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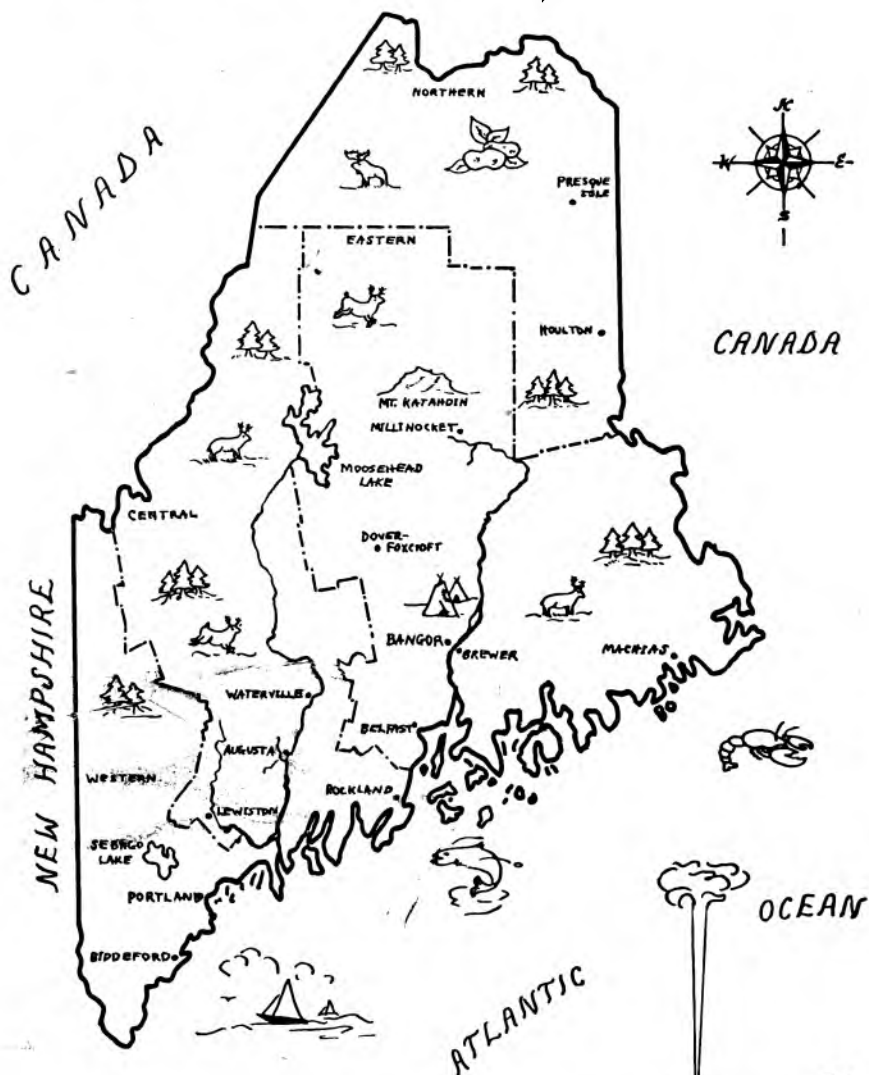
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THE MAINE R.N.

June, 1953



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Membership Issue

THE MAINE R. N.

Volume II

JUNE, 1953

Number 2

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Mrs. Aubigne C. Smith, R.N., Editor
768 Union St., Bangor, Maine

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The President's Page

The month of May was rich in history for the Maine State Nurses' Association. The Maine Legislature passed the nursing attendant bill. Although in its final form it was slightly modified in extent from the original No. 499, it encompasses almost all that was requested at the beginning of the legislative session. This legislation will indubitably have far-reaching results in shaping the future destiny of nursing resources in this state.

At the Summer Session of the Maine State Nurses' Association, two new sections came into being, making a total of five which we now have in our state association. The first section to be organized in the Maine State Nurses' Association was Public Health, and that was back in 1916. Next to follow was Private Duty, and third in line was General Duty. There were long gaps between the formation of these sections. Now, to have created two sections at one general meeting is, indeed, a feather in our cap.

Another stride in growth and development is that of Group Insurance for the Protection of Income. For a very long time, the need for some manner of insurance as a protection against loss of income from accident or illness has been a recognized "must." Through the efforts and determination of those who were saddled with the additional stint of exploring insurance plans, the decision of the Executive Board at its last meeting to endorse a Group Insurance Plan for the members of this association deserves the wholehearted support and commendation of every nurse in the State.

Definitely, we have reason to feel that plans long in the making have come to fruition! We may well pause to survey what has been accomplished, take a deep breath, and set our sights on future conquests in behalf of better nurses for nursing.

NOTICE: "The Maine R.N." is mailed ONLY to MSNA members in good standing for the current year, and to current subscribers. If you do not receive your copy, check on an incorrect address in our files, or unpaid dues!

Membership Editorial

Do you feel proud of being a registered nurse with professional status?

Your State Nurses' Association worked long and hard to get a bill through the Legislature to secure this for you. It is ever watchful to protect your rights. Would you like to go back to working 22 hours per day instead of eight? If you would, stop and think about the cots the nurses used to sleep on.

Your District and State Associations fought for the privilege of working shorter hours to give patients better care and conserve the nurses' strength. Would you be satisfied to receive \$5.00 per day for your services?

It was the banding together in your District Association, and leaders within it, that made the increase in pay keep up with the increase in living costs.

Do you ever feel a need to have a voice in what concerns you and your work? If so, what good would one lone voice do?

Your nursing organization provides you with a means of uniting your voice with others to accomplish something. It's a good form of democracy. Are you interested in Democracy, in freedom of speech, or don't you care? Can you be bothered about it? A nurse was heard to complain of another, because she wouldn't carry her share of the work.

It takes organization to get along in these complex times. An organization requires members and money and interest.

If you are not a member, yet receiving many benefits, who's carrying your share?

Since very probably the only ones reading this are members, it is not meant for you, but can you see that this gets in a non-member's hands?

The rain falls alike
on the just and unjust fellas
mostly on the just
because the unjust
have taken the just's
umbrellas

Editor's note: Because the above editorial was so well written and so appropriate, we are taking the liberty of reprinting same. Credit and orchids to "South Carolina Nursing" for April 1953. Miss Carol Clements, Executive Secretary, and Miss Laura Blackburn, Editor.

Polio and "GG"

With the possibility of an even larger incidence of poliomyelitis this coming season than we have known before, several meetings of polio groups have been held during the past two months.

Miss Helen F. Dunn, Chairman of the Sub-Committee on Polio Nursing, held a meeting of her group in Augusta on April 10th.

On May 22nd, Mrs. Sarah Woodworth, Nursing Field Representative of Red Cross for Maine and New Hampshire, met with the key people of the chapter NFIP and the Nursing and Medical group of Penobscot County Red Cross Disaster Committee in Bangor, to review lines of procedure for recruitment of nurses in the event of a polio emergency.

On June 9th, Mrs. Harold Dumont, State Chairman of Women's Activities for NFIP, called together the chairman and presidents of the Federated Women's Clubs of Maine at the Augusta House for a one-day conference on polio planning.

Because nurses will be expected to know about gamma globulin and its procurement in the event of polio incidence, we present a brief review of some of the questions that are being asked at this time.

WHAT IS GAMMA GLOBULIN?

The plasma, or liquid portion of the human blood contains antibodies. These antibodies are built up in the blood stream to fight disease. Plasma may be broken down into fractions by a process known as selective precipitation. As a result of mixing plasma with certain chemicals, the proteins can be separated individually as pastes. These pastes are quickly frozen, then dried. The proteins appear as dry, white powders and in this form are stable and easily stored. Later, they are dissolved, sterilized, and packaged. Many fractions have been isolated, and from these, several derivatives are now available for medical use—one of these is gamma globulin.

HOW IS IT USED?

For some time, gamma globulin has been used for the modification or the prevention of measles. It is also effective for patients

with jaundice or infectious hepatitis. It has now been learned that it will do a like job for polio.

HOW MUCH "GG" IS NEEDED?

It takes a little over one pint of blood to make one dose, sufficient to immunize a person who has been exposed, for a period of five weeks.

IS THERE A SUFFICIENT SUPPLY ON HAND?

No, the supply is very limited. It is obvious that the demand will far exceed the supply. For this reason, the National Red Cross and the National Foundation for Infantile Paralysis have furnished the blood and the funds to process the blood but have declined to be responsible for distribution and allocation.

HOW MAY "GG" BE OBTAINED?

The plan of distribution is this: The Office of Defense Mobilization has been designated as the national distributing center. This office will allocate a certain amount of "GG" to each State Health Department, and requisitions for the drug may be made through local physicians to the State Diagnostic Laboratory. In addition, gamma globulin depots will be established at District Health Offices. Portland, Lewiston, Waterville, Bangor, Machias, Dover-Foxcroft, and Caribou have been designated as distributing centers.

WILL THERE BE A CHARGE FOR "GG"?

There will be no charge for the drug itself. A physician may charge a fee for its administration.

KENNY THERAPISTS

SCHOLARSHIPS AVAILABLE

Scholarships worth \$5,760 for training to become Kenny Therapists, administering the Sister Kenny Treatment for Polio, are now available for male and female registered professional nurses under 40 years of age.

The next course is scheduled to start July 6, 1953.

For complete information write: Sister Elizabeth Kenny Foundation, 2400 Foshay Tower, Minneapolis 2, Minnesota.

Highlights of MSNA Summer Session

The Maine State Nurses' Association met for its annual summer session May 10-11, 1953 at the Lafayette Hotel in Portland.

At the Executive Board meeting in the evening of May 10, the usual reports of Secretary, Treasurer, Presidents of Districts, and Chairmen of Sections were presented and accepted.

In addition to routine business, the Board approved for endorsement a Group Insurance Plan for MSNA members, and authorized the formation of the following new state sections: Educational Administrators, Consultants, and Teachers; Institutional Nursing Service Administrators; Special Groups.

GENERAL PROGRAM, MONDAY, MAY 11

A. M.

8- 9 Registration

9-10 Section Meetings

Public Health—Presiding: Katherine Donley, R.N., Chairman
General Duty—Presiding: Alfreda M. Roy, R.N., Chairman
Private Duty—Presiding: Ruby M. Kelley, R.N., Chairman
Junior Auxiliary—Presiding: Miss Nellie Jose, President

10-12 General Session

Introduction—Mrs. Josephine C. Philbrick, R.N., President, Maine State Nurses' Assn.
Speakers—Miss Elouise Collier, R.N., Asst. Exec. Sec., American Nurses' Assn.
Miss Anna Fillmore, R.N., General Director, Nat'l League for Nursing
Summary of highlights of both speeches, Mrs. Aubigne C. Smith, R.N., Exec. Sec., Maine State Nurses' Assn.

P. M.

12:30 Luncheon—Presiding: Mrs. Mary Ann Furbish, R.N., President, Western District, MSNA
Address of Welcome
Invocation—Reverend Fred W. Thompson
Speaker—Mrs. Grace Bok Holmes, United Nations. Topic: International Children's Emergency Fund (UNICEF)

2:30 General Business Session—Presiding: Mrs. Josephine C. Philbrick, R.N.

4:30 Tea in the Nurses' Home, Maine General Hospital

Hostesses: the four Alumnae Assns. of the Western District

5:00 Meeting of Coordinating Council

Editor's note: The Coordinating Council consists of the Officers and the Board members of the Maine State Nurses' Association and the Maine League for Nursing.

Starting with the MSNA, the president of each organization will serve as the chairman for a period of *one year*.

The chief executive of the organization from which the chairman comes will serve as the administrator of the Coordinating Council.

The Council administers no joint projects, but may have special committees if necessary.

REPRESENTATIVES TO THE ANA REGIONAL WORKSHOP FROM MAINE

General Duty Section

Alfreda M. Roy Presque Isle
Mrs. Dorothy Murphy Ashland

Private Duty Section

*Mrs. Ruth Barker Bangor
Laura Austin Gorham

Public Duty Section

Katherine Donley Houlton
Mrs. Esther Higgins Brunswick

Administrative Section

Frances Jordan Portland
Mrs. Josephine C. Philbrick Bangor

Nursing Educators, Consultants, and Teachers

Mildred I. Lenz Lewiston
Louise Nawfel Bangor

Special Groups Section

Mrs. Aubigne C. Smith Bangor
*Helen G. Oulton Portland

Industrial Section

Ellen Day Brewer
*Unable to attend at the last minute.

FOR NURSES' SHOES
STANDARD SHOE STORE
Bangor, Maine

The Birth of Two New Sections

You will recall that at the time "The Maine R.N." went to press in March, the members of your Executive Board were working hard and fast to line up representatives for the ANA Regional Workshop.

This workshop was held at the Hotel Statler in Boston April 23-24. As stated before, its purpose was primarily to bring together SNA Section representatives for a two-day study of organization of new sections, and re-organization of already existing sections, in line with the new Structure.

Perhaps it would be well to review here one radical change in the new Structure: that of representation in the ANA House of Delegates. In the past, representation of SNA's has been based on numerical membership: one delegate for every hundred members, based on the total membership as of December 31st in the year preceding the ANA Biennial.

The new Structure brought in this change—representation according to section strength. Each organized state section will be allowed one delegate, and an additional delegate for every two hundred members. Each SNA will also be allowed three members-at-large. The reason for this change was twofold: to cut down on the number of State delegates which had grown unwieldy under the old structure, and to foster more equitable representation of State membership. That is, instead of having the State representation top-heavy with administrators and nursing educators, now the way is cleared for representation from private duty, general duty, public health, and other occupational fields of nursing.

In Maine, where our membership is small in comparison with other states, it became necessary for us "to stir our stumps" if we were to have any kind of representation in the ANA House of Delegates at the 1954 Biennial.

Fresh from the Workshop, with our instructions well in mind, our guides to section formation in hand, and our spirits boosted by the two-day study, we set our sights on the coming Summer Session as a starting point. Prior to this session, a petition to form a section for Educational Administrators, Consultants, and Teachers was presented to the Executive Board by Mildred I. Lenz, of Lewiston. A similar petition for Institutional Nursing Service Administrators was brought in by Frances Jordan of Portland; and this was followed by a petition for a Special Groups section, introduced by Aubigne C. Smith of Bangor.

These petitions were presented on the basis that there was sufficient membership in each of these occupational fields of nursing to warrant having sections.

The petitions were duly authorized by the Executive Board at a meeting held at The Lafayette Hotel in Portland on May 11, 1953, at the close of the Summer Session of the Maine State Nurses' Association. This was the first step. Following the General Assembly, the second step was taken, and the reports of these meetings are now presented.

EACT

Educational administrators, consultants, and teachers of nursing met at the Lafayette Hotel in Portland on May 11, 1953, at the close of the Summer Session of the Maine State Nurses' Association.

Miss Eleanor M. Melledy was elected chairman pro-tem, and Miss Mabel Hills was elected secretary pro-tem.

The meeting was called to order at 3:45 P. M. by Miss Melledy. Members present and voting were Marie J. Brennan, Mary E. Thompson, Beatrice F. Allen, Mary Catherine Ragan, Sister St. Jean Vianney, Gertrude M. Welch, Anne Mitton, Mary G. Perley, Elizabeth Palmer, Catherine Robinson, Edith H. Doane, Gladys N. Marston, Elizabeth Foyer, Sister Binette, Ina G. Bean, Claire M. Montminy, Eleanor Melledy, and Mabel Hills.

It was moved by Marie Brennan, seconded by Mary Thompson, and so voted by the assembled group that an EACT Section of the Maine State Nurses' Association be formed.

It was moved by Edith Doane, seconded by Anne Mitton, and so voted that Miss Mildred I. Lenz be elected chairman of this section.

The following members were nominated from the floor and elected to serve as the Committee on Rules:

Chairman: Eleanor M. Melledy
Gladys N. Marston
Catherine Robinson

The following members were nominated from the floor and elected to serve as the temporary Nominating Committee:

Chairman: Sister Binette
Elizabeth Palmer
Gertrude Welch

The meeting adjourned at 4:00 P. M.

Respectfully submitted,

Mabel H. Hills, Secretary pro-tem
EACT Section, MSNA

INSA

Institutional Nursing Service Administrators, which includes supervisors, head nurses and assistant head nurses as well as administrators, met at the Lafayette Hotel following the Summer Session of the Maine State Nurses' Association on May 11, 1953, for the purpose of forming an INSA Section.

Miss Frances Jordan was appointed as chairman pro tem.

Members present and voting were Viola M. Cyr, Susan P. McGrath, Alice Tremblay, Amanda Lerch, Alice R. Teague, Thelma A. Winchenbach, Edna P. Hagar, Honor Purvis, Mildred Richards, Reta B. McInnis, Josephine C. Philbrick, and Frances Jordan.

The acting chairman explained the procedure for forming a State Section. Nominations were then in order from the floor for chairman and secretary. Miss Mildred Richards was elected as the chairman of this section, and Mrs. Reta McInnis as the acting secretary.

Nominations from the floor for the Committees on Rules and Nominations resulted in the following:

Committee on Rules:

Chairman: Alice R. Teague
Amanda Lerch
Alice Tremblay

Committee on Nominations:

Chairman: Susan P. McGrath
Edna P. Hagar
Josephine C. Philbrick
Honor Purvis

Respectfully submitted,

Reta B. McInnis, Acting Secretary
ISNA Section, MSNA

SPECIAL GROUPS

Owing to the fact that there was not present a sufficient number of those nurses qualified for membership in a Special Groups section, organization of this section will be considered at the annual MSNA meeting in October, 1953.

For the benefit of all nurses who have not had the opportunity to acquaint themselves with the line of procedure for section organization, we introduce here the "ANA Suggested Procedure to Form a State or District Section," and "Reorganization of State Sections."

AMERICAN NURSES' ASSOCIATION

Suggested Procedure to Form a Section of a State or District Nurses' Association

The following plan has been outlined on the assumption

1. That there is a sufficient number of members in the same occupational field of nursing who wish to form a section.
2. That there is provision in the bylaws of the association for the board of directors to authorize the formation of sections.*
3. That a recommendation for the formation of a section has been received by the board of directors. This recommendation can be submitted by any member or group of members of the Association to the board of directors.

Preliminary procedure

1. When the board of directors authorizes the formation of the section, the secretary of the association shall notify all members that a meeting is to be held at a specific time and place for the purpose of organizing a section. However, only those who are in the occupational field of nursing for which the section is proposed are invited to attend this meeting.
2. The secretary will obtain the Model Form for Rules** of the appropriate section and make them available for the first meeting.

Procedure for first meeting

1. When the meeting of those members who are engaged in the occupational field of nursing for which the section is intended convenes, a temporary chairman and temporary secretary are chosen by informal vote of those present. The chairman then proceeds to present the question of forming a section and a vote is taken as to whether or not the members present are agreed that a section should be formed.
2. A record is made of those present and voting.
3. The temporary chairman appoints a temporary committee on rules.
4. The Model Form for Rules (appropriate type) is presented and discussed.

* Where no provision in the bylaws has yet been made for the formation of sections, a request can be presented at any gen-

eral meeting. The request can then be referred to the Committee on Constitution and Bylaws. This committee will formulate an amendment to the bylaws which will provide for the formation of sections. The bylaws can then be amended in the regular way.

**** Model Forms for Rules for Sections may be obtained from ANA Headquarters.**

5. The committee on rules is then directed to:

a. Prepare the tentative rules for the section. These rules are based upon the Model Form as modified by the suggestions brought out in the discussion.

b. Review the completed draft to be sure that all essential rules have been included and that there are no contradictions or ambiguities.

c. Have the tentative rules reviewed by the association's committee on bylaws to insure that the rules are not in conflict with the bylaws of the association.

d. Have the tentative rules reviewed by the Committee on Rules of the parent* section to insure that the rules are not in conflict with the rules of this section.

e. Submit the tentative rules to the board of directors of the association for approval.

6. Elect a temporary nominating committee and instruct this committee according to the offices to be filled.

Procedure for second meeting

1. This meeting will be called by the temporary chairman after the board of directors has approved the tentative rules. The secretary of the board of directors will notify both the temporary chairman and the chairman of the temporary committee on rules of the board action.

2. The temporary chairman and the temporary secretary elected at the first meeting continue to serve as chairman and secretary of the second meeting.

3. The chairman of the temporary committee on rules presents the tentative rules with the recommendation that they be adopted. If they meet with the approval of the group, a vote is taken.

4. Officers, as specified in the rules, are elected to serve until the next annual meeting of the association, when the election of officers will take place according to the rules of the section.

5. Committees are appointed or elected as provided for in the rules.

The rules of the section will govern future activity.

*"Parent" section refers to the corresponding ANA or SNA section, the unit of which the new section is a constituent. In the event that a district nurses' association organizes a section before a corresponding section has been organized by the state nurses' association, the ANA section shall be considered the "parent" section.

Reprinted from *The American Journal of Nursing*, Vol. 53, January 1953.

Reorganization of State Sections

These answers have been prepared at ANA headquarters in response to many requests. They have been sent to state and district nurses associations and to individual nurses.

What is the procedure for forming a new section in a state nurses association?

Model Form No. 8 "Suggested Procedure to Form a Section of a state or district association" may be obtained free of charge from headquarters of the American Nurses' Association.

How does the nurse secure section membership?

Every member of ANA becomes a member of the established ANA section which she qualifies according to her occupational field. If she is practicing in an occupational field for which there is no section in the state nurses association, she would become a member of its special groups section. For example, in a state where there is a public health nurses section, a public health nurse becomes a member in the state nurses association public health nurses section and the ANA Public Health Nurses Section. However, in another state, where there is no public health nurses section, she becomes a member of the state nurses association special groups section and a member of the ANA Public Health Nurses Section.

Does the member remain in the same section all year even though she changes her occupational field during the year?

When a member changes her field of occupation, she would be expected to change her section membership to conform to her occupational field.

When an officer or a committee member of any section changes her field of work, should she resign from that office or committee?

If an officer or a committee member of a section changes her field of work, she would be expected to resign from the office of the section in which she no longer qualifies as a member. She would also be expected to change her section membership to conform with her occupational field.

Who will be members of a state nurses association special groups section?

Any state nurses association member who is not eligible for membership in any other state nurses association section qualifies for membership in its special groups section.

Where state nurses association sections have been set up with clinical specialties as a basis for membership, can these sections continue to function?

Members of state nurses association sections representing clinical interest, such as psychiatric nursing or operating room nursing, are expected to join the section for which they qualify on an occupational basis, such as general duty, institutional nursing service administrators, private duty. The basis for membership in sections of the ANA and its constituent associations is the occupational field rather than the clinical interest of the member.

In states where an office nurses section has been established may this section continue to function?

Since office nurses sections represent an occupational field, and since this base for their organization is consistent with the basic philosophy for the formation of sections, they may continue to function. It is hoped that any of these sections which do not meet the numerical criterion for section organization stated in the ANA bylaws will move as rapidly as possible to do so. However, in those states where an office nurses section has not been established, all criteria must be met before a section may be established.

In states where there is a combined section for office and industrial nurses, would this section continue to function as such?

One section cannot serve for both. If there are enough members in each group to meet the numerical criterion for section organizations, they may establish separate sections. If either one or the other group cannot meet the numerical criterion, the members of such group become members of the special groups section in which they may form a conference group.

In states where there is an administrative nurses section which includes nurses practicing in nursing service administration and education, may those nurses whose position is solely education remain in the section?

Nurses whose only function is education no longer qualify for the institutional nursing service administrators section. They have two choices: 1) to form a conference group in the special groups section or, 2) if the group meets the numerical criterion for the formation of a section they may form a section for educational administrators, consultants, and teachers.

How would nurses having dual capacities, such as director of nursing service and director of a school of nursing, determine whether they should belong to the institutional nursing service administrators section or the educational administrators, consultants, and teachers section?

Nurses having dual capacities, such as director of nursing service and director of nursing education, would be expected to choose the section which most nearly meets their needs. State sections are expected to conform to national sections as concerns requirements for membership. If, in a state, the nurse population is so low that there are not sufficient persons in a particular occupational group to form a section, that group should become a conference group in the special groups section until such time as they meet the criteria for forming a section of their own.

Formerly, registrars of official nurse registries were members of the private duty section in some states. Is this any longer possible, or will they become members of the special groups section?

Registrars of official nurse registries will now become members of both national and state special groups sections. At the 1952 ANA Special Groups Section meeting, the registrars voted to form a conference group.

Formerly, in some states the executive secretaries of the state nurses association and district nurses associations have been included in the administrative nurses section. For what section do they now qualify?

They now qualify for membership in the special groups sections of the ANA and its constituent associations.

Formerly, in some states the professional nurse employees of state boards of nurse examiners have been included in the administrative nurses section. For what section do they now qualify?

Because of the educational functions which these nurses perform, their interests will best be served in the educational administrators, consultants, and teachers section.

How is a conference group for special interests within a section formed?

Persons with a common special interest within a section would request, of the executive committee of the section, approval to form a conference group.

Do conference groups have representation in the ANA House of Delegates?

Conference groups are divisions of a section provided for the consideration of matters of concern to nurses with special interests and are not the basis for choosing delegate representation to the ANA House of Delegates. If the state section is entitled to more than one delegate, efforts should be made to choose delegates from the various interest groups of the section.

What is a sub-unit of a section?

Sub-units of a section may be organized in order that groups which have like interests in relation to the economic security program shall have the opportunity of meeting to consider such interests separately from other groups in the same section, whose economic interest might be somewhat different.

How will conference groups and sub-units be provided for in the state section budget?

Budgetary provisions for conference groups and sub-unit activities within the framework of a section are the responsibility of the executive committee of the section.

Will the number of members of executive committees of state sections be identical with those of ANA sections?

This will be a matter for each state

nurses association to decide, taking into consideration such factors as its resources, size of membership, and geographic size of state.

Do national section chairmen continue to communicate directly with state section chairmen concerning section affairs?

Continuing the policy followed in the past, ANA section chairmen may communicate directly with state section chairmen concerning section affairs. Copies of such communication marked "for your information" are sent to the executive or elected secretary of the state nurses association.

How many delegates will a state nurses association now be entitled to in the ANA House of Delegates?

Each state nurses association will now have three members-at-large plus at least one delegate from each section of the state nurses association. If the membership of any section is over 200, that section is entitled to a second delegate, a third delegate if the membership is over 400, a fourth delegate if the membership is over 600, and so on.

(Requests for reprints of this article should be made directly to the American Nurses' Association, 2 Park Avenue, New York 16.)

NURSING ATTENDANT LEGISLATION

Before the closing of the 1953 legislature, the following legislation was enacted.

Nursing attendant education; appropriation for. Resolve: That there be, and hereby is, appropriated in favor of the department of education the sum of \$39,500 for the fiscal year ending June 30, 1954, and the sum of \$39,500 for the fiscal year ending June 30, 1955, for the purpose of providing nursing attendant education; said sum to be taken from the general fund of the state.

Cognizant of what this legislation will mean in a better utilization of the nursing resources of Maine, the Maine State Nurses' Association wishes to express to Senator Crabtree and to all the other legislators who fought so hard and valiantly for the passage of this bill, its sincere appreciation.

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46 Pine St.

652 Forest Ave.

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Portland, Maine

Policies Governing Administration of Scholarship or Loan Fund for Public Health Nursing Course

WHEREAS, the Public Health Nursing Section of the Maine State Nurses' Association had raised a sum of money to be known as a Scholarship or Loan Fund for post-graduate work in public health nursing,

IT IS HEREBY RESOLVED: That in order to secure loans from said fund, the applicant must make application to and secure approval from the Scholarship or Loan Fund Committee; that the applicant must meet the following requirements:

1. That she has completed a four-year course in and obtained diploma from a class A high school or its equivalent.
2. That she must be a graduate nurse, registered by examination in Maine, or registered in Maine by reciprocity from another state.
3. That she have a keen interest in public health nursing.
4. That she is of good professional and moral standing and a member in good standing in the Maine State Nurses' Association.
5. That she agrees to work as a public health nurse for at least one year in Maine after completing her course.
6. That she agrees to, when and if possible, repay the loan.

Said loans may be in the sums of \$200, \$250, \$300, or \$400, according to agreements made with the Scholarship Loan Fund Committee, but that not more than \$400 shall be loaned to any one person.

Said loan is to be payable within three or four years after completion of course in regular sums or payments or as a lump sum. No interest on loan will be charged. In case there is failure to comply with the requirements the full sum must be returned with interest at the prevailing rate.

Revision approved

(Signed)

Public Health Section

Mrs. Ada Ames

Georgina Patterson

Mrs. Esther L. Higgins

Chairmen

Compliments of

CONLEY & FAHEY
FUNERAL DIRECTORS

LEWISTON

-

MAINE

The Bangor House

It is not too early to make reservations for the State Convention of the Maine State Nurses' Association and the Maine League for Nursing.

October 8 - 10, 1953

We are very proud of our hundred newly decorated and refurnished rooms.

174 Main Street, Bangor

TELEPHONE: 7321

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**The Maine State
Industrial Nurses'
Association**

Compliments of

Buxton, the Druggist

Fort Fairfield, Maine

MEMORANDUM

TO: Recruitment groups; nursing, hospital and medical associations, Directors of schools of nursing and hospital administrators

FROM: Theresa I. Lynch, chairman ANA Committee on Careers in Nursing

"Nursing Careers" Post Office Box—Through the courtesy of the U. S. Post Office Department, people in every state and territory may now obtain information about professional and practical nursing by writing to:

"Nursing Careers"
c/o Local Postmaster

Beginning in April, selected national campaign materials, such as newspaper advertisements and radio and television announcements, will carry the above referral line. Mail in each state, thus addressed, will be routed by the central post office in the state to the state recruitment committee, by an arrangement which has just been completed by the Committee on Careers in Nursing with the Postmaster General. (Some recruitment materials will continue to carry other referral lines so that prospective nursing students will be directed also for further information to schools of nursing, guidance counselors and hospitals.)

State recruitment committees in each state and in the territories of Hawaii and Puerto Rico are now ready to receive "Nursing Careers" mail. Whether the state committee answers all inquiries or refers inquiries to local and area committees within the state will depend upon individual state planning.

We feel that the "Nursing Careers" simplified mailing address is one of the most important developments in the nurse recruitment program because it will provide state and local recruitment committees with names and addresses of people interested in a nursing career for direct follow-up. Here is what the plan will mean to you:

1. It will give state recruitment committees an overall picture of "nursing careers" interest in the state and serve as a barometer of the need to stimulate further interest.
2. It will provide an impetus to strong planning for recruitment on the state level, and in the areas and localities of the state.
3. It will require, for properly functioning committees, financial and moral support from all groups within the state concerned with recruitment.

4. It will help coordinate all recruitment activities in the state.
5. It will provide a simplified mailing address which may be used by recruitment groups within the state to stimulate further inquiries and interest in nursing as a career.

Simplified mailing addresses have proved most successful in the campaigns in which they have been used in the past. In view of the encouraging reception this plan has had among state recruitment committees, we anticipate equal success for the "Nursing Careers" Post Office Box.

Refresher Course in Portland a Big Success! Over 100 Registered

PROGRAM

- March 9, 1953.....Mercy Hosp. Aud. 7-10 p.m.
Subject: Pre- and Post-Operative Nursing Care
Lecturer: Dr. Francis X. Mack
Demonstration: Catherization and Bladder Irrigations, Intravenous Therapy including Blood Transfusion
- March 12.....Me. Eye and Ear Inf., 7-10 p.m.
Subject: General Surgery and Chest Surgery
Lecturer: Dr. Emerson Drake
Demonstrations: Suction Technics; Chest and Abdominal Drainage
- March 16.....Mercy Hosp., 7-10 p.m.
Subject: Laboratory Tests
Lecturer: Mr. John T. Fitzgerald
Subject: Diet Therapy
Lecturer: Miss Jacqueline Brown, M.A.
ADA
- March 19.....Eye and Ear Inf., 7-10 p.m.
Subject: Modern Therapeutic Agents
Lecturer: Dr. James Parker
Demonstrations: Narcotic Administration and Recording; Intramuscular Injections; Isolation Technics
- March 23.....Mercy Hospital Aud. 7-10 p.m.
Subject: Diagnostic Tests
Lecturer: Sister M. Emily
Demonstrations: Colostomy Care; Surgical Dressings; Oxygen Therapy; Oxygen Administration
- March 26.....Me. Eye and Ear Inf.
Demonstrations of nursing procedures as requested by those enrolled in course,

AMERICAN NURSES' ASSOCIATION

March 15, 1953

Dear ANA Member:

The financial report (overleaf) and non-communist affidavits from all ANA officers have been filed with the U. S. Department of Labor in compliance with the Labor-Management Relations Act.

Study these figures! They tell a story of real service to you and 177,000 of your fellow members.

It is a story of expanding career opportunities for you . . . of better-paying and more secure positions . . . of laws that more effectively protect you and the public against unqualified practitioners . . . of research and studies going on this very moment aimed at improving your professional stature . . . and of a score of other services aimed at fostering high standards of nurse practice and of promoting the welfare of nurses to the end that all people may have better nursing care.

Keep the ANA strong by your continued participation and active interest.

Sincerely yours,

Elizabeth K. Porter, R.N., President

AMERICAN NURSES' ASSOCIATION

2 Park Avenue, New York 16, N. Y.

FINANCIAL STATEMENT

January 1, 1952 - December 31, 1952

Receipts

(1) Dues	\$523,854.75
(2) Fees, fines, assessments...	none
(3) Others	16,760.88
TOTAL	\$540,615.63

Disbursements

(1) Per capita tax, assessments, allowances.....	none
(2) Salaries	\$206,653.95
(3) Taxes (Federal & State)	6,879.27
(4) Other: Program & office administration	313,701.26
Dues to other organizations	15,288.20
TOTAL	\$542,522.68

(5) Total assets at end of fiscal year (cash, investments, property, etc.).....	286,154.02
(6) Total liabilities at end of fiscal year.....	113,740.35

I, duly authorized official of the above-named association, certify that the information submitted herewith is true to the best of my knowledge and belief.

Annabelle Petersen, Treasurer

MAINE STATE NURSES' ASSOCIATION

STATEMENT OF CASH RECEIPTS AND
DISBURSEMENTS

From September 1, 1952 to May 11, 1953

Cash Balance September 1, 1952	
Checking acct., The Merrill Trust. Co.	2,865.27
Savings deposits, Merchants National Bank	1,571.07
Savings deposits, Penobscot Savings Bank	134.35
Savings deposits, Bangor Savings Bank	945.24
	<u>\$5,515.93</u>

Receipts

Dues, Active members—649 at \$10.00	\$6,490.00
Dues, Associate members—59 at \$2.50	147.50
ANA Research Fund, Contributions	122.00
Registration, Annual Meeting	128.50
Advertising—Maine R.N.	239.80
Public Health Section MSNA (for program expenses)	239.96
Public Health Section MSNA (for Scholarship Fund)	1,065.00
Subscription to Maine R.N.	1.25
Interest on Savings Accounts	30.52
Interest on Series K Bond, semi-annual	13.80
	<u>\$8,478.33</u>
	<u>\$13,994.26</u>

Disbursements

ANA Membership dues, 16 at 3.00 (1952)	\$ 48.00
633 at \$5.00	3,165.00
59 at \$1.25	73.75
ANA Research Fund	122.00
Executive Secretary, net salary	349.09
Internal Revenue, withholding tax and employer's contribution to social security	94.50
Executive Secretary, travel	155.57
Office Supplies	73.12
Postage stamps, postal cards and mailing	83.84
Telephone	13.35
File for office	49.63
Mailing permit	20.00
Fox & Glinn, storage and trucking	33.18
Secretarial assistance	226.00
Maine R.N.—Printing 3 issues	701.96
Maine R.N.—Mailing labels, etc. (3 issues)	43.61
Annual Meeting	101.84
Auditing accounts of treasurer	40.00
Bonding treasurer	10.00
ANA Workshop, board eleven representatives	220.00
Travel, President MSNA	150.00
Travel, Executive Board	302.50
New England Division dues, 800 at 5c	40.00
Maine State Grange, rent of room for meeting	5.00
City of Augusta, tax on office furniture 1952	15.78
Women's Legislative Council, 1952 and 1953	10.00
Committee expenses, travel (nominating and finance)	17.87
	<u>\$6,210.59</u>
	<u>\$7,783.67</u>

Cash Balance May 11, 1953

Checking Acct., The Merrill Trust Co.	\$3,023.69
Savings deposits, Merchants National Bank	2,588.80
Savings deposits, Bangor Savings Bank	969.02
Savings deposits, Penobscot Savings Bank	1,065.00
Savings deposits, Penobscot Savings Bank	137.16
	<u>\$7,783.67</u>

Workshop! July 27-Aug. 7

Because nursing administrators have expressed a need for securing assistance with in-service educational programs in hospital nursing services, the department of Nursing Education, University of Chicago, will offer a two-week workshop for those who are responsible for developing this type of program.

Each individual who attends the Workshop will be assisted in working out her own plan for an in-service program in the institution in which she is employed. Small discussion groups will be formed and some individual help will be available.

Registration will be limited.

Attendance at the Workshop will not carry University credit and no record will be kept for transfer purposes.

All meetings of the Workshop will be held in Judson Court, 1005 East 60th Street, Chicago.

REQUIREMENTS FOR ADMISSION

Those admitted should be nursing service administrators or supervisors who have, or will have, responsibility for in-service educational programs.

EXPENSES

The fee for the Workshop will be \$38.00, payable at the time of registration. Registration will take place at 9:00 a. m., on July 28th, at Judson Court, 1005 East 60th Street.

HOUSING

Those attending the Workshop may secure rooms at Judson Court. Rooms will be available in the late afternoon of July 27th through August 7th. The cost for a single room and meals will be \$65.00; for a double room and meals \$59.00 per person. Application blanks for rooms will be mailed on request. A \$10.00 deposit will be required with each application for housing.

APPLICATIONS

Applications should be submitted before July 1 and will be accepted in the order in which they are received. For application blanks or further information, write to Nursing Education, The University of Chicago, 5733 University Avenue, Chicago 37, Illinois.

News from the Maine League for Nursing

Miss Anna Fillmore, R.N., NLN Director, addressed the Maine State Nurses' Association at the spring meeting in Portland on May 11th, and outlined the purposes and functions of the NLN.

The Board of Directors of the MLN had the good fortune of a later meeting with Miss Fillmore for the discussion of the plans and program of the organization.

Miss Fillmore also sat in on the first meeting of the Coordinating Council on this same day. At this meeting, a joint date for the annual meeting of the MSNA and the MLN for 1953 was agreed upon. The chairman of the Council, Mrs. Josephine C. Philbrick, proposed the transfer of the Sub-Committee on Poliomyelitis Nursing and the Committee on Improvement of Nursing Service from the sponsorship of the MSNA to the MLN. No action on this matter was taken at this meeting.

The practicability of sharing the services of the Executive Secretary of the MSNA with the MLN was also discussed. There was general agreement that the proposal was sound and could be initiated if and when the MLN membership became large enough to share proportional costs. It was further suggested that the Executive Secretary of the MSNA be empowered to clear meetings of various nursing activities within the state, thereby avoiding conflicts.

MAINE LEAGUE FOR NURSING

TREASURER'S REPORT

Sept. 30, 1952 - May 25, 1953

Receipts

Maine League of Nursing Education	\$246.45
Public Health Section, MSNA	120.00
1952 State and National Dues for 4 members	32.00
1952 State dues for 11 members	35.00
1953 State and National dues for 118 members	944.00
1953 State dues for 26 members	78.00
1953 Agency member (1)	15.00
Gift	5.00
Proceeds from rummage sale	56.00
	<u>\$1,529.45</u>

Disbursements

1952 NLN membership dues	\$ 20.00
1953 NLN membership dues	590.00
Office supplies for secretary and treasurer	51.47
Bonding of treasurer	2.50
	<u>\$ 663.97</u>
Cash Balance May 25, 1953	
Checking Acct., Canal National Bank	\$ 865.48

The Maine League for Nursing held a business and program meeting at the Augusta General Hospital on May 26, 1953. The Secretary's report, a summary of the four Board meetings held since the organization of the MLN last September, was read and accepted. The program, a round table discussion on "How Maine Schools of Nursing are Educating for Nursing Service," was presented to a receptive audience by the following participants:

Moderator

- Geraldine Hiller, R.N.—Educational Director, State of Maine Department of Health and Welfare
 Mabel Hills, R.N.—Central Maine General Hospital, Lewiston
 Mary C. Ragan, R.N.—Mercy Hospital, Portland
 Mary Thompson, R.N.—Bates College, Lewiston
 Louise Nawfel, R.N.—Eastern Maine General Hospital
 Catherine Robinson, R.N.—Maine General Hospital, Portland
 Joan Bouchard, R.N.—St. Mary's Hospital, Lewiston

Following the program, tea was served in the Nurses' Home of the Augusta General Hospital. Madelyn Perkins, Director of Nursing Service served as hostess.

MAINE LEAGUE FOR NURSING

PROPOSED BUDGET 1953

Estimated Income

144 1953 members at \$8.00	\$1,152.00
State dues for 51 members, 1952 at \$3.00	153.00
	<u>\$1,305.00</u>

Estimated Expenditures

N.L.N. dues for 144 members	\$ 720.00
Office supplies for secretary and treasurer	75.00
Bonding of treasurer	2.50
Traveling expenses, Board of Directors	100.00
Delegate to National Convention	100.00
Annual meeting	50.00
Division of Nursing Education	
Traveling expenses, Steering Committee	30.00
Program Committee	40.00
Office supplies	10.00
Printing of ballots	5.00
Division of Nursing Service	
Traveling expenses, Steering Committee	50.00
Office supplies	10.00
Program Committee	70.00
Printing of ballots	5.00
Total	<u>\$1,267.50</u>
Balance	\$ 37.50

Respectfully submitted,

Hazel Conrad
 Ruth Davis
 Lucile Johnston, Chairman

Ex-officio

Marie J. Brennan

Maine League for Nursing

OFFICERS

President.....Marie Brennan, R.N., Portland
 First Vice-President.....Ella McClunin, R.N., Augusta
 Second Vice-President
 Sister Mary Edmund O'Neil, R.N., Waterville
 Secretary.....Harriet H. Keefer, R.N., Portland
 Treasurer.....Lucille Johnston, Portland
 Directors

Eleanor M. Melledy, R.N., Lewiston
 Berla M. Smythe, R.N., Bangor
 Eleanor C. Meserve, R.N., Machias
 Louise D. Lambert, R.N., Houlton
 Mrs. Marie Conquest, Bangor
 Mrs. Florence Sargent, Patten
 Mrs. Douglas Dingwall, Presque Isle

STANDING COMMITTEES

CONSTITUTION AND BY-LAWS

Ada Ames, Rockland
 Jane McDermott, Portland
 Mary C. Hayes, Dover-Foxcroft, chairman

MEMBERSHIP

Katherine Donley, Houlton
 Margaret Murphy, Biddeford
 Elaine Murray, Livermore Falls
 Anne Mitton, Bangor
 Lucy Barker, Northeast Harbor
 Sister Bouffard, Lewiston
 Carolyn Perkins, Portland, chairman

FINANCE

Hazel Conrad, Portland
 Ruth Davis, Portland
 Lucile Johnston, Portland

PROGRAM AND ARRANGEMENTS

Ruth Clough, Augusta
 Elizabeth Foyer, Lewiston
 Eleanor Griffiths, Portland
 Mildred Knight, Camden
 Natalie Rice, Bangor
 Alice Teague, Togus, chairman

SPECIAL COMMITTEES

COMMITTEE ON ATTENDANT NURSE EDUCATION

Marie Brennan, Portland
 Edith Doane, Portland
 Frances Crimmin, Presque Isle
 Mabel Hills, Lewiston
 Frances Jordan, Portland
 Ruth Kohl, Lewiston
 Mildred Lenz, Lewiston, chairman

COMMITTEE ON CURRICULUM FOR PROFESSIONAL SCHOOLS OF NURSING

Mabel Booth, Bangor
 Mildred Lenz, Lewiston
 Eleanor Meserve, Machias
 Sister St. Jean Vianney, Lewiston
 Eleanor Melledy, Lewiston, chairman

CREDENTIALS COMMITTEE

Velma Haley, Portland
 Mildred Lenz, Lewiston
 Harriet Keefer, Portland

REPORT OF THE MLN MEMBERSHIP COMMITTEE

Total membership in the Maine League for Nursing is 144 individual members and 1 agency member. The breakdown is as follows:

Division of Nursing Education.....43 members
 35 nurse members—Transfer from MLNE
 8 new nurse members

Division of Nursing Service.....101 members
 Public Health—54 nurse and 18 non-nurse members

Hospital Nursing—26 nurse and 3 non-nurse members

Application forms have been circulated throughout the state to solicit new members. Letters have been circulated to all former NOPHN and NLN members residing in Maine, inviting them to join the Maine League for Nursing. Within the last several weeks application forms and letters of invitation to agency membership in the Maine League for Nursing have been mailed to 75 Public Health Agencies, 50 hospitals and 6 schools of nursing. To date, as previously reported, we have one agency member and 35 new individual members.

Respectfully submitted,

Carolyn Perkins, Chairman

Group Plan of Disability

To All Members of the Maine State Nurses' Association:

After thorough investigation and discussion, the officers and members of the Board of Directors completed arrangements to sponsor a Group Plan of Disability Income for the members of the Maine State Nurses' Association.

An important objective of organized nursing today is the protection of the income of the Registered Nurse. Recent surveys show that too few nurses have income protection. This Group Plan, therefore, is designed to protect your income during disability caused by injury or sickness. It is payable whether you are confined to the hospital or not.

This Income Protection Plan is underwritten by Continental Casualty Company of Chicago, and it has already been adopted by 32 State Nurses' Associations for their members.

Further details concerning this plan will be sent to all MSNA members in the very near future. We urge you to give this plan careful study and consideration, and make your applications as soon as possible.

Aubigne C. Smith, R. N.,
 Executive Secretary, MSNA

The Hundredth Anniversary of the Maine Medical Association will be observed at the Eastland Hotel in Portland, June 21-24, 1953. The nurses of the Maine State Nurses' Association have been invited to attend the Centennial Program in the City Hall Auditorium, Portland, June 21st, at 8:00 P. M.

COLLEGE NEEDS NURSE!

Good Salary, Apartment, and Meals for Resident Nurse
Supervisor in College Infirmary.

THREE ADDITIONAL 8-HOUR NURSES PER DAY. SERIOUSLY ILL AND SURGICAL PATIENTS GO TO THAYER HOSPITAL. NURSE EMPLOYED FOR TWENTY-SEVEN YEARS NOW RETIRING.

FOR FURTHER INFORMATION PLEASE CONTACT G. F. LOEBS, CHAIRMAN, DEPT. HEALTH, PHYSICAL EDUCATION, AND INTERCOLLEGIATE ATHLETICS AT COLBY COLLEGE. P. O. BOX 214, WATERVILLE, MAINE.

New Award Created

Ethel Balko, editor of ORS, a journal for operating room supervisors and nurses, published by Davis & Geck, Inc., announces the creation of a "Certificate of Merit" to be presented to persons making a distinctive literary contribution to the publication.

The certificate measures 10" x 13", is attractively printed in two colors and was designed by Lester Beall for ORS so that the publishers could express their appreciation to the many nurses, surgeons, purchasing agents and other hospital personnel who have contributed articles and stories to the journal.

ORS, or Operating Room Supervisor, is published quarterly by Davis & Geck, Inc., a unit of American Cyanamid Company, manufacturers of sutures and surgical specialties. The journal includes news on operating room nurses organizations, feature articles of general interest to operating room supervisors and nurses and other articles on hobbies and recreations.

The consulting editorial board of the magazine includes: Hazel Pinard French, Peralta Hospital Association, Oakland, California; Frances Ginsberg, Bingham Associates Program, New England Medical Center, Boston, Massachusetts; Sara Ingold, University of North Carolina Hospital, Chapel Hill, North Carolina; Kanella T. Phillips, Mountainside Hospital, Montclair, New Jersey; Jane H. Trumbo, Veterans Administration Hospital, Denver, Colorado and Doris Hohm Walk, St. Louis City Hospital, St. Louis, Missouri.

As this issue of "The Maine R.N." goes to press, copies of the Study of Nursing Resources in Maine are being prepared for distribution.

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News from Junior Auxiliary

The Junior Auxiliary held its third meeting, since its organization, at the Lafayette Hotel in Portland on May 11. There was a record attendance of thirty-three students, and two advisors: Miss Brennan and Mrs. Cyr.

Several suggestions for revisions of our constitution and bylaws were made, with the purpose of making them correspond to the National constitution and bylaws. It was voted that the committee on Revisions draft the suggested revisions and present them for consideration at the fall meeting.

It was also decided that if funds can be raised through the districts, the President of the Junior Auxiliary shall be sent as representative to the National Convention of the NLN in Cleveland, Ohio, June 22-26, 1953.

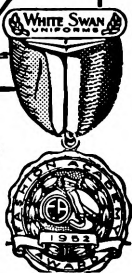
Through the courtesy of the MSNA, the student group had a thoroughly interesting day, sitting in on the general session, and hearing the stimulating speakers—our appreciation and thanks for a most worthwhile experience!

Nellie Jose, President,
Junior Auxiliary



**WINNER
FASHION ACADEMY
1952 GOLD MEDAL
AWARD**

ADAMS' - Augusta



DON'T FORGET!

1. Biennial of the New England Division of ANA at the University of Massachusetts, Amherst, Mass., to be held in conjunction with the Public Health Biennial—your programs have been mailed. June 16-20, 1953.
2. Annual Convention of the National League for Nursing, Cleveland, Ohio, June 22-26, 1953.
3. Congress of the International Council of Nurses, Rio de Janeiro, Brazil, July 13-18, 1953.
4. Annual Meeting of the Maine State Nurses' Association and the Maine League for Nursing, The Bangor House, Bangor, October 8-10, 1953. Meeting of Executive Board to be held at 7:30 P. M. on October 7, 1953.

Board of Registration of Nurses

State Board Test Pool Licensing Examinations, Series 951, were offered at Augusta, May 12-13, 1953. Fifty-one candidates wrote the examinations; thirty for the first time. Forty additional certificates of registration have been issued as of June 4th on the basis of the Spring Examination.

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If you work in a profession, in heaven's name *work* for it. If you live by a profession, *live* for it. Help advance your co-worker. Respect the great power that protects you, that surrounds you with the advantages of organization, and that makes it possible for you to achieve results. Speak well of it, stand for it. Stand for its professional supremacy. If you must obstruct or decry those who strive to help, why—quit the profession. But as long as you are a part of a profession do not belittle it. If you do you are loosening the tendrils that hold you to it, and with the first high wind that comes along you will be uprooted and blown away, and probably you will never know why.

Charles E. Dawes, ANA Bulletin (Published in first bulletin, October 1934). (Copied from the Hawaii Medical Journal and Inter Island Nurses' Bulletin—May-June, 1951).

**"NOW" IS THE
TIME FOR YOU TO
RIDE A HOBBY**

EDITOR'S NOTE: Do you find your social life concentrated in your profession and its associates? Do you find it difficult to talk outside of your field? Are you at ease conversationally and mentally with strangers? If not, then you had better ride a hobby. A good hobby is the right nag to take you out of yourself and make life more full. A discussion of types of hobbies to give you an opportunity for free choice of the right horse for you to ride will be discussed in forthcoming issues of your magazine.

It is with a feeling of deep regret that we announce the resignation of Anne Mitton as Assistant Director of the School of Nursing of the Eastern Maine General Hospital, Bangor. In the four years that Anne has been resident in Maine, she has had a constructive finger in almost all phases of nursing activities. She has not only endeared herself to the nurses in Maine, but she has proven herself a source of untiring energy in the furthering of "better nursing." She has been a member of the Board of Examiners for the past three years. Anne leaves us to accept a position as the Assistant Director of the Springfield Hospital in Massachusetts. We wish her in her new field of endeavor, the success which she so richly deserves.

Are you in the right section according to your occupational field of nursing? We still find that many nurses are not certain where they belong. If you do not designate your field of nursing, you will be placed in Special Groups. If you are an "inactive nurse," you should specify the field of occupation in which you were engaged at the last of your active nursing.

For those of you who are concerned with jurisprudence and the Maine medical practice act, we would like to refer you to the April and May issues of the Maine Medical Association Journal, articles entitled, "Medicine and the Law," by Herbert E. Locke, Esq.

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