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## Women's Initiative Newsletter Vol. 2, No. 1 (January 2018)

Women's Initiative Staff

*Women's Initiative*

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# Women's Initiative



## WOMEN'S INITIATIVE

We Stand Strong;  
Backs Together,  
Facing Outward,  
Leaning On,  
Depending On  
One Another.  
Seeing all  
Obstacles  
before us.  
WE CAN do  
Anything,  
Tap My Strengths  
I'll Tap Yours



January 2018

Newsletter

Newsletter Date:

1/8/18

Volume 2, Issue 1

Schedule:

Mon-Fri

11:30am-5:00pm

Location:

60 West River Road

Chapel Building

207-692-0290

# Thoughts: Attitude of Gratitude

“LIVE without pretending.  
LOVE without depending.  
LISTEN without defending.  
SPEAK without offending.”  
-unknown

Wake up every day and  
express to yourself what  
you are grateful for!

REMEMBER: You can always shop at  
Women's Initiative for your homemade  
needs and desires.

## Up and coming! Artist of the Month

Friday, January 12th—Jewelry Making  
Day, 1-3pm

Monday, January 15th— Upper body  
and Neck Massage. 1-4pm By appoint-  
ment or walk-in.

Donations go toward Women's Initia-  
tive funds.

Monday January 22nd—Coloring Day 1-  
3pm

Monday January 29th 1-3pm Wellness  
Talk with Dianne

### COULD IT BE YOU?

Do you or does someone you know have  
an artistic side to them? Pass out the  
word that we are seeking talented wom-  
en at Women's initiative. Call Women's  
Initiative or Martha Dempski for sign up  
dates and times.





# Busy Hands



# Finished Projects



Many busy hands at Women's Initiative, from crocheting, toothbrush rugs, latch hook, to quilting! Our new products are so amazing that they are practically sold before they are finished. Need lots of **help** to restock our products! Please come help create more amazing products for Women's Initiative.



# Other News!

It's getting to be that time of year...

## SCARF BOMB



We need all hands on deck... for our February Scarf Bomb! Our kindness project is to put out as many hats, mittens, gloves, and Scarfs on February 9th at the Waterville Library. Free to those in need!



## Easy Peach Cobbler

- Two 15-ounce cans sliced peaches in syrup
- 1/2 cup (1 stick) butter
- 1 cup self-rising flour
- 1 cup sugar
- 1 cup milk

Homemade Whipped Cream, recipe follows  
Homemade Whipped Cream:

- 2 cups whipping cream, chilled in the fridge
- 4 tablespoons sugar

Preheat the oven to 350 degrees F.

Drain 1 can of peaches; reserve the syrup from the other. Place the butter in a 9- by 12- inch ovenproof baking dish. Heat the butter on the stove or in the oven until it's melted. In a medium bowl, mix the flour and sugar. Stir in the milk and the reserved syrup. Pour the batter over the melted butter in the baking dish. Arrange the peaches over the batter. Bake for 1 hour. The cobbler is done when the batter rises around the peaches and the crust is thick and golden brown. Serve warm with fresh whipped cream

Homemade Whipped Cream:

Chill a large metal mixing bowl and the wire beater attachment in the freezer for about 20 minutes. Pour the chilled cream and sugar into the cold mixing bowl and beat until it forms soft peaks, about 5 minutes. The mixture should hold its shape when dropped from a spoon. Don't overbeat or you'll have sweetened butter!

Special Words from  
Someone Special

Criss Kraus

"Fellowship, relaxation, loving friendships, and learning new things... these are just a FEW of the perks of Women's Initiative.

Women helping women...  
We are a true sisterhood."

**Women's Initiative**

P. O. Box 1836

Waterville, Maine 04330

**WOMEN'S  
INITIATIVE**  
*Together We Are  
Women's Initiative*

a REM  
Project



**REM - Revitalizing  
the Energy in ME**

PLEASE  
PLACE  
STAMP  
HERE