

The University of Maine

DigitalCommons@UMaine

---

Social Justice: Diversity, Equity, & Inclusion

Special Collections

---

4-5-2021

## UMaine Office for Diversity and Inclusion Happy UMaine Diversity Week! Email

University of Maine Office for Diversity and Inclusion

Follow this and additional works at: [https://digitalcommons.library.umaine.edu/social\\_justice](https://digitalcommons.library.umaine.edu/social_justice)



Part of the [Higher Education Commons](#), [Race and Ethnicity Commons](#), and the [United States History Commons](#)

---

### Repository Citation

University of Maine Office for Diversity and Inclusion, "UMaine Office for Diversity and Inclusion Happy UMaine Diversity Week! Email" (2021). *Social Justice: Diversity, Equity, & Inclusion*. 226.  
[https://digitalcommons.library.umaine.edu/social\\_justice/226](https://digitalcommons.library.umaine.edu/social_justice/226)

This Newsletter is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in Social Justice: Diversity, Equity, & Inclusion by an authorized administrator of DigitalCommons@UMaine. For more information, please contact [um.library.technical.services@maine.edu](mailto:um.library.technical.services@maine.edu).



Matthew Revitt &lt;matthew.revitt@maine.edu&gt;

---

**Happy UMaine Diversity Week!**

1 message

**UMaine Office for Diversity and Inclusion** <robert.jackson@maine.edu>

Mon, Apr 5, 2021 at 4:10 PM

Reply-To: UMaine Office for Diversity and Inclusion &lt;robert.jackson@maine.edu&gt;

To: matthew.revitt@maine.edu



Happy Diversity Week, UMaine!

This week, and every other, we celebrate the diverse stories, experiences, and people who enrich and define the community we enjoy here in Orono. Please try to make time to attend one or more of the events highlighted in this week's newsletter, or help us promote them by sharing them with your professional and social media networks.

Looking ahead, we're also excited to celebrate UMaine Pride Week next week! See the flyer below for the full schedule of events, which is also available on the [Rainbow Resource Center website](#).

Lastly, I'd like to make a correction to last week's newsletter. In my address, I made reference to Passover and cited it as beginning on Sunday, March 28th. Thanks to a response from one of our readers, I understand now that it actually begins at sundown the evening before, which in this case would be Saturday the 27th. My apologies for the mistake and thank you for the correction!

All the best,

Rob Jackson  
Office for Diversity and Inclusion  
[robert.jackson@maine.edu](mailto:robert.jackson@maine.edu)

1865 THE UNIVERSITY OF MAINE  
Student Life  
Multicultural Student Center

# DIVERSITY WEEK 2021

**BEGINS APRIL 5, 2021**

EXHIBITION TOGETHER IN DIVERSITY

**SUBMISSION GUIDE**

**APPLY**  
Sign up at the link below, there you will specify your art form. Please only submit your own work under your name.

Whichever form you choose please submit a printable version to us. Poems, painting, comics, etc.

**DEADLINE**  
April 8th is the deadline!  
We will announce the top 3 community favorites and post them onto our Bulletin Board.

**POSTINGS**  
Your art will be posted on our social medias with your provided description along with any tag information.  
Follow us here: @UmaineMSC

**REGISTER NOW**

Questions? Contact  
diana.watson@umaine.edu

The University of Maine is an Equal Opportunity and Affirmative Action Institution

**NO MAN'S LAND FILM FESTIVAL**  
FRIDAY, APRIL 9TH  
6:30PM- SEATING  
BEGINS 7:30PM  
- FILMS BEGIN

Join the IFRC and Maine Bound in viewing adventure films centering women's experiences in sports and the outdoors.

**"The University of Maine is an equal opportunity/affirmative action institution"**

## Resources to Do the Work

For those seeking to better understand and take action regarding the experiences and struggles of Asian and Asian-American folks, we encourage you to start with the resources listed below. They are largely created and/or organized by members of the community themselves, and can be a great starting point in understanding what the AAPI community needs from us as we seek to dismantle the systems that operate against them.

We ask that you make the time to review some of these articles and stories. It is not easy work to push back against oppression, racism and white supremacy, but we firmly believe it is work worth doing.

[Hate Is A Virus Community Action Fund](#)

[Hollaback! Bystander Intervention Training](#)

[Asian Americans Advancing Justice Hate Crime/Incident Tracker](#)

[Coronavirus: Countering Biased Responses from the Morningside Center for Teaching Social Responsibility](#)

<https://anti-asianviolenceresources.carrrd.co>

**Book Recommendations (from [Hate Is A Virus](#))**

*Minor Feelings* by Cathy Park Hong


*America Is In The Heart* by Carlos Bulosan

*No-No Boy* by John Okada

*Freedom Dreams* by Robin D.G. Kelley

*Asian Settler Colonialism* by Candace Fujikane

*The Making of Asian America* by Erika Lee



*Solidarity  
Meeting*

*A safe space to find solidarity!  
A place to share and support each other  
as students of color at Umaine*

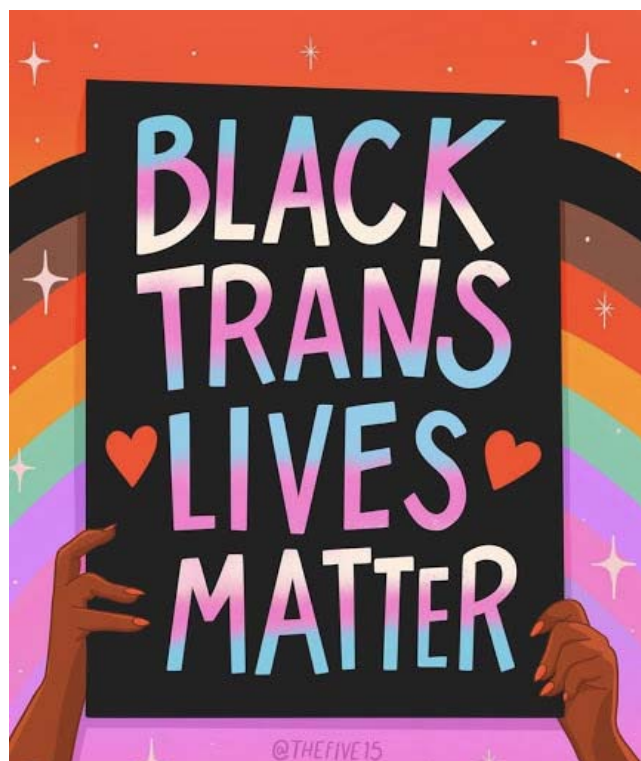
---

**10 SPOTS AVAILABLE FOR EACH  
MEETING  
IF INTERESTED DONT HESITATE TO  
EMAIL  
[Antonio.Rocha@maine.edu](mailto:Antonio.Rocha@maine.edu)**

Meetings will be held bi-weekly on  
Wednesdays at 2pm from February 10th

Students need to be physically in the US to attend.  
The University of Maine is an equal opportunity/affirmative  
action institution





## An All-Woman Adventure Film Festival

**FREE SHOWING\***

**April 9, 2021**

**Outdoors on the Mall**

**At The University of Maine**

**Seating begins at 6:30 p.m.**

**Show starts at 7:30 p.m.**

*\*Free showing, optional \$5 donation.*

*All donations go to the UMaine Recreation and Sports Diversity and Inclusion Fund*



*Scan here to donate*



### WHAT TO BRING

- Maine Card
- Blanket(s)
- Chair
- Clothing Layers



### WOMEN'S CLIMBING DAY

**Open to Female identifying individuals and allies**

**Come to Maine Bound from 10:00 a.m. - 12:00 p.m.**

**April 10, 2021**

**-Lawn Games**

**-Bonfire**

umaine.edu/umainebound | facebook.com/mainebound | (207) 581-1794  
5795 Maine Bound Adventure Center | 46 Sebago Road, UMaine, Orono, 04469

The University of Maine [name of campus] is an equal opportunity/affirmative action institution.

# ODI Events Grand Prize!

**Attend any event put on  
by The Office for  
Diversity and Inclusion  
and get entered to win a  
brand new smart TV!**

**The more events you  
attend the more times  
you are entered to win!**

The Office for Diversity  
and Inclusion includes:  
The Multicultural Student  
Center, The Intersectional  
Feminist Resource Center,  
and The Rainbow Resource  
Center!

The University of Maine is an equal opportunity/affirmative action institution



UNIVERSITY OF MAINE  
OFFICE OF INTERNATIONAL PROGRAMS

# INTERNATIONAL ALUMNI CAREER PANEL

Mentoring, Skill building, Job searching

**FRIDAY, APRIL 9  
9:00 - 10:00 A.M.**

[Register](#) to receive the zoom link

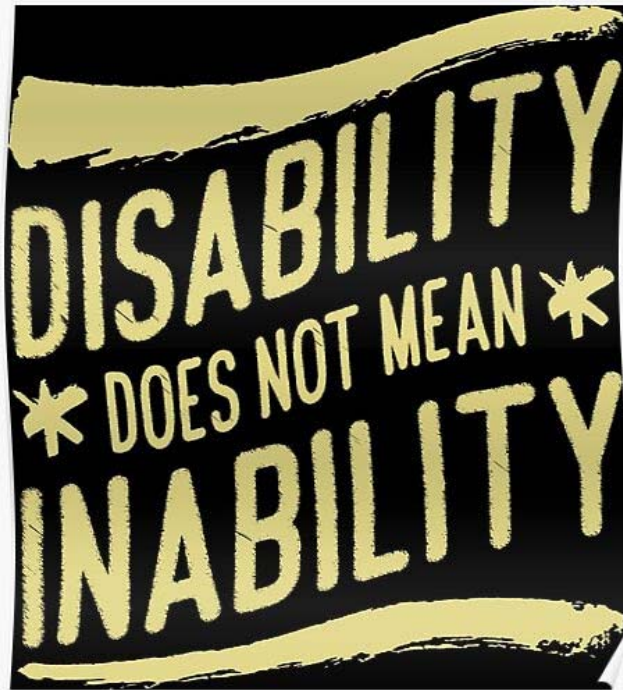
The Office of International Programs is happy to offer you the opportunity to hear some helpful career advice by several international alumni:

## **International Alumni Career Panel**

Friday, April 9

9:00 -10:00 am (morning)

[Register here](#) to receive the zoom link



BEGINS APRIL 5, 2021

# EXHIBITION

TOGETHER IN DIVERSITY

What does demonstrating equity in a diverse world look like to you?

1865 THE UNIVERSITY OF MAINE Student Life Office for Diversity and Inclusion

The University of Maine is an Equal Opportunity and Affirmative Action Institution



## SUBMISSION GUIDE

### APPLY

Sign up at the link below, there you will specify your art form. Please only submit your own work under your name.

Whichever form you choose please submit a printable version to us.  
Poems, painting, comics, etc.

### DEADLINE

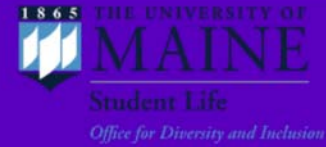
April 8th is the deadline!

We will announce the top 3 community favorites and post them onto our Bulletin Board.

### POSTINGS

Your art will be posted on our social medias with your provided description along with any tag information.

Follow us here: @UmaineMSC

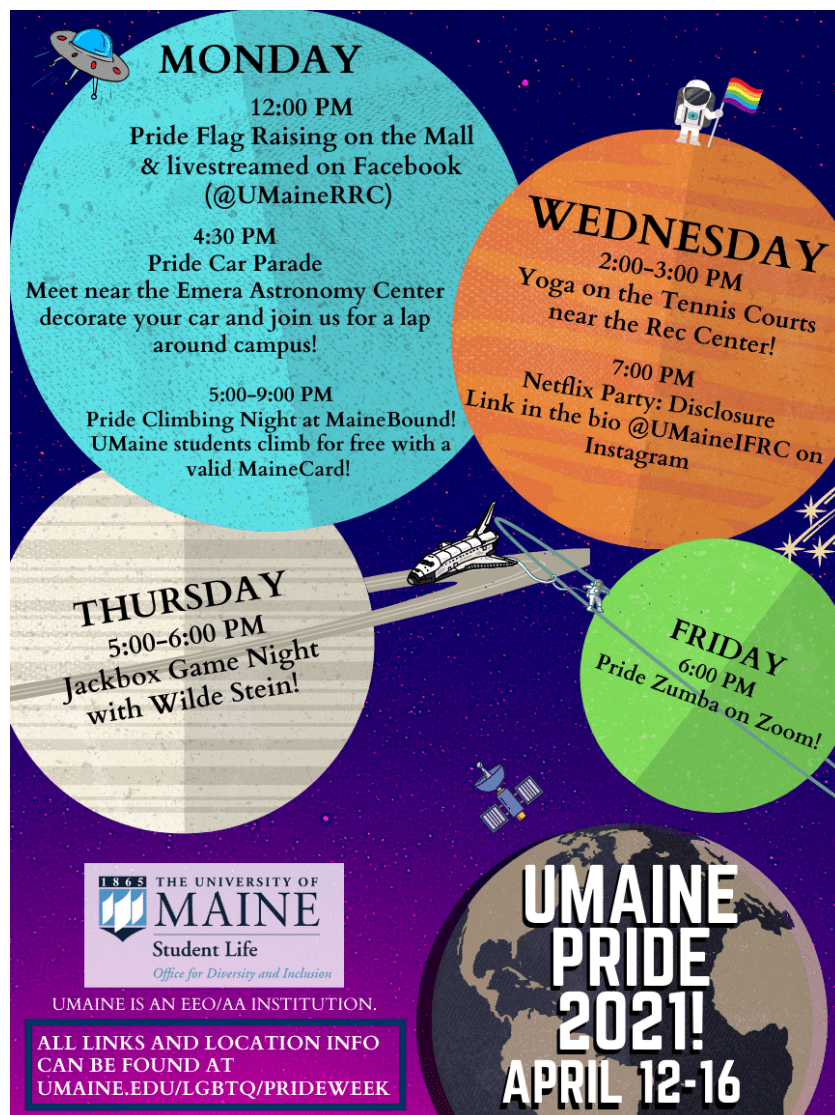


REGISTER NOW  
EXPRESS YOURSELF

Questions? Contact  
[Daijah.Wesson@maine.edu](mailto:Daijah.Wesson@maine.edu)



The University of Maine is an Equal Opportunity and Affirmative Action Institution



Get excited, because next week is Pride Week at UMaine! Join us for a selection of fun events, some in-person, some virtual, and some with the option for both! Check out the list of events and links for any virtual offerings at <https://umaine.edu/lgbtq/prideweek/>



**1865 THE UNIVERSITY OF MAINE**  
Student Life  
*Office for Diversity and Inclusion*

Monday, April 12, 2021

# Show Us Your PRIDE

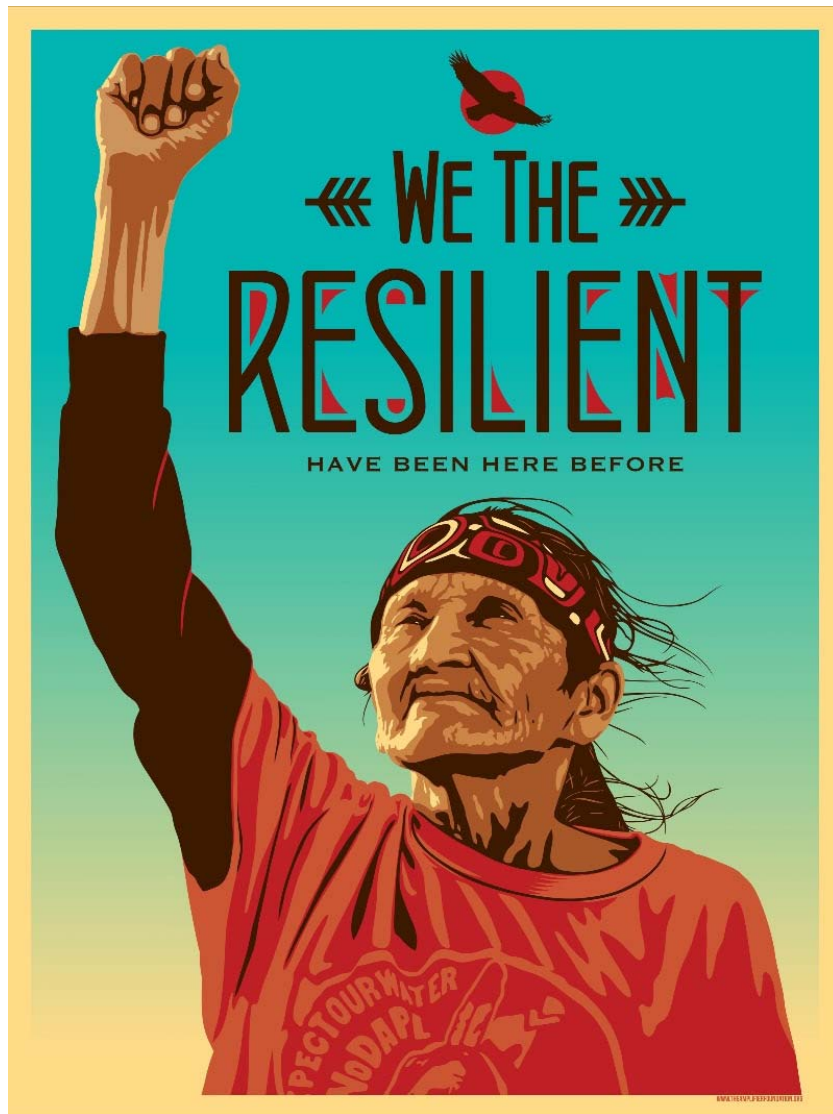
**#UmainePride**

Members of the Umaine community can take these pictures of themselves wearing pride colors, decorating their car, with dyed hair, matching with a friend or partner, etc. Show us the pride that is strong on this campus by using the **#UmainePride!**

Take a look on our instagram page **@umainemsc** to see some of the posts.

The University of Maine is an Equal Opportunity Employer and Affirmative Action Institution.





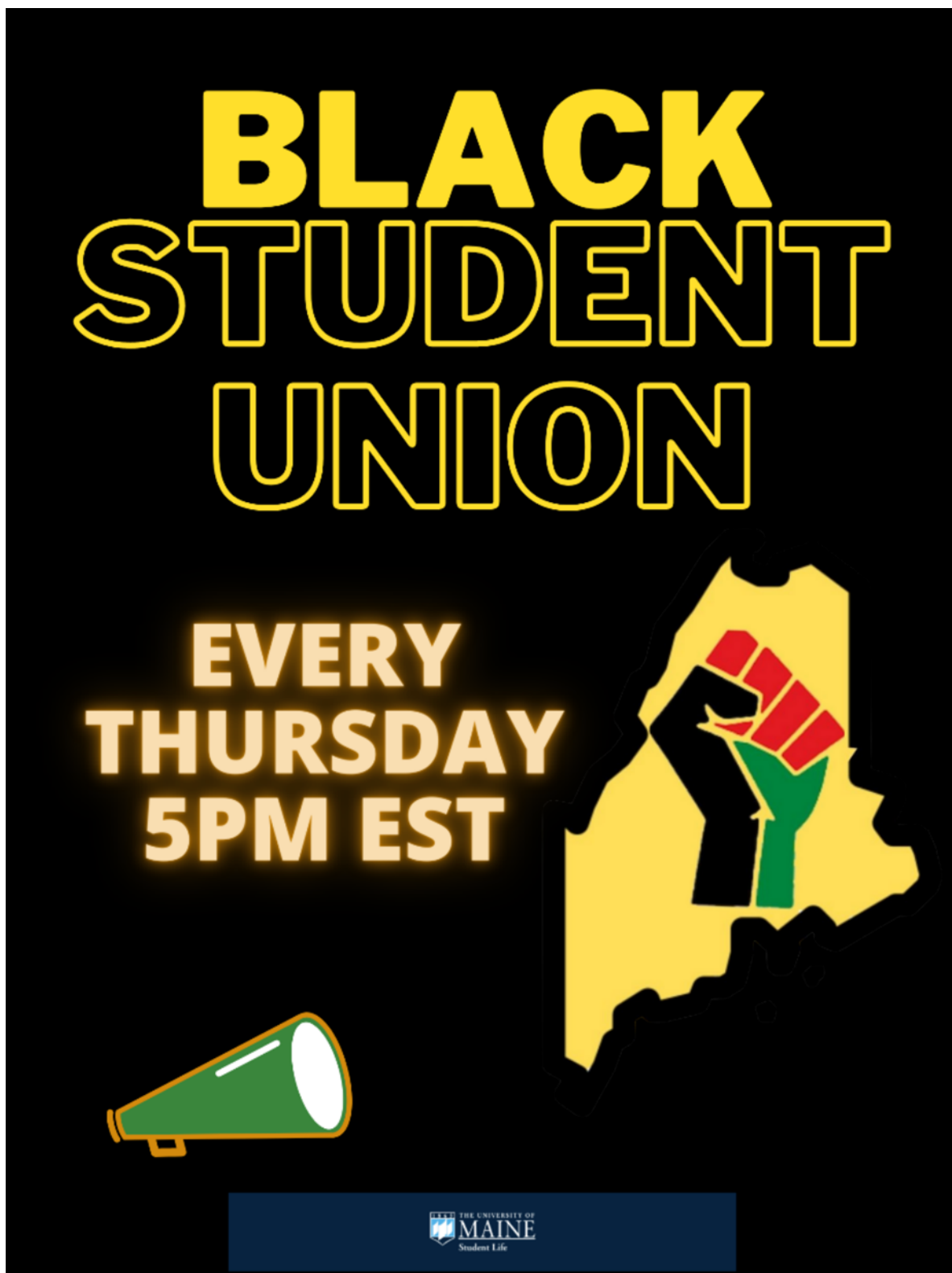
Our neighbors and elected leaders on Orono town council are seeking input on the best ways to implement policy and structural change to allow for the town to address inequity within town policy and procedure. Our neighbors in Bangor have recently assembled an advisory committee, and town leadership here in Orono would like input on what kind of group or committee might be most helpful in providing feedback and insight from a diversity, equity, and inclusion perspective here in Orono.

If you would like to be part of this conversation (all members of the Orono/University community are welcome, including students, staff, and faculty), please reach out to council member Meg Gardner ([mgardner@orono.org](mailto:mgardner@orono.org)) or Staff Associate for Diversity and Inclusion Rob Jackson ([robert.jackson@maine.edu](mailto:robert.jackson@maine.edu)) to be included. We welcome all voices with suggestions and input, but want to be particularly mindful to engage with marginalized folks specifically, including BIPOC, immigrants/new Mainers, LGBTQ+ folks, and our neighbors with disabilities.

By taking part in these conversations, you are not bound to any kind of ongoing commitment to this work, and you are free to engage as much or as little as your energy, interest, and comfort will allow. Please feel free to share this call for input with other members of the broader Orono community who may be interested as well!

***##STOP  
ASIAN  
HATE***





The Asian Student Association is seeking new members! Our current meeting time is **every other week Fridays at 6pm-7pm** and we meet via Zoom. Check out some of the fun things we've been doing and reach out to our leaders Kelly and Anna at [qianyi.xiao@maine.edu](mailto:qianyi.xiao@maine.edu), or [anna.bishop@maine.edu](mailto:anna.bishop@maine.edu) for more information or if you'd like the Zoom link for our meetings!

**Follow Us:**

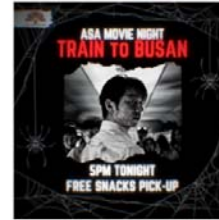
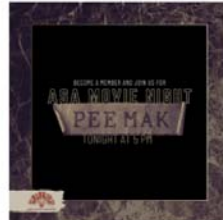
Facebook: <https://www.facebook.com/UMaineASA/>

Website: <https://umaine.edu/shac/asian-student-association/>

Instagram: @asa\_umaine

**This year we have...**

- Hosted Asian Movie Nights
- Played online games together (Among Us, scribbly, kahoot, Scattergories)
- Provided our members with Asian snacks delivered based on COVID guidelines
- Regularly scheduled zoom general member meetings



The University of Maine presents a new online mental health tool for all students:

## SILVERCLOUD



A new online mental health tool is now available for the well-being of the UMaine community, free of charge. SilverCloud is an online platform that is available to all University of Maine System students at no cost. It offers self-guided programs for anxiety, depression, stress, and resilience. Based on cognitive behavioral therapy principles, the self-guided program is available anytime, on any device.

Aimed at providing treatment for mild or moderate issues, SilverCloud allows individuals to confidentially manage symptoms using the program's interactive content and skill-building tools. The website provides an overview of options and a brief quiz to help you find the right program for you to get started. Once you've selected a program, you can explore more topics on the sign-up page.

Please note, this tool is not meant to replicate individual therapy, rather it is designed to be a self-help tool to assist you in learning more about managing your mental health. If you are interested in therapy services, please contact the Counseling Center at 207-581-1392. Remember to take care of yourself and your mental health!

For more information, read about Silvercloud on the Counseling Center's website:  
<https://umaine.edu/counseling/silvercloud-sign-up/>

To get started, sign up here: <https://umainesystem.silvercloudhealth.com/signup/>






**MINDFUL MONDAYS**  
**VIRTUAL DROP-IN**  
**MEDITATION**

Try meditation to help with  
depressed mood, anxiety,  
improving your focus and  
coping with all the feels that  
come with Covid, isolation  
and the long winter.

You can drop-in from  
anywhere locally or  
across State lines.

<b>Mondays</b> <b>3-3:30pm</b> Join us no matter your experience level, begin where you are! *Begins February 1st*	 <b>THE UNIVERSITY OF MAINE</b> Student Life Counseling Center
---	---

Zoom Link: <https://maine.zoom.us/j/87039259850?pwd=NU1abjhrWFgwaFZLMmIFbHdsbkj4dz09>  
Questions? Contact [Jessica.browne@maine.edu](mailto:Jessica.browne@maine.edu)

The University of Maine is an equal opportunity/affirmative action institution.





Office of Admissions

5713 Chadbourne Hall  
Orono, Maine 04469-5713

## POSITION ANNOUNCEMENT: Team Maine

### Team Maine - Student Ambassador Position

#### Job Description

#### Overview

Team Maine is an integral part of the Office of Admissions at the University of Maine. The mission of our program is to assist new students in their transition to higher education and the University of Maine community. To accomplish this, Team Maine works closely with incoming students and their families through programs that connect them to valuable academic and student services. Some of these programs include: Summer Orientation, Fall Welcome Weekend, Spring Orientation, Admissions Open House, Accepted Student Days, and any Visitor Center and Telecounseling programs.

Team Maine members have a unique opportunity to mentor and interact with new students in their transition to college life. Becoming a Team Maine member is ideal for students who are interested in expanding their leadership experience, building connections with faculty and staff on campus, and participating in developmental programming for new students.

#### General Responsibilities

- Serve as a positive role model and ambassador of the University of Maine. This involves working closely with a diverse population of students and their families in their transition to the University of Maine community.
- Function as a member of a team-oriented group of students and staff members.
- Assist in the development, implementation, and evaluation of Recruitment events and services.
- Staff Recruitment events as academic schedule permits.
- Perform office tasks such as answering phones, photocopying, data entry, document creation, and other tasks as assigned.

#### Qualifications

Applicants must:

- Be able to fully commit in all training and new student orientation programs
- Be in good academic and disciplinary standing
- Possess strong interpersonal communication skills

#### General Responsibilities

##### Student Programs

- Staff orientation programs: Summer Orientation, Fall Welcome Weekend and Spring Orientation.
- Assist in the development, preparation, implementation, and evaluation of orientation sessions.
- Responsibilities include: lead icebreakers, conduct presentations and group discussions, act in skits, staff information tables, etc.

##### The Visitor Center

- Welcome prospective students and guests at the Visitor Center.
- Lead regular campus tours (prospective/accepted/transfer students) and school group tours.
- Assist in the operation and maintenance of the Visitor Center.
- Available work hours in the fall and spring semesters vary Monday to Saturday, ranging from 8:00am-4:30pm, with some additional hours and days as needed.

##### Telecounseling Program

- Call prospective students to assist them in the application and confirmation process.
- Answer questions about the University of Maine and introduce prospective students to the academic and student life of the institution.
- Assist in the operation and maintenance of the Telecounseling Program.

#### Review of applications will begin immediately

For further information please contact Brittany Hopkins at [brittany.hopkins@maine.edu](mailto:brittany.hopkins@maine.edu) or 207-581-1557.  
Forward all application materials to: Brittany Hopkins, at [brittany.hopkins@maine.edu](mailto:brittany.hopkins@maine.edu)

MAINE'S LAND GRANT AND SEA GRANT UNIVERSITY  
*A Member of the University of Maine System*





**NOW HIRING for Summer 2021- American Red-Cross Certified Lifeguards**



## Now Hiring A.R.C. Certified Lifeguards for Summer 2021!

Did you know Lifeguarding  
is a GREAT way to stand out  
in the crowd of applicants  
for whatever your ideal future  
employment may be?



**American  
Red Cross**

- Do you want to show prospective future employers that you are a **confident, disciplined, mature, reliable employee**, with **excellent decision-making, teamwork, and leadership skills**?
- Do you want **professional-level public relations, customer service, and conflict-resolution skills** that will set you apart in the next job?
- Do you want to **enhance lifesaving skills** that will last a lifetime?
- Are you **at least 15 years old**?
- Do you have a **current American Red Cross Lifeguard Certification**?

If you answered **"YES"** to these questions, then we want you to join our team!

Benefits include training in life saving skills and risk management, professional work experience, and mentorship!

Work shifts vary from Monday through Friday between 6:00 a.m. and 8:00 p.m. and Saturday between 8:00 a.m. and 5:00 p.m.

Must be able to work at least 10 hours weekly. For more info, call (207) 581-3464 or email [adrianna.delamo@maine.edu](mailto:adrianna.delamo@maine.edu).

Email your resume, cover letter and American Red Cross Certification to [adrianna.delamo@maine.edu](mailto:adrianna.delamo@maine.edu).

[umaine.edu/campusrecreation](http://umaine.edu/campusrecreation) | [facebook.com/umcres](https://facebook.com/umcres) | (207) 581-1082  
5797 New Balance Student Recreation Center | 22 Hilltop Road, UMaine, Orono, 04469

*The University of Maine is an equal opportunity/affirmative action institution.*

This email was sent to [matthew.revitt@maine.edu](mailto:matthew.revitt@maine.edu)

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

UMaine Multicultural Student Life · 5748 Memorial Union, 3rd Floor, Room 312 · Orono, Me 04469 · USA

