once upon a time (two years ago) abenaki experimental college was born. it met with immediate acceptance by university and community people and has continued to provide participants with free courses in whatever people wanted to teach or learn. initially our courses were, on the whole, products of students frustrated with traditional education.

since the beginning we have struggled to expand our offerings to include courses on practical matters such as co-ops and a people’s yellow pages. the result has been that abenaki has been accepted as a valid alternative and a source of valuable experience for both instructors and students.

now abenaki is to the beginning of a new road, heading towards the integration of practicality and esoterica into a hard-nosed but caring community where we can explore ways of dealing successfully with life in the 1970’s. if we are to survive the ever-increasing culture shock caused by a society caught up in the maestrom of technological change, we must do so in cooperation with one another, sharing our skills and knowledge.

abenaki is trying to establish an abenaki community living center in bangor where we can begin to integrate our operations. we hope to establish a cooperative store, practical home courses, a community center and an ombudsman system to help people cut through the bureaucracy to solve their problems. it is an exciting future, and you are part of it. help us to help us all and perhaps someday we will live happily ever after.
registration information

because most of our courses are limited in size, we must hold a registration period. for the fall courses, registration will be:

<table>
<thead>
<tr>
<th>Date</th>
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<tr>
<td>September 27</td>
<td>6 p.m. - 10 p.m.</td>
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<td>September 28</td>
<td>10 a.m. - 8 p.m.</td>
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<td>September 29</td>
<td>10 a.m. - 6 p.m.</td>
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registration will be held in our office on the second floor of the memorial union at the university of maine's orono campus. if you cannot register in person, call:

581-2201
581-7038 or
581-7975
during the above hours only.

if you have any questions about any of our courses or want to find out if we have new additions, please call us at 581-2201 between 10 a.m. and 2 p.m. weekdays.
joy and individual sensory awareness

rik thurston  
min 8  max 14
approx. 12 - 15 weeks

joy is the feeling that comes from the fulfillment of one’s potential. joy requires a vital, alive body, self-contentment, productive and satisfying relations with others, and a successful relation to society. during the weeks of this experience, we will learn together from each other and from our individual selves, the basis of our exploration will be nonverbal communication. together we will work with our hands, our feet, our heads, our hair, our stomachs, our backs, and our minds. for it does no good to feed our minds if our bodies remain unfed. we will sleep on rocks, smell flowers, wash with salt, hold hands. we will scream. we will laugh. we will close our eyes. we will open our senses. together.

this experience is all about joy and you and me and joy ... the real task of any individual in this world is not to be alone ... joy is you and me and you ... maybe together we will all be less alone.

vw repair

mark bogardus  
no maximum
indefinite

fixing your vw for free. suggestions and comments on manuals etc.

sauna appreciation

january williams  
maximum of ten
approx. 6 weeks  (carmel) irish road

learn how to bathe from the inside out! sweat a gallon! learn how to talk to strangers in a warm dark place! be sure to bring towels and something to drink as you’ll be arid afterwards. we’ll discuss ‘vandalism as art’.

students will be involved in chopping wood and pumping water, and must provide their own transportation. ask for directions at registration.
a one - act play for novices

raymond w. cooke min 6 max 10
approx. 14 weeks 7 pm tuesdays or wednesdays

this course is designed for those who have had little or no drama experience. it will begin with basic understanding of the history of drama, later branching into varied areas of drama: pantomime, acting, stagecraft, etc. as a conclusion of the course it is hoped we can put on the one-act play, “this night shall pass” by dorothy clark wilson, a local playwright and author. there is no limit on the number of students in the class, but please no drama majors or minors.

the cost of production will be split between the students with assistance from abenaki.

the primates

greg gerritt no maximum
approx. 10 weeks monday evening

hopefully students will have a basic knowledge of biology. the course will be somewhat technical on all aspects of primates: physiology, anatomy, taxonomy, ecology, intelligence, lab studies, and field behavior. included are the lemuroids, new and old world monkeys, the apes, and possibly a study of man as a primate. no cost.

“convictions are more dangerous foes of truth than lies.” nietzche

bicycle repair

leon woodbury min 1 max 12 per group
approx. 3 weeks (bangor)

the bicycle repair course will be taught in divisions; each lasting for three sessions. there will be separate divisions for three speeds, five speeds, and ten speeds. your preference will be taken at registration, and groups will be formed from the registration lists.
weaving

sue blaisdell  min 4  max 10
approx. 8 weeks

this course is designed to teach the basics of weaving by using fingers, inkle looms, cards, simple frames and ideas.

participants must supply their own material in what they wish to work with.

underground guide to umo

roy krantz  min 4  max 10
approx. 8 weeks

we will deal with many aspects of the university, from academics to spending money, from athletics to bad professors. hopefully we can publish a booklet dealing with this bureaucracy, including ways to get around it, or through it if need be.

then maybe we can do something to help the other students (age 2 to 84) in maine get a better education. there are alternatives open to them.

examples of possible topics are: how to audit classes, how to get around requirements, how to benefit from cultural events, how to help community people use the schools and get their tax dollar’s worth.

witchcraft; a beginning

gyale surrette  min 7  max 9
approx. 12 weeks

a discussion group to delve into the history and philosophy of wicca and its more notorious off-shoots. study and discussions should encompass such topics as e.s.p., witch trails, astrology, tarot, belief in magic, spells and incantations, and also the use of herbs and incense.

costs may range from five to ten dollars, or less, depending on which books you may already have, but none will really be required. the library may have most books involved.

those interested should have some knowledge of occult sciences and parapsychology. class will deal mostly with the religious beliefs involved rather than creating spells.
experimental theatre

Tom Stone
Min 3 Max 15
Approx. 16 weeks
Monday 8:30 pm

A course examining various experimental techniques of theatre through the preparation and production of an abstract play. Discussion, theorization, and experimentation with various techniques of production not often used in more conventional drama.

Open to all those interested in theatre, technical or performance ends. Designed for both beginners who wish to develop theatrical skills and those with experience who may wish to apply their skills, and branch out into new, more experimental techniques.

non-directed reading

Burt Hatlen
No maximum
Indefinite

The course will not have a regularly scheduled class. Instead, each student will be given a reading list of approximately one hundred books, which will be from a wide area of study.

The student will be invited to read as many or few of the books on the list as he wishes. If you wish to discuss the books, the teacher will be available at a scheduled time each week, and can also help you to reach other students who have read the same books.

beginning silverwork

Dian McPherson
Min 2 Max 6
Approx. 8 weeks

The very beginning techniques of silverwork i.e., soldering, shaping, etching, and using the tools. The tools will be available through the crafts center, so the only cost involved will be for the silver to work with. I would like to include this caution, that anyone with previous experience will find the course unrewarding.
preparation for parenthood

maternal health and
care centre

approx. 8 weeks

no maximum

thursday at 7 pm in bangor

health center, 160 broadway

cost involved will be a five dollar donation per couple plus one dollar for purchase of "six practical lessons for an easier childbirth''.

a brief outline of the course follows:

class I introduction; film, "from generation to generation".
pregnancy: normal changes; problems and discomforts; danger signs;
emotional changes
fetal development, film strip
physical and body building exercises. (lamaze)
class II nutrition
anatomy and physiology
preparation for labor and delivery
review of physical exercises and introduction of relaxation
film, "story of eric".
class III in depth discussion of labor and delivery
film, "birth"
a brief introduction to lamaze technique; preparation for childbirth
class IV care of the new baby
filmstrip on the newborn
filmstrip on breast feeding
discussion on breast and on bottle feeding
bathing a real baby
childproofing the home; shopping for furniture and clothes
class V second week of child care and development
class VI lamaze technique; preparation for childbirth
explanation and history
relaxation exercises
practice: deep chest breathing for latent phase of labor
how to simulate contraction for practice
panting. simulating panting contractions for the accelerated
phase of labor.
pant - blow
class VII review relaxation
review deep breathing
review panting
discuss transition
teach pant - blow (review)
teach pushing and position for expulsion
simulated labor and delivery
hospital tour (optional). time to be arranged.
class VIII hospital tour.
dynamics of creative outlet

suzette gilbert and
jeffrey puttermann
no maximum
 approx. 10 weeks

hopefully the course will consist of a group of individuals sharing creative outlets in an effort to further enlighten and bring fullness to all creative experience.

format and materials will evolve as group chooses. there are no pre­ requisites other than a conducive environment.

arts and crafts for kids

kathy roberts
min 2 max 12
approx. 8 weeks
mon. and wed. 4-5 pm

this course will provide time for kids aged six through eight to learn arts and crafts at the crafts center. there will also be films, adventure hikes in the nearby woods, singing, dancing, stories to share and act out, and perhaps a play produced from a favorite story. transportation home can be provided if necessary. there may be some small costs for the art supplies used.

“my teachers could easily have ridden with jesse james for all the time they stole from me.”

richard brautigan
Vietnam: an old war - a new approach

Howard Schonberger
No maximum
Approx. 6 weeks
Tuesdays 7:30 pm

If you have been reading the newspapers, you must be confused as to what is happening in Indo-China. What is the U.S.A.'s involvement? Is Vietnamization working? How much does the war cost the American taxpayer? How can we gain the return of our POW's?

Hopefully, some Vietnam veterans will take this course, then we can really find out what's going on.

Practical Politics

Dick Davies
No maximum
Approx. 4 weeks

I'm running for the Maine legislature from Orono. I need help to reach all the voters and in exchange for volunteers, I will try to make politics understandable. Part of the course will be talking about events, actions and problems of my campaign and of others. The rest will be actual participation in my campaign.

The only prerequisite is an interest in politics and a desire to change America for the better. It will be a short course, but it will be full of activity for those who are willing to work.

draft counseling, how to

Ralph Greene
No maximum
Indefinite
(Bangor)

There is no registration required for this course. If you would like to learn how to draft counsel, call 942-0944 anytime, or come to the Unitarian Parish House, 183 Main Street, Bangor, on Wednesday.

Asian Art and Civilization

Barbara Baldwin
Min 2 Max 20
Approx. 6 weeks

At press time, Barbara is climbing and studying in the Canadian Rockies. For more information on this course, call the Abenaki Office.
a history of american socialism

gil zicklin

min 6  max 12

8 to 10 weeks  sunday afternoon

a first look at american socialism in its peak period i.e. 1900 to 1920. initially we will read from a list of five to ten books, and individuals will report on their readings. we will then get into such issues as: why did american socialism develop, who were the people who joined, what did the american socialists accomplish, and what were the causes of its decline. the course will be primarily discussion and the only prerequisite is an interest in the subject.

elements of propaganda

jack towle

no maximum

approx. 10 weeks

we’ll attempt to demonstrate the elements of propaganda and subterfuge as currently displayed by the new right and left. also, we will explore modern political and religious propaganda of the many forms of governments and religions. the course will be using materials published by religious organizations, campus organizations, and the works published by several government printing offices.

introductory marxism

bob yambor

min 5  max 20

approx. 16 weeks  sunday 7 pm

this course will be for people who are seriously interested in learning about marxism from a marxist. once the ideas, philosophy, and practice of marxism are learned, it is hoped that the students will become aware of the distorted points of view that they have been exposed to by the media, school, and home. only two inexpensive and short books will be required, but two larger books of selected readings would be recommended.

“introduction to marxism” emile burns  $1.25
“communist manifesto” marx  .45
“marxist philosophy reader”  2.85
“dynamics of social change”  3.95
chess

ralph e. townsend min 4
indefinite

This course will be set up as a group of classes of different skill levels. The number of classes will be dependent on the number of students, the range of their skill, and their interest. Using three classes as a hypothetical example, they would be roughly:

1) basic instruction - no previous knowledge of the game or limited exposure. Fundamentals thru simple tactics and strategy. Probably, we will use a Horowitz 'how to' book as text.

2) intermediate - a clear knowledge of the game required. Chess notation is also necessary for this division. Study of motifs of centralization, development, sacrifice, and general tactical play. Probably using a text by Lasker.

3) positional play in the middle game - serious chess students only. We will be using Nimzowitch's 'my system' and 'chess praxis' for study of middlegame strategy and endgame finesse.

transcendental meditation

michael tapley min 10
approx. 10 weeks

Personal instruction and advanced lectures for people who already are trained in meditation. Call 884-3104 for more information.

(see other t.m. course in the back of the catalog.)

"the art of being wise is the art of knowing what to overlook."

william james

folkdancing

daphne stoner min 2
approx. 6 weeks

There will be no cost and no prerequisites involved in this course. I will teach dances as my ability allows. It is not necessary to have a partner, this is not square dancing. Dances will be from the Balkans, Northern Europe, Russia, Armenia, France, etc.
whereas in years past, the minister of a church used to consider pastoral counseling along scriptural lines to be one of his responsibilities, he now usually refers patients to the psychology professionals. some ministers study psychology and practice the same with their parishioners.

the textbook "competent to counsel" questions the value of rogerian methods and freudian principles and suggests that lack of mental health is not sickness or illness but sin in a person's life; and that a person is responsible for his conduct and mental and emotional condition. that a christian minister or layman should counsel along biblical lines.

we shall study the author's points of reference and arguments, compare them with the principles of psychology and psychiatry, and judge them by success or failure.

psychology majors might particularly enjoy this study. also those seeking counseling might benefit from the course. anyone is welcome.

we will be looking at homosexuality from the anthropological, sociological, psychological, and personal points of view to try to understand how different perspectives affect our judgments and reactions. my interest is not in dealing with homosexuality as an illness, perversion, or abnormality, but as an aspect of the life experience of a significant number of people throughout history. we seek not to judge here but to understand a bit of what we explore. women and men welcome.

"there is a preschool ignorance that precedes knowledge and a postgraduate ignorance that follows it."

montaigne
give me a fish
and I eat for a day.

Teach me to fish
and I eat for a lifetime.
introduction to quilting

Patrice Norcia  
Min 1  Max 20  
Approx. 10 weeks

We will have a brief introduction to construction, short history, various patterns, meetings to cut squares, and lay out designs and size. Most of the material used can be remnants. Each student will need the following materials: material (anything but wool), needles, thimbles, scissors, thread, ruler, quilting for inside, and backing material. It is also necessary to establish the following prerequisites; knowledge of basic stitches, including running stitch, French knot, etc.

macrame

Nanci Dougherty  
Min 7  Max 10  
Approx. 6 weeks

There are no prerequisites, only a desire and delight in learning to tie knots. Pocketbooks, belts, candle holders, wall hangings, etc. can be made. The cost involved is for materials that you use.

macrame and needlecraft

Chris Dubay  
Min 12  
Approx. 8 weeks

The course will focus mainly on macrame. If the interest arises, we can explore crocheting, rug-braiding and embroidery. People will supply their own materials, whatever is involved in what they plan to make.

"I don't care if anyone calls me an artist or what. I just do a lot of things probably because no one told me I couldn't."

Gilman Whitman
music

dick ploch       max 6
approx. 8 weeks  tuesday 6 pm

i have very little formal theory training. i would like this to be a thing where
people could come together, discuss their own concepts and utilize the class
to put them together. hopefully we can come up with new styles, theory
and sounds. i have experience on piano, saxophone, and recorder. any
instrument is welcome (orthodox or not) and we'll attempt to throw it
all together, and maybe even end up with something palatable!

we'll try to meet at a place where there is a piano and p.a. system. perhaps
we can also set poetry to a jazz or abstract background.

ba - kin / anarchy

michael hargis     no maximum
indefinite

there are two purposes in offering this course: 1) to inform the students about
the theory and history of anarchism, and 2) to go beyond theory into practice
by hooking the group into the contemporary anarchist movement, and to move
beyond the classroom into actual struggle against the state.

to do this we will be using books, pamphlets, newspapers, and magazines issued
by the contemporary anarchist movement, as well as the classics of bakunin,
kropotkin, malatesta, etc.

caution: this will not be a bull session. we will be engaged in serious study.
anarchism is not just theory, it is a living, breathing, fighting movement
for freedom.

navigation

michael morse      min 10 max 25
approx. 7 - 10 weeks

what you need to know to get in and out of the harbor safely.
the course will cover rules of the road, some basic compass and
chart skills, and hopefully some practical sailing experience and
wet feet. you can apply what you will learn to any type of boat,
power or sail. we'll cover anything you want to know. help
stamp out landlubbers! a good book to buy (but not required)
is “royce's illustrated” which is in the university bookstore.
creative writing

lawrence goldberg  min 6  max 15
indefinite

a study of the mechanics of creativity in all language forms. the course will deal with how to develop abstractions from general writing outlines.

what is the problem of being
if you have never been
to know the words
but never to get within.

recorder playing

dorothy beeuwkes  maximum of four
approx. 10 weeks

the design of the course is to play two and three part music with instruction given as needed; ability to read music, basic recorder skills, and enthusiasm are desired. players are expected to supply their own instrument and up to three dollars for music.

sewing uncomplicated

chris cooper  maximum of twelve
as long as it takes (bangor) women’s center

the first class will be to surmise abilities. no one will have to know anything about sewing. direction will be toward cheap and easy sewing. also towards making your own patterns from others clothing. making clothes doesn’t have to be as uptight and frustrating as singer tries to tell you. fabric isn’t expensive if you shop around. students must buy their own material, and it would be advantageous to bring a portable machine, if available.
maine coastal ecosystems

mac hunter min 6 max 12 approx. 12 weeks

a course on the ecology of maine. each week a different ecosystem will be studied with the plants and animals of that ecosystem studied in their interactions with each other. there will be as many specimens, slides, and field trips as possible. a text will be provided, so the only expected expense will be for field trips.

"what region of the earth is not full of our calamities?" virgil

marriage, divorce and the law from a woman’s point of view

janice glennon no maximum approx. 6 weeks (bangor)

for women only. let’s share practical information about these legal entanglements that complicate life for most of us at some point or another. hopefully we could gather useful information together in a handbook.

next time we hope to include men, but would feel more comfortable with ‘women only’ now. this could become a more permanent task oriented group.

cheap vegetable cooking

robert marggraf min 2 max 6 approx. 10 weeks

useful food attitudes.
undull poverty cuisine.
cheap, filling, good new visions of vegetarian maine.
the supernatural

David D. Munsell  min 5  max 20
approx. 15 weeks

The supernatural has suddenly become popular during the past few years, even on television and in movies. It takes many forms, including ESP, spiritism, Ouija boards, Satan worship, the occult, fortune telling. The Bible also has a great deal to say about the supernatural. Is the supernatural involved with drug addiction or alcoholism? These and many other questions and issues will be studied and some experimenting attempted.

Christians should (and most won’t) take a course like this. Anyone interested in the supernatural should find this course interesting and possibly a disturbing challenge.

The materials used in the course will be one book and several booklets by Maxwell Whyte, and a Bible.

science fiction, sociology of the future

Janet Cashin  min 2  max 8
approx. 8 weeks (Bangor)

We’d just use basic sociology. I have in mind speculative discussion about different science fiction views of the future, near or distant. Maybe we should read “Future Shock” as a primer for understanding how science fiction writers arrive at their future societies.

Possible books to discuss are: “Stranger in a Strange Land”, “Venus Plus X”, “Cities in Flight”, and short stories. Possibly utopian novels, “Islandia”, “Island”, etc. will be read. The course will probably cost between two and three dollars for paperbacks.

silkscreening

Susan B. Webster  min 5  max 10
approx. 8 weeks

The class is as informal as possible. Actually I like to think of it as a studio course, where people can work and experiment. I will explain stencil techniques and suggest problems, but I like to leave imagery and design open for the individual. I will comment and encourage. The cost will be between five and ten dollars.
abenaki programs

abenaki get togethers

last fall, we began a series of informal lectures. the lectures are given by local people for the educated lay person. the topics have and will deal with the ideas and issues which may not appear in current courses or in the popular media, but which promise to shape the present and immediate future. these may include the ideas of laing, revel, illich, and touraine, and such issues as the jesus freaks, the failure of feminism and an alternative to suburbia. last spring the program was highlighted by a visit from buckminster fuller. suggestion for topics, speakers, and people to make arrangements should be submitted to the abenaki office, 581-2201.

the maine people's yellow pages

will be published in january as a supplement to the maine times newspaper. it is a compilation of everything we find in maine: from antiques to health care center, from plumbers to yoga. many entries from other publications and listings will be included, in hopes that the maine people's yellow pages can be useful to everyone in any situation. please send us information. do you knit, sharpen saws, repair canoes or sell honey; tell us about it. c/o the abenaki office.

orono - old town food co-op

the abenaki course in co-ops has grown up and become a real, live functioning food co-op. we have about thirty member families and we're growing. our savings on food have averaged about 20% since we started in november, 1971.

anyone interested in joining a co-op or setting up a new one is invited to see us at the orono-old town food cooperative, and we'll help you.

we can be found at our weekly meeting, wed. afternoon from 4:30 to 6 pm in the basement of the catholic church in orono (on main st.) or at our food pick-up on friday from 4 to 5:30 pm.

project web

what happens when you have a problem you can't solve? do you give up or get frustrated? it happens to all of us occasionally. sometimes the problem is minor, like where to get your car repaired inexpensively, and other times its major, like how to get health and welfare to help you with a physical disability, or how to get your landlord to bring your apartment up to code standards. if you find yourself frustrated or ready to give up because you can't solve a problem, call us at 581-2201. we try to keep informed on how to take care of many different problems. we have information on all sorts of matters and can refer you to the right people to get problems solved.
other programs

if you look around you can find a number of people and groups doing good things in the community which you may want to get in on. some of them are listed below.

land trusts

the maine community land trust is a legal entity, a quasi-public body, founded to acquire and hold land in stewardship for the benefit of its residents and for the benefit of all mankind, present and future.

our goal is to salvage maine land from the encroachment of corporate powers, speculators and developers, and reserve it for human use: homesteading, wildlands, alternative communities. this group has been organizing since march, and has been offered quantities of land and funds already. for more information write to the maine community land trust planning committee, p.o. box 116, brunswick, maine 04011.

ymca

the y in bangor offers many courses in various topics. although they are not free, they are reasonable and may be of interest. some of the courses are lifesaving, self defense, scuba diving, aikito, etc. the courses cost ten dollars for non-members of the y, and six dollars for members. this year programs have also been opened to girls and women. for more information, contact the ymca at 127 hammond street in bangor, or call 942-6313.

msac (maine student action corps)

was founded as an association of members of the university of maine community dedicated to the goal of improving the status of the physically, mentally, and socially handicapped. the corps was designed to be a non-profit, non-political association which would be deeply concerned with the welfare of all persons. the goal of the corps is to work with the disadvantaged and also to work on their behalf indirectly by increasing awareness into the needs of these people. they have twelve projects actively working in the bangor area, including programs like: literacy volunteers, prison tutoring, rural recreation, and big brother and sister projects.
the exchange bookstore

recycle your used books! take them to the exchange bookstore on the corner of mill and main in orono. the bookstore deals mainly in paperbacks, which can be bought (half-price), sold (a little less), or traded (depends). there is also a large selection of new books available, and books can be ordered at no extra charge. there is also a selection of excellent pottery work.

red cross

the american red cross offers courses in first aid, lifesaving, and a s.m.f. program for families. anyone interested should call them at 942-8217, or drop in at 619 hammond street in bangor.

city of old town adult education program

why adult basic education?

education is very important to all the people of old town. education helps them to do more for their children, as it is a known fact that when adults enroll in school, it causes their children to remain in school.

another result of education is the ability to get a job or improve the job you have. you may advance faster because of better understanding and training.

this is also an excellent chance to learn english as a second language for our foreign-born citizens who have trouble reading, writing or speaking english.

some of the programs available are:

arts and crafts, aircraft ground school, high school diploma courses, high school equivalency tests, and others.

high school diploma courses: these courses lead to a high school diploma. these courses are free and students must miss no more than two classes in order to qualify for credit. adults may be awarded diploma credits for work experience.

for more information on the old town abe programs, call 827-4770.
draft counseling

ejail and canada are not the only alternatives to your draft problem. you owe it to yourself to find out about the others. counseling is done every wednesday at the unitarian parish house, 183 main st. in bangor. also 24 hour draft line 942-0944. feel free to call.

transcendental meditation

michael tapley, who has a degree in t.m. will be offering the following:

the science of creative intelligence

three lectures a week for eleven weeks
15 to 50 students
each lecture will be about 1½ hours including colored video-tapes.

examples of topics:
‘application of creative intelligence to individual life’
‘science of creative intelligence and the ideals of education’
‘science in relation to the artist and scientist’
‘life in freedom and fulfillment’

cost: meditators $125
non-meditators $150 approximately

call 884-3104 for more information

this course has been included in our catalog because of the many inquiries about t.m.

voter registration

voting is your right. don’t let anyone tell you otherwise or deny you your right. to exercise your right to vote, you must be registered. you can be registered by your town clerk, town registrar, any notary public or justice of the peace. this year, for the first time since 1960, our country has a clear-cut choice to make between two very different men with very different approaches to governing america. the choice is too important to be left to someone else. register.
the bangor women’s center

this center is a collective of bangor area women working together to fight sexism with the community and within themselves.

there are many different areas in women’s liberation that different women are interested in, so we have several collectives that operate within the center. the health collective does pregnancy, health and abortion counseling and referrals. a class will be starting up soon to educate women in abortion counseling as the need for more referral centers is very great in maine. there are 2 active consciousness-raising groups, more can be started if the demand increases. the political collective has been actively working on the equal rights amendment as far as petitioning and community consciousness-raising. several women are working on individual campaigns of candidates that support women’s issues. the theater collective performs women’s theatre to the public and other women’s organizations.

there is no “president” or “leader” of the center, but necessary jobs such as finances, fund-raising, publicity and secretarial duties are rotated and important decisions are voted on collectively.

there is much more to be done and we hope more collectives will start. (day-care, auto-mechanics, karate classes, etc.) we want the needs of all women met. if you are interested in joining the struggle call us at 947-4295.

“think about the kind of world you want to live and work in. what do you need to know to build that world? demand that your teachers teach you that.”
kropotkin
the craft center

the crafts center attempts to offer an environment for the teaching and learning of creative and constructive crafts. Our availability is such that we hope people will use the crafts center whenever they have some kind of creative desire. 12 hours per day. We will offer specific workshops as well as general instruction. If you wish to teach or learn any crafts (listed or not) please contact the crafts center (581-7300) in the hilltop dining complex at umo or abenaki experimental college.

We are presently offering:

- pottery
- candlemaking
- leatherwork
- enameling
- fingerpainting
- crocheting
- crewel work & embroidery
- sewing
- stain glass
- decoupage
- woodwork
- glass cutting
- printing
- weaving
- macrame
- cake decorating
- paper mache
- bread baking
- rug hooking
- geometric string construction

We are expanding and will offer more crafts. If you have an interest let us know.
for all whom have made abenaki possible, thank god.

"for god,
to me,
it seems,
is a verb,
not a noun."

r. buckminster fuller