  
*Other: Sporting Goods*

**Springdale Farm Tack Shop**

Contact: Margaret A. St. Pierre  
356 Blackstrap Rd  
Falmouth ME 04105

County: CU

Phone: 797-4857

\*\*\*\*\*  
*Other: Static Elimination*

**Chapman Corp.**

Contact: Joy Bishop  
PO Box 10700 Street: 125 Presumpscot St  
Portland ME 04104

County: CU

Phone: 773-4726, 773-4726 FAX: 775-1369

\*\*\*\*\*  
*Other: Store Equipment*

WDDB member

**Bradbury Barrel Company**

Contact: Adelle F. Bradbury  
PO Box A Street: 100 Main St  
Bridgewater ME 04735

County: AR

Phone: 429-8141 FAX: 429-8188

*Manufactures store equipment. White northern cedar, tongue and groove construction. Barrels, tubs, barrelcraft displays, custom point of purchase merchandisers. Brand name: The Idea Barrel.*



Other: Taxidermy WDBC member

**Moosehead Taxidermy**  
Contact: Jayne Adickes  
Rt 150 129 Athens Rd  
Harmony ME 04942 County: SO

Phone: 683-6771

*Consistent winners of Blue Ribbons at State Taxidermy Competitions.  
Goal: making your mount one you'll be proud to display.  
Striving for excellence and achieving it!*

\*\*\*\*\*  
Other: Transformational Energy

**Polarity Therapy**  
Contact: Barbara Joseph  
44 Main St, Room 205  
Waterville ME 04901 County: KE

Phone: 873-6289

\*\*\*\*\*  
Other: Typography

**B & W Typography, Inc.**  
Contact: Mary York  
151 Newbury St  
Portland ME 04101 County: CU

Phone: 761-2815 FAX: 761-1618

*Typography shop working with graphic designers, ad agencies, and  
printers. Fine-tuning, proofreading, scanning, output to L300 and/or  
color proofreader, disk conversions, 1600+ fonts, overnight turnaround.*

\*\*\*\*\*  
Other: Woodcarving

**The Rangeley Woodcrafter**  
Contact: Claudia Comstock  
PO Box 2  
Rangeley ME 04970 County: FR

Phone: 864-5002

\*\*\*\*\*  
Pet Supplies & Services Equestrian Needs Colleen LaVigne

**Blueberry Mare Hill**  
Contact: Colleen LaVigne  
282 Fox Farm Hill Rd  
N. Berwick ME 03906 County: YO

Phone: 490-1752



**BLUEBERRY MARE HILL**  
Consignments  
New • Used • Buy • Sell

(207) 490-1752 282 Fox Farm Hill Rd.  
No. Berwick, Maine  
03906



*Pet Supplies & Services*

**Esquaree's Dog Grooming**

Contact: Esquaree R. Payne  
PO Box 294 Street: 138 Main St  
Van Buren ME 04785

County: AR

Phone: 868-5626

\*\*\*\*\*  
*Pet Supplies & Services*

**For Pets' Sake**

Contact: Martha Dares & Sarah McCann  
PO Box 538 Street: 6 Oak Hill Terr  
Scarborough ME 04070

County: CU

Phone: 885-0105

\*\*\*\*\*  
*Pet Supplies & Services*

**Groom 'N' Board Kennels**

Contact: Jessi Macgregor  
1412 Essex St  
Bangor ME 04401

County: PE

Phone: 941-9825



1412 Essex Street  
Bangor, Maine 04401

*Groom 'N' Board offers the very best of pet grooming and boarding. Certified groomers and pet care technicians. Home of Maine's only licensed pet grooming school. Visits welcome.*

Kennel Operator  
Jessi Macgregor

Tel. 941-9825

\*\*\*\*\*  
*Pet Supplies & Services*

WDBC member

**Home Farm Kennels**

Contact: Norma B. Milton  
PO Box 813 Street: Old Washburn Rd  
Caribou ME 04736

County: AR

Phone: 498-8803

\*\*\*\*\*  
*Pet Supplies & Services*

WDBC member

**Invisible Fencing of Central Maine**

Contact: Elizabeth A. Rowe  
RR 3 Box 1470  
Gardiner ME 04345

County: KE

Phone: 724-3805, 800-675-3805

*Invisible fence systems keep your dog on your property by creating boundaries your pet can't jump over or dig under. Free estimates. Money back guarantee.*



LET US  
GIVE YOUR  
*F***ACE**  
A LIFT.

**B&W Typography  
& Service Bureau  
Mary York, Owner  
151 Newbury Street  
Portland, Maine 04101  
207-761-2815**



*Pet Supplies & Services*

**Lina's Pet Resort**

Contact: Lina A. Fontes  
RR 2 Box 150 Street: Hallowell Rd  
Litchfield ME 04350 County: KE

Phone: 268-4257

\*\*\*\*\*

*Pet Supplies & Services*

**Mrs. Bones' Decorative Pet Collars**

Contact: Janice Parkinson-Tucker  
121 Pilgrim Rd  
S. Portland ME 04106 County: CU

Phone: 767-1308

*Fashion Forward for your pets! A wide selection of colorful, attractive, high-quality trims available with MRS. BONES' unique collars and leashes. Retail and wholesale.*

\*\*\*\*\*

*Pet Supplies & Services*

WDDB member

**Pagerr Pet Services**

Contact: Ginny Kerr  
RR 1 Box 500  
Corinna ME 04928 County: PE

Phone: 379-2500 FAX: 379-2500

*Wholesale distributor supplying pet shops, feed stores, and kennels. Specializing in natural pet foods, supplements, and flea remedies. Also U.S. made collars, toys and rawhides.*

\*\*\*\*\*

*Pet Supplies & Services*

**Springdale Farm Tack Shop**

Contact: Margaret A. St. Pierre  
356 Blackstrap Rd  
Falmouth ME 04105 County: CU

Phone: 797-4857

\*\*\*\*\*

*Pet Supplies & Services*

WDDB member

**The Cat's Pajamas, Inc.**

Contact: Toni R. Miele  
PO Box 48  
Lincolntonville ME 04849 County: WL

Phone: 789-5139



# The Regional Activities Guide of Maine



**A Region by Region**

8 1/2 x 11 glossy

**144 page Summer publication**

**FREE of charge to the public**

**4 color on covers and 16 page centerfold**

- **Maximum exposure for your business**
- **Interesting editorials • Long shelf life**
- **Maps • Photos**
- **Sensible, Affordable Advertising Rates**

*For advertising in the Summer 1993 issue  
Contact Barbara Bay Rintz*

Regional Activities Guide of Maine  
P.O. Box 503, Crawford Pond  
Union, Maine 04862-0503

**Telephone: 785-4812 or 1-800-660-2389**

## MRS. BONES' DECORATIVE PET COLLARS



*Colorful handcrafted  
Dog and Cat collars  
for all occasions.*



**JANICE PARKINSON-TUCKER**

121 PILGRIM ROAD, SO. PORTLAND, ME 04106 (207) 767-1308

***Don't Forget***

***Support Other Women in Business***

***and***

***Join WBDC!***

**THE CAT'S PAJAMAS, INC.**



**Bed and Breakfast for Cats™**

***When you take a trip, shouldn't  
your cat take a vacation, too?***

**SPECIALIZING IN SHORT & LONG TERM BOARDING**



**NUTRITION, EXERCISE & GROOMING**



**SUNBATHING, T.L.C. & BIRDWATCHING**

**FOR CATS ONLY**

**Two Locations:**

**South:**

Jane Simpson  
9 Harlow St.  
Scarborough, ME 04074  
883-9611

**North:**

Toni Miele  
P.O. Box 48  
Lincolntonville, ME 04849  
789-5139

**Franchise Opportunities Available**



*Pet Supplies & Services*

**The Dog Lady-Professional Dog Care**

Contact: Linda C. Crowley  
68 Washington Ave  
Portland ME 04101

County: CU

Phone: 774-3627

*Pet Supplies & Services*

WDDB member

**The Lazy L Kennel**

Contact: Marie L. Gagnon  
846 Middle St  
Bath ME 04530

County: SA

Phone: 443-6413

*Offering individual obedience lessons; work with problem dogs; grooming and healthy, natural alternatives in food and petcare products. Pet portraits also available.*

*Photography*

**Cynthia-Allan Photographers**

Contact: Cynthia Kellis  
938 Forest Ave  
Portland ME 04103

County: CU

Phone: 773-7055

*Photography*

**Fox Hollow Enterprises**

Contact: Rosalind Morgan & Susan Young  
RR 2 Box 135  
Houlton ME 04730-9607

County: AR

Phone: 532-7286

*Stock and assignment photography for advertising; decor, display and editorial usage; layout, design and production of promotional materials. Custom greeting cards for business.*

*Photography*

WDDB member

**Good Sports Photos**

Contact: Deb Pluck  
RR 2 Box 5825  
Winslow ME 04901

County: KE

Phone: 873-4348



*Photography*

**Imagewright**

Contact: Annie Higbee  
PO Box 914  
Rockport ME 04856

County: KN

Phone: 236-2615 FAX: 236-2314

\*\*\*\*\*

*Photography*

**Lucy Oatley, Writer/Photographer**

Contact: Lucy Oatley  
8 Hilltop Circle  
Yarmouth ME 04096

County: CU

Phone: 846-9557

\*\*\*\*\*

*Photography*

WDBC member

**Lunt Studio**

Contact: Paula Jean Lunt  
223 Camden St  
Rockland ME 04841

County: KN

Phone: 594-0854

*Commercial Photography - Product advertising, trade show  
displays, public relations; Portrait Photography - Studio or on  
location, people, pets, places.*

\*\*\*\*\*

*Photography*

**Marji Greenhut Photography**

Contact: Marji Greenhut  
Rt 123  
S. Harpswell ME 04079

County: CU

Phone: 833-6391

\*\*\*\*\*

*Photography*

**North Wind Picture Archives**

Contact: Nancy Carter  
RR 1 Box 172 Street: Federal St  
Alfred ME 04002

County: YO

Phone: 490-1940 FAX: 490-3627



*Photography*

**Quixote Designs**  
Contact: Peggy Dunn  
89 Neal St  
Portland ME 04102

County: CU

Phone: 773-3693

\*\*\*\*\*

*Photography*

**Wilda B. Hutcheon Studio-Gallery**  
Contact: Wilda Hutcheon  
51 Prospect St  
Caribou ME 04736

County: AR

Phone: 498-2208

\*\*\*\*\*

*Plumbing/Heating*

**Lewis Design/Build**  
Contact: Karen Lewis  
PO Box 30  
Yarmouth ME 04096

County: CU

Phone: 846-9659

\*\*\*\*\*

*Plumbing/Heating*

**Roto-Rooter**  
Contact: Jacqueline Pike  
RR 1 Box 5401  
Sebago Lake ME 04075

County: CU

Phone: 642-5566

\*\*\*\*\*

*Printing/Publishing*

WDBC member

**Astarte Shell Press**  
Contact: Deborah Leighton  
PO Box 10453  
Portland ME 04104

County: CU

Phone: 871-1817



*Printing/Publishing*

WDBC member

**Camden Type 'n Graphics**

Contact: Connie Leavitt

5 Free St

Camden ME 04843

County: KN

Phone: 236-9500 FAX: 236-6093

\*\*\*\*\*  
*Printing/Publishing*

**Carrabassett Printers**

Contact: Wendy J. Quance

PO Box 56 Street: Main St

N. Anson ME 04958

County: SO

Phone: 635-2332 FAX: 635-2332

\*\*\*\*\*  
*Printing/Publishing*

**Casco Paper Box Co.**

Contact: Laures T. Perkins

343 Cumberland Ave

Portland ME 04101

County: CU

Phone: 773-1804 FAX: 772-1356

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**Commentaries**

Contact: Deborah Firestone

104 Beacon St

Portland ME 04103

County: CU

Phone: 773-9679

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**Computer Graphics & Printing**

Contact: Nancy Beaule

1339 Sabattus St

Lewiston ME 04240

County: AN

Phone: 784-1855 FAX: 784-4044



*Printing/Publishing*

**D & B Printing Services**

Contact: Diana Downs

47 South St

Dover-Foxcroft ME 04426

County: PS

Phone: 564-3040 FAX: 564-2980

\*\*\*\*\*  
*Printing/Publishing*

**Galley Group Publishing**

Contact: Carolyn F. Smith

RR 1 Box 1569 Street: Metcalf Rd

Winthrop ME 04364

County: KE

Phone: 377-8118, 377-8773

*Producer of real estate, auto, and teen television shows. Also  
publish newspapers, magazines, and materials for businesses.*

\*\*\*\*\*  
*Printing/Publishing*

**Generated Image**

Contact: Susan Martin

164 Middle St

Portland ME 04101

County: CU

Phone: 774-4455 FAX: 773-1469

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**In-House Typography**

Contact: Lynda Clancy

PO Box 209

Lincolnton ME 04849

County: WL

Phone: 236-3984 FAX: 338-4465

*Publishing and editing services specializing in writing, editing, design  
and layout of newsletters, catalogs, magazines, newspapers, and  
books. "Effective communications for the next century".*

\*\*\*\*\*  
*Printing/Publishing*

**J.M.H. Publishing/The Bride's Planner**

Contact: Joline Hachey

1721 Riverside Dr

Auburn ME 04210

County: AN

Phone: 784-4828



*Printing/Publishing*

WDBC member

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County: WL

Phone: 338-2913 FAX: 338-2913

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County: CU

Phone: 655-3103

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*Printing/Publishing*

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County: WL

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County: CU

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PO Box 27  
Eastport ME 04631

County: WS

Phone: 853-2993 FAX: 853-2993

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*Public Relations*

**GreenTree Communications**

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West Main St  
Stonington ME 04681

County: HA

Phone: 367-5902 FAX: 367-2720

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*Public Relations*

**Leslie Cosgrove-McBride**

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Box 82 Street: 30 Greene St  
Sabattus ME 04280

County: AN

Phone: 375-8485

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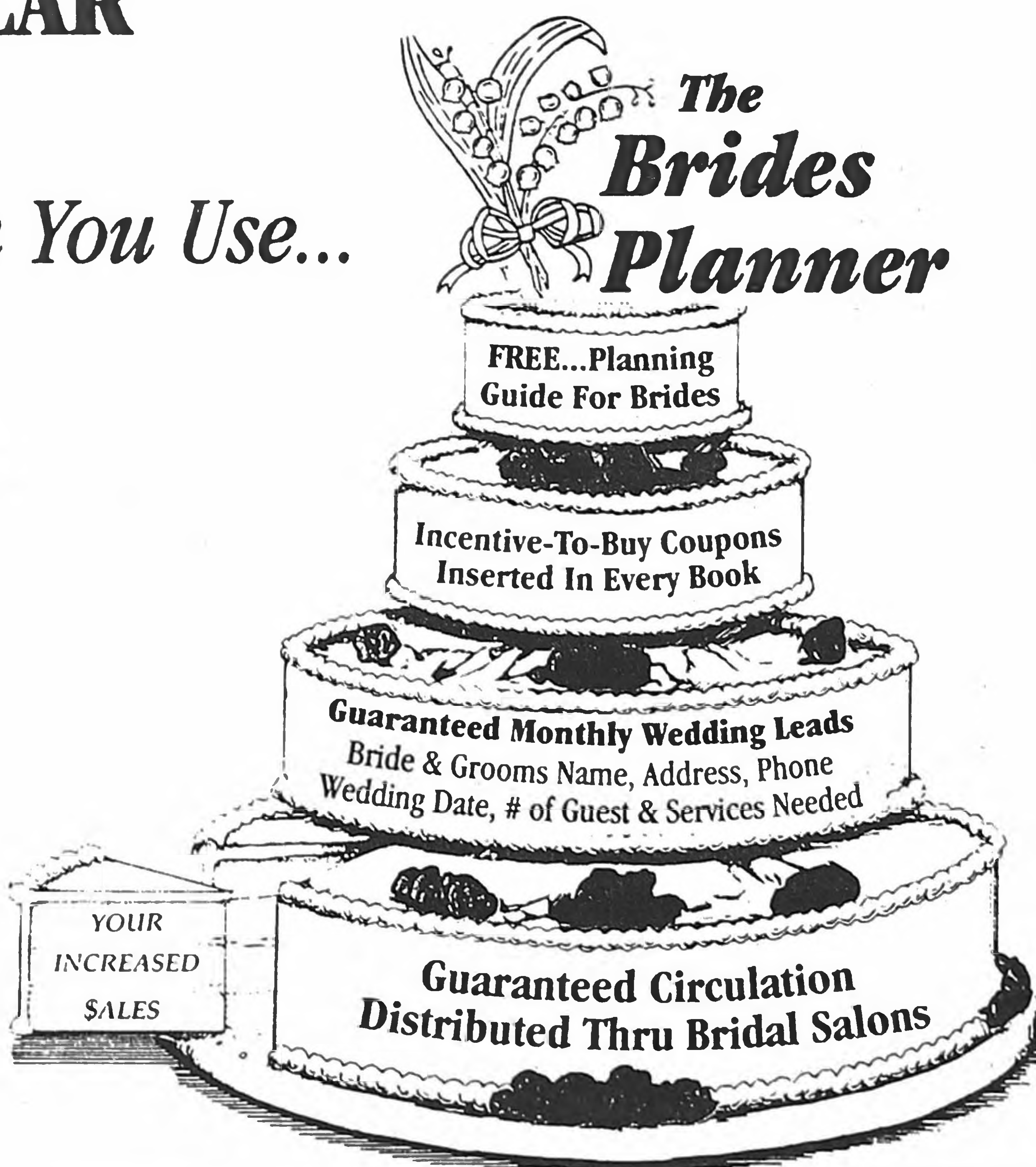
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County: SA

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PO Box 211

Winterport ME 04496

County: WL

Phone: 223-4902



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County: PE

Phone: 848-2558

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County: OX

Phone: 824-3782 FAX: 824-2061

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County: PE

Phone: 990-1328

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Mountain Rd  
N. Harpswell ME 04079

County: CU

Phone: 729-0773



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**The Store**

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County: KN

Phone: 594-9246

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Brunswick ME 04011

County: CU

Phone: 729-7959

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*Retail/Department Store*

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Gorham ME 04038

County: CU

Phone: 839-3803 FAX: 839-4124



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Elfin H. Hill Specialty Baking

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County: FR

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County: CU

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County: PE

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331 Lisbon St  
Lewiston ME 04240

County: AN

Phone: 783-7427



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**Contact: Carol A. Parker**

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County: OX

Phone: 824-3782 FAX: 824-2061

*Specialty Foods/Bakery*

## Rooster Brother, Inc.

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County: CU

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County: AN

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County: LI

Phone: 882-7426



*Tourism*

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County: AN

Phone: 783-4627



*Translation*

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County: OX

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*Translation*

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Bangor ME 04402-2547

County: PE

Phone: 989-4805

*Translation*

**Translator/Cultural Consultant**

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County: OX

Phone: 925-3117



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Contact: Pat Carpenter

5 Robin St

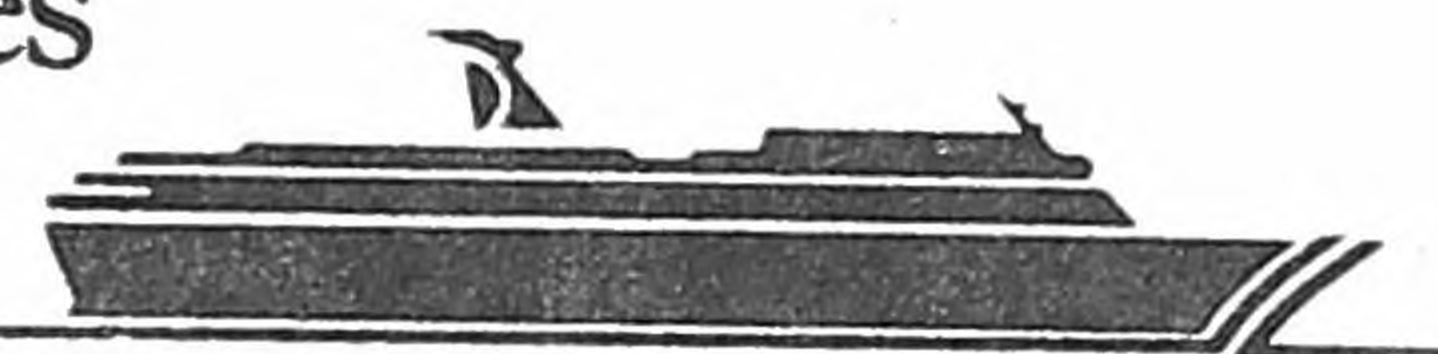
Skowhegan ME 04976

County: SO

Phone: 474-5874

*"Your Professional Cruise Consultants". We have a large selection of video tapes so you can view your trip/ship before you go.*

**Anchors Aweigh  
Cruises**



5 Robin Street

Skowhegan, Maine 04976

Pat Carpenter  
(207) 474-5874

*"Your Cruise Specialists"*

\*\*\*\*\*

*Transportation/Travel*

WDBC member

**Damariscotta Travel Service, Inc.**

Contact: Christina Cummings, CTC

Elm St. Plaza

Damariscotta ME 04543

County: LI

Phone: 563-1112

\*\*\*\*\*

*Transportation/Travel*

**Randy Tibbetts Trucking, Inc.**

Contact: Nancy Tibbetts

PO Box 365

Monmouth ME 04259

County: KE

Phone: 933-4235

\*\*\*\*\*

*Transportation/Travel*

**Travel Planners**

Contact: Joana Oest

PO Box 2707 Street: 211 Ocean St

S. Portland ME 04106

County: CU

Phone: 799-2212



*Vocational Rehabilitation*

**Foward Rehabilitation Services**

Contact: Robin A. Dudley  
225 Ridge Rd  
Bath ME 04530-9370

County: SA

Phone: 443-9331

*Work injury and disability case management. Consulting and services for employers, insurers, and the disabled.*

**FORWARD**



**MEDICAL & VOCATIONAL  
REHABILITATION SERVICES**

**ROBIN A. DUDLEY, CRRN, ARP**

225 Ridge Road  
Bath, Maine 04530

(207) 443-9331

*Vocational Rehabilitation*

**Gleason & McCarron Associates**

Contact: Susan McCarron & Marie Gleason  
13 Crescent St, Suite 200  
Biddeford ME 04005

County: YO

Phone: 282-6627

*Weaving/Spinning/Knitting*

**Alida S. Landry**

Contact: Alida S. Landry  
76 Monument St  
Portland ME 04101

County: CU

Phone: 773-0441

*Manufacturing: scarfs, yardage.*

*Handweaving services: production dobbie, design, and color development.*



**ALIDA S. LANDRY**

76 Monument Street, Portland, Maine 04101  
(207) 773-0441

**HANDWEAVING & DESIGN**

*Weaving/Spinning/Knitting*

WDDB member

**Carol B. Loehr**

Contact: Carol B. Loehr  
Box R Walker Rd  
Atlantic ME 04608

County: HA

Phone: 526-4435

*Sea Soil - composted fish & peat moss soil amendment*

*Swans Island Farm - Registered Shetland Sheep*

*Atlantic Blanket Co - Heirloom handwoven blankets from Maine wool.*

*Weaving/Spinning/Knitting*

WDDB member

**Cove Knitters**

Contact: Mary Brown  
RR 2 Box 146  
Lincolnton ME 04849

County: WL

Phone: 338-3419 FAX: 338-4992



*Weaving/Spinning/Knitting*

**Diane Jackson Cole Handweaving**

Contact: Diane Jackson Cole  
9 Grove St  
Kennebunk ME 04043 County: YO  
  
Phone: 985-7387 FAX: 603-485-1115

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Double Ewe**

Contact: Laurel A. Davis  
PO Box 373  
Brunswick ME 04011 County: CU  
  
Phone: 725-4534

\*\*\*\*\*  
*Weaving/Spinning/Knitting* WDBC member

**Econo-Craft**

Contact: Donna M. Paradis  
RR 1 Box 1440 Street: Freedom Rd  
Palermo ME 04354 County: WL  
  
Phone: 993-2774

\*\*\*\*\*  
*Weaving/Spinning/Knitting* WDBC member

**Halcyon Yarn**

Contact: Halcyon Blake  
12 School St  
Bath ME 04530 County: SA  
  
Phone: 800-439-7909

*Open Mon-Sat 10-4. Yarns, books, and equipment for knitting, weaving,  
spinning, and basketry. Fun classes and workshops.  
Come to our "Knitting Nights."*

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Island Yarns & Yardage-Winters Work**

Contact: Sue Jones Hill  
Little Cranberry Island  
Islesford ME 04646 County: HA  
  
Phone: 244-7150



*Weaving/Spinning/Knitting*

**Kathy Woell Handwoven Garments**

Contact: Kathleen Woell  
156 Old Ferry Rd  
Deer Isle ME 04627

County: HA

Phone: 348-6141

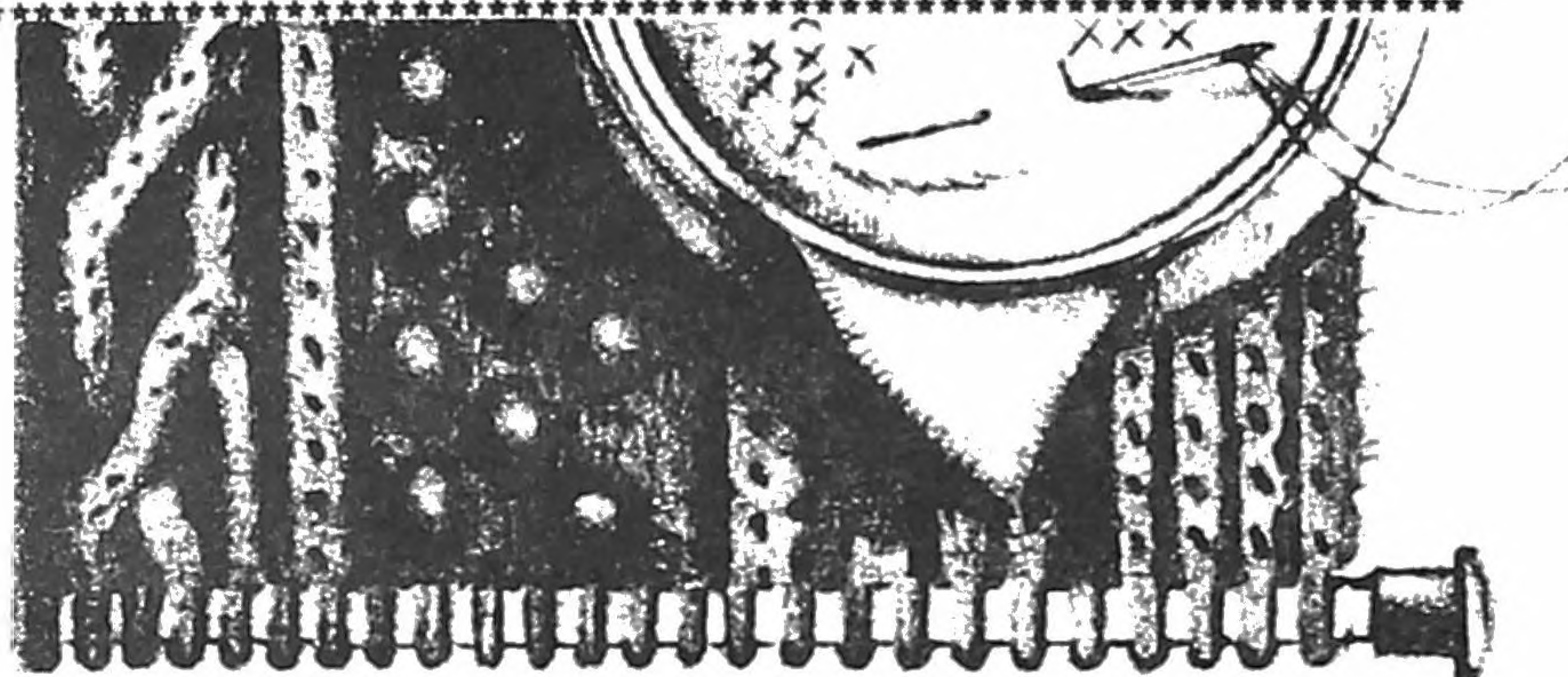
\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Lisa Petra Wallace**

Contact: Lisa Petra Wallace  
HC 60 Box 97 Street: Keene Neck Rd  
Medomak ME 04551

County: LI

Phone: 529-5515



Lisa Petra Wallace  
HC60 box 97 Keene Neck Road  
Medomak, ME 04551 529-5515

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Neverfinished Farm**

Contact: Michelle Henning  
RR 1 Box 620  
S. Harpswell ME 04079

County: CU

Phone: 833-5556

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**North Country Textiles**

Contact: Sheila Denny-Brown  
Rt 175  
S. Penobscot ME 04476

County: HA

Phone: 326-4131 FAX: 326-4131

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

WDBC member

**Pine Tree Knits**

Contact: Faye G. Krause  
RR 2 Box 840  
E. Lebanon ME 04027

County: YO

Phone: 457-3949



**PINE TREE KNITS**

*Fine Machine Knitwear  
From The Pines On  
Center Road*

FAYE KRAUSE  
(207) 457-3949

RR 2 Box 840  
E. Lebanon, Maine 04027

*The TOTAL yarn and knitting shop. Everything for the hand and machine knitter. Maine wool, cotton, acrylic, and fleece. Accessories, lessons, custom knitting, and gifts. Singer dealer.*



*Weaving/Spinning/Knitting*

WDBC member

**Punkin Bear Designs**

Contact: Phyllis Benoit  
39 Royal Oaks Dr  
Auburn ME 04210

County: AN

Phone: 784-5151

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Sleepy Hollow Rag Rugs**

Contact: Diane Roesing O'Brien  
RR 1 Box 4025  
Lincolntonville ME 04849

County: WL

Phone: 789-5987

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Village Wearer**

Contact: Phyllis Leck  
PO Box 8 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5523

\*\*\*\*\*  
*Wholesale*

**32 North Corporation**

Contact: Anne Chaplin Gould  
10 Oak Bluff Dr  
Kennebunk ME 04043

County: YO

Phone: 985-2248 FAX: 985-2253

\*\*\*\*\*  
*Wholesale*

**Ash Cove Pottery**

Contact: Susan Horowitz  
RR 1 Box 686 Street: Ash Cove Rd  
S. Harpswell ME 04079

County: CU

Phone: 833-6004

*Beautiful hand-thrown functional stoneware and Judaica. Lavender-white and blue-tan glazes. Lead free; dishwasher, oven, and microwave safe. Wholesale and retail. Color brochure available. Established 1980.*



Wholesale WDBC member

**Color Dance Cards**  
Contact: Barbara Kann  
RR 2 Box 1900 Street: Belgrade Rd  
Mt. Vernon ME 04352 County: KE

Phone: 293-2239

*Give a special card that is a gift in itself. Vibrant watercolors on ricepaper, mounted on beautiful recycled paper. Designs inspired by Nature and Spirit.*

\*\*\*\*\*

Wholesale WDBC member

**Coveside Conservation Products, Inc**  
Contact: Judy Ewing  
HC 33 Box 462  
Georgetown ME 04548 County: SA

Phone: 371-2807 FAX: 371-2132

\*\*\*\*\*

Wholesale WDBC member

**Cricket Horse Farm**  
Contact: Susan McIntosh  
RR 2 Box 444  
Harrison ME 04040 County: CU

Phone: 583-6760, outside ME 800-826-1415

\*\*\*\*\*

Wholesale  
**Educate The Children**  
Contact: Marji Greenhut  
Rt 123  
S. Harpswell ME 04079 County: CU

Phone: 833-6391

\*\*\*\*\*

Wholesale WDBC member

**Flowers by Butler Twins**  
Contact: Linda Butler Pekins  
PO Box 188 Street: 359 Maine Ave  
Gardiner ME 04345 County: KE

Phone: 582-3404



Wholesale

Hats & Totes

Contact: Alice Hatch  
PO Box 6  
Milo ME 04463

County: PS

Phone: 943-5091

\*\*\*\*\*  
Wholesale

Lucy's Linens

Contact: Lucy Wagner  
113 Fowler Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-6142

\*\*\*\*\*  
Wholesale

WDDB member

Maine Balsam Fir Products

Contact: Wendy J. Newmeyer  
PO Box 9 Street: 16 Morse Hill Rd  
W. Paris ME 04289

County: OX

Phone: 674-2094, 800-675-2094 (ME), 800-522-5736

*We hand craft the finest balsam pillows and herbal sachets,  
featuring over 50 original wildlife designs. Our products are sold  
nationwide at over 2000 locations. Business established in 1983.*

\*\*\*\*\*  
Wholesale

Maine Country

Contact: Deborah Pendleton-Hall  
RR 2 Box 267  
Lincolnville ME 04849

County: WL

Phone: 338-4139

\*\*\*\*\*  
Wholesale

Mainely Shades

Contact: Judy Tripp  
100 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-7568 FAX: 797-7569



*Wholesale*

WDBC member

**MASA Knits of Maine**

Contact: Carol DePesa  
RR 2 Box 4850  
Waterville ME 04901

County: KE

Phone: 873-2736

\*\*\*\*\*  
*Wholesale*

**Moose Pond Harbor Ceramics**

Contact: Shirley R. Guthrie  
PO Box 250 Street: Holiday Shores  
Denmark ME 04022-0250

County: OX

Phone: 452-2375

\*\*\*\*\*  
*Wholesale*

**Mother's Mountain Mustard**

Contact: Carol Tanner  
110 Woodville Rd  
Falmouth ME 04105

County: CU

Phone: 781-4658 FAX: 781-2121

\*\*\*\*\*  
*Wholesale*

**Mrs. Bones' Decorative Pet Collars**

Contact: Janice Parkinson-Tucker  
121 Pilgrim Rd  
S. Portland ME 04106

County: CU

Phone: 767-1308

*Fashion Forward for your pets! A wide selection of colorful,  
attractive, high-quality trims available with MRS. BONES' unique  
collars and leashes. Retail and wholesale.*

\*\*\*\*\*  
*Wholesale*

**Naturally Envisions**

Contact: Michel & Ginny Grizkewitsch  
Box 46  
Richmond ME 04357

County: SA

Phone: 737-8571



Wholesale

WDBC member

**Pagerr Pet Services**

Contact: Ginny Kerr

RR 1 Box 500

Corinna ME 04928

County: PE

Phone: 379-2500 FAX: 379-2500

*Wholesale distributor supplying pet shops, feed stores, and kennels. Specializing in natural pet foods, supplements, and flea remedies. Also U.S. made collars, toys and rawhides.*

\*\*\*\*\*  
Wholesale

**Pastry Place**

Contact: Wendy Smith

331 Lisbon St

Lewiston ME 04240

County: AN

Phone: 783-7427

\*\*\*\*\*  
Wholesale

**Peddler's Wagon Greenhouses**

Contact: Pamela A. Rackliffe

PO Box 307

Blue Hill ME 04614

County: HA

Phone: 374-2145

*Original fresh and dried flower arrangements, bedding plants, geraniums, perennials, poinsettias, summer cutting garden. Helium balloons and gourmet coffees.*

\*\*\*\*\*  
Wholesale

**Perkins Seafood**

Contact: Joan M. Perkins

429 Ash Point Rd

S. Harpswell ME 04079

County: CU

Phone: 833-5090

*Processor of shucked clams. Fryers sold by the gallon, steamers in 50 lb. bushels, and picked shrimp meat processed in 5 lb. bags wholesale.*



**PERKINS SEAFOOD  
WHOLESALE**

\*\*\*\*\*  
Wholesale

**Porcelain Impressions**

Contact: Lorette Giacomazzo

Box 2872 Kings Hwy

Wayne ME 04284

County: KE

Phone: 685-9589

SOUTH HARPSWELL  
MAINE 04079

**833-5090**

**TED & JOAN PERKINS**



Wholesale

**Schooners & Sails**

Contact: Linda Hoppe  
13 Farwell Ave  
Cumberland ME 04021

County: CU

Phone: 829-3637

\*\*\*\*\*  
Wholesale

**She Shoppe**

Contact: Sheila M. Coyle  
PO Box 185  
E. Corinth ME 04427

County: PE

Phone: 285-7412

*Aprons for Mother/Daughter. Coordinating placemats, tablecovers,  
and napkins. Apron kits to sew. Aprons for restaurants and stores.  
Gifts. Wholesale and retail.*

\*\*\*\*\*  
Wholesale

**The Hills of Maine, Inc.**

Contact: Ellen Howes  
RR 1 Box 1103  
Arundel ME 04046

County: YO

Phone: 985-6011

\*\*\*\*\*  
Writing/Editing

**Bethany Thivierge**

Contact: Bethany Thivierge  
PO Box 1132  
Rockland ME 04841

County: KN

Phone: 594-4632

*\* Information or instructions in easy-to-follow text.  
\* Scientific findings in a logical and accurate report.  
\* Medical language which patients can easily read and understand.*

Bethany Thivierge  
Technical Writer/Editor

Specializing in Business, Science, and Medicine

P.O. Box 1132  
Rockland, Maine 04841  
(207) 594-4632

\*\*\*\*\*  
Writing/Editing

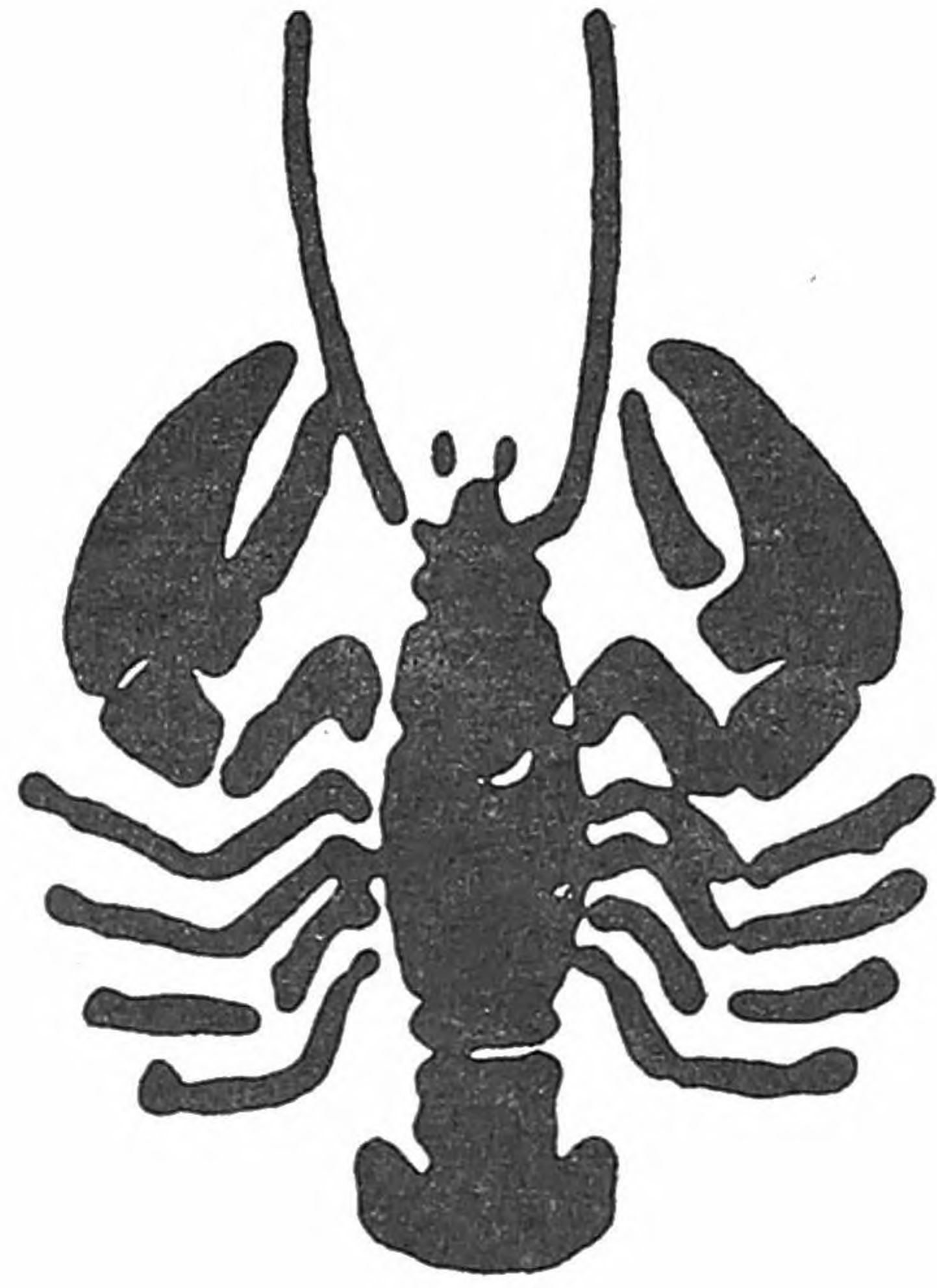
**Capital Connections**

Contact: Karen Feld  
PO Box 123  
Bridgton ME 04009

County: CU

Phone: 647-8913 FAX: 647-8913





**PERKINS SEAFOOD  
WHOLESALING**

**SOUTH HARPSWELL  
MAINE 04079**

**833-5090**

**TED & JOAN PERKINS**



*Writing/Editing*

**Custom Communications**

Contact: Susan Gold  
PO Box 16036  
Portland ME 04101

County: CU

Phone: 761-7914

\*\*\*\*\*  
*Writing/Editing*

**Cynthia Reilly**

Contact: Cynthia Reilly  
RR 1 Box 237  
W. Sedgwick ME 04476

County: HA

Phone: 359-2225 days, 326-9012 eves FAX: 359-2225

*Proof reading, copy editing, or copy writing.*

*Translation: French-English, English-French, Russian-English,  
English-Russian.*

\*\*\*\*\*  
*Writing/Editing*

**Dow & Associates**

Contact: Joan L. Dow  
PO Box 7242 Street: Commercial St  
Portland ME 04112

County: CU

Phone: 773-7442 FAX: 773-4494

\*\*\*\*\*  
*Writing/Editing*

**Graphic Arts Consulting Services**

Contact: Julie Motherwell  
12 Lowell Farm Rd  
Falmouth ME 04105

County: CU

Phone: 797-2098

\*\*\*\*\*  
*Writing/Editing*

WDBC member

**In-House Typography**

Contact: Lynda Clancy  
PO Box 209  
Lincolnton ME 04849

County: WL

Phone: 236-3984 FAX: 338-4465

*Publishing and editing services specializing in writing, editing, design  
and layout of newsletters, catalogs, magazines, newspapers, and  
books. "Effective communications for the next century".*



*Writing/Editing*

**Janet Stewart: Writing Consultant**  
Contact: Janet J. Stewart  
21 Ledge Rd  
Cumberland Foreside ME 04110      County: CU  
  
Phone: 829-3067

\*\*\*\*\*  
*Writing/Editing*

**Lucinda J. Hebert**  
Contact: Lucinda J. Hebert  
10 Park St  
Caribou ME 04736      County: AR  
  
Phone: 498-2760

*Specializing in research, development, and implementation of total  
marketing plans, creative concepts and copy, technical writing,  
and editing.*

\*\*\*\*\*  
*Writing/Editing*

**Lucy Oatley, Writer/Photographer**  
Contact: Lucy Oatley  
8 Hilltop Circle  
Yarmouth ME 04096      County: CU  
  
Phone: 846-9557

\*\*\*\*\*  
*Writing/Editing*

**Margaret S. Overton**  
Contact: Margaret S. Overton  
RR 1 Box 244  
Penobscot ME 04476      County: HA  
  
Phone: 326-9692

\*\*\*\*\*  
*Writing/Editing*      WDBC member

**Pamela Bell, M.S. Consulting Services**  
Contact: Pamela Bell  
62 Wiley St #1  
Bangor ME 04401      County: PE  
  
Phone: 947-1247

*Technical & journalistic writing/editing/researching, grant  
proposals, project design, photo journalism, community development.*



*Writing/Editing*

**Public Education Consultant**  
Contact: Jennifer Wilder Logan  
PO Box 502  
Boothbay Harbor ME 04538  
  
Phone: 633-7450

WDBC member

County: LI

*Writing/Editing*

**Recycled Words**  
Contact: Eileen M. Mielenhausen  
49 Second St  
Hallowell ME 04347  
  
Phone: 623-1347

County: KE

*Writing/Editing*

**Rheta Prints**  
Contact: Rhea J. Cote Robbins  
641 S. Main St  
Brewer ME 04412  
  
Phone: 989-7059

County: PE

*Writing/Editing*

**Spencer Literary Development**  
Contact: Linda Spencer  
PO Box 199  
Thomaston ME 04861  
  
Phone: 354-0522

WDBC member

County: KN

*Writing/Editing*

**TechEdit Services**  
Contact: Constance G. Burt  
PO Box 234  
Topsham ME 04086  
  
Phone: 725-1484

WDBC member

County: SA

*A professional editing service for all types of business documentation, including (but not limited to) engineering reports, computer manuals, newsletters, proposals, contracts, and annual reports.*

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*Writing/Editing*

**Warren Publishing Services**

Contact: Maggie Warren

PO Box 27

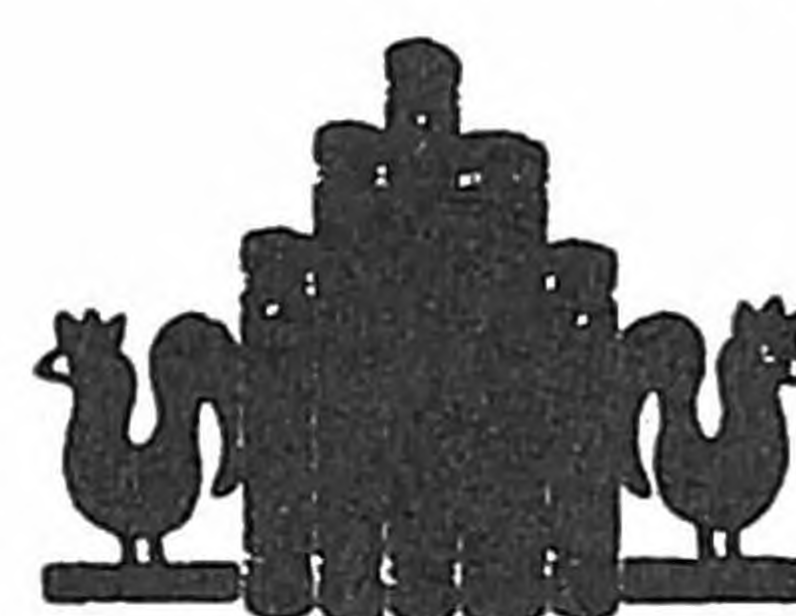
Eastport ME 04631

Phone: 853-2993 FAX: 853-2993

County: WS

**WARREN PUBLISHING SERVICES**

Copyediting • Proofreading • Keyboarding  
207-853-2993



Maggie Warren  
PO Box 27  
31 Boynton Street  
Eastport, ME 04631

\*\*\*\*\*

*Writing/Editing*

**Yankee Editorial Services**

Contact: Melindea S. Gale

PO Box 232

Brunswick ME 04011

Phone: 729-7795

County: CU

\*\*\*\*\*

*Writing/Editing*

**Your Personal Secretary**

Contact: Jennifer Hill

19 Wight St

Belfast ME 04915

Phone: 338-4501

County: WL

\*\*\*\*\*



*Resources for Women Business Owners*

**Androscoggin Valley Council of Governments/SBDC**

Contact: Joseph Balchunas

125 Manley Rd

Auburn ME 04210

County: AN

Phone: 783-9180 FAX: 783-5211

\*\*\*\*\*  
*Resources for Women Business Owners*

**Business Answers**

Contact: Dora Dostie

State House Station 59

Augusta ME 04333

County: KE

Phone: 800-872-3838

*A business information and assistance program. Part of the Maine  
Dept. of Economic and Community Development.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Coastal Enterprises Inc.**

Contact: James Burbank

PO Box 268

Wiscasset ME 04578

County: LI

Phone: 882-7552 FAX: 882-7308

*Offering technical and financial assistance to new and  
existing women-owned businesses.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Eastern Maine Development Corporation**

Contact: Ron Lloyd, Director/Counselor

PO Box 2579 Street: One Cumberland Place, Suite

Bangor ME 04401

County: PE

Phone: 942-6389, 800-292-2028

\*\*\*\*\*  
*Resources for Women Business Owners*

**Finance Authority of Maine**

Contact: Tim Agnew

PO Box 949 Street: 83 Western Ave

Augusta ME 04332

County: KE

Phone: 623-3263 623-0095

*Administers a wide array of business finance programs. Continues  
to develop new financial services aimed at helping Maine business  
start-up, expand, and compete more effectively in the marketplace.*



*Resources for Women Business Owners*

**Freeport Merchants Association**

Contact: Beth Gleason, Exec. Director

PO Box 452

Freeport ME 04032

County: CU

Phone: 865-1212 FAX: 865-1686

\*\*\*\*\*  
*Resources for Women Business Owners*

**Key Bank**

Contact: Jayne Giles

One Canal Plaza

Portland ME 04112

County: CU

Phone: 623-5867

*Call Jayne Giles for information on: Key Bank's Mentor Program;  
financing options; and other services for women-owned businesses.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Maine Department of Transportation**

Contact: Jane Gilbert

State House Station 16

Augusta ME 04333

County: KE

Phone: 287-3576

*Certifies companies for the Disadvantaged and Women's Business  
Enterprise Program.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Maine Displaced Homemakers Program**

Contact: Gilda Nardone, Director

Stoddard House, UMA

Augusta ME 04330

County: KE

Phone: 621-3433 FAX: 621-3429

*Provides group & individual services: information & referrals, self-esteem,  
assertiveness, career/life planning, self-employment training,  
job-seeking assistance, economics awareness & workforce literacy.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Maine Products Marketing Program**

Contact:

State House Station 59

Augusta ME 04333

County: KE

Phone: 287-3153, 800-872-3838

*Building recognition for Maine products and expanding markets  
for all Maine consumer & industrial producers by offering  
marketing assistance.*



## Maine Small Business Development Center-USM

15 Surrenden St

County: CU

\*\*\*\*\*

## National Association for the Self Employed

County: CU

\*\*\*\*\*

# Northern Maine Regional Planning Commission

PO Box 779      Street: 2 Main St

Caribou ME 04736

County: AR

*Also Houlton Tel. 532-2240; Fort Kent Tel. 834-5099*

\*\*\*\*\*

## Planned Parenthood of Northern New England

PO Box 1519      Street: 500 Forest Ave

Portland ME 04101

County: CU

\*\*\*\*\*

## SBA - SCORE

**Contact: William Shuman**

40 Western Ave

Augusta ME 04330

County: KE

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*Resources for Women Business Owners*

**SCORE**  
Contact: John Telow  
179 Lisbon St  
Lewiston ME 04240 County: AN  
  
Phone: 782-3708 FAX: 783-4481

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE**  
Contact: Robert Morrill  
66 Pearl St, Room 210  
Portland ME 04101 County: CU  
  
Phone: 772-1147

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE**  
Contact: Charles Burgoyne  
Box 1105  
Ellsworth ME 04605 County: HA  
  
Phone: 667-5800

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE - c/o Chamber of Commerce**  
Contact: Ray Wysocki  
  
Caribou ME 04736 County: AR  
  
Phone: 498-6156

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE - c/o Fleet Bank**  
Contact: Ed Clohossey  
PO Box 400  
Rumford ME 04276 County: OX  
  
Phone: 364-3733



# SCORE®

*Sponsored by U.S. Small Business Administration*



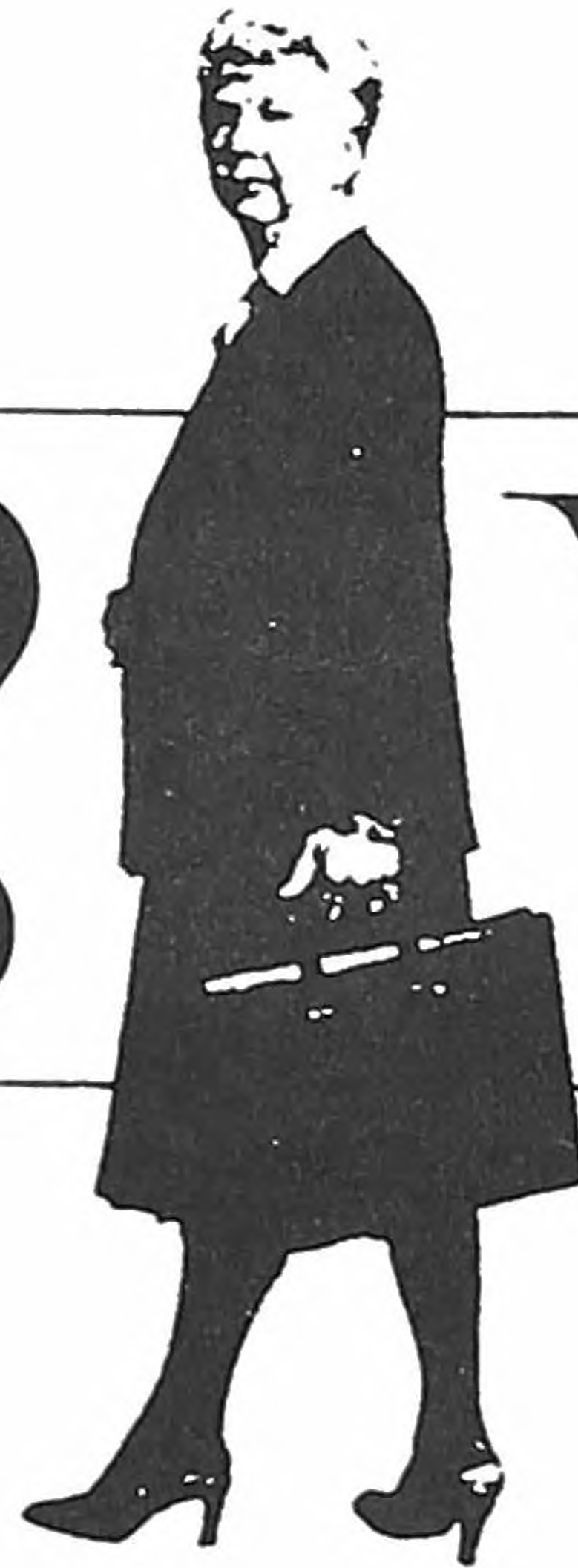
**Service Corps of Retired Executives  
Association**

*Helping Small Business SCORE . . . . Since 1964*

Chapter # 53, 66 Pearl Street, Room 210, Portland, ME. 04101

Phone ( 207 ) 772-1147

# YES! YOU!



If you are retired and  
were successful in a business or profession . . .

If you are still active and  
are successful in a business or profession . . .

If you have a desire to help others make their  
entrepreneurial dreams come true  
and to improve our country's economy . . .

**Then SCORE is the place for you.**



*Resources for Women Business Owners*

**SCORE - c/o So. Piscataquis Chamber of Commerce**  
Contact: Harry Houston  
PO Box 376    Street: 111 South St  
Dover-Foxcroft ME 04426                      County: PS  
  
Phone: 564-7201

\*\*\*\*\*  
*Resources for Women Business Owners*

**SCORE - Husson College**  
Contact: Peter Hess  
One College Circle  
Bangor ME 04401                      County: PE  
  
Phone: 941-9707

\*\*\*\*\*  
*Resources for Women Business Owners*

**SCORE - Oxford Hills Development Corporation**  
Contact: George Elliott  
PO Box 6    Street: Main St  
Norway ME 04268                      County: OX  
  
Phone: 743-0499    FAX: 743-5917

\*\*\*\*\*  
*Resources for Women Business Owners*

**Southern Maine Regional Planning Commission**  
Contact: James Upham  
PO Box Q    Street: 255 Main St  
Sanford ME 04073                      County: YO  
  
Phone: 324-2952

\*\*\*\*\*  
*Resources for Women Business Owners*

**The Maine Federation of Business & Professional Women's Clubs**  
Contact: Dawn Orr, President  
  
  
  
Phone: 443-6061

*Advocating for the needs and concerns of working women.  
22 local organizations in Maine.*



*Resources for Women Business Owners*

**The Maine Women's Fund**

PO Box 7445  
Portland ME 04112 County: CU

Phone: 774-5513

*Making grants statewide exclusively to programs serving the  
unique needs of women and girls.*

\*\*\*\*\*

*Resources for Women Business Owners*

**U.S. Dept. of Labor, BAT**

Contact: Richard Grandmaison, State Director  
Fed. Bldg., Rm. 4008-D Street: 68 Sewall St  
Augusta ME 04330 County: KE

Phone: 622-8235

\*\*\*\*\*

*Resources for Women Business Owners*

**U.S. Small Business Administration**

Contact: Bonnie Kidder Erickson  
40 Western Ave  
Augusta ME 04330 County: KE

Phone: 622-8242, 622-8102 FAX: 622-8277

\*\*\*\*\*

*Resources for Women Business Owners*

**United Maine Craftsmen**

Contact: Judith Groves  
RR 2 Box 1920  
Manchester ME 04351 County: KE

Phone: 621-2818

\*\*\*\*\*

*Resources for Women Business Owners*

**University of Maine at Machias**

Contact: Dr. William J. Little, SBDC Director/Counselor  
Math & Science Building  
Machias ME 04654 County: WS

Phone: 255-3313



*Resources for Women Business Owners*  
**University of Maine Cooperative Extension**

Phone: 800-287-0274

*Providing small business management education through a statewide delivery system. Call your County Extension office or call 1-800-287-0274 to talk to a business specialist.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Women's Resource Center - University of Maine**  
Contact: Sharon Barker, Director  
5728 Fernald Hall, Room 101  
Orono ME 04469

County: PS

Phone: 581-1508

*The Women's Resource Center provides educational and cultural programs and opportunities which further the development of women's personal and professional identity, information, and referrals.*



Sharon E. Barker, Director  
Kimberly J. Merriam, Administrative Assistant  
Women's Resource Center

**UNIVERSITY OF MAINE**

The Land Grant University and Sea Grant College of Maine

101 Fernald Hall  
University of Maine  
Orono, Maine 04469



207/581-1508  
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85	<b>Page One Preschool, Mrs. V. Page Chaloult</b>
176	<b>Page Two Resale Shop, V. Page Chaloult</b>
201	<b>Page Two Resale Shop, V. Page Chaloult</b>
182	<b>Pagerr Pet Services, Ginny Kerr</b>
217	<b>Pagerr Pet Services, Ginny Kerr</b>
88	<b>PageWorks, Carol E.S.C. Jones</b>
132	<b>PageWorks, Carol E.S.C. Jones</b>



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46	<b>Palmer Development Corp., Mary Anna S. Palmer</b>
151	<b>Palmer Development Corp., Mary Anna S. Palmer</b>
146	<b>Pam Dyer Stewart, Midwife, Pam Dyer Stewart</b>
57	<b>Pamela Bell, M.S. Consulting Services, Pamela Bell</b>
221	<b>Pamela Bell, M.S. Consulting Services, Pamela Bell</b>
35	<b>Pancsofar's Bridal Shop, Paula Bradley</b>
204	<b>Pastry Place, Wendy Smith</b>
217	<b>Pastry Place, Wendy Smith</b>
78	<b>Patchwork Barn, Avis L. Rainfrette</b>
10	<b>Patchwork Boutique Quilt Shop, Theresa R. Gagne</b>
79	<b>Patchwork Boutique Quilt Shop, Theresa R. Gagne</b>
11	<b>Patricia Stauble Antiques &amp; Assoc., Patricia Stauble</b>
57	<b>Patricia Williams, Organizational Consultant, Patricia Williams</b>
98	<b>Patricia Williams, Organizational Consultant, Patricia Williams</b>
124	<b>Peddler's Wagon Greenhouses, Pamela A. Rackliffe</b>
217	<b>Peddler's Wagon Greenhouses, Pamela A. Rackliffe</b>
88	<b>Peggy Mason Graphics, Peggy Mason</b>
132	<b>Peggy Mason Graphics, Peggy Mason</b>
85	<b>Penquis Resource Development Center, Nancy Isaacs</b>
124	<b>Perennial Point of View, M'Lou Terry</b>
217	<b>Perkins Seafood, Joan M. Perkins</b>
24	<b>Personal Touch Greeting Card Services, Kimberly S. Donovan</b>
171	<b>Personal Touch Greeting Card Services, Kimberly S. Donovan</b>
8	<b>Personalized Financial Services, Jennifer Jenkins</b>
111	<b>Personalized Financial Services, Jennifer Jenkins</b>
57	<b>Peterson-Moulton Associates, Joan Peterson-Moulton, PH.D</b>
79	<b>Phoenix Rising Ceramic Studio, Dolores F. Upton</b>
103	<b>Phoenix Rising Yoga Therapy/Yoga Classes, Susan Coady</b>
132	<b>Phophecy Designs, Inc., Kristina ML Nutting</b>
176	<b>Phophecy Designs, Inc., Kristina ML Nutting</b>
105	<b>Pine Tree Knits, Faye G. Krause</b>
212	<b>Pine Tree Knits, Faye G. Krause</b>
35	<b>Pixel Knits, Sue Westlake</b>
105	<b>Pixel Knits, Sue Westlake</b>
201	<b>Pleasant River Trading Co., Inc., Carol A. Parker</b>
205	<b>Pleasant River Trading Co., Inc., Carol A. Parker</b>
179	<b>Polarity Therapy, Barbara Joseph</b>
79	<b>Porcelain Impressions, Lorelte Giacomazzo</b>
217	<b>Porcelain Impressions, Lorelte Giacomazzo</b>
127	<b>Port O'Call Stationery, S. Margaret Pierce</b>
175	<b>Port O'Call Stationery, S. Margaret Pierce</b>
46	<b>Precast Structures, Inc., Claire A. Westcott</b>
36	<b>Pretty Babies, Mary E. Lambert</b>
201	<b>Pretty Babies, Mary E. Lambert</b>
57	<b>Primerica Financial Services, Kay McKusick Gray</b>
111	<b>Primerica Financial Services, Kay McKusick Gray</b>
172	<b>Prism Communications, Inc., Gail Lombardi</b>
189	<b>Prism Communications, Inc., Gail Lombardi</b>
24	<b>Professional Office Services, Laura Jepson</b>
89	<b>Professional Office Services, Laura Jepson</b>
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79	<b>Purple Plashes, Anne Brooks</b>
79	<b>Pussy Willow Patch Lampshades/Stenciling, Grace A. McCarthy</b>
157	<b>Pussy Willow Patch Lampshades/Stenciling, Grace A. McCarthy</b>
80	<b>Quixote Designs, Peggy Dunn</b>
186	<b>Quixote Designs, Peggy Dunn</b>
112	<b>Ram Asset Management, Ann C. Goggin</b>
152	<b>Ram Asset Management, Ann C. Goggin</b>
47	<b>Randy Tibbetts Trucking, Inc., Nancy Tibbetts</b>
209	<b>Randy Tibbetts Trucking, Inc., Nancy Tibbetts</b>
195	<b>RE/MAX, Claudine Miller &amp; Laurie Riley</b>
98	<b>Rebecca D. Mealey, Rebecca D. Mealey</b>
105	<b>Rebecca D. Mealey, Rebecca D. Mealey</b>
89	<b>Recycled Words, Eileen M. Mielenhausen</b>
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98	<b>Recycling Education Services, Hildie J. Lipson</b>
80	<b>Red Horse Studio, Trudy Turner Lion</b>
119	<b>Red Horse Studio, Trudy Turner Lion</b>
11	<b>Redhouse Architects, Jenny Potter Scheu</b>
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89	<b>Regional Activities Guide of Maine, Barbara Bay Rintz</b>
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89	<b>Rheta Prints, Rhea J. Cote Robbins</b>
222	<b>Rheta Prints, Rhea J. Cote Robbins</b>
8	<b>Richmond Accounting\Payroll, Deborah Kasper</b>
25	<b>Richmond Accounting\Payroll, Deborah Kasper</b>
112	<b>Rittersdorf Financial Services, Pat Rittersdorf</b>
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47	<b>Robbins Construction, Karen M. Robbins</b>
67	<b>Roberta Bass, LCSW, Roberta Bass</b>
58	<b>Roberta S. Kuriloff, Attorney at Law, Roberta S. Kuriloff</b>
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195	<b>Roebuck Real Estate, Lynn Roebuck</b>
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106	<b>Rosamond, Rosamond Field</b>
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36	<b>Sew Creative, Noelle Lord</b>



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36	<b>Sew Perfect, Cindy McLellan</b>
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80	<b>She Shoppe, Sheila M. Coyle</b>
218	<b>She Shoppe, Sheila M. Coyle</b>
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136	<b>Shear Designs Salon, Alice Bagley</b>
112	<b>Shearson Lehman Brothers, Claire R. Cooney</b>
124	<b>Shelley's Flowers, Shelley Pease</b>
146	<b>Shiatsu Massage, Nityamo</b>
197	<b>Shiatsu Massage, Nityamo</b>
80	<b>Shirley E. Prout Quilts, Shirley E. Prout</b>
150	<b>Shirley E. Prout Quilts, Shirley E. Prout</b>
25	<b>Skilled Office Support, Rebecca Parsons</b>
81	<b>Sleepy Hollow Rag Rugs, Diane Roesing O'Brien</b>
213	<b>Sleepy Hollow Rag Rugs, Diane Roesing O'Brien</b>
9	<b>Small Business Accounting Service, Inc., Sandy Farris</b>
25	<b>Small Business Accounting Service, Inc., Sandy Farris</b>
17	<b>Snowbound Books, Marla Bottesch</b>
30	<b>Softouch Diaper Service, Ellen Wells-Malloy</b>
31	<b>Softouch Diaper Service, Ellen Wells-Malloy</b>
133	<b>South Point Media, Constance M. Tucker</b>
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85	<b>South Portland Kumon Math Center, Susan Ferris</b>
99	<b>South Portland Kumon Math Center, Susan Ferris</b>
58	<b>Southern Maine Forestry Services, Lauri Noel</b>
102	<b>Southern Maine Forestry Services, Lauri Noel</b>
40	<b>Speak for Yourself, Dianne Holly</b>
99	<b>Speak for Yourself, Dianne Holly</b>
28	<b>Special Occasions, Diane Williams</b>
81	<b>Specialty Greetings, Dorrie Roedner</b>
133	<b>Specialty Greetings, Dorrie Roedner</b>
17	<b>Spencer Literary Development, Linda Spencer</b>
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58	<b>Stirling Associates, S. Stirling Kendall</b>
99	<b>Stirling Associates, S. Stirling Kendall</b>
28	<b>Storybook Hat Company, Ann Silva</b>
81	<b>Storybook Hat Company, Ann Silva</b>
90	<b>Sullivan Design, Chris Sullivan</b>
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101	<b>Sunset Studio-Fine Arts/Island Hand-Puppet Theater, Martha Feehan</b>
120	<b>Sunset Studio-Fine Arts/Island Hand-Puppet Theater, Martha Feehan</b>
37	<b>Susan Aldrich, Susan Aldrich</b>
81	<b>Susan Aldrich, Susan Aldrich</b>
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25	<b>Susan's Secretarial Services, Susan Decker</b>
67	<b>Susanne Stiefel, Ph.D., Susanne Stiefel</b>
27	<b>Sweet Temptation Candies, Edna Naida &amp; Lois Gopin</b>
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81	<b>Tess' Designer Yarns</b> , <i>Melinda Bickford</i>
106	<b>Tess' Designer Yarns</b> , <i>Melinda Bickford</i>
30	<b>The Baby Bag Company</b> , <i>Elizabeth Andrews</i>
168	<b>The Baby Bag Company</b> , <i>Elizabeth Andrews</i>
99	<b>The Badvertising Institute</b> , <i>Bonnie Vierthaler</i>
175	<b>The Badvertising Institute</b> , <i>Bonnie Vierthaler</i>
30	<b>The Bottom Line Diaper Service</b> , <i>Daria Burns</i>
31	<b>The Bottom Line Diaper Service</b> , <i>Daria Burns</i>
18	<b>The Briar Patch</b> , <i>Jennifer M. Estabrook</i>
182	<b>The Cat's Pajamas, Inc.</b> , <i>Toni R. Miele</i>
27	<b>The Chocolate Deli</b> , <i>Jennifer Laskey</i>
201	<b>The Chocolate Deli</b> , <i>Jennifer Laskey</i>
82	<b>The Competition Foods Inc.</b> , <i>Chris Cole &amp; Connie Pelkey</i>
205	<b>The Competition Foods Inc.</b> , <i>Chris Cole &amp; Connie Pelkey</i>
42	<b>The Computer Department, Inc.</b> , <i>Claire Whitmore</i>
12	<b>The Conserve Company - Construction Management Services</b> , <i>Lynne Panico, B.S.M.</i>
47	<b>The Conserve Company - Construction Management Services</b> , <i>Lynne Panico, B.S.M.</i>
175	<b>The Copy Cat</b> , <i>Pam Meserve</i>
189	<b>The Copy Cat</b> , <i>Pam Meserve</i>
82	<b>The Craft Gallery</b> , <i>Dori Young</i>
37	<b>The Custom Sewing Shoppe</b> , <i>AnnMarie Guerrette</i>
106	<b>The Custom Sewing Shoppe</b> , <i>AnnMarie Guerrette</i>
184	<b>The Dog Lady-Professional Dog Care</b> , <i>Linda C. Crowley</i>
82	<b>The Etui Company</b> , <i>Sue Viano</i>
146	<b>The Excellence Factor</b> , <i>Gerry Condon</i>
205	<b>The Excellence Factor</b> , <i>Gerry Condon</i>
128	<b>The Frame Works</b> , <i>Patricia Stinson</i>
82	<b>The Gathering</b> , <i>Betty Crush</i>
158	<b>The Gathering</b> , <i>Betty Crush</i>
82	<b>The Hills of Maine, Inc.</b> , <i>Ellen Howes</i>
218	<b>The Hills of Maine, Inc.</b> , <i>Ellen Howes</i>
37	<b>the house of stiles</b> , <i>Judy Oliver</i>
2	<b>The Inn on South Street</b> , <i>Eva Downs</i>
37	<b>The Lady Stitches</b> , <i>Nancy Marden</i>
83	<b>The Lazy L Kennel</b> , <i>Marie L. Gagnon</i>
184	<b>The Lazy L Kennel</b> , <i>Marie L. Gagnon</i>
107	<b>The Nature Connection</b> , <i>Debbie Morrill</i>
125	<b>The Nature Connection</b> , <i>Debbie Morrill</i>
83	<b>The Open Door Gift Shop</b> , <i>Jody Bibber</i>
26	<b>The Organizer</b> , <i>Brenda T. Cartwright</i>
58	<b>The Organizer</b> , <i>Brenda T. Cartwright</i>
90	<b>The Paper Pusher</b> , <i>Janet Granger</i>
12	<b>The Practical Astrologer</b> , <i>Abbe Anderson, MBA</i>
58	<b>The Practical Astrologer</b> , <i>Abbe Anderson, MBA</i>
133	<b>The Production Studio</b> , <i>Nancy Sosman</i>
172	<b>The Production Studio</b> , <i>Nancy Sosman</i>
37	<b>The Pussums Cat Co.</b> , <i>Sheri Fowler</i>
134	<b>The Pussums Cat Co.</b> , <i>Sheri Fowler</i>
179	<b>The Rangeley Woodcrafter</b> , <i>Claudia Comstock</i>
2	<b>The Stacked Arms</b> , <i>Dolores S. Maguire</i>
28	<b>The Stacked Arms</b> , <i>Dolores S. Maguire</i>
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38	<b>The Village Seamstress</b> , <i>Mary Alley</i>
106	<b>The Village Seamstress</b> , <i>Mary Alley</i>
47	<b>The Wall Works</b> , <i>Susan Connery</i>
158	<b>The Wall Works</b> , <i>Susan Connery</i>
158	<b>The Well Dressed Window</b> , <i>Suzanne Martin</i>
126	<b>The Whole Grocer</b> , <i>Elise Thibodeau</i>
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38	<b>The Wild Rose</b> , <i>Mary E. Parker</i>
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83	<b>The Wooden Expression</b> , <i>Joan Farnsworth</i>
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173	<b>TMT Marketing</b> , <i>Teresa McCann-Tumidajski</i>
83	<b>TOAD</b> , <i>Sydney Snyder</i>
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32	<b>Tom &amp; Jerry's Distributors</b> , <i>Kristin Flaherty &amp; Marilyn Flaherty</i>
14	<b>Tommy's</b> , <i>Theda Shafran</i>
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99	<b>Translator/Cultural Consultant</b> , <i>Dr. Veronika Albrecht-Rodrigue</i>
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2	<b>Travel Planners</b> , <i>Joana Oest</i>
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100	<b>Trudy McNulty Associates</b> , <i>Trudy McNulty</i>
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29	<b>Truffles Cafe</b> , <i>Ellen Spiegelman</i>
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59	<b>Turbyne &amp; Associates</b> , <i>Cathy Turbyne &amp; Kay Pinkham</i>
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90	<b>Utile - Macintosh Training</b> , <i>Elisabeth M. Webster</i>
59	<b>Vantage Point</b> , <i>Diana Scully</i>
2	<b>Vicarage by the Sea</b> , <i>Joan Peterson-Moulton, PH.D</i>
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29	<b>Village Farm Caterers</b> , <i>Sharon Hathaway &amp; Allyson White</i>
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106	<b>Village Wearer</b> , <i>Phyllis Leck</i>
213	<b>Village Wearer</b> , <i>Phyllis Leck</i>
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84	<b>Wild Pear Designs</b> , <i>Elena Kubler &amp; J. Doster</i>
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10	<b>Women Unlimited</b> , <i>Dale McCormick</i>
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68	<b>Women's Center for Neuromuscular Therapy</b> , <i>Deborah D. Cook</i>
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92	<b>Auburn Kumon Math</b> , <i>Nancy Pelletier</i>
202	<b>Bake More Melanie !!</b> , <i>Melanie Schupp</i>
3	<b>Barbara Simard</b> , <i>Barbara Simard</i>
19	<b>Barbara Simard</b> , <i>Barbara Simard</i>
126	<b>Bragdon's Redemption Center</b> , <i>Juanita Bragdon</i>
178	<b>Bragdon's Redemption Center</b> , <i>Juanita Bragdon</i>
50	<b>Christiansen Associates</b> , <i>Sonja Christiansen</i>
92	<b>Christiansen Associates</b> , <i>Sonja Christiansen</i>
32	<b>Classy Lady</b> , <i>Eva Jane Gallant</i>
199	<b>Classy Lady</b> , <i>Eva Jane Gallant</i>
50	<b>Cobbossee Computer Systems</b> , <i>M. Elaine Briggs</i>
93	<b>Cobbossee Computer Systems</b> , <i>M. Elaine Briggs</i>
128	<b>Computer Graphics &amp; Printing</b> , <i>Nancy Beaule</i>
187	<b>Computer Graphics &amp; Printing</b> , <i>Nancy Beaule</i>
50	<b>Counseling &amp; Consultation Associates, P.A.</b> , <i>Julia Huttel, LCSW</i>
63	<b>Counseling &amp; Consultation Associates, P.A.</b> , <i>Julia Huttel, LCSW</i>
156	<b>Decorating Plus</b> , <i>Lynne Maxfield</i>
11	<b>Donna L. Emerson, Registered Architect</b> , <i>Donna Emerson</i>
45	<b>Donna L. Emerson, Registered Architect</b> , <i>Donna Emerson</i>
149	<b>Finally Yours</b> , <i>Nancy Nicholson</i>
169	<b>Garrand &amp; Co., Inc</b> , <i>Brenda Garrand</i>
53	<b>Homeschool Associates</b> , <i>Shirley M.R. Minster</i>
95	<b>Homeschool Associates</b> , <i>Shirley M.R. Minster</i>
171	<b>J.M.H. Publishing/The Bride's Planner</b> , <i>Joline Hachey</i>
188	<b>J.M.H. Publishing/The Bride's Planner</b> , <i>Joline Hachey</i>
55	<b>Leslie Cosgrove-McBride</b> , <i>Leslie Cosgrove-McBride</i>
190	<b>Leslie Cosgrove-McBride</b> , <i>Leslie Cosgrove-McBride</i>
131	<b>Margaret Rice, Designer &amp; Illustrator</b> , <i>Margaret Rice</i>
111	<b>Murch &amp; Dyer Associates</b> , <i>Loretta G. Dyer</i>
154	<b>Murch &amp; Dyer Associates</b> , <i>Loretta G. Dyer</i>
204	<b>Pastry Place</b> , <i>Wendy Smith</i>
217	<b>Pastry Place</b> , <i>Wendy Smith</i>
79	<b>Phoenix Rising Ceramic Studio</b> , <i>Dolores F. Upton</i>
46	<b>Precast Structures, Inc.</b> , <i>Claire A. Westcott</i>
111	<b>Prudential Insurance</b> , <i>Nancy D. Jutras, Sp.Agent/RR</i>
154	<b>Prudential Insurance</b> , <i>Nancy D. Jutras, Sp.Agent/RR</i>
213	<b>Punkin Bear Designs</b> , <i>Phyllis Benoit</i>
82	<b>The Gathering</b> , <i>Betty Crush</i>
158	<b>The Gathering</b> , <i>Betty Crush</i>
37	<b>The Lady Stitches</b> , <i>Nancy Marden</i>
12	<b>The Practical Astrologer</b> , <i>Abbe Anderson, MBA</i>
58	<b>The Practical Astrologer</b> , <i>Abbe Anderson, MBA</i>
13	<b>The Toy Shop</b> , <i>Jane Steeves</i>
163	<b>Trafton &amp; Matzen</b> , <i>Barbara L. Raimondi, Esq.-Senior Partner</i>
59	<b>Turbyne &amp; Associates</b> , <i>Cathy Turbyne &amp; Kay Pinkham</i>
146	<b>Turbyne &amp; Associates</b> , <i>Cathy Turbyne &amp; Kay Pinkham</i>
29	<b>Village Farm Caterers</b> , <i>Sharon Hathaway &amp; Allyson White</i>
206	<b>Village Farm Caterers</b> , <i>Sharon Hathaway &amp; Allyson White</i>
207	<b>VPS Tours</b> , <i>Mary Beth Caffey</i>
26	<b>W.B. McCarty Associates</b> , <i>Nancy J. McCarty</i>
197	<b>W.B. McCarty Associates</b> , <i>Nancy J. McCarty</i>
10	<b>Women Unlimited</b> , <i>Dale McCormick</i>
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138	<b>Aural Rehabilitation Services/ARS Hearing Aids,</b> <i>Jean L. Toth, MA, CCC-A</i>
13	<b>Bell's Body and Paint Shop, Inc.,</b> <i>Marjorie Bell</i>
164	<b>Bradbury Barrel Company,</b> <i>Adelle F. Bradbury</i>
178	<b>Bradbury Barrel Company,</b> <i>Adelle F. Bradbury</i>
160	<b>Cecilia B. Rhoda,</b> <i>Cecilia B. Rhoda</i>
19	<b>Claudette's Window Products,</b> <i>Claudette Boucher</i>
155	<b>Claudette's Window Products,</b> <i>Claudette Boucher</i>
122	<b>Cook Florist Inc.,</b> <i>Margaret Cook Duncan</i>
71	<b>Creative Silks &amp; Gifts,</b> <i>Karen M. St. Peter</i>
123	<b>Creative Silks &amp; Gifts,</b> <i>Karen M. St. Peter</i>
63	<b>Diane Leardi, MSW, LCSW, BCD,</b> <i>Diane Leardi</i>
180	<b>Esquaree's Dog Grooming,</b> <i>Esquaree R. Payne</i>
169	<b>Fox Hollow Enterprises,</b> <i>Rosalind Morgan &amp; Susan Young</i>
184	<b>Fox Hollow Enterprises,</b> <i>Rosalind Morgan &amp; Susan Young</i>
140	<b>Gentle Touch - Foot Reflexology,</b> <i>Annette L. Wolfe, Certified Reflexologist</i>
180	<b>Home Farm Kennels,</b> <i>Norma B. Milton</i>
29	<b>Kid's Stuff,</b> <i>Deborah Sirois</i>
34	<b>Kid's Stuff,</b> <i>Deborah Sirois</i>
171	<b>Lucinda J. Hebert,</b> <i>Lucinda J. Hebert</i>
221	<b>Lucinda J. Hebert,</b> <i>Lucinda J. Hebert</i>
162	<b>Margaret T. Johnson, Attorney at Law,</b> <i>Margaret T. Johnson</i>
76	<b>Milliard Farms,</b> <i>Darcy Milliard</i>
123	<b>Milliard Farms,</b> <i>Darcy Milliard</i>
135	<b>Modern Beauty Salon, Inc.,</b> <i>Helen M. Hatfield</i>
35	<b>Pancsofar's Bridal Shop,</b> <i>Paula Bradley</i>
135	<b>Shear Delight Hairstyles,</b> <i>Lisa Norton</i>
133	<b>South Point Media,</b> <i>Constance M. Tucker</i>
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37	<b>The Custom Sewing Shoppe,</b> <i>AnnMarie Guerrette</i>
106	<b>The Custom Sewing Shoppe,</b> <i>AnnMarie Guerrette</i>
18	<b>Volumes,</b> <i>Lura Hastings-Lane</i>
83	<b>Volumes,</b> <i>Lura Hastings-Lane</i>
122	<b>Wilda B. Hutcheon Studio-Gallery,</b> <i>Wilda Hutcheon</i>
186	<b>Wilda B. Hutcheon Studio-Gallery,</b> <i>Wilda Hutcheon</i>



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210	<b>Alida S. Landry, Alida S. Landry</b>
32	<b>Amaryllis Clothing Co., Inc., Susan Bergier</b>
192	<b>Angle Associates, Bethany Angle</b>
69	<b>Ash Cove Pottery, Susan Horowitz</b>
213	<b>Ash Cove Pottery, Susan Horowitz</b>
186	<b>Astarte Shell Press, Deborah Leighton</b>
3	<b>Atlantic Business Services, Marlene D'Souza</b>
18	<b>Atlantic Business Services, Marlene D'Souza</b>
128	<b>B &amp; W Typography, Inc., Mary York</b>
179	<b>B &amp; W Typography, Inc., Mary York</b>
48	<b>BeautiControl, Terri Ward - Image Consultant</b>
59	<b>BeautiControl, Terri Ward - Image Consultant</b>
49	<b>BeautiControl Cosmetics, Judith Cote</b>
59	<b>BeautiControl Cosmetics, Judith Cote</b>
158	<b>Bethany Angle, Private Investigator, Bethany Angle</b>
62	<b>Beverly Prosser Gelwick, Ph.D., A.B.P.P., Beverly Prosser</b>
138	<b>Beverly Prosser Gelwick, Ph.D., A.B.P.P., Beverly Prosser</b>
107	<b>Blue Sky Produce, Lynn Thurston</b>
202	<b>Blue Sky Produce, Lynn Thurston</b>
69	<b>Blueberries &amp; Granite, Nancy Foster-Wolf</b>
199	<b>Blueberries &amp; Granite, Nancy Foster-Wolf</b>
138	<b>Bodyworks Massage Therapy, Susan Porter</b>
44	<b>Bonnie Jackson, Bonnie Jackson</b>
151	<b>Bonnie Jackson, Bonnie Jackson</b>
92	<b>Bordwell Consulting, Sue Ellen Bordwell</b>
159	<b>Bordwell Consulting, Sue Ellen Bordwell</b>
114	<b>Brown Goldsmiths, Judith Libby Brown</b>
14	<b>Budgeting &amp; Bookkeeping Business, Lori Hussey</b>
49	<b>Budgeting &amp; Bookkeeping Business, Lori Hussey</b>
4	<b>By The Numbers, Elizabeth J. K. Massanek</b>
16	<b>By The Numbers, Elizabeth J. K. Massanek</b>
114	<b>Campbell &amp; Co., B.J. Campbell</b>
165	<b>Campbell &amp; Co., B.J. Campbell</b>
39	<b>Capital Connections, Karen Feld</b>
218	<b>Capital Connections, Karen Feld</b>
11	<b>Casco Bay Drafting and Design, Elizabeth Jamison</b>
165	<b>Casco Paper Box Co., Laures T. Perkins</b>
187	<b>Casco Paper Box Co., Laures T. Perkins</b>
139	<b>Catherine Schwenk Massage Therapist, Catherine Schwenk</b>
195	<b>Catherine Schwenk Massage Therapist, Catherine Schwenk</b>
16	<b>Center for New Age Studies Bookstore/PWE, Patricia Balzer</b>
70	<b>Ceramic Choreography, Dianne Morgan</b>
114	<b>Ceramic Choreography, Dianne Morgan</b>
165	<b>Chapman Corp., Joy Bishop</b>
178	<b>Chapman Corp., Joy Bishop</b>
49	<b>Child Care Concepts, Lisa Freitas</b>
92	<b>Child Care Concepts, Lisa Freitas</b>
62	<b>Clarity Facilitation Services, Joan Best Murphy</b>
92	<b>Clarity Facilitation Services, Joan Best Murphy</b>
151	<b>Coastal Management Company, Kathleen J. Roberts, CPM</b>
192	<b>Coastal Management Company, Kathleen J. Roberts, CPM</b>
148	<b>Comfort Quilts of Freeport, Maine, Inc, Maxine L. Morgan</b>
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9	<b>Counseling/Psychotherapy, Barbara Loewenberg-Irlandy M.A., R.T.C</b>
63	<b>Counseling/Psychotherapy, Barbara Loewenberg-Irlandy M.A., R.T.C</b>
71	<b>Cricket Horse Farm, Susan McIntosh</b>
214	<b>Cricket Horse Farm, Susan McIntosh</b>
51	<b>Cumings McNulty, Trudy McNulty</b>
207	<b>Cumings McNulty, Trudy McNulty</b>
1	<b>Cushing Homestead, Mrs. Susan Longanecker</b>
193	<b>Cushing Homestead, Mrs. Susan Longanecker</b>
86	<b>Custom Communications, Susan Gold</b>
220	<b>Custom Communications, Susan Gold</b>
184	<b>Cynthia-Allan Photographers, Cynthia Kellis</b>
51	<b>Dee Kelsey and Associates, Dee Kelsey</b>
93	<b>Dee Kelsey and Associates, Dee Kelsey</b>
33	<b>Doncaster, Sharon L. Bushey</b>
72	<b>Double Ewe, Laurel A. Davis</b>
211	<b>Double Ewe, Laurel A. Davis</b>
39	<b>Dow &amp; Associates, Joan L. Dow</b>
220	<b>Dow &amp; Associates, Joan L. Dow</b>
39	<b>Eberhardt/Impact, Barbara Eberhardt</b>
93	<b>Eberhardt/Impact, Barbara Eberhardt</b>
33	<b>Educate The Children, Marji Greenhut</b>
214	<b>Educate The Children, Marji Greenhut</b>
51	<b>Elizabeth D. Frey, Elizabeth D. Frey</b>
193	<b>ERA Foster, Sharon Diran &amp; Susan Searles</b>
44	<b>EVENT Bridal Magazine, Inc., Helen McLoy</b>
169	<b>EVENT Bridal Magazine, Inc., Helen McLoy</b>
33	<b>Exclusively Yours, Lois Tourangeau</b>
108	<b>F.L. Putnam/Winslow Investment Management Co., Wendy Bush</b>
108	<b>Financial Security Services, Sara Jane Elliot</b>
72	<b>Fine Landscape Pottery, Gail J. L. Kass</b>
115	<b>Fine Wares Restoration, Sharon Smith Abbott</b>
22	<b>Finnegan &amp; Associates, Mary Finnegan</b>
52	<b>Finnegan &amp; Associates, Mary Finnegan</b>
176	<b>Footlights, Diane S. Berry</b>
180	<b>For Pets' Sake, Martha Dares &amp; Sarah McCann</b>
200	<b>For Pets' Sake, Martha Dares &amp; Sarah McCann</b>
52	<b>For Starters (business start-up), Melissa Codd</b>
63	<b>Gayle Hannah, Ph.D., L.C.P.C., Gayle Hannah</b>
169	<b>Generated Image, Susan Martin</b>
188	<b>Generated Image, Susan Martin</b>
86	<b>Graphic Arts Consulting Services, Julie Motherwell</b>
220	<b>Graphic Arts Consulting Services, Julie Motherwell</b>
108	<b>H.M. Payson &amp; Co., Laura McDill</b>
153	<b>Hagerman Insurance Agency, Judith A. Hagerman</b>
27	<b>Handmade Desserts, Carolyn Stephens</b>
203	<b>Handmade Desserts, Carolyn Stephens</b>
110	<b>Hanna Associates, Inga H. Hanna, CFP</b>
175	<b>Harnden Auction Services Inc., Sylvia A. Adams</b>
194	<b>Harnden Auction Services, Inc., Sylvia A. Adams</b>
64	<b>Heart at Work, Barbara Sirois Babkirk</b>
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94	Hinckley Group, <i>Patti Hinckley</i>
153	Hinckley Insurance Group, <i>Julie Elderkin</i>
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110	Honeck-O'Toole, <i>Jane Honeck</i>
170	Independent Marketing Associates, <i>Reva B. Rolnick</i>
54	Innovative Management Associates, <i>JoAnn Peeples</i>
95	Innovative Management Associates, <i>JoAnn Peeples</i>
95	Insurance Training & Placement Services, <i>Auta M. Main</i>
54	Janet Eastman Associates, <i>Janet Eastman</i>
96	Janet Eastman Associates, <i>Janet Eastman</i>
54	Janet Stewart: Writing Consultant, <i>Janet J. Stewart</i>
221	Janet Stewart: Writing Consultant, <i>Janet J. Stewart</i>
55	Joan Martay & Associates, <i>Joan Martay</i>
96	Joan Martay & Associates, <i>Joan Martay</i>
157	Kay's Decorating Center, <i>Shirley Commoss</i>
16	Kettle Cove Currency, <i>Bertelle Brooking</i>
64	Kettle Cove Currency, <i>Bertelle Brooking</i>
74	Kim's Stencilled Crafts, Inc., <i>Kim Goodwin</i>
23	Lebel Personnel, <i>Cindy Lebel, CPC</i>
45	Lewis Design/Build, <i>Karen Lewis</i>
186	Lewis Design/Build, <i>Karen Lewis</i>
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65	Linda Heller, L.C.S.W., <i>Linda Heller</i>
141	Linda Heller, L.C.S.W., <i>Linda Heller</i>
152	LT's Inc., <i>Linda Tobey</i>
6	Lu Bauer, CPA, <i>Lu Bauer</i>
65	Lu Bauer, CPA, <i>Lu Bauer</i>
185	Lucy Oatley, Writer/Photographer, <i>Lucy Oatley</i>
221	Lucy Oatley, Writer/Photographer, <i>Lucy Oatley</i>
74	Lucy's Linens, <i>Lucy Wagner</i>
215	Lucy's Linens, <i>Lucy Wagner</i>
75	Ma Culley's Old Softies, <i>Colleen Moser</i>
104	Ma Culley's Old Softies, <i>Colleen Moser</i>
75	Maine Potters Market, <i>Susan Horowitz</i>
17	Maine Street Books, <i>Cynthia L. Cote</i>
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200	Martha Hall - Natural Fibre Yarns, <i>Jody Halliday</i>
8	Mary McVey Accounting/Tax Service, <i>Mary McVey</i>
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194	Mobile Home Brokers Unlimited, <i>Libbey McElhinney</i>
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216	<b>Mrs. Bones' Decorative Pet Collars, Janice Parkinson-Tucker</b>
100	<b>Music Recreation, Sandra W. Philbrook</b>
197	<b>Music Recreation, Sandra W. Philbrook</b>
77	<b>My Sister's Place, Gail Barrell</b>
118	<b>My Sister's Place, Gail Barrell</b>
98	<b>National Coalition Building Institute, Asherah Cinnamon</b>
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56	<b>Neva S. Cram Associates, Neva S. Cram, M.S.</b>
105	<b>Neverfinished Farm, Michelle Henning</b>
212	<b>Neverfinished Farm, Michelle Henning</b>
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66	<b>New Leaves, Rhoda Mitchell</b>
14	<b>North Atlantic Marine, Inc., Diana D. Artiaga</b>
176	<b>North Atlantic Marine, Inc., Diana D. Artiaga</b>
44	<b>Northern Pines Conference Center, Marlee Turner</b>
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56	<b>Oak Hill Counseling, Debra Boxer</b>
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40	<b>Odyssey, Gail Rossi</b>
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56	<b>Old Port Counseling &amp; Consulting Services, Ms. Everil Perreault</b>
67	<b>Old Port Counseling &amp; Consulting Services, Ms. Everil Perreault</b>
145	<b>Oral &amp; Maxillofacial Surgery, Dr. Cynthia A. Battel</b>
88	<b>PageWorks, Carol E.S.C. Jones</b>
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124	<b>Perennial Point of View, M'Lou Terry</b>
217	<b>Perkins Seafood, Joan M. Perkins</b>
8	<b>Personalized Financial Services, Jennifer Jenkins</b>
111	<b>Personalized Financial Services, Jennifer Jenkins</b>
57	<b>Peterson-Moulton Associates, Joan Peterson-Moulton, PH.D</b>
80	<b>Quixote Designs, Peggy Dunn</b>
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11	<b>Redhouse Architects, Jenny Potter Scheu</b>
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146	<b>Shiatsu Massage, Nityamo</b>
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80	<b>Shirley E. Prout Quilts, Shirley E. Prout</b>
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40	Speak for Yourself, Dianne Holly
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101	Sunset Studio-Fine Arts/Island Hand-Puppet Theater, Martha Feehan
120	Sunset Studio-Fine Arts/Island Hand-Puppet Theater, Martha Feehan
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173	Vickers Et Al., Betsy Vickers
190	Vickers Et Al., Betsy Vickers
59	Vocational Resources, Eileen Kalikow
68	Vocational Resources, Eileen Kalikow
134	Walnut Hill Graphics, Sheila B. Johnson
164	Warren & Currier, Carol G. Warren, Esq.
84	Widgeon Cove Studios, Georgeann Kuhl
122	Widgeon Cove Studios, Georgeann Kuhl
152	Winter People, Carol A. Bouton
173	Winter People, Carol A. Bouton
148	Women Birthing Services, Heidi Filmore-Patrick, Midwife

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<b><u>Page</u></b>	<b><u>Company Name</u></b>
68	<b>Women's Worth Career Counseling, <i>Jacqueline R. Murphy</i></b>
100	<b>Women's Worth Career Counseling, <i>Jacqueline R. Murphy</i></b>
223	<b>Yankee Editorial Services, <i>Melindea S. Gale</i></b>



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71	<b>Dead River Gifts, Carolyn G. Cary</b>
115	<b>Dead River Gifts, Carolyn G. Cary</b>
116	<b>Frage Sculpted Jewelry, Patty Krueger Jacobs</b>
22	<b>G. Bousum Enterprises, Inc., Virginia Dyer Bousum</b>
52	<b>G. Bousum Enterprises, Inc., Virginia Dyer Bousum</b>
166	<b>Grandy Oats, Penny Hoagland &amp; Sarah Carpenter</b>
203	<b>Grandy Oats, Penny Hoagland &amp; Sarah Carpenter</b>
117	<b>Maiden Clay, Ann C. Walker &amp; Mardy G. Bogar</b>
167	<b>Maine Mountain Mixes, Wanda Carlisle</b>
204	<b>Maine Mountain Mixes, Wanda Carlisle</b>
118	<b>Marni Lawson Watercolors, Marni Lawson</b>
157	<b>Marni Lawson Watercolors, Marni Lawson</b>
40	<b>Nancy Marshall Communications, Nancy Marshall</b>
207	<b>Nancy Marshall Communications, Nancy Marshall</b>
119	<b>Nikki Adams Handcrafted Jewelry, Nikki Adams</b>
46	<b>Norpine Landscape, Inc., Elizabeth Ann Listowich</b>
124	<b>Norpine Landscape, Inc., Elizabeth Ann Listowich</b>
179	<b>The Rangeley Woodcrafter, Claudia Comstock</b>

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29	<b>A Mom Who Knows</b> , <i>Pat Sager-Horton</i>
164	<b>A Mom Who Knows</b> , <i>Pat Sager-Horton</i>
10	<b>All Manner of Things...</b> , <i>Audri Tuverson</i>
155	<b>All Manner of Things...</b> , <i>Audri Tuverson</i>
1	<b>Bass Cove Farm Bed &amp; Breakfast</b> , <i>Mary Ann Solet</i>
206	<b>Bass Cove Farm Bed &amp; Breakfast</b> , <i>Mary Ann Solet</i>
1	<b>Bed &amp; Breakfast Down East, Ltd.</b> , <i>Sally B. Godfrey</i>
206	<b>Bed &amp; Breakfast Down East, Ltd.</b> , <i>Sally B. Godfrey</i>
1	<b>Bouldaire Conference Center</b> , <i>Joy Hoffman</i>
42	<b>Bouldaire Conference Center</b> , <i>Joy Hoffman</i>
15	<b>Business Management Systems</b> , <i>Lorna M. White</i>
70	<b>C D BARNES Unusual Wooden Picture Puzzles</b> , <i>Constance D. Barnes</i>
114	<b>C D BARNES Unusual Wooden Picture Puzzles</b> , <i>Constance D. Barnes</i>
107	<b>Carol B. Loehr</b> , <i>Carol B. Loehr</i>
210	<b>Carol B. Loehr</b> , <i>Carol B. Loehr</i>
208	<b>Cynthia Reilly</b> , <i>Cynthia Reilly</i>
220	<b>Cynthia Reilly</b> , <i>Cynthia Reilly</i>
115	<b>Denise Barbieri</b> , <i>Denise Barbieri</i>
130	<b>Denise Barbieri</b> , <i>Denise Barbieri</i>
149	<b>Doster Woodworking</b> , <i>J. Doster</i>
39	<b>Dudman Communications Corporation</b> , <i>Martha T. Dudman</i>
72	<b>Eastern Bay Gallery</b> , <i>Kate Fairchild</i>
200	<b>Eastern Bay Gallery</b> , <i>Kate Fairchild</i>
5	<b>Foster Data Service</b> , <i>Kathy Foster</i>
22	<b>Foster Data Service</b> , <i>Kathy Foster</i>
116	<b>Green Head Forge</b> , <i>Harriet R. Hemenway</i>
190	<b>GreenTree Communications</b> , <i>Leslie R. Johnson</i>
130	<b>Imprint</b> , <i>Linda Packard</i>
170	<b>Imprint</b> , <i>Linda Packard</i>
104	<b>Island Yarns &amp; Yardage-Winters Work</b> , <i>Sue Jones Hill</i>
211	<b>Island Yarns &amp; Yardage-Winters Work</b> , <i>Sue Jones Hill</i>
194	<b>J. N. Gray, Real Estate Appraisals</b> , <i>Jacqueline N. Gray</i>
130	<b>J.B. Graphics</b> , <i>Jennifer Blake</i>
170	<b>J.B. Graphics</b> , <i>Jennifer Blake</i>
73	<b>Janet Redfield Stained Glass</b> , <i>Janet Redfield</i>
157	<b>Janet Redfield Stained Glass</b> , <i>Janet Redfield</i>
34	<b>Kathy Woell Handwoven Garments</b> , <i>Kathleen Woell</i>
212	<b>Kathy Woell Handwoven Garments</b> , <i>Kathleen Woell</i>
65	<b>LOC Associates/Women's Center of Mount Desert Island</b> , <i>Lois J. Maltais</i>
131	<b>Looseleaf Studio</b> , <i>Molly O'Rourke</i>
221	<b>Margaret S. Overton</b> , <i>Margaret S. Overton</i>
8	<b>Maryanne M. Mattson, CPA</b> , <i>Maryanne M. Mattson</i>
24	<b>Maryanne M. Mattson, CPA</b> , <i>Maryanne M. Mattson</i>
12	<b>Modular Media</b> , <i>Judy McGeorge</i>
42	<b>Modular Media</b> , <i>Judy McGeorge</i>
78	<b>North Country Textiles</b> , <i>Sheila Denny-Brown</i>
212	<b>North Country Textiles</b> , <i>Sheila Denny-Brown</i>
35	<b>Oliver Sudden</b> , <i>Susan Letts</i>
167	<b>Oliver Sudden</b> , <i>Susan Letts</i>
124	<b>Peddler's Wagon Greenhouses</b> , <i>Pamela A. Rackliffe</i>
217	<b>Peddler's Wagon Greenhouses</b> , <i>Pamela A. Rackliffe</i>
98	<b>Rebecca D. Mealey</b> , <i>Rebecca D. Mealey</i>
105	<b>Rebecca D. Mealey</b> , <i>Rebecca D. Mealey</i>
58	<b>Roberta S. Kuriloff, Attorney at Law</b> , <i>Roberta S. Kuriloff</i>
163	<b>Roberta S. Kuriloff, Attorney at Law</b> , <i>Roberta S. Kuriloff</i>



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205	<b>Rooster Brother, Inc.,</b> <i>Pamela Elias</i>
136	<b>Shear Designs Salon,</b> <i>Alice Bagley</i>
146	<b>The Excellence Factor,</b> <i>Gerry Condon</i>
205	<b>The Excellence Factor,</b> <i>Gerry Condon</i>
26	<b>The Organizer,</b> <i>Brenda T. Cartwright</i>
58	<b>The Organizer,</b> <i>Brenda T. Cartwright</i>
38	<b>The Village Seamstress,</b> <i>Mary Alley</i>
106	<b>The Village Seamstress,</b> <i>Mary Alley</i>
84	<b>Wild Pear Designs,</b> <i>Elena Kubler &amp; J. Doster</i>
150	<b>Wild Pear Designs,</b> <i>Elena Kubler &amp; J. Doster</i>
84	<b>Wood-n-Needles Craft Shop,</b> <i>Maxine Smith</i>
38	<b>Wool'N Goods,</b> <i>Mary Ann Solet</i>
84	<b>Wool'N Goods,</b> <i>Mary Ann Solet</i>

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155	<b>Adornments</b> , <i>Jane Burke</i>
9	<b>Allen Associates</b> , <i>Carol Allen</i>
90	<b>Allen Associates</b> , <i>Carol Allen</i>
48	<b>Augusta Professional Services</b> , <i>Barbara E. Mayer, L.C.P.C.</i>
61	<b>Augusta Professional Services</b> , <i>Barbara E. Mayer, L.C.P.C.</i>
3	<b>Austin Law Offices</b> , <i>Joann Clark Austin, Esq.</i>
159	<b>Austin Law Offices</b> , <i>Joann Clark Austin, Esq.</i>
138	<b>Back to Work Center</b> , <i>Gaynor Miller</i>
27	<b>Ballons and Things</b> , <i>Jan Partridge</i>
69	<b>Basquette Gallery</b> , <i>Bonnie Giroux</i>
38	<b>Berard Communications</b> , <i>Suzanne J. Berard</i>
168	<b>Berard Communications</b> , <i>Suzanne J. Berard</i>
3	<b>Berkel Bookkeeping Service</b> , <i>Bernice Perpignan</i>
14	<b>Berkel Bookkeeping Service</b> , <i>Bernice Perpignan</i>
174	<b>Berry's Stationers</b> , <i>Martha M. Beals</i>
199	<b>Berry's Stationers</b> , <i>Martha M. Beals</i>
85	<b>Beth Kirkham Publications</b> , <i>Beth Kirkham</i>
153	<b>Betsi Jane Taylor, Agent-State Farm Insurance</b> , <i>Betsi Jane Taylor</i>
138	<b>Body Wise Centre</b> , <i>Ida Gammon Wilson</i>
19	<b>BusinessWorks</b> , <i>Julie Whittington</i>
86	<b>BusinessWorks</b> , <i>Julie Whittington</i>
19	<b>C: Scribe</b> , <i>Judith Hannum</i>
49	<b>C: Scribe</b> , <i>Judith Hannum</i>
60	<b>Carmen's Boutique - The Image &amp; Color Place</b> , <i>Carmen M. Dyer</i>
44	<b>Ceiling Tile Center</b> , <i>Lori Dumont</i>
136	<b>Ceiling Tile Center</b> , <i>Lori Dumont</i>
60	<b>Classic Image</b> , <i>Lise Theriault</i>
134	<b>Classic Image</b> , <i>Lise Theriault</i>
70	<b>Color Dance Cards</b> , <i>Barbara Kann</i>
214	<b>Color Dance Cards</b> , <i>Barbara Kann</i>
139	<b>Comprehensive Drug Testing Services of Maine</b> , <i>Sara Hunt</i>
20	<b>Connections Secretarial Services</b> , <i>Becky J. Davis, PLS, CPRW</i>
123	<b>Flowers by Butler Twins</b> , <i>Linda Butler Pekins</i>
214	<b>Flowers by Butler Twins</b> , <i>Linda Butler Pekins</i>
16	<b>Fremont and Julien - Cafe and Books</b> , <i>Shelly Messier</i>
198	<b>Fremont and Julien - Cafe and Books</b> , <i>Shelly Messier</i>
12	<b>Galley Group Publishing</b> , <i>Carolyn F. Smith</i>
188	<b>Galley Group Publishing</b> , <i>Carolyn F. Smith</i>
193	<b>Giroux &amp; Perry Real Estate</b> , <i>Carolyn B. Perry</i>
152	<b>Good Sports</b> , <i>Deb Pluck</i>
184	<b>Good Sports Photos</b> , <i>Deb Pluck</i>
86	<b>Graphic Design &amp; Illustration</b> , <i>Kate McCormack</i>
130	<b>Graphic Design &amp; Illustration</b> , <i>Kate McCormack</i>
44	<b>Great Gatherings</b> , <i>Susan MacPherson</i>
53	<b>Gupta Seminars: Personal &amp; Professional Development</b> , <i>Sudesh Gupta, M.A.</i>
63	<b>Gupta Seminars: Personal &amp; Professional Development</b> , <i>Sudesh Gupta, M.A.</i>
88	<b>Hinds' Hill Copy Center Plus</b> , <i>Kathryn Clark</i>
174	<b>Hinds' Hill Copy Center Plus</b> , <i>Kathryn Clark</i>
194	<b>Homestead Realty</b> , <i>Sue Doughty &amp; Marge Pelletier</i>
54	<b>Inter Reflections</b> , <i>Sally Baker, M. ED, LSAC</i>
95	<b>Inter Reflections</b> , <i>Sally Baker, M. ED, LSAC</i>
180	<b>Invisible Fencing of Central Maine</b> , <i>Elizabeth A. Rowe</i>
17	<b>Iron Horse Bookstore</b> , <i>Ms. Charlie Hartman</i>
116	<b>Jackman's Stained Glass Studio</b> , <i>Candace Jackman</i>
156	<b>Jackman's Stained Glass Studio</b> , <i>Candace Jackman</i>



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23	Lina's Pet Resort, Lina A. Fontes
182	Lina's Pet Resort, Lina A. Fontes
23	Linda Roberts Office Services, Linda Roberts
88	Linda Roberts Office Services, Linda Roberts
110	Linker & Mansfield, Associates, Carol Linker
154	Linker & Mansfield, Associates, Carol Linker
162	Logon Law, Janee S. Owen
171	Marketing Communications, Joyce McClure
190	Marketing Communications, Joyce McClure
61	Mary Kay Cosmetics, Nancy Harrington
35	MASA Knits of Maine, Carol DePesa
216	MASA Knits of Maine, Carol DePesa
76	Meridian Arts: Third & Fourth World Crafts, Barbara Kann
200	Meridian Arts: Third & Fourth World Crafts, Barbara Kann
9	Moose Ridge Associates, Betsy Sweet
97	Moose Ridge Associates, Betsy Sweet
198	Our Place, Maryellen Gura & Gail Pratt
103	Phoenix Rising Yoga Therapy/Yoga Classes, Susan Coady
35	Pixel Knits, Sue Westlake
105	Pixel Knits, Sue Westlake
179	Polarity Therapy, Barbara Joseph
79	Porcelain Impressions, Lorelte Giacomazzo
217	Porcelain Impressions, Lorelte Giacomazzo
36	Pretty Babies, Mary E. Lambert
201	Pretty Babies, Mary E. Lambert
79	Purple Plashes, Anne Brooks
47	Randy Tibbetts Trucking, Inc., Nancy Tibbetts
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89	Recycled Words, Eileen M. Mielenhausen
222	Recycled Words, Eileen M. Mielenhausen
57	Recycling Education Services, Hildie J. Lipson
98	Recycling Education Services, Hildie J. Lipson
9	Ruth G. Higgins, CPA, Ruth G. Higgins
36	Sandy Sews, Sandy Tracy
31	ServiceMASTER of the Augusta/Waterville Area, Paula R. Welton
163	Sharon Anglin Treat, Attorney at Law, Sharon Treat
30	Softouch Diaper Service, Ellen Wells-Malloy
31	Softouch Diaper Service, Ellen Wells-Malloy
28	Special Occasions, Diane Williams
58	Stirling Associates, S. Stirling Kendall
99	Stirling Associates, S. Stirling Kendall
90	Sullivan Design, Chris Sullivan
133	Sullivan Design, Chris Sullivan
25	Susan's Secretarial Services, Susan Decker
67	Susanne Stiefel, Ph.D., Susanne Stiefel
67	Teresa K. Fortier, M.S.W., L.C.S.W., Teresa K. Fortier
42	The Computer Department, Inc., Claire Whitmore
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192	<b>Barbour &amp; Associates Real Estate, Susan H. Barbour</b>
112	<b>Barnstable Originals, Marsha Smith</b>
218	<b>Bethany Thivierge, Bethany Thivierge</b>
86	<b>Camden Type 'n Graphics, Connie Leavitt</b>
187	<b>Camden Type 'n Graphics, Connie Leavitt</b>
20	<b>D. E. Ripley Business Services, Deanna E. Ripley</b>
115	<b>Ducktrap Bay Trading, Co, Wendy Weiler</b>
200	<b>Ducktrap Bay Trading, Co, Wendy Weiler</b>
34	<b>Gambies, Georgia Zwartjes</b>
72	<b>Gambies, Georgia Zwartjes</b>
5	<b>Hazel Joanne Eaton Public Accountant, Hazel Joanne Eaton</b>
22	<b>Hazel Joanne Eaton Public Accountant, Hazel Joanne Eaton</b>
170	<b>Imagewright, Annie Higbee</b>
185	<b>Imagewright, Annie Higbee</b>
64	<b>InnerVision, Maryann B. Hostetler</b>
95	<b>InnerVision, Maryann B. Hostetler</b>
55	<b>Japan Services, Ms. Lee Sligh</b>
208	<b>Japan Services, Ms. Lee Sligh</b>
162	<b>Jean B. Chalmers, Esq., Jean B. Chalmers</b>
127	<b>Lunt Studio, Paula Jean Lunt</b>
185	<b>Lunt Studio, Paula Jean Lunt</b>
31	<b>M &amp; M Services, Marilyn D. Smith</b>
13	<b>Marine Surveying, Linda Trumbull</b>
77	<b>Nature's Gifts Wreath Co., Afton Stenger</b>
124	<b>Nature's Gifts Wreath Co., Afton Stenger</b>
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78	<b>North Haven Gallery, June C. Hopkins</b>
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119	<b>p.b. LAS Designs, goldsmiths, Patty Bolz &amp; Lisa Svedberg</b>
89	<b>Regional Activities Guide of Maine, Barbara Bay Rintz</b>
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106	<b>Rosamond, Rosamond Field</b>
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17	<b>Spencer Literary Development, Linda Spencer</b>
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28	<b>Storybook Hat Company, Ann Silva</b>
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85	<b>Basil Hill Graphics, Nina Medina</b>
128	<b>Basil Hill Graphics, Nina Medina</b>
196	<b>Chewonki Campgrounds, Pamela D. Brackett &amp; Ann Brackett Beck</b>
206	<b>Chewonki Campgrounds, Pamela D. Brackett &amp; Ann Brackett Beck</b>
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93	<b>Good For You! Wellness Center, Virginia L. Hodgkins</b>
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141	<b>Healthy Adaptations-Occupational Therapy Services, Kathleen Cartwright OTR/L</b>
73	<b>Howard Jewelers, Gail Howard</b>
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212	<b>Lisa Petra Wallace, Lisa Petra Wallace</b>
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65	<b>MaryRae Means, M.Ed., L.C.P.C., MaryRae Means</b>
97	<b>MaryRae Means, M.Ed., L.C.P.C., MaryRae Means</b>
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144	<b>Mid-Coast Midwifery Services, Sally Barnes Morrison</b>
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124	<b>Shelley's Flowers, Shelley Pease</b>
25	<b>Skilled Office Support, Rebecca Parsons</b>
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196	<b>JNB's Putt &amp; Drive</b> , <i>Jill Berry</i>
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74	<b>Kezar Lake Handcrafts</b> , <i>Jane Gleason</i>
28	<b>Kitchen Carnival</b> , <i>Robin Mello</i>
96	<b>Kitchen Carnival</b> , <i>Robin Mello</i>
74	<b>Lake Region Awards</b> , <i>Jeanne Rubly</i>
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215	<b>Maine Balsam Fir Products</b> , <i>Wendy J. Newmeyer</i>
75	<b>Maine Mountain Confections</b> , <i>Pamela Libby</i>
203	<b>Maine Mountain Confections</b> , <i>Pamela Libby</i>
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46	<b>Palmer Development Corp.</b> , <i>Mary Anna S. Palmer</i>
151	<b>Palmer Development Corp.</b> , <i>Mary Anna S. Palmer</i>
57	<b>Patricia Williams, Organizational Consultant</b> , <i>Patricia Williams</i>
98	<b>Patricia Williams, Organizational Consultant</b> , <i>Patricia Williams</i>
201	<b>Pleasant River Trading Co., Inc.</b> , <i>Carol A. Parker</i>
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37	<b>The Pussums Cat Co.</b> , <i>Sheri Fowler</i>
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38	<b>The Wild Rose</b> , <i>Mary E. Parker</i>
120	<b>The Wild Rose</b> , <i>Mary E. Parker</i>
120	<b>Tracy Tryder Jewelry</b> , <i>Tracy Tryder</i>
125	<b>Transformations</b> , <i>Deborah Dunfey Koliche</i>
99	<b>Translator/Cultural Consultant</b> , <i>Dr. Veronika Albrecht-Rodrigue</i>
208	<b>Translator/Cultural Consultant</b> , <i>Dr. Veronika Albrecht-Rodrigue</i>
148	<b>Women Birthing Services</b> , <i>Barbara Prose, Midwife</i>
101	<b>Zingo Zango Generic Jug Band</b> , <i>Ellen Lindsey</i>



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108	<b>A.G. Edwards &amp; Sons</b> , <i>Marge Erhardt</i>
126	<b>Bangor Frameworks</b> , <i>Sarah E. Morton</i>
18	<b>Bankers Life &amp; Casualty</b> , <i>Louise A. Lagassey</i>
62	<b>Bohac-Cardello Associates</b> , <i>Penny L. Bohac, R.N., M.ED</i>
49	<b>Brooks Technologies</b> , <i>Joan L. Brooks, Ph.D.</i>
101	<b>Brooks Technologies</b> , <i>Joan L. Brooks, Ph.D.</i>
14	<b>Business Management Systems</b> , <i>Valerie Clapp</i>
15	<b>Business Management Systems</b> , <i>Ethel F. Kennedy</i>
15	<b>Business Management Systems</b> , <i>Donna King</i>
15	<b>Business Management Systems</b> , <i>Lorelei McKinnon, Owner</i>
41	<b>Business Management Systems</b> , <i>Valerie Clapp</i>
41	<b>Business Management Systems</b> , <i>Donna King</i>
41	<b>Business Management Systems</b> , <i>Lorelei McKinnon, Owner</i>
148	<b>C.W. Hunt</b> , <i>Cheryl Hunt</i>
199	<b>C.W. Hunt</b> , <i>Cheryl Hunt</i>
139	<b>Caring Hands/Reflexology &amp; Massage</b> , <i>Linda Best</i>
62	<b>Carol Fienhage, MST</b> , <i>Carol Fienhage</i>
139	<b>Carol Fienhage, MST</b> , <i>Carol Fienhage</i>
50	<b>Christrup Tree Service</b> , <i>Janet Christrup</i>
101	<b>Christrup Tree Service</b> , <i>Janet Christrup</i>
41	<b>Computer Software Consultants</b> , <i>Connie Howell</i>
50	<b>Computer Software Consultants</b> , <i>Connie Howell</i>
45	<b>D &amp; S Trucking, Inc.</b> , <i>Donna Bouchard</i>
22	<b>Downeast Temporary Services</b> , <i>Julia Comeau</i>
60	<b>Electrolysis Center</b> , <i>Shirley Schneider</i>
93	<b>Elizabeth A. Busch</b> , <i>Elizabeth A. Busch</i>
115	<b>Elizabeth A. Busch</b> , <i>Elizabeth A. Busch</i>
108	<b>F.L. Putnam/Winslow Investment Management Co.</b> , <i>Jean M. Deighan</i>
102	<b>Forestcare</b> , <i>Izzy McKay</i>
160	<b>Forestcare</b> , <i>Izzy McKay</i>
61	<b>Full Effect Skin Care</b> , <i>Wendy Valenzuela</i>
140	<b>Full Effect Skin Care</b> , <i>Wendy Valenzuela</i>
140	<b>Gentlehands - Therapeutic Massage</b> , <i>Rose Casement &amp; Howa Furrow</i>
193	<b>Golden Opportunities Real Estate Agency, Inc.</b> , <i>Mary M. Smart</i>
102	<b>Gretchen Gehrke Fitness Consultant</b> , <i>Gretchen Gehrke</i>
141	<b>Gretchen Gehrke Fitness Consultant</b> , <i>Gretchen Gehrke</i>
94	<b>Groom 'N' Board Kennels</b> , <i>Jessi Macgregor</i>
180	<b>Groom 'N' Board Kennels</b> , <i>Jessi Macgregor</i>
40	<b>Hampden Telephone Company</b> , <i>Linda Gamble &amp; Lynn Van Leer</i>
196	<b>Hot Tubs of Maine by Softub</b> , <i>Alexandra H. Wildey</i>
40	<b>Human Communication Enterprises</b> , <i>Terri Wlodarski</i>
53	<b>Human Communication Enterprises</b> , <i>Terri Wlodarski</i>
141	<b>Integral Therapies</b> , <i>Ariel Wilcox, RN, Nurse-Therapist</i>
141	<b>Integral Therapies</b> , <i>Ariel Wilcox, RN, Owner/Administrator</i>
54	<b>Jacquelyn R. Wagner Enterprises</b> , <i>Jacquie Wagner</i>
151	<b>Jacquelyn R. Wagner Enterprises</b> , <i>Jacquie Wagner</i>
117	<b>Jan Owen - Calligraphy</b> , <i>Jan Owen</i>
130	<b>Jan Owen - Calligraphy</b> , <i>Jan Owen</i>
64	<b>Jean Aho - Counseling</b> , <i>Jean Aho</i>
30	<b>Kline Cleaning Service</b> , <i>Marcia S. Kline</i>
208	<b>Language Connection</b> , <i>Barbara Bicking</i>
97	<b>Mabel Wadsworth Women's Health Center</b> , <i>Ruth Lockhart</i>
142	<b>Mabel Wadsworth Women's Health Center</b> , <i>Ruth Lockhart</i>
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142	<b>Massage Therapist, Theresa Hart</b>
144	<b>Medical Claims Processing, Gayle Magill</b>
131	<b>Miller Signs &amp; Graphics, Linda Miller</b>
192	<b>Mitchell and Mitchell, Loren Mitchell, APR</b>
45	<b>Morgan Enterprises Insulation, Erlene Morgan</b>
24	<b>Multi-Management Services, Inc., Nancy L. Verrill</b>
46	<b>Multi-Management Services, Inc., Nancy L. Verrill</b>
145	<b>New England Home Health Care, Linda Kaine</b>
177	<b>New England Home Health Care, Linda Kaine</b>
204	<b>Nomad Apiaries, Suzanne Groesenek</b>
56	<b>Nutrition Services, Alola G. Morrison, R.D., L.D.</b>
145	<b>Nutrition Services, Alola G. Morrison, R.D., L.D.</b>
145	<b>Orthotic-Prosthetic Design, Inc., Molly Pitcher, CPO</b>
177	<b>Orthotic-Prosthetic Design, Inc., Molly Pitcher, CPO</b>
46	<b>P F W, Inc dba Peck's Fabrication &amp; Welding, Alice J. Peck</b>
174	<b>P F W, Inc dba Peck's Fabrication &amp; Welding, Alice J. Peck</b>
85	<b>Page One Preschool, Mrs. V. Page Chaloult</b>
176	<b>Page Two Resale Shop, V. Page Chaloult</b>
201	<b>Page Two Resale Shop, V. Page Chaloult</b>
182	<b>Pagerr Pet Services, Ginny Kerr</b>
217	<b>Pagerr Pet Services, Ginny Kerr</b>
11	<b>Palmer Design Associates, Carla Palmer</b>
157	<b>Palmer Design Associates, Carla Palmer</b>
57	<b>Pamela Bell, M.S. Consulting Services, Pamela Bell</b>
221	<b>Pamela Bell, M.S. Consulting Services, Pamela Bell</b>
85	<b>Penquis Resource Development Center, Nancy Isaacs</b>
57	<b>Primerica Financial Services, Kay McKusick Gray</b>
111	<b>Primerica Financial Services, Kay McKusick Gray</b>
89	<b>Rheta Prints, Rhea J. Cote Robbins</b>
222	<b>Rheta Prints, Rhea J. Cote Robbins</b>
31	<b>Saliba's Rug &amp; Upholstery Cleaners, Laurie J. Karam</b>
80	<b>She Shoppe, Sheila M. Coyle</b>
218	<b>She Shoppe, Sheila M. Coyle</b>
27	<b>Sweet Temptation Candies, Edna Naida &amp; Lois Gopin</b>
201	<b>Sweet Temptation Candies, Edna Naida &amp; Lois Gopin</b>
18	<b>The Briar Patch, Jennifer M. Estabrook</b>
107	<b>The Nature Connection, Debbie Morrill</b>
125	<b>The Nature Connection, Debbie Morrill</b>
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195	<b>Victoria Realty, Jackie Dubay</b>



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188	<b>D &amp; B Printing Services, <i>Diana Downs</i></b>
177	<b>Hamlin Associates, Inc., <i>Elizabeth A. Morin</i></b>
166	<b>Hats &amp; Totes, <i>Alice Hatch</i></b>
215	<b>Hats &amp; Totes, <i>Alice Hatch</i></b>
90	<b>The Paper Pusher, <i>Janet Granger</i></b>

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159	<b>Andrea C. Najarian, Esq.,</b> <i>Andrea C. Najarian</i>
101	<b>Coastal And Woodland Surveying,</b> <i>Pamela Mount</i>
39	<b>Coastal Publishing, Co dba Coastal Journal,</b> <i>Mary Denzer &amp; Sarah Stacy</i>
168	<b>Coastal Publishing, Co dba Coastal Journal,</b> <i>Mary Denzer &amp; Sarah Stacy</i>
122	<b>Country Fare Nursery &amp; Landscaping,</b> <i>Gay S. Gallant</i>
165	<b>Coveside Conservation Products, Inc,</b> <i>Judy Ewing</i>
214	<b>Coveside Conservation Products, Inc,</b> <i>Judy Ewing</i>
5	<b>Day &amp; Associates,</b> <i>Brenda R. Day</i>
20	<b>Day &amp; Associates,</b> <i>Brenda R. Day</i>
149	<b>Dix Holliday,</b> <i>Dix Holliday</i>
166	<b>Dix Holliday,</b> <i>Dix Holliday</i>
149	<b>Doreen's Drapery Designs,</b> <i>Doreen Pendleton</i>
156	<b>Doreen's Drapery Designs,</b> <i>Doreen Pendleton</i>
52	<b>Environmental Policy Consultant,</b> <i>Esther Lacognata</i>
102	<b>Environmental Policy Consultant,</b> <i>Esther Lacognata</i>
52	<b>Foward Rehabilitation Services,</b> <i>Robin A. Dudley</i>
210	<b>Foward Rehabilitation Services,</b> <i>Robin A. Dudley</i>
104	<b>Halcyon Yarn,</b> <i>Halcyon Blake</i>
211	<b>Halcyon Yarn,</b> <i>Halcyon Blake</i>
61	<b>Head Lines Beauty &amp; Tanning Salon,</b> <i>Marjorie Colby</i>
135	<b>Head Lines Beauty &amp; Tanning Salon,</b> <i>Marjorie Colby</i>
194	<b>Irene I. Newman Agency,</b> <i>Irene I. Newman</i>
73	<b>Joanna Sampson-McCabe Silversmith,</b> <i>Joanna Sampson-McCabe</i>
117	<b>Joanna Sampson-McCabe Silversmith,</b> <i>Joanna Sampson-McCabe</i>
64	<b>Lifeworks,</b> <i>Deborah Leighton</i>
42	<b>Lynne Sanford,</b> <i>Lynne Sanford</i>
55	<b>Lynne Sanford,</b> <i>Lynne Sanford</i>
28	<b>Maria Von Magnus Catering,</b> <i>Maria Von Magnus</i>
55	<b>Maria Von Magnus Catering,</b> <i>Maria Von Magnus</i>
65	<b>Matrix Enterprises,</b> <i>Marta Varee Pearson</i>
97	<b>Matrix Enterprises,</b> <i>Marta Varee Pearson</i>
123	<b>McKenney Tree &amp; Landscaping,</b> <i>Joyce McKenney</i>
27	<b>Naturally Envisions,</b> <i>Michel &amp; Ginny Grizkewitsch</i>
216	<b>Naturally Envisions,</b> <i>Michel &amp; Ginny Grizkewitsch</i>
24	<b>Personal Touch Greeting Card Services,</b> <i>Kimberly S. Donovan</i>
171	<b>Personal Touch Greeting Card Services,</b> <i>Kimberly S. Donovan</i>
79	<b>Pussy Willow Patch Lampshades/Stenciling,</b> <i>Grace A. McCarthy</i>
157	<b>Pussy Willow Patch Lampshades/Stenciling,</b> <i>Grace A. McCarthy</i>
8	<b>Richmond Accounting\Payroll,</b> <i>Deborah Kasper</i>
25	<b>Richmond Accounting\Payroll,</b> <i>Deborah Kasper</i>
47	<b>Robbins Construction,</b> <i>Karen M. Robbins</i>
195	<b>Roebuck Real Estate,</b> <i>Lynn Roebuck</i>
25	<b>TechEdit Services,</b> <i>Constance G. Burt</i>
222	<b>TechEdit Services,</b> <i>Constance G. Burt</i>
83	<b>The Lazy L Kennel,</b> <i>Marie L. Gagnon</i>
184	<b>The Lazy L Kennel,</b> <i>Marie L. Gagnon</i>
83	<b>TOAD,</b> <i>Sydney Snyder</i>
120	<b>TOAD,</b> <i>Sydney Snyder</i>
29	<b>Truffles Cafe,</b> <i>Ellen Spiegelman</i>
198	<b>Truffles Cafe,</b> <i>Ellen Spiegelman</i>
42	<b>Utile - Macintosh Training,</b> <i>Elisabeth M. Webster</i>
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122	<b>Bickford's Greenhouses</b> , <i>Pauline Bickford</i>
153	<b>Carolyn M. Russell, Agent-State Farm Insurance</b> , <i>Carolyn M. Russell</i>
187	<b>Carrabassett Printers</b> , <i>Wendy J. Quance</i>
71	<b>Count Your Blessings Needlework</b> , <i>Kathy Violette</i>
127	<b>Count Your Blessings Needlework</b> , <i>Kathy Violette</i>
142	<b>Linden Ridge Family Health</b> , <i>Jill Breen, Midwife</i>
96	<b>M. Joyce Medeiros, BS, C.H.E.</b> , <i>M. Joyce Medeiros</i>
175	<b>M. Joyce Medeiros, BS, C.H.E.</b> , <i>M. Joyce Medeiros</i>
76	<b>Marilyn's Doll &amp; Supply Shop</b> , <i>Marilyn Brown</i>
179	<b>Moosehead Taxidermy</b> , <i>Jayne Adickes</i>
13	<b>Old England Electronics</b> , <i>Adrienne Broome</i>
35	<b>Olive Tree</b> , <i>Connie Maginnis</i>
172	<b>Prism Communications, Inc.</b> , <i>Gail Lombardi</i>
189	<b>Prism Communications, Inc.</b> , <i>Gail Lombardi</i>
17	<b>Snowbound Books</b> , <i>Marla Bottesch</i>
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62	<b>Bayside Counseling Services</b> , <i>Suzanne A. Hatfield, M.Ed., CAS</i>
174	<b>Belfast Office Supply &amp; Service</b> , <i>Madeline Tomlin</i>
4	<b>Business Management Systems</b> , <i>Helen M. McKinnon</i>
15	<b>Business Management Systems</b> , <i>Helen M. McKinnon</i>
45	<b>Colchester Interiors</b> , <i>Lisa D. Draper</i>
155	<b>Colchester Interiors</b> , <i>Lisa D. Draper</i>
165	<b>Cove Knitters</b> , <i>Mary Brown</i>
210	<b>Cove Knitters</b> , <i>Mary Brown</i>
33	<b>Coyote Moon</b> , <i>Michelle Walker</i>
114	<b>Coyote Moon</b> , <i>Michelle Walker</i>
20	<b>Douglas &amp; Craig, Ltd.</b> , <i>Susan M. Rocco-Fernau</i>
51	<b>Douglas &amp; Craig, Ltd.</b> , <i>Susan M. Rocco-Fernau</i>
60	<b>Dr. Hauschka Skin Care Specialist</b> , <i>Michelle Raleigh</i>
104	<b>Econo-Craft</b> , <i>Donna M. Paradis</i>
211	<b>Econo-Craft</b> , <i>Donna M. Paradis</i>
60	<b>Electrolysis By Bev</b> , <i>Beverly Evans Messer</i>
139	<b>Ellie Daniels, Midwife</b> , <i>Ellie Daniels</i>
13	<b>Freedom Fabrication</b> , <i>Lucy Smith</i>
156	<b>Freedom Fabrication</b> , <i>Lucy Smith</i>
102	<b>Good Deeds, Inc.</b> , <i>Gusta Ronson, Surveyor</i>
135	<b>Hillside Hair</b> , <i>Michelle Raleigh</i>
177	<b>Impressions to Celebrate</b> , <i>Wendy Kockenthal</i>
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220	<b>In-House Typography</b> , <i>Lynda Clancy</i>
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189	<b>JKS Copyprinters</b> , <i>Jean K. Stickney</i>
6	<b>Madeline Tomlin Associates</b> , <i>Madeline Tomlin</i>
30	<b>Maine Baby Co.</b> , <i>Soone Hitt</i>
167	<b>Maine Baby Co.</b> , <i>Soone Hitt</i>
75	<b>Maine Country</b> , <i>Deborah Pendleton-Hall</i>
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199	Biddeford Discount Wallpaper, <i>Debbie Litalien</i>
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159	Cathy Bartok, Title Examiner, <i>Cathy Bartok</i>
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