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Puhlman to join 'Maine Calling' program about how parents can cope with pandemic stress

January 22, 2021

Daniel Puhlman, an assistant professor of family studies at the University of Maine and licensed marriage and family therapist, will participate in a "Maine Calling" discussion about how parents can handle the additional stress caused by the COVID-19 pandemic. The program will air at 11 a.m. and again at 7 p.m. on Friday, Jan. 22.

Other participants in the upcoming discussion include Sarah McLaughlin, a child development specialist, author, parenting educator, licensed social worker; Brian Duff, a professor of political science at the University of New England; Ross Greene, author and clinical child psychologist; and Jenny Eastman, an early childhood educator.