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Spruce Run News (February 1995)

Spruce Run Staff

Spruce Run

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SPRUCE RUN NEWSLETTER

Hi!, Hello!, How are you all!?!,

It's snowing! This makes me happy because I have new cross country skis; but to those of you who don't enjoy the snow, spring is only three small months away!

HAPPY BIRTHDAY TO: Louise S.- 14th, Sharon F.- 20th, Sandra L., Bobbi J., and me- 24th. (Please, if you are reading this and see that I have missed your birthday, let me know. Thanks! If this happened I would want to correct it right away).

ANNOUNCEMENTS:

February Inservice - On Feb. 28, Tuesday from 6-9pm., we are having a mother/daughter duo called - Doc & Me Humor, Ink.! They will be doing a workshop on reducing stress using humor. See the enclosed flyer. Hope to see you all there it should be a great time!!

Call your legislators!

Still looking for folks willing to call legislators, so.. If you are willing to call your legislator, please let Maureen know so that we can put together a list. Francine will provide any training and support necessary for you to feel confident about the legislative process.

Support Group Facilitators

needed - We are looking for hotline trained folks to go through the facilitator's training, which is scheduled to be held the last week of March. If you are interested or would like more info. about facilitating groups, call Sally.

Call for art work! - Hey folks!, at the speakout in Oct. "95" we will be having an art show of survivors (domestic violence, rape,

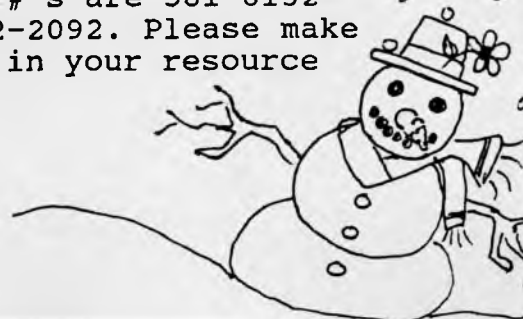
child abuse, incest) work. If you (or someone you know) would like more information or would like to enter your art work in the show, please contact Sally at the office.

New Safety Seat Law - As of Jan. 1st, all children under 4 yrs. old must be secured in a child safety seat when riding in a motor vehicle. We have car seats at 134 State St., in the first room you enter using the handicapped accessible door. The key at the police station may be used for this door. You will need to manually relock this door when you exit.

Call for graphic artist - We are looking for a graphic artist who would like to volunteer their talent and time to Spruce Run for upcoming projects.

Displaced Homemakers New Name

- Displaced Homemakers have changed their name to Center for Women, Work and Community. Their phone #'s are 581-6132 or 1-800-442-2092. Please make this change in your resource section.



SPRUCE RUN HOTLINE SCHEDULE

Shifts: Mon-Fri 5pm-8am
Weekends 5pm-8am; 8am-5pm
Holidays 8am-1pm; 1pm-5pm

Answering Service
947-0175

FEBRUARY 1995

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Hotlines: 947-0496 ██████ 723-5664	Beepers: 945-1647 (Call Twice) *We will let you know which one to call*	758-6292 or 945-1907	Bangor Office 945-5102 77 Essex Street P.O.Box 653 Bangor, Me. 04402			
			Carol 1 942-7321	Donna 2 862-4772	"Nan" 3 Ency 866-2546	8-1 p.m. Kathy 4 990-3505 1-5 p.m. Rori 947-7267 "Jill" Lynette 9825-4963
947-0428 5 Nancy	6 April	7 Donna	8 "Jill" Lynette	9 5-9 p.m. Maddy 794-6454	10 "Nan" Ency 866-2546	8-1 p.m. Rori 11 947-7267 1-5p. Carol 942-7321
825-3398 Becky	827-6993 Bu:	862-4772	825-4963	9 p.m. Kitty 947-2756		
947-0428 12 Nancy	13 Donna	14 Happy Valentine's Day April 827-6993 Bu:	15 Carol	16 Becky	17 5:30 p.m. Kitty 947-2756	8-1 p.m. Kathy H. 18 990-3505 1-5p. 5p. Judy T. 843-6058
327-9808 Naomi L.	862-4772		942-7321	825-3398		
Becky 19 325-3398	20 8-5 p.m. Maddy 794-6454 5p. April * March Sched. Due* Bu:	21 Nancy 947-0428	22 "Jill" Lynette 825-4963	23 5-9 p.m. Maddy 990-3505 9p.	24 5:30 Kitty 947-2756	8-1 p.m. Kathy H 25 990-3505 1-5p. Carol 942-7321
Naomi L. 327-9808						
"Jill" 26 Lynette 825-4963 Nancy	27 Bu: April 827-6993	28 Becky 825-3398		Staff: Lyn-223-5779 Francine-223-4777 Sue-942-8962 Sally-827-6234	Peggy-223-4410 Maureen-862-2516 Elaine-866-7776 Sue H. 947-3201	

WHAT'S UP AT SR.!!

Hotline Training here again!! - This training began Jan. 19th and there are 9 wonderful women in this group!

Kid Worker Training!! - This training has been postponed until March. We are currently working on finding trainers and more trainees and will keep you updated on our progress.

New receptionist at SR.! - If you have called SR. recently, you may have spoken with Tara. Tara is a student from Beal College and is doing her internship with us. I speak for all my co-workers when I say it is a joy to have her with us! Yeah for us and Welcome to SR.!

Capital Funds Campaign - The Capital Funds Campaign is well underway! This is exciting! Susan Kominsky has generously agreed to serve as Co-Chair of the campaign. As yet the other position has not been filled. Kay Cutler, a long - time friend of SR. will serve as Honorary Chairperson. An open house is scheduled for late Feb. or early March to formally kick off the campaign. If anyone is interested in contributing baked goodies or being available to help at the open house, please leave a message with Anne-Marie at the office.

Shelter Renovations - The shelter renovations have been moved to March 1.

INSERVICES!

JANUARY - Substance Abuse On Jan. 31st from 6-9pm Sally and Leslie will lead discussion on how we deal with substance abuse on the hotline. This is a potluck, so bring your favorite dish!

FEBRUARY - Doc & Me Humor, Ink. This will be a very fun and informative workshop on reducing stress using humor! See enclosed flyer. This workshop is on Feb. 28th from 6-9pm and it is a potluck.

MARCH - Penquis Cap On March 21st. from 6-9pm we will learn about Penquis Cap's services and how to access them. Sheri Stacy from P.C. will be here.

APRIL - Volunteer Appreciation Party On Friday the 21st from 6 - 9pm; I hope to see you all at this grand gala! April is volunteer appreciation month so we will take this time to celebrate YOU! Come, enjoy and let us do the work!

MAY - There will be no inservice this month due to the volunteer committee's vacationing in the Bahamas! (Hee Hee)!!

MAINE WON'T DISCRIMINATE

Maine Won't Discriminate (MWD) is a state-wide grassroots organization working to defeat a referendum which will be on the ballot in November, 1995. This ballot initiative seeks to limit civil rights to existing protected classes (e.g. sex, race, age, etc.), and to both repeal existing laws and prevent future laws that provide civil rights protection to other classes of people--in particular gay men and lesbian women. Carolyn Cosby and her organization, Concerned Maine Families, are behind this movement of discrimination and hatred; their campaign has considerable financial and organizational support from national radical right organizations. MWD has a tough fight ahead in the next ten months, and is working to form coalitions with other progressive organizations and individuals interested in social justice. If anyone is interested in learning more about this campaign (there is a monthly newsletter), becoming a volunteer, or donating money, please call one of the following people:

Sandy Butler (member of Spruce Run Steering Committee)--941-1943

Co-chairs of MWD Bangor Chapter: Jim Martin--990-3420

Jeanine Crockett--223-5630

The referendum--which has been worded in a very confusing manner--will read as follows:

"Do you favor the changes in Maine law limiting protected classifications, in future state and local laws to race, color, sex, physical or mental disability, religion, age ancestry, national origin, familial status and marital status, and repealing existing laws which expand these classifications as proposed by citizen petition?"