

3-23-1977

Board of Trustees Student Affairs Committee March 23, 1977

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UNIVERSITY OF MAINE
BOARD OF TRUSTEES

March 23, 1977
Bangor, Maine

STUDENT AFFAIRS COMMITTEE

APPROVED BY THE BOARD OF TRUSTEES
DATE: April 27, 1977
CLERK: _____

PRESENT: Chairman Susan Kominsky, Cynthia Murray-Beliveau, Elizabeth Russell, Nils Wessell, Gretchen Ryder. Other Trustees: John Donovan.
Staff: Mary Ann Haas, Kenneth Allen, Arthur Buswell, N. Edd Miller.
Orono presentation group: Arthur Kaplan, Charles Grant, Sarah Look, and Kevin Brown.

Chairman Kominsky convened the meeting.

The minutes of the Student Affairs Committee of February 23, 1977, as amended and with the further addition of a letter of correction by Susan Pelkey, were APPROVED as circulated.

The second topic for discussion in the area of Student Affairs/Educational Services was "counseling and psychological services". There were to be three campuses represented for this discussion: Augusta, Orono, and Portland/Gorham. Due to weather conditions, only the Orono campus could be present. Arthur Kaplan, Vice President for Student Affairs and Professor of Psychology at the Orono campus, introduced Charles Grant, Director of the Counseling Center, and Sarah Look and Kevin Brown, student advisors. Dr. Kaplan explained the rationale for counseling and psychological services, and Dr. Grant outlined the five main objectives of the campus counseling center. Ms. Look and Mr. Brown, the student advisors, gave their observations of student reaction to the counseling services. They felt that the students were not all aware of what was being offered at the center and perhaps the facility should have more publicity. Ms. Murray-Beliveau asked what specific services the center offered. Dr. Grant answered that there were three areas: vocational counseling, which involves testing and a follow-up interview; general, personal counseling; and psychotherapy which involves a psychiatric consultant for more severe emotional problems. Testing includes vocational, diagnostic and psychological. In addition to these services, the center offers an educational-vocational library. Ms. Kominsky expressed concern for the CED student. Dr. Grant stated that those with less than nine credit hours were not eligible. He added that the sheer numbers of CED students would put too great a pressure on the center, although the center does treat emergencies. In discussing drug and alcohol abuse, it was noted that there was a surprisingly low percentage of drug abuse, but that the use of alcohol was increasing. In response to a question from Chairman Kominsky about research, Dr. Grant replied that due to their work load, the center wasn't able to spend as much time on research projects as they would like.

The Committee wanted to know what the other campuses were doing in this area and what kind of coordination there was between campuses. Immediate reference for information was directed to the update of the 1971 study of Health Services and Facilities. Chairman Kominsky requested that the Augusta and Portland/Gorham campus guests, who were unable to be present, submit their presentations so that the Committee can read and discuss the material.

Adjournment.

Sandra F. Johnson
Sandra F. Johnson for
JoAnne R. Magill
Interim Clerk