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Maine Federation of Women's Clubs Staff

Maine Federation of Women's Clubs

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The ... Maine Federation News



BANGOR HOUSE

Convention Headquarters
Youth Is Our Main Concern

January 1955

*Mr. Haver Street
Bangor State Library
Bangor, Me.*

MAINE FEDERATION OF WOMEN'S CLUBS**OFFICIAL CALL****for the****MID-WINTER CONFERENCE****BANGOR, JANUARY 20, 21, 1955****Conference Theme: "On This We Build"****Pre-Conference Event:**

Through the courtesy of the Eastern Corporation, Manufacturers of Fine Papers, and Mrs. John Edward Massengale, Federation Chairman of Industry, a tour of this Industry in Brewer has been arranged for Thursday morning, January 20, at 10 A. M. All clubwomen attending the Conference are invited. Reservations for the tour must be made by January 15 with Mrs. Ernest Farrar, Ridge Road, Dexter.

The Mid-Winter Conference of the Maine Federation of Women's Clubs will be held at the Bangor House, Bangor, Thursday and Friday, January 20, 21, 1955. The Conference will convene in the main Dining Room at 1:30 P. M. on Thursday. Sessions on Friday will be at 9:30 A. M. and 1:30 P. M.

Mrs. Lawrence Warren, 100 Ohio Street, Bangor is serving as General Conference Chairman.

The Credentials and Registration Committees will be on duty at the Bangor House from 8:30 A. M. Thursday morning. Registration for all attending will be \$1.50 for the entire conference, \$1.00 for a single day.

Room reservations at the Bangor House should be made directly with the Hotel.

Rates for rooms: Single room with bath, \$4.25-\$5.25 With running water, \$3.25 - 3.50
Double room with bath, \$6.50-\$7.50 \$4.50 - \$5.00
Twin Beds, \$7.00 - \$8.00 - \$10.00 \$5.00
Cot Beds, \$1.50 per person

To insure the best reservations, make reservations early. For rooms in private homes, write to Housing Chairman, Mrs. Myron B. Foster, M. R. B. Bangor.

Tickets for Banquet on Thursday evening are \$2.75. This price includes tax and gratuities. Reservations should be made by sending check or money order to Mrs. Earl Merriman, 87 Montgomery Street, Bangor by January 14, 1955. If necessary to cancel reservations, it must be done by January 16, 1955.

The Resolutions Committee would appreciate it if those contemplating presenting resolutions would send them to the Chairman, Mrs. LeRoy Folsom, Norridgewock, by January 1, 1955.

JUNIORS: The Mid-Winter conference of the Junior Membership of the Maine Federation of Women's Clubs will convene at the Bangor House Thursday morning at 11 A. M. A section of seats will be reserved for the Junior members for the General session on Thursday afternoon.

Outstanding speakers will be heard, including Curtis Hutchins, President and Chairman of the Board, Bangor and Aroostook Railroad; Margaret Henrichsen, minister, author and lecturer; Miss Anne Allison, Coordinator of Women's Activities, National Association of Manufacturers; Mrs. Dexter Arnold, author, lecturer and chairman of the Department of Communications for the General Federation of Women's Clubs.

Governor and Mrs. Edmund S. Muskie will be our guests at the Banquet session Thursday evening. The guest speaker will be Owen Brewster of Dexter. Entertainment for this session will include two one-act plays by the Island Players of Stonington, and music by the Bangor Male Chorus.

A reception in honor of General Federation Officers and Past Presidents of the Maine Federation of Women's Clubs will follow the evening program.

On Friday afternoon, Mrs. Bert MacKenzie and Mrs. J. Marden DeShon will present a panel—"You Are the Federation—So What; You Are the Federation—So How." Please bring your problems and your questions. The Conference will close with the showing of the film, "New Vision for Television."

This Official Call with credential cards is sent to every Federated Club in Maine. All clubwomen, whether delegates or not, are cordially invited to attend these sessions.

Iola Hulbert Plouff,
President

The Maine Federation News

Volume XXXI

January 1955

Number 2

Our Youth Conservation Program is Vital to Maine's Welfare

Our youth work early last year emphasized family unity — fun nights together and family prayer. The American Way of life and good citizenship have always been a "headliner" issue with the youth program, but 1953 concentrated on the revival of early American principles of right and wrong. During the past year sponsorship of Boy Scout and Girl Scout troops increased and original projects, such as putting scotchlite on bicycles, the buying of instruments for school orchestras, instructions by baby sitters, club members serving as baby sitters to relieve younger members for youth group leadership, and sponsorship of well child health clinics were carried on by different clubs.

Under our new president, Mrs. Chapman, "get crime and sex comic books off our newsstands" and "Allied Youth" have been emphasized. The program I have outlined was published in the November issue of the Federation News. I do sincerely hope you have all carried on an active war against the comic books.

It must be remembered that if the boys and girls are cut off from this source of reading material we must somehow supplement it.

What program can you suggest in your community to supply better reading matter in place of the objectionable comic books? One suggestion might be to provide extra money for the acquisition of more attractive or additional books for your children's table in the library. Another suggestion is a literary contest sponsored by your club which would offer a prize to school children for a paper that requires research. This would promote wider reading.

I would like to give you a little more information on the Allied Youth program:

What is Allied Youth? It is a program of alcohol education and alcohol-free recreation.

Where is it formed? In high schools all over the United States and Canada.

Who belongs? Teen-agers of every creed and color.

Do schools need another club? Studies at Yale show that two out of three alcoholics begin drinking at high school age. Do you think this club is needed?

How can we sell the idea to our high school? Schools are required by law to give some attention to alcohol education. Allied Youth meets this requirement. Allied

Youth speakers present the plan to any school or organization where interest and support are assured.

Is this the end of our obligations as a club? Practically. When you have secured permission from your principal to allow a speaker to visit the school, write me of that fact. There is a small fee for the expenses of the speaker which your club or a service club in town can finance. The Allied Youth headquarters in Washington, D. C., take care of the rest. I will make those arrangements. Good luck!

Mrs. O. P. Pierson
State Y. C. Chairman

Did you know that the Sangerville Woman's Club and the Public Library observed Book Week, Oct. 14-20, with an attractive collection of the late books displayed in a window in Harrington's Drug Store?

Posters and bookmarks were obtained from the Children's Book Council, N. Y., the posters being exhibited in the schools, and a bookmark being given to each child.

MRS. GENEVIEVE CAMPBELL

The Sangerville Woman's Club grieves the passing of its founder and first president, Mrs. Genevieve C. Campbell, Oct. 3, 1954 in Birmingham, Ala.

Through Mrs. Campbell's efforts, the club was organized in 1922, and federated in the same year. It was also largely through Mrs. Campbell's influence that Sangerville Public Library was organized shortly afterward. Keenly interested in civic betterment, these two projects were always dear to Mrs. Campbell.

Four members representing the Woman's Club attended the funeral services held for Mrs. Campbell at Franklin, Maine Oct. 8.



Officers of the Woman's Literary Union, Portland, are; front row, left to right: Mrs. Albert J. Phillips, first vice president; Mrs. George T. Davis, second vice president; Mrs. Leon W. Merritt, recording secretary; and Mrs. Donald G. Wight, president. Back row, Mrs. Frank W. Payne, treasurer, and Mrs. Tobey C. Madsen, corresponding secretary.

—Photo by Olson

Maine Federation News
Official Organ
Maine Federation of
Women's Clubs

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The PRESIDENT'S

Dear Federation Friends:

This little corner will not hold all the things I would like to tell you. So much has been crowded into the busy, rushing weeks since I last wrote my message to you on October 1st. By the time you receive this message, I will have traveled from one end of the state to the other, for since the first of October I have visited forty three clubs, happy with the hospitality and kindness shown me; and growing prouder all the time of the Maine Clubwomen and the amount of activity carried on by the clubs for the benefit of community and state. I have since the first of October attended the M. F. W. C. Education Day at Bates College, G. F. W. C. Board meeting in Washington, D. C., Herald Tribune Forum in New York, 3 Club President's Luncheon Conferences, 1 District Meeting, the N. E. Conference Board Meeting in Boston (served as Secretary Pro-Tem) attended a meeting of the Governor's Committee on Highway Safety, (your President is a member of this committee) attended the Educational T. V. Conference at Colby College, and was interviewed over W.L.B.Z. on the subject of "S-D Day", Safe Driving Day. Your President has spoken to teachers and Church groups.

Christmas, that loveliest of holidays, has passed, but the memories will always be with us. A step over the threshold, and once again we commence our journey along the unknown road of the New Year, a year with goals to be achieved, and opportunities for service, the beginning of the end of an administration. Let us consider some of our goals.

Please review "Plans and Projects" of work found in your M. F. W. C. Manual. Has your club attained its goal in relation to our Federation objectives? Everywhere I go, Club Presidents tell me how much the Manual is appreciated, and how much more efficient it is to have such a Manual. Thank you for telling me you like the inauguration of a new way to present our plans and dreams. January has been designated as "Go To Church" month for Maine Clubwomen. We hope to give out many certificates



MRS. NORMAN FAY PLOUFF

to clubs whose membership participated 100%.

Annual Activity Reports will be given out to Club Presidents or their representatives at the Mid-Winter Conference. Please report everything that has been accomplished, and return promptly to your District Director.

Your attendance at the Mid-Winter Conference and cooperation will insure its success.

Now is the time before annual reports to give a subscription of the Maine Federation News to your Library. Has your club given a copy of the History of the Federation 1923-1949 to your Library? The History may be purchased from Mrs. Ralph Haskell, Historian.

If you subscribed to the News, and haven't received your copy, will you please notify me immediately.

How is your campaign against Crime Comics coming along? Is your club putting on "Operation Book Swap", by means of which children bring in ten or more bad comic books, and are given one good children's classic of their choice? Someone has said "Old comic books never die, they merely trade away".

In this issue you will find a supplemental list of Projects-International Affairs Department. If your club does something about these projects, please notify Mrs. Elmer Glover, Chairman of Projects, so that she may use this information

MESSAGE

in her final report. The Annual Activity Report doesn't complete our activities for the year. Additional detail from clubs will be included in state reports at Poland Springs May 17, 18, 19, 1955.

This is election year for the Maine Federation of Women's Clubs. The March issue of the News will carry pictures and information regarding candidates for the various offices in the M. F. W. C. If your club is sponsoring a candidate, please send her picture and write-up to Mrs. Philip Marston, Editor, by February 1, 1955.

May Wisdom be yours as we commence the New Year together, and may the season's happiness and joy remain with you throughout the year.

Sincerely
Iola Hulbert Plouff

DID YOU KNOW

About U. N. On The Record, a weekly 15 minute program featuring candid interviews with leading world figures? The editors of this program also seek out and put on record the stories behind the news. This Peabody-Award winning series is carried in the United States by the Columbia Broadcasting System, Fridays, 6:15-6:30 P. M.

Many requests have come for authentic Indian Music? Such records are available through the Canyon Indian Records, 834 North Seventh Ave., Phoenix, Arizona.

Mrs. Bert MacKenzie, Past President, M.F.W.C. has been elected Vice Chairman of the Penobscot County Committee, and is also serving as program Chairman of the Penobscot County Republican Women.

Mrs. Gilbert F. Loebs represented the General Federation of Women's Clubs in New York, December 16, 17 at the meeting of the American Social Hygiene Association?

Mrs. Violet Shur has had to learn about hospitals, but is improving? Best wishes to "Vi" for a speedy recovery.

Mr. and Mrs. Harold Gleason, Mr. and Mrs. M. Frank Goggins, Mrs. Merle Mitchell, and Mrs. Ellen Authier are enjoying the sunshine of Florida? We hear several other clubwomen will be leaving soon after the New Year for Florida.

Recommended Films

MOTION PICTURE DIVISION

Mrs. Austin Barrett

State Chairman

CINEMA GUIDE

*Highly Recommended Films

***WHITE CHRISTMAS**, Paramount, Musical, Dir. Michael Curtiz, Family.

This is a light seasonable musical, resplendant with dance, stars, Irving Berlin music and lyrics, and lots of the flavor of the holidays. It also is the first offering in **VISTA VISION**, a new type of wide screen that adds height and clarity of detail. The story line is trite, but refreshing. Two Army buddies, Bing Crosby and Danny Kaye go to a "snowless" Vermont to assist their former commanding officer, a bankrupt innkeeper. The girls are Rosemary Clooney and Vera Ellen.

***ROMEO AND JULIET**—U. A. Tragedy, Dir. Renato Castellani, A. & Y. P.

Shakespeare's star-crossed lovers are at last presented in the actual setting of the play—beautiful Verona, Italy. There are many deletions and some connecting verbal shortcuts that will offend the devotees of the Bard. However, I feel this is an excellent experience and will introduce Shakespeare to many who might miss him in the school books! It is a fine contribution, with enough of the poetry left to give full flavor. It is splendidly acted and directed.

***CARMEN JONES**, 20th Cen. Fox, Musical, Dir Otto Preminger, A. & M. Y. P.

Oscar Hammerstein has done the lyrics in a story of undisciplined emotion based on Bizet's opera *Carmen*. An **excellent all negro** cast gives a passionate and vital **performance**. Operatic voices are dubbed in for the leading roles. Dorothy Dandridge as Carmen Jones is a bomb shell of temptation and she causes the downfall of her lover played by Harry Belafonte. It is a tight rope performance of sex and violent behavior. It will be controversial in its reception, but it is important living theatre.

***TRACK OF THE CAT**, Warner, Drama, Dir. William Wellman, A. & M. Y. P.

Stark realism and emotional tension are present and evident

from start to finish of this powerful picture. It is from the Walter Van Tilburg Clark novel. A family is snowbound and menaced by a marauding panther in Northern California in the 1890's. Symbolism takes a major role in the film. It tells of three sons, a self-righteous dominating mother, a drunken father, and the evil that dogs them. Robert Mitchum has the best role of his career, and Beulah Bondi is magnificent as the mother. It is in color with much black, white, and remarkable photographic effects that make this a gripping saga of fate.

RECOMMENDED FILMS

BLACK WIDOW, 20th Century Fox, Murder Mystery, Adults.

This is a good detective yarn in which Van Johnson gets a circumstantial noose about his neck for loaning his apartment to a young girl to write in during the day. When she is found hanged he is suspect Number One! Ginger Rogers in her usual lovely gowns adds style to it. George Raft is the Detective.

WEST OF ZANZABAR, Universal, Adventure Story, Family.

Very fine river and animal photography makes this unusual. Ivory smugglers corrupt the young men in a native tribe. Their Chief and the British game warden expose the corruption and the young warriors see the error of their ways. The natives give excellent performances. The **photography** sets this British-made movie apart!

News About ESO

EDUCATION DEPARTMENT

Mrs. Donald F. Maxfield

We are very happy to announce, through the pages of the Maine Federation News, that the Adult Education and Extension Department, at Colby College, has consented to cooperate with us on the Book Review Service for ESO membership.

A new reading list has been prepared by the English Department at Colby College and it may be obtained from Mrs. William Crossman, 146 Gannage Street, Auburn, Maine, who is chairman of ESO, or from your district director.

The satisfactory completion of four courses (twelve book reviews) will admit a member of the Maine Federation of Women's Clubs to the State Chapter of Epsilon Sigma Omicron, the educational sorority of the General Federation. Sixteen courses (forty eight reviews) entitles the members to a guard, the flaming torch, for her ESO pin.

The application form may be obtained from the Division of Adult Education and Extension, Colby College, Waterville, Maine and the fee for the four courses is \$10. payable at the time of registration.

The Greek words Epsilon Sigma Omicron mean Enlighten Your Own Pathway. What better way can clubwomen find to help safeguard our Democracy and enrich their own lives than to become better informed through reading?

Let's cooperate with Colby College and double the membership of our State ESO Chapter this year.

MAINE FEDERATION OF WOMEN'S CLUBS

SCRAP BOOK CONTEST

Rules 1954 - 1955

Size of Scrapbook not larger than 12" by 14".

Identification of Club and Town.

Interpretation of Federation work and projects in local papers and bulletins showing the individual club working as an integral part of community life, while it contributes in an effort that is state, national and international in scope.

Excellence of pictures as applies to the work of the club.

Publicity in chronological order.

Name of paper and date line.

Number of inches marked on each page and totaled in back of book.

Bangor's Largest Hotel

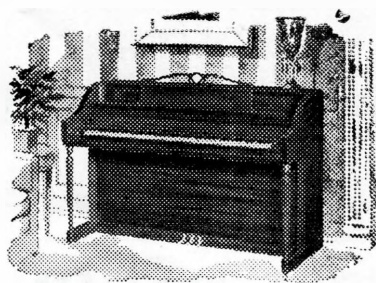
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G. F. W. C. NOTES

GENERAL FEDERATION INTERNATIONAL TOUR

The most exciting adventure ever dangled before a clubwoman's eyes is a 30 day International tour of Europe, planned by the General Federation of Women's Clubs. This European trip is planned for Clubwomen. If friends wish to go, have them join a woman's club in their town. Some husbands will accompany their wives, and children over 14 are welcome. Each issue of the G. F. Clubwoman will contain information about this trip, what to take, what to leave at home, passports, etc. If you are not a subscriber to the Clubwoman, send \$1.00 to Mrs. Gilbert F. Loebs, 43 Burleigh Street, Waterville, Clubwoman subscription Chairman.

At the International Convention, European names that make headlines will be starred on the program. A large European representation is expected, as there are sixty-six clubs or Federations in Europe, with a membership in excess of 230,000.

* * * *

Mrs. Hubbard ended her statement as follows Chairman of the Family Finance Division of the Home Department, G. F. W. C. believes that financial training should begin in childhood." "If every child is taught to spend five cents properly he will know how to spend when he is an adult", Mrs. Hubbard said. I always tell mothers to break the five cents down as follows: "The first penny should be put aside for the future; the second penny should go toward an Education Fund; the third penny should be spent on the other fellow; the fourth should be spent for the child himself for whatever he desires; and the fifth should go to God".

Mrs. Hubbard ended her statement as follows "When our outgo exceeds our income, then our upgo will be our downfall."

REGIONAL DEPARTMENT CONFERENCES

The General Federation of Women's Clubs has requested that four regional Conferences be held, with each Conference covering two of the eight departments in the General Federation of Women's Clubs, with the G. F. W. C. department leaders of the respective departments in charge of Conference.

Maine is one of twelve states and the District of Columbia listed as the Eastern region. The first Conference was held November 15, 1954 at the Emerson Hotel, Baltimore, Maryland. We regret that none of our Department Chairmen or clubwomen from Maine could attend. The time and place of the Eastern Region will be as follows:

January 13, 1955 — New York — Communications and Community Affairs
February 24, 1955 — Atlantic City — Conservation and Home
March 18 — Boston — Education and Public Affairs

Clubwomen are urged to attend as many of these conferences as possible.

S. O. S.

Supplemental List of Projects

1. From American-Korean Foundation, 270 Park Ave., N. Y. 17, N. Y. They need money for the Help Korea Trains which supply food, clothing and shelter to those hapless people.
2. Ceylon, Burma, and Pakistan as well as the Philippines need seeds, as little as 10¢ or as much as you wish—you can take a direct part in helping the free peoples of Asia help themselves, they have a year round planting season. Send money to Seeds For Democracy, 24 California Street, San Francisco, Cal.
3. Bulb Action—The purpose of this action is that buying a bulb collection enables World University Service in Holland in its task to participate in the W. U. S. International Relief and Assistance program all over the world. Three Bulb collections: A—100 long stemmed garden Tulips in 10 varieties \$6.00; B—100 large show Tulips 10 varieties \$7.00; and C—50 Tulips, 30 Daffodils or Narcissi, 9 Hyacinths, 50 Crocus, \$9.00. Send money and orders to World Student Service Fund, Inc., 20 West Street, New York 18, N. Y.
4. Japanese War Widows—Would like to have your discarded stockings, silk, rayon, and nylon; the hose are washed, unraveled, reeled, and reknit. (Get your church group to help you). Write to Women's Welfare Service, 258 East First Street, Suite 342, Los Angeles 12, California for shipping tags, customs, cards, etc. ready to attach to your Packages.

MACAROON PIE

Ingredients:

3 well-beaten egg whites.
1 cup granulated sugar
1 teaspoon Baking Powder sifted together
10 squares salted crackers—rolled.
1 cup chopped walnut meats.
Vanilla.

Method:

Beat egg whites—fold in sugar and baking powder. Fold in cracker crumbs and nut meats. Bake in a greased pie-pan 275 degrees for 30 min. Serve with fruits and whipped cream or ice cream.

by Mrs. R. I. C. Prout

First Vice President G. F. W. C.

How Flaming Is Our Youth?

by MARY McGINN TAYLOR
(Reprinted from GFWC Clubwoman)

Eunice Fulton was eighteen, pretty, and the daughter of a Chicago banker. She had just entered college in the Fall, and immediately was taken up by the smartest set. Eunice had a lavish allowance together with a natural flair for entertaining. She also harbored no compunctions about drinking. In those hectic days when the Capone mob ruled the Chicago underworld, and bootlegging flourished, Eunice was a regular frequenter of the most fashionable speakeasies. Eunice was inordinately popular.

While other girls worried about finding a date for the college prom, Eunice could choose from half a dozen men. There was no doubt about it: Eunice was a perfect product of the Roaring Twenties, with her piquant windblown bob, tight-fitting short skirts, long-drop earrings, and her own monogrammed flask, which she invariably filled with her Dad's best bonded whiskey.

"Eunice is a good girl," her family would comment, "but she is a little wild. We just write it off to these unstable times." And they would pour a drink for themselves to drown any recurrent ideas which might disturb their peace of mind.

Eunice Fulton's life was a continual round of excitement and parties. It left her very little time to concentrate on studies, but then, slaving away at homework wasn't fashionable with her crowd. College was for "contacts," making friends, enjoying life. Why should a girl bother to be smart? In the final analysis, there was only one future for a girl: to marry a rich man, and simply shift the burden of caring for her from her father to her husband.

In her sophomore year of college, Eunice eloped with a young architect, and a year later had her first baby. He husband, Bill, like herself, was popular with their set, and with some substantial financial help from her father, Eunice and her husband continued their partying. However, the collapse of the stockmarket confronted Eunice, as well as most of her friends, with the necessity to readjust liv-

ing standards. It wasn't easy for either Eunice or her husband. The sudden impact of financial worries was so disturbing to Eunice's husband, that instead of purely social drinking he turned to liquor to help him forget his troubles. Within a year he had become an alcoholic. His architectural firm, also hard-hit by the crash, let Bill out in a re-organization move.

Eunice was forced to go to work. "But what can I do?" she asked her friends. "I'm not prepared for anything. I never dreamt this would happen to me! My world's crashed around me!"

Eunice ended up as a saleslady in the toy department of Marshall Fields. It was a nice, respectable job, but even so, it was desperately difficult for her to hold her family together on her small salary.

"My daughters," vowed Eunice, "are not going to make the tragic mistake I did. They're going to enjoy life, but they're not going to live falsely. And I know now that drinking was the chief contributing factor for all the troubles Bill and I have had. My youngsters are going to complete college, and they're going to learn that life can be lots of fun and that they can be popular without ever tasting liquor."

One of Eunice's daughters is beginning high school this year, and Evelyn, the second daughter is entering college in the Spring. Despite the unhappy experiences of their mother, and her admonishments, do they really have a chance for popularity if they don't take a highball or an occasional cocktail? Can they go to parties where hard liquor is served, and without embarrassment refuse a drink?

Statistics report a grave increase in youthful drinking.

Nearly half of all high-school students experiment with alcohol by the time they leave high school. So says a recent Purdue Opinion Panel report, which adds that 35 per cent of the thousands of teenagers polled admit that they sometimes do drink.

This is bad business. Youthful drinking aggravates many kinds of

delinquency, especially sexual misconduct. It lowers the "dams of judgment" of immature, naturally reckless youngsters and makes them a menace behind the wheel. It blights young and promising careers.

Why do teen-agers drink? Some are curious. Some don't have enough healthy outlets for their energy and enthusiasm. But most are victims of social pressure.

Consider that there are two liquor stores or taverns for every church and three for every school . . . that the number of people who drink increased 35% during the Second World War. Consider also that the school, the church and the home give scanty education about alcohol and its effect.

Is it any wonder that many teen-agers feel under pressure to indulge in the "glamour" of drinking?

What is the basic reason for the increase of drinking among young people? It is found that there is no such thing as "college drinking" as a separate thing. Drinking done by college students follows the pattern of the entire adult population. The example set by the family is the determining factor,—not new influences encountered in college. The home, the church, the family's social group, sets the standard.

Surveys also reveal another astonishing fact. In families with an average income of \$10,000 or more, youngsters are more prone to drink, and drink more heavily. This also follows in the college rating: the better the college, the greater the amount of drinkers and drinking. Definitely established is the fact that religious training and guidance, and a solid, understanding,—but not too liberal—homelife, produces better adjusted youngsters who are able to withstand the temptations of drinking in high school and college.

The tremendous influence of the home atmosphere is pointed up in the surveys. 90% of the youthful drinkers come from homes where both parents drink. One-third had

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An Open Letter from Our Junior Chairman

Dear District Director:

I am taking the liberty of writing you about our Junior Membership in the Federation, which is presenting a serious problem. We have lost several clubs from our membership to the Senior organization the past couple years, with no new Junior Clubs being organized.

By organizing a Junior Club, the Senior members are sharing with the Juniors, their organization, knowledge and experience. Juniors are the future of the Federation. Starting club work as a Junior gives young women the opportunity of early and extended training in this work, and encourages them toward the constructive goals of the Federation.

There is, of course, the ever present question of the age limit. Our by-laws read: "If possible at the age of 35 a Junior clubwoman will graduate to a Senior Club of the Federation. If Senior Club has a closed membership, then when two-thirds (2/3) of membership reach age limit a Junior Club may automatically become a Senior Club." This latter has happened in several instances because of closed membership of the Senior Clubs.

I have found that Junior Clubs do not interfere with the membership of Senior Clubs, because the Junior membership consists mainly of mothers of small children and professional girls who could not attend the Senior Clubs' afternoon meetings. However, to have a strong and large Junior organization, the Seniors must accept us with open minds and guide us in our work; the Juniors must be willing to accept this guidance; both groups must work together toward establishing good will and cooperation between the two; and the Seniors should open their club to us, come "graduation time". I feel that if good will exists between the two groups, there would be no difficulty in merging the two when the time comes.

The best way to carry on Federation work in the future, is to train young women in its present-day programs. Won't you help us by taking this message to your clubs when you speak to them, and urge the Senior Clubs to sponsor Juniors?

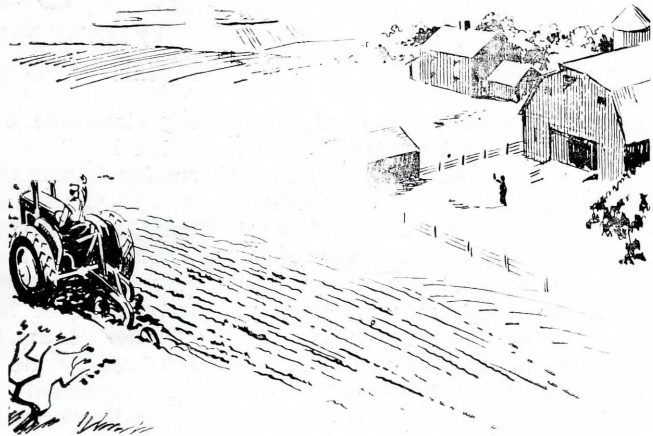
Sincerely yours,
(Miss) Florence Matthew
Chr. Junior Membership, MFWC

News of the Togus Carnival

The Carnival was scheduled for Sept. 13, but due to the storm it was postponed to the following Saturday, again a rainy day, so the members of Special Service at Togus decided to use one of the day rooms, erect booths on a smaller scale, and carry on our games.

We were given a very nice corner booth and our sign was hung on the wall behind us. One of the men of the V. A. V. S. Committee made the signs at a cost of \$1 each and they looked very nice all made the same size and color. These can be used for years to come.

Garden Corner



HOW DOES YOUR GARDEN GROW COME SPRING

One who gardens with his hands is a laborer; one who gardens with his hands and his brain is a craftsman; but one who gardens with his hands and his heart is an artist.

—Clipped

RECIPE FOR POT POURRI OR ROSE JAR

Place into your jar a layer of rose petals half an inch in depth and sprinkle over lightly with salt. Alternate in this manner until half filled. Put jar in cool, dark spot for ten days and don't forget to stir daily.

At the end of this period, bring petals out of hiding. Have ready a mixture containing a stick of cinnamon, ground fine, and an ounce each of allspice and cloves. Remove first mixture and put back in jar in alternating layers with the least concoction of spices. Place lid securely and set back in cool, dark spot for 21 days to "mature".

At the end of 21 day period the mixture is ready for another spicing. So mix together half a nutmeg, grated; five ounces of dried lavender, one-half ounce of cloves and a tiny bit of powdered orrisroot, adding a few drops of rose oil as you go. On top of this put a dash of your favorite cologne.

The state officers were unable to attend and assist me at the booth, due to previous engagements, so my husband came to my rescue and manned the booth with me, and he also took over when I went to the Ward to give the prize at the drawing of those unable to attend the Carnival. Our prize was five Canteen Books. Our game was the Bean Bag Toss and the boys and men enjoyed it and were very pleased to win a canteen book, as everyone did, regardless of his score. We gave out 165 books, which means we spent \$165. I had 200 books and the Chief of Special Services suggested we use the books left to run a Beano game in January when entertainment is quiet.

I am pleased to report there has been an alternate appointed for me at Togus, Mrs. Charles Bailey of Augusta, and she has already visited at a V. A. V. S. meeting with me.

Chairman of Veterans Service
Hilda Fraser



MRS. RICHARD BURRILL

PRESIDENTS' LUNCHEON, DISTRICT 4
MRS. JEAN MOORE, DIRECTOR

Highlights of District 1's year are the following: 100% contributing to the Independence Hall project. Those sending \$30 or over were Woman's Literary Club of Caribou, Philomatheon Club of Fort Fairfield, Activity Club of Mars Hill, Patten Woman's Club of Patten, Fierian Club of Presque Isle and Pomola Club of Sherman Station.

Thirteen clubs contributed to Togus activities; six to CARE. The worthwhile local projects of each club "in the small corner" were many.

106 officers and delegates attended the district conference at Houlton, when our state officers visited with us. The Houlton Club observed its 50th anniversary this year with a special banquet-program meeting and received a citation from the General Federation.

Of the 16 clubs, your director has visited 15, and she wishes to thank the officers and members for their courtesies and cooperation at all times. Also to Mrs. Plouff and Mrs. Center, sincere appreciation for their helpfulness.

News of Our Bookmobile

The support of the Maine Federation of Women's Clubs, in addition to that of other organizations, was so effective in bringing about the enactment of the bookmobile law that it seems proper to make a report of the work accomplished.

The bookmobile itself is a $\frac{3}{4}$ ton heavy-duty Ford truck, with a Vanette body having a capacity of about 1100 books. It arrives at a country school, or a community stop in a town, at an appointed time and for the time being is a small public library. The school children and adults walk into this library-on-wheels, select the books which they wish to read, sign them out, and return them when the bookmobile comes again after a complete circuit of the route.

The books on the bookmobile are almost entirely for recreational reading, comprising a wide selection of picture and reading books for school children, and popular fiction and non-fiction for adults. Simple reference questions are answered on the bookmobile by the librarian, and questions requiring greater research are referred to the State Library to be answered

by mail, or on the next visit. Orders are also taken for books not available on the bookmobile, but which are in the State Library's collection, and these are mailed to the borrower.

The purpose of the bookmobile is to give modern library service as efficiently and inexpensively as possible to rural areas not reached by existing libraries, thus providing equal service to all residents of the area served.

Emphasis is placed on service to the schools because reading is basic in the elementary school, and nothing helps to increase a child's reading ability more than a great variety of good books about subjects that interest him. He is given new insight into the world around him, new interests in life, and is motivated to venture further and further into larger fields of knowledge, and into new vicarious adventures with heroes whom he admires. To deprive any child of the chance to experience the pleasure of good books is a tragedy.

Marion B. Stubbs,
State Librarian

FLAMING YOUTH

(Continued from Page 11)

their first drink at home with members of the family, and 50% started regular drinking habits before they were eighteen.

Why the uptrend in teen-age drinkers? "To be more popular!" "To conform with the gang!"—"To relieve tenseness!"—"To be more relaxed!" These are the average answers.

College students who are active in social clubs and other campus affairs, tend to be heavier drinkers, possibly because they are exposed to drinking more often. Fraternity and sorority members drink a little more than non-members, although rules in the houses are very strict about drinking.

These findings again bear out the fact that the youngsters from well-to-do-families are the heaviest drinkers.

A brief comprehensive analysis on "Drinking in College and High School, 1954" taken from the Yale Survey of Drinking in College, by Robert Straus and Selden D. Bacon, 1953, — and the Nassau County Study of High School Drinking conducted by the Research Bureau of Hofstra College, financed by the Sheppard Foundation of New York City, came up with the following:

The College Situation:

According to a careful investigation into the drinking customs and attitudes of nearly 16,000 students from 27 colleges, the following findings were made:

1. 74% of college men and women drink to some extent, with the largest percentage of college drinkers coming from homes earning \$10,000 or more per year, and twice as many women abstaining as men.
2. National backgrounds, among students whose lineage is unmixed for three generations, indicate that Russian origin accounts for the highest percentage of use, followed by French, Italians, Germans, Scandinavians, Irish, British, American Negroes and American whites.
3. 95% of the students consider four glasses of wine a proper amount to consume at one sitting, 90% think four bottles of beer at a time to be average, with 71% of men and 93% of women thinking three drinks of hard liquor to be the right amount at any given time.
4. 21% of college men drink of-

tener than once a week, as do 10% of the women, but 43% of the men and 53% of the women do not drink more than once a month.

5. 27% of the men and 18% of the women get "high" (feel strong effects without being noticeably unsteady or drunk) half the time, in drinking, with 9% of the men and 1% of the women getting "tight" (some loss of physical control) at least 50 times in their drinking experience to date, with 50% of the men and 10% of the women having been admittedly "drunk" more than once. 18% of the men and 1% of the women have been intoxicated more than six times.

6. 6% of the men and 1% of the women must be put in the "problem drinker" category even at this early stage in their drinking life.

7. 72% of the men most frequently drink beer, 21% distilled spirits and 7% wine, although 43% of the women who drink in college prefer hard liquor, 41% beer and 16% wine. At least 1/3 of the beer drinkers would prefer more expensive and potent alcoholic beverages if they could afford them, and the percentage here is again much higher among the women.

8. 89% of students whose parents drink follow their example. The heaviest drinkers are mostly from the group whose parents both drink, with only 1/3 of these having both parents in the abstainer category.

9. Only 46% of the students whose parents are abstainers do not drink, representing a 54% loss for the total abstainer group relative to its perpetuation through home influence.

The High School Situation:

According to an accurate and dependably representative interrogation of 1,000 students between the ages of 14 and 18, at 29 of the 31 public and private high schools of Nassau County, Long Island, New York, America's fastest growing suburban county, these facts have recently been ascertained:

1. 90% of these high school students drink to some extent, with 43% drinking frequently, 35% already experiencing strong effects of alcohol, and 15% admitting unusual and serious anti-social results.
2. The average "teen-ager" in this survey group consumes slightly more than one glass of beer or

wine per week, and slightly less than 1/2 glass of whiskey. As in the college survey, girls drink more hard liquor than boys.

3. Most of the drinking is done at home or at friends' homes with relatives and friends. Almost 75% of those who drink took their first drink at home, with parental permission. Only a negligible fraction of the freshmen do any drinking away from their families, but 3/4 of the seniors drink at friends' homes, 1/3 drink after school affairs, and more than 1/2 of them drink on dates. The girls do more drinking than the boys on dates,—just about as many girls drink as boys,—but boys consume more per individual. At least 15% of the students do some drinking in bars, cafes and other public places, and the boys in this group far exceed the girls.

4. 17% start to drink before the age of 11. By the age of 14, 79% drink on occasion, and by the age of 16, 90%. There is no increase in the 16-18 bracket, numerically, but there is an increase in the amount of alcoholic beverages consumed, 68% of the parents allow their 14 year-olds to drink at home and 29% allow them to do this away from home at times; 95% permit their 18 year-olds to drink at home, and 84% permit them to drink elsewhere.

5. 95% of the parents in the survey area drink, 1/5 of them frequently, with 93% keeping stocks of alcoholic beverages in the home. As in the college survey, almost all whose parents are frequent drinkers become frequent drinkers. And, here again, since only 52% of the high school children of abstainers are remaining so, there is a 48% loss to this traditional group, even at the high school level. Almost 1/3 of the students claim they do more drinking than their parents know about.

6. About 1/3 of the high school students give parties in their parents' absence, and serve alcoholic beverages. About 1/4 of these represent parental permission. In the other instances, the beer, wine or hard liquor is brought in by friends, purchased without parents' knowledge, or taken from the family stock. The only evident connection between high school drinking and family income appears at this point;

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Left to Right: Mrs. Norman Plouff, state president; Mrs. Guy Marshall, charter member of York Woman's Club; Mrs. George Kendall, president of York Woman's Club.

Club Celebrates 35th Anniversary

Congratulations to the York Woman's Club, which on November 10 celebrated its 35th anniversary. Mrs. Norman Fay Plouff, our state president, was a special guest, and members of clubs in surrounding towns were invited to help observe the occasion. Mrs. John Paul, a past president and a past director of district 13, read the club history. Mrs. Dean Woodward and Mrs. Frank Matthews played an organ-piano duet. A colored moving picture of the history of York was shown. Hostesses were Mrs. Lawrence Ellis, Mrs. Harley Ellis, Mrs. William Lawless and Mrs. David Flint. Mrs. Ranald Langille and Mrs. Lawrence Norton presided at the tea table. The only living charter member present was Mrs. Guy Marshall.

A Message from The Health Division

Mrs. Philip Chase, Chairman

The most challenging news in the public health field this year has been the historic Polio Vaccine Field Trials which offers hope to American parents that the answer to infantile paralysis may be drawing near.

As I write this to you, a small army of scientists and statisticians are evaluating the Salk vaccine at the University of Michigan. More than 144,000,000 separate pieces of information must be compiled before the results can be known. They promise us the answer before the next polio season.

Whatever the results we know that this disease will continue to be a problem in 1955. We still have a moral obligation to the unknown number of people who will be stricken before there can possibly be enough vaccine for everyone. There are more than 70,000 polio patients from previous years who still depend upon the National Foundation for hospital and medical care. Many of us have friends, neighbors or relatives who have suffered the ravages of polio. We know what the March of Dimes has meant to them . . . we can not let them down.

This is a critical year for the National Foundation. At least

\$64,000,000 will need to be received from the March of Dimes in January in order to carry through the programs of patient care, professional and public education and the vaccine evaluation as well as plans for future polio prevention.

There is much to be done in the field of public health education as many questions will arise in the future concerning the Salk vaccine and the proposed methods of distribution should the evaluation prove successful. We can be of assistance in this field. May I suggest a "Program on Polio" for one of your meetings to acquaint our members with this program so they may help inform others. Your local chapter or March of Dimes officials will be happy to help you procure speakers, interesting and educational films and literature if you wish.

May I urge you, as members of the Maine Federation of Women's Clubs to continue your support in this fight against polio. Volunteers are needed for many March of Dimes activities. Special activities within your club to raise "extra" dimes and dollars will help too.

WON'T you "JOIN THE 1955 MARCH OF DIMES?"

Talking It Over

The beginning of a new year always makes us stop to count our blessings and to see if we have really accomplished all we meant to do in the passing year. It is comforting to know that every dawn means a new beginning, and a new year means another opportunity to give more of ourselves to make our community, our state and our country better than it was a year ago.

All the officers of the Maine Federation and the editors of the NEWS extend to you warmest good wishes for a new year of progress and happiness.



MRS. PHILIP B. CHASE

FLAMING YOUTH

(Continued from Page 14)

in the higher-income bracket there is more alcohol readily available in the home itself.

7. Almost all the drinking is done on week-ends.

8. Little drinking is done before going to parties, to make themselves more at ease. Well-adjusted boys and girls do neither more nor less drinking on the average than those presumed to be less able to cope with general stresses and strains. The only clear-cut relationship in this is that the problem was the fact that students whose grades were high and who seemed to enjoy school do less drinking than those whose grades were low. Most drinking students seem to hold nothing against those refusing to drink, and only 25% thought they drank in order to "conform" to group standards. On the other hand, 60% claim to be motivated by strong feelings of curiosity.

9. About 1/3 of those drinking get "high" or "tight" periodically, with 16% having drunk enough at times to have made themselves ill. With 15% admitting that trouble of various sorts and degrees has resulted from their drinking, it is apparent that the "teen-age" definition of being "drunk" is a far more flexible and lenient one than is the adult or legal definition.

10. While only 2% of those questioned could be termed "problem drinkers" of the high school variety, their drinking accounted for 25% of the total group's consumption. The criterion here was "20 or more glasses of 1 or more alcoholic beverage in the week preceding the interview." "14 boys and 5 girls were in this problem drinker" group; 9 seniors, 7 juniors, 2 sophomores and 1 freshman. (All of their parents drink, 6 of them frequently; 4 of the students are not permitted to drink at home; 5 are not permitted to drink away from home; 6 are allowed to drink as much as they wish anywhere; 17 had been "tight" on an average of about once a week during the previous month, and 10 revealed doing things after drinking they would not otherwise have done.

This compilation was made by Monroe Drew, Jr., former Extension Director of Allied Youth, Inc.

Source material included "The TRUTH about College Drinking," by Adie Suehsdorf, in the September 20, 1953 issue of THIS WEEK Magazine—and "First Report on High School Drinking," by Milton Lomask, in the March, 1954 issue of BETTER HOMES AND GARDENS Magazine.

Fortunately, the picture is not quite so bleak nor as hopeless as statistics reveal. For there is an inspiring new movement gaining immense popularity that very well might save the whole situation.

Allied Youth, a non-profit organization working through high schools and colleges of the United States is battling right now,—and successfully—to prove to young people that they can have a good time without drinking hard liquor or beer. At this moment, Allied Youth is gaining hundreds of members in the high schools and colleges across the land,—from Nova Scotia to California.

Ray Breg, Executive Director of Allied Youth, has pioneered a program of alcohol education and alcohol free recreation for teen-agers that has won enthusiastic acclaim nationwide. Breg undoubtedly owes much of his outstanding success to the fact that he isn't the usual reformer type. He bristles when you mention the word. Breg is realistic and understanding, but fired with tremendous energy and conviction which keep him going top speed during all his waking hours. In more than 2300 high schools and an ever growing number of colleges, Breg presents the facts and lets youth make up its own mind.

"Young people are leaving high school," says Breg, "going to college, into military service, out to work in a community where what one does about drinking becomes important. Allied Youth is a way of life that points out "It's Smarter Not To Drink", and builds a fellowship that makes it easier to say, "No, thank you."

"Do you realize there are seven million alcoholics and problem drinkers in America? And two-thirds of these began their drinking in their teens?

"Without preaching or moralizing," continues Breg, "we of Allied Youth offer adolescents the facts so they can cope with the problem on the basis of intelligence, rather

than emotion. Being a member of a sizeable, fun-loving group of teen-agers who are too busy having good times to need alcoholic beverages, helps remove social pressure to drink."

Allied Youth Posts are organized out of the voluntary interest of youth in high schools and colleges. Their procedure is to emphasize fun and social activities, but they also have an educational side,—meetings, panel discussions, talks by members of Alcoholics Anonymous, speeches by juvenile court judges, traffic and probation officers and Show Me Tours.

Roy Breg says that the important problem youngsters have to meet is how to say "No" when offered a drink. Allied Youth has a sound philosophy to meet this contingency, based on research. For example, 94% of youth questioned whether or not they were disdainful of friends who refused a drink, replied they weren't. They were perfectly willing to respect the views of an abstainer. However, 50% definitely resented those who tried to "preach" to them or convert them. Much more influence was exerted by the quiet application of the abstainer's moral values to his everyday actions than by making a big noise about them.

Another interesting statistic showed that there is very little tolerance among either sex for drunkenness. 40% of the men showed definite disgust at drunkenness in men, and 72% were disgusted by drunkenness in women. Two-thirds of the girls were disgusted by drunkenness in men, and three-fourths of the women didn't like to see other women drunk.

The value of Allied Youth which appeals directly to young people is apparent. Instead of parental preaching and emphasizing "don't," Allied Youth presents an attractive, positive way of life that naturally leaves alcohol out. So in assessing the situation as a whole, it's the young people themselves who must make the choice. The hopeful aspect is that there is a choice—a popular and workable one. Youth is offered the alternative to high school and college drinking, which luckily is every bit as appealing as the false lure of drinking to have a better time.