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Women's Initiative Newsletter Vol. 3, No. 11 (November 2019.)

Women's Initiative Staff

Women's Initiative

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Women's Initiative



WOMEN'S INITIATIVE

We Stand Strong;
Backs Together,
Facing Outward,
Leaning On,
Depending On
One Another.
Seeing all
Obstacles
before us.
WE CAN do
Anything,
Tap My Strengths
I'll Tap Yours



November 2019
Newsletter

Newsletter Date:
11/1/2019-11/30/2019
Volume 3, Issue 11

Schedule:
Mon-Fri
11:00am-4:30pm
Location:
304 Main Street
Waterville
207-692-0290

Thoughts:



Up and coming!

TUESDAY November 11th—**VETERANS' DAY**—Women's Initiative will be closed.

TUESDAY November 12th- Coloring Day 1-3pm—Bring a page you love or choose one from our amazing stock. Let your worries go and create an amazing work of art.

THURSDAY- November 21st — **MASSAGE DAY!** Upper body/neck massage 12pm-4pm. By appointment or walk in. Donations go toward Women's Initiative's funds. If you can't make it to massage day and would still like to receive a massage... call and schedule a massage on a day and time that works for you!

FRIDAY November 22nd Jewelry Making From 1:00pm-3:00pm— You'll be able to take home something beautiful that you made and help out Women's Initiative at the same time.

Saturday November 23rd—**Messalonskee Craft Fair.** 9am-2pm It's time for another craft fair. Please let Martha know if you are able to help set up, sit at the fair, or break down. Any help welcome.

This month's "Wellness Talk" The Health Talk will be scheduled for **MONDAY** November 24th- 1-2pm— Getting the right kind of SLEEP.

MONDAY, November 24th Women's Initiative Business Meeting- 2pm-3pm—Please come join us discussing the past, present, and future of Women's Initiative.

THURSDAY November 28th—**THANKSGIVING**—Women's Initiative will be **CLOSED**. Hope everyone has a great holiday.

FRIDAY November 29th— Women's Initiative will be **CLOSED**—Have a great long weekend.

Busy Hands Finished Crafts



Many busy hands at Women's Initiative, from knitting, crocheting, toothbrush rugs, latch hook, quilting, looms, rugs, sewing etc. Please come help create more amazing products for Women's Initiative!!!

Cranberry Sauce

Ingredients

One 12-ounce bag fresh cranberries
1 cup cranberry juice
1 cup pure maple syrup
3 tablespoons orange juice
1 tablespoon grated orange rind

Directions

1. Wash the bag of cranberries under cool water, and then throw them into a medium saucepan. Pour in the cranberry juice and maple syrup. Add the orange juice and orange rind (you could also do lemon rind and lemon juice - anything citrusy). Stir together and turn the heat on high until it reaches a boil and the berries begin to pop. Turn down the heat to medium-low and continue cooking over the lower heat until the juice is thick, about 10 minutes. Turn off the heat. Allow to cool, and then chill in the fridge until Thanksgiving dinner is ready. It should have a nice jelly-like consistency.

Women's Initiative
304 Main Street
Waterville, Maine 04330

**WOMEN'S
INITIATIVE**

**Together We Are
Women's Initiative**

a REM

Project



**REM - Revitalizing
the Energy in ME**

PLEASE
PLACE
STAMP
HERE