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Pine Tree Notes (March-April 2015)

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General Federation of Women's Clubs - Maine Chapter

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Pine Tree Notes

GFWC Maine Newsletter
March / April 2015



Our Past Will Determine Our Future



President's Letter

Marjorie Goodwin
DMGoodwin2@live.com



As I write this, I am looking outside at very high piles of snow in my yard. Yet, the calendar says Spring is only 20 days away and I hope Mother Nature realizes that fact! It has been a tough Winter for everyone.....very cold temperatures and too much snow.

But with the promise of Spring not far in the future, it is time to think ahead to what many of us look forward to. District meetings will be held and I hope that as many of you as possible will attend them. The District Presidents plan these with you in mind.

The Art Shows remind us just how talented some of our students are. (I am not the least bit talented in artistic ability but I do appreciate the work of those who are talented.) So, please, plan to attend your District meeting. It is a time to learn what other clubwomen are doing in their communities and a great time to socialize and make new friends.

The Spring convention tentative plans are included in this edition of the Pine Tree Notes. The convention will be held at the Hilton Garden Inn in Auburn on May 7th and 8th. You will notice that some of the agenda has been tweaked (with you in mind) and the "Information Highway" will bring information, entertainment, shopping opportunities and enjoyment in just being with friends. Please plan to attend at least one day of the convention and bring women from your club with you. We had a very good attendance at the Fall Conference. Let's try to increase the attendance at the Spring Convention, as these meetings are for you, the clubwomen in GFWC Maine. I am looking forward to this meeting as it gives me an opportunity to talk with you and find out what you look for in these events.

The GFWC Annual Convention will take place from June 13 to June 15, 2015 in Memphis, Tennessee. The Sheraton Memphis Downtown will provide accommodations overlooking the Mississippi River, while the Cook Convention Center, just a skywalk away, will host meetings and meals. The 2015 GFWC Annual Convention tours are available from June 10-12, 2015 and include Volunteer at St. Mary's Soup Kitchen, Graceland Tour, St. Jude's Children's Research Hospital Tour, National Civil Rights Museum and Rock N' Soul Museum Tour, Riverboat Ride and Downtown Memphis Tour. So start planning now to attend. There will be clubwomen from all over the United States and beyond attending this convention.

It really surprises me when I look at the calendar and realize that the 2014-2016 administration has just a little over a year left. Time goes swiftly when you are having fun, I find. I have enjoyed visiting clubs this year and look forward to the coming year. Clubwomen in GFWC Maine amaze me when I am told what they accomplish in their communities. Keep up the good work! Share what you do with others.....we are never too old to learn something new....and it might just work in our community, too.

I look forward to seeing you in May at the Spring Convention,

Marjorie E. Goodwin
GFWC Maine President

Proud member of the General Federation of Women's Clubs

**President-elect**

Mary Libby
MKLibby@yahoo.com

This has certainly been a winter to remember - record cold and record snow. It has inconvenienced most of us and we have had enough of it. However, we haven't had to deal with blackflies! Yes, I always try to see something positive in every situation.

Despite the winter weather, most clubs are planning their spring student art show. This is one of the ways we celebrate the talented high school artists. We are always amazed that each year the quality of the work submitted just gets better and better.

As you are planning your club and district art shows, please let me know the date and place. I will attend as many as possible.

Thank you for all you do.
Mary K. Libby
President Elect

**Recording Secretary**

Carol Jarvais
RJ Jarvis@myfairpoint.net

**Treasurer**

Sheri Walsh
swalsh1964@gmail.com

**Corresponding Secretary**

Wendy Bowler
WendyBowler@gwi.net

**Vice President**

Nancy Ames
NancyAmes76@gmail.com

Think Spring – it's all I can think about after this brutal winter we have had! I want to thank everyone for meeting the deadline for report writing. I know the January 15th deadline sneaks up fast after the reporting year just ended. I did have time to skim over the reports before I sent them along to the appropriate Chairmen – what wonderful projects our GFWC Maine Clubs have done this past year – we really do make a difference in our communities. This has been a “learning” year for me and I hope I was able to answer most of your questions. I am planning on doing a Report Writing Seminar at the Fall Conference. I am in hopes a couple of the Clubs that write excellent reports will let me “share” them with all of you. This will help make everyone's reporting a little more accurate and hopefully make things much easier for the Chairmen to write their reports to GFWC. Great job everyone!

Nancy Ames
GFWC Maine Vice President

**Parliamentary Advisor**

Libby Wiers

Please note Libby's new email address:
mnlibby49@gmail.com

Happy Spring!

DIRECTORY UPDATE:

Page 21, Please update Corinne's information in your directory:

Corinne Neal
11 Main Street Hill
Dexter, ME 04930
270-2936 | corinnecneal@gmail.com

DISTRICT PRESIDENTS

District 1 Nancy Kenty
NanKey59@maine.rr.com

District 2 Joyce Noonan
JANoonan@beeline-online.net

District 3 Jane Le Vie
LeVie6@yahoo.com

District 4 Sheri Walsh
SWalsh1964@gmail.com

CLUB NEWS

DISTRICT 1

District One Meeting

April 11, 2015 at 10:30am
Cressey Road United Methodist
Church, Route 25, Gorham ME

Art Show

Paintings needed by 9:30am.
Judging will be at 9:30am.
Coffee & Muffins
Lunch at 12 or there about.
See you there.

21 Club of Kezar Falls

21 Club-GFWC opened 2015 with a business meeting. They collected Christmas card fronts to be sent to St Jude's. Feb 10th the club had their potluck supper and a "shower" for the Ronald McDonald House. Valentines were sent to the Maine Veteran's Home

A local artist will speak at our Feb 24th meeting

We will be making cards for our military men and women, collecting funds for our challenge from Gloria Leveillee and hosting the high school art show in March. A public supper will be one of our fundraisers

Thanks, Sherry Campbell

GFWC Westbrook

Woman's Club

January 6th came with a program by Nancy Kenty, District President, they played a game of you can get there from here. It was fun to see if you could get from point A to point B by various routes. On January 20th was a program on the Wounded Heroes program of Maine by Pam Payeur. What an informative presentation.

February 3rd was their Mid-Winter Luncheon with a roast beef meal. Good fellowship was had by all; also a program by Mike Foley on his trip to Archangel Russia sister city to Portland. It was an interesting topic and he had many pictures to show places and things that they saw and did. Many question were asked and answered. February 17th was a program on abuse given by Ted Hatch of the Gorham Police Department a lot of information was presented and a lot was learned by all. Of course we had to battle the snow but all went well.

They had a member arts and craft show at the last meeting many paintings were displayed along with many other projects. Boy do they have many talented members.

Norma

GFWC Research Club of Limerick

You got snow?? **The Research Club of Limerick** has had their share and spring can happen anytime now.

Our Red Bow project in December, supporting "The Wounded Heroes of Maine Program" again this year brought in \$1041.32, our biggest donation yet. Our Veteran's deserve all the hard work our members have put into this worthwhile project.

Our club does not have meetings in January or February due to Mother Nature; however we did put up another display in our local library to welcome new members during

February. State and national info about GFWC as well as our program itinerary was offered for the taking and our current scrapbook was displayed for curiosity. We are also working on putting together a club brochure of our history to be able to hand out and make available to potential new members.

Information for Art Contest in the form of posters with contacts was put in the high school and library. We are waiting for applicants to participate at our April meeting where we will feature a local artist, Diane Snow, who will talk about different forms of art as well as her own at her gallery here in Limerick. She will also be one of our judges.

Our March meeting will bring Gloria Tewhey, Maine Youth Leadership chairman, to inform us of the benefits this program gives to budding high school students looking for leadership skills needed for future endeavors. Our club supports this worthwhile program and it is our intention to also educate newer members of why we are involved.

Our annual March fundraiser is under way to provide a luncheonette at our town meeting. This is also an education in itself of town affairs and has been fruitful for our club.

May proposes to be much fun in the presentation of "Growing Worms for Garden Use" Owner, Michelle Gardner, of Michelle's Happy Worm Farm will explain how to grow worms for the byproduct of fertilizer for garden use.

GFWC Southern Midcoast Women's Club

The Southern Mid Coast Women's Club has been busy working on some cool ideas for fund raising. And raised over \$50 which will be donated to Heifer International.

GFWC Gorham

Woman's Club

Nancy Kenty, District 1 President, spoke at the Gorham Woman's Club about the history of GFWC. It was an informative and interesting meeting.

At the February meeting, members were happy the weather was good enough to be able to travel and get out the house. Clubwomen and a guest watched the MPBN show "Broken Trust" a special that focused on the "*Hidden Epidemic*" of Elder Abuse in Maine. The program informed them about Maine residents who had been the victim of elder abuse or financial exploitation and work being done by Maine police officers. The program can be found on MPBN.net.

The club also scheduled a workshop to make tatted stationary and assist the Knights of Columbus at one of their Friday fish dinners.

DISTRICT 2

District 2

High School Art Show

Saturday, April 18,
at the

Skowhegan Free Public Library,
from 10am to 2pm
Hope to see all of you there.

GFWC Skowhegan

Woman's Club

The Skowhegan Woman's Club met on January 14th The "Getting to Know You" member this month was Nancy Gould, our new president. She spoke of growing up in Skowhegan and getting involved in some of the many different adventures later in life. Did you know she is a "champion golfer"? The speaker was member Debra Burnham, coordinator of the Somerset County Literacy Volunteers. She gave an inform-

ative talk on her role as coordinator and how the organization works.

The club continues to visit the Redington Memorial Home each month. Providing a craft day, companion-ship, and giving of their time is as rewarding to the members as it is to the residents.

February brought Valentines, chocolate and frigid weather! At the February 11th noon meeting, Joyce Noonan was our "Getting to Know You" member. Joyce told us that when she was in high school (South Portland High) that she belonged to Theta Delta Phi Sorority. High school sororities and fraternities were unique to that area. She reminisced about pledging and the crazy things they did. The February speaker was club member, Ellen Govani. She gave a very informative talk on her work as a volunteer companion for the elderly.

On a cold but sunny Feb. 21st, 11 members sold raffle tickets, coffee and homemade baked treats, and handmade crafts at the F.A.B. Fair in Skowhegan. The club also had a table where children made pins or refrigerator magnets. We are looking forward to Spring!

Waldoboro's Woman's Club

The guest speaker at the January meeting of the Waldoboro's Woman's Club was Town Manager Linda J. Briggs. Her over-riding message centered on the thought: "You value what you fund." She delineated her belief that Waldoboro's outstanding need is an updated comprehensive plan to encourage growth and re-vitalize the town. She expressed concern for town employees whom she considers under-rated, under-funded and lacking training. She expressed, along with the need for updating the comprehensive plan, better job security.

Club members were invited to the retirement celebration for Past President Carol Hall Perry and joined with many members of the community in wishing Carol many years of retirement happiness after

over forty years of professional work in the town.

The club received thank you notes from Lincoln Home, Waldoboro's Toys for Tots, CARE and New Hope for Women for gift support.

Detective Seth Blodgett from the Attorney General's Office was the club's guest for the February meeting. Despite snowy roads and frost temperatures, after lunch the members were given a most comprehensive overview of Elder Abuse by Seth. He fielded many questions from the audience and left us with an improved knowledge of the abuses suffered by many of the elder population of our state. Seth is the son of our Vice President Carol Blodgett and her husband Bill, a graduate of Medomak Valley High School, and a credit to the law enforcement branch of our state government. All agreed that we are very proud of this "homegrown" gentleman.

This month the club sent out \$8,000 in scholarship funding to support 8 scholarships. A thank you note for a \$250 scholarship was read from Maine Youth Leadership program. The club is looking forward to learning who will be selected as our local recipient of this year's scholarship.

GFWC Livermore Falls

Women's Club

In January the club meeting was held at LaFleur's Restaurant. A wonderful brunch was served. The guest speaker was Mike Lowe from the Masonic Grand Lodge of Maine. He presented a very interesting program called CHIPS. It is used for children if they become missing. All information such as photo, voice analysis, finger prints are put onto a CD then transferred to a card called bicycle license that is given to the children and parents. This program is also used for missing elderly. The CHIPS program is free.

In December a solid cherry handmade French rolling pin was presented to Lucille Lavoie for her hard work and dedication in bake sales and fund raising.

The club is mourning the loss of two past presidents. Jackie Decays immediate past president and Marg Smith who was president in the early 80's. They will both be missed.

GFWC Semper Fidelis Club

The GFWC Semper Fidelis Club met in January for a "Re-gifting" Auction. Members brought in new or slightly used items to auction off for this annual fundraiser. A fun time was had by all while raising \$181. The Club also raised \$584 selling RADA as another fundraiser.

In February, the Club provided s'mores for the Lake George Winter Carnival. At the monthly meeting, Club members made Tea Cup bird feeders. The Club also took part in the FAB Fair, sponsored by the Skowhegan Area Chamber of Commerce. A table was set up with a game that involved shooting red solo cups with marshmallows from a catapult, with donations going to Shot at Life. Literature was also handed out to help bring awareness to the importance of vaccinations. The Club also sold some of their Tea Cup bird feeders, and will be selling them at GFWC Maine Spring Convention as well!

DISTRICT 3

District 3 District Meeting
April 4th 10am – 2pm
at Jeff's Catering in Brewer

I would love to see many clubs and members attending. This is a good chance to meet other clubs and see what they are doing in their area. You might get some ideas for your club.
Hope to see you there.
Jane

Pittsfield GFWC ARTS Club

The weather has been so unpredictable; however, the Pittsfield ARTS (Always Ready to Serve) club has been able to hold their meetings as planned.

Our Pittsfield representative to the Maine House, Stanley Short, was our speaker at our January meeting. The topic for the evening was the elderly and the effect the closing of a local nursing home had on them. He spoke on what should be done to help the elderly stay in their homes and the hopes of some facilities that would enable them to be as independent as possible with assistance.

Our February meeting was held Feb 10th and our speaker for the evening was Harold Goodridge, Commander of the local American Legion Post #32.

Mr. Goodridge reported the post had acquired a building that had partially burned a few years ago in the town of Pittsfield. Repairs will be made to the building and it will be used in the future for their meetings, pot luck suppers to support their causes, and hopefully an area for public use. During the club meeting that followed his talk, the club voted to make the American Legion Post #32 building fund their Community Improvement Project. A donation will be made to them and hopefully will be able to help with some of their fundraisers to get this project going.

After the close of the meeting, club members put together Valentine Day bags for a local boarding home and their staff. Honorary club member Connie Theis will deliver the bags on behalf of the club.

Our March meeting will be a speaker on behalf of the Pittsfield Recycling facility.

Bangor Patawa Club

In January and February, Patawa members collected warm hats, gloves, and socks; which were

donated to the Bangor Homeless Shelter. The club is planning to decorate a table for Literacy Volunteers of Bangor's Literacy tea March 29th based on the *Fancy Nancy* books. Members are also currently collecting bottles of wine for their Spring fundraiser which will be a "restock your wine rack" raffle. Tickets will be sold in March and winners drawn at their April meeting. For current happenings follow Patawa on Facebook at www.facebook.com/PatawaClub.

DISTRICT 4

The Washington County clubs do their Art Show at Machias Savings Bank.

Check with clubs for dates & times.

Castine Woman's Club

While our yards and woods have been filling with snow, the **Castine Woman's Club** has been busy filling these snowy winter days with community and fundraising events. In January, the CWC hosted the ever popular and successful winter chili Bridge Luncheon. Due to extreme weather, our January Dinner-at-Noon was canceled twice. Thanks to a brief break in the weather, the community enjoyed the warmth of companionship and good food at the February 24th Dinner-at-Noon. What a way to beat the winter blues while raising funds for scholarships and community projects!

The Club's first general meeting of 2015 was held on March 3 with members enjoying a talk on arthritis. At the Club's April 7 meeting, in preparation for spring, members will be treated to a talk by Marjorie Peronto of UMaine Extension Service on gardening. On May 5, a special presentation will be given at the Wilson Museum's Education Center,

tentatively on Native American basket weaving.

Community members and guests are always welcome at CWC presentations. The final meeting of the 2014-2015 year will take place at Town Hall on June 2 with an annual meeting and potluck luncheon.

This spring, in partnership with the Castine Recreation Committee, the Club will again raise funds by providing concessions at the annual town meeting. Other spring and summer fundraiser plans include a bridge luncheon, a July 4th pie sale, and an art auction.

The CWC is ecstatic to again host a Flash in the Pans concert on Monday evening, July 6th, on the Castine Town Dock to raise dollars for area scholars. Dust off your dancing shoes and come on down and enjoy the beat of the steel drums!

GFWC Lubec Woman's Club

For the third year in a row, the Lubec Woman's Club was asked by the Lubec Community Outreach Center to provide "woman power" for the annual Lubec Community Seniors and Veterans Christmas Party. The Club also once again provided almost thirty dozen homemade cookies for the dessert. Eight club members, dressed in their "uniforms" of red aprons and elf hats, served the meal (prepared by the local Masonic Lodge) to over one hundred folks. This year a new activity was added to the afternoon's festivities as the Club members, with keyboard accompaniment, led an old fashioned Christmas sing-a-long.

This event is a great way for residents of Lubec to feel appreciated by their community and to improve their quality of life. Many of the attendees arrive early and take time to visit and chat with each other. There's plenty of healthy food to enjoy, take home for leftovers or deliver to those who could not attend. Santa arrives and

he and his helpers hand out small gifts to each person. This year it was clear that many people were enjoying the familiar Christmas melodies and to top it all off, the weather cooperated!

The Club's next activity will be their annual Ham Dinner Raffle, always a reliable fundraiser. The late March event is also special as the winners often donate their prizes (via the local Food Bank) to families in need.

GFWC Narraguagus Women's Club

The GFWC/Narraguagus Women's Club January meeting was cancelled due to weather. Two members were later able to meet on

a Saturday to make Valentines for the residents of two health care facility in the area. Members were solicited for cupcakes and punch

for the Valentine parties that the Club gives for the two residential home. Members visited the health care facilities on Valentine's Day

with the Valentine cards for each resident. The refreshments were left for the residents to share after dinner.

Weather and the absence of members who are "snowbirds" has been a challenge to hold meetings in the first three months of 2015.

The program for the April meeting will be Betty Duzen from Cutler portraying Edith Roosevelt. A book discussion on "The Three Roosevelts" by James McGregor Burns and Susan Dunn will be the program for the May meeting.

The "snowbound" members are looking forward to welcoming the "snowbirds" back to Maine and to the club meeting

**GFWC Maine
Spring Convention**
May 7 & 8, 2015
Hilton Garden Inn
Auburn, Maine



**GENERAL FEDERATION
of WOMEN'S CLUBS**

*Celebrating 125 years of
Living the Volunteer Spirit.*

GFWC Milestones & Facts

1868 Professional journalist JANE CUNNINGHAM CROLY WAS DENIED ENTRANCE to an all-male press club event and responds by organizing a woman's club. Jennie June, as she was known, names the club Sorosis, a Greek word meaning "an aggregation; a sweet flavor of many fruits."

1904 Clubwoman Alice Lakey (New Jersey) initiated a letter-writing drive to ADVOCATE FOR PURE FOOD LEGISLATION. Taking up Lakey's passion, GFWC promoted a nationwide awareness campaign that lead to the passage of the Pure Food and Drug Act in 1906.

1925 GFWC MEMBERS ORGANIZED A NATIONWIDE SURVEY on household technology in American homes and produced a five-part Home Equipment Primer to educate families on utilizing available utilities to maximize laborsaving. As a result of this campaign, "homemaker" was included as an identified occupation for the first time in the 1930 United States census.

1932 The first national meeting of the honorary educational society EPSILON SIGMA OMICRON, held at the GFWC Convention in Seattle, Washington. Founded in 1928 by the Indiana Federation of Clubs, ESO promotes self-improvement through a planned reading program.

PUBLIC ISSUES

Hello from the bottom of the snow piles. We have plenty of it and I guess you do too. We know we are on the spring end of it. Hurray

I received the reports from Nancy and have read them all with interest and wonder. The "wonder" part is why you all didn't send narratives. Twenty-one clubs reported with 34 projects, 1084 volunteer hours, \$2,628.32 donated and \$1546.00 in in-kind donations. Eight clubs sent narratives. I have chosen one for the Creativity Award and one for the State Award. These will be announced at Spring convention.

Keep up the good work. Spring Convention will soon be here. I hope many of you will plan to attend. Right now it looks like I will be absent this year. I will miss it and seeing all of you.

As you can see, I am back online.

In federation,

Minnie McCormick Public Issues Chairman

CONSERVATION PARTNERSHIP

The seed catalogues are coming in, the days are getting longer and I still have 3 feet of snow in my yard (as many of you do). Planting seems a distant future endeavor. Conservation seems a topic of individual survival at this point, but let me give you something to think about.

Please take a look at the www.projectcanopy.me webpage to get a look at what the Maine Department of Agriculture is trying to accomplish. We can't apply for a grant at this point, but we can plan for programs that invite our local forest ranger to come and speak to our clubs about project canopy and planting trees in general. Their goal is to help Maine towns and communities develop long-term community tree programs and maximize the benefits trees and forests provide.

There are District Foresters that are available for assistance. They are located in Lyman, Jefferson, Old Town, Island Falls, Gray, Norridgewock, Greenville, West Paris and Ashland, Maine. Invite one of them to come and speak to you club about Project Canopy and Grow Smart Maine. They are looking for community involvement. Is it possible for each club in GFWC Maine to be responsible for planting one tree? That does not seem like something that is outside our reach. "A man does not plant a tree for himself; he plants it for posterity." Think about your great grandchildren enjoying a tree that you planted.

Sally Manchester

ARTS DEPARTMENT

The news reported, revenues were down at the Portland Museum of Art because of the amount of snow and few good parking spaces. Maybe this would be a good summer to visit there with your GFWC Maine club members. You would be helping the museum and it would be a fun learning experience, too. Or maybe a donation to the Museum for a children's program.

Another art area is summer camp for children where they may enjoy arts and crafts for the first time. Check Cooperative Extension 4-H Bryant Pond Camp for scholarship needs. Mechuwana Summer Camp in Winthrop also offers art programs. There is always a need for art scholarships and it is worth the effort to help even just one child enjoy summer art as they will remember the experience for a lifetime.

Calling all GFWC Maine creative Clubwomen! Get out your camera or phone and click those photos. Choose the best and submit to the photography contest at spring convention. You just bring the photos or have a club member bring it for you if you can't attend. Set up is on May 7, 8:00 a.m. till 9:00 a.m. when the judges arrive. Show take down is May 8th about noon. Please let me know your intent to submit your photos.

Donations to the GFWC Maine Art Department are what make the program work and puts a smile on a student's face when they get recognition for entering the show and for when they win. Makes us smile, too, when we see their artwork and when we realize we helped to provide an opportunity for them to achieve in the arts. Thank you all for the donations sent and the help you have provided the Art Department and your communities. Do you want to help with setting up the art show?

Let me know: bhaway@myfairpoint.net

Barbara Hathaway, Art Chairman

DELEGATE FUND

A big "THANK YOU" to the following for your donation to the Delegate Fund:

GFWC Dexter Woman's Literary Club
GFWC Gorham Woman's Club
GFWC Lubec Woman's Club
GFWC Semper Fidelis Club
Waldoboro Woman's Club
GFWC MFWC Westbrook Woman's Club

We are looking forward to seeing members representing
ALL of the GFWC Maine Clubs at our
Spring Convention!

LEADERSHIP

A note from my heart to yours: It's not too early to be thinking about the leadership of our clubs (districts and state, too) for the 2016-2018 Administration. Oh yes, I know we all have nominating committees, but without our own involvement, the task before a nominating committee is quite daunting. One of the keys to leadership success is PLANNING. We must begin to plan our strategies to continue the work of "Living the Volunteer Spirit" beyond 2014-2016, and certainly that plan must include the officers of our clubs. Now is the time to consider the possibilities. Let us not leave it until crunch time. Everything sort of comes to a screeching halt - time for panic mode. Let's not be fearful to step into those leadership positions. Of course there is a learning curve, but this is a wonderful opportunity for former officers to mentor the new leaders.

Over the coming months, begin to seriously consider what it would be like if it were you sitting at the head table. There is a wonderful training session going on right before us, each and every time we meet. However, I think it's sort of like when I was pregnant . . . I started noticing pregnant ladies everywhere! I had no idea there were so many. My point of course is that when something becomes personal to us, our perspective is entirely different. So, this is just a little nudge for each of us - let's get personal about the future of our organization.

Avail yourself to the wealth of information provided in the GFWC Leadership Advancement Guide section of the GFWC Club Manual. If you have trouble accessing it on the GFWC website, do not hesitate to contact me. I will be happy to email the Leadership section to you as a PDF file or mail you a copy. If I can assist you in any way, just let me know!

In Federation Friendship,
Suzanne Raymond
GFWC Maine Leadership Chairman
sraymond72@roadrunner.com
(207) 564-8817

MAINE YOUTH LEADERSHIP

"There is no way I can explain what MYL has done for me, but I can say that it will stay with me for the rest of my life. Those four days were the best four days of my life and I would not trade them for anything."
- 2014 Ambassador

As an organization of leaders and volunteers, what better and more satisfying project could clubs of the Maine Federation of Women's Club undertake. Such an endeavor is the support of a young student at a critical time, a time when he/she begins to decide which path in life he/she will choose and what he/she wants to stand for. It is a character building experience, which empowers them to make changes and to give back. Isn't that what we as clubwomen aspire to accomplish in our communities? Seminar planning is well underway and over 100 high school sophomores from around our State are signed up for an amazing experience.

I appeal to clubs who have yet to send in their contribution of support to please consider doing so soon, so that your club can be recognized in the Seminar Program, which goes to print in mid April.

MYL THANKS YOU . . . and so do the sophomores who will benefit!!!

Pittsfield ARTS Club
GFWC/MFWC Miosac Club
GFWC Lubec Woman's Club
GFWC Dexter Woman's Literary Club
GFWC Gorham Woman's Club
GFWC MFWC Westbrook Women's Club
GFWC/Narraguagus Women's Club
Waldoboro Woman's Club

Gloria Tewhey, MYL Chairman

Save the date!

106th GFWC New England Region Conference – "Bring Your Spirit"
Dinner & Social – September 10, 2015 Official Opening – September 11 – 13, 2015

Boston-Newton Marriott
2345 Commonwealth Ave, Newton, MA 02466
For reservations call: 1-800-228-9290
Refer to the **General Federation of Women's Club** in the reservation.
Room rate - \$135.00 double occupancy

Contact: Mary Ann Pierce, GFWC New England Region Chairman
mapgfwc@msn.com

Proposed Resolution – to be presented at the GFWC Maine Spring Convention

Elder Abuse Awareness and Prevention

WHEREAS, Domestic violence, which includes, but is not limited to physical, emotional, mental, and sexual abuse, continues to increase within our society cutting across race, color, religion, gender, national origin, disability, sexual orientation, age, educational, and socioeconomic lines and can cause emotional distress, physical injury, and death to children and adults; and

WHEREAS, Domestic Violence also includes Elder Abuse which is defined as a single or repeated act, or lack of appropriate action, occurring within a relationship where there is an expectation of trust, which causes harm or distress to an older person; and

WHEREAS, The following types of abuse are the major categories of elder mistreatment: physical abuse, emotional abuse, sexual abuse, financial exploitation, neglect and abandonment; and

WHEREAS, nearly 90% of elder abuse is perpetrated by family members; and

WHEREAS, Many victims are forced to remain in dangerous situations because they are deliberately placed into emotional and financial dependence by their abuser; and

WHEREAS, Many state laws and legal remedies only deal with certain areas of abuse and may be applied inconsistently, and there continues to be a need for advocacy for public policy, supporting collaboration between existing resources, facilitating cross disciplinary communication, and counseling services for victims of abuse; therefore

RESOLVED, That the GFWC Maine urges its member clubs to support legislation and actively promote programs that:

- Identify at-risk families and suspected cases of elder abuse;
- Become advocates and speak out on behalf of those who cannot;
- Provide emergency aid and shelter for those who are forced to leave violent family settings;
- Provide treatment, support, legal aid, and advocacy for victims and rehabilitation for perpetrators of abuse;
- Engage people through grassroots organizing, campaigning for public awareness prevention, and celebrating observances such as Elder Abuse Awareness Day (June 15), or Older Americans Month (May);
- Provide public awareness and education programs concerning prevention of abuse; and further

RESOLVED, That the GFWC Maine urges its member clubs to advocate for elder abuse prevention programs in their communities to increase awareness of the warning signs of elder abuse and where to go for help; and

RESOLVED, That the GFWC Maine urges the Maine Legislature to fully fund legislation that supports all victims of domestic violence without discrimination; and

FURTHER RESOLVED, That the GFWC MAINE urges its member clubs to enlist the help of hospitals, doctors, clinics, nursing and boarding homes, financial institutions, educators, schools, lawyers, law enforcement, churches, counseling services, social service agencies, domestic violence shelters and programs, and clinics in a united effort for prevention of abuse and treatment of abused persons.

Presented by the Resolutions Committee:

Libby Wiers, Chairman

Davida Barter

Elizabeth Johnston

Barbara Jones

Betsey Ryan

The Information Highway

Issues Facing Vulnerable Adults 10 Concepts on Aging

The best time to learn how to grow old with dignity and grace is during the younger years, and the best place is everyday life. Understanding all aspects of the aging process enables us to understand more clearly those who are aged. The following general statements offer a foundation for studying the aging process.

- Aging is Universal. It is common to every population and is not just a modern-day phenomenon in western civilization.
- Aging is Normal. ‘Growing up’ is spoken of with respect; ‘growing old’ with fear. This fear develops from the stereotyped picture of aging as a loss of faculties, beauty, energy, and memory.
- Aging is Variable. Each individual ages in a unique way. The state of later life develops from former personal life patterns.
- Dying is Normal and Inevitable. It is difficult for many to accept the idea that while a full, satisfying life is being lived, death can be anticipated as a meaningful closure of life.
- Aging and Illness are Not Necessarily Coincidental. The stereotype image again lingers, but individuals should prepare for healthy old age through improved living habits in early and middle years.
- Older People Really Represent Three Generations. The group known as the “aged” covers the years 65-112, representing two, and often three, generations and may include parents, grandparents, and great-grandparents. No other age group includes such diversity.
- Older People Can and Do Learn. Capacity to learn new things and re-learn the old is not necessarily diminished by old age. Learning patterns may change from youth and the speed of learning may slow, but learning ability appears to be culturally determined, not restricted by years.
- Older People Can and Do Change. As one grows older, many adjustments become necessary. Mates die, housing situations change, new activities are developed, and new friendships established.
- Older People Want to Remain Self-directed. Where dependency on others for decision making exists among older people, it has often been learned as a direct result of loss of a sense of purpose and self-respect. To prevent this loss when older adults undergo life changes, their self-direction and sense of control should be maintained as much as possible, even if they become dependent in some ways.
- Older People are Vital Human Beings. Although physical disability is often associated with mental inadequacy, it should be recognized that the need for physical help in crossing the street does not mean that the person does not know where he is going.

Adopted from the Texas Department on Aging, Ombudsman Certification Manual.

Department of Health And Human Services
National Center on Elder Abuse
Administration on Aging
www.ncea.aoa.gov

The National Center on Elder Abuse (NCEA) exists to provide elder abuse information to professionals and the public; offer technical assistance and training to elder abuse agencies, adult protective services programs, and related professionals; conduct short term abuse research; and assist with elder abuse program and policy development.

GFWC MAINE - MAY CONVENTION TENTATIVE PROGRAM
THURSDAY, MAY 7, 2015

8:00 am Registration
Marketplace

9:00 am OPENING SESSION - Call to Order Marjorie Goodwin, GFWC Maine President

9:45 AM Reports

GFWC Maine President's Special Project Katherine White, Chairman
Elder Abuse Awareness, Speaker
ELF/Maude MacKenzie Scholarship - Alida Coates, Chairman
Directory Ad Commissions & Carolyn Lombardi Trophy
District President Reports - Mary Libby, GFWC Maine President Elect
International Outreach - Gloria Leveillee
Delegates Fund - Wilma "Billie" Sherman, Chairman
Endowment Fund - Maureen Provencal, Chairman

12:00 PM "Information Highway" Luncheon

Honoring our District and Club Presidents
Recognition by: Mary Libby GFWC Maine President-elect

1:30 PM Business Session Reconvenes

Reporting procedures - Nancy Ames, GFWC Maine V.P.
Membership - Barbara Austin, Chairman
Leadership - Suzanne T. Raymond, Chairman
Women's Legislative Council - Lynnette King, Chairman
Maine Youth Leadership - Gloria Tewhey, Chairman
LEADS - Mary Libby, GFWC Maine President-elect
Resolution Proposal - Libby Wiers, GFWC Maine Parliamentary Advisor

3:00 - 4:00 Marketplace/Art/Photography

5:30PM Social Hour / Processional

6:30 PM "Being Aware" Banquet & Entertainment

Reception in the President's Suite



Banquet – Evening Wear

FRIDAY, MAY 8, 2015

8:00 AM Registration
Marketplace/Art/Photography

9:00 AM Memorial Nancy Kenty, Necrologist

9:30 AM Business Meeting - Call to Order Marjorie Goodwin, GFWC Maine President's

Conservation - Sally Manchester, Chairman
Home Life - Laura Neal, Chairman
Education - Roberta Morrill, Chairman
Public Issues - Minnie McCormick, Chairman
ESO - Maxine Russakoff, Chairman

10:30 AM President's Project Katherine White, Chairman
Elder Abuse Awareness, Speaker

Jenny Award Update - Raejean Hersey, Chairman
Community Improvement - Beverly Rollins, Chairman

12:00 "Make a Difference" Luncheon

1:30 Club Scrapbook Awards

Arts - Barbara Hathaway, Chairman
President's Report - Marjorie Goodwin, GFWC Maine President's
Final Report of Registration & Courtesy Committee Report
Raffle Winners & Announcements

3:00 PM Adjournment



GFWC Maine - Spring Convention – May 7 & 8, 2015
Hilton Garden Inn – Auburn, Maine
REGISTRATION FORM

Name: _____ Name for name tag: _____

Address: _____

City/State/Zip: _____

Telephone: _____ E-mail _____

Name of Club/Position: _____

GFWC Maine Position: _____ [] Guest [] GFWC Booster

Registration Fee - [] Thursday \$15.00 [] Friday \$15.00 [] Both days \$25.00

EARLY BIRD gets the worm!! Register early for Early Bird Discount -

IMPORTANT INFORMATION

1. Make check payable to **GFWC Maine** for total of meals and registration fee.

2. Please complete **a separate registration form** for each attendee.

3. Mail registration form and check **by April 25, 2015** to

Joyce Noonan, 327 East River Road, Skowhegan, ME 04976.

Telephone (207-474-9451) e-mail: janoonan@beeline-online.net

4. Please note **no refunds** will be possible **after April 30, 2015.**

5. **Early Bird Discount** - Mail registration form and check postmarked **on or before April 15, 2015** and qualify for a \$10.00 discount for a two day registration, or a \$5.00 discount for a one day registration!!!

Registration Fee..... _____

☐ I qualify for the **Early Bird Discount! (Deduct \$10 or \$5).....** _____

MEAL SELECTION: [prices include tax, service charge and gratuity]

Thursday Luncheon Buffet

Stuffed peppers- vegetarian, Meat Lasagna, roasted vegetables, Caesar salad, and dessert\$18.00 [__]

Thursday Banquet:

Boneless Breast of chicken stuffed with Spinach and Feta Cheese and a Sweet basil Sauce\$24.50 [__]

Haddock baked in Lemon and White Wine with served with Lobster Shrimp Sauce\$32.00 [__]

Tender Beef Fillet with Ragout Mushrooms and White Zinfandel Wine\$31.00 [__]

******Friday Breakfast is available in the Restaurant******

Friday Lunch (pick one)

Turkey Club Wrap_____ Chicken Salad Wrap_____ Vegetarian Wrap_____

Served with Soup, Salad, Beverage and Dessert\$19.25 [__]

Total Meal and Registration Total \$ _____

Please indicate any special dietary need and we will try to accommodate.

Hilton Garden Inn – Auburn, Maine

GFWC Maine - Spring Convention – May 7 & 8, 2015

Guest Room Rates

\$129.00 (plus 8% tax) per night, 2 Queen Beds

\$119.00 (plus 8% tax) per night, 1 King Bed

RESERVATIONS MUST BE RECEIVED BY THE HOTEL NO LATER THAN

April 24, 2015 for the guaranteed room rate

Requests made after this date will be subject to room availability. To receive contract rates, you must refer to "**GFWC Maine**" when making your reservation. Early reservations are encouraged.

Rooms must be guaranteed to an individual credit card or by advance deposit. Individual cancellations must be received by 4:00 pm on arrival date in order to avoid a no-show charge of one night's room and tax.

Hotel facilities include: FREE high speed wireless internet, use of fitness center, swimming pool, hot tub, and cardio strength training gym, daily newspaper, cable television, irons, ironing boards, hair dryers, and coffee makers.

Check-in time 3:00 pm - Checkout time 11:00 am

Hilton Garden Inn - Auburn, 14 Great Falls Plaza, Auburn, Maine, 04210, Phone-207-784-4433

From The South/Portland/Boston -

Take Route 95 north to exit 75. Turn left onto Route 202 and go approximately 4.5 miles into downtown Auburn. Turn right onto Hampshire Street and continue to the hotel.

From The North/Augusta/Bangor -

Take Route 95 south to exit 80/Lewiston. Take a right off the exit and go over the overpass. Take the second ramp on your right onto 196 west. Follow 196 west a few miles to the end. 196 is also called Lisbon Street. At the end of Lisbon Street, take a left onto Main Street and go over the bridge of the Androscoggin River. Take a right at the first light onto the Great Falls Plaza and continue to the hotel.

Attire for our gatherings

Thursday - Business Casual

Thursday Banquet - Evening Wear

Friday - Business Casual

SPRING CONVENTION MARKETPLACE – REGISTRATION FORM

If your Club is interesting in earning some money, and you have items to sell or raffle, please fill out this application and mail it to

Megan Libby, 16 Jordan Ave, Brunswick, ME 04011.

Phone: 207-712-2012. E-mail: MeezerGirl@gmail.com.

Deadline April 29th.

SPECIAL NOTE: Table space for State Chairmen is FREE, BUT.....you still MUST submit an application and sign up to reserve your space. Those exempt from fees are the Delegate's Fund, Endowment Fund, Signature Project, President's Project, Fundraising, and Corresponding Secretary for directories, etc. ***Simply write "NO FEE" in the space you select, and fill out the rest of this form and mail it to Megan Libby at the above address.***

Marketplace space: full table \$10.00 _____ Marketplace space: ½ table \$5.00 _____

NAME _____

PHONE _____ E-MAIL _____

CLUB NAME _____

CHAIRMEN/ PROGRAM _____

CATEGORY _____

(No food items are to be included for raffle or sale at this Marketplace, including jams, jellies, condiments, or any consumable item.)

*



**GENERAL FEDERATION
of WOMEN'S CLUBS**

Experience the rich history of Memphis, Tennessee at the GFWC Annual Convention, June 13-15, 2015. Overlooking the legendary Mississippi River, the newly renovated Sheraton Memphis Downtown will provide accommodations, while the Cook Convention Center, just a skywalk away, will host meetings and meals. We hope to see you there!



“Our Past Will Determine Our Future”

*Wendy Bowler
GFWC Maine
Corresponding Secretary
PO BOX 732
Gorham, ME 04038*

**Pine Tree Notes
Deadlines
August 7, 2015**

**GFWC MAINE
122 Years of Volunteer Service**