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## Women's Initiative Newsletter Vol. 2, No. 2 (February 2018)

Women's Initiative Staff

*Women's Initiative*

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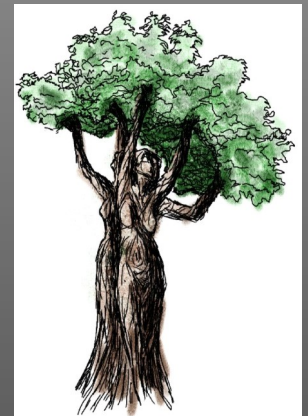
Staff, Women's Initiative, "Women's Initiative Newsletter Vol. 2, No. 2 (February 2018)" (2018). *Maine Women's Publications - All*. 357.

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# Women's Initiative



## WOMEN'S INITIATIVE

We Stand Strong;  
Backs Together,  
Facing Outward,  
Leaning On,  
Depending On  
One Another.  
Seeing all  
Obstacles  
before us.  
WE CAN do  
Anything,  
Tap My Strengths  
I'll Tap Yours



## February Newsletter

Newsletter Date:  
2/4/2018  
Volume 2, Issue 2

### Schedule:

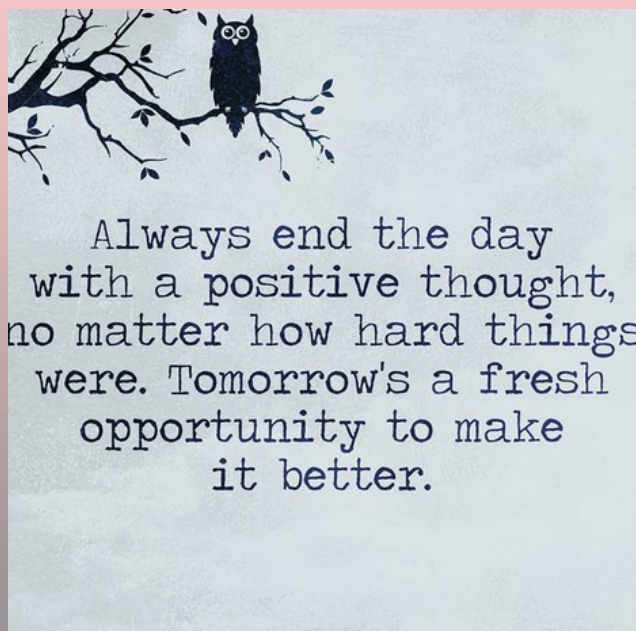
Mon-Fri

11:30am-5:00pm

### Location:

60 West River Road  
Chapel Building  
207-692-0290

# Thoughts:



Conversations with Dianne, "Heart Health—Medically and Emotionally."  
Monday, February 26th 1pm-2pm,



## Up and coming!

Friday, February 9th—REIKI -2pm to 4pm. By appointment or walk-in.

Donations go toward Women's Initiative funds.

Monday, February 12—Upper Body and Neck Massage. By appointment or Walk In. Donations go toward Women's Initiative funds.

Friday, February 16 is Jewelry Making. From 1:00pm to 3:00pm. You'll be able to take home something beautiful that you made and help out Women's Initiative at the same time.

Monday, February 19th is Coloring Day. 1pm-3pm Bring a page you love or choose one from our amazing stock. Let your worries go and create a masterpiece!

## Artist of the Month

### Sarah Maddux

Come see the amazing work of Sarah Maddux. She will wow you with her artistic talent. Beautiful Coloring Artestry!



# Busy Hands



# Finished Projects



Many busy hands at Women's Initiative, from crocheting, toothbrush rugs, latch hook, to quilting! Our new products are so amazing that they are practically sold before they are finished. Need lots of **help** to restock our products! And always need help with our annual Kindness Project—Making Hats, Scarfs, Mittens etc for anyone in need. Please come help create more amazing products for Women's Initiative.

# Other News!

It's getting to be that time of year...

## SCARF BOMB

### DON'T FORGET!

Friday February 9th is our annual Women's Initiative Kindness Project! Between now and then we highly encourage everyone to work on projects that they may want put in our collection of amazing Hats, Scarfs, Mittens etc.

We will be open on Friday and several of us will be going to the Waterville

Library around 12noon. Come and join us if you can! We will even get a hot beverage at Jogensons . Thank you all who has put their heart and time into this amazing project! We couldn't do it without you all!



# Special Woman

This month, we would like to recognize

## Robin Chapdelaine

HI! I am the mother of two grown children. After losing my husband, I was alone except for church. Since I have been in Maine, I volunteer at Reddington Fairview Hospital as a greeter two days a week. Volunteering has been a positive experience but I needed women to hang around and socialize with. Our very own Pat Byther introduced me to the idea of Women's Initiative. And I also wanted to learn a craft. I have been amazed at the great positive interactions. Great women to be around! I have learned how to make hats and I am enjoying every moment. I get to help with the Scarf Project. I am so excited that I can be crafty. I feel so welcome...and now I belong to this amazing group of women.



# February Treat!

## Mocha Dark Chocolate Chunk Brownies

Cooking Spray

Preheat 350 degrees

1 Cup sugar

1/2 cup unsweetened cocoa

3 Tablespoons butter, melted

1 1/2 Tablespoon instant coffee granules

2 Tablespoon's water

1 teaspoon vanilla

1/2 teaspoon baking powder

1 large egg beaten

1 large egg white beaten

2/3 cup flour

1/2 (3 oz) bar of dark Chocolate chopped

Spray 8 inch square pan. Combine sugar and next 8 ingredients in bowl. Add flour and chocolate. Stir till blended. Spread batter in to prepared pan. Bake 350 degrees for 30 minutes. Cool on wire rack.

## Women's Initiative

P. O. Box 1836

Waterville, Maine 04330

# WOMEN'S INITIATIVE

## Together We Are Women's Initiative

a REM  
Project



REM - Revitalizing  
the Energy in ME

PLEASE  
PLACE  
STAMP  
HERE