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Women's Initiative Newsletter Vol. 3, No. 2 (March 2019)

Women's Initiative Staff

Women's Initiative

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Women's Initiative



March 1st—
Happy
Anniversary



8 Years together
at Women's
Initiative

WOMEN'S INITIATIVE

We Stand Strong;
Backs Together,
Facing Outward,
Leaning On,
Depending On
One Another.
Seeing all
Obstacles
before us.
WE CAN do
Anything,
Tap My Strengths
I'll Tap Yours



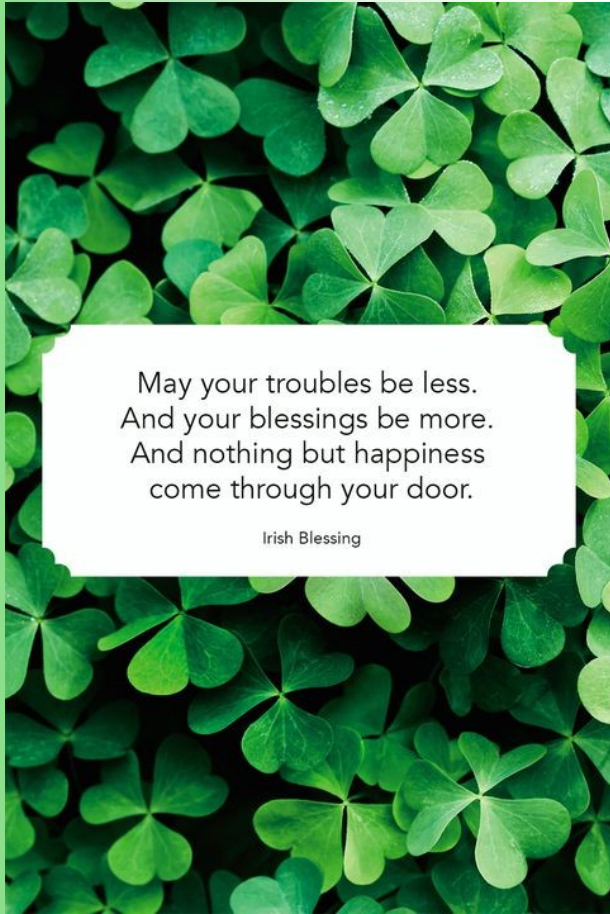
March 2019
Newsletter

Newsletter Date:
3/1/2019-3/31/2019
Volume 3, Issue 2
Schedule:

Mon-Fri
11:00am-4:30pm

Location:
304 Main Street
Waterville
207-692-0290

Thoughts:



May your troubles be less.
And your blessings be more.
And nothing but happiness
come through your door.

Irish Blessing

Up and coming!

Monday, March 11th—Coloring Day 1-3pm—Bring a page you love or choose one from our amazing stock. Let your worries go and create an amazing work of art.

Friday March 15th Jewelry Making—From 1:00pm-3:00pm— You'll be able to take home something beautiful that you made and help out Women's Initiative at the same time.

Thursday March 21st—Upper body/neck massage 12pm to 4pm. By appointment or walk-in. Donations go toward Women's Initiative funds.

This month's "Wellness Talk" Monday, March 25th 1-2pm Dianne will be doing a talk on "Heart Health and Easing into exercise." If you have suggestions for an up and coming Wellness Talk., feel free to call, email, or what's best is a great visit with you here at Women's Initiative.

Monday, March 25th 2pm-3pm— Women's Initiative Business Meeting—Please come join us discussing the past, present, and future of Women's Initiative.

Friday, March 22nd—How to make mittens from sweaters—
guest instructor—Rita



Due to the weather, Women's Initiative selected Monday February 11th for our annual Kindness Project—OVER 1000 pieces were hung up at our local Waterville Public Library. It was amazing!!! Thank you to all that helped!

Busy Hands Finished Crafts



Many busy hands at Women's Initiative, from knitting, crocheting, toothbrush rugs, latch hook, quilting, looms, rugs etc. Please come help create more amazing products for Women's Initiative!!!

March Treat

Amazingly Easy Irish Soda Bread

- 4 cups all-purpose flour
 - 4 tablespoons white sugar
 - 1 teaspoon baking soda
 - 1 tablespoon baking powder
 - 1/2 teaspoon salt
 - 1/2 cup margarine, softened
 - 1 cup buttermilk
 - 1 egg
 - 1/4 cup butter, melted
1. Preheat oven to 375 degrees F (190 degrees C). Lightly grease a large baking sheet.
 2. In a large bowl, mix together flour, sugar, baking soda, baking powder, salt and margarine. Stir in 1 cup of buttermilk and egg. Turn dough out onto a lightly floured surface and knead slightly. Form dough into a round and place on prepared baking sheet. In a small bowl, combine melted butter with 1/4 cup buttermilk; brush loaf with this mixture. Use a sharp knife to cut an 'X' into the top of the loaf.
- Bake in preheated oven until a toothpick inserted into the center of the loaf comes out clean, 45 to 50 minutes. Check for doneness after 30 minutes. You may continue to brush the loaf with the butter mixture while it bakes.

Women's Initiative
304 Main Street
Waterville, Maine 04330

**WOMEN'S
INITIATIVE**

**Together We Are
Women's Initiative**

a REM
Project



**REM – Revitalizing
the Energy in ME**

PLEASE
PLACE
STAMP
HERE