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## Women's Initiative Newsletter Vol. 2, No. 8 (August 2018)

Women's Initiative Staff

*Women's Initiative*

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# Women's Initiative



## WOMEN'S INITIATIVE

We Stand Strong;  
Backs Together,  
Facing Outward,  
Leaning On,  
Depending On  
One Another.  
Seeing all  
Obstacles  
before us.  
WE CAN do  
Anything,  
Tap My Strengths  
I'll Tap Yours



August  
Newsletter

**Newsletter Date:**  
8/1/18-8/31/18  
**Volume 2, Issue 8**

**Schedule:**  
Mon-Fri  
11:30am-5:00pm

**Location:**  
60 West River Road  
Chapel Building  
207-692-0290

# Thoughts:



Conversations with Joanne!!!!

August 27th 1pm.

Welcome a guest speaker—our own Joanne Glowa. She will be doing a talk on “stress relief”. If you have suggestions for September's Wellness Talk., feel free to call, email, or what's best is a great visit with you here at Women's Initiative.

## Up and coming!

Saturday the 11th—Blueberry Festival in Winslow on Lithgow Street at the Congregational Church. Blueberry Pancake breakfast from 7am—10am. Come join us showing our wares! Enjoy the festival and support Women's Initiative.

Monday August 13th—Upper body/neck massage 1pm to 4pm. By appointment or walk-in. Donations go toward Women's Initiative funds.

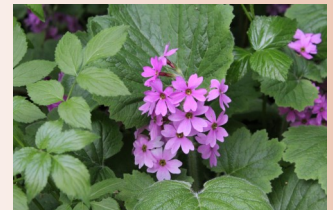
Friday, August 17th Jewelry Making. From 1:00pm to 3:00pm. You'll be able to take home something beautiful that you made and help out Women's Initiative at the same time.

Monday, August 20th is Coloring Day. 1pm-3pm Bring a page you love or choose one from our amazing stock. Let your worries go and create an amazing work of art!

## Artist of the Month

Martha Dempski,  
Bethany Leigh, Dianne  
Nivison

" We will be continuing this month's Artists... On Sunday, May 27th, These three ladies took a day trip to the Botanical Gardens in Boothbay, Maine. Martha lead our way identifying plants and flowers. We had a wonderful time. We look forward to another trip to the Gardens this year."





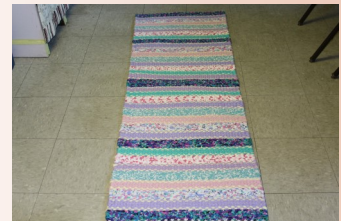
# Busy Hands



**Our NEW  
Aprons!!!**



# Finished Projects



Many busy hands at Women's Initiative, from crocheting, toothbrush rugs, latch hook, to quilting! Our new products are so amazing that they are practically sold before they are finished. Need lots of **help** to restock our products! We have upcoming craft fairs and really would like more products to sell. And always need help with our annual Kindness Project—Making Hats, Scarfs, Mittens etc for anyone in need. Please come help create more amazing products for Women's Initiative.

# Other News!

## Successful Craft Fair July 28th at Oakfest



Next Craft Fair at the  
Blueberry Festival on  
AUGUST 11TH! Please  
come to support Women's  
Initiative!



### Month:

- Admit You're Happy Month
- Family Fun Month

Dog Days of Summer - July 3 - August 11

International Clown Week - always August 1-7

- National Catfish Month
- National Eye Exam Month
- National Golf Month
- Peach Month
- Romance Awareness Month
- Water Quality Month
- National Picnic Month

### Weekly Events:

- Week 1 National Simplify your Life Week
- Week 2 National Smile Week
- Week 3 Friendship Week
- Week 4 Be Kind to Humankind Week



# August Treat!

Dianne's Banana Bread

3 Bananas' Mashed, 3/4 Cup Sugar or Splenda, 1/8 teas salt, 1 egg, 1 teas bak-ing soda, 1 tablespoon water, 1/4 cup oil, 2 cups flour, 1 cup walnuts, 1 cup chocolate chips (optional)

325 degrees for 1 hour 5 mins (or 320 for 1 hour and 10mins)

Mash Bananas, add remaining ingredi-ents. Stir in Walnuts and choc chips (if desired). Grease a large loaf pan. Place mixed ingredients into pan and bake.

**Women's Initiative**

P. O. Box 1836

Waterville, Maine 04330

**WOMEN'S  
INITIATIVE**

**Together We Are  
Women's Initiative**

a REM  
Project



**REM – Revitalizing  
the Energy in ME**

PLEASE  
PLACE  
STAMP  
HERE